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A TREATISE

ON THE

PRINCIPLES AND PRACTICE

OF

MEDICINE;

DESIGNED FOR THE USE OF

PRACTITIONERS AND STUDENTS OF MEDICINE.

BY

AUSTIN FLINT, M. D.,
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PREFACE.

The object of this work is to present such a digest of the Principles and Practice of Medicine as will be serviceable alike to the pupil in the prosecution of his studies of disease, and to the physician engaged in the practical duties of his profession. The plan, at the outset, was to fulfil this object within the compass of one good-sized volume. In carrying out this plan condensation has been necessary. As much conciseness as is consistent with clearness has been studied. Very little space will be found to be occupied with past opinions or doctrines which have become obsolete. Discussions relating to mooted pathological questions are rarely entered into. Illustrative cases have been introduced with reserve. As regards scope, the work embraces the subjects which generally enter into didactic teaching from the chair of the Principles and Practice of Medicine in the medical colleges of this country. Subjects belonging to other departments of instruction are, for the most part, omitted; hence, for information on matters relating to surgery, obstetrics, the diseases of women and children, cutaneous diseases, and the details of the Materia Medica, the reader is referred to other works. Finally, in writing the volume, the study has been to keep prominently in mind the practical applications of medical knowledge to diagnosis, prophylaxis, and therapeutical indications.

In submitting the work to the judgment of his fellow-teachers and practitioners, the Author ventures to hope that it may be found to represent fairly the existing state of the science of Medicine with respect to the subjects of which it treats, and to reflect the views of those who exemplify, in their practice, the present stage of the progress of medical art.

NEW YORK, January, 1866.

CONTENTS.

INTRODUCTORY CHAPTER.

PAGE

Scope of the term Medicine—Use of the term in contradistinction to Surgery and Obstetrics—Subdivisions of the different departments of medicine, or specialties—The general object of this work—Meaning of the phrase Principles and Practice of Medicine—Definition of Pathology—Division into General and Special Pathology—Nomenclature of Diseases—Subdivisions of General Pathology, viz: Morbid anatomy, and morbid changes of the fluids of the body; Etiology; Symptomatology; Diagnosis; Prognosis; Prophylaxis, and Therapeutics—Relations of these subdivisions to Special, as well as General, Pathology—Definition of Disease—Definition of Health—Relationship of Pathology to Physiology—Progress of Pathological Knowledge 17

PART I.

PRINCIPLES OF MEDICINE, OR GENERAL PATHOLOGY.

CHAPTER I.

ANATOMICAL CHANGES IN THE SOLID PARTS OF THE BODY.

Congenital Malformations—Three classes of Lesions, viz: Lesions of Quantity, of Consistence, and of Composition—Hypertrophy and Atrophy, lesions of quantity—Hypertrophy—True and False Hypertrophy—Atrophy—Atrophy with Increase and with Diminution of Volume—Lesions of Consistence—Induration—Softening—Inflammatory and Non-inflammatory Softening 27

CHAPTER II.

ANATOMICAL CHANGES IN THE SOLID PARTS OF THE BODY.—(CONTINUED.)

Lesions of Composition—Exudations and Transudations—Fibrinous Exudation or Coagulable Lymph—Tuberculous Exudation—Scrofula—Carcinoma or Cancer—Typhoid Deposit 33

CHAPTER III.

ANATOMICAL CHANGES IN THE SOLID PARTS OF THE BODY.—(CONCLUDED.)

PAGE

Lesions of Composition continued—Transudations—Dropsies—Fluxes—Degenerations—Fatty Degenerations—Fatty Growth—Calcareous Degeneration—Lardaceous or Waxy Degeneration—New Formations or Morbid Growths—Pneumatoses—Animal and Vegetable Parasites 43

CHAPTER IV.

MORBID CONDITIONS OF THE BLOOD.

General Remarks—Classification of the Constituents of the Blood—Morbid Conditions relating to the Organized or Corpuscular Elements—Plethora—Anæmia—Apnœa—Leucocythemia 54

CHAPTER V.

MORBID CONDITIONS OF THE BLOOD.—(CONTINUED.)

Morbid Conditions relating to Fibrin, Hyperinosis, Hypinosis—Pathological Facts concerning Coagulation of the Blood—Buffy Coat—Coagulated Fibrin within the Cavities of the Heart—Coagulated Fibrin within the Bloodvessels—Embolism—Thrombosis—Morbid Conditions relating to Albumen—Dropsy as dependent on Diminution of Albumen—Morbid Conditions relating to Water in the Blood—Hydræmia 65

CHAPTER VI.

MORBID CONDITIONS OF THE BLOOD.—(CONTINUED.)

Morbid Conditions relating to Fat—Morbid Conditions relating to Sugar—Diabetes Mellitus—Morbid Accumulation of Excrementitious Principles in the Blood—Uræmia—Excess of Uric Acid in Gout, Uricæmia—Retention of Excrementitious Principles contained in the Vapor of Expiration—Retention of Excrementitious Principles contained in the Perspiration—Reabsorption of Bile, or Cholæmia—Cholesteræmia—Morbid Conditions relating to the Saline Constituents of the Blood 74

CHAPTER VII.

MORBID CONDITIONS OF THE BLOOD.—(CONCLUDED.)

Morbid conditions due to the presence of morbid products, intrinsic and extrinsic—Pyæmia—Putrid infection of the blood, or Septicæmia—Matter of contagion—Viruses—Infectious miasms—Venoms—Poisons, palpable, and impalpable or miasms—Zymotic conditions—Considerations which lead to the inference of the prior existence of a constitutional or general morbid condition, or indeterminate blood-changes, in various local affections 83

CHAPTER VIII.

THE CAUSES OF DISEASE, OR ETIOLOGY.

PAGE

Etiology a branch of General and Special Pathology—Its importance—Internal or Intrinsic, and External or Extrinsic Causes—Ordinary, and Special or Specific Causes—Traumatic Causes—Spontaneous Diseases—Primary and Secondary Causes—Complications and Intercurrent Diseases—Predisposing and Exciting Causes—Congenital and Inherited Predispositions to Disease—Co-operating Causes—Diathesis—Cachexia or Dyscrasia—Endemic Diseases dependent on Emanations from the Soil—Epidemic Diseases produced by Causes existing in the atmosphere—The Causes of some Contagious Diseases exclusively derived from those affected with these Diseases, and certain Diseases of this class produced, in some cases, by other Causes than Contagion or Infection—Fomites—Portability of the Special Causes of Diseases not Contagious nor Infectious . 92

CHAPTER IX.

SYMPTOMATOLOGY.

Pathognomonic Symptoms—Diagnostic Symptoms—Subjective and Objective Symptoms—Signs—Clinical History of Diseases and the different Modes by which it is obtained—Stages of Disease—Precursory or Prodromic Events—Sequels—Diagnosis—Reasoning by way of exclusion—Differential Diagnosis—Prognosis—Prognostics 97

CHAPTER X.

PROPHYLAXIS—GENERAL THERAPEUTICS.

Experience the Basis of Therapeutical Knowledge—Two Sources of Experience; Analysis of recorded Cases with reference to the duration or termination of Diseases, and Observation of the immediate Effects of Therapeutical Measures—Rational Inference as a Means of arriving at Principles of Therapeutics—Importance of Knowing the Intrinsic Tendencies of Diseases toward Recovery, or otherwise—Active Measures to be employed only when clearly indicated—The Expectant Plan of Treatment—Conservative Medicine—Importance of Hygienic Measures of Treatment—Modes of Dying resolvable into Apnœa and Asthenia—Classification of Therapeutical Measures, according to the Objects to be accomplished, into Prophylactic, Abortive, Curative, Palliative, Hygienic and Sustaining Measures—Consideration of the Elementary forms of Disease deferred 103

PART II.

PRACTICE OF MEDICINE, OR SPECIAL PATHOLOGY.

INTRODUCTION.

PAGE

Of the different aspects under which Individual Diseases are to be considered, in treating of the Practice of Medicine, or Special Pathology—viz., Anatomical Characters, Clinical History, Pathological Character, Causation, Diagnosis, Prognosis, Prevention and Treatment—Sense of the Term Individual as applied to a Disease, and the several Grounds of Individuality—Varieties of a Disease —Definition of the Terms Acute, Subacute, and Chronic—The Symptoms or Events Incidental to Disease sometimes, for convenience, considered as Individual Diseases—Self-limited Duration of Certain Diseases—Nosology—Nosological Arrangement adopted in this work 113

SECTION FIRST.

DISEASES AFFECTING THE RESPIRATORY SYSTEM.

CHAPTER I.

PLEURITIS.

Division of the Diseases affecting the Respiratory System into Inflammatory and Non-inflammatory—Acute Pleuritis—Anatomical Characters—Clinical History —Pathological Character—The Natural History of Inflammation, and our knowledge of its Essential Nature—Causation of Acute Pleuritis—Diagnosis—Prognosis 119

CHAPTER II.

PLEURITIS.—(CONTINUED.)

Treatment of Acute Pleuritis—Measures indicated in the First Stage—General Considerations relating to Bloodletting in Acute Inflammations—The use of Opium in Acute Pleuritis and other Acute Inflammations—Measures indicated in the Second and the Third Stage of Acute Pleuritis 129

CHAPTER III.

VARIETIES OF PLEURITIS.

Chronic Pleuritis—Anatomical Characters—Clinical History—Pathological Character—Causation—Prognosis—Treatment—Thoracentesis—Suppurative Pleuritis, or Empyema—Diagnosis—Prognosis—Treatment—Pleuritis with Pneumothorax —Anatomical Characters—Clinical History—Diagnosis—Prognosis—Treatment—Pneumothorax—Circumscribed Pleuritis—Hydrothorax . . . 136

CHAPTER IV.

PNEUMONITIS.

PAGE

Seat of the Inflammation—Varieties—Acute Lobar Pneumonitis—Anatomical Characters—Laws of the Disease—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis. 152

CHAPTER V.

PNEUMONITIS.—(CONTINUED.)

Treatment of Acute Lobar Pneumonitis—Circumscribed Pneumonitis—Chronic Pneumonitis—Pneumonitis in Young Children—Pleurodynia and Intercostal Neuralgia 165

CHAPTER VI.

BRONCHITIS.

Acute Bronchitis affecting the larger Bronchial Tubes—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute Bronchitis—Acute Bronchitis in Young Children—Capillary Bronchitis—Epidemic Bronchitis—Bronchitis with Exudation of Fibrin—Circumscribed Bronchitis—Chronic Bronchitis 175

CHAPTER VII.

EMPHYSEMA.—ASTHMA.

Emphysema of the Lungs—Interlobular or Interstitial Emphysema—Subpleural Emphysema—Vesicular Emphysema or Dilatation of the Air-Cells—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Asthma—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment 189

CHAPTER VIII.

HEMORRHAGIC AFFECTIONS, ETC.

Pulmonary Hemorrhage—Bronchorrhagia—Pneumorrhagia—Pulmonary Gangrene—Pulmonary Œdema—Carcinoma of Lung—Hydatids 204

CHAPTER IX.

AFFECTIONS OF THE LARYNX AND TRACHEA.

Points relating to the Anatomy and Physiology of the Larynx which are involved in the consideration of Diseases in this situation—Acute Ordinary Laryngitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute Laryngitis—Chronic Laryngitis—Laryngitis with Exudation of Lymph—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Œdema of the Glottis—Spasm of the Glottis—Nervous Aphonia—Morbid Growths . . 215

CHAPTER X.

PULMONARY TUBERCULOSIS.

PAGE
Anatomical Characters—Clinical History—Pathological Character—Causation . 234

CHAPTER XI.

PULMONARY TUBERCULOSIS.—(Concluded.)

Diagnosis—Prognosis—Treatment—Acute Pulmonary Tuberculosis . . . 246

SECTION SECOND.

DISEASES AFFECTING THE CIRCULATORY SYSTEM.

CHAPTER I.

INFLAMMATORY AFFECTIONS OF THE HEART.

Introductory Remarks—Pericarditis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Chronic Pericarditis—Pneumo-Pericarditis 263

CHAPTER II.

INFLAMMATORY AFFECTIONS OF THE HEART.—(Continued.)

Endocarditis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Myocarditis . . . 273

CHAPTER III.

VALVULAR LESIONS WITH ENLARGEMENT OF THE HEART.

Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment 279

CHAPTER IV.

ENLARGEMENT OF THE HEART WITHOUT VALVULAR LESIONS.

Hypertrophy—Dilatation—Atrophy of the Heart—Fatty Degeneration and Softening of the Heart—Functional Disorder of the Heart—Enlargement of the Thyroid Body and Prominence of the Eyeballs associated with Functional Disorder of the Heart—Angina Pectoris—Thoracic Aneurism 292

SECTION THIRD.

DISEASES AFFECTING THE DIGESTIVE SYSTEM.

CHAPTER I.

INFLAMMATORY AFFECTIONS OF THE ALIMENTARY CANAL.

PAGE
Introductory Remarks—Sporadic Dysentery—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Epidemic Dysentery—Chronic Dysentery—Inflammation of the Cæcum—Perforation—Painful Tumor near the Cæcum 309

CHAPTER II.

INFLAMMATORY AFFECTIONS OF THE ALIMENTARY CANAL.

Acute Enteritis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute and Chronic Enteritis—Acute Gastritis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute and Chronic Gastritis—Duodenitis—Pharyngitis—Parotiditis 324

CHAPTER III.

STRUCTURAL AFFECTIONS OF THE STOMACH.

Induration—Softening—Gastric Ulcer—Carcinoma of Stomach—Dilatation of Stomach—Degeneration of the Gastric Tubules 338

CHAPTER IV.

STRUCTURAL AFFECTIONS OF THE INTESTINAL CANAL INVOLVING OBSTRUCTION.

Invagination—Strangulated Hernia within the Abdomen—Rotation or Twisting of Intestine—Compression and Stricture of Intestine—Obstruction from Impaction of Feces, Enterolithes, and Foreign Bodies—Functional Obstruction . 353

CHAPTER V.

FUNCTIONAL AFFECTIONS OF THE STOMACH AND INTESTINES.

Dyspepsia—Polyphagia, Malacia or Pica, Polydipsia, Dipsomania—Gastrorrhagia 363

CHAPTER VI.

FUNCTIONAL AFFECTIONS OF THE STOMACH AND INTESTINES.—(CONTINUED.)

Inanition—Gastralgia—Passage of Gall-Stones—Diarrhœa—Enterorrhagia . . 381

CHAPTER VII.

FUNCTIONAL AFFECTIONS OF THE STOMACH AND INTESTINES.—(CONTINUED.)

PAGE
Constipation—Intestinal Colic—Enteralgia—Lead Colic 398

CHAPTER VIII.

CHOLERA.

Sporadic Cholera—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Cholera Infantum—Epidemic Cholera—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Prevention—Treatment 411

CHAPTER IX.

INTESTINAL WORMS.

Ascaris Lumbricoides—Ascaris or Oxyuris Vermicularis—Tricocephalus Dispar—Anchylostoma Duodenale—Ascaris Alata—Tæniæ—Trichina Spiralis . . 431

CHAPTER X.

INFLAMMATION OF THE PERITONEUM, AND PERITONEAL DROPSY.

Acute General Peritonitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Partial Peritonitis—Chronic Peritonitis—Hydro-Peritoneum. 442

CHAPTER XI.

DISEASES AFFECTING THE COLLATITIOUS OR SOLID VISCERA OF THE ABDOMEN.

Acute, Diffuse Hepatitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Circumscribed, Suppurative Hepatitis—Suppurative, Portal Phlebitis—Cirrhosis of the Liver . 461

CHAPTER XII.

DISEASES AFFECTING THE SOLID OR COLLATITIOUS VISCERA OF THE ABDOMEN.—(CONTINUED.)

Fatty Liver—Waxy or Lardaceous Liver—Cancer of the Liver—Tuberculosis of the Liver—Acute Atrophy of the Liver—Hydatid Tumors of the Liver—Pigmentary Deposit within the Liver—Hypertrophy of the Liver. . . . 476

CHAPTER XIII.

DISEASES AFFECTING THE SOLID OR COLLATITIOUS VISCERA OF THE ABDOMEN.—(CONCLUDED.)

Diseases affecting the Biliary Passages—Jaundice or Icterus—Functional Affections of the Liver—Affections of the Spleen—Affections of the Pancreas . 491

SECTION FOURTH.

DISEASES AFFECTING THE NERVOUS SYSTEM.

CHAPTER I.

PAGE

Preliminary Remarks—Congestion of the Brain, Active and Passive—Apoplexy—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Insolation or Sun-stroke 505

CHAPTER II.

INFLAMMATORY AFFECTIONS OF THE MENINGES OF THE BRAIN AND SPINAL CORD.

Acute, Cerebral Meningitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Chronic Meningitis—Tuberculous Meningitis—Spinal Meningitis—Cerebro-Spinal Meningitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Hydrocephalus—Hydrorachis 525

CHAPTER III.

INFLAMMATORY AFFECTION AND STRUCTURAL LESIONS OF BRAIN AND SPINAL CORD.

Cerebritis, or Inflammatory Softening, and Abscess of the Brain—Structural Lesions within the Cranium—Non-Inflammatory Softening of the Brain—Morbid Growths or Tumors within the Cranium—Hypertrophy and Atrophy of the Brain—Myelitis—Hemorrhage within the Spinal Canal—Structural Lesions within the Spinal Canal 542

CHAPTER IV.

PARALYSIS.

Paralysis, General Remarks on—Paralysis of the Third Cranial Nerve—Paralysis of the Fourth Cranial Nerve—Paralysis of the Fifth Cranial Nerve—Paralysis of the Sixth Cranial Nerve—Paralysis of the Seventh Cranial Nerve—Paralysis of the Eighth Cranial Nerve—Paralysis of the Ninth Cranial Nerve—Local Paralysis of other than Cranial Nerves—Paralysis from Lead 550

CHAPTER V.

PARALYSIS.—(CONTINUED.)

Hemiplegia—Paraplegia 560

CHAPTER VI.

PARALYSIS.—(CONCLUDED.)

General Spinal Paralysis—Treatment of Paralysis—Progressive Locomotor Ataxia—Progressive Muscular Atrophy 575

CHAPTER VII.

THE NEUROSES. NEURALGIA.

PAGE

Trifacial Neuralgia—Cervico-Occipital Neuralgia—Cervico-Brachial Neuralgia—Lumbo-Abdominal Neuralgia—Crural Neuralgia—Sciatic Neuralgia—Dermalgia—Myalgia—Cephalalgia—Vertigo 586

CHAPTER VIII.

THE NEUROSES.—(CONTINUED.)

Chorea—Anomalous Muscular Movements—Epilepsy 601

CHAPTER IX.

THE NEUROSES.—(CONTINUED.)

Hysteria—Catalepsy—Ecstasy—Somnambulism—Tetanus 619

CHAPTER X.

THE NEUROSES.—(CONCLUDED.)

Rabies—Delirium Tremens—Alcoholism—Nervous Asthenia 632

SECTION FIFTH.

DISEASES AFFECTING THE GENITO-URINARY SYSTEM.

CHAPTER I.

INFLAMMATORY AFFECTIONS OF THE KIDNEYS.

Nephritis and Pyelitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Paroxysms of Pain caused by the Passage of Calculi along the Ureter, or Nephritic Colic, and Lithiasis or Gravel—Acute, Desquamative Nephritis, Acute Albuminuria, Acute Bright's Disease, or Acute Inflammatory Dropsy—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment 643

CHAPTER II.

STRUCTURAL AFFECTIONS OF THE KIDNEYS.

Degenerative Changes or Lesions of the Kidneys generally characterized by persistent Albuminuria, collectively termed Chronic Bright's Disease or Chronic Albuminuria—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment 656

CHAPTER III.

STRUCTURAL AFFECTIONS OF THE KIDNEYS, ETC.

PAGE
Simple Renal Cysts—Hydatids in the Kidney—Renal Tuberculosis—Carcinoma of the Kidneys—Movable Kidney—Diabetes Mellitus—Anatomical Characters Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment 673

CHAPTER IV.

DISEASE OF THE SUPRA-RENAL CAPSULES, ETC.

Addison's Disease—Involuntary Seminal Emissions—Spermatorrhœa—Impotence 684

SECTION SIXTH.

FEVERS AND OTHER GENERAL DISEASES.

CHAPTER I.

CONTINUED FEVERS.

Classification of Fevers—The General Pathology of Fever—Febricula—Typhoid Fever—Anatomical Characters and Clinical History 693

CHAPTER II.

CONTINUED FEVERS.—(CONTINUED.)

Typhoid Fever continued—Causation—Diagnosis—Prognosis—Typhus Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Non-identity of Typhus and Typhoid Fever 710

CHAPTER III.

CONTINUED FEVERS.—(CONCLUDED.)

Treatment of Typhus and Typhoid Fever—Relapsing Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Erysipelatous Fever—Epidemic Fever characterized by mild Erythematic Pharyngitis 724

CHAPTER IV.

PERIODICAL FEVERS.

Intermittent Fever—Anatomical Characters—Clinical History Causation—Diagnosis—Prognosis—Treatment—Pernicious Intermittent Fever 736

CHAPTER V.

PERIODICAL FEVERS.—(CONCLUDED.)

Simple Remittent and Typho-Malarial Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Pernicious Remittent Fever—Yellow Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment 748

CHAPTER VI.

ERUPTIVE FEVERS.

PAGE

Variola, or Smallpox—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Varioloid, or Modified Smallpox—Vaccinia, or Cowpox—Varicella, or Chicken-pox 767

CHAPTER VII.

ERUPTIVE FEVERS.—(CONTINUED.)

Scarlatina, or Scarlet Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment 787

CHAPTER VIII.

ERUPTIVE FEVERS.—(CONCLUDED.)

Rubeola, or Measles—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Roseola—Summary of the more important of the Differential Characters of Variola, Scarlatina, Rubeola, and Roseola—Dengue 801

CHAPTER IX.

DIPHTHERIA.

Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment 810

CHAPTER X.

ACUTE ARTICULAR RHEUMATISM, ETC.

Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute and Chronic Articular Rheumatism—Muscular Rheumatism 822

CHAPTER XI.

GOUT.

Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Rheumatic Gout 836

CHAPTER XII.

SCORBUTUS, OR SCURVY.

Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Prevention—Treatment—Purpura Hemorrhagica . 852

THE PRINCIPLES AND PRACTICE

OF

MEDICINE.

INTRODUCTORY CHAPTER.

Scope of the term Medicine—Use of the term in contradistinction to Surgery and Obstetrics—Subdivisions of the different departments of medicine, or specialties—The general object of this work—Meaning of the phrase Principles and Practice of Medicine—Definition of Pathology—Division into General and Special Pathology—Nomenclature of Diseases—Subdivisions of General Pathology, viz: Morbid anatomy, and morbid changes of the fluids of the body; Etiology; Symptomatology; Diagnosis; Prognosis; Prophylaxis, and Therapeutics—Relations of these subdivisions to Special, as well as General, Pathology—Definition of Disease—Definition of Health—Relationship of Pathology to Physiology—Progress of Pathological Knowledge.

MEDICINE, in the largest sense of the term, comprehends everything pertaining to the knowledge and cure of disease. In a more restricted sense, the term is used in contradistinction to Surgery and Obstetrics. The latter are properly departments of medicine in the comprehensive sense of the term; and, although they may be cultivated separately, they cannot be disconnected from principles which are common to them and to medicine in its restricted sense. The medical profession embraces all who devote themselves to the study and practice of medicine proper, surgery and obstetrics, either separately or combined. The physician is a member of the profession who devotes his attention to the diseases which belong to the department of medicine proper, *i. e.*, medicine in the restricted sense of the term. The physician may, or may not, undertake the duties which belong to surgery and obstetrics. In this country most physicians are of necessity, to a greater or less extent, also surgeons and obstetricians, in other words, general practitioners. It is only in cities and large towns that practitioners can devote themselves exclusively, or chiefly, to surgery and obstetrics as separate departments of medicine. The distinction of physician, surgeon, and obstetrician, in this country, is purely conventional. The only degree conferred by our universities and medical colleges is that of Doctor of Medicine, which authorizes the practice of either or all the departments, and the same is true of licenses to practise medicine.

The division of medicine into the three departments which have been named is natural, and has contributed to the knowledge acquired in each department. Subdivisions have also been found convenient and useful. The latter are commonly known as specialties, and they who devote themselves to particular subdivisions are called specialists. The more important of the subdivisions now recognized as specialties are affections of the eye and ear, diseases of the skin, syphilitic affections, diseases peculiar to females, orthopedic surgery, and diseases of the chest. The institution of specialties is a natural result of an accumulation of knowledge sufficient to render it difficult or impossible for one mind to compass all that has been ascertained in either of the three departments of medicine. Doubtless the number of specialties will be increased as our knowledge continues to accumulate. The special cultivation of the several subdivisions of medicine leads to a greater development of knowledge relating to each subdivision, and, hence, conduces to the progress of medicine. But, as the great principles of medicine are common to medicine proper, surgery and obstetrics, so with regard to the subdivisions, they cannot be completely isolated from the departments to which they respectively belong. A particular class of affections cannot be studied satisfactorily to the entire exclusion of others, and without reference to the general laws of disease. Directing the attention too exclusively to a specialty leads to the habit of attributing to it an undue relative importance, and of regarding the affections belonging to it as of paramount importance, when they may be secondary or merely incidental to others, which, from being overlooked or not sufficiently appreciated, fail to receive appropriate treatment.

The object of this work is to present the outlines of Medicine proper, that is, of medicine in contradistinction to Surgery and Obstetrics. *The Principles and Practice of Medicine* is a title of this department considered as a province of medical teaching. This title is here adopted in preference to others, such as the Theory and Practice of Physic, General and Special Pathology, Pathology and Practical Medicine. The principles and practice of medicine comprehend everything pertaining directly to the knowledge and cure of those diseases which the physician is called upon to treat. The province of medical teaching thus designated, properly enough embraces the prevention of disease, and it may include anything which concerns the conduct of the physician in the treatment of patients affected with disease.

The study of disease, as a province of scientific knowledge, is called *Pathology*. This province consists of two important divisions, distinguished by the names *General* and *Special Pathology*. It is desirable to have a clear understanding of the terms which distinguish these two divisions of pathology. Diseases are presented in particular forms or species, constituting what are commonly known as individual diseases. The circumstances which give to the different diseases their individuality will be noticed hereafter. Now, the study of individual diseases constitutes special pathology. On the other hand, there are morbid conditions which are not peculiar to any individual disease, but are common to a greater or less number of diseases. The study of these conditions constitutes general pathology. Inflammation, for example, is a morbid condition which exists in a host of individual diseases. The study of inflammation, in so far as it is common to different diseases, belongs to general pathology, while the study of the numerous individual inflammatory diseases belongs to special pathology. To take another illustration: a morbid condition which enters into a number of individual diseases is called fever. In this sense of the term fever, it belongs to general pathology; but the study of the different forms of fever, or individual fevers, belongs to special pathology. The relation of general to special pathology is analogous to the relation of general to special anatomy, the former describing the several tissues of the body which enter into the composition of the different organs, and the latter describing the particular organs composed of the tissues. As the number of tissues is small in comparison with the number of organs, so the morbid conditions belonging to general pathology are few as compared with the great number of diseases belonging to special pathology.

The province of medical teaching entitled the Principles and Practice of Medicine is made up of general and special pathology. The subjects which belong to the principles of medicine are derived from general pathology. The principles of medicine and general pathology are, in fact, synonymous terms, each term having the same scope of application. And, in like manner, the subjects which belong to the practice of medicine are derived from special pathology. These two terms relate to the same division of pathological knowledge, the former term being somewhat more comprehensive in its scope than the latter. The principles of medicine, thus, on the one hand, and the practice of medicine, on the other hand, constitute divisions which coincide with the two divisions of pathology distinguished as general and special. These divisions require separate consideration, and medical literature contains treatises devoted to each division separately. The object of this work being to present the outlines of both the principles and the practice of medicine, or of both general and special pathology, it will be divided into two parts corresponding to these divisions. The outlines of the principles of medicine, or of general pathology, will form the *First Part* of the work, and the *Second Part* will be devoted to the practice of medicine or special pathology. In adopting this arrangement, however, I shall not be bound by it so closely as to treat of the topics belonging to general pathology exclusively in the first part of the work. It will be more convenient to defer the consideration of some of these topics, and to treat of them incidentally in connection with individual diseases. Moreover, I shall treat of general pathology in its relation to medicine, passing over, or noticing very briefly, those topics which are chiefly important in a surgical point of view. Although the general principles of pathology are common to both medicine and surgery, certain topics have relations especially to either the one or the other of these departments. The terms *medical pathology* and *surgical pathology* are used in conformity with this distinction.

The subjects of General Pathology, viz., the morbid conditions common to a greater or less number of individual diseases, are to be considered under various points of view; hence this division of pathology admits of several subdivisions. One point of view relates to nomenclature, or the naming of diseases. The great desideratum in nomenclature, as applied to diseases, is that the name of each disease shall express the morbid condition involved, and its situation. The names which were formerly applied to different forms of disease were frequently fanciful, and many of these are still in use, owing to the difficulty and inconvenience of displacing them after they have become established in medical literature; and in not a few instances it is by no means easy, with our existing knowledge of the essential character of morbid conditions, to substitute more appropriate names. Some approach, however, has been made toward a nomenclature which shall measurably secure the advantages derived from this source in other branches of knowledge, more especially in chemistry. The existence of inflammation, which enters into so large a number of individual diseases, is expressed by the suffix *itis* (ιτης) added to the anatomical name of the part affected. Thus, bronchitis, pneumonitis, pleuritis, peritonitis, etc. etc. are names denoting the inflammatory character of the diseases to which they refer, and the particular structure which is the seat of the inflammation. The suffix *œa* (ρεω) denotes the existence of the morbid condition known as transudation, or flux, occurring in a situation where the transuded liquid escapes, in other words, upon a mucous surface. Examples are enterorrhœa, bronchorrhœa, gastrorrhœa, cystorrhœa, terms which have not, as yet, come sufficiently into vogue. The suffix *rhagia* (ρηγνυμι) expresses a flow of blood, or hemorrhage, from a mucous surface. Examples are metrorrhagia, gastrorrhagia (hæmatemesis), enterorrhagia (melæna), bronchorrhagia (hæmoptysis), in like manner terms which have not displaced others in common use. The suffix *algia* (αλγος) signifies a morbid condition characterized by pain without inflammation. Thus, neuralgia is a general term applied to this condition affecting any nerve or nerves; gastralgia, enteralgia, pleuralgia are terms expressing the neuralgic character of the affection and its seat. Words ending in *æmia* (αιμα) are applied to certain morbid conditions of the blood. Examples are uræmia (morbid accumulation of urea in the blood), septicæmia (putrid infection of the blood), and pyæmia (purulent infection of the blood). Words ending in *uria* (ουρον) are applied to certain morbid conditions of the urine. Examples are albuminuria, hæmaturia, oxyluria. The prefix *hydro* (υδωρ) denotes a dropsical affection of the part named; as hydrothorax, hydrocephalus, hydro-peritoneum, hydro-pericardium. And the prefix *pneumo* (πνευμα) denotes the presence of air in a part; as pneumothorax, pneumo-pericardium.

It is thus seen that, within late years, the effort to introduce names expressive of the character and seat of morbid conditions has, in a measure, succeeded. Further improvement in nomenclature will doubtless be made as our pathological knowledge increases.

An important subdivision of General Pathology relates to the appreciable morbid changes of the solids and fluids of the body. The study of all changes appreciable by the naked eye, or with the help of a microscope, constitutes a branch of pathology of great importance called morbid anatomy. Morbid anatomy is not confined to the study of the changes which occur in the tissues or solid parts; it embraces all the changes in the fluids of the body which the eye can appreciate. The latter as well as the former are to be distinguished as anatomical, while those changes in the fluids which are not visible either with the naked eye or by means of the microscope, but which require for their detection processes of analysis or the employment of reagents, do not strictly fall within the scope of morbid anatomy, but come within the domain of animal chemistry. Changes in solids, the existence of which is inferred, but which are not demonstrable with our present means of observation, are said to be *Dynamic*. Appreciable anatomical changes, which are either permanent or more or less persisting, are distinguished as *lesions*. The study of the minute anatomy of the tissues of the body by means of the microscope is called *Histology*, and the term *Morbid or Pathological Histology* is sometimes used to designate that part of morbid anatomy relating to those abnormal changes in the tissues which are objects of microscopical research.

Anatomical changes, or lesions, belong to general pathology in so far as they are common to a greater or less number of individual diseases. Their consideration as involved in individual diseases enters into special pathology or the practice of medicine. Such is the extent, as well as importance, of morbid anatomy, that it constitutes a distinct branch of medical knowledge. Treatises are specially devoted to it, and these are to be studied, in conjunction with the examination of morbid specimens, in order to become fully and practically acquainted with the various changes in structure, form, size, etc., which are incident to disease. It is a fact, however, not to be lost sight of, that lesions do not constitute, but are the results of disease. In other words, they are always due to underlying morbid actions or processes, which may not be directly appreciable or well understood, but in which in reality consists the local affection. This fact, although obvious, is apt to be overlooked. Lesions are, of course, serious or otherwise, according to their character, their situation, and the amount of structural change involved. The plan of this work embraces, in *Part First*, the outlines of morbid anatomy in so far as it belongs to medical pathology, and of the known changes occurring in the most important fluid of the body—the blood; and, in *Part Second*, a concise account of the lesions characterizing different individual diseases.

Another subdivision of General Pathology relates to the causation of disease. The study of the causes of disease is called *Etiology*. As belonging to general pathology or the principles of medicine, this branch of medical knowledge will be considered in *Part First* of the work; and the causes involved in the production of each of the individual diseases will be embraced in the account of the latter in *Part Second.*

The great number and variety of phenomena or events to which disease gives rise constitute another subdivision of General Pathology. These phenomena or events are called symptoms, and their study constitutes a branch of medical knowledge called *Symptomatology* or *Semeiology*. Considerations relating to symptomatology, as belonging to general pathology, will claim attention in *Part First;* and the symptoms of individual diseases, respectively, form a highly important part of Special Pathology, or the practice of medicine, and, as such, will be considered in *Part Second.*

Closely connected with symptomatology is another subdivision of General Pathology called *Diagnosis*. Diagnosis is the discrimination of diseases from each other. General considerations relating to this branch of medical knowledge will enter into *Part First*. In treating of individual diseases in *Part Second*, the means of discriminating them will be found to possess an importance second only to their treatment, and to be an essential prerequisite for the latter.

Another subdivision which will claim notice in both parts of this work is *Prognosis*, or the prediction of the termination of diseases.

The prevention of disease forms a branch of medical knowledge called *Prophylaxis*. This belongs alike to General and Special Pathology.

Lastly, the treatment of disease is called *Therapeutics*. General principles relating to the treatment of disease may be appropriately considered in connection with General Pathology. This portion of the subject is distinguished as *General Therapeutics*. I shall devote to it, together with prophylaxis, a chapter in *Part First*. It is hardly necessary to add that the treatment of individual diseases, distinguished as *Special Therapeutics*, is, in a practical view, the most important of the different aspects under which they are to be considered, being, in fact, the great end of both the principles and practice of medicine.

It is thus seen that the foregoing subdivisions of General Pathology, which will be taken up successively in the first part of this work, represent also the different points of view under which individual diseases are to be considered in the second part of the work; that is, individual diseases, as well as the morbid conditions common to a greater or less number of diseases, are to be considered with reference to the morbid changes either of solids or fluids which they respectively involve, together with their causes, their symptoms, their discrimination or diagnosis, their prognosis, their prevention, and their treatment. Morbid anatomy, etiology, symptomatology, diagnosis, prognosis, prophylaxis, considered as branches of medical knowledge, belong to General Pathology, and to these may be added general therapeutics; and, on the other hand, Special Pathology, or the practice of medicine, considers the truths contained in these subdivisions of general pathology in their application to individual diseases.

Pathology has been defined the study of disease; but disease has not yet been defined. The definition of disease is confessedly difficult. It is easier to define it by negation, to say what it is not, than to give a positive definition, that is, a definition based either on the nature or essence of the thing defined, or on its distinctive attributes. Disease is an absence or deficiency of health; but this is only to transfer the difficulty, for the question at once arises, how is health to be defined? And to define health is not less difficult than to define disease. If all the tissues and organs of the body have their normal integrity and properties; if the fluids of the body are in no respect abnormal; if all the functions of the organism are completely and harmoniously performed, health undoubtedly exists. But this perfection of health is purely ideal; it never actually exists. An examination of the bodies of the healthiest persons would probably reveal lesions of some kind; certain deviations from the normal composition of the different fluids are not inconsistent with the evidences of health in other respects; functions of different parts may be disordered to a certain extent without sufficient disturbance to constitute disease. Gradations of health are implied in the qualifications of this term in common use. If the term health expresses a well-defined state, it would be a pleonasm to add to the term, as is often done, the adjectives good, excellent, etc; and, on the other hand, to speak of health as poor, bad, miserable, etc., would involve a solecism. In short, health and disease are so imperceptibly merged into each other, that the line of demarcation cannot be drawn with precision. And this is true of other departments of knowledge. It is not easy, for example, to settle upon the characters which mark the boundaries of the animal and vegetable kingdoms. But as there is rarely any practical embarrassment in distinguishing an animal from a vegetable, so with regard to health, if an important disease of any kind exist, the fact of its existence is in most cases sufficiently obvious. If, however, it be desirable to define disease otherwise than by saying that it is the absence or deficiency of health, the definition proposed by Chomel is, perhaps, as good as any other. According to this author, disease may be defined to be *a notable disorder affecting more or less of the constituent parts of the living organism, either as regards their material constitution or the exercise of their functions.*[1]

Regarding disease as the absence or deficiency of health leads to the consideration of the relationship of Pathology to Physiology. Physiology studies the operations which go on in the healthy organism. The morbid conditions which are the subjects of pathological study are these operations disordered or perverted. Pathology has been called morbid physiology. Both are, in fact, parts of one science, the science of life, or biology. Both are alike occupied with vital properties, actions, and processes, the difference being that physiology investigates them under the circumstances of health, and pathology under the circumstances of disease. The division is arbitrary, although sufficiently marked and appropriate.

Such being the relationship of pathology to physiology, it might be expected that the former would advance in proportion to the progress of the latter. This is measurably true. While our knowledge of pathological conditions does not consist of deductions from what is known of the operations within the organism in health, but is derived from the direct study of disease, every important physiological discovery sheds more or less light on the department of pathology. In striving to penetrate into the nature of morbid conditions, it is evident that the chief difficulty arises from the imperfection of our knowledge of the properties, actions, and processes of health. There

[1] "Un désordre notable survenu, soit dans la disposition matérielle des parties constituentes, du corps vivant, soit dans l'exercice des fonctions." For an enumeration of the various definitions proposed by different writers, and some excellent remarks on the subject, this author may be consulted: Elémens de Pathologie Générale, quatrième édition.

will be frequent occasions, in the progress of this work, to remark that the pathologist may expect to be better able to explain the phenomena of disease when the physiologist has succeeded in elucidating more fully the phenomena of health.

In proceeding now to present the outlines of medicine, the aim of the author will be to give a truthful representation of pathological knowledge as it exists at the present moment. The progress of pathological knowledge has wrought, within the few past years, much change in both the principles and practice of medicine. Concerning further progress and its effects, it would be in vain to speculate; but it is hardly to be expected that a faithful exposition of medicine as it exists at the present moment will serve as a lasting guide for the student and practitioner. And in the study of medicine, next in importance to an acquaintance with what is actually known is a just appreciation of the limits of our present knowledge. The latter is often important as regards its bearing on the treatment of disease, and it conduces to a condition of mind most favorable for either contributing to, or keeping pace with, the continued progress of knowledge.

PART I.

THE PRINCIPLES OF MEDICINE,

OR

GENERAL PATHOLOGY.

PART I.

PRINCIPLES OF MEDICINE, OR GENERAL PATHOLOGY.

CHAPTER I.

ANATOMICAL CHANGES IN THE SOLID PARTS OF THE BODY.

Congenital Malformations—Three classes of Lesions, viz: Lesions of Quantity, of Consistence, and of Composition—Hypertrophy and Atrophy, lesions of quantity—Hypertrophy—True and False Hypertrophy—Atrophy—Atrophy with Increase and with Diminution of Volume—Lesions of Consistence—Induration—Softening—Inflammatory and Non-inflammatory Softening.

A MULTIPLICITY of anomalies, occurring during intra-uterine life, are embraced under the name *congenital malformations*. They consist of the malposition of organs, deficiency or excess as regards bulk, deviations of form, absence of, or supernumerary parts, want of the normal connection between parts, etc. They may be due to intrinsic defects in the ovum, to arrested or obstructed development from various extrinsic causes, and in some instances they arise from the diseases to which the fœtus is liable. Passing by congenital malformations with this allusion, this chapter will be devoted to certain definitions, distinctions, and general considerations relating to the changes in the solid parts, or lesions, which occur, as results of disease, after birth.[1]

Anatomical changes in solid parts are recognized by means of morbid appearances, some of which are evident to the naked eye, and others require for their detection microscopical examination. The changes in color, form, etc., appreciable with the naked eye, constitute what are called the *gross appearances* of disease, and those discovered by the microscope are called the *microscopical characters*. Certain changes are determined by the touch; changes as regards softness or density, smoothness or roughness, alterations of form, etc. Increase and diminution in weight are also to be taken into account.

It is hardly necessary to add, but the fact is not always sufficiently considered, that the student must become familiar with the normal appearances (gross and microscopical) of the different structures and organs of the body before he is qualified to recognize and appreciate the alterations which proceed from disease.

Anatomical changes, or lesions, may be arranged into three classes, as follows: 1st. Lesions of quantity; 2d. Lesions of consistence; and 3d. Lesions of composition. Lesions of quantity are of two kinds, viz: an increased amount of substance with augmented volume or bulk of the affected part, in the great majority of instances, and diminution of the substance proper to the part affected, either with or without decrease of volume. In the lesions which properly belong to this class the composition of the parts affected remains unchanged. The normal structure is unaffected; the abnormal change is purely quantitative, not qualitative. Abnormal increase of substance is called *hypertrophy*. Abnormal diminution of substance is called *atrophy*. These two lesions of quantity claim separate consideration.

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[1] For an account of congenital malformations the student may consult Rokitansky's Pathological Anatomy, vol. i.

HYPERTROPHY.

The development of the different component parts of the body, the cessation of the growth of parts at a certain point after a principle of limitation inherent in the parts, and the preservation of a definite size and form during the constant molecular changes incident to nutrition, are physiological mysteries which we cannot, with our present knowledge, undertake to explain. Hypertrophy involves an abnormal activity of nutrition, and, generally, a perversion of that principle or force which determines the normal size and form of the different parts of the body. The term hypertrophy is properly applied to enlargement from an increase of the normal materials of the parts affected, their structure remaining normal; in other words, the lesion consists in augmentation of the mass without any other change. Parts which become enlarged in consequence of a deposit of materials foreign to their normal composition, or from a disproportionate excess of certain of their normal constituents, or in which a structural change has taken place, are not, strictly speaking, hypertrophied. For example, the liver augmented in size from fatty deposit, carcinoma, etc., is not an example of pure hypertrophy. The term *false hypertrophy* has been applied to enlargement accompanied with change in composition or structure. *True hypertrophy* of a part proceeds from an excessive appropriation by the part of nutritive supplies, the process of nutrition being only increased, not perverted, while in false hypertrophy there is a morbid perversion of this process.

The enlargement of an organ, without the deposit of new material or structural change, does not in all instances proceed from hypernutrition, and, therefore, does not necessarily constitute hypertrophy. The hollow viscera—heart, stomach, bladder, etc.—may acquire more or less increase of volume from dilatation, the amount of substance being not greater, and perhaps less, than normal. Hence, it would not be a correct definition of hypertrophy to say that it consists in augmented volume without change in composition or structure.

True hypertrophy of a part generally proceeds from the excessive and prolonged increase of the function of the part. Of the organs of the body the heart is most frequently, perhaps, the seat of this lesion. And in the great majority of cases of hypertrophy of the heart, the enlargement is due to valvular lesions which, by interfering with the circulation of blood through this organ, induce a permanently increased power of its muscular action. The muscular walls, under these circumstances, increase in bulk by growth precisely as the voluntary muscles become enlarged when they are persistingly exercised. The heart may become hypertrophied to such an extent that it is five or six times heavier and larger than in health, yet there is a limit to its hypertrophic enlargement; that is, the increased growth does not go on indefinitely, but of necessity ceases after reaching a certain point of limitation, which point varies in different persons. Hypertrophy of the muscular tunic of the bladder in cases of long-continued urethral obstruction also illustrates the production of this lesion by prolonged increase of function.

It has been a much mooted question whether, in muscular hypertrophy, the increase of size is owing exclusively to enlargement of the primitive fibrillæ, or whether new fibrillæ are produced. Pathological authorities still differ in opinion on this point. It would seem to be quite probable, if not certain, that hypertrophy of the inorganic or unstriped muscular structure may involve the production of new fibres. Of this we have a physiological type in the development of the muscular walls of the uterus during gestation.

Hypertrophy of one of the kidneys ensues when the function of the other is lost or greatly impaired. This is found to be the result of the removal of one of the kidneys in an inferior animal. Under these circumstances the task of secreting the urine falls upon a single organ, its functional activity is doubled, and, as a result, the organ becomes enlarged. The enlargement in this case is abnormal, but if it confer on the organ an increased capacity of secretion it is a conservative lesion, that is, it conduces to the welfare of the body. This is certainly true of the examples of hypertrophy previously cited. Hypertrophic enlargement of the heart occurring in connection with valvular lesions is an important provision against evils which would otherwise ensue more quickly than they do. In this sense it is conservative. And this statement holds good with respect to hypertrophy of the muscular tunic of the bladder in cases of urethral obstruction. It is not an object of treatment in such instances to endeavor to remove or diminish the hypertrophy so long as the circumstances giving rise to it continue in operation.

The hyper-nutrition giving rise to hypertrophy does not always proceed from protracted, excessive functional exertion. In other than muscular and glandular structures, it may result from an undue determination of blood, from any cause, to the part affected. It may result from inflammation of a part. Hypertrophy of the fibrous and areolar tissues, perhaps, generally proceeds from inflammation. Hypertrophy of the adipose tissue, constituting corpulence, involves a general condition or diathesis of which the undue growth of this tissue is a manifestation or local expression.

ATROPHY.

The term atrophy expresses a condition, as regards nutrition, the reverse of that expressed by the term hypertrophy. In hypertrophy the normal balance between assimilation and dis-assimilation in the part or parts affected is disturbed by the former being in excess. In atrophy, dis-assimilation goes on, but the appropriation of fresh supplies is suspended or diminished; hence, loss of the substance proper to the part occurs, and the structures composing the affected parts undergo waste. Unless the space which was occupied by the matter removed is filled with a deposit of some kind, diminution of volume or bulk and weight characterizes atrophy. Atrophy, however, may exist, not only without reduction, but with more or less increase of size. For example, cirrhosis of the liver leads to atrophy of the proper tissue or parenchyma of this organ, and usually to diminution of its volume, but, in some cases, in conjunction with the atrophy due to the cirrhosis, there is a deposit of fat or some other material, the presence of which renders the organ as large or larger than in health. Under these circumstances the organ is not less the seat of atrophy, although its size be not reduced, but even increased. Atrophy, thus, may exist with false hypertrophy. To cite another illustration, the heart is not unfrequently enlarged in consequence of the substitution of fat for the muscular substance contained within the myolemma, constituting what is called fatty degeneration. This substitution of fat involves atrophy of the muscular structure. Atrophy, thus, it will be perceived, implies wasting of the tissue proper to the parts affected, with or without a deposit of matter which alters the composition of the parts, and which in proportion to its quantity affects the volume.

Atrophy with diminution of volume is strikingly illustrated in that remarkable affection known as progressive muscular atrophy, in which different portions of the muscular system successively become greatly attenuated. It is illustrated in that variety of chronic disease of the kidneys in which these organs are greatly reduced in size. The liver much contracted from cirrhosis furnishes another striking illustration. Atrophy of membranous parts is illustrated by cases in which the valves of the heart become extremely thin and delicate, so that rupture is liable to occur. The walls of hollow viscera, the heart, stomach, etc., may be rendered abnormally thin by atrophy, either with or without increased volume by dilatation. Atrophy affecting the greater part of the body, and more especially the adipose tissue, constitutes the emaciation occurring in pulmonary tuberculosis and other chronic affections. This general atrophy is expressed by the terms phthisis, consumption, and marasmus. Progressive atrophy of most of the organs of the body, excepting the heart, is incident to old age, and is distinguished as senile atrophy.

Of the circumstances which give rise to atrophy, one is functional disuse of the part or parts affected. Atrophy induced in this way is seen in the wasted condition of muscles which have remained for a long time quiescent in cases of paralysis and chronic rheumatism. The other tissues, and even the bones, in these cases, become atrophied. Diminished supply of arterial blood is another causative circumstance. The ligature of an important distributing artery may produce wasting of parts which are deprived of a normal quantity of blood. Mechanical pressure is another circumstance. An aneurismal or other internal tumor which progressively increases in size, occasions atrophy of the parts with which it is in contact. The atrophy in cirrhosis of the liver is probably caused by the pressure upon the lobules of this organ of a morbid product situated within the interlobular spaces. The general atrophy which occurs in pulmonary tuberculosis and other affections, or senile atrophy, is due to constitutional states unfavorable to nutrition.

As contrasted with hypertrophy, atrophic lesions are rarely, if ever, conservative; that is, they are not, as are hypertrophic lesions, in most cases, conducive to the welfare of the economy in view of the circumstances under which they occur.

Morbid alterations as regards the consistence of parts constitute the second of the three classes of anatomical changes or lesions. These alterations are of two kinds, viz., increased consistence or induration, and diminished consistence or softening. Both induration and softening are frequently incidental to palpable changes in the composition of parts, and, under these circumstances, they are not properly included in the second class of lesions, but belong to the third class. This second class should embrace only induration and softening not occurring as results of either morbid deposits of various kinds, or degenerations of structure, nor of acute inflammatory processes, etc., but constituting in themselves the chief palpable lesions. As thus restricted, examples of each are not very numerous.

INDURATION.

A part is indurated when its density and firmness are abnormally increased. As just stated, this physical change is generally incidental to a manifest change of composition or structure involving usually the presence of a solidified deposit in the part affected. Thus, in cirrhosis of the liver, the morbid production of fibroid material in the interlobular spaces gives to this organ an abnormal density and firmness. The same is true of that variety of degeneration of the kidney characterized by contraction and hardness. In these and similar instances, induration is a result of other palpable changes. Induration as a sole or chief lesion occurs when certain parts are condensed by pressure, and when they are deprived, to a greater or less extent, of their normal quantity of liquid.

Induration due to condensation is exemplified, in a striking manner, by the carnified lung in cases of pleurisy with large effusion. The lung, in these cases, is compressed into a small, compact mass, bearing more resemblance to flesh than to the pulmonary organ in its natural condition, and hence it is said to be carnified. Yet the composition and structure are not materially altered; by means of insufflation after death, the condensed lung may be restored to its normal condition, and this may occur during life when the liquid effusion is absorbed. A similar condensation of more or less of the pulmonary lobules takes place, from collapse, in that affection heretofore known as lobular pneumonia. Induration from deficiency of liquid is exemplified by the abnormal density and firmness of the brain and other organs after death from epidemic cholera, the loss of liquid in this disease being due to the intestinal transudation.

Induration of the substance of the brain has been observed in cases of acute and chronic lead poisoning; and the brain in these cases has been found to contain the sulphate of lead.

SOFTENING.

A part is softened when its density and firmness are abnormally diminished. The softening may be greater or less in degree. Portions of the brain or spinal cord are sometimes softened to liquefaction, but then, of course, there is total loss of structure, or disorganization. Softening, in most cases, is incidental to some manifest change of composition or structure, or it is an element of certain morbid processes, viz., inflammation and gangrene. Under these circumstances it is not to be considered as constituting a lesion in itself. An example of softening as incidental to an inflammatory deposit is afforded in pneumonia. In the second stage of this disease the affected portion of lung, although solidified (hepatized), has less firmness than in health. It breaks down more readily under pressure with the finger than healthy lung, and, hence, is said to be more *friable.* The friability is still more marked in the stage of purulent infiltration, the softening then becoming so great that the structure gives way under moderate or slight pressure of the finger.

As furnishing examples of softening considered as constituting in itself a lesion, that is, not dependent on any palpable change of composition or structure, cases in which softening of portions of the brain or spinal cord occurs without inflammation may be cited. Softening of the brain or spinal cord is a result of inflammation extending from the meninges, developed around a clot of blood or a tumor of some kind, and perhaps sometimes originating spontaneously within these nervous centres. But there is reason to believe that softening occurs here independently of inflammation, the cohesion of the nervous filaments and vesicles being diminished by defective nutrition dependent on a deficient supply of blood or other causes. The existence of non-inflammatory softening will enter into the consideration of the affections of the brain and spinal cord in the Second Part of this work. The reddish hue, due to the presence of hæmatin, is thought to be characteristic of inflammatory softening. It is further characterized by the presence of products of inflammation discoverable by microscopical examination. Non-inflammatory softening of the brain is frequently associated with degenerative changes of the coats of the cerebral arteries, in consequence of which the distribution of blood is impeded and nutrition impaired; and it occurs from arterial obstruction caused by a mass of fibrin or a vegetation derived from the left side of the heart, constituting what is called an *embolus* or plug. Softening, as thus produced, as will be hereafter seen, is involved in the causation of apoplexy and paralysis.

Softening is incidental to inflammation affecting any of the tissues. This result is especially marked in inflammation of the mucous membranes. These are sometimes completely disorganized and reduced to a pulp, so that portions are mechanically removed by the attrition of substances moving over their surfaces. This is seen in examinations after death in cases of dysentery. When the degree of softening of the mucous membranes is less, it is shown by the inability of tearing small portions away in strips with the forceps. Non-inflammatory softening of these membranes, elsewhere than in the stomach and small intestines, is certainly rare. And in the stomach, especially, the softening found after death, when inflammation has not existed, is, in most cases, probably, a post-mortem change due to the dissolving action of the gastric juice. Softening from the latter cause may exist in a great degree, affecting all the coats of the stomach, leading to perforation and softening of the adjacent viscera, in cases of death taking place suddenly while the process of digestion was going on. As the protection of the stomach against the action of the gastric juice, in life, has been shown to depend on the presence of mucus, it is not improbable that softening from the same cause may sometimes take place before death, owing to deficiency of the secretion of mucus.

Softening occurs not only in parts which are inflamed, but in proximate tissues not involved in the inflammation. Thus, in serous inflammations, the subserous areolar tissue loses its normal firmness and becomes brittle, so that the membrane is detached much more easily than in its healthy condition.

Softening of the muscular tissue is incidental to fatty degeneration, but it occurs as the chief or sole palpable change in the heart, in certain cases of typhus and typhoid fever. Softening of the spleen, occurring in these fevers, is also an example of this change occurring without inflammation, or any well-defined change in composition or structure.

The softening which is non-inflammatory and independent of other palpable changes is, in general, referable to a defect in the nutrition of the affected parts. This defect may be dependent on circumstances limited to the parts, as when cerebral softening arises from arterial obstruction; or it may proceed from a general condition, involving a deficiency of nutritive supplies in the blood, as when softening of the heart occurs in typhus or typhoid fever. If the softening consist only in diminished coherence of the component anatomical elements of the parts, without being sufficient to occasion disorganization, it is not irremediable nor necessarily even a grave lesion. Softening of the heart and spleen doubtless occurs in cases of fever which end in complete recovery; and it is not improbable that in certain cases of softening of the brain, dependent on a temporary defect of arterial supply, for example when occasioned by an embolus, the normal consistence may be restored after the re-establishment of the circulation.

CHAPTER II.

ANATOMICAL CHANGES IN THE SOLID PARTS OF THE BODY—(CONTINUED.)

Lesions of Composition—Exudations and Transudations—Fibrinous Exudation or Coagulable Lymph—Tuberculous Exudation—Scrofula—Carcinoma or Cancer—Typhoid Deposit.

ALTERATIONS as regards the composition of parts constitute the third class of anatomical changes. The lesions embraced in this class are more numerous and important than those included in the preceding classes. I shall notice the changes belonging to this class, which are of importance in relation to medicine as distinguished from surgery, presenting, briefly, certain distinctions, etc., which should be understood by way of preparation for entering on the study of individual diseases. It does not fall within the scope of this work to enter into either a comprehensive or minute account of the various alterations which will be noticed. The student is expected, in addition to the outlines here presented, to pursue this part of the subject more fully by means of works which treat at length of morbid anatomy and general pathology.

It will be appropriate to reckon among changes in composition, not only perversions of structure, but changes which consist in the addition of abnormal deposits, either solid or liquid, leaving the tissues of the parts unaffected. For example, the infiltration of liquid into the interstices of a part alters its composition, although there may be no structural change in the part. To cite another example, in the hepatization which takes place in pneumonitis, there is a solid deposit within the air-cells, and the presence of this deposit alters for the time being the physical condition of the affected portion of lung. The composition of the lung is in fact changed. But the normal structure of the lung remains intact, and so soon as this morbid deposit disappears, the normal condition of the lung is restored. On the other hand, there are changes in which morbid deposits supplant the substance proper to the parts affected, and thus involve perversions of structure. Here is an important distinction as regards changes in composition. Changes in composition may consist, then, in the presence of a morbid deposit of some kind, without change of structure, or they may consist in structural alterations. The latter are to be distinguished as lesions of structure, or, as they are commonly called, degenerations. Changes which do not affect the structures entering into the composition of parts are not necessarily destructive; they may be temporary, and after their disappearance the parts may be in no wise damaged, as in the example of pneumonitis. But lesions of structure or degenerations involve disorganization of parts, and in general are permanent or incurable.

A distinction is to be made between deposits or morbid products which by a process called coagulation assume a solid form, and those which remain in a liquid state. The source of both, of course, is the blood, and the former, as well as the latter, must, of course, be in a liquid form when first deposited. Coagulated products, therefore, have assumed a solid form after escaping, as liquids, through the coats of the vessels. For the sake of distinction, the term *exudations* should be restricted to coagulated deposits or products, applying the term to the exuded matter, or the term *exudates* may be used.

On the other hand, the term *transudations* may be applied to constituents of the blood which escape through the coats of the vessels and preserve their liquid state. These terms will be used hereafter as now defined. An exudation, or an exudate, is a coagulated deposit or product derived from the blood; a transudation is a liquid effusion constituting, when retained in any part, a dropsy.[1]

With the previous preliminary explanations, the consideration of the anatomical changes belonging to the third class will embrace coagulated deposits or exudations, transudations or liquid effusions, lesions of structure or degenerations; and added to these are new formations or morbid growths, pneumatoses or the abnormal presence of air or gas in parts, and parasitic productions vegetable and animal. The remainder of this chapter will be devoted to anatomical changes dependent on exudations.

FIBRINOUS EXUDATION.

An exudation which forms an important event in the natural history of certain inflammations is that distinguished as *fibrinous*. By the older writers this deposit was called *coagulable lymph*, and it is still commonly known by that name. Bennett calls it simple exudation. It is generally considered to be essentially the fibrin of the blood or the blood-plasma, either simple or more or less modified, in a coagulated state. The liquor sanguinis, which contains fibrin in a liquid state, exudes, and the fibrin coagulating constitutes the deposit. It may also be distinguished as *inflammatory exudation*. Existing without the vascular system, and independently of hemorrhage, it is always a product of inflammation; that is, it occurs only as a result of an inflammatory process. Hence it is the criterion by which the existence of inflammation in certain structures is determined; its presence is proof that inflammation existed in these structures, and, if not found on examination after death, adequate evidence of inflammation is wanting. It belongs especially to inflammation of the serous membranes, and will be found to constitute an important part of the history of pleuritis, pericarditis, peritonitis, &c.

Examined shortly after it has exuded upon a serous surface, it presents the appearance of a semi-transparent, gelatinous semi-solid. Examined microscopically it is found to contain minute filaments such as are found in the coagulated fibrin of the blood, intermingled with corpuscles to which various names have been applied, viz., plastic, pyoid, exudation corpuscles, etc. They are regarded by Robin as belonging to a class of corpuscles called *leucocytes*, embracing pus globules, the white globules of the blood, mucous corpuscles, etc., all of which, according to this distinguished anatomist, are essentially identical. At a later period the exudation becomes more solid, frequently forming a thick, dense layer adherent mechanically to the serous surface, and forming distinctly a fibrous arrangement. Detached and peeled off, it resembles a membrane, and is commonly called a false membrane. Not unfrequently this is found to consist of a series of layers which may be separated from each other like the coats of an onion. The coagulation of the fibrin contained in the exuded liquor sanguinis leaves a certain amount of serous liquid which, in serous inflammations, accumulates within the sac, so that in examinations after death more or less liquid is usually found together with the coagulable lymph. Flakes of lymph, in greater or less abundance, are contained in the liquid, and the latter is turbid, not transparent, as in purely dropsical effusions.

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[1] This distinction between an exudation and a transudation is not made by all writers. It is made especially by Lehmann.

In the progress towards recovery, the liquid contained within the serous sac is absorbed. The serous surfaces then coming into contact are first agglutinated by means of the intermediate lymph. The latter is absorbed more slowly. A true membranous or organized structure then becomes developed, which is the medium of the permanent adhesions resulting from inflammation of serous structures. An unfavorable progress is characterized by the serum and lymph remaining unchanged for an indefinite period, or by the production in large quantity of the well-known liquid called pus, which contains in abundance the corpuscular bodies called pus globules or leucocytes.

Selecting serous inflammations as typical, because they are characterized by the constancy and abundance of inflammatory exudation, the brief description just given is an epitome of the natural history of this morbid product. But considerable variations are observed in different cases of serous inflammations. The relative proportions of lymph and serum vary widely. The quantity of lymph may be abundant or quite small, and the same is true of the liquid effusion. The constitution of the lymph varies. The formation of fibrillæ, or the fibrillation, may be greater or less, and the corpuscular constituents may be few or abundant. Paget reckons two varieties of lymph, one variety being characterized by the predominance of fibrillæ and the other by the abundance of corpuscles, with a small proportion of fibrillæ. The former he calls *fibrinous*, and the latter *corpuscular*, lymph. The fibrinous variety he regards as favorable for the production of organized tissue, while the corpuscular variety tends to the production of pus or suppuration.

The ordinary product of inflammation of mucous membranes is mucus variously modified, and containing, in more or less abundance, the corpuscular bodies known as mucous globules, which are essentially identical with pus globules, or, in other words, belong in the category of leucocytes. Exceptionally, however, fibrinous exudation occurs on a mucous surface, and, disposed in the form of a false membrane, presents characters analogous to those which belong to the exudation in serous inflammations. This constitutes the characteristic feature of the inflammation of the larynx and trachea, sometimes extending to the bronchia, in true croup, and of the inflammation of the fauces, air-passages, and in other situations in the epidemic disease called diphtheria. Inflammation of a mucous surface or of the skin, when characterized by fibrinous exudation, is frequently distinguished as *diphtheritic*, after a term introduced by Bretonneau. Occasionally in bronchitis a false membrane is formed, and this variety of the disease is called *plastic* bronchitis. Fibrinous exudation is not uncommon in cases of dysentery. The formation of new tissue, that is, of organic structures, does not take place in connection with a fibrinous exudation on mucous surfaces. The false membrane, in all cases, in the course of a few days becomes detached by a suppurative process beneath it and is thrown off. This is the basis of a division, by Rokitansky, of inflammatory exudation into *croupous* and *plastic*. The term plastic, frequently applied to inflammatory exudation, denotes its capacity of developing within it organized structures. This is also expressed by the term *blastema* which is frequently applied to inflammatory exudation. The term *cytoblastema*, which has the same application, denotes the development of cell-formations within the exudation.

In pneumonitis it is inflammatory exudation within the air-cells which solidifies the lung, giving rise to the condition called hepatization. In this situation organic tissue is not formed, and the exudation is removed by absorption. A very small proportion, sometimes none whatever, is expectorated, and clinical observation shows that the large amount of exudation which takes place in this disease may be absorbed very rapidly, being all removed in the course of a few days. In other parenchymatous inflammations, fibrinous exudation sometimes takes place and is infiltrated among the component tissues. In the brain and spinal cord it is presented in the form of minute granules with which are combined pus globules or leucocytes. These appearances, in connection with softening, show that the latter is due to inflammation. In other parts the presence of fibrinous exudation, which may persist without metamorphosis or change for an indefinite period, involves enlargement by false hypertrophy and induration; or it may sooner or later lead to suppuration; or, leading to the development of fibroid tissue, it may produce atrophy and disorganization, as is seen in cirrhosis of the liver and the hard contracted kidney.

It is thus seen that the fibrinous exudation in different situations, and in the same situation in different cases, presents variations as regards its constitution, the metamorphoses of which it is the seat, its behavior (to borrow a metaphorical term from the chemist), and its consequences. Our present knowledge does not enable us to say to what extent these diversities may be due to primary, essential differences, that is, differences pertaining to the exudation itself, or how much is attributable to circumstances connected with the exuding process, or again, the amount of influence exerted by the surrounding parts upon the exudation after it has taken place. Much undoubtedly depends on the situation of the exudation; for example, it is never the seat of newly formed organized structures on a mucous surface. But it remains to account for the variations which are shown in different cases in the same situation, for instance on a serous surface. With reference to these diversities, as well as to the different exudations, the view taken by Rokitansky is, that they represent corresponding diversities pertaining to the fibrin contained in the blood. The blood-changes which are supposed thus to account for differences as regards the local products of disease, this author calls the *crases* of the blood.[1] Each of the different exudates, or the different varieties of the same exudate, in other words, has its own particular blood-crasis. This doctrine of crases, although perhaps rational, and sustained by cogent arguments, is neither demonstrable nor logically proven, and, for the present, must be considered as hypothetical.

A pathological question which must for the present be considered as *sub judice* relates to the development of organized tissue, and the production of corpuscular bodies in connection with fibrinous exudation; in other words, to this exudation regarded as a blastema (collectively, embracing other exudations, blastemata), or as a cytoblastema. The question is, whether the newly developed tissues, which are undoubtedly produced, and pus globules, are products of a metamorphosis of the coagulated fibrin or lymph; in other words, is the coagulated fibrin or lymph converted into living structure, does it take on organization, and is it transformed into pus? The view taken by Paget, and generally received by pathologists, is, that the coagulated fibrin or lymph is organizable, *i. e.*, capable of being transformed into organized living structures; and also that, by a kind of degenerative change, it is formed into pus. The term plastic is used to distinguish the kind of lymph which is supposed to be especially prone to organization. On the other hand, Robin and others regard coagulated fibrin or lymph in the light of an extraneous product, denying its capability to be transformed either into organized tissues or pus. According to the latter view, it either remains without essential change, or it is exfoliated, or it is absorbed, newly formed tissue being produced by molecular combination during the act of exudation; consequently, that alone it has no claim to be called a blastema, nor does it take part in the generation and multiplication of pus globules or leucocytes.

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[1] The term *crasis* signifies *mixture*.

TUBERCLE.

Another morbid exudation of great importance, in view of its frequency and the extent to which it contributes to mortality, is called *tubercle* or *tuberculous matter*. To the affections characterized by its occurrence is applied the name *tuberculosis*; thus, tuberculosis of the lungs, or pulmonary tuberculosis; tuberculosis of the liver, etc. The process or act of exudation is called *tuberculization*. The deposit takes place in various situations, but especially in the pulmonary organs.

Under the head of tubercle are embraced, by most writers, two kinds of deposit, which present essential points of difference. One of these is known by a variety of names, as follows: Gray tubercle, miliary tubercle from its consisting of deposits not exceeding in size millet seeds, granular tubercle, semi-transparent granulations, and the granulations of Bayle, after the morbid anatomist who first distinctly described them. This product is always in the form of minute bodies, more or less abundant; isolated from each other, but sometimes existing in such large numbers and so closely set, as to give to the lungs the appearance of being infiltrated with it. These small bodies, as well as similar small spherical deposits of the other kind, are called *tubercles*, a term which signifies tumors. The so-called tubercles now referred to are semi-transparent, hard, or resisting to pressure, and do not soften and liquefy as the ordinary form of tubercle does. There has been much discussion as to the existence, or otherwise, of the microscopical characteristic of true tubercle in these bodies. The views of microscopical observers appear to be divided on this question. According to Robin, an authority certainly second to none other, the tuberculous corpuscle, which, as will be presently seen, characterizes true tubercle, is wanting in these bodies, and he supposes that another corpuscle (cytoblastion) which bears some analogy to the tuberculous, but differs from it essentially, has been confounded with the latter. As regards gross characters and behavior, this deposit certainly differs widely from true tubercle. It is the presence of these gray bodies in immense numbers which constitutes the local affection called *acute phthisis*, life being destroyed in this affection by their accumulation sufficiently to compromise, to a fatal extent, the function of respiration. They are not unfrequently deposited in other situations, giving rise, in certain cases, to the form of peritonitis called tuberculous, and to the so-called tuberculous meningitis of children These bodies never coalesce so as to form large masses, which liquefy and afterward escape into the bronchial tubes by ulceration, leaving pulmonary cavities—events which, as will be presently seen, belong to the natural history of true tubercle. They are, however, not unfrequently found in association with true tubercle, and there would seem to be some relationship between the two. Laennec called them the germs of tubercle, and supposed that they were developed into the latter, but there is no foundation for this idea.

The ordinary form of tuberculous deposit, to which, strictly, the term tuberculous should be restricted, is distinguished as yellow tubercle. Examined before its primitive characters have been lost in the changes which it undergoes, it presents usually a yellowish color, and is of a cheesy consistence, being easily broken down with the fingers, *i. e.*, friable. The deposit is usually at first in small, distinct, round masses called tubercles, and when quite small and quite isolated, these, as well as the bodies previously described, are commonly called miliary tubercles. They are also distinguished as disseminated tubercles. In the progress of the affection they multiply and enlarge by accretion, until frequently by coalescence masses are formed varying in size from a filbert to an orange. At the same time fresh deposits are taking place in the parts surrounding the large masses. So long as the primitive characters are preserved the tubercle is said to be *crude*. Examined microscopically, it presents amorphous granular matter inclosing, in more or less abundance, corpuscular bodies, which are characteristic, belonging exclusively to this exudation, called the *tuberculous corpuscles*. These corpuscles are round, oval, or polyhedral, granular in appearance, devoid of nuclei or nucleoli, unaffected by water, rendered transparent by acetic acid; and they are further distinguished by their small size, their average diameter being from $\frac{1}{3000}$ to $\frac{1}{1200}$ of an inch. They differ essentially from, although bearing a resemblance to, the corpuscles found in the so-called gray tubercle, or semi-transparent granulations previously described, and also found in various other morbid productions.[1] As regards its chemical composition, tubercle consists of an albuminous matter combined with fatty granules, crystals of cholesterin, and certain earthy salts, the latter being chiefly the phosphate and carbonate of lime. The relative proportion of animal matter and earthy salts varies in different specimens.

The behavior of this deposit offers certain distinctive traits. Taking as a type pulmonary tuberculosis, after a variable period the masses of tubercle undergo softening, attributable partly to an intrinsic change, and in part to the permeation of liquid derived from the surrounding tissues. They become at length converted into a creamy liquid presenting the gross characters of pus. These collections of liquefied tubercle are indeed tuberculous abscesses, or, after the older writers, *vomicæ*. Microscopical examination now shows granules, tuberculous corpuscles, comparatively few in number, pus globules in some specimens, fibres derived from the pulmonary structures, fatty granules, bronchial epithelium, and blood crystals. Sooner or later the liquefied tubercle is discharged, generally into the bronchial tubes, and expectorated, but sometimes into the pleural sac by a process analogous to that by which abscesses near the surface of the body spontaneously open. The accumulation of the deposit and these changes, of course, involve destruction of tissue proportionate to the amount of tubercle deposited. This deposit is never the seat of newly-formed tissue, that is, it is not organizable; in this respect it differs from inflammatory exudation. The pus globules occasionally found in liquefied tubercle are probably not produced within the deposit, but are due to inflammation excited by the presence of the deposit. The tuberculous matter is not readily absorbed, in this respect differing in a striking manner from the inflammatory exudation in the same situation in pneumonitis. Its absorbability has been denied, but there are sufficient grounds, which will be hereafter stated, for believing that small collections may be completely removed by absorption. The animal portion may be absorbed, the mineral portion remaining, and in this way are formed the calcareous masses, or calculi, which are not unfrequently found after death and sometimes expectorated. When this process of absorption of the whole of the deposit is going on the tuberculous affection is said to be *retrogressive*. The calculi formed in the manner just stated are sometimes called *obsolete tubercles*.

The deposit of tubercle is undoubtedly a local effect or expression of a morbid condition extending beyond the part affected; in other words, it depends on a special constitutional state expressed by the terms tuberculous cachexia or dyscrasia. If, as is generally supposed, it proceeds from a particular change in the composition of the blood, it involves, adopting the term introduced by Rokitansky, a tuberculous crasis. The existence of a crasis, however, is inferred, not demonstrated; it has not, as yet, been proven by direct observation that any particular alteration of the blood stands in a causative relation to the deposit of tubercle. Whatever may be the antecedent constitutional change, clinical observation shows that, in many cases at least, it suffices for the deposit without requiring the co-operation of local antecedent conditions. Inflammation, or any other affection of the part in which the deposit occurs, precedes the deposit in only a small proportion of cases; and, since the deposit is not materially different in different situations, it follows that the local process, or the tuberculization, has more to do with the cachexia, or dyscrasia, or crasis than with the structure of the part in which it is seated. It is important to bear in mind the fact, with reference to its practical bearings, that the local process in tuberculization is not inflammatory. Inflammation existing in a part may, in some instances, hasten the occurrence of the tuberculous deposit, acting as the match when everything is ready for the explosion, and inflammation may be developed secondarily, frequently playing an important part in the progress of the local affection, but, as local processes or conditions, inflammation and tuberculization are by no means identical, as was formerly supposed.

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[1] For an account of the characters distinguishing the tuberculous corpuscle from cytoblastions, according to Robin, vide *Dictionnaire de Médecine de Nysten, onzième édition, revue et corrigée par Littré et Robin*. Articles, *Tubercule*, *Granulations*, and *Cytoblastion*.

As already stated, the lungs are the seat of the tuberculous deposit much oftener than any other part of the body. Almost every structure, however, may be the seat of the deposit, the cartilaginous and epithelial being perhaps the only exceptions. Not unfrequently the deposit is not limited to one part, but occurs simultaneously or successively in various situations. According to Rokitansky the different organs arranged in the order of their relative liability to this deposit, in the adult, are as follows: Lungs, intestinal canal, lymphatic glands, especially the abdominal and bronchial, serous membranes, especially the peritoneal and pleural, pia mater, brain, spleen, kidneys, liver, bones and periosteum, uterus and tubes, testicles, with prostate gland and seminal vesicles, spinal cord, and striated muscles. This series has reference to the deposit occurring after adult age. In children the scale requires modification. Prior to adult age the lymphatic glands and spleen take precedence of the lungs, the order being the same as regards the other organs of the series. The simultaneous or successive occurrence of the deposit in various situations is observed in children oftener than in adults. Louis, by means of his statistical researches, ascertained this law of the deposit after fifteen years of age, viz., whenever it occurs in any part of the body other than the lungs, it exists, and had precedence in the latter. To this law there are some exceptions. The law is not applicable to subjects under fifteen years of age. Other important laws especially having reference to tuberculosis of the lungs will be presented when the latter is considered as an individual disease in the second part of this work.

A tuberculous deposit within the lymphatic glands, especially the superficial glands of the neck, characterizes the affection called *scrofula* or *scrofulosis*. A truly scrofulous deposit is, in fact, identical with the tuberculous. And in the progress of the scrofulous affection of the glands of the neck we have represented the natural history of the tuberculous exudation in other situations. The deposit remains in these glands for an indefinite period, apparently in a quiescent state, and it may be removed by absorption. But, if not absorbed, softening occurs, with little or no inflammation. Ulceration of the integument ensues, and the liquefied product is discharged. Finally, after a variable period, cicatrization takes place, leaving an irregular, puckered, characteristic scar. The same series of events may take place in the bronchial glands, giving rise to what has been called *bronchial phthisis;* and, essentially, the same series occurs in pulmonary tuberculosis. Clinical observation appears to show that they who suffer from a scrofulous or tuberculous affection of the glands of the neck in early life are not more liable than others to pulmonary tuberculosis in after life.

The tuberculous exudation is one of the morbid productions which are generally reckoned among those distinguished as *heterologous* or *heteromorphous*, in contradistinction from those considered as *homomorphous* or *homologous*. The former names denote morbid productions which do not correspond with, and are not analogous to, any of the normal components of the body. The latter names are applied to morbid productions which have normal prototypes; that is, they correspond with, or are analogous to, parts contained in the body in health. But, according to the views held by some distinguished pathologists (Robin, Virchow), no pathological productions are, strictly speaking, heterologous or heteromorphous. All are due to either abnormal multiplication of certain anatomical elements of the body (hypergenesis), or to abnormal modifications of their development and growth, or to their abnormal situation. For an exposition of these views I must refer the reader to the authors just named.[1]

CARCINOMA.

Among the exudations may be included *carcinoma* or *cancer*. I shall pass by this exudation with a cursory notice. It is by no means unimportant. On the contrary, its importance and extent are such that it occupies a large space in pathology, and treatises are devoted specially to it. It will be found to give rise to a considerable number of individual diseases hereafter to be considered. But in a large proportion of cases the affection is seated externally or in parts which are accessible, and the propriety of removal by the knife frequently becomes a question. Hence, it belongs to surgical rather than medical pathology, and is treated of at length in surgical works. For these reasons I shall devote to it but a few words. In most cases the carcinomatous deposit becomes the seat of more or less development into tumors which sometimes attain to a great size. Hence, the affection is, with sufficient propriety, reckoned among morbid growths.

The terms carcinoma and cancer have been used heretofore with much looseness, having been applied to morbid growths differing from each other in essential points. In their present restricted scope of application, they embrace different forms or varieties which differ widely in appearances, but have in common certain characters which are distinctive. The general characteristics of the carcinomatous deposit, as regards its behavior during life, are as follows: It is the seat of a morbid development or growth which goes on indefinitely, giving rise to a tumor of greater or less size. It involves more or less destruction of the surrounding structures, partly by pressure, and in part by the processes of inflammation which it excites. Sooner or later, if life be sufficiently prolonged, it leads to ulceration, which becomes more or less extensive, eventuating in what is commonly called open cancer, and hemorrhage is apt to occur. The lymphatic glands in the neighborhood become the seat of a consecutive deposit, due, as generally supposed, to the transportation of morbid material to them by the lymphatics. Progressive destruction of parts and death therefrom, the deposit frequently occurring successively or simultaneously in different situations, is the rule to which there are few exceptions. Recovery is, however, possible, and it takes place by retrogressive processes which may involve either fatty or calcareous degeneration. As belonging to this general sketch is to be added the liability to return, when situated in an accessible part and removed by the surgeon, either in the same part or in some new situation In view of the salient points in its history just stated, the propriety of calling cancer a malignant disease is sufficiently apparent.

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[1] *Vide* Virchow's Cellular Pathology, and articles by Robin in Nysten's Dictionary, eleventh edition, under heads of *Hétéromorphe*, *Hétéroplasme*, *Genère*, *Embryoplastique*, etc.

Anatomically considered, the different forms of cancer present notable points of difference. Three well-marked forms are generally recognized, viz., scirrhus or hard cancer, medullary or encephaloid, and colloid or alveolar, the two latter forms being distinguished from the first form as soft cancers. Each of these forms consists, in part, of a fibroid structure which is especially abundant in scirrhus, giving to this form its cartilage-like hardness. This structure is far less abundant in the two other forms. In medullary or encephaloid cancer the morbid growth bears a resemblance in its gross appearances to brain substance, as the names imply. In the colloid form, the fibroid structure is disposed in such a manner as to leave small spaces called areolæ or loculi, which are filled with a substance resembling glue. These forms are subdivided into numerous varieties which need not be noticed in this general account. The three forms, in addition to the fibroid tissue, or stroma, contain characteristic cell formations, or cancer cells. These are found on subjecting to microscopical examination scrapings from the cut surfaces of cancerous tumors, or the milky liquid which exudes when these tumors are incised, known as the cancer juice. The presence of this juice is a distinctive character of cancer. There has been much discussion of late years respecting the existence of cells specially distinctive of cancer, and their reliability as a diagnostic criterion of cancerous growths. Without entering into the discussion, it may be stated that most microscopical observers appear to believe in the existence of cells having characters distinctive of cancer, and that they are present in, at least, a large majority of specimens which are truly cancerous. The cells present a great variety of appearance, being round, caudated, fusiform, etc., and also varying largely in size. They are distinguished especially by the presence of a nucleus, or of nuclei of large size, and by a large nucleolus. The nucleus, which varies in size, according to Bennett may occupy from one-sixth to four-fifths of the volume of the cell. Frequently the cells contain more than a single nucleus, often two, and sometimes several; in the latter case they are sometimes called mother cells. Acetic acid acts upon the cell-wall, rendering it transparent and sometimes dissolving it, while the nucleus is not affected. In some specimens the cells are few or wanting, but free nuclei exist in greater or less abundance. Whenever cells or free nuclei having the distinctive characters just stated are found, we are warranted in regarding them as evidence of the cancerous nature of the specimen, but it may be a question whether their absence constitutes negative proof sufficient to declare in all cases the non-existence of cancer. It is to be borne in mind that the minute quantity of matter which is placed under the field of the microscope may not contain cancer cells in consequence of their being sparsely distributed throughout the morbid mass. They are not to be pronounced absent until several portions of the mass have been examined. Cancerous formations have been considered as pre-eminently heterologous or heteromorphous productions. But if we accept the views of Robin and Virchow, to which allusion has been already made, even cancer cells do not exemplify a principle of the generation of new anatomical elements in disease—a principle the existence of which the writers just named deny. They regard these cells as resulting from a deformation of epithelium or other normal anatomical elements, which, at the same time, are multiplied to a greater or less extent. Robin points out differences as regards the appearances of cancer cells corresponding to differences of the structures in which the carcinomatous exudation takes place.

Cancerous deposits are distinguished as *primary* and *secondary*. The first deposit which occurs is called primary, and any which may subsequently take place are called secondary. It is generally supposed that secondary cancers are dependent on the primary, the latter furnishing germs which gain admission into the circulation, and being deposited in other situations, become the point of departure for fresh manifestations of the disease. It has been already stated that, not only are the structures in immediate proximity to the deposit involved and destroyed, but the affection extends to the neighboring lymphatic glands. It may, however, be reasonably doubted whether secondary deposits more or less remote from the site of the primary cancer proceed from the latter; in other words, it is by no means certain that the system becomes infected by the introduction into the circulation of matter derived from an existing cancerous affection. Various facts go to show that a primary cancer involves an antecedent or underlying unknown special pathological condition called a cachexia, or, if it consist in a blood-change, a crasis. A predisposition to this disease, or the cancerous diathesis, is undoubtedly in some cases inherent in the system from birth, and inherited. Now, it is perhaps more probable that secondary cancers are dependent on the general or constitutional condition which led to the primary affection than that they proceed from an infection by the latter. This view is consistent with a fact which clinical experience appears to teach, viz., that secondary cancers are more apt to occur after the extirpation of a part primarily affected, than if surgical interference had not been resorted to.

As regards the situation of the cancerous deposit, there is a preference (so to speak), for certain organs. Rokitansky gives the following list of parts which are liable to be the seat of this disease in the order of their enumeration: "First, the uterus, the female breast, the stomach, the large intestine, and especially the rectum; next comes the cancer of lymphatic glands, especially as retro-peritoneal cancer accumulation in front of the vertebral column; hepatic peritoneal cancer; bone-cancer; cancer of the skin, and of the lips; of the brain; of the globe of the eye; of the testis; of the ovary; of the kidneys; of the tongue; of the œsophagus; of the salivary glands and the parotid."

TYPHOID DEPOSIT.

The deposit which takes place in the Peyerian patches of the small intestine and the corresponding mesenteric glands in typhoid fever may be reckoned among the exudations. This deposit is characteristic of typhoid fever, and will be considered more fully in treating of the latter in the second part of this work. The typhous matter or substance, as it is called, is deposited during the early part of the disease in considerable quantity. The Peyerian patches and mesenteric glands become more or less enlarged. At first the substance has considerable density, but during the progress of the disease it softens, and is reduced to the consistence of a pulpy mass. In the Peyerian patches, generally, if not invariably, it sloughs away, carrying with it the glandular bodies which compose the patches, and leaving ulcerations which, if recovery take place, undergo cicatrization. In the mesenteric glands the deposit is absorbed. The typhous exudation consists of an amorphous material abounding in molecular granules; corpuscular bodies resembling the tuberculous corpuscles, but somewhat larger and acted on more rapidly by acetic acid; nucleated cells, highly granular, and free nuclei, the latter being granular and sometimes containing fatty granules.

The behavior of this deposit forms an important part of the natural history of typhoid fever. It is characteristic of typhoid fever as contrasted with typhus. The fact that the deposit is peculiar to the Peyerian patches and mesenteric glands goes to sustain the opinion now held by physiologists, viz., that the unknown function of the patches is identical with that of the glands, the former being the first row of glands spread out upon a plane surface.

The foregoing are the exudations important to be here noticed as entering into the morbid anatomy of a large number of individual diseases. It will be borne in mind that the term exudation is restricted to deposits which solidify by the progress of coagulation. Other solid deposits which are not strictly exudations will be noticed under the head of degenerations.

CHAPTER III.

ANATOMICAL CHANGES IN THE SOLID PARTS OF THE BODY—(CONCLUDED.)

Lesions of Composition continued—Transudations—Dropsies—Fluxes—Degenerations—Fatty Degeneration—Fatty Growth—Calcareous Degeneration—Lardaceous or Waxy Degeneration—New Formations or Morbid Growths—Pneumotoses—Animal and Vegetable Parasites.

TRANSUDATIONS—DROPSIES.

A MORBID condition, affecting the composition of parts, consists in an abnormal accumulation of liquid, exterior to the vessels, derived from the blood. Liquids escaping through the coats of vessels, devoid of coagulated fibrin or lymph, and holding in solution more or less of the constituents of the serum of the blood, are distinguished as *transudations*. Transudations preserve the liquid state, in this respect differing from exudations, the latter coagulating and thus giving rise to solid deposits. The act of transudation is purely physical, that is, it has no special relation to the vital endowments of the tissues, but only to their physical properties. The serous or watery portion of the blood percolates the walls of the vessels precisely as any liquid confined in artificial tubes of leather or some porous material may transude. Transudations generally do not even involve the principle of *exosmosis*, which is operative to a considerable extent in living organisms. They take place usually as a result either of a morbid attenuation of the blood-serum, or of undue hydraulic pressure, or of both these physical causes combined; other circumstances, also, may co-operate by rendering the sides of the vessels more permeable. In a true transudation there is no solution of continuity or rupture. Hemorrhage, therefore, is not a transudation unless it be admitted that the blood-corpuscles can pass through the pores of the vessels without the molecular coherence of the tissues being disturbed. Bloody serum, or serum colored with hæmatin, may transude, constituting what is called false hemorrhage.

Transudations may take place in different situations. Occurring in situations from which the liquid cannot escape, viz., within serous cavities and into the areolar tissue, they constitute *dropsies*. Occurring upon some internal surface whence the liquid is conveyed out of the body through an outlet, or, in other words, upon a mucous surface, they constitute *fluxes*. The latter do not now especially concern us, since they do not occasion lesions affecting the composition of parts. The transudations which constitute dropsies are alone to be considered in this connection.

The distinctive feature of a dropsy is, that the liquid which escapes through the coats of the vessels is not *liquor sanguinis*, but water containing more or less of the constituents of blood-serum. When liquor sanguinis or blood-plasma escapes, the results are coagulated fibrin or lymph, and subsequently certain metamorphoses or developments which were noticed in the preceding chapter. Effused products which solidify by coagulation and become the seat of adventitious tissues, of pus-globules, etc., are exudations. On the other hand, liquid effusions devoid of coagulating material, undergoing no metamorphoses, not giving rise to new formations, in other words, in no sense blastemata or cytoblastemata, are transudations, and, if retained, such effusions constitute dropsies. It is proper to remark that this distinction is not always observed. Vogel, for example, applies the term "fibrinous dropsies" to accumulations of liquid which contain coagulated fibrin in greater or less abundance. According to the distinction just made, these are not correctly called dropsies. They are exudations, involving generally, if not always, inflammation. A true dropsy is not an effect of inflammation. Inflammation of serous membranes, it is true, frequently gives rise to more or less liquid effusion. But the effused liquid is turbid from the admixture of lymph, and contains more or less solid fibrin. In a dropsical accumulation, on the other hand, the liquid is generally clear, like the serum of the blood, and no solid fibrin or lymph is apparent. Again, while inflammatory effusion is due to a morbid condition (inflammation) of the serous membrane, in pure dropsy the morbid condition, on which the transudation depends, is situated elsewhere, the membrane itself being free from disease. Individual diseases exemplifying this contrast between inflammatory and dropsical effusions are pleuritis and hydrothorax, peritonitis and hydroperitoneum, true hydrocephalus and meningitis. The prefix *hydro* expresses the fact that the disease is dropsy.

In pure dropsy the effused liquid bears a resemblance, more or less close, to the serum of the blood. But it differs in different cases, owing to variations as regards the ingredients held in solution. It has usually an alkaline reaction. It generally contains albumen in greater or less quantity. According to Lehmann, transudations into the pleural sac are richer in albumen than those into the peritoneal; there is still less albumen in dropsy of the arachnoid than in hydroperitoneum, and effusions into the areolar tissue are the poorest in this constituent. When albumen is abundant, the liquid is viscid, and it may become so from the absorption of water. Dropsical effusions are sometimes red, from the presence of blood-pigment or hæmatin. Occasionally it is yellow or greenish, from the presence of bile-pigment. Fatty matter may be present in sufficient quantity to render the liquid opalescent or milky. Various of the saline ingredients of blood-serum are present, the chloride of sodium preponderating. Urea is occasionally found.

Dropsies receive different names according to their situation. Seated in the serous cavities, they are designated by prefixing *hydro* to the name of the membrane, as already stated. Dropsy of the areolar tissue of a part is called *œdema*. This name is applied to effusions into the areolar tissue of internal organs as well as beneath the integument. An effusion into the pulmonary air-cells is called œdema of the lungs. When subcutaneous œdema is general, that is, extending over the body, it receives the name *anasarca*.

Dropsy is always dependent on some antecedent morbid condition. It is never a primary affection. It is, in fact, not a disease *per se*, but only a symptom of disease. It is produced by the affections which stand in a causative relation to it, in two ways: 1st, by increased pressure from an accumulation of blood in the veins; and, 2d, by diminishing the density of the blood-serum. These two physical conditions comprise the mechanism of dropsical transudations. In all instances either there is an increase of hydraulic pressure in the veins from obstruction, or the blood is abnormally aqueous; and both these physical conditions may be combined.

The terms *general* and *local* dropsy express an important distinction. In general dropsy, subcutaneous œdema is diffused to a greater or less extent; that is, anasarca exists, together with more or less effusion into certain of the serous cavities, the peritoneal and pleural especially. The œdema appears first either in the lower extremities, or on the face, or simultaneously in both these situations, and thence extends over the body. The anasarca may be accompanied with a small or a considerable accumulation in the serous cavities. Now, all cases of general dropsy involve either an obstruction seated at or near the central organ of the circulation, or a morbid condition of the blood, or both may be combined. General dropsy, due to obstruction, is usually a symptom of disease of the heart; occurring in this connection, it is distinguished as *cardiac dropsy.* The dropsy, under these circumstances, is generally associated with difficulty of breathing (dyspnœa) out of proportion to the amount of effusion into the pleural cavities; also, with disturbed action of the heart, and more or less congestion of the surface, giving to the skin frequently a dusky hue. On the other hand, general dropsy due to a morbid condition of the blood, in the majority of cases is connected with those affections of the kidneys embraced under the name of Bright's disease. Occurring in this connection, it is called *renal dropsy.* Cases of this variety of dropsy are characterized by the presence of albumen in the urine (albuminuria), by pallor of the surface, and, as a rule, a less amount of dyspnœa than in cardiac dropsy. Irrespective of disease of the kidneys, or albuminuria, the blood sometimes becomes attenuated so as to give rise to general dropsy. It is occasionally incidental to protracted intermittents. I have known anasarca to a great degree, with effusion into the cavities, to occur in connection with anæmia due to lactation, without either renal or cardiac disease.

In local dropsy the effusion is limited chiefly to one serous cavity, or, if in the areolar tissue, it is confined to one organ or to a part of the body. The most frequent of local dropsies is hydroperitoneum, which is dependent on obstruction of the vena portæ, generally as a result of hepatic disease, more especially the affection called cirrhosis. This, with other local dropsies, will be considered in connection with individual diseases; œdema of internal parts, when restricted to any organ or to a limited space, is due to hyperæmia or congestion which may occur under different circumstances. It may depend on venous obstruction, as when œdema of the lungs is produced by cardiac lesions which involve mitral obstruction. It is incidental to inflammation. The swelling in the neighborhood of an inflamed spot on the surface of the body is due to serous infiltration. This occurrence is generally of little moment, but it becomes an event of very grave importance when œdema of the glottis is incidental to pharyngitis; œdema of the lungs is incidental to the congestion distinguished as *hypostatic,* due to gravitation of blood to the dependent parts from impairment of the forces carrying on the circulation. It occurs in the last stage of fevers or other diseases characterized by *adynamia* or great depression of the powers of life.

Transudations upon mucous surfaces, constituting fluxes, will be considered, as entering into certain individual diseases, in the second part of this work.

DEGENERATIONS—FATTY DEGENERATION.

The lesions of composition, which have been considered, do not involve alterations of structure or textural changes. Certain of the exudations, it is true, lead to the destruction of the tissues surrounding them. This occurs in the progress of cancer and tubercle, but the destructive effects of these exudations are due to pressure, to disruption from their accumulation, and to the inflammation which they excite. In transudations the tissues remain unaffected except that they may become attenuated from the distension occasioned by the liquid. But the lesions which are now to be noticed are characterized by the substitution of morbid deposits for the normal substance of the affected tissues; the change in composition consists in alterations of structure or textural changes. This is the distinctive feature of the lesions of composition which are commonly known as *degenerations.* And of these the most frequent in its occurrence is the substitution of fat for the normal substance of tissues, or *fatty degeneration.* To this lesion much attention has been directed of late years; and in elucidating it, the microscope has rendered valuable service to pathology.

Different structures in various situations are found to present, in the place of the substance peculiar to their normal composition, fatty granules or oil drops. Muscles are especially prone to this change. It is often observed in the muscular walls of the heart. Examined with the microscope the characters of the muscular fibre are more or less impaired or lost, and those of fatty matter are present. In proportion as this change has taken place, the tissue becomes softened, rupture is liable to occur, and instead of the healthy color the affected parts present a yellowish or tawny appearance. Of course, also, in proportion as the muscular substance is replaced by fat, the function proper to this structure is impaired; its power of contraction is diminished, and the affected organ is enfeebled.

An important distinction is between fatty growth and fatty degeneration. In fatty growth the adipose tissue is increased. This may take place beneath the integument and in any part of the body containing more or less of this tissue. Increased generally throughout the body beyond a certain extent the condition known as obesity or corpulency is produced. This may take place in a degree to constitute a disease. On the other hand, a decrease of the amount of adipose tissue which belongs to health occurs in emaciation produced by a deficiency of the alimentary supplies which contribute to fatty growth, and by various diseases. In obesity or corpulence there is, in fact, hypertrophy or abnormal growth of the adipose tissue, and in emaciation there is atrophy of this tissue.

Fatty growth may be limited to a particular organ. Thus, taking the heart for an illustration, this organ in health presents a certain amount of fatty tissue. Hypertrophy of this tissue, or, in other words, increase of the fat vesicles, may occur to such an extent that the whole surface of the organ is covered with a thick layer of fat. The fat vesicles may also penetrate, in greater or less quantity, between the muscular fibres. Nevertheless, the muscular structure of the organ may remain unchanged. The heart is affected with obesity; but this is not fatty degeneration. In fatty degeneration the fatty matter occupies the place of muscular substance; that is, fat is contained within the sarcolemma at the expense of the normal contents or the musculine.

eresting pathological question here arises. Is the substance of
verted into fatty matter, or is this substance removed by absorp-
s place occupied by fat? Does fatty degeneration, in other words,

involve a transformation or metamorphosis of the tissue, or simply a substitution? This is a question at present *sub judice*. Some pathologists are of the opinion that an actual conversion of the muscular substance into fat takes place. This view has been advocated especially by Quain, and fatty degeneration, as distinguished from fatty growth, is sometimes called "Quain's degeneration." Quain considers that the process is analogous to that by which adipocere is produced after death. He considers the process as a chemical one, and claims to have induced a condition essentially the same as that of fatty degeneration by immersing specimens of normal muscular tissue in dilute spirit and nitric acid. Other pathologists, on the other hand, contend that this view of the mechanism of fatty degeneration is highly improbable; that the albuminoid or nitrogenoid anatomical elements of the body are not capable of being converted into a hydro-carbonaceous substance like fat. The latter opinion is held by Robin. Rokitansky, Jones and Sieveking, and others believe in the possibility of the conversion, but think that, as a rule, the fatty matter is deposited, and the change is produced by displacement. If this view be correct, the term fatty degeneration is not strictly appropriate, inasmuch as this term implies conversion; and Robin has suggested that in its stead the term *substitution* be employed. Assuming the change to be one of substitution rather than degeneration, the question arises whether the absorption of the muscular substance precedes the deposit of fat, or whether the latter takes place first and the absorption occurs as a consequence? This question, with our present knowledge, we are unable to answer.

Fatty degeneration of voluntary muscles occurs as a result of protracted disuse. In cases of complete paralysis, after the function of the muscles has been suspended for a long time, fatty granules are found to have taken the place of the muscular substance. The same is true of the nerves involved in paralyzed parts. These structures become, in fact, disorganized in so far as fatty degeneration has taken place, and, in proportion to the amount of this change, their ability to resume their functions is impaired. This fact is of great importance in its bearing on the treatment of paralysis.

Fatty degeneration of the coats of the arteries, especially of the minute cerebral arteries, not unfrequently occurs in aged persons and in middle life. This fact, ascertained within late years by the aid of the microscope, has explained the occurrence of apoplectic extravasation of blood in a large proportion of cases. The cohesion and resistance of the arterial coats being diminished by the displacement of their proper substance by fatty granules, they are liable to rupture; hence, the occurrence of hemorrhage into the brain giving rise to apoplexy and hemiplegia.

Fatty matter is apt to be deposited, in abnormal quantity, within the secreting cells of important glands. Accumulating unduly within the hepatic cells, fatty liver is produced; and, in like manner, fatty kidney, one of the forms of Bright's disease, is produced by the deposit of fat within the cells of the convoluted tubes. It is supposed that fatty degeneration of fibrinous exudation in these and other organs may take place, either by conversion or displacement. As already stated, one of the modes in which cancer may undergo retrogression and cure is by a fatty change.

An interesting example of fatty degeneration is afforded by the cornea in some persons advancing toward old age. The outer margin of the cornea presents a pale, opaque ring, varying in width and extent, which is familiar to every observer as the *arcus senilis*. It has been ascertained that this is due to the presence of fat. Canton, of London, who was the first to attribute the arcus senilis to fatty degeneration,[1] considered it as uniformly associated with a similar condition affecting internal parts, and more especially the heart. Hence, he regarded it as possessing much diagnostic value. Clinical observation does not show it to be reliable evidence of the coexistence of fatty degeneration of the heart or other internal parts, nor when the latter is associated is it a criterion of the amount of degeneration, as claimed by Canton; but, taken in connection with other circumstances, it possesses a certain amount of diagnostic significance.

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[1] *Vide* London Lancet, 1850 and 1851.

The importance of fatty degeneration as regards its pathological effects will, of course, depend on the parts affected, together with the degree and extent of the disorganization. In the heart the power of this organ to carry on the circulation is impaired in proportion to the amount of the degeneration. In the arteries of the brain it renders them liable to rupture, and thus gives rise to apoplexy and paralysis. In the muscles and nerves of paralyzed parts, it precludes restoration in so far as the disorganizing change has taken place. In the liver and kidneys, it involves diminution or disturbance of the functions of these organs. In most situations the change of structure is permanent—the change is irrecoverable.

A tendency to fatty degeneration of certain of the tissues—the heart, arteries, cornea—belongs to middle life and old age. As a result of the non-use of parts it may occur at any period of life. Fatty liver and fatty kidney are sometimes observed in young subjects. A disposition to fatty growth, or obesity, as is well known, is often developed in middle-aged persons, and increases, for a certain period, with advancing years. But obesity and a tendency to fatty degeneration do not always go together. The heart and other organs may be free from fatty degeneration, notwithstanding the body abounds with adipose deposit. It is not uncommon to find the heart covered with fat, and the muscular structure entirely normal. On the other hand, the heart may present a less amount than usual of adipose tissue, and yet the muscular walls be extensively disorganized by fatty degeneration. So with the body at large; fatty degeneration of certain tissues may occur in lean as well as in corpulent persons. Fatty degeneration, as well as obesity, doubtless depends on a constitutional condition, except in those instances in which it is manifestly due to local circumstances, as in the case of muscles and nerves which have been for a long time quiescent. It may be inferred that the blood abounds in fat in cases of obesity, from the fact that the latter is favored by a diet embracing a large proportion of substances either containing or readily convertible into fat, and, also, from the fact that the amount of fatty growth may be reduced by a diet containing a small proportion of these substances. But it is not so apparent that a tendency to fatty degeneration involves a greater abundance of fat in the blood. The accumulation of fat in the liver is frequently observed in bodies dead with pulmonary tuberculosis, and especially in female subjects. This is, also, one of the effects of the abuse of alcoholic stimulants.

A variety of fatty degeneration, affecting especially the larger arteries and the valves of the heart, is called *atheroma*, a term signifying pap or pulp. This variety is highly important as leading to certain grave accidents and lesions pertaining to the parts affected. The affection consists, primarily, of a deposit beneath the lining membrane of the arteries, or the endocardium investing the valves of the heart, of a substance which presents a yellowish or whitish color, and is of a cheesy consistence. Examined microscopically, this substance is found to be composed of fatty granules, with crystals of cholesterine in abundance, and certain earthy ingredients. The accumulation of this deposit causes atrophy of the structure in contact with it, and may lead to softening and separation of the delicate membrane beneath which it is situated. In this way the parts are weakened, and hence occurs in the arteries, especially the aorta, and the large vessels connected with it, aneurismal dilatation. Situated in the valves of the heart, it may result in rupture, involving serious valvular lesions. It is apt to precede the deposit of calcareous matter in abundance, both in the arteries and within the heart, leading, in the latter, to what has been called ossification of the valves.

CALCAREOUS DEGENERATION.

A change in composition, due to the deposit of earthy salts, in more or less abundance—the phosphate of lime and magnesia, and the carbonate of lime—constitutes what is called the *calcareous degeneration*, *calcification*, or *cretefaction*. As just stated, this is apt to supervene upon the atheromatous deposit in the large arteries and within the heart, leading, in the latter situation, to various deformations of the valves. The term ossification is incorrectly applied to this change. The calcareous deposit does not present the structure peculiar to bone, but consists of the earthy salts just named, without any structural arrangement. The smaller arteries not unfrequently become calcified, especially in advanced life, giving rise, in some cases, to serious consequences. The gangrene of the feet and legs, which is peculiar to old persons, called *gangrena senilis*, is attributable, in certain cases at least, to obstruction of the circulation from calcareous degeneration of the distributing arteries of the lower extremities. The arteries of the brain becoming calcareous, and consequently brittle, sometimes give way, and this is the source of the hemorrhage in certain cases of apoplexy and hemiplegia. The obstruction of the circulation due to calcification of the cerebral arteries is supposed to give rise to non-inflammatory softening of the brain, by diminishing the amount of supplies requisite for healthy nutrition.

Aside from the structures which have been mentioned, various others may be the seat of calcareous deposit. Not unfrequently the serous membranes present plates of bony-like substance, more or less numerous and large. I have met with a case of old pleurisy, in which the pleura had become hardened by calcareous deposit to such an extent that it was removed entire, together with several quarts of liquid which it contained; and, when opened, and the liquid removed, it did not collapse, but retained the form of a solid box. Exudations and morbid growths may undergo the calcareous degeneration. This occurs in simple fibrinous exudation, in cancer and in tubercle. The pulmonary calculi, or obsolete tubercles, are masses of earthy salts which have taken the place of the tuberculous deposit.

LARDACEOUS OR WAXY DEGENERATION.

Another change in composition involving alteration of structure has received several names, to wit, the *lardaceous*, *waxy*, *albuminoid*, and *amyloid* degeneration. The distinctive feature of this degenerative change consists in the presence of a morbid deposit, the nature of which is not yet satisfactorily ascertained. Affected parts are increased in volume and weight; there is also a notable increase of firmness or stiffness; the surfaces on section present a translucent appearance resembling fat bacon or wax, and hence, the significance of the terms lardaceous and waxy.

This is not a lesion of very frequent occurrence. The organs most apt to be affected are the liver, the kidneys, the spleen, and the lymphatic glands; but it may be seated in any of the soft parts of the body. The names albuminoid and amyloid imply different views as to the nature of the deposit. Bennett considers it to be an albuminoid product, *i. e.*, resembling albumen. Virchow and others have supposed that it is a substance analogous to starch, or to cellulose, as expressed by the name amyloid. The evidence of the latter view consists in the change of color produced by iodine. If a little sulphuric acid be first cautiously added, the application of iodine is followed by either a blue or violet color.[1] The addition of iodine, without the sulphuric acid, gives a yellowish-red color. As regards the coloration produced by iodine and sulphuric acid, it is analogous to cholesterin, and the opinion is entertained by some that the substance is, in fact, cholesterin. With the present uncertainty respecting the nature of the material, the names lardaceous or waxy, which relate to the peculiar appearance of the affected parts, are to be preferred.

The lardaceous or waxy degeneration disorganizes in proportion to its amount by supplanting the normal tissue with the morbid deposit peculiar to this form of disease. The deposit does not undergo softening. Its presence does not appear to excite inflammation. It is doubtful if it be ever absorbed. The change is followed by serious consequences according to the parts affected, and the extent of the disorganization. It leads to evil results by compromising the functions of the parts affected. For example, if the kidneys are the seat of this degenerative change, the elimination of urea is interfered with, and, if the disorganization be great, uræmia is the result. In like manner, if the liver be affected, the functions of this organ are impaired in proportion to the amount of degeneration. Affecting thus an important organ, the lesion is of a grave character, more especially as it is permanent.

NEW FORMATIONS OR MORBID GROWTHS.

Changes in composition of great practical importance proceed from what are called *new formations* or *morbid growths*. Most of these are embraced under the head of tumors. They belong to surgical rather than medical pathology, inasmuch as they are often situated either externally or where they are accessible to manual examination, and may be removed with the knife or are treated with the appliances of surgery. This division of the third class of anatomical changes I shall therefore pass by, with scarcely more than a simple allusion to it, referring the reader to surgical treatises or to works devoted to morbid anatomy. Morbid growths have been heretofore considered by pathologists as consisting of *analogous* and *non-analogous* structures; the first being morbid structures, either identical with, or analogous to those found in the healthy body, that is, normal, and the second being structures essentially abnormal, in other words having no analogies among the healthy tissues of the body. As expressive of this distinction, the terms omologous or omomorphous, and heterologous or heteromorphous, have been applied to morbid growths, as well as to morbid exudations. There is probably no just ground for this distinction. The so-called new formations are either normal structures abnormally situated, or the normal anatomical elements of a part developed and multiplied to such an extent as to constitute morbid growths or tumors. The division by Robin of the anatomical components of the body into *fundamental* and *accessory* elements renders intelligible the production of many morbid growths or tumors. The fundamental elements are those which are endowed with known functions, and which make up the greater portion of the body, viz., the muscular, nervous, osseous, glandular, etc. structures. The accessory elements are certain superadded constituents, the purposes of which are often not apparent. Among the accessory anatomical elements are various cellular or corpuscular bodies. Examples of the latter are the *embryoplastic* cells and nuclei of Robin, called also *fibroplastic;* cells found in the mucous tissue, the skin, serous membranes, and the lungs, called by Robin *cytoblastions; myeolocytes*, or cells found in the substance of the brain, the spinal cord, and in one of the beds of the retina; *medulla cells*, and *myeloplaxes*, cells in the marrow of bones, etc. Now, these accessory elements are liable to be multiplied to a greater or less extent, and they are found to form the predominant and characteristic constituents of certain morbid growths or tumors. They do not grow, but they are multiplied; that is, the augmentation is of number, not of size. Hence, the proper designation of the process by which morbid growths and tumors are in this way produced is *hypergenesis*. Thus, according to Robin, cytoblastions are found in abundance in certain mucous vegetations, in the gray semi-transparent granulations of the lungs, and in the tubercular or granular meningitis, in the affection of the eyelids called chalazion, and in syphilitic tubercles; myeolocytes constitute the anatomical characteristic of certain affections of the retina, and of certain tumors of the brain, often called erroneously cancerous; fibroplastic cells give a distinctive feature to various tumors often confounded with cancer; myeoloplaxes are the point of departure for osteo-sarcoma, etc.

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[1] Virchow's Cellular Pathology, Am. ed., p. 414.

As regards the classification of morbid growths, I shall give the arrangement into primary classes by Bennett. A more elaborate classification, based on anatomical composition and disposition, is given by Robin.[1] Bennett's arrangement into primary classes is as follows: Fibrous or fibroma, fatty or lipoma, vascular or angionoma, cystic or cystoma, glandular or adenoma, epithelial or epithelioma, cartilaginous or enchondroma, osseous or osteoma, and cancerous or carcinoma. These primary classes are subdivided into numerous varieties.

PNEUMATOSES.

In connection with morbid changes in the composition of parts, may be appropriately noticed those which depend on the presence of air or gas in abnormal situations, and their abnormal amount in places in which they exist to a certain extent in health. Morbid conditions of this kind are collectively called *pneumatoses* Air or gas diffused within the meshes of the areolar or connective tissue constitutes the morbid condition known as *emphysema*. This term is also applied to the over-accumulation of air in the air-vesicles or cells in connection with their dilatation, constituting an affection called pulmonary or vesicular emphysema, which will be hereafter considered. Extravasation of air into the areolar or connective tissue which unites together the lobules of the lungs is distinguished as interlobular emphysema. The latter affection is due generally, if not always, to rupture of the air-tubes or cells. Subcutaneous emphysema extending more or less, and sometimes existing to such an extent as to increase enormously the volume of the body, is caused by rupture or a wound of the lungs or air passages, the movements of respiration forcing the air through the aperture, and diffusing it by means of the extensive relations of the areolar tissue. But gas may be generated within the areolar tissue of a part by putrefaction or other chemical changes. I have known emphysema of the leg to be produced in connection with suppuration and the formation of abscesses. This may occasionally occur in internal organs.

Air or gas may accumulate in serous cavities, either introduced from without in consequence of perforation, or generated within by chemical changes, or possibly by a process of secretion. Affections of serous membranes characterized by this feature are distinguished by the prefix *pneumo.* Thus, pneumo-thorax, pneumo-pericardium, etc.

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[1] *Vide* Dictionnaire de Nysten, eleventh edition, art. *Tumeur*.

The different sections of the alimentary canal contain a variable quantity of gas in health. A morbid increase gives rise to *flatulency* and *tympanites.* The former term is applied when the evidence of a morbid amount of gas is afforded by its movements (borborygmus) and its expulsion either by the mouth or anus; the latter, when it is retained sufficiently to cause distension with augmented resonance of the abdomen on percussion. Generally the gas is generated by chemical changes in the contents of the canal; but it is difficult to account for its production always in this way, and, hence, it has been inferred that gas may be secreted from a mucous surface. The latter supposition seems to be necessary in order to account for the large amount of gas suddenly developed in cases of hysteria and other nervous affections. Air may be swallowed in large quantity, as it is by horses affected with the habit called wind-sucking or crib-biting.

ANIMAL AND VEGETABLE PARASITES.

Finally, in this division of anatomical changes may be included animal and vegetable parasites. Here is a field in pathology which modern researches have shown to be extensive and highly interesting, but which must be passed by with a very cursory notice.

Microscopical examination of certain morbid products obtained from the skin and mucous surfaces shows vegetable structures belonging to the series of cryptogamia, or flowerless plants propagated by spores, and to the class called *Thallophytes* which includes lichens, algæ, and fungi. Various species of algæ and fungi have been ascertained, some of which are characteristic, and thus constitute diagnostic criteria of certain forms of disease. I must content myself with a simple enumeration of the different species found first on the skin, and next on mucous surfaces. A species of fungus (*trichophyton tonsurans*) is found about the hair follicles in the affection of the scalp known as *herpes tonsurans.* Another species (*microsporon audouni*) exists, in the same situation, in the affection of the scalp which has been called *porrigo decalvans,* or *alopecia circumscripta.* Another species (*achorion Schœnleinii*) belongs to the disease affecting especially the scalp, but sometimes other parts of the skin, called *favus*, or the true *tinea capitis.* Another species (*microsporon mentagrophytes*) characterizes *sycosis* or *mentagra,* a disease affecting those portions of the face and neck which are covered with hair. Another species (*microsporon furfur*) exists in that variety of squamous disease affecting different portions of the skin, but especially over the chest and abdomen, called *pityriasis versicolor vel nigra.* The presence of the cryptogamic plant appears to constitute an essential pathological element in these several contagious affections, and they are probably communicated by means of the germinal bodies called spores. The treatment of these affections involves measures to effect the destruction of the parasitic vegetable.

On mucous surfaces the following species have been ascertained: In aphthæ or thrush (muguet) and in diphtheria, a fungus (*oidium albicans*) affecting the mouth, œsophagus, intestines, and anus. The algous vegetable known as the yeast plant (*cryptococcus cerevisiæ*) in the œsophagus, stomach, and intestines. Another species of algæ (*merismopædia ventriculi*), commonly known as the *sarcina ventriculi* found in matters vomited, also in the fæces, and in gangrenous abscess of the lung. Another species (*Leptothrix buccalis*), found in coatings on the tongue and matter collecting between the teeth, and a species of fungus found in the matter of expectoration in cases of tuberculosis described by Bennett.[1]

Animal parasites are divided into those inhabiting the exterior of the body, and those infesting internal parts. The former are called *epizoa* and the latter *entozoa*. Under the head of epizoa are included the insects which invade different portions of the surface and multiply, in consequence of neglect and filth, without being associated with disease, viz., the flea, the head-louse, the body-louse, the crab-louse; together with certain animals which penetrate the skin and give rise to more or less local inflammation, such as the West India chigoe. In addition to these, the cutaneous disease known as scabies, or vulgarly itch, is characterized by the presence of a parasite called the *acarus scabiei*, or itch animalcule. It is by means of the transference of these minute insects, or of their ova, that this disease is communicated from one person to another. An animalcular parasite called the *acarus folliculorum* inhabits the hair follicles and sebaceous glands, especially on the face in healthy persons.

The human entozoa are numerous, and much important information has been obtained, within late years, respecting their production and development. For this, the reader must consult more comprehensive pathological treatises or works specially devoted to Helminthology. Suffice it to say that there are no longer grounds for maintaining the doctrine of equivocal generation which has heretofore been held by some. These parasites originate from either ova or animals which are introduced into the body from without, and which find in certain parts of the organism the conditions necessary for their development and growth. Certain of the entozoa are involved in individual diseases, and will be noticed hereafter in treating of the latter. In the following list of the more important of the entozoa of man, they are arranged in their proper zoological divisions. HELMINTHIA HEMATOIDEA, thread or round worms: *Filaria medinensis*, or Guinea-worm, inhabiting the areolar tissue; *filaria bronchialis*, in the bronchial glands; *filaria oculi*, in the crystalline lens; *Tricocephalus dispar*, in the cæcum; *spiroptera hominis*, in the urinary bladder; *strongylus gigas*, in the kidneys; *ascaris lumbricoides*, in the small intestine; *ascaris alata*, in the small intestine; *oxyuris vermicularis*, in the rectum; *anchylostoma duodenale*, in the duodenum; *trichina spiralis*, in the muscles. Of this division the worms which are chiefly important in a practical view are the trichina spiralis, ascaris lumbricoides, or lumbricoid, and the oxyuris vermicularis, or vulgarly pin-worm. The others are comparatively unimportant to the practitioner either on account of their infrequency, or from their giving rise to little or no inconvenience. TREMATODIA, or worms with organs for suction: *Distoma hepaticum*, in the biliary ducts; *distoma lanceolatum*, or liver fluke, in the same situation; *distoma oculi*, in the crystalline lens; *distoma hæmatobium*, in the vena portæ. CESTOIDEA, or *tape-worms: Botriocephalus latus*, or *tænia lata*, in the small intestine; *tænia solium*, in the same situation; *tænia nana*, in the same situation; *cysticercus cellulosus*, in any of the organs or tissues of the body; *echinococcus hominis*, in hydatid cysts found in the liver, ovaries, and other parts.

The trematoda or suction-worms are of rare occurrence in man, and comparatively unimportant. Those found in the bile-ducts are not uncommon in inferior animals. The intestinal cestoid or tape-worms are not very infrequent, and are of importance to the physician. They will be considered hereafter. The *cysticercus* and *echinococcus* are now shown to be essentially cestoid or tape-worms, which, from their situation within the solid structures of the body, fail to become developed; they are, in other words, immature tænia. The sacs or cysts, frequently of large size, which contain *echinococci* in greater or less number, are called *hydatids* or *acephalocysts*. The history of these, and of the cysticerci, although embracing points of much interest and practical importance, is not consistent with the scope of this work.

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[1] The student desirous of studying the subject of vegetable parasites may consult Robin's treatise entitled *Histoire naturelle des végétaux parasites qui croissent sur l'homme et sur les animaux vivants.* The nomenclature of Robin has been followed in the above enumeration.

CHAPTER IV.

MORBID CONDITIONS OF THE BLOOD.

General Remarks—Classification of the Constituents of the Blood—Morbid Conditions relating to the Organised or Corpuscular Elements—Plethora—Anæmia—Apnœa—Leucocythemia.

HAVING sketched in the preceding chapters the anatomical changes produced by disease in the solid parts of the body, morbid conditions of the fluids next claim attention. The fluids of the body, in health, consist of, *first*, the blood, and, *second*, various liquids separated or formed from the blood, constituting exhalations, secretions, and excretions. The latter class of fluids, viz., those derived from the blood, are liable to numerous morbid changes. These are often of intrinsic importance, and they form important events or symptoms in the history of different individual diseases. It will be sufficient to consider the morbid changes occurring in the exhaled, secreted, and excreted fluids in connection with individual diseases in the second part of this work. But the morbid conditions of the blood are to be considered briefly by way of preparation for entering on the study of individual diseases.

As expressive of the importance of the blood, it is distinguished as the *vital* fluid. In literature and common parlance it represents life. "Life's blood" is a common expression. To have one's blood is to take life. Its importance is shown by the fact that its presence in all the so-called vital organs is indispensable to the exercise of their functions. A striking and familiar illustration of this fact is afforded by the temporary loss of the mental faculties and consciousness as a result of a momentary arrest of the supply of blood to the brain in syncope or fainting. The blood, in fact, may be said to be the grand condition of vitality. Its detention from a part occasions the molecular death of the part, *i. e.*, gangrene or sphacelus. Its abstraction, beyond a certain limit, from the body occasions general or somatic death. The suspension of its distribution by an arrest of the heart's action for two or three minutes only is fatal. It forms a vital medium for all the organs essential to life on which they are dependent, as the body or the blood itself is dependent on the surrounding atmosphere. The physiological relations of the blood to the solid parts being so intimate, it might reasonably be expected, *à priori*, that pathological changes in this fluid should give rise to corresponding morbid phenomena in the organs and tissues of the body. Observation shows this to be true. There are grounds for the belief that a large proportion of the morbid actions and changes which occur in the solid parts are due to prior alterations in the blood. In many instances, as will be hereafter seen, the dependence of the former on the latter may be inferred or rendered probable, although not demonstrable, with our existing knowledge. Supplies for the growth and repair of all the body are contained in the blood. This fluid, therefore, represents in its constituents all the elements which enter into the composition of all the solid parts. It is taking but a step from the prosaic walks of scientific fact to the domain of fancy to say that the blood is the solid body in a liquid state. "The blood is the centre round which the general metamorphoses of animal matter revolves and in which it is perfected."[1] It might be rationally predicted that morbid alterations in its composition and distribution may lead to diseases seated in the solids, and this will be found to be the case. Another aspect foreshadowing the importance of the blood in its pathological relations is its office as a reservoir for the accumulation of effete principles, the detritus of the tissues, which are to be eliminated by excretion. Here is a source of disease, as will be presently seen. Again, the physiological activity, or mobility, of the blood is very great. In this respect it is in striking contrast to the solid parts. It is the seat of unceasing changes, and yet, in health, maintains a uniform state as regards its organization and composition. New matter derived from the ingesta is daily added in considerable quantity, and a proportionate amount is derived from the decomposition of the tissues. Portions are appropriated by the different structures. Other portions are secreted for various useful purposes in the economy. Other portions are thrown off or excreted. There is a constant interchange of gaseous elements with the surrounding atmosphere by means of respiration and through the cutaneous surface. Thus it is the seat of constant and great changes, denoting wonderful activity, and yet its constitution remains the same. In this fact are admirably exemplified the precision and adaptation of the laws presiding over the safety and welfare of the organism. But this activity necessarily renders it more liable to morbid actions and conditions than the solid parts, which in health are less active and more stable.

The blood is a complex fluid. It contains a large number of ingredients, preserving, however, certain fixed anatomical characters. Anatomically considered, it consists of certain corpuscular bodies, viz., the red globules, the white globules, or leucocytes, and globulins which are suspended in a liquid called the *liquor sanguinis*, blood-plasma, or intercellular fluid. These are resolvable by analysis into numerous elements, some of which are organic, *i.e.*, peculiar to organized bodies, and others inorganic or mineral. Examples of the organic elements are fibrin, albumen, hæmatin, etc. The inorganic elements embrace various saline ingredients, iron, water, and several gases. Further details belong to anatomy and physiology. It is necessary thus to glance at the composition of the blood in order to arrange its morbid conditions. These conditions relate to the different constituents of the blood, and, with a view to the consideration of pathological changes, the latter may be distributed into three groups. The first group will embrace the corpuscular, distinguished also as the organized, constituents. The second group will consist of the organic elements. The third group will comprise the mineral substances. Morbid conditions affecting, severally, these three groups will be first considered in the foregoing order, and, afterward, morbid conditions due to the introduction into the blood of substances which do not enter into its normal composition. Even with our present imperfect knowledge of the blood in health and disease, it is, in itself, a large field of study, which, considered as a distinct province of medicine, is called *Hæmatology*.

Of the corpuscular or organized constituents of the blood the most abundant and important are the *red globules*. The known morbid changes affecting these relate, in the first place, to their number. They may be morbidly increased or diminished in number. An increase of the number of red globules beyond the healthy limit constitutes the morbid condition called *plethora.* A diminution below the limit of health constitutes the morbid condition called *anæmia.*

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[1] Lehmann.

PLETHORA.

The relative proportion of red globules to the other constituents of the blood may be increased by diminution of the latter. This obtains, in a marked degree, in epidemic cholera, owing to the draining away, through the intestinal canal, of the water of the blood, together with various elements held in solution by the transuded liquid. The density of the blood in this disease is notably increased; it becomes thick and heavy, and the circulation is mechanically impeded. Under these circumstances, the red globules are relatively in abnormal excess, although they are actually less in number than in health. The term plethora is only applicable to an actual increase of the number of the red globules. This is now the significance of the term, without regard to the quantity of the mass of blood. An increase of the mass, causing over-repletion of the vessels, does not constitute plethora, although implied in the etymology of the term This condition is called *polyæmia.* Its existence to an extent sufficient to constitute a morbid condition of importance is doubtful.

The functions of the red globules in health are not fully understood. Their relative normal ratio to the other constituents of the blood differs considerably in different animals; and they appear to sustain a certain relation to vigor, strength, and activity; that is, they are abundant in races, breeds, and individuals, in proportion as the general attributes of the body just named are marked. Their importance is shown by the fact that animals bled nearly to death may be reanimated by injecting into the veins red corpuscles suspended in serum, and not by the introduction of the other constituents of the blood without the red corpuscles. From what is known of their physiological relations, it might be inferred that the effects of their morbid excess would be over-activity of the circulation and undue excitation of organs in proportion to their normal activity and the quantity of blood which they receive in health. The phenomena of plethora denote these effects. The power of the heart's action is increased; the temperature of the body is raised; the brain is stimulated, giving rise to unusual mental energy and excitement. Sensibility and muscular irritability are augmented. In comparing, however, different persons, it is not easy to draw the line of demarcation between more or less intensity of the so-called sanguine temperament and plethora. A better idea of plethora, as a morbid condition, is formed by a comparison of the same person at different periods, and especially if the person have naturally a temperament not notably sanguine. He acquires more color in the prolabia and face. The mucous membranes are reddened; the pulse is full and strong; the heart's impulse is increased; the physical and mental powers are more active; the body is notably warm. Pain in the head is readily induced by stimulants or mental excitement, owing to the abnormal power of the circulation. This condition involves a liability to active cerebral congestion. It is supposed to constitute a predisposition to acute inflammations. It doubtless tends to render inflammations more intense, and to increase the symptomatic febrile movement. It may favor hæmorrhagies especially into the brain, by means of the increased force of the circulation. On the other hand, an abundance of red globules exempts from nervous disorders to which, as will presently be seen, a paucity of red globules predisposes.

The causes of plethora are, *first*, a constitutional tendency which may be congenital and inherited; *second*, over-feeding, with the use of generous wines and condiments; *third*, diminished expenditure of blood constituents in nutrition, incident to ease, idleness, and luxurious habits, the digestive and assimilative functions remaining active; and, *fourth*, the arrest of periodical or habitual hemorrhages, or some other drain to which the system had become accustomed. These several causes are frequently combined.

It is important for the physician to appreciate the condition of plethora, in order to avert the evils to which it tends by appropriate management. And, as an incidental element in different diseases, it is to be taken into account in considering the effects of therapeutical measures. It is relieved, for the time, most promptly and efficiently by blood-letting. An immediate effect of the abstraction of blood is a notable reduction in quantity of the red globules. Of course, the propriety of resorting to blood-letting will depend on the degree of plethora and the apparent imminency of evil results. Other means to diminish the excess of red globules are, a reduced diet as regards the quantity and quality of food, and exercise, in order to increase the expenditure of blood-elements in repairing muscular waste, and render the amount of eliminated matter more abundant. Certain medicines appear to exert a direct effect upon the number of red globules. Mercury is such a remedy, as shown by the pallor which accompanies salivation. Mercurialization, however, is never indicated for the attainment merely of this object.

It is important not to confound plethora with other morbid conditions of the blood or circulation. Fulness of the vessels, due to some impediment to the circulation, has not unfrequently been considered as plethora. This may exist when the red globules are diminished, rather than increased. A pseudo-plethora, for example, is not uncommon in pregnancy, the red globules being diminished in this state. Bleeding was formerly employed with reference to this pseudo-plethoric condition, of course with an injurious effect on the constitution of the blood. With pseudo-plethora, or fulness of the vessels, there is often evidence of deficient oxygenation of the blood, together with dulness and oppression, instead of heightened activity of the functions of the brain and other organs. True plethora is to be determined by the symptomatic phenomena which have been mentioned, taken in connection with the evidence afforded by the pulse, and other symptoms of an unobstructed, free circulation, with the activity of the digestive and assimilative functions, and the existence of one or more of the conditions under which this morbid condition is known to be produced. A microscopical examination of the blood may suffice to determine the existence of plethora, if the observer be sufficiently practised to decide whether the red globules, in several successive specimens, are in excess or not. It may be determined by quantitative analysis, but the process is too tedious and delicate for ordinary clinical purposes.

As regards the essential pathological nature of plethora, all that can be said is, it consists in a hypergenesis of the most important of the organized or corpuscular constituents of the blood, the red globules. The pathologist might expect to explain this morbid condition more fully, if the physiologist were able to tell us where and by what process the red globules are normally produced.

ANÆMIA.

A morbid diminution of the red globules of the blood constitutes *anæmia*. The etymology denotes diminution of the mass of blood, but conventionally, the term is used to signify reduction of the quantity of red globules. *Spanæmia* is sometimes used in the same sense.

The purest exemplification of anæmia is afforded by cases in which it has been produced by copious hemorrhages or repeated blood-lettings. It is not easy to effect, except for a transient period, a considerable reduction in the mass of blood. After a loss by hemorrhage or blood-letting, the quantity of liquid which has escaped is quickly replaced, but the red globules are not so speedily renewed, and, hence, the latter continue, for a greater or less period, to be deficient. This condition is one of the forms of so-called impoverished or poor blood. The degree of impoverishment varies. The proportion of red globules has been observed to fall below the normal range (120 to 130 in 1000 parts) to 70, 60, and even 21 to 1000 parts.

Anæmia is of frequent occurrence. It is incident to a variety of diseases. It gives rise to a multiplicity of phenomena. It is a condition highly important for the physician to appreciate and recognize. The knowledge of this condition obtained within late years constitutes one of the most striking of the characteristics of modern medicine, in view of its importance on medical practice. It occurs much more frequently than the opposite morbid condition, viz., plethora.

In general terms, the pathological effects of anæmia are the reverse of those due to plethora. The power of the circulation is diminished, and there is a deficiency of the functional energy of different organs, the more marked in proportion to the quantity of blood which they receive in health. The phenomena denote these effects. The animal temperature is lessened. Anæmic patients have coolness of the surface, and especially cold extremities. They are not so able to resist cold as the plethoric. The action of the heart is feeble; the pulse is small, weak, compressible. The action of the heart is easily disturbed, becoming rapid from slight causes, and frequently irregular. The mental energy is diminished; persons are not adequate to the intellectual efforts of which they are capable in health. The strength of will and determination of purpose are impaired. The vital functions are languidly performed. The muscular strength is diminished. The surface is pallid from the deficiency of the hæmatin or coloring matter contained in the red globules. This pallor is apparent in the face, and especially the prolabia. The mucous membranes accessible to view have less redness than in health. The countenance at once denotes the existence of anæmia if the condition be marked.

It induces a multiplicity of morbid phenomena arising from disordered action of the nervous system. The relations of the blood to the functional activity of the nervous system are strikingly shown in the morbid phenomena pertaining to the latter, which spring directly from morbid conditions of the former. And the special relations between the red globules and the nervous system are shown by the phenomena incident to anæmia. These phenomena are numerous and diversified. The more frequent and prominent are as follows: Mental depression, anxiety respecting health, hypochondriasis, irritable temper, want of buoyancy and energy, a feeling of lassitude, and a painful sense of inertia or indolence. There is apt to be a feeling of incapacity for muscular exertion greater than the actual loss of muscular power. The physical and mental powers are especially depressed during the process of digestion. Palpitations frequently occur, so that organic disease of the heart may be suspected by those not conversant with physical means of diagnosis, and is greatly feared by the patient. Neuralgia in various situations is apt to occur, and in females hyperæsthesia of the abdominal walls simulating peritonitis. The varied symptoms which have been heretofore described as belonging to spinal irritation are likely to occur in connection with anæmia. It sustains a causative relation to nearly all the functional affections of the nervous system embraced under the head of the *neuroses*. A large proportion of persons affected with any one or more of this class of maladies are anæmic; and, conversely, a large proportion of anæmic persons become affected with neurotic disorders. It is highly important that this pathological element be taken into account in the management of the neuroses. When it occurs independently of the various affections with which it is connected incidentally, it is characterized especially by phenomena relating to the nervous system. These phenomena may be said to constitute the pathological expression of this morbid condition of the blood.

If it be asked, what is the explanation of the occurrence of these phenomena in consequence of a diminution of the red globules, the pathologist can only say that he may hope to answer the question when the physiologist is able to explain the normal relation between the presence of the red globules and the functions of the nervous system. Pathological facts show that an essential relation does exist between these two anatomical elements of the body. The nervous system depends on this blood-constituent for the manifestations of healthy life, and, hence, a deficiency occasions manifestations of disordered life, or morbid vital phenomena.

The causes of anæmia, when it exists independently of the various affections with which it is associated, are frequently obvious, but in some instances not assignable. It is a result of hemorrhages from wounds, flooding after labor and in cases of menorrhagia, or injudicious blood-letting. It may proceed from deficient alimentation; the food being insufficient in quantity or not sufficiently rich in alimentary principles. It is caused by a loss of certain of the elements of the liquor sanguinis or blood-plasma, which are necessary to the production of red globules. Thus, frequent causes are prolonged lactation, and a rapid succession of pregnancies. The obvious causes may be arranged into the three classes just stated, viz., *First*, causes which involve an actual loss of red globules, as in hemorrhages; *second*, causes involving a defective supply of materials for assimilation; and, *third*, causes which occasion expenditure of the constituents of the liquor sanguinis, on which the production of red globules is dependent.

The causes are not always apparent. Anæmia is apt to occur in females at or near the age of puberty, when there has been no loss of blood, no deficiency in alimentary supplies, and no unusual expenditure of blood-plasma. Under these circumstances, it constitutes the affection to which the name *chlorosis* was applied before the anæmic condition was fully understood. If this name be retained, it should be considered as denoting anæmia occurring under the circumstances just stated. It appears to be in some way connected with the evolution of the reproductive functions. In some cases it may be accounted for by the derangement of the assimilative functions of this period. In these cases the appetite is poor, the digestion disturbed, and there is apt to be a craving for indigestible, innutritive substances, such as chalk, slate, coal, etc. Addison has described cases of anæmia occurring without any obvious causation, accompanied by general debility which progressively increases, at length ending fatally without appreciable lesions of any of the vital organs. Cases of this kind are occasionally met with, especially in hospital practice. Addison distinguishes them as cases of "idiopathic fatal anæmia." In a certain proportion of these cases, the surface of the body, to a greater or less extent, assumes a dark discoloration or a bronzed appearance, and in several successive cases the suprarenal capsules were found to be more or less disorganized. Addison inferred from these facts a pathological connection between disease of the suprarenal capsules, and the bronzed hue of the skin. Clinical observation, however, shows that the two events are not uniformly associated.

In a large proportion of the cases in which anæmia exists, it is incidental to, or a pathological element of, some other affection. And, as thus associated, it may, or may not, claim the special attention of the practitioner. Of the great number of diseases with which it is connected either constantly or frequently, the following list will embrace the more prominent.

1. Tuberculosis.—Anæmia is generally early developed in tuberculous affections, and may precede the deposit of tubercle.

2. Carcinoma.—The pale, waxy, or straw-colored complexion which characterizes some cases of carcinomatous disease, denotes anæmia.

3. The affections embraced under the name Bright's disease.—Associated with œdema of the face, the pallid complexion of anæmia becomes quite characteristic of these affections. The blood-changes which belong to these affections (to be hereafter considered) lead to diminution of the red globules.

4. A host of affections which involve expenditure of other constituents of the blood than the corpuscles, *i. e.*, constituents of the *liquor sanguinis.* Such as chronic dysentery and diarrhœa, chronic pleurisy, purulent formations in any part of the body, leucorrhœa, etc.

5. Affections which involve loss of corpuscles, or hemorrhage, or menorrhagia, hæmorrhoids, hæmatemesis, etc.

6. Affections compromising the assimilative functions by occasioning indigestion, vomiting, loss of appetite, etc.

7. Certain affections of the liver, and especially cirrhosis. It has been supposed that the red globules are produced within the liver. If this be true, diseases of this viscus may lead to their diminution by interfering with their production. But in cirrhosis this effect is due, in a measure, to the obstruction to the introduction of fresh alimentary supplies brought by the portal vein.

8. The periodical fevers, if protracted.—The special cause of these fevers may induce anæmia even where the fevers are not developed. Persons inhabiting regions called malarious are apt to become anæmic, although they do not experience fever.

Certain mineral substances introduced into the system lessen the red globules in a notable degree. This is true of lead. Anæmia is a pretty constant element of saturnine diseases; and it is observed in persons exposed to lead emanations before becoming affected with the characteristic diseases. The same is true of mercury. Mercurialization quickly reduces the quantity of red globules in a marked degree.

The diagnostic criteria of anæmia are: *First*, deficiency of the normal coloration of the surface, due to the coloring principle which belongs to the hæmatin in the red globules. The defective color, or pallor, is most manifest on the face, and especially the prolabia; it is also apparent on the inner surface of the mouth and on the tongue. *Second*, weakness of the vital organs such as observation shows to be a consequence of paucity of the red globules. *Third*, more or less of the phenomena pertaining to the nervous system which have been mentioned. *Fourth*, the presence frequently of obvious adequate causes, such as loss of blood, lactation, frequent childbearing; or, of the affections to the natural history of which anæmia belongs. *Fifth*, the microscopical appearance of the blood, the red globules appearing to be fewer than in health. *Sixth*, the evidence afforded by a quantitative analysis; but this is too difficult to be available for ordinary clinical purposes.

To the foregoing is to be added a physical sign which, when present, is found to be associated generally with anæmia; viz., a bellows murmur at the base of the heart and in the larger arteries, the carotid, subclavian, etc. This murmur accompanies the first or systolic sound of the heart, and is usually soft. To constitute evidence of anæmia, there must be wanting the signs of organic lesions of the heart and large vessels. In conjunction with this murmur, in certain cases, a continuous humming sound, sometimes musical, is heard when the stethoscope is applied over the neck, especially on the right side, due to the movement of the blood in the veins, called the venous hum, or, after the French, the *bruit de diable*. These murmurs are distinguished from those denoting lesions, as inorganic or anæmic murmurs. They are by no means present in all cases of anæmia; in fact, they are oftener wanting than present. Their absence, therefore, affords no proof that anæmia does not exist, but, when present, they denote a blood-change into which paucity of the red globules enters.

With reference to therapeutics, anæmia constitutes a special indication for treatment when it occurs independently of other affections, or when it is associated, as a prior and causative morbid condition, with disorders of the nervous system. When it is an element of other affections it contributes, in a greater or less degree, to their pathological effects, and claims a certain share of attention. When it exists alone, or with disorders to which it has given rise, it is generally a remediable condition; but it is otherwise when associated with such affections as tuberculosis, carcinoma, Bright's disease, etc. When it is the chief condition to be met therapeutically, the first points are to ascertain and remove, if practicable, the cause or causes on which it depends. The next point is to employ measures to restore the normal quantity of red globules. These measures consist of, *first*, a nutritious alimentation, into which meat should enter largely; *second*, the use of tonics and stimulants to render the digestive functions more active; *third*, iron as a special remedy—the effect of which is often remarkable; and, *fourth*, a regimen calculated to increase the energy of the assimilative functions, consisting of exercise in the open air, recreation, etc. These different measures are, of course, to be combined. As the anæmic condition may coexist with any disease; in other words, as persons affected with anæmia may contract a variety of diseases, its existence or otherwise is always to be considered, and its coincidence with different diseases may modify materially their treatment. Bloodletting, and other measures which tend to impoverish the blood, as a rule, are injudicious, whatever may be the disease, if it occur in an anæmic subject. And measures addressed to the anæmia may be called for in certain cases of disease, when, occurring in a person not anæmic or plethoric, the same disease might claim measures of a quite different character.

When simple anæmia exists, and the cause producing it has ceased, as after a hemorrhage, the reproduction of red globules under efficient measures of treatment is rapid. Robin says, after bleeding an animal largely, the return of globules may be almost observed from hour to hour. Simon states that in the case of a chlorotic girl, analysis of the blood gave of globulin, in a thousand parts, 30.860, and of hæmatin 1.431. In seven weeks, during which period she had taken two ounces of the tincture of iron and sixty-four grains of the metal, the proportion of globulin had increased to 90.810, of hæmatin to 4.598. "Before, she was pale and her lips colorless; now she presented really a blooming appearance." In two cases given by Andral and Gavarret, the red globules were increased under the use of iron, in one case from 46 to 97, in a thousand parts in four weeks, and in the other case from 49 to 64 in three weeks. Pure anæmia, with our present knowledge of tonic and analeptic medication, affords an excellent opportunity to display the resources of medical art.

Of the manner in which the causes of anæmia, exclusive of hemorrhage, occasion diminution of the red globules, all that can be said, with our present knowledge, is, that they generally appear to act by impairing the *liquor sanguinis*. Further than this the pathologist cannot go until the physiologist explains how the red globules are formed from the elements of the blood-plasma in health.

Anæmia is of more frequent occurrence in the female than in the male. One reason for this is, the normal proportion of red globules is somewhat larger in the male. Another reason is, of the causes giving rise to this morbid condition, several are peculiar to females, viz: menorrhagia, leucorrhœa, lactation, and child-bearing.

CHANGES IN CONFORMATION AND COMPOSITION OF RED GLOBULES.

The foregoing morbid conditions relate to the quantity of the red globules. The question now arises, whether these bodies are not liable to changes as regards their conformation and their composition.

The red globules have a definite form and size, with a certain range of variation within the limits of health. They are circular and bi-concave, with a regular contour. In size they vary from $\frac{1}{5000}$ to $\frac{1}{3000}$ of an inch in diameter. Anatomists are not agreed whether they are cells or solid bodies. They are generally regarded as cells; but Robin, one of the most distinguished of the microscopists of the present time, regards them as solid bodies. When brought into contact with different substances out of the body, they are found to be readily altered in form, size, and, of necessity, in composition. They imbibe water by endosmosis, becoming swelled and globular. In some fluids they part with a portion of their water by exosmosis, becoming indented, losing their regular contour, and sometimes presenting a wrinkled appearance over their whole surface. The latter changes occur when they are contained in urine. They may be witnessed under the microscope by adding a few drops of perspiration. Again, they are composed of several constituents, the more important being an albuminous substance externally, forming the cell-wall in the opinion of those who regard them as cells—a substance within, in which resides the coloring matter, called hæmatin—iron, fatty matter, etc. Now, the form, size, and composition of these organized bodies are doubtless adapted to certain physiological ends of more or less importance in the economy. And, since they are so easily altered out of the body, it may be inferred that changes in the liquid in which they are suspended (the liquor sanguinis) must, of necessity, give rise to various alterations of their size, form, and composition. This is a rational supposition; but, in the existing state of our knowledge, pathology is wanting in ascertained facts. The effects of various reagents out of the body have been studied; but the circumstances in the living body are so widely different, that we cannot infer the same effects to be produced, when the same reagents are administered as remedies, or to lower animals for the sake of experiment. Indeed, experiments of injecting into the bloodvessels various substances have shown the results to be different from, and sometimes quite the reverse of, those produced by applying the same substances out of the body. Future researches may lead to discoveries which will be found to have important pathological bearings; but at present no positive conclusions are warrantable.

A morbid condition of the red globules incident to inflammation may be here noticed. These bodies appear normally to exude a viscid or sticky substance in small quantity. This causes them to adhere in rolls or piles, presenting under the microscope an appearance compared to that of rows of coin. In the morbid state of the blood which attains in inflammation, this exudation takes place in an abnormal quantity; hence, there is a notable tendency to adhere in rows. A drop of blood under the microscope may thus furnish a diagnostic sign of inflammation.

APNŒA.

The blood contains in health certain gases, viz., oxygen, carbonic acid, and nitrogen. The red globules are supposed to be the agents which absorb and transport these gases. Oxygen and carbonic acid are received and expelled through the medium of the lungs, the interchange of gases with the atmosphere being necessary to the perfection of the blood, and constituting the function called HÆMATOSIS. When these processes are interrupted, the normal condition of the blood, as respects the gases first named, is exchanged for a morbid condition. The blood does not undergo the conversion from venous into arterial; it presents, in the arteries, the dark color, and essentially the composition and properties of venous blood. It is incapable of sustaining life. This morbid condition of the blood has been called *asphyxia*, a term signifying absence of pulse; a more correct term, now more frequently used, is apnœa, signifying deficiency of breath. Any cause impeding respiration may occasion apnœa. It is the mode of dying in the fatal cases of a considerable number of diseases.

Deficiency of oxygen is the essential feature of apnœa, giving rise to phenomena which will be considered under the head of modes of dying. An excess of oxygen in the blood is probably never an element of disease. An excess of carbonic acid obtains whenever the respiratory function is compromised, and this is an element of apnœa. It is difficult to say what pathological effects are due to an accumulation of carbonic acid, and what to deficiency of oxygen, but the latter undoubtedly has the larger amount of agency in giving rise to the phenomena of apnœa.

With our present knowledge of nitrogen in the blood, nothing is to be said of its pathological relations.

LEUCOCYTHEMIA.

Of the known morbid conditions affecting the organized or corpuscular constituents of the blood, those which relate to the red globules are the most frequent. There is but one morbid condition relating to the white or colorless globules as yet ascertained; this consists in their abnormal multiplication. The white globules are spherical bodies larger than the red globules, nearly double in size, and relatively vastly less numerous. It is estimated that in health they are in the proportion of one to every one, two, or even three hundred red globules. An important point in its pathological bearing is their resemblance to the pus globule. So closely do the two resemble each other that the most practised microscopical observers declare their inability to distinguish the one from the other. Robin and others regard them as essentially identical, and, as already stated, include both under the name leucocytes.

For our knowledge of the morbid condition consisting in an increase of the number of the white globules, we are indebted to the microscope. The existence of such a condition was pointed out by two microscopical observers who were led to the discovery, independently of each other, in the same year (1845), viz., Bennett and Virchow. Virchow designated the condition *Leucæmia*, a term signifying white blood. Bennett applied to it the name *Leucocythemia*, signifying white blood-cells. The latter is the better term, and is in common use. Both observers at first supposed the abnormal appearance of the blood to be due to the presence of pus.

A certain amount of increase in the number of white globules is not uncommon in various affections. In order to constitute leucocythemia, the increase should be considerable, amounting to a ratio of, at least, 1 to 20 of the red globules. Cases have been observed in which the ratio was much larger than this, amounting to an equal number of both, and the white even preponderating over the red globules. In all cases the red globules are diminished, and the relatively morbid disproportion is owing in part to this fact. In well-marked cases the gross appearance of the blood undergoes a notable change. It acquires a reddish-gray or a chocolate color. This is particularly observable, after death, in the blood contained in the cerebral veins and sinuses.

This morbid condition of the blood is associated very constantly with enlargement of the spleen, frequently with enlargement of the liver, and in a certain proportion of cases the lymphatic glands of the neck, axilla, groin, etc. become more or less enlarged. A distinction has been made by Virchow into splenic and lymphatic leucocythemia, the former being characterized by enlargement of the spleen, and the latter by enlargement of the lymphatic glands. It is stated that the lymphatic variety is also characterized by notable augmentation of the small white bodies called globulins; these are also increased in number, but in a less degree, in the splenic variety. A pathological connection of some sort undoubtedly exists between the enlargement of the parts just named and the morbid condition of the blood. What the nature of this connection is, with our present knowledge, can only be conjectured. Bennett regards these and other ductless glands as agents for the production of the corpuscular constituents of the blood, and supposes that the red globules are, in fact, the free nuclei of the colorless globules. Hence, he concludes that leucocythemia is due to disturbance of this blood-function of the ductless glands, in consequence of which the white globules, not being transformed into the red, get into the circulation in a morbidly increased quantity. According to Bennett, disease of the thymus, thyroid, and suprarenal bodies may give rise to leucocythemia, these, together with the pituitary and pineal glands, being in his view concerned in the production of the blood-globules. These views are at present to be received as hypothetical. It is to be remarked that enlargement of the spleen and lymphatic glands occurs frequently without leucocythemia, while the latter never occurs without the former. It would seem, therefore, that if they sustain to each other the relation of cause and effect the leucocythemia is the effect rather than the cause. Both, however, may be concomitant effects of a pathological condition as yet unknown.

Patients affected with leucocythemia are, as already stated, anæmic. They present the pallor of anæmia, together with the phenomena symptomatic of that condition. Febrile movement characterizes certain cases, and in these cases the vital forces are rapidly impaired, and death takes place by exhaustion. Diarrhœa is apt to occur in this class of cases. Other cases are characterized by hemorrhages occurring from the nasal passages or in other situations; and these may be sufficiently profuse to prove the immediate cause of death. Dyspnœa, independently of any appreciable lesions of the chest, has been observed. Diminution of the vital forces, progressing more or less rapidly, belongs to the history of this condition, ending fatally sooner or later. It is doubtful if recovery ever takes place in cases in which the condition is well marked. The average duration before a fatal result is estimated by Trousseau to be about thirteen or fourteen months.

This condition may be suspected when the appearance and other phenomena of anæmia are associated with considerable enlargement of the spleen or lymphatic glands. It is, however, to be borne in mind that simple anæmia may occur under these circumstances without leucocythemia. Enlargement of the spleen, as is well known, occurs in a certain proportion of cases as a sequel of intermitting fever, and anæmia generally coexists; but observation shows that leucocythemia is developed very rarely in these cases. The diagnostic criterion is the evidence of the augmented number of white globules afforded by microscopical examination of the blood. Several specimens should be examined under the microscope; and it is to be recollected that to constitute leucocythemia the proportion of white to red globules should at least be as great as 1 to 20.

The question arises, whether there are sufficient grounds to consider this morbid condition as constituting a special disease, or whether it is to be regarded as merely incidental to other affections. That it is a morbid condition of grave import, is certain; but how much importance belongs to it *per se*, is uncertain. With our present knowledge, we are not warranted in considering it as more than a pathological element of a cachexia, the essential nature of which remains to be determined. The pathologist may expect to be able to understand more fully the nature of this morbid condition when physiologists have established the source and the functions of the white globules of the blood. Robin remarks that leucocythemia is a return to the fœtal state as regards the predominance of these bodies, they being much more abundant in embryonic life, and that this fact affiliates this morbid condition with certain morbid growths characterized by a hypergenesis of anatomical elements which are more abundant in the fœtus.

A third constituent of the blood, belonging to the class of corpuscular elements, is called, after Donné, globulins. These minute, spherical bodies, found also in chyle and in the liquid contained in the lymphatic vessels, are notably increased in certain cases of leucocythemia. This single fact is all that is at present known respecting them as entering into morbid conditions.

CHAPTER V.

MORBID CONDITIONS OF THE BLOOD—(CONTINUED.)

Morbid Conditions relating to Fibrin, Hyperinosis, Hypinosis—Pathological Facts concerning Coagulation of the Blood—Buffy Coat—Coagulated Fibrin within the Cavities of the Heart—Coagulated Fibrin within the Bloodvessels—Embolism—Thrombosis—Morbid Conditions relating to Albumen—Dropsy as dependent on Diminution of Albumen—Morbid Conditions relating to Water in the Blood—Hydræmia.

HAVING considered, in the preceding chapter, the morbid conditions relating to the organized or corpuscular elements of the blood, it remains to consider morbid conditions relating to the other two divisions of blood-constituents, viz., the organic and mineral substances which enter into its composition. Directing attention to the constituents distinguished as organic, the more important of these are *fibrin* and *albumen*. What are the known morbid conditions relating to these constituents? Proceeding to answer this inquiry, the morbid conditions relating to fibrin will first claim attention.

The fibrin is that portion of the liquor sanguinis, or blood-plasma, which solidifies when the blood is withdrawn from the vessels. In its normal state it is a liquid. It solidifies by an inherent process called *coagulation*. It forms the coagulum or clot which is observed when a quantity of blood is drawn into a vessel and allowed to remain for a few moments. In the process of coagulation, the corpuscular elements become imprisoned, and are retained within the clot; hence the red color. Separated from the corpuscles and other constituents, it is an elastic substance, more or less resisting to pressure, and, examined microscopically, presents an abundance of minute filaments irregularly distributed and interlaced, forming a reticular arrangement: this is called fibrillation. With respect to its sources and uses, physiologists are not agreed; some regarding it as transformed albumen, and constituting, *par excellence*, a nutritive element of the blood; while others suppose it to be effete matter which is to be excreted. The coagulable lymph exuded in certain inflammations is essentially fibrin, and this is probably the basis of all the exudates. With respect to its capability of becoming organized, after it has exuded and coagulated, pathologists differ, as has been already stated in treating of exudations. In view of the indeterminate state of our knowledge of fibrin, in its physiological relations, the amount of our knowledge of it in a pathological point of view must needs be limited. The only morbid conditions as yet well ascertained have reference to the quantity of fibrin. In certain diseases the fibrin is increased, and in other diseases it is diminished in quantity.

HYPERINOSIS.

An abnormal increase of the fibrin of the blood constitutes a condition called after Simon, *hyperinosis*. This condition characterizes acute inflammations. The average proportion of desiccated fibrin in health is about two and a half in a thousand parts. In different cases of acute inflammation, the increased proportion is found to vary from three to twelve parts in one thousand. Cases of acute articular rheumatism present the largest increase of fibrin; pneumonitis ranks next as regards this feature, and capillary bronchitis next. The increase of fibrin is not found to bear any relation to the previous health and vigor of the patient; it is not less in the feeble and sickly than in the strong and vigorous, when attacked with acute inflammation. The increase takes place when inflammation is developed as an intercurrent affection in the course of diseases in which, if not complicated with inflammation, the fibrin is diminished, *e. g.*, the continued fevers. The hyperinosis has not been ascertained to precede the development of inflammation. The latter is not the effect of the former. The converse is probably true; but, with our present knowledge, it is better to say that the augmentation of fibrin is a concomitant of inflammation, a pathological connection of some kind existing between them. We know too little of the physiological relations of fibrin to understand the nature of this pathological connection.

Not knowing the nature and extent of the pathological relations of hyperinosis, it is difficult to decide, upon rational grounds, how far this element of inflammation is a source of therapeutical indications. Bloodletting is found to increase the fibrin of the blood, and, hence, is not an appropriate remedy for inflammation so far as this element is concerned. Animal diet in health more than vegetable renders the fibrin abundant, hence, theoretically, farinaceous food is suited to the treatment of inflammation. But in starving animals the fibrin increases above the normal proportion; *ergo*, a great reduction of diet is not suited to the treatment of inflammation. The supposed action of certain remedies in diminishing the fibrin of the blood appears to be based on the power of effecting the solution of fibrin out of the body. These effects are quite different. The fibrin in the blood is in a liquid state, and its diminution has nothing in common with its solution after coagulation has taken place. To preserve in the vascular system the liquidity of fibrin, in other words, to prevent coagulation within the heart or vessel, is an object in therapeutics, as will be presently seen.

HYPINOSIS.

An abnormal diminution of fibrin is called after Simon, *hypinosis*. This is less frequent than an increase of fibrin, but it probably constitutes a graver morbid condition. It occurs frequently, not constantly, in the continued fevers, provided they are not complicated with acute inflammation of any part. As a rule, the diminution of fibrin is progressive as fevers advance in their career; and the amount of diminution is in proportion to the degree of exhaustion of the vital forces, or adynamia. In the frequent occurrence of hypinosis in these fevers, we have a ground of pathological distinction between them and inflammations.

The decrease of fibrin does not occur as frequently in the eruptive fevers. In variola the quantity is generally above the normal average, which is attributable to the cutaneous inflammation. In rubeola it is neither increased nor diminished. In scarlatina it is usually a little below the normal average. It is not diminished in intermitting fevers.

It is difficult to say how far, if at all, the state of hypinosis constitutes an indication for treatment in the continued fevers. It is not improbable that the importance of animal food in these fevers may have relation to this state, and it has been conjectured that the mineral acids are useful in consequence of their tending to increase the quantity of fibrin in the blood.

QUALITATIVE CHANGES OF FIBRIN.

The foregoing changes, relating to fibrin, are quantitative. Qualitative alterations are inferred, but they have not been satisfactorily ascertained. It may be rationally concluded that certain morbid characters in exudations denote perversions of fibrin, but the latter have not been demonstrated; for example, the tuberculous exudation has been considered as morbidly changed fibrin. And this view may be probable, but, in the present state of our knowledge, it is hypothetical. The existence of prior blood-changes of any kind, in this or any other exudation, has not yet been proven. In short, we have no positive knowledge of morbid changes in the quality of the fibrin of the blood, nor is this knowledge easily obtained, since the characters of this constituent, as it exists in the *liquor sanguinis*, are with difficulty studied. It is obtained, isolated from other constituents, only when coagulated, and it is then in an abnormal state. It is not certain that variations observed in coagulated fibrin, either within or without the vessels, represent morbid changes which existed when it was liquid and in circulation.

COAGULATION OF BLOOD WITHOUT AND WITHIN THE BODY.
HEART-CLOT—EMBOLISM—THROMBOSIS.

Certain of the phenomena pertaining to the coagulation of the blood, without and within the vascular system, are not only interesting, but important in their pathological relations. When healthy blood is drawn from a vein in a full stream into a vessel of suitable size and form, for example, an ordinary quart bowl, the fibrin coagulates within a period varying from five to twenty minutes. In the process of coagulation the organized elements or corpuscles become entangled in the meshes of the fibrin, and, when the process is completed, we have a division of the mass into two portions, viz., the coagulum or clot consisting of the fibrin and containing the red and white globules, and a liquid called serum, which holds in solution albumen together with other organic and certain saline ingredients. The clot is usually more or less reddened throughout by the presence of the red globules. The serum may also be reddened by hæmatin, or it may be transparent. The size, form, and appearances of the clot were formerly supposed to furnish very valuable pathological indications, and the treatment of diseases was in a great measure based thereon. Valuable information may in some instances be derived from this source, but less than was supposed before the process was as well understood as it now is.

As regards the time occupied by the process of coagulation, there is some variation, under precisely similar circumstances, in different persons in health. It differs in different diseases, and it is affected by a variety of extrinsic circumstances. Other things being equal, the coagulation in cases of acute inflammation is slow. In proportion as the powers of life are reduced, the process is rapid. An abnormal quantity of carbonic acid retards it. If blood be retained for some time in the veins, after the ligature is applied for venesection, before the vein is opened, the coagulation is slow. It is slow if the blood be abnormally aqueous. Alkalies introduced into the veins, or mixed with blood after it is drawn, impede and may arrest the process. Hence, it may be inferred that, under certain conditions of disease, excessive alkalinity of the blood may cause delay in coagulation, or account for the blood remaining fluid. The process is also retarded by sugar, casein, and albumen introduced into the blood. It thus appears that diverse conditions of the blood, irrespective of the quantity of fibrin, may affect the time occupied by the coagulation, and even prevent it from taking place. When, therefore, the blood remains fluid, as it does after death in certain diseases, this may not be owing to a deficiency of fibrin, but because morbid conditions interfere with the process of coagulation. And, hence, the quantity of coagulated fibrin may not represent the actual proportion contained in the blood-plasma.

Coagulation does not always occur after death in persons destroyed by lightning, and the electric current passed through healthy blood when drawn from the vessels causes it to remain for a long time fluid. In animals destroyed after prolonged muscular exertion, as when hares are hunted to death, the blood remains frequently, not invariably, fluid. This is true in certain cases after death by apnœa. Fluidity of the blood after death from fevers of a low form is sometimes observed.

But various extrinsic circumstances affect coagulation. It takes place when blood is drawn in a full large stream less rapidly than if it flow slowly through a small orifice. When it trickles away it may coagulate almost immediately. It takes place more rapidly if the blood be agitated than when it is allowed to remain at rest. The blood which flows last during a venesection coagulates more rapidly than that which is first received; and the process is more rapid when the blood is received into a wide and shallow vessel than in one deep and narrow. The process is more rapid if the blood be received into a warm than into a cold vessel, and if the inner surface of the vessel be rough or irregular than if it be smooth.

The size of the clot is, in general, larger the more rapid the coagulation, but it is usually under these circumstances soft, loose, and friable. Conversely, if the coagulation be slow, the clot is apt to be small and firm. These points of difference may not depend on the quantity or quality of the fibrin. In a rapid coagulation the globules are diffused throughout the mass, and this renders it large and soft; but if the process be slow, the globules subside to the bottom, and, under these circumstances, the lower part of the clot is always larger and softer than the upper. If the process be rapidly completed, considerable serum is retained in the meshes of the fibrin; if slowly, the serum is squeezed out, and hence the clot is smaller and firmer. But the quantity of fibrin and the force of its contraction are by no means unimportant in determining the size and consistence of the clot. A large and firm clot denotes an abundance of fibrin, and also a faculty belonging to coagulated fibrin, viz., contraction. A large and soft clot, on the other hand, denotes not an excess of fibrin, but a rapid coagulation which entangles the globules before they gravitate, and but little power of contraction in the fibrin. The former characters of the clot are characteristic of inflammation, the latter of fevers and cachectic affections.

Under certain conditions, the upper portion of the clot presents a layer, more or less deep, of fibrin which is devoid of the red globules. This layer is of a grayish-white color, and has the characters of fibrin isolated from the other blood constituents. It is called the *buffy coat* or *crust*. Great importance has been attached to it as evidence of acute inflammation, and as denoting the propriety of active antiphlogistic measures of treatment, more especially blood-letting. The circumstances under which it may occur were not formerly fully understood, and, consequently, it has heretofore led to much error, and given rise not unfrequently to injurious practice. The preceding considerations will prepare for an explanation of the buffy coat and for an appreciation of its pathological significance.

Two conditions are specially favorable to the production of the buffy coat, viz., slowness of coagulation and excess of fibrin. The specific gravity of the red globules is greater than that of the liquor sanguinis; therefore, the former sink in the latter. This fact is always illustrated in a clot; the lower portion is rendered black and friable by the abundance of globules which have gravitated, while the upper portion contains a much smaller number. Now, if coagulation be sufficiently retarded, all the red globules gravitate below the upper portion, and it is then white or buff-colored, that is, it is pure fibrin, in other words, the buffy coat. It is evident that this coat or crust of fibrin devoid of red globules will be deep in proportion to the abundance of coagulated fibrin. Slow coagulation of the blood and an excess of fibrin characterize acute inflammation. Hence, the buffy coat occurs in cases of acute inflammation, and blood presenting it has been styled "inflammatory blood."

But other circumstances may give rise to the buffy coat. If the serum be thin and watery, the specific gravity of the red globules becomes relatively greater, and they sink more rapidly. And if the red globules are much reduced in number, the upper portion of the clot is devoid of them in consequence of their paucity; the proportion of fibrin to the globules is relatively increased, although the former be not actually more abundant than in health. A buffy coat may be produced under these circumstances which denote morbid conditions of the blood quite the reverse of those belonging to acute inflammation. This fact was not formerly known, and how often patients already suffering from the morbid conditions of the blood which bleeding tends directly to increase, have been bled over and over again because the blood presented a buffy coat, they whose retrospections extend backward a quarter of a century can best judge. Bloodlettings under the circumstances just stated favor more and more the production of the buffy coat. The various circumstances, already stated, which either retard or promote the process of coagulation will of course either favor or prevent the formation of a buffy coat, such as the rapidity of the flow of blood, size of the vessel, etc.

The cupped appearance of the clot was formerly supposed to indicate intensity of inflammation. Buffed and cupped blood was considered as highly inflammatory. The concavity of the upper surface or cupped appearance after the lapse of several hours is due to the force of the contraction of the fibrin and the absence of the red globules. Owing to the gravitation of the globules when the buffy coat is formed, it is of less diameter than the lower portion of the clot which contains the globules. Now, the continuity of the exterior of the buffy portion with the portion below limits the contraction of the superficies, while the central part, not thus mechanically restrained, sinks inward, and, hence, the concavity or cupped appearance. A cupped clot, then, necessarily involves a buffy coat, and it occurs whenever the latter is present, and the force of contraction of the coagulated fibrin is sufficient. The latter condition is not peculiar to "inflammatory blood." It occurs in chlorosis and other non-inflammatory affections, and it is not, therefore, a criterion of inflammation. The concavity or cupped form of the clot causes it to swim in the serum. It is buoyed up like any hollow vessel, otherwise the density of the clot causes it to sink in the serum of the blood.

In discriminating the buffed and cupped appearance of the blood as denoting inflammation, or otherwise, the size and consistence of the clot are important. A large, firm clot which is buffed and cupped is highly significant of inflammation. On the other hand, the buffed and cupped clot incident to impoverished blood is small in size, and probably less firm. Does buffed and cupped blood, when it denotes an excess of fibrin, constitute an indication for bloodletting? Certainly not, for bloodletting tends to increase the fibrin and diminish the globules. The propriety of bloodletting must therefore rest on other grounds.

Thus far reference has been had chiefly to coagulation of the blood withdrawn from the body. It may take place in the body, *first*, after having been effused, *i. e.*, outside of the vessels; and, *second*, within the vascular system. Blood extravasated into serous cavities, upon mucous surfaces, and into the substance of organs, may form coagula or clots. These will enter into the consideration of the individual diseases which involve hemorrhage into the different situations just named. But coagulation within the vascular system may be briefly considered in this connection.

Coagulation may take place during life in the cavities of the heart and in the vessels. Certain of the concretions or vegetations so called, which are found on the valves and at the orifices of the heart, consist of fibrin deposited, not exuded; in other words, they are small coagula derived from the blood within the cavities. This takes place when the surface at certain points is roughened by the exudation of lymph or by the deposit of atheroma or calcareous matter. Perhaps it may occur without any previous alteration when the blood is surcharged with fibrin, as in cases of acute articular rheumatism. It occurs in endocarditis, being due in part to the roughening of the membrane by exudation, and in part to the excess of fibrin in the blood. These small coagulated deposits are found in the left cavities of the heart especially, since inflammation and valvular lesions are of much more frequent occurrence in these than in the right cavities, and arterial blood contains more fibrin than venous blood.

The fibrin deposited in the manner just stated may accumulate so as to form masses as large as a pea, or bean, or even a filbert. They occasion obstruction in proportion to their volume and weight, and they are liable to be torn off by the current of blood and carried into the circulation. They constitute then emboli or plugs, which, carried along the arterial branches with the flow of blood, at length reach a situation where the size of the vessel prevents their passage. Arrested at this situation they obstruct the flow of blood, and may thus give rise to pathological effects dependent on the sudden interruption of the circulation in the parts to which the obstructed vessel is distributed. Much attention of late years has been directed to this source of arterial obstruction, called embolia or embolism. Apoplectic seizures and paralysis are sometimes attributable to an obstruction of an important cerebral artery thus produced. Emboli or plugs have been found after death fixed in arteries of the brain and in other situations, and they have been found to be similar, as regards their gross and microscopical characters, to coexisting fibrinous deposits within the cavities of the heart.

Coagula in greater or less abundance are usually found in the cavities of the heart after death. These have been called "death polypi." They are found especially in the right cavities, because the blood accumulates in greater quantity in these cavities. The coagula are in general formed either after death or during the act of dying; but they may be formed during the progress of diseases; and a sudden and unexpectedly fatal termination, in certain cases, is due to their formation. The accumulation of blood in the right cavities in some cases in which the heart becomes largely dilated may lead to coagulation, and sudden death occur in consequence. So, when the action of the heart is nearly, or, for a brief period, quite suspended in syncope, this may sometimes occur. It is in this way that Prof. Meigs explains certain cases of sudden death occurring after parturition. The occurrence is a species of accident which may take place in various diseases involving over-accumulation of blood in the heart-cavities, weakness of the ventricular contractions, an overplus of fibrin, or a condition of the blood favoring coagulation of the fibrin. In pneumonitis it occurs not very unfrequently, owing to the high degree of hyperinosis, and the obstruction to the pulmonary circulation.

Can the coagula formed in the cavities of the heart under the circumstances just stated be discriminated from those formed after death or during the act of dying? The loose, friable, dark coagula so often found are *post-mortem* formations. And if the fibrin be isolated, but soft, not adherent nor closely intertwined with the papillary muscles and tendinous cords, it may have coagulated during the last moments of life. But if the fibrin be isolated from the red globules, dense, adherent or closely intertwined with the papillary muscles and tendinous cords, the coagulation has probably taken place at a period more or less remote from the act of dying, and the fatal termination may be attributable to it. The sudden occurrence, during the progress of a disease, more especially pneumonitis, of great irregularity and feebleness of the heart's action, with dyspnœa, oppression, anxiety, death taking place after the lapse of a few hours from the notable change in the symptoms, and no other cause for the change being apparent, should lead to a strong suspicion of the occurrence of this accident.

The liability to this accident in pneumonitis and other diseases suggests, of course, the inquiry whether measures to guard against its occurrence are available. Why the fibrin retains the liquid state within the vascular system has long been a mooted and obscure question in physiology. Recently, Dr. Richardson, of London, has endeavored, by a large number of ingenious experiments, to show that it is due to the presence of ammonia in the blood. Accepting this explanation as probably true, ammonia is now frequently given as a remedy with a view to maintain the liquidity of the fibrin in the blood in cases in which there may be reason to fear the formation of heart-clots.

Coagulation may take place in the bloodvessels. It occurs in aneurismal dilatation of arteries. The sac in aneurisms is frequently lined with successive layers of dense fibrin. The coagulation is here due to accumulation and stasis of blood. It occurs in phlebitis. The inflammation occasions a coagulum either from the direct action of the inflammatory products on the blood, or by altering the condition of the interior surface of the vein, or by both effects combined. The inflamed vein is frequently filled by a clot, and may be permanently obliterated. This occurs in the affection known as phlegmasia dolens. Coagulation in the cerebral sinuses is supposed to be a cause of serious disorder of the intra-cranial circulation in some cases, giving rise to hemorrhage and serous effusion. Coagulation in the small vessels of the lower extremities is an element in dry gangrene or gangrena senilis, due to weakened circulation and a morbid condition of the arteries. In cachectic persons coagulation may take place in the deep-seated veins of the extremities, or within the pelvis, without phlebitis. The pressure of a tumor upon a vein may cause stasis sufficient to give rise to coagulation. The immediate effect of coagulation in a vessel is obstruction to the circulation according to the size and situation of the vessel. And as consequences of this obstruction arise œdema, coldness, weakness of the parts, wasting, and sometimes gangrene. The presence of the clot sometimes excites local inflammation and suppuration, acting like a foreign substance. In some instances the formation of a coagulum leading to obliteration of a vein may be useful, as in cases of varicocele, hæmorrhoids, and varicose veins of the extremities. Coagula forming in veins either from phlebitis or other causes may be carried along with the current of blood, or fragments may be separated and transported, and, passing into the right cavities of the heart, be driven into the pulmonary artery, and give rise to obstruction of this vessel or its branches. Sudden death may be produced by a mass of fibrin sufficient to cause plugging of the pulmonary artery; and local inflammation, with suppuration, may occur from the presence of smaller masses in the branches of this artery. This variety of embolism has been called *thrombosis*, and the movable plugs thus derived from the veins are called *thrombi*. It will be seen that emboli formed in the left cavities of the heart, or in the arteries, produce obstruction in the arterial tree of which the aorta is the trunk, while the emboli formed in the veins, or thrombi, produce obstruction in the pulmonary arterial system.

INCREASE AND DIMINUTION OF ALBUMEN.

Having considered the pathological relations of fibrin, I pass to the other of the two most important organic constituents of the liquor sanguinis, viz., *albumen*. This exists in the serum of the blood after the separation of fibrin. It exists normally in a liquid state. It does not, like fibrin, coagulate spontaneously, but may be coagulated by heat or the addition of mineral acids, and is then presented as a white deposit. It is found also in chyle, lymph, dropsical effusions, and in various fluids of the body. It is much more abundant in the blood than fibrin, existing in the proportion of from 60 to 70 parts in 1000. The serum of the blood owes to it much of its density, which, in health, is represented by about 1030. Albumen is doubtless a very important constituent of the blood, but its precise physiological uses and relations are not satisfactorily ascertained. There is reason to believe that it furnishes the pabulum for the development and renewal of the organized or corpuscular constituents, and it undoubtedly constitutes the material for the nutrition of many of the tissues. It has been supposed that the fibrin is formed from the albumen. The two substances are nearly identical as regards their chemical composition.

Albumen is increased in certain diseases, viz., acute rheumatism, pneumonitis, pleuritis, etc. But, with our present knowledge, it is impossible to say how much pathological importance belongs to this fact. It does not appear to be uniformly increased in inflammations, as fibrin is. It has not, therefore, the same significance as a criterion of inflammation. In short, there are no known special pathological relations of an excess of albumen.

The pathological relations of an abnormal diminution of the quantity of albumen are more apparent. This constitutes an important condition incident to affections of the kidneys characterized by the presence of albumen in the urine, or albuminuria. This blood-constituent escaping constantly with the urine, the quantity in the blood is proportionately lessened. Hence the density of the serum is lowered. Bright reported a case in which the specific gravity of the serum was reduced, by a deficiency of albumen, as low as 1013.

An important morbid effect frequently follows diminution of the albumen, and thereby of the density of the blood. Aqueous or serous transudation is apt to occur in the interstices of the areolar tissue, giving rise to œdema and anasarca, and into the serous cavities. It thus occasions general dropsy. This effect is doubtless in a great measure due to the diminished density of the blood-serum; it becomes unduly aqueous, and filtrates more readily through the tissues. But it is probably in a measure due to an obstruction to the free passage of the blood through the capillary vessels. Experiments have shown that the presence of fibrin and albumen in the blood facilitates its circulation in the capillary system; hence, when the blood is deprived of a considerable portion of its albumen, it accumulates in the capillary vessels, and the increased pressure favors transudation, or dropsy.

Diminution of albumen has been observed in various cachectic affections, in some cases of inflammation, in typhus, notably in scorbutus, in puerperal fever, dysentery, etc. This condition occurs whenever the body is insufficiently nourished, either from too little or poor food, or defective appropriation from any cause; also, whenever there is an abnormal expenditure of blood-constituents, as in chronic diarrhœa, copious purulent discharges, etc. The loss of albumen does not bear any constant relation to the number of red globules. It is neither increased nor diminished in chlorosis or anæmia. Nor does it appear to sustain any relation to fibrin. Bleeding, which increases fibrin, appears to lessen albumen, but not in a marked degree.

Of morbid alterations of the quality of albumen we know nothing positive. That important changes in this point of view often do occur is highly probable. But in the present state of knowledge all is conjectural. When the physiologist develops further information respecting the uses of albumen in health, its metamorphoses and its relations to other elements of the blood and to the nutrition of the tissues, the pathologist may hope to understand better than now to what extent and in what modes it is involved in disease.

A substance analogous to albumen, distinguished by not coagulating under the influence of heat and imperfectly with the addition of nitric acid, is called *albuminose*. It exists in the blood in the proportion of 4 to 6 parts in 1000. It is found to disappear in the course of diseases in which albumen is diminished. It has no known pathological relations.

INCREASE AND DIMINUTION OF WATER.

Water constitutes a large proportion of the mass of blood, viz., about 790 of 1000 parts. Obviously a certain proportion is essential. If abnormally deficient or superabundant, evils are likely to follow, pertaining to the circulation and to changes in the blood itself. These morbid conditions of quantity are incidental to disease. It is doubtful if an excess of water ever occurs save as an incidental morbid condition. The quantity of blood, as already stated, is probably not subject to much fluctuations. It is, however, by no means probable, as stated by Lehmann and others, that the mass is never increased nor diminished. In phthisis and other wasting diseases it is undoubtedly diminished; and it is probable that the amount is sometimes increased. But, as a rule, its normal fluctuations are inconsiderable. If too much liquid be ingested and absorbed, the augmented pressure within the vessels causes exhalation from the pulmonary mucous membrane, the skin, and more especially into the uriniferous tubes of the kidneys, and the balance is speedily restored. On the other hand, if loss be sustained the deficiency is speedily made good by the absorption of water. In the latter mode the blood may become unduly watery, constituting *hydræmia*. If the globules are reduced in number, the space is filled with water. If albumen be drained away, the serum becomes watery. Hydræmia, therefore, is a substitution of more or less of the other constituents of the blood by water, and not the blood normally constituted, plus a certain amount of water. It is thus incidental to other morbid conditions of the blood. It is doubtful if water ever remains in excess, while the other constituents continue unaffected Deficiency of water in the blood in a notable degree is incidental to epidemic cholera. The density of the blood in this disease is greatly increased; it becomes thick, and is with difficulty circulated.

The morbid conditions and relations of several of the most important of the constituents of the blood have now been briefly considered, to wit, the red and colorless globules, or the organized elements, the fibrin and albumen of the liquor sanguinis, carbonic acid gas and oxygen, and water Numerous constituents yet remain to be noticed. Of these, some are organic, and others inorganic or mineral. Of the remaining organic elements, there are the fatty and extractive matters, sugar, and certain principles embraced under the head of excrementitious substances. In the next chapter I shall notice, briefly, these remaining constituents as arranged in the groups just named.

CHAPTER VI.

MORBID CONDITIONS OF THE BLOOD—(CONTINUED).

Morbid Conditions relating to Fat—Morbid Conditions relating to Sugar—Diabetes Mellitus—Morbid Accumulation of Excrementitious Principles in the Blood—Uræmia—Excess of Uric Acid in Gout, Uricæmia—Retention of Excrementitious Principles contained in the Vapor of Expiration—Retention of Excrementitious Principles contained in the Perspiration—Reabsorption of Bile, or Cholæmia—Cholesteræmia—Morbid Conditions relating to the Saline Constituents of the Blood.

INCREASE AND DIMINUTION OF FAT.

FAT enters into the composition of the corpuscular constituents and the liquor sanguinis, the average amount in the whole mass of blood being estimated to be a little over 2 in 1000 parts. The greater part is saponified, that is, in combination with alkalies. Of the fats which are non-saponifiable, with our existing knowledge, the most important is cholesterin. An excess of fat leads to the presence of oil-globules, or free fat, in greater or less abundance. These have been repeatedly observed in diseases. In health the blood-serum is turbid or milky for several hours after a full meal. This has been observed when venesection has been practised under these circumstances. It is due to the products of lacteal absorption which are at this time poured into the blood. This is the explanation of some of the cases of white or milky blood which have been reported by medical practitioners.

The pathological relations of an excess of oil in the blood are very imperfectly known. Clinical observations have shown that it is more or less abundant in acute affections generally. Under these circumstances, it must be chiefly derived from the adipose tissue within the body; hence, the emaciation which accompanies acute affections. It accumulates in the blood of drunkards, leading to that amount of deposit in the adipose structure which constitutes obesity. Lehmann states that this result is not due directly to the introduction of alcohol, but that it occurs only when the liver becomes affected.

Nothing is to be said with respect to our positive knowledge of a morbid deficiency of oil in the blood. Yet, probably, such a morbid condition exists, and has more or less importance in its relations to diseases. This is certainly a fair inference from the benefit derived from cod-liver oil and other fatty substances in tuberculosis, scrofula, and other affections.

Of the non-saponifiable fats, cholesterin alone, with our present knowledge, has important pathological relations. Experiments and clinical observation have shown that this is an excrementitious substance, and a notice of its abnormal accumulation in the blood will therefore come under another division.

Therapeutically, it would seem to be an object to increase the amount of oil in the blood in certain diseases, especially in tuberculosis, and, on the other hand, to diminish the amount in cases of obesity. The latter is also an object in cases of fatty degeneration of the heart and arteries, if it be true, as is highly probable, that this structural change is either dependent upon, or favored by, an excess of oil in the blood. The diminution of oil in the blood is effected by restricting the diet, in a great measure, to nitrogenized substances, avoiding butter, fat meats, sugar, and limiting the amount of farinaceous food. Obesity is not uncommon in middle age, developed to an extent to constitute a morbid condition; and it occurs sometimes in early life, evidently from a constitutional tendency, and may reach an excessive degree, as seen in persons exhibited as objects of curiosity on account of the enormous size and weight to which they attain. Whenever it exceeds the limits of health, it may appropriately claim treatment; and it may often be notably lessened by excluding from the diet fatty articles, and limiting the ingestion of substances readily converted into fat, viz., sugar and starch.[1]

To effect or promote an increase of oil in the blood, oleaginous remedies, and a diet the opposite of that just indicated, are to be employed.

As regards the substances embraced under the head of extractive matters, a few words will suffice. This division includes a variety of undetermined constituents of the blood—undetermined with respect to their nature, source, metamorphoses, relations to different organs and uses. Of course, they have not, in the present state of our knowledge, any well determined pathological relations. It is not improbable that they play an important part in morbid processes, but nothing has as yet been ascertained.

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[1] A Mr. Banting, an English non-medical writer, has lately published a "Letter on Corpulence" for the benefit of persons suffering from obesity. By a system of dietetic management, he reduced his weight, within a year, 46 lbs. I could cite a case in which, several years ago, I obtained a success not less remarkable. The management of obesity has undoubtedly received too little attention, but it is to be borne in mind that a system of diet suited to diminish an undue accumulation of fat may be not only inappropriate, but hurtful to persons who do not suffer from corpulence.

ABNORMAL ACCUMULATION OF SUGAR.

Sugar is an organic substance which exists in the blood in health. It is a constituent of the blood in certain portions only of the vascular system, viz., within the portal vein, more abundantly within the hepatic vein, the vena cava ascendens, the right cavities of the heart, and the pulmonary artery. It is sometimes, but not uniformly, found in the blood generally; but, excepting in the parts just named, when found, the quantity is very small, save as a morbid condition. With respect to the existence and production of sugar within the organism, the late discovery by Bernard is of great interest and importance. This distinguished physiologist has shown that its production is one of the functions of the liver. A certain quantity is received from the sugar and starch contained in the ingesta. But the hepatic vein contains much more than the portal; and it is contained in the former when the ingesta are devoid of both saccharine and amylaceous substances, and when no sugar is contained in the portal blood. It is destroyed during the passage of the blood through the lungs. How is it destroyed? This is a physiological question, but it has important pathological bearings. The explanation which seems most probable is that it is converted into lactic acid, the latter combining with soda, lime, and potash, forming lactates which are again converted into carbonates, and then again decomposed by the pneumic acid.[1]

In health, sugar is not eliminated from the body, but, as a symptom of disease, it may exist in great abundance in the urine, in other secretions, and in exhalations. And under these circumstances, the blood everywhere throughout the body contains it. This constitutes the morbid condition commonly known as diabetes mellitus.

Sugar exists in the urine, in other secretions, and in transuded liquids, in cases of diabetes, in consequence of its existence in the whole mass of blood. Diabetes is not a disease of the kidneys, as it was formerly regarded. These organs merely excrete sugar contained in the blood brought to them by the renal arteries. The sugar in the renal blood increases the functional activity of the kidneys, acting like a diuretic, and, hence, the quantity of urine is greatly increased. An increased quantity of urine containing sugar in abundance thus becomes the diagnostic criterion of diabetes. The abnormal presence of sugar in the blood is expressed by the term *glycohæmia*.

Why is it that the blood in the general circulation becomes saccharine in this disease? Either the liver produces too much sugar, or the processes by which it should be made to disappear from the blood in the lungs are imperfect. Our present knowledge does not perhaps enable us to decide between these two explanations, and both may concur in some cases; the first, however, is the more rational if it be true, as estimated by Bernard, that in some cases of diabetes a much larger amount of sugar is excreted by the kidneys than is formed by the liver in health.

Moreover, certain facts render it not impossible that a prior morbid condition of the nervous system may be involved. Bernard ascertained that, by irritating the medulla oblongata at the point of connection of the pneumogastric nerve, sugar appears in the urine. A transient attack of diabetes may in this way be produced at will in an inferior animal. Hence, it may be conjectured that diabetes, occurring spontaneously, is an affection of the nervous centre, an abnormal influence being transmitted to the liver through the pneumogastric nerve.

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[1] Robin and Verdeil, Chimie Anatomique.

Were the seat and nature of diabetes established, our knowledge might, perhaps, lead to rational indications for treatment. As it is, the therapeutics of the disease is quite unsettled. It is a very grave disease, persisting in the great majority of cases, and proving fatal sooner or later. A temporary and partial relief is, in general, only attainable. And this is effected by different means, so that the success of a particular mode of treatment does not reflect much light on the pathology of the disease. Inasmuch as a considerable portion of the sugar is derived from the ingesta, one point in the management is to cut off or diminish the supply of sugar in the food. In this way the quantity of urine is generally lessened, and the amount of sugar which it contains. But this measure of treatment is directed, not against the primary or essential morbid condition, but only against an effect or symptom; for the presence of the sugar in the blood is dependent on some prior morbid condition. The saccharine blood is the ultimate appreciable morbid condition, in the existing state of our knowledge, but it is evidently a result of some deeper change which has not yet been ascertained. Alkaline remedies, continued, with occasional intermissions, for a long time, as recommended by Trousseau, I have known to prove remarkably useful, but in some cases to be attended with no benefit. This treatment is based on the hypothesis that the sugar received into and formed within the system is not destroyed owing to the want of alkalies in the blood. Rennet has been proposed with a view to promote lactic fermentation, and its usefulness is said to be shown by the results of clinical experience. Remedies addressed to the nervous system are found to diminish the quantity of sugar excreted. Opium is generally beneficial. Strychnia is sometimes notably so.

The treatment of this disease will be more fully considered in the second part of this work. These different measures are here mentioned in illustration of the fact that clinical experience appears to show the utility of methods of treatment based on different views of the pathology and seat of the disease.

Sugar may appear transiently in the urine, in small quantity, in various diseases, and, under these circumstances, has no more pathological importance than the occasional appearance of a trace of albumen. The statement made a few years ago by Reynoso that the urine is habitually saccharine in affections which compromise the respiratory function has not been confirmed by the observations of others. A trace of sugar may be found in the urine of healthy persons after certain kinds of food, and when certain remedies have been given, especially the ethers. It is also found sometimes in considerable abundance for a short period when the system is disturbed by strong mental emotions.

ACCUMULATION OF EXCREMENTITIOUS PRINCIPLES IN THE BLOOD—URÆMIA.

Certain morbid conditions of the blood consist in an undue accumulation of excrementitious substances. And of these the first in importance are the organic constituents of the urine, viz., urea and uric acid. These, as well as all excretory products, are pre-formed in the blood, not produced within the glands, as was formerly supposed. They exist, therefore, in the blood in health, and it is their accumulation in abnormal quantity which constitutes the morbid condition. The excrementitious substances just named are distinguished as nitrogenized, and consist of effete matter derived from the nitrogenized tissues of the body. Their existence in the blood in health has been recently demonstrated. Their undue accumulation in certain affections of the kidneys has been proved by direct observation. Deficient excretion of urea occurs in acute inflammation of the kidneys or nephritis, in the affection commonly known as acute albuminuria, and as a result of the chronic lesions embraced under the name Bright's disease. Under these circumstances the urea accumulates in the blood, and gives rise to the condition called *uræmia*. There is no evidence that this condition is ever due to an excessive production of urea in the blood. In all cases it is a consequence of the excretory function of the kidneys being either arrested or inadequate to a proper elimination of this excrementitious substance.

Uræmia is a form of blood-poisoning, or *toxæmia*, entering largely into the causation of morbid phenomena, and, consequently, of great importance in its practical relations. Our present knowledge of it has been recently acquired, and, although by no means so complete as could be desired, it constitutes one of the most prominent of the characteristics of medicine at the present time, as compared with the past. The effects of this morbid condition are manifested especially in phenomena pertaining to the nervous system, coma and convulsions of an epileptiform character constituting the graver of these. These phenomena are apt to precede a fatal termination. Coma and convulsions occurring either with or subsequent to scarlatina with renal complication, in nephritis, in Bright's disease, and puerperal eclampsia, are due to uræmic poisoning. The urea accumulating beyond certain limits acts upon the nervous system in a manner analogous to certain poisons introduced from without the body, for example, strychnia. Its mode of action is not explicable with our present knowledge. The question has arisen whether it acts directly as urea, that is, without having undergone in the blood any change. According to Frerichs, it is converted in the blood into carbonate of ammonia, a substance with which it is chemically nearly identical, and it becomes poisonous only after this conversion has taken place. Frerichs claims to have established the correctness of his opinion by experiments on inferior animals and clinical observation. The admirable experiments of Hammond, however, appear to disprove this hypothesis.[1]

Clinical observation shows that various inflammations are apt to be developed as results of uræmia, more especially serous inflammations, viz., pleuritis, pericarditis, and peritonitis. It appears to stand sometimes in a causative relation to pneumonitis. Amaurosis is an occasional result. It is one of the pathological conditions under which neuralgia occurs. Other results denote efforts for the vicarious elimination of urea. Persistent vomiting and purging belong to the clinical history of uræmia. And these symptomatic events are due to efforts of elimination of the urea through the gastro-intestinal mucous membrane. The experiments of removing the kidneys in inferior animals, by Prevost and Dumas, Bernard and Barreswil, Hammond and others, show that, under these circumstances, urea accumulates in the blood; after a time vomiting and purging occur, and either urea or the carbonate of ammonia is found in the contents of the alimentary canal; finally, this vicarious elimination being insufficient to prevent an accumulation from reaching the point necessary for the production of poisonous effects, convulsions and coma ensue, which are followed by death. The same consequences take place when the excretion of urea is prevented by certain diseases of the kidneys.

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[1] Physiological Essays.

In order to ascertain the existence of uræmia, an analysis of the blood may be made; but this is hardly available for ordinary clinical purposes. The existence of uræmia may be inferred whenever, in connection with its characteristic pathological effects, the secretion of urine is suppressed or the quantity greatly diminished. Urea, however, may be wanting in the urine, although the quantity of the latter be not much, if at all, diminished. The urine is of a low specific gravity when the urea is deficient, and, as the deficiency of urea is generally associated with albuminuria, the presence of albumen in the urine, with diminished density, renders it probable that uræmia exists. For positive proof the urine may be analyzed with reference to the quantity of urea which it contains. If not adequately excreted by the kidneys, it must accumulate in the blood, and, if not eliminated vicariously through some other channel, the pathological effects of uræmia must sooner or later ensue.

The therapeutical indications pertaining to uræmia are, *first*, to endeavor to promote the excretion of urea by the appropriate emunctories, viz., the kidneys, and, *second*, to favor its vicarious elimination. The first indication relates to the use of diuretic remedies, which, unhappily, are often inoperative when the kidneys are much diseased. The second indication calls for hydragogue cathartics and sudorific measures, urea being eliminated through the intestinal and cutaneous surface. The spontaneous efforts of elimination through the alimentary canal are not to be too much interfered with. There are no known means of neutralizing the urea in the blood, or protecting the system against its poisonous effects.

URICÆMIA.

Uric acid, the other important organic constituent of the urine, exists in a small quantity in the blood in health, as shown by the late researches of Garrod. Garrod has also shown that it exists in an abnormal quantity in gout. He regards this morbid condition as sustaining a special causative relation to the phenomena of gout.[1] Uric acid enters into the composition of the deposit around and within the joints, in the *tubuli* of the kidneys, and sometimes in other situations, which is characteristic of this disease. Moreover, Garrod's researches show that the excretion of uric acid in the urine is often notably diminished during a paroxysm of gout, and that this constituent of the urine is habitually lessened in the chronic form of the disease. The kidneys in persons affected with gout seem to lose, to a greater or less extent, the faculty of excreting uric acid, the faculty of excreting urea remaining intact. It is an interesting fact that in acute rheumatism the uric acid in the blood is not in excess, and the quantity in the urine is apt to be increased. This fact, according to the author just named, goes to establish the non-identity of gout and rheumatism, although as regards their local manifestations these two diseases bear a close analogy.

Assuming that the pathology of gout involves an excess of uric acid in the blood, the question arises whether this excess be due to an accumulation from insufficient excretion, or whether it may not be produced in too large quantity. Garrod holds the opinion that both explanations are applicable. He thinks, also, that a reduction of the alkaline condition of the blood favors the deposition of the urates, which experiments show to be precipitated out of the body in a solution to which a weak acid is added, while they are held in solution so long as the fluid remains alkaline. This view of the pathology of gout is certainly rendered highly probable by the facts which Garrod's researches appear to establish. It remains to determine whether an excess of uric acid in the blood be not a morbid condition existing in other affections as well as in gout. Garrod has found it to exist in cases of lead-poisoning. Continued research may show that this is not the only exception to its belonging exclusively to gout, and it may be found to stand in a causative relation to other phenomena than those which characterize this disease. An excess of uric acid (in the form of urates) in the blood, constituting a condition differing from uræmia, it is desirable to distinguish it by a name, and if I might venture to coin a term, I should propose for this purpose, *uricæmia.*

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[1] The Nature and Treatment of Gout and Rheumatic Gout, by Alfred Baring Garrod, F. R. S., etc. London, 1859.

The therapeutical indications in this condition are to introduce alkalies into the blood, in order to hold the urates in solution, and to promote elimination through the kidneys by diuretic remedies. Clinical experience appears to sustain the correctness of these indications. The late Dr. Buckler, of Baltimore, suggested as a remedy for gout, on chemical grounds, the phosphate of ammonia, the ammonia being supposed to combine with the uric acid, and the phosphorus with the soda, forming two soluble compounds which are readily eliminated by the kidneys. Various clinical observers have borne testimony to the utility of this remedy.

ACCUMULATION OF THE EXCREMENTITIOUS PRINCIPLES OF EXPIRED AIR, PERSPIRATION AND BILE—CHOLÆMIA—CHOLESTERÆMIA.

In addition to the kidneys, the lungs, the skin, the liver, and, perhaps, the mucous membrane of the intestinal canal, take part in the elimination from the body of excrementitious principles, and an arrest or impairment of the excretory functions of these organs may lead to an accumulation of noxious matters in the blood. It remains to notice briefly the supposed morbid conditions thus produced.

The most important purpose of respiration, so far as excretion is concerned, is the elimination of carbonic acid. The undue retention of this gas has already been noticed as an element of apnœa. It is not improbable that the vapor of the expired breath contains excrementitious principles. It is well known that various medicinal substances and certain constituents of some articles of food escape through this channel; and the retention of the indeterminate substances contained in the extractive matters of the expired moisture may give rise to noxious effects, either directly or by inducing catalytic changes in the blood. But we have no positive knowledge with regard to blood-poisoning from this source.

The chief purposes of the perspiration appear to be the elimination of water and the regulation of temperature. The proportion of solid matter in the perspired fluid is small, chloride of sodium being the largest ingredient. The excrementitious principles which, if retained, may give rise to morbid conditions of the blood, must be contained in the extractive matter of the sweat. The odor frequently accompanying emanations from the skin shows that something is eliminated, which, we may imagine, would be noxious if retained. It is generally thought that important excrementitious principles are eliminated by the skin; but this is a conjecture rather than a conclusion based on actual knowledge. Observation appears to show that disease not unfrequently originates from suppression of the cutaneous transpiration. It is a popular notion that many diseases are thus produced. The importance of this as a source of disease is doubtless vastly overrated; yet the general opinion is not devoid of foundation. The occurrence of disease, however, in consequence of the action of cold on the surface, is not to be explained exclusively on the hypothesis of retention of excrementitious principles. When the functions of the skin are arrested by cold, there are two other modes in which we may suppose disease to be produced. One of these relates to the circulation. The blood being driven from the surface, must accumulate in the internal organs, giving rise to congestion. The other mode relates to the increased supplementary activity of certain organs, to compensate for the deficient elimination from the skin. The kidneys and lungs antagonize the skin in this regard, and if the kidneys fail, the labor of performing the eliminative function of the surface falls upon the lungs; hence, disease of the latter—an excessive physiological activity of an organ being liable to end in a pathological condition. Perhaps these two modes of operation will account for the production of disease, in consequence of suppressed cutaneous transpiration, in the majority of instances.

With our present knowledge respecting bile, it is to be considered as embracing both excrementitious and recrementitious principles. The biliverdin, or coloring matter, and the salts peculiar to the bile, viz., the glyco-cholate and tauro-cholate of soda, do not exist preformed in the blood, but are produced within the liver. On the other hand, cholesterin, which enters into the composition of bile, does exist in the blood. This constituent, there is reason to believe, is excrementitious. Late experimental researches appear to have established that its source is the disassimilation of nervous tissue. It is contained more abundantly in the venous blood coming from the brain than in the arterial blood going to the brain. It is found in larger quantity in the portal than in the hepatic vein; and this fact, taken in connection with the fact of its presence in the bile, goes to show that one of the functions of the liver is the elimination of this substance. It appears in the feces in the form of another variety of non-saponifiable fat, called *serolin*, which it has recently been proposed to call *stercorin*.[1] Other substances, viz., *leucine* and *tyrocine*, have been found in bile; and it is probable that these are excrementitious, but their physiological and pathological relations are not yet satisfactorily ascertained.

The presence of bile in the blood constitutes the morbid condition called *cholæmia*. It will be considered, hereafter, as an individual disease, under the name of *icterus* or *jaundice;* but this is an event which is incidental to various affections. Cholæmia is manifested by the yellow or greenish coloration of the conjunctiva and cutaneous surface. As in the case of sugar in the general circulation, the bile is eliminated, to a greater or less extent, by the kidneys, and therefore found in the urine in abundance. In the great majority of cases, the condition depends on obstruction of the passage of bile from the liver to the duodenum. It rarely accompanies certain structural affections of the liver, such as cirrhosis, fatty deposit, carcinomatous and tuberculous exudation, etc. These facts go to show that it occurs from the reabsorption of bile after the secretion has taken place, and not from defective secretion. Defective secretion, however, either with or without obstruction and reabsorption, doubtless occurs, and under these circumstances the excrementitious constituents of the bile, which are preformed in the blood, *e. g.*, cholesterin, will accumulate if not vicariously eliminated. The non-secretion of bile has been called *acholia*. Occurring either in cases of icterus or independently of the phenomena of the latter, it may give rise to a condition of the blood more immediately serious than the condition caused by the resorption of bile, or cholæmia.

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[1] *Vide* article entitled "Experimental Researches into a new Excretory Function of the Liver, consisting in the Removal of Cholesterin from the Blood, and its Discharge from the Body in the form of Stercorin," by Austin Flint, Jr., M. D., etc., *American Journal of the Medical Sciences*, October, 1862.

Cholæmia does not, in general, occasion serious effects. Patients are not always greatly incommoded by this condition. The reabsorbed bile appears to exert a narcotic influence, more or less marked, on the nervous system, producing dulness of the mental faculties, a disposition to sleep, slowness of the pulse, and torpor of the functions generally. If, however, the condition be prolonged, hemorrhages are apt to occur, and the kidneys may become affected so as to lead to uræmia.

All clinical observers have been led to observe exceptional cases of cholæmia, in which the bile appears to exert an intensely noxious influence on the nervous system, inducing coma and death. Excluding cases in which the supervention of uræmia may account for these results, they may be attributed to the retention and accumulation in the blood of the excrementitious principles of the bile, and perhaps especially cholesterin. There are grounds for believing that the accumulation of cholesterin in the blood gives rise to a special form of blood-poisoning, to which the name of *cholesteræmia* has been applied. The grave consequences of acholia may be explained in this way. And it is to be borne in mind that acholia is not necessarily associated with cholæmia; in other words, the non-secretion of bile may be without, as well as with, obstruction and resorption, giving rise to the phenomena of jaundice. It is not improbable that a deficient elimination of cholesterin may give rise to more or less of those indefinite symptoms which are commonly embraced under the name of *biliousness*, and which are relieved by remedies supposed to act upon the secretory function of the liver.

It has been supposed that one of the functions of the intestinal canal is elimination of excrementitious principles from the blood. The fluid formed by the glands of Lieberkuhn, in the small and large intestine, may be in part excretory. This, however, is at present only a conjecture. There are no known facts which show that the retention of principles contained in the intestinal juice constitutes a morbid condition of the blood.

SALINE CONSTITUENTS OF BLOOD.

Morbid conditions pertaining to the *saline constituents* of the blood will claim very brief notice, because, although it is highly probable that they are the seat of important changes, we have very little positive knowledge respecting them. Enumerated in the order of their relative quantity, the more important of the salts in the blood are, the chloride of sodium, carbonate of soda, chloride of potassium, phosphate of soda, and sulphate of potassa. The average amount of the salts, collectively, in healthy blood, is estimated to be from 7 to 8 in 1,000 parts. Our knowledge of the physiological changes and uses of these constituents is far from complete, but they are manifestly important as supplying matter required for the several tissues and for various secreted fluids. Moreover, they are concerned in the preservation of the red globules, in the solution of albumen, in maintaining the alkalinity of the blood, in the regulation of the passage of liquids through the coats of the vessels in the processes of endosmosis and exosmosis, etc.

The alkaline salts (carbonate of soda and potassa) have been found to undergo considerable fluctuations in disease. They are much diminished in inflammations, and increased in the eruptive and continued fevers. The supposed utility of mineral acids in the essential fevers is consistent with a superalkalinity of the blood. As already stated, a deficiency of the alkaline salts is supposed by Garrod to be concerned in the deposition of uric acid in gout. And in articular rheumatism the employment of alkaline remedies, as advocated by Fuller and others, is based on the theory of neutralizing an acid, supposed to be the lactic, in the blood. The pathology of diabetes has been thought to involve a deficiency of alkalies in the blood, and hence the value of alkaline remedies in certain cases.

The researches of Garrod appear to show that a deficiency of potassa constitutes an important element in scorbutus. And, according to this pathological view, the efficacy of lemon-juice and the various anti-scorbutic vegetables is not due to the presence of an acid, but to the salts of potassa which they contain. This view is sustained by the usefulness of the salts of potassa employed as remedies in this disease.

Finally, the phenomena pertaining to the blood and circulation in that remarkable disease, epidemic cholera, are measurably due to the loss of saline constituents contained in the serous transudations into the alimentary canal.

CHAPTER VII.

MORBID CONDITIONS OF THE BLOOD—(CONCLUDED.)

Morbid conditions due to the presence of morbid products, intrinsic and extrinsic—Pyæmia—Putrid infection of the blood, or Septicæmia—Matter of contagion—Viruses—Infectious miasms—Venoms—Poisons, palpable, and impalpable or miasms—Zymotic conditions—Considerations which lead to the inference of the prior existence of a constitutional or general morbid condition, or indeterminate blood-changes, in various local affections.

THE morbid conditions of the blood which have been thus far considered relate to its normal constituents. The presence in the blood of morbid products gives rise to conditions which are now to be noticed. The morbid products which may be contained in the blood are of two kinds, viz., 1st, those formed within the body of the person affected, and, 2d, those derived from the body of another person. The latter constitute the matter of contagion.

PYÆMIA.

Of the first kind of morbid products, the only one of which we have much knowledge is purulent matter, or pus. The admixture of this morbid product with the blood gives rise to the morbid condition known as *purulent infection of the blood*, or *Pyæmia*. It has also been called *pyogenic fever*, *pus-blood*, and the *pus-crasis*. This is a highly interesting and important pathological condition. The presence of purulent matter in the blood in sufficient quantity to constitute a serious condition, occasions effects manifested in the blood itself, in the circulation, and in the solid parts of the body. Of these three orders of effects, the first occurs primarily, the two other orders being secondary and dependent on the first.

The purulent matter acts upon the blood as a poison. It induces a toxæmic condition. The fibrin decreases. The red globules are diminished in number. Coagulation is hastened, and clots are apt to form within the vessels and the cavities of the heart. The damage to the blood is great if the quantity of purulent matter exceed a certain amount. A small quantity may not be sufficient to infect the blood, and it is eliminated or destroyed without inducing the changes just stated. Infection is found to occur more readily in certain conditions of the system when the vital powers are depressed, and under certain epidemic influences. In experiments of injecting pus into the veins, dogs are found to possess a greater power of resistance to the effects than rabbits.

The circulation is notably enfeebled by the changes of the blood in pyæmia. The pulse is rapid and weak. The feebleness of the circulation progressively increases, and death takes place by cessation of the heart's action, or asthenia. Hemorrhagic extravasations are apt to occur.

Of the effects manifested in the solid parts, the most striking and distinctive are purulent formations in various situations. These have been called "purulent deposits" and "metastatic abscesses," names which imply an erroneous view respecting their production. It was formerly supposed that the pus in the blood was taken up from some situation in which it existed without the vessels, and then deposited in other situations; in other words, the collections of pus in different organs, in cases of pyæmia, were supposed to be made up of the pus contained in the blood. So far as the pus-corpuscle is concerned, this is physically impossible. The size of the pus-corpuscle is such as to prevent its passage through the coats of the vessels. When pus is absorbed, the corpuscles are first disintegrated; its anatomical characters are thus destroyed It can only enter the vessels from without, as pus, through an opening into a vein. And, when contained within the vessels, it cannot transude through their unbroken parietes, the corpuscles being larger in size than the red globules of the blood. The purulent collections, therefore, are not, properly speaking, deposits or metastatic, but involve the production of pus in the different situations in which it is found.

Another idea which has been entertained is, that, owing to their size, pus-corpuscles in the blood are arrested in the capillary vessels, occasion mechanical obstruction, and serve as nuclei for fresh purulent formations. They have been supposed to act like the globules of quicksilver injected into the veins in the experiments of Cruveilhier and others. Purulent collections were found in the lungs after these experiments, and in the centre of each collection was a globule of quicksilver. This idea is purely hypothetical, and is disproved by the following fact: The introduction of pus-corpuscles into the blood is not required for the production of the phenomena of purulent infection, but the presence of the pus-serum is sufficient. This fact has been proved by injecting the serum of pus into the veins of inferior animals. Experiments also show that certain kinds of purulent liquid are more virulent than other kinds. The pus called ichorous is more poisonous than that known as healthy or laudable.

However produced, the occurrence of purulent collections in different situations is characteristic of pyæmia, as determined by clinical observation, so that these collections constitute evidence of the existence of a purulent infection of the blood. Frequently collections are found in different organs, and numerous collections in the same organ. They vary in size from that of a pin's head to a walnut. They may be circumscribed, constituting, in fact, abscesses, or the pus may be infiltrated. The organs in which they are most apt to occur are the lungs and liver, but they occur in the kidneys, within the joints, beneath the cutaneous integument, and in other situations. Other effects manifested in the solid parts are, congestion of the lungs, especially of the form called hypostatic, hemorrhages, and softening of the muscular structure of the heart.

Pyæmia existing sufficiently to present its characteristic manifestations is an exceedingly grave condition, generally proving fatal. Whence does it originate? How is it produced? Pus existing without the vessels is not readily absorbed, and large collections are seldom removed by absorption. If not evacuated by surgical interference, it makes its way by ulceration into some outlet, and is thus discharged. But when removed by absorption, it is eliminated from the blood without inducing the phenomena of infection. Its accumulation in the blood from absorption, in sufficient quantity to occasion pyæmia, is perhaps possible, but instances, if they ever occur, must be extremely rare. Purulent matter may get into the blood through openings into veins by wounds or by means of ulceration. This is more likely to occur in bony structures than in soft parts, because in the former the orifices are less likely to collapse, but may remain patescent. An abscess may discharge more or less of its contents into a large vein to which it is in close proximity. These are, perhaps, occasional sources of pyæmia, but in the great majority of cases it is attributable to inflammation of the lining membrane of veins, or phlebitis.

Phlebitis leads generally to coagulation of blood within the affected vessel, and its occlusion by the clot together with exuded fibrin. This occlusion may be permanent, the vessel becoming obliterated and the blood seeking collateral channels, or the coagulum and exuded fibrin may be gradually disintegrated and the calibre of the vessel restored. No purulent infection occurs in these cases. But pus may be produced within the inflamed vein. The pus may be isolated by coagula at either extremity of the affected portion of the vessel, the coagula acting as plugs which prevent the passage of the pus into the circulation. The inflamed vein is sequestrated, to adopt the term employed by Cruveilhier, and pyæmia is thus prevented. The pus, under these circumstances, may be gradually absorbed, or it may make its way externally, or into some outlet, and be discharged. If, however, suppuration take place and the sequestration be not complete, the pus is carried into the circulation, and is mixed with the blood. Pyæmia is then produced.

Phlebitis may occur in different situations. It is sometimes seated in the vena portæ. Portal phlebitis is a rare form of disease, and not easily recognized by the symptoms during life. The purulent formations in cases of this disease are found especially in the liver. Phlebitis in various situations is liable to follow injuries and surgical operations. Patients who die shortly after some accidental injury or operation, not severe enough to destroy life by shock, are, in general, cut off by pyæmia.

Inflammation may extend from the structures in different organs to adjacent veins. This may happen anywhere, but it is oftenest observed in cases of caries affecting the bones of the head. The unexpected development of grave symptoms and death in certain cases is in this way accounted for. After confinement, uterine phlebitis occurs, more or less, as a necessary result; and pyæmia is the morbid condition in certain of the puerperal fevers. A patient is delivered without any untoward event, but the system is much reduced by the state of pregnancy. In two or three days the pulse becomes frequent and feeble, slight chills occur, with prostration, and, at length, delirium, death taking place with no symptoms denoting any local affection adequate to account for the fatal termination. This is a sketch of cases which all practitioners of much experience must have met with. They are cases of pyæmia due to uterine phlebitis. During the prevalence of certain epidemic influences such cases are frequent, and they occur at times in large numbers, in lying-in wards, from nosocomial influences.

The account of pyæmia just given is believed to be in accordance with the views held by most pathologists at the present time; but the proof that the morbid condition thus named is due to the presence of pus in the blood, it must be confessed, is not as complete as could be desired. It was formerly supposed that the existence of pyæmia was demonstrable, the presence of pus-corpuscles being ascertained by microscopical examination. But the best microscopists are now agreed that pus-corpuscles are not distinguishable from the white globules of the blood, and it is probable that they are in fact identical. So far, then, as the anatomical characters of pus are concerned, or, as Virchow styles it, morphological pus, its presence in the blood as a result of phlebitis, or of its introduction in any other mode, is not demonstrable. It is impossible, in other words, by means of the microscope, to discriminate between leucocythemia and pyæmia. Virchow maintains that in many of the cases in which phlebitis is supposed to exist, coagula are formed without inflammation (thrombosis), and that, under these circumstances, dissolved fibrin, forming a puriform liquid, is carried into the circulation, not true pus. That a morbid condition of the blood exists, giving rise to the phenomena which are described as belonging to pyæmia, is not to be doubted; but it must be considered as doubtful whether the presence of pus-corpuscles has anything to do with the production of these phenomena. As already stated, experiments on inferior animals show that the phenomena of purulent infection of the blood may be produced by injecting pus-serum without the pus-corpuscles.

The existence of pyæmia is to be determined during life by the occurrence of chills, rapidity and feebleness of the pulse, prostration, etc., after wounds, surgical operations, confinement, or when these symptoms coexist with phlebitis developed spontaneously in a situation in which it may be discovered. But in some cases there are no grounds, irrespective of the general symptoms, to suspect phlebitis; for example, when the portal vein is affected. In such cases the occurrence of these general symptoms, if they are not otherwise to be explained, should lead to the suspicion of pyæmia. Disseminated purulent collections beneath the integument are determinable during life, and these are important in a diagnostic point of view. Effusion within joints, taken in connection with the gravity of the general symptoms, is highly diagnostic. This event is liable to lead to the error of mistaking pyæmia for articular rheumatism.

Of the therapeutical indications little need be said. There are no special remedies for pyæmia. A fatal termination is due to the destructive changes in the blood and the secondary affections. A favorable termination must depend on the elimination of the poisonous matter, restoration of the normal condition of the blood, and recovery from the local effects. There are no particular remedies to be directed specifically to these ends. The objects of treatment, in general terms, are to palliate symptoms and sustain the powers of life. Sustaining measures are chiefly indicated; the aim being to prolong life until the processes of restoration are completed. The indications are the same as in the essential fevers and various other affections; and the measures are the same, which will be hereafter noticed in other connections, viz., tonic remedies, stimulants, and nutritious alimentation.

SEPTICÆMIA.

The absorption of pus and other morbid products, or of any animal matter within the body, in a state of decomposition, is supposed to induce a morbid condition of the blood, distinguished as *putrid infection of the blood*, or *septicæmia*. The febrile movement and hectic paroxysms, with more or less prostration, etc., accompanying purulent collections which have become putrid from contact with air, as in cases of empyema with perforation of the lungs or thorax, are attributed to a morbid condition of the blood thus induced. Putrid infection is supposed to occur in the puerperal state from the absorption of portions of the placenta remaining, and undergoing decomposition, within the uterus. The grave general symptoms in certain cases of diphtheria are thought to be due to septicæmia, induced by absorption of the decomposed exudation. That the blood may be poisoned by the absorption of putrid matter, is rendered probable by clinical observation, and by experiments on inferior animals; but it is not easy to determine to what extent morbid phenomena are referable to this source. In cases of diphtheria, for example, it is perhaps more reasonable to attribute the general condition to the action of the special cause of the disease, than to an infection by the products of disease.

VIRUSES—MIASMS—VENOMS—POISONS.

Of morbid conditions of the blood, induced by morbid products originating within the bodies of the persons affected, that is, intrinsic products, there are doubtless many in addition to those which have been noticed. We do not possess demonstrative nor even inferential knowledge of the different kinds of these morbid products existing in the blood, the sources whence they are derived, the manner of production, etc We only know by means of clinical observation some of the circumstances under which they originate, and the phenomena to which they give rise. These belong to what may be called the indeterminate morbid conditions of the blood. Deferring, for the present, the consideration of these, the morbid conditions of the blood induced by morbid products derived from other bodies, and those induced by extrinsic matters other than morbid products, claim attention. Morbific substances, of various kinds, developed exterior to the body, *i. e.*, extrinsic, may gain access to the blood, and give rise to disease, either directly, by their immediate action on one or more parts to which they are transported in the blood, or, indirectly, by occasioning morbid changes in the blood itself.

In this category are embraced morbid matters which constitute contagion. A material substance is, of course, transported from one person to another whenever a disease is communicated. An appreciable substance is conveyed when diseases are produced by inoculation; but the quantity is impalpable and inappreciable when they are involuntarily or imperceptibly communicated. In the latter case, the matter is probably received with the inspired atmosphere. The matter of contagion is distinguished as *virus*. It is convenient to limit the application of this term to matter which is palpable or appreciable. When the material substance consists of emanations which are not apparent to the senses, it belongs among the morbific matters distinguished as *miasms*. The terms contagion and infection have been used with not a little confusion as regards the relative signification of each. It would be convenient to restrict the term contagion to a palpable morbid product or virus, and the term infection to an impalpable emanation or miasm. With this use of the terms, some diseases are contagious and not infectious—for example, syphilis; some are both contagious and infectious—for example, smallpox; and some are infectious but not contagious—for example, pertussis, or hooping-cough.

Each contagious or infectious disease has its own peculiar and specific morbid product. The virus of smallpox, the miasm of scarlatina, for examples, produce, respectively, these two diseases, and no other form of disease. And in this fact we have a grand criterion of the special character of a disease, and of determining the identity or non-identity of diseases which may have more or less phenomena in common. Typhus and typhoid fever, for instance, are considered by some identical, and by others non-identical.

Now, if it be conclusively shown that the infectious miasm of typhus gives rise always to this form of disease, and never to typhoid fever, and, conversely, that the infectious miasm of typhoid fever gives rise to this disease, and never to typhus, we have the best evidence that they are not one disease, but two distinct diseases.

Of the nature of the virus of contagion or the miasm of infection, in other words, in what consists the faculty of producing a particular form of disease, and of giving rise to actions by which it is reproduced, we have no positive knowledge. The hypothesis now generally entertained, and most consistent with our present knowledge, is, that the matter of contagion and of infection, received into the blood, act as ferments, exciting in the blood certain processes on the principle of catalysis. The grounds for this hypothesis are the minute amount of matter required, and the occurrence of an interval of days or weeks between its introduction into the system and the development of morbid phenomena. Diseases supposed to be thus produced are distinguished as *zymotic*, a term introduced by the Registrar-General of Great Britain, Dr. Farr. All diseases communicable by contagion or infection are considered as zymotic, and also, as will be seen presently, certain diseases which are not communicable.

An extrinsic morbid product, giving rise to a morbid condition of the blood, may come from an inferior animal. Hydrophobia is thus derived from the dog or cat, and glanders from the horse. Disease in man may, also, be produced by the introduction into the blood of a healthy product derived from an inferior animal. Such a product is, not a virus, but a venom. Venomous animals are those which produce, physiologically, a product which, received into the system of man, or another animal, gives rise to disease.

Morbific substances not of the nature of virus, nor of venom, are, strictly speaking, poisons. These are derived from the mineral and vegetable kingdoms. Their morbid effects are, in general, proportionate to the quantity of poison received into the system. Here is a striking point of difference as contrasted with viruses and venoms. The morbid effects of the latter bear little or no proportion to the amount received. The effects of some poisons are cumulative; that is, they are manifested suddenly, as it were, by a kind of explosion, when the quantity has increased to a certain amount. Lead, for example, may be taken into the system for a long period without any manifestation of morbid effects, but at length, when the accumulation has reached a certain point, its poisonous results are suddenly declared.

Extrinsic poisons are palpable and impalpable. Palpable poisons admit of examination, and their source and nature are understood, but not always their mode of operation. Impalpable poisons belong among the miasms. The physical and chemical characters of these have not been ascertained, and their sources are not always known.

The palpable poisons are numerous. Their study constitutes an important branch of scientific inquiry, called *Toxicology*. Examples of the palpable poisons are, arsenic, lead, mercury, prussic acid, etc. etc. It is now generally admitted that they act by getting into the blood, not by means of sympathetic influences propagated from the part with which they first come into contact, as was formerly supposed. They offer marked differences as regards the gravity of their effects. Some are quickly fatal in a small quantity, as prussic acid, strychnia, aconite, etc. Others act more slowly and with less virulence, as mercury, lead, etc.

The effects of extrinsic poisons are manifested in different parts of the body. Certain poisons exert effects on particular parts. Thus, alcohol and opium exert their effects on the brain, arsenic and oxalic acid on the heart, strychnia, woorara, and conia on the spinal cord, mercury on the mouth, lead on the muscles, etc. Many, however, act simultaneously on a greater or less number of parts. As regards their effects on the blood, some are merely mixed or in solution, and act directly on parts to which they are carried in the circulation. Oxalic acid, arsenic, mercury, lead, prussic acid, alcohol, etc., have been discovered in the blood. In other instances chemical combinations take place in the blood. A striking illustration of this is afforded by one of the experiments of Bernard. Emulsin and amygdalin are not poisonous separately, but they combine and form prussic acid. Injected separately into the veins in different animals, they do no harm. If, however, they are successively injected into the veins of the same animal, they combine in the blood to form prussic acid, and the animal dies as if struck by lightning. On the other hand, the blood prevents certain combinations which take place readily out of the body. An experiment of Bernard illustrates this fact. Cyanuret of potassium and lactate of iron in combination form Prussian blue. Injected successively into the veins, they do not combine in the blood, but the combination takes place and Prussian blue is formed after both have entered the urine, or within the intestinal canal.

Examples of impalpable poisons are the miasms giving rise to the periodical fevers, epidemic cholera, cholera infantum, epidemic dysentery, yellow fever, etc. All the extrinsic causes of disease which are special in their character, and not of the nature of virus or venom, belong among the miasms. By the term special is meant, causes, each of which produces exclusively a particular disease. Now, the existence of a special cause, as just defined, may be inferred from the special character of a disease. Whenever, therefore, the special character of a disease is established, we may attribute it to a toxical origin. All endemic and epidemic diseases have a special character; in other words, the events which make up their clinical history are so definite and are regulated by such fixed laws, that they undoubtedly proceed from special causes, which it is certain are produced, not within, but without the body. These special causes are not of the nature of virus or venom; they are impalpable, or miasms. But their nature and source are very imperfectly known, nor does our present knowledge enable us to understand the morbid conditions of the blood which they occasion. Of course, these morbid conditions and the special causes differ in different epidemic or endemic diseases. The condition and the cause in yellow fever, for example, cannot be the same as in epidemic cholera, in view of the differences as regards the phenomena and laws between these two diseases. The position of existing knowledge is the same with respect to poisonous, as to infectious, miasms. The most rational supposition, as regards both, is, that they give rise to the morbid conditions of the blood by a catalytic action. But there is this striking point of contrast between the operation of poisonous miasms, and the matter of contagion and infection: Poisonous miasms do not lead to a reproduction, by the processes of disease, of the poison, and, hence, the diseases to which they give rise are not communicable.

With the foregoing view, diseases due to poisonous miasms belong among those which are distinguished as zymotic. Thus, the class of zymotic diseases embraces all which are contagious or infectious, endemic, and epidemic.

INDETERMINATE BLOOD-CHANGES.

The morbid conditions of the blood, so far as they are at present known to the pathologist, have now been passed in review. It is evident that our existing knowledge is very incomplete. Were all the morbid conditions of the blood fully understood, there is reason to believe that we should have the thread guiding us through the labyrinth of pathology. This knowledge would probably elucidate the greater part of the morbid conditions of the solid structures. The most rational view of the source of disorders referable to the circulation, the various secretions and excretions, nutrition, together with morbid states of the muscular and nervous systems, is, that they proceed often, if not generally, from blood-changes. The blood offers at the present moment a most interesting and promising field for the scientific inquirer. It is here that important discoveries are to be made which will shed light on the nature and source of diseases now imperfectly understood. In view of the physiological relations of the blood, and what has been already ascertained respecting its pathological relations, it is safe to prophesy that future revelations in pathology are mainly to come from analytical and experimental researches in this direction.

The remark has been already made that the existence of numerous morbid conditions of the blood may be logically inferred, although, with our present knowledge, they cannot be demonstrated. In other words, there are many *indeterminate blood-changes* involved in different diseases. What are the considerations which warrant this conclusion? I shall devote the remainder of this chapter to the answer of this question.

It is a reasonable supposition that all the diseases distinguished as *general*, or *constitutional*, or *of uncertain seat*, involve blood-changes. In fevers, generally, if not always, these changes are occasioned by extrinsic morbific matter, either a virus, a miasm, or a poison. But many other diseases evidently involve a general or constitutional pathological condition, called a cachexia or a dyscrasia. Now, it is more rational to refer this condition to the blood than to any other portion of the body. Exclusive of the blood, there is only one anatomical system sufficiently extensive in its relations to warrant a suspicion of its being the seat of the essential pathological condition in general or constitutional affections, this is the nervous system. But the nervous system, as a generator of force, depends on the blood. Without blood it develops nothing, and its functions are soon lost. Morbid conditions of the blood voluntarily produced affect powerfully the nervous system. For examples, alcohol injected into the veins produces the phenomena of inebriation, chloroform or ether extinguishes sensation, strychnia excites the motor fibres of the spinal cord, woorara paralyzes them, etc. These substances exert their effects either by being transported in the blood and acting upon the organs affected, or by means of modifications which they produce in the blood. Clinical observation, moreover, shows that a large proportion of nervous affections are due to prior blood-changes. As between the blood and nervous system, therefore, the essential pathological conditions which constitute the cachexiæ or dyscrasiæ must relate to the former.

Assuming the correctness of the statement just made, it is enough, with regard to any local affection, to show that it is dependent on a general or constitutional morbid condition, in other words, that it involves a cachexia or dyscrasia, to render it probable that it proceeds from a blood-change of some kind. It only remains then to inquire what circumstances authorize the inference that a local affection depends on a general or constitutional condition. The following are grounds for such an inference:—

1. A local affection not due to the action of an appreciable cause acting on the part affected, is said to be spontaneous. Of course, it is not so called with strict propriety. Every affection must have an adequate determining cause. The distinction implied by the term is, the cause is internal and inappreciable, and the term is used in contradistinction from causes called traumatic. Now, the internal determining causes involved in

the production of the so-called spontaneous diseases, it is not probable, are exclusively local; they are not generated within the part affected, but originating within the system somewhere, are brought to bear upon the organs or structures in some particular situation. For example, a person, exposed to no obvious cause of disease, is attacked with pleuritis; whence comes the internal cause determining this disease? It is reasonable to conclude that the disease is a local expression of some prior more general morbid condition. Clinical researches have shown this to be true in certain cases in which pleuritis, occurring in the course of Bright's disease, is fairly attributable to the accumulation of urea in the blood. The so-called spontaneity of any disease is presumptive evidence of its being a result of a localization of a morbid condition seated in a movable element of the body, that is, the blood. Going no further than the simple fact of a local affection developed without any appreciable local cause, the existence of a blood-change is a logical inference from this fact. That most local affections distinguished as spontaneous do proceed from some general or constitutional morbid condition, is rendered probable, in addition to the condition just presented, by others which are to follow.

2. Local affections characterized by morbid deposits are, from this fact, rationally attributable to a morbid condition of the blood. The production, for example, of a purulent matter in great abundance, having the property of virus in smallpox, or the exudation into the Peyerian, solitary, and mesenteric glands in typhoid fever, denote a blood-change proper to each of these diseases. In like manner, all the cutaneous eruptions involving morbid products, especially when not due to obvious local causes, in other words, when spontaneous, imply blood-changes. The old medical philosophers, guided by common sense, before the discovery of the circulation, attributed most diseases to the presence of certain *peccant humors*, which were to be concocted and expelled before recovery could take place. They regarded the local and general phenomena of diseases as proceeding from the efforts of nature at coction and elimination. Morbid processes, therefore, were, in a great measure, conservative. These notions gave way under the influence of an exclusive solidism, developed and fostered by the study of morbid anatomy, which is occupied, not with morbid actions, but their results; disease itself was overlooked, the attention being engrossed with its effects. But in the ancient common-sense notions lies the germ of true pathology, as modern researches are constantly exemplifying more and more. With our present knowledge, the old humoral doctrine is, in the main, applicable to the diseases which have been named; and its application may be extended to other diseases characterized by morbid deposits, such as gout, tuberculosis, carcinoma, and perhaps even to certain inflammations attended by the exudation of lymph.

3. Disorders of the different secretions and excretions denote blood-changes. This is true more especially of excretions, inasmuch as excreted matters exist formed in the blood, and are simply eliminated by the excretory organs.

4. The fact of local affections occurring simultaneously or in quick succession in different situations, is evidence of a general or constitutional morbid condition. Examples are, purulent formations in pyæmia, tubercle deposited in various organs, cancer, etc. Shifting of the location of the manifestations of disease, as in acute articular rheumatism, is another point of evidence.

5. The occurrence of a local affection on the two lateral sides of the body, and a correspondence of the affection of the two sides as regards the character of the affection, its situation, extent, etc., constitute a very strong

point in evidence of a constitutional morbid condition, involving a blood-change. A striking law of symmetry characterizes certain diseases. They may be distinguished as symmetrical diseases. Examples are various cutaneous diseases, articular rheumatism, Bright's disease of the kidneys, pulmonary tuberculosis, etc. We cannot well conceive that the internal determining conditions which give rise to the local manifestations in these diseases are seated elsewhere than in the blood. We may assume it to be a rational conclusion that the essential pathology of all symmetrical diseases pertains to the blood; and the fact that the law of symmetry is exemplified in any disease, suffices to render it probable that it is a blood disease.

6. The *modus operandi*, so far as known, of remedies found to be useful in the treatment of a great number of local affections, shows their source to be in the blood. The remedies referred to are those which act by being absorbed into and modifying the blood. These remedies have been significantly termed *alteratives*. There immediate effects in the blood are unknown; we can only say that they alter in some way and affect sensibly the condition of the blood. Examples are mercury and iodine.

The foregoing are some of the considerations which establish, by logical inference, the general or constitutional origin of local affections, the nature of the general or constitutional morbid condition being unknown, but consisting, as is rationally probable, in indeterminate pathological changes in the blood. Other considerations which might be adduced are omitted, the aim being, not to enter into a discussion of this topic, but only to furnish suggestions for the inquiries and reflections of the reader.

CHAPTER VIII.

THE CAUSES OF DISEASE, OR ETIOLOGY.

Etiology a branch of General and Special Pathology—Its importance—Internal or Intrinsic, and External or Extrinsic Causes—Ordinary, and Special or Specific Causes—Traumatic Causes—Spontaneous Diseases—Primary and Secondary Causes—Complications and Intercurrent Diseases—Predisposing and Exciting Causes—Congenital and Inherited Predispositions to Disease—Co-operating Causes—Diathesis—Cachexia or Dyscrasia—Endemic Diseases dependent on Emanations from the Soil—Epidemic Diseases produced by Causes existing in the Atmosphere—The Causes of some Contagious Diseases exclusively derived from those affected with these Diseases, and other Diseases of this class produced, in some cases, by other Causes than Contagion or Infection—Fomites—Portability of the Special Causes of Diseases not Contagious nor Infectious.

ETIOLOGY is that branch of medicine which treats of the causes of disease. As one of the divisions of the Principles of Medicine or General Pathology, it treats of causes considered with reference, not to individual affections, but to disease in general or to different groups of diseases. The consideration of the causes of individual diseases forms an important part of special pathology or the practice of medicine. Etiology, therefore, enters into the range of topics belonging to the first and second parts of this work. Following the general plan pursued in the foregoing chapters, I shall limit myself here to certain distinctions and definitions which are to be understood as preliminary to entering on the study of individual diseases.

Knowledge of the causes of disease is highly important, in a practical view, as the basis of prophylaxis or the prevention of disease. It is obvious that in proportion as we are able to trace diseases to their sources, we may expect to extinguish causes or obviate their morbific influence. Knowledge of causes also is important as entering into the management of diseases; for it not unfrequently happens that causes continue to be operative after disease has been produced, and their removal is, of course, a prime object in order to effect a cure. It will be apparent, when we come to inquire into the causes of individual diseases, that the amount of our present knowledge in this direction is extremely limited. It is true that modern researches have developed much information, and not a little progress has been made in the prevention and cure of diseases in consequence of increased knowledge of etiology, but there yet remains a wide field for further developments.

In treating of morbid conditions of the blood, reference has been made to certain causes of disease originating within the bodies of persons affected, and to other causes which are received from without. Here is one ground of distinction. Causes are *intrinsic* or *internal*, and *extrinsic* or *external*. Examples of external or extrinsic causes are the different kinds of miasms, infectious or poisonous, the various species of virus, venoms, palpable poisons, together with the numerous agencies of disease by means of wounds or injuries. On the other hand, examples of internal or intrinsic causes are, an accumulation of urea in the blood, an excess of uric acid in gout, a morbific principle in rheumatism supposed to be lactic acid, emotional excitement, etc.

Causes may be distinguished as *ordinary*, and *special* or *specific*. Ordinary causes are those to which all persons are more or less exposed, and which may give rise to two or more forms of disease. Atmospherical vicissitudes are ordinary causes. They are generally supposed to be involved in the causation of disease very frequently, and to give rise to a great variety of diseases. Special or specific causes are extraordinary in their occurrence, that is, persons are exposed to them only at certain times or in certain situations, and each cause gives rise uniformly to one particular form of disease. The poisonous miasm which produces periodical fever, the infectious miasm which causes typhus, the virus which gives rise to smallpox, etc., are examples of special or specific causes. These causes stand in a causative relation to no other diseases than those which have just been named. The miasm which produces periodical fever is not capable of producing typhus, the miasm which produces typhus will never give rise to periodical fever, and the same is true of all other causes belonging in this category. The existence of a special or specific cause may be inferred from the special or specific character of a disease, although the nature and source of the causative agent are not understood. It is certain, for instance, that diseases possessing phenomena and laws so distinctive and uniform as those which belong to the clinical history of epidemic cholera, typhoid fever, yellow fever, etc., must each have its own special or specific cause, but the causes of these diseases have thus far eluded investigation. In fact, our knowledge of most of the special or specific causes of disease, at the present moment, does not extend beyond the fact of their existence, more or less of the circumstances connected with their development, and their manifest morbid effects in the organism.

Certain causes are distinguished as *traumatic;* and this name is applied also to distinguish the diseases produced by this class of causes. Traumatic causes are those which give rise to disease by acting in an appreciable manner on the part affected. Traumatic diseases are those thus produced. Anything which occasions an injury or wound of a part, and consequently disease of that part, is a traumatic cause. The name signifies a wound. A bronchitis caused by the inhalation of an irritating vapor is produced traumatically. A calculus in the pelvis of the kidney which gives rise to pyelitis, and a stone in the bladder which occasions cystitis, are traumatic causes. The causes thus distinguished, therefore, may be either internal or external, although, in the great majority of cases, they belong to the latter class.

Diseases not traumatic, and which do not proceed from any appreciable causative agency, are said to be *spontaneous*. This term, as thus applied, is to be taken in a conventional, not a literal sense. It is obviously incorrect to say of any disease that it originated spontaneously. Every disease must have its adequate determining cause. But many diseases are developed without our being able, in the existing state of knowledge, to refer them to their causes; and the term spontaneous, applied to those diseases, means simply that they proceed from causes which our present knowledge does not enable us to appreciate. Pleuritis, pericarditis, and other affections developed frequently in the course of Bright's disease, were formerly considered as spontaneous; but now that their development is attributable to the action of urea accumulating in the blood, the term has ceased to be applicable to them. The number of so-called spontaneous diseases will diminish in proportion as our knowledge of etiology advances.

Causes are distinguished as *primary* and *secondary*. A secondary cause is an effect of disease. Urea, for example, accumulating in the blood, gives rise to various local affections—pleuritis, pericarditis, etc. But the accumulation of urea is an effect of some disease of the kidneys, which interrupts the eliminative function of these organs. Urea in excess in the blood, is thus a secondary cause of disease. A primary cause, on the other hand, does not proceed from a prior disease. All external traumatic causes, for instance, are primary. The same distinction is made among diseases; that is, some are primary, and others secondary.[1] Primary diseases proceed from primary causes, and those called secondary are due to the effects of pre-existing diseases; in other words, to secondary causes. A large proportion of the diseases, the existence of which is first ascertained, are secondary; they involve in their causation antecedent affections. Not unfrequently a number of diseases are thus linked together in a consecutive series. In the examination of patients, therefore, it is not sufficient to have discovered a disease; but, having discovered one disease, it remains to be ascertained whether one or more additional diseases do not exist, sustaining to the disease first discovered a relation either of cause or effect. Clinical researches have developed important facts with respect to the causative relations existing between different diseases, and these facts are of great utility in medical practice.

Secondary and subordinate affections are distinguished as *complications*. A complicating disease is one which occurs in the course of another disease with which it is connected by some pathological relation. Pneumonitis, for example, developed in the course of typhoid or typhus fever, is a complication of the latter. It is consecutive to the fever, and to a greater or less extent dependent thereon for its production. Pneumonitis generally has a complication, viz., circumscribed pleurisy. A disease is said to be *intercurrent* when it occurs during the progress of another disease, without necessarily having any dependence on the latter. Lobar pneumonitis, for example, occurring in a patient affected with pulmonary tuberculosis, is an intercurrent affection.

As just stated, certain causes of disease are themselves effects of disease; so that certain diseases may be said to stand in a causative relation to other diseases. On the other hand, some diseases afford protection against others.

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[1] Protopathic and deuteropathic.

As an illustration, emphysema of the lungs and pulmonary tuberculosis may be cited. The latter disease occurs in patients affected with the former so rarely as to show that it exerts a protective influence. Another illustration is afforded by disease of the heart and tuberculosis of the lungs. A tuberculous deposit occurs so rarely, when cardiac disease occasions much disturbance of the circulation, that the latter must be considered as affording more or less exemption from the former.

Another division is into *predisposing* and *exciting* causes. Predisposing causes induce a liability or tendency to certain forms of disease. Exciting causes, acting on persons already predisposed to certain diseases, determine their occurrence. Predisposing causes may be alone sufficient to give rise to disease, or they may only suffice to place the system in a condition favorable for the occurrence of disease; in the latter case the disease occurs when exciting, are superadded to the predisposing, causes. To cite an instance: A person under the influence of predisposing causes is in a condition favorable for the occurrence of acute rheumatism; in this condition he is exposed to atmospherical vicissitudes, and the latter determine an attack of this disease. The exciting cause, viz., the atmospherical vicissitudes, would not, alone, have been adequate to give rise to an attack of rheumatism; and the former, viz., the predisposing cause, alone, might have been inadequate; but, conjointly, they occasion this disease. Exciting causes act the part of the match when everything is ready for an explosion. It is thus seen that predisposing causes determine the nature of the disease, and exciting causes the date of its occurrence.

A predisposition to some form of disease may be inherent in the constitution, or congenital. Some persons have inborn tendencies to certain diseases. This fact is strikingly illustrated by the occurrence of phthisis successively in different members of the same family—a large number of brothers and sisters being carried off by this disease. This congenital predisposition may remain completely latent until the period of life in which the disease is most apt to be developed; and we sometimes see a whole family of children, one after the other, fall victims to this disease, when they severally reach a certain age. A predisposition to certain forms of disease may not only be congenital, but inherited; a constitution involving a tendency to disease is transmitted from parent to offspring. Among the diseases perpetuated in this way are phthisis, gout, cancer, asthma.

The predisposition to a disease, whether congenital or acquired, may be strong or feeble. Various circumstances may act as *co-operating causes;* that is, acting in furtherance of the constitutional tendency. Thus, in a person predisposed to phthisis, the development of this disease may be greatly promoted by unfavorable hygienic circumstances, such as sedentary habits, deficient ventilation, and inadequate alimentation. These co-operating causes, taken in conjunction with an existing predisposition, may serve to develop the disease, when, without their aid, the predisposition might not have been sufficient. There is reason to believe that persons with a feeble predisposition to this disease often escape, if they are exempt from the operation of co-operating causes. The latter, moreover, are to a greater or less extent controllable, while the predisposition, especially if it be congenital, is entirely beyond control. Diseases thus are preventable, notwithstanding a predisposition to them, in so far as they depend on the union of co-operating causes. Herein lies a truth of great practical importance.

Diseases which originate from special causes often appear to require for their production co-operating causes. Facts seem to show, for examples, that yellow fever, periodical fevers, and epidemic cholera, which undoubtedly involve the agency of special causes, would in many cases not have occurred, had not other than the special causes contributed to their occurrence. By eradicating, as far as possible, all unfavorable hygienic influences, the special causes of these diseases may be rendered, to a great extent, or perhaps completely, inoperative. The special causes of disease and the co-operating causes are, to quote the comparison of the late Dr. Barton, like the two blades of a pair of scissors—conjoined they are effective, but disunited they effect nothing. The special causes of these diseases we may not be able to remove; but co-operating causes are, to a great extent, within our control; and, by removing the latter, the diseases are rendered preventable.

A constitutional predisposition to a particular form of disease constitutes what is called a *diathesis*. A diathesis, therefore, may be either congenital or acquired. And the diseases which are considered as generally, if not always, involving a constitutional predisposition, or diathesis, are sometimes distinguished as *diathetic* diseases. A *cachexia* or *dyscrasia* involves a diathesis, and something more. These terms denote not merely a constitutional predisposition to a disease, but that condition of the system which exists when the disease is actually developed. A person born with a tendency to phthisis, for example, has the tuberculous diathesis; and this diathesis eventuates in the tuberculous cachexia when the person becomes affected with phthisis.

Our knowledge of the special causes of disease, as already stated, is extremely imperfect as regards their nature, source, and the *modus operandi* by which they give rise to morbid manifestations. But certain conclusions respecting their origin and diffusion may be logically determined. One of these conclusions is, that some poisonous miasms emanate from the soil. This may be inferred with respect to the special causes giving rise to diseases called *endemic*. Endemic diseases are those which prevail within circumscribed territorial limits; that is, their prevalence does not extend beyond sectional boundaries. Now, this fact is sufficient for the inference that the source of the causative miasms is in the soil; because, of the elements which enter into climatic influences, those peculiar to any particular district are terrestrial. Again, in the diseases called *epidemic*, viz., those which prevail successively or simultaneously in different and often wide-spread territorial districts, the poisonous miasms, whatever may be their source, must be diffused through the atmosphere. The causes of epidemic diseases are migratory. In some instances they traverse successively almost every portion of the habitable globe. This is true of epidemic bronchitis or influenza, and of epidemic cholera. It is altogether improbable that the special causes in these and other epidemics are developed in the different sections of country over which their prevalence extends. They are produced in the situation whence they take their point of departure, and travel, in some way, through the atmosphere. The special causes which give rise to contagious and infectious diseases are derived from the bodies of those affected with these diseases; and, with respect to certain of these diseases, it is probable that the special causes are exclusively thus derived. It may fairly be doubted whether smallpox ever originates from any other source, notwithstanding the occurrence of cases in which it cannot be traced to contagion or infection. Yet, the first case of smallpox which ever existed must, of course, have been an exception to this law, and it is possible that there are still occasional exceptions. With respect to certain of the diseases which are communicable, it is probable that they not unfrequently originate otherwise than by contagion or infection. This is true of typhoid, and perhaps also of typhus fever.

Diseases are communicated, not only by immediate contact, and by an infectious miasm diffused in the atmosphere, but by means of what are called *fomites.* This term is applied to any inanimate substances, such as clothing or articles of merchandise, to which contagious or infectious matter has adhered. In this way certain diseases, such as smallpox and scarlatina, may be disseminated at points far distant from the source of their special causes. The term fomites is restricted to the transmission of the matter of contagion or infection. But it is probable that other special causes of disease may be transmitted in the same way. Facts, for example, appear to show that the special cause of yellow fever is capable of transportation. And if this be true, it is correct to say that a disease may be *portable*, although not contagious nor infectious.

CHAPTER IX.

SYMPTOMATOLOGY.

Pathognomonic Symptoms—Diagnostic Symptoms—Subjective and Objective Symptoms—Signs—Clinical History of Diseases and the different Modes by which it is obtained—Stages of Disease—Precursory or Prodromic Events—Sequels—Diagnosis—Reasoning by way of exclusion—Differential Diagnosis—Prognosis—Prognostics.

THE study of the symptoms of disease forms a division of the principles of medicine, or general pathology, called *Symptomatology* or *Semeiology*. The consideration of symptoms will occupy a large proportion of the space to be devoted to each individual disease, in treating of the practice of medicine, or special pathology, in the second part of this work. Continuing to pursue the plan adopted in the first part of the work, it will suffice to present in this chapter certain distinctions and definitions which should be understood before entering on the study of individual diseases.

The term symptoms embraces all the appreciable morbid phenomena occurring in connection with disease. The name signifies to fall together, and denotes concurrence of events. To reiterate the often quoted comparison by Galen, symptoms accompany diseases as the shadow follows the substance. By means of symptoms the existence of disease is made apparent, and the character and seat of different affections are ascertained.

Certain symptoms are distinguished as *pathognomonic*. A pathognomonic symptom is one which denotes invariably the existence of a particular disease. It derives this significance from the fact that it occurs only in connection with one disease. Whenever such a symptom, therefore, is present, it represents the disease, and, in itself, suffices for the recognition of the disease. The number of pathognomonic symptoms is quite small. As an illustration of the symptoms of this class, a semi-transparent, viscid, rusty-colored matter of expectoration belongs exclusively to pneumonitis. It is, therefore, a pathognomonic symptom, always denoting the existence of that disease. In like manner, the crepitant rale, obtained by auscultation, is so distinctive of the same disease, as to be nearly pathognomonic. It would be difficult to cite many examples in addition to the two just named.

A symptom is said to be *diagnostic* when it occurs more frequently in connection with a particular disease than with other diseases. Just in proportion as it is restricted to a few diseases, is its diagnostic character and importance marked; that is, it is of value as denoting the presence of some one of these diseases, and, therefore, of value in diagnosis. Different symptoms differ as regards their respective diagnostic value. Some are highly diagnostic; in other words, they point strongly to the existence of particular diseases. Others are moderately, and, again, others slightly diagnostic. The measure of diagnostic significance depends on the frequency of concurrence with a particular disease and the infrequency of concurrence with other diseases.

Symptoms are either *subjective* or *objective*. Subjective symptoms are those which relate to the sensations or feelings of the patient, and which, consequently, the physician can appreciate only through the patient's description of them. Objective symptoms, on the other hand, are those which the physician observes for himself, and for a correct appreciation of which he is in no wise dependent on the patient. As regards subjective symptoms, the physician is exposed to error in consequence of inability on the part of the patient to describe them clearly. In young children this class of symptoms is not available. This is true, also, of idiots, the insane, and in the delirium incident to different diseases. As regards these symptoms, too, the physician is liable to be deceived by intentional misrepresentations on the part of patients; and he is liable to be deceived, unintentionally, by a tendency, on the one hand, to exaggeration, and, on the other hand, to depreciation of morbid sensations or feelings. Owing to these sources of error, much tact is often requisite in placing a proper estimate on subjective symptoms. Objective symptoms are not open to the same liabilities to error. The physician judges of these by the exercise of his own senses, and if he fail to discover or place a proper estimate upon them, the fault consists in his own want of attention, judgment, or skill. Objective symptoms, thus, are much more reliable than subjective, in the investigation of cases of disease.

A symptom, as already defined, is any manifest morbid phenomenon or event. Occurring concurrently with a disease, it may, or may not, have a pathological connection with that disease. Its pathological connection with the disease may be such as to render it a pathognomonic symptom, or more or less diagnostic; and, on the other hand, it may be present as a mere coincidence, or accidentally. In the latter case, it has no pathological connection with the disease, and is devoid of diagnostic significance. This difference among symptoms has been expressed by calling them *signs* when they are either pathognomonic or more or less diagnostic. According to this distinction, a symptom becomes a sign whenever it denotes, in a greater or less degree, the existence of a particular disease. The term signs, however, has come conventionally to be used in a different sense. It is usual to apply this term to the phenomena obtained by certain methods of investigation distinguished as physical, viz., percussion, auscultation, etc. These phenomena are called physical signs, but for convenience, the word physical is often omitted, and is considered as understood when the term signs is alone used. In this sense of the term signs, or, as restricted to the phenomena obtained by the physical methods just named, it is used in contradistinction to symptoms, the latter embracing all the other phenomena which are manifested in connection with disease. The phenomena thus included under the name of signs, are, of course, objective, and will be found to be the most reliable of those by means of which the existence, seat, and character of certain diseases are ascertained.

The symptoms and signs which occur during the course of a disease are the events which make up its *Clinical history*. This phrase is applied to a description of the manifest phenomena taking place from the beginning to the end of a disease, together with the order of their succession and the laws which govern them. Or, instead of clinical history, it is proper to say the *natural history* of a disease, when the disease is allowed to pursue its course unaffected by disturbing influences of any kind, and when no attempt is made to arrest, abridge, or modify its course by therapeutical measures.

How is the clinical or the natural history of a disease to be obtained? There are three methods which may be employed. One method consists in selecting, as types of the disease, a few well-marked cases, and basing the description of the phenomena belonging to the disease on the events observed in these cases. This method is defective, because some symptoms belonging to the disease might be wanting, and some symptoms not belonging to the disease might be present in these few representative or type cases. Moreover, this method is inadequate to show the relative importance of particular symptoms. Another method is to make out a history from recollection, after having observed a greater or less number of cases. A history thus obtained must be imperfect from the obvious inability to retain in the memory all the events which occurred while the cases were under observation, together with the order and relative frequency of their occurrence. The third method is the only one by means of which an accurate clinical history of a disease is to be obtained. It consists, *first*, in the accumulation of a certain number of cases fully and carefully recorded, and, *second*, in an analysis of the recorded cases with reference to the symptomatic phenomena which occurred, the relative frequency of their occurrence, the order of their succession, the number of deaths and recoveries, the duration of the disease, etc. By this method are ascertained events which are constantly present, and, therefore, having an essential relation to the disease; events which are incidental to the disease, being present more or less frequently, and events, the presence of which is purely accidental. There are many diseases which have not, as yet, been sufficiently studied after this method, and here, therefore, is ample scope for further clinical labor. Among the diseases which have been studied after this method may be mentioned typhoid and typhus fever, and pneumonitis. The knowledge of the clinical history of these and some other diseases, obtained by means of this method within late years, exemplifies its advantages.

The clinical history of a disease is divided into several distinct periods or stadia, which are commonly called *stages*. The first stage may be distinguished as the invasion or access of the disease. This period dates from the first morbid manifestations and extends to the time when the disease may be considered as fully developed or established. The duration of this stage varies in different diseases and in different cases of the same disease. Generally the duration is governed by certain laws proper to different diseases. Some diseases are characterized by the abruptness of their development, the stage of invasion being very short or altogether wanting. The *career* or *course* of a disease extends from the date of its development, that is, from the end of the stage of invasion to the time when the disease may be considered as ended. This period is frequently subdivided into two or more stages. The stage of convalescence embraces the period between the end of the disease and the complete restoration of health.

The clinical history of a disease properly embraces phenomena which may precede the stage of invasion or access. They are distinguished as *precursory* or *prodromic* events; and, in some diseases, is to be included a period which is called the period of *incubation*. The latter term, signifying hatching, relates to the time which elapses after the reception of certain special causes of disease, before any morbid manifestations take place. For example, after inoculation with the virus of smallpox, a certain number of days elapses before any morbid phenomena make their appearance. But, in the meantime, occult operations are doubtless going on in the system, and when these operations are sufficiently advanced, the period of invasion or access occurs. The significance of the term incubation is thus apparent. Again, the clinical history of a disease should take in phenomena which may occur after recovery from a disease, provided they are dependent upon it. Certain diseases are liable to be followed by certain consequences, which are called *sequelæ* or *sequels*. Thus, after recovery from scarlatina, albuminuria and general dropsy occur in a certain proportion of cases. These are results of this disease, and hence belong to its history as sequels. In like manner tuberculosis is apt to be a sequel of measles.

DIAGNOSIS.

One of the most important of the aspects under which individual diseases are to be considered, is their *diagnosis*. The term diagnosis means the discrimination of diseases, that is, determining respectively their character and seat. The practical importance of a correct discrimination of diseases, with reference to their management, is sufficiently obvious. How is it possible to bring to bear upon a case of disease established principles of treatment, until the character and seat of the disease are ascertained? Diagnosis and treatment are, in fact, the two practical ends of the study of medicine. Diagnosis is also important with reference to the acquisition of knowledge of the clinical history of diseases. In collecting cases for analysis, if different diseases are confounded, the results of the analysis will be vitiated. In like manner, correctness of diagnosis is the basis of therapeutical experience. Conclusions drawn from the effects of measures of treatment, in a series of cases of any disease, will, of course, be fallacious if the series include cases of some other disease. Here is a source of not a little of what has been called false experience in practical medicine. Diseases which were formerly confounded, are now known to be distinct and readily discriminated from each other. For example, the eruptive fevers, measles, scarlet fever, and smallpox were once considered as different varieties of one disease. Physicians did not undertake until within a few years to discriminate between pleuritis, pneumonitis, and bronchitis; now, it is not only known that these diseases occur separately, but the diagnostic characters of each are well ascertained and sufficient for its recognition. Still more recently typhus and typhoid fever have been confounded, and, indeed, are still by some considered as one disease.

Differences in skill and tact, among practitioners of medicine, relate especially to diagnosis. In medical consultations, it is here chiefly that points for discussion and disagreement are apt to arise. It is here that the want of aid and counsel is oftenest felt by the physician. The diagnosis involves more embarrassment than the management of diseases. This fact is not appreciated by the people at large, many of whom, without any medical education, undertake to decide respecting the nature and seat of disease whenever they or their friends are ill.

The diagnosis of a disease may be based on the presence of pathognomonic events. Thus, the characteristic expectoration, or the crepitant rale, denotes the existence of pneumonitis. But, as already stated, there are but few symptomatic phenomena which are truly pathognomonic. Moreover, of the few diseases which have pathognomonic events, these are not present in all cases; hence, their absence is by no means proof against the existence of the diseases. The characteristic expectoration and the crepitant rale, for example, are wanting in not a very small proportion of cases of pneumonitis. It is evident, therefore, that the diagnosis of a disease cannot often be based on pathognomonic events. And, next in importance, as regards the basis of diagnosis, is the presence of diagnostic symptoms. As a rule, in proportion to the degree of diagnostic significance belonging to the symptoms present, and their number, is the diagnosis of a disease easy and positive. In these respects different diseases and different cases of the same disease differ widely; in some instances the diagnostic symptoms present are few in number and weak, while in other instances they are numerous and strong. It is with special reference to the relative diagnostic value of the different events which make up the clinical history of a disease, that the latter is important to the physician, if it be obtained by the true method of study, viz., the analysis of recorded cases.

The laws of disease are often of importance in relation to diagnosis. For example, typhoid fever very rarely affects persons over fifty years of age. When, therefore, persons beyond this period of life are said to have typhoid fever, the chances are that an error has been made in diagnosis. Certain diseases, as a rule, occur but once in the same person. The probabilities, therefore, in a case of doubtful diagnosis, are against the existence of a disease which might otherwise be suspected to exist, if this disease be one of this class, and it be ascertained that the patient has already had the disease. Certain physical signs situated within a circumscribed space at the summit of the chest, denote tuberculous disease, while the same signs, situated elsewhere, might point to some other affection, owing to the law that the tuberculous deposit, in the vast majority of cases, first occurs at or near the apex of the lung. Similar illustrations might be multiplied indefinitely; the laws regulating the development of a disease, the succession of events, its duration, its sequels, etc., often furnish valuable aid in its diagnosis. Here, too, the practical importance of knowledge of the clinical history of diseases is apparent.

A highly effective method of reaching the diagnosis of a disease is called "reasoning by way of exclusion." In a case of doubt as regards diagnosis, the problem is generally to decide between a certain number of diseases. The existing disease is one of two, three, or more diseases, which may be suspected to exist. Now, if it be difficult to decide which one of these is the existing disease, from the positive proof relating to diagnostic events and laws, it may be practicable to decide that there is insufficient evidence of the existence of one or more, and therefore the latter are excluded. By this process of elimination, the number of diseases is diminished, and may be reduced even to one disease; the diagnosis then being made on the principle of exclusion. To illustrate the application of this method, the presence of lancinating pains in one side of the chest, as a prominent symptom of disease, is consistent with the existence of either pleuritis, pneumonitis, or pleurodynia. The question is, which one of these three diseases is the existing disease. In seeking to decide this question, we look for positive evidence of the existence of either one, that is, for pathognomonic or diagnostic symptoms. The characteristic expectoration of pneumonitis would be decisive. if present, but its absence is not proof that this disease does not exist. We cannot exclude this disease by the absence of that symptom. But pneumonitis is frequently accompanied by a crepitant rale, and always leads to solidification of lung, which is revealed by certain auscultatory signs. Suppose these signs to be wanting, we may exclude pneumonitis. The question now is between pleuritis and pleurodynia. Pleuritis is sometimes accompanied by a friction murmur on auscultation, and always, if primary, leads to more or less liquid effusion, the presence of which is demonstratively determined by physical signs. Suppose these signs to be wanting, we may exclude pleuritis. We thus arrive, by way of exclusion, at the diagnosis of pleurodynia, assuming the problem to comprise only these three diseases.

In discriminating a disease from one of several diseases with which it has more or less symptomatic phenomena in common, the amount of positive evidence in behalf of its existence is to be considered, and, also, the evidence against the existence of the diseases from which it is to be discriminated. This comparison of one disease with other diseases, with reference to positive and negative evidence of its existence, constitutes what is called *differential diagnosis;* and to discriminate a disease in the manner just described is to differentiate it. Thus, typhus and typhoid fever have many symptoms in common, but differ from each other in essential points. The differential diagnosis of these diseases has reference to the circumstances which denote, on the one hand, the presence of one, and, on the other hand, the absence of the other.

PROGNOSIS.

The division of medicine called *prognosis* treats of the means by which the course and termination of diseases may be foreseen. It is often important to form a correct judgment concerning the way in which diseases are to end, with reference to communications with patients and their friends. They may desire, and if so, it is proper they should receive, information on this point. Nor should the physician be unmindful of the fact, that people in general are apt to estimate his knowledge and ability by the correctness of his judgment in this regard. Recollecting this fact, the protection of his own interests, in addition to other considerations, will dictate a certain amount of reserve in his predictions. But a correct judgment as regards prognosis may be important with reference to treatment. Therapeutical measures are sometimes to be withheld in view of the complete hopelessness of the condition of the patient; and, under these circumstances, persistence in the use of remedies is not only superfluous, but likely to do harm. On the other hand, therapeutical measures may be employed with reference to the danger of death, without regard to the nature or seat of the disease. A disease equal in all respects in different cases, may destroy the lives of some, while others recover, owing to the diversity which exists in different persons as regards the ability to sustain and overcome disease; and in the management of diseases, it is often the chief aim of the physician, in the language of Cullen, to obviate the tendency to death.

Prognostics are those circumstances on which a prognosis is based. They relate, of course, mainly to the symptoms of disease. Formerly, before the nature, seat, anatomical changes, etc., of different forms of disease were as well understood as now, all the circumstances connected with diseases were considered with direct and special reference to their significance as prognostics. The consideration of these is appropriate in treating of the principles of medicine, or general pathology; but it will suffice to consider them incidentally in connection with individual diseases. A few points which relate to the physiognomy or obvious appearances, and render the prognosis unfavorable, may be here enumerated, by way of illustration.

Notable emaciation and pallor, existing in connection with any chronic affection, are unfavorable prognostics. Lividity of the prolabia and face, if persisting, generally denotes great danger. Great frequency and feebleness of the pulse, exclusive of diseases of the heart, and especially in acute diseases, point to a fatal termination. Great prostration is usually an alarming symptom. Spasmodic inspiration, if not dependent on pulmonary disease, precedes the development of coma, except it be referable to hysteria. Coma, if it last more than one or two days, will be likely to end in death. Paralysis of the sphincters, leading to involuntary evacuations, and loss of the muscular power of deglutition, are apt to denote impending dissolution. Impaired capability of feeling the presence of liquid in the air-passages, and inability to make the efforts requisite for its removal by expectoration, are forerunners of the moribund state. Finally, the characters pertaining to the physiognomy which constitute the *Hippocratic countenance*, so called because they were described by the ancient father of medicine, denote the moribund state. These characters are, marked pallor with more or less lividity, pinching of the nostrils, sinking of the eyes, hollowness of the temples, coldness and transparency of the ears, dropping of the lower jaw, etc. The change in physiognomy in this state is so great, that persons are sometimes hardly recognizable. The features, to use a French expression, are decomposed, and a glance at the face often suffices to show that death is nigh at hand.

CHAPTER X.

PROPHYLAXIS—GENERAL THERAPEUTICS.

Experience the Basis of Therapeutical Knowledge—Two Sources of Experience; Analysis of recorded Cases with reference to the duration or termination of Diseases, and Observation of the immediate Effects of Therapeutical Measures—Rational Inference as a Means of arriving at Principles of Therapeutics—Importance of Knowing the Intrinsic Tendencies of Diseases toward Recovery, or otherwise—Active Measures to be employed only when clearly indicated—The Expectant Plan of Treatment—Conservative Medicine—Importance of Hygienic Measures of Treatment—Modes of Dying resolvable into Apnœa and Asthenia—Classification of Therapeutical Measures, according to the Objects to be accomplished, into Prophylactic, Abortive, Curative, Palliative, Hygienic and Sustaining Measures—Consideration of the Elementary Forms of Disease deferred.

THE prevention of disease is an object connected with pathological studies. It constitutes a division of medicine called prophylaxis. It is one of the several aspects under which individual diseases are to be considered. As regards the beneficent fruits of knowledge, it holds a place scarcely inferior to that of therapeutics. Many diseases are preventable by removing or obviating their causes; and it is with reference especially to this application, that the study of causes, or etiology, is of great practical importance. The knowledge already acquired of the causation of certain diseases, has proved of much value. A striking illustration of this is afforded by our present acquaintance with the poisonous effects of lead. It is only within late years that certain diseases have been traced to the action of this poison. The diseases thus produced were doubtless of frequent occurrence before their causation was understood. Now, the physician is able sometimes to determine that diseases are thus produced, although he may not be able to ascertain in what manner lead has been introduced into the system; characters pertaining to the diseases show that they have originated from this source. This statement is true of that form of paralysis called wrist-drop, and of the form of neuralgia known as saturnine colic.

We may hope to control the various special causes of disease, when their nature and origin are understood better than they now are. But we can even now often secure exemption from their morbific effects by the knowledge which we possess of certain of the laws regulating their operation. Thus, the special cause of periodical fever, commonly known as marsh miasma, may often be avoided by taking care to avoid exposure to the night air and by sleeping in an upper story. These causes may be indirectly controlled, to a certain extent, by removing accessory or co-operating causes. It is in this way, probably, that sanitary measures are efficient in protecting against epidemic and endemic diseases. Much has been accomplished in behalf of prophylaxis by these measures, but much more remains to be accomplished. Sanitary reforms relating to ventilation, sewerage, cleanliness, etc., there is reason to believe, will do very much toward the prevention of disease, and, hence, these are among the most important of the modes by which philanthropic efforts may be rendered useful to mankind.

The prospect of diminishing the mortality from certain diseases relates more to prevention than cure. This is true of that disease which contributes so largely to the death-rate in all countries, viz., phthisis. It is unquestionably true that phthisis is much more successfully managed now than heretofore, but it is probable that, under any system of treatment, the disease will prove fatal in a large proportion of cases, sooner or later. A great deal, however, is to be hoped for from the knowledge and avoidance of accessory causes which lead to the development of the disease by acting in conjunction with a congenital predisposition.

THERAPEUTICS.

The division of medicine, devoted to the treatment of disease, is called *therapeutics*. The consideration of therapeutical measures, as regards the evidence of their usefulness, the rationale of their operation, the indications for their employment, etc., constitutes *general therapeutics*. The general principles of therapeutics are usually considered in connection with the materia medica, and they may appropriately be connected with the principles of medicine or general pathology. The consideration of the treatment of individual diseases enters into special pathology, or the practice of medicine, and constitutes *special therapeutics*. It will suffice here to offer a few remarks relating to general therapeutics, reserving the different therapeutical measures for consideration in connection with the treatment of individual diseases in the second part of this work.

It is needless to offer any remarks on the importance of therapeutics. The treatment of disease is the great end of all our studies relating to pathology, general and special. It is, however, the most difficult of all the branches of medicine for the teacher. It is so, not alone from uncertainty as regards the correctness of therapeutical principles, but because principles, undoubtedly correct in their general application, are to be greatly modified in adapting them to the varied circumstances pertaining to individual cases of disease. The same disease, under different circumstances, may claim, not only widely different modifications of treatment, but therapeutical measures directly opposite in character. There will be abundant occasions for citing illustrations of this fact in treating of individual diseases. It is impossible to formularize rules for the application of therapeutical measures. If this were possible, the practice of medicine would be a mechanical, not a rational, art. All that the teacher and author can hope to do is to present general principles, together with the more important considerations involved in their application. And their successful application requires, not only knowledge, but reasoning powers, judgment, good sense, and practical tact.

How are the facts and principles of therapeutics obtained? Mainly by experience. The question then arises, how are the results of experience, as regards the utility of therapeutical measures, obtained? There are two sources of experimental evidence in behalf of the utility of a particular method of treatment in any disease. One source of evidence relates to the termination and duration of the disease in a series of cases in which the method of treatment has been employed. The superiority of a method is shown by a larger number of recoveries and an average duration shorter in such a series than in other series of cases treated otherwise. This statistical investigation is open to certain fallacies. No two series of cases of a disease are in all particulars exactly alike. Cases differ in the degree of severity and extent of disease, in the constitutional condition of patients, in the existence, or otherwise, of complications, and in a great variety of circumstances pertaining to season, climate, age, habits, etc. The results of a comparison of different series of cases, in respect of termination and duration, are to be accepted as the basis of experience, only on the ground that the differences in the different series mutually compensate for each other. Hence, the number of cases embraced in a series should be large, and the results of the comparison should be confirmed or corrected by being repeated with successive series of cases collected at different times and places and by different observers. Moreover, pains should be taken to group together cases resembling each other as closely as possible. Observing carefully all proper precautions, the results obtained by this kind of investigation are of great value, if deduced from data faithfully recorded by honest observers and competent diagnosticians. The memory is wholly inadequate for such an investigation. Moreover, recorded facts afford the only security against prejudice and bias. Unrecorded experience is by no means valueless, but it is of little relative value as compared with the results of the analysis of recorded data.

Another source of experimental evidence relates to the immediate effects of therapeutical measures irrespective of the termination or duration of diseases. The usefulness of remedial measures may be apparent from their immediate effects, although there be no proof that the disease has been abridged, and in cases which end fatally. A method of treatment may be useful in a certain number of the cases in a series, although in the majority of cases it may be injurious. For example, let it be assumed that in the larger number of a series of cases of pneumonitis bloodletting does harm, it may nevertheless do good in a small number of cases; and, conversely, if it be assumed that this remedy is useful in the majority of cases, it may be pernicious in some cases. So with regard to other measures in other diseases.

It is thus evident that after the utility of particular therapeutical measures in certain diseases, as the rule, has been ascertained by means of a sufficient number of facts derived from the first source of experimental evidence, it is vastly important for the physician to exercise discrimination in the application of these measures to individual cases. And it is to be borne in mind, that, in the practice of medicine, the physician deals with cases of disease separately, not in aggregates. The general principles of therapeutics have a relation to individual cases of disease, not unlike that of the rates of life insurance to the liability to death of particular persons. It is easy to calculate the probabilities of the duration of life in a large number of persons of a given age, and to determine exactly what it is worth to insure the lives of a large number, but no one thinks of applying to an insurance office to know how long he is to live!

Rational inference is a means of arriving at therapeutical principles. If, for example, it be known that a person has swallowed a corrosive poison, reason and common sense at once dictate the propriety of either endeavoring to expel it or to neutralize it by an appropriate antidote. But, in such a case, experience must be resorted to to know whether either of these objects is practicable, which of the two is to be preferred, and the best means of effecting them. Analogical and *à priori* reasoning may lead to the employment of measures in the treatment of diseases, but the results of experience are necessary to establish their therapeutical value. Talent and genius may be shown in originating methods of cure, but the practical test of their efficacy is afforded by experience. It is true that false experience has abounded in medicine, but if experience be open to fallacies, this is true to a far greater extent of theoretical or speculative reasoning. It is worthy of note that our knowledge of the most important remedies is based wholly on experience, without our being able to offer any explanation of their *modus operandi*. Examples are, the salts of quinia as a remedy for periodical fever, mercury and iodine in certain forms of syphilis, etc.

The intrinsic tendency of a disease to recovery, or otherwise, is to be considered with reference to the value of therapeutical measures. Knowledge of the natural history of diseases is important as the true point of departure for therapeutics. Much has been acquired, within late years, in this branch of knowledge, but much yet remains to be acquired. Diseases which were formerly supposed to tend to a fatal result, if not treated by means of active remedies, are now known to end generally in recovery, if let alone. Examples are acute pleuritis and simple pneumonitis. The importance of increasing our knowledge of the natural history of diseases, by collecting cases which have pursued their course without active treatment, is to be kept in mind by those desirous of contributing to the advancement of therapeutics, and opportunities of accumulating such cases should not be neglected, always provided that the welfare of the patient be not compromised by withholding measures which we have good grounds for believing will prove useful.

It may be laid down as a golden rule in therapeutics that active measures of treatment are only to be employed in cases in which they seem to the physician to be clearly indicated. The severity of disease, and the danger of the patient, be they ever so great, do not alone constitute grounds for the employment of active measures. If they are not useful, they will be likely to do harm. Therapeutical measures, in proportion to their power, are powerful for either good or harm, and must, therefore, be either indicated or contraindicated. In the language of another, the physician "should be content with doing nothing when ignorant how to do good."

The term *expectant*, as applied to the treatment of disease, is often used, and its true sense is not always appreciated. The treatment of disease by expectation consists in watching carefully its progress, and meeting with appropriate measures unfavorable events as they arise. This plan is not inconsistent with the employment of active measures of treatment; but these are resorted to, not simply because the disease exists, but with reference to events connected with the disease. In this sense of the term, the treatment of a disease is expectant, whenever the physician does not attempt to abridge or arrest it, but strives to aid in conducting it to a safe termination.

The progress of medicine within late years, as regards therapeutics, is characterized by the development of a principle which may be distinguished as *conservatism*. This term may be applied to medical as to surgical practice, and denotes an object which has not heretofore been sufficiently considered, viz., the avoidance of useless and injurious therapeutical measures. Conservative medicine does not interdict the use of the most potential of remedial agencies; but it enforces discrimination and circumspection in their use, recognizing fully their potency for evil as well as for good. The conservative physician is by no means a mere spectator of the progress of disease, but, in wielding the resources of therapeutics, he is careful to preserve the powers of life, following the injunction of Chomel not so much to treat disease, as patients affected with disease.[1]

The management of cases of disease involves not only the exercise of judgment in the employment, or otherwise, of therapeutic measures, but attention to hygienic regulations. And in a better appreciation of these, the practice of medicine at the present time offers a striking contrast with the past. It may perhaps safely be said, that the greater success attending the management of diseases now, than heretofore, is due as much to improvements as regards diet, ventilation, etc., as to the more judicious use of remedial agencies.

In the treatment of diseases involving danger to life, the mode of dying is to be considered. It is often a useful inquiry at the bed-side, by what mode of dying will the case under treatment end fatally if the patient do not recover? The answer to this question will often furnish the indications for treatment, by means of which the danger may be forestalled; and here, it is plain, is the source of indications under circumstances in which it is the aim of the physician to "obviate the tendency to death." It suffices for all practical purposes to reduce the different modes of dying to two, viz., by *apnœa* and by *asthenia.*

Death by apnœa is produced by interruption of the function of respiration. The type of this mode of dying is furnished in cases of strangulation. Death by this mode occurs when produced by affections involving obstruction to the passage of air to the air cells of the lungs, such as acute laryngitis, croup, œdema of the glottis, foreign bodies in the air-passages, and capillary bronchitis. It occurs sometimes when a considerable portion of the pulmonary organs is rendered incompetent to receive air, as in pleuritis with effusion, pneumonitis affecting both lungs, and acute phthisis. It also occurs when the respiratory movements are arrested by an affection of the medulla oblongata, involving the suspension of the reflex influences by which these movements are sustained. When death occurs from coma, the mode of dying is by apnœa. In this mode of dying, the embarrassment of respiration is out of proportion to the disturbance of the circulation, and when death takes place purely by this mode, the action of the heart continues for some time after the cessation of respiration.

Death by asthenia, on the other hand, is due to failure of the circulation. The action of the heart may be suddenly arrested, by paralysis from over-distension of the ventricles, compression by blood from an aneurism within the pericardium, or by pericardial effusion, and by the coagulation of blood within the cavities. But in all diseases which prove fatal by adynamia or exhaustion, the mode of dying is by asthenia, and when death takes place purely by this mode, respiration continues for a greater or less period, after the pulse has ceased to be appreciable at the wrist. Apnœa, however, is frequently combined with asthenia in producing death; the diminished muscular power renders the patient unable to prevent the accumulation of liquid in the air-passages, and the respiratory function may be also interfered with by congestion and œdema of the lungs due to exhaustion. So, also, asthenia is frequently combined with apnœa in fatal affections of the organs of respiration. In fact, in a large proportion of cases, the two modes of dying are combined, either the one or the other mode predominating.

With a view to reference in the second part of this work, a classification of measures of treatment, based on the general objects which the physician aims to accomplish in the management of individual diseases, will be convenient. These objects are embraced in the following classes:—

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[1] *Vide* "Conservative Medicine as applied to Therapeutics," American Journal of the Med. Sciences, January, 1863.

1. *Prophylactic or preventive measures.*—Vaccination is a preventive measure with respect to smallpox. Quinia, given to protect against intermitting fever, is another measure belonging to this class. Measures to eliminate urea from the blood when the deficiency of this excrementitious principle in the urine is ascertained, before the manifestations of uræmia take place, is another example. The ejection of poisons from the stomach, and the employment of antidotal remedies, belong in the same category.

2. *Abortive measures.*—The measures in this class are those which are employed with a view to arrest the progress of a disease at the outset; to cut it short, or strangle it. Quinia given in large doses in intermitting fever is an abortive remedy. It is not easy to cite many examples of this class. The range in which abortive measures are effective, with our present knowledge, is small. Here is a wide field for further developments in therapeutics.

3. *Curative remedial measures.*—Those measures which abridge the duration of disease, diminish its severity or danger, and, in general terms, modify or influence it in a favorable manner, may be distinguished as curative. This class is limited to remedial measures, that is, it does not embrace hygienic measures. Quinia is a curative remedy in cases of periodical fever in which it is not abortive, and, also, in certain cases of neuralgia. Mercury and iodine are curative in cases of syphilis. Opium is a curative remedy in peritonitis, in spasmodic affections like colic, and in sporadic cholera. Numerous other examples of this class might be cited.

4. *Palliative measures.*—The measures belonging to this class are those which are employed with the object of relieving pain or suffering. These measures are directed, not to disease *per se*, but to the symptoms or effects of disease. But they may, to a greater or less extent, exert a curative influence. It is conceivable that relief of pain or suffering may conduce to the favorable termination of disease in some cases.

5. *Sanitary or hygienic measures.*—The measures of this class relate to pure air, temperature, diet, cleanliness, moral influences, etc. Medicine has certainly derived as much advantage from this class, of late years, as from curative remedial measures. The improvements which have taken place in the management of diseases, as regards air, water, food, exercise, etc., is very great, but there is room for still further improvement.

6. *Sustaining or supporting measures.*—The measures of this class consist of tonic remedies, stimulants, especially alcoholic, and nutritious alimentation. The objects are to obviate a tendency to death by asthenia, and to forestall a degree of prostration dangerous to life. Sustaining measures are applicable to the treatment of all diseases which, if they prove fatal, will destroy life by asthenia, and they are indicated with an urgency corresponding to the danger of death by this mode. These, together with palliative and hygienic measures, constitute the treatment of all diseases which cannot be arrested, and which are not amenable to curative measures. Not a few diseases will be found in this category.

The terms *analeptic* or *restorative* are applied to measures relating to diet, regimen, and remedies, when the object is, in general terms, to bring the system back to its normal condition. Supporting measures have reference more especially to acute diseases which threaten life. Analeptic measures are those called for when the general health is deteriorated, although there may be no disease which involves danger to life; when, in other words, the system is *below par*. They are often called *building-up* measures, and are indicated in a large majority of disorders and chronic ailments.

This chapter concludes the first part of this work, the part devoted to the Principles of Medicine, or General Pathology. A succinct account of the changes belonging to morbid anatomy, and of the known morbid conditions of the blood, has been presented, together with certain distinctions, definitions, and general considerations relating to etiology, symptomatology, diagnosis, prognosis, prophylaxis, and therapeutics. These subdivisions of the principles of medicine, or general pathology, have been considered as fully as is deemed important by way of preparation for entering on the study of individual diseases. The latter will be considered in the remainder of the work, which is to be devoted to the Practice of Medicine, or Special Pathology.

Certain topics which might properly be included among those considered in the first part of the work, are reserved for consideration exclusively in connection with individual diseases. The morbid conditions, constituting what may be called the *elementary forms of disease*, are thus reserved. Under the head of elementary forms of disease are embraced those morbid conditions, entering into a greater or less number of individual diseases, which, with our present knowledge, constitute the primary deviations from healthy conditions. They are, in other words, the simplest forms into which morbid conditions are resolvable. These elementary forms enter into different individual diseases, as the elementary tissues either constitute or combine to form the different organs of the body. Inflammation is an example of an elementary form of disease, giving rise to a host of individual diseases. Fever, considered as an essential form of disease, is another example. The consideration of these and other elementary forms belongs appropriately to the principles of medicine, or general pathology, but it will suffice to consider them in treating of the individual diseases to which they give rise or into which they enter. Our present knowledge of the elementary forms of disease is extremely limited. This will be apparent, in treating of individual diseases, when the inquiry arises respecting what is known of the primary, essential morbid conditions which they involve.

The consideration of certain measures and plans of treatment belongs to general therapeutics. Thus, in the present chapter, bloodletting, the use of mercury, etc., as applied, not to any particular disease, but to groups of diseases, might, with propriety, have been considered. It will be more convenient, however, to offer such general considerations, relating to these topics, as may be deemed important, in treating of the application of therapeutical measures to the management of individual diseases.

PART II.

THE PRACTICE OF MEDICINE,

OR

SPECIAL PATHOLOGY.

PART II.

PRACTICE OF MEDICINE, OR SPECIAL PATHOLOGY.

INTRODUCTION.

Of the different aspects under which Individual Diseases are to be considered, in treating of the Practice of Medicine, or Special Pathology—viz., Anatomical Characters, Clinical History, Pathological Character, Causation, Diagnosis, Prognosis, Prevention and Treatment—Sense of the Term Individual as applied to a Disease, and the several Grounds of Individuality—Varieties of a Disease—Definition of the Terms Acute, Subacute, and Chronic—The Symptoms or Events Incidental to Disease sometimes, for convenience, considered as Individual Diseases—Self-limited Duration of Certain Diseases—Nosology—Nosological Arrangement adopted in this Work.

THE *Practice of Medicine, or Special Pathology*, treats of individual diseases. In this department of medical study, individual diseases are considered under several different aspects. One of these aspects relates to the appreciable changes found after death. These changes belong to morbid anatomy. Some diseases are characterized by morbid appearances in the parts affected, and other diseases are not accompanied by any lesions which are appreciable. The latter are distinguished as *functional affections*. Of the morbid appearances occurring in connection with different diseases, some are peculiar to one disease, and others are common to a greater or less number of diseases. The term *anatomical characters* of a disease expresses the changes, belonging to morbid anatomy, which occur in connection with that disease. This term will be adopted as the title of the first aspect under which will be considered, in the following pages, those diseases which are not functional.

Another aspect relates to the phenomena or events which compose the *clinical history* of a disease. Under this head will be embraced precursory or prodromic events, the symptoms which accompany the access, and those which occur during the career of the disease under consideration, the order of their succession, the laws regulating the development and progress of the disease, etc. This will constitute the second of the different aspects under which individual diseases, severally, are to be considered.

A third aspect relates to the *pathological character* of a disease. Under this head will be presented what is known of the nature and seat of the morbid conditions which constitute, or enter into, the disease under consideration. In treating of each individual disease, the inquiry will arise under this head, what are the primary, essential deviations from the conditions of health; in other words, what morbid actions or processes constitute the point of departure for the manifestations of the disease? This inquiry will often lead to a confession of the imperfection of existing knowledge.

A fourth aspect relates to *etiology*, or the *causation* of a disease. Under this head the cause or causes of each individual disease will be considered. Here, too, the imperfections of existing knowledge will be frequently apparent.

A fifth aspect relates to *diagnosis*, or the discrimination of a disease. The application of the methods of investigation which, by means of symptoms, laws, etc., enables the physician to recognize the disease under consideration, and to distinguish it from other diseases, will be considered under this head. Physical signs, whenever these are available in the diagnosis of a disease, will be embraced under this head.

A sixth aspect relates to *prognosis*. Under this head will be considered the intrinsic tendency of a disease as regards its termination in death or recovery. The circumstances which denote, on the one hand, a favorable, and, on the other hand, an unfavorable progress of the disease under consideration, will come under the head of the prognosis. And the consequences more or less remote, or sequels, may be conveniently embraced under this head.

A seventh aspect relates to the *treatment* and *prevention* of a disease. The consideration of the treatment of each disease will embrace the indications for therapeutic measures, and the remedies which experience has shown to be useful in that disease. Hygienic measures also will enter into the consideration of treatment. Prophylactic measures of treatment will claim consideration in treating of some diseases, and preventive measures, by removing or obviating the causes of disease, will often be found to be not less important than the judicious application of principles of therapeutics.

Before entering upon the consideration of individual diseases, it may be well to inquire what is meant by this use of the term individual, and whence does a disease derive its individuality. An individual disease differs from other diseases sufficiently for it to be regarded as separate and distinct. The name of the term individual, in this application, is analogous to that of species, in natural history. The individuality of a disease is established by distinctive features pertaining to its clinical history. These distinctive features may be derived exclusively from the seat of the disease. Thus, pleuritis and pericarditis are inflammatory affections of a serous membrane, and have essentially the same pathological character; but the different anatomical relations of the pleura and pericardium furnish sufficient points of distinction to constitute each of these affections an individual disease. In other instances, distinctive features are derived from the actions or processes belonging to disease. Inflammatory affections, for example, differ essentially from those which are not inflammatory. Again, certain diseases derive each an essential distinction from its dependence exclusively on a special cause. It is sufficient to show that a disease is produced by a special cause to establish its claim to be regarded as an individual disease.

An individual disease is to be distinguished from individual cases of disease. An individual case of disease has a relation to an individual disease, like that of a particular man to the species *homo*. The study of individual cases of disease belongs to clinical medicine. Some individual diseases embrace several varieties. Empyema and pneumo-hydrothorax may be considered as varieties of pleuritis, both consisting in inflammation of the pleura, the former differing from ordinary pleuritis in the fact that the liquid contained in the cavity of the pleura is purulent, and the latter differing in the fact that air and liquid are contained in that cavity. The several types of intermitting fever distinguished as tertian, quotidian, etc., are different varieties of one disease. In the progress of medicine, certain diseases have come to be considered as essentially distinct, which were formerly regarded as different varieties of one disease. This is true of all the eruptive fevers. It is probable that certain diseases now considered as individual, will be found to be composed of two or more. Bright's disease of the kidney is probably an example. It is still a mooted question whether certain diseases are essentially distinct; for example, typhus and typhoid fever are by some considered as identical, differing sufficiently to be regarded as different varieties of one disease, but not enough to establish the individuality of each.

Differences as regards severity and duration, constitute a basis of the division of a disease into varieties. The same disease may be either *acute*, *subacute*, or *chronic*. A disease is acute when it has a certain degree of intensity and runs a rapid career. In general, an acute disease is of sufficient gravity to confine the patient to the bed. The subacute variety of a disease has less intensity, frequently not compelling the patient to keep the bed, and perhaps not preventing him from being about, or even pursuing his usual occupation. The chronic variety exists when a disease is subacute and has continued for a considerable period. Acute, subacute, and chronic rheumatism may be cited as illustrating these three varieties of one disease. Some diseases are never chronic. This term, for instance, is not applicable to typhus or typhoid fever. The division into varieties, based upon the differences just named, is especially applicable to inflammatory affections.

In the list of individual diseases are some, recognized as such for the sake of convenience, but which, in reality, are only effects or symptoms of diseases. Jaundice, for example, is an effect or symptom occurring in connection with different affections. Dropsy is in the same category. It is, however, convenient to consider jaundice and the different forms of dropsy as if they were individual diseases. In fact, if we were better acquainted with the primary, or elementary forms of disease, it would probably appear that not a few of the affections now considered as individual, are only manifestations of morbid conditions at present occult—the latter constituting the true diseases.

A point of distinction among diseases, interesting and of much practical importance, relates to duration. Some diseases continue for a limited period, never exceeding certain limits in this regard. The duration of certain diseases is regulated by fixed laws; that is, they never end until after the lapse of a certain number of days, and never exceed a certain number of days in their continuance. The continued and eruptive fevers are examples of diseases the duration of which has definite limits. Intermitting fever, on the other hand, has no fixed or definite duration, if its course be not interfered with. Diseases which tend intrinsically to end after a certain time, are distinguished as *self-limited*. The laws of different diseases with respect to self-limitation, are often to be taken into account in the employment of therapeutical measures, and it is obvious that these laws are to be considered in estimating the amount of curative influence exerted by methods of treatment.

In treating of individual diseases, some classification of them is essential. The classification of diseases constitutes a division of medicine called *nosology*. The history of medicine furnishes numerous nosological systems, the relative merits of which it would be quite useless to discuss. Undoubtedly, the most scientific mode of classifying diseases would be to arrange them after essential points of distinction, relating to their pathological character. But, with our present knowledge of the pathological character of different diseases, to do this is impracticable. A nosological arrangement on this basis must be deferred for a future period, when pathology has advanced far beyond its condition at this time. The same remark is applicable to any arrangement based on differences as regards the causes of diseases. Our present knowledge of etiology is too limited to serve as the basis of a permanent nosology. A nosological arrangement, however, has recently been proposed, and to some extent adopted, in Europe and in this country, which is based on etiological points of distinction. This arrangement will be presently stated. Inasmuch as the chief object of a classification is convenience, the proper course to be pursued, evidently, is to adopt a provisional plan which will best subserve this object. And the most convenient classification, at the present time, is that which has of late years been adopted by the majority of writers and teachers. This consists in dividing diseases into, *first*, *general*, and, *second*, *local*. General diseases are those which involve more or less disturbance of the whole system, this disturbance not having been preceded by any known local affection, local affections, if they occur, being developed secondarily. To this class belong the essential fevers. Under the head of constitutional diseases, it is convenient to include some in which the local manifestations have no fixed seat, and sometimes differ in character. Rheumatism and gout are constitutional diseases, the chief manifestations consisting of local affections differently situated in different cases and at different periods in the same case. The local affection, however, is, in each, essentially the same wherever seated. Syphilis is another constitutional disease manifesting itself in local affections which differ, not only in situation, but in character. The want of fixedness or uniformity in the seat of the local affections proceeding from constitutional disease, and their diversity in character in some instances, are the grounds for placing certain diseases in this class. A large proportion of the affections nosologically considered as local, probably proceed from constitutional disease; but as the local affections are fixed and uniform, and our knowledge of the constitutional disease is, for the most part, inferential, it is more convenient to arrange them in the second division.

The second division, or local diseases, will embrace all which are not reckoned as general, or constitutional. The local diseases are far more numerous than those in the first division. It is necessary to arrange them into subdivisions. And the most convenient plan is to distribute them into groups, corresponding to the arrangement of the different organs of the body into physiological systems. According to this plan the different local diseases are subdivided as follows:—

1. Diseases affecting the respiratory system;
2. Diseases affecting the circulatory system;
3. Diseases affecting the digestive system;
4. Diseases affecting the nervous system;
5. Diseases affecting the genito-urinary system.

The foregoing arrangement of local diseases will be adopted, and they will be considered in sections corresponding to the groups just enumerated; afterward a section will be devoted to general diseases.

Of the diseases belonging to these several groups, those only will be considered which are medical, as distinguished from surgical. The latter will include affections which are either external or in accessible situations. Thus, affections of the mouth, throat, and nasal passages, of the anus and rectum, of the urethra and bladder, of the eye and ear, and of the vagina and uterus, fall within the province of surgery. Diseases of the skin undoubtedly belong to surgery, notwithstanding they receive special attention from the physician perhaps oftener than from the surgeon. As an additional reason for not including them among the diseases to be considered, there are numerous treatises devoted specially to their consideration.

A system of nosology devised by the Registrar-General of Great Britain, Dr. William Farr, based upon points of distinction relating to etiology, is used in the British army, and has been recently adopted, with modifications, by the medical department of the army of the United States. This system divides diseases into five classes, as follows:—

CLASS I. *Zymotic Diseases. Zymotici.*—In this class are embraced all diseases which are either epidemic, endemic, or communicable, induced by a specific cause, or by causes pertaining to diet. The term zymotic is derived from the Greek word ζυμοω, to ferment. In this class are four orders, viz., *miasmatic*, *enthetic*, *dietic*, and *parasitic* diseases. The last-named order is very properly excluded from this class in the United States army, leaving only the three preceding orders. Examples of miasmatic diseases are, the essential fevers, dysentery, epidemic cholera, diphtheria, influenza, mumps, etc. The enthetic diseases (from ενθετος, *implanted*) are those communicable by inoculation only, viz., syphilis, gonorrhœa, hydrophobia, glanders, etc. Dietic diseases (from διαιτα, *diet*) are those originating in deviations from the conditions of health as regards food and drink. Scurvy, rickets, purpura, ergotism, and the affections produced by alcohol, are embraced in this order. The propriety of calling these diseases zymotic is questionable. *Parasitic diseases*, which certainly cannot with propriety be called zymotic, are those caused by vegetable and animal parasites. Thrush, favus, sycosis, scabies, intestinal worms, hydatids, etc., are examples of this order. In the classification of the United States army these diseases form a distinct class.

CLASS II. *Constitutional Diseases. Cachectici.*—In this class are embraced sporadic diseases affecting several organs, frequently characterized by peculiar morbid products. The class is subdivided into two orders, viz., diathetic and tubercular diseases. Gout, rheumatism, and cancer are diathetic diseases. Tubercular diseases are those characterized by the deposit of the tuberculous or scrofulous product.

CLASS III. *Local Diseases. Monorganici.*—This class embraces diseases seated in particular organs. It is subdivided into several orders, according to the different physiological systems to which the affected parts belong, the arrangement being nearly the same, as regards this class of diseases, with that adopted in this work, as follows: Diseases of the nervous system, of the circulatory system, of the respiratory system, of the digestive system, of the urinary system, of the generative system, of the locomotive system, and of the integumentary system. Diseases of the eye and ear constitute separate orders in the classification used in the United States army.

CLASS IV. *Developmental Diseases. Metamorphoci.*—Diseases incident to the formative, reproductive, and nutritive processes. This class embraces four orders, as follows: 1. Developmental diseases of children—still-born, premature birth, cyanosis, imperforate anus, idiocy, dentition, congenital deaf-dumbness. 2. Developmental diseases of women—miscarriage and abortion, amenorrhœa, turn of life, chlorosis. 3. Developmental diseases of old people—sterility. 4. Diseases of nutrition—hypertrophy, atrophy, and the various forms of degeneration of structure.

This class is omitted in the classification used in the United States army.

CLASS V. *Wounds and Injuries causing Violent Death. Thanatici.*[1]

The foregoing account of the nosological classification by Farr is given in view of its having been adopted in Great Britain, and, in the main, for the statistical reports of the sick and wounded in the United States army, in accordance with the recommendation of a Medical Board in 1862. Without discussing its merits, it does not seem to me to possess any advantages, on the score of convenience, over the simpler arrangement adopted in this work.

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[1] For a fuller account of this nosological arrangement, *vide* Aitken's Science and Practice of Medicine, and Woodward's Outlines of the Chief Camp Diseases of the United States Armies.

SECTION FIRST.

DISEASES AFFECTING THE RESPIRATORY SYSTEM.

CHAPTER I.

Division of the Diseases affecting the Respiratory System into Inflammatory and Non-inflammatory—Acute Pleuritis—Anatomical Characters—Clinical History—Pathological Character—The Natural History of Inflammation, and our knowledge of its Essential Nature—Causation of Acute Pleuritis—Diagnosis—Prognosis.

Of the diseases affecting the respiratory system, an obvious division is based on a difference in pathological character, as regards the existence, or otherwise, of inflammation. The inflammatory affections in this group of diseases are seated respectively in the three most important of the structures which are comprised in the organs of the respiratory apparatus, viz., the mucous membrane lining the air-passages, the serous membranes which invest the lungs, and the pulmonary parenchyma. Exclusive of affections seated in the larynx and trachea, inflammation affecting the structures just named gives rise to three important diseases, viz., pleuritis[1] or pleurisy, pneumonitis or pneumonia, and bronchitis. Beginning with these inflammatory affections, they will be treated of in the order in which they have just been enumerated. The first disease to be considered, viz., pleuritis, may exist as an acute and as a subacute or chronic affection. These two varieties of the disease will claim separate consideration. Other varieties to be considered separately are empyema and pneumo-hydrothorax. It will be convenient to notice, in connection with these varieties of pleuritis, the dropsical affection known as hydrothorax.

ACUTE PLEURITIS.

The pleura, anatomically, is essentially similar to other serous membranes. It is composed of white non-elastic and yellow elastic fibres. It is divided into two layers, viz., the visceral and parietal. The free surfaces of these two layers are smooth, polished, and moistened with halitus. It is transparent, receiving a certain number of blood-corpuscles, but not sufficiently aggregated to be visible. The nutrient vessels ramify in the sub-serous areolar tissue. It forms in each side a shut sac. Its offices are to afford support and allow movement without injury from friction.

ANATOMICAL CHARACTERS OF ACUTE PLEURITIS.—The first noticeable appearance, could the inflamed part be seen during life, would doubtless be redness from an increased quantity of blood chiefly contained in the vessels beneath the membrane. Redness here, as in other situations, may diminish and disappear after death. It is supposed that, for a brief period after the commencement of inflammation, the membrane is abnormally dry, from suppression of the halitus which moistens it in health. Liquor sanguinis, or blood plasma, begins soon to exude, the fibrin which it contains coagulates, and characters sufficient to show the existence of inflammation are now present.

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[1] With a view to uniformity as regards nomenclature, the terms pleuritis and pneumonitis are used instead of pleurisy and pneumonia.

If the disease prove fatal within two or three days, the pleural cavity contains a greater or less quantity of liquid, the amount varying considerably in different cases. The liquid is not everywhere clear, like the serum of the blood, or a purely dropsical effusion. The upper portion is usually clear, if the body have not been much disturbed in opening the chest, but near the bottom it is turbid from the admixture of coagulated fibrin or lymph. The pleural surfaces are more or less coated with lymph, which, at this period of the disease, is soft and easily removed. The amount of lymph varies considerably in different cases. Its presence is essential as a criterion of inflammation. The membrane loses a portion of its transparency from serous infiltration beneath it. Redness, from sub-serous congestion, may or may not be apparent.

On examination after death occurring at a later period, the pleural sac is found to contain a certain quantity of liquid, varying from a few ounces to several pints, with flocculi of lymph at the bottom of the liquid. Lymph may be found to coat the greater part of, or even entirely the pleural surfaces, or it may be limited to patches. It is usually more abundant on the parietal than on the visceral surface. It is more dense than at an earlier period, and is disposed in the form of a layer or a series of layers. The layers of lymph present a membraniform appearance without organization. A layer of lymph sufficiently dense to be stripped off constitutes what is called a false membrane. It may adhere with considerable tenacity to the pleural surface, and if the opposing surfaces be not separated by liquid, they may be pretty firmly agglutinated by means of the intervening lymph. The density of the lymph and the firmness of its adherence are evidences that the exudation is not of fresh occurrence.

The presence of serum and lymph, in varying relative proportions, thus, is characteristic of ordinary acute pleuritis. The liquid in the pleural cavity occupies space at the expense of the volume of the lung. As it accumulates, it compresses the lung, which occupies a space above the liquid, reduced in proportion to the amount of the latter. If the pleural surfaces be free from old adhesions, and not agglutinated by lymph, the relative situations of the liquid and lung will vary according to the position of the body If the patient be sitting or standing, the liquid gravitates to the bottom of the sac, and rises to a height proportionate to the quantity. If the patient be recumbent on the back, the liquid gravitates to the posterior part of the chest, and the lung will descend in front, more or less, in a direction toward the diaphragm. In like manner, if the patient lie on the face, the liquid occupies the now depending anterior part of the chest, and the lung will descend behind These changes in relative situation are frequently available in determining, by physical signs, the existence of liquid in the pleural cavity.

If the disease progress favorably, the liquid diminishes progressively, with variable rapidity in different cases, by endosmosis or absorption. It diminishes often with considerable rapidity until it is reduced to a small or moderate quantity, and then the absorption takes place slowly; a clinical fact probably due to the increasing density of the liquid from the larger relative proportion of lymph as the serosity lessens, and to the increased density of the layers of lymph with which the pleural surfaces are coated. The absorption of the lymph occupies a considerable period after all the liquid has been absorbed. In the mean time the pleural surfaces, coming into contact over their entire area, are agglutinated by means of the intervening lymph, and this exudation is replaced by a newly-developed adventitious tissue which unites the surfaces in apposition by permanent adhesions. This latter union is not mechanical, as when they are agglutinated by lymph, but vital, that is, by an organized membrane. The adhesions may extend over the whole of the pleural surfaces, and then the serous cavity is obliterated, or they may be limited to certain portions, in the latter case constituting ligamentous bands, which, being observed by some of the older anatomists, were supposed to have been produced by inordinate laughter!

Adhesions by means of organized tissue take place during convalescence. At first, they are weak and liable to be torn by active exercise, or in acts of coughing. Hemorrhage may in this way occur. They become stronger with time, so that if death occur after the lapse of several weeks or months, the lung is detached and removed from the chest with considerable difficulty. After a time, all the lymph disappears, and nothing remains but the newly-produced tissue.

In making a *post-mortem* examination in the case of an aged female who had had pleurisy forty years before her death, the pleural surfaces, on the side which had been affected, were everywhere closely united, and with such firmness that great force was required to break up the adhesions. It may be remarked, in passing, that after the serous cavity is thus abolished, there is no space for the effusion of liquid to constitute hydrothorax, and œdema of the lung may take its place under circumstances which give rise to dropsical effusion in the opposite side. A case has come under my observation exemplifying this fact. It is also to be remarked that these adhesions, however extensive, occasion no appreciable disturbance of respiration. They are, in fact, innocuous, and perhaps confer exemption from recurrence of pleuritis on the same side. Nor do they give rise to any distinctive physical signs.

The accumulation of liquid in acute pleuritis may take place in such quantity as to fill the cavity of the pleura, compressing the lung into a small solid mass. The compressed lung loses all the physical characters dependent on the presence of air in the pulmonary vesicles. It resembles a mass of flesh, and is therefore said to be *carnified*. The pulmonary structure, however, remains intact, and it is capable of being inflated, after death, nearly or quite to the same extent as if it had not undergone this compression. A similar expansion may take place during life, after the absorption of the liquid. So large an accumulation of liquid, however, occurs much oftener in chronic than in acute pleuritis.

In cases of acute pleuritis which pursue a favorable course, absorption of the liquid commences in a few days after the accumulation has reached its maximum. Should the quantity remain stationary, or the diminution take place very slowly, after the lapse of two or three weeks, the disease has become chronic. The greater part of the liquid is sometimes absorbed, and vital adhesions take place between the larger portion of the pleuritic surfaces, leaving a circumscribed space in which a certain quantity of liquid may remain for an indefinite period. The disease then eventuates in a circumscribed chronic pleuritis.

The foregoing description of the anatomical characters of acute pleuritis relates to its occurrence as a primary disease so far as any other pulmonary affection is concerned. Occurring independently of any prior disease of the lung, the inflammation is general, that is, it extends over the greater part or the whole of the serous membrane. It is otherwise when pleuritis occurs consecutively to another pulmonary disease. Occurring, as it does quite constantly, as a complication of pneumonitis and pulmonary tuberculosis, the inflammation is limited to a portion of the membrane; the pleuritis is circumscribed. And circumscribed pleuritis developed thus as a secondary affection, is rarely accompanied by liquid effusion. It is distinguished from general pleuritis by this fact: the exudation of fibrin only occurs, and the pleuritis is said to be dry. Primary or idiopathic pleuritis is seated in the left oftener than in the right side.

CLINICAL HISTORY.—The most convenient division of acute pleuritis into stages, is to consider as the first stage the period from the attack to the time when an appreciable quantity of liquid effusion has taken place; the second stage will extend to the time when the liquid begins sensibly to diminish, and the third stage will comprise the period occupied in the removal of the liquid. The first stage, or the period anterior to an appreciable amount of liquid effusion, is usually of short duration. The physical signs may show the presence of liquid within a few hours from the date of the attack. The stage rarely extends beyond twenty-four hours. The second stage is of variable duration. The accumulation of liquid may go on with more or less rapidity. When the maximum amount is reached, the quantity may remain stationary for some time, or absorption may speedily begin. The liquid may diminish under the effect of treatment, and renewed effusion take place. The disease may not, of course, advance beyond the second stage, when it eventuates in chronic pleuritis. If a considerable quantity of liquid remain at the end of from two to three weeks, the disease is to be considered as having become chronic. In cases which pursue a favorable course, considerable progress should be made in the removal of the liquid after this lapse of time. The duration of the third stage, or the stage of absorption, is quite variable. Generally some liquid remains when the general symptoms denote convalescence, and even after the patient has apparently recovered. The physical signs may show the presence of lymph for some time after the date of convalescence. From what has been stated, it follows that the duration of the career of the disease is from two to three weeks.

The invasion is sudden, and often without premonition. In a certain proportion of cases, however, some degree of pain or soreness is felt for one, two, or three days before the development of acute inflammation. This fact, which other observers have noted, has repeatedly occurred among the cases that have fallen under my observation. The development of acute inflammation is characterized by symptoms which sufficiently mark the date of its occurrence. It is sometimes ushered in by a well pronounced chill, accompanied perhaps with rigors. Chill and rigors, however, are by no means so frequent, nor, as a rule, so marked as in cases of pneumonitis. Not unfrequently chilly sensations and slight shivering only are experienced.

Pain in the affected side attends the onset of acute inflammation in a large majority of cases. The pain is usually intense. It is sharp, cutting, or lancinating in character. It is felt especially in the act of inspiration; it increases during inspiration, often becoming so severe that the act is instinctively arrested before being completed. Coughing and sneezing occasion severe pain. The movements of the body are painful, but in a far less degree than the respiratory movements. The pain is referred to the middle and lower thirds of the affected side of the chest, and is usually diffused over the anterior, lateral, and sometimes the posterior portions. It is not, as a rule, circumscribed or limited to a small space. The morbid sensitiveness of the inflamed pleura seems to me adequate to account for the production of acute pain, as a result of the movements of the pleural surfaces upon been absorbed. In the mean time the pleural surfaces, coming into contact over their entire area, are agglutinated by means of the intervening lymph, and this exudation is replaced by a newly-developed adventitious tissue which unites the surfaces in apposition by permanent adhesions. This latter union is not mechanical, as when they are agglutinated by lymph, but vital, that is, by an organized membrane. The adhesions may extend over the whole of the pleural surfaces, and then the serous cavity is obliterated, or they may be limited to certain portions, in the latter case constituting ligamentous bands, which, being observed by some of the older anatomists, were supposed to have been produced by inordinate laughter!

Adhesions by means of organized tissue take place during convalescence. At first, they are weak and liable to be torn by active exercise, or in acts of coughing. Hemorrhage may in this way occur. They become stronger with time, so that if death occur after the lapse of several weeks or months, the lung is detached and removed from the chest with considerable difficulty. After a time, all the lymph disappears, and nothing remains but the newly-produced tissue.

In making a *post-mortem* examination in the case of an aged female who had had pleurisy forty years before her death, the pleural surfaces, on the side which had been affected, were everywhere closely united, and with such firmness that great force was required to break up the adhesions. It may be remarked, in passing, that after the serous cavity is thus abolished, there is no space for the effusion of liquid to constitute hydrothorax, and œdema of the lung may take its place under circumstances which give rise to dropsical effusion in the opposite side. A case has come under my observation exemplifying this fact. It is also to be remarked that these adhesions, however extensive, occasion no appreciable disturbance of respiration. They are, in fact, innocuous, and perhaps confer exemption from recurrence of pleuritis on the same side. Nor do they give rise to any distinctive physical signs.

The accumulation of liquid in acute pleuritis may take place in such quantity as to fill the cavity of the pleura, compressing the lung into a small solid mass. The compressed lung loses all the physical characters dependent on the presence of air in the pulmonary vesicles. It resembles a mass of flesh, and is therefore said to be *carnified*. The pulmonary structure, however, remains intact, and it is capable of being inflated, after death, nearly or quite to the same extent as if it had not undergone this compression. A similar expansion may take place during life, after the absorption of the liquid. So large an accumulation of liquid, however, occurs much oftener in chronic than in acute pleuritis.

In cases of acute pleuritis which pursue a favorable course, absorption of the liquid commences in a few days after the accumulation has reached its maximum. Should the quantity remain stationary, or the diminution take place very slowly, after the lapse of two or three weeks, the disease has become chronic. The greater part of the liquid is sometimes absorbed, and vital adhesions take place between the larger portion of the pleuritic surfaces, leaving a circumscribed space in which a certain quantity of liquid may remain for an indefinite period. The disease then eventuates in a circumscribed chronic pleuritis.

The foregoing description of the anatomical characters of acute pleuritis relates to its occurrence as a primary disease so far as any other pulmonary affection is concerned. Occurring independently of any prior disease of the lung, the inflammation is general, that is, it extends over the greater part or the whole of the serous membrane. It is otherwise when pleuritis occurs consecutively to another pulmonary disease. Occurring, as it does quite constantly, as a complication of pneumonitis and pulmonary tuberculosis, the inflammation is limited to a portion of the membrane; the pleuritis is circumscribed. And circumscribed pleuritis developed thus as a secondary affection, is rarely accompanied by liquid effusion. It is distinguished from general pleuritis by this fact: the exudation of fibrin only occurs, and the pleuritis is said to be dry. Primary or idiopathic pleuritis is seated in the left oftener than in the right side.

CLINICAL HISTORY.—The most convenient division of acute pleuritis into stages, is to consider as the first stage the period from the attack to the time when an appreciable quantity of liquid effusion has taken place; the second stage will extend to the time when the liquid begins sensibly to diminish, and the third stage will comprise the period occupied in the removal of the liquid. The first stage, or the period anterior to an appreciable amount of liquid effusion, is usually of short duration. The physical signs may show the presence of liquid within a few hours from the date of the attack. The stage rarely extends beyond twenty-four hours. The second stage is of variable duration. The accumulation of liquid may go on with more or less rapidity. When the maximum amount is reached, the quantity may remain stationary for some time, or absorption may speedily begin. The liquid may diminish under the effect of treatment, and renewed effusion take place. The disease may not, of course, advance beyond the second stage, when it eventuates in chronic pleuritis. If a considerable quantity of liquid remain at the end of from two to three weeks, the disease is to be considered as having become chronic. In cases which pursue a favorable course, considerable progress should be made in the removal of the liquid after this lapse of time. The duration of the third stage, or the stage of absorption, is quite variable. Generally some liquid remains when the general symptoms denote convalescence, and even after the patient has apparently recovered. The physical signs may show the presence of lymph for some time after the date of convalescence. From what has been stated, it follows that the duration of the career of the disease is from two to three weeks.

The invasion is sudden, and often without premonition. In a certain proportion of cases, however, some degree of pain or soreness is felt for one, two, or three days before the development of acute inflammation. This fact, which other observers have noted, has repeatedly occurred among the cases that have fallen under my observation. The development of acute inflammation is characterized by symptoms which sufficiently mark the date of its occurrence. It is sometimes ushered in by a well pronounced chill, accompanied perhaps with rigors. Chill and rigors, however, are by no means so frequent, nor, as a rule, so marked as in cases of pneumonitis. Not unfrequently chilly sensations and slight shivering only are experienced.

Pain in the affected side attends the onset of acute inflammation in a large majority of cases. The pain is usually intense. It is sharp, cutting, or lancinating in character. It is felt especially in the act of inspiration; it increases during inspiration, often becoming so severe that the act is instinctively arrested before being completed. Coughing and sneezing occasion severe pain. The movements of the body are painful, but in a far less degree than the respiratory movements. The pain is referred to the middle and lower thirds of the affected side of the chest, and is usually diffused over the anterior, lateral, and sometimes the posterior portions. It is not, as a rule, circumscribed or limited to a small space. The morbid sensitiveness of the inflamed pleura seems to me adequate to account for the production of acute pain, as a result of the movements of the pleural surfaces upon each other, and the stretching of the membrane, without requiring the hypothesis that either intercostal neuralgia, or an affection of the costal muscles, is superadded to the inflammation. Pain, with the characters just described, is almost uniformly present in acute pleuritis, but cases occur in which it is not marked, and even wanting, other symptoms showing the inflammation to be acute.

Febrile movement is coincident with the development of the inflammation. The pulse is increased in frequency and in strength. The temperature of the surface is raised. The usual concomitants of symptomatic fever, viz., thirst, anorexia, pain in the head and loins, restlessness, muscular weakness, etc., are more or less marked. The intensity of the febrile movement, and of the general or constitutional disturbance, varies much in different cases of this, as of other inflammations, and is not to be taken as evidence of a corresponding grade of acuteness of the disease. It may be laid down as a fact applicable to inflammatory diseases in general, that the symptoms distinguished as constitutional have no fixed relation to the extent or intensity of the local affection; in other words, the same amount of acute pleuritis will give rise in one person to more, and in another person to less, than the average amount of constitutional disturbance.

Cough is usually present, but sometimes wanting. The pain in coughing leads instinctively to efforts to repress it, and this gives to the mode of coughing a character denoted by the term suppressed. The patient succeeds, to a certain extent, in these efforts. The expectoration is slight or wanting, and, when present, it consists of simple mucus. The exceptions to this rule are the cases in which the development of pleuritis is preceded by bronchitis. When these affections are associated, it is merely a coincidence; there is no tendency in either to give rise to the other.

The respirations are increased in frequency, but not greatly. Their increased frequency at this period is due to the arrest of the inspiration, before it is completed, in consequence of pain. The patient instinctively multiplies the respiratory acts to compensate for the want of a full inspiration. As a rule, the patient in lying chooses a position on the healthy side, the weight of the body upon the affected side increasing the pain and soreness. This rule is by no means without exceptions. Not unfrequently the decubitus is either dorsal or diagonal.

These symptoms constitute the clinical history of this disease during the first stage, or prior to liquid effusion. They continue into the second stage, but, after a certain amount of effusion has taken place, they are materially modified. The pain is notably lessened, and may disappear, except on forced breathing. The acts of coughing are less painful, and the efforts at suppression are less apparent. The febrile movement diminishes, and may even cease during this stage. Other evidences of constitutional disturbance are less marked. The patient reports better, and may be able to sit up and perhaps walk about the room. The respirations are more or less frequent; their frequency now depending on the compression of the lung by liquid. The frequency will be greater, other things being equal, in proportion to the quantity of liquid and the rapidity of the effusion. If a considerable amount of the liquid be rapidly effused, the respirations are rapid, the patient suffers from a painful sense of the want of breath, or dyspnœa, and may be obliged to maintain the sitting posture. If the quantity be not large, and the effusion have not taken place rapidly, the patient will not be likely to suffer from dyspnœa while remaining quiet; but exertion will cause panting and a sense of the want of breath. Even with the pleural sac distended with liquid, the only effect on the breathing may be to increase the frequency of the acts to twenty-five or thirty per minute, without suffering so long as the patient remains quiet. The diminution or cessation of pain is due to the restrained movements of the pleural surfaces upon each other, in consequence of the presence of the liquid and lymph, the latter perhaps agglutinating the portions of these surfaces which are in contact. The change as regards febrile movement and other constitutional symptoms, proceeds, in part, from the removal of the conditions causing pain, and, partly, because, after exudation has taken place, the disease is mitigated, from an intrinsic tendency to decrease. The patient now, as a rule, prefers to lie upon the affected rather than the healthy side, as in this position he is able to expand more freely the opposite lung. To this rule, however, there are exceptions; and the decubitus in this, as in the first stage, is frequently either dorsal or diagonal.

During the stage of absorption, pain is either wanting or produced only by muscular efforts; febrile movement has disappeared; cough diminishes or ceases; the respirations become less and less frequent, and are less hurried by exercise; the appetite and digestion return, and the normal condition of all the functions is gradually restored. During this stage the patient is convalescent; he is able to be out of doors, and, perhaps, to resume in part his usual avocation and habits. Convalescence is declared, and the symptoms, both general and local, may appear to denote that recovery has taken place, while some liquid effusion still remains; the lymph is not yet fully absorbed, and the formation of new tissue leading to permanent adhesions is going on. A sense of weakness in the affected side, together with some soreness or pain on unusual exertions, frequently continues for some time after the termination of the career of the disease.

Primary or idiopathic pleuritis, as already stated, affects, more or less, an entire pleural membrane; it is general, not partial or circumscribed. If it be partial or circumscribed, it is developed as a complication of some other pulmonary affection, as a rule. It will be seen hereafter that it occurs as a complication of pneumonitis and phthisis, but it is generally, under these circumstances, subacute. Primary pleuritis does not lead to the development of either pneumonitis or bronchitis. It is a unilateral disease, that is, it affects the pleura of one side only. The exceptions to this rule are so infrequent, that when the disease is bilateral, or double, it may be presumed to be secondary to another pulmonary disease, generally tuberculosis. I have met with a case of double pleuritis, accompanied with a large effusion into both pleural cavities. Death took place by apnœa, in this case, and the pleuritis was found to be consecutive to a small tuberculous deposit in both lungs. Such cases must be extremely rare.

PATHOLOGICAL CHARACTER.—The disease under consideration is an example of acute inflammation affecting a serous membrane. Inflammation is an elementary form of disease. Its phenomena and results are the same essentially whenever it affects a serous membrane. In different situations it has points of difference, relating to the structure affected, and it presents diverse modifications dependent on other circumstances than its seat. Nevertheless, there are features common to acute inflammation wherever seated, and under all circumstances, sufficient to show the form of disease to be essentially the same. The phenomena of inflammation are best studied when it is situated externally, or in parts accessible to observation during life. It is therefore considered at length in treatises on surgical pathology and surgical diseases, to which the reader is referred for a full account of events which will be here only enumerated.

The sensible changes which first occur in an inflamed part are incident to hyperæmia, or a morbid accumulation of blood in the part. Hence arise redness, heat, pain, and swelling, the four characters which have heretofore constituted the definition of inflammation. The accumulation of blood is a result of an undue determination of blood to the part; in other words, the part receives a larger amount of arterial blood than in health. There is also a retardation of the circulation through the inflamed part. So far, the condition is expressed by the term active congestion. If the affection should go no further, there would hardly be sufficient evidence that inflammation had become developed, or it might be considered as incipient inflammation, abating or disappearing by delitescence. But inflammation rarely ceases at this incipient period. A variety of local events may follow, some of which always occur, different cases presenting very wide differences, arising from the presence of some of the events and the absence of others. Of the local events succeeding to active congestion, one is death of the part. Complete stasis of the circulation may occur, and the affected part loses its vitality; it becomes gangrenous or sphacelated, and will slough away, if the life of the patient be sufficiently prolonged. This is a rare occurrence in pleuritis and other serous inflammations. The escape of liquor sanguinis is another event occurring constantly in serous inflammations, also in certain parenchymatous inflammations, and, exceptionally, in inflammation of mucous membranes. Coagulated fibrin, or lymph, is a characteristic product of inflammation. Another product, in like manner characteristic, is pus. The production of adventitious tissue is another event, the occurrence of which is illustrated by the morbid anatomy of pleuritis. This event occurs, as a rule, in serous inflammations. Extravasation of blood is an occasional event incidental to inflammation in various situations. Other events are, softening of the structures affected, induration from the presence of lymph, ulceration, thickening, etc. These different events, belonging to the natural history of inflammation, will be referred to frequently in connection with the anatomical characters of different individual diseases.

Waiving consideration of the historical events just enumerated, the inquiry arises, in what consists the local deviations from health which constitute inflammation? in other words, what is known of its essential nature? Reverting to the fact already stated, that the first appreciable change is an abnormal determination of blood, the answer to the foregoing inquiry involves an explanation of this fact. Why is more blood determined to an inflamed part than in health? We can only explain this fact by saying that there is a morbid exaggeration of that force inherent in each organ and structure, by which the quantity of blood it receives in health is, to a certain extent, regulated. Such a force undoubtedly exists. The amount of blood which a part receives is by no means exclusively regulated by the forces which carry on the general circulation, of which the chief belongs to the heart. Parts receive more or less blood according to their state as regards functional activity. The stomach, for example, receives a much larger quantity of blood during the act of digestion than at other times. A very striking contrast, in this respect, is offered by the uterus before and after impregnation. The explanation of the force determining thus, in health, within certain limits, the amount of blood which different parts receive, devolves on the physiologist; and when this is understood, the pathologist may be able to explain why there is an undue determination of blood to an inflamed part. Most of the events following the accumulation of blood in inflamed parts denote aberration of the molecular changes involved in nutrition. Inflammation, therefore, leads to perversions of nutrition; and when the physiologist is able to explain the local changes belonging to nutrition, the pathologist may be able to explain the perversions which belong to inflammation. Our present knowledge, then, of the essential nature of inflammation is comprised in the statement that it is a morbid deviation from those conditions of health which relate to the capillary circulation and nutrition of the part affected.

With this brief account of inflammation, it will suffice hereafter, in treating of other inflammatory affections, to indicate, under the head of pathological character, the points which distinguish this elementary form of disease in the particular affection under consideration.

Causation.—Acute pleuritis may be produced traumatically by contusions, especially if accompanied with fracture of the ribs, and by penetrating wounds. It is remarkable, however, that severe injuries of the chest often occur without giving rise to pleuritis. Persons receiving gunshot wounds frequently escape if the ball or other foreign material be not lodged within the pleural sac. The disease is attributed, in certain cases, to the action of cold. This has so long been considered as a frequent source of a great number of diseases, that patients at once are led to refer an attack to some exposure, often, doubtless, when it either had no causative agency, or, at most, acted only as an exciting cause. Still it is probable that the disease sometimes originates in this way. In the larger proportion of the cases in which it is not traumatic, it is spontaneous, that is, it proceeds from an unknown internal cause. It occurs sufficiently often in persons affected with the diseases of the kidneys embraced under the name, Bright's disease, to show a pathological connection; and in these cases it is referable to the accumulation of urea in the blood. It is developed occasionally in connection with acute articular rheumatism. It is an occasional sequel of scarlatina, measles, and continued fever.

The liability to the disease is not equal at all periods of life. It is extremely rare in infancy. It is not uncommon in childhood. It occurs in youth and middle life much more frequently than in old age. It is as rare in old age as in infancy. The proportion of males over females, among cases of this disease, vastly preponderates. There do not appear to be any causative influences pertaining to constitution, season, climate, or locality. The acute variety of pleuritis is not of very frequent occurrence; the subacute and chronic variety, in my experience, is much more frequently met with. It is less frequent than pneumonitis, and, in relative frequency, bears no comparison with acute bronchitis.

Diagnosis.—Although the symptoms which enter into the clinical history of acute pleuritis are sufficiently characteristic to point to the existence of the disease, they are not, singly or collectively, sufficient for the diagnosis in all cases. The characteristic pain is not peculiar to the disease. This occurs in some cases of intercostal neuralgia and pleurodynia as strongly marked as in acute pleurisy; and these three affections have heretofore been often confounded in practice. Moreover, the pleuritic pain in some cases of pneumonitis is as intense as when the pleuritis is a primary disease, and the former disease has not unfrequently been mistaken for the latter. On the other hand, acute pleuritis is liable to be overlooked in the cases in which pain is slight or wanting. More or less febrile movement is present in acute pleuritis, but this symptom may accidentally be associated with intercostal neuralgia; it will be likely to be present in pleurodynia, and it exists, of course, in pneumonitis. The diagnosis is to be based on the physical signs, taken in connection with the symptoms. The latter are of importance, and, indeed, essential in determining whether the affection be acute or not. The differential diagnosis consists in discriminating between the disease under consideration and intercostal neuralgia, pleurodynia, and pneumonitis.

The diagnosis in the first stage, with the aid of physical signs, cannot always be made with positiveness. Examination of the chest by inspection will show restrained movements on the side to which the pain is referred; on percussion, there will be found to be no distinct disparity between the two sides, and on auscultation, the murmur of respiration will be more or less weakened on the affected side. But these signs are due to the fact that the pain leads instinctively to a diminished use of the lung on the side affected, while the use of the other lung is increased. These signs are equally present when the pain is incident to the affections from which this disease is to be discriminated. A slight friction murmur may be discovered in this stage; if distinctly present, its diagnostic significance is important; it shows that pleuritis exists, and the discrimination then lies between pleuritis as a primary disease or a complication of pneumonitis. To decide this point at once is not always easy. The diagnostic sign of pneumonitis, viz., the crepitant rale, if present, settles the question; but as this sign is by no means present uniformly in pneumonitis, its absence does not authorize the exclusion of that disease. The same remark is applicable to the characteristic expectoration of pneumonitis. It must be confessed that, in a certain number of cases, this differential diagnosis requires a little delay. But a friction murmur is heard in only a very small proportion of cases during the first stage, and, in the absence of this sign, the signs belonging to the second stage are essential to render the diagnosis positive.

The signs belonging to the second stage are usually present without much delay. If the disease be idiopathic pleuritis, after the lapse of twelve or twenty-four hours, liquid effusion will have taken place in sufficient quantity to be apparent. The signs now denoting the existence of the disease are those due to liquid effusion. The diagnosis is based upon these signs, in conjunction with the symptoms and history, and on the absence of signs of pneumonitis.

The signs of liquid effusion are obtained by percussion, auscultation, palpation, and inspection. On percussion, dulness or flatness is found at the base of the chest, extending upward in proportion to the quantity of liquid, the patient being in a sitting posture. The upper limit of the dulness or flatness corresponds to a horizontal line drawn across the anterior and lateral surface of the chest, this line denoting the level of the liquid. Changing the position of the patient to recumbency on the back, frequently induces a marked change in the relation of dulness or flatness and the resonance, as previously determined on the anterior surface of the chest, in the sitting posture; the liquid gravitating to the posterior part of the chest, the lung descends in front, and furnishes resonance for a greater or less distance below the line which was coincident with the level of the liquid while the patient was sitting. This latter test of the presence of liquid is not available in all cases. If the pleural surfaces above the level of the liquid be united by old adhesions, or agglutinated by lymph, the liquid and lung will maintain the same relation in different positions of the body. The failure of this test, therefore, is not proof against the presence of liquid. The test, however, is available, according to my experience, in a large majority of cases. The resonance over the lung above the level of the liquid, if it rise to a third, a half, or, perhaps, over two-thirds of the height of the chest, is exaggerated, and acquires, in part, a tympanitic quality, constituting vesiculo-tympanitic resonance.

On auscultation, the respiratory murmur is either suppressed or feebly appreciable below the level of the liquid. Above the liquid, it is usually weak, as compared with the murmur on the opposite side. If the lung be considerably reduced in volume by the amount of liquid, the respiratory sound will become broncho-vesicular, or rude, and the vocal resonance will be increased. If the liquid be sufficient to compress the lung into a solid mass, it will furnish the bronchial respiration. The bronchial respiration will be heard over the site of the compressed lung. It is usually limited to that site, but, in a certain proportion of cases, it is diffused over the greater part or the whole of the affected side. The normal vocal resonance is either suppressed or diminished over that portion of the affected side which corresponds to the space occupied by the liquid. But if the accumulation of liquid be large, bronchophony may be produced over the whole of the compressed lung, or at the portion in contact with the liquid. The bronchophony has sometimes a tremulous character, and is then ægophony. This variety of bronchophony is too rare to have much clinical value. If the chest be filled with liquid, bronchophony is sometimes diffused over the whole of the affected side.

Vocal fremitus is usually either arrested or diminished by liquid effusion. From this fact is derived valuable evidence of the presence of liquid when the effusion is in the right pleural cavity, in consequence of the greater amount of fremitus over the right side in health. If the question be as to the presence of liquid in the right pleural cavity, and the fremitus be found to be greater on the left than on the right side, the evidence of liquid is strong.

If the quantity of liquid be large enough to distend the pleural sac, the intercostal depressions may be diminished or destroyed at the inferior, anterior, and lateral portions of the chest. This constitutes valuable evidence of the presence of liquid.

Other and marked signs of effusion are present if the quantity of liquid be sufficient to dilate the chest. This occurs exceptionally in acute pleuritis. It occurs much oftener in the chronic variety of the disease, and the signs referred to will be noticed in connection with the diagnosis of the latter.

The physical signs not only lead to a positive diagnosis after the first stage, but they show the amount of liquid in the pleural sac, a point of importance with reference to treatment. By means of daily explorations, the physician may ascertain whether the effusion be increasing or diminishing, and the rate of either the increase or diminution. The information thus obtained is highly important as a guide to the employment of therapeutical measures. This information cannot be obtained from the symptoms. The signs, therefore, are essential, not only to the diagnosis, but to a proper knowledge of the progress of the disease.

After absorption, to a greater or less extent, of the liquid, the pleural surfaces coming into contact over a larger area, and roughened by lymph which has now become dense and closely adherent, a friction murmur is frequently apparent. This is sometimes so loud as to be heard by the patient. It may continue into convalescence, ceasing when the pleural surfaces have become united by means of newly-formed tissue. A friction murmur, however, by no means occurs uniformly even at this stage of the disease.

PROGNOSIS.—The prognosis in cases of acute, idiopathic, ordinary pleuritis is always favorable, provided the disease be uncomplicated, and the constitution of the patient be not enfeebled. There is reason to believe that, without therapeutical interference, it would very rarely prove fatal. I have collected several cases in which this disease passed through its course favorably without any treatment. It may possibly prove fatal in consequence of a large amount of liquid effusion occurring very rapidly, death taking place by apnœa. I have known one instance in which the loss of a hospital patient, suddenly and unexpectedly, seemed fairly attributable to the fact that the pleural sac was greatly distended with liquid. Developed as a sequel to other diseases, or in the course of a grave affection, such as Bright's disease of the kidneys, or in persons with broken constitutions, it may destroy life by asthenia. Acute pericarditis is sometimes developed simultaneously with, or during the progress of, pleuritis, and these associated diseases are apt to prove fatal. Their occasional coincidence is to be borne in mind, or the pericarditis, in this connection, if not carefully sought for, will be likely to be overlooked. As already stated, the development of pneumonitis, consecutively to pleuritis, is not to be expected, nor is there much, if any, danger that ordinary acute pleuritis, after its development, will eventuate in suppuration, constituting the variety of the disease called empyema. In short, the intrinsic tendency of the disease is to recovery, a fatal termination being due very rarely to the disease *per se*, but to extrinsic circumstances.

CHAPTER II.

Treatment of Acute Pleuritis—Measures indicated in the First Stage—General Considerations relating to Bloodletting in Acute Inflammations—The use of Opium in Acute Pleuritis and other Acute Inflammations—Measures indicated in the Second and the Third Stage of Acute Pleuritis.

THE objects of treatment in acute pleuritis differ in its different stages, and the latter, therefore, claim, severally, distinct consideration with reference to therapeutic indications. The objects in the first stage are to arrest, if possible, the progress of the disease, to diminish its intensity, if it be not arrested, to limit the amount of morbid products, and to relieve suffering; in other words, the treatment relates to the employment of abortive, curative, and palliative measures. The indications in the first stage of this disease are essentially the same as in the early period of most acute inflammations. The general principles which should govern the treatment in this stage, therefore, will be here considered, and simply referred to hereafter in connection with other diseases to which they are measurably applicable.

Owing to its brief duration, patients are frequently not seen until this stage has passed. Can the disease be arrested at this stage if the opportunity offer and a positive diagnosis be made? This question must be answered in the negative. There are no known reliable means of rendering the disease abortive. Bloodletting, opium, or any other measures which have been employed for this object, have certainly not been successful in a sufficient number of cases to warrant their employment to an extent which will render them likely to do harm if they are not successful. The disease must be expected to go on to the second stage; and, assuming this, the question then is, what curative and palliative measures are to be employed? This question leads at once to the consideration of bloodletting.

A great change has taken place, within the last few years, with respect to bloodletting in the treatment of acute inflammations. This measure was formerly thought to be highly important, and was rarely omitted. It is now considered by many as seldom, if ever, called for. The infrequent use of the lancet now, contrasted with its frequent use twenty-five years ago, constitutes one of the most striking of the changes in the practice of medicine which have occurred during this period. It can hardly be doubted that this measure was formerly adopted too indiscriminately, and often employed too largely; but, with the natural tendency to pass from one extreme to another, it may be that the utility of bloodletting in certain cases, at the present time, is not sufficiently appreciated.

Experience and pathological reasoning combine to show that bloodletting does not exert a direct controlling effect upon an inflammatory disease. It may exert a powerful immediate effect as a palliative measure, and whatever curative power it may possess is exerted indirectly. Its therapeutic action consists in lessening the frequency and force of the heart's action; in other words, in diminishing the intensity of symptomatic fever. In the early period of an acute inflammation accompanied by high febrile movement, as indicated by a pulse accelerated and of abnormal strength, the abstraction of blood affords relief, and may contribute to a favorable progress of the disease. It should enter into the treatment of a certain proportion of cases, provided other and more conservative means for the same ends are not available.

The evils of bloodletting arise from its spoliative effect upon the blood. It diminishes the red corpuscles, and these, during the progress of an acute disease, are not readily reproduced. It induces, thus, the anæmic condition, and in this way impairs the vital powers. It will be likely to do harm, therefore, whenever it is important to economize the powers of life, and it may contribute to a fatal result in diseases, or cases of disease, which involve danger of death by asthenia.

The useful effects of bloodletting may frequently, if not generally, be obtained by other means which require less circumspection in their employment, because, if injudiciously resorted to, they are in a less degree hurtful. The mass of blood may be temporarily lessened by saline purgatives and diaphoretic remedies, conjoined with a restricted ingestion of food and liquids. Depletion is obtained in this way without spoliation or impoverishment of the blood. The frequency and force of the heart's action may be affected by nauseant sedatives such as tartar-emetic, ipecacuanha, etc., and by direct sedatives, viz., digitalis, aconite, and the veratrum viride. By saline depletories and sedatives, the symptomatic fever may be modified without the expenditure of blood, and thus the evils of bloodletting avoided. The advantage of bloodletting consists mainly in the promptness of its operation. Several hours are required to secure results from the means employed in lieu of bloodletting, while the effects of the latter are produced in a few moments.

In accordance with these views, bloodletting is never indicated by the fact simply that acute inflammation exists; it is a measure directed, not to the disease *per se*, but to circumstances associated with the disease. The state of the circulation, and other circumstances, furnish the indications for the employment of this measure. It is admissible if, with the development of inflammation, there exist high symptomatic fever, the pulse denoting augmented power of the heart's action; the patient robust and in good health when attacked, and the disease not involving danger of death by asthenia. The measure is admissible under the conditions just stated, whenever the promptness with which its effects are obtained renders it desirable to adopt it in preference to other measures producing the same effects with some delay. *Per contra*, bloodletting is not admissible when the development of inflammation is not accompanied by high symptomatic fever, and the pulse does not indicate augmented power of the heart's action; nor when the patient was not in good health when attacked, nor when the constitution is feeble, nor when the disease involves danger of death by asthenia. These rules of practice, while they accord to bloodletting therapeutic value, undoubtedly restrict its use within narrow limits.

Applying these rules to the disease under consideration, a patient in the first stage of acute pleuritis, robust, perhaps plethoric, suffering from severe pain and a sense of oppression, with a strong non-compressible pulse, will derive immediate relief from the abstraction of from ten to sixteen ounces of blood. The loss of this quantity of blood under such circumstances, in a disease like this which does not tend to destroy life by asthenia, will give rise to no evil results, but will be likely to affect favorably the progress of the disease. On the other hand, a patient feeble or perhaps anæmic, with a pulse denoting excited action, not increased power, should not be bled, notwithstanding the local symptoms would undoubtedly be thereby relieved. By impairing the vital powers, the loss of blood will do harm, and is not admissible, under these circumstances, merely as a palliative remedy. And, in the first case, if the local symptoms do not urgently call for immediate relief, other measures may be substituted for the bloodletting.

Before leaving the consideration of bloodletting, several incidental points may be briefly noticed.

This measure is perhaps more applicable to the treatment of inflammation affecting the pulmonary organs than to the treatment of other inflammatory affections, in consequence of the relations of the former to the circulation. The free passage of the blood through the pulmonary circuit seems to be promoted, and the functional labor which the lungs have to perform is diminished by the abstraction of blood. At all events, relief of the sense of oppression and dyspnœa attendant on the early stage of acute inflammation of any of the pulmonary structures is more quickly and effectually procured by bloodletting than by other measures. Were it not for its ulterior effects, it would be invaluable as a palliative measure in pleurisy and other inflammatory affections within the chest.

The evils of indiscriminate and excessive bloodletting are manifested by a larger rate of mortality in those diseases which tend to destroy life by asthenia, and it can hardly be doubted that the death-rate has been diminished by a much more sparing use of the lancet within late years. But the results of injudicious bloodletting are manifested in cases which end in recovery, as well as in those which end fatally. These results consist in a protracted convalescence and subsequent feebleness. The cases of different inflammations treated formerly by bloodletting and other measures entering into the so-called antiphlogistic method, and the cases now treated otherwise, present a striking contrast as regards the condition of patients during convalescence and after recovery.

The opinion is held by some that diseases, and the human constitution, have undergone a notable change during the last quarter of a century, and that bloodletting and other antiphlogistic measures are less appropriate now than formerly, on this account. This opinion seems to me not well founded. After a professional experience extending beyond the period just named, I do not hesitate to express a conviction that acute inflammations at the present day are essentially the same as they were twenty-five years ago, and that antiphlogistic measures were no more appropriate then than now.

Were it true that such changes have occurred, the fact would strike at the root of medical experience. If changes requiring a revolution in therapeutics are liable to occur with each successive generation, it is evident there can be no such thing as permanent principles of practice in medicine; the fruits of experience in our day, which so many are striving to develop, will be of no utility to those who are to come after us.

In addition to general bloodletting, or the employment of venesection, much importance was formerly attached to the abstraction of blood by cups or leeches applied in the neighborhood of the inflamed part. Local bloodletting, in some cases, is more convenient than general; but, so far as the abstraction of blood is concerned, it is difficult to conceive that it is a matter of much importance from what part of the body or vascular system it is taken. Whether it be abstracted by means of cups, leeches, or the lancet, the benefit or injury will depend on the quantity withdrawn in a given period. Whatever advantage may accrue from the removal of a certain amount of blood by cups or leeches, over the abstraction of the same amount by venesection, must be derived from the operation of the former as revulsive measures.

With these few remarks, leaving the consideration of bloodletting, and reverting to the question concerning the curative and palliative measures to be employed in the first stage of acute pleuritis, we are led to the consideration of opium. And, with respect to this remedy, certain considerations may here be presented, which will apply to the treatment of most other inflammations.

A great change has taken place, within the last few years, with respect to the use of opium in acute inflammations. It was formerly used with much reserve, under the apprehension that, acting as a stimulant, its influence upon the local disease must be unfavorable. It was regarded as antagonistical to the antiphlogistic plan of treatment. Clinical experience and sounder pathological views, however, have led to the knowledge of its great value in the treatment of inflammatory affections wherever situated. It is valuable, not alone as a palliative, but as a curative remedy. Its palliative efficacy is, of course, intelligible; and we can also, to some extent, understand its curative influence. By relieving pain, it diminishes the determination of blood to the inflamed part, for pain is alone sufficient to occasion an increased afflux of blood to a part. This fact is illustrated by cases of neuralgia affecting a superficial nerve. Neuralgia of the supra-orbital nerve, for example, may lead to a determination of blood to the conjunctiva, so that this membrane appears to be inflamed, and the congestion may disappear directly the pain is relieved by a full opiate. Opium exerts also a curative influence by preventing or diminishing the constitutional disturbance which inflammations are apt to occasion. It places the system in a condition to tolerate better the local affection. The severity of an inflammatory disease depends much on the amount of constitutional disturbance which it occasions, and, with respect to the latter, different cases differ widely, although in each the degree and extent of the local affection may be the same. Life is often destroyed, not in consequence of the injury done to the inflamed part, but because the powers of life are inadequate to bear the continuance of the disease. These considerations afford some insight into the utility of opium, especially when patients are of the class who are able to take this remedy without inconvenience—there being, as is well known, a great difference among different persons in this regard. The evidence of the curative value of opium, of course, is derived from experience, and there is ample ground for the belief that by its judicious use in acute inflammations, not only is their course divested of much of the suffering which would otherwise be experienced, but their intensity is lessened, and the danger of death diminished, in those inflammations which tend to destroy life by asthenia. The immediate effects of this remedy are often very strikingly manifest in improvement as regards the local and general symptoms

Considering now the use of opium in the first stage of acute pleuritis, after the abstraction of blood, if this be deemed advisable, or, after a saline purgative, if this be employed in lieu of bloodletting, it will generally be judicious to prescribe opium,[1] in some form, in doses sufficient to relieve pain, and place the system fairly under an anodyne influence. If the pain be severe, and the constitutional disturbance considerable, the use of opium need not be delayed for the operation of a purgative, but may be at once entered upon. This is, perhaps, the most judicious course in the majority of cases, a purgative being deferred until a distinct anodyne impression has been produced and maintained for some hours by opium. Conjoined with the use of opium, sedative remedies, addressed to the circulation, may be employed. These should not be pushed to the extent of producing disorder. If, for example, tartar-emetic be given, it should not be carried beyond the point of slight nausea; and the veratrum viride, if given, should occasion no appreciable effects beyond a reduction of the frequency of the heart's action. These remedies, it is to be borne in mind, are addressed, not to the disease *per se*, but to the symptomatic phenomena of the disease, viz., those belonging to the febrile movement.

A summary of the treatment of the first stage of acute pleuritis, then, will embrace, bloodletting in some cases, the use of opium given sufficiently to relieve pain and tranquillize the system, a saline purgative, and remedies designed to act as sedatives upon the circulation. The importance of the latter is somewhat questionable. Blisters should not be applied in this stage. They occasion general disturbance more than enough to counterbalance any effect by way of revulsion or substitution. They add an inflammation of the skin to the existing inflammation of the pleura. A sinapism, turpentine stupes, or fomentations to the chest, will secure all the benefit of vesication without the annoyance and other evils of the latter. Moreover, a blister is an obstacle in the way of those examinations of the chest which are of importance as affording the only reliable information respecting the progress of the disease.

In the second stage, so long as the quantity of liquid effusion is small and a further accumulation may be expected to take place, the indications belonging to the first stage may continue. If the pain be still acute and the febrile movement have not abated, measures to relieve the former and lessen the latter are indicated. Bloodletting is rarely called for, but depletion by purgatives may be useful, not only by lessening the febrile movement, but by restraining the amount of effusion. Diaphoretic remedies are useful by contributing to the two ends just stated. Opium is indicated in proportion to the pain and constitutional disturbance, and the sedative remedies addressed to the circulation may be employed.

These measures cease to be appropriate when considerable effusion of liquid has taken place, when pain is no longer a prominent symptom, and the febrile movement has either ceased or become much diminished. The object of treatment now is to promote absorption of the effused liquid. The means which may be employed for this object are, hydragogue purgatives, diuretics, blisters, and the use of certain remedies which have been supposed to act directly as sorbefacients.

Hydragogue purgatives act most promptly and efficiently. The more active hydragogues, which are drastic in their operation, should be given circumspectly, and generally need not be employed. Reference is had to such remedies as elaterium and gamboge. The sedative purgatives, such as the bitartrate of potassa, the citrate or sulphate of magnesia, are to be preferred as sufficiently effective and less severe. These will sometimes effect a rapid decrease of the liquid.

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[1] The word opium is here used as a general term, including the alkaloids morphia and codeia.

Diuretics are sometimes equally but less rapidly effective. They effect the object with less disturbance of the system and are less debilitating. The union of several diuretic remedies is more likely to prove effective than a single remedy of this class. The squill and digitalis may be combined, and, in addition, the diuretic salts of potassa, or the iodide of potassium, may be given dissolved in an infusion of some one of the various vegetable diuretics. The mustard whey is a favorite remedy of my colleague, Prof. McCready, and I have found it to act upon the kidneys efficiently.

The regulation of the amount of drink ingested is an important point, with reference to the promotion of absorption. The elimination of water by the bowels or kidneys is of little avail, if the patient be allowed to take fluids into the system abundantly. The quantity of liquid ingested should be as small as is compatible with comfort. The treatment is often rendered inefficient by inattention to this point.

Blisters, in this stage of the disease, doubtless contribute to the object under consideration. If the other means are effective, however, they may be dispensed with. Their interference with examinations of the chest is a matter of considerable consequence, and the annoyance which they frequently occasion is not an inconsiderable objection. If employed, small blisters successively applied in different situations, removed as soon as vesication commences, and the vesicated surfaces allowed to dry up rapidly, accomplish all the good to be effected in this way, with the smallest amount of inconvenience both to the physician and patient.

The remedies supposed to act as sorbefacients, are mercury and iodine. Mercury I have long ceased to employ for this end. Of doubtful efficacy, the annoyance and other evils incident to mercurialization render it objectionable. The efficacy of iodine is, perhaps, equally doubtful; but it is not open to similar objections. It may be given internally, or applied externally in the form of either the ointment or tincture.

It is an important injunction not to continue measures with a view to promote absorption too long, or to push their use too far. After the decrease of liquid effusion has reached a certain point, it is apt to take place slowly, for reasons already stated. Whenever this point is reached, the measures to promote absorption should be discontinued, or employed with moderation, else they will be likely to do harm rather than good, by weakening the patient. And if, at any time, these measures appear to impair the general condition, the propriety of continuing them is doubtful. A leading object in the second stage of the disease is to maintain the constitutional strength. For this object, the diet should be nutritious; tonic remedies are useful, and a little wine or spirit may be allowed. These measures should constitute the treatment, after those designed to promote absorption have been sufficiently carried out, and should take the place of the latter whenever there is evidence of the strength giving way.

It is very rarely the case that this disease tends to a fatal ending by asthenia. Should such a tendency be manifested by the symptoms, viz., frequency and feebleness of the pulse, muscular prostration, etc., the measures which constitute the supporting treatment are of course indicated. These measures, which form the most important part of the treatment of the diseases involving danger by asthenia, consist of alcoholic stimulants, nutritious alimentation, and tonic remedies. They will be noticed more fully in connection with diseases in the treatment of which they are oftener called for.

A fatal result in acute pleuritis may be due to rapid and excessive effusion of liquid, as already stated. If the liquid accumulate sufficiently to endanger life, it should be at once withdrawn from the chest by the operation of thoracentesis. This operation is much more frequently indicated in chronic pleuritis, and will be considered in connection with the latter variety of the disease.

The measures which have reference to the promotion of absorption are indicated in the third stage; that is, for a certain period during the progress of absorption. When these measures have been carried to a sufficient extent, and the amount of liquid is considerably reduced, the patient may be considered as convalescent. During convalescence the object is to re-establish the normal health of the patient. This is to be done by tonic remedies, a nutritious diet, and other hygienic means. Solid food, embracing a fair proportion of meat, may be allowed whenever taken with relish and digested. Alimentation is important; and if the appetite be small and the digestion weak, remedies to improve both are indicated. No apprehension need be felt that a diet as nutritious as can be taken without inconvenience, will do harm; on the contrary, the more nutritious the food which can be taken and digested, the more rapid the convalescence. Wine or spirit, or beer, in small quantities taken with meals, will expedite recovery. Going out of doors, and gentle exercise, are to be encouraged. The patient will gain more rapidly as regards appetite, digestion and strength, if he do not confine himself within doors; and, with proper precautions, no risk of harm is incurred. The removal of the liquid which remains, the absorption of lymph, and the development of new tissue leading to adhesions, will go on rapidly in proportion to the rapidity with which improvement in the general condition takes place.

In the foregoing account of the treatment of ordinary acute pleuritis, it is assumed that, exclusive of a small number of cases in which this disease destroys life either by asthenia or apnœa, its course is toward convalescence, without becoming chronic. This is the rule, to which there are exceptions. If the disease become chronic, the measures of treatment indicated are those which will be considered under the head of chronic pleuritis.

The prevention of acute pleuritis hardly claims consideration. The abrupt and rapid development of the disease precludes the employment of prophylactic measures; there are no premonitions which warrant our anticipation of its occurrence.

Marked dulness on percussion over the affected side, especially at the inferior portion, may continue for some time after the liquid effusion has disappeared, the symptoms, general and local, denoting recovery, and the vesicular murmur of respiration heard over the whole of the side. This shows that lymph remains to be absorbed, and need occasion no apprehensions. In a patient discharged from hospital on the day these remarks are penned, the liquid effusion has nearly or quite disappeared, as shown by vesicular breathing and vocal resonance extending to the base of the chest; yet considerable dulness remains, and will probably continue for several weeks.

CHAPTER III.

VARIETIES OF PLEURITIS.

Chronic Pleuritis—Anatomical Characters—Clinical History—Pathological Character—Causation—Prognosis—Treatment—Thoracentesis—Suppurative Pleuritis, or Empyema—Diagnosis—Prognosis—Treatment—Pleuritis with Pneumothorax—Anatomical Characters—Clinical History—Diagnosis—Prognosis—Treatment—Pneumothorax—Circumscribed Pleuritis—Hydrothorax.

OF the varieties of pleuritis, the first to be considered is the simple or ordinary chronic form of the disease. Other varieties are suppurative pleuritis, or empyema, and pleuritis with pneumothorax. Circumscribed pleuritis will claim some consideration. This chapter will be devoted to these affections, including a brief account of pneumothorax without pleuritis, and hydrothorax.

CHRONIC PLEURITIS.

ANATOMICAL CHARACTERS.—The anatomical characters in ordinary chronic pleuritis are essentially the same as in the acute form. The pleural cavity contains serum and lymph in variable relative proportions, but, as a rule, the quantity of lymph is less, and the accumulation of liquid greater, than in acute pleuritis. Liquid effusion frequently takes place to such an extent that the affected side is more or less dilated. The lung is compressed into a small solid mass usually situated at the upper and posterior part; the thoracic walls are expanded in every direction; the intercostal spaces are pushed out to a level with the ribs or even beyond this level, and show no depression with the act of inspiration; the diaphragm may be depressed, pushing downward the abdominal organs situated in proximity to it, viz., the stomach, spleen, and liver; the lateral pressure on the mediastinum may be sufficient to move the heart from its normal situation, and, if the effusion be in the left side, the heart may be carried quite into the space belonging to the right side of the chest.

The dilatation decreases as absorption of the liquid takes place, and contraction of the affected side succeeds. This arises from the fact that the compressed lung does not readily resume its former volume when the pressure of the liquid is removed, in consequence of the layers of lymph with which it is more or less invested, and, sometimes, because pleuritic adhesions have already taken place. Other things being equal, the extent of contraction is in proportion to the amount of the previous dilatation and its duration. Usually the dimensions of the affected side in every direction are lessened, the shoulder is lowered, and lateral spinal curvature is apt to ensue. In some cases in which the lung expands to a certain point and becomes fixed by permanent adhesions at that point, the removal of the liquid below leads to a deep depression; the chest presents an appearance as if the lower ribs had been crushed inward. The contraction succeeding a large effusion is generally permanent. It becomes less marked after several months or years, in some cases, and, if the patient be quite young, it may, in the progress of time, nearly disappear. In a patient who had chronic pleuritis with very large effusion, at the age of 17 years, followed by great contraction, I found, ten years afterward, the two sides presenting only a slight disparity.

Clinical History.—Chronic pleuritis in the great majority of cases is a subacute affection from the first. Occasionally it follows the acute form of the disease. The chronic is a more frequent affection than the acute, a fact which shows that the latter does not usually precede the former, as has been stated by some authors. Of thirty-five recorded cases which I analyzed with reference to this point, in 1852, the inflammation was subacute from the first in twenty-nine. The left side is affected oftener than the right, as in acute pleuritis. Of forty-two cases, the left side was affected in twenty-three. Of seventy-eight cases analyzed by Dr. Blakiston, the left side was affected in fifty-eight.

This variety of pleuritis is often developed imperceptibly, and, so far as the symptoms are concerned, is one of the most insidious and latent of diseases. It is habitually overlooked by those who do not employ the physical methods of examination. Its development is not, as in the vast majority of cases of acute pleuritis, characterized by pain. Pain is often either wanting or so slight as scarcely to attract attention. In some cases, however, the pain is moderate or considerable, but falling much short of the intensity of pain which belongs to the acute affection. Tenderness over the chest is slight or moderate, and may be wanting.

Cough and expectoration are frequently wanting, and rarely prominent as symptoms. The cough, if present, is dry, short, hacking, and the matter of expectoration consists of mucus, transparent or slightly opaque. If there be considerable expectoration, and the matter expectorated be muco-purulent, either bronchitis co-exists, or the pleuritis is associated with tuberculous disease.

The frequency of the respirations is increased, assuming the pleuritis to be accompanied by a large effusion of liquid. The increase, however, may be but moderate while the patient is at rest, but this symptom becomes marked on exercise. Deficiency of breath is also shown by inability to speak with a sustained expiration, the speech being interrupted at short intervals for a fresh inspiration. Dyspnœa is rarely present except on exercise. Here, as in acute pleuritis, the embarrassment of breathing will depend much on the rapidity with which the effusion takes place. The suppression of the respiratory function of an entire lung, in this affection, does not usually occasion lividity of the face or prolabia.

The pulse is generally more or less accelerated, ranging from 80 to 120 per minute; it is small and compressible. There is considerable variation in different cases as regards this symptom. The surface of the body frequently presents more or less capillary congestion.

Sweating is apt to occur, especially during night, and it may be profuse without having been preceded by a chill or febrile movement. Irregular, slight chills, however, are not unusual, leading sometimes to the error of supposing the disease to be malarious.

The appetite is sometimes notably impaired, but in other cases it is preserved, and the digestion continues good. Diarrhœa occurs in some cases. Generally, the countenance is pallid, denoting anæmia, but this is not true of all cases; a healthy aspect is sometimes maintained. Emaciation is not usually marked, except when the disease is associated with tuberculosis. The strength is often retained in a remarkable degree. Patients are rarely obliged to take to the bed, and usually are able to be up and out of doors, even with one side of the chest filled with liquid. I have known repeatedly persons in this condition to continue pursuits which required active muscular exertion.

This sketch of the symptomatology applies, of course, to cases of chronic pleuritis not associated with other affections furnishing symptoms which are combined with those belonging to the disease under consideration. It may be associated with pulmonary tuberculosis, but not so frequently as is stated by some writers. Indeed, in my experience, tuberculous disease has existed in a small proportion of cases only. The co-existence of this disease will be likely to render cough more prominent as a symptom, and to give rise to a more or less abundant expectoration. Emaciation and muscular feebleness will also be more marked. Pericarditis exists in a small proportion of cases. With this complication, the circulation is more disturbed, there is more suffering from dyspnœa, and the symptoms in general denote greater gravity of disease. The affection may be developed in the course of either acute albuminuria or chronic degenerative disease of the kidneys; and, under these circumstances, general dropsy may be present, emaciation and feebleness are greater, and the tendency to asthenia is more apparent. And, in like manner, other affections which may be associated modify and add to the symptoms pertaining to the pleuritic inflammation.

The duration is variable, but the career rarely ends under several weeks, and generally it extends over several months. As regards stages, when acute pleuritis has not preceded, cases do not come under observation until more or less liquid effusion has taken place, and, it may be, not until the pleural sac is filled with liquid. It suffices to consider the career of the disease as consisting of two stages, one embracing the period during which the liquid either is accumulating or remains stationary, and the other embracing the period during which absorption of the liquid is going on. After absorption has made a certain amount of progress, the patient may be regarded as convalescent.

Pathological Character.—Ordinary or simple chronic pleuritis is a subacute inflammation, differing from the acute form of the disease only in the degree of inflammatory action. The inflammation has no special character, but is of a low grade of intensity, with a tendency to continuance for an indefinite period.

Causation.—The same causes are involved in the causation of chronic as of acute pleuritis. It may be produced traumatically. It may sometimes be due to cold. It occurs occasionally during the course of affections of the kidneys. But in a large majority of cases, it proceeds from internal causes which are not understood, and it is then said to be spontaneous.

An important point of inquiry relates to its pathological relations to pulmonary tuberculosis. According to some authors, it is generally consecutive to, and dependent upon, a tuberculous deposit. There has been no evidence of this in a large majority of the cases which have come under my observation. Of forty-two cases analyzed several years ago, the evidence of co-existing tuberculosis was present in only three; and of a large number of cases which I have since observed, I am sure that the two affections have been associated in but a small proportion. As, however, there are grounds for believing that the occurrence of pleuritic effusion tends to retard and contribute to the arrest of the progress of tuberculosis, the association of the two affections may sometimes exist without being apparent.

Chronic as well as acute pleuritis occurs very rarely in infancy. It is not of infrequent occurrence in childhood and early life, but is most frequent between puberty and middle life. It is of rare occurrence in the aged.

PROGNOSIS.—Simple chronic pleuritis, not associated with tuberculosis, nor complicated with any serious affection, and occurring in a healthy subject, tends to recovery. A fatal result may take place in consequence of rapid and large accumulation of liquid, but instances of this must be exceedingly rare. If death occur, it is generally from associated affections or complications.

Recovery takes place, leaving the affected side more or less contracted, and sometimes this result is so marked as, in connection with the lateral curvature of the spine which it occasions, to produce an obvious and permanent deformity. In general, however, the contraction which follows is attended with little or no inconvenience, and is not observed unless the chest be denuded, and the two sides compared.

Pulmonary tuberculosis becomes developed sooner or later after recovery, in a certain proportion of cases. In some of the cases in which tuberculous disease appears to be a sequel, it may have existed prior to the pleuritis, and undergone arrest. The proportion of cases in which tuberculous disease follows is not sufficiently large to show a predisposition to this disease derived from the pleuritis. The opinion frequently and perhaps commonly entertained that chronic pleuritis, when it does not supervene on a tuberculous deposit, predisposes strongly to the occurrence of the latter, I believe to be incorrect. This belief is based on my own experience. It is sustained by the statistics communicated by Dr. Blakiston.[1] Of fifty-three cases observed by this author, the patients remaining under observation for several years after recovery, not one became affected with pulmonary tuberculosis. This result is striking, for it might be expected that out of so large a number of cases of any disease occurring, as does pleuritis, for the most part at an early age, a certain proportion would be likely, in the course of several years, to become tuberculous. In estimating the influence of this or any disease in determining the subsequent development of tuberculosis, the liability to the latter, irrespective of antecedent affections, is of course to be taken into account.

The idea has been lately suggested that, inasmuch as chronic pleuritis occurs oftener on the left than on the right side, its occurrence on the right side is evidence of its being connected with tubercle. This, however, appears to be disproved by the statistics reported by Dr. Bowditch.[2] Of fourteen patients affected with pleuritis seated in the right side, paracentesis being employed in all, 28.57 per cent. died, 64.28 per cent. were cured, and 7.14 per cent. remained doubtful. On the other hand, of eleven cases in which the left side was affected, paracentesis being employed in all, 45.45 per cent. died, 36.36 got well, and 18.18 were doubtful. These results disprove the idea just stated, because it is fair to conclude that the proportion of deaths would be greater and of recoveries less, of those in whom the right side was affected, if a large number of this class of cases were tuberculous; whereas, these statistics show precisely the reverse.

The mortality from chronic pleuritis, even without regard to associated affections and complications, is not great. The rate of mortality in my own experience up to 1856, was 17 per cent.

Recovery is understood to imply the removal, by absorption, of the liquid effusion, and adhesion of the pleural surfaces. The affection, however, may terminate in another way, leaving no local symptoms, and the patient regaining good health. This consists in the affected side of the chest remaining permanently filled with liquid. The following case, illustrative of this termination, came under my observation in the Charity Hospital of New Orleans, in 1861:—

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[1] Practical Observations on Certain Diseases of the Chest, etc. American edition. Blanchard & Lea, 1848.

[2] *Vide* American Journal of the Medical Sciences. Number for January, 1863.

A man, aged about 45, was admitted into a ward under the charge of my colleague, Dr. Fenner, stating that he had been ill and confined to the bed for four days, having previously been in good health. In answer to inquiries suggested by the marks of cupping on the left side, he stated that he had had pleurisy several years before. I saw the patient casually, and found the left side dilated, everywhere flat on percussion, and the respiratory murmur suppressed. Death occurred on the third day after his admission, and my notes do not contain data showing the probable cause of death. The man presented a robust appearance, and declared that he was quite well when seized with his present illness four days before his admission. His habits were intemperate.

On examination of the chest after death, the left pleural sac was found to be so resisting that it was removed entire, and brought to the college. The sac was then opened with some difficulty, and a large amount of turbid liquid, estimated to be two gallons, removed. After the liquid had escaped, the pleural sac was sufficiently rigid to retain the shape which it had before being opened. A chondroid formation, from one-eighth to one-quarter of an inch in thickness, lined the entire pleura. The parietal portion of the membrane could in some places be stripped from this chondroid formation. Calcareous matter was abundantly deposited in the latter. The lung was compressed in a solid, small mass, which resisted efforts at insufflation.

Another case, illustrative of a similar termination, in so far as regards the permanency of liquid effusion, came under my observation in private practice. A lawyer, aged about 30, had an attack of pleuritis, which confined him for some time to the bed, nine years before my examination in 1861. When I saw him he appeared to be in excellent health, and had recently been married. He was entirely free from any pulmonary symptoms except deficiency of breath on exercise. Flatness on percussion existed over the whole of the left side, with suppression of the respiratory murmur and vocal resonance, except at the summit, where bronchial respiration and bronchophony existed. These signs were considered as denoting liquid in sufficient quantity to fill the pleural sac and compress the lung into a solid mass. The patient stated that he had been repeatedly examined since the attack of pleuritis nine years before, and there had been no change in the condition of the chest since his apparent recovery from that disease.

DIAGNOSIS.—Owing to the latency of chronic pleuritis, as regards the subjective symptoms, in many cases, the existence of intra-thoracic disease is often overlooked by those who do not employ physical exploration. Of the cases which have come under my observation, in not a few the patients have been supposed to have dyspepsia, irregular intermittent fever, hepatic trouble, or some ailment not connected with the pulmonary organs. If the symptoms point to the existence of some affection within the chest, patients are often supposed to be tuberculous, and the cough, deficiency of breath, night perspirations, etc., rationally favor such a conclusion. A positive diagnosis can hardly be made without the aid of physical signs, but, with their aid, the existence of pleuritis is readily determined.

The signs on which, taken in connection with the history and symptoms, the diagnosis is to be based, are those denoting pleuritic effusion. The signs of liquid effusion are the same in chronic as in acute pleuritis, and need not be repeated; but in chronic, more frequently than in acute pleuritis, the accumulation of liquid is so large as to occasion more or less dilatation of the affected side, and then are superadded signs obtained by inspection and palpation, notice of which was deferred in treating of the acute affection.

Dilatation of the affected side by liquid is apparent to the eye, and may be ascertained by mensuration either with graduated tape or callipers. The intercostal spaces are pushed out to a level with the ribs, and may be bulging. The side is motionless, or nearly so, in the acts of respiration, the movements of the opposite side being exaggerated. By applying the fingers within the intercostal spaces and percussing, at a short distance or diametrically opposite, a sense of fluctuation is sometimes obtained. The heart is moved from its normal situation, as ascertained either by palpation or auscultation. If the effusion be in the left side, the apex-beat or the maximum of the heart sounds is on the right side of the sternum; and they are carried toward the left lateral portion of the chest if the effusion be in the right side. The diaphragm is depressed, pushing downward the abdominal organs in contact with it. The addition of these signs renders the diagnosis of pleuritic effusion still more complete and positive, than the signs which denote the presence of liquid without dilatation.

During the stage of absorption, the signs show the progressive diminution of liquid until the quantity is no longer sufficient to occasion dilatation, and, from this point, the continued decrease in quantity is ascertained as in acute pleuritis. The contraction of the affected side which follows chronic pleuritis is more marked than that succeeding the acute affection.

TREATMENT.—The main objects of treatment in simple chronic pleuritis are twofold, viz.: *First*, to aid in effecting the removal of the effused liquid, and, *second*, to develop and sustain the powers of the system. For the first object, the measures which may be employed are the same as in the second and third stages of acute pleuritis, consisting of the milder hydragogues, diuretics, small blisters applied in succession over different portions of the affected side, and the use of iodine internally and externally. In view of the anæmic state which generally exists, and the effect of mercurialization on the blood, this measure is contraindicated. Bloodletting, general or local, is never indicated in chronic pleuritis.

In pursuing measures with reference to the first object, the second is not to be overlooked nor neglected. Cases are frequently injudiciously treated, in consequence of the attention being too much engrossed with the measures to promote absorption. These measures will do harm if continued too long or pushed too far. After a certain amount of effect has been produced, if they cease to be further effective, they should be discontinued, at least for a time; nor should they be persisted in if they fail to have any effect. Harm is produced by their injudicious employment, in proportion as they debilitate.

The second object calls for tonic remedies, nutritious alimentation, the moderate use of alcoholic stimulants, and gentle exercise out of doors. These measures are always important, and they are pre-eminently so if, from associated affections, complications, or the general condition of the patient, the powers of the system are notably lowered. I have repeatedly seen a marked change for the better occur at once, followed by progressive improvement in all respects, on the discontinuance of measures having reference to the absorption of liquid, and the substitution of measures addressed to the system. Hygienic measures, viz., nutritious diet and out-door exercise, under proper restrictions, are especially important.

A means of effecting the first object, viz., the removal of the liquid, requires distinct consideration. Reference is now had to the operation of *paracentesis* or *thoracentesis*. The propriety of puncturing the chest when the accumulation of liquid is sufficient to place the patient in imminent danger, is unquestionable. But it is a question which of late has been much discussed, whether it be not advisable to puncture in cases in which the chest is dilated by liquid, although the patient be not in great distress or danger. It is clearly an object to get rid of the liquid, and the point to be decided is whether it be better to resort to direct means, that is, puncture and withdraw it, or to effect the object indirectly by purgatives, diuretics, etc. This point is to be decided, of course, after a consideration of the advantages and disadvantages of the operation of thoracentesis.

Heretofore, this operation was performed only as a *dernier resort*, under circumstances when little was to be expected from any measure. It was deferred as long as possible, sometimes on account of doubt as to the diagnosis, and, also, because the perforation and introduction of air were supposed to involve danger of an increase of the inflammation. A considerable opening was necessary in order to give free exit to the liquid, and it was not easy to prevent the air from entering the pleural cavity. Objection to the operation on the score of diagnosis is now removed by our present knowledge of physical signs. Moreover, the operation has been divested of all severity and the liability to the introduction of air has been provided against by the application of the suction-pump, first suggested by Dr. Morril Wyman, in 1850, and since employed in a large number of cases by Dr. Bowditch. The introduction of air is not attended by the injurious effects formerly apprehended, but it is objectionable because the presence of air is an obstacle to the full expansion of the lung after the liquid is removed. Its introduction is prevented by the use of the pump in withdrawing the liquid. The operation is rendered trivial because, with the suction force of the pump, a small exploring trocar suffices to make the puncture, which causes very little pain, and closes directly the canula is removed.[1]

Dr. Bowditch has operated in this way 150 times on 75 persons in the course of twelve years. In no instance was any permanent injury referable to the operation. It was in some cases repeated several times during the progress of the disease. In 29 of the 75 cases, recovery appeared to be attributable to the operation. Immediate and great relief was obtained in cases which ultimately proved fatal. Dr. B. has been led by his experience to operate in all cases in which the quantity of liquid induces either permanent or occasional dyspnœa of a severe character, and in all cases in which the pleural cavity is filled, if, after a reasonable amount of treatment, the liquid does not diminish.

I can testify, from a limited experience, to the innocuousness of the operation after the plan introduced by Drs. Wyman and Bowditch, the relief which it affords, and its value as a means of rescuing patients from a condition of imminent danger to life. And the conclusions of Dr. Bowditch, as just stated, are not only sustained by his large experience, but are consonant with common sense. If by an operation trivial with respect to pain or any evil effects, and easily performed, the liquid effusion may be withdrawn at pleasure, it is certainly to be preferred to measures which are indirect, not very reliable, requiring considerable time, and producing more or less disturbance of the system, and debility. An important advantage of the operation is, that, the liquid being removed before the lung has been subjected to long pressure, and become adherent by dense layers of lymph, or, perhaps, organized tissue, the expansion takes place more fully, and is followed by less deformity of the chest by contraction of the affected side.

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[1] For details pertaining to the operation by means of the suction-pump, and an account of cases, *vide* papers by Dr. Bowditch, in the American Journal of the Medical Sciences, April, 1852, and Jan. 1863.

Thoracentesis by means of a small trocar, attached to the suction-pump, the puncture made at a convenient point either behind, laterally, or in front, is admissible whenever the pleural cavity remains filled with liquid after a brief trial of the measures designed to promote absorption; and the operation should not be delayed whenever the liquid accumulation is sufficient to involve danger or distressing dyspnœa.

Since the preparation of this work was commenced, I have made trial, in place of the suction-pump employed by Wyman and Bowditch, of a simpler apparatus, viz., a small trocar and canula, fitted to screw upon the flexible suction-tube of Davidson's syringe. The canula should be provided with a stopcock. The trocar and canula being introduced into the chest, the trocar is withdrawn and the canula attached to the syringe; the liquid is then removed by means of the expansion of the India-rubber suction-bag after its compression with the hand. I have made trial of this apparatus in several cases with satisfactory results. If found desirable, the India-rubber suction-bag might be made thicker than it is usually in Davidson's syringes, giving more suction power. The advantage of this apparatus, over the suction-pump, is its greater simplicity, the ease with which it is managed, and a less liability to get out of order.

EMPYEMA, PYOTHORAX, OR SUPPURATIVE PLEURITIS.

These names denote a variety of pleuritis characterized by the accumulation, in the pleural cavity, of a purulent liquid. The accumulation of pus is a feature sufficiently distinctive and important to serve as a ground for constituting this a variety of pleuritis. The term empyema only expresses the existence of pus, without indicating its situation. Pyothorax is a better name, but this does not express the existence of inflammation. Suppurative pleuritis is a simple title suggested as more fully expressive of the affection.

Suppurative pleuritis may be either acute or subacute at the beginning, but it becomes chronic. It is therefore a variety of chronic pleuritis. The symptoms attending its development are the same as in simple or ordinary pleuritis, either acute or chronic. There are no distinctive points pertaining to the symptomatology, and it is not necessary, therefore, to consider under a distinct head its clinical history. The anatomical characters, too, are essentially the same as in simple or ordinary pleuritis, excepting that, in the latter, the effused liquid is a mixture of serum and lymph, whereas, in the variety under consideration, the liquid contained in the cavity of the pleura is pus.

The pathological character of suppurative pleuritis is inflammation, acute or subacute, resulting in the formation of pus, or suppuration. This result of the inflammation is dependent on an intrinsic tendency existing at the outset. In other words, the formation of pus is not an accidental effect, nor does it depend on the duration of the inflammation. The inflammation in cases of suppurative pleuritis tends at once or speedily to suppuration. On the other hand, in cases of simple or ordinary pleuritis, the disease may continue for months and even years without eventuating in the formation of pus. The affection is not at first simple and subsequently suppurative pleuritis, but it is a distinct variety of pleuritis from the beginning.

As regards its causation, it may be produced traumatically; and it occurs spontaneously, the internal causative agencies in the latter case being, with our existing knowledge, neither more nor less intelligible than when the inflammation is of the simple or ordinary kind. Why pleuritic inflammation in one case should lead to the formation of quarts or even gallons of pus, and, in another case, continue indefinitely without suppuration, we are unable to explain.

DIAGNOSIS.—The signs, as well as symptoms, in suppurative pleuritis are not distinctive of this variety. They represent the presence of more or less liquid in the pleural cavity, and they are essentially the same when the liquid is purulent as when it consists of serum and lymph. The point of inquiry, in regard of diagnosis, is, whether there be any means of determining that the liquid is purulent. This is an important point with reference to prognosis and treatment. The occurrence of chills, greater febrile movement, hectic paroxysms, etc., are not reliable in this differential diagnosis. The symptoms and signs, in fact, exclusive of spontaneous perforation of the thoracic walls, will hardly warrant a positive diagnosis. But the purulent character of the liquid may be inferred, with considerable confidence, if the quantity progressively continues to increase, notwithstanding the employment of measures to promote absorption. A serous effusion is generally either diminished or retarded by the use of hydragogues, diuretics, etc.; but these measures are not likely to exert any influence upon a purulent liquid.

Spontaneous perforation of the walls of the chest occurs, after a time, in a certain proportion of cases of suppurative pleuritis. When this occurs, before ulceration of the integument ensues, a soft fluctuating tumor makes its appearance over or near the point of perforation. The appearance of such a tumor, developed rapidly without having been preceded by inflammation exterior to the thoracic walls, is at once significant of this variety of pleuritis. The size of the tumor may be observed to vary with forcible acts of inspiration and expiration. The action of the heart upon the liquid within the chest may communicate a pulsation to the tumor, which might at first lead to a suspicion of aneurism; but an examination of the chest, by furnishing the evidence of the pleural sac being filled with liquid, will show the character of the affection. If the tumor be not opened, inflammation of the integument, from distension, and ulceration supervene, and the pus makes its escape from the tumor and the pleural cavity. Paracentesis from necessity, as it is called, has then taken place. This result is almost exclusively due to suppurative pleuritis, but I have known one instance in which spontaneous perforation took place when the liquid was not purulent.

A positive diagnosis, however, may be made in cases in which spontaneous perforation of the chest does not occur, or without waiting for the occurrence of this event. A small exploring trocar may be introduced into the chest, and a few drops of the liquid withdrawn. The gross and microscopical characters of the specimen thus obtained will at once settle the question. This procedure is warrantable as a means of diagnosis in view of the bearing on the prognosis and treatment. Indeed, the operation is so slight as to be in nowise objectionable.

In a much smaller proportion of cases a spontaneous evacuation occurs in another direction. Perforation of the lung takes place, and the pus finds its way into the air-passages. The occurrence of this event is marked by a sudden and copious purulent expectoration. This expectoration continues for an indefinite period.

PROGNOSIS.—Suppurative inflammation of the pleura is a more serious affection than simple pleuritis, acute or chronic. Happily, it is an infrequent variety of pleuritis. Inasmuch as the pus cannot be removed by absorption, but must be evacuated either spontaneously or by surgical interference, the condition is analogous to that of a large abscess which, after opening, continues to discharge through a fistulous orifice. After the purulent contents of the pleural cavity are evacuated, the membrane continues to furnish pus, and thus the discharge continues indefinitely. Emaciation, debility, hectic paroxysms, etc., result from long-continued suppuration, and death takes place by slow asthenia. An unfavorable termination may be due, as in certain cases of simple pleuritis, to the coexistence of tuberculosis, pericarditis, or some other serious affection.

Recovery from suppurative pleuritis, however, is by no means infrequent, and may reasonably be hoped for if the patient have a good constitution, and the affection be uncomplicated. The purulent discharge continues for weeks, months, and perhaps years, but progressively diminishes. Pleuritic adhesions take place, the affection becoming more and more circumscribed, until, at length, they become universal, and the recovery is completed, leaving the affected side considerably or greatly contracted.

TREATMENT.—In the treatment of suppurative pleuritis, little or no reliance is to be placed on the employment of measures to promote absorption of the purulent liquid. If the pleural cavity be filled with pus, it will not be absorbed, but, if life be sufficiently prolonged, and thoracentesis be not resorted to, it will, sooner or later, make its way either into the air-passages or through the thoracic walls. Hydragogues, diuretics, blisters, etc., will not only prove unavailing, but they do harm, if persistingly employed, by impairing the powers of the system. Thoracentesis should be performed as soon as the purulent character of the liquid is ascertained, provided paracentesis by necessity have not already taken place. The suction-pump may be at first used, a larger trocar being advisable than when the liquid is serous, in consequence of the greater consistency of pus. The operation may be repeated as often as required; but in the majority of cases, owing to the reproduction of pus, this mode of performing thoracentesis will prove unsatisfactory. An opening should then be made at the bottom of the pleural sac, allowing the pus to escape freely. Air will gain admission into the chest, and, since this is unavoidable, its ingress and egress should be unobstructed. A small orifice, not sufficient for the free escape of the pus, and allowing air to be pent up within the pleural cavity, is injudicious. The pus becoming decomposed and fetid, acts as an irritant on the inflamed surfaces, whereas if it drain away as fast as it is formed, and the cavity of the pleura be well ventilated, this result does not follow.

If spontaneous perforation take place, as denoted by the development of a fluctuating tumor, the latter should be at once opened. If the perforation be at a point so far above the bottom of the sac that a portion only of the pus is evacuated, more or less remaining constantly below the point of perforation, a counter opening should be made. It is desirable that the drainage should be so effectual that there will be little or no fetor connected with the discharge. If there be fetor, injections of tepid water are useful. I have known these to be extremely useful in effecting the removal of fetid pus, when the perforation was not at a favorable point for the free discharge of the purulent contents of the pleural sac.

To support the powers of the system is an object of still greater importance in the treatment of suppurative, than of simple, pleuritis. The importance is greater because there is more danger of death by asthenia, and, in favorable cases, the duration of the affection is longer. The measures to be employed for this object are the same in both forms of the disease.

PLEURITIS, WITH PNEUMOTHORAX, OR PNEUMO-HYDROTHORAX.

The term pneumo-hydrothorax denotes the presence of air or gas and liquid in the pleural cavity. As this liquid, however, is either sero-fibrinous or purulent, hydrothorax, which signifies a purely serous liquid, is not strictly appropriate. The liquid is due to inflammation, and the affection is a variety of pleuritis. It would be more correct to say, pleuritis with pneumothorax. Pneumothorax denotes the presence of air without liquid. The latter affection is rare, but it occurs, and claims separate notice.

Pneumothorax coexists with suppurative pleuritis, after spontaneous perforation of the thoracic walls, or when a fistulous opening is made; and, also, in the rare cases in which the lung is perforated from without and a communication opened between the air-passages and the pleural cavity. But the term pneumothorax, with or without pleuritis, is considered as denoting the presence of air which gains admission from the air-passages through a perforation taking place from within the lung. This perforation, in the vast majority of cases, is an accident occurring in the progress of pulmonary tuberculosis.

It is probable that this accident would occur much oftener than it does, were it not for the constancy with which circumscribed, dry pleuritis, leading to pleuritic adhesions, supervenes upon the deposit of tubercle. Over the portions of lung in which the tuberculous deposit is seated, the pleural surfaces usually become firmly united, requiring often considerable force for their separation on post-mortem examinations. These adhesions offer an obstacle to the evacuation of collections of liquefied tubercle into the pleural cavity, and the evacuation is usually into the bronchial tubes. But occasionally, a collection of liquefied tubercle being situated near the superficies of the lung, at a point not protected by adhesions, the membrane gives way, and the evacuation is into the pleural cavity. Pleuritis, under these circumstances, is at once excited, air finds its way through the perforation, and in this way the affection becomes developed.

In like manner pleuritis with pneumothorax is produced in certain cases of circumscribed pulmonary gangrene. The decomposed pulmonary tissue is usually evacuated into the bronchial tubes, and expectorated; but sometimes, being situated near the surface, the pleura at that point becomes involved in the gangrene, and gives way, leaving a perforation through which air enters the pleural cavity, and pleuritis is caused by the presence of the sphacelated matter. A few instances of this kind have come under my observation.

Anatomical Characters.—Air escapes with more or less force after the knife penetrates the chest, in making the post-mortem examination. The pleural sac contains liquid in variable quantity in different cases. The liquid is turbid from admixture with lymph. The pleural surfaces are more or less covered with lymph, which is soft or dense, according to the duration of the affection. The air and liquid are sometimes extremely fetid, and, in other cases, devoid of fetor. The fetor is excessive if the affection be associated with pulmonary gangrene. After the sternum is removed, if the nozzle of a pair of bellows be inserted into the trachea, and air forced into the lung of the affected side, bubbles rising in the liquid show the fact of perforation, and its situation. The size of the perforation varies. It is usually small when the affection supervenes on tuberculosis; but may be quite large in cases of gangrene. The lung on the affected side, if not prevented by old adhesions, is compressed into a solid mass, as in cases of simple pleuritis with large effusion.

CLINICAL HISTORY.—The occurrence of perforation is usually marked by acute pain, denoting the development of pleuritis. The introduction of air, and the speedy effusion of liquid, give rise generally to notable dyspnœa, with accelerated breathing, accompanied frequently with lividity. The pulse is in most cases rapid and feeble. These symptoms denote the supervention of a serious affection of some kind, and point to the chest as its seat.

In some cases the accelerated breathing and dyspnœa continue to be prominent symptoms, the patient suffering greatly, and perhaps being unable to lie down (orthopnœa), until the affection ends fatally, which, under these circumstances, is usually after the lapse of a few days—and it may end fatally in the course of a few hours. But, in other cases, the violence of the symptoms subsides after a short time, and the dyspnœa may be moderate, or wanting, save on exercise. In some instances, even considerable exercise is practicable. As regards strength and the general condition, there is much variation in different cases. In the majority of cases, patients are confined to the room and bed, but sometimes they are able to be out of doors, preserving appetite, and not presenting a notable morbid aspect. Much will, of course, depend on the condition as regards the affections of which this is a complication.

As an exception to the rule, pleuritis, with pneumothorax from perforation, is developed gradually and imperceptibly. It may remain for a greater or less period quite latent. In some instances the accumulation of liquid becomes large, the air disappears, and the affection is apparently converted into simple pleuritis with effusion. In two instances of this kind which have fallen under my observation, thoracentesis was resorted to, and the communication between the air-passages and pleural cavity, through the perforation, was resumed after the liquid was withdrawn.

DIAGNOSIS.—When this affection is developed with marked symptoms in the course of pulmonary tuberculosis, its existence should certainly be at once suspected; but the symptoms are not sufficiently distinctive of this affection as contrasted with simple pleuritis and effusion to warrant a positive differential diagnosis. Moreover, as just stated, the affection is sometimes latent, the symptoms not warranting even the diagnosis of pleuritis. A positive diagnosis, in short, must be based on physical signs, and these are usually easily obtained and very explicit.

The presence of air in the pleural cavity renders the percussion sound purely tympanitic. If the quantity of liquid be small or moderate, tympanitic resonance may extend over the whole of the affected side, being propagated from the level to the bottom of the liquid. If the liquid be large or considerable in quantity, dulness or flatness will be found at the base extending upward (the patient sitting) to a certain height, tympanitic resonance existing above. Under these circumstances, the relation of resonance and dulness or flatness will be found to vary with the changed position of the body of the patient. The tympanitic resonance sometimes has an amphoric character.

Respiratory sound is sometimes wanting over the affected side. Over the compressed lung bronchial respiration may be found. The ordinary cavernous respiration is sometimes heard, but, in most cases, amphoric respiration and amphoric voice or echo are present, either limited or diffused over the whole of the affected side. With these signs, metallic tinkling is generally conjoined. The presence of these striking and distinctive signs renders the diagnosis easy and positive, taken in connection with other signs.

Succussion in most cases develops a splashing sound frequently having the same kind of musical intonation as the respiration, voice, and tinkling sounds. This proof of the presence of air and liquid is rarely wanting.

The affected side is frequently dilated and presents the same characters as in cases of dilatation from liquid in simple and suppurative pleuritis.

PROGNOSIS.—The prognosis in cases of pleuritis with pneumothorax is always unfavorable. If the affection be connected with pulmonary gangrene, death takes place invariably and within a short period. Other things being equal, a fatal termination, when it occurs in the course of pulmonary tuberculosis, is speedy in proportion to the progress which the latter affection has made. There is a wide variation in different cases, as regards the period before a fatal ending. In most cases it ends fatally within a few days or weeks, but sometimes life is prolonged for months or even years. It may continue for an indefinite period, the patient experiencing so little inconvenience as to consider himself in good health. The following remarkable case will serve to verify this statement, and also illustrate the latency of the affection occurring in connection with tuberculosis.

I received from Dr. Burge, of Brooklyn, N. Y., the left lung which he had removed at a post-mortem examination made two or three days before. The patient, a young man, aged 18, an accountant, was seized, four days before his death, with an acute affection which proved to be pneumonitis affecting the lower lobe of the right lung. At the time of the attack, he considered himself in good health. He was attended by Dr. Burge, who found the physical signs denoting pneumonitis, and the affected lobe was found after death in the second stage of this disease. On an examination of the chest, in addition to the pneumonitis, Dr. Burge discovered the signs of pneumo-hydrothorax affecting the left side. Metallic tinkling, and amphoric respiration and voice, were finely marked. The upper portion of the chest on this side yielded a tympanitic, and the lower portion a dull resonance on percussion.

On inquiry as to the previous health, the patient stated that he was quite well when attacked with the acute disease; that is, four days before his death. On close questioning, however, it was ascertained that he had had a slight cough for a year, so slight that he thought nothing of it. He was not conscious of any deficiency of breath, was not subject to pain in the side, and, in short, there were no symptoms pointing to so grave an affection as pleuritis with pneumothorax.

The left lung was completely condensed from compression. The lower lobe was readily inflated, the upper lobe but slightly, owing to the free escape of air through a perforation as large as a crow's quill, situated on the anterior aspect of this lobe, about midway from the upper to the lower extremity. On closing the aperture, this lobe was readily inflated. The perforation was gaping, the orifice being surrounded by a cartilaginous rim. On passing a probe into the aperture, it entered a small cavity of about the size of an American walnut. The cavity was smooth and lined by a membrane. This was the only cavity in the left lung, and there were no tuberculous masses. The whole surface of the lung was covered with lymph dense and closely adherent. The pleural cavity contained over a quart of turbid liquid, which was not fetid. When this side of the chest was opened, air escaped with force, emitting no fetor. The upper portion of the right lung contained several tuberculous cavities, the largest of the size of an English walnut; also, small masses of crude tubercle.

I exhibited the perforated lung at the New York Pathological Society, March 27, 1862.

TREATMENT.—The treatment of pleuritis with pneumothorax, in most cases embraces only palliative and sustaining measures. The severity of the pain and the distressing dyspnœa frequently call urgently for measures to procure relief. Opium, soothing applications to the chest, and the ethereal preparations are indicated for this object. The powers of the system are to be sustained by tonic remedies, alcoholic stimulants, and a nutritious diet. These measures will generally only serve to mitigate the sufferings of the patient and prolong life. And in the rare cases in which the affection continues for months, or years, or indefinitely, and is not incompatible with comfortable health, there is no special treatment to be pursued, the main object being to invigorate and support the powers of the system.

If the patient suffer greatly from dyspnœa arising from dilatation of the affected side, the chest may be punctured as a palliative measure. I have resorted to this operation to the great relief of the patient. The air will be likely to re-accumulate, and the side become again dilated as before, but I have known this not to occur for some weeks, and the operation may be repeated, as often as called for by the dyspnœa arising from the dilatation.

PNEUMOTHORAX.

The term pneumothorax denotes the presence of air, without liquid, in the pleural cavity. Under these circumstances, pleuritis either does not exist, or it is circumscribed and not accompanied by liquid effusion. This affection is certainly extremely rare, and its occurrence has been doubted; but there is sufficient ground to establish its existence. In cases of pneumothorax, without pleuritis, the perforation of lung is not incident to gangrene or tuberculosis, but is probably connected, generally if not invariably, with emphysema, which may not be general, but circumscribed. Emphysematous dilatation of the air cells, perhaps confined to a few lobules at the margin of a lobe, or an emphysematous bleb, may lead to a minute rupture through which air is forced by the acts of breathing, into the cavity of the pleura. The perforation, as remarked by Dr. Gairdner, may be no larger than a pinhole. The presence of the air does not excite pleuritis, but the accumulation may be sufficient to compress the lung into a solid mass, as in pleuritis with large effusion, dilate the affected side, and remove the heart from its normal situation.

Pneumothorax, without effusion from pleuritis, is characterized by the absence of the symptoms and signs denoting inflammation and the presence of liquid. The patient suffers chiefly from the mechanical effects of the presence of air. These effects relate exclusively to the respiration and circulation. There is little or no febrile movement; the appetite, digestion and nutrition are not affected, and the vital powers are maintained. If the affection were to end fatally, it would be by apnœa, assuming that pleuritis is not developed sooner or later. It is unquestionable that this affection may end in recovery. Under the influence of compression, the perforation may become sealed up by a circumscribed pleuritis with the exudation of lymph, or subsequently by adhesion of the pleural surfaces at the point of perforation, and the lung again become expanded and resume its function. Dr. Gairdner has quoted the report of a remarkable case illustrative of the occurrence of pneumothorax without pleuritis, and of its favorable course and termination.[1] Dr. Gairdner regards this case as unique in respect of the distinctness of the clinical facts on which the diagnosis was based. A case equally striking, and not less distinct as regards the diagnostic phenomena, has fallen under my observation. The important points taken from the history of this case, which was recorded very fully, are as follows:—

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[1] Clinical Medicine. Edinburgh, 1862, page 381.

A Polish peddler, aged 29, was admitted into hospital, January 29, 1856. He stated that twelve days before his admission, being apparently in perfect health, he was attacked suddenly with a sharp pain in the region of the left nipple, accompanied with shortness of breath. This occurred while he was carrying his pack, which weighed about 70 pounds. He had no cough nor expectoration. The pain soon disappeared, but the want of breath obliged him to give up his occupation and led him to the hospital. He was a vigorous man weighing about 175 pounds. He presented a healthy aspect, complaining only of deficiency of breath on exercise. This difficulty did not prevent him from being up and walking freely about the ward.

The left side was dilated, the intercostal depressions obliterated; the resonance over this side was purely tympanitic, and auscultation furnished a well-marked amphoric echo without any respiratory sound. Subsequently amphoric respiration became extremely well marked, together with metallic tinkling. The heart-sounds showed the heart to be to the right of the sternum.

After a month there was considerable improvement as regards the deficiency of breath on exercise. The dilatation of the left side was no longer apparent, and the intercostal depressions became visible, vesicular respiration extended from the summit to the nipple, and the amphoric sounds, with the metallic tinkling, had disappeared.

Three weeks afterward, the patient felt sufficiently improved to leave the hospital and return to his occupation. The respiratory murmur on the left side was feeble, but everywhere appreciable, with no abnormal modification, save in intensity, and no amphoric sounds. The impulse of the heart was felt on the left side of the sternum.

The patient consulted me a month after his discharge from the hospital. He had returned to his occupation of peddling, carrying his pack on his back as before. He had experienced no difficulty from want of breath until three days before his visit to me; but for three days the deficiency of breath on exercise had been considerable. On examination of the chest, the left side was everywhere tympanitic; there was no respiratory murmur on that side, and the heart was on the right side of the sternum. No amphoric sounds. He complained of nothing but the want of breath; excepting this he was well.

I did not see the patient afterward for eleven months. At the end of that time he called to see me with another patient. After his former call upon me, he gave up peddling and became a farm laborer. He now appeared and reported himself to be perfectly well. The respiratory murmur was everywhere heard over the left side, but was slightly weaker than on the right side. The apex-beat of the heart was in its normal situation. The left side laterally and posteriorly presented to the eye slight contraction.

This was evidently a case of simple pneumothorax, without pleuritis. A pin-hole perforation at a weak point, or the rupture of an emphysematous bleb, probably took place under the muscular exertion of carrying his pack. He had nearly recovered when, on resuming his occupation, the perforation was reopened, and the pneumothorax reproduced. Recovery again took place, and, after the lapse of several months, appeared to be permanent.

A sufficient number of cases of pneumothorax, without pleuritis, to serve as a basis for the clinical history and prognosis, are not yet available. The infrequency of the affection is such, that the collection of a considerable number of cases for analysis cannot soon be expected. The case just given, and the case recently reported by Dr. Gairdner, go to show that a favorable prognosis may be entertained.

As regards treatment, it is obvious that no special course of medication is called for. The compression of lung probably favors the healing up of the perforation, so that it would not be advisable to puncture the chest in order to allow the air to escape. Active exercise or muscular efforts, as in straining, are to be avoided, not only during the continuance of the affection, but for some time after recovery, lest the orifice may be reopened, as in the case just detailed. Soothing embrocations to the chest will be useful as palliatives; but nothing can be gained by active counter-irritation. A nutritious diet may be allowed. Cathartics, diuretics, and rubefacients are not indicated.

CIRCUMSCRIBED PLEURITIS.

The frequency with which pleuritic adhesions, over a limited area, are found after death, is proof that circumscribed pleuritis often occurs. But the inflammation which results in these adhesions is subacute, and probably occurs without giving rise to much pain or other disturbance. These attacks of subacute, circumscribed pleuritis rarely come under the cognizance of the physician. Limited to the pleura investing the diaphragm (diaphragmatic or phrenic pleuritis), inflammation is supposed to give rise to symptoms which are distinctive, viz., hiccough, attended with pain, and pain referable to the diaphragm in the acts of coughing. It may be doubted, however, if these symptoms are sufficient to mark the situation of inflammation, or to distinguish inflammation from pleurodynia. If, from the symptoms, circumscribed pleuritis be suspected, the treatment indicated embraces moderate counter-irritation, soothing applications to the chest, and anodyne remedies. It may fairly be doubted whether acute, primary pleuritis be ever circumscribed. The successive attacks of circumscribed pleuritis which occur during the progress of pulmonary tuberculosis, and which lead to firm adhesions, are seldom accompanied by much pain, and only call for palliative measures.

Circumscribed collections of sero-fibrinous, or purulent liquid, are usually, if not always, preceded by general pleuritis, which has led to adhesions surrounding the space in which the liquid is contained. These collections may be situated at the lower part of the chest, between the lung and diaphragm, or between the lobes. The previous history and the appearances of the chest will generally show the prior existence of general pleuritis. The diagnosis of circumscribed collections of liquid is not always easy. For the physical signs, the reader is referred to works which treat more fully of pulmonary diseases. The treatment embraces the measures for promoting absorption; and, if there are grounds to suppose that the liquid is purulent, after this fact is demonstrated by means of the exploring trocar, it may be advisable to effect the removal of the liquid by paracentesis.

HYDROTHORAX.

Hydrothorax, using the term correctly, is not a variety of pleuritis, but it is noticed in this connection because, so far as certain symptoms and physical signs are concerned, it has points in common with pleuritis accompanied by liquid effusion. In the proper sense of the term, it denotes a dropsical affection. The effused liquid is serum devoid of lymph. The effusion is not a result of inflammation or any other affection of the pleural membrane, but proceeds from the conditions relating to the blood and circulation, on which dropsical effusion in other situations depends. It rarely occurs alone, but is generally an element of general dropsy; that is, dropsical effusion exists at the same time in the peritoneal cavity and in the subcutaneous areolar tissue, constituting either œdema or anasarca.

The signs which denote the presence of liquid in the pleural cavity are alike applicable to inflammatory and dropsical effusion. The proof afforded by the change of level of the liquid, corresponding with changes of the position of the body, is more constantly available in hydrothorax, because lymph is not present to agglutinate the pleural surfaces and lead to permanent adhesions. But the distinctive feature of this affection is the existence of effusion in both pleural cavities. Hydrothorax is always double, provided the pleural cavity on one side be not abolished by universal adhesions due to a previous attack of pleuritis. Primary pleuritis, on the other hand, is almost always single. The amount of dropsical effusion, however, in both sides is not always uniform. It is not uncommon to find in the pleural cavity on one side a quantity of liquid considerably larger than is contained in the cavity on the other side. It may then be laid down as a rule, that if the physical signs show the presence of liquid in both sides, and general dropsy coexist, the affection is hydrothorax. A friction murmur is, of course, not developed in this affection.

Symptoms denoting inflammation, viz., pain, cough, febrile movement, do not belong to the clinical history of hydrothorax. The respirations are increased in frequency, and the patient suffers from deficiency of breath, or dyspnœa, in proportion to amount of dropsical effusion. Existing in both sides, it is obvious that the embarrassment of respiration will be the same as if all the liquid were in one pleural cavity, and twice as much as if the effusion in one side were unaccompanied by an equal effusion in the other side. If there be considerable effusion, dyspnœa will be marked, amounting perhaps to orthopnœa, and death by apnœa may be due to the amount of effusion. Cardiac lesions, producing obstruction of the mitral orifice, especially favor the occurrence of hydrothorax, after these lesions have led to dilatation of the right cavities of the heart.

The measures of treatment in hydrothorax are those indicated in general dropsy, and need not be considered in this connection. It is certainly very rarely the case that the affection occurs under circumstances calling for paracentesis; but this operation is admissible, as a palliative measure, if the amount of effusion be sufficiently large to occasion great suffering or endanger life.

CHAPTER IV.

PNEUMONITIS.

Seat of the Inflammation—Varieties—Acute Lobar Pneumonitis—Anatomical Characters—Laws of the Disease—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis.

Having considered in the preceding chapters inflammation affecting the serous membrane investing the lungs, inflammation seated in the pulmonary substance or parenchyma is next to be considered. The latter is called *pneumonitis* or *pneumonia*. The question at once arises, what constitutes the parenchyma, or substance of the lungs. These terms relate to the air-cells or vesicles, together with the bronchioles or terminal bronchial branches. These are lined by a membrane differing materially from the mucous membrane lining the successive divisions of the bronchial tubes. The membrane which lines the air-cells and bronchioles is distinguished by its tenuity, by the absence of mucous follicles, and by a change of epithelium from the cylindrical and ciliated to the squamous or tessellated. The air-cells and bronchioles make up the lobules, and these, united by means of areolar tissue, constitute the lobes into which the two lungs are divided. The inflammation in pneumonitis is seated in the membrane lining the air-cells and bronchioles. The differences in the structure of this membrane, as compared with the bronchial mucous membrane, together with a difference of function, will serve to explain the fact that the inflammation in pneumonitis may be limited to the pulmonary substance, and also, that in bronchitis the inflammation does not extend to the pulmonary parenchyma. This is in accordance with a pathological law, viz., that inflammation seated in a structure does not, as a rule, extend to another structure, however proximate, which has important anatomical differences, or differs as regards its functions. Some striking examples of conservatism in disease will be found to hinge upon this pathological law.

Pneumonitis, when not developed as a complication of an existing pulmonary disease, usually affects, at least, an entire lobe; and this extension of inflammation is expressed by the term *lobar pneumonitis*. Developed in the course of another pulmonary disease, it may be more or less limited. When limited to a portion of a lobe, it may be distinguished as *circumscribed pneumonitis*. The inflammation, in the great majority of cases, is acute, but it occurs in a chronic form. *Chronic pneumonitis* will be noticed under a distinct head. Affecting children, pneumonitis has been supposed to differ from the disease in adults in affecting isolated lobules, more or less in number, in both lungs, and the term *lobular pneumonitis* has been used to express this distinction. The occurrence of lobular pneumonitis will be considered under the head of *pneumonitis in children*. Acute lobar pneumonitis will be first considered.

ACUTE LOBAR PNEUMONITIS.

ANATOMICAL CHARACTERS.—The first appreciable change resulting from acute inflammation is the same here as in other situations, viz., an abnormal accumulation of blood, or hyperæmia, due to active congestion or engorgement. The inflamed portion of the lung is heavier than in its healthy state; on section, the cut surfaces present a dark appearance, and blood flows in abundance, together with serous liquid more or less frothy. It would not be easy to discriminate between hyperæmia arising from inflammation and that due to hypostatic congestion, by the appearances. But the latter affects the portions which are dependent and is not limited to one lung, while the former is confined to one side and not always limited to the position into which the blood would accumulate by gravitation. So long as no change beyond hyperæmia has occurred, the air-cells contain air, and, after removal of the blood by maceration and pressure, the pulmonary structure is found to be intact. This condition lasts but for a short period.

Exudation speedily follows. A coagulating material escapes from the blood, and coagulates within the air-cells. The cells are filled and distended with the exuded matter. They cease to contain air. The lung is solidified, presenting an appearance not unlike that of the liver, and hence this condition has been called *hepatization*. In this condition usually the lung contains but little blood, and presents a pale, anæmic aspect; hence the term red hepatization is inaccurate. Closely examined, the cut surfaces have a granular appearance. More or less liquid escapes when the hepatized part is divided, containing no air bubbles. The substance of the lung is softened, breaking down under the pressure of the finger more readily than in its healthy state, that is, it is more friable. Its weight is much increased. A single lobe solidified by inflammatory exudation increases in weight from one to two pounds, and an entire lung solidified may acquire an additional weight of four pounds. This increase in weight is due, not to an accumulation of blood, which is less than in health, but to the amount of solid matter withdrawn from the blood. Owing to the absence of air, portions of the solidified lung sink when thrown into water. The volume of the affected lobe or lobes is large in proportion to the amount of exudation, and no collapse occurs when the chest is opened.

If the progress of the disease be favorable, the exudation is removed mainly or exclusively by absorption. It may be absorbed with great rapidity. After its removal, the air-cells are found to have sustained no damage. The pulmonary structure remains intact during the continuance of the deposit, and its functional capacity is fully restored after the deposit disappears. The circulation, too, is again restored as in health, and the recovery of the affected part is complete.

If the progress of the disease be unfavorable, suppuration takes place, and the affected lobe or lobes are infiltrated with pus. This condition is called purulent infiltration. The lung presents a grayish appearance. When divided, pus flows freely from the cut surfaces. The substance is much softened, breaking down on slight pressure. Occasionally, collections of pus take place forming pulmonary abscesses. Gangrene of the affected portion of lungs sometimes occurs, but this, as well as the occurrence of abscess, is extremely rare.

Pleuritis, limited to the affected lobe or lobes, usually occurs and is developed coincidently with the pneumonitis. In a small proportion of cases the concurrent pleuritis is wanting. It varies much in degree in different cases, being sometimes slight and sometimes severe. The exudation of lymph on the pleuritic surface over the affected lobe or lobes, varies in amount. Much liquid effusion into the pleural cavity occurs only as an exception to the rule; the pleuritis, in most cases, is circumscribed and dry. The terms *peripneumonia* and *pleuropneumonia* denote the coexistence of pleuritis and pneumonitis. Inasmuch as pleuritis is very rarely wanting, these terms are applicable to nearly all cases of pneumonitis. They are sometimes applied to distinguish cases in which the pleuritis is unusually prominent and attended with more or less liquid effusion. It is quite unnecessary to consider these terms as denoting a distinct variety of pneumonitis.

More or less bronchitis affecting the bronchial tubes within the affected lobe or lobes usually exists with pneumonitis. In some cases, however, the pneumonitis passes through its own course without affording any evidence of this limited bronchitis. Bronchitis affecting the bronchial tubes of both lungs is sometimes, but rarely, present with pneumonitis. When these two affections are combined it is accidental; bronchitis, as the primary affection, does not tend to the development of pneumonitis, and the latter has no tendency to give rise to the former.

To the foregoing sketch of the anatomical characters may be added certain laws of the disease, which are best presented in this connection. One of these relates to the situation of the disease. Pneumonitis attacks, in the great majority of cases, the lower lobe, and the lower lobe of the right, oftener than of the left, lung. Exceptionally it sometimes attacks primarily an upper lobe, and in these cases, as a rule, the disease is more severe; but to this rule there are exceptions. The disease very rarely, if ever, attacks two lobes simultaneously, but it invades, not unfrequently, a second and even a third lobe. The inflammation does not extend from one lobe to another, but whenever a new lobe is affected, it is the seat of a new invasion. The lobes of one lung may be successively invaded, or a single lobe on both sides, or an entire lung being first affected, a lobe of the other lung may be attacked. In the two latter cases the pneumonitis is said to be double.

The inflammation extends at least over an entire lobe, as the name lobar pneumonitis implies, in the great majority of cases. There are some exceptions to this rule. I have known some instances in which the physical signs clearly showed the occurrence of inflammation extending over a limited area, without any evidence of the circumscribed pneumonitis being a complication of any other pulmonary disease. In a lobe invaded secondarily, that is, one lobe being already affected, the inflammation is sometimes found after death to have extended over a portion only of the lobe. This fact I have repeatedly noted, but perhaps if the life of the patients had been prolonged, the whole of the lobe would have been affected.

The whole of a lobe first invaded is not at once affected. The inflammation begins at a certain point, and extends from lobules to lobules until the entire lobe is involved. The point of departure may be at either the upper or lower extremity of the lobe, and at either the superficies or the centre of the lobe. The diffusion of the inflammation over the lobe takes place with more or less rapidity. Sometimes a few hours suffice, but in some cases it occupies several days. The progress of the solidification from the exudation may be determined very accurately from day to day, or from hour to hour, by means of physical signs.

The inflammation very rarely ends with the occurrence of engorgement only, without exudation. Solidification almost always occurs, and, when the inflammation is not secondary to another pulmonary disease, usually extends over the lobe or lobes invaded.

With respect to the situation and extent of the affection, the following are the results of an analysis of 121 cases:[1] In 29 cases it was limited to the lower lobe of the *right*, and in 25 cases to the lower lobe of the *left* lung. It extended over the whole of the *right* lung in 27, and over the whole of the *left* lung in 9 cases. It was limited to the upper lobe of the *right* lung in 8, and to the upper lobe of the *left* lung in 3 cases. It was seated in the lower lobes of both lungs in 8 cases. The cases analyzed were recorded during a period of twelve years, 57 of the cases having been observed at Buffalo, N. Y., 53 cases at the New Orleans Charity Hospital, and 11 cases at the Louisville Marine Hospital.

CLINICAL HISTORY.—The division of the career of acute pneumonitis into stages, is based upon differences as regards the anatomical characters at different periods of the disease. The *first* stage embraces the period during which the affected lobe is in the state of active congestion or engorgement. This stage is called the stage of engorgement. The disease is considered as passing into the *second* stage, when the affected lobe, or a greater part of it, has become solidified by the inflammatory exudation. This stage is called the stage of solidification or hepatization. In the *third* stage the affected lobe is in one of two conditions. If the disease pursue a favorable course, the third stage begins when it is evident that absorption of the exuded matter is going on, and convalescence takes place during this stage. This may be called the stage of resolution. If the disease pursue an unfavorable course, the third stage is one of suppuration or purulent infiltration, and this stage may be called the purulent or suppurative stage. If this stage occur, the disease generally ends fatally.

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[1] Clinical Report on Pneumonia, based on an Analysis of 133 Cases. By the Author. *Vide* American Journal of the Medical Sciences, January, 1861.

The duration of each of these stages varies much in different cases. The stage of engorgement may last but for a few hours. I have known an entire lobe to be solidified by two pounds of exudation matter, as determined after death, in less than twelve hours. Not unfrequently this stage does not extend beyond twenty-four hours. But sometimes the solidification occupies two, three, or four days. In some cases it occupies even a longer period. In the majority of cases this stage is from twenty-four to forty-eight hours in duration. The stage of solidification may also be of short duration. I have known resolution to commence and make considerable progress in twenty hours. But its commencement may not be evident for two, three, or four days, or even for a considerably longer period. In the majority of cases the duration of this stage is from two to four days. The stage of resolution is still more variable. There is a notable difference in different cases as regards the rapidity or slowness with which the solidifying deposit is removed. It is very rarely the case that the resolution is completed in less than three or four days, and generally eight or ten days are required. In some cases two or three weeks elapse before the air cells are restored to their normal condition, and occasionally the resolving process is even more protracted. If the disease pass into the purulent stage, death usually takes place within a few days; but if the disease end in recovery, many days and perhaps weeks elapse before the normal condition is restored.

In the great majority of cases, acute pneumonitis commences with a well pronounced chill, frequently accompanied by rigors. The invasion is usually abrupt, with few or no premonitions. The attack is apt to occur during the night. Coincident with or speedily following the chill, is the occurrence of pain. The pain is frequently severe. It is acute, lancinating, and, in all respects, identical with the pain in acute pleuritis. It proceeds, certainly in most cases, from the pleuritis developed in conjunction with the pneumonitis. As a rule, the intensity of the pain is in proportion to the amount of coexisting pleuritis; but it is true alike of pleuritis thus developed as a complication and when it occurs primarily, that it is sometimes attended with little or no pain. Cases of pneumonitis differ considerably as regards this symptom. It may be quite prominent, or present in a moderate degree, or altogether wanting. The pain is usually referred to a circumscribed space at or near the nipple of the affected side. This limitation of the pain is a point distinctive of pneumonitis as compared with pleuritis.

Cough is usually present at, or soon after, the invasion. It is more or less prominent. It is sometimes wanting. It is painful in proportion as pain is a prominent symptom irrespective of the cough. The cough is frequently accompanied by expectoration. The matter at first expectorated is scanty, transparent, and viscid; and in a certain proportion of cases it soon assumes characters which are highly distinctive of the disease. It becomes semi-transparent, adhesive, and has a reddish tint, like that of iron rust; hence, it is commonly known as the rusty expectoration. This appearance is due to a small quantity of blood which has become intimately mixed with the matter in its passage from the smaller to the larger bronchial tubes. The adhesiveness is such that when a considerable quantity has accumulated, it adheres so closely to the bottom of the vessel as to remain when the vessel is inverted. The rusty expectoration is by no means uniformly present. Sometimes it is semi-transparent and adhesive without the reddish tint. It has sometimes a yellowish tint as if mixed with a little bile, which, however, is not the fact. It sometimes contains blood in abundance, and when the blood is of a dark color it gives rise to what is called the prune-juice expectoration. It is to be borne in mind that expectoration in some cases of pneumonitis is entirely wanting.

Febrile movement occurs with the invasion, together with pain in the head, loss of appetite, thirst, prostration, heat of skin, etc. The pulse varies much in frequency in different cases, ranging from 80 to 120, and is more or less full and hard. Cases differ greatly as regards the symptoms of general or constitutional disturbance, the system being much more tolerant of the disease in some persons than in others.

The respirations are increased in frequency. This may depend on the pleuritic pain if it be marked, and, also, on the interruption of the function of hæmatosis in the portion of lung affected.

These are the important symptoms belonging to the clinical history at the commencement and during the first stage of the disease. During the stage of solidification, the symptoms undergo some changes. Pain, if it have existed, diminishes or ceases. Cough and expectoration continue, but the cough is less hard and painful, and the expectoration is effected with more facility. The matter expectorated loses its rusty appearance, becomes opaque, less adhesive and more abundant. It is now the expectoration of resolving bronchitis. It is furnished chiefly by the bronchial tubes within the affected portion of lung, and is abundant in proportion as the bronchial mucous membrane is involved in the inflammation. The febrile movement continues, but with diminished intensity. The respirations are still increased in frequency in consequence of the solidified portion of lung taking no part in the respiratory function.

These are the modifications of the symptoms, assuming a single lobe only to be affected and that the course of the disease is favorable. The invasion of another lobe is rarely accompanied by a chill. The febrile movement persists or is increased, and the respirations become more frequent, accompanied perhaps by labor of breathing, marked dilatation of the alæ nasi and dyspnœa. The affection, however, of an entire lung does not always give rise to symptoms denoting great gravity of disease. The febrile movement is not always intense, and may be slight; the respirations may be but little increased in frequency; cough and expectoration may be not prominent and even wanting, and the system but little disturbed. These remarks will also apply to double pneumonitis.

The symptoms during the stage of resolution denote progressive improvement. The febrile movement diminishes and ceases. The cough and expectoration become less and less, the respirations resume their normal frequency, the appetite returns, the strength is increased, and, in short, convalescence is declared. If, however, the disease pass into the stage of suppuration, the symptoms denote an unfavorable course. The pulse becomes more and more frequent and feeble. The expectoration is abundant and purulent. The respirations are frequent. The strength of the patient fails, and death takes place by asthenia, the accumulation of morbid products in the air-tubes frequently contributing to the fatal termination.

There are certain symptoms belonging to the clinical history of pneumonitis, which are not included in the foregoing sketch of its symptomatology. One of these relates to the urine. While the process of exudation is going on, and after solidification has taken place, until resolution begins, the chlorides frequently are greatly diminished, and disappear from the urine. This is ascertained by adding a solution of the nitrate of silver, having previously added a few drops of pure nitric acid. This delicate test shows the presence of a small quantity of the chlorides in the form of a cloudy precipitate. During the period just stated, if the chlorides be deficient or absent, the addition of the nitrate of silver produces little or no effect upon the urine. The precipitate is manifest as soon as resolution commences, and increases until the condition of health in this regard is regained. The disappearance of the chlorides from the urine is not peculiar to pneumonitis. It is observed in other diseases. It is not, therefore, a diagnostic criterion of the disease, but it constitutes evidence either that the exudation is going on, or that resolution has not begun. That the rule which has been stated holds good in a certain proportion of cases, I can testify from my own observations. It is stated that the chlorides are found in abundance in the matter expectorated, during the time of their disappearance from the urine.

Delirium not unfrequently occurs in acute pneumonitis. It may be mild, and merely incidental to high febrile movement. But it is sometimes a prominent symptom. It may be active, the patient attempting to get out of bed, resisting efforts of restraint, and perhaps using violence; or it may be of the low, incoherent, muttering kind, such as occurs in typhoid fever. Delirium is more apt to occur if the upper lobe be affected, than if the affection be limited to the lower lobe. It is evidence of gravity of disease, in proportion as it is prominent, active, and persisting.

A circumscribed redness of one or both cheeks, the margins of the redness abruptly defined, is frequently observed, and, if the hectic flush of pulmonary tuberculosis be excluded, is quite distinctive of acute pneumonitis. When confined to one cheek, it does not follow, as was formerly supposed, that the pulmonary inflammation is seated on the same side.

Slight jaundice is an occasional concomitant. Its concurrence is probably accidental. At all events, it is not associated often enough to show any pathological connection between pneumonitis and hepatic disease.

The occurrence of abscess and gangrene is accompanied by symptomatic phenomena denoting these events. The collection of pus in an abscess leads to a sudden and copious purulent expectoration, if the life of the patient be sufficiently prolonged; and the existence of a cavity may be determinable by physical signs. This is a very grave event; but it does not necessarily render the disease fatal. It occurred in 4 out of 133 cases, which I recorded and analyzed, and two of these four cases ended in recovery. The infrequency of gangrene is shown by its having occurred in but one of 133 cases. The disease proved fatal in that case. Since the analysis of these cases, I have known gangrene to occur, to a limited extent, in a case which ended in recovery. Its occurrence is shown by the characteristic fetor attending expectoration, together with the appearance of decomposed pulmonary tissue in the matter expectorated.

The combination of other affections with acute pneumonitis will, of course, involve the addition of symptoms derived from the former. In malarious districts it may be conjoined with periodical fever. This is a most important complication as regards danger and therapeutical indications. The existence of the pneumonitis may serve to interrupt, to a greater or less extent, the regular succession of periodical paroxysms, and the latter may tend to obscure the phenomena of the pulmonary affection. Pneumonitis occurring in the intemperate is liable to lead to the development of delirium tremens. This complication is always serious, and is important with reference to treatment. It occurred in 8 of 133 cases. Pericarditis is another grave complication. This occurred in 8 of 133 cases.

The supervention of certain symptoms is expressed by the term *typhoid pneumonitis*. This term denotes the existence of general symptoms analogous to those which belong to typhoid fever, of which the most prominent is low, muttering delirium. A distinction is here to be made between typhoid pneumonitis and typhoid fever with pneumonitis as a complication. Pneumonitis is liable to be developed in the course of typhoid fever, the latter being the primary affection; but in the so-called typhoid pneumonitis, the latter is the disease, certain of the typhoid phenomena being superadded. In other words, the typhoid state may be developed in connection with pneumonitis, as with other local affections, but this typhoid state does not involve the essential fever designated as typhoid.

The duration of acute pneumonitis, when uncomplicated, varies within pretty wide limits. Dating from the attack to the time when the patient could be pronounced convalescent, in 30 cases, the shortest was 5, and the longest 23 days. The mean duration was a fraction over 12 days. In 14 fatal cases, the shortest duration from the attack to the time of death, was 3, and the longest 20 days, the mean duration being a fraction over 10 days.

PATHOLOGICAL CHARACTER.—Acute pneumonitis is an inflammation affecting a structure reckoned as a mucous tissue, but differing materially from the membrane lining the bronchial tubes, in respect of both anatomical composition and function. Inflammation in this situation is characterized by an exudation which does not lead to the production of new tissue and adhesions, as in pleuritis; which is not exfoliated and expectorated, in this respect differing from the exudation of lymph on other mucous surfaces, but which is removed by absorption, and sometimes absorbed with great rapidity. The exudation in pneumonitis, doubtless, comes from the blood circulating in the branches of the pulmonary artery.

CAUSATION.—Statistics show that no period of life involves either exemption from, or a notable proclivity to, acute lobar pneumonitis. It occurs under 5 years of age, but not frequently. Cases are less infrequent between the ages of 5 and 10. Of 118 cases, the patients all were over ten years of age, 13 were under 20; 44 were between 20 and 30 years; 37 were between 30 and 40 years; 17 were between 40 and 50 years; 7 were between 50 and 60 years, and in no case was the age over 60. Cases, however, occur after the age last named. Cases occur much oftener among males than females. The analysis of my cases with reference to occupation, does not show that any particular calling predisposes to this disease, but the proportion of laborers engaged in out-door work over those employed within doors, shows that they are most liable to the disease who are exposed to the vicissitudes of the weather. Not unfrequently the attack is fairly attributable to some unusual exposure, such as working in the cold and wet, on sleeping out of doors at night. The large proportion of hospital cases in which patients are addicted to excessive drinking show that causative influences proceed from intemperance. In 10 of 37 cases in which the habits were noted, the attack followed a debauch. It is questionable whether the abuse of alcohol acts directly as a cause, or whether the disease may not be due, in a great measure, to circumstances incidental to intemperance, such as exposure to cold, etc.

The association of periodical fever and pneumonitis has already been adverted to. My observations do not show the existence of any pathological connection between these affections. There does not seem to be ground for the conclusion that persons subject to intermittent are thereby more prone to pneumonitis, nor that the latter affection tends to reproduce an attack of the former. Their existence would appear to be due to the coincidence of the causes proper to each.

With respect to causative influences pertaining to other pulmonary affections, facts show that bronchitis does not tend to eventuate in pneumonitis.

The same is true of pleuritis. Tuberculous patients are not particularly prone to the disease, and when it does supervene, it may, or may not, affect the upper lobe, in which the deposit of tubercle is most abundant. Certain pulmonary affections, viz., emphysema, asthma, and chronic pleurisy, are so unfrequently associated with pneumonitis as to show that, so far from involving a predisposition to this disease, they afford some protection against it. Pneumonitis is not often developed in persons affected with organic disease of the heart.

Pneumonitis occurs as a complication of other than pulmonary diseases. It is not unfrequently developed in the course of typhus and typhoid fever, and in rubeola. Degenerative affections of the kidneys have been supposed to stand in a causative relation to it. My experience does not furnish evidence of such a relation. In not one of the 133 cases analyzed was the disease preceded by albuminuria. I must, therefore, consider it doubtful whether pneumonitis is to be reckoned among the consecutive affections dependent on disease of the kidneys.

It occurs in certain seasons of the year in preference to other seasons. It occurs everywhere much oftener during the winter than during the summer months, and in our Northern States cases are more numerous in the spring months, than at any other season. Forty-nine cases recorded at Buffalo were distributed among the different months as follows: January, 7; February, 2; March, 13; April, 9; May, 3; June, 8; July, 8; August, *none;* September, 2; October, 1; November, 1; December, 5. At New Orleans, cases are most numerous during the winter months. The analysis of 296 cases by Grisolle, shows the largest number of cases in February, March, April, and May in Paris, the relative proportion of cases in June, August, September, and October being small.

In this country the disease occurs in the Middle and Southern, much oftener than in the Northern, States. It prevails much more in some years than in others. In sections of the Southern States it prevails at times sufficiently to be considered as endemic. It is emphatically the prevalent disease, during the winter months, in these States, and affecting especially the negro population, often proves the scourge of the sugar and cotton plantations of the South. It is a severer disease in the southern sections of the country than at the North, being more liable to extend beyond a single lobe and proving fatal in a larger proportion of cases. This liability is greater, in the same district, in some years than in others. In some years, also, there is an unusual tendency in the disease to attack primarily an upper lobe. Such a tendency is manifest at the time of writing these remarks. Within the last two months (October and November), in hospital practice, I have met with five cases in which the disease has been limited to an upper lobe, being about one-half the cases which have occurred under my observation during this period.

In a large proportion of the cases of acute pneumonitis, the disease is developed spontaneously, that is, it is not referable to any obvious causative agency. An adequate, internal cause, of course, always exists, but its nature and source are not understood. Nor, indeed, are we able, with our present knowledge, to explain the development of the disease when it appears to follow an obvious cause, viz., exposure to cold. It is probable that this acts only as an exciting cause, co-operating with a diathetic condition or predisposition. Finally, the disease may be produced traumatically by injuries inflicted on the chest, and, thus produced, the inflammation rarely extends beyond a lobe, and may extend only over a portion of a lobe.

DIAGNOSIS.—Acute pneumonitis, in some cases, is accompanied by symptoms which are highly distinctive. If a patient be seized with a chill, followed by febrile movement, together with a pleuritic stitch, referred to a circumscribed space near the nipple, and the characteristic rusty expectoration occur, the diagnosis is readily made without the aid of physical signs. But these symptoms are by no means constantly present. The disease is not unfrequently entirely latent as regards diagnostic symptoms, and it is often overlooked by those who do not employ physical exploration. Even if its existence be revealed by symptoms, without signs, the situation and extent of the affection can only be ascertained by means of the latter. With the aid of signs, the diagnosis, in the great majority of cases, is made without difficulty.

In the first stage, the signs on which the diagnosis is to be based are slight or moderate dulness on percussion and the crepitant rale. The latter, if persistent and well marked, is almost pathognomonic. Care must be taken, however, not to confound this rale with the subcrepitant, its distinctive characters being its fineness, dryness, and limitation to inspiration. With a distinct appreciation of these characters, it should never be confounded with the subcrepitant rale, which, however fine, is a moist, bubbling sound, and liable to be heard in expiration as well as in inspiration. These two rales sometimes exist in combination.

But the crepitant rale is not uniformly present. In its absence, a positive diagnosis may require some delay, until a sufficient number of lobules are solidified to give rise to an appreciable modification of the respiratory murmur. The modification is that which I have described under the name of broncho-vesicular respiration;[1] a modification approximating, more or less, toward the bronchial or tubular respiration. With the occurrence of this modification, the dulness on percussion becomes more marked. In most cases, if the disease be observed from the beginning, the signs of the second stage are soon declared. In hospital practice, and in many cases in private practice, the disease has already advanced to this stage when the patient is first examined.

When the solidification has become sufficient in degree, and has extended sufficiently over the affected lobe to furnish the signs of that condition, the diagnosis, if it have not been already fully made, is rendered clear by the presence of these signs. Bronchial respiration, bronchophony, and whispering bronchophony are the signs denoting the condition of solidification. They are first manifested over a limited portion of the affected lobe, and are thence diffused over its whole extent, either quickly or gradually, according to the rapidity or slowness with which the whole lobe becomes solidified. The progress of the second stage may be determined by the diffusion of these signs. They are generally all present, but if one be wanting, the others will be likely to be present; it is exceedingly rare for all to be absent. Dulness on percussion is now marked, amounting, perhaps, nearly or quite to flatness. This dulness or flatness extends over a space corresponding to that occupied by the solidified lobe; or, percussing anteriorly, the boundary line separating the dulness or flatness from the pulmonary resonance is found to pursue a course coincident with the situation of the interlobar fissure, viz., obliquely upward and outward from the fourth or fifth costal cartilage toward the axilla. And this boundary line is the same whether the patient be sitting or lying upon the back. This is assuming that the pleural cavity does not contain liquid effusion, which, if it exist, is determined by the signs indicated in connection with the diagnosis of simple pleuritis. The crepitant rale, if it have existed in the first stage, may continue, more or less diminished, during the second stage, or it may disappear after the affected lobe has become solidified. The moist and dry bronchial rales are liable to be heard in this stage.

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[1] *Vide* Physical Exploration and the Diagnosis of Diseases affecting the Respiratory Organs. Blanchard & Lea, 1856.

The invasion of a second or third lobe is denoted by dulness on percussion and the auscultatory signs of solidification, the crepitant rale rarely occurring in the lobes which become secondarily attacked. By means of the signs of solidification, viz., broncho-vesicular and bronchial respiration and bronchophony with the loud and whispered voice, the extension of the affection to other lobes, in addition to the one first invaded, is speedily ascertained. If the upper lobe become solidified, it is sometimes flat on percussion, and sometimes it yields a tympanitic resonance which occasionally has an amphoric intonation.

For an account of the distinctive characters of the signs which have been named, and a fuller exposition of percussion and auscultation, together with the other methods of exploration in their application to the diagnosis of this as well as other pulmonary affections, the reader is referred to works which treat professedly of the subject. With a proper practical knowledge of the signs, the existence of the disease, the amount of lung involved, and the anatomical condition of the affected portions, are readily and accurately determined.

The commencement of resolution and its progress from day to day are shown by modifications of the signs denoting solidification. The bronchial respiration gives place to the broncho-vesicular, and the latter progressively approaches more and more to the normal vesicular, into which it becomes finally merged when the resolution is completed. The characters of bronchophony are gradually lost. Dulness on percussion becomes less and less marked, but some degree of dulness over the affected lobe or lobes continues for some time after the auscultatory signs show the exudation to have been removed. During the progress of resolution, the subcrepitant rale is frequently heard, and sometimes the crepitant rale reappears, constituting the crepitant rale redux.

If the disease pass into the stage of suppuration, the dulness or flatness on percussion continues, and the moist bronchial rales, due to pus in the air-tubes, are prominent. The auscultatory signs of solidification continue, but are less marked. If abscess of the lung take place, and the patient's life be prolonged until a discharge of the pus into the bronchial tubes occurs, cavernous respiration may become well marked.

A coexisting liquid effusion, occurring exceptionally, is shown by signs already noticed. Under these circumstances, the affected side may be dilated, the intercostal depressions obliterated, and obvious contraction of the chest may follow recovery.

PROGNOSIS.—The prognosis in cases of acute pneumonitis will depend on the extent of lung involved, the diseases with which it may be connected as an intercurrent affection, its complications, the previous constitution of the patient, etc. These circumstances will affect the gravity and danger to such a degree that, in respect of the probable termination, different cases differ as much as if they were cases of different forms of disease. Occurring as a primary disease, limited to a lower lobe, remaining uncomplicated, and the person affected having a fair constitution, the intrinsic tendency is to recovery; indeed, recovery is not only the rule, but the exceptions are exceedingly infrequent. Of sixty-nine deaths out of 750 cases reported by Dr. Dietl, of Vienna, in not one was the disease devoid of complications. Of the 133 cases which I have analyzed, in only two of the fatal cases was the disease limited to one lobe, and not complicated or associated with other important affections. In one of these two cases, the inflammation was seated in an upper lobe and eventuated in abscess. In the other case the absence of complications was predicated on the examinations during life, a post-mortem examination not having been made.

Even if more than one lobe be involved, provided the disease be primary and uncomplicated, a favorable termination may reasonably be expected in a subject not enfeebled by age or other causes. I have known recovery to take place in a case in which the entire lung was involved and the patient situated under as unfavorable hygienic circumstances as could well be imagined. In the case referred to, the patient was attacked when working alone in a shanty, there being, at the time, two inches of water on the ground. The case occurred, during the winter season, in the swamp near New Orleans. After the attack, he was unable to leave the bed for any purpose for a week, and during this time he was entirely alone. He had a quart of brandy, which he drank during the week. His habits, as he stated, were temperate. At the end of a week he was visited by some one (not a physician) who gave him thirty grains of calomel. After this he remained alone for ten days. A friend at length came to him, gave him some doses of quinia, and removed him first to his own house and afterward to the Charity Hospital of New Orleans. The physical signs, on his admission into the hospital, showed pneumonitis affecting the whole of the right lung, and resolution progressing. He remained in hospital six days, convalescence going on rapidly, and at the end of that time he was well enough to be discharged.

The gravity and danger, then, in cases of this disease, proceed, not so much from the disease *per se*, as from coexisting affections and other incidental circumstances. Developed in the course of continued fever, measles, or other diseases, it may lead to a fatal termination. In aged and feeble persons it may end fatally without any coexisting disease, especially if more than a single lobe be involved. Occurring in persons affected with organic disease of heart, it is likely to prove a serious affection. I have known it to destroy life in the first stage when developed in this connection.

The complications which are apt to render it fatal are pericarditis, intermittent fever, and delirium tremens. These complications invest cases with much gravity and danger, but recovery takes place, in a certain proportion of cases, notwithstanding their existence. The gravity and danger from these complications are of course greater if the disease invade more than a single lobe.

There is a liability in the course of this disease to a fatal accident which claims especial notice, and which has not been sufficiently considered. Reference is had to the coagulation of fibrin in the right cavities of the heart. I have been led to regard this as an event of not infrequent occurrence in fatal cases of pneumonitis. It is apt to occur in cases in which an entire lung becomes involved, or cases of double pneumonitis. In such cases, the obstruction to the passage of blood through the lungs, caused by the presence of the exudation, involves an over-accumulation of blood within the right cavities of the heart. The right ventricle and auricle are enfeebled by distension, and this condition, in conjunction with the increase of fibrin in the blood (hyperinosis), leads to coagulation. On examination after death in cases in which this accident has taken place, the right ventricle is found to contain a dense white clot closely intertwined with the tendinous cords, and perhaps adherent to the ventricular walls, sending prolongations into the pulmonary artery and through the tricuspid orifice into the auricle. A clot may also be formed in the auricular portion of the latter cavity. These clots are formed during life, and prove the immediate cause of death. Their formation may sometimes be determined with much confidence by the symptoms during life. In a case presenting no symptoms which denote imminent danger, a sudden change takes place for the worse; the circulation is notably disturbed, as shown by frequency, feebleness, and irregularity of the pulse; the respiration becomes notably embarrassed, the expression haggard and anxious—the patient falls speedily into a moribund state, and this unexpected change is not connected with an extension of the disease to a new lobe or any newly developed inflammatory complication. Under these circumstances the formation of a heart-clot is highly probable, and the probability of this accident is rendered still stronger if a newly-developed cardiac murmur be discoverable.

As regards anatomical changes pertaining to the lungs, gangrene, abscess and the suppurative stage of the disease render the prognosis extremely unfavorable. Yet, I have known recovery to take place in cases in which the symptoms denoted the occurrence of these events.

Symptoms which are unfavorable as prognostics are the following: Frequency and feebleness of the pulse, irrespective of the formation of a heart-clot. Great frequency and labor of respiration. Lividity of the prolabia and face. An abundant purulent or muco-purulent expectoration. Bloody, dark-colored sputa, commonly known as the prune-juice expectoration. Active, violent delirium. Low, muttering delirium, with prostration and subsultus tendinum, constituting the typhoid state. Cases presenting the symptoms last stated are often distinguished as cases of typhoid pneumonitis.

In the majority of fatal cases of acute pneumonitis, death takes place by asthenia in combination with apnœa, the former predominating. Death purely by apnœa may occur if two or three lobes become rapidly involved, but its occurrence is rare. The occurrence, in some cases, of an abundant pleuritic effusion, increases the danger from apnœa. In general, life is not lost in consequence of the extent of interference with respiration, but, owing to concomitant affections or other circumstances, the vital powers give way, and the patient dies from exhaustion. This is an important fact in its bearing on therapeutical indications.

When convalescence takes place in this disease, it generally progresses until the recovery is complete. The tendency to pass into a chronic form is exceedingly slight. Nor is there a tendency to relapses. It is certainly rare for tuberculous disease to become developed as a sequel of pneumonitis. When phthisis follows, the deposit of tubercle probably existed prior to the pneumonitis. When the upper lobe is primarily attacked, it has been supposed that the prior existence of tuberculosis may be inferred. There may be some ground for this inference, but I have repeatedly known the inflammation to be limited to the upper lobe in cases in which the anterior and subsequent history furnished no evidence of phthisis.

CHAPTER V.

Treatment of Acute Lobar Pneumonitis—Circumscribed Pneumonitis—Chronic Pneumonitis—Pneumonitis in Young Children—Pleurodynia and Intercostal Neuralgia.

THE different stages of acute pneumonitis[1] furnishing different therapeutical indications, the treatment of each stage is to be considered separately.

The question whether the disease may be arrested, relates to the first stage. Measures which have heretofore been considered as abortive, and which are still, perhaps, so considered by some, are bloodletting, cathartics, and other remedies entering into the so-called antiphlogistic method of treatment. Experience has abundantly shown that these measures are not to be relied upon for the arrest of this, more than other inflammations. Even admitting that they sometimes succeed, the probability of success is so small as not to warrant their employment under circumstances which will be likely to render their operation hurtful if they do not prove successful. The objects of treatment, then, in the first stage, are to diminish the intensity of the inflammation, to relieve symptoms, and place the system in a condition to tolerate the disease.

As regards bloodletting, its employment is to be regulated by the general considerations presented in Chapter II., to which the reader is referred. It is admissible in certain cases as a palliative, and, perhaps, to some extent, a curative measure, in view of the promptness of its effects. The circumstances which warrant its employment are: high febrile movement, the pulse denoting increased power of the heart's action, and the condition of plethora, or at least a robust constitution. It is contraindicated wherever the febrile movement is not marked, the pulse denoting activity without power, the patient anæmic or with a feeble constitution. In most of the cases in which it would be admissible, provided the same ends could be secured by other means, the latter are to be preferred. These consist of depletion by saline purgatives, and sedative remedies. After the operation of a saline purgative, if the skin be hot and the pulse frequent, tartar emetic or some antimonial preparation may be given as a nauseant sedative; but the doses should not be carried to the extent of producing marked or distressing nausea. The veratrum viride may be given under the same restriction. These remedies are not called for if the symptoms are not urgent, and they are contraindicated by feebleness or a tendency to depression. Opium may be given with propriety and advantage in the first stage, in doses sufficient to relieve pain and tranquilize the system. Blisters are injudicious, but dry cups, sinapisms, or stimulating liniments may be employed. Stupes or warm fomentations applied to the chest are useful. In the majority of cases, a saline purgative followed by some form of opium, the latter continued at intervals, together with soothing applications to the chest, will meet the indications pertaining to the first stage.

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[1] The remarks on the treatment of pneumonitis are in substance, and to a considerable extent in language, the same as in a published report prepared by the author in 1862, and published by the United States Sanitary Commission, for distribution among the medical officers of the army.

The treatment in the second stage has reference to the promotion of resolution, palliation of symptoms, and supporting the powers of the system. Bloodletting in this stage is not admissible, and depletion by means of salines is not called for. It is not an object to attempt to divert blood from the solidified lung, for the exudation has already deprived it of blood; and the amount of exudation involves the withdrawal from the blood of a pound or so of solid matter, even when the inflammation is limited to a single lobe. Can we give remedies to excite absorption, and thus shorten the duration of the second stage? Laennec extolled the use of tartar emetic in large doses for this object, after the plan of Rasori. But Laennec was not aware how speedily absorption sometimes begins after the exudation has reached its maximum, and how rapidly the resolving process goes on in some cases, irrespective of any treatment; for, in his day, the natural history of this disease had not been studied. It is reasonable therefore to conclude that he mistook the occurrence and progress of resolution due to the intrinsic tendency of the disease for the effect of this remedy. With our present knowledge of the course of the disease in cases in which no active measures of treatment are employed, and after a large experience of the value of tartar emetic as a sorbefacient, its utility in this way is, to say the least, doubtful. The same remarks are applicable to mercury given with a view to affect the system. I have now for many years ceased to employ these remedies for the purpose under consideration, and have seen no reason to be dissatisfied with discontinuing their use. The use of iodine externally or internally is not open to the objections of tartar emetic and mercury, on the score of doing harm if not useful. A convenient mode of employing the latter remedy is to apply the tincture to the affected side.

Repeated applications of the tincture of iodine will secure a sufficient amount of counter-irritation, if any be desirable. Blisters are not advisable, on account of the general disturbance which they are apt to occasion, and their interference with physical examinations of the chest. It is the custom in Bellevue Hospital to cover the chest with an oiled muslin jacket. This contributes to comfort by keeping the surface moistened with perspiration; and, if a flannel covering be added, all the advantages of a poultice or water-dressing are thereby secured. If pain and soreness continue in this stage, stupes with warm water only, or with some stimulating liquid, as the spirits of turpentine, will afford relief. The latter will not be required if the tincture of iodine have been applied.

Opium is a most valuable remedy in the second as in the first stage. It is indicated, not only by the continuance of pain, but by vigilance, restlessness, and symptoms denoting constitutional disturbance. I have repeatedly observed a rapid and notable dimunition of the frequency of the pulse and of the respirations, with refreshing sleep and a condition of comfort, to follow full doses of opium. This remedy has the advantage of not doing harm if it fail to do the good which we expect from it. The free use of opium does not delay the commencement nor retard the progress of resolution. An accumulation of mucous secretion in the bronchial tubes contraindicates the use of opium in full doses.

Remedies to promote expectoration, as a rule, are not indicated. The use of remedies of this class is based on the erroneous idea that the matter of exudation is expectorated. Clinical observation shows that the removal of this matter may go on with great rapidity without any expectoration. The expectoration in the second stage of the disease is due to bronchitis, usually limited to the affected lobe or lobes. The mucous products rarely accumulate in the bronchial tubes to an extent to occasion inconvenience, except as a consequence of a degree of exhaustion sufficient to render the muscular power inadequate to efficient efforts of expectoration; and, under these circumstances, expectorant remedies will not afford relief.

Sedative remedies, such as the tartar emetic, in small doses, and the veratrum viride, are admissible in this stage, if there be considerable or high febrile movement, without a tendency to asthenia. They should be cautiously given, so as not to incur risk of constitutional disturbance or depression.

To support the powers of life is the leading general indication in the second stage. Resolution will be sure to begin and continue if the life of the patient be sufficiently prolonged. The danger is generally, not from the amount or persistence of the solidification of lung, but from failure of the vital powers before the resolution takes place. This disease belongs among those distinguished as self-limited; if uncomplicated and not attended by accidents, it runs a definite career ending in restoration, provided the powers of life hold out. These considerations, together with the results of clinical experience, enforce the importance of the supporting treatment.

The indication for supporting measures, as regards urgency, varies much in different cases. In general terms, it is urgent in proportion to the danger from asthenia. It should govern the treatment in cases sometimes characterized as asthenic, and whenever there are grounds for distrust of the adequateness of the vital powers to carry the patient safely through the disease. It is a serious mistake to defer supporting measures until the symptoms denote imminent danger from failure of the powers of life. If deferred so long, they will probably be too late. The observing and skilful practitioner will foresee and endeavor to forestall a degree of prostration attended with imminent danger. The constitution of the patient, his previous health, and his habits, are to be taken into account in judging early of the ability to sustain the disease. Other things being equal, in a warm climate patients are less able to sustain the disease than in cold or temperate climates; supporting treatment, therefore, is oftener and earlier called for in the former than in the latter. The plantation negro at the South is less able to sustain it than the white man, and, consequently, is more likely to need support. In cases of the disease distinguished as asthenic and typhoid, the reliance for successful management must be on supporting measures. These views are the more to be impressed, because it is undoubtedly true that, until lately, the minds of medical men have been so much occupied with the means of subduing inflammation, as to overlook the fact that means employed for this end not only often conflict with those which are more important for recovery, but may be positively injurious if not, indeed, destructive to life. The attention has been directed too much to the disease and too little to the patient.

The supporting treatment embraces tonic remedies, alcoholic stimulants, and nutritious diet. Of tonic remedies, quinia is to be preferred. It is not indicated in mild cases, but, whenever there are grounds for anticipating undue depression of the powers of life, it may be given and continued during the progress of the disease. Alcoholic stimulants form a very important part of the supporting treatment in this disease, as in all other diseases, whenever the great object is to keep the patient alive until the disease has reached the end of its career and advanced into the stage of resolution. The principle is the same as in the essential fevers. And here, as in the management of the essential fevers, alcoholic stimulants are indicated to an extent commensurate with the danger from failure of the vital powers. In certain cases of pneumonitis, as in typhus or typhoid fever, and other affections, there is often a remarkable tolerance of alcohol, and the only guide, as regards quantity, is the effect as manifested by the symptoms. No abstract rules can be laid down, applicable to all cases, but careful observation must furnish the rule proper to each individual case. Here, too, as in the continued fevers, because alcoholic stimulants are vastly important in some cases, it is not to be inferred that they are invariably indicated, nor that they can never do harm; on the contrary, if pushed to an injudicious extreme, they are as potent for evil as they are potent for good when judiciously used.

As regards the circumstances under which the use of alcoholic stimulants is to be commenced, they are always indicated so soon as evidence appears of any tendency to failure of the powers of life. And of this, the action of the heart, as represented by the pulse, is the best criterion. Feebleness, great frequency, and a pulse vibratory or thrilling but compressible, denoting increased activity but diminished power of the ventricular contractions—these are the characters which indicate supporting measures, of which alcoholic stimulants are an essential part. Given at first in small or moderate doses, the effect is to be watched, and the quantity increased in proportion to the urgency of the indication. The habits of the patient, as regards the habitual use of alcoholic drinks, are of course to be taken into account. Whenever the question arises, in the management of a case, whether alcoholic stimulants be advisable or not, it should be borne in mind that to begin earlier than they are required is far preferable to subsequent delay; for, with proper care, they can be suspended without any injury having been done, whereas the time lost by beginning too late cannot be regained.

Alimentation is an essential part of the supporting treatment. It is as important to nourish patients affected with pneumonitis as those affected with fever or any disease, whenever there is danger from failure of the vital powers. The statement that patients with pneumonitis should be encouraged to take nutritious food during the whole course of the disease is based on considerable experience. And this should enter into the treatment in proportion as the symptoms denote a tendency to asthenia. Animal essences or soups, milk, and farinaceous substances should be combined to form the diet, thus combining a proper variety of alimentary principles. The desires and taste of the patient may generally be trusted.

These remarks on the supporting treatment are not specially applicable to pneumonitis, but apply alike to cases of any disease, the gravity or danger of which is manifested by symptoms denoting failure of the vital powers. They will be referred to in connection with the treatment of other affections. As applied to pneumonitis, they relate chiefly to cases in which this disease is rendered grave or dangerous by the extent of lung involved or by coexisting affections. It will be borne in mind that in a large proportion of the cases in which the disease is limited to a single lobe, and disconnected from other affections, there is little or no intrinsic tendency to a fatal termination. In such cases no active treatment is required, either with a view to lessen the intensity of inflammation or to support the powers of the system. Patients pass through the disease in a favorable manner under simple palliative measures.

In cases of pneumonitis associated with intermittent fever, quinia should be given promptly and in efficient doses. The paroxysms should be arrested as speedily as possible; the patient may be placed in great danger by their repetition. The existence of pneumonitis and the degree of symptomatic febrile movement in nowise conflict with this important indication; indeed, so far from conflicting with it, the sedative effect of full doses of quinia may be useful, aside from the arrest of the paroxysms. In a malarious region, or if the patient have been subject to attacks of intermittent fever, it is judicious to forestall the possible development of the latter affection by moderate doses of quinia. The malarious cachexia impairs the power of resisting the disease; hence it is more likely to prove fatal in malarious regions, even when uncomplicated with intermittent fever.

Cases of pneumonitis complicated with delirium tremens call for the pretty free use of opium, together with alcoholic stimulants and a nutritious diet. Delirium and vigilance, if protracted, are likely to lead to a fatal termination. Pericarditis, as a complication, adds greatly to the gravity and the danger; but by perseverance in the judicious employment of supporting measures, the patient may be carried safely through this combination of diseases. The occurrence of gangrene furnishes an additional indication for support. Pneumonitis occurring in the course of the continued or eruptive fevers is to be treated by soothing and supporting measures. Depressing treatment by bloodletting, antimonial preparations, and purgatives, are very rarely, if ever, admissible under these circumstances.

During the progress of resolution, the principles of treatment which have just been presented are applicable until the improvement in the local and general symptoms, in connection with the physical signs, denote convalescence. When convalescence is established, there is little or no danger of a renewed attack. There is, therefore, no need of extreme precautions in order to prevent a liability to relapse. Experience shows that a solid, substantial diet may be entered upon so soon as the patient is fairly on the road to recovery, and that the recovery is more rapid than if the appetite be too much restrained. As a rule, ordinary wholesome, digestible articles of food may be allowed when they are desired by the patient. Permitting or encouraging the patient to sit up will be found not to retard recovery, but, on the other hand, apparently to hasten the progress of resolution. Early going out of doors is not objectionable.

If the disease proceed to the suppurative stage, purulent matter being either infiltrated or forming abscesses, the prognosis is extremely unfavorable, but perseverance in the employment of supporting measures is sometimes successful. It may be added, that timely and efficient support probably affords the best security against suppuration, which happily is extremely rare.

The liability to the formation of heart-clot in cases of pneumonitis suggests the important inquiry, whether measures may not be employed to prevent this accident. Accepting as probable the conclusion, deduced by Dr. B. W. Richardson from a large number of varied experiments, that the liquid form of the fibrin in the blood is due to the presence of ammonia, it may be reasonably conjectured that the employment of ammonia as a remedy will protect against this fatal event. I have for some time been in the habit of prescribing the carbonate of ammonia during the progress of pneumonitis under the view just stated. Of course, it is difficult to obtain clinical proof of the protective efficacy of this or any other remedy. There can be no objection to the use of this remedy on therapeutical grounds, since it does not in any manner affect unfavorably the progress of the disease.

CIRCUMSCRIBED PNEUMONITIS.

Pneumonitis, when not incidental to an existing pulmonary affection, as a rule, extends over an entire lobe at least. To this rule, as already stated, there are exceptions. The exceptions are infrequent, yet perhaps they are not so rare as is supposed, for, if much circumscribed, the affection is overlooked without a careful physical exploration, and even then the signs may escape detection. One of my colleagues recently experienced a slight pain in the chest, and expectorated two or three pneumonic sputa. On careful examination by auscultation, the crepitant rale was discovered at the base of the chest, limited to a space not larger than half a dollar. This circumscribed pneumonitis, preceded by perfect health, did not prevent him from continuing his professional labors as usual. Such cases might easily be overlooked. But, in general, when pneumonitis is circumscribed, it is incidental to an existing pulmonary affection.

It is a not infrequent concomitant of tuberculosis. More or less of the lobules in proximity to the tuberculous deposit become inflamed. An examination of the chest, at this time, may disclose a crepitant rale within a limited area, and this rale, under these circumstances, is one of the accessory signs of phthisis. The exudation proceeding from the circumscribed pneumonitis renders the physical signs of solidification more marked and extensive than they had been found to be on previous examinations, and, after a time, when resolution has taken place, these signs diminish so as to represent simply the tuberculous deposit. The occurrence of such attacks of circumscribed pneumonitis will serve to account for changes as regards the physical signs which, if not understood, would seem to be inconsistent with the natural history of tuberculous disease.

Inflammation excited by a wound of the lung, as when a musket or pistol ball passes through the chest, may be more or less circumscribed.

Whether primary or otherwise, pneumonitis limited to a circumscribed space claims only simple palliative measures and hygienic precautions.

CHRONIC PNEUMONITIS.

The term chronic pneumonitis might perhaps with propriety be applied to occasional cases in which, after an acute attack, more or less solidification of lung continues for several weeks, and finally resolution is accomplished. Such cases, however, are not referred to when this term is used. The affection understood by this term may follow an acute attack, or be subacute from the first.

The anatomical condition in chronic pneumonitis is solidification due to the presence of an exudation which is not absorbed, and does not become liquefied by suppuration. The exudation is fibroid, and the solidification which it causes is permanent. The bronchial tubes are more or less dilated, this being supposed to be a mechanical effect of contraction of the exudation. The pigmentary matter is usually quite abundant. Rokitansky supposes that the exudation takes place into the inter-lobular and inter-vesicular areolar tissue, and hence he calls this variety of the disease *interstitial pneumonitis*. It leads to diminution of the volume of the affected portion, and if an entire lung be involved, the result is a contraction of the side of the chest such as occurs after chronic pleuritis. The contracted volume, density, absence of a granular aspect, together with the persistency of the solidification and the dilatation of the bronchial tubes, form a list of anatomical characters quite different from those which belong to acute pneumonitis. The name *cirrhosis of the lung* has been applied to this affection by Dr. Corrigan. The affection may be limited to a lobe or it may extend over an entire lung. As a primary pulmonary affection, it is exceedingly rare; but as incidental to the deposit of tubercle it is not uncommon. In the latter case, it may be circumscribed or more or less extensive.

Occurring independently of tubercle, its clinical history embraces cough and expectoration, acceleration of the pulse, progressive emaciation, and loss of strength; in short, the symptoms are not unlike those which attend the progress of tuberculous disease. I have known the extremities of the fingers to become notably bulbous in this affection. Sooner or later it terminates fatally.

The diagnosis involves discrimination from tuberculosis, and this is by no means easy. The persistency of the signs of solidification, without the changes due to the formation of cavities, is the main point in the diagnosis. If the volume of the lung be sufficiently diminished to cause considerable contraction of the affected side, the case will be likely to be considered one of tuberculosis succeeding chronic pleuritis.

In a practical view, chronic pneumonitis is not an affection of great importance, in view of its great infrequency, its obscurity as regards diagnosis, and the inefficacy of therapeutical measures. For these reasons, it suffices in the present work to bestow upon the affection this brief notice. For a fuller account the reader is referred to works on mörbid anatomy and treatises devoted to thoracic diseases.

Tonic remedies, hygienic measures to invigorate the system, palliative remedies, and the supporting treatment comprise all that can be done for relief and the prolongation of life.

PNEUMONITIS IN YOUNG CHILDREN.

Within late years, a form of pneumonitis has been described as peculiar to children under six years of age, called *lobular pneumonitis*. As the name implies, the inflammation was supposed to be seated in distinct lobules of the lungs, not diffusing itself over an entire lobe, as in lobar pneumonitis. On examination after death, in cases of this affection, solidified portions or nodules, varying in size from a pea to a filbert, are found distributed in greater or less number through both lungs, the intervening portions of pulmonary substance preserving its normal spongy character. The appearances presented by these hardened masses differ essentially from the anatomical characters in lobar pneumonitis. The nodules situated at the superficies are not elevated above the surface, but occasion a depression. The pleural covering is devoid of lymph, and preserves its normal appearance. When the nodules are incised, the surfaces are smooth like muscular tissue, not granular; the structure is dense, not friable. In short, the condition of the affected lobes is identical with that of lung which has been condensed by pressure, as in cases of pleuritis with large effusion, a condition to which the name carnification has been applied. The boundaries of the nodules are found to be the interlobular divisions. The exudation, which in ordinary pneumonitis solidifies the affected portion, causes its expansion, renders it friable, gives rise to a granular appearance, and excites pleuritis, is wanting in this form of disease. Moreover, the so-called lobular pneumonitis is always accompanied by general bronchitis, in this respect differing from ordinary pneumonitis; and another point of variation is its being seated in both lungs, while in ordinary pneumonitis the inflammation is usually limited to one side. From the coexistence of bronchitis, the term broncho-pneumonitis has been proposed as the name of the affection.

Recent researches by Jörg, Legendre and Bailly, Fuchs and Gairdner, have elucidated the anatomical condition in the affection which has been known as lobular pneumonitis, and shown conclusively that it is not a form of pneumonitis. The hardened lobules are solidified by condensation; that is, by the absence of air; in other words, the lobules are collapsed. As a simple and convincing proof of this fact, if the collapsed condition has not existed too long, they may be expanded after death by insufflation. The affected lobules have resumed the state in which they were during fœtal life. An analogous condition is found in children who die shortly after birth, the respiratory function not having been fully established. To the latter condition, the name *atelectasis* has been applied. This term denotes imperfect expansion of lung, the solidified lobules never having been expanded. By an extension of the term, atelectasis is also used to embrace the cases in which lobules become collapsed after having been expanded.

For a full account of the interesting and important researches relating to the imperfect expansion and collapse of pulmonary lobules, the reader is referred to works on morbid anatomy and the diseases of children.[1] The term lobular pneumonitis, as heretofore applied, is pathologically incorrect, and its continued use is therefore undesirable. The condition to which this term has been applied is incidental to bronchitis, and will be noticed in that connection.

Pneumonitis occurs in young children, diffused over an entire lobe, sometimes involving a second lobe, and presenting, after death, the anatomical characters which have been described as belonging to this disease in the adult. It is a much graver disease in young children than in adults, proving fatal in a large proportion of cases. From the absence of the subjective symptoms, and the difficulty of obtaining physical signs, the diagnosis is less easy than in adult life, and the disease is not unfrequently overlooked.

The attack is sometimes accompanied by a convulsion. This may mislead by directing attention to the head. Dulness, drowsiness, or stupor may accompany the progress of the disease, and these symptoms may mislead in the same way, if the symptoms referable to the chest are not marked. The expectoration, being swallowed, cannot be observed in young children. As regards marked local symptoms, the disease may be latent in the child, as it frequently is in the adult. But in a certain proportion of cases, the existence of sharp pleuritic pain is manifested by the expression and also by the cry in acts of coughing, or whenever a deep inspiration is taken. A diagnostic symptom, almost pathognomonic, is a moaning or grunting sound with the expiratory act. Attention to this symptom is especially important, as it points very strongly to the existence of pneumonitis. Increased frequency of the respirations, with dilatation of the nostrils, show the existence of some pulmonary affection, compromising the respiratory function. The respirations, in some cases, are very frequent, numbering 40, 50, 60, and, sometimes, even many more per minute. One or both cheeks may present a circumscribed flush. If the progress of the disease be unfavorable, lividity of the prolabia and face may become marked. More or less acceleration of the pulse occurs, and the frequency, in some cases, is very great, numbering from 150 to 200 per minute.

When the existence of some acute affection of the chest is declared by the symptoms, the differential diagnosis lies between primary pleuritis, capillary bronchitis and pneumonitis. The first of these affections being extremely rare under five years of age, the problem is usually to decide between the last two. In making this decision, the physical signs are to be relied upon, and the reliance is also upon these for the diagnosis in cases in which the symptoms denoting an acute thoracic affection are not marked. The physical signs are generally available with care and patience, notwithstanding the difficulty of exploring the chest in the young child.

The crepitant rale is oftener wanting in pneumonitis affecting the child than the adult, but it is present in a certain proportion of cases, and is, of course, to be sought after. This sign belongs exclusively to pneumonitis, while the subcrepitant rale belongs to capillary bronchitis. If there be doubt as regards the discrimination between the crepitant and subcrepitant rale, it is to be borne in mind that capillary bronchitis is a bilateral disease, and the rale will be present in both sides; whereas, in the great majority of cases, pneumonitis in the child or in the adult, is unilateral, and the rale will be limited accordingly to one side. Dulness on percussion is readily determinable in the child, and this is an important point in the differential diagnosis. Bronchial respiration and bronchophony may generally be obtained in the child with perseverence in auscultation, the cry answering for the voice. These signs do not belong to capillary bronchitis. In short, the diagnosis is to be based on the same signs as in the adult, but patient efforts may be requisite to obtain them. As regards primary pleurisy, the signs denoting effusion are available in the child as well as in the adult, and their absence warrants the exclusion of that affection.

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[1] West, and J. F. Meigs, on the Diseases of Children, may be consulted. See, also, review, by Dr. Gairdner, in Brit. and For. Med.-Chir. Rev., April, 1853.

The treatment of pneumonitis in children involves the same principles as the treatment of the disease in adults, with those modifications which therapeutical measures require in their application to infantile life. It is questionable whether bloodletting be ever advisable in young children, even when the diagnosis is clear, in the first stage of the disease. As a rule this measure is not to be employed, and the exceptions to the rule, if there are any, are few. Depletion by salines should take its place; antimonial preparations, if given at all, are to be prescribed with great caution, and, in general, other and less depressing nauseant sedatives are to be preferred. The veratrum viride, if given, should be prescribed in small doses, and its effects very carefully watched. Blisters should not be employed. A sinapism or turpentine stupes may be applied to the chest, followed by a poultice or the water-dressing. Particular attention should be given to the latter, in order to see that either the entire chest or the whole of the affected side is covered with several thicknesses of flannel and a layer of oiled muslin. The spongiopiline is a good substitute for the poultice or water-dressing. Opium need not be withheld, but must be given with circumspection. Finally, as much depends in severe cases, in the child as in the adult, upon the early, judicious, and persisting employment of supporting measures. In children, as in adults, under certain circumstances, there is a remarkable tolerance of alcoholic stimulants. I have notes of the case of a child of a medical friend (age fourteen months), presenting the utmost gravity of symptoms, the pulse 200 and the respiration 120 per minute, in which brandy was increased to at least an ounce hourly, and under this amount of stimulus the pulse fell rapidly to 124 and the respirations to 50 per minute, the carbonate of ammonia and a little morphia constituting the additional treatment. Recovery took place. This case is cited in illustration of the extent to which, in some cases, the employment of alcoholics may be carried. It does not follow that they are to be generally employed excessively or largely. The same rules are to be observed in treating cases of this disease in children as in adults, with a view, on the one hand, to secure the benefits of stimulants, and, on the other hand, to avoid the evils of their over-use.

PLEURODYNIA AND INTERCOSTAL NEURALGIA.

A brief consideration of these affections is included in this chapter, because, from similarity as regards pain, they are liable to be confounded with either acute pneumonitis or pleuritis. Prior to the employment of physical exploration, this mistake was by no means uncommon, and it is still made by those who depend on symptoms alone. The term *pleurodynia* is applied to a rheumatic affection of the muscles entering into the composition of the thoracic walls. *Intercostal neuralgia* denotes a neuralgic affection of the intercostal nerves.

Both affections may be characterized by pain resembling that of acute pneumonitis or pleuritis; that is, lancinating, and felt especially in the act of inspiration. They may be accompanied by a dry cough, which is acutely painful. In cases of pleurodynia there may be febrile movement, and this may accidentally exist in cases of intercostal neuralgia. How are these affections to be discriminated from inflammation of the pleura, either primary or occurring as a complication of inflammation of the pulmonary parenchyma?

Intercostal neuralgia, as a rule, is not accompanied by febrile movement. But this affection has a diagnostic criterion which is readily available. It consists in the existence of tenderness usually in three isolated points, viz., behind near the dorsal vertebræ, laterally in one, two, or three intercostal spaces, and anteriorly in one or more intercostal spaces near the sternum or over the epigastrium. Sometimes tenderness exists in only two of these situations. The tenderness is frequently confined to a very limited space in each situation, a space perhaps small enough to be covered by the finger. On the opposite side of the vertebræ, and between the tender points in the three situations, pressure or percussion is well borne. In addition to this diagnostic test, physical exploration fails to discover the evidence of either pleuritic or parenchymatous inflammation, viz., in primary pleuritis a friction murmur in some cases, and the signs denoting pleuritic effusion, and, in pneumonitis, the crepitant rale and the signs of solidification. The affection occurs much oftener on the left than on the right side. Both sides may be affected, but this is extremely rare.

Pleurodynia lacks a similar positive test, that is, the tenderness is not limited to isolated points, but is more or less diffused. The diagnosis, therefore, must rest on the exclusion of intercostal neuralgia by the absence of the evidence just stated, together with the absence of the signs of both pleuritis and pneumonitis. Pain in pleurodynia and intercostal neuralgia is more marked, as a rule, in movements of the body than in the respiratory movements, the reverse being true of the pain in pleuritis and pneumonitis. This remark applies more especially to pleurodynia. The tenderness in both affections varies, being sometimes slight and sometimes exquisitely acute.

Of the two affections pleurodynia is much the less frequent. Before the diagnostic criterion of intercostal neuralgia had been pointed out by Bossereau and Valleix, cases of this affection were doubtless often considered as rheumatic, and, hence, cases of the neuralgic affection have apparently increased of late at the expense of pleurodynia. Intercostal neuralgia is of frequent occurrence. Cases are numerous both in private practice and among patients treated at hospitals and dispensaries, but more especially the latter.

The poorer classes are more liable to it than those in comfortable circumstances. It occurs oftener among females than males. Persons affected are frequently anæmic. It is apt to be developed during the progress of pulmonary tuberculosis. It occurs especially as a sequel of intermittent fever. It prevailed very extensively among the Northern troops who had lately returned from the peninsular campaign in Virginia in 1861, where they had suffered much from malarious disease.

The degree of suffering from these affections varies much in different cases. They are sometimes so slight as merely to occasion annoyance, but in some cases the pain is sufficiently severe to shorten the inspirations, thus rendering the respirations frequent, as in acute pleuritis, and occasioning great distress. In the neuralgic affection exacerbations of pain are frequently experienced. They vary greatly in different cases as regards duration, occurring sometimes as transient affections, but in some cases persisting for a long period. In some of the cases just referred to, which I have met with among soldiers, intercostal neuralgia has lasted for weeks and months, proving rebellious to divers plans of treatment. Pain and soreness in the chest are sometimes assumed by malingerers, but a ready proof of the reality of the affection is the diagnostic test, viz., the limitation of the tenderness to the three points on one side of the chest. This proof is reliable unless the malingerer have had shrewdness enough to discover that this test is relied upon for the diagnosis.

The treatment of both affections embraces measures to relieve pain if it be severe or considerable. Opium may be required internally for this object. Local applications may suffice if the pain be slight or moderate, for example liniments containing chloroform or aconite, or the belladonna plaster. In cases of intercostal neuralgia, I have found quinia an effective remedy, whether the affection be a sequel of intermittent fever or not. If anæmia exist, this condition claims appropriate treatment. The citrate of iron and quinia or the tincture of the chloride of iron may be prescribed with reference to this condition. In obstinate cases flying blisters are useful. Valleix considers these as most likely to prove effective. The application of dry cups will sometimes afford relief. Hypodermic injections of Magendie's solution of morphia, or a solution of aconite, may be resorted to if the pain be severe, or morphia may be sprinkled upon a blistered surface.

CHAPTER VI.

BRONCHITIS.

Acute Bronchitis affecting the larger Bronchial Tubes—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute Bronchitis—Acute Bronchitis in young Children—Capillary Bronchitis—Epidemic Bronchitis—Bronchitis with Exudation of Fibrin—Circumscribed Bronchitis—Chronic Bronchitis.

THE preceding chapters have been devoted mainly to the consideration of inflammation affecting the serous covering of the lungs and the lining membrane of the pulmonary cells. It remains to consider inflammation seated in the lining membrane of the bronchial tubes. Inflammation in this situation constitutes the disease called *bronchitis.* This, in its ordinary form, is the most frequent of the pulmonary inflammations. Ordinary bronchitis is a very common affection in all parts of the globe. A highly important variety of the disease is based upon the section of the bronchial tree affected. In ordinary bronchitis, the inflammation is limited to the larger bronchial tubes. An infrequent and much graver form of bronchitis is developed when the inflammation affects the smaller tubes. The latter form is generally, but, as will be seen, incorrectly called *capillary bronchitis.* Inflammation of the bronchial mucous membrane may be acute, subacute, or chronic, and varieties of the disease are based on these differences as regards the degree and duration of the inflammation. Bronchitis may be primary or secondary, as regards other pulmonary affections; that is, it may be developed as a complication of certain diseases, such as pneumonitis or tuberculosis, or it may not be preceded by any disease of the lungs. As a complication of other pulmonary affections, it is more limited than when it is the primary affection, and may be distinguished as *circumscribed bronchitis.* A form of the disease is characterized by the exudation of lymph, and may be denominated *diphtheritic bronchitis.* Finally, bronchitis occurs as an epidemic, and is then commonly known as *influenza*. These several varieties of the disease will claim separate consideration, after having considered the ordinary form, viz., bronchitis affecting the larger bronchial tubes. The term *catarrh* has been used to denote inflammation of a mucous structure, accompanied by an abundant secretion of mucus. As this term expresses neither more nor less than bronchitis, and relates to a feature by no means distinctive of a peculiar form of inflammation, it is superfluous and may be dispensed with. Proceeding to treat first of ordinary acute bronchitis, it will be considered as occurring after infantile life, and afterwards, certain points relating to the disease as it occurs in young children will be briefly noticed.

ACUTE BRONCHITIS AFFECTING THE LARGER BRONCHIAL TUBES, OR ORDINARY BRONCHITIS.

ANATOMICAL CHARACTERS.—The opportunity of observing the appearances after death is not often offered, as this form of bronchitis does not in itself prove fatal. The mucous membrane differs from serous membranes and the lining membrane of the air-cells in being thicker, softer, much more vascular, and containing follicles which secrete mucus. Owing to these points of difference, the anatomical characters of inflammation differ from those which belong to the inflammatory affections already considered. The accumulation of blood takes place in the membrane itself, whereby it is reddened and swelled. The redness and swelling after death may be found to be uniform through the affected tubes, or more marked in patches or zones. The redness here, as in other situations, found after death, is not to be considered as evidence of the condition, as regards accumulation of blood during life, for in parts which are open to observation, for example, the conjunctiva, mouth, and throat, redness marked during life is found to diminish or even disappear after death. The inflamed membrane is more or less softened by inflammation, and the affected tubes are likely to contain more or less of the inflammatory products which were expectorated during life, viz., muco-purulent matter, with predominance of the characters of either mucus or pus. Inflammation below the trachea very rarely leads to ulceration.

In ordinary bronchitis, the inflammation, as already stated, is limited to the large bronchial tubes. Probably in many cases it does not extend beyond the bronchi exterior to the pulmonary organs, but in cases unusually severe, the larger divisions within the lobes may be involved. The tubes on both sides are equally affected, provided the affection be not incident to an antecedent pulmonary disease. With this exception, bronchitis exemplifies the law of parallelism; it is a bilateral or symmetrical disease. In this respect it differs from pleuritis and pneumonitis.

CLINICAL HISTORY.—Acute bronchitis is generally preceded by inflammation of the mucous membrane of the nasal passages or coryza. The inflammation commences in the nostrils and travels downward, either affecting or passing by the pharynx and larynx in its passage to the bronchial tubes. The period occupied in the passage varies from a few hours to one, two, or three days. In a certain proportion of cases, the bronchial tubes are attacked at once without any affection of the air-passages above.

The symptoms offer marked points of contrast with acute pleuritis and pneumonitis. Pain is not a prominent symptom, but the patient experiences a sense of constriction or tightness, with a feeling of soreness or rawness. These painful sensations especially accompany acts of coughing. The pain is of an obtuse or contusive character, and is situated beneath the sternum.

The attack is rarely accompanied by a distinct chill, but chilly sensations occur followed by flashes of heat. The appetite may be more or less impaired, but is not usually lost. Lassitude is complained of, with a general feeling of malaise.

The febrile movement is generally moderate. The pulse has not the frequency and strength which belong to pleuritis and pneumonitis. The heat of the surface is not notably raised.

The cough is at first painful, but not sufficiently so to be suppressed. It is at first dry, the secretion of mucus being for a time scanty. A deep inspiration, or breathing cold air, excites acts of coughing, which occur in paroxysms, and consist of a deep inspiration followed by a series of expiratory efforts. The patient feels as if relief would be afforded by a more abundant expectoration, and desires to have the cough loosened. The expectoration is at first small, glairy, frothy and viscid, and, occasionally, streaked with blood. In the progress of the affection, after two, three, or four days, the expectoration becomes more abundant, and consists of thick, yellowish, or greenish sputa. The cough is then said to be loose, the acts of expectoration being easier, unattended by pain or soreness, and followed by a sense of comfort. The mucous secretion is rarely sufficient to accumulate in the tubes and occasion embarrassment of respiration. This may happen in young children, in the aged, and in feeble persons. The presence of a collection of mucus in the large bronchi or trachea is felt, and the patient is led to make voluntary efforts of coughing for its expulsion. The increased amount of mucous secretion and the change in character, denote diminution or resolution of the inflammation.

Respiration is not sensibly affected. No portion of the lung is withdrawn from the exercise of its function as in pleuritis and pneumonitis. Dyspnœa is not produced save in the exceptional cases in which, from feebleness or the want of voluntary efforts of coughing, the mucous secretions accumulate sufficiently to obstruct the bronchial tubes.

The affection is not accompanied by much debility. Patients are generally not confined to the bed, and they may not confine themselves to the house.

The average duration of acute bronchitis is ten or twelve days. In severe cases, after five or six days patients are usually able to be out of doors.

The disease may be divided into two stages. The first stage embraces the period during which the expectoration is scanty, transparent, and viscid. The second stage extends from the time when the expectoration becomes abundant, opaque, and thick, to convalescence.

Pathological Character.—Acute, ordinary bronchitis, is an inflammation affecting a mucous structure, leading at first to a hypersecretion of mucus and subsequently to the production of muco-pus in greater or less abundance. Resolution takes place in this situation without the occurrence of ulcerations. It belongs among the symmetrical diseases.

Causation.—Primary or idiopathic bronchitis is supposed to be frequently, if not generally, produced by the action of cold. This is implied in the name by which the affection is popularly known, viz., "a cold." Exposure to cold is supposed to produce this disease by interrupting the eliminative functions of the skin, whereby an increased duty is thrown upon the pulmonary mucous membrane, and by inducing internal congestion. This view of the causation is inconsistent with the fact that great exposure, in a large proportion of cases, is not followed by bronchitis, and also with the fact that, in a large proportion of the cases of bronchitis, it is not traceable to any unusual exposure There is abundant evidence, however, to show that exposure of a portion of the body to a current of air is liable to excite an attack of this disease. In general, it is reasonable to conclude that the disease is due to a morbific agent in the atmosphere or some special atmospheric change. This is, of course, to be inferred when the disease prevails as an epidemic; but, when cases are not numerous enough to constitute an epidemic, it is a matter of common observation that a greater or less number of persons are apt to be simultaneously affected. Sometimes the occurrence of cases is connected with an obvious change in weather, but it would be useless to offer any speculations as to the atmospherical condition which stands in a special causative relation to the disease.

Bronchitis occurs secondarily and forms an element of other diseases. It belongs to the clinical history of rubeola or measles. In this connection it is frequently acute. It belongs to typhoid fever, but is rarely acute in connection with that disease. Developed in connection with diseases situated elsewhere than in the pulmonary organs, it is symmetrical, as when it occurs primarily; but, developed as a complication of pneumonitis and tuberculosis, it is circumscribed.

It may be produced traumatically by the local action of irritating gases received with the inspired breath. Inhalation of chlorine gas will produce it. I have known a severe attack produced by inhaling the fumes of sulphurous acid. In some persons, owing to an idiosyncrasy, the bronchial membrane becomes inflamed by constituents of inspired air which are innocuous when inhaled by most persons. The powder of ipecacuanha, emanations from newly-mown hay, from feathers, and even fragrant odors, will produce bronchitis in those constituted with a peculiar susceptibility of this membrane to be affected by these causes Generally, in these cases, to the bronchitis is added asthma, and this idiosyncrasy will be noticed again in connection with the latter affection.

As a rule the liability to bronchitis is less in proportion as persons are habituated to free exposure in the open air. It is much more apt to attack persons who spend most of their time in warm apartments than those whose occupations keep them out of doors. Soldiers, surveyors, explorers, and hunters, who are accustomed to sleep at night in tents or in the open air, rarely "take cold," but it is a matter of frequent observation that, after having been for some time accustomed to camping out of doors, bronchitis occurs on resuming comfortable in-door quarters.

DIAGNOSIS.—Acute bronchitis is to be discriminated from pleuritis and pneumonitis, more especially the latter. The points, relating to symptoms, which are involved in this differential diagnosis are as follows: The absence of lancinating pain, and the pain which is felt being substernal; the presence of more or less expectoration, which is not rusty, but either devoid of blood or containing it in the form of streaks; absence of accelerated breathing and dyspnœa; absence of the circumscribed flush of cheeks; the pulmonary symptoms preceded by coryza, with perhaps soreness of throat and subacute laryngitis. These points are chiefly negative, and they are not sufficient for a positive diagnosis in all cases, because the symptoms belonging to pleuritis or pneumonitis which are wanting in bronchitis are by no means uniformly present in cases of the two former diseases. The clinical history, however, in conjunction with the results of physical exploration, generally render the diagnosis sufficiently easy and positive.

The physical diagnosis is based chiefly on negative points. Percussion elicits the resonance of health. The vocal resonance is unaffected. The respiratory murmur may be weakened, but is not otherwise altered. Suppression of the murmur over a portion of the chest may occur temporarily from obstruction of a bronchial tube by an accumulation of mucus These points warrant the exclusion of pleuritis and pneumonitis. The dry and moist bronchial rales may or may not be present at the time when the explorations are made. Their presence and diffusion, more or less, over both sides, is indicative of the existence of the disease, but the absence of the disease is by no means to be inferred because these signs happen to be wanting when the chest is examined.

Prognosis.—Acute ordinary bronchitis is a dangerous disease only when it occurs in the young, aged, and feeble. The danger, in these classes of patients, arises from the accumulation of the products of inflammation within the bronchial tubes, and from an occasional accident which will be noticed under the head of bronchitis in young children, viz., collapse of pulmonary lobules. The danger then relates to apnœa. The disease does not lead to great prostration and danger from asthenia. Exclusive of the classes just named, it is generally a disease of little or no gravity. In the great majority of cases it passes through its course and the recovery is complete, but it may eventuate in chronic bronchitis.

As a rule, the disease has no tendency to induce either pleuritis or pneumonitis, and, contrary to a very general impression, it rarely precedes the development of pulmonary tuberculosis.

Treatment.—There is reason to think that acute bronchitis may be prevented, in some instances, on the appearance of coryza, by a full opiate and diaphoretic. A quarter of a grain of the sulphate of morphia, half a grain of codeia, a proportionate dose of any of the preparations of opium, or ten grains of the powder of opium and ipecacuanha, may be given for this object at bedtime, accompanied by a hot pediluvium and some warm stimulating drink, such as weak punch or toddy, or an infusion of some of the aromatic herbs, and followed in the morning by a saline purgative. If this plan of treatment do not succeed, it may mitigate the severity of the disease.

If the affection become established, it does not claim very active measures of treatment, in view of the almost uniform tendency to recovery with mere attention to hygiene. Bloodletting is not called for except in some rare cases in which the patient is plethoric and the symptomatic febrile movement unusually intense. Depletion by means of saline laxatives and reduced diet will generally suffice. If the attack be severe, confinement to the bed for a few days may be advisable in order to secure uniform warmth and moisture of the surface. Diaphoresis relieves the inflamed membrane, and, for this purpose, small doses of antimony or ipecacuanha may be prescribed. Patients with this disease are more comfortable when moderately perspiring. These remedies should be continued only during the first stage, that is, prior to the free secretion of mucus. In severe cases an abundance of moisture in the apartment soothes the inflamed membrane, and renders the patient more comfortable.

Opium is thought by many to be contraindicated in the first stage. It is supposed to interfere with the free secretion of mucus and render expectoration difficult. This is an inference from the effect of opium on the secretions in health; but, so far from these results being produced, opium appears to hasten the second stage. The free secretion of mucus is not the cause, but the consequence, of an abatement of the inflammation; and by contributing to the latter, opium virtually acts as an expectorant. Opium, therefore, is indicated in the first stage of bronchitis, as it is in most acute inflammations. In the second stage, it is only indicated when the cough is out of proportion to the expectoration; that is, when the amount of cough existing is not needed to effect the removal of morbid products in the bronchial tubes. Opium is contraindicated if, owing to the feebleness of the patient, the efforts of expectoration are inadequate to prevent accumulation in the bronchial tubes.

During the acute stage, if pain and soreness of the chest be prominent symptoms, sinapisms or stimulating liniments are useful. These symptoms hardly claim blisters or other active measures of counter-irritation.

The stimulating so-called expectorants are not indicated in the first stage. In so far as they have the faculty of exciting the bronchial mucous membrane, they tend to increase the inflammation. They are rarely indicated in the second stage. If the affection linger and threaten to become chronic, the sulphate of quinia and other tonic remedies, together with a nutritious diet and an invigorating regimen, are the most efficient measures for recovery. I have been led by experience to regard the chlorate of potassa as a useful remedy in both the first and the second stage of acute as well as of chronic bronchitis.

SUBACUTE BRONCHITIS.

The difference, as regards symptoms and therapeutic indications, between the acute and subacute forms of bronchitis, is such that a passing notice of the latter, under a distinct head, is called for.

Subacute bronchitis is, in common language, a slight cold, beginning usually with coryza, and running the same course as acute bronchitis, but with less severity, and perhaps not involving the same extent of the bronchial mucous surface. The affection is not of sufficient gravity to keep patients within doors, and, in the majority of cases, they do not call upon the physician, but either allow it to run its course, or resort to some domestic remedies.

This form of bronchitis may frequently be rendered abortive by a full opiate at night given in conjunction with a diaphoretic stimulant. But, if not prevented, it claims only a saline laxative, followed by a little anodyne, such as one-eighth of a grain of the sulphate morphia every four or six hours in syrup. It is not necessary to enjoin confinement within doors. As it is desirable not to exaggerate, as well as not to depreciate, the importance of diseases, it should be understood by physicians and patients that common colds do not tend to eventuate in inflammation of the lungs, or in phthisis. A certain amount of care is advisable, and mild remedies are useful, but it would be injudicious to subject patients to active measures of treatment.

ACUTE BRONCHITIS IN YOUNG CHILDREN.

Acute bronchitis in young children offers an important peculiarity in the greater liability to an accident to which reference has been already made, viz., collapse of a greater or less number of pulmonary lobules, giving rise to a condition heretofore described as lobular pneumonia. The morbid appearances consist of hard nodules, varying in size from a pea to a filbert, more or less numerous, existing usually in both lungs, and situated especially in the posterior portion. These nodules are pulmonary lobules solidified in consequence merely of the absence of air. If situated at the superficies of the lung, they are depressed, the pleural membrane is devoid of lymph, and when incised the surfaces are smooth like those of lung condensed by pressure. The structure is not softened. The fact that the nodules are collapsed lobules is shown by their expansion if forcible insufflation be employed. The term atelectasis is applied to this condition of collapse, as well as to a similar condition in newly-born infants, due to the non-expansion of lobules by the respiratory acts.

Collapse of pulmonary lobules is incidental to bronchitis in young children, in consequence of the accumulation of mucus in the bronchial tubes. The tubes consisting of branching cylinders diminishing in calibre, it is easy to understand that plugs of viscid mucus, in certain situations, may obstruct the ingress of the inspired air into the air cells, without obstructing the egress of air from the cells in expiration; hence, collapse occurs of the lobules to which the obstructed tubes are distributed. In expiration the plugs are moved by the current of air from the smaller into the larger tubes, but in inspiration the current moves them into a position in which the progress of air is interrupted. In proportion to the number of collapsed lobules, the respiratory function is compromised, and danger from apnœa may attend this accident. It is more liable to occur in young children than in adults, because children do not promote expectoration by voluntary efforts, and also because the respiratory acts are less vigorous. It occurs especially in feeble children. It does not, however, belong exclusively to acute bronchitis in young children: it occurs in aged persons, and may take place in those of any age who are constitutionally weak. It is also incidental to chronic bronchitis in children and adults, giving rise, as will be seen hereafter, to emphysema of the lungs.

The occurrence of collapse of pulmonary lobules may be strongly suspected in the course of acute bronchitis, if the respirations become frequent, with dilatation of the alæ nasi, accompanied perhaps with lividity, and the symptoms and signs of pneumonitis are wanting. Physical exploration does not furnish definite signs of this accident. Relative dulness on percussion may be found on one side, if there be a marked disparity between the two lungs as regards the number of lobules which are collapsed. The respiratory murmur will be likely to be more feeble over the posterior than over the anterior portion of the chest, and if relative dulness on percussion exist on one side, the murmur of respiration will be more feeble on that side. Mucous rales will be more or less abundant.

In the treatment of bronchitis in young children, the liability to this accident is to be considered. Mild emetics are indicated with a view to promote the expulsion of mucus from the bronchial tubes. They are admissible because they occasion less disturbance than in adults. They should not, however, be repeated too frequently, and antimonial emetics should never be employed. Remedies to maintain nausea are contraindicated on account of their depressing effect; an emetic should be given to produce prompt vomiting, and afterwards nauseant remedies withheld, until a repetition of the emetic be deemed advisable. And, in the mean time, tonic remedies, a nutritious diet, and perhaps alcoholic stimulants, are called for to support the general strength. Opium is to be given with great circumspection, since it may favor the accumulation of mucus in the bronchial tubes. The chief objects of treatment, in short, are twofold: *first*, to supply the want of voluntary efforts of expectoration by the judicious employment of emetics; and, *second*, by sustaining measures to maintain the force of the respiratory acts.

CAPILLARY BRONCHITIS.

An extension of inflammation from the larger and medium sized tubes to those of small size, gives rise to the variety of bronchitis called capillary. This application of the term capillary, however, is not strictly correct. The truly capillary tubes, that is, the ultimate subdivisions of the bronchial tree, or the bronchioles, are not the seat of inflammation in this affection. They are involved in pneumonitis. The bronchial branches of small size, but not the smallest, are affected in capillary bronchitis. The larger tubes are generally first affected, and the small tubes become involved by a more or less rapid extension of the inflammation. The affection has but recently come to be understood, and has heretofore been known by various titles, such as catarrhus senilis, peripneumonia notha, bastard pleurisy, suffocative catarrh, etc.

This affection differs widely from ordinary acute bronchitis, as regards its clinical history and danger. It is an exceedingly grave affection, proving fatal—especially when it attacks young children—in a large majority of cases. The danger proceeds from obstruction to the current of air to and from the air-vesicles. The obstruction is incidental to the small size of the affected tubes; the swelling of the mucous membrane, and the presence of muco-purulent liquid, which, in the larger tubes, do not interrupt the free passage of air during the respiratory acts, here occasion serious interference, and, as the tubes in both lungs are affected, fatal apnœa is liable to be produced.

The anatomical characters, as regards the mucous membrane, are essentially the same as in ordinary bronchitis. The membrane is more or less reddened, swollen, and softened, and the tubes are more or less filled with muco-pus. The obstruction due to the contents of the tubes may lead to collapse of a greater or less number of pulmonary lobules. Portions of the lungs are apt to become œdematous. Abnormal dilatation of the air-cells of the anterior portions is another effect, and, in some cases, the condition known as emphysema becomes developed in a great degree. Although the inflammation reaches so near the bronchioles and air-cells, it does not tend to extend into the latter; in other words, capillary bronchitis does not eventuate in pneumonitis. Cases in which these two affections become combined, if they occur, are rare exceptions to the rule.

The mechanical obstruction, and the incidental circumstances just stated, afford an explanation of the symptoms which make up the clinical history of this variety of bronchitis; and, as regards its clinical history, it presents a striking contrast to ordinary acute bronchitis. The respirations are frequent in proportion to the severity of the case. In young children they may be increased to sixty or seventy per minute. Dyspnœa exists in a degree corresponding to the acceleration of breathing. In severe cases it amounts to orthopnœa, the patient keeping the sitting posture, and suffering extremely from the want of breath. The speech is short and jerking; the alæ nasi dilate; the face is congested and swollen, and the countenance expresses anxiety and distress. Lividity is marked in proportion to the extent to which the respiratory function is compromised. There is great restlessness. The pulse is notably frequent, but not accelerated in proportion to the respirations. Cough and expectoration are more or less prominent; the former being difficult and ineffectual from the want of breath, the latter consisting of muco-purulent matter.

The symptoms distinguish sufficiently capillary from ordinary bronchitis, but they do not always suffice for the discrimination of this from other affections. It should never be confounded with laryngeal affections, occasioning obstruction (acute laryngitis and croup), for in these affections the voice is affected, the cough is characteristic, and the respirations are labored, but not notably accelerated. Attention to the points just named will show the affection to be seated within the chest. The diseases with which it is most liable to be confounded are pneumonitis, asthma, and ordinary acute bronchitis, with collapsed lobules It may generally be discriminated from these affections by means of physical signs, taken in connection with the symptoms. The resonance on percussion is not diminished in capillary bronchitis, and it may be greater than in health, owing to an emphysematous condition of the air-vesicles. The presence of muco-purulent liquid in the small tubes gives rise to the subcrepitant rale, commingled with coarse and fine mucous or bubbling sounds. As the affection is bilateral, these moist bronchial rales, produced in the small tubes and those of larger size, are heard on both sides, and especially on the posterior aspect of the chest. The respiratory murmur is weakened. I have known the anterior, superior, and middle portions of the chest, in a young child, to become largely dilated, presenting the characteristic deformity of long-continued and great emphysema, and this appearance to disappear after recovery. These are the signs belonging to capillary bronchitis.

Pneumonitis is to be excluded by the absence of the symptoms and signs proper to that disease. Dulness on percussion, extending over one or more lobes, is wanting. Pneumonitis is generally abruptly developed, and is not, as a rule, preceded and accompanied by general bronchitis. It is rare for pneumonitis affecting but one lobe to occasion so much disturbance of the respiration as takes place in severe cases of capillary bronchitis. The crepitant rale, if it be present, denotes pneumonitis, and, if this affection exist and have advanced far enough for the subcrepitant rale to become developed, the latter is confined to one side only, except in the rare instances in which the pneumonitis is double.

Asthma generally is accompanied with little or no febrile movement. The respirations are not rapid but labored, the labor being especially marked in expiration. It is accompanied by loud sibilant and sonorous rales. It is a paroxysmal affection, the dyspnœa not persisting as in capillary bronchitis. And, unless the case happens to be one in which asthma is experienced for the first time, the liability of the patient to this affection is known.

The discrimination from ordinary acute bronchitis with collapsed lobules is more difficult. Collapse of pulmonary lobules is incidental to capillary as well as ordinary bronchitis in young children, but the extension of inflammation to the smaller tubes involves, with this contingency, a far greater amount of danger than belongs to cases in which the inflammation is limited to the larger tubes. The differential diagnosis must be based on the gravity of the symptoms, the clearness of the resonance on percussion, and the diffusion over both sides, of the subcrepitant rale:

Pleuritis with large effusion may give rise to accelerated breathing, lividity, etc., but this affection is readily excluded by the absence of the signs denoting the accumulation of liquid in the pleural cavity.

Capillary bronchitis occurs especially in young children, and next in frequency in the aged, but it is occasionally met with in adults. It is always a disease of gravity, but more particularly so at the two extremes of life. In young children and the aged, it proves fatal in a very large proportion of cases. It destroys life, in some cases, very rapidly. I have known it to prove fatal in less than twelve hours after the symptoms denoted gravity of disease. The average duration in fatal cases in children is from three to five days. The duration is longer in adults. In cases ending in recovery, convalescence becomes established after a duration varying from one to two weeks. Happily, it is by no means a disease of frequent occurrence even in young children. In the mode of dying, apnœa predominates; and the progress toward a fatal termination is denoted by increasing lividity, the pulse becoming more and more frequent and feeble, the skin covered with clammy perspiration, the labor and frequency of the respirations, together with cough and expectoration, diminishing, toward the close of life, from muscular prostration.

Treatment.—Bloodletting may be employed at the onset, under the conditions by which the employment of this remedy in other inflammatory affections is to be regulated. It is not admissible in feeble subjects, and in employing this or any other debilitating measure, the physician should not lose sight of the fact that it is important to economize the strength in order that the laborious efforts of breathing may be carried on for a length of time sufficient for the resolution of the disease. The danger and distress incident to the disease arise chiefly from the deficiency of fresh supplies of atmospheric air in the air-cells; and if bloodletting be injudiciously practised, the patient suffers from the want of both blood and air. The importance of economizing strength should also enforce circumspection in the use of saline depletants and sedative remedies. These should not be pushed to the extent of producing prostration. The difficulty consists in mechanical obstruction which neither these nor any therapeutical measures will immediately remove. The safety of the patient depends on the maintenance of life until the disease passes through its career.

Emetics in young children are advisable for a reason already stated, viz., to supply the want of voluntary efforts of expectoration. Care, however, is to be taken not to repeat them so often as to occasion exhaustion. Laxatives are useful by diminishing the contents of the intestines, and thereby giving space for the more effective action of the diaphragm in respiration. Revulsive applications to the chest are useful, but blisters are of doubtful utility.

The great object being to carry the patient safely through the disease, supporting measures are early indicated, and they are important in proportion as the symptoms denote failure of the vital powers.

EPIDEMIC BRONCHITIS.

For the last four or five centuries, medical observers have noted the occurrence, from time to time, of an epidemic affection characterized by bronchitis. In most countries it is commonly known by the name of *influenza*, after a term introduced by the Italian writers in the seventeenth century. In France it is called *la grippe*. As an epidemic, it is remarkable for its extensive and rapid diffusion, sometimes extending, within a brief period, over many different and widely separated countries. During its prevalence, a vast number of persons of all ages are simultaneously affected. In some epidemics the fatality has been large, but, in most fatal cases, other affections are developed, more especially pneumonitis. The fatality is limited chiefly to the aged and to persons with feeble constitutions.

Influenza differs materially from ordinary acute bronchitis. The bronchial affection is not more intense, but, commencing usually with coryza, the inflammation is apt to extend to the frontal and maxillary sinuses, to the lachrymal ducts and conjunctiva, and into the Eustachian tube. Frontal headache is a prominent symptom. It is accompanied by more marked general symptoms than ordinary bronchitis, viz., chills, febrile movement, lassitude, debility, anorexia, etc. It is apt to end in free perspiration or with diarrhœa. The disturbance of the system is out of proportion to the pulmonary symptoms. It is a general rather than a local disease. The bronchitis is not idiopathic or primary, but the local expression of a constitutional affection. It is an essential fever, not merely a local inflammation with symptomatic febrile movement. It is a peculiar species of fever, running a brief career, with bronchial inflammation as its anatomical characteristic.

A special cause is involved in the production of this as of every other epidemic disease. The nature, source, and mode of reaction of the special cause of this, as of other epidemics, are unknown. It has been attributed to ozone in the atmosphere by Schœnbein and others, to animalculæ by Holland, and to cryptogamous productions by the late Prof. Mitchell, of Philadelphia. These different views respecting its causation rest solely on speculation. The special cause doubtless exists in the atmosphere, but it is independent of appreciable atmospheric changes. This fact was exemplified in the Massachusetts General Hospital during the extensive prevalence of this epidemic in 1832. Nearly all the patients in the hospital were affected, although the wards were kept day and night at a uniform temperature.

The disease is generally mild, but, as already stated, it is liable to lead to the development of local affections, other than bronchitis, and may in this way prove fatal. Dr. Gairdner's observations go to show that during the prevalence of influenza other diseases are unusually severe, and the rate of mortality from all diseases is increased. The duration of an attack of influenza is from three to six days.

In the treatment of epidemic bronchitis the physician must not regard the febrile movement as symptomatic fever. This error might lead to needless depletory measures. Bloodletting is rarely, if ever, required. In healthful, vigorous subjects, brisk purging has seemed to me useful. This should not be resorted to if the patient be feeble or advanced in years. Aside from purgation, diaphoretic remedies and opium will meet the therapeutic indications. Pneumonitis, or other associated affections, will claim appropriate treatment, but debilitating or depressing measures are to be employed with greater circumspection than if the affections were primary. In aged and feeble persons tonic and supporting measures may be highly important.

BRONCHITIS WITH EXUDATION OF FIBRIN.

A variety of bronchitis is characterized by the exudation of fibrin on the inflamed mucous surface. This characteristic feature is expressed by the names diphtheritic, pseudo-membranous, plastic, croupous, which have been applied to it. Bronchitis with this feature is frequently associated with inflammation of the larynx and trachea, attended with a similar exudation, constituting the affection known commonly as true croup, and occurring also in certain cases of diphtheria. But reference is here made to bronchitis with this peculiarity, occurring independently of a similar affection of the larynx and trachea. Exclusive of the cases in which it accompanies croup and diphtheria, it is an extremely rare variety of bronchitis. The exudation is the same in character as that which takes place in the affections just named. It forms a dense membraniform layer, which at first is closely agglutinated to the mucous surface, but, sooner or later loosened and detached by a suppurative process, is at length expectorated, if the life of the patient be sufficiently prolonged. When expectorated, the false membrane, as it is called, either has the form of patches or strips, or it is thrown off entire from portions of the bronchial tubes, and when carefully displayed, may be found to consist of casts representing more or less of the bronchial subdivisions, presenting an appearance like boiled maccaroni.

The inflammation in cases of bronchitis with fibrinous exudation is either acute, subacute, or chronic. Occurring in young children, it may occasion sufficient obstruction to compromise seriously respiration, and frequently proves fatal. Affecting adults, however, if not complicated with other grave affections, such as phthisis or pneumonitis, it rarely destroys life; and in the majority of cases the recovery is complete. I have met with a case in which it was associated with asthma and emphysema.

There are no symptoms or signs by means of which the diagnosis of this variety of bronchitis can be made out prior to the expectoration of false membrane. When this occurs the character of the affection is, of course, manifest. This expectoration is preceded and accompanied by violent paroxysms of coughing. It is followed by a muco-purulent expectoration, which may be bloody. The symptoms are relieved by the removal of the fibrinous exudation or casts. The expectoration of the latter may be repeated after intervals of days, weeks, months, or even years. The character of the disease, if it prove fatal before the expectoration of false membrane takes place, may be suspected, but the symptoms and signs only show the existence of bronchitis, with obstruction of bronchial tubes, and, perhaps, collapse of pulmonary lobules.

The principles of treatment are essentially the same as in cases of acute or chronic bronchitis without this peculiar feature, and need not be separately considered.

CIRCUMSCRIBED BRONCHITIS.

As already stated, when bronchitis is circumscribed it is incidental to some other pulmonary disease. It is developed in pneumonitis, being limited to the lobe or lobes affected, and is the chief source of the expectoration in this disease if it do not go on to the suppurative stage. It occurs in pulmonary tuberculosis, and is limited to the tubes in proximity to the seat of the deposit of tubercle. The bronchitis in this disease furnishes the expectoration prior to the softening and discharge of the tuberculous matter. The circumscribed bronchitis, in cases of tuberculosis, gives rise to physical signs of importance in diagnosis. As thus developed, bronchitis claims no special attention in a therapeutical point of view.

CHRONIC BRONCHITIS.

Subacute, persisting inflammation of the bronchial mucous membrane, constitutes chronic bronchitis. It is generally a sequel of the acute variety of the disease, but the inflammation may be subacute from the first. It is far less frequent than acute and subacute bronchitis. It occurs much oftener in aged persons than during the early and middle periods of life. In fact, exclusive of the cases in which it is associated with asthma and pulmonary emphysema, it is a rare affection prior to old age.

The anatomical characters are, redness, swelling and softening of the membrane, these changes being either uniform within the affected tubes, or limited to irregular patches. The affected tubes are found after death to contain more or less muco-purulent matter like that expectorated during life. Contingent morbid changes are, solidified nodules caused by collapse of pulmonary lobules, dilatation of bronchial tubes, and frequently emphysema affecting especially the anterior superior portions of the lungs.

The symptoms relating directly to the bronchial inflammation, are essentially the same as in acute bronchitis, differing only in intensity, but, connected with these symptoms, frequently, are others proceeding from associated affections.

Pain is generally wanting, or the patient complains only of a sense of uneasiness or constriction beneath the sternum. If cough be frequent and violent, soreness may be felt at the base of the chest on both sides, or at the epigastrium, due to the traction of the diaphragm on the ribs. Febrile movement is slight or wanting. A slight exacerbation of fever at night is observed in some cases. The appetite may continue good, or it may be more or less impaired. The nutrition is frequently not much, if at all, affected.

The loss of weight, with the continuance of the disease, is not marked, as it usually is in cases of pulmonary tuberculosis. The patient usually does not present pallor or a notably morbid aspect.

More or less cough always exists. In frequency and severity this symptom varies much in different cases. It is paroxysmal, violent, and difficult in proportion to the small quantity and tenacity of liquid products within the affected tubes. The expectoration also varies much in different cases. It is sometimes abundant, consisting of mucus with serous transudation. When the latter is copious, the affection has been called *bronchorrhœa.* It may consist of large, solid, greenish or ash-colored sputa, and in some cases small pearl-like masses are raised after much coughing. The sputa may at times be streaked with blood. In general, the expectoration is muco-purulent, the purulent characters not unfrequently predominating, and sometimes it appears to consist of pure pus. Formerly it was thought to be highly important to determine whether the expectoration was purulent or not, the presence of pus being supposed to denote something more than bronchitis. This is now deemed a point of comparatively little importance, since it is ascertained that pus may be formed on a mucous surface. A very copious expectoration of pure pus, however, does point to some other source than bronchitis, such as the discharge of a tuberculous abscess, the third stage of pneumonitis, abscess of liver evacuating through the lung, empyema with perforation, etc. The diversified characters which belong to the expectoration in different forms of disease are of less value in a diagnostic view than was formerly supposed, since the knowledge which has been acquired of physical signs furnishes a far more reliable source of information respecting intra-thoracic conditions.

Chronic bronchitis, of course, involves the same causes as the acute in the cases in which it is preceded by the latter. It may be produced and maintained by the inhalation of irritating particles of stone or metal in the exercise of certain occupations. It is supposed to be one of the varied local affections attributable to the syphilitic poison. Its continuance, in some cases, is referable to organic affections of the heart, consisting of obstructive or regurgitant mitral lesions. These act by inducing pulmonary congestion. It is an affection incidental to old age, occurring without any obvious causative agencies. It occurs in youth and middle age, irrespective of apparent causes, and is often associated with asthma and emphysema. To these affections it stands in the relation of a cause rather than an effect. In cold latitudes it is sometimes manifestly dependent on climatic causes, recurring with each successive winter, and disappearing during the summer season, or on removal to a warm climate.

It is not an affection which tends directly to destroy life. In the aged it may sometimes dispose to the development of capillary bronchitis, and thus, indirectly, prove serious. In connection with the feebleness of advanced years, it may lead to collapse of pulmonary lobules, and, in this way, shorten life. Its existence in a patient prostrated with any other disease involves danger from the accumulation of morbid products in the bronchial tubes, which may be the immediate cause of death by apnœa. It may lead to the development of asthma and pulmonary emphysema, affections which, although not immediately dangerous, diminish the duration of life. Aside from these contingencies, the evil to be apprehended relates to the permanency of the affection. It is liable to become established, persisting for years, and, in aged persons, for the remainder of life. The existence of chronic bronchitis does not involve an increased liability to the development of pulmonary tuberculosis, but, perhaps, the reverse.

The diagnosis of chronic bronchitis involves discrimination from pulmonary tuberculosis. This would be difficult, and, indeed, sometimes impossible, were the investigation to be limited to the symptoms; hence, before physical signs were studied, these two affections were of necessity confounded. The importance of making the discrimination is obvious in view of the great difference between the affections as regards prognosis. The differential diagnosis cannot be fully considered without anticipating the consideration of pulmonary tuberculosis. It will suffice to state that it is to be based mainly on the absence of the symptoms and signs which are diagnostic of the latter disease. In other words, it is concluded that pulmonary tuberculosis does not exist, from negative evidence, or reasoning by way of exclusion. The results of physical exploration, as just stated, are mainly to be relied upon, but the absence of symptoms which belong to the clinical history of tuberculosis, is also to be considered, such as progressive, marked emaciation, hæmoptysis, and accelerated breathing. These symptoms are wanting in chronic bronchitis. The physical signs in this variety of bronchitis are the same as in the acute form, viz., the dry and moist bronchial rales, the resonance on percussion and the vocal resonance unaffected, the respiratory murmur weakened and sometimes suppressed over a portion of the chest from temporary obstruction of bronchial tubes.

The coexistence of pulmonary emphysema is to be determined by symptoms and signs diagnostic of this affection, which will be considered hereafter.

In the treatment of chronic bronchitis bloodletting or other depletory measures are very rarely, if ever, indicated. The affection seldom exists under circumstances which render it desirable to lower the powers of life. Counter-irritation by means of croton oil, or stimulating liniments, is sometimes useful. The diet should be nutritious but not stimulating, consisting of milk, eggs, fowl, fish, and farinaceous articles. Meat, however, is not to be interdicted if the system be enfeebled. Wine and alcoholic stimulants are to be avoided, excepting when measures to support or strengthen the system are indicated. Attention to the surface of the body is important. In a cold climate woollen or silk garments should be worn next the skin. An undergarment of buckskin or chamois leather, worn over light woollen or silk, affords, during cold weather, great protection, and saves the inconvenience of an undue quantity of clothing. The object is to secure a uniform temperature of the surface, and maintain the functions of the skin.

Medicines may be employed with a view to palliation and cure. If cough be troublesome, exceeding the amount requisite for expectoration, soothing remedies are called for. Opium, however, is to be prescribed with circumspection, in the first place, lest the habit of using it be formed. This is a consideration to be taken into account in all chronic affections. And, in the second place, in feeble subjects, and under circumstances in which there may be danger from an accumulation in the bronchial tubes, serious consequences may sometimes follow the blunting of that sense of the presence of morbid products which leads to their removal by efforts of expectoration. Moreover, the use of opium tends to impair the digestive powers. For these reasons, other anodynes, such as hyoscyamus, conium, belladonna, and hydrocyanic acid, are generally to be preferred.

As a rule, the remedies which are given as expectorants are not indicated. The nauseant expectorants do harm by their depressing effect, and by disturbing the appetite and digestion. The stimulant expectorants, such as squill, senega, etc., are of doubtful efficacy, and, if not useful, are more or less hurtful.

Certain remedies, however, sometimes exert a curative effect. This is true of the balsam of copaiba. I have known this remedy to act almost as a specific; yet, in many cases, it has little or no effect. The iodide of potassium, also, in some cases is remarkably efficacious; but in other cases it is useless. The chlorate of potassa is sometimes a useful remedy. The muriate of ammonia is by some considered a valuable remedy. Other remedies which have been found serviceable are naphtha, sulphur, and cubebs.

Frequently marked benefit, as regards the bronchitis, is derived from tonic remedies in conjunction with measures to invigorate the system. The salts of quinia, and the preparations of iron are often highly useful. These and other tonic remedies are indicated if the powers of the system be reduced, or the patient be anæmic. A generous diet is to be conjoined, and wine or alcoholic stimulants may be taken moderately with advantage. Out-door life, in such cases, should be added. This plan of treatment is applicable to a pretty large proportion of the cases of chronic bronchitis. To improve the general health, and restore vigor, are important objects in the treatment of this, as of any chronic local affection.

The inhalation of medicated vapor has, of late years, been revived, and, at this moment, is a popular form of empiricism. Soothing remedies administered in this way are not without utility in certain cases. The vapor of warm water impregnated with opium or conium sometimes affords relief of cough and uncomfortable sensations within the chest. Breathing, from time to time, chloric ether or chloroform, with a few respirations, will sometimes prove very efficacious in palliating an irritable, teazing cough. Inhalations, with a view to a local curative action, are rarely beneficial, and are liable to aggravate the pulmonary symptoms. Chlorine, iodine, and tar vapor have been used for this purpose.

It is an object of treatment, in some cases, to diminish the amount of expectoration when this is excessive. For this end astringent remedies may be employed, such as tannic acid, the persulphate or pernitrate of iron, and the preparations of zinc. After a bronchitis, however, has become habitual, especially in the aged, it sometimes appears to be, as it were, an element of health. At all events, patients complain of the discomfort arising from the suspension or diminution of the expectoration, and, for this reason, opiates do not procure relief. Under these circumstances, expectorants are useful as palliatives.

Change of climate is sometimes advisable. A removal from a cold and variable climate, to a situation in which the temperature is mild and equable, may be attended with marked relief, and perhaps lead to recovery. Benefit may be looked for especially in the cases in which immunity from the disease or marked amelioration is experienced during the summer season. The trial of change of climate is particularly advisable in the cases in which emphysema is becoming developed in connection with the bronchitis.

CHAPTER VII.

Emphysema of the Lungs—Interlobular or Interstitial Emphysema—Subpleural Emphysema—Vesicular Emphysema or Dilatation of the Air-Cells—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Asthma—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment.

In the order of pulmonary diseases, emphysema and asthma naturally follow bronchitis, from the fact that they involve the latter disease in the great majority of cases. Emphysema, elsewhere than within the chest, denotes the presence of air in the areolar or connective tissue. It may denote the same condition as applied to the lungs. A form of emphysema of the lungs consists in the extravasation of air into the areolar tissue which unites the pulmonary lobules. This is distinguished by the name of *interlobular* or *interstitial emphysema*. It arises from rupture of the air-cells, establishing a communication between the latter and the interlobular areolar tissue. The accumulation of air in this situation widens the interlobular spaces at the expense of the lobules, and thus diminishes their functional capacity. The air traversing the areolar tissue at the root of the lung may find its way into the subcutaneous areolar tissue of the neck, and become diffused over more or less of the entire body. This sometimes follows perforating wounds of the chest or injury of a lung by the extremity of a fractured rib. Another situation of the same form of emphysema is the subpleural areolar tissue. In this situation the air sometimes detaches the pleura so as to form air-blebs or tumors of greater or less size. These are not unfrequently found after death. They are occasionally quite large. I have seen a pleural air-tumor as large as an English walnut. Bouillaud has reported a case in which a tumor existed as large as the stomach. Of course, in proportion to their size, they interfere with the full expansion of the lung, and in this way interfere with the function of respiration. They are liable to rupture during life, and pneumothorax, with or without pleuritis, may thus be produced. Cases of pneumothorax, in which recovery takes place, probably exemplify this accident, and an instance, supposed to be of this kind, has been given in a preceding chapter.

By the term emphysema, however, as applied to the pulmonary organs, is generally meant an abnormal accumulation of air within the air-vesicles. To distinguish this from the other forms just noticed, it is called *pulmonary* or *vesicular emphysema*. It has also been called *rarefaction of the lungs*. As the accumulation of air is an effect of a morbid increase of the size of the cells, the simple term *dilatation of the air-cells* expresses correctly the pathological condition. This condition is to be understood as constituting the affection under consideration.

An emphysematous condition, limited to a few lobules, is frequently incidental to the deposit of tubercle, and occurs in various pathological connections. Under such circumstances, it is not entitled to be regarded as constituting an individual disease. In the latter sense, the term emphysema denotes a greater diffusion of this condition, and, as a rule, the affection is bilateral or symmetrical. Emphysema more or less diffused is sometimes called *lobar*, and it is called *lobular* when limited to comparatively a few lobules.

ANATOMICAL CHARACTERS.—As a rule, the lungs affected with lobar emphysema are increased in volume. They remain expanded when the chest is opened, not collapsing under atmospheric pressure, as they do in a healthy condition. Their contractility is thus impaired. They crepitate on pressure less than healthy lung. The cells are enlarged so as to be plainly visible through the serous covering with the naked eye in the superficial lobules. They may be dried without collapsing, and, on section, frequently present spaces varying in size from a pin's head to a bean, and sometimes much larger. These are produced by rupture of the intercellular septa and coalescence of more or less of the cells. In some specimens these cavities are so numerous and large that the affected organs resemble the lungs of the batrachian reptiles. According to Dr. Gairdner, traces of collapsed lobules may generally be found on careful examination. The enlargement of volume may be sufficient to cover the heart and depress it downward and forward toward the epigastrium. The diaphragm may be flattened and depressed, pushing downward the organs situated beneath it. These changes denote emphysema existing in a great degree and extensively diffused. Existing in a less degree and not embracing all the lobules of the affected lobes, the emphysematous portions are distinguished by their prominence, dryness, and exsanguine appearance. The bronchial tubes are sometimes dilated. Evidence of coexisting bronchitis is generally present. The right side of the heart is usually dilated if the emphysema be extensive. The emphysema is rarely equal in the two lungs, and the predominance is usually on the left side. The upper lobes are much oftener affected, or affected to a greater extent, than the lower lobes, and the affection is more marked in the anterior than the posterior portion of these lobes.

In some cases the emphysematous condition appears to be due chiefly to destruction of the intercellular septa from atrophy, and the volume of the lungs is not much, if at all, increased. The emphysema in these cases is peculiar to aged persons, and has been distinguished as senile emphysema.

Emphysema, developed in a person free from tubercle, undoubtedly diminishes the liability to tuberculous disease. The two affections are rarely associated, exclusive of the cases in which pulmonary lobules in the vicinity of tuberculous deposits, become secondarily emphysematous. In these cases the emphysema is lobular. The condition of emphysema is, also, to some extent, incompatible with hæmoptysis. Pneumonitis, as a rule, is not developed in an emphysematous patient. I have met, however, with several exceptions to this rule.

CLINICAL HISTORY.—Emphysema, existing to an extent to compromise considerably the respiratory function, is characterized by habitually labored breathing, and inability to take active exercise without suffering from want of breath. The laborious breathing is manifested in both respiratory acts, but especially in expiration. The rhythm of the respiratory acts is altered; the inspiration is shortened, and the expiration prolonged. As chronic bronchitis generally coexists, cough and expectoration are habitually more or less prominent as symptoms. The cough is usually violent, paroxysmal, and characterized by a series of prolonged, spasmodic expiratory efforts, as in hooping-cough. The expectoration varies much in different cases as regards quantity and character. The acts of expectoration are difficult, and the sputa are frequently accompanied by an abundant, frothy, serous liquid, resembling soapsuds. Not unfrequently sputa streaked with blood are expectorated.

The affection is chronic, and unaccompanied by febrile movement. The pulse is feeble and the body cool. Owing to an accumulation of blood within the right cavities of the heart, the surface of the body presents venous congestion, and this, together with deficient oxygenation of the blood, may give rise to a cyanotic hue. In extreme cases lividity is marked. The paroxysms of coughing are accompanied with great congestion of the face and turgescence of the cervical veins. Symptomatic phenomena, aside from those referable to respiration and circulation, are accidental. The appetite and digestion may not be notably impaired; the body, for a considerable period, may be well nourished, but, after a time, slow, progressive emaciation takes place. The countenance has an expression of distress, which, conjoined with tumidity, and a dingy or livid hue, renders the physiognomy somewhat characteristic.

These symptoms accompany the affection when it exists to an extent to compromise considerably respiration. Existing in a moderate or slight degree, there is no habitual want of breath or labor of breathing. But the respiration is disturbed by active exercise; the patient finds himself short-winded, if he attempts to run or walk fast, and this difficulty is apparent, also, in speaking, singing, and especially in paroxysms of laughter. Cough and expectoration are usually present, having the same characters as when the affection exists to a greater extent, but less marked. Congestion, tumidity, and lividity are present, not habitually, but only during paroxysms of coughing or any violent physical exertion. The functions of the body generally may present little or no disturbance. Different cases exemplify all gradations between the two extremes, as regards the symptoms belonging to the affection existing to a great extent and in a slight degree.

Most persons affected with emphysema are subject to paroxysms of labored respiration and dyspnœa, which are due to another affection, viz., asthma. The two affections—emphysema and asthma—although so often associated, are, pathologically, distinct, and the latter will be considered under a distinct head. Acute ordinary bronchitis, occurring in a person affected with emphysema, occasions symptoms of embarrassed respiration, which do not belong to the clinical history of bronchitis occurring in a healthy person. The reason of this is to be found in the pathological character of emphysema.

The development of emphysema is generally slow. In the majority of cases, the previous history shows the commencement of the affection, as indicated by deficiency of breath on exercise, to be dated back many years, frequently extending to childhood, and, not unfrequently, beyond the recollection of the patient. Exceptionally, it may be developed with rapidity. I have known it to occur, in a marked degree, during the progress of capillary bronchitis. The affection has no fixed duration, usually continuing, and progressively increasing, during the patient's lifetime.

PATHOLOGICAL CHARACTER.—The form of emphysema under consideration is a lesion which consists in permanent dilatation of the air-cells, with, frequently, more or less destruction of the cell-walls and coalescence of the cells. In so far as destruction of cells takes place, it is obvious that the area of the respiratory surface is diminished, and the function of respiration in this way compromised. The dilatation of the cells involves a loss of the elasticity of the lungs, so that the accumulation of air within the cells offers an obstacle to the contraction of the chest in the act of expiration. Consequently, the air in the cells is not sufficiently renewed for the purpose of respiration; the air stagnates in the cells. In this way the affection compromises the respiratory function. The distension of the cells involves pressure upon the terminal branches of the pulmonary artery, and in this way the pulmonary circulation is obstructed. This obstruction is further increased by the diminished activity of the respiratory function. The obstruction to the pulmonary circulation occasions an over-accumulation of blood in the right cavities of the heart; hence the venous congestion of the face and neck, and, to a greater or less extent, of the surface generally, with, in some cases, the phenomena of cyanosis. Hence, too, sooner or later, supervenes dilatation of the right side of the heart.

The pathological character of emphysema furnishes an explanation of the symptoms which make up the clinical history of the affection. When the respiratory function is so far compromised that the functional capacity of the lungs is insufficient while the respiratory acts are performed without effort, the want of breath is felt and the respiration becomes labored. But if the emphysematous condition be slight or moderate, no difficulty is experienced habitually, because there is still functional capacity enough for ordinary respiration. The quantity of lung in health exceeds the amount required;

there is a reserve provided for any unusual demand on the respiratory function, as in muscular exercise. If, therefore, the extent to which the respiratory function be compromised, do not exceed the amount of lung held in reserve, no difficulty is experienced, save when an extra demand is made on the function. Under these circumstances, exercise, which involves an extra demand, cannot be taken without the want of breath being felt. The patient who is habitually using the lungs to their fullest functional capacity, is disturbed by any interference with respiration. Ordinary bronchitis, which in a healthy person only requires a little of the reserved lung to be brought into play (a fact of which the patient is not conscious), occasions, if there be no lung in reserve, difficulty arising from the slight diminution of the calibre of the larger bronchial tubes which is incident to this disease; hence, patients with emphysema existing to much extent, suffer from dyspnœa and labored breathing in ordinary bronchitis. The cough in connection with emphysema arises from the coexisting bronchitis; and the difficulty of expectoration is in consequence of the impaired elasticity of the lungs, the expiratory efforts in coughing not being brought to bear readily on the contents of the bronchial tubes.

The venous congestion of the face, and surface generally, is due to obstruction caused by over-accumulation of the right cavities of the heart. The lividity is, in a great measure, due to the same condition, but in part, perhaps, to deficient oxygenation of the blood. The smallness and weakness of the pulse also proceed from an obstruction to the free passage of the blood through the pulmonary circuit.

CAUSATION.—The mode in which dilatation of the air-cells is produced, has, of late, given rise to much discussion, which has not led to unanimity of opinion. Laennec, who was the first to describe distinctly this lesion, attributed it to obstruction of the bronchial tubes from the products of bronchitis. Regarding the inspiratory act as more powerful than the expiratory, he supposed air to be forced through imperfectly obstructed tubes in inspiration, and to remain imprisoned in the cells in consequence of the want of sufficient expulsive force in expiration. The dilatation, according to this theory, is produced by the rarefaction of the imprisoned air by heat, and by the reaction of the force of expiration in coughing, etc., upon the cells already filled with air. This theory is certainly not tenable in view of the fact that, of the two acts of respiration, the expiratory is the more forcible. This being true, the more powerful the efforts of expiration, in coughing, etc., the less ought to be the liability of accumulation of air in the cells communicating with obstructed tubes. An explanation of the mode of production has recently been advocated by Dr. Gairdner, of Edinburgh, which differs essentially from the theory of Laennec. Dr. Gairdner attributes the affection to obstruction of bronchial tubes incident to bronchitis. But he supposes that the obstruction from collections or plugs of mucus leads to collapse, instead of dilatation, of the cells which communicate with the obstructed tubes, in the manner already adverted to in the chapter on bronchitis. The current of air in the act of expiration may remove the mucus from its situation in tubes of small size, into larger tubes, where the obstruction is less; but the effect of the inspired current will be to carry it back from the larger to the smaller tubes, the mucous plugs thus acting like a ball-valve, obstructing the entrance of air to the cells, but permitting the escape of air from the cells. Moreover, owing to the greater force of the expiration, the expired air may be driven past obstructions which arrest the current of air in inspiration. Collapse of more or less of the pulmonary lobules being thus produced, a larger amount of air enters the cells communicating with unob structed tubes, and these cells become consequently dilated. The dilatation of cells, in other words, is supplementary to the diminished volume of the lungs due to collapsed lobules, and is produced, under these circumstances, in the act of inspiration. In support of this explanation, Dr. Gairdner states that observation shows the tubes connected with emphysematous lobules to be unobstructed, and that close examination of lungs affected with emphysema will show the traces of collapsed lobules. Moreover, experiments of introducing into the air-tubes in inferior animals foreign bodies, such as shot and wads of paper, have been found to lead to collapse of lobules connected with the tubes in which these bodies become lodged, and dilatation of lobules connected with other tubes. This explanation will account for the production of the emphysematous lobules so frequently found in proximity to tuberculous deposits, the latter inducing, in the first place, by collapse, diminished volume of the portion of the lungs in which they are situated.

There is reason to believe that prolonged, forcible efforts of expiration, as in long-continued exertions of lifting or pulling, or by voluntarily blowing through a partially obstructed tube, in the manner which has been to some extent practised as a means of preventing and curing consumption, the elasticity of the lungs may be diminished and permanent dilatation produced. It is well known that the chest may be in this way considerably enlarged, and deficiency of breath on exercise is sometimes a result. Expiratory efforts thus may sometimes co-operate with collapse of pulmonary lobules in the causation of emphysema. The paroxysms of hooping-cough and the labored efforts of breathing in attacks of asthma may act as auxiliary causes.

In the production of senile, or, as it has been called, atrophous emphysema, the point of departure appears to be atrophy and consequent rupture of the cell-walls, leading to coalescence of more or less of the cells. The atrophous condition of the cell-walls has been attributed by Rainey to fatty degeneration. Other observers, however, have failed to find sufficient evidence of this degenerative change.

Clinical observation shows that, in the great majority of cases, emphysema is not only accompanied, but preceded by bronchitis. It can hardly, therefore, be doubted that, whatever may be the *modus operandi*, bronchitis stands, in some way or other, in a causative relation to the affection.

Emphysema is to be reckoned among the hereditary affections. This fact was first established by the late Dr. James Jackson, Jr., of Boston, who found that in 18 out of 28 cases, one or both parents had been similarly affected. Dr. Fuller found this to be true of 26 out of 43 cases.[1]

The affection may be developed at any period of life. In a large proportion of cases its commencement is in infancy or childhood. Its slowly progressive increase explains the fact that patients frequently attain to middle life before the affection has advanced sufficiently to occasion great inconvenience. In a certain proportion of cases it is developed in old age, in these cases the anatomical characters consisting chiefly in destruction of the cell-walls from atrophy.

DIAGNOSIS.—The symptoms described under the head of the clinical history are of a character to render the existence of the affection probable in the cases in which it exists sufficiently to compromise considerably the respiratory function. The probability of the existence of the affection is increased by the coexistence of asthma in a large proportion of cases. The physical signs, however, render the diagnosis positive in these cases, and in the cases in which the affection exists in a moderate or slight degree the signs are indispensable to the diagnosis. In the latter class of cases, if asthma has not become developed, patients are often supposed to have phthisis by those who rely exclusively or mainly on the symptoms in making the diagnosis. I shall content myself here, as in treating of the diagnosis of other pulmonary affections, with giving a synopsis of the signs, referring the reader for a fuller exposition to works which treat at length of physical diagnosis.

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[1] Diseases of the Chest. London, 1862.

The enlarged volume of the upper lobes of the lungs in certain cases of emphysema gives rise to distinctive signs, obtained by inspection. The upper and middle thirds of the chest, on its anterior aspect, are expanded, and their form becomes globular or barrel-shaped. The obliquity of the ribs is diminished, and the angles formed by the junction of the ribs with the costal cartilages is more obtuse than in health. The inferior portion of the chest is relatively and actually contracted. The dorsal spine becomes curved anteriorly. In extreme cases, these changes amount to a deformity which is highly characteristic. The superior costal respiratory movements are lessened, and in laborious breathing the ribs and sternum are raised together, as if they formed a solid bony case. The lower anterior portion of the chest is contracted, and the soft parts above the clavicles and sternal notch are depressed in inspiration. The intercostal depressions are usually strongly marked. The heart's impulse is frequently seen and felt in the epigastrium, and is not appreciable in its normal situation.

These visible changes are present in cases in which the emphysema exists to an extent to compromise considerably the function of respiration, and in which the volume of the lungs is notably increased. The signs are more marked on the side in which the emphysema is greatest; this side being, in my experience, much oftener the left than the right. If the emphysema be comparatively slight or moderate, the size, form, and movements of the chest will not be sensibly altered. An abnormal relative fulness, however, may be observed on one side below, and perhaps above, the clavicle, with deficient superior costal movement. This disparity of the summit between the two sides, as regards size and mobility, is to be distinguished from a similar disparity due to contraction of one side from tuberculous deposit.

Percussion elicits an abnormally intense resonance, the character of the resonance being altered. The vesicular and tympanitic qualities are combined, or the resonance is vesiculo-tympanitic. This vesiculo-tympanitic resonance is more marked on the side corresponding to the lung which is most emphysematous. The exaggerated resonance being usually greater on one side, care must be taken not to consider the resonance diminished on the side in which it is least exaggerated. The pitch of the resonance is always higher on the side which yields the greater resonance, whereas, if the disparity be due to diminished resonance or dulness on one side, the pitch is higher on that side.

The murmur of respiration, as a rule, is weakened in proportion to the degree of the emphysema. If the affection exist to such an extent that the respiration is habitually labored, the inspiratory sound may be shortened (deferred) and the expiratory sound prolonged. The expiratory sound, however prolonged, is lower in pitch than the inspiratory, as in health. The changes in intensity and rhythm are the only modifications proper to emphysema. Not infrequently, over portions of the chest corresponding to parts of the lung which are not highly emphysematous, the labored efforts of breathing evolve an exaggerated vesicular murmur. The weakness and alteration of rhythm are likely to be more marked on the side corresponding to the greater degree of the emphysema. Sibilant and sonorous rales, due to coexisting bronchitis or asthma, are often present in cases of emphysema.

The normal relation between the two sides, as regards vocal resonance and fremitus, continues. In some cases, owing to the displacement of the heart, the resonance on percussion within the præcordial region is abnormally clear.

In arriving at the diagnosis by means of the foregoing signs, it is to be considered that other affections, such as tuberculosis, pleuritis, pneumo-hydrothorax, are excluded by the absence of signs which should be found if these affections existed. The signs are also to be taken in connection with diagnostic points embraced in the clinical history, viz., the character of the cough and expectoration, the absence of marked emaciation notwithstanding the duration of the pulmonary symptoms, and, in many cases, the coexistence of athsma.

PROGNOSIS.—Emphysema, even in the cases in which it is most marked, rarely, if ever, involves, in itself, immediate danger. It is not a fatal affection *per se*, but it diminishes the power in the system of resisting intercurrent or superadded diseases. It leads to enlargement of the heart, which further impairs the ability to overcome other diseases. But, aside from danger to life, it is an affection which, if it exist to an extent to compromise respiration, incapacitates for physical exertion, and renders life uncomfortable. Existing in a lesser degree, it is a source of much inconvenience and annoyance from the deficiency of breath on exercise.

In so far as it involves destruction of cell-walls, and the coalescence of cells, it is an irremediable lesion. And, in the majority of cases, the dilatation of the cells which takes place is permanent; the tendency, in fact, is oftener to increase rather than to decrease. I have known, however, marked improvement to take place, as shown by the physical signs. In a case in which the enlarged volume of the upper lobes was sufficient to give rise to the characteristic deformity in a marked degree, the improvement was so great that the chest nearly resumed its normal form. In so far, therefore, as the lesion consists in dilatation of the cells, it is not necessarily irremediable.

TREATMENT.—The treatment of emphysema has reference, first and chiefly, to the bronchitis with which it is generally associated. The object is to relieve, and, if possible, remove the bronchial inflammation which stands in a causative relation to the affection, and contributes to its increase. In proportion as the bronchitis is relieved, the condition of the patient is rendered more comfortable, notwithstanding the emphysema continues undiminished; the emphysema is less likely to increase, and it may undergo diminution.

With reference to this object, the measures to be pursued are those indicated in chronic bronchitis not connected with emphysema. The treatment, in fact, so far as this object is concerned, resolves itself into the treatment of chronic bronchitis, which has been considered in the preceding chapter. Trial should always be made of the iodide of potassium. The effect of this remedy is in some cases truly marvellous, but in other cases it produces little or no effect. It may not be amiss to remind the inexperienced practitioner that some persons cannot continue the use of this remedy, in consequence of great irritation of the fauces; and I have met with an instance in which it always produced violent vomiting and general disturbance. The eruptions on the face, to which it frequently gives rise, are an annoyance which may be submitted to, if it exert a curative effect as regards the bronchitis. When the remedy is well borne it may be continued, in moderate doses, for a long period without any unpleasant consequences. I have known it to be continued in five grain doses, three times daily, for a year, the patient finding that, under its constant use, he was nearly free from all pulmonary symptoms. In this case the emphysema was notably lessened. The chlorate of potassa should also be tried if the iodide of potassium prove ineffectual.

Other measures, already referred to in connection with chronic bronchitis, are to be resorted to, if the remedies just named fail of success. Tonic remedies, and the regulation of diet and regimen, with a view to invigorate the system, form an important part of the treatment. If these measures fail, change of climate, if practicable, should be advised.

As there is reason to believe that violent paroxysms of cough contribute to perpetuate and increase the dilatation of the cells, palliative remedies, for this symptom, are called for, provided the bronchitis, on which it depends, cannot be removed. The labored efforts of breathing in paroxysms of asthma probably have the same effect; and if this affection coexist, it is desirable, with reference to the emphysema, to relieve the paroxysms as speedily as practicable. It is important for the patient to avoid, as far as possible, attacks of acute bronchitis, and when they occur they should be cured as quickly as possible.

Exercise, in so far as it can be taken without inconvenience, is not to be interdicted; but exertions which induce labored breathing are to be abstained from. Prolonged efforts of expiration, as in public speaking, singing, and straining at stool, are to be avoided.

The form of emphysema distinguished as atrophous, or senile, admits of no permanent relief. Ethereal preparations and remedies to palliate dyspnœa, together with measures to support the system, comprise the treatment in these cases.

ASTHMA.

The term asthma has been applied, in a loose way, to dyspnœa dependent on different pathological conditions. As the name of an individual disease, it should be limited to one pathological condition, viz., obstruction of the smaller bronchial tubes from tonic spasm of the unstriped or organic muscular fibres forming a part of the anatomical constitution of the tubes. This will exclude dyspnœa due to disease of heart, called cardiac asthma, or to any affection which does not involve spasm of the bronchial muscular fibres. Asthma and emphysema have been confounded, and, indeed, considered by some writers as one disease; but, although very often associated, they are distinct affections, and each may exist without the other. Vesicular emphysema denotes a particular pulmonary lesion, viz., dilatation or coalescence of the air-cells; asthma is a neuropathic affection, and does not involve necessarily any appreciable lesion. Asthma has no anatomical characters. It is true that, in the great majority of cases, pulmonary lesions are found after death, viz., those which belong to chronic bronchitis and emphysema; but this fact only shows the frequent coexistence of these affections with asthma.

CLINICAL HISTORY.—Asthma is essentially a paroxysmal affection. It is characterized by the occurrence of paroxysms, which recur more or less frequently, and hence it belongs in the category of diseases which exemplify the principle of periodicity. The clinical history will therefore consist of an account of the characters which distinguish asthmatic paroxysms, together with the laws of their recurrence, and the condition of health in the intervals.

A paroxysm of asthma may commence without warning, or it may be preceded by certain premonitions. The latter are frequently experienced, provided the paroxysm be not produced by some obvious external cause. The premonitions vary in different cases. Patients who are subject to the affection are able often to predict an attack for some hours before its occurrence, sometimes by a sense of drowsiness or heaviness; sometimes, on the other hand, by an unusual excitation of the mind, and again, by sensations, the signification of which the patient has learned by experience, but which are not easily described. The paroxysm may be slowly developed, that is, an hour or two, and sometimes a longer period, may be required for its full development; or the attack may be sudden, and the intensity quickly reached. It takes place, in the great majority of cases, during the sleeping hours, and generally in the latter part of the night, or very early in the morning.

The paroxysm is characterized by laborious efforts of breathing prompted by a painful sense of the want of air, or dyspnœa. The patient is unable to lie down, but sits with the elbows on the knees, or resting on some solid support, the head thrown backward, the mouth open and gasping with each inspiration. The respirations are not increased, but may be less in number than in health. The inspiratory act is performed with a spasmodic effort, and the expiratory act is prolonged and accompanied with a wheezing sound. Speech is difficult from the want of breath, and words are uttered with interrupted efforts. Movements of the body are dreaded, and changes of position are made slowly. Cold air, from its density, affords some relief, and the patient desires the windows to be opened, without regard to chilliness of the body. The face is pallid, and sometimes presents with the pallor a cyanotic hue, which gives to the face a death-like appearance. Frequently, perspiration is profuse. Limpid urine, in great abundance, is passed frequently, especially at the commencement of the paroxysm. The pulse is small and feeble, due, doubtless, to an accumulation of blood in the right cavities of the heart, in consequence of obstruction to the pulmonary circulation. The surface of the body is cool or cold. The nostrils are widely dilated. The countenance denotes extreme anxiety and distress. Dr. Salter mentions a symptom which he has observed almost constantly, viz., an itching sensation under the chin, which the patient endeavors ineffectually to relieve by rubbing; and the same sensation is frequently felt on the sternum, and between the shoulders.

Paroxysms differ in severity. A patient suffering from a severe paroxysm presents a spectacle more distressing than can be well imagined; to one not familiar with the disease, he appears to be on the point of death. The suffering is considerable even when the paroxysms are so mild as not to present to the spectator a picture of great distress. Their duration differs. They may continue for a few moments only, or for several days. Usually, after continuing for a few hours, either partial or complete relief occurs. If the relief be complete, or nearly so, tranquil sleep follows, which is peculiarly sweet and refreshing. With the diminution of suffering there is usually cough, and more or less expectoration. The expectoration is frequently small, consisting, in some cases, of a few mucous pellets, semi-transparent, and of a jelly-like consistence. Cough and expectoration, if they have not existed prior to the attack, generally continue for several days afterward, unless the paroxysm have been quite mild and brief. The expectoration is sometimes streaked with blood, and occasionally a true hemorrhage or hæmoptysis takes place.

The paroxysms recur after intervals varying greatly in duration in different cases. They recur in some cases with great regularity after a stated period, and in other cases the recurrences are extremely irregular. Some patients suffer from a diurnal recurrence, and it is remarked by Salter that in these cases the affection is almost always associated with bronchitis or disease of the heart. Recurrence regularly after the interval of a week or a fortnight is not uncommon. Females sometimes have attacks only at the menstrual periods. Some persons experience an attack annually, and it may occur either in the winter or summer season. Examples of the latter are cases of so-called hay asthma, which will be noticed presently under another head. When the paroxysms recur irregularly, they are sometimes attributable to a particular exciting cause, but in other cases the reason of their recurrence is not apparent.

In the intervals the condition varies, the variations depending on the existence, or otherwise, of associated affections. Asthma is not infrequently associated with persisting chronic bronchitis, and, under these circumstances, more or less cough and expectoration are habitual. Emphysema is also a frequent concomitant, and deficiency of breath on exercise, or constant dyspnœa in proportion to the amount of emphysema, will characterize these cases. The habitual dyspnœa in these cases is due to the emphysema, and is not properly asthmatic. Enlargement of the heart is another affection not infrequently coexisting, which may give rise to more or less dyspnœa.

Pathological Character.—The pathological character of asthma has been already stated in defining the term as applied to an individual disease. It is a neuropathic affection, tonic spasm of the bronchial muscular fibres being induced by a morbid excitation through the nervous system. The exciting causes of the paroxysms doubtless exert their effect through the excito-motory or reflex function of the nervous system. It is true that bronchitis generally exists at the time of the occurrence of the paroxysms, but bronchitis exists often enough without asthma; and cases occur in which the spasm takes place independently of bronchitis. In the latter cases, the affection has been distinguished as nervous asthma; but, with the pathological view just presented, asthma is always nervous, and these cases differ from the majority only in the absence of coexisting bronchial inflammation. It is probable that inflammation renders the muscular fibres more prone to spasmodic action, and, in this way, is involved in the production of the affection, but not constituting an essential part of it. The distinction between asthma and emphysema has been already sufficiently stated.

Causation.—The occurrence of asthma involves a peculiar susceptibility in the bronchial muscular fibres to take on spasmodic action. This susceptibility does not exist in all persons. It constitutes a predisposition to the affection which characterizes certain constitutions. The majority of mankind, no matter to what influences they may be exposed, never experience this affection. The predisposition may be transmitted by inheritance. Of those who become asthmatics, so large a proportion have had parents or progenitors endowed with the same peculiarity of constitution, that there must be admitted to be, in some cases, an inborn and inherited predisposition. The fact of its being congenital is also shown by the occurrence of the affection not infrequently in early childhood and infancy, independently of any appreciable external causes. Whether the peculiar susceptibility be always congenital, or whether it be acquired in a certain proportion of cases, it is impossible to say. That the affection frequently does not occur until after youth, and is sometimes deferred until old age, and that it follows some other pulmonary affection, such as hooping-cough, bronchitis, or measles (which is frequently observed), is not proof that it does not involve an innate peculiarity of constitution.

For the development of the affection, certainly in most cases, in addition to the predisposition, exciting causes are requisite. The exciting causes are various, and the facts with regard to these show, in some persons, a remarkable susceptibility to particular agencies which upon most persons produce no morbid effect. A striking illustration of an idiosyncrasy, in this regard, is the variety of the affection commonly called *hay asthma*. The emanations from newly-mown hay produce, in some persons, coryza, bronchitis, and asthma, and the latter affection may never occur save when produced by this particular cause. The term hay asthma, however, is applied to cases occurring exclusively during the summer season, although the exciting cause may not proceed from hay. We meet occasionally with persons who suffer, for a certain period during the summer months, with asthma associated with coryza and bronchitis, and during the remainder of the year are entirely free from the affection. Sometimes the annual visitations on successive years occur precisely on the same date, and the duration is always about the same. For example, a medical friend of the author is attacked early in the September of each year with coryza and bronchitis, and subsequently paroxysms of asthma occur during the night. He continues to suffer from the former affections and the nightly recurrence of the asthma for six weeks. The affections then disappear, and, excepting for the period just stated, his health is excellent. This is a case of so-called hay asthma, but the attack takes place in the city, where he is not brought into close contact with newly-mown hay. The exciting cause is doubtless in the atmosphere, and probably proceeds from something emanating from the vegetable kingdom, but the particular agent remains to be ascertained. Perhaps, in different cases, emanations from different vegetable products are involved. In the case just referred to, relief and exemption are obtained by removing, at the period when the affections occur, to a situation devoid of, and distant from, vegetation. On going to sea, the affections are sure to disappear after sailing a certain distance from land.

A still more remarkable idiosyncrasy is exemplified in the author's personal experience. This consists in the production of coryza, bronchitis, and asthma by an emanation from feather beds or pillows. I had suffered repeatedly from attacks of these affections on sleeping away from home, especially in inns and steamboats, before the source was discovered. All feather pillows or even feather beds do not furnish the special emanation, and the circumstances on which the latter depend I have not ascertained. The poisonous principle is not connected with the odor which is sometimes perceived. I cannot determine beforehand whether a strange bed will excite an attack or not. If the feathers are of the (to me) poisonous kind, shortly after retiring labored respiration, cough, and wheezing commence, and progressively increase until I am obliged to get up, when the difficulty passes off in a few hours, leaving a little bronchitis, which continues for a day or two. I have never experienced the least degree of asthma excepting as a result of an emanation from feathers.

Inhalation of the powder of ipecacuanha in some persons produces similar effects. Several examples of this idiosyncrasy have been reported. On relating my own experience at a meeting of a medical society, on one occasion, a member of the society gave an account of a case in which the same effects were produced by an emanation from the body of the horse, so that the person was debarred from riding or driving, on that account. Cases have been known in which asthmatic attacks were brought on by emanations from the bodies of other animals, as the cat, rabbit, etc.

In persons subject to asthma, the paroxysms are liable to be induced by a variety of exciting causes, but individual cases differ as regards a particular susceptibility to certain of these causes. In some cases the inhalation of dust is particularly apt to bring on an attack. I have known a patient especially susceptible to the dust of grain and that arising when carpeted rooms are swept. Indigestion, in some cases, proves an exciting cause oftener than anything else. Some can refer paroxysms frequently to constipation. Salter relates a case in which the application of cold to the instep was sure to provoke an attack. Mental emotions sometimes act as an exciting cause. Occasionally in females the paroxysms are habitually connected with the menstrual function.

In the great majority of the cases of asthma, bronchitis coexists. In a certain proportion of cases the bronchitis is constant or habitual, and the frequency of the paroxysms depends in a measure on the bronchitis; for, if the latter affection be relieved or removed, the asthmatic attacks become less frequent. The susceptibility to the exciting causes of spasm is increased by the existence of bronchial inflammation. In other cases, the attacks of asthma occur whenever bronchitis, or a common cold occurs. Finally, climatic influences are involved in the causation, for it is a matter of frequent observation that the same persons are much more liable to recurrences in some situations than in others. And it is also a matter of common observation with some asthmatics residing in a locality in which they are subject to frequent recurrences, that atmospherical changes are apt to induce an attack.

Asthma occurs more frequently in males than in females. As regards the periods of life when it may become developed, the following are the results of an analysis of 47 cases by Dr. Salter: It was developed during the first year of life in 9, and from one to ten, in 10 cases; from ten to twenty years of age in 8 cases; from twenty to thirty years in 7 cases; from thirty to forty in 6 cases; from forty to fifty in 3, and from fifty to sixty in 4 cases.

Diagnosis.—The diagnosis in well-marked cases is not difficult. The features of the asthmatic paroxysm are quite distinctive. First paroxysms occurring in young children, may occasion some perplexity, but with proper knowledge and care, the disease should not be confounded with other affections which involve embarrassment of respiration. Capillary bronchitis is distinguished by the frequency of the respirations, the acceleration of the pulse, and the diffusion over the chest of the subcrepitant rale. In asthma the respirations are not accelerated but labored, the pulse is not notably frequent, and the dry bronchial rales are abundant. Laryngeal affections involving obstruction may be excluded by the fact of the voice remaining unaffected. The dyspnœa incident to disease of the heart often goes by the name of asthma, but the breathing in this case is not labored, especially the expiratory acts, and accompanied by wheezing, as it is in asthma, and the dyspnœa is more or less habitual. Moreover, the existence of heart-lesions adequate to the production of dyspnœa is determinable by definite physical signs. Asthma and cardiac lesions, however, may be associated. If asthma has existed for some time, it is found usually associated with emphysema, and this association is diagnostic; yet, it is to be borne in mind that emphysema sufficient to occasion dyspnœa which may become greatly increased with a fresh occurrence of bronchitis, may exist without asthma; in other words, the dyspnœa due to emphysema and coexisting bronchitis is not properly called asthma.

Prognosis.—A paroxysm of asthma, however severe or protracted, involves no immediate danger to life. Formidable as the affection appears, when a patient is experiencing an attack of great severity, and intense as is the suffering, it is doubtful if a fatal termination ever took place. In view, however, of the suffering incidental to the affection, and its tendency to become confirmed, with an increasing liability to recurrences, its existence must be regarded as a great calamity. If the paroxysms are produced by a particular exciting cause which, being known, may be avoided, the disease imposes simply more or less inconvenience; but if the paroxysms are liable to be produced by various causes which cannot be guarded against, it is truly a grievous affliction; and it is calamitous, of course, in proportion to the frequency with which the paroxysms recur, and their severity.

Asthmatics are not infrequently long-lived; yet, that it may contribute to shorten the duration of life, cannot be doubted. The labored efforts of breathing in the paroxysms contribute to the development and increase of emphysema. During the paroxysms, also, the circulation through the lungs being impeded, the right ventricle and auricle must be unduly distended with blood returned by the systemic veins, and hence the affection contributes to dilatation of the right side of the heart. The chances of long life are lessened by these lesions. Moreover, if the paroxysms are frequent and severe, they can hardly fail to impair the powers of life, and diminish the ability to resist other diseases. If asthma secures, to a certain extent, exemption from pulmonary tuberculosis and pneumonitis, this advantage is perhaps overbalanced by the fact that pneumonitis, when it does occur, is apt to prove fatal, and that the supervention of a severe attack of bronchitis is apt to destroy life.

TREATMENT.—The management of asthma embraces, *first*, the treatment of the paroxysms, and, *second*, the treatment in the intervals.

During the paroxysm the objects of treatment are to lessen the suffering and bring the paroxysm to an end as speedily as possible. The measures for these objects have reference to spasm as the essential pathological condition. The measures to relieve spasm are various, each of which proves efficacious in some cases and not in others. Frequently the past experience of the patient is the best guide as to the particular measure which will be most likely to afford relief. In cases of asthma unaccompanied by bronchitis, I have known a full opiate quickly and completely successful; but, in the larger proportion of cases, it will not succeed in cutting short the paroxysm, nor afford marked relief. Of other narcotics, stramonium is best suited to this affection. The usual mode of administration is to smoke the dried leaves or fibres of the root either in a pipe or prepared as a cigarette. It is undoubtedly true that this measure in some persons acts like a charm, and may be confidently relied upon as a prompt and effectual mode of obtaining relief. But, in the great majority of cases, it either produces no effect, or merely mitigates the severity of the paroxysm. Assafœtida, dracontium, or skunk-cabbage, and the Indian hemp have been found to be sometimes efficacious. The ethers, given internally, are to some extent useful as palliatives, and occasionally produce complete relief.

Marked relief is frequently obtained, and the paroxysm is sometimes cut short, by nauseant remedies, viz , antimony, ipecacuanha, lobelia inflata, and common tobacco. The two remedies last named are especially efficacious in a certain proportion of cases. The common tobacco will be more likely to be successful if the patient be not accustomed to its use. With a view to the relief of spasm, these remedies need not be carried to the extent of producing vomiting; if not effectual when nausea is induced, it will be useless, if not injurious, to push them further. I have known a paroxysm to be arrested at once by bloodletting, but this is a measure too potent to be employed except occasionally in plethoric persons.

The inhalation of the vapor of chloroform or ether is a measure of great value in the treatment of asthma. Not infrequently the paroxysms are completely controlled by it, the patient passing, in the space of a few moments, from a condition of great suffering into one of ease and comfort. These cases are among those which afford the most striking examples of the resources of practical medicine. The dry bronchial rales which, before the inhalation, were loud and universally diffused over the chest, sometimes disappear as soon as complete relief is procured by the inhalation, a fact proving conclusively the existence and cessation of spasm. Unhappily this measure, like the others, is only efficacious in a certain proportion of cases. It should be tried always, provided there are no circumstances to contraindicate it. Its employment should never be intrusted to the hands of the patient.

It is hardly necessary to say that if there be ground to suppose the attack to have been brought on by overloading the stomach or by constipation, an emetic or cathartic is indicated. And, of course, the patient is to be removed from the action of any known exciting cause, such as the emanations from hay, feathers, etc. The apartment should be large, high, and airy. Warm and stimulating pediluvia are useful as palliatives. Strong coffee, taken hot, is generally highly useful as a palliative. Another palliative measure, which sometimes proves to be curative, is to be added. This consists in diffusing throughout the apartment the fumes of burning nitre-paper, that is, bibulous paper dipped in a saturated solution of the nitrate of potassa, and dried. Some patients find great relief, and occasionally the paroxysms are arrested by this measure.

The treatment in the intervals has for its object prevention of the paroxysms. The removal of the predisposition would be the most effectual mode of accomplishing this object. This, however, is not to be expected, and the object is to be attained by measures having reference to circumstances which increase or act upon that susceptibility of the bronchial muscular fibres constituting the predisposition to the affection.

When, owing to a peculiar idiosyncrasy, paroxysms are excited by a particular cause, such as emanations from hay, feathers, etc., avoidance of exposure to the cause, if possible, is obviously indicated. It is doubtful if any remedy will produce insusceptibility to the action of the particular cause, or secure exemption so long as the operation of the cause continues. In the cases of summer asthma which have come under my observation, a great variety of remedies have been tried, but all without avail. The patient must either endure the continuance of the affection for several weeks, or he must seek a situation where he is not exposed to the exciting cause, whatever it may be.

In a large proportion of cases, the liability to paroxysms is more or less favored by the existence of habitual or chronic bronchitis. The relief or cure of the latter affection, in these cases, is the immediate object of treatment. The iodide of potassium should always be tried. I have known patients who were rendered comparatively comfortable as regards the recurrences of asthma by the use of this remedy, which will be useful in proportion to its curative effect on the bronchitis. The chlorate of potassa is sometimes useful, and the other measures indicated in cases of chronic bronchitis are to be employed.

If measures addressed to the bronchitis prove ineffectual, or if the paroxysms recur when bronchitis does not coexist, and they are not referable to particular causes which may be avoided, nothing is to be depended on but change of locality. And it is probable that most asthmatics may find some situation in which they will be comparatively, if not entirely, free from the affection. Facts showing the immunity obtained by change of residence are remarkable, as illustrative of the apparent capriciousness of this affection. Persons residing in the country often find relief by living in cities or large towns. A change from the most salubrious part of a city to a part where the atmosphere is smoky and insalubrious, as regards the general health, sometimes secures exemption from this affection. A change of apartments from one story to another, or to a different exposure, has been known to prove effectual. There are no fixed laws with respect to the best climate or situation for asthmatics: each case has its own law, which is only to be ascertained by experience. In commencing trials of change of locality, a situation should be selected in which the climatic influences are the opposite of those belonging to the situation in which the patient resides: that is, if he live in the country, the city may be tried, and *vice versa;* if on the sea-shore, an inland situation, and *vice versa;* and so with regard to temperature, moisture, elevation, etc. The principle to be acted on is, that there is a locality in which each martyr to this complaint will suffer less, and perhaps be entirely free from it, and the plan should be to make repeated trials until the desired spot is found. I could cite from the cases which have come under my observation several in which this plan has proved successful. It is to be enjoined, wherever practicable, so soon as it is evident that other measures will not secure the patient against the suffering incident to the frequent recurrence of the affection.[1]

CHAPTER VIII.

Pulmonary Hemorrhage—Bronchorrhagia—Pneumorrhagia—Pulmonary Gangrene—Pulmonary Œdema—Carcinoma of Lung—Hydatids.

PULMONARY hemorrhage occurs under the following different circumstances: *First*, and most frequently, the hemorrhage is into the bronchial tubes, giving rise to the spitting of blood or *hæmoptysis*. Adopting the suffix expressive of hemorrhage, with the name of the anatomical situation, this variety of pulmonary hemorrhage should be called *Bronchorrhagia*. *Second*, it occurs from the rupture or ulceration of bands of pulmonary substance which traverse tuberculous excavations, these bands sometimes containing vessels of sufficient size to occasion a copious hemorrhage. It is, then, an accident occurring in the course of pulmonary tuberculosis, and gives rise almost invariably, if not always, to hæmoptysis. *Third*, the blood is contained within the air-cells, and may escape into the interstitial areolar tissue, and coagulation takes place in these situations: that is, the blood is extravasated, constituting what is commonly called pulmonary apoplexy, and usually, under these circumstances, there is hæmoptysis. The latter form of pulmonary hemorrhage may be distinguished as *pneumorrhagia*. In the second of these three varieties, the hemorrhage is so uniformly and plainly incidental to one affection, viz., pulmonary tuberculosis, that it will suffice to simply refer to it here. Bronchorrhagia and Pneumorrhagia, however, not being so constantly symptomatic, each of a particular affection, and sometimes occurring when the pathological connection of the hemorrhage is not obvious, claim some consideration independently of the affections in which they are liable to occur.

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[1] On the therapeutic influence of locality, and other topics relating to the history, management, etc., of asthma, the reader may consult with advantage the excellent treatise by Henry Hyde Salter, M. D., republished by Blanchard & Lea, 1864.

Bronchorrhagia, or bronchial hemorrhage, exists in the great majority of the cases in which hæmoptysis occurs. The latter term should be limited to the spitting of blood; and it should be applied only to the cases in which pure or unmixed blood is expectorated. It is not properly applicable to the mucus streaked with blood which belongs to the history of bronchitis, nor to the blood intimately mixed with mucus in the rusty expectoration of pneumonitis. A true hæmoptysis is the raising of blood, and blood only.

It is important to determine, when blood is ejected from the mouth, whether it come from the air-passages. It may come from the stomach, from the posterior nares, and from the mouth or fauces. If it come from the stomach, it is ejected by acts of vomiting; it is likely to be commingled with other contents of the stomach, emits the characteristic acid odor of the latter, and has a black grumous appearance due to the action of the gastric acids. If it come from the posterior nares, it is in the form of dark solid sputa, which are removed by acts of hawking. If it come from the mouth or fauces, the fact may generally be ascertained by a close inspection of these parts. When it comes from the air-passages, it is raised by acts of coughing, which are generally not violent; the blood rises into the trachea and larynx, and is expelled with slight efforts. In the majority of cases, the blood is liquid, of a bright arterial hue, and contains air-bubbles in more or less abundance. If, however, the hemorrhage have taken place slowly into the bronchial tubes, and remained there for some time before being expectorated, it undergoes coagulation, and acquires a dark or almost black appearance.

The amount of hæmoptysis varies much in different cases. It is sometimes quite small, a drachm or so of blood only being raised; usually, however, when the amount is relatively small or moderate, several drachms or a few ounces are expectorated. Not infrequently the amount is considerable. It is not rare for patients to lose, during an attack of hæmoptysis, from half a pint to a pint of blood, and sometimes a much larger quantity. The blood is expectorated with more or less rapidity. The continuous duration of an attack of hæmoptysis may vary from a few minutes to several hours and even many days, in the latter case, of course, the blood escaping slowly. Occasionally the flow of blood is so rapid that it escapes simultaneously from the nose and mouth; and death by suffocation may result from the accumulation in the air-passages. In proportion as it is rapidly discharged it is less frothy than when the quantity expectorated with each act of coughing is small. When the hæmoptysis is rapid and abundant, if the patient be not in advanced phthisis, the bursting of an aneurism should be suspected. It is to be borne in mind that this is a source of hæmoptysis, an aneurismal tumor sometimes opening into a bronchus or the trachea. The hemorrhage from this source, however, is not always at first abundant and rapid, the opening being, for a time, too small for the free escape of blood. In cases of phthisis advanced to the cavernous stage, the hæmoptysis may be rapid and abundant, leading sometimes to fatal syncope, the hemorrhage being due to the opening of a vessel contained in one of the bands of pulmonary tissue which frequently traverse tuberculous cavities.

In the majority of cases, bronchial hemorrhage is, in some way, pathologically connected with pulmonary tuberculosis, and, from the frequency of this connection, it is important as a diagnostic symptom of that disease. Not infrequently it is the first event which awakens the attention of patients to the existence of pulmonary disease. In a large proportion of cases, it occurs more or less frequently during the progress of tuberculosis. In a certain proportion of cases, it precedes the deposit of tubercle; or, at all events, it occurs when coexisting physical signs do not afford evidence of a deposit, these signs becoming developed, sooner or later, after its occurrence.

Hæmoptysis should always excite a strong suspicion of either existing or impending tuberculous disease; yet its significance in this respect was undoubtedly overestimated by Louis is his treatise on phthisis. Louis, having questioned a large number of patients affected with various diseases other than tuberculosis, and finding that spitting of blood had taken place in no instance save after injury of the chest or when the catamenia were suppressed, concluded that this symptom rendered the existence of tuberculosis infinitely probable. Since the publication of that work, however, it has been found that cases are not very infrequent in which hæmoptysis is not accompanied nor followed by either the symptoms or signs of tuberculous disease. My own clinical records furnish several cases of this kind. But a paper recently communicated by Prof. John Ware contains statistical information of special value with reference to this point.[1] Prof. Ware, in this paper, gives the results of an analysis of 386 cases of hæmoptysis, noted in private practice during a period of about forty years. Of these cases, in 62 recovery from the bronchial hemorrhage took place, and the patients afterward were either known to be living in ordinary health, or to have died of other diseases having no connection with the existence of tubercles. The length of time during which this immunity continued varied from two to thirty-seven years. In addition to these cases, in 52 a similar complete recovery took place, and, so far as known, there was no development of tuberculous disease, but the entire subsequent history of these cases had not been obtained. Making allowance for the probable occurrence of a small deposit of tubercle which underwent arrest and did not return, in a certain proportion of the cases, these facts show that neither the existence of tuberculosis nor a strong proclivity thereto is to be positively predicated on the occurrence of bronchorrhagia. They show, moreover, that, as regards any immediate or remote evils, bronchial hemorrhage may be quite innocuous.

Bronchorrhagia is incidental to certain cardiac lesions, especially those involving obstruction at the mitral orifice. These lesions lead to bronchial hemorrhage by inducing pulmonary congestion. It may occur in connection with morbid conditions of the blood and tissues, which lead to hemorrhages from the mucous membrane in different situations, as in purpura hemorrhagica and scorbutus. It occurs occasionally in asthma. It may be produced by violent and prolonged muscular exertion, without the coexistence of any pulmonary or cardiac affection, and it has been observed to occur from muscular exertions, not excessive, if conjoined with diminished pressure of the atmosphere in elevated situations, as in ascending high mountains. It may be produced traumatically by injuries and wounds of the chest. It may occur as a secondary hemorrhage when the menses are suppressed. Well-authenticated cases of this kind have been reported, but they must be exceedingly rare. I have never met with an example, and the 386 cases analyzed by Prof. Ware did not include a single case in which the hemorrhage could be considered as supplementary to the menses. Exertion and mental excitement, by their effect on the circulation, may act as exciting causes, if, from pulmonary disease or other circumstances, a predisposition exists; but clinical observation shows that, in the larger proportion of cases, the hemorrhage takes place without any other exciting cause. It takes place not infrequently during the night time.

The occurrence of hæmoptysis generally occasions much alarm and anxiety. If patients are seen at the time, more or less of the nervous agitation and disturbance of the circulation which may be found, is attributable to the mental condition induced by the attack. The first duty of the physician is to endeavor to dispossess the mind of needless apprehensions. Hæmoptysis, proceeding from bronchial hemorrhage, may destroy life, either by suffocation or by exhaustion from the loss of blood; but the cases are so very rare that the danger of fatal consequences is scarcely to be considered. The physician may assure the patient of the absence of any immediate danger. Nor, in general, does the hemorrhage lead to any evil results. It is suggestive of the existence of a grave affection, especially tubercle, but, aside from its symptomatic significance, it affords no occasion for alarm. So far from favoring a tendency to tuberculous disease, there is ground for the suspicion that it sometimes takes the place of a tuberculous deposit. And when it occurs in connection with tuberculosis, clinical observation shows that it exerts no unfavorable influence on the progress of that disease, but, on the contrary, its influence seems, as a rule, to be favorable.

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[1] On Hæmoptysis as a Symptom, by John Ware, M.D., etc. Publications of the Massachusetts Medical Society, 1860.

The measures of treatment must have reference to the profuseness, or otherwise, of the hemorrhage and the associated symptoms. Venesection, heretofore, has been frequently employed. This, however, is indicated only in cases in which the patient is plethoric, or the circulation denotes abnormal power, and such cases are comparatively few. Even in these cases, unless the escape of blood be unusually rapid and abundant, a saline purgative and sedative remedies are to be preferred to bloodletting. If the hemorrhage be profuse and persisting, it has been proposed to apply cold to the chest, as in hemorrhages in other situations. This may be done by means of compresses wet with iced water, or with ether, which refrigerates by its rapid evaporation. Even the application of ice has been recommended, and I have resorted to this mode in one case with apparent success, and without any untoward consequences. Its expediency, however, may fairly be doubted. Revulsive measures may be employed, consisting of stimulating pediluvia, sinapisms, and dry cupping. To diminish the amount of blood returned to the heart, temporary ligation of one of the extremities has been suggested. Of this I cannot speak from any practical knowledge.

In all cases, quietude of body is to be enjoined, the use of the voice is to be restrained, the apartment should be kept cool, the head and shoulders should be raised, the diet should be bland or unstimulating, drinks should be cold, and small pieces of ice may be frequently taken into the mouth. These measures are, doubtless, of more or less importance, yet, I have repeatedly known patients who, having become accustomed to attacks of hæmoptysis, paid little or no attention to it, and kept about their ordinary pursuits, as usual, without, apparently, increasing or protracting the hemorrhage by this course. I have known a lecturer continue the daily use of the voice in public speaking, without any apparent injury. The measures just enumerated are apt to be continued too long, patients being anxious to prevent a recurrence of the hemorrhage after it has ceased. They may be assured that moderate exercise out of doors, a nutritious diet, etc., will not be likely to reproduce an attack.

Cough, if present, should be quieted by some form of anodyne. Anodyne remedies are also generally indicated by the excited condition of the nervous system. If the hemorrhage be slight or moderate, as a rule, nothing is required in addition to these remedies and such hygienic regulations as may be deemed prudent. If, however, the hemorrhage be considerable and prolonged, astringent remedies may be employed. Of the vegetable astringents, krameria and tannic or gallic acid may be mentioned as the most efficient. Of those belonging to the mineral kingdom, the acetate of lead has long been considered valuable in this application. The most efficient preparations of this class, however, are the persulphate and pernitrate of iron.

Coagulation of the fibrin of the blood, in cases of bronchial hemorrhage, sometimes takes place within the bronchial tubes, giving rise to more or less obstruction, and, perhaps, to the collapse of pulmonary lobules. The solid fibrinous masses moulded in the tubes, and sometimes presenting branches corresponding to the bronchial divisions, occasionally found after death, or expectorated, probably originate in this way. Happily, this is an accident of very rare occurrence.

Pneumorrhagia, or extravasation of blood into the air-cells, and in certain cases, also, infiltration of the interstitial tissue, is commonly known as pulmonary apoplexy. There would be no impropriety in this use of the term apoplexy if we adopted the custom of the French writers of expressing by it extravasation of blood into any situation, and nothing more; but with us, when applied to a cerebral affection, it includes cases in which there is no extravasation of blood, and it is not customary to apply it to extravasations elsewhere than in the brain and lungs. The continued use of the term, as applied to pulmonary extravasation, is therefore objectionable, and, agreeably to the nomenclature now in vogue, pneumorrhagia expresses the morbid condition.

Pulmonary extravasation is sometimes incidental to bronchial hemorrhage, the blood being forced backward from the bronchial tubes into the air-cells by violent acts of inspiration. Watson relates a case in which this took place from ulceration of the lingual artery, blood passing into the larynx and being drawn thence into the air-cells. This has been known to take place in cases of suicide by cutting the throat. It is, therefore, probable that it may happen in cases of bronchial hemorrhage when associated with affections giving rise to spasmodic inspirations, or when the flow of blood is so rapid and abundant that it is with difficulty expectorated. This, however, is hardly an adequate explanation of all cases of pulmonary extravasation. In the cases in which the extravasated blood occupies a considerable or large area, and is contained in the interlobular spaces as well as in the air-cells, the primary situation is probably within the latter, the hemorrhage being from the terminal branches of the pulmonary artery or the radicles of the pulmonary veins, while in bronchial hemorrhage the blood comes from the venous or arterial ramifications connected with the bronchial artery.

The morbid appearances in fatal cases of pneumorrhagia are of two kinds. In one form, solid masses or nodules, varying in size from that of a pea to an English walnut, and more or less numerous, are found in either one lung or in both lungs. On section they present a dark or even black color, and grumous blood can be scraped from the cut surfaces. The solidification is due to blood coagulated within the cells. The limits of the nodules are sharply defined by the lobular divisions, and the nodules feel like hard tumors, which project above the level of the pleural surface if they are situated near the superficies. In the other form, the extravasation gives rise to, or is connected with, laceration of pulmonary tissue, and there is a wider diffusion of the coagulated blood. In this form, the portion or portions solidified by the coagulated blood are larger and not bounded by the lobular divisions. The blood is contained in the areolar tissue as well as in the cells. There is sometimes considerable breaking down of the pulmonary tissues, forming spaces which are filled chiefly with coagula. Rupture of the pleura has been known to occur, followed by a discharge of blood into the pleural sac, and giving rise to pleuritis. Gangrene is an occasional result. The two forms of extravasation may be distinguished as circumscribed and diffused. The latter is the more serious, and, as already stated, probably the hemorrhage takes place within the cells, the source being the vessels connected with the pulmonary artery. In the circumscribed form, the blood may be drawn into the cells from the air-tubes. This is to be suspected when profuse hæmoptysis has existed, and the nodules are small, numerous, and disseminated in both lungs.

Pulmonary extravasation is of infrequent occurrence, being as rare as bronchial hemorrhage is frequent. It may be produced by violent contusions of the chest. It is sometimes incidental to purpura or scorbutus. But in the majority of cases it is a result of congestion of the lungs caused by cardiac lesions. The lesions of the heart which are most likely to give rise to it are those obstructing the mitral orifice. Obstructive lesions of this orifice are necessarily followed by an over-accumulation of blood within the pulmonary vessels, and ultimately lead to hypertrophy of the right ventricle. Under these circumstances, the increased force with which the blood is propelled into the pulmonary artery co-operates with the obstruction at the left side of the heart, and it is surprising that the smaller vessels do not oftener give way. When it occurs as a consequence of bronchial hemorrhage, it is apt to be associated with pulmonary tuberculosis, from the frequency with which the two latter are connected.

It is not easy to determine positively, by the symptoms and signs, the occurrence of this accident. Hæmoptysis is, of course, present when the source of the hemorrhage is bronchial, and the extravasation is due to the inhalation of blood into the cells. This symptom is also present in the majority of cases in which the hemorrhage takes place within the cells, but it is sometimes wanting. In these cases the hæmoptysis may be either small or abundant; the amount of extravasation is by no means in proportion to the quantity of blood expectorated. The respirations are hurried and labored in proportion to the extent of lung solidified by the extravasated blood. Dyspnœa and a sense of oppression are also proportionate to the degree in which the respiratory function is compromised. These symptoms, however, are measurably due to the coexisting cardiac lesions when the latter stand in a causative relation to the hemorrhage. Dulness on percussion will be found over a space or over spaces corresponding to the situation and extent of solidification. This may not be appreciable if the extravasation be in the form of small disseminated nodules. But if the extravasation be diffused over a considerable space, the dulness becomes a very significant sign, provided tuberculosis, pneumonitis, and other affections involving solidification can be excluded.. A feeble bronchial respiration may be associated with the dulness on percussion, or the respiratory sound may be suppressed over the extravasation. The presence of blood in the cells and smaller air-tubes will be likely to give rise to the subcrepitant and perhaps to a well-marked crepitant rale within a limited space. These signs suddenly developed in connection with hæmoptysis, and mitral lesions coexisting, may lead to a diagnosis; but in the cases in which no blood is expectorated, a diagnosis is extremely difficult if not impracticable.

Circumscribed extravasation, incidental to bronchial hemorrhage, is not necessarily serious; and perhaps it occurs, to a limited extent, not infrequently in cases of abundant hæmoptysis, followed by recovery. If there be no injury of the pulmonary structures, and the blood simply infiltrates the air-cells, it may be gradually removed by absorption and expectoration, the normal condition being restored, as after solidification from pneumonitis. When, however, the hemorrhage is into the cells, leading to infiltration of the areolar tissue, and the extravasation is considerably diffused, the termination is usually fatal, and death may take place speedily. If dependent on cardiac lesions, the continuance of the causative conditions enhances the gravity of the prognosis. Other things being equal, the gravity of the symptoms, and the immediate danger, are in proportion to the amount of extravasation.

If the existence of extravasation be recognized by the symptoms and signs, the first object of treatment is the arrest of the hemorrhage or the prevention of its recurrence. If the action of the heart be abnormally strong, it should be moderated by sedative remedies. In a plethoric subject a venesection may be advisable in view of the promptness with which undue force of the heart's action is controlled by it. Revulsive measures, such as hot pediluvia and sinapisms, are indicated for this object. Cold applications to the chest are allowable. Mental and physical quietude is to be enjoined, and everything avoided which will excite the circulation.

With reference to the extravasation which has occurred, nothing can be done save to palliate symptoms and support the powers of life, with a hope that the presence of the blood will not excite inflammation, that gangrene or perforation will not follow, and that the extravasated blood will gradually be removed.

PULMONARY GANGRENE.

Pulmonary gangrene has already been referred to as an occasional event in cases of pneumorrhagia, and as occurring in some cases of pneumonitis. It occurs independently of these pathological connections, but is one of the most infrequent of pulmonary affections. Its infrequency is shown by the following statistics: of the records of 1069 autopsies analyzed by Dr. Lauthna, of Vienna, there were only 5 cases. Of 8437 autopsical records examined by Dr. Fischell, of Prague, there were 75 cases. Fuller states that in the *post-mortem* records in St. George's Hospital, London, for ten years, there were 19 cases. I have met with about 15 cases.

It is presented in two forms, distinguished as diffused and circumscribed. In the diffused form, the gangrene extends over a considerable space, sometimes involving the greater part of a lobe. This is the graver form, and almost of necessity proves fatal. The circumscribed form is that which usually occurs. In this form, the gangrene is limited to a space varying in size from that of a bean to a hen's egg, the limits being sharply defined. It is an extremely grave affection when circumscribed, but recovery takes place in a certain proportion of cases.

The appearances after death differ according to the period when the fatal ending takes place. If the patient die before the sloughing is completed, the gangrenous portion is of a dark, greenish color, friable or diffluent, emitting a characteristic odor, bloodvessels and other traces of organization being destroyed—in short, the portion is dead and more or less decomposed. If the sloughing have been completed, and the decomposed mass removed by expectoration, there remains a cavity corresponding in size to the portion of lung which has been lost. When recovery takes place, restoration is effected as follows: lymph is exuded around the gangrenous mass, and the latter is in this way isolated. The cavity left after the completion of the sloughing is lined by a kind of cyst. Gradual contraction of the cavity ensues, ending, finally, in closure and union, leaving a white line with more or less depression and puckering. The recovery is then complete, with, of course, some diminution of the volume of lung. In some cases cicatrization does not take place, but the cavity remains for an indefinite period. The posterior aspect of the upper portion of the lower lobe is the most frequent site of gangrene.

Aside from the occurrence of gangrene in connection with extravasation and pneumonitis, it is an occasional result of the interruption of the circulation from the pressure of aneurismal or other intra-thoracic tumors. But in the majority of cases it is not attributable to any apparent mechanical cause.

It has been attributed, of late, to the obstruction of branches of the pulmonary artery by fibrinous masses derived from the veins or the right side of the heart (thrombi and emboli). This is hardly probable, inasmuch as the lungs depend for their nutrition on the bronchial arteries. I have met with a case of tuberculosis in which the left primary division of the pulmonary artery was completely occluded by a calcareous mass formed in the right ventricle, and gangrene did not occur in that case. A constitutional predisposition to gangrene, dependent, probably, on a special impairment of the condition of the blood, appears to be involved; and, in some cases, other parts become at the same time gangrenous. The observations of Fischel and others show that it occurs in a larger ratio among the insane.

A larger number of cases were observed in Paris between 1828 and 1832 than previously or afterwards. It must be confessed that our knowledge of the causation is extremely imperfect, yet gangrene occurs not infrequently in other situations where its occurrence is not more intelligible.

The symptoms, in cases of gangrene, will relate measurably to the general condition or to associated affections. The pulmonary symptoms due to the gangrenous condition, at first, are those which belong to circumscribed pneumonitis, consisting of cough, some pain, and accelerated breathing, and, after a time, an expectoration, more or less abundant, takes place, which is of a dark or greenish color, and emits an intensely fetid odor. This expectoration consists of the debris of decomposed pulmonary substance. It continues for a certain time, and, if the case do not end fatally, is accompanied and followed by a muco-purulent expectoration, more or less copious, which, at length, loses the gangrenous odor, and, gradually lessening, ceases when recovery takes place. While the decomposition and sloughing are going on, the pulse is frequent and feeble, and the patient is considerably or greatly prostrated. Of course, if the gangrene be incidental to pneumonitis, extravasation of blood, tuberculosis, or other affections of the lungs, pulmonary symptoms proceeding from them, will precede and accompany the symptoms due to the gangrene.

The diagnosis is to be based chiefly on the characteristic appearance and odor of the expectoration. Prior to the occurrence of this expectoration the condition is not determinable. A gangrenous odor of the breath, without the presence of decomposed pulmonary tissue in the expectoration, is not adequate proof of the existence of the affection, and this fact not being always sufficiently considered, the diagnosis is sometimes made on insufficient ground. In cases of tuberculosis advanced to the cavernous stage, the odor of gangrene in the matter expectorated and in the breath, may be produced by the sloughing of pulmonary tissue within the cavities. This is not very uncommon. A superficial slough of a portion of the bronchial mucous membrane may give rise to great fetor of the breath in cases of bronchitis. The latter is the explanation in some cases in which the fetor is of brief duration, and when recovery takes place without phenomena which denote any grave affection. I have met with several cases of this description.

The gangrenous portion of lung, together with the solidification from the exudation of lymph around this portion, furnish dulness or flatness on percussion within a circumscribed space, which, in view of the most frequent situation of gangrene, will generally be over the scapula below the spinous ridge. Within this space, either the respiratory murmur is wanting, or there is a feeble bronchial respiration, with, perhaps, either exaggerated vocal resonance or weak bronchophony. Moist bronchial or bubbling rales are likely to be heard within and around this space. These signs are not available if the gangrene occur in connection with pneumonitis or tuberculosis; but they serve to establish the diagnosis, taken in connection with the characteristic expectoration, if the affections just named be not associated. If the gangrene be circumscribed, and the patient survive the sloughing and removal by expectoration of the decomposed mass, the cavernous signs may be discovered.

As regards prognosis, if the gangrene be circumscribed and it do not occur under circumstances which are dangerous, irrespective of the gangrene, recovery may take place. The chances of recovery are differently estimated by different writers, which, perhaps, may be accounted for by supposing that the diagnosis of gangrene is not infrequently based on insufficient grounds. It can hardly be doubted that the result is fatal in a large majority of cases. Hæmoptysis sometimes takes place in connection with the separation of the slough or eschar. I have known the hemorrhage to be so abundant as to prove the immediate cause of death. If the gangrene involve the pleura, perforation of the lung takes place, and pleuritis with pneumothorax is developed. These cases probably always end fatally. I have met with two examples.

The treatment of pulmonary gangrene is to be directed more to the system than to the local affection. The affection never occurs under circumstances which render depletion or other debilitating measures appropriate; on the contrary, such measures can hardly fail to be pernicious. Tonic remedies are indicated, and the sustaining treatment. The diet should be as nutritious as possible, and alcoholic stimulants are to be given with a freedom proportionate to the tendency to failure of the vital powers. The employment of opium, in some form, is important, in order to palliate pain or undue cough, and to allay constitutional irritation. The chlorate of potassa has been suggested as likely to be useful, from its apparent usefulness in gangrenous affections of the mouth and throat. The tincture of the chloride of iron is suggested by the same analogy. The inhalation of the vapor of turpentine poured upon boiling water is extolled by Skoda as exerting a favorable local effect. Others have attributed a curative influence to the inhalation of tar vapor, creasote, and chlorine.

To diminish the offensive odor of the breath, chlorinated water, or a solution of the permanganate of potassa may be used as a collutory.

PULMONARY ŒDEMA.

Pulmonary œdema is always dependent on other pathological conditions, and is not entitled to be considered as an individual affection. It is, however, an event of not infrequent occurrence, and is important as interfering with the function of respiration, and, in not a few instances, proving the immediate cause of death. The term œdema denotes, in other situations, a dropsical effusion into the areolar tissue; but, in œdema of the lungs, the transudation is primarily and chiefly within the air-cells, the serum also infiltrating the interlobular and intervesicular structure.

An œdematous lobe or lung is increased in volume and weight; it pits on pressure like the integument in ordinary œdema; on section, a purely serous or sero-sanguinolent liquid escapes in abundance, containing but few air bubbles, and, on pressing out the liquid, the mass of the lobe or lung and its weight are found not to be greater than in health, showing the absence of any solid deposit. Microscopical examination shows the pulmonary structure to be intact. More or less œdema of the lungs is frequently found in post-mortem examinations. It may extend over portions of both lungs, generally, under these circumstances, being situated in the posterior portions, or it may be limited to one lung, in the latter case extending over the whole lung, or confined to one lobe.

The pathological conditions on which it is dependent are various. It is one of the situations of dropsy in cases of degenerative lesions of the kidneys and of acute albuminuria. It is incidental to the pulmonary congestion necessarily induced by cardiac lesions, more especially those which involve mitral obstruction or regurgitation, or both. It occurs in cases in which congestion of the lungs is produced by obstruction of the pulmonary veins from the pressure of an aneurismal tumor. The hypostatic congestion which occurs in low fevers and other diseases in which the blood is impaired, and when patients maintain, for a long time, recumbency on the back, gives rise to it, and, under these circumstances, it is not infrequently the immediate cause of death. It is generally associated with more or less hydrothorax. It may take the place of hydrothorax if the pleural surfaces are united by old adhesions. In a case of general dropsy succeeding scarlatina, the patient dying from interruption of the respiratory function, or apnœa, hydrothorax existed on one side, and the lung of the other side was highly œdematous, the pleural sac, in the latter side, being abolished by universal close adhesions due to an old pleurisy.

The symptoms of œdema are, increased frequency of the respirations with dyspnœa, in proportion to the extent of lung affected, together with more or less cough and serous expectoration, or bronchorrhœa. The displacement of air in the air-cells by liquid, gives rise to dulness or flatness on percussion over a space corresponding to the œdematous portion of lung, and, within this space, the respiratory murmur is lost, or it is feebly bronchial or broncho-vesicular. The vocal resonance may be increased. The presence of liquid in the smaller bronchial tubes is denoted by fine mucous or subcrepitant rales. It is stated that a true crepitant rale may be produced, but this must be extremely rare. The diagnosis is to be based on dulness or flatness on both sides of the chest, associated with moist bronchial rales, pneumonitis being excluded, and the existence of Bright's disease, cardiac lesions, or other causative conditions, being considered.

The treatment must have reference to the circumstances under which it occurs. Occurring in connection with disease of the kidneys, those measures are indicated which are applicable to dropsical effusion in other situations, viz., hydragogue cathartics, diuretics, and sudorifics, selected and regulated according to the circumstances belonging to individual cases. When incidental to disease of the heart, the main reliance is upon revulsive measures, in connection with such remedies as the condition of the heart may claim irrespective of this result. In the cases in which it is dependent on adynamia and an impaired condition of the blood, tonic and sustaining measures are called for. The liability of its occurrence in connection with hypostatic congestion, in fevers and other protracted diseases, accompanied by feebleness of the circulation and depression of the vital powers, renders it an important part of the treatment of these diseases to see that the patient be not allowed to lie constantly in one position. The position of the body should be frequently changed, in order to obviate the gravitation of blood to the dependent portions of the lungs.

CARCINOMA OF LUNG.

Carcinoma affecting the lungs is extremely rare, and is generally developed secondarily, that is, subsequently to carcinoma in other situations. It is presented in two forms. In one form the carcinomatous deposit is infiltrated, replacing the pulmonary structure, or leading to its disintegration; in the other form the point of departure is exterior to the pulmonary organs, either in the pleura, mediastinum, or the bronchial glands. According to Wilks, the primary seat is frequently that last named. The medullary or encephaloid is the variety of intra-thoracic cancer usually met with. Scirrhus in this situation is infrequent, and colloid has been known to occur in a very few instances only.

Infiltrated carcinoma involves at first, and for a considerable period, solidification in proportion to the amount and extent of the deposit. After a time softening and ulceration ensue, and cavities may be produced. Contraction of the affected side takes place prior to the changes just stated. Hemorrhage and gangrene are incidental events, occurring in some cases. The symptoms are pain, cough, and expectoration, the latter becoming muco-purulent, and sometimes presenting an appearance of currant jelly. This appearance is somewhat diagnostic.

The diagnosis is to be based on the symptoms, taken in connection with the signs of solidification, and sometimes the cavernous signs. The physical evidence is not very distinctive of this affection. Pulmonary tuberculosis and chronic pneumonitis are to be excluded by a careful investigation with reference to the history, as well as the existing symptomatic phenomena. The coexistence of carcinoma in some other situation, or its previous existence, is to be taken into account in arriving at a diagnosis. According to Walshe, pulmonary cancer is especially apt to follow cancerous disease of the testicle.

When the primary seat is exterior to the lungs, it is presented in the form of nodules, more or less numerous, varying in size from that of a pea to that of an orange, which may be confined to one side, or present in both lungs; the pleural surfaces are sometimes thickly studded with these. Or, it may be in the form of one or more tumors, which attain, in some instances, to a great size, occupying the greater part or the whole of one side (oftener the right), and sometimes encroaching more or less on the other side of the chest. The lungs are displaced, and undergo compression in proportion to the extent of the carcinomatous growth, and the affected side may be more or less dilated. The dilatation, in some cases, is increased by liquid effusion due to coexisting pleuritis. Under these circumstances the affection is liable to be mistaken for empyema or chronic pleuritis. This error has happened to physicians of skill and experience in the physical exploration of the chest.

The presence of tumors, great or small, gives rise to dulness or flatness on percussion, with either suppression of the respiratory murmur, or the modification which denotes solidification. The tumors may be so situated as to give rise to symptoms and signs proceeding from pressure on important parts, other than the lungs. The heart may be displaced. The calibre of the trachea or bronchi may be diminished. Aphonia or laryngeal spasm may be induced, if the recurrent nerve be involved. Congestion limited to the upper extremities, head and neck, and subcutaneous œdema, denote obstruction of the superior vena cava. Pressure on the pulmonary veins may give rise to bronchorrhagia and œdema of the lungs. Compression of the œsophagus occasions difficulty in the ingestion of food and drinks. These results of pressure on adjacent parts, however, are common to other than carcinomatous tumors, for example aortic aneurisms.

I shall content myself with this brief reference to carcinoma within the chest. For a full consideration of the points involved in the diagnosis, the reader is referred to works which treat *in extenso* of thoracic affections. In a practical view, only the diagnosis of carcinoma claims much consideration.

The affection is hopeless, and the measures of treatment have reference only to the palliation of symptoms, and measures to prolong life. According to Lebert the duration of life varies from one to two years, and, in some cases, death does not take place for several years.

HYDATIDS.

Among the extremely rare affections of the pulmonary organs belong hydatid productions. These may be developed within the lungs, or they have been developed in the liver and made their way through the diaphragm into the pulmonary organs, in the manner in which hepatic abscesses are sometimes evacuated into the bronchial tubes, circumscribed peritonitis and pleuritis taking place, leading to adhesions which prevent the evacuation from taking place into either the peritoneal or pleural sac.

Acephalocysts within the lungs may remain for a variable period latent, that is, giving rise to few or no pulmonary symptoms. Sooner or later, however, they excite inflammation of the surrounding parenchyma and bronchial tubes, and then occasion pain, cough, expectoration, febrile movement, etc. They may be discharged by ulceration into the bronchial tubes, leaving pulmonary cavities. The affection is likely to be mistaken for pulmonary tuberculosis. Microscopical examination of the matter expectorated may show the booklets of echinococci, and without this demonstration the diagnosis is impracticable. The question as to the primary seat of the cysts is to be settled by the previous history, which, if they come from the liver, will show the existence of hepatic trouble prior to the occurrence of pulmonary symptoms.

The presence of hydatids in the lungs always involves great danger. The danger is greater when they are derived from the liver than when they are developed within the lungs. Fuller estimates that of cases of the latter, recovery takes place in the proportion of one-half. There is no special plan of treatment. Palliative and sustaining measures are to be adapted to the circumstances of individual cases.

CHAPTER IX.

Affections of the Larynx and Trachea—Points relating to the Anatomy and Physiology of the Larynx which are involved in the consideration of Diseases in this situation—Acute Ordinary Laryngitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute Laryngitis—Chronic Laryngitis—Laryngitis with Exudation of Lymph—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Œdema of the Glottis—Spasm of the Glottis—Nervous Aphonia—Morbid Growths.

IMPORTANT diseases affecting the respiratory apparatus are seated above the chest, viz., in the larynx and trachea. Diseases of the larynx frequently involve the trachea, but it is rare for the latter to be affected without the former, and it will suffice to consider tracheal affections incidentally in treating of those of the larynx.

Certain anatomical and physiological points pertaining to the larynx are to be kept in mind with a view to a clear apprehension of the diseases in this situation. The larynx is composed of a collection of cartilages, viz., the cricoid, thyroid, arytenoid, and the epiglottis. The latter was formerly supposed to be essential as a protection against the entrance of food and drink into the laryngeal cavity during the act of deglutition. The removal of this appendage, however, in inferior animals has shown that its loss does not occasion serious inconvenience. It has occurred to me to meet with a hospital case in which this part was completely destroyed by syphilitic ulceration, as determined by the touch and the laryngoscope. The patient, a young female, was for some time under my observation at Bellevue Hospital. So long as ulceration existed, there was considerable difficulty arising from spasm of the glottis excited by contact with food and drink, and deglutition was performed with the least annoyance while the patient was lying on the back. But after the ulceration had healed, the difficulty nearly ceased, liquids and solids being swallowed without much inconvenience. The quality of the voice underwent some change, and the patient stated that she had not the power of producing notes in singing as before.

The small size of the *rima glottidis* is an important point in connection with diseases here stated. In the adult male, after death, it is a triangular space an inch in length, and, at the base, about a quarter of an inch in width, the size being still smaller in the female and child. The dimensions, however, vary with the two respiratory acts. When examined in a living animal, the vocal chords are found to separate widely in inspiration and return in expiration, forming the respiratory movements of the glottis. And these movements are found to take place from a reflex influence communicated through the recurrent nerves. These points are of interest and importance in their practical applications.

Other movements of the muscles of the larynx are produced by volition in the acts of speaking. The larynx being the seat of the voice, modifications of vocal sound constitute important symptomatic phenomena of disease. The experiments of Bernard have shown that in producing the movements concerned in phonation, the will acts through branches of the spinal accessory contained in the recurrent laryngeal nerves. The laryngeal muscles are subject to spasm and paralysis.

The solidity of the walls of the larynx is an important point in connection with certain affections. The cricoid and thyroid cartilages do not readily yield to internal pressure, and hence arises obstruction from the presence of morbid products which encroach upon the small space between the vocal chords. Another point to which reference will be made is the abundance of loose areolar tissue beneath the mucous membrane, especially above the vocal chords. This is much more marked in the adult than in the child, a fact which will serve to account for certain differences as regards the effects of disease during and after infantile life.

Of the affections of the larynx, those involving inflammation will be first considered. Inflammation here may be of an ordinary character, that is, not distinguished by any unusual features save those which are incident to the situation of the affected mucous membrane. On the other hand, it may be of an extraordinary or unusual character, viz., accompanied by an exudation of lymph. The latter will be considered under a separate head. Ordinary inflammation may be either acute, subacute, or chronic. These three varieties are to be considered separately. The appropriate name for inflammation affecting the larynx is *laryngitis*. This name should take the place of the terms *angina* and *cynanche* which were formerly in vogue, but now rarely used. The term *croup* is applied to laryngitis with the exudation of lymph, and also to cases of ordinary laryngitis and a non-inflammatory affection, viz., spasm of the glottis, occurring in children. The first of these affections embraced by the term, is sometimes distinguished as *true croup*, while the others are called, by way of distinction, *false croup*. The term is an unfortunate one, and tends to produce confusion. I shall consider the several affections which the term embraces, not under the head of croup, but, separately, under their appropriate names.

ACUTE ORDINARY LARYNGITIS.

Anatomical Characters.—The anatomical characters are essentially the same as in bronchitis, in so far as they relate to the mucous membrane. The morbid changes may be limited to this membrane, or they may extend to the submucous areolar tissue. In the former case, the inflammation is said to be erythematic, that is, analogous to erythema of the skin. In the latter case, it is doubtful if the submucous areolar tissue be inflamed, but the products of inflammation of the mucous membrane, viz., serum, lymph, and perhaps pus, are infiltrated beneath the membrane. In this respect laryngitis differs from bronchitis, the difference being probably due to the greater abundance of areolar tissue beneath the laryngeal mucous membrane.

Cases of acute laryngitis differ as regards the point just stated, and the distinction is practically important. Some writers, following Cruveilhier, base upon this difference a division of the disease into two varieties, viz., mucous or erythematic laryngitis, when the changes are confined to the membrane, and submucous or œdematous laryngitis, when inflammatory products are deposited beneath the membrane. This formal division is hardly necessary, but the gravity of the disease depends, in a great measure, on the presence of submucous infiltration. The latter occurs to a much less extent in children than in adults, owing, probably, to the fact that the submucous areolar tissue is less abundant in early life. The epiglottis frequently participates in the inflammation, and may be seen during life to be enlarged and reddened.

Clinical History.—The symptoms of acute laryngitis are intelligible when the morbid changes are considered in connection with the small size of the *rima glottidis* and the unyielding walls of the larynx. Simple swelling of the mucous membrane may produce more or less distressing symptoms and danger due to narrowing of the aperture of the glottis. But, with submucous infiltration added, the obstruction is increased and will be likely to prove fatal by strangulation. The obstructive effect of the morbid changes explains the symptomatology and danger. The chief element of danger is the submucous infiltration. This takes place in some cases and not in others; and it occurs in varying degrees, the severity of the symptoms and the danger being in proportion to its amount.

The development of the disease may be preceded by subacute laryngitis, or a common cold. The voice is at first hoarse, and, with the development of acute inflammation, is lost. The aphonia is accompanied with a stridulous cough, and a small expectoration of glairy mucus which may be streaked with blood. The febrile movement is more or less intense. These symptoms may exist without notable difficulty of breathing, provided the changes are limited to the membrane, and the swelling not great.

With a greater amount of swelling, together with submucous infiltration, labored respiration and dyspnœa are added. The obstruction affects both inspiration and expiration, but more especially the former, owing to the fact that the infiltration is greatest above the rima where the areolar tissue is most abundant. The respiration is stridulous or noisy. The patient complains of a sense of constriction at the larynx, or feels as if the cavity were filled with a foreign substance. There is frequently more or less difficulty in deglutition. Fluids, by coming into contact with the inflamed epiglottis, excite cough and add to the distress. The labor of breathing, and dyspnœa are increased by the occurrence of spasm of the arytenoid muscles. The exacerbations of distress from obstruction are due chiefly to a spasmodic element.

In cases of acute laryngitis with great obstruction, the suffering is intense. The face and eyes are swollen and congested, the countenance denotes anguish, and, after a time, lividity occurs. The distress is much increased during the exacerbations caused by spasm, and in the intervals of comparative ease the patient manifests drowsiness, but is rarely able to obtain refreshing sleep. With the muscular efforts to enlarge the aperture of the glottis, the larynx rises and falls in the acts of inspiration and expiration. There are frequent efforts to cough and expectorate as if to get rid of an accumulation within the larynx. The cough may be dry and croup-like, but is oftener husky or abortive. The larynx is sensitive to pressure. Pitting over the *pomum adami* has been observed. The respiratory acts are less frequent than in health. In a case which I have recorded they were twelve per minute.

With these symptoms, in a large proportion of cases the disease has been found to end fatally. The mode of dying is by apnœa, and it may take place gradually, or suddenly in an exacerbation of unusual violence.

Assuming that other affections do not coexist, the symptoms, in addition to those which relate directly to the laryngeal obstruction, are incidental to febrile movement, deficient oxygenation of the blood, and the suffering which belongs to the disease. Slight delirium may occur toward the close of the disease if it be prolonged, but, in general, the mental faculties are unaffected.

Pathological Character.—In ordinary acute laryngitis, the inflammation has no special characteristics. The severity and danger are not owing to the intensity or extent of the inflammation. The same amount of inflammation in other situations would constitute a trivial affection. The gravity is due to the fact that the usual results of inflammation in this situation obstruct the passage of air through the larynx, in consequence of the small size of the rima glottidis and the unyielding laryngeal walls. In children, ordinary acute laryngitis gives rise to croupy cough and respiration, and hence, this is one of the different affections commonly embraced under the name of croup. Dr. Ware, in his admirable papers on the subject of croup, distinguishes this variety as *inflammatory croup*.

Causation.—Acute ordinary laryngitis in the adult is so rare that practitioners of considerable experience may have never met with an example of it. It is less rare in infants and children than after adult age. Its infrequency is remarkable in view of the frequent occurrence of inflammation in the pharynx, and the fact exemplifies the principle of conservatism involved in the law by which inflammation does not tend to extend from one part to other parts, although in immediate proximity. I have seen a case in which the pharynx was laid open by a gunshot wound in the neck, so that the top of the larynx could be seen through the wound, and yet, during the progress of recovery, there was no evidence of the slightest laryngeal inflammation.

Occasionally, however, laryngitis is developed in connection with pharyngitis. This was observed in some cases of the so-called epidemic erysipelas, or "black tongue," which formerly prevailed in many parts of this country. I have known it to occur, in connection with the pharyngeal affection, in scarlatina. The laryngitis which, in a subacute form, is common in rubeola, ometimes becomes acute. Acute inflammation may be excited in variola y the occurrence of the eruption in this situation. Under the several cir- umstances just named, it is a secondary affection. It may occur as a primary ffection after exposure to cold and wet, as in the case of Washington.

It might be conjectured that excessive use of the voice would be likely to redispose to this affection, but clinical observation furnishes no proof that uch is the fact. It may be produced, traumatically, by the inhalation of rritating vapors. A distinguished professor of chemistry, some years ago, lost his life by laryngitis, caused by accidentally drawing into the larynx a corrosive acid through a pipette, the extremity of which had been broken.[1] A number of cases have been reported in which young children have suffered and died with this disease, produced by sucking boiling liquid and steam from the spout of a water or teapot.

Diagnosis.—The diagnostic characters of acute laryngeal inflammation are the loss of voice and the husky, stridulous cough, in connection with the febrile movement and other symptoms. That the labor of breathing and dyspnœa are due to obstruction of the larynx, is shown by the sensations of the patient, the diminished frequency of the respiratory acts, and the absence of physical signs denoting pulmonary disease. In proportion as the aperture of the glottis is narrowed, the respiratory murmur will be weakened, and this affords a better criterion of the amount of obstruction than the sufferings of the patient. The only difficulties in diagnosis relate to the discrimination of ordinary acute laryngitis from laryngitis with the exudation of lymph, from œdema of the glottis, and from spasm of the laryngeal muscles. In arriving at the conclusion that ordinary acute laryngitis exists, the affections just named are excluded by the absence of distinctive circumstances belonging to the clinical history of each. Suffice it to say here that the presence or absence of the exudation of lymph in cases of laryngitis is generally determinable; that œdema of the glottis may be demonstratively ascertained, and that spasm without inflammation, or with only subacute inflammation, is wanting in characters which are essential to the diagnosis of acute laryngitis.

Prognosis.—Acute ordinary laryngitis in the adult is a grave affection. The gravity, as already stated, depends mainly on the occurrence of submucous infiltration. Cases without this contingency occur, and may end favorably, without very alarming symptoms. The suffering in these cases arises chiefly from spasm. If the constant obstruction—*i. e.*, exclusive of the obstruction due to spasm—be sufficient to interfere greatly with respiration, the tendency is to a fatal result. A large proportion of such cases will end fatally if life be not saved by timely interference. The course of the disease in fatal cases is rapid. It has been known to prove fatal in seven hours. The duration rarely exceeds a week.

In young subjects this disease is less severe, and less likely to prove fatal than in adults, notwithstanding the smaller size of the rima glottidis in early life, the difference being probably due to the fact that submucous infiltration occurs to a less extent in children. Of eighteen cases, included among the cases of so-called croup analyzed by Dr. Ware, in not one did the disease end fatally.

Treatment.—The treatment of acute ordinary laryngitis, relates to general and local measures. The general measures embrace those designed to lessen the intensity of inflammation, limit exudation, promote resolution and the absorption of exuded products. The measures which may be employed for these ends, are the same as in acute inflammation in other situations. It may be doubtful how far the ends are attainable, still, the measures which are supposed to be in any degree operative are not to be withheld in a disease involving so much danger as this. The employment of bloodletting is to be guided by the same principles as in other inflammations, but the evils or danger of abstracting blood freely are not as great as in certain other inflammations, for example pneumonitis or pleuritis, because there is not the amount of morbid effects to be recovered from, and it is therefore not so important to spare the vital powers for the processes of restoration. The danger in acute laryngitis, it is to be borne in mind, is not from the extent or degree of the inflammation, nor from the lesions which it may induce *per se*, but it is incidental to the seat of the inflammation. And if a fatal result take place, the dying is by apnœa, not by asthenia. But in the use of bloodletting and other depressing measures, this consideration must be kept in view: the patient's strength is not to be so far diminished as to incapacitate for the prolonged muscular exertions which the labor of breathing may require. Bloodletting should never be practised after lividity of the prolabia and face gives evidence of deficient oxygenation of the blood. Under these circumstances, a fatal result would be hastened by abstracting blood.

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[1] The late Prof. Palmer, of Woodstock, Vt.

The bowels should be moved efficiently by cathartics of the saline class. Nauseant or the direct cardiac sedatives are indicated as in other inflammations. Nauseant remedies should not be carried so far as to produce vomiting, which will add greatly to the distress, and tend to aggravate the inflammation. If antimony be used, it should be given largely diluted to avoid its local action on the throat.

Mercurialization may be advocated in this, as in some other affections, on the following ground: Although the antiphlogistic and sorbefacient powers of mercury have doubtless been greatly over-estimated, it is not certain that it exerts no remedial influence in these directions. So long, therefore, as there is room to suppose that it may be useful in any measure, it should be employed in an affection like this, which frequently tends rapidly to destroy life by apnœa. The general depressing effect and other evils of mercurialization, are of little comparative account, provided the remedy will prove in any degree useful in its influence on the local affection. If mercurialization be determined on, it should be induced early and rapidly, either by large doses guarded with opium, or by small doses repeated at short intervals, mercurial inunction being added.

Remedies to palliate spasm and cough are indicated. The spasmodic element may be more or less prominent. Its degree of prominence is shown by the frequency and severity of the paroxysmal distress; whereas, the amount of obstruction due to the swelling and infiltration is shown by the labor of breathing in the intervals between the paroxysms or exacerbations. Opium and antispasmodic remedies are important in proportion to the amount of suffering from spasm, but opiates should not be carried so far as to blunt the perception of the want of breath.

In the foregoing remarks on the general measure of treatment, reference has been had especially to idiopathic or primary laryngitis. When it occurs as a complication of scarlatina, rubeola, or variola, and if it be associated with pulmonary, or any other important disease, the same measures may not be admissible. This statement applies to bloodletting, mercurialization, and other depressing measures. Inflammation of the trachea frequently, if not generally, coexists, and bronchitis may be developed, in accordance with the law respecting the extension of inflammation in the air-passages, viz., that it tends to travel downward, but rarely upward. Of course, the geneal symptoms, febrile movement, etc., will be increased in proportion to the xtent of mucous surface inflamed.

The local measures of treatment will embrace fomentations or poultices pplied to the neck, with a blister, perhaps, applied over the sternum ; and, ither the atmosphere of the apartment should be charged with steam, or he vapor of hot water inhaled by means of a convenient apparatus.

Topical applications to the larynx may be made by means of a probang suited for that purpose. I have been assured by an intelligent medical student who had experienced the disease, that he derived much temporary relief from the frequent introduction of a sponge saturated with a strong solution of the nitrate of silver. The application was repeated every three or four hours. The relief was probably due to the morbid sensibility of the part being blunted by the topical application, and the liability to spasm thereby lessened.

Tracheotomy is to be employed in this disease, provided the obstruction becomes so great as to render the danger of death imminent. Patients should never be allowed to die from strangulation for the want of timely surgical interference. If the danger be purely or chiefly from apnœa, this operation will often prove the means of saving life. The important question is—when is it to be performed? It should not be delayed after permanent lividity occurs, that is, lividity due to the obstruction caused by the swelling and infiltration irrespective of spasm. This symptom denotes imminent danger, and subsequent delay impairs the probability of success from the operation.

After convalescence is established, the recovery of the voice is slow, the pitch and quality remaining altered for some time.

The treatment of acute laryngitis in children, owing to its being a less severe and grave affection than in the adult, claims less vigorous measures. Cases frequently, if not generally, do well with simple palliative measures. Emetics may be important in order to effect the removal of viscid mucus from the larynx. Death may be produced solely by obstruction due to the accumulation of mucus in this situation. It would hardly be supposed that the larynx may be so tolerant of obstruction from this source, that, occurring in a healthy child, efficient efforts of coughing would not be excited, but life be destroyed by slow apnœa ; yet, a case exemplifying the fact has fallen under my observation.

SUBACUTE LARYNGITIS.

Subacute inflammation of the larynx is of frequent occurrence, either as preceding the development of bronchitis, or the inflammation not extending to the bronchial tubes. It characterizes certain cases of a common cold. The inflammation is of a low grade of intensity, and erythematic. There is either hoarseness or aphonia, with cough, and an expectoration at first transparent and viscid, and, afterward, opaque, thick, and loose. There is no obstruction to respiration. Laryngeal spasm in the adult is rarely excited. There is little or no febrile movement.

It is only important as involving some liability to an increase in the intensity of the inflammation or the development of the acute affection. But the liability to this is small. The measures of treatment are those indicated in cases of bronchitis, or a cold.

Subacute laryngitis exists in a certain proportion of the cases of so-called croup. Dr. Ware distinguishes these as cases of catarrhal croup. The croup-phenomena are due to spasm, the laryngitis being an unimportant element. This variety of so-called croup is unattended by danger, however violent may be the symptoms referable to spasm.

CHRONIC LARYNGITIS.

Chronic laryngitis occurs much more frequently than the acute form; it occurs, therefore, without having been preceded by acute laryngitis. Acute laryngitis, in fact, if it do not destroy life, ends in recovery, without eventuating in the chronic affection, and, on the other hand, in chronic laryngitis, the inflammation rarely, if ever, becomes acute.

Chronic inflammation leads to thickening of the mucous membrane, and ulcerations more or less deep and extensive. The vocal chords are sometimes partially or completely destroyed by the ulcerative process, and sometimes the destruction extends to the muscles and even cartilages. The epiglottis may be involved in the inflammation and ulceration.

This affection, in the vast majority of cases, occurs in connection with either syphilis or pulmonary tuberculosis. The localization of syphilis in this part is extremely rare, so that, as a rule, chronic laryngitis is associated with tuberculous disease of the lungs. The exceptions to this rule are so infrequent that the existence of chronic laryngitis constitutes presumptive evidence of the existence of phthisis. In cases of pulmonary tuberculosis with chronic laryngitis, it was formerly supposed that the latter preceded the former, and that the disease extended from the larynx to the lungs. The term *laryngeal phthisis* was used to distinguish the affection in these cases. Improvement in the means of detecting a tuberculous deposit in the lungs, however, has led to a knowledge of the fact that the laryngitis in these cases is secondary, the pulmonary disease always taking precedence.

The most characteristic of the symptoms relate to the voice. It becomes either hoarse, husky, or stridulous, and may be lost. If aphonia exist, the patient speaks in a husky whisper. The extent to which the voice is affected is not a criterion of the extent to which the vocal organs are damaged by ulceration. Slight ulcerations and thickening will lead to great huskiness and even extinction of the voice. If notable hoarseness exist, more or less destruction of the vocal chords, enlarging the *rima glottidis*, may be suspected.

As regards cough, its prominence, as a symptom, varies in different cases. It is modified like the voice, that is, it is either hoarse, husky, or stridulous. The expectoration, also, varies. It may be slight, or more or less abundant. Its characters may be those of mucus, muco-purulent matter, or pus. Not infrequently it presents bloody streaks, and it may be fetid. The bloody streaks and pus point to ulceration; the fetor points to caries of the cartilages. Cough and expectoration, however, it is to be borne in mind, are measurably due to the tuberculous affection of the lungs, with which the laryngitis is generally associated.

A marked difference in different cases relates to deglutition. In some cases the act of swallowing is attended with no inconvenience; but in a certain proportion of cases it is a source of great distress. The passage of food and drink causes pain, excites spasms of the glottis, thus occasioning distressing dyspnœa, and frequently liquids are returned through the nostrils. Patients are obliged to confine themselves to the blandest articles of diet, and even these are sometimes ingested with so much difficulty that death is hastened by inanition. This difference, in different cases, depends on the situation of the ulcerations, these being situated sometimes above the vocal chords and upon the epiglottis, where the ulcerated surface comes in contact with the food and drink in the act of swallowing, and sometimes sufficiently below the top of the larynx to be secure from this source of irritation.

The diagnosis of chronic laryngitis is sufficiently easy: the morbid characters of the voice at once indicate the affection. Its connection with pulmonary tuberculosis is to be determined by a physical exploration of the chest, together with an examination into the previous history and symptoms. If pulmonary disease be excluded, the syphilitic source of the affection is to be investigated. The affection may be regarded as idiopathic in cases in which both syphilis and phthisis can be excluded; but, as already stated, such cases are extremely rare.

The prognosis in cases of chronic laryngitis will, of course, have reference to its pathological associations. Its connection with phthisis does not render the latter disease more rapidly progressive; on the contrary, the progress of the tuberculous affection of the lungs is, as a rule, more slow with, than without, this complication. Occurring in this connection, however, the laryngitis is, I believe, never fully recovered from. The inflammation and ulcerations usually continue, but, if not, the voice remains permanently more or less impaired. Considerable improvement may take place in cases of tuberculous laryngitis, although the affection continues. Chronic laryngitis, dependent on syphilis, offers a better prospect of recovery. The voice, however, after recovery, in those cases, will be likely to remain permanently affected.

The treatment of chronic laryngitis, as regards general measures, will have reference to its pathological relations. In the great majority of cases, the treatment must be that indicated by the coexistence of pulmonary tuberculosis. If the affection be traceable to syphilis, the anti-syphilitic remedies are called for, viz., mercury and the iodide of potassium.

As regards local measures, counter-irritation over the neck by means of the croton oil or small blisters is sometimes useful, even in cases of tuberculosis. The local treatment, however, relates more especially to applications to the affected part: that is, within the larynx. The injection of medicated liquids and the insufflation of remedies in the form of a dry powder have been employed for this purpose. Both these means are unsatisfactory, owing to the difficulty of limiting the application to the diseased parts, and to the cough and spasms which they are liable to excite. A more satisfactory method is the introduction of a sponge attached to a probang, properly curved, as practised first by Dr. Horace Green.

Much discussion, within the past few years, has taken place respecting the feasibility of passing the sponge within the larynx, and there are those who still maintain that it is impracticable. It is true that the operation is extremely difficult, if, indeed, it be practicable, on the cadaver, and the skepticism of some as to the feasibility of the operation on the living body is based on this fact. But the enlargement of the glottis, which takes place in the act of inspiration, divests the operation of the difficulty which attends its performance after death. It is during the act of inspiration that the introduction must be made. During this act, as is well known, foreign bodies of large size are sometimes drawn with the inspired breath into the air-passages. I do not doubt that the sponge is readily passed into the larynx with proper knowledge and skill, but doubtless practitioners often deceive themselves, pushing the instrument into the œsophagus instead of the larynx.

The topical remedy most frequently applied by means of the sponge is the nitrate of silver. A strong solution is commonly used, viz., from one to two scruples to the ounce of distilled water. The sponge wet in this solution is carried between and below the vocal chords. Spasm of the glottis occurs, and the liquid, being expressed from the sponge, comes into contact with the whole of the interior surface of the larynx. This application is sometimes beneficial, affording immediate and marked relief. It may then be repeated from time to time. In many cases, however, no relief is afforded, and in these cases, after a fair trial, it is useless to persevere in it.

Of late years, in this country, a class of irregular practitioners has sprung up, who profess to make a specialty of the topical treatment of throat affections. Of those who are led to consult these practitioners, a large proportion are affected with chronic pharyngitis—a very common affection, which has no tendency to extend into the air-passages. Of course, in these cases, topical applications within the larynx are not called for.

The recent introduction of the laryngoscope is likely to prove serviceable in the diagnosis and treatment of laryngeal affections. By means of this instrument the nature and seat of lesions within the larynx may be ascertained, and the knowledge thus obtained will afford aid in judging as to the propriety of topical applications, and in showing the particular points at which they are to be made.

LARYNGITIS WITH EXUDATION OF LYMPH.

Laryngitis attended with an exudation of lymph, occurring for the most part in children, is commonly known as true croup. It occurs, also, as an occasional complication in diphtheria, an epidemic disease characterized by inflammation, with exudation of lymph, of the pharynx, and of the mucous membrane in other situations. As belonging to the clinical history of diphtheria, it will be considered in treating of this disease in another section of this work. Suffice it to say here that, as concerns the laryngitis, it is essentially the same in diphtheria and in the affection called croup; yet, taking other circumstances into account, diphtheria and croup are quite different diseases, and the former is more appropriately placed elsewhere than among diseases affecting the respiratory apparatus. In treating, therefore, now of laryngitis with exudation of lymph, reference is had to the affection commonly known as true croup.

The term croup, as already stated, embracing affections differing widely in pathological character and importance, tends to produce confusion, and it is desirable that, as the name of a disease, the term should become obsolete. The term denotes any affection with a peculiar cough, called the *croupal cough;* a cough shrill, barking, crowing, as if the sound were produced within a metallic tube, the *tussis clangosa* of Cullen, and accompanied frequently by sonorous or stridulous breathing. Whenever the cough and respiration in children present the croupal character, they are said to have croup. This croupal cough and respiration accompanies the affection under present consideration; but it may also accompany, in children, ordinary acute laryngitis, subacute (catarrhal) laryngitis, and spasm of the glottis without any laryngeal inflammation. Dr. Ware, in his valuable papers on croup, using this term in its comprehensive sense, recognizes four varieties corresponding to the four different pathological conditions just stated. He called these varieties membranous, inflammatory, catarrhal, and spasmodic croup. The first of the four varieties is *true* croup, and the other varieties belong under the head of *false* croup. This division is true to nature, if we continue to use the term croup as it has been and is still commonly used.

Laryngitis with an exudation of lymph has been called by various names other than true croup, such as membranous, diphtheritic, exudative, fibrinous. Each of these names denotes the characteristic feature of the disease. I prefer the simple expression which I have adopted. The characteristic feature referred to is the exudation of lymph on the inflamed mucous surface, forming what is commonly called a false membrane. The lymph is diffused over the inflamed surface, and, for a time, adheres pretty closely to the mucous membrane; but after several days, if life be sufficiently prolonged, it becomes loosened and is finally thrown off. It is sometimes detached and reproduced. The exudation may not extend below the larynx, but, as a rule, it takes place in the trachea; in other words, the laryngitis is accompanied by tracheitis. Not infrequently bronchitis coexists, and the exudation takes place within the bronchial tubes. In the vast majority of cases, the exudation exists on the epiglottis, and, to a greater or less extent, within the pharynx. This fact is of much practical importance with reference to diagnosis, and will presently be referred to in that connection.

Certain facts relating to the exfoliation of the false membrane will be found to have important practical bearings. Sooner or later the membrane is thrown off, if the life of the patient be sufficiently prolonged. But before it can be thrown off it must become loosened. The loosening is effected by a suppurative process beneath the false membrane. This process requires a certain period which varies in different cases, but several days must elapse before it is possible for the membrane to be exfoliated. When detached, it is ejected by acts of coughing from the air-passages, and, if the patient be old enough to expectorate, membraniform patches, in greater or less abundance, are found in the expectorated matter, and sometimes branching cylinders are discovered, which are fibrinous casts of the bronchial tubes.

CLINICAL HISTORY.—The symptomatic phenomena in this variety of inflammation, at the outset, are the same as in ordinary subacute laryngitis. The local and general symptoms are not as marked as in cases of acute ordinary laryngitis. It is often supposed to be nothing more than a common cold. There is more or less cough, the cough is hoarse or barking, hoarseness or huskiness of the voice exists, and moderate febrile movement. The symptoms denoting gravity of disease arise from obstruction due to the exudation, in connection with swelling of the glottis and the occurrence of spasm of the laryngeal muscles. One, two, or three days may elapse before the disturbance of respiration is sufficient to create any apprehension. Not infrequently the general symptoms are not sufficient to prevent the child from being up and engaging in play, even after a certain amount of obstruction has taken place. The obstruction due to the exudation and swelling is shown by labored breathing, in both acts, and dilatation of the nostrils. These evidences may be apparent before the obstruction is sufficient to occasion suffering from dyspnœa. The additional obstruction due to laryngeal spasm is shown by the difficulty which occurs in paroxysms or exacerbations. Spasm may be more or less prominent as an element of this form of disease; as a rule, it is far less prominent than in the affections known as false croup. Hence, of all the varieties of so-called croup, this, in its development and early progress, is the least likely to excite alarm.

As the disease advances, the obstruction is increased. The labor of breathing becomes greater, and is attended with manifestations of distressing dyspnœa. The current of inspired air is insufficient for the free expansion of the lungs, as denoted by contraction of the lower part of the chest, with sinking in of the soft parts above the clavicles and sternum in the act of inspiration. The cough becomes stridulous and abortive. The voice or cry is reduced to a husky whisper. The face is congested; an expression of anxiety and distress is marked. More or less febrile movement continues. The sufferings are increased at variable intervals in proportion as the spasmodic element is prominent. If life be prolonged, the cough at length becomes loose, and portions of the false membrane are expectorated from time to time. The obstruction may then gradually decrease and recovery take place. If the disease prove fatal, the mode of dying is by slow apnœa; but not infrequently the suffering from dyspnœa diminishes toward the close of life, and the labor of breathing may be so far lessened as to excite delusive hopes of improvement. Convulsions occasionally occur toward the close of life.

PATHOLOGICAL CHARACTER.—The exudation of lymph occurs exceptionally in inflammation of a mucous structure. It denotes a peculiar kind of inflammation, and, probably, represents an underlying, special, constitutional, morbid condition. This peculiarity of the inflammation, thus, belongs to it from the beginning. It is not evidence of intensity of the inflammation; on the contrary, the inflammation in this variety of laryngitis is less intense than in the ordinary acute variety. Ordinary acute laryngitis, therefore, has no tendency to eventuate in the exudation of lymph. And in the other affections of the larynx, which are commonly embraced under the name of croup, the form of disease under consideration, distinguished as true croup, is not liable to supervene.

CAUSATION.—This form of disease is generally met with in young children, but rarely in infantile life. The age, in the great majority of cases, is between two and seven years. The disease, however, may occur at any period from birth to the age of two years, and at any period after seven years. Boys are oftener affected than girls. It occurs oftener in some situations than in others; a cold, humid, changeable climate contributing to its occurrence. Cases occur oftener in the spring and autumnal months than at other portions of the year. Happily, it is everywhere a rare disease, excluding, it will be borne in mind, its occurrence as a complication of diphtheria. It may occur as a primary or a secondary affection. Exclusive of its occurrence in diphtheria, it is sometimes developed in connection with the affection of the pharynx in scarlatina. It occasionally follows measles. The inflammation and exudation, as already stated, very frequently, if not generally, involve more or less of the pharynx. It would seem that the point of departure is, in some cases, the larynx, and, in other cases, the pharynx, oftener the latter.[1]

DIAGNOSIS.—Considering the great fatality of this disease, the diagnosis is of great importance with reference to the prognosis and treatment. It is to be discriminated from ordinary acute laryngitis, from subacute laryngitis with spasm, and from a purely spasmodic affection of the larynx, which is presently to be considered. In each of these affections, laryngeal spasm is more or less involved, and the character of cough and respiration distinguished as croupal, are chiefly attributable to this element. The spasmodic element is more likely to be prominent, especially at the outset, in the other affections just named, than in this affection; in other words, this, the so-called true croup, presents the croupal phenomena less marked than either of the forms of the so-called false croup. The insidious development of this, the only one of the affections embraced under the name of croup which is attended with danger, renders it the only one liable to be overlooked until the disease has progressed so far as to give rise to serious obstruction.

As contrasted with the other affections just named, this slow insidious development is one of the points involved in the differential diagnosis. In the so-called catarrhal and spasmodic varieties of croup, the croupal phenomena occur suddenly and violently, the attack almost always being in the night. When such an attack occurs without having been preceded by cough, febrile movement and alteration of the voice, it is almost certain that the affection is not true croup. Alteration of the voice is an important diagnostic feature. This will distinguish it from a purely spasmodic affection, but not from ordinary laryngitis, either acute or chronic; the voice, however, is affected in a more marked degree in laryngitis with exudation.

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[1] *Vide* Meigs on Diseases of Children, 3d edition.

The presence of exudation about the epiglottis, and more or less within the pharynx, is a point of great importance in the differential diagnosis. With reference to this point, the observations of Dr. Ware are valuable. In this analysis of cases of the several varieties of croup, out of 33 cases of true croup, *i. e.*, laryngitis with exudation, a pharyngeal exudation was observed in all save a single case. On the other hand, of 45 cases of the affections included under the head of false croup, an exudation within the pharynx was sought for and found to be wanting in every case. Of 19 cases observed by Dr. Meigs, with respect to this point, in all but three an exudation occurred in the pharynx either before or after the development of the laryngitis. In view of these facts, the presence of an exudation within the pharynx, taken in connection with the symptoms which denote laryngitis, renders it extremely probable that exudation exists within the larynx. It is to be borne in mind, however, that the pharyngeal exudation is sometimes wanting, and that its absence in the larynx cannot be inferred from its non-existence in the pharynx, with as much positiveness as its presence in the larynx is to be inferred from its existence in the pharynx.

In the progress of the disease, if it do not destroy life, the discovery of patches of false membrane in the matters expectorated, should be considered as the only reliable test of the correctness of the diagnosis. The non-observance of this test has led not infrequently to cases of ordinary laryngitis being regarded as cases of laryngitis with exudation successfully treated.

With capillary bronchitis this affection need never be confounded. In capillary bronchitis the respirations are very frequent, panting, gasping; in laryngitis with exudation the acts are labored and difficult, and, as a rule, not notably frequent. The embarrassed, noisy breathing, especially during sleep, in cases of enlargement of the tonsils, may, at first, suggest the affection under consideration; but it is readily excluded by the absence of the croupal cough, and of hoarseness.

PROGNOSIS.—The tendency of this disease is to a fatal result. Of twenty-two cases analyzed by Dr. Ware, nineteen proved fatal. Even if the affection be limited to the larynx, and uncomplicated, it will destroy life in the great majority of cases, if patients be not saved by efficient interference. The danger is, of course, increased, if the affection extend to the bronchial tubes, and in proportion as it extends towards the smaller tubes. Not infrequently pneumonitis exists as a complication, and this will, of course, augment the danger. The duration of the disease, in fatal cases, is usually from four to six days. In a small proportion of cases it kills in less than four days, or life is prolonged beyond six days. If recovery take place, convalescence is reached after a gradual improvement, and is generally slow, the voice remaining more or less affected for a considerable period.

TREATMENT.—Under the measures of treatment heretofore relied upon, this disease has proved fatal in the vast majority of cases. These measures have been based on the supposition that the exudation depends on the intensity of the inflammation, and, with a view to reduce this intensity, the measures known as antiphlogistic have been vigorously employed. These measures have been employed sufficiently to show that they are not successful, and, if they do not do good, they can hardly fail to do harm. With a view to the proper objects of treatment, it is to be considered that cases are rarely seen prior to the occurrence of exudation, and that the prevention of exudation, therefore, is not the end to which therapeutical measures are to be directed. It is also to be considered that, exudation having taken place, recovery is effected by the separation of the false membrane, and that its separation takes place as a result of a suppurative process beneath it, this process requiring several days. These facts being considered, the rational objects of treatment are, to prolong life until the separation of the false membrane can be effected, and to promote the process by which it is effected.

In accordance with these objects, depletion by bloodletting or other means, is of more than doubtful propriety. By reducing the strength of the patient, it conflicts with the first object, viz., the prolongation of life. On the contrary, the strength is to be supported, as far as practicable, by concentrated nourishment, and the judicious use of alcoholic stimulants. Emetics, which have heretofore been used excessively in this disease, are to be employed with great circumspection in order not to conflict with the first object. They have been given and frequently repeated, in order to relieve spasm, and it is undoubtedly true that, for a short period after their operation, the breathing is comparatively easy, but this end may be attained by other measures less objectionable on the score of depressing the powers of life. Another purpose of emetics is to aid in detaching the false membrane. But it is useless to give emetics for this end until the exudation has been loosened by the process of suppuration. Emetics, however, are not to be entirely withheld. In children they compensate for the want of voluntary efforts of expectoration. They may aid in the expulsion of the false membrane when it becomes detached. A fact stated under another head in this chapter is not to be lost sight of, viz., the tolerance of the larynx in young children of an accumulation of mucus sufficient to occasion fatal obstruction. Emetics, then, may be given from time to time, but not too frequently, and the emetic substances used should be those which excite prompt and efficient vomiting without producing prolonged nausea and depression. This will exclude antimony. Ipecacuanha, powdered alum, as recommended by Prof. Meigs, turpeth mineral, and the sulphate of zinc are among the articles which may be selected.

Anodyne remedies are indicated to allay spasm. Opium, however, is to be given with great circumspection. Mercury is admissible on the ground stated under the head of ordinary acute laryngitis, viz., the objections to its use are not to be taken into account in so dangerous a disease as this, so long as there is any ground to suppose that it will do any good. It is, however, to be employed prudently.

Topical measures are of importance with reference to the second object, viz., promotion of the process by which the false membrane is separated. The neck should be enveloped in a poultice or the water dressing, for the same reason that these are deemed useful in phlegmonous inflammation, viz., to hasten suppuration. But the most efficient topical application for this object is the inhalation of steam, and the best method of making this topical application is to charge the atmosphere of the room with as much vapor from boiling water as possible. My colleague, Prof. Sayre, who has been remarkably successful in the management of this disease, attributes more importance to this than to any other remedial measure. He directs the steam to be generated by means of a stove, on which a caldron of boiling water is placed, and the room to be kept at a temperature of 90° Fahr. He assures me that in a room at this temperature, filled with steam, patients are free from spasm and breathe with comparative ease.

The topical application of a strong solution of the nitrate of silver is advocated by Dr. Green. The introduction of the sponge probang into the larynx of the child is difficult, owing to the small size of the glottis, and, frequently, the want of co-operation on the part of the patient; yet, it may be effected. I have witnessed a recovery in a case in which this was the chief measure relied upon. The applications were made twice daily. When the false membrane is loosened, the introduction of the sponge may be useful mechanically, detaching the membrane and pushing it below the glottis.

Lastly, the propriety of tracheotomy, in cases of this affection, is to be considered. This subject has been much discussed of late years, and opinions in Great Britain and this country are divided. Introduced by Bretonneau, and finding an ardent advocate both by practice and precept in Trousseau, the propriety of the operation appears to be generally conceded in France. For statistics bearing on this subject, the reader is referred to treatises on the diseases of children, and articles in medical periodicals.[1] The propriety of the operation hinges, not on the number of cases in which it has proved successful, but on the answer to the question whether any lives are saved by it. Now, it cannot be doubted that patients with this disease have been snatched from impending death by this operation. It is, therefore, not only justifiable, but the practitioner is bound, if possible, not to allow patients to die from suffocation for the want of its performance. Of course, the duty of resorting to the operation is the more imperative the greater the probability of its success. And a fair examination of statistics will show that not a small proportion of those who would otherwise die may be rescued by it.

The success of tracheotomy must depend much on its timely performance. Its failure in many cases is attributable to its having been too long deferred, but it has proved successful repeatedly as a *dernier resort* under the most unpromising circumstances. So soon as the persisting obstruction, that is, the obstruction due to the exudation, compromises respiration sufficiently to render it probable that the patient's life will not be prolonged until the separation of the false membrane can take place, the operation is called for. Its success, doubtless, depends much on the manner of its performance, and the subsequent management. On these points the reader will do well to study the instructions of Trousseau. My colleague, Professor Sayre, has operated in eight cases, in five of which recovery has taken place. One patient was lost, while everything was progressing satisfactorily, by a hemorrhage occurring in consequence of a defect in the construction of the tracheal tube, and in the other two fatal cases, he thinks the patients might have been saved had the management in all respects been efficiently carried out. He attaches great importance, after the operation, to an atmosphere heated to 90° and charged with steam.

If the operation prove unsuccessful, it diminishes greatly the suffering from obstruction, and is fully justifiable with a view to euthanasia.

ŒDEMA OF THE GLOTTIS.

This name should be restricted to a serous or dropsical effusion in the areolar tissue beneath the mucous membrane above the vocal chords. It is frequently used, however, in a more comprehensive sense, embracing cases in which inflammatory products are deposited in the same situation. In the latter case, the condition is usually incidental to acute laryngitis. As a true œdema, it is an occasional accident, in cases of pharyngitis and tonsillitis. I have met with an instance in each of these connections. It occurs in cases of typhus and typhoid fever, in epidemic erysipelas, in albuminuria and various other diseases. Its occurrence in these pathological connections is extremely rare.[1] Its gravity, and the necessity of prompt and efficient interference, render it vastly important to appreciate the pathological condition, and recognize its existence.

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[1] *Vide*, article in the New York *Journal of Medicine*, Jan. 1860, by A. L. Voss, M. D., in which the writer gives the results in 1249 cases, the recoveries being 294.

The situation of the effusion is to be borne in mind. It takes place in the areolar tissue, which, in the adult, is abundant and loose, between the vocal chords and epiglottis on the top of the glottis. The accumulation of liquid in this situation, may give rise to tumors as large as, or even larger than, a pigeon's egg, which, lying upon the glottis, are sucked inward with the inspiratory act, and thus occasion obstruction in this act. The current of air in expiration separates and pushes the tumors upward, so that in cases of œdema without laryngitis, there is little or no obstruction in the expiratory act. The œdema usually exists on both sides, but it is sometimes limited to one side. The occurrence of the œdema may be sudden, and life be destroyed in a few hours, or even minutes.[2] In a case occurring in connection with mild pharyngitis, the suffering from obstruction was developed during the night, and the patient, leaving his apartment to seek for aid, fell upon the floor and died before any assistance could be rendered. In the case in which it occurred in connection with tonsillitis, the patient was left to sleep in an apartment by himself, there being no difficulty of breathing, and, in the night time, a relative in an adjoining room was awakened by his noisy breathing. He was found to be unconscious, and, although medical aid was promptly called, and the trachea opened without delay, the operation was too late to prevent a fatal result.

Difficulty of breathing due to obstruction at the glottis, is the prominent symptom. This is associated with a sense of a foreign substance at the seat of the obstruction, and a constant disposition to hawk and swallow. The diagnostic point relating to the difficulty of breathing is, the inspiratory act is alone, or chiefly, obstructed, the act of expiration being free. The inspiration is arrested before being completed, as it were suddenly cut short, and both the inspiration and expiration are accompanied by marked stridor. If laryngitis do not coexist, the voice is devoid of hoarseness or huskiness. This will serve at once to exclude laryngitis. But the diagnosis may frequently be made more positive by means of the touch. With the forefinger introduced into the mouth, carried to the base of the tongue, and applied below the epiglottis, the œdematous tumors may be distinctly felt. This diagnostic test, enunciated by Tuilier in a thesis submitted to Faculty of Medicine in Paris, in 1815, appears to have been lost sight of until attention was called to its importance a few years since, by Dr. Gurdon Buck, of New York.

Statistics show a large fatality in cases of œdema of the glottis. Bayle found that in 17 cases only one recovery took place. Of 40 cases collected by Valleix, 31 were fatal. Of 168 cases collected by Sestier, 127 died. With a correct appreciation of the pathological condition, a prompt recognition of it, and timely surgical interference, many, if not most, patients may be saved. It is fair to attribute the large proportion of fatal cases heretofore either to an imperfect knowledge of the affection, error or doubt in the diagnosis, or want of promptness in resorting to efficient interference.

The affection tends to destroy life quickly by apnœa. The object of treatment is to prevent suffocation, and, if the obstruction be sufficient to occasion great labor of breathing, lividity, etc., there is no time to be lost in fruitless efforts to obtain relief by medication. The larynx or trachea must be opened, or the method of scarification, as practised by Dr. Gurdon Buck, must be resorted to. Dr. Buck's method consists in introducing a curved bistoury, properly guarded, into the mouth, carrying it below the epiglottis guided by the left index finger, and scarifying on both sides, so as to give exit to the effused liquid. The scarification may be repeated if required.[1]

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[1] In an article on this subject by Dr. Thomas Addis Emmet (*American Journal of the Medical Sciences*, July, 1856), Dr. E. states that only seven cases of simple œdema occurred in one thousand, nine hundred and thirty-one cases of typhus, during a service of five years in the New York State Emigrant Hospital at Ward's Island.

[2] A case is reported in *Guy's Hospital Reports*, April, 1855, which terminated fatally within five minutes after difficulty from obstruction was experienced.

My personal observation of Dr. Buck's operation is based on a single case, in which it was employed by a surgical colleague at a moment's notice, and without the advantage of a prior acquaintance with it. The difficulty in the way of its performance is greater than might be supposed without a trial of it. The increase of the suffering for want of breath caused by introducing the fingers into the mouth, the movements of the larynx incident to the labored breathing, and the acts of vomiting which are excited, render it not easy to deliberately scarify the œdematous parts. In the case referred to, the result was unfortunate. The tumors were not sufficiently scarified, but wounds were made which led to hemorrhage and the flow of blood into the air-tubes. Tracheotomy was subsequently performed, but too late to save the patient. This case is referred to in order to enforce the importance of being prepared to meet with more difficulty than might be anticipated. Without assuming to adjudicate in a matter which is purely surgical, I am disposed to think that the simpler, as well as the more effectual, operation is to open the larynx or trachea.

Œdema of the glottis very rarely, if ever, occurs in infancy or childhood.

SPASM OF THE GLOTTIS.

Spasm of the glottis is an important element in most of the affections of the larynx which have been considered. To this element are attributable the croupal cough and the paroxysms or exacerbations of dyspnœa in ordinary acute and subacute laryngitis in children, and in laryngitis with exudation. But spasm of the glottis occurs as a functional affection, that is, irrespective of inflammation or lesions within the larynx.

Spasm occurs in young children, affecting respiration without inducing cough. This is the pathological condition when infants are said to have fits of "holding the breath." Respiration is arrested until the face becomes congested and livid, and, when the spasm relaxes, the inspiration may be sonorous as in pertussis. In some children these paroxysms occur more or less frequently. They are sometimes accompanied by carpo-pedal spasm. Convulsions may occur. Death may take place in a prolonged paroxysm, or in consequence of repeated paroxysms in rapid succession. I have known an instance of this kind. The affection is commonly known as *laryngismus stridulus*. From a supposed connection with persisting enlargement of the thymus gland after birth, it has been called *thymic asthma*.

The affection is purely neurotic. It involves a peculiar susceptibility to spasm in the laryngeal muscles. This susceptibility may be incident to a certain period, as during weaning or dentition, but, in some cases, it appears to be an idiosyncrasy of infantile life. When the predisposition exists, paroxysms are liable to be excited by various causes, acting physically and mentally.

During a paroxysm, it is customary to employ means to produce a strong impression on the surface, as slapping the back or sprinkling cold water on about forty, admitted into one of my wards in Bellevue Hospital suffering from the effects of a debauch, had a fistulous orifice in the anterior portion of the trachea large enough to admit the end of the forefinger. This fistula followed a wound received in a fracas, and had existed for seventeen years. It occasioned little or no inconvenience in respiration. There were no symptoms of inflammation or irritation of the trachea or bronchial tubes, and he was entirely free from pulmonary disease. The only inconvenience which it occasioned was in speaking. In order to direct a current of air through the glottis sufficiently for the production of voice, he was accustomed to approximate the chin to the sternum, and in this way he was able to close the fistula.

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[1] *Vide* Trans. Am. Med. Association, vols. i. and iv. Several cases successfully treated by this method are reported by Dr. Buck.

CHAPTER X.

PULMONARY TUBERCULOSIS.

Anatomical Characters—Clinical History—Pathological Character—Causation.

The term *pulmonary tuberculosis* denotes an affection characterized by the deposition in the lungs of the morbid product called tubercle or tuberculous matter. This affection is commonly known as *consumption*, or, sometimes, *the decline*, names which are significant in view of the wasting of the body which attends its march, but yet not distinctive, inasmuch as progressive emaciation belongs to the history of other affections. The name *phthisis*, or *phthisis pulmonalis*, has the same significance, that is, expressing wasting or emaciation, and is open to the same objection. The term tuberculosis expresses the character, and pulmonary, the seat of the affection. Of the diseases which afflict the human family, this is one of the most important, prevailing, more or less, in almost every quarter of the globe, and occasioning, exclusive of those which prevail epidemically or endemically, a larger proportion of deaths than any other disease.

Anatomical Characters.—The nature of the tuberculous deposit, the changes which it undergoes, etc., have been considered in the first part of this work (*vide* p. 37). It will suffice here to mention the anatomical points, pertaining to the deposit, which are important in a practical view, and the morbid conditions incidental to the local affection.

As regards the amount of deposit, it varies much at the outset, in different cases. Different cases, also, differ much as regards its progressive accumulation. In some cases the deposition goes on steadily, that is, without intermission; in other cases, after a certain amount has occurred, there is no further increase for an indefinite period. Not infrequently, successive deposits occur at epochs more or less remote. The disposition of the deposit varies. In some cases it is disseminated in nodules, or tubercles, of small or moderate size. In other cases, the nodules, at first isolated, become aggregated by accretion, multiplication, and coalescence, forming irregular masses of considerable size.

The deposit takes place first, at or near the apex of one lung, in the vast majority of cases, and, in the progress of the affection, extends downwards, more or less, towards the base. But, sooner or later, the deposit occurs at or near the apex of the other lung, thence extending downward. Different

NERVOUS APHONIA.

Loss of voice, or aphonia, is incidental to the several varieties of laryngitis which have been considered. But it occurs when not dependent either on inflammation or lesions within the larynx; in other words, as a functional affection. It is then known as nervous aphonia. The loss of voice is due to paralysis affecting the nerve of phonation, viz., the spinal accessory. The affection is limited to the voluntary movements of the laryngeal muscles, the reflex movements involved in respiration being unaffected.

This form of aphonia is met with not infrequently in females, and is usually associated with more or less of the phenomena embraced under the name hysteria. As a purely neurotic affection, that is, not dependent on any lesion of the nervous system, it must be extremely rare in the male sex. I have met with it in a case in which the lower extremities and one upper extremity were affected with paralysis, and in a case of hemiplegia. A distinction is to be made between loss of voice and loss of speech, the latter occurring in a certain proportion of the cases of hemiplegia, and dependent, not on the loss of power to produce vocal sounds, but on either a defect in articulation or the loss of memory of words. Aphonia occurs from pressure on the recurrent laryngeal nerve of an aneurismal or other tumor, and the loss of voice should direct attention to this as a possible or probable cause.

The diagnosis of nervous aphonia may be made by attention to the character of the whispered voice. The patient speaks in a pure, soft whisper, without effort. On the contrary, if the aphonia be due to laryngitis, the whisper is stridulous or husky and labored. Moreover, in aphonia due to laryngitis, there is more or less cough and expectoration, symptoms generally absent in nervous aphonia. As the question is usually to decide between nervous aphonia and chronic laryngitis, and as the latter affection is generally associated with pulmonary tuberculosis, the absence of the symptoms and signs of the latter disease will serve to confirm the diagnosis.

If the aphonia be purely neurotic, in other words, involving no lesion of the nervous centres, nor pressure on the par vagum or recurrent laryngeal nerves, recovery may be expected after a duration of the affection varying much in different cases. The voice is sometimes restored instantaneously and unexpectedly. I have met with cases in which repeated attacks had occurred.

The treatment in these cases should be directed mainly to the general condition. Tonic remedies and invigorating hygienic measures are indicated. Moderate counter-irritation may be useful. Cases have been reported in which the application of the electric current to the laryngeal muscles proved efficacious.

MORBID GROWTHS.

The laryngeal mucous membrane, especially at the vocal chords, is sometimes the seat of morbid growths in the form of warty vegetations, or tumors, which are generally epithelial, but sometimes fibro-cellular and pedunculated, the latter called polypi. These occasion inconvenience, suffering, and death by producing obstruction. Surgical interference becomes necessary when the obstruction is sufficient to endanger life. A tube may be worn in the trachea for an indefinite period. In a case in which a permanent artificial opening becomes necessary, it may be a question whether a large fistulous orifice might not be established, rendering the tracheal tube unnecessary. As bearing on this question, the following case is of interest: A patient, aged liquefied tubercle. The second stage extends from the time when cavities are formed to the termination of the affection. A stage of softening, distinct, on the one hand, from the period during which the tubercle remains solid and is said to be crude, and, on the other hand, from the cavernous stage, is superfluous, for the existence of such a stage cannot be predicated with any degree of certainty on the symptoms and signs. As regards the two stages, viz., before and after excavation, it is to be borne in mind that frequently, if not generally, both are represented at the same time in different portions of the lungs. After cavities have been formed in certain portions, a more recent deposit in other portions is still crude or undergoing the process of softening.

In this division into two stages, it is assumed that the affection goes on to the formation of cavities. This, unhappily, is the rule; yet, exceptions to the rule are not very infrequent. If the deposit be disposed in small, disseminated nodules or tubercles, it may be absorbed. In some cases the animal constituents of the deposit are absorbed, leaving the mineral portion, and the latter become hard calcareous bodies which may remain imbedded in the lung, or, ulcerating into the bronchial tubes, they are expectorated. In these modes a cure of the local affection takes place in a certain proportion of cases. But a cure may also take place after the affection has gone on to the second stage. It is well ascertained that cavities, even of considerable size, may gradually contract and, at length, perfectly cicatrize. In some cases in which cicatrization does not take place, cavities become lined with a non-secreting membrane, and remain nearly innocuous for an indefinite period.

Of late, some writers have recognized, as a stage of the disease, a period, anterior to the tuberculous deposit, which has been called the pre-tuberculous stage. It has been supposed that such a stage may be determinable by symptoms and signs. That a general and local morbid condition precedes the deposit, can hardly be doubted, but that anatomical changes take place, which are represented by symptomatic phenomena, and which may be appreciated by physical exploration, cannot be considered as established by clinical observation.

CLINICAL HISTORY.—In sketching the clinical history of this affection, the symptoms attending its development, and the first stage, will, in the first place, claim attention.

The affection is often remarkably insidious in its development. In a certain proportion of cases, the pulmonary symptoms are preceded, for several weeks or months, by deteriorated general health, as denoted by loss of weight, impaired muscular strength, and a pallid aspect. These premonitions, however, are not constant, and, if they exist, are rarely sufficiently marked to excite the attention of the patient or others. It is stated by Drs. James Clark, Bennett, Tweedy, Todd, and others, that certain dyspeptic ailments are apt to precede the development of the affection. If this be so, the ailments are not, as a rule, of a striking character. In a pretty large proportion of cases, the pulmonary symptoms which may be considered as denoting the occurrence of the tuberculous deposit, are neither preceded nor accompanied by ailments of any description which lead the patient to suppose that he is affected with any disease. In the majority of cases, when the patient first comes under the cognizance of the physician, the previous history renders it probable that a deposit has existed for several weeks, or, perhaps, months. The researches of Mr. Hutchinson and Dr. E. Smith, appear to show that persons who become tuberculous, are apt to have a dislike for fatty articles of food, before and after the deposit takes place, to-collections of cases analyzed in order to determine whether the right or left lung is most liable to be first affected, have furnished discrepant results, showing that there is no fixed law with respect to this point. Exceptionally, the deposit commences at the base and extends upward. These exceptional cases are exceedingly rare, occurring, probably, not oftener than once in an hundred cases.

In the early period of the affection, there is a marked difference in different cases in respect of the latency of the deposit. In some cases the deposit, although considerable, occasions but little local disturbance; in other cases, it causes irritation and inflammation in the surrounding tissues. Circumscribed bronchitis occurs sooner or later, and is more or less marked. Inflammation of the parenchyma, extending over a limited number of lobules (circumscribed pneumonitis), is another morbid condition incidental to the deposit in some cases, increasing, for a time, the degree and extent of solidification, and sometimes contributing to the breaking down of the pulmonary structures. Attacks of circumscribed pleuritis occur almost invariably. They may occur early in the history of the deposit. They may recur at variable periods, leading to the exudation of lymph, without liquid effusion, and adhesion of the pleural surfaces, by means of intervening organized membrane. The occurrence of successive attacks of dry circumscribed pleuritis explains the firm attachment of the pleuritic surfaces over portions of the lungs corresponding to the sites of the tuberculous deposit, which are generally found in examinations after death. Diminished volume of the affected portions of the lungs is another anatomical change incidental to the deposit, even before softening of the deposit has taken place, due to collapse of pulmonary lobules. Emphysema of more or less of the lobules in proximity to the deposit, is another morbid condition not infrequently observed.

Softening, the discharge of the liquefied tuberculous matter by ulceration into the bronchial tubes, and its expectoration, take place after a period which varies much in different cases. The affection has now advanced to the formation of cavities. When the tuberculous matter first deposited has in this way been removed, the matter subsequently deposited is undergoing softening, and at length is, in like manner, removed. Hence, as the affection progresses, new cavities are formed. In examinations after death, cases differ much as regards the number and size of the tuberculous cavities. The greater part of the upper lobe of one lung, and sometimes of both lungs, may be converted into a single cavity or a series of cavities. These cavities are generally irregular in form, with ridges of pulmonary tissue and depressions, and, hence, distinguished as anfractuous. Not infrequently they are traversed by bands of pulmonary tissue containing bloodvessels, and the rupture of these is the source of the hemorrhage which occurs in certain cases. The cavities become lined with a membrane which is thick and dense in proportion to their age. The destruction of lung is, of course, in proportion to the number and size of the cavities, and their formation leads to a still further reduction of the volume of the portions of the lung in which they are seated. Exceptionally, the liquefied tubercle is evacuated, by ulceration through the pleura, into the pleural sac, giving rise to pleuritis with effusion, and allowing the entrance of air, thus causing pneumo-hydrothorax. The adhesions resulting from the successive attacks of dry circumscribed pleuritis, are conservative as regards protecting against this accident, which occurs in only a small proportion of cases.

A simple and convenient division of this affection into stages is based on the marked difference, as regards the anatomical characters, before and after the formation of cavities. The first stage embraces the period occupied by the accumulation of the deposit and the softening, up to the evacuation of

Daily febrile exacerbations, commonly called hectic fever, may occur in the first stage. Toward evening the acceleration of the pulse is increased, with increased heat of skin, and sometimes a marked sensation of burning in the soles and palms; the cheeks may present a circumscribed flush, and, after some hours, the exacerbation goes off with perspiration. The exacerbation is sometimes preceded by a chill. Chills also occur without being followed by notable febrile movement. They may be pronounced and accompanied by some rigor, or they are slight and transient, consisting, in some cases, of occasional shiverings or a sensation as if water were trickling down the back. Well-marked chills, followed by increased heat and perspiration, may occur with such regularity that the patient is supposed to be affected with intermittent fever, and, under these circumstances, if the pulmonary symptoms are slight, the affection of the lungs may be for some time overlooked. I suppose there are few physicians of much experience in situations where they are liable to meet with intermittent fever who cannot recall cases in which this error of diagnosis has been made. Febrile movement of limited duration may be due to intercurrent, circumscribed pneumonitis.

As regards appetite and digestion, there is much diversity in different cases. In general, the desire for food is diminished and the ability to digest food impaired. In some cases there is almost entire loss of appetite and even a repugnance to food. This is an unfavorable feature of the disease. Disorder of digestion is sometimes so prominent as to appear to be the chief malady. The physician should be on his guard against considering the cough in such cases as merely dyspeptic or symptomatic. Antipathy to fat, as a characteristic of cases of this disease, has already been mentioned.

Diarrhœa occurs, in the first stage, in a certain proportion of cases. If occasional only, it may proceed from incomplete digestion; but if frequently recurring or persisting, it points to the existence of tuberculous deposit within the intestinal canal, usually seated in the small intestine. Persisting or frequently recurring diarrhœa, accompanied by cough, if the latter be ever so slight, should excite suspicion of pulmonary tuberculosis, and the existence of this affection being ascertained, a tuberculous affection of the intestinal canal, as a secondary affection, is to be inferred. Diarrhœa proceeding from tuberculous enteritis is an unfavorable symptom, diminishing the prospect of improvement.

Impaired nutrition, denoted by diminished weight or emaciation, is frequently one of the earliest symptoms. As a rule, reduction in weight continues so long as the disease is progressive; on the other hand, the disease may generally be considered as non-progressive if the patient be not losing weight, and, still more, if he be gaining in flesh. Defect in the processes of assimilation is shown also by anæmia, which, in most cases of pulmonary tuberculosis, is an early symptom, and frequently exists in a marked degree.

The muscular strength progressively diminishes if the disease be progressive, but here there is much variation in different cases. Patients are rarely compelled to keep the bed in the first stage, and they are generally able to be out of doors. Deficiency of breath, in some cases, precludes an amount of active exercise or labor for which muscular strength is sufficiently retained.

In females, suppression of the menses is a symptom significant of the progress of the disease. The menstrual discharge diminishes in quantity, and generally becomes suppressed. They are apt to attribute importance to the suppression as a cause of their other ailments. It is, however, an event incidental to the tuberculous disease, and does not claim special measures of treatment. Facts do not show that suppression of the menses from other causes exerts an influence in the development of tuberculosis.

This disease does not tend directly to impair the intellectual faculties.

gether with a tendency to acid eructations, especially after the ingestion of fat.

Of the pulmonary symptoms, the first which occurs is cough. Unless the deposit take place coincidently with an attack of bronchitis, which is not common, the cough is, at first and for some time, slight, dry, hacking, and perhaps excites little or no attention. Occasionally, however, it is, from the outset, a prominent symptom. The expectoration, for some time wanting, is at first small, and consists of foamy, glairy mucus. It progressively increases, becoming gradually more or less abundant, and also becomes solid and opaque. These symptoms proceed from irritation and circumscribed bronchitis produced by the deposit. Hæmoptysis frequently takes place shortly after the occurrence of cough and expectoration. In some cases it precedes these symptoms. It is often the event which first excites any uneasiness in the mind of the patient, and leads him to seek for medical advice. If cough and expectoration have existed for some time prior to this event, he had given little heed to them, thinking they were due to a slight cold, and that they would shortly disappear.

Pain in the chest does not belong to the tuberculous affection *per se*. The pulmonary parenchyma is endowed with very little sensibility. Pain, however, is apt to occur, at times, more or less frequently, during the first stage of the disease, due to the attacks of circumscribed pleuritis, to which reference has been made. The pain is sharp, lancinating or stitch-like, referred to the summit of the chest, and frequently shooting beneath the scapula. It varies at different times and in different cases in severity, being rarely sufficient to keep the patient in bed or even within doors, and may continue for one, two, or three days. In the progress of the disease, the pain in these attacks is referred successively to both sides of the chest, and it may be most severe and frequent on the side in which the amount of tuberculous deposit is least. These attacks are frequently considered by patients to be rheumatic or neuralgic. They possess considerable diagnostic significance, but they are of very little importance as indicating gravity or progress of the disease. Intercostal neuralgia occasionally occurs in tuberculous patients, and is to be distinguished by the diagnostic points which have been presented in treating of that affection. The respirations are usually increased in frequency, and the increase, other things being equal, is in proportion to the amount of the deposit. This symptom may not attract the notice of the patient. It is apparent especially on exercise. It is rarely the case that suffering from dyspnœa is experienced, and to ascertain the existence of this symptom, it may be necessary for the physician to observe for himself, and not trust to the statement of the patient. Even when, owing to the amount of deposit and the rapidity with which it has taken place, lividity is marked, dyspnœa is not always complained of.

Among other than pulmonary symptoms, the condition of the circulation, as represented by the pulse, holds an important place. During the first stage, more or less acceleration of the pulse is the rule, and this acceleration, although not great, is an important symptom in a diagnostic point of view. The amount of acceleration differs much in different cases. In general, the frequency of the pulse is in proportion to the activity of the tuberculous cachexia. If the pulse be habitually frequent, the disease will be likely to be rapidly progressive. A certain proportion of cases are characterized by frequency of the pulse, which is also quick, vibratory, and compressible, qualities denoting morbid activity, but not increased power, of the contractions of the heart. In these cases the career of the disease is apt to be short, the deposit progressively accumulating and running rapidly through its changes.

but in many cases the ulcerated opening is at first small, and the tuberculous matter escapes gradually into the bronchial tubes.

Microscopical examination of the matter expectorated rarely shows tuberculous corpuscles. These are disintegrated in the process of liquefaction. The constituents, as shown by the microscope, are pus-globules, epithelium, fatty granules, blood-disks; occasionally the yellow elastic fibre, and sometimes vegetable sporules and spores.

The quantity of matter expectorated is, in general, in proportion to the number and size of cavities. It is usually more abundant in the morning than at any other period, owing to its having accumulated during sleep. Toward the close of life the act of expectoration becomes difficult on account of muscular feebleness, and the consequent accumulation of morbid products in the air-passages not infrequently hastens death. Occasionally the matter expectorated, and the breath of the patient, emit considerable fetor, due to sloughing of small masses of pulmonary structure within the cavities.

Hæmoptysis occurs less frequently in the second than in the first stage; and, occurring in the second stage, it may be due to the rupture of the bands of pulmonary tissue which so often traverse tuberculous cavities, these bands sometimes containing vessels of sufficient size to furnish an abundant hemorrhage. It is possible for the loss of blood in this way to be sufficient to destroy life, but instances must be extremely rare. The hemorrhage, however, may contribute to a fatal result. I have known a large cavity to become filled with coagulated blood.

Hoarseness, or huskiness, or extinction of the voice, denotes laryngitis, which may be developed in the first as well as in the second stage. This affection has been considered in the preceding chapter. It is to be borne in mind that its existence constitutes presumptive proof of pulmonary tuberculosis, the latter usually existing prior to the laryngitis.

Lancinating pains incident to intercurrent pleuritis recur in the second as well as the first stage, from time to time. Occasionally, both in the first and second stage, the pleuritis becomes general, and is attended with liquid effusion. So far as my observations go, they confirm the statement of Louis, that double pleuritis with effusion always denotes the pre-existence of tubercle. I have lately met with a case of double pleuritis with considerable effusion in both sides, limited to the lower part of the chest, in which the tuberculous deposit was situated at the base of the lungs, and in one lung the affection had advanced to the second stage. Acute pain, suddenly developed, with embarrassed breathing, acceleration of pulse, and prostration, point to perforation of the lung, and the signs of pneumo-hydrothorax are to be sought for.

The pulse, as a rule, is more accelerated in the second than in the first stage. Febrile exacerbations are oftener present and more marked, with burning of the soles and palms. The night perspirations are often copious, and are a source of debility and great discomfort.

The appetite and digestion are more or less impaired, cases differing greatly as regards the symptoms connected with the ingestion of food. Diarrhœa is more frequently present and a more prominent symptom in the second stage, being connected often with intestinal ulcerations. If profuse and persisting, it has been distinguished as *colliquative diarrhœa*. With the progress of the disease the body progressively diminishes in weight, and the patient is often reduced to an extreme degree of emaciation. The strength varies greatly in this stage. The patient may be confined to the bed for a greater or less period before death, but not infrequently strength is preserved sufficiently to be up much of the time, and even to go out of doors, up to a few days or even a few hours before death.

The intellect frequently remains bright and active notwithstanding the progress of the disease. The feelings are usually cheerful and buoyant. The patient is hopeful respecting his condition; he depreciates his symptoms, and is reluctant to admit that his malady is serious. This state of mind sometimes amounts to an infatuation, which renders it difficult to obtain from the patient a fair account of his symptoms, and it is necessary for the physician to rely chiefly on the statements of others and his own observations. To such an extent is the absence of anxiety characteristic of the disease, that an opposite frame of mind militates somewhat against the supposition of the existence of tuberculosis. Tuberculous patients are readily persuaded that they are improving, and hence they fall an easy prey to quacks. They sometimes dislike to be told the truth, and take offence at an intimation that they are consumptive.

Proceeding to notice the points in the clinical history which distinguish the second stage, it is to be borne in mind that it is not easy, nor is it practically important, to draw an exact line of demarcation between the two stages. Successive irruptions of tubercle are apt to take place, and the accumulation may be going on steadily, so that, while the local affection has advanced to the second stage in one part, usually near the apex, the first stage may be represented in other parts. The disease is to be considered as having advanced to the second stage when a cavity or cavities exist of sufficient size to give rise to certain distinctive signs and symptoms. The symptoms of the first stage continue into the second, increased and modified by the existence of cavities.

The cough in the second stage usually becomes more prominent. It is less irritable, and more exclusively for expectoration. It is troublesome and difficult in proportion as the contents of the cavities are not easily evacuated, owing to their size, want of free communication with the bronchial tubes, etc. The expectoration consists of liquefied tubercle, matter furnished by the lining membrane of the cavities, and products of secretion from the bronchial mucous membrane. The quantity of expectoration is very variable, amounting, in some cases, to only a few ounces, and, in other cases, to a pint or more daily.

The gross appearances of the expectoration are various. It is oftenest muco-purulent with more or less predominance of the characters of pus. In proportion as it has the characters of pus, the sputa do not remain distinct, but run together to form a homogeneous mass. Sometimes a collection of the liquid expectorated presents a thick, opaque appearance not unlike that of pea-soup or gruel. The sputa are sometimes solid, remaining distinct, and, in falling upon the bottom of a vessel, assume a flat, round appearance like that of a coin, and, hence, are called *nummular sputa*. The sputa occasionally present yellow *striæ*, which consist apparently of pus. The edges of the sputa are sometimes ragged; another appearance is that of small particles, resembling boiled rice, contained in the matter expectorated. It is very rare for semi-softened, cheesy, tuberculous matter to be expectorated, but, in one case under my observation, several masses of this description were raised, evidently due to an unusually large ulcerated orifice being established between a collection of tubercle and a bronchial tube of considerable size. In this case, the signs of a cavity were developed directly after the expectoration of a large amount of matter which contained the masses of partially softened tubercle. A sudden expectoration of matter, in considerable quantity, presenting the appearance of a purulent or puruloid liquid, denotes the opening by ulceration of a collection of liquefied tubercle. Not infrequently this occurs repeatedly during the progress of the disease, *phthisis*, which will be noticed briefly under a distinct heading.[1] Distributing fatal cases into groups according to the duration of the disease, exclusive of the rapid cases just referred to, one group will consist of cases in which the disease continues from three to six months; in another group, death takes place between six months and a year; in a third group the career extends from one to two years, and in another group the fatal termination is held in abeyance for many years. I have met with a number of persons who have been tuberculous for more than twenty years, and, at this moment, I have a patient under observation in whom there is reason to believe the disease has existed for forty years.

Limiting attention to the cases in which, sooner or later, the disease proves fatal, its march is extremely irregular. It is not uncommon for little or no progress to be apparent for several successive weeks, months, or even years, and then the disease to advance with more or less rapidity. The occurrence of fresh deposits of tubercle at successive epochs, is frequently the point of departure for the onward march of the disease; but cases differ much as regards the local destruction, changes incident to the deposit, and the rapidity with which softening, ulceration, and the formation of cavities take place. Further remarks on the march of the disease will be suggested under the head of prognosis.

PATHOLOGICAL CHARACTER.—The pathological character of this affection has already been considered in the first part of this work. In a practical point of view, the fact to be especially borne in mind is, that pulmonary tuberculosis is not, primarily and essentially, an affection of the lungs. The deposit of tubercle proceeds from a prior morbid condition of the system; in other words, the pulmonary disease is the local expression of a special constitutional affection, called the tuberculous cachexia or dyscrasia. It is probable that tubercle is deposited because its elements exist in the blood in a form leading to their separation. The exudation is, in fact, an elimination. It is a rational inference that a vice of assimilation is involved in the existence of the tuberculous cachexia, but the nature of the latter and the mode of its production are problems remaining to be solved by future researches. The deposit takes place without inflammation, using this term in the sense in which it is ordinarily used. Tuberculization is a non-inflammatory process, unless we accept as a definition of inflammation any process involving an exudation.

CAUSATION.—The causes of pulmonary tuberculosis may be divided into those which act, first, locally, upon the lungs, and, second, generally, in producing the constitutional condition or cachexia which constitutes the disease. With respect to local causes, it may be doubted whether they are ever sufficient in themselves to produce the disease. It is probable that they only act on exciting causes. The deposit of tubercle is sometimes either preceded by, or occurs in connection with, some other pulmonary affection, viz., bronchitis, pleuritis, or pneumonitis. If this association be more than a coincidence, the other affections only serve to determine the time of the deposit, the cachexia already existing; that is, they act the part of the match when everything is ready for the explosion. These affections occur so frequently, without being either accompanied or followed by a tuberculous deposit, that it is certain they have no intrinsic tendency to that result; and, on the other hand, in the great majority of cases pulmonary tuberculosis is developed irrecollections of cases analyzed in order to determine whether the right or left lung is most liable to be first affected, have furnished discrepant results, showing that there is no fixed law with respect to this point. Exceptionally, the deposit commences at the base and extends upward. These exceptional cases are exceedingly rare, occurring, probably, not oftener than once in an hundred cases.

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[1] By some writers the term "galloping consumption" is applied to the latter form of disease.

In the early period of the affection, there is a marked difference in different cases in respect of the latency of the deposit. In some cases the deposit, although considerable, occasions but little local disturbance; in other cases, it causes irritation and inflammation in the surrounding tissues. Circumscribed bronchitis occurs sooner or later, and is more or less marked. Inflammation of the parenchyma, extending over a limited number of lobules (circumscribed pneumonitis), is another morbid condition incidental to the deposit in some cases, increasing, for a time, the degree and extent of solidification, and sometimes contributing to the breaking down of the pulmonary structures. Attacks of circumscribed pleuritis occur almost invariably. They may occur early in the history of the deposit. They may recur at variable periods, leading to the exudation of lymph, without liquid effusion, and adhesion of the pleural surfaces, by means of intervening organized membrane. The occurrence of successive attacks of dry circumscribed pleuritis explains the firm attachment of the pleuritic surfaces over portions of the lungs corresponding to the sites of the tuberculous deposit, which are generally found in examinations after death. Diminished volume of the affected portions of the lungs is another anatomical change incidental to the deposit, even before softening of the deposit has taken place, due to collapse of pulmonary lobules. Emphysema of more or less of the lobules in proximity to the deposit, is another morbid condition not infrequently observed.

Softening, the discharge of the liquefied tuberculous matter by ulceration into the bronchial tubes, and its expectoration, take place after a period which varies much in different cases. The affection has now advanced to the formation of cavities. When the tuberculous matter first deposited has in this way been removed, the matter subsequently deposited is undergoing softening, and at length is, in like manner, removed. Hence, as the affection progresses, new cavities are formed. In examinations after death, cases differ much as regards the number and size of the tuberculous cavities. The greater part of the upper lobe of one lung, and sometimes of both lungs, may be converted into a single cavity or a series of cavities. These cavities are generally irregular in form, with ridges of pulmonary tissue and depressions, and, hence, distinguished as anfractuous. Not infrequently they are traversed by bands of pulmonary tissue containing bloodvessels, and the rupture of these is the source of the hemorrhage which occurs in certain cases. The cavities become lined with a membrane which is thick and dense in proportion to their age. The destruction of lung is, of course, in proportion to the number and size of the cavities, and their formation leads to a still further reduction of the volume of the portions of the lung in which they are seated. Exceptionally, the liquefied tubercle is evacuated, by ulceration through the pleura, into the pleural sac, giving rise to pleuritis with effusion, and allowing the entrance of air, thus causing pneumo-hydrothorax. The adhesions resulting from the successive attacks of dry circumscribed pleuritis, are conservative as regards protecting against this accident, which occurs in only a small proportion of cases.

A simple and convenient division of this affection into stages is based on the marked difference, as regards the anatomical characters, before and after the formation of cavities. The first stage embraces the period occupied by the accumulation of the deposit and the softening, up to the evacuation of influence. These statistics, however, are open to the criticism that the statements of hospital patients are not very reliable, and that, in a certain proportion of cases, the parents might subsequently become tuberculous. Moreover, the number of patients interrogated, although considerable, was not very large. This plan of investigation might be pursued farther with perhaps a different result; and it would be more satisfactory to analyze cases in private practice with respect to this point.

A congenital and hereditary influence is most strikingly shown by facts relating to certain families. In another work I have cited the following instance, occurring under my own observation:[1] All the children of a family, seven in number, were victims of this disease in five years—the ages being between 18 and 23. The mother died of the disease shortly before the death of the first of the seven children who died. The father was a man of robust health. Another instance within my knowledge is as follows: A tuberculous patient was under my care in January, 1862, and subsequently died. This patient had lost eight brothers or sisters from the disease, and both parents. Two sisters, then living, were all that remained of the family. A still more striking illustration is afforded by the following facts: Of a family comprising eight children, one died in childhood with convulsions, three daughters and one son have died with phthisis, another daughter and a son are now tuberculous, and the only remaining child, the eldest daughter, presents the history and signs of arrested tuberculosis. Both parents died tuberculous. The following statement, which was communicated to me by an intelligent medical student, now a practitioner of medicine, illustrates a congenital tendency without the evidence of inheritance: Mr. S. is 57 years of age, and in good health. His wife is 52, and well. No progenitors have been known to die with tuberculosis. All the children, five in number, died with this disease between 1853 and 1861—their ages respectively being, at the time of death, 23, 25, 24, 22, and 23.

Facts, such as have just been cited, certainly show that the tuberculous diathesis is sometimes inherent in the constitution and inherited. To what extent a congenital influence is involved in cases in which circumstances do not render it evident, must be left for conjecture. It is not irrational to suspect its existence in a large proportion of the cases in which proof is impossible.

The predisposition has relation to age. The disease is most liable to be developed between 20 and 30. The other decennial periods of life are arranged in the following series, according to the rate of predisposition: 30 and 40, 10 and 20, 40 and 50, 50 and 60, 0 and 10, 60 and 70, 70 and 80, 80 and 90, 90 and 100. No age is exempt from a liability to the disease, and it may affect the fœtus *in utero*.

Climate appears to exert an influence either for or against the development of the disease. It may be stated that, as a rule, the prevalence of the disease is less in climates either uniformly warm and dry, or uniformly cold and dry, than in those which are moist and subject to frequent alternations of cold and warmth. Major Tullock's reports, to which all writers refer, showed that among British troops the ratio of deaths from this disease was greater in some tropical situations, such as the West Indies, than in Canada and Nova Scotia. These statistics, however, are of little value as regards the influence of climate, for, assuming accuracy of diagnosis, the soldiers carried with them constitutional tendencies acquired elsewhere, and the circumstances connected with their habits and mode of life may have had much to do in the causation.

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[1] Physical Exploration, and the Diagnosis of Diseases affecting the Respiratory Organs.

gether with a tendency to acid eructations, especially after the ingestion of fat.

Of the pulmonary symptoms, the first which occurs is cough. Unless the deposit take place coincidently with an attack of bronchitis, which is not common, the cough is, at first and for some time, slight, dry, hacking, and perhaps excites little or no attention. Occasionally, however, it is, from the outset, a prominent symptom. The expectoration, for some time wanting, is at first small, and consists of foamy, glairy mucus. It progressively increases, becoming gradually more or less abundant, and also becomes solid and opaque. These symptoms proceed from irritation and circumscribed bronchitis produced by the deposit. Hæmoptysis frequently takes place shortly after the occurrence of cough and expectoration. In some cases it precedes these symptoms. It is often the event which first excites any uneasiness in the mind of the patient, and leads him to seek for medical advice. If cough and expectoration have existed for some time prior to this event, he had given little heed to them, thinking they were due to a slight cold, and that they would shortly disappear.

Pain in the chest does not belong to the tuberculous affection *per se*. The pulmonary parenchyma is endowed with very little sensibility. Pain, however, is apt to occur, at times, more or less frequently, during the first stage of the disease, due to the attacks of circumscribed pleuritis, to which reference has been made. The pain is sharp, lancinating or stitch-like, referred to the summit of the chest, and frequently shooting beneath the scapula. It varies at different times and in different cases in severity, being rarely sufficient to keep the patient in bed or even within doors, and may continue for one, two, or three days. In the progress of the disease, the pain in these attacks is referred successively to both sides of the chest, and it may be most severe and frequent on the side in which the amount of tuberculous deposit is least. These attacks are frequently considered by patients to be rheumatic or neuralgic. They possess considerable diagnostic significance, but they are of very little importance as indicating gravity or progress of the disease. Intercostal neuralgia occasionally occurs in tuberculous patients, and is to be distinguished by the diagnostic points which have been presented in treating of that affection. The respirations are usually increased in frequency, and the increase, other things being equal, is in proportion to the amount of the deposit. This symptom may not attract the notice of the patient. It is apparent especially on exercise. It is rarely the case that suffering from dyspnœa is experienced, and to ascertain the existence of this symptom, it may be necessary for the physician to observe for himself, and not trust to the statement of the patient. Even when, owing to the amount of deposit and the rapidity with which it has taken place, lividity is marked, dyspnœa is not always complained of.

Among other than pulmonary symptoms, the condition of the circulation, as represented by the pulse, holds an important place. During the first stage, more or less acceleration of the pulse is the rule, and this acceleration, although not great, is an important symptom in a diagnostic point of view. The amount of acceleration differs much in different cases. In general, the frequency of the pulse is in proportion to the activity of the tuberculous cachexia. If the pulse be habitually frequent, the disease will be likely to be rapidly progressive. A certain proportion of cases are characterized by frequency of the pulse, which is also quick, vibratory, and compressible, qualities denoting morbid activity, but not increased power, of the contractions of the heart. In these cases the career of the disease is apt to be short, the deposit progressively accumulating and running rapidly through its changes.

hæmatosis, to become tuberculous. Measles and typhoid fever leave the system in a condition favorable for the development of the tuberculous cachexia. Are they who suffer in early life from a tuberculous deposit in the lymphatic glands of the neck, especially prone to pulmonary tuberculosis in after life? I have been led to think that this question may be answered in the negative. I have collected a number of cases of young and middle-aged persons presenting the characteristic cicatrices on the neck, who were free from tuberculous disease of the lungs; and, on the other hand, it is extremely rare to find these cicatrices in persons who are affected with pulmonary tuberculosis. It would seem that the cachexia may be, as it were, exhausted by the deposit in the glands of the neck, and that afterward it is not likely to become developed. If this be true, we have here an instance of a conservatism which is also manifested in other facts pertaining to the history of this disease.

In conclusion, of the various agencies which are involved more or less, in the causation of pulmonary tuberculosis, it is difficult to assign to each its proper relative importance. It is probable that this is pre-eminently a diathetic disease; but it is impossible to determine whether the diathesis be always innate, or whether, in a certain proportion of cases, it be acquired. Do the causes which contribute to the development of the disease produce the diathesis, or do they act solely by producing the cachexia, the diathesis already existing? Our present knowledge does not enable us to answer this question. Yet, our limited knowledge of the causation is of immense value in its practical application to prophylaxis and treatment.

CHAPTER XI.

PULMONARY TUBERCULOSIS.—CONCLUDED.

Diagnosis—Prognosis—Treatment—Acute Pulmonary Tuberculosis.

DIAGNOSIS.—A positive, and, especially, an early diagnosis, in cases of pulmonary tuberculosis, must rest mainly on physical signs, in connection with the history and symptoms. A full consideration of the physical diagnosis does not fall within the scope of this work. For this, the reader is referred to treatises devoted to physical exploration, or to diseases of the chest.[1] I shall content myself with giving an enumeration of the important signs involved in the discrimination of the disease, and, afterward, recapitulate the diagnostic symptoms embraced in the clinical history.

The physical conditions in cases in which the deposit of tubercle is abundant or the disease advanced to the second stage, are represented by well-marked signs, rendering the diagnosis sufficiently easy and positive. The diminished volume of lung at the apex, which frequently occurs, causes a depression at the summit of the chest on the side most affected, and, owing to pleuritic adhesions, the expansion, at the summit, is less than on the opposite side. The scapula, on the side most affected, is often restrained in its movement upward in inspiration, contrasting, in this respect, with the opposite scapula. These signs, obtained by inspection, are available in a certain proportion of cases. Percussion elicits relative dulness, and sometimes even flatness over the tuberculous deposit. Exceptionally, over the solidified portion of lung, the resonance is tympanitic. A tympanitic resonance over a circumscribed space, and the varieties of this resonance called cracked metal and amphoric, point to the existence and situation of cavities. The respiratory sound, obtained by auscultation, is either bronchial, broncho-vesicular, or cavernous, and, not infrequently, these different signs are found, in different situations, in the same case. The first represents considerable or complete solidification; the second, moderate or slight solidification, and the third, a cavity or cavities. The cavernous respiration, in some cases, has an amphoric quality. The correlative vocal signs are likely to be present, viz., either bronchophony with the loud and whispered voice, and, in rare cases, pectoriloquy, or exaggerated vocal resonance. More or less of these auscultatory signs are available in the great majority of cases. And these, taken in connection with the cough and expectoration, emaciation, and other symptoms belonging to the history of the disease, render the diagnosis almost always an easy problem.

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[1] The author has considered at length the physical diagnosis of this, as well as other pulmonary affections, in his work entitled Physical Exploration and the Diagnosis of Diseases affecting the Respiratory Organs.

It is only in cases in which the deposit is moderate or small, the symptoms being, at the same time, less marked, that the diagnosis is difficult; and the difficulty, in such cases, is rarely great, provided the physician have a good practical knowledge of physical exploration. Inspection may, in these cases, furnish the same signs, but less marked, as when the tuberculous deposit is abundant. As a rule, slight or moderate, but distinct, dulness on percussion may be ascertained. The exception to this rule is when more or less of the pulmonary lobules become emphysematous, and, then, the resonance is altered, although not diminished—it is vesiculo-tympanitic. A comparison of the respiratory murmur on the two sides at the summit, will be likely to show abnormal changes, viz., the characters of the broncho-vesicular (rude) respiration. So, also, on a comparison as regards vocal signs, the vocal resonance and the bronchial whisper may be found to be exaggerated. The same is true of vocal fremitus. A careful exploration with reference to the foregoing signs, will furnish direct evidence of the deposit.

In addition to these signs, there are several occasionally present, which are inferentially evidence of tuberculosis. These may be distinguished from those already enumerated, as the accessory signs of the disease. Fine mucous or the subcrepitant rales, heard within a circumscribed space at the summit of the chest on one side, are highly significant of tubercle. They proceed from circumscribed bronchitis excited by the presence of the tuberculous deposit. A crepitant rale, in like manner limited to a small space of the summit on one side, has the same significance; being due to circumscribed pneumonitis excited by the tuberculous deposit. Crumpling and crackling sounds, also are significant, provided they be limited to the summit on one side. A pleural friction sound limited to the summit on one side, denotes a circumscribed pleuritis, which is probably secondary to a tuberculous deposit. Other accessory signs are, an abnormal transmission of the heart sounds, and an interrupted or jerking respiration. The diagnostic significance of all these signs, it will be observed, depends on their situation at the summit of the chest on one side. Alone they are not sufficient for the diagnosis, but coexisting with the direct signs, viz., dulness on percussion, broncho-vesicular respiration, exaggerated vocal resonance, and increased bronchial whisper, they serve to confirm these signs and establish the diagnosis.

The diagnostic points pertaining to symptoms, to which attention is to be directed in determining whether the disease be or be not present, when the signs are not so well marked as to render the diagnosis easy, are as follows: (*a.*) Cough and expectoration, not succeeding an attack of acute bronchitis, and not connected with chronic pharyngitis; the cough at first dry and afterward, an expectoration, at first small and transparent, and becoming gradually more abundant and opaque. (*b.*) Stitch-pains at the summit, not connected with intercostal neuralgia. (*c.*) Chills not referable to malaria. (*d*) Hæmoptysis. This is always a symptom of great significance, but, the fact is to be borne in mind that it occurs, in a certain proportion of cases, without being associated with tubercle. (*e.*) Accelerated breathing. (*f.*) Loss of weight. (*g.*) Pallor or anæmia, not otherwise explicable. (*h.*) Hoarseness or huskiness of voice, proceeding from chronic laryngitis. (*i.*) Chronic peritonitis, not traumatic. (*j.*) Suppression of the menses. (*k.*) Buoyancy of mind, instead of despondency.

Facts which render the existence of a hereditary predisposition probable, are to be taken into account in the diagnosis. The age of the patient is another point. As the discrimination frequently lies between tuberculosis and chronic bronchitis, it is to be considered that, except in aged persons and those affected with disease of the heart, chronic bronchitis is so rare a disease that the chances are in favor of the existence of tuberculosis. The chances are still greater, if, in addition, are excluded the cases in which chronic bronchitis is associated with asthma and emphysema, affections which rarely coexist with tuberculosis.

PROGNOSIS.—The prognosis, in cases of pulmonary tuberculosis, is unfavorable, in view of the fact that in many, if not most parts of the world, the mortality from this disease exceeds that from any other, exclusive of fevers and affections which prevail epidemically or endemically. Yet, the mortality from the disease has undoubtedly diminished within the past ten or fifteen years. This must be obvious to medical observers whose professional experience extends backward a quarter of a century or more. The fact is also shown by the statistics published by the registrar general of Great Britain, and by the mortuary reports of the large cities in this country. The explanation of the fact is probably to be found in improved views as regards the management of the disease. The diminution which has already taken place in the death-rate from this disease affords ground for the hope that its formidable character may be still further mitigated.

The different modes in which the disease may pursue a favorable course have been already considered. The entire deposit may be absorbed, or the animal portions may be absorbed, the mineral constituents remaining in the form of obsolete tubercles or calculi, and these may remain quiescent, or they may find their way into the bronchial tubes and be expectorated. Cavities may completely cicatrize. In these modes complete recovery may take place. This, of course, is the most satisfactory termination. And next to this is the persistence of cavities, without any fresh deposit, the cavities giving but little inconvenience for an indefinite period, and even through a long life. According to these different modes in which the course of the disease is favorable, cases may be divided into those in which an arrest takes place without recovery, and those in which the arrest is followed by recovery. An arrest of the disease may be said to take place whenever the patient is exempt from a renewal or continuance of the tuberculous exudation for several consecutive months. Whether recovery follows, or not, the arrest will depend on the amount of deposit which has taken place, and other circumstances. Not infrequently an arrest takes place, with or without recovery, and, after the lapse of several months or years, a fresh deposit occurs. The latter, then, denotes not properly a continuance of the disease, but a relapse. These distinctions seem to me to be pathologically just and practically important.

Pulmonary tuberculosis may end in recovery from an intrinsic tendency, that is, without any therapeutic or hygienic measures having been employed. Of sixty-two recorded cases in which an arrest of disease took place, in seven this arrest was irrespective of any extrinsic influences, and in four of these seven cases the recovery was complete.[1] To what extent an intrinsic tendency to arrest is involved in cases in which measures of management are employed, it is difficult to say, but it is fair to conclude that this tendency enters more or less into many, if not most, of the cases which pursue a favorable course. Assuming this conclusion to be correct, it becomes an important question, what circumstances denote an intrinsic tendency to arrest, or, in other words, what circumstances encourage a favorable prognosis in this disease? The answer to these questions should be based on a comparison of the results of the analyses of collections of cases ending, on the one hand, favorably, and, on the other hand, unfavorably. Such a comparison, as an object of clinical research, claims more attention than it has, as yet, received. I shall give certain conclusions, based chiefly on the study of a considerable number of cases pursuing a favorable course under my own observation.

Smallness of the deposit and a stationary condition as regards the amount are favorable circumstances. An arrest may take place although the deposit be large, but it is obvious that, inasmuch as the local damage is proportionate to the amount of deposit, the prospect of recovery is better the less the quantity of tubercle deposited. Another favorable circumstance is the quiescence of the disease, as denoted by the local and general symptoms. Tolerance of the deposit is shown by the cough and expectoration being slight, whereas the prominence of these symptoms indicates local disturbance incidental to the deposit, viz., circumscribed bronchitis and perhaps pneumonitis. The symptoms denoting general disturbance are, acceleration of pulse, chills, sweating, and debility. The prospect is favorable in proportion as these symptoms are wanting or without prominence. The import of hæmoptysis has been already considered. The observations of Ware and Walshe have shown that, as a rule, the prospect is more favorable in the cases characterized by the repeated occurrence of hæmoptysis, and my own observations have led me to the same conclusion.

The condition of the appetite and digestion affects the prognosis. The probability of arrest is greater in proportion as the appetite is good and the digestive organs free from disorder. It is a favorable circumstance if fatty articles of food can be taken without repugnance or disturbance of digestion, and if alcoholic stimulants are well borne. Diarrhœa is always an unfavorable symptom, whether functional or proceeding from tuberculous disease of the intestine. The condition as regards weight furnishes, on the one hand, one of the most favorable of prognostics, and, on the other hand, the most striking evidence of the unfavorable progress of the disease. The prospect is favorable if the loss of weight have been small and if it be not progressive, and, *per contra*, the prospect is unfavorable in proportion to the degree of emaciation and the rapidity with which it is going on.

The occurrence of perineal fistula is favorable, and so I have been led to regard laryngitis, excepting the cases in which the epiglottis and top of the larynx are involved, so as to interfere with deglutition. Facts which go to show a strong hereditary or congenital tendency to the disease are unfavorable. Finally, energy of character and a determined will are highly favorable, by securing a faithful and persevering employment of the hygienic measures upon which the successful management of the disease mainly depends.

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[1] Clinical Report on the Management of Pulmonary Tuberculosis. By Austin Flint, M.D. Trans. N. Y. Acad. of Med., 1863.

The disease proves fatal generally by asthenia. It is rare for the deposit to be so abundant, or the destruction of lung to be so great, as to destroy life by apnœa. The patient is gradually worn out by the protracted disturbance occasioned by the disease, conjoined with progressive emaciation and exhaustion. The development of pneumo-hydrothorax from perforation is apt to prove fatal in a short time, and sometimes by apnœa. Acute peritonitis from perforation has been known to occur, and this affection is likely to prove rapidly fatal. Meningitis is another complication which hastens the fatal termination.

TREATMENT.—The point of departure for the consideration of the management of this affection is the pathological fact that the deposition of tubercle is an effect of a general or constitutional morbid condition, and the latter is the disease. The great object of treatment, therefore, is the removal of this constitutional morbid condition or cachexia. Measures addressed to the pulmonary affection are of secondary importance. The chief end to be kept in view is the prevention of further deposit, or, in other words, an arrest of the disease. It is immensely desirable for the arrest to take place as quickly as possible, in order that the amount of deposit may be limited and the amount of pulmonary damage proportionably small. And with a view to a speedy arrest, the importance of an early diagnosis can hardly be overrated.

Is the tuberculous cachexia removable by any known special remedy or remedies? This question is to be answered distinctly in the negative. Various remedies at different times have been supposed to exert a specific curative influence over this disease Thus, going back for only a quarter of a century, during this period wood-naphtha, cod-liver oil, phosphate of lime, the hypophosphites, and the chlorate of potassa have successively been advocated as effecting a cure in cases of pulmonary tuberculosis. Few, if any, at the present moment consider either of these remedies, or any other remedy, as specifically curative. This, however, is by no means saying that these remedies are not useful in cases of pulmonary tuberculosis. Important indications are to be fulfilled by remedies, but it should be clearly understood that far more reliance is to be placed on hygienic than on medicinal measures of treatment.

Certain therapeutic measures which have heretofore been employed, to a greater or less extent, under the guidance of false pathological views, undoubtedly do harm rather than good. In this category belong bloodletting, either general or local, blisters and other severe modes of counter-irritation, mercurialization, antimonial and other nauseating preparations, emetics, and cathartics. These are contraindicated. In general terms, everything is to be avoided which tends to impair the appetite, disorder digestion, and lower the vital powers.

The measures indicated are those which tend to strengthen and invigorate. These terms, although lacking scientific precision, have a practical significance which is sufficiently intelligible Directing attention to the measures which fall under the head of hygiene, these relate to diet, exercise in the open air, clothing, mental encouragement, and change of climate.

The diet of tuberculous patients should be generous as regards quantity, quality, and variety. The articles should be highly nutritious and adapted to the digestive powers. All the varieties of wholesome food which the patient is able to take with relish should be allowed, and the appetite should be encouraged as much as possible. With respect to the kinds of food to be particularly recommended, there are no general rules which are applicable to all patients. Meats, milk, farinaceous articles, and the different vegetables are to be combined in relative proportions according to the choice, habits, and experience in individual cases. It is desirable that cream, butter, and other fatty articles should enter into the diet as largely as possible without inducing disgust and disorder of digestion. The same remark applies to sugar. The intervals between taking food should be such as will secure the largest amount of nutriment which can be taken and digested during the twenty-four hours. In short, it is far from desirable to arrange any fixed system embracing details of dietetics to which all patients are expected to conform. The object is to nourish the body to the fullest possible extent, and it requires, in every case, the co-operation of the physician and patient. Deficiency of appetite, especially for nutritious articles of diet, and weak and disordered digestion, are apt to prove serious difficulties in the way of the successful management of the disease. Much may be done by persevering efforts on the part of the patient, and he should, therefore, be made to understand the object which it is desired to effect.

Exercise in the open air, or, as I would prefer to say, out-door life, is, of all measures, the most important. In a paper already alluded to, on the management of pulmonary tuberculosis,[1] I have analyzed the recorded histories of sixty-two cases in which an arrest took place, with a view to the points in the treatment which were common to all or a greater or less number. In twenty of these cases the arrest took place under hygienic measures without medicinal treatment. In these cases the most important point of agreement related to change of habits as regards exercise and out-door life. In respect of this point, there was also an agreement in the cases in which medicinal measures were employed. The following extract from the paper contains a summary of the facts, with the general conclusions: "The most striking and valuable of the results of the analytical study of these cases is their almost uniform agreement as regards change of habits with respect to exercise and out-door life at the time of the arrest. Excluding the seven cases in which the arrest was attributable solely to an intrinsic tendency, and two cases in which the facts with respect to this point were not noted, of the remaining fifty-three cases, in all, save three, the histories show a greater or less change of habits to have been made; and in many cases the change consisted in relinquishing sedentary callings for other pursuits, in order to carry out more effectually the desired reformation. I am well satisfied that here is the foundation for the successful management of pulmonary tuberculosis. I would rank exercise and out-door life far above any known remedies for the cure of the disease. There are grounds for believing that the advantage of a change of climate mainly consists in its being subsidiary to a change of habits as regards exercise and out-door life. So deeply impressed am I with the correctness of this view of the regiminal management of the disease, that I cannot express myself too emphatically in trying to enforce its practical importance."

The physical exercise should be accompanied by either mental recreation or occupations which interest the mind. It should, as far as possible, be incidental to pursuits which engage the attention. Adopted simply as a hygienic measure, it will rarely be persisted in. It is often essential, therefore, for patients to make a radical change in business, or, if they are able to devote their time to the restoration of health, hunting, sporting, travelling, etc., are to be resorted to as means of securing the union of out-door life with an agreeable exercise of the mental faculties.

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[1] Trans. N. Y. Acad. of Med., 1863.

The body should be protected against atmospherical changes, the temperature and functions of the skin being maintained by warm clothing. The garments worn next the surface should be made of a material which is a good non-conductor of heat, viz., either wool or silk. But a superfluity of clothing is to be avoided. The object is to provide adequate protection, without an undue accumulation of heat and perspiration. In a cold or temperate latitude, during the winter season, a waistcoat of buckskin or chamois leather, worn, during the day time, over a light woollen or silk shirt, is to be recommended to patients of either sex, as securing the proper protection without the inconvenience of being bundled with an overplus of garments. The feet should be well guarded against cold and wet. Properly clothed, the patient, if he have strength enough to go out of doors, should rarely be kept within doors by the state of the weather, but should resolutely keep up habits of out-door life, despite the ordinary changes of temperature and winds, remaining in the house only on inclement days.

I have frequently known the cold sponge bath to be taken daily by tuberculous patients, with apparent benefit. It may be safely tried and continued, provided it be followed by an agreeable glow. It is to be borne in mind, with reference to this measure, as well as exercise in the open air, that the susceptibility to attacks of bronchitis is less, the more the exposure, and, also, that an attack of bronchitis may not exert any unfavorable influence on the tuberculous disease. Many patients are deterred from going out of doors, when the weather seems unfavorable, by a needless apprehension of taking cold. The danger from this source is certainly less than from a deficiency of out-door life.

The proportion of cases in which an arrest of the disease is effected is sufficient to authorize the physician to encourage patients strongly to employ the hygienic measures which have been briefly considered The influence of the disease on the mind is to induce either an expectation of recovery without effort, or resignation to death. It is important to make patients understand that very much depends on their own exertions. One of the great difficulties in the way of successful management is a passive, patient, tranquil frame of mind, which cannot be aroused to any vigorous efforts. Persons endowed with resolution, energy, and perseverance, other things being equal, are more likely to struggle successfully with the disease than those who are deficient in these mental qualities. The measures which have been considered, if not successful in effecting an arrest of the disease, tend to retard its progress, and render the condition of patients most comfortable while life lasts.

Change of climate, as a means of effecting a cure of pulmonary tuberculosis, has been a fruitful topic for discussion. It does not fall within the scope of this work to enter into a discussion of this topic. I shall present briefly certain considerations which I hope may be of some practical utility in connection with the question in individual cases, "Shall I try change of climate, and, if so, where shall I go?"

It may be assumed that a change of climate is frequently useful. Granting that in the majority of cases it does not prove successful, there is ample ground for the belief that in not a few cases it is highly beneficial, and it appears sometimes to effect an arrest of the disease. The judgment of patients or their friends, in the matter, is not of much value, because it is usually based on the knowledge of a few cases, or perhaps of a single case, in which benefit may, or may not, have been derived from it. Change of climate, therefore, is to be advised under certain circumstances.

It may be taken for granted that there is no specific influence in any limate. It would be therefore quite needless to inquire if there be one paricular spot which is to be preferred above all others. Observation shows hat different climates are suited to different cases. As a rule, the qualities hich render a climate favorable are uniformity and dryness. As regards he latter, the rule is perhaps not without exceptions; some patients appear o do best in situations in which the atmosphere is warm and humid. With espect to temperature, a uniform cold climate is best for some cases, and uniform warm climate for other cases. Of late years, the custom has een gaining ground of sending patients to a cold latitude, and I have nown of a number of instances in which the climate of Minnesota has proved ighly serviceable. Were it consistent with the limits of this work, I could ite some cases which are strikingly illustrative of the salutary influence of he uniform dry, cold atmosphere of that northern region. On the other and, I have known of numerous instances in which a change to a warm limate has appeared to accomplish all that could be desired. What cirumstances, then, are to guide us in deciding whether a cold or warm climate ill be likely to prove most advantageous? The feelings and choice of the atient are to have considerable weight. If, when in health, more vigor and njoyment are habitually experienced in summer than in winter, a warm limate will probably be best, and, if the reverse be true, a cold climate is to e preferred. The condition as regards feebleness is an essential point. If he patient be so feeble as not to be able to live out of doors in cold eather, or if the reaction from the impression of cold be slow and imperect, a warm climate is more suitable. It is rarely proper to send patients o a cold climate if the disease be considerably advanced, and, as a rule, a old climate is better suited to male than to female patients.

With reference to the particular situation to be selected, it should contain esources for occupation and mental interest. There must be inducements or out-door life. I have known patients who had been accustomed to active abits, suffer intolerably from ennui in going to places where the supposed xcellence of climate was the only attraction. It is frequently better to move bout from one place to another than to remain stationary; as soon as a place becomes tiresome, it is best to leave it. Travelling in foreign countries ithout any special regard for climate, is often the best plan, the advantage onsisting in the interest and inducements to exercise derived from a succesion of new scenes. A sea-voyage is generally useful, and if patients are ond of the sea, a long voyage, if practicable, may be advised. Places which re especially the resort of patients, are to be avoided. The moral effect of eeing daily examples of the different stages of the disease is unfavorable. A change is often useful when there is no superiority on the score of climate, because it is in this way only, in certain cases, that relief from the cares and anxieties of business can be secured.

The habits and taste of the patient are to be considered. Persons who are dependent on the associations and comforts of home and friends for their happiness will not be likely to be benefited by being sent away, especially if alone and among strangers. The stage of the disease and the rapidity of its progress are points of great importance.

It is truly a cruel act to send to a distance patients who are in a condition admitting of but little prospect of improvement, and who will probably not live to return. The amount of damage which the lungs have sustained, as determined by physical signs, as well as the symptoms, are to be taken into account, before entertaining the question relative to change of climate. And, finally, if a change be made and prove effectual, it becomes an important question whether, if practicable, the change should not be permanent. An arrest of the disease does not extinguish the diathesis, and the safest course, undoubtedly, is to take up a residence in the climate in which the cachexia is less liable to be reproduced than in the climate in which it has been already once developed.

Passing now to consider the remedies which enter into the management, I place under this head alcoholic stimulants, without discussing the question whether they are properly so regarded, or whether, as claimed by Dr. Todd, they are alimentary rather than medicinal. The remedial agency of alcoholics in this disease has given rise, of late, to much discussion, and, on this point, the views of physicians are somewhat divided. Basing my opinion on clinical experience, I do not hesitate to express the belief that, in a certain proportion of cases, alcohol exerts a curative influence. Of the sixty-two cases of arrested tuberculosis which I have analyzed, in fourteen the treatment, irrespective of hygienic measures, consisted exclusively in the use of alcoholic stimulants. In nine of these cases the recovery was apparently complete, the patients remaining well after periods, dating from the time of the arrest, varying between four months and eleven years. In two of these cases, the circumstances seemed to exemplify in so striking a manner the curative effect of alcoholic stimulants, that I shall introduce here an abridgment of the histories.

CASE 1. The patient, a clerk, aged 42, had hæmoptysis, not preceded by cough, in January, 1857. Slight cough and expectoration followed, and shortly before my examination in the following May, he had repeated attacks of hæmoptysis. Physical examination showed dulness on percussion at the right summit, broncho-vesicular respiration in that situation, in front and behind, the voice bronchophonic, the bronchial whisper exaggerated, and occasional sibilant rales. Cod-liver oil and alcoholic stimulants were prescribed, but he was unable to take the oil owing to its offending the stomach. In addition, he was advised to take more exercise in the open air than he had been accustomed to, and to live generously. He remained quite feeble for several weeks, and then began to improve; his cough and expectoration after about three months had entirely ceased, and at the end of four months he had gained in weight thirty pounds. In the mean time his allowance of whiskey had been a pint daily. At the end of four months he reduced the quantity of whiskey considerably, which he was able to do without difficulty, so far as regards any desire for it. He then had a slight recurrence of the hæmoptysis, and the whiskey was increased for a time. This patient has remained perfectly well up to this time (six years), and is a perfectly temperate man. The apparent curative influence in this case is the more striking from the fact that, although the patient increased the amount of exercise in the open air for a time, he did not change his habits very materially. He resumed in a short time his duties as an in-door clerk, and has continued in this occupation ever since.

CASE 2. The patient, in this case, is the daughter of a medical friend. In February, 1858, the physical signs showed an abundant deposit at the left summit of the chest. She had had repeated recurrences of hæmoptysis, with cough and expectoration, and was considerably reduced in weight and strength. When she began to take whiskey, as her father has informed me, the pulse was 130 or more; she had hectic paroxysms, ending in profuse sweating, and the expectoration was large. He began by giving half an ounce of whiskey hourly, and this, with a little morphia, constituted all the remedial treatment. At the end of two weeks there was some improvement, and the whiskey was increased. At the end of two months, she was taking a pint of whiskey daily, and this she continued to do steadily for two years. At the end of this period she had regained her usual strength and weight when in health, and the menses returned, having been suppressed for three years. The whiskey then began, for the first time, to occasion excitement; it was gradually reduced, and, at length, discontinued. She was unable to go out of doors for four months after beginning to take the whiskey. After this, she was kept in the open air much of the time. At the end of a year she was accustomed to walk two miles every morning. She has been apparently well for two years.

Alcoholic stimulants do not exert a curative influence in all cases. I have known them to be tried and sometimes tried repeatedly in the same case, and their use abandoned because they were found to produce unpleasant effects. The determination of their appropriateness and importance, or otherwise, is thus to be made in each individual case, and based, of course, upon a fair trial. And the question at once arises, what are the circumstances which experience shows to denote their usefulness on the one hand, or their want of usefulness, if not hurtfulness, on the other hand? If the immediate effect be that of a cordial, that is, if they produce a sense of comfort; if they are followed by a feeling of increased strength, and a greater disposition to exercise; if they do not excite unduly the circulation or nervous system, benefit may be expected from their use. *Per contra*, if their immediate effect be discomfort; if they be followed by a feeling of increased weakness and less disposition to exercise, and if they excite unduly the circulation or nervous system, they will not do good, and perhaps may do harm.

The quantity to be taken is an important matter. Some physicians, overconfident in the curative power of alcohol, advise their patients, in general terms, to drink as freely as possible. This is to be deprecated, as well as the indiscriminate use of alcoholic stimulants. They are to be given sometimes largely, sometimes moderately, and sometimes sparingly. In the second of the two cases just cited, a young girl took a pint of whiskey daily for two years. It would be an erroneous inference from the curative power manifested in that case, that so large a quantity is to be given in all the cases in which this remedy is found to be useful. How are we to be guided in this matter? I will state the rule which experience has led me to adopt. Under the conditions which indicate the use of alcoholic stimulants, they may be given with reference to a curative influence as freely as they can be taken without discomfort, without a sense of weakness or indisposition to exertion, and without undue excitement of the circulation or nervous system. The limitation in quantity is to be determined by the same circumstances which indicate their use, or, in other words, by their immediate effects. And, guided by these circumstances, it will be found that some patients will bear a large, some a moderate, and some only a small quantity. This disease is one of those which, in certain cases, induce a remarkable tolerance of alcoholic stimulants.

The form of alcoholic stimulants to be used is another practical point. In the cases which I have observed, whiskey has been oftenest used. Some have thought that this form of spirit is specially adapted to cases of tuberculosis. I do not join in this opinion. Whatever be the form used, I believe the remedial principle to be alcohol. But no form is equally applicable to all cases. Some patients are benefited especially by spirits, some by wine, and some by malt liquors. Of the different varieties of spirits, wine and malt liquors each is best suited to particular cases. The indication for the selection of the form to be used in individual cases must be derived from the preference of the patient and the results of experimental trials.

In conclusion, there is an important matter connected with the employment of alcoholic stimulants which, although not pertaining to the consideration of their therapeutical influence, should not be ignored. I refer to a risk of forming habits of intemperance. If their remedial use involve this risk, it becomes a question how far we are warranted in incurring it by their curative power. But in no case in which I have employed alcoholic stimulants has there been developed, so far as I know, a desire for them or a reliance upon them, rendering it difficult to relinquish their use. I have directed my attention particularly to this point, and I have not yet found an instance in which there was any reluctance to discontinue alcoholic stimulants whenever it was deemed advisable. I am not aware that in a single case among the great number in which I have advised the use of alcoholic stimulants has a patient fallen into intemperate habits. I certainly am not prepared to advocate the use of alcoholic stimulants as a prophylactic; that is, to sanction indulgence among those who believe or fancy that they are in danger of becoming tuberculous. I would not advise their use in doubtful cases; they should follow a clear diagnosis based on signs and symptoms. In persons with the unfortunate idiosyncrasy which leads to an irresistible craving on the slightest indulgence, the immediate effects would always contraindicate their use in conformity with the rules which should govern our practice in cases of tuberculosis. And, finally, when employed as a remedy, they are not to be taken as a means of conviviality, or for any other than a curative influence. Observing these precautions, we may expect to secure their remedial agency without exposing our patients to a calamity which, in a moral point of view, would be far greater than a failure to effect an arrest of pulmonary tuberculosis.[1]

With regard to cod-liver oil, the same inquiry arises as with respect to alcoholic stimulants, viz., whether it be proper to regard it as a food or a medicine. Not stopping to discuss the propriety of classing it among remedies, I proceed briefly to consider the practical points connected with its employment in cases of pulmonary tuberculosis. All clinical observers unite in according to it more or less value. Its usefulness in a certain proportion of cases can hardly be doubted. Of the cases of arrested tuberculosis which I have analyzed, in five the treatment consisted exclusively in the use of cod-liver oil and hygienic measures. How much importance is to be attached to an intrinsic tendency and how much to hygiene in these cases cannot be determined, but an examination of the circumstances belonging to the individual histories goes to show that a certain amount of curative influence belongs to the oil. One of the cases is so striking that I shall give a synopsis of the history.

The patient, a female aged 19, came under my observation in 1850. She had had hæmoptysis two years before, not preceded nor followed by cough. In the spring of 1849, she had recurrences of the hæmoptysis, accompanied and followed by cough and expectoration. The signs when she came under my observation showed a large tuberculous deposit, bronchial respiration, and bronchophony, accompanying marked dulness on percussion at the left summit. The pulse was habitually 120. A year afterward she had gained in weight and strength; her aspect was healthy and the pulmonary symptoms were slight. There was now notable depression at the left summit, with dulness on percussion and feeble respiration. In the mean time she had consumed three gallons of cod-liver oil. She had changed her habits as regards exercise. At the time of the first hemorrhage she was engaged in moving, and had been a school teacher; subsequently she went into the country and performed the duties of a house-maid, obtaining considerable out-door exercise. Four and a half years afterward, I saw this patient again. She reported herself to be well; her aspect was healthy, and she was entirely free from pulmonary symptoms.

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[1] These remarks on the use of alcoholic stimulants, and the remarks which follow on the use of the cod-liver oil, are, in a great measure, taken from the author's clinical report to the New York Academy of Medicine on the management of pulmonary tuberculosis.

The amount of curative influence which cod-liver oil, or any remedial agent, exerts, cannot be accurately defined, because it is impossible to determine the proportionate amount of influence that may be exerted by self-limitation of the disease or by hygienic measures, but practically, this is of less importance than to ascertain whether a remedy possess curative power, be the degree greater or less. If a remedy have considerable influence, it is, of course, more desirable to employ it than if the amount of influence were small; but let the influence be ever so small, we are not, on that account, warranted in withholding it in a disease of such gravity as this. Practically, the question of the use or non-use of the oil relates to individual cases. Clinical observation shows that it is not useful in all cases. I shall give, briefly, the rules which my own experience has led me to adopt respecting its use and non-use.

If it be taken without great repugnance, if it do not impair the appetite or digestion nor occasion derangement of the bowels, it may be expected to do good. If it produce any of the effects just named, its propriety is questionable. It is best to begin with a small quantity and increase to the maximum quantity, which is from half an ounce to an ounce three times daily, taken near the time of meals, either before or after, as choice or experience may dictate.

The hypophosphites were introduced, some years since, by Dr. Hutchinson, as a specific remedy, the pathology of the disease being supposed to involve a deficiency of phosphorus in the system, and this element existing in the hypophosphites in a form readily assimilable and in a low state of oxydation. Experience has abundantly shown that the disease is not arrested by the introduction of phosphorus into the system; in other words, that this has no claim to be considered as a specific remedy; but it appears in some cases to be useful as a tonic remedy.

The fusel oil, introduced as a remedy in this disease by Dr. Morrell Wyman, has been employed to a considerable extent in this country, more especially in the New England States, not as a remedy supposed to exert any specific influence, but as affecting favorably the pulmonary symptoms. During a service of three months in the heart and lungs department of the Demilt Dispensary of New York, I prescribed this remedy in a large number of tuberculous cases. In the majority of cases no apparent benefit was produced, but in some instances the patients reported relief as regards the cough and expectoration.

The chlorate of potassa was supposed by the late Dr. Fountain, to have a special efficacy in this disease. I made trial of this remedy in all the hospital cases received into my wards at the New Orleans Charity Hospital, in the winter of 1860. The cases were fourteen in number. They were at once placed on the use of this remedy, from three to four drachms being taken daily, with no other remedy than a palliative for cough, alcoholic stimulants being generally withheld, and this treatment was continued in each case so long as the patient did not seem to be losing ground. A clinical report of these cases was published in the *American Journal of Medical Sciences*, October, 1861. The conclusion drawn from these cases, as regards the curative influence of this remedy, is stated in the report as follows: 'Of fourteen recorded cases of phthisis in which the chlorate of potassa was given in sufficient doses and for a sufficient period to test its remedial power, in nine the histories afford no evidence of any salutary effect from the remedy; in four cases the circumstances render it doubtful whether much, if any, influence was fairly attributable to the remedy, and in one case only is there room for the supposition that the remedy was highly beneficial. These cases, therefore, fail to furnish proof of any special efficacy in this remedy to arrest or retard the progress of the disease." This conclusion is not at variance with the opinion that, as a tonic remedy, the chlorate of potassa may be useful in certain cases of the disease.

The different tonic remedies are indicated in this disease. Quinia, the bitter infusions, the infusion of the wild cherry bark, the citrate of iron and quinia, and the different chalybeates, are to be prescribed according to the circumstances belonging to different cases, and frequently in succession in the same case. It has been conjectured that the continued use of iron may favor hæmoptysis. I have never seen any clinical evidence of this, and, if it be so, the inappropriateness of the remedy does not follow.

Certain pulmonary symptoms claim attention. Expectorant remedies, as a rule, are not called for. If they diminish appetite, occasion nausea, or disturb digestion, they do more harm than good. But remedies to allay superfluous cough, that is, cough not required for expectoration, are useful. For this end the succedanea of opium, viz., conium, belladonna, and hydrocyanic acid may be prescribed, but, if these prove inefficient, opium in some form is required. Patients should be instructed not to yield to the disposition to cough, but to resist it whenever it is not effective. The habit of coughing unnecessarily is, in a great measure, under voluntary control. Soothing inhalations are sometimes useful in allaying the irritation which excites cough. The vapor of water impregnated with conium or opium may be inhaled. I have known the vapor of chloric ether to be highly useful as a palliative.

I can say nothing of the attempt to inject tuberculous cavities with a solution of the nitrate of silver or other medicated liquids through the larynx and trachea. Aside from the difficulty of the operation, and the impossibility of limiting the application of the injected liquid to cavities, nothing beyond a palliative effect could be expected from this measure were it ever so successfully executed.

Certain complications furnish indications for treatment. Attacks of dry, circumscribed pleurisy, call for mild revulsive and soothing applications, such as sinapisms, liniments, or the belladonna plaster. Local bleeding by leeches or cups is never required. The pain incidental to these attacks generally passes off in a few days at farthest. The treatment of coexisting laryngitis has already been considered. Diarrhœa, dependent on tuberculous enteritis, is to be kept in check by astringents and opiates, the latter used with as much reserve as is consistent with the object to be attained. Chronic peritonitis claims only palliative measures. Fistula in ano should be allowed to continue without surgical interference.

In the progress of the disease, symptoms other than those relating to the chest, require palliative measures. The night perspirations are frequently the source of great discomfort. The mineral acids and gallic or tannic acid, frequently afford relief. The external application of an astringent, such as alum dissolved in spirit, is sometimes effective. Dyspnœa may be mitigated by the ethereal preparations.

A comparison of the measures of management now generally pursued in this disease with the measures in vogue a quarter of a century ago, show a complete and radical change. Formerly, general and local bloodletting, cathartics, emetics, mercurials, counter-irritation, low diet, and confinement ithin doors were sanctioned by teachers and writers, and entered, more or ss, into the treatment usually adopted. At the present time, the measures hich are most approved are, in all points, the reverse. The latter are based n more correct pathological views, and the results of clinical observation. t is not unreasonable to hope that, at some future time, a remedy or remeies may be discovered, capable of exerting a special influence over the disase, but, in the mean time, reliance is to be placed on an early diagnosis, he employment of remedies which, directly or indirectly, may exert, to some xtent, a curative influence, but, above all, the hygienic measures which tend o invigorate and strengthen the system.

ACUTE PULMONARY TUBERCULOSIS.

The distinction between *rapid* and *acute* tuberculosis has already been stated. In rapid tuberculosis the disease runs its course speedily, the accumulation of the deposit, softening, ulceration, and the formation of cavities taking place within a few weeks. Cases of the acute variety differ in this; the deposit preserves the form of small, distinct, round tubercles, called from their size miliary, which accumulate in immense number without coalescing, and life is quickly destroyed by the interference with the function of respiration, and a high degree of constitutional disturbance. The miliary deposits, in cases of so-called acute phthisis, are of two kinds. In one kind the nature of the deposit is the same as in ordinary tuberculosis; that is, it is the common yellow or cheesy tubercle, the peculiarity consisting in its rapid accumulation in this form, and a fatal result without the processes of softening and excavation. In the other kind, the miliary deposits are hard, semitransparent, grayish bodies, differing both in their gross and microscopical characters from ordinary tuberculous matter. The accumulation of these bodies in immense number characterizes certain cases of so-called acute phthisis. It is a question whether these two kinds of disease are pathologically distinct. This question has been considered in the first part of this work.[1]

Cases of acute pulmonary tuberculosis present striking points of difference, as compared with the usual chronic form of tuberculosis, not only in respect of duration, and the appearances found after death, but as regards the physical signs, and the symptoms belonging to the clinical history. The readiest way of presenting a general view of this rare form of disease will be to give a synopsis of a few illustrative cases.

CASE 1. Miss C., aged 32, daughter of an eminent physician, while away from home on a visit of pleasure, considering herself well, was attacked in the night with hæmoptysis. It was at first slight, but recurred twice during the same night, and was considerably profuse. I saw her ten days afterward. In the mean time she had kept the bed; the respirations had been accelerated; the prolabia had been livid, the pulse frequent, and she was greatly prostrated. When I saw her these symptoms continued; the respirations being 36 per minute, and the pulse varying from 120 to 130, the cough and expectoration slight. She died the following night, eleven days after the occurrence of hæmoptysis. She had had a slight hæmoptysis six years before, and subsequently had been subject to a slight cough, but there had been no notable diminution in weight, and she had always considered herself well.

An examination after death was made by the attending physician Dr. Walter Carey, of Buffalo, who stated that he found old pleuritic adhesions on both sides, and both lungs stuffed with miliary tubercles, which he described as hard and semi-transparent; no aggregation of tuberculous matter into masses were found anywhere, and no cavities.

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[1] *Vide* page 37.

It is fair to conclude that, in this case, either the deposition of miliary tubercles, or granulations, commenced at the time of the hæmoptysis, or, if they existed previously, they were comparatively few in number, but rapidly accumulated from that time, destroying life in so short a period as eleven days.

Case 2. In November, 1860, I examined a slave girl, aged 18, in an infirmary, at New Orleans, under the charge of my colleague, Prof. Beard. She was at that time apparently convalescing from typhoid fever, and a careful exploration of the chest disclosed no signs of pulmonary disease. She seemed to be slowly convalescing, when, about the first of January, 1861, a violent cough occurred, the pulse became frequent, she lost weight and strength rapidly, and died in about six weeks. On examination after death, the lungs were free from adhesions, but crammed with small, hard bodies, not larger than pins' heads. Both lungs were about equally crammed. The spleen and liver contained the same bodies in great numbers, and the peritoneum was studded with them. Hæmoptysis did not occur in this case, and the expectoration was slight.

Case 3. A male patient, the age not noted, was admitted into the Charity Hospital of New Orleans, in the service of my colleague, Prof. Fenner, February, 1861, and died on the third day after his admission. When admitted he declared he was perfectly well at the time he was attacked with his existing disease, which was five weeks before his admission. His symptoms were cough without expectoration, accelerated breathing and dyspnœa, lividity of prolabia, and frequency of the pulse. He was examined by one of my private pupils, who found everywhere a clear resonance on percussion, and abundant subcrepitant rales.

After death, the lungs, which were placed at my disposal, were found to contain an immense number of miliary tubercles, of about the size of a pin's head, not hard and semi-transparent, but opaque and cheesy. At the apex of the right lung was a cavity of about the size of an English walnut, anfractuous, empty, and lined by a smooth serous-like membrane. Another small cavity existed near the apex of this lung. Near the apex of the left lung was a cavity of the size of a common American walnut, not anfractuous, but also empty, and lined by a serous-like membrane. The miliary tubercles were less abundant at the summit than in the middle and inferior portions of the lungs.

This case affords an illustration of one of the modes in which pulmonary tuberculosis ends favorably, viz., in dry, innocuous cavities. The miliary deposits were undoubtedly of recent date, and were sufficient to destroy life without the processes of aggregation, softening, and excavation.

The diagnosis in cases of acute pulmonary tuberculosis may be attended with some difficulty. If hæmoptysis do not occur, and the pulmonary symptoms be not marked, the existence of thoracic disease may be overlooked, and the patient may be supposed to have typhoid fever. This error in diagnosis has been repeatedly made. Delirium sometimes occurs, and this tends to obscure the diagnosis. A careful examination, however, should lead to the conclusion that there is some grave affection within the chest, and typhoid fever is to be excluded by the absence of the characteristic symptoms which belong to the clinical history of that disease. But having decided that the disease is seated within the chest, the diagnosis is still not altogether easy, because physical signs do not point directly to the nature of the affection, and analogous symptoms belong to several thoracic affections, viz., capillary bronchitis, pneumonitis, pleuritis, and certain affections of the heart. The signs of the disease are not positive, for the tubercles being minute and discreet, and, moreover, existing equally in both lungs, exploration of the chest may furnish no marked disparity in the resonance on percussion, and none of those modifications of the respiration and voice which denote pulmonary solidification. The diagnosis is to be made, so far as physical signs are concerned, mainly by exclusion. Pneumonitis, pleuritis, and diseases of the heart, may be readily excluded by the absence of the signs of those affections. Capillary bronchitis is not so readily excluded, but this affection generally supervenes on an attack of ordinary acute bronchitis; it runs a more rapid course than acute tuberculosis, and, if it end fatally, presents a much greater violence of pulmonary symptoms, especially dyspnœa.

Unhappily, the treatment of acute pulmonary tuberculosis may be dismissed with a very few words. The condition of the patient is hopeless, and all that the physician can do is to palliate symptoms and support the powers of life.

SECTION SECOND.

DISEASES AFFECTING THE CIRCULATORY SYSTEM.

CHAPTER I.

Introductory Remarks—Pericarditis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Chronic Pericarditis—Pneumo-Pericarditis.

DISEASES affecting the circulatory system are seated in the blood, the bloodvessels, and the central organ of the circulation—the heart. The morbid conditions of the blood, so far as they are at present known, are, in general, either common to different individual diseases, or they are involved in affections which are distributed in other nosological divisions. The consideration of these conditions, therefore, belongs to general, rather than special, pathology, and they have been considered in the first part of this work. Diseases of the vessels—the arteries and veins—are fully considered by surgical writers, entering, as they do, much more largely into maladies which belong to the surgeon, than into those which fall within the province of the physician. Of the affections of the arteries, aneurisms situated within the chest and abdomen will alone claim attention in this treatise. Thoracic aneurisms will be noticed in this section; those situated within the abdomen will be referred to in connection with abdominal tumors, in the next section. Inflammation of the veins (phlebitis) has already been noticed in connection with purulent infection of the blood. This section will be devoted chiefly to diseases affecting the heart.

The clinical study of the diseases of the heart has been prosecuted with much success within the past few years, and, perhaps, in no other department of medicine is the recent advancement of practical knowledge more conspicuous than here. This is, in a great measure, due to the successful employment of physical exploration in the diagnosis of these diseases. The discrimination of these diseases by means of the signs derived from the application of percussion and auscultation, has been brought to great perfection by the researches of Bouillaud, Hope, Stokes, and others. It does not come within the scope of this work to treat fully of the signs involved in the diagnosis of cardiac affections. For this important information the student and practitioner are referred to treatises devoted specially either to diseases of the heart, or to the physical exploration of the chest. I shall content myself here, as in treating of pulmonary affections, with a brief account of the phenomena determined by percussion and auscultation.

The diseases of the heart are conveniently arranged in the following groups: 1. Inflammatory affections. 2. Structural lesions. 3. Functional disorder. I shall consider them in this order, and the present chapter will be devoted to one of the inflammatory affections. Inflammation affecting the heart gives rise to different affections according to the structure in which it is seated. Inflammation of the serous membrane investing the heart, or the pericardium, is one affection, called *pericarditis*. Inflammation of the membrane lining the cavities of the heart, or the endocardium, is another affection, called *endocarditis*. Inflammation of the substance of the heart, or the muscular walls, is distinguished as *myocarditis*. These three inflammatory affections will claim separate consideration.

ACUTE PERICARDITIS.

Pericarditis occurs as an acute and a chronic affection. Acute pericarditis will be now considered, and, afterward, the chronic form of the disease.

ANATOMICAL CHARACTERS.—The morbid appearances resulting from acute inflammation in this situation, are essentially the same as in other serous membranes when inflamed, for example, the pleura. Exudation of fibrin or lymph takes place in more or less abundance, commencing shortly after the development of the inflammation. The lymph is disposed in the form of a layer, or a series of layers, on the visceral and parietal surfaces of the membrane. It is at first soft and easily removed, but becomes dense and closely adherent in proportion as it is of old date. The movements of the pericardial surfaces frequently cause the lymph to assume a reticulated or areolated appearance, or it is disposed in masses, and it is sometimes in the form of numerous filaments or villous projections giving to the surface a shaggy aspect. The vessels beneath the membrane may be congested, giving rise to arborescent redness, and spots of ecchymosis are sometimes observed. Different cases differ greatly as respects the quantity of lymph, and the extent of surface covered by it, as well as the appearances caused by the different modes in which it is disposed. The presence of lymph, here, as in other serous inflammations, is essential as proof of the existence of pericarditis.

More or less liquid effusion usually takes place, as in other serous inflammations. The effused liquid is serum, turbid from the admixture of lymph, and it contains, usually, flakes or shreds of lymph in greater or less abundance. The presence of a purely serous liquid within the pericardial sac, that is, without lymph, is not evidence of inflammation; it is a dropsical, not an inflammatory, effusion. The quantity of effusion in different cases of pericarditis varies greatly, amounting, in some cases, to a few ounces only and in other cases to a pint or more. The liquid is sometimes, but very rarely, purulent. It is sometimes sanguinolent.

If the disease progress favorably, the effused liquid is reabsorbed, and the pericardial surfaces, then coming into contact, are agglutinated by means of the intervening lymph. If recovery take place, the lymph is slowly absorbed, adventitious tissue becomes developed, leading to permanent adhesion of the pericardial surfaces. The adhesion by means of the newly formed tissue, may be limited to portions of the heart, and then the surfaces may become connected by bridles or bands which are sometimes drawn out to a considerable length; or, the adhesion may extend over a quarter, a half, or three-fourths of the organ; or, the surfaces may be everywhere united, the sac being completely obliterated. The latter is the most frequent result of acute pericarditis.

The most convenient mode of dividing the disease into stages, is the same as that adopted in pleuritis. The first stage extends to the time when effusion takes place to an extent sufficient to be appreciated by the physical signs. The second stage, or the stage of effusion, continues until the liquid is absorbed. The third stage extends from the absorption of the liquid to the recovery, and this is, generally, the stage of convalescence.

Clinical History.—The symptoms present in cases of acute pericarditis are almost invariably made up, to a greater or less extent, of those arising from coexisting affections, for, in the great majority of cases, the disease is associated with either articular rheumatism, Bright's disease of the kidneys, or pleuritis with or without pneumonitis. Under these circumstances, it is not always easy to determine to what extent certain symptomatic phenomena are due to the cardiac affection. As a rule, the development of the inflammation is attended with more or less pain, which, in some cases, is acute and lancinating, like the pain in pleuritis, and increased by forced breathing, so that the disease has not infrequently been supposed to be inflammation of the pleura. The intensity of the pain varies much in different cases; it is by no means always a prominent symptom, and it is sometimes slight or wanting. A dry, irritable, suppressed cough is generally present. Tenderness over the præcordia is more or less marked, and pressure in the epigastrium upward in a direction toward the heart, sometimes occasions acute pain. The pain produced by a deep inspiration may cause the patient to shorten this act, and, hence, the number of respirations per minute is increased. The *alæ nasi* may dilate in inspiration. Patients sometimes manifest suffering from an indefinite sense of distress, without acute, localized pain, and, in females, hysterical phenomena may be associated with the development of the disease. The action of the heart is increased, amounting, sometimes, to palpitation. The pulse is more or less accelerated, quick, and vibratory. The usual concomitants of febrile movement, viz., anorexia, debility, etc., are present. These are symptoms belonging to the first stage.

The duration of the first stage is usually short. An appreciable amount of effusion may take place in a few hours, and it is rarely delayed beyond one or two days. The acuteness of the local symptoms, viz., pain and soreness, then diminishes, and, if the amount of liquid effused be sufficient to fill or distend the pericardial sac, symptoms are added which proceed from the pressure of the liquid upon the heart. These symptoms are, a sense of oppression referable to the præcordia; a tendency to syncope on exertion, which leads the patient to refrain as much as possible from movements of the body; feebleness and irregularity of the pulse, with a notable increase on emotional excitement or any muscular effort; dyspnœa, sometimes amounting to orthopnœa, if the accumulation of liquid be large and rapid; feebleness of the voice, and dysphagia in some cases, produced either by pressure of the distended sac on the œsophagus, or as a neuropathic concomitant. Vomiting is an occasional symptom. Some cases are characterized by remarkable disturbance of the nervous system. Mental aberration, consisting in obstinate taciturnity and indifference, alternating with paroxysms of maniacal excitement under the influence of delusions which excite terror, is occasionally observed. Coma and tetanic convulsions have been known to occur. These symptoms are apt to mask the cardiac disease, and lead the practitioner to suspect disease of the brain. Autopsical examinations show that, in these cases, inflammation or appreciable lesions of the nervous system do not exist, and, hence, the phenomena are to be referred to functional disturbance of the nervous system.

The severity of the disease, as denoted by the symptoms, corresponds to the intensity of the inflammation and the amount of effusion. If the inflammation be slight or moderate and the quantity of effused liquid small, the disease may run its course without any symptoms denoting gravity, and the symptoms may not even point to the existence of any affection within the chest. In other cases it is one of the most distressing and formidable of diseases. The symptoms due to compression, of course, diminish as the liquid is absorbed. The absorption sometimes goes on very rapidly, and, in this respect, different cases present great variation. If, instead of being absorbed, the liquid continues to accumulate, and life be not rapidly destroyed, the pericardial sac may become greatly dilated, and the affection becomes chronic. The rapidity and completeness of recovery after absorption will depend on the amount of lymph which has exuded. This may be too abundant to be absorbed, and the disease may end fatally after continuing for a greater or less period in a chronic form. In cases which go on favorably toward recovery, the action of the heart is apt to be feeble and easily excited during the stage of convalescence.

PATHOLOGICAL CHARACTER.—Acute pericarditis does not differ essentially in character from other serous inflammations. The same series of processes which take place in the serous inflammation considered in the preceding section (pleuritis) occur in this inflammation, viz., exudation and liquid effusion, agglutination followed by permanent adhesion of the free surfaces of the membrane, and, sometimes, the formation of pus. Purulent pericarditis, however, occurs in a smaller proportion of cases than purulent pleuritis, or empyema. As in cases of pleuritis and other serous inflammations, so in different cases of pericarditis, both the actual and relative amount of lymph and serum differ greatly. In some cases, the quantity of lymph exuded is small and the effusion of liquid is abundant; in other cases, the lymph is abundant with but little liquid, and, again, in other cases, both lymph and liquid are either abundant or small.

CAUSATION.—Acute pericarditis may be produced traumatically by perforating wounds of the chest, or contusions. In one of the cases which I have observed, it was produced by a wound inflicted by a one-tined fork. Walsh refers to a case in which the pericardial sac was perforated in the juggler's trick of swallowing a sword, and fatal pericarditis induced. In the museum of Bellevue Hospital is a remarkable specimen, in which a set of false teeth is contained within the pericardial sac. The teeth were swallowed during profound intoxication, and, lodging in the lower part of the œsophagus, produced ulceration through this tube and into the pericardium, giving rise to fatal pericarditis.

Exclusive of its traumatic origin, the disease is almost always secondary, and is developed in the course of acute articular rheumatism oftener than in connection with any other affection. Occurring in the course of rheumatism, it is distinguished as rheumatic pericarditis. It would appear, from statistical reports, to occur in cases of acute rheumatism in a proportion of about one to six. Generally it is developed in the early part of rheumatism, after more or less of the joints have been affected, but, occasionally, the pericarditis precedes the articular affection. When it follows the affection of the joints, it is not due, as was formerly supposed, to a metastasis of the articular affection, but it proceeds from the same morbid condition which underlies the latter; in other words, both are effects of a common internal cause, supposed to be the presence of lactic acid in the blood. Rheumatic pericarditis is almost always, if not invariably, associated with endocarditis.

Next in frequency to its development in the course of rheumatism, it occurs in connection with either acute or chronic disease of the kidneys. It is not very infrequent in cases of Bright's disease, and is an occasional concomitant of the renal affection which follows scarlatina, and in other cases of so-called acute albuminuria. Under these circumstances, its causation is imputed to the accumulation of urea in the blood.

Pyæmia, scorbutus, the continued and eruptive fevers, erysipelas, and influenza, are other affections in connection with which this disease has been observed to occur, the pathological relation, probably, being the same as when it occurs in connection with rheumatism and renal affections, viz., a common causative condition pertaining to the blood, being involved. It is a tolerably frequent concomitant of pleuritis and pneumonitis, affecting either the right or left lung—oftener the latter. And in this connection, it is generally attributed to an extension of the inflammation from the pleura to the pericardium in consequence of the proximity of these membranes. But here, too, it is more rational to refer the pleural and pericardial inflammation to a common internal causative condition, than to suppose the latter to be dependent on the former.

Idiopathic, spontaneous pericarditis is one of the rarest of diseases. I have, however, met with at least two examples, or, at all events, cases in which a careful examination failed to discover any pre-existing or coexisting disease, nor was any other affection developed, so long as the patient remained under observation, the period extending only to the time when he had recovered sufficiently to leave the hospital. The extreme infrequency of such cases renders it almost certain that, whenever pericarditis exists, some one of the affections just named will be found associated with it.

DIAGNOSIS.—The events belonging to the clinical history of acute pericarditis are not sufficiently diagnostic for the disease to be discriminated, by the symptoms alone, from pleuritis, pneumonitis, or pleurodynia. Its coexistence with the two former of these affections could not be ascertained, and its existence would surely be overlooked in the cases in which the symptoms are but little marked. The diagnosis must rest on physical signs. The presence of lymph gives rise to an adventitious sound or murmur, caused by the rubbing together of the pericardial surfaces in the movements of the heart. The development of this sign is proof of the existence of pericarditis; and, as the exudation of lymph takes place usually within a few hours after the commencement of inflammation, the sign becomes available for diagnosis at an early period of the disease. The sign is called the *pericardial* or *cardiac friction murmur*, or sometimes, in contradistinction from the murmur produced by blood-currents within the heart, the *exocardial murmur*.

The friction murmur is to be distinguished from the murmur produced within the heart, called *endocardial* or *bellows murmur*, by attention to the following points: It is generally double, that is, consisting of two adventitious sounds for each beat of the heart, one produced by the systolic and the other by the diastolic cardiac movements. The character of the murmur frequently denotes friction; that is, it is rubbing, grazing, or grating, and, at a later period in the disease, may be creaking, like the sound of new leather. It is generally limited to the præcordia, not propagated beyond the borders of the heart, and it may be limited to a portion of the præcordial space. As regards its intensity or loudness, it differs much in different cases, and it is apt to fluctuate in the same case within the time the examination is continued, varying with the force of the heart's action. It has not the same fixed connection with the normal heart-sounds as the endocardial murmurs; in other words, it does not observe the same regularity in rhythm as the latter murmurs. This is a striking point of distinction, provided the auscultator be practically conversant with the endocardial murmurs. It is intensified and sometimes changed in character by firm pressure with the stethoscope.

A friction murmur, if ever wanting in the first stage of pericarditis, is present so generally, that we are warranted in basing an exclusion of the disease on its absence, provided sufficient time has elapsed for inflammatory exudation, and limiting the question of diagnosis to the first stage. The production of the murmur is almost pathognomonic, taken in connection with the symptoms and history; yet there is one source of fallacy, viz., the production of a friction murmur by the attrition of the outer surface of the pericardial sac with the pleural surface in cases of pleuritis. A friction murmur produced by the heart's movements, continuing while the patient's breathing is voluntarily suspended, may be thus produced irrespective of pericarditis. Examples have been reported by Addison, Stokes, and others. An instance occurring under my observation is given in my work on diseases of the heart. I have lately met with another case in which it was predicted that pericarditis would not be found on post-mortem examination, notwithstanding the existence of a cardiac friction murmur. This variety of the sign is called a *cardiac pleural friction murmur.* It is to be suspected, if pleuritis be known to exist, with or without pneumonitis (oftener the latter), when the murmur is limited to the border of the heart, the intensity of the murmur varying much more than the ordinary cardiac murmur during the periods of examination, it being limited, in some cases, to the end of inspiration, and generally affected more or less by the respiratory movements. The discrimination in the case just referred to was based on the foregoing points.

In the second stage, the occurrence of liquid effusion and its amount are determined by percussion. Abnormal dulness exists over an increased area in the præcordial region. The pericardial sac, if it be filled with liquid, forms a pyramidal tumor, the boundaries of which are readily found by percussion. The base of the triangular space is situated below the level of the apex beat in health; the left border is without the left nipple, and the right border between the right margin of the sternum and the right nipple; the apex is near the sternal notch. The situation, rise, and shape of the area of dulness denote pericardial effusion. If the pericardial sac be partially filled with liquid the area of dulness in the præcordia is abnormally widened at and below the apex of the heart, the widening extending more or less upward in proportion to the quantity of effusion; vocal resonance is diminished within the area of dulness, and also vocal fremitus. If the sac be distended with liquid the præcordia may be abnormally prominent and the intercostal depressions abolished, as in pleuritis, within this region. Mensuration will show the increased size of the præcordia. The extent of dulness at different periods of the disease will show, on the one hand, progressive increase, or on the other hand, diminution of the quantity of liquid, and its complete removal.

The friction murmur either diminishes or disappears after considerable effusion of liquid has taken place. Not infrequently it continues, although the pericardial sac be filled with liquid and even much dilated. Under these circumstances, it may be sometimes heard when the patient is raised to the sitting posture, and disappears when the patient lies on the back. If it have disappeared or been diminished during the stage of effusion, it will be likely to return, and may be more strongly marked, after the absorption of the liquid; and it then persists until agglutination of the pericardial surfaces takes place. Occasionally it continues during convalescence and after apparent recovery.

The apex-beat of the heart which, in the first stage, is in most cases abnormally strong, is weakened and may be suppressed by the presence of liquid. If the accumulation of liquid be considerable, the situation of the beat is altered; it is raised to the fourth intercostal space and carried to the left as far as, or even beyond, the nipple. The sounds of the heart are akened by the presence of liquid, especially the first sound, and this sound comes short and valvular like the second sound.

By means of the signs which have been briefly considered, the diagnosis pericarditis is generally made without difficulty. Bearing in mind the fre- ency of its occurrence in articular rheumatism, the practitioner should not nit daily examinations of the chest in cases of rheumatism, with reference the signs of this complication. The fact that it occurs pretty often in ses of Bright's disease should also be borne in mind. In fact it is a good le, in examining a patient with any disease, not to omit an exploration of e præcordia. Developed in connection with pleuritis or pneumonitis, it is t to be overlooked, and the diagnosis involves more difficulty than when it curs in other pathological connections. The determination of pericardial fusion, if a large effusion also exist in the left pleural sac, is not always easy, d the chief reliance in such a case must be on the presence of a friction urmur which is believed to be produced, not without, but within the peri- rdial sac. The occurrence of delirium, coma, etc., in some cases of pericar- itis, masks the symptoms pointing to the latter. An examination for the gns of pericarditis should not be omitted in cases presenting notable dis- rbance of the nervous system.

PROGNOSIS.—Acute pericarditis is in some cases a very distressing and angerous disease, but in other cases comparatively mild, and, as regards mmediate danger, trivial. The gravity depends much on the intensity of the nflammation, the amount of exudation of lymph, and, more especially, the uantity of liquid effusion, together with the rapidity with which it takes lace. A large quantity of liquid, rapidly effused, may lead quickly to a atal termination. Death, in such cases, is produced by paralysis of the eart from compression, and cases have occurred in which life was destroyed n this way after the lapse of a few hours only from the time of the attack. Generally, however, the duration of the disease, in fatal cases, is from one to two weeks, and death is produced by slow asthenia. In such cases, the immediate cause of death is either the prolonged compression of the heart by liquid, or weakening of the heart's action as a direct effect of the inflammation on the muscular fibres, or both causes combined. Sudden death, by syncope, is liable to be produced by muscular exertion, especially if there be much liquid effusion. In my work on diseases of the heart, I have cited a case in which a patient under my observation, affected with mild pericarditis, died instantly on getting out of bed to go to stool.

But the fatality in cases of acute pericarditis is due, not so much to the disease *per se*, as to coexisting affections. In fact, exclusive of the accidents just referred to, the disease in itself tends intrinsically to recovery. The danger varies greatly with its different pathological connections. Rheumatic pericarditis, not associated with pleuritis or pneumonitis, is very rarely fatal. On the other hand, pericarditis developed in the course of Bright's disease proves fatal in a very large proportion of cases. This difference is explained by the difference as regards gravity between the latter and rheumatism, the ability of the system to sustain any important intercurrent affection being widely different in these two diseases. Cases in which the pericarditis occurs as a complication of pleuritis or pneumonitis show a large rate of fatality. Traumatic cases generally end in recovery, provided the heart be not injured. Occurring as an idiopathic affection and uncomplicated, the prognosis is favorable.

If the disease do not prove fatal during its acute course, it either ends in recovery, or it becomes chronic. Chronic pericarditis will claim separate consideration. In the cases which end in recovery the usual result is adhesion, by the intervention of newly-formed tissue, of the pericardial surfaces over the whole or the greater part of the organ. In a small proportion of cases, the adhesion is limited to a few small spaces. Occasionally, patches of either false or true membrane, without adhesion of the two surfaces, are the only permanent effects of the disease. It is doubtful if complete absorption of the effused lymph ever takes place, leaving no adventitious tissue nor any traces of the disease.

TREATMENT.—The widely different circumstances under which acute pericarditis occurs, must, of course, be taken into account in considering the treatment. The question as to the propriety of bloodletting and other measures heretofore distinguished as antiphlogistic, can only be entertained in the first stage of the disease, and when it is idiopathic, or traumatic, or connected with rheumatism. These measures are undoubtedly inappropriate when the disease is developed in the progress of Bright's disease, or when it is secondary to pleuritis or pneumonitis; in general terms, the propriety of these measures admits of question only when the pericarditis is either primary, or secondary to affections which do not, in themselves, impair considerably the ability of the system to sustain an additional disease. And, when not associated with other diseases which are in themselves dangerous, it is to be borne in mind that pericarditis intrinsically tends to recovery.

In the cases to which bloodletting must be limited, the same general principles are to govern its employment, as in other acute inflammations. These principles have been considered.[1] Some importance, perhaps, belongs to this consideration, viz., by diminishing the mass of blood, the heart is less excited, and its labor somewhat diminished. On the other hand, it is to be considered that the danger incident to the disease is mainly from paralysis of the heart or impairment of its muscular power. Giving due weight to the latter consideration, bloodletting should be employed with great circumspection, even in the few cases in which the symptoms relating to the circulation, in the first stage of the disease, may appear to indicate it. It is never indicated after considerable effusion has taken place.

Depletion by means of saline purgatives, with restricted diet, is indicated in the first stage, by the same symptoms as in other acute inflammations. This remark is alike applicable to nauseant and other sedatives. These should be limited to the first stage. They might be pernicious if continued after effusion has occurred, and, hence, the great importance of determining the presence of liquid and its amount, by physical signs.

Shall the system be brought under the influence of mercury in the first stage? This is a question which different writers and practitioners answer quite differently, some advocating rapid mercurialization as highly important, others regarding it as needless and hurtful. In treating of this point in my work on diseases of the heart, I expressed myself with a certain amount of reserve, but further reflection and observation have prepared me to take a more decided position against the importance of this measure. Since that work was written (and, indeed, for the most part previously), I have treated the cases of pericarditis which have come under my observation without mercury, and I have found no reason to be dissatisfied with its omission. I have notes of 16 cases, and I am quite sure that I have not omitted to make record of any fatal case which I have treated.[2] Of iese 16 cases 6 were fatal. But of the 6 fatal cases in 5 the pericarditis as secondary to pneumonitis, gangrene of lung occurring in one, and de-rium tremens in another of these cases. In the sixth case, pleuritis of the ight side and hepatic abscess existed. Of the 10 cases which ended in ecovery, in 8 pneumonitis coexisted; the affection was idiopathic in one ase; it was traumatic in one case, and in the remaining 5 cases it was onnected with rheumatism only. In these 5 cases the progress of the disease was in every respect favorable, without bloodletting, mercurialization, r any active measures of treatment being employed. In the cases, then, n which mercury is by some considered important, and by many admissible, my experience thus far leads me to be satisfied to forego its use.

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[1] *Vide* page 130.

[2] Most of these were hospital cases. I make no account of cases which I have seen incidentally or in consultation in private practice. Of these cases I have not generally preserved notes. These 16 cases have been observed since the publication of my work in 1859.

Opium is invaluable in this, as in other acute inflammations. It is indicated by pain and constitutional disturbance, and is to be employed sufficiently to relieve the general and local symptoms. The form of opiate and the mode of administration are to be determined by the circumstances in individual cases. The hypodermic method in this, as in various other affections, is eligible and efficient.

Locally, mild, revulsive, and soothing applications are useful in the first stage. Sinapisms, a poultice, the water dressing, or the spongio-piline saturated with a warm anodyne infusion, may be employed. Blisters in this stage should not be employed. Aside from their interference with the daily physical explorations, which are vastly important, they do more harm, by adding to the pain and constitutional disturbance, than good by way of revulsion.

The indications in the second stage relate, *first*, to the liquid effusion. If the amount of effusion be sufficient to enfeeble the heart by compression, it is highly important to effect the removal of the liquid as speedily as possible. For this end, the præcordia may be painted daily with the tincture of iodine, and small blisters may be applied, removing them as soon as vesication begins, and allowing the blistered surface to dry up rapidly. Hydragogue cathartics and diuretics may be employed, as in pleuritis, taking care not to carry these measures so far as to depress the vital powers and weaken the heart's action. This caution is of great importance, and it suggests a *second* indication which may be present in the second stage, viz., to strengthen the heart's action and support the powers of life, by the timely and judicious use of alcoholic stimulants, tonics, and nourishment. Keeping in view the fact that the disease, if it end fatally, destroys life by affecting directly the heart's action, the measures just named are indicated with an urgency proportionate to the degree of feebleness of the circulation. All measures which tend directly or indirectly to weaken the circulation or depress the vital powers, are contraindicated in the second stage. The liability to fatal syncope on exertion is to be borne in mind, and quietude should be rigidly enjoined.

During the stage of convalescence, precautions against undue excitement of the action of the heart by exercise, mental emotions, over-repletion of the stomach, etc., are more important than during recovery from most other acute inflammations. At the same time, convalescence will be expedited and complete recovery secured, by a nutritious diet, tonic remedies, gentle gestation out of doors, and other hygienic measures to promote speedy recuperation.

In the treatment of pericarditis developed in the course of either rheumatism or renal disease, it may be important to take into account the supposed presence in the blood of a morbid material upon which the pericardial inflammation depends The indication derived from this view of the causation is, in general terms, to remove, if possible, the continued operation of the causes, by measures addressed to the morbid conditions of the blood belonging to these affections. This part of the treatment, however, will be more appropriately considered, in connection with rheumatism and renal disease, hereafter. The importance of measures to prevent the development of pericarditis, in the course of these diseases, will also be then considered.

If the disease end in recovery without becoming chronic, adhesion of the pericardial surfaces, to a greater or less extent, may be expected to take place. This result was formerly supposed, by Hope and others, to lead to progressive enlargement of the heart, and therefore pericarditis was regarded as a highly serious disease with reference to its remote effects. This is an error which arose from imputing to pericardial adhesion the consequences of the valvular lesions, which often coexist. It may be doubted if adhesion alone tends to produce enlargement, and there is reason to believe that, if not associated with valvular lesions, it may give rise to little or no inconvenience. The pericardial surfaces are not infrequently found, in autopsical examinations, universally adherent, as a result of ancient pericarditis, without any other evidence of cardiac disease, and when no symptoms referable to the heart had existed during life.

CHRONIC PERICARDITIS.

Chronic pericarditis may be subacute from the beginning, or it may follow the acute form of the disease. If acute pericarditis do not end in convalescence after the lapse of from two to three weeks, it becomes a chronic affection. As regards anatomical characters, cases differ. In some cases of chronic pericarditis, there is no liquid effusion, but the pericardial surfaces are agglutinated by several layers of lymph, which collectively may be half an inch or more in thickness. Under these circumstances, the lymph is not absorbed, a low grade of inflammation continues, and the disease ends fatally after a variable duration.

In other cases, liquid effusion remains and progressively accumulates, the pericardial sac becomes more or less dilated, and it is sometimes so much enlarged as to depress the diaphragm and occupy the greater part of the thoracic space. The amount of liquid which has been known to accumulate in the pericardium is enormous, amounting to eight or ten pints.

In chronic pericarditis without liquid effusion, pain is rarely prominent. The symptoms are those dependent on feebleness of the circulation, due to the impaired muscular power of the heart, and on constitutional irritation. In the cases in which large effusion exists, the heart is weakened by compression, and the patient suffers from dyspnœa caused by interference with the respiratory function. The dyspnœa may amount to orthopnœa if the accumulation of liquid be very large. Pain under these circumstances is rarely a prominent symptom.

The diagnosis, if liquid effusion be not present, must often be inferential, being based mainly on the knowledge of the existence of antecedent acute pericarditis. Creaking friction murmur exists in some cases, notwithstanding the agglutination of the pericardial surfaces. If friction-murmur be not present, and acute pericarditis be not known to have existed, a positive diagnosis is extremely difficult, if not impossible. The heart is found to be more or less enlarged, but there are no means of determining that the enlargement proceeds from the deposit of lymph. If liquid effusion be present, the physical signs render the diagnosis easy and positive. Flatness on percussion exists on the anterior surface of the chest, extending on either side of the sternum toward the axillary region, in proportion as the pericardial sac is dilated. Obliteration of the intercostal depressions and even bulging may be observed. Fluctuation in the intercostal spaces is sometimes felt. Laterally, beyond the limit of the flatness on each side, resonance on percussion and the respiratory murmur show the presence of lung. The heart's impulse is suppressed, but a shock communicated by the action of the heart may be felt. A friction murmur is sometimes heard, even when the quantity of effused liquid is very large. The sounds of the heart are feeble, the first sound being more weakened than the second, and short and valvular like the second sound. These signs render the diagnosis sufficiently clear.

The prognosis in cases of chronic pericarditis is always extremely unfavorable. The disease ends fatally after a duration varying much in different cases.

The indications for treatment are to improve the tone of the system and impart vigor to the heart by tonic remedies, with nutritious diet and other hygienic measures. The propriety of much counter-irritation is doubtful. Everything which tends, directly or indirectly, to weaken the heart or the vital powers is to be avoided. In this point of view mercurialization is objectionable. If there be much liquid effusion, diuretic remedies may be tried, and small blisters. Hydragogue cathartics, in these cases, if the patient be feeble, are to be employed with great circumspection. In a case not long since under my observation, elaterium given in small doses and producing but a moderate effect, appeared to hasten the fatal termination. Iodine may be employed as a sorbefacient, externally and internally. Puncture of the pericardial sac is admissible, if the effusion be large and other measures fail to diminish it. Clinical data for determining the value of the operation of paracentesis, are wanting.

PNEUMO-PERICARDITIS.

This name denotes the presence of air or gas within the pericardial sac in cases of pericarditis. Air or gas may find its way into this situation through a wound of the thoracic walls, or of the œsophagus, and through a fistulous communication between the lungs or the stomach and the pericardial cavity. Air may get access into this cavity through a wound of the chest, and pericarditis not be developed. The condition, then, is expressed by the term *pneumo-pericardium*. It is possible that gas may be generated by decomposition of the products of inflammation within this cavity, but examples must be exceedingly rare.

The presence of air and liquid gives rise to splashing and sometimes metallic sounds, with the movements of the heart, which are heard on auscultation; and percussion over the præcordia elicits a tympanitic resonance. These cases belong among the curiosities of clinical experience. The treatment of pneumo-pericarditis involves the same principles as the treatment of pericarditis without the presence of air or gas.

CHAPTER II.

Endocarditis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Myocarditis.

INFLAMMATION of the membrane lining the cavities of the heart, or the endocardium, is called *endocarditis*. Our knowledge of the existence of this disease is one of the developments of modern pathological research. It is a highly important disease considered more especially in its relation to structural lesions of the valves and orifices of the heart.

The inflammation is doubtless in some cases acute, and in other cases subacute or chronic, but as the symptoms and signs do not enable us to determine clinically the grade of inflammatory action, a division of the disease into the acute and chronic form is unnecessary.

Anatomical Characters.—The disease very rarely proves fatal during its progress, and, therefore, the opportunity of observing the morbid appearances is seldom offered. On this account the observations of Dr. Richardson in cases of endocarditis produced, artificially, in inferior animals, by the introduction into the blood of lactic acid injected into the peritoneal cavity, are valuable.[1] These observations show arborescent redness from congestion of the vessels beneath the membrane, and considerable swelling of the valves, especially the auricular valves, from the exudation, beneath the membrane, of lymph with serum. More or less exudation also takes place on the free surface of the membrane covering the valves and tendinous cords. Much of this exudation must be washed away with the currents of blood; that which remains sometimes assumes the form of patches of false membrane, but it is oftener disposed in the form of small masses, or beads, situated especially at the base or near the extremities of the valvular curtains and segments. These small masses are often observed, in greater or less number, varying in size from that of a pin's head to a millet seed, oftenest in the auricular aspect of the mitral curtains, and the ventricular aspect of the aortic segments. Roughening the surface of the membrane, they become the nuclei of the so-called warty excrescences or vegetations, their size being increased by the deposit of fibrin from the blood within the cavities of the heart. In this way they may attain to a considerable size. It is not uncommon to find, attached to the valves, vegetations as large as a pea, a bean, a filbert, and even still larger. They may be loosely attached to the endocardium, so that but little force is required to detach them, or they may adhere with considerable firmness. They are liable to be separated during life, giving rise to *emboli*, to which reference has already been made, and which will be again referred to in other connections.

Aside from these products of inflammation, the membrane in certain situations, especially over the valves, loses its smooth, polished appearance, becoming rough and velvety. It is more easily separated than in health, owing to brittleness of the areolar tissue beneath it. Ulcerations or erosions, perforation of the valves, laceration, and morbid adhesions of the valvular curtains or segments, are occasionally incident to the progress of endocarditis. These and other changes, however, are oftener remote than immediate effects of inflammation, and they will be considered, under the head of valvular lesions, in another chapter. In examinations of the heart after death, redness of the endocardial membrane and of the lining membrane of the vessels near the heart, is frequently found, which is due to staining with hematine dissolved out of the red corpuscles, and occurs after death. This appearance is no evidence of disease of the endocardium.

The anatomical characters of endocarditis are generally limited to the left side of the heart, that is, the left ventricle and auricle. The right cavities are very rarely the seat of endocardial inflammation, and never without inflammation of the left cavities. This statement, of course, applies to the disease as occurring after birth. There is reason to believe that endocarditis may occur during fœtal life, and that the reverse of the statement just made then takes place, viz., the right cavities, and not the left, are the seat of the inflammation. The inflammation is either limited to or is especially marked in the valvular portions of the endocardial membrane. This is probably owing partly to the presence of fibrous tissue beneath the endocardium in these situations, and in part to the strain which falls upon the valves in the performance of their functions.

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[1] *Vide* Prize Essay on Coagulation of the Blood, by B. W. Richardson, M. D.

CLINICAL HISTORY.—Authenticated cases of endocarditis disconnected from other diseases which serve to mask its symptoms to a greater or less extent are wanting. The clinical history of the disease, therefore, so far as it is at present known, will require but a brief space. Our knowledge of the disease is confined chiefly to the cases in which it occurs in connection with acute articular rheumatism, and in a certain proportion of these cases it is associated with pericarditis. Pain referable to the præcordia is not a constant, and is rarely a prominent symptom. The pain, when present, is dull, not sharp or lancinating like the pain in pericarditis or pleuritis. The patient may complain of an obscure sense of distress in the præcordia, not amounting to pain. The action of the heart is morbidly excited. The organ beats with abnormal force, and its action is sometimes irregular. The action of the heart may be found to be out of proportion to the force of the pulse. The local symptoms, in short, as regards the action of the heart, are those of palpitation. In proportion to the acuteness of the inflammation, doubtless, febrile movement is induced, together with the symptoms of constitutional disturbance which accompany fever symptomatic of inflammation in other situations. The local and general symptoms, however, are often not prominent, and, so far as these are concerned, the disease is not infrequently latent. Hence the existence of the disease was unknown prior to the last quarter of a century.

PATHOLOGICAL CHARACTER.—The morbid changes which belong to endocarditis are, in many respects, the same as in serous inflammations. But the inflammatory products in this situation are not retained to be removed by absorption, but are, in a great measure, carried by the currents of blood directly into the circulation.

It may be doubted whether suppuration often takes place upon the endocardial surface. Newly-formed tissue, giving rise to morbid growths, is a result of inflammation in this situation. The warty vegetations which have been referred to are sometimes in part organized. Adhesion of parts in contact, viz., of the mitral curtains to each other, and the aortic segments to the walls of the aorta, is an occasional result of inflammation. It is stated by Bouillaud that the valves may become gangrenous as a result of inflammation; this must be exceedingly rare.

CAUSATION.—Endocarditis, in the great majority of cases, is not a primary disease. There is reason, however, to believe that it occurs as an idiopathic affection not very infrequently, and is overlooked in consequence of its latency as regards cardiac symptoms. This may be inferred from the number of cases in which valvular lesions referable to inflammation are found in persons who have never experienced the disease in the course of which endocarditis is apt to be developed, viz., articular rheumatism. As met with in practice, it is generally incidental to the disease just named. It is supposed to occur in a large proportion of the cases of acute articular rheumatism; statistics appear to show that the proportion is not far from one-half. There is room, however, for the suspicion that the existence of the disease has been sometimes assumed on insufficient evidence. The ground for this suspicion will be stated in connection with the consideration of the diagnosis. It is not to be doubted that the disease is frequently developed in the course of rheumatism. Endocarditis, like pericarditis, may perhaps in some cases precede the affection of the joints. It may occur at any time in the course of a rheumatic attack, but it is usually developed in the early or middle period.

When developed in the course of rheumatism, it is not from the transference of the affection of the joints to the endocardial membrane; that is, not by a metastasis, but, like pericarditis developed in the same connection, it is produced by the internal causative condition which gives rise to the articular affection. That this causative condition consists of a morbid material in the blood is probable, and the fact of the endocarditis being generally limited to the left side of the heart would seem to render it probable that the morbific agent is generated within the blood during its passage through the pulmonary organs. If the agent in the blood exerted its effect upon the endocardium by means of the vessels distributed to the heart, there is no apparent reason why the right side should not be affected as well as the left; but assuming that the agent in the blood acts by being brought into direct contact with the endocardium, it is intelligible that this agent existing in the blood received into the left cavities from the pulmonary circuit should act upon the membrane lining these cavities, and that it should be eliminated, neutralized, or decomposed before the blood has passed through the systemic circuit, and reached the right cavities of the heart. This is the view taken by Dr. Richardson, and it is sustained by the fact that in his experiments of injecting lactic acid into the peritoneal cavity, endocarditis was produced not in the left, but in the right cavities of the heart, the acid being destroyed in these experiments before the blood passes through the pulmonary circuit and reaches the left cavities. Moreover, these experiments render it probable that the morbific agent which gives rise to the affections of the heart and joints in rheumatism is lactic acid, produced in the blood during its passage through the lungs.

Endocarditis and pericarditis are not infrequently associated in cases of rheumatism, and this compound affection is denominated *endo-pericarditis*. Rheumatic pericarditis very rarely, if ever, exists without endocarditis. The reverse of this, however, does not hold good; endocarditis is not infrequently developed without pericarditis.

Endocarditis, either with or without pericarditis, is developed in a certain proportion of cases in the course of Bright's disease. It is stated, also, to occur occasionally in the eruptive and continued fevers, and in cases of pyæmia. It may possibly be produced by contusions of the chest. It may be associated with pleuritis or pneumonitis, when it occurs in rheumatism or in other pathological connections. The most rational view in these cases is to attribute the coexisting affections to a common causative condition.

DIAGNOSIS.—The symptoms in cases of endocarditis are insufficient for a positive diagnosis. The symptoms are even less diagnostic than those which belong to the clinical history of pericarditis, and the disease is oftener latent. The diagnosis of this disease, as well as of pericarditis, must rest on physical evidence. The exudation of lymph, or the deposit of fibrin upon the endocardium, gives rise to an endocardial murmur, and the diagnosis is to be based on the development of this murmur, taken in connection with the symptoms. The murmur is due to the roughening of the endocardial surface, and, as the anatomical changes are especially situated upon the curtains of the mitral valve, at least in cases of rheumatic endocarditis, the murmur is usually of mitral origin. The murmur is of a soft or bellows character. It accompanies the first sound of the heart; that is, it is systolic. It is heard loudest at or near the apex of the heart, and may be limited to this situation.

As a rule, if, prior to the endocarditis, the patient were free from valvular lesions, the systolic murmur is not propagated far without the left border of the heart. It is probable that the anatomical changes which generally occur during the progress of the endocarditis rarely involve immediate valvular insufficiency, either at the mitral or aortic orifice. Hence, the mitral murmur may not proceed from an actual regurgitant current from the ventricle to the auricle. It is not, then, strictly correct to call it a mitral regurgitant murmur. It is an intra-ventricular murmur, or it may be called a *mitral systolic murmur*, this term not implying the occurrence of regurgitation.

The physical evidence of endocarditis is not afforded by the existence of the murmur just named. A mitral murmur exists sufficiently often without denoting existing inflammation. It may proceed from valvular lesions which are to be presently considered. To be evidence of endocarditis, the murmur must be developed under observation; in other words, the practitioner must be satisfied that the murmur which he discovers did not exist on a previous examination. As it is generally in cases of rheumatism that endocarditis occurs, let it be assumed that, on the first examination of a patient affected with rheumatism, a mitral murmur is found. The murmur is not proof of endocarditis, for it is not known that the murmur did not exist prior to the rheumatic attack. The existence of endocarditis is only probable, and the probability of the disease is greater if this be the first attack of rheumatism. But if, on a first examination, no murmur be found, and, subsequently, a mitral murmur become developed, it is evidence of endocarditis. The evidence is strengthened if, at the same time, pain or præcordial distress and excited action of the heart point to the occurrence of a cardiac complication.

Reference has been made, thus far, to a mitral murmur only as evidence of endocarditis. The exudation of lymph, and the deposit of fibrin at the aortic orifice, may occur in this disease, giving rise to an aortic murmur. I have been led, however, to think that an aortic and a pulmonic murmur are not infrequently developed in cases of rheumatism without endocarditis, more especially in females, being due to the condition of the blood; in other words, being inorganic murmurs. Hence, I would not base a positive diagnosis of endocarditis on the development of an aortic murmur alone, certainly unless the symptoms, at the same time, denoted a cardiac complication, and pericarditis did not exist. Irrespective of cases of rheumatism, it is well known that an aortic murmur with the first sound, *i. e.*, systolic, is sufficiently common as an inorganic murmur, and, alone, is never proof of endocarditis. It may be doubted if insufficiency of the aortic valve be ever an immediate result of endocarditis; at all events, I have never met with an aortic regurgitant murmur developed in the progress of endocarditis.

In view of the fact that, in the great majority of the cases of endocarditis, it is a complication of articular rheumatism, not only do we seek for the evidence of its development in the course of the latter disease, but the existence of articular rheumatism renders the diagnosis more complete than if this disease did not exist.

An endocardial murmur produced by endocarditis is generally permanent, but I have repeatedly known it to disappear after recovery from rheumatism. In cases of endo-pericarditis, the endocardial exists with an exocardial or friction murmur. In general, the two murmurs may be readily distinguished, and each referred to its source.

PROGNOSIS.—The prognosis, in cases of endocarditis, is always favorable. The disease involves far less immediate danger than pericarditis. The danger in endocarditis is, for the most part, remote, and relates to the valvular lesions which are apt to follow. The continuance of inflammation in a chronic form is, probably, rare. The persistence of an endocardial murmur is no evidence of the continuance of the inflammation; this may simply denote roughening of the endocardial membrane, from lymph or fibrin which remains, and which may never be removed. Possibly the washing away of lymph or fibrin in small particles may give rise to local disturbance in some of the organs into which they are carried with the arterial blood; but, with regard to this, we have no precise knowledge. Vegetations of greater or less size may be detached, and, forming emboli, occasion disturbance of the circulation and nutrition of the brain or other parts by plugging distributing arteries. Of this we have some knowledge, but further researches are desirable. These are accidents incidental to endocarditis in some cases. In general, as occurring in the pathological connection in which it usually occurs, viz., in the course of acute articular rheumatism, and disconnected from pericarditis, it involves no immediate danger, gives rise to no symptoms denoting gravity of disease, is frequently completely latent, and is an important complication chiefly because it may be the foundation for valvular lesions which, after the lapse of many months, or, it may be, many years, occasion serious consequences.

TREATMENT.—The inflammation in endocarditis being confined, generally, to one side of the heart, and limited chiefly to the valvular portion of the endocardium, rarely occasions great constitutional disturbance. Following the general principles which are to govern the employment of bloodletting, it will not often be called for. Depletion by means of saline purgatives or laxatives will generally suffice, provided the symptoms do not contraindicate any lowering measures.

Præcordial pain and disturbed action of the heart indicate anodyne remedies and soothing applications to the chest. Blisters, with reference to these symptoms, are of doubtful propriety. Sinapisms and stimulating liniments will probably secure all the advantage to be derived from counter-irritation.

Measures addressed to the supposed causative condition of the blood are rationally indicated. Occurring generally in connection with rheumatism, if the local affections, this of course included, depend on the presence of a morbid material in the blood, it is plainly an object either to neutralize or eliminate this material. The means to be employed for this object will be hereafter considered in connection with the subject of rheumatism.

The remote evil consequences of endocarditis proceed from the exudation of lymph beneath, or the deposit of fibrin upon, the valvular portion of the endocardium. It is, therefore, undoubtedly desirable to limit and remove these immediate effects of the inflammation. The fibrin of the blood is increased in acute rheumatism more than in any other disease, and, for this reason, perhaps, fibrinous deposits are apt to take place. With this view, measures to reduce the excess of fibrin, and to favor its liquid state, are rationally indicated. Alkaline remedies and ammonia, there is reason to believe, contribute to the latter of these two ends. Mercury has been supposed to diminish the amount of fibrin in the blood. That it possesses this power, however, has been inferred rather than demonstrated, and the correctness of the inference admits of doubt. It may be doubted whether the fibrin deposited upon the membrane is ever absorbed; it either remains or is washed away either gradually or in mass, by the current of blood. The deposit beneath the membrane, however, it is probable, may be absorbed, and it is an object, if possible, to promote its removal in that way. Mercury has been supposed to be useful by a sorbefacient operation here, as in other diseases in which the exudation of lymph takes place. Its power as a sorbefacient remedy has doubtless been much overrated, but we are not warranted in saying that it is devoid of this power. If employed, it should be given circumspectly, so as to avoid, as much as possible, its depressing effects. Iodine given internally or applied externally may be employed for the same purpose.

The practitioner should bear in mind that the persistence of an endocardial murmur is not sufficient ground for the continuance of sorbefacient or other remedies. The persistence of the murmur is not evidence that the inflammation continues. The treatment of endocarditis should cease when the local and general symptoms of the disease are no longer present.

MYOCARDITIS.

Inflammation of the muscular structure of the heart is extremely rare. When it occurs it is generally in connection with endocarditis or pericarditis, singly or combined. It may occur, however, irrespective of either of these affections. Suppuration may take place as a result of myocarditis, the pus being either collected in abscesses or infiltrated. The pus may be discharged into the pericardial sac, giving rise to pericarditis, or into one of the cavities of the heart, causing purulent infection of the blood. Rupture of the heart may be a consequence of inflammation and suppuration. An abscess in the inter-ventricular septum may lead to perforation. Induration is another result of inflammation in this structure. Aneurismal dilatation is still another. The inflammation is oftener seated in the walls of the left, than of the right, ventricle.

It is a serious affection, as impairing, in proportion to its extent, the muscular power of the heart, and as involving a liability to the accidents just stated. Associated with either endocarditis or pericarditis, or both, it adds, of course to the gravity and danger. Its coexistence with these affections, and its existence without them, cannot be determined during life.

CHAPTER III.

VALVULAR LESIONS WITH ENLARGEMENT OF THE HEART.

Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment.

Having considered, in the two preceding chapters, the inflammatory affections of the heart, the structural lesions of this organ next claim attention. The structural lesions relate, in the first place, to the valves and orifices of the heart. These are known commonly as *valvular lesions*. Other lesions relate to the walls and cavities of the heart. Enlargement of the heart, in the great majority of cases, proceeds from valvular lesions, and the latter, sooner or later, in the great majority of cases, give rise to cardiac enlargement. In considering, therefore, valvular lesions, I shall also consider enlargement as dependent thereon, and, afterward, notice enlargement occurring without valvular lesions.

Anatomical Characters.—Valvular lesions are situated, in the great majority of cases, in the left side of the heart, that is, at the mitral and aortic orifice. Tricuspid and pulmonic lesions are comparatively rare. The morbid appearances in different cases are extremely diversified. The valvular curtains and segments are frequently thickened and contracted; or, they may be simply encumbered with vegetations of greater or less size, without being incapacitated for the performance of their function. They are sometimes rendered more or less rigid by calcareous deposit. The mitral curtains are not infrequently united at their sides so as to form a funnel-shaped canal leading from the auricle to the ventricle, the opening consisting of a small slit, called the button-hole contraction of the mitral orifice. The aortic segments, expanded and rigid, in some cases, diminish the size of this orifice to that of a crow's quill, or even much smaller. The valves may become atrophied, and are liable to rupture or perforations. Rupture of one of the valves is an occasional accident without prior disease, when an excessive strain is induced by the violent action of the heart in severe muscular exertions. Under these circumstances, the tendinous cords which unite the extremities of the mitral curtains to the papillary muscles, are especially apt to give way. For a full description of the varied changes which are observed in different cases of valvular lesions, the reader is referred to works on morbid anatomy.

In a clinical point of view, all the diverse alterations of structure embraced under the name of valvular lesions, may be arranged, according to their effects upon the circulation, into the following groups: *First*, obstructive lesions, that is, lesions which impede the flow of blood by producing contraction of the orifices; *second*, regurgitant lesions, that is, lesions which interfere with the function of the valves, rendering them incompetent or insufficient, and consequently allowing backward or regurgitant currents; *third*, lesions which involve both obstruction and regurgitation; and, *fourth*, lesions which involve neither obstruction nor regurgitation, but give rise to morbid sounds by roughening the surface over which the blood flows. The lesions belonging to the last group are of little or no immediate importance, and, although giving rise to abnormal sounds known as endocardial or bellows murmurs, may be quite innocuous.

The lesions which involve either obstruction or regurgitation, or both, lead to enlargement of the heart. They produce this result by giving rise to over-repletion of certain of the cavities of the organ. Limiting attention to the lesions situated at the mitral and aortic orifice, the primary effect differs according to the situation. Mitral obstructive and regurgitant lesions, as a rule, produce, first, dilatation of the left auricle, because these lesions give rise, as the first effect, to over-repletion of this cavity. Dilatation of the left auricle occasions pulmonary obstruction, because the over-repleted auricle does not offer space for the free admission of the blood returned to the heart from the lungs. As a consequence of pulmonary obstruction, the right ventricle is over-repleted, and hence occurs enlargement of this portion of the heart as the next effect. Over-repletion of the right auricle is the next effect, leading to dilatation of this cavity, and, finally, as a consequence of obstruction of the systemic venous system due to the right auricle being constantly filled, the left ventricle may become enlarged. This is the series of effects caused by mitral lesions which involve either obstruction or regurgitation, or both.

Lesions of the aortic orifice, either obstructive or regurgitant, or both, produce a similar series of effects with a different point of departure. The left ventricle is first over-repleted and becomes enlarged. Dilatation of the left auricle follows, and successively the right ventricle and right auricle are enlarged, if life be sufficiently prolonged. Cases are not infrequent in which obstructive or regurgitant lesions are situated at both the mitral and aortic orifice. The effects of the aortic and mitral lesions are combined in these cases.

Enlargement of the heart, with or without valvular lesions, is of two kinds, viz., *first*, enlargement due to abnormal growth or hypertrophy, and, *second*, enlargement due to dilatation. As a rule, in examinations after death, the enlargement is not found to be exclusively by either hypertrophy or dilatation, but the two kinds of enlargement are combined. A marked difference exists in different cases, as regards the symptoms, signs, and the danger, according to the predominance of either hypertrophy or dilatation. As a rule, hypertrophy of the ventricles takes place before dilatation. The over-repletion of the ventricular cavities induces augmented power of muscular action, and this causes hyper-nutrition or abnormal growth. The ventricles grow in consequence of long-continued increased power of muscular action, precisely as the voluntary muscles become enlarged as a consequence of exercise.

The hypertrophic growth of the ventricles has its limit, as the enlargement of voluntary muscles is limited. The voluntary muscles cannot increase indefinitely, but after a certain amount of increased growth, it ceases, notwithstanding the exercise of the muscle is continued. So with the heart—the hypertrophy at length reaches a point beyond which no further growth takes place. The extent to which the heart can increase by hypertrophy varies in different persons, as the point at which the increase of the voluntary muscles varies. The enlargement by hypertrophy is represented by the increased weight of the heart. In cases in which a very great amount of hypertrophy takes place, the weight of the heart is found to be four or five times greater than in health.

Dilatation, sooner or later, follows hypertrophy. When nutrition can no longer be excited to cause progressive growth, the continued over-repletion of the cavities causes the walls to yield and dilatation takes place. The dilatation goes on, and at length it predominates over the hypertrophy; that is, in relative amount the former exceeds the latter. The enlargement by hypertrophy is due to a vital process, viz., hyper-nutrition; but the enlargement by dilatation is produced mechanically. Hypertrophy involves augmented power of the muscular walls; dilatation involves diminished power, or weakness, in proportion as the cavities are enlarged. In proportion as dilatation predominates over hypertrophy, the volume of the heart rather than the weight is increased.

Enlargement may be much more marked in one portion of the heart than in another portion, or it may be limited to a part of the organ. The right ventricle, for example, may be chiefly or exclusively the seat of enlargement in connection with mitral valvular lesions, and this may hold true of the left ventricle in connection with aortic valvular lesions. The left ventricle may be enlarged by predominant dilatation while the right ventricle is enlarged by predominant hypertrophy, and *vice versa*.

CLINICAL HISTORY.—Valvular lesions, so long as they involve neither obstruction nor regurgitation, give rise to no symptoms of disease, and their existence is only ascertained by means of physical signs. Lesions involving obstruction or regurgitation, or both, as a rule, do not occasion much inconvenience until they have led to enlargement of the heart. Moreover, as a rule, lesions occasion suffering and are attended with danger in proportion to the enlargement which they have produced, and chiefly the enlargement due to dilatation.

The first symptoms proceeding from mitral obstructive or regurgitant lesions pertain to the respiratory system. Deficiency of breath on exercise is, for some time, the chief inconvenience. This progressively increases, in proportion as the obstruction to the pulmonary circulation increases. The patient is at length obliged to discontinue any active muscular exertion, but may be comfortable while remaining quiet. Dyspnœa finally becomes habitual, and is more or less prominent as a symptom, after dilatation of the right ventricle has taken place. A still further development of this symptom renders the patient unable to lie down, constituting, then, orthopnœa. This may be due, in a measure, to coexisting pulmonary accidents. Cough and more or less muco-serous expectoration are incidental to congestion or a low grade of inflammation of the bronchial mucous membrane. An abundant serous expectoration sometimes occurs, constituting bronchorrhœa. Hæmoptysis is not infrequent, the hemorrhage being usually small. This event generally denotes simply bronchorrhagia, but occasionally blood is extravasated into the air-cells, constituting what is commonly called pulmonary apoplexy. Pulmonary œdema is another intercurrent event which is liable to occur, increasing the suffering from dyspnœa. Hydrothorax is still another source of embarrassment of respiration.

After enlargement of the heart takes place, its action, so long as the hypertrophy predominates, is abnormally strong. This may be perceived by the hand placed over the præcordia. The patient, however, rarely complains much of palpitation, having become accustomed to the gradual increase of the power of the heart's action. The pulse is small and weak in proportion to the amount of obstruction or regurgitation, each of these immediate effects of the lesions lessening the quantity of blood propelled into the aorta and its branches by the systole of the left ventricle. The quantity of blood contained in this ventricle at the time of the systole may sometimes be so much lessened that the radial pulse is lost; hence one source of intermission of the pulse. Another source is an actual intermission of the ventricular systole. Inequality of the successive beats of the pulse, as regards volume and force, represents unequal supplies of blood from the left auricle to the left ventricle. Irregularity in the action of the heart is not infrequent. Intermittency of the pulse and inequality in successive beats, due to deficiency of the supply of blood to the left ventricle, are characters which denote mitral contraction rather than regurgitation.

Pain is rarely a prominent symptom during the progress of mitral lesions, but uneasiness and an indefinite sense of distress, referred to the præcordia, may be complained of. Nor are there any notable symptoms referable to the nervous system. There is a marked contrast, as regards mental anxiety and apprehension, between the cases in which the action of the heart is disturbed by lesions and those in which the disturbance is purely functional. In the former, mental depression is proportionate to the physical suffering, and patients are apt to be apathetic with respect to danger; in the latter the mind is depressed out of proportion to the actual ailment, and patients are harassed by imaginary fears. If dyspnœa be a prominent symptom, the loss of sleep adds to the sufferings of the patient. The sleep which is obtained is apt to be imperfect and disturbed by frightful dreams. It is not uncommon for patients to be unable to lie down for many weeks before death, short periods of sleep being obtained by inclining the body forward and resting the elbows on the knees or on some solid support.

Sooner or later, if life be not cut off by some intercurrent affection, dropsical effusion takes place into the areolar tissue and serous cavities. The lower limbs generally first become œdematous, afterward the face and body, and more or less liquid accumulates within the peritoneal and pleural sac. The limbs and body sometimes become greatly swollen, and the scrotum acquires an enormous size. The skin on the lower limbs, under these circumstances, may become erythematous; ulcerations or fissures are apt to occur, with abundant draining away of serum. The face is congested, and not infrequently the lips are livid. The dusky hue due to congestion and cyanosis, combined with œdema, gives to the face an appearance which contrasts with the pallid aspect characterizing general dropsy from renal disease. General dropsy arising from mitral lesions occurs after enlargement by dilatation of the right side of the heart has taken place, and is dependent mainly on the venous obstruction which the latter condition involves. Tricuspid regurgitation, which exists to some extent normally, is increased in this condition, and adds to the venous obstruction. This condition of the right cavities gives rise to turgescence of the cervical veins, especially when the patient is sitting or standing, and this turgescence is sometimes very great. Under these circumstances, pulsation of the superficial veins of the neck, occurring synchronously with the auricular or ventricular systole, or with both, is not uncommon. Jugular pulsation is, however, observed in some cases without venous turgescence, and when dropsy has not taken place. Other circumstances than dilatation of the right side of the heart may contribute to the occurrence of dropsy; for example, anæmia.

The organs composing the digestive system suffer from the congestion arising from dilatation of the right side of the heart. The appetite and digestion become impaired; enlargement of the liver is sometimes observed. Prior to the occurrence of dilatation, however, the appetite and digestion may be but little impaired. Nutrition may be but little affected even after the lesions have led to considerable suffering. Emaciation is not an early nor, at any time, a marked effect of valvular lesions of the heart. The kidneys participate in the congestion, and the secretion of urine is apt to be scanty. Albumen in small quantity may be present in the urine, as an effect of renal congestion, without denoting degenerative disease of the kidneys. Hemorrhage from the stomach or intestines is an occasional effect of the congestion of the mucous membrane in these situations. Hemorrhoids and epistaxis belong in the same category.

Aortic lesions involving obstruction or regurgitation usually give rise, as the first symptom, to inconvenience from the increased power of the heart's action, the primary effect of these lesions being hypertrophy of the left ventricle. The patient complains of palpitation, especially on exercise or under the influence of mental emotions. The action of the heart is felt, by the hand over the præcordia, to be inordinately strong, and the dress or portions of the body may present visible movements with each ventricular systole. Pain is more apt to be present than in cases of mitral lesions, and, irrespective of the painful affection called *angina pectoris*, is not infrequently a prominent symptom. Cough, expectoration, dyspnœa, and hæmoptysis, dependent on pulmonary congestion, and the accidents incident thereto, occur less frequently in connection with aortic than with mitral lesions. Pulmonary congestion, dependent on dilatation of the left auricle, does not occur until the left ventricle becomes sufficiently dilated to render the mitral valve insufficient, and the disease may end fatally without this result taking place.

If the lesions produce contraction, with but little or no regurgitation, the pulse is simply weakened, but not in a notable degree, even when the contraction is considerable. Under these circumstances, however, the pulse is frequently weak in proportion to the power of the heart's action; the force of the stroke felt by the finger over the artery, is in striking contrast to the impulse felt by the hand over the præcordia. If the lesions impair the aortic valve so as to involve considerable regurgitation, the pulse is somewhat distinctive of this fact. The artery strikes against the finger with quickness and appears instantly to recede; the stroke is not sustained, and the pulse is said to be *jerking* or *collapsing*, giving a sensation as if a "ball of blood were shot through the artery." This is due to the fact that, directly after the ventricular systole, the aorta is emptied by the regurgitant current, and this current and the direct current come into collision when the ventricle contracts. Another symptom pertaining to the arteries, in some cases, is distinctive of free aortic regurgitation, viz., visible movements of the arterial trunks which are superficially situated, such as the carotid, temporal, subclavian, brachial, etc. The appearance caused by the movements of these vessels is sometimes very striking, and is so distinctive that aortic regurgitation is rendered highly probable by this symptom alone.

General dropsy occurs in only a small proportion of cases of aortic lesions, that is, dropsy arising from the cardiac affection. This is owing to the fact that life is generally destroyed before the lesions have led to dilatation of the right cavities of the heart. Hence, turgescence of the cervical veins and jugular pulsation do not belong to the clinical history of aortic lesions. This statement also holds good with respect to congestion of the abdominal viscera and the kidneys.

Aortic regurgitant lesions are apt to give rise to symptoms proceeding from a sudden increase of the accumulation of blood within the left ventricle, sufficiently to embarrass the action of this ventricle by distension. This ventricle becoming overloaded by the regurgitant current in addition to the direct mitral current, the ventricular walls are distended so as to weaken their power of contraction. This is the probable explanation of paroxysms of distress to which these lesions give rise. The action of the heart is irregular and spasmodic, and the patient experiences a sense of great oppression at the præcordia, with a feeling of impending death. These attacks are excited, at first, by muscular exercise or mental emotions, but, after a time, may occur without any obvious exciting cause. They occasion great distress, and sudden death may take place in an attack of usual violence, the left ventricle being paralyzed by over-distension. They are more frequent and serious when dilatation of the left ventricle predominates over hypertrophy, yet they may be more or less frequent and violent, and may prove fatal, while hypertrophy is predominant. The occurrence of these attacks renders patients affected with aortic lesions more anxious and apprehensive than those affected with mitral lesions.

Aortic and mitral lesions, involving either obstruction or regurgitation, or both, in each situation, are not infrequently associated in the same case. It is sufficient to say that, in such a case, the symptomatic phenomena arising from lesions at the mitral and aortic orifice are combined.

Tricuspid and pulmonic lesions, as already stated, are comparatively rare. In the majority of the cases in which they exist, they are congenital. They are, therefore, most liable to be met with in young subjects. Tricuspid lesions, in proportion as they involve obstruction or regurgitation, lead, primarily, to dilatation of the right auricle, and, thence, to systemic congestion. General dropsy, under these circumstances, is likely to occur early, without having been preceded by the symptoms denoting pulmonary congestion. Turgescence of the cervical veins and venous pulsation are also early symptoms in such cases. Pulmonic lesions, involving contraction or regurgitation, in like manner, soon lead to dilatation of the right auricle, and the symptomatic phenomena dependent thereon.

PATHOLOGICAL CHARACTER.—The primary evils of valvular lesions are mechanical. They do harm by obstructing the direct or normal currents of blood, and by allowing abnormal or regurgitant currents to take place. They induce hypertrophy or morbid growth of the walls of the heart, by increasing the force of the heart's action, and thereby inducing hyper-nutriion. This result, it is to be borne in mind, is not an evil. The hypertrophy resulting from valvular lesions is conservative. The augmented power of action which the heart acquires with its increased muscular growth, enables it better to carry on the circulation despite the obstacles afforded by obstructive and regurgitant lesions. The hypertrophy is, to a certain extent, compensatory for the obstacles which these lesions afford. This fact has an important practical bearing on the management. Dilatation of the cavities is another result of valvular lesions. This result is an evil. The heart is weakened in proportion as it becomes dilated. The circulation then suffers, not only from the obstacles afforded by the valvular lesions, but from the diminished power of the heart's action. As a rule, it is not until dilatation predominates over the pre-existing hypertrophy, that distressing and grave symptoms of disease of the heart are developed; and the suffering and danger increase as the dilatation progresses.

It is important to bear in mind that valvular lesions do not involve existing inflammation. The atrophy and calcareous degeneration, which lead to contraction of the valves, rigidity, rupture, etc., are not inflammatory processes, although they may be, and, in a large proportion of cases, probably are, the after effects of inflammation.

Causation.—In the majority of cases, valvular lesions originate in the endocarditis which complicates acute articular rheumatism. Of sixty-one cases which I analyzed, some years ago, with reference to this point, rheumatism had existed at a former period of life in forty-three. And of these forty-three cases, mitral lesions alone existed in twenty, aortic lesions alone existed in seven, and mitral with aortic lesions existed in sixteen. The degenerative changes which follow endocarditis lead to obstruction or regurgitation after a period more or less remote. When the evils or inconvenience resulting from valvular lesions are sufficient to lead the patient to seek for medical aid, it may be found that one or more attacks of rheumatism were experienced five, ten, fifteen, or twenty years before. And when cases first come under observation, more or less enlargement of the heart has already taken place. Enlargement, indeed, has probably existed for a long time, and it may not be until the heart becomes weakened by dilatation, that the patient applies to the physician. In some of the cases in which valvular lesions have not been preceded by rheumatism, their point of departure may have been in an endocarditis, not rheumatic, for it is probable that non-rheumatic endocarditis occurs not very infrequently when its existence is overlooked. Lesions arising from the atheromatous and calcareous deposit and atrophy of the valves, leading to their perforation and rupture, may take place without endocardial inflammation. Moreover, rupture of the valves or tendinous chords sometimes results from the violence of the heart's action, without any previous structural change.

Enlargement of the heart, as already stated, is an effect of the over-accumulation of blood in the cavities, in consequence of obstruction and regurgitation. And of the two forms of enlargement, hypertrophy and dilatation, the former precedes the latter.

Diagnosis.—The existence of valvular lesions can be determined with positiveness, only by means of auscultatory signs. By means of signs, the existence of lesions, their situation and their character, as regards being obstructive or regurgitant, may generally be ascertained. Lesions situated at the different valves and orifices, are represented by endocardial murmurs, and the presence of these is evidence of the existence and situation of the lesions. It will suffice here to enumerate the several organic murmurs produced within the heart, together with the distinctive characters of each and its significance. They are naturally arranged into mitral, aortic, tricuspid, and pulmonic murmurs.

Mitral murmurs.—A murmur heard with the first sound of the heart, *i. e.*, systolic, having its maximum of intensity at, or near, the situation of the apex-beat, or, perhaps, limited to that situation, represents mitral lesions. The lesions may, or may not, involve insufficiency of the valve and consequent regurgitation. If a regurgitant current exist, the murmur is properly called a *mitral regurgitant murmur.* But as mere roughness of the valve may give rise to a murmur with the characters just mentioned, without regurgitation, the name just given is not always strictly correct. A better name is *mitral systolic murmur*, with or without regurgitation. If the murmur be diffused beyond the apex, around the left lateral surface of the chest, and heard on the back near the lower angle of the scapula on the left and sometimes on the right side, mitral regurgitation may be inferred. If the murmur be heard only around the apex and over the body of the heart, it does not afford proof of regurgitation; it is then, simply, a mitral systolic murmur. A mitral systolic murmur, regurgitant or non-regurgitant, is not transmitted above the heart, and is not heard over the carotid arteries. This murmur may be soft (bellows like) or rough, and sometimes is musical.

A murmur heard after the second, and just before the first sound of the heart, *i. e.*, presystolic, continuing up to the first sound and instantly arrested when this sound occurs, also represents, generally, mitral lesions. This murmur is heard at and near the apex, and is usually confined within a circumscribed area, mostly within the apex. It is almost always rough, resembling a sound produced by throwing the lips or tongue into vibration with the expired breath.[1] This murmur is produced especially by contraction of the mitral orifice in consequence of the union, at their sides, of the mitral curtains, forming a button-hole-like slit. The murmur represents mitral contraction with occasional exceptions. In some cases in which free aortic regurgitation exists, the left ventricle becoming filled before the auricles contract, the mitral curtains are floated out and the valve closed when the mitral direct current takes place, and, under these circumstances, this murmur may be produced by the current just named, although no mitral lesions exist.[2] This murmur is called the *mitral direct murmur.* Dr. Gairdner has proposed as a better name, the *auricular systolic murmur.*

The two mitral murmurs not infrequently exist together, but either may exist without the other.

Aortic murmurs.—A murmur with the first sound, or a systolic murmur, heard with its maximum of intensity at or above the base of the heart, and generally propagated into the carotids, is called an *aortic direct murmur.* This murmur may represent aortic lesions, and is then called organic, or it may be due to a morbid condition of the blood, without aortic lesions, and is then called an inorganic or an anæmic murmur. The following circumstances render it probable that the murmur is inorganic or anæmic: The evident existence of anæmia; the absence of other signs of cardiac lesions; the variableness of the murmur, being sometimes present and sometimes wanting, and differing much at different times in intensity; the presence of murmur in the larger arteries, such as the carotid, subclavian, etc., and a continuous murmur in the veins of the neck commonly known as the venous num. Attention to these points will generally suffice for determining whether an aortic direct murmur be organic or inorganic. The organic murmur denotes lesion of some kind, but not necessarily obstructive; that is, the lesion may simply render the membrane at or near the aortic orifice rough, without involving obstruction to the current. The murmur may be soft or rough, and is sometimes musical.

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[1] In my work on diseases of the heart I have said that this murmur is generally soft. Subsequent observation has shown me that this statement is incorrect.

[2] *Vide* article on cardiac murmurs, by the Author, in the American Journal of Med. Sciences, No. for July, 1862.

An aortic murmur with the second sound of the heart, *i. e.*, diastolic, heard usually at the base, but, in most cases, having its maximum a little below the base, on, or near, the left margin of the sternum, is called an *aortic regurgitant murmur.* It represents insufficiency of the aortic valve and consequent regurgitation from the aorta into the left ventricle. This murmur may be more or less loud and prolonged; it is generally soft, but is sometimes rough, and may be musical.

The aortic direct, and aortic regurgitant murmur not infrequently exist in combination, but either may be present without the other. One or both of the aortic murmurs coexist with either or both of the mitral murmurs in the cases in which mitral and aortic lesions are associated.

Tricuspid murmurs.—Tricuspid lesions are comparatively rare, and, hence, a murmur referable to this orifice is infrequent. A *tricuspid regurgitant murmur* occasionally exists, representing an unusual amount of regurgitation from the right ventricle to the right auricle, with, perhaps, hypertrophy of the ventricle. It occurs with the first sound, and is to be distinguished from a *mitral regurgitant murmur*, by its being either limited to, or having its maximum of intensity at, the right inferior border of the heart, viz., near the ensiform cartilage. It is apt, without care, to be confounded with a mitral regurgitant murmur. A tricuspid direct murmur must be exceedingly rare, if, indeed, it ever occur.

Pulmonic murmurs.—A *pulmonic direct murmur* is not of very infrequent occurrence. It is with the first sound of the heart, and is heard at, or above, the base, over the pulmonary artery, viz., in the second intercostal space near the left margin of the sternum. It is to be distinguished from an aortic direct murmur by its situation as just stated, coupled with its non-transmission into the carotids. It represents pulmonic lesions, when it is not inorganic or anæmic, as it not infrequently is. The circumstances which render it probable that it is inorganic are the same as when the question is as to the organic or inorganic character of an aortic direct murmur.

By means of the foregoing murmurs, the diagnosis of valvular lesions is made, but it is important to bear in mind that neither the extent or gravity of lesions is determinable by the murmurs. Whether the direct murmurs are produced by lesions which involve obstruction, or not, cannot be determined by the study of the murmurs alone; and whether the regurgitant murmurs proceed from much or little regurgitation, must be ascertained by other evidence than that which the murmurs afford. The intensity of the murmurs is no proof of the gravity of the lesions; slight or innocuous lesions may give rise to loud murmurs, and grave lesions may be represented by feeble murmurs. Nor does the character of the sound as regards softness, roughness, or a musical intonation, furnish any definite information respecting the extent or gravity of lesions. With reference to this important point of investigation, therefore, evidence is to be sought for elsewhere. Symptoms relating to the circulation, which have been considered under the head of the clinical history, shed light upon this point, but, in addition, other physical signs are to be taken into account.

A comparison of the second sound of the heart as produced, separately, at the aortic and pulmonic orifice, is one source of information. This comparison is made by listening successively to the second sound as heard in the right and left intercostal space near the margin of the sternum, the sound in the right side emanating from the aortic, and the sound of the left side from the pulmonic orifice. If aortic lesions be indicated by the presence of the aortic direct or regurgitant murmur, and the lesions be of such a character that the aortic valve is impaired, the second sound, as produced by this valve, will be more or less weakened or perhaps extinguished, and the alteration is ascertained by a comparison with the pulmonic second sound. If, on the contrary, the aortic sound be unimpaired, it may be inferred that the aortic valve is intact. A comparison of the aortic and pulmonic second sound is not less useful in the cases in which mitral lesions are shown to exist by the mitral direct or the mitral regurgitant murmur. If there be much obstruction, or regurgitation, or both, at the mitral orifice, the aortic second sound will be weakened by the diminished amount of blood propelled into the aorta with each ventricular systole; and if the mitral obstruction or regurgitation, or both, have led to hypertrophy of the right ventricle, the pulmonic second sound will be intensified by the greater force with which the blood is propelled into the pulmonary artery by the systole of the right ventricle. By means of this beautiful application of auscultation, thus, useful information is obtained respecting the extent or gravity of the lesions, the existence and situation of which are revealed by the endocardial murmurs.

Further evidence of the extent or gravity of valvular lesions relates to enlargement of the heart. Enlargement of the heart is an effect of valvular lesions, and is proportionate to the amount and duration of the obstruction and regurgitation which the valvular lesions occasion. Hence, the degree of enlargement is a criterion of the extent and gravity of the valvular lesions, and, moreover, the enlargement is a lesion of importance as has been already seen. The question then arises, how are the existence and degree of enlargement of the heart to be ascertained? The altered situation of the apex, if not attributable to extrinsic causes, is evidence both of the existence and the degree of enlargement. The first effect of enlargement is to carry the apex to the left of its normal situation within the *linea mammalis*. The next effect is to lower its situation to the sixth, seventh, or eighth intercostal space. In proportion as the apex is removed without the left nipple, and lowered, is the amount of enlargement. The situation of the apex is to be determined by the eye or touch, or, if it can neither be seen nor felt, by finding the point where the first sound has its maximum of intensity. Other evidence of enlargement is obtained by percussion. The dulness within the area known as the superficial cardiac space, or the space in which the heart is uncovered of lung, is increased in degree and in extent, in proportion as the heart is enlarged. The left border of the heart is found by percussion to fall one, two, or three inches without the left nipple, the situation of the right border, and the base of the heart being, in most cases, but little changed.

Having determined the existence of enlargement and its extent, it remains to ascertain the kind of enlargement, that is, whether hypertrophy or dilatation predominate. The most important signs in this discrimination are furnished by palpation. If either the apex-beat or additional impulses in the intercostal spaces above the apex be felt by the hand to be abnormally strong, and especially if there be a heaving elevation of the præcordia with the ventricular systole, hypertrophy predominates. The apex-beat, under these circumstances, may be weak, owing to the globular form which the heart may assume when enlarged; the augmented power of the heart's action is then to be appreciated by the impulses above the apex or by the præcordial heaving. On the other hand, if dilatation predominate, the cardiac mpulses, if felt at all, are feeble. Auscultation also furnishes signs of mportance in this discrimination. The first sound of the heart over the apex is loud, prolonged, and booming, in proportion as hypertrophy predominates, and, on the contrary, weak, short, and valvular if dilatation predominate. Attention to these points, in connection with the symptoms, will enable the physician to judge of the kind of enlargement to which the valvular lesions have given rise.

PROGNOSIS.—Valvular lesions, not involving either obstruction or regurgitation, may remain for an indefinite period innocuous. The physician should be careful not to attach undue importance to the presence of one or more of the organic murmurs. These are frequently discovered in examinations of the chest, when patients complain of no symptoms referable to the heart, and in persons who suppose themselves to be in perfect health. If the lesions be accompanied by enlargement of the heart, obstruction or regurgitation, or both, may be inferred, and the lesions are not innocuous; yet, so long as the enlargement is exclusively or mainly hypertrophic, serious evils directly attributable to the cardiac lesions rarely occur. The patient, under these circumstances, as a rule, simply suffers more or less inconvenience. The suffering and danger, as already stated, depend chiefly on the weakness arising from dilatation of one or more of the cavities of the heart. The progress of enlargement is generally slow, and it is not uncommon for patients affected with valvular lesions, together with more or less hypertrophy, to live many years, and even to old age.

The symptoms which denote danger, immediate or not remote, differ according to the seat of the valvular lesions. In connection with mitral obstruction and regurgitant lesions, habitual and considerable dyspnœa, if referable to the cardiac affection, that is, not dependent on a coexisting affection such as asthma, is evidence that the fatal termination is not very far distant. The supervention of general dropsy generally shows that the end is near at hand. Yet, sometimes, under judicious management, the dropsy diminishes or disappears, and life is prolonged for a considerable period. Death takes place suddenly in some cases in which the valvular lesions are exclusively mitral, but, as a rule, if life be not cut off by some intercurrent affection, the patient dies after a period of suffering more or less prolonged. In cases of aortic lesions involving obstruction and regurgitation, especially the latter, danger is indicated by the occurrence of paroxysms characterized by great præcordial distress, a sense of impending death, the action of the heart being irregular or tumultuous. Sudden death is liable to occur in paroxysms of this kind, the heart being paralyzed by over-distension of the left ventricle. Sudden death sometimes occurs in cases of aortic lesions when little or no habitual inconvenience from the cardiac affection had been experienced, and the existence of any affection of the heart was perhaps unknown. It is rare for lesions exclusively aortic to lead to general dropsy. The immediate or proximate danger is to be determined by the amount of obstruction or regurgitation, and more especially the latter, in connection with the degree of enlargement, and particularly the enlargement by dilatation.

In cases of tricuspid and pulmonic lesions, general dropsy is an event denoting a degree of weakness of the right side of the heart from dilatation, which will be likely to lead, before long, to a fatal result.

In the cases in which lesions at different orifices exist in combination, the gravity and danger are of course increased. In all cases of valvular lesions, associated with enlargement, the prognosis is unfavorable; the patient will die sooner or later with the cardiac affection, if life be not destroyed by some other disease, the occurrence of a fatal result being only a question of time, and the duration varying greatly in different cases.

Death may occur in consequence of certain local affections or accidents incidental to the cardiac affection. Thus, pulmonary œdema and pneumorrhagia, due to mitral lesions, may be the immediate cause of a fatal result. Extravasation of blood within the skull may be favored by dilatation of the right side of the heart, and, perhaps, by hypertrophy of the left ventricle. The loss of blood by hemorrhage from mucous surfaces may, in like manner, lead to a fatal termination. The effects of emboli derived from cavities of the heart are to be included in this category.

TREATMENT.—The treatment, in cases of valvular lesions, will have reference, *first*, to the condition of the heart as respects these lesions and coexisting enlargement, and, *second*, to the symptoms or events which are incidental to the cardiac affection.

Valvular lesions, so long as they are either innocuous or have not led to enlargement of the heart, claim attention only with regard to preventing or retarding their progress. And, for this end, the strain upon the valves occasioned by the excessive action of the heart, is, as far as possible, to be avoided. Very active muscular exertions, the excitement of the circulation produced by the abuse of alcoholic stimulants, and violent mental emotions, will be likely to hasten or increase the damaging effects of the lesions. It is, however, by no means necessary to enjoin great restriction in the manner of living in these cases: it is sufficient that the habits of life are governed, in all respects, by prudence and moderation. It is not advisable, under these circumstances, for persons to consider themselves as invalids. If, as is frequently the case, the existence of the lesions be discovered accidentally, or casually, it may not be always judicious to communicate the fact to the patient. If a medical opinion be not requested, and proper hygienic management can be secured without directing the patient's attention to the heart, much needless anxiety is sometimes spared. If, however, information be desired, it should not be withheld, but explanations made which will tend to prevent an over-estimate of immediate danger.

If cardiac symptoms have led the patient to apply to the physician, more or less enlargement will probably be found associated with the lesions. Let it be supposed that the enlargement which exists is mainly due to hypertrophy. It is not desirable to endeavor to diminish this hypertrophy. Inasmuch as whatever obstruction or regurgitation the lesions occasion, must continue, the abnormal growth of the walls of the heart is conservative; the comfort and safety of the patient depend upon it, and measures which tend to weaken the heart will do a positive harm. On the contrary, measures to maintain the muscular tone and vigor of the heart are indicated. The diet should be nutritious. The appetite and digestion, if impaired, should be improved by tonic remedies. Moderate out-door exercise is to be encouraged, very active exertions being, of course, interdicted. In short, the object is, in every way to invigorate and strengthen the system.

If dilatation have taken place, the measures indicated are still those which tend to give, as far as possible, tone and vigor to the heart. The labor of the circulation may be in some degree diminished by restricting the quantity of liquids ingested, redundancy of the mass of blood being in this way prevented. Especial care, however, is to be taken not to impoverish the blood. The diet is to be highly nutritious, although as dry as compatible with comfort; tonic remedies are to be employed, and moderate exercise out of doors is still advisable. In proportion as the powers of the system are lowered, the heart is weakened, and dilatation favored. The object of management is, by strengthening and invigorating the system to retard the progress of dilatation.

Thus far the treatment has reference to the condition of the heart. Of the symptoms incidental to the cardiac affection, irregularity of the heart's action is one which may call for treatment. The appropriate remedies are those which regulate and tranquillize, without depressing, the action of the heart. Digitalis is a valuable sedative remedy, appearing to relieve irregularity without impairing the power of the ventricular contractions. Hyoscyamus, belladonna, hydrocyanic acid, and other remedies of the same class, are useful. A belladonna plaster over the præcordia seems to have a good effect. The nauseant sedatives are not to be employed, and the veratrum viride is not appropriate.

Dyspnœa and other pulmonary symptoms are a source of annoyance and suffering in certain cases. So far as these symptoms are dependent on the cardiac affection, all that is to be expected from treatment is palliation. The ethers and mild revulsive applications to the chest or dry cupping may mitigate the dyspnœa. Opiates to check expectoration will be likely to increase the distress instead of affording relief.

General dropsy, in certain cases, is an event requiring treatment. Diuretic remedies should be first tried, and, if these prove inoperative, hydragogue cathartics are to be resorted to. Of these, elaterium is the most efficient. Given in small doses, this remedy may often be continued for a long period without producing depression. The bitartrate of potassa with jalap, and podophyllin are valuable hydragogues. In the majority of cases, only partial and temporary relief of the dropsy is procured, but in some cases it is completely removed, and it may not return for a considerable period. If the anasarca be extremely great, so that the limbs become enormously distended, numerous punctures may be made with the point of a needle, the punctures so slight as not to draw blood, and through them a large amount of liquid will sometimes escape, affording, for a time, marked relief. Vesications or cracks in the integument of the lower limbs, in some cases, occur as a consequence of the distension, giving exit to an abundant flow of serum, with relief. Incisions or deep punctures are attended with a risk of being followed by gangrene. In the treatment of the dropsy, restriction of the amount of ingested liquid, as far as is compatible with comfort, is highly important.

A highly important point in the treatment of all cardiac lesions relates to coexisting anæmia. Anæmia is not infrequently associated with the lesions under consideration, and, as a consequence, functional disorder of the heart is superadded to the disturbance caused by the lesions. Irregular action of the heart, or excessive action, dyspnœa, and even dropsy, may be due to the superadded functional disorder. The error is not infrequently committed of attributing the symptoms in such cases exclusively to the lesions, and forming a prognosis more unfavorable than the lesions actually warrant. By removing the anæmia the symptoms are relieved, and the patient may even seem to recover completely from the cardiac affection. Anæmia existing in connection with valvular lesions claims appropriate treatment, viz., removal of the cause if it be apparent, for example, lactation, the employment of chalybeate tonics, with nutritious diet and other hygienic measures. And such cases call for a certain amount of reserve in referring the symptomatic phenomena to the lesions.

CHAPTER IV.

Enlargement of the Heart without Valvular Lesions—Hypertrophy—Dilatation—Atrophy of the Heart—Fatty Degeneration and Softening of the Heart—Functional Disorder of the Heart—Enlargement of the Thyroid Body and Prominence of the Eyeballs associated with Functional Disorder of the Heart—Angina Pectoris—Thoracic Aneurism.

In the small proportion of cases in which enlargement of the heart exists without valvular lesions, hypertrophy and dilatation are usually combined, either the one or the other predominating, as in cases in which enlargement proceeds from valvular lesions; but cases occur in which hypertrophy exists without dilatation, and dilatation without hypertrophy. The latter are distinguished as simple hypertrophy and simple dilatation. These cases do not claim separate consideration: it will suffice to notice, on the one hand, enlargement in which hypertrophy either exists alone or is predominant, and, on the other hand, enlargement in which dilatation predominates.

Hypertrophy is sometimes referable to an obstruction to the circulation, either in the capillaries or at some point in the arterial system of vessels. Thus, hypertrophy of the left ventricle may result from contraction of the aorta and aortic aneurism. Hypertrophy of the right ventricle is a consequence of obstruction in the pulmonary circuit in cases of vesicular emphysema and chronic pleuritis. Hypertrophy of the left ventricle has been supposed to be sometimes due to obstruction to the capillary circulation incident to certain cases of Bright's disease, and hence the rationale of its occasional association with the latter. In like manner, the degenerative changes in the arteries which are liable to occur in advancing age, and the enlarged area of the arterial branches occasioned by corpulency are supposed to explain the occurrence of hypertrophy. In all these instances, the mechanism of the production of the hypertrophy is the same: it is due to long-continued, augmented power of the heart's action.

There is little or no ground for the belief that mere functional disorder of the heart, however persisting, leads to hypertrophy. Hypertrophy is sometimes found where it cannot be referred to any cause, and it is probably then either congenital or due to an intrinsic tendency in the ventricular walls to abnormal growth.

The abnormal growth in cases of hypertrophy without, as well as with, valvular lesions varies much in different cases. The walls of the left ventricle at its thickest part, in health, measures in the male about half an inch, and in the female a fraction less. The walls of the right ventricle are about one-sixth of an inch in thickness at the base. A certain amount of increase is within the limits of health; but the left ventricle, in different cases of hypertrophy, is found to measure from one to two inches, and the right ventricle has a corresponding range of increase. A remarkable specimen of simple hypertrophy, not referable to any obvious cause, and supposed to have been congenital, was exhibited by me to the New York Pathological Society about two years ago. I was indebted for the specimen to Prof. Gillfillan, of the Long Island College Hospital. The left ventricle measured, at its thickest part, $1\frac{5}{8}$ inch, the right ventricle $\frac{3}{8}$ inch. The cavities were not dilated, and the valves were found, by the water test, to be competent. The weight of the heart was 15¼ ounces; the average normal weight in the male being 9, and in the female 8, ounces. The subject was a young man aged 23. Death occurred suddenly from congestive apoplexy, the existence of cardiac disease never having been suspected.

The symptoms of hypertrophy are referable to the increased power of the heart's action. Hypertrophic enlargement of the left ventricle leads to an abnormal force of the current in the systemic arteries; the pulse is strong and full, the face flushed, active cerebral congestion is favored, and certain symptoms, such as pain, vertigo, *tinnitus aurium* are attributable to the latter. The patient feels the powerful action of the heart, but he becomes accustomed to it, and it may occasion but little annoyance. As in the case just referred to, a considerable amount of hypertrophy may exist without symptoms which lead the patient, or others, to suspect the existence of any disease.

If the hypertrophy have been induced by an impediment to the circulation, it is conservative, as when it proceeds from valvular lesions, and is not, therefore, to be regarded as an evil. It may, however, lead or contribute to serious accidents. In the case just referred to, the congestive apoplexy, which proved suddenly fatal, was attributable to no other obvious cause, the organs of the body, with exception of the heart, being free from disease. It is intelligible that hypertrophy of the left ventricle, without valvular lesions (these being in a measure, at least, protective), may favor cerebral hemorrhage in cases in which the arteries of the brain have become weakened from degenerative changes. In like manner, it is not improbable that hypertrophy of the right ventricle may sometimes contribute to pulmonary hemorrhage.

The diagnosis of hypertrophy must rest on physical signs, which are the same as when the hypertrophy is associated with valvular lesions. The fact of enlargement and its degree are determined by the altered situation of the apex-beat, together with the enlarged area of the superficial and the deep cardiac space. That the enlargement is due, either exclusively or mainly, to hypertrophy, is determined by the abnormal force of the impulses of the heart, and by the prolongation, intensity and booming character of the first sound.[1] The absence of endocardial murmurs is the basis of the conclusion that the enlargement is not connected with valvular lesions.

Hypertrophy, when conservative, of course does not claim treatment. If it be congenital, or there be sufficient grounds for considering it otherwise than conservative, measures to prevent further growth and to obviate accidents are called for. Bloodletting and other measures which impoverish the blood are not indicated. Anæmia, by rendering the heart unduly excitable, involves additional inconvenience and danger. If plethora exist, it should be removed by dietetic means, and depletion by saline laxatives. Excessive action of the heart may be moderated by tranquillizing remedies, such as aconite, hydrocyanic acid, and belladonna. The diet should be sufficiently nutritious but unstimulating. Alcoholic stimulants are to be interdicted. Liquids should be taken sparingly. Active muscular exercise and emotional excitement are to be avoided.

Dilatation of the cavities of the heart may follow hypertrophy without, as well as with, valvular lesions. If there be causes giving rise to hypertrophy, which continue after the morbid growth has reached its limit, dilatation of necessity follows, and, in time, will become predominant. But, in most cases, dilatation proceeds from weakness of the muscular walls, arising from fatty degeneration or other causes. The muscular walls may yield to distension, and dilatation take place when there is no abnormal impediment to the circulation; and dilatation, however induced, tends progressively to increase.

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[1] *Vide* preceding chapter.

The symptoms of dilatation are referable to weakness of the heart's action. This weakness is shown by feebleness of the pulse, coolness and congestive redness of the surface, and, if the right cavities become considerably dilated, general dropsy ensues. Fatal syncope may occur from an over-accumulation of blood in the cavities, in cases in which the organ is greatly enfeebled by dilatation. The physical signs show enlargement of the heart; and that the enlargement is due to predominant dilatation is shown by the feebleness of the cardiac impulses, and by the weakness, shortness, and valvular quality of the first sound as heard over the apex. The absence of valvular lesions is inferred from the absence of endocardial murmur.

Of the two lesions, hypertrophy and dilatation, the latter is the more serious. The indications for treatment are the same as when the dilatation is in association with valvular lesions, the object, in general terms, being to endeavor to improve the tone and vigor of the muscular walls.

ATROPHY OF THE HEART.

Atrophy of the heart calls only for a passing notice. Reference is had here to wasting of the muscular walls, irrespective of degenerative change, represented, anatomically, by a diminution in weight and volume proportionate to the degree of atrophy. The heart diminishes in size in the progress of chronic diseases attended with great emaciation, for example, tuberculosis. I have met with a specimen, taken from the body of a female dead with chronic pleuritis, in which the weight was reduced to 4½ oz. Atrophy may result from the compression arising from the adhesions following pericarditis, and from the abundant deposit of fat upon the exterior surface. Of course, the muscular power of the organ is diminished in proportion to the degree of atrophy. In a clinical point of view, this lesion is unimportant. As a general remark, it occurs under circumstances which divest it of evil consequences, if, indeed, it be not a conservative provision.

FATTY DEGENERATION AND SOFTENING.

Fatty degeneration is the deposit of oil drops or granules of fat within the sarcolemma, and the substitution of these for the proper muscular tissue. The pathological character of the lesion has been considered in the first part of this work.[1] An abnormal accumulation upon the surface of the heart, of adipose matter, and its extension between the muscular fibres, constitute, not fatty degeneration, but fatty growth or obesity of the heart. The accumulation of fat exterior to the sarcolemma may embarrass the heart by its weight and produce atrophy of the muscular structure by compression; and it may, or may not, be associated with fatty degeneration. Fatty degeneration, if considerable, produces marked changes in the gross characters. The muscular walls present a yellowish or fawn color; the striated or fibrous aspect is obscured; the organ is soft and flabby, and it is easily penetrated or broken down by pressure with the finger. But the microscope furnishes the most conclusive evidence, in the deficiency or absence of the transverse *striæ*, and in the presence of oil drops or fatty granules in abundance within the sarcolemma.

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[1] *Vide* page 46.

his degenerative change may be general or limited. It may be confined to one entricle, oftener the left. or to circumscribed patches, varying in situation, ize, form and number. The latter, if situated at the exterior, give to the surce a mottled appearance. It may affect the inner layer of fibres, the outer yer being unaffected. The papillary muscles may be particularly affected. ilatation is often associated with fatty degeneration, the muscular walls ither preserving their normal thickness, or the thickness somewhat increased, r, again, the walls more or less abnormally thin. Fatty degeneration of the alls of the heart is not infrequently associated with valvular lesions.

In proportion to the degree of fatty degeneration, the heart is, of course, nfeebled, and the symptoms which make up the clinical history of the affection re due to a deficiency of power in the heart to carry on effectively the circuation. Degeneration of the left ventricle occasions feebleness of the pulse. The pulse is apt to be irregular. It has been observed to be notably slow, robably owing to many of the ventricular systoles being too feeble to propel he blood with sufficient momentum to be felt at the radial artery. Dyspnœa, especially on exercise, is more or less prominent as a symptom, according to the feebleness with which the circulation though the pulmonary circuit takes place; this symptom is more marked when the right ventricle is affected. Paroxysms of syncope are liable to occur, accompanied by a sense of præcordial oppression and distress. These denote distension of the cavities from an accumulation of blood. Seizures resembling apoplexy, characterized by temporary loss of consciousness, without paralysis, the surface being pallid and cool and the circulation extremely feeble, have been observed in persons who have subsequently died of this affection. These pseudo-apoplectic seizures, in some cases, have been of frequent recurrence.

Feebleness of the circulation, however, in an equal degree, may proceed from dilatation either with, or without, valvular lesions. The existence of fatty degeneration, therefore, cannot be ascertained positively by means of the symptoms alone. Other circumstances and physical signs are to be taken into account in order to arrive at a diagnosis. The signs which accompany this lesion are, feebleness or absence of cardiac impulse, weakness of the heart-sounds, more especially the first sound, this sound sometimes suppressed over the apex, and, if heard, short and valvular like the second sound. These signs are equally present when the heart is considerably or greatly dilated, and they denote fatty degeneration only when the organ is found not to be sufficiently enlarged to refer them to dilatation. The age of the patient is to be considered. Fatty degeneration very rarely occurs in the male under fifty, and in the female under forty years of age. The evident tendency to fatty deposit is another diagnostic point. Fatty degeneration of the heart, it is true, occurs in lean subjects, but it is more apt to occur in those prone to corpulency. The presence of the *arcus senilis* possesses some diagnostic importance, although clinical observation has abundantly shown that this fatty change in the cornea occurs without degeneration of the heart and *vice versa*. The presence of the *arcus* shows a constitutional tendency to fatty change, and, it is significant, if signs and symptoms referable to the heart point to degeneration of this organ. The habits of the patient are to be considered with reference to diagnosis. This lesion occurs especially in persons of sedentary or indolent habits, as regards muscular exertion, and addicted to the pleasures of the table. The habitual use of alcoholic liquors favors its occurrence. Giving due attention to all the foregoing points, the existence of fatty degeneration may often be determined with much positiveness. If valvular lesions and dilatation be present, its existence is ascertained with less positiveness. Under these circumstances, it is to be suspected when, in addition to the diagnostic points just named, the valvular lesions and enlargement appear to be inadequate to account for the feebleness of the heart's action.

To give rise to symptoms which point to the heart as the seat of disease, the amount of fatty degeneration must be considerable. A small or moderate amount may not occasion sufficient weakness to give rise to any notable symptoms. More or less degenerative change is not infrequently found after death in cases in which it had not been suspected during life. Existing in a small or moderate amount, however, it may constitute an important element in various diseases, rendering the system less able to resist them, and also less able to bear bloodletting and other therapeutical measures which tend to enfeeble the circulation. Existing in a considerable or great amount, it is a grave lesion. In such cases it involves a liability to sudden death. Death may take place from rupture of the ventricular walls. This occurs oftenest in the left ventricle near the apex. In the great majority of the cases of this accident, it arises from softening incident to fatty degeneration. Of 29 cases of sudden death, in persons affected with fatty degeneration, analyzed by Dr. Aitken, in 9 the immediate cause of death was rupture.[1] During the past winter (1863–64), two cases of sudden death occurred in persons brought to Bellevue Hospital directly on their admission, in one of the cases before the patient had entered the ward, and the autopsies revealed no cause except fatty degeneration of the heart, which existed, in both cases, in a marked degree. The occurrence of sudden death, when rupture does not take place, is accounted for by over-accumulation of blood within the cavities, and consequent paralysis of the muscular walls from distension.

The objects of treatment, in cases of fatty degeneration, do not embrace recovery from the lesion. The change which has already taken place must continue. The lesion is irremediable. The objects of treatment are to prevent further progress of the degenerative change, and to develop the muscular vigor of the heart to the full extent of its impaired capacity for improvement in this respect. The diet should be nutritious, consisting of animal food in as large proportion as is compatible with the appetite and digestion. Fatty food is to be interdicted. Farinaceous and saccharine articles should form a small proportion of the diet. Liquids should be restricted as much as possible. Alcoholic stimulants should be taken in proper moderation. Moderate exercise out of doors is highly important; it should not be carried, of course, to the extent of overtasking the heart, but taken within the limits of comfort; that is, so as not to occasion hurried circulation, præcordial oppression, or dyspnœa.

The hygienic is far more important than the medicinal management. Yet remedies may be highly useful. Tonic remedies are generally indicated. The appetite and digestion, if impaired, are to be improved as much as possible. If the patient be anæmic, this condition claims appropriate treatment. Coexisting disorders of any kind are to be relieved. The symptomatic effects of weakness of the heart will claim palliative measures. Attacks of syncope and pseudo-apoplexy require ethereal and alcoholic stimulants. Irregular action of the heart may be relieved by hydrocyanic acid and digitalis. The latter appears to act as a direct tonic upon the heart. Dyspnœa, general dropsy, and other effects call for the same palliative measures as when they proceed from dilatation of the heart.

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[1] *Science and Practice of Medicine*, second edition. I am satisfied that the liability to sudden death is greater than I had supposed when my work on diseases of the heart was written, and the statement, in that work, that examples must be exceedingly rare, I think requires modification. In analyzing cases with reference to this point, it is obvious that those in which valvular lesions are associated with fatty degeneration should be excluded.

By judicious management, life and comfortable health may be maintained for a long period, notwithstanding the existence of this lesion in a considerable amount.

Softening of the muscular walls of the heart, without fatty or any degenerative change, has been found to occur in the course of typhus and typhoid fever, the eruptive fevers, pyæmia, scorbutus, and other affections. Attention has been directed to its occurrence in typhus and typhoid fever, especially by Louis and Stokes. It may explain the weakness of the circulation disproportionately to the adynamia or general debility in certain cases of these and other diseases. The symptoms and signs are those which represent notable feebleness of the heart's action. As regards the signs, diminished intensity of both sounds, but more especially the first sound, characterizes the feebleness from this as well as other lesions. But a point which is distinctive of softening in the continued fevers, according to Stokes, is derived from the fact that the softening is chiefly of the left ventricle. The first sound, as heard over the apex, is less intense than over the right border of the heart, the sound representing, in the former situation, the force of the systole of the left, and, in the latter situation, of the right ventricle. Softening incidental to the affections named is due to the disturbance of nutrition which these affections involve. Doubtless, it adds to the danger, but it is not a permanent lesion, the normal condition of the heart being regained if the patient recover from the affection to which the softening is incidental. The existence of softening contra-indicates depletory or debilitating measures of treatment, and, on the contrary, furnishes a reason for supporting treatment, in addition to the indications derived from the condition of the system under which the softening occurs.

Lesions of the walls of the heart, extremely rare, are due to fibroid formations, extravasation of blood, carcinomatous disease, tuberculous deposit, and acephalocysts. Aneurism of the ventricular walls is another rare lesion. Happily, these belong among the curiosities of clinical experience. They are, of course, grave, but the symptoms and signs to which they give rise are not distinctive; they cannot be made out during life, and, hence, their consideration in this work would be out of place. Important lesions of the walls and valves are embraced under the head of congenital malformations, and, connected with these, is the affection known as morbus cæruleus, the blue disease, or cyanosis. This affection is to be included among the diseases of infantile life, and is treated of fully in works devoted to these diseases, as well as in treatises on the diseases of the heart. To the latter, and to works on morbid anatomy, the reader is referred for information concerning congenital malformations of the heart.

FUNCTIONAL DISORDER.

By the term functional disorder is meant disturbed action of the heart, not dependent on either inflammation or structural lesions. The action of the heart is sometimes morbidly intense. The patient is conscious of its violent action, as when it is temporarily excited by fear or some other powerful mental emotion. This is commonly known as palpitation. Generally the action is, at the same time, accelerated, and irregular. The irregularity is represented by the pulse, and felt when the hand is placed over the præcordia. The patient is also painfully conscious of it; the organ appears to perform a rolling or tumbling movement, and a sensation is sometimes described as if the heart were in the throat. Intermittency of the heart's action is another feature in certain cases. The action of the heart is, for an instant, arrested; one, two, or three beats are lost, and generally irregularity of action precedes and follows the intermissions. Of these the patient is vividly sensible, and the feeling is that fatal suspension of the heart's action may be liable to take place. These rhythmical aberrations may be accompanied with either violent or feeble action of the heart. The different varieties of functional disorder occur in paroxysms, which are very variable as regards severity, frequency of occurrence, and duration. Excessive action of the heart, however, sometimes persists steadily for successive days, weeks, and months.

Paroxysmal disorder is quite common. It usually gives rise to great apprehension. The patient has a firm conviction of the existence of organic disease, and is in fear of sudden death. It is sometimes difficult to remove this conviction by the most positive assurances to the contrary. Cases of functional disorder are characterized, as a rule, by much mental anxiety and depression, in this respect differing from cases in which disturbed action is due to structural lesions.

The causes of functional disorder are various. It is sometimes attributable to an overplus of the red corpuscles of the blood or plethora. As incident to this condition, it occurs in persons addicted to the pleasures of the table, digesting and assimilating actively, and taking but little active exercise. It is much oftener, however, associated with the opposite condition, viz., anæmia. Anæmic persons are rarely exempt from more or less disturbance of the heart's action. It may be produced by long-continued mental anxiety or depression. It is apt to occur in persons of an anxious, worrying disposition, and in those who are constitutionally disposed to melancholy. The effect which it produces on the mind reacts on the disorder, and tends to perpetuate it. It appears, in some cases, to be dependent on indigestion or dyspepsia, and paroxysms are apt to be excited by dietetic errors. The use of tobacco gives rise to it in some persons, so, also, strong tea, or coffee. It is incidental to the gouty diathesis. Excessive venery and habits of self-abuse are to be included among the causes. The associated symptoms will, of course, vary according to the different circumstances under which it occurs.

It is extremely desirable, in view of the comfort and welfare of the patient, to determine with positiveness, in cases of functional disorder, that structural lesions do not exist. Several points connected with the history and symptoms, have a bearing on the diagnosis. The occurrence of the disturbance in paroxysms, the action at other times being regular; the paroxysms occurring at night rather than in the daytime, and frequently not being occasioned by any obvious cause, such as muscular exertion or mental excitement; the ability of the patient to take active exercise without palpitation or dyspnœa when not suffering from the disorder; and the intensity of mental anxiety and apprehension, are points which render it probable that the difficulty is purely functional. These points, however, are not conclusive. A positive diagnosis is to be based on the exclusion of lesions of structure by the absence of the physical signs of the latter. If, on a careful examination of the chest, the heart be not found to be enlarged; if there be no murmur present, or if an existing murmur be inorganic, and the heart-sounds be normal, the affection may be confidently pronounced functional. Without the negative proof afforded by physical exploration, the mind of the practitioner must be in doubt as to the diagnosis. If he give a decided opinion, it is a guess which may prove to be either right or wrong. If he avoid giving a decided opinion, the inference which the patient usually draws, is, that organic disease exists, and the physician is reluctant to tell him the truth. I could cite, from the cases which have come under my observation, not a few in which patients were for many years rendered unhappy, and deterred from engaging in the active duties of life, by either an erroneous medical opinion that they had organic disease of heart, or by a fixed belief that such was the fact, based on the indecision of their physicians.

The curative treatment of functional disorder must have reference to the circumstances with which it is connected. Occurring in connection with plethora, the measures indicated are, restriction of diet, change of habits as regards exercise, depletion by saline laxatives and perhaps by small blood-lettings. Occurring in connection with anæmia, measures of precisely an opposite character are indicated, viz., those designed to restore the normal condition of the blood. An investigation with reference to the source of the disorder is to be made in all cases, and the causes, if apparent, are to be obviated. If connected with dyspeptic ailments, these are to be remedied by appropriate treatment; and so if dependent on the gouty diathesis, this will claim suitable remedies. In the great majority of cases, the proper treatment consists of tonic remedies, a nutritious, regular diet, regularity of habits as regards excesses of all kinds and a proper amount of sleep, the interdiction of tobacco, strong coffee and tea, and out-door exercise with mental recreation; in short, an invigorating system of hygiene. Positive assurances of the absence of organic disease, such as may be given if based on the absence of all the physical signs of lesions, will often go far toward effecting a cure, the disease being frequently kept up by mental inquietude occasioned by the fear of sudden death.

During the paroxysms palliative measures are called for. These consist of ethereal stimulants and antispasmodics, occasionally opiates, with sinapisms or stimulating liniments to the chest. If paroxysms occur frequently, a belladonna plaster may be constantly worn over the præcordia. Blisters or other severe counter-irritants are never requisite.

Some persons are strongly predisposed to disturbed action of the heart, and suffer, more or less, from functional disorder for many years, or during their whole lives. The mental anxiety in such cases after a time ceases, and patients become reconciled to this as to other physical evils. The frequent recurrence of functional disorder for an indefinite period does not lead to the development of organic disease. The physician is fully warranted in giving positive assurance to patients on this point.

In the foregoing remarks on functional disorder, it has been assumed that structural lesions are not present. But functional disorder and lesions may be associated when the former is not dependent on the latter; in other words, the causes which give rise to functional disorder when the heart is free from lesions will produce the same effect when cardiac lesions exist. It is highly important for the practitioner to appreciate this fact. Not infrequently the disturbance of the heart's action, in cases in which organic murmurs are found, is mainly or exclusively functional. It is not uncommon for practitioners to err in considering all the symptoms referable to the heart, as arising from organic lesions if these exist in ever so small an amount. Anæmia, coexisting with trivial lesions, may occasion greatly disturbed action of the heart, with dyspnœa and even general dropsy, so that the patient may seem to be in the last stage of cardiac disease, and, if the anæmia be cured, the recovery appears to be complete. It should always, therefore, be a question, in cases of organic lesions, whether more or less of the symptomatic phenomena may not be due to functional disorder arising from anæmia, deranged digestion, or a morbid condition of the nervous system, produced by tobacco, coffee, or tea, mental depression, excessive venery, or gout. This question is to be decided in the affirmative when causes of functional disorder are discoverable, and when the amount of the organic affection, as determined by the physical signs, appears to be insufficient to account for the symptomatic phenomena. In proportion as the latter are fairly attributable to functional disorder, the prognosis is, of course, less grave, and improvement may be expected from appropriate treatment.

ENLARGEMENT OF THE THYROID BODY AND PROMINENCE OF THE EYEBALLS (EXOPHTHALMIC GOITRE) ASSOCIATED WITH FUNCTIONAL DISORDER OF THE HEART.

Within the last few years, the attention of clinical observers has been directed to an affection characterized by enlargement of the thyroid body and prominence of the eyeballs, conjoined with inordinate action of the heart. These three pathological events form a striking combination, giving to the affection a well-marked individuality. In the absence of a name expressive of its character, a German author, Hirsch, applies to it the name Basedow's disease, after a German observer, who was among the first to describe it fully; and the distinguished clinical teacher, Trousseau, in view of the prior claim of the late Dr. Graves, has proposed to call it *Graves' disease*. The three events just named evidently have some pathological connection, the nature of which is not yet fully understood.

The prominence of the eyes is the most remarkable of the triple events. Existing, in some cases, in a marked degree, it gives to the countenance a peculiar expression. The projection of the globes displays more or less of the tunica albuginea, and the patient has a ferocious, staring look, which, existing in both eyes, is at once diagnostic. The projection is sometimes so great as to prevent closure of the lids, and the eyeballs are partially exposed during sleep. Vision is generally not impaired, and the appearance of the eyes, aside from the prominence, is natural. The condition of the eyes does not involve pain, but the patient sometimes feels as if the eyeballs were being squeezed out of the sockets. The thyroid body is more or less enlarged, the enlargement being usually greater on the right side. The increase does not go on indefinitely, forming the immense tumors which are sometimes seen in cases of ordinary bronchocele or goitre, but ceases after a moderate or considerable augmentation of bulk has been attained. The swelling does not give rise to pain, but may occasion some obstruction to respiration from pressure on the trachea, and may lead to embarrassed breathing and modification of the voice by interfering with the function of the recurrent laryngeal nerve. The thyroid arteries are enlarged, and a strong pulsation is felt over these and the carotids, frequently accompanied by marked thrill. Arterial and venous murmurs, frequently loud and sometimes musical, are heard when the stethoscope is placed over and near the enlarged thyroid body.

The habitual action of the heart is increased in intensity. The organ beats with abnormal force. In some cases this amounts to a persisting palpitation. This functional activity is increased in paroxysms. The beats are morbidly accelerated, the pulse varying from 100 to 120 beats per minute. Valvular lesions and enlargement of the heart exist in some, but not in all cases. When they are present they do not account for the functional disorder. Loud inorganic murmur at the arterial orifices of the heart are not infrequent. The inordinate action of the heart may continue persistingly for months and even years.

More or less anæmia coexists generally, if not invariably. This is by some considered as an essential pathological element of the affection. The anæmia is frequently marked. Other symptoms which have been noted are, mental depression and irritability, inability to sleep, amenorrhœa, abnormal increase of appetite followed by anorexia, sometimes hysterical phenomena, and emaciation. The affection is essentially chronic. In the majority of cases it continues for months and years. It does not seem to tend intrinsically to a fatal result, but patients are apt to be cut off during its continuance by some intercurrent affection. Recovery takes place in a certain proportion of cases, the improvement being slow, and some degree of enlargement of the thyroid body and prominence of the eyes remaining permanently.

The affection is rare, and, since the attention of clinical observers has been directed to it only within the few past years, further materials for its clinical history are yet to be gathered. When my work on the diseases of the heart was published (1859), I had met with but a single example. During the past five years, in a very large clinical field, only four cases have come under my observation. In one of these cases I saw the patient but once, and the subsequent history is unknown. Two of the cases were under observation for several weeks, during which there was some improvement, and the patients were then lost from view. The fourth case was in Bellevue Hospital much of the time for two years. The improvement in this case was marked, and the patient left the hospital in comfortable health, the enlargement of the thyroid body and prominence of the eyes continuing in a diminished degree. In two of these cases there were no signs of organic disease of the heart.

The pathological character of the affection is not established. That the three pathological events are due exclusively to anæmia is hardly probable, since anæmia is sufficiently common without these events, and, moreover, the coexisting anæmia is not always marked. According to Trousseau, the anæmia in some cases does not occur until after the development of the affection. Trousseau considers it as belonging among the functional affections of the nervous system or the neuroses. The enlargement of the thyroid body seems to be due to abnormal vascularity and hypernutrition. The prominence of the eyes is not due to enlargement of the globes. In some of the few autopsical examinations which have been reported, an abnormal amount of areolar and adipose tissue has been found at the bottom of the orbit. But that the protrusion is not always due to this cause is shown by the fact that it has been observed to cease after death, and during life, in certain cases, moderate pressure suffices to restore the globes to their normal situation. It has been attributed to a relaxed condition of the recti muscles, and to congestion of the vessels behind the eyeballs. The prominence of the eyes and enlargement of the thyroid body, generally, if not invariably, are consecutive to the cardiac disorder. Cases are observed in which enlargement of the thyroid body is conjoined with inordinate functional activity of the heart, without prominence of the eyes, and Trousseau cites a case in which the two latter were associated without enlargement of the thyroid body. The affection, in the great majority of cases, occurs in females. Of fifty cases collected by Withuisen, a Danish author, only eight were male subjects.[1]

The indications for treatment relate to the functional disorder of the heart together with the morbid state of the nervous system and the coexisting anæmia. Sedative remedies which tranquillize the action of the heart, without producing depression or interfering with the appetite and digestion, are indicated. For this end, hydrocyanic acid, aconite, belladonna, and digitalis may be employed. The anæmia calls for tonic remedies, and especially ferruginous tonics. Trousseau is of opinion that the latter are not useful, but most writers agree as regards their utility, and they have seemed to be beneficial in the few cases which I have observed. Iodine, with reference to the affection of the thyroid body, is of doubtful utility. Hygienic measures are probably of greater importance than remedies. Freedom from mental depression is to be secured as far as possible, and, whenever practicable, change of scene and other means of mental recreation are advisable. The diet should be nutritious, and out-door life is desirable. Trousseau advocates the employment of cold water after the hydropathic method.

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[1] Trousseau. Clinique Médicale, tome ii.

ANGINA PECTORIS.

The affection known as angina pectoris is essentially neuralgic, and might, therefore, be included among the diseases of the nervous system; but as it is almost invariably, if not always, incidental to lesions of the heart or aorta, and is generally associated with notable disorder of the heart's action, it may properly be noticed in this connection. The affection is characterized by pain, usually intense, burning, tearing, or lancinating in character, emanating from the præcordia or beneath the sternum, and radiating thence in different directions, viz., into both sides of the chest, the back, and frequently the left shoulder; extending down the arm and sometimes to the forearm; occasionally felt in the forearm and hand and not in the shoulder and arm; in some cases extending more or less into both upper extremities, and it has been known to extend into one and both of the lower extremities; and, finally, it may shoot upward into the neck, temples, and jaws. Different cases differ much as regards the intensity of the pain and the situations, among those just named, in which it is felt. The pain in some cases is so intense as to be truly excruciating, and is accompanied by a feeling of constriction of the chest; in other cases, it is moderate, or even comparatively slight.

The affection is paroxysmal, and the pain is but one of the elements which enter into the paroxysm. In most instances, the action of the heart is more or less disturbed. The beats are irregular, sometimes violent or tumultuous, and sometimes feeble. An indescribable anguish or "heart pang" is another element. A vivid sense of impending death is felt. The paroxysm is usually developed suddenly, and the patient is compelled instantly to remain perfectly still; he is apprehensive of making the slightest movement, and seizes hold of some firm support in order to maintain a fixed position. He is afraid to breathe freely, although the power of doing so is not lost. Dyspnœa does not belong to the paroxysm save in so far as it may depend on existing cardiac lesions, and is due to voluntary restraint of the respiratory movements. A sense of numbness is felt in the parts into which the pain extends. The countenance denotes anxiety and suffering. The surface is generally pallid, cool or cold, frequently bathed in perspiration, and sometimes livid.

Cases differ greatly as regards not only the severity of the paroxysms, but their duration and the frequency of their recurrence. They usually last for a few moments only, but in some cases they continue for several hours. They may recur at wide intervals or frequently. As a rule, to which there are a few exceptions, if a paroxysm have been once experienced, other paroxysms will follow sooner or later. Generally they become progressively more and more frequent, if the life of the patient continue. At first, and for some ime, they may appear to be excited by some notable cause, such as unusual nuscular exertion or a powerful mental emotion, but, after a time, they are iable to occur from trivial causes and without any apparent cause. They re sometimes produced during sleep apparently by distressing dreams.

The affection, as already stated, is incidental to organic disease of the eart or aorta, certainly in the great majority of cases, but, so far as at resent known, not with any one form of lesion. It is much oftener associted with lesions at the aortic than at the mitral orifice, yet it occurs in only very small proportion of the cases of aortic lesions. It occurs in some ases of fatty degeneration of the heart without any valvular lesions. It is ometimes associated with aneurism of the aorta. It has been observed in ases in which the coronary arteries are obstructed by calcification or other esions, but this is not essential to its occurrence, as was at one time supposed. It is an affection of rare occurrence. Of over 150 cases of organic disease of the heart which I analyzed a few years since, it occurred in only 7; and it has so happened that I have not met with a single case among the large number of cases of cardiac disease which have come under my observation during the last five years. That it has a pathological connection with organic disease of the heart is shown by the fact, that it may fairly be doubted if it ever occur unless organic disease of some kind be present. The coexistence, therefore, is not merely a coincidence, but upon what particular condition or circumstance common to different forms of organic disease it depends, is not ascertained. This statement applies more particularly to the pain or neuralgic element of the paroxysms. The other elements may perhaps be satisfactorily explained.

Angina pectoris involves liability to sudden death. In the majority of cases death takes place suddenly, in a paroxysm. The most reasonable way of accounting for the sudden death, as it seems to me, is to attribute it to over-accumulation of blood within the ventricular cavities, and arrest of the heart's action as a result of paralysis from distension. The explanation, in fact, is the same as of sudden death in cases of free aortic regurgitation and fatty degeneration. The liability to sudden death, if this be the correct explanation, belongs to the cases in which the coexisting organic disease is of a kind to favor sudden over-accumulation of blood in the cavities. Aortic lesions and fatty degeneration have this effect. If the lesions do not lead to this effect, patients do not die suddenly, but linger on for an indefinite period with the recurrence of the paroxysms more or less frequently. Moreover, the overloading of the cavities of the heart will account for elements of the paroxysms other than the pain, viz., the disturbed action of the heart, the indescribable anguish and the sense of impending death. If the lesions to which the angina is incidental be not of a character to lead to overloading and consequent distension of the ventricular walls, the suffering is mainly from the pain. Some cases of angina are of this description, very little disturbance of the heart's action accompanying the paroxysm. On the other hand, all the elements of a paroxysm of angina, except the pain, are observed, not infrequently, in cases of aortic lesions with regurgitation, and sudden death is liable to occur in the paroxysms of distress to which patients affected with these lesions are subject, the paroxysm lacking only pain to constitute angina pectoris. The prognosis in cases of angina is always grave; it is the more unfavorable if the physical signs show the existence of serious cardiac lesions, and sudden death is to be expected if there be much aortic regurgitation, or the habitual weakness of the heart render probable, fatty degeneration or impaired nutrition of the organ. The danger, it is to be observed, is not to be measured by the intensity of the pain: it is not the pain which kills, but the coexisting organic disease.

A paroxysm of angina, if well marked, offers symptomatic features of a striking character, by means of which the diagnosis is readily made, yet, as regards the neuralgic element, it is sometimes simulated by paroxysms of pain which are not properly to be considered as constituting this affection. The imperative necessity which is felt of maintaining a fixed position of the body while the paroxysm lasts, may be considered as a diagnostic feature. If the patient writhe or move about with the pain, the attack is not one of true angina. The coexistence of either cardiac lesions or aortic aneurism, is an important point in the diagnosis. Organic disease will generally be found to coexist in true angina, but the lesions may be of a character not to be revealed by physical signs. This is the most rational explanation in those instances which have been reported of paroxysms in all respects like angina, without any physical evidence of disease of the heart or aorta being discoverable.[1] It is perhaps not absolutely certain that organic disease is present in all cases of angina, but to this rule the exceptions (if there be any) are so few, that, when a careful and skilful examination fails in detecting the signs of organic disease, the probability is, either that the affection is not true angina, or that existing lesions elude detection. The age of the patient is to be taken into account. The affection occurs very rarely under forty years of age. Sex is also to be considered. In the great majority of cases patients are of the male sex.

The treatment embraces measures to afford relief in the paroxysm, and those indicated in the intervals. The palliative measures embrace opium, given promptly and sufficiently to relieve the pain. It should be given in a form to act as speedily as possible. The hypodermic method, if the physician happen to be at hand, is to be preferred. Alcoholic, ethereal, and other stimulants are indicated in proportion as the action of the heart is irregular and feeble. Revulsive applications to the chest and extremities are appropriate. In the intervals, the first point is to avoid, as far as possible, everything which will be likely to provoke a paroxysm, such as active exercise, mental excitement, over-ingestion of food, and the abuse of alcohol. Aside from prophylaxis, the measures indicated are those which have reference to the general health and coexisting organic disease of the heart or aorta. Trousseau, who regards the affection as analogous to epileptic seizures, and calls it *cardiac epilepsy*, advises the long-continued employment of belladonna.

THORACIC ANEURISM.

Referring the reader to works which treat specially of diseases of the heart and aorta, and to surgical treatises, for an account of the different varieties of aneurismal tumors, of the modes in which they are produced, etc., I shall simply enumerate the diagnostic symptoms and signs of aneurism of the thoracic aorta, with the prognosis and treatment, limiting the term aneurism to a circumscribed dilatation of the vessel, forming a tumor of greater or less size. Aneurismal tumors may spring from the thoracic aorta at different points. Not infrequently they originate within the pericardium, in the sinuses of Valsalva, and, in this situation, rupture takes place before the tumor attains to great size, the hemorrhage taking place into the pericardial sac, and, of course, causing instant death. A fatal result from aneurism in this situation generally occurs without any diagnostic symptoms, and without any symptoms denoting a grave disease. The diagnosis must be difficult and perhaps impossible. Of 703 cases analyzed by Dr. Sibson (*Med. Anatomy*, fasc. v.), 87 were within the pericardium. The ascending portion of the arch without the pericardium is the most frequent site; in 193 of the 703 cases analyzed by Dr. Sibson the situation was in this portion. The ascending and transverse portions are not infrequently both involved in the dilatation. This was the case in 140 of 703 cases. The transverse portion was affected alone in 120 cases, and, conjointly with the descending aorta, in 20 cases. The descending portion of the arch was the seat in 72, and the aorta below the arch in 71 cases.[1] The aneurismal tumors in the larger proportion of cases spring from the outer aspect of the artery, but they may spring from either the inner, posterior, or anterior aspect.

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[1] *Vide* Clinique Médicale, par Trousseau, tome i.

Aneurismal tumors, according to their situation and size, give rise to certain symptoms by pressing upon the different surrounding parts. Unless referred to their true source, these symptoms may mislead the physician by appearing to indicate other affections. And by means of these symptoms, not only may aneurism be suspected, but, assuming its existence, its situation may be inferred.

Interruption of the circulation through the innominata and the left carotid and subclavian artery may arise either from the pressure of the tumor on these vessels or obstruction by fibrinous plugs. Feebleness or extinction of the pulse in the radial, brachial, or carotid artery on one side is one of the symptoms of aneurism, and indicates its situation to be at the right or left extremity of the transverse portion of the arch. An aneurismal tumor springing from the ascending or transverse portion of the arch may press upon the superior vena cava or the venæ innominatæ, and induce venous congestion limited to the head and upper extremities, and perhaps to one upper extremity, accompanied, perhaps, by more or less œdema. These symptoms point to the existence and situation of aneurism.

An aneurism seated in the transverse portion of the arch may press upon the trachea or one of the primary bronchi, and interfere with respiration. If the obstruction be considerable, the breathing is labored, and may be accompanied with a noise, heard at a distance, called stridor. Under these circumstances, auscultation will show feebleness of the respiratory murmur on both sides of the chest if the trachea be pressed upon, but the feebleness limited to one side, and the murmur exaggerated on the other side, if only one of the bronchi be obstructed. Embarrassment of respiration may proceed from pressure upon another part, viz., the recurrent laryngeal nerve. If the pressure be sufficient to interrupt the function of the nerve on one side, laryngeal obstruction arises from an arrest of the respiratory movements of the glottis on that side. The embarrassment from this cause, however, is not very great. Spasm of the glottis may be induced if the relation of the nerve to the tumor be such that it is irritated instead of its function being annulled. I have lately reported a case in which the left recurrent nerve being situated between a calcareous deposit and the aneurismal tumor, spasm of the glottis occurred so frequently and to such an extent as to prove fatal.[2] Modification of the voice and aphonia are effects of either incomplete or complete paralysis from pressure on the recurrent laryngeal nerve, and the affection of the voice is found to vary at different times according to the varying amount of pressure. These laryngeal symptoms are apt to mislead by directing attention to the larynx as the seat of disease. Tracheotomy has been repeatedly performed under the belief that the obstruction of respiration was due to an affection of the larynx.

Pressure on the œsophagus, when the tumor is situated in the transverse or descending aorta, may occur so as to occasion obstruction to the passage of food. This symptom should excite suspicion of aneurism, and such a suspicion should enforce caution in the use of bougies to explore and dilate the œsophagus. Pressure on the thoracic duct has been known to occur, inducing marked emaciation. Pressure on the sympathetic nerve is another effect of an aneurismal tumor, leading to contraction of the pupil of the eye on the affected side. If the tumor be seated in the descending aorta, it is likely to lead to erosion of the vertebral column, and may thus occasion paralysis by affecting the spinal cord. These cases are generally characterized by considerable pain referred to the back. Neuralgic pains and well-marked angina pectoris sometimes accompany aneurism seated in the ascending aorta.

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[1] Fuller, On Diseases of the Chest.

[2] American Medical Times, 1864.

The diagnosis of thoracic aneurism is to be based on the presence of more or less of the foregoing symptomatic phenomena, taken in connection with the physical signs of a tumor within the chest, situated at some point in the tract of the aorta. The signs are very obvious when the aneurism has led to erosion of the ribs and an external tumor, pulsating, perhaps presenting a thrill, the heart-sounds heard with more or less intensity when the stethoscope is placed over it, and a single or double bellows murmur. The signs are less marked before the tumor makes its way through the thoracic walls, but they may be sufficient to render the diagnosis quite positive. Dulness on percussion over a circumscribed space in the tract of the aorta is an important diagnostic point. This space will be on the anterior surface of the chest, if the aneurism spring from the arch, and posteriorly if it spring from the descending aorta below the arch. Careful inspection and palpation may disclose pulsation and perhaps thrill before any external tumor is apparent. Undue audibleness of the heart sounds within the space found to be dull on percussion, and a single or double murmur not transmitted from the aortic orifice, are highly significant signs. They are, however, by no means uniformly present, and, therefore, while their presence contributes to the diagnosis, their absence is not proof that aneurism does not exist.

The prognosis, in cases of thoracic aneurism, relates only to the duration of life. The instances of recovery are so few that practically they are to be disregarded. In the majority of cases, death is the result of rupture of the aneurismal sac. The rupture may take place in various directions, viz., externally, into the œsophagus, trachea, bronchi, pleural cavity, heart, venæ cavæ, spinal column, pericardial cavity, etc. The rupture may be at first small, so that death takes place more or less gradually, or it may be large enough to cause a sufficient hemorrhage to destroy life within a few moments. The progress of the aneurism varies much in different cases, the duration of life being in some cases but a few months, and in some cases several years. In a considerable number of cases life is destroyed before rupture takes place. Pressure on the trachea, œsophagus, vena cava, thoracic duct, or irritation of the recurrent laryngeal nerve, may lead to a fatal result, and the patient may be cut off by some intercurrent affection. Organic lesions of the heart coexist in a certain proportion of cases. These, of course, involve distress and danger in proportion to their nature and extent, and may prove the immediate cause of death. Clinical observation shows that patients affected with thoracic aneurism rarely have pulmonary tuberculosis.

The treatment relates to the palliation of suffering and the prolongation of life. All active exertions are to be avoided, and, as far as possible, emotional excitement. The body is to be well nourished, if possible, but the diet should be unstimulating, and alcoholic stimulants interdicted. Liquids should be taken sparingly. The action of the heart, if abnormally strong, is to be diminished by sedative remedies, and, perhaps, if the patient be plethoric, in some cases, by small abstractions of blood. It is highly important not to impoverish the blood, and anæmia, if it exist, calls for the treatment appropriate to that condition. Pain and other incidental symptoms are to be palliated by appropriate remedies.

It is well to bear in mind that the progress of the aneurism is retarded by the deposit of successive layers of fibrin within the aneurismal sac. It is in this mode that a cure is sometimes effected. It is desirable, therefore, that the blood should be rich in fibrin, and it is probable that the deposit is more likely to take place in proportion as the action of the heart is slow. Remedies which reduce somewhat the frequency of the heart's action may in this way be useful.

If spasm of the glottis be induced through the recurrent laryngeal nerve, to such an extent as to endanger life, laryngotomy is warrantable, if not advisable, with a view to palliation and the prolongation of life. This operation will, of course, be of no avail if the obstruction be due to pressure of the aneurismal tumor upon the trachea.

SECTION THIRD.

DISEASES AFFECTING THE DIGESTIVE SYSTEM.

CHAPTER I.

Introductory Remarks—Sporadic Dysentery—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Epidemic Dysentery—Chronic Dysentery—Inflammation of the Cæcum—Perforation—Painful Tumor near the Cæcum.

THE important organs composing the digestive system, are, the mouth with the parotid, submaxillary, and sublingual glands, the pharynx and œsophagus, the stomach and duodenum, the small and large intestine with the mesenteric glands, and the collatitious abdominal viscera, viz., the liver, pancreas, and spleen. Affections of the two outlets of the alimentary canal, viz., the mouth, pharynx, and œsophagus, with the appended glands, and the rectum and anus, properly belong to the department of surgery, being either open to view or accessible by manual exploration, and often requiring surgical operations. These affections, for the most part, will not be considered in this work. This section will, therefore, be devoted mainly to the diseases affecting the hollow viscera and the solid organs within the abdomen. The affections of the digestive system, as of other anatomical systems, consist of, *first*, inflammations; *second*, structural lesions; and *third*, functional disorders. The inflammatory affections of the hollow viscera will be first considered. Inflammation affecting these viscera may be seated in the mucous membrane lining the alimentary canal, or in the investing serous membrane, the peritoneum. Inflammation seated in the mucous membrane is generally limited to a certain section of the alimentary canal, viz., the portion lining either the stomach and duodenum, the small intestine, exclusive of the duodenum, or more or less of the large intestine. This rule will also be found to apply to functional disorders, that is, the sections just named are apt to be disordered separately. Inflammation affecting these sections gives rise to separate diseases. I shall proceed to consider inflammation of the large intestine, constituting the affection commonly known as dysentery. Inflammation, in this situation, may be either acute, subacute, or chronic. Chronic dysentery will claim consideration under a distinct head. A capital distinction relates to dysentery occurring as a sporadic and as an epidemic affection. Sporadic and epidemic dysentery will claim separate consideration.

SPORADIC DYSENTERY.

The term dysentery has long been in use to designate inflammation of the large intestine, attended with mucous and bloody dejections. As a name for the disease, the term is not very distinctive, its etymology simply expressing intestinal difficulty; but it is not easy to substitute a term conformable to the nomenclature of inflammatory affections, since there is no anatomical name for the large intestine as a whole. The term *colonitis*, or *colitis*, is sometimes used in the place of dysentery, but this implies that the inflammation is limited to the colon, whereas the rectum is generally, if not always, involved, and, in fact, in some cases of dysentery the affection may not extend above the rectum. The term dysentery has the recommendation of not expressing anything erroneous or doubtful in regard to the pathological character of the disease. Sporadic dysentery is presented in practice as an acute and a subacute affection; that is, the local and general symptoms frequently denote more or less gravity of disease, compelling the patient to keep the bed, and in some cases, it is an extremely mild and almost trivial affection. Different cases of the sporadic form present every gradation as regards severity, and there are few diseases in the nosology which offer a wider contrast than the mildest cases of sporadic, and the gravest cases of epidemic dysentery.

ANATOMICAL CHARACTERS.—In subacute or mild cases, the inflammation has but little intensity, and may be limited in extent, being confined perhaps to the rectum. As in these cases the disease involves no danger, the opportunity of inspecting the parts after death is not offered. The mildness of the symptoms and the short career of the disease suffice to show that ulcerations or other lesions of importance do not take place in these cases. In acute or severe cases, the inflammation is not only more intense, but more extensive, involving, not only the rectum, but the greater part or the whole of the colon. These cases are liable to end fatally, and the affected membrane is found, on examination after death, to be reddened from active congestion, swollen, softened, pulpy, presenting, in different cases, ecchymoses, excoriations from desquamation of the epithelium, abrasion, and ulcerations in greater or less number, which are sometimes small and sometimes of considerable size. The ulcers may or may not be seated in the intestinal glands and follicles. The redness and swelling are frequently not uniform over the extent of intestine affected, but are either limited to, or more marked in certain portions, more especially the projecting folds of the membrane. Small vesicles are sometimes observed. The swelling of the membrane is due, in part, to submucous infiltration, and the latter is sometimes so great, at certain points, as to give rise to protuberances resembling warty growths or fungoid excrescences. These protuberances may be more or less numerous, and sometimes coalescing, giving to the surface a lobulated aspect. Patches of exuded fibrin are frequently adherent to the inflamed membrane, presenting a greenish or brownish color. The intestine contains more or less of morbid matter corresponding to the dejections during life, consisting of mucus, pus, fibrinous flakes, desquamated epithelium, and sero-sanguinolent liquid. The intestine may present a dark and almost black appearance, from congestion, but sphacelation, beyond the circumscribed sloughing which precedes ulcerations, is rare. As a rule, the appearances denote progressively a greater amount of disease in passing from the upper part of the large intestine downward to the anus, the greatest amount being at the rectum and sigmoid flexure. There has been much discussion whether the morbid appearances in dysentery denote ordinary inflammation varying in different cases in intensity, or whether they are due to a peculiar morbid process; also whether the intestinal glands and follicles are generally and primarily involved. It does not fall within the scope of this work to consider the morbid anatomy with reference to these points of inquiry.

The mesenteric glands are sometimes found to be considerably enlarged, and in some instances contain pus.

CLINICAL HISTORY.—The disease is generally ushered in with an ordinary iarrhœa; that is, with more or less frequent dejections of a feculent characer. Of thirty-three recorded cases which I have analyzed with reference to his point, these dejections preceded the characteristic dysenteric evacuations n thirty. The latter appeared after the former had existed for a period varying from twenty-four hours to seven days.[1]

The characteristic evacuations consist of mucus, with which more or less blood is usually commingled. The quantity passed at each act of defecation s generally small, but the act is frequently repeated, slight evacuations often taking place every hour or two, and sometimes after intervals of a few moments only. The quantity of mucus expelled in some cases is abundant, and forms a jelly-like mass, not unlike a collection of the rusty sputa of pneumonitis. The popular term applied to the matter of these evacuations s slime, and by those who are familiar with the preparation of intestines for sausages, they are often compared to the "scrapings of hogs' guts." Rarely in sporadic, but not infrequently in epidemic dysentery, the evacuations contain fibrinous laminæ or flakes in greater or less quantity. A sero-sanguinolent liquid, either small in quantity or abundant, also occurs occasionally in sporadic, but much oftener in cases of epidemic dysentery. The latter has been compared to water in which meat has been washed, and was called by the older writers *lotura carnium*. Most of the evacuations are exclusively dysenteric, that is, consisting of mucus, epithelium, lymph, and blood, but with some of the evacuations fecal matter is discharged. Frequently this presents a green color. Occasionally round hardened lumps of fæces are expelled; these are called *scybala*. The amount of morbid matter evacuated, together with the absence of fecal matter, constitutes, measurably, a criterion of the extent of intestinal surface affected. In the course of the disease, the evacuations may contain more or less purulent matter, but this belongs more especially to chronic dysentery. In lieu of the fecal odor, they frequently emit a putrid fetor.

The inflammation of the rectum occasions a sensation as if this portion of the bowel were filled, and leads to the frequent desire to defecate, with as much straining as the soreness of the parts will allow. This desire to strain ineffectually is called *tenesmus*. Sometimes the straining efforts produce prolapsus of the intestine. The evacuations are frequently preceded by griping or colic pains which have been called *tormina*. The tormina and tenesmus are not proportionate to the gravity of the disease; they are sometimes wanting in fatal cases, and are prominent symptoms in some mild cases. They are, however, the chief sources of suffering. Tenderness on pressure is in some cases more or less marked over the descending colon, and sometimes over the whole tract of the large intestine. It is rarely great, and not infrequently wanting. Meteorism or tympanitic distension is rarely present; the abdomen is usually depressed. Strangury and retention of urine are occasional symptoms, and, in the female, leucorrhœa may be produced.

The pulse, in the majority of cases, is but little, and sometimes not at all, accelerated. Exceptionally, high febrile movement exists; this is in robust persons, the inflammation being more intense and diffused than usual. Great frequency of the pulse always denotes gravity and danger, but the converse does not hold good; in some fatal cases the pulse is never much accelerated. The skin is generally either cool or moderately hot, but, exceptionally, with high febrile movement, there is much heat of the surface.

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[1] Clinical Report on Dysentery, based on an analysis of forty-nine cases, by the author. 1853.

The tongue may be frosted, or more or less coated, or it may present a natural appearance. During the course of the disease, the appetite is more or less diminished, or lost. Thirst is usually present, and is sometimes urgent. Vomiting occasionally occurs, and may be prominent as a symptom, the matter vomited being of a greenish color. The intellect is unaffected as a rule, delirium occurring with great infrequency in cases which end in recovery, but occasionally in cases which prove fatal, toward the close of life. The loss of strength varies greatly in different cases according to the intensity and extent of the local affection, depending, also, on the condition of the patient when attacked.

The duration of the disease, from the date of the attack to convalescence varies from four to twenty-one days. These figures represent the minimum and maximum duration in thirty recorded cases.

PATHOLOGICAL CHARACTER.—Our knowledge of the pathology of sporadic dysentery embraces only the intestinal affection, the local and general phenomena which make up the clinical history being symptomatic of this affection. The disease is a spontaneous inflammation of the large intestine, using the term spontaneous in the sense already defined; but it is altogether probable that the inflammation is developed as a result, or a local expression, of a prior internal morbid condition of which we have at present no knowledge. This view of the pathological character is consistent with what will be presented under the head of causation. The view, however, is by no means peculiar to this disease, but is applicable to most of the so-called spontaneous local affections.

The question arises in this connection—Is there more than one species of sporadic dysentery? Writers have described different kinds of the disease, which they have distinguished as typhous, bilious, intermittent, and remittent, rheumatic, febrile, and non-febrile, etc. These terms denote either variations in the phenomena of the disease or the coexistence of other diseases. Dysentery may occur as a complication of the continued and periodical fevers. So rheumatism and dysentery are occasionally associated. These combinations are important in their practical relations, but it does not follow that the disease, under these circumstances, is specifically different from its ordinary form. Variations as regards febrile movement, supposed disorder of the liver, etc., do not affect the special character of the disease.

CAUSATION.—No age is exempt from a liability to this disease, but, in the majority of cases, the patients are adults and under thirty-five. This was true of 30 out of 44 cases analyzed with reference to this point. A larger number of males than females are attacked, but the preponderance is not sufficient to show that a marked predisposition relates to sex. The causation has a very obvious relation to climate. The disease is vastly more frequent, in the sporadic as well as epidemic form, in tropical than in cold and temperate climates. The causation has also a striking relation to season. Of forty-four cases which I recorded during fourteen years, all save one case occurred in July, August, September, and October. The constitution and previous health were good in one half of the cases which I have analyzed, and in the remaining half there was no uniformity in character as regards the antecedent affections or disordered health.

Writers have been accustomed to state that the disease may be produced by various obvious causes, such as atmospherical changes, excesses in eating and drinking, indulgence in acid unripe fruits or crude vegetables, etc. But in the majority of cases, it is not easy to trace its origin to these causes, nor to any obvious cause. This renders it probable that a special cause is involved in sporadic, as well as in epidemic, dysentery. The limitation of he occurrence of the disease to the summer and autumnal season, and its more frequent occurrence in tropical climates, point to this conclusion, and o the agency of a high temperature in the evolution of the special cause. Various circumstances stand in a causative relation to the disease in an epidemic form, which may, also, be more or less frequently involved in its production when it is sporadic. These causative circumstances will be noticed in treating of epidemic dysentery. There are no grounds for considering sporadic dysentery as contagious.

DIAGNOSIS.—The diagnosis of dysentery involves no difficulty. The characteristic evacuations are pathognomonic. It is to be discriminated from cases of bloody evacuations and irritation of the rectum incidental to hæmorrhoids, of intestinal hemorrhage, or melæna, and of the discharge of pus from an abscess opening into the intestine. The points of contrast with dysentery which these cases offer, are sufficiently apparent.

PROGNOSIS.—Sporadic dysentery, in temperate climates, intrinsically tends to recovery. It is a distressing disease, but attended with very little danger to life. A fatal result is due either to an unusual intensity and extent of the local affection, or to an inability of the system to resist the disease, from feebleness of the constitution, or to some coexisting affection. The prognosis in tropical climates is undoubtedly less favorable. The recovery from the disease in temperate climates is almost always complete; that is, it rarely eventuates in chronic dysentery. Nor does it leave a predisposition to any other disease. In tropical climates abscess of the liver is a not infrequent sequel. This very rarely, if ever, follows in temperate climates. So far as my experience goes, immediate relapses are not apt to take place, and the occurrence of the disease does not induce a greater liability to its recurrence at a subsequent period. With reference to the latter point, my analysis of cases, although the number was not large, developed an interesting result. Of all the cases occurring during fourteen years, in not a single instance was the disease known to recur. And in sixteen of these cases the patients were under observation after recovery during periods varying from one year to thirteen years. This result was the more striking from the fact that the patients for several years were within the sphere of an epidemic influence, which, in some instances, affected other members of the same families.

TREATMENT.—In the great majority of cases, sporadic dysentery would doubtless end in recovery without medicinal treatment. But there is reason to believe that the disease is sometimes arrested, that its duration may be frequently abridged, and the distressing symptoms may be greatly relieved by judicious therapeutical measures.

It is desirable that, as early as possible, the fecal contents of the large intestine should be effectually removed, in order to prevent their continued passage over the inflamed surface, and to secure, so far as may be, that important end in the treatment of all inflammations, viz., quietude of the inflamed part. It would seem that nature endeavors to relieve the bowels of their contents, by the diarrhœa which precedes the dysenteric evacuations. The first point in entering on the treatment is to ascertain if the bowels have been spontaneously relieved. With reference to this point, the size and character of the stools are to be ascertained, and the abdomen examined by palpation. In general, it is advisable to render the effort of nature more complete by giving an effective purgative. Castor oil has been in much repute as an appropriate remedy, but, aside from the objection on the score of the disgust which many persons have for this remedy, the saline cathartics are to be preferred. The sulphate of magnesia or soda, the Rochelle salts, or the citrate of magnesia may be employed. The saline selected should be given in sufficient doses to produce, promptly, abundant dejections, and it is then to be discontinued. It will sometimes happen that after free purgation, the dysenteric evacuations do not return, and recovery at once ensues. This abortive effect takes place only in some cases, in which the inflammation is not intense and is limited to the lower part of the intestine. Notable diminution of the frequency of the dysenteric evacuations, and relief of the tormina and the tenesmus, not infrequently follow the operation of the saline purgative. This treatment may be pursued except in cases in which it is contra-indicated by great feebleness of the constitution of the patient.

After purgation, opium, in some form, is the remedy to be most relied upon. A full dose of opium administered by enema, or as a suppository, will sometimes succeed in arresting the disease. It often mitigates the severity of the disease and affords marked relief. Administered by the rectum, however, it is not always retained, and then reliance must be had upon its administration *per orem*. It may be given in full doses repeated every four, six, or eight hours, or in smaller doses repeated at shorter intervals. As regards the form of opium selected, I believe this is chiefly important in respect of the preference or peculiarity of the patient. I have seen the opium in gum or powder, the various liquid preparations, and the salts of morphia equally effectual. The form found to be preferable is to be continued during the progress of the disease, the doses being regulated by the frequency of the evacuations and the suffering. Experience in each case is to be the guide as to the mode of administration. Generally the administration by the mouth and rectum alternately is advisable. The opiate remedies are to be gradually diminished as the dysenteric evacuations become less frequent and the suffering from tormina and tenesmus is less. After two or three days, if the disease continue, the saline purgative may be repeated if not contra-indicated by the feebleness of the patient, and afterward the use of opium resumed.

In this plan of treatment the reliance is upon free purgation and opium. The chief reliance, I believe, should be upon these measures; but other measures may be conjoined. The subnitrate or the subcarbonate of bismuth in scruple or half drachm doses, the acetate of lead, the sulphate of copper, gallic acid, and the various vegetable astringents, such as rhatania, kino, catechu, hæmatoxylon, etc., are useful as adjuvants. These are to be relied upon, to the exclusion of opium, in those cases only in which, from a constitutional peculiarity, the latter produces unpleasant effects sufficient to preclude its employment. It is undoubtedly true that some persons are affected so unpleasantly by opium that its use is, if possible, to be avoided; but it is often the case that it is well borne in this and some other diseases, although it may not be in trivial affections. Certain preparations may be well borne, although others occasion unpleasant effects. An aqueous solution or extract is frequently taken without difficulty by those who cannot comfortably take other preparations. Codeia sometimes answers a good purpose as a substitute for the preparations of opium and morphia.

Ipecacuanha has been considered a valuable remedy in dysentery. Some have attributed to it a special curative influence, and have advocated its employment in as large doses as can be borne. I have had no experience of its use in the latter way. Probably all the benefit to be derived from the remedy is secured when given in small doses, and the Dover's powder is an eligible preparation when it is desired to conjoin the use of ipecacuanha with opium.

Mercury has been, heretofore, much relied upon in the treatment of this disease, given either in large doses, united with opium in order to prevent a cathartic effect, or in small doses repeated at short intervals. This remedy has been thought to be useful in dysentery, as in all inflammations, by reason of a supposed antiphlogistic influence, but, in addition, a special efficacy has been attributed to it from its supposed action on the liver. Deficient hepatic secretion and consequent portal congestion have been regarded as important elements in the pathology of dysentery, and mercury has been looked upon as a remedy having reference specially to these elements. The pathological view just stated, however, is purely conjectural, and clinical observation fails to furnish evidence of any special curative influence to be derived from mercury. The recovery, when treated with mercury, is, of course, no proof of its value in any disease which, like sporadic dysentery, tends intrinsically to recovery. The duration of the disease, the relief of the symptoms, the rapidity of convalescence, and the subsequent condition of health, are the points to be considered in estimating the influence of remedies in this disease. With reference to these points, a fair estimate of the effects of mercury, especially when pushed to ptyalism, it is believed will lead to its rejection as a remedy for dysentery; and, indeed, it has already, in a great measure, within the past few years, in this country, fallen into disuse.

During the early part of the disease, the diet should be restricted to a small quantity of the blandest articles of food. It is an object throughout the disease to keep the patient on a diet which will have but little residuary matter after digestion to pass into the large intestine; in other words, a diet as purely nutritious as possible. After the first few days, however, it is important to provide for proper support of the system by nutritive supplies, and for this purpose milk and the animal essences are best suited. If the symptoms denote failure of the vital powers, concentrated nourishment and alcoholic stimulants are to be given freely, as in all diseases which destroy life by asthenia. Tonic remedies may be given with advantage during convalescence.

Patients should be instructed to refrain as much as possible from repeated acts of defecation and straining efforts. They will be induced to do so if it be explained to them that the sensation of fulness of the rectum is delusive, being dependent on the inflamed condition of the membrane. Cold applications to the anus sometimes relieve the tenesmus. A piece of ice may be wrapped in cloth and applied frequently in this situation. Enemas of cold water are often grateful. Relief, in some cases, is afforded by injecting astringent liquids. The nitrate of silver, a solution of tannin, acetate of lead, or the sulphate of zinc, may be thus used. Dr. Gairdner recommends highly large emollient injections each containing from five to ten drops of creasote.

Fomentations and mild revulsive applications over the abdomen are useful as palliatives in proportion to the amount of tormina and abdominal tenderness.

EPIDEMIC DYSENTERY.

Epidemic dysentery is essentially the same disease as sporadic dysentery. Certain events occur much oftener in the former than in the latter, yet there is nothing pertaining to the epidemic which is not occasionally seen in the sporadic form of the disease. Epidemic dysentery is often very fatal, yet in the epidemics attended with the largest fatality, cases occur which are as mild as the mildest sporadic cases, and, on the other hand, occasionally in sporadic cases life is quickly destroyed. Like other diseases which prevail epidemically, this differs greatly at different times and places as regards gravity, and at certain times and places it presents features which it does not present at other times and places. The differences between different epidemics of this disease are in a measure to be explained by the coexistence of other diseases, and by the conjoint operation of morbific causes not standing in special relation to the production of this affection. In treating of epidemic dysentery, the main object will be to point out the circumstances in which it is apt to differ from sporadic dysentery.

With respect to the anatomical characters, they are essentially the same as in cases of sporadic dysentery. In fatal cases of either form, the varied appearances which have been stated may be found. Extensive and disorganizing changes oftener occur in epidemic dysentery. As a rule, in the latter the inflammation extends over a larger portion of the large intestine, and it sometimes extends into the ileum. Ulcerations and diphtheritic exudation are much more apt to occur in epidemic dysentery. Perforation of the intestine is sometimes a result of ulceration, giving rise to peritonitis. Perforation of the cæcum may take place in this disease, leading to abscess in the areolar tissue beneath the peritoneum, or fecal abscess. Perforation of the rectum and fecal abscess in that situation have been known to occur.

The clinical history of epidemic differs from that of sporadic dysentery according to the differences as regards the extent and severity of the local affection, and also according to the various morbid conditions due to the action of accessory causes, the latter oftener co-operating in epidemic than in sporadic cases. Severe cases of epidemic dysentery are characterized by the occurrence of sero-sanguinolent dejections, the *lotura carnium* of the older writers, containing usually flakes of lymph in more or less abundance. Hence, epidemics of dysentery are popularly known as *bloody flux*. Dejections of this character always denote gravity of disease. Tormina and tenesmus may be less prominent as symptoms in severe cases of epidemic than in most cases of sporadic dysentery. In some fatal cases these symptoms are entirely wanting. Tenderness over the tract of the colon may, or may not, be marked. The local symptoms in some cases of epidemic dysentery are comparatively slight, and in general, so far as my observation goes, patients suffer far less in fatal cases than in sporadic cases wholly devoid of danger.

The differences as regards the general symptoms in different epidemics and different cases are marked. Severe cases are characterized by prostration, feebleness of the circulation, coldness of the surface, in short, by symptoms denoting adynamia. The pulse may become frequent, small, soft, vibratory but compressible, or it may be small, weak, thready, with but little, and sometimes no, increase of frequency. These characters of the pulse, denoting feebleness of the action of the heart together with other adynamic symptoms, are developed in some cases early in the disease, without having been preceded by active febrile movement, but in other cases the pulse for a time is full and strong, the skin hot, the adynamia succeeding these symptoms of high symptomatic fever. In fatal cases, a condition analogous to the stage of collapse in epidemic cholera may precede, for a variable period, the termination of the disease. In this condition the pulse is scarcely appreciable or extinct, the surface is cold and either dry or bathed in perspiration, the teeth are sometimes covered with sordes, the quantity of urine is greatly diminished, cramps of the muscles of the lower extremities sometimes occur, and this collapsed condition may exist for one, two, or three days before death. The mode of dying is by slow asthenia.

The intellect generally remains intact, or slight mental aberration only occurs in the latter part of life. But some cases are characterized by delir-

m. The patient talks incoherently under the influence of transient deluions; he may attempt to get out of bed, and require to be restrained. In case which came under my observation some years ago, the delirium was f a boisterous, mirthful character, the patient singing snatches of humorus songs, shouting, and attempting to get out of bed, after the pulse had ecome extinct and the surface of the body was cold like that of a cadaver. n this case, the manifestations of delirium were so painfully incongruous hat the patient was kept sufficiently under the influence of chloroform to epress them for several hours before his death.

The delirium and other symptoms, in some cases, are analogous to those elonging to typhus and typhoid fever. The typhoid state may exist in ases of this as of various other diseases. But it is to be borne in mind that lysentery sometimes occurs as a local complication of typhus and typhoid ever. Certain epidemics of these fevers are characterized by the occurrence f this complication. The distinction between dysentery with typhoid sympoms, or typhoid dysentery, and typhus or typhoid fever with a dysenteric ffection developed secondarily, is the same as between typhoid pneumonitis nd typhus or typhoid fever complicated with pneumonitis. The symptoms of scorbutus are associated with those of dysentery when, as is sometimes the ase, the latter prevails among persons who are suffering from the scorbutic deterioration of the blood. So, in districts where periodical fevers prevail, epidemics of dysentery may be characterized by periodicity as regards febrile movement, etc., due to the union of dysentery with intermitting or remitting fever, or the conjoined operation of the special cause producing the latter.

The duration of the disease in cases of epidemic dysentery is very variable. In some malignant epidemics, the disease sometimes runs very rapidly to a fatal issue, the collapsed condition occurring perhaps in the course of a few hours. On the other hand, cases may be protracted to the third and fourth week before either convalescence or death takes place. As already stated, different epidemics differ widely as regards the severity of the disease. In some epidemics, the majority of cases are mild and the rate of mortality very small; but in other epidemics the proportion of deaths is very large. The latter are justly distinguished as malignant. There are few epidemics more to be dreaded than those of malignant dysentery. They occur much oftener in tropical than in temperate climates, but there is no part of the world exempt from their occasional occurrence. During the present civil war in this country, dysentery has prevailed, in different parts of the country, in the armies of the United States to a considerable extent.[1] Dr. Woodward states that up to June 30, 1862, 32,237 cases of dysentery were contained in the reports transmitted to the office of the Surgeon-General. Among this number of cases there were but 347 deaths, being at the rate of about one per centum. These statistics show that, so far, this disease has been mostly of a mild grade.

The causation of epidemic dysentery doubtless always involves a special cause, which is doubtless derived from without the body, or external. The special cause is probably essentially the same in epidemic as in sporadic dysentery, differing at different times and places either in quantity or in morbific intensity. The various agencies which may appear to give rise to the disease, such as the exposure to atmospheric vicissitudes, fatigue, and other hardships incident to army life, insufficiency of diet, over-crowding, marsh miasmata, etc., probably act only as co-operating causes, rendering the system more susceptible to the dysenteric poison and giving rise to other morbid phenomena than those which the special cause would alone produce. Epidemics would probably often not occur were it not for the operation of accessory causes; hence, the rationale of their occurrence in camps, in prisons, and in situations where numbers are exposed to hygienic influences favorable for the development of any disease. With respect to the source of the special cause of dysentery, or the conditions under which it is generated and diffused, we have at present no positive knowledge. The contagiousness of epidemic dysentery has been a much mooted question. Without entering into any discussion of this question, I shall content myself with saying that this is probably one of a group of diseases the evidence of the communicability of which rests mainly on the successive occurrence of a greater or less number of cases among members of one household or persons who, from proximity of residence, are brought into contact with each other; and the diffusion of the disease, under these circumstances, may be satisfactorily accounted for by the fact that the persons attacked are alike exposed to the special cause, together with the co-operating causes.

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[1] Outlines of the Chief Camp Diseases, as Observed during the Present War, by Joseph Janvier Woodward, M. D., Assistant Surgeon U. S. Army.

The opinions of different writers and practitioners concerning the treatment of dysentery, especially as an epidemic, show great diversity, and there is abundant testimony of the success of measures quite opposite in character. The fact just stated shows either that the recoveries were due mainly to an intrinsic tendency of the disease or that the disease is presented at different times and places under different pathological phases, and the measures of treatment require to be correspondingly varied. Both explanations are doubtless measurably applicable. Sporadic dysentery, as a rule, and not infrequently epidemic dysentery, tends intrinsically to recovery. Recovery, under these circumstances, takes place whatever be the treatment, provided it be not destructive. The success of treatment in such cases is shown by the short duration of the disease, its diminished severity, etc. On the other hand, in a certain proportion of cases of epidemic dysentery, the disease must, of necessity, end fatally. The extent of mucous surface affected, the loss of fluids by hemorrhage and transudation, and the destructive lesions which take place, preclude recovery under any treatment. But it is also true that the different features which the disease assumes in different epidemics, and the various morbid conditions with which it may be associated, must influence, more or less, therapeutical measures.

Purgatives, especially of the saline class, may be as appropriate in epidemic as in sporadic dysentery; but they should be given cautiously or omitted if sero-sanguinolent dejections occur, or the symptoms denote much tendency to adynamia. It is immensely desirable to arrest or moderate the dejections just named, for these doubtless conduce to the condition of collapse into which patients are apt to fall. For this purpose opium is to be given in as large doses as are required or as are well borne, in conjunction with astringent remedies, such as gallic acid, acetate of lead, the persulphate or pernitrate of iron, rhatania, etc. I believe the main reliance should be placed on opium in some form in these cases, other remedies being considered as auxiliary. The latter, therefore, are not to be employed as substitutes for opium excepting in cases in which, from a constitutional peculiarity, this remedy, in any form, produces such distressing effects as preclude its use. It should not be decided that opium cannot be tolerated on the assertion of the patient, but only after a fair trial.

In this disease, as in some others, there is frequently a wonderful tolerance of opium, a tolerance not to be explained by the antagonizing influence of pain, since it is manifested in cases in which pain is not a prominent symptom. Christison, in stating this fact, adds that he has known from 24 to 30 grains of the gum of opium to be taken in the course of

24 hours. I have given 2 grains hourly, in the case of a female affected with dysentery characterized by abundant sero-sanguinolent dejections, for the space of a week, and without, at any time, symptoms denoting narcotism. I have met with a case exemplifying a still greater tolerance of this remedy. In this case, a male patient, not habituated to the use of opium before his illness, the quantity of the sulphate of morphia given hourly was gradually increased to one grain, making 24 grains in the 24 hours, and this quantity was given for several consecutive days without any narcotism. Opium is not to be given as a matter of course in doses approaching these, but it is to be given with a view to the desired end, viz., the arrest of the sero-sanguinolent dejections, and if this effect be not obtained, the doses are to be increased to the amount which will be borne without narcotism, be the amount ever so large. It is hardly necessary to say that, in increasing the doses, the condition of the patient is to be carefully watched; attention is to be directed to the pupils and to the number of respirations, as well as to the soporific state, in order to avoid a cumulation which may result, unexpectedly, in narcotism. The quantity of opium which may with prudence and propriety be given in dysentery, will vary greatly, according to the varying tolerance in different cases.

In proportion as the symptoms denote adynamia, or, in other words, tendency to death by asthenia, the powers of life are to be supported by alcoholic stimulants and nourishment. The general principles which should govern the employment of supporting measures, are the same as in other affections which, in like manner, tend to destroy life by exhaustion. Alcoholic stimulants are sometimes tolerated in large quantity in severe cases of this disease. I have known over 40 ounces of brandy to be taken in the 24 hours by a patient who, in health, was not accustomed to the use of ardent spirits, and this large quantity produced no excitation of the circulation or nervous system. This patient was apparently saved by the persevering use of stimulants with large doses of the sulphate of morphia. I have repeatedly seen patients recover under the vigorous employment of supporting measures, conjoined with opium in large doses, when, as judged by the symptoms, the condition appeared to be truly desperate. Yet, of the cases properly distinguished as malignant, many must die, despite the faithful employment of the measures on which the chief reliance is to be placed.

Dysentery associated with phenomena denoting the operation of the special cause of periodical fever, calls for treatment having reference to the latter, in addition to the measures addressed to the dysenteric affection. Quinia is a highly important remedy in these cases. Associated with scorbutus, the dietetic and remedial measures appropriate to this condition are indicated. Occurring as a complication of the continued fevers, it furnishes an additional indication for the supporting measures which these fevers claim irrespective of the dysenteric complication. Coexisting rheumatism calls for the addition of the remedies which are deemed appropriate for this disease.

CHRONIC DYSENTERY.

The term chronic dysentery should be restricted to cases either of subacute and persisting inflammation of the large intestine, or of ulcerative and other lesions resulting from inflammation in this situation. The term, however, is sometimes incorrectly applied to cases of functional diarrhœa, and, on the other hand, the term chronic diarrhœa is often applied to cases of chronic dysentery.

The large intestine is the seat of ulcers in some cases of tuberculosis, the ulcers resulting from the deposit of tubercle. They may also be connected with carcinomatous disease. They have been found in cases of poisoning by a corrosive substance such as the bichloride of mercury, when the small intestine had escaped. They occasionally occur when their occurrence cannot be explained, and are sometimes found after death when their existence had not been suspected during life.

The affection properly called chronic dysentery very rarely occurs, save as a sequel of acute dysentery; recovery from the latter does not take place, but the inflammation becomes chronic, or, more commonly, ulcerations take place during the acute affection, which never cicatrize or continue for an indefinite period. Acute dysentery, however, very rarely eventuates in the chronic form of the disease in temperate climates, and, hence, chronic dysentery, is extremely rare in these climates. It is otherwise in warm climates. Here the chronic often follows the acute affection. Chronic dysentery thus prevails chiefly in tropical countries, or among those who have contracted acute dysentery in these countries. In the Northern States of the Union, the cases observed are, for the most part, imported from the South. Of the soldiers who returned from the war in Mexico, large numbers were affected with this disease; and, recently, during the present civil war, cases have been very numerous among the troops sent to the northern military hospitals from different points in the rebellious States.

In chronic dysentery the evacuations, either constantly or more or less frequently, contain morbid products denoting inflammation or ulceration, viz., mucus, patches or flakes of lymph, pus, together with blood. Cases differ much in the frequency and abundance of these constituents of the evacuations. In severe cases the stools are always loose and thin, the excrementitious contents of the intestine being liquefied by serous transudation; the function of fecation is suspended. In these cases it is to be inferred that the inflammation or lesions extend over the whole or the greater part of the large intestine. In other cases, dysenteric discharges occur more or less frequently in alternation with fecal dejections. In these cases the inflammation or lesions are less diffused. If the evacuations be generally or frequently solid or moulded, the dysenteric evacuations being superadded, the inflammation or lesions are circumscribed and situated near the anus. In these cases, ulcerations may sometimes be seen, if examination be made with the speculum.

Chronic dysentery is one of the most intractable and hopeless of diseases. For a time, if the evacuations are held in check by palliative measures, the appetite and digestion not being greatly impaired, the general aspect and strength may not show much deterioration, but, at length, the appetite and digestion fail, and the continued irritation and loss of fluids induce progressive emaciation and debility. The duration of the disease embraces usually several months, and sometimes years. If not destroyed by some intercurrent affection, the patient becomes extremely emaciated, reduced almost to a skeleton, the surface is usually dry, cool or cold, the pulse becomes more and more feeble; the mental faculties are weakened, delirium rarely occurring, but the mind, in certain cases, falls into an apathetic state, the patient being indifferent to and taking but little notice of persons and things around him. Anorexia becomes complete, and vomiting, in some cases, becomes a prominent symptom; œdema of the lower limbs sometimes occurs; ulceration of the cornea is an occasional event, and I have known the cornea to be perforated with loss of the humors of both eyes; the mode in which a fatal termination takes place is generally typical of dying by slow asthenia.

The observations of Prof. A. Clark, at Bellevue Hospital, in the winter of 1862–63, when this hospital was thrown open to sick soldiers from the peninsular campaign in Virginia, go to show the frequent occurrence of disease of the kidneys in cases of chronic dysentery. In seventeen cases, reported by the late Dr. Henry W. Cooke, house physician,[1] in which autopsies were made under the direction of Prof. Clark, in all the kidneys were found to be more or less diseased. They were moderately increased in weight, the secreting or cortical portion lighter in color than natural, and having a granular appearance. On microscopical examination, the *tubuli uriniferi* were found filled with granules and detached epithelium. In these and numerous other cases, the urine, examined during life, was found to contain casts of the uriniferous tubes, but no albumen. It remains to be ascertained whether these evidences of renal disease were peculiar to this group of cases of chronic dysentery, or whether they are to be found in cases of the disease occurring at all times and places; and with respect to the cases in which the kidneys become affected, it is an interesting question, how far the renal affection contributes to the symptomatic phenomena of the disease. Uræmic poisoning was not evidenced in any of the cases observed by Prof. Clark and others, by convulsions or coma, perhaps because the excessive accumulation of urea in the blood was prevented by the abundant draining away of serum through the intestinal canal. The mental apathy, anorexia, vomiting, and the occasional œdema, may be fairly attributed, in part at least, to diminished elimination of urea by the kidneys.

The diagnosis of chronic dysentery is not altogether easy. The disease is to be discriminated from functional diarrhœa, and this is not always readily done. The presence of pus, lymph, mucus, and blood at times, if not frequently or constantly, is the important point in the differential diagnosis. It is also to be discriminated from ulceration of the large intestine due to tuberculosis, to carcinoma, or other causes. Tuberculosis may be excluded if the lungs are free from the deposit of tubercle. In carcinomatous disease frequently a tumor is to be felt through the abdominal walls, or if it be seated in the rectum it is accessible to examination by means of the touch and speculum. The fact that chronic is, in the great majority of cases, preceded by acute dysentery, is highly important in the diagnosis. We may conclude at once that the disease is chronic dysentery if it have followed the acute disease, and the latter fact may generally be without difficulty ascertained, owing to the well-marked diagnostic symptoms of acute dysentery. In temperate climates the affections with which chronic dysentery is liable to be confounded are most likely to exist in cases of doubt, owing to the great infrequency of the latter.

The treatment of chronic dysentery relates, *first*, to the local affection. Remedies to allay irritation and to promote the healing of ulcerations are indicated. But unhappily, in the great majority of cases, there is very little probability that a cure will be effected, and all that can be hoped for from judicious treatment are palliation of symptoms and prolongation of life.

Certain remedies have been employed with a view to their direct action upon the affected portions of the intestine—the nitrate of silver is one of them. But it is absurd to suppose that this remedy, given as largely as prudence will allow, passes through the stomach and small intestines unchanged. Whatever benefit may be derived from it, therefore, is not to be explained on the ground of its topical application to the diseased surface. The balsamic medicines, particularly the balsam of copaiba, have been given for the same purpose, and with more reason; but clinical observation shows not much benefit to be derived from them. The subnitrate or subcarbonate of bismuth may be included among the remedies supposed to act by coming into contact with the affected parts. This remedy is often beneficial as a palliative, the dejections becoming less frequent, with relief of pain, etc., under its use. It should be given in doses of from 20 to 30 grains three or four times daily. Some have recommended much larger doses, and given almost without limit it produces no deleterious effects; but probably all the benefit to be derived from it is secured by the doses just stated. Its administration in enemas has been advocated in this disease. The various astringent remedies are to be tried in succession. Of those most likely to be useful, the following may be mentioned: tannic or gallic acid, alumen, rhatania, rubus villosus (blackberry-root), and the persulphate or pernitrate of iron. Dr. D. C. Beck, of Cincinnati, recommends, as a valuable remedy in both acute and chronic dysentery, but especially the latter, common resin, given in doses of a scruple or more every four hours.[1] He states, in a letter to the author, that he has used this remedy in his practice, with much success, for the last twelve years. He attributes its efficacy to its local action on the diseased membrane.

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[1] American Medical Times, Feb. 20, 1863.

In so far as the dejections are controllable by the foregoing remedies, they should be relied upon to the exclusion of opium, because they will interfere less with the appetite and digestion. Opiates, however, will be required to a greater or less extent in conjunction with other remedies. So far as practicable they should be administered by the rectum, either in enemas (a salt of morphia, or some liquid preparation, contained in an ounce of mucilage or thin starch-water), or in suppositories. The lower part of the rectum should be examined with the speculum, and appropriate topical applications made if ulcers in this situation be discovered.

The treatment relates, *second*, to the system. In relative importance, the general take precedence of the local measures. The surface of the body should be well protected against atmospheric changes. The diet should be nutritious but bland, articles of food being selected which do not leave much indigestible matter to pass into the large intestine. Milk, eggs, and farinaceous food are generally best suited, but in some cases animal food is found to agree. The plan of diet is to be governed by experimental trials. Tonic remedies and alcoholic stimulants are indicated by defective appetite and digestion. Of tonic remedies, quinia, the chalybeate preparations, the mineral acids, and the bitter infusions are generally to be employed in succession. The use of alcoholic stimulants is to be regulated by their effects in individual cases. Moderate out-door exercise and mental recreation are important. Change of climate is sometimes effectual when other measures prove unavailing. The experience of the present war has shown the happiest effect of transferring soldiers to northern hospitals in salubrious rural situations.

Inflammation of the cæcum sometimes occurs, the inflammation limited to this portion of the large intestine, constituting an affection called *typhlitis*, *tuphlo-enteritis*, or *cæcitis*. Acute inflammation confined to the cæcum must be extremely rare. The symptoms are, more or less pain and tenderness within a circumscribed space corresponding to the situation of the cæcum, vomiting, diarrhœa, and febrile movement. It is liable to be confounded with phlegmonous inflammation connected with disease of the vertebra, renal calculus, circumscribed peritonitis from perforation of the vermiform appendix, and, in the female, inflammation of the right ovary. Subacute or chronic inflammation gives rise to symptoms still less distinctive. It may occur, and recovery take place without the development of symptoms denoting an affection of importance; but it becomes a very important affection in cases in which it leads to ulceration and perforation of the intestinal coats. If the perforation take place in that portion of the cæcum not invested with the peritoneum, the gaseous and other contents of the intestine, escaping into the areolar tissue, give rise to inflammation which may be either diffused or circumscribed, in the latter case forming an abscess called a fecal abscess. If diffused, the inflammation may extend more or less over the abdominal walls, which become swelled, pitting on pressure as in œdema, with a feeling of crepitation due to the permeation of intestinal gas. If an incision be made, a dark, sanious liquid escapes with gas emitting an intestinal odor. Under these circumstances, a fatal result is inevitable. If, however, the perforation lead to a circumscribed abscess which opens externally, gas and fecal matter, with pus, escape, a fistulous communication with the intestine is established, and this may remain permanently, or it may gradually close and recovery take place. Some years since I met with a medical gentleman who, several years before, had cæcitis with perforation and fecal abscess, resulting in a fistula which had gradually diminished, and, at that time, had nearly closed, intestinal gas having ceased to escape for many months. The recovery, in this case, seemed to be nearly complete. Perforation taking place through the portion of the intestine invested with the peritoneum, occasions the development of peritonitis. Perforation of the *appendix vermiformis*, occurring irrespective of cæcitis, is of not very infrequent occurrence, and will be noticed in treating of peritonitis.

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[1] Cincinnati Medical and Surgical News, edited by D. C. Beck, M. D., July, 1863.

James Jackson, of Boston, in his admirable work entitled "Letters to a young Physician," describes an affection under the name of "a painful tumor near the cæcum." As this name implies, pain is felt in a situation near the cæcum, and a tumor is found in this situation. The pain and tumor are situated on a horizontal line connecting the two anterior superior spinous processes of the ileum, at the point where this line intersects the right margin of the rectus muscle on the right side. The pain is sometimes marked, and felt especially on movements of the body. The tumor is oval, and is quite small. It is not superficial, but is felt on deep pressure through the abdominal walls. Marked tenderness on pressure exists within a circumscribed space over the tumor. In the cases detailed by Dr. Jackson, the pain and tenderness, together with the tumor, slowly disappeared under treatment with cathartics, leeches, a blister to the part, and opium to relieve pain. Dr. Jackson confesses his inability to form an opinion as to the precise seat and character of this affection. I will venture the conjecture that it is inflammation of the mucous membrane lining the *appendix vermiformis*, with dilatation, either from the products of inflammation, or fecal matter, the inflammation extending, perhaps, in some cases, more or less, over the lining membrane of the cæcum.

CHAPTER II.

Acute Enteritis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute and Chronic Enteritis—Acute Gastritis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute and Chronic Gastritis—Duodenitis—Pharyngitis—Parotiditis.

ACUTE ENTERITIS.

INFLAMMATION of the mucous membrane of the small intestine is designated *enteritis*. This name, signifying inflammation of the intestine, is conventionally restricted, in its application, to inflammation of the small intestine. As a rule, inflammation is limited to either the small or the large intestine, but as, exceptionally, in cases of epidemic dysentery, the inflammation extends from the cæcum into the ileum, so, in some cases of enteritis the inflammation descends into the colon. Are the several portions of the small intestine liable to be inflamed separately; in other words, may ileitis, jejunitis, and duodenitis occur as separate affections? There is ground to suppose that the duodenum may be inflamed by itself, or, at all events, duodenitis has certain pathological relations which render it desirable to consider it as a distinct affection, but it is impossible to distinguish clinically jejunitis and ileitis.

The small intestine is the seat of a highly important local affection, seated in the Peyerian and solitary glands, which is characteristic of typhoid fever. It is also the seat of the deposit of tubercle in a certain proportion of the cases of tuberculosis. Exclusive of these affections, which are elsewhere considered, acute enteritis is a rare form of disease after infantile life. It belongs among the affections to which young children are especially prone. Yet examples are occasionally met with in practice occurring in the middle-aged and the aged, as well as in the young. Referring the reader to works which treat of the diseases of children for an account of this disease as occurring in infantile life, it will require but a brief consideration.

ANATOMICAL CHARACTERS.—As the disease, in itself, rarely proves fatal, the opportunity of inspecting the appearances after death is not often offered. This fact shows that lesions corresponding to those in fatal cases of dysentery—ulcerations, sloughing, sphacelus—do not occur in enteritis. The mucous membrane is usually more or less reddened, the redness arborescent, as best shown by the examination of dried specimens; the membrane is softened and thickened; softening of the submucous tissue from infiltration also occurs, rendering the detachment of the membrane easier than in health; ecchymoses within and beneath the membrane are sometimes observed. The Peyerian and solitary glands remain unaffected. The affected surface is more or less abundantly coated with mucus. The morbid changes are either limited to the ileum or more marked in this portion of the small intestine, and the lower part of the ileum is usually most affected.

Clinical History.—The local symptoms in cases of acute enteritis are pain, tenderness over the abdomen on pressure, diarrhœa, with nausea and vomiting. The pain is not intense, and is of a dull, aching character, with exacerbations in which it resembles the pain of colic. The pain is referred to the umbilical region. The tenderness is not great. Slight pressure is well borne, but deep, firm pressure occasions more or less suffering. The tenderness is over the lower part of the ileum and around the umbilicus. Diarrhœa is generally, if not always, present. It is stated by Habershon that the bowels may remain constipated through the disease, but examples are probably very rare. The stools are more or less frequent, and in character loose or watery, and gelatinous from mucus intimately mixed. Tenesmus does not exist unless inflammation of the lower part of the large intestine be added. The dejections are frequently acrid, producing a painful burning sensation in their passage. Dysentery is sometimes developed, perhaps, by the irritation caused by the acrid matter contained in the dejections. Nausea and vomiting are excited sympathetically, or, in some cases, perhaps, from an extension of the inflammation to the stomach.

The general symptoms usually do not denote great constitutional disturbance. The febrile movement is slight or moderate. The debility is not great, but sufficient to keep the patient in bed. The intellect is unaffected except in severe cases, when delirium may occur, together with tympanites, hiccough, and other symptoms denoting adynamia.

The duration, in favorable cases, is brief, convalescence being declared in a week or ten days.

Pathological Character.—Excluding enteritis occurring in connection with typhoid fever, tuberculosis, and the diseases of infancy, the disease has no special pathological character. It is a simple inflammation of a mucous membrane. It very rarely occurs save as a sporadic disease, in this respect differing from dysentery. It differs also from dysentery in not leading to the destructive lesions of the affected membrane which occur especially in the latter disease in its epidemic form.

Causation.—The susceptibility of the mucous membrane of the small intestine to acute ordinary inflammation, after infancy, is slight. It may be produced by excesses in the use of stimulating food and alcoholic drinks, by poisoning with acrid substances, and by the use of drastic purgatives. It is sometimes attributable to the action of cold upon the body when heated and perspiring. Fatigue and debility will co-operate with these causes. But, like inflammations seated in other parts, it may be developed without any appreciable causation.

Diagnosis.—Acute enteritis is to be discriminated from dysentery, gastritis, colic, peritonitis, and typhoid fever. The discrimination from dysentery is sufficiently easy, if the inflammation be limited to the small intestine. Assuming that the local symptoms are sufficient to denote inflammation somewhere within the abdomen, the absence of the characteristic dysenteric evacuations, with tenesmus and tenderness in the tract of the colon, suffice to exclude dysentery. The only room for doubt is when more or less inflammation of the large intestine is superadded to the enteritis. In such cases, the diagnosis of enteritis is to be based on the existence of the symptoms of this disease for some days prior to the occurrence of the symptoms of dysentery, and on the predominance of the enteritic symptoms. The cases in which the supervention of dysentery renders this differential diagnosis in any degree difficult are extremely rare.

Nausea and vomiting, if unusually prominent, may suggest acute gastritis. But the symptoms of acute gastritis are of a much graver character than those of acute enteritis, and they point distinctly to the stomach as the seat of the disease. This disease may generally be excluded without difficulty. The two diseases, however, may be combined. The inflammation, in some cases, perhaps, extends from the small intestine to the stomach; and in cases of poisoning with acrid substances, their local effects may be produced within the small intestine as well as in the stomach.

Colic is a functional affection characterized by intense pain, without tenderness or febrile movement, and is oftener accompanied by constipation than diarrhœa. These points are sufficient for its exclusion.

As regards the local symptoms, acute enteritis approximates to acute peritonitis more closely than to any other affection. But, as a rule, there is a marked disparity in the intensity of the symptoms in these two affections. The pain, tenderness, and tympanites common to both, are, in the great majority of cases, notably greater in peritonitis. Diarrhœa, which is the rule in enteritis, occurs exceptionally in peritonitis. Rigidity of the abdominal muscles, which is one of the diagnostic symptoms of peritonitis, is wanting in enteritis. Moreover, the constitutional disturbance, as denoted by frequency of the pulse, prostration, etc., is much greater in peritonitis. Attention to these points renders the differential diagnosis, in most cases, sufficiently easy.

The abdominal symptoms in typhoid fever may lead the physician to suppose that disease to be simply enteritis; and, on the other hand, a primary enteritis may be supposed to be typhoid fever. Typhoid fever is to be excluded by the absence of the diagnostic symptoms which attend its slow development, and its progress, viz., cephalalgia, epistaxis, bronchitis, the rose eruption, and mental aberration. Moreover, the adynamic symptoms in typhoid fever are generally greater than in simple acute enteritis, while the enteric symptoms are less marked.

PROGNOSIS.—Acute enteritis, after infancy, in the majority of cases, is not a disease of great gravity. If it be not associated with any other important affection, and the patient be not of feeble constitution, a favorable prognosis may generally be entertained. The disease, however, sometimes ends fatally. This is to be apprehended when the pulse becomes feeble and frequent, the prostration marked and delirium is developed, the local symptoms persisting. The mode of dying is by slow asthenia, as in cases of dysentery.

TREATMENT.—The indications for treatment may be embraced in a few words. An efficient purgative is generally, at first, advisable. Afterward, opium in some form is to be given sufficiently to relieve pain and diarrhœa. It may be administered by either the mouth or rectum, or, alternately, in each direction. It is to be given in doses proportionate to the urgency of the symptoms, and graduated according to its effects. Fomentations over the abdomen by means of poultices, the water dressing, or spongio-piline, are useful. Moderate stimulation of the surface of the abdomen by sinapisms or liniments is appropriate. General or local depletion by bloodletting is very rarely, if ever, called for. Mercury, as an alterative remedy, or given to "improve the secretions," is not to be recommended. The supporting treatment is indicated in proportion to the duration of the disease and the tendency to failure of the vital powers. The diet at first should be restricted and bland; but alimentation is, of course, important if supporting measures be indicated.

SUBACUTE AND CHRONIC ENTERITIS.

Chronic enteritis, save as connected with tuberculosis, is much more infrequent after infancy than the acute form of the disease. The symptoms are the same as in acute enteritis, but less marked. Anodyne and astringent remedies are indicated, with moderately revulsive applications to the abdomen, tonic remedies, and a nutritious but carefully regulated diet.

Subacute enteritis, not becoming chronic, probably is of not infrequent occurrence, arising from dietetic errors or an arrest of digestion by exposure to cold, over-exertion, etc. It is not easy to distinguish, practically, cases of transient subacute enteritis from cases of functional diarrhœa; nor is it of much practical consequence to make this discrimination, since the indications for treatment in either case do not materially differ, embracing mild purgation, followed by anodyne remedies and regulation of the ingesta.

ACUTE GASTRITIS.

A remarkable change has taken place within the last quarter of a century in the opinions of physicians respecting the occurrence of acute inflammation of the stomach. It was formerly supposed to occur frequently. According to Broussais, whose doctrines, for a time, were accepted by many, inflammation of the mucous membrane of the stomach and small intestine (gastro-enteritis), constituted the disease in all the essential fevers and existed in most, if not all, cases in which symptomatic fever becomes developed. Reasoning *à priori*, it would seem that gastritis must be a frequent disease. This would be inferred from the quantity of ingesta which this organ daily receives, the various stimulating and irritating substances which enter into the alimentary supplies, its great functional activity, the alternations during and between the acts of digestion as regards the quantity of blood which it contains, and its extensive glandular arrangement. But late pathological and clinical researches have shown that acute inflammation in this situation is one of the rarest of diseases. Its existence as a spontaneous disease has even been denied. It is developed spontaneously, but so infrequently that many physicians of long experience have never met with an example of it. Valleix was able to collect only seventeen authenticated cases for analysis.[1] What is known of the disease is chiefly derived from cases in which it has been produced traumatically, that is, by the direct contact of acrid or corrosive poisons.

Anatomical Characters.—If the disease destroy life quickly, as it sometimes does, marked redness, arborescent and punctiform, may constitute the chief morbid appearance. This appearance, however, may be produced by hyperæmia incident to venous obstruction arising from lesions of the liver or heart, or of both organs. It is to be taken as evidence of inflammation when the hyperæmia is limited to or especially marked in the stomach, when it is not associated with hepatic or cardiac lesions, and when the symptoms of gastritis had existed during life. If, however, life be not quickly destroyed, in conjunction with the redness, the mucous membrane and submucous tissue are notably softened, this change being observed in situations where it is not attributable to the action of the gastric juice. The mucous membrane is thickened, and the surface is usually covered with an abundance of mucus.

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[1] Guide du Médecin Praticien.

The organ is contracted. The rugæ are few or wanting. According to Jones and Sieveking, the microscope will show abundant granular exudation in the softened mucous structure. If the disease have been produced by a caustic poison, such as some one of the corrosive acids, cyanide of mercury, etc., portions of the membrane which have come into contact with the poison present eschars or ulcerations following the separation of sloughs. The destruction of tissue may not be limited to the mucous membrane, but may extend to all the coats, leading sometimes to perforation. In cases of poisoning, the action of the irritant or caustic substance ingested occasions more or less inflammation and perhaps sphacelation within the pharynx and œsophagus. The inflammation in cases of acute gastritis may extend into the duodenum.

CLINICAL HISTORY.—Acute gastritis gives rise to intense pain of a burning character, referred to the epigastrium, together with a painful sense of constriction, the pain shooting into the chest. The pressure of the diaphragm upon the stomach in inspiration increases the pain, and hence the breathing may be costal and the number of respirations per minute increased. Nausea and vomiting are prominent symptoms. In some cases the stomach is intolerant of water or the blandest liquids, even in very small quantities. The vomited matter is muco-serous, of a greenish color, the presence of bile being evident from the bitter taste, and not infrequently sanguinolent. The acts of vomiting occasion great suffering. The thirst is frequently, but not always, intense. The desire for cold water is sometimes so irresistible, that the patient is not deterred from drinking it by the painful acts of vomiting which it provokes. Tenderness on pressure over the epigastrium is marked. The pulse is more or less frequent and small. The temperature of the skin is moderately, and sometimes considerably, raised. The bowels are constipated except in cases of poisoning. Dysphagia and aphonia are occasional symptoms. The tongue presents no special morbid appearances. The mind is depressed, and the expression is anxious and haggard. If life be not speedily destroyed, and the disease run on to a fatal termination, vomiting of black, grumous, coffee-ground matter is likely to occur. Toward the close of life the contents of the stomach are ejected by acts of regurgitation rather than by vomiting. The prostration becomes extreme. Hiccough occurs. The pulse becomes very frequent and thready. Coldness of the surface is marked. The mode of dying is by asthenia. The career of the disease is rapid. Data are not available in determining the average duration. In fatal cases, death takes place usually within a few days, and it takes place in some cases within twenty-four hours, being produced in such cases apparently by shock. If the disease end in recovery, improvement in all the symptoms takes place slowly; convalescence is slow, and the inflammation may persist in a chronic form. In cases of acute gastritis produced by the corrosive poisons, if perforation of the stomach occur, the symptoms of peritonitis are added. In a case of spontaneous acute gastritis which came under my observation, slight jaundice occurred toward the close of life. The examination after death, in this case, showed that the inflammation extended into the duodenum.

PATHOLOGICAL CHARACTER.—The stomach, aside from its office as a receptacle of the ingesta, is to be regarded as a glandular organ, furnishing daily a large quantity of an important secretion—the gastric juice. In its reluctance, so to speak, to take on acute inflammation from the internal and inappreciable causes which give rise to the so-called spontaneous inflammations in other situations, it resembles other glands, such as the liver, pancreas, kidneys. In the extremely rare instances in which acute inflammation is pontaneously developed in this situation, it does not differ in pathological haracter from acute inflammation seated elsewhere in a mucous structure. 'he gravity of the disease depends on the physiological relations of the stoach. Acute gastritis produced, traumatically, by the action of caustic or ritant poisons, is developed like inflammation from the action of the same ocal causes in other situations.

CAUSATION.—Exclusive of the action of irritant and corrosive poisons, it s difficult to say what causes may give rise to acute gastritis. It may be roduced by excessive indulgence in alcoholic drinks, especially when taken ithout food, but the alcohol in these cases doubtless acts as a local irritant. he same remark will apply to the over-ingestion of highly stimulating food. arious causes mentioned by writers, such as copious libations of cold ater, intense moral emotions, were supposed to produce the disease where he diagnosis was based upon insufficient ground. In a well-marked case hich has fallen under my observation, the patient was an habitual drinker, ut the attack was not referable to a debauch. The patient attributed the isease to lying in a cold cellar. In this case, the evidence of the disease as based on the appearances after death as well as the clinical history. I have known the disease to follow a debauch, and prove rapidly fatal.

DIAGNOSIS.—The symptoms of acute gastritis are strongly diagnostic. There is greater probability of the disease being incorrectly supposed to exist than of its being mistaken, when existing, for other diseases. Vomiting, however frequent and persisting, is never alone sufficient evidence of gastritis. I have known a case of chronic meningitis with few symptoms referable to the head, but with persistent vomiting, to be treated for acute gastritis, and the error not discovered prior to the autopsy. Peritonitis, if accompanied with vomiting, may assume an appearance of gastritis, but the diffusion of tenderness over the abdomen, the tympanitic distension, and the rigidity of the abdominal muscles generally suffice for this differential diagnosis. Dr. Stokes has known gastritis to be mistaken for pneumonitis, but physical exploration of the chest should enable the physician to detect or exclude the latter affection. The author just named enforces the danger of overlooking gastritis developed after a debauch. I can testify, from my own experience, to this liability to error. Many years ago, in hospital practice, my attention was called to a patient who had been drinking to excess, and who was supposed, without close examination, to be affected with incipient delirium tremens. On my visit the following day, the case had ended fatally, and an examination after death revealed the existence of acute gastritis.

With a view to appropriate treatment, and, also, in a medico-legal point of view in certain cases, it is desirable to determine, from the symptoms, whether acute gastritis be attributable to poison. This is always to be suspected, owing to the great infrequency of the disease as otherwise produced. Burning in the throat is complained of, if an acrid or corrosive poison have been taken, and the local action of the poison may be seen in the mouth and fauces. The matters vomited contain blood earlier and in larger quantity, as a rule, if the gastritis be due to a poison. Diarrhœa is more apt to occur in cases of poisoning. If caused by a poison, the disease is developed suddenly, and inquiry is to be made to ascertain if the sudden development was not immediately preceded by a meal or the ingestion of something in the way of food or drink.

Gastralgia was formerly confounded with gastritis. The paroxysmal occurrence of pain, or its increase forming marked exacerbations, the absence of febrile movement, the occurrence of vomiting in some cases only, the absence of tenderness on pressure, and the ability to take food sometimes with relief of the pain, sufficiently characterize the former affection as neuralgic.

PROGNOSIS.—The opinions of different writers differ respecting the gravity of this disease when it is idiopathic. As it is only within a few years that the diagnosis has been placed on a correct basis, and the disease being so infrequent, the number of reported cases is not sufficient for determining the rate of mortality. It is undoubtedly a disease of great gravity. It may destroy life quickly, within a few hours, the mode of dying being by rapid asthenia or shock. These cases, however, are exceptional. The mode of dying is generally by slow asthenia.

When the disease is due to the action of an irritant or corrosive poison, the danger will depend, other things being equal, on the amount of local injury. Death in these cases sometimes takes place within a few hours, by rapid asthenia or shock, dependent not so much on the amount of local injury, as on the inability of the system to tolerate it. In some instances life is prolonged for several days although the local injury be very great. A striking illustration of this fact is afforded by the case of a man who, at the burning of the Eddystone Lighthouse in 1755, swallowed a quantity of molten lead, which accidentally dropped into his mouth when looking upwards to observe the progress of the fire. This patient lived for several days, and, after his death, a lump of lead weighing 7 ounces, 5 drachms, and 8 grains was taken from the stomach.[1]

TREATMENT.—The indications for bloodletting are rarely, if ever, present in this disease. Bearing in mind that the danger is from asthenia, and that life is sometimes quickly destroyed, it may fairly be doubted if the abstraction of blood is in any case admissible. The first and most important object in the treatment, is to secure for the inflamed organ as much rest as possible. With reference to this object, the less of anything introduced into the organ the better. To allay intense thirst, small pieces of ice may be swallowed, or iced water taken often, in a very small quantity at a time. The physician should resist the temptation to try in succession the host of remedies to allay vomiting, all of which will be likely to aggravate this distressing symptom. It is desirable to administer opiates in order to quiet the stomach and render the system more tolerant of the disease. The salts of morphia placed dry upon the tongue, may be tried, and, if vomiting be provoked by this mode of administration, they may be sprinkled over a vesicated surface, administered hypodermically, or some form of opiate given per enema. Fomentations or a small blister may be applied over the epigastrium. Cathartics are inadmissible for the same reason that Cayenne pepper would be an inappropriate topical application to an inflamed eye. The bowels may be moved by stimulating enemas. Mercury, either in large or small doses, is not indicated more than in a case of an extensive burn or scald of the integument. The importunities of the patient for an emetic are to be resisted. He may have a feeling as if the stomach were distended, or as if there were an accumulation there aggravating his distress. This feeling arises from the inflamed state of the membrane, as tenesmus is incident to inflammation of the rectum.

If the symptoms denote a tendency to death from asthenia, the powers of the system are to be supported. The stomach, however, will not bear alcoholic stimulants and concentrated nourishment. These are to be introduced into the rectum in quantities proportionate to the urgency of the symptoms. If, on the other hand, the progress of the disease be favorable, and supporting treatment be not urgently called for, bland nourishment may be cautiously ingested when the improvement in the symptoms renders it probable that food will be retained. Milk, with the addition of lime water, will be likely, at first, to be best borne, given in small quantities at short intervals. Other forms of food may be gradually added. After the inflammation has disappeared, the stomach will be left in an atonic condition, and remedies of a tonic character may be indicated during convalescence. If the acute end in the chronic form of inflammation, the treatment due to chronic gastritis is to be employed.

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[1] Aitken, op. cit., vol. ii. p. 905, 2d ed.

Acute gastritis caused by the acrid or corrosive poisons, is to be treated after the plan just stated, with the addition of measures having reference to the evacuation and neutralization of the poisonous substance. Emetics are to be promptly given, and if they fail to act efficiently, the stomach pump is to be resorted to, provided the poison be one which can be ejected. Arsenic, corrosive sublimate, alcohol, antimony, cantharides, copper, phosphorus, together with a great number of vegetable irritants, such as capsicum, gamboge, croton oil, etc., may be expelled from the stomach; but if any of the corrosive acids have been taken, reliance must be placed on the prompt administration of antidotes. Antidotes are also to be given, after the employment of emetics or the stomach pump to effect the removal of acrid poisons. For details respecting the management of cases of poisoning, the reader is referred to works which treat of toxicology.[1] I shall simply subjoin, for the convenience of the practitioner, an enumeration of the antidotes for the more important of the poisons which act locally upon the stomach.

Arsenical Preparations: The hydrated sesquioxide of iron is the special antidote. It should be recently prepared, and given in large quantity. If this preparation be not immediately available, the sesquioxide or common red oxide of iron (crocus martis) may be given in its stead. Bouchardat advises to combine with the preparation of iron, magnesia, in order to promote the passage of the iron from the stomach into the intestines.

Corrosive Sublimate and other Salts of Mercury: The most reliable antidote is albumen, and the white of eggs is the best and most available form.

Salts of Copper: Albumen is an antidote. Iron reduced by hydrogen and the hydrated persulphate of iron are said to be antidotal, by Bouchardat, both to the salts of mercury and copper.

Tartar Emetic: Substances containing tannin in abundance, and magnesia.

Nitrate of Silver: Chloride of sodium.

Mineral Acids: Magnesia or chalk mixed with water or milk; the alkaline carbonates or soap.

Oxalic Acid: Magnesia, chalk; whiting, or plaster scraped from the wall of an apartment may be given, mixed with water. Alkalies are not to be given.

Ammonia: Vinegar or any of the vegetable acids.

Potassa and Soda: The same.

SUBACUTE AND CHRONIC GASTRITIS.

Subacute gastritis, not becoming chronic, but of transient duration, probably occurs not infrequently. It is not easy to say with positiveness how frequently it occurs, because it is difficult to fix the line of demarcation between subacute inflammation and merely functional disturbance in this situation. Subacute gastritis doubtless enters into the affection which will be noticed in connection with functional disorder of the stomach, under the name of acute dyspepsia, called, by some, gastric fever.

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[1] Taylor on Poisons may be consulted for this purpose.

Chronic gastritis is not infrequent, although it is by no means so common an affection as was supposed some years ago. Functional disorders were formerly considered as inflammatory. It is not always easy to discriminate clinically between chronic inflammation and the functional affections embraced under the name of dyspepsia. The differential points involved in this discrimination will suffice for the clinical history and diagnosis of this affection.

Symptoms denoting indigestion or difficult digestion, are present in cases of chronic gastritis, but these, alone, are in nowise diagnostic, since they alike exist in cases of dyspepsia. Pain may not be present, and, if present, is not distinctive. A burning sensation or a feeling of heat in the gastric region, is somewhat diagnostic. Tenderness over the epigastrium is somewhat diagnostic, provided it be limited to that region and constant, that is, not present merely during the process of digestion or when the stomach is distended. Thirst is somewhat diagnostic, if habitual, that is, present not only during the process of digestion, but at other times. The appetite is much oftener impaired in connection with chronic gastritis than in cases of dyspepsia ; the appetite is generally preserved, and often craving, in the latter. The nutrition is oftener defective in cases of chronic gastritis; dyspeptics often preserve their weight unimpaired. In chronic gastritis, stimulating articles of food, such as meat and condiments, are not as well borne as bland aliments, the reverse being the case in cases of dyspepsia. Alcoholic and other stimulants produce gastric distress in cases of chronic gastritis, whereas, they often relieve distress incident to merely functional disorder. Nausea and vomiting are more apt to occur in connection with chronic gastritis, excluding cases of so-called acute dyspepsia and certain cases of functional disorder characterized by vomiting. In ordinary cases of dyspepsia, nausea and vomiting are not common. A slight grade of febrile movement is sometimes observed in chronic gastritis, and very rarely in a purely functional disorder.

The diagnosis is to be based on the combination of more or less of the foregoing differential points. In making the diagnosis, certain structural affections of the stomach are to be excluded, viz., carcinoma and ulcer. The diagnostic symptoms of these affections will be considered in the next chapter.

Chronic gastritis may follow an acute inflammation of the stomach developed either spontaneously or from the acrid or corrosive poisons. But as cases of chronic are much more numerous than cases of acute gastritis, it follows that, in most instances, the inflammation is subacute from the first. It may proceed from excesses in eating or spirit drinking, and, on the other hand, long fasting or too rigid dieting may give rise to it. Andral found the stomach inflamed, with ulcerations, in dogs destroyed by starvation.[1] Dr. Stark, who fell a victim to experiments in dietetics in 1769, had symptoms of gastritis developed during prolonged abstinence. Arsenic introduced into the system by absorption from an external wound, gives rise to gastritis, as ascertained by Brodie and verified by the observations of others.

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[1] *Vide* Budd on the Stomach. Inflammation of the Stomach, however, is not an invariable effect of starvation. It was not found by Martigny in dogs starved to death.—Magendie, *Journal de Physiologie*, tome viii.

The first point in the treatment is the removal of dietetic causes which may have originated or which tend to perpetuate the affection. The patient is to be placed on a bland and easily digested diet, consisting of milk, eggs, stale bread, soft-boiled rice, and other farinaceous articles. Meat and stimulants are to be interdicted. For a short time it may be advisable to reduce the quantity of food below the amount which the wants of the system require. Food should be taken in small quantities and at shorter intervals than in health. Moderate counter-irritation over the epigastrium appears to be useful. The remedies to be administered are few. Solicitations for emetics and cathartics are to be resisted. Patients are apt to declare that they are "bilious," and that they need evacuant medicines. But in place of medicines which, from their irritant action, will tend to increase or prolong the inflammation, remedies to soothe the inflamed membrane are indicated, viz., small doses of morphia, hyoscyamus, hydrocyanic acid, bismuth, etc. After the inflammation has ceased, functional debility remains. Tonics and improved diet are then required. It is a point of some delicacy to determine when to make this change in the treatment. It is like resorting to "passive motion" in cases of fracture or dislocation. The change is to be commenced tentatively, and continued, or otherwise, according to the effect.

DUODENITIS.

In acute gastritis the inflammation, as already stated, may extend into the duodenum. This is also probably true of subacute and chronic gastritis. But it would appear from the symptoms, that subacute duodenitis may occur as a separate affection, not connected, on the one hand, with gastritis, nor, on the other hand, with inflammation of the lower portion of the small intestine. The diagnostic symptoms are, obscure pain, uneasiness or distress occurring some hours after the ingestion of food, that is, after it passes from the stomach into the duodenum, and tenderness below the epigastrium over the site of the affected organ. Duodenitis occurring either separately, or in connection with gastritis and enteritis, is interesting and important as probably standing in a causative relation frequently to jaundice. The jaundice is to be explained by obstruction either from swelling of the mucous membrane of the duodenum at the opening of the ductus choledochus, or from an extension of the inflammation into the duct. The latter is the more probable explanation. The treatment is the same as that of subacute gastritis. This affection will again be referred to in the consideration of jaundice.

It is a curious fact, ascertained by Curling, that a sloughing ulcer is apt to take place at the upper part of the duodenum, within a few days after the occurrence of a severe burn on the skin. Perforation may occur under these circumstances. Ulceration of the duodenum is not a constant effect of an extensive burn. Wilkes states that he failed to find it in several cases which had come under his observation.

PHARYNGITIS.

Affections of the buccal and guttural portion of the alimentary canal belong to surgery. I shall accordingly pass them by with the exception of a brief notice of pharyngitis. Certain affections of the mouth, prevailing especially in early life, are embraced among the diseases of children, and are considered in treatises devoted to these diseases.

Acute inflammation of the pharynx may be limited to the mucous membrane, or associated with inflammation of the tonsils or of the submucous areolar tissue. Associated with inflammation of the tonsils, it constitutes the affection called *tonsillitis* and commonly known as *quinsy*. The tonsil on one side only or both tonsils may be affected. Acute tonsillitis generally ends in suppuration; an abscess forms, and purulent matter, sometimes fetid, and nauseous to the taste, is discharged after a period varying in different cases from two to ten days. It is a very distressing affection in consequence of the pain and difficulty of deglutition. The enlargement of the tonsils, when both are affected, is such that the pharynx appears to be closed. The mucous membrane covering the tonsils and the arches of the palate is reddened and swelled. The affection, however, is attended with danger only from the very slight liability to the occurrence of œdema of the glottis. Of this I have met with a single example. An attack of tonsillitis is sometimes attributable to exposure to cold, but it often occurs without any obvious causation. The causation involves a predisposition to the affection, and persons predisposed are apt to experience repeated attacks. The treatment consists of poultices to the neck or the water dressing, the inhalation of warm vapor and anodynes, to render the condition of the patient less uncomfortable. Milk is the form of nourishment best taken. When the abscesses point they may be opened, and the patient relieved sooner than if they were left to break.

Acute pharyngitis, giving rise to inflammation and suppuration in the areolar tissue beneath the mucous membrane of the pharynx, constitutes the affection called *retro-pharyngeal abscess*. The point of departure in the development of this grave affection, however, is not always the mucous membrane; it may occur, traumatically, from the penetration of a sharp piece of bone contained in food, or as secondary to caries of the vertebræ.[1]

Inflammation of the pharynx with an exudation of lymph, constituting what is called diphtheritic, pseudo-membranous, or exudative inflammation, occurs in connection with two important diseases to be considered in another section, viz., diphtheria and scarlatina.

Ordinary or simple acute pharyngitis, that is, the inflammation limited to the mucous membrane, or erythematic, and unattended by the exudation of lymph, is an affection of frequent occurrence. It is one of the forms of "a cold." The inflammation may extend over more or less of the pharyngeal space and fauces. Its extent and intensity are to be ascertained by inspection of the throat, but it sometimes extends upward into the posterior nares, and lower in the pharynx than the eye can reach. It occasions more or less pain, especially in the act of swallowing, and the patient is annoyed by a constant disposition to swallow. At first the inflamed parts are dry, but, after a time, a secretion of mucus takes place, and this provokes efforts of hawking and expuition. If the inflammation extend low in the pharynx, coughing is excited. The cough is of a peculiar character, easily recognized and distinguished as a throat-cough, the forcible current of expired air being brought to bear on the pharynx. The limitation of the inflammation to the pharynx, or its non-extension into the larynx, is shown by the absence of huskiness or hoarseness of the voice. The tonsils may present a deposit of a white material in patches of greater or less size, which is a sebaceous secretion from the follicles in this situation. These white patches have a resemblance to diphtheritic exudation, and it is highly important to discriminate between the two. The follicular secretion forms a pultaceous deposit, not a membraniform layer like the deposit of lymph, and cannot be removed in strips like the latter. The patches are more prominent than those formed by a layer of lymph, and their borders are more abruptly defined. They are more easily removed than patches of lymph recently exuded, and they disappear spontaneously more quickly. Finally, on close inspection, the secretion will be seen to dip into the follicular depressions. The follicular deposit occurs without any abrasion of the mucous surface, but it is common for patients to consider the patches as ulcers.

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[1] For an excellent article on retro-pharyngeal abscess, with a statistical table of 58 cases, by Charles M. Allin, M.D., *vide* N. Y. Journal of Med., Nov. 1851.

Simple acute pharyngitis occurs as an epidemic affection, sometimes prevailing greatly and widely. It has prevailed to a considerable extent in this city (New York) during the past spring (1864). In many if not most epidemics, the clinical history shows the affection to be a form of fever rather than simply a local inflammation. This was manifestly true of an epidemic which I studied in the western part of this State in 1857. From the results of an analysis of twenty-three recorded cases of that epidemic, the following conclusions were deduced: "The disease was an epidemic fever characterized by mild erythematic inflammation of the fauces as a constant local complication. Its character as essentially a fever is established by the febrile movement being in a marked degree out of proportion to the local affection; in other words, evidently not being symptomatic of the latter, and by its running a definite although a brief career. It was a fever of from three to five days'-duration. Its epidemic character is sufficiently apparent. It prevailed extensively for about two months, reaching its acme gradually, declining gradually, and at length disappearing, affecting both sexes and different ages without notable discrimination. As an epidemic fever, its symptomatic features were very uniform. The affection of the fauces constituted the only positive character aside from the brief duration of the febrile career. The other symptoms uniformly present were only those incident to febrile movement, and the symptoms observed in a few cases only were incidental events, not intrinsic elements of the disease. The small white patches in the throat observed in a few cases do not establish any relation to the affection known as diphtheria. These were evidently due to follicular secretion. The occurrence of several cases repeatedly in the same family does not suffice to prove that the disease was propagated by contagion, since this fact is explicable on the supposition of the patients being equally exposed to an epidemic influence, and there being a marked discrepancy in the intervals separating the cases successively occurring in the same family."[1]

In the report from which the foregoing conclusions are quoted, facts are given which show conclusively that the affection was not scarlatina. It resembled influenza, save that the pharyngeal, and not the bronchial mucous membrane, was the seat of the local manifestation. It may be a question whether an epidemic fever with simple pharyngitis be not a form of influenza, or a variety of the disease characterized by pharyngitis with the exudation of lymph (diphtheria), or of the affection called epidemic erysipelas, popularly black tongue.

Simple pharyngitis, occurring as a sporadic disease, or as the anatomical characteristic of an epidemic fever, is a mild disease, having little or no tendency to end fatally. Œdema of the glottis is an accident which may occur, but it is extremely infrequent. I have met with one example of its occurrence in a case of sporadic pharyngitis. The therapeutical measures indicated are, mild purgation, followed by anodyne remedies, and quinia or the chlorate of potassa. Gargles of the chlorate or the nitrate of potassa may be employed, and to allay the dryness and irritation of the throat, a mucilaginous liquid, or glycerine, may be taken frequently in small quantity, or small pieces of gum allowed to dissolve in the mouth. Caustic or stimulating applications to the inflamed membrane are not called for.

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[1] Buffalo Medical Journal, vol. xii. p. 718.

Subacute pharyngitis, not becoming chronic, is very common, and is generally treated without the advice of a physician. It is generally sufficient to supply the absence of mucus, before secretion takes place, by mucilage or glycerine. Lumps of sugar soaked in salad oil and allowed to dissolve in the mouth, is a simple mode of palliating the local irritation. If other measures appear to be called for, those appropriate to the acute affection may be employed.

Chronic pharyngitis is, in my experience, an extremely common affection. It is generally a subacute affection at the beginning, and is developed imperceptibly, so that, in most cases, when they first come under medical observation, there is reason to suppose it has existed for a considerable period. The membrane is more or less reddened, and irregularly thickened so as to present a granulated or a mammillated appearance, especially marked on the posterior wall of the pharynx. Adhesive mucus is sometimes seen sticking to the part, when the throat is examined. Occasionally, the mucous follicles are distended with sebaceous matter. This appearance is not sufficiently common to render the name *follicular pharyngitis* appropriate except as applied to certain cases. The inflammation sometimes extends to the posterior nares, and the patient is then said to have catarrh. It may extend around the top of the larynx, but it has no tendency to pass into the laryngeal cavity.

The affection in some persons occasions but little inconvenience. It is often found when the patient makes no complaint of any trouble in the throat. In other cases, it occasions more or less annoyance. An uncomfortable sensation is felt in the throat. The presence of adhesive mucus excites efforts of hawking and coughing. Partial obstruction of the Eustachian tubes may occur. The proximity of the inflammation to the larynx may give rise to a dry, hacking cough. The voice becomes slightly hoarse after considerable use in speaking or reading. The use of the voice is followed by a sense of fatigue in the vocal organs.

The affection is much more frequent in males than in females. It occurs most frequently after puberty, and in middle life. From its frequent occurrence among the clergy, it has been called *clergyman's sore throat.* But it is by no means peculiar to the clergy, occurring perhaps quite as often in persons of other callings. It occasions more inconvenience to clergymen than to others, from the necessity which they are under of using the voice in public speaking, and they are apt to be apprehensive lest it may incapacitate them from preaching. It may be doubted whether the use of the voice leads to the affection. It occurs especially among persons of sedentary habits who suffer from the wear and tear of continued application, without physical and mental relaxation. The number of persons in this country, who overtask the powers of the system by steady labor in the office, the counting-house, or the work-shop, continued without intermission for many years, giving no time whatever to recreation, is very large. It is among those who in this way violate the laws of health, that this affection prevails. It is accompanied with symptoms denoting impairment of the general health. Patients complain of debility, and of a want of their accustomed energy; they are generally depressed in spirits, and have forbodings of loss of health; they are very apt to fancy the existence of some serious disease, especially pulmonary consumption, and it is sometimes difficult to convince them that the latter disease does not exist. Dyspeptic ailments frequently coexist. Palpitation is not uncommon.

The affection tends to continue. It is usually long persisting. But there s no tendency to eventuate in an affection of the air-passages, or in tuberculous disease. Patients with this affection rarely become tuberculous; ts existence is, to some extent, evidence of the non-existence of tuberculosis. It is a popular notion that the affection does denote a consumptive endency, and this notion is encouraged by the host of irregular practitioners who, within late years, in this country, have made diseases of the hroat a specialty. The mental condition of patients with this affection renders them an easy prey to quacks.

The treatment, to be effective, must have reference to the system. After considerable experience I have come to regard topical applications as generally of little or no value. In some cases, however, a solution of the nitrate of silver, of tannin, or of iodine, appears to be useful. Alteration of the habits of ife is first in importance. Relaxation, recreation, and out-door life are far more efficacious than medicines, and the latter are of little use without the former. When circumstances permit, relinquishment of business for a time for travel or rural occupations, is of signal benefit. Tonic remedies are to be conjoined with proper hygienic management. Tonics, to be efficacious, should be continued for a long period, and the form of tonic changed from time to time. The diet should be nutritious. The object of treatment, in short, is to restore the general health.

The diagnosis of chronic pharyngitis is, of course, sufficiently easy. Inspection is alone necessary. But it is important to discriminate simple chronic pharyngitis from that dependent on syphilis. The latter is to be suspected from the local appearances (ulcerations and the so-called mucous patches), and determined by these appearances in conjunction with other secondary syphilitic phenomena, and the knowledge of the fact of syphilis having existed.

In the follicular variety of chronic pharyngitis, the matter which accumulates in the follicles may be ejected by coughing, in the form of round, solid pellets, which are sometimes supposed to be tubercles or pulmonary calculi. They are to be distinguished from the latter by being easily broken down with pressure, by being unctuous to the touch, and emitting, when crushed, a fetid odor.

PAROTIDITIS. MUMPS.

The affection commonly known as mumps may be appropriately noticed in this connection, as seated in an organ accessory to the buccal cavity. The parotid gland appears to be the seat of the disease, but it evidently involves a constitutional morbid condition and a special causation. The local affection consists of enlargement of the gland together with swelling of the surrounding parts, soreness to the touch, pain especially in mastication, the pain frequently extending to the ear and in other neighboring situations. The submaxillary gland is sometimes involved. The swelling in the site of the parotid pushes outward the lower part of the ear. Œdema of the face is sometimes associated. The amount of swelling of these several parts varies in different cases; if considerable or great, it causes a notable change in the physiognomy. The skin generally is not discolored. The affection may be limited to one side, or both sides may be affected. In the latter case, usually the two sides are affected successively, with an interval of a day or two, but in some cases both sides are simultaneously seized.

The disease is frequently ushered in by a light chill, or with chilly sensations, and in its progress it may be accompanied with moderate febrile movement, diminished appetite, pain in the head, and general malaise. The disease continues for four or five days. The swelling, pain, and soreness gradually subside and disappear. The inflammation has no tendency to suppuration nor to continue in a chronic form. An abundant perspiration sometimes takes place at the time of convalescence. Occasionally, during the progress of the disease, or when the affection of the parotid is about to disappear, swelling, pain, and soreness of one or both of the testes occur. This must be extremely rare. I have met with but a single example. In the female, it is stated the mammary gland and the labia majora are liable to become affected. I have never met with an example. When parts, other than the parotid, are involved, it is not from a metastasis, but from the operation of the same internal morbid condition which occasions the parotiditis.

The communicability of this disease is generally admitted, but it is denied by some writers of high authority, for example, Valleix. It prevails, at certain times and places, to such an extent as to be an endemic disease. But this is true of diseases which are exclusively propagated by contagion, *e. g.* smallpox. Persons between twenty and thirty years of age are most susceptible to the infectious miasm, but it occurs not infrequently under puberty. Males are more susceptible than females. It is one of the diseases which affect the same person but once.

The prognosis is always favorable. The disease, except that it occasions considerable discomfort, is trivial. In the way of treatment, it claims only soothing embrocations, and the application of flannel, cotton batting, or wool to the neck, with some anodyne remedy if the pain be considerable. Blood-letting, purgation, or other of the so-called antiphlogistic measures are not indicated. The popular apprehensions of danger from "taking cold" in this disease, is based on the idea, that if the affection of the parotid be arrested, a metastasis is apt to take place. There is little ground for this idea, but the patient probably passes through the disease more comfortably by avoiding exertion and exposure.

Parotiditis occurs as an occasional complication of typhus and typhoid fever. Under these circumstances it is a widely different affection from mumps. Suppuration takes place in the great majority of cases, the abscesses evacuating either externally or into the meatus auditorius, and frequently there is considerable sloughing of the areolar tissue. It is a complication of fever attended with much suffering and danger.

CHAPTER III.

STRUCTURAL AFFECTIONS OF THE STOMACH.

Induration—Softening—Gastric Ulcer—Carcinoma of Stomach—Dilatation of Stomach—Degeneration of the Gastric Tubules.

HAVING considered the inflammatory affections of the mucous membrane lining the different sections of the alimentary canal, the structural affections of the stomach and intestines next present themselves for consideration. Directing attention, first, to the stomach, the following are the structural affections to be noticed: Induration, softening, ulceration, carcinoma, dilatation, and destruction of the gastric tubules. These several affections will be briefly considered in the order in which they have just been enumerated. For a fuller consideration of these affections than is consistent with the scope of this work, the reader is referred to works on morbid anatomy and to treatises devoted specially to the diseases of the stomach.[1]

INDURATION.

Induration denotes a structural change characterized by increased density and thickness not dependent on carcinomatous disease. The name has the merit of not implying anything respecting the pathological character of the lesion. It is apt to be confounded with scirrhus. It is due to a morbid deposit or growth of a fibroid character, seated primarily in the submucous areolar tissue. The firmness and weight of the stomach are increased. The firmness may be such that the organ does not collapse by its own weight. The thickness of the walls is sometimes greatly increased. The gross and microscopical appearances show the induration to depend on the addition of a substance analogous to that of fibrous tumors, or the structure of a cicatrix. The substance appears to be like that between the hepatic lobules in cirrhosis, and the affection has been called cirrhosis of the stomach. Brinton has proposed to call it *linitis*. Habershon calls it fibroid degeneration. It is supposed to be an effect of chronic inflammation of the submucous areolar tissue.

The lesion may be more or less extensive. The whole of the organ may be affected, or it may be limited to a small portion. In the latter case, the pyloric extremity is apt to be the seat. The danger connected with the affection depends much on its extent and situation. If the pylorus be involved, it induces stricture at this outlet, and this renders it a serious lesion. If the lesion be extensive, the incapacity of the stomach for dilatation stands in the way of the ingestion of a sufficiency of food.

The existence of this lesion is not denoted by any distinctive symptoms. In a case under my observation, in which, after death, the walls of the organ were found to be from half an inch to an inch in thickness everywhere except at the pyloric third, the patient up to a few weeks before death supposed he was simply dyspeptic, his ailments not being sufficient to lead him to seek for medical advice. In this case, the organ formed a resisting movable tumor, felt through the abdominal walls, and the disease was supposed to be carcinoma. If pyloric obstruction be produced, vomiting, from an accumulation of the ingesta in the stomach, is a prominent symptom. Dilatation of the stomach may ensue. The immediate cause of death in such cases is inanition.

The affection is rare. Most writers concur in regarding it as occurring chiefly in spirit-drinkers, and very rarely in persons under forty years of age. Habershon states that it is met with in temperate persons of either sex, and in early life. If seated at the pylorus and involving stricture, it may be suspected when the evidence of pyloric obstruction is afforded by vomiting of accumulated ingesta and dilatation of the stomach, provided carcinoma can be excluded. The absence of a tumor to be felt through the abdominal walls, and of hemorrhage from the stomach, render it probable that carcinoma does not exist. If the affection do not involve pyloric obstruction, the diagnosis can hardly be made with any degree of certainty. If the thickened and hardened stomach can be felt through the abdominal walls, there are no means of determining positively that the affection is not carcinoma. The long duration of the affection, the absence of the cancerous complexion, and the non-existence of cancer in other situations, are the points involved in this differential diagnosis.

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[1] The reader will do well to consult the treatises on the Diseases of Stomach by Chambers, Budd, and Brinton; also Habershon, on the Alimentary Canal.

The treatment embraces remedies to palliate irritation of the stomach, abstinence from spirits and other stimulants, and careful regulation of the diet.

SOFTENING.

Softening of the mucous tunic of the stomach has been already mentioned as one of the anatomical characters of gastritis. It is observed in cases in which the other appearances and the history during life, show it to be non-inflammatory. The softening may be limited to the mucous membrane or extend to the other coats of the stomach. Limited to the mucous membrane, the walls of the organ are thinned; the affected coat cannot be removed in strips, but is easily scraped away, and, in some cases, the membrane is converted into a pulpy layer, the disorganization being complete. This form of softening has been studied particularly by Louis, who calls it *pultaceous softening*. Softening of the several coats has been described very fully by Cruveilhier under the name of *gelatiniform softening;* also by Billard. These and other French writers regard the latter as constituting a special lesion characteristic of an individual disease, affecting chiefly children, and accompanied by symptoms analogous to those belonging to the affection known with us by the name of cholera infantum.

Both these forms of softening are to be regarded as not morbid, but due to the action of the gastric juice after death. The changes are post mortem, resulting from self-digestion by the stomach. John Hunter was the first to establish the fact that, under certain circumstances, the stomach undergoes digestion after death. He observed several cases in which perforation was produced by this cause, the contents of the stomach escaping into the peritoneal cavity. This has since been abundantly shown by experimental observations on inferior animals. Perforation of the stomach from this cause in fishes is common. Post-mortem digestion is found, especially in cases of sudden death, occurring shortly after the ingestion of a meal, but it has also been observed in cases of sudden death when the stomach was empty, and even perforation has taken place under the latter circumstances. Softening, more or less in degree, from this cause, is common after death from various diseases, varying very much in different cases, according to a diversity of circumstances connected with the state of the stomach at the time of death, all of which are not as yet understood. It is supposed that alcoholic stimulants given shortly before death, may prevent the solvent action of the gastric juice. A high temperature favors post-mortem softening. It will not be likely to take place in cold weather, or when bodies are placed in ice. It is met with oftener in the bodies of children than of adults.

Post-mortem softening is more likely to occur at the cardiac than at the pyloric portion of the stomach, but may extend to the latter and even to the duodenum. The gastric juice may regurgitate into the œsophagus and lead to perforation of this tube, and the escape of the contents of the stomach into the cavity of the chest has been known to follow. The softened portions of the stomach are white, or of a bluish-white color, if the blood-vessels are empty, but if these contain blood it is rendered dark by the action of the gastric juice, and, escaping through the coats of the vessels, it gives to the tissues a darkish color. The softened parts have an acid reaction, and are free from the odor of putrefaction, the gastric juice acting as an antiseptic. This latter point distinguishes from softening due to putrefactive change. If perforation take place, the aperture is a "ragged hole," with pulpy edges. The organs with which the gastric juice comes into contact after escaping from the stomach, viz., colon, spleen, liver, etc., may present softening. Perforation of the stomach from self-digestion is not to be confounded with the destructive effects of corrosive poisons, and the knowledge of the former is highly important to be borne in mind in making autopsies after sudden death, in cases involving the suspicion of poisoning.

GASTRIC ULCER.

Ulceration of the stomach is among the anatomical characters of acute gastritis, especially when the latter is produced by corrosive poison; but it occurs independently of acute gastritis, the inflammation, if it exist, being limited to the ulcerated space or spaces, and it then gives rise to the affection called *simple*, *chronic*, and *perforating* ulcer. The ulcer varies in size in different cases, being sometimes so small as to be discerned with difficulty, and sometimes of the size of a half dollar, a dollar, or even considerably larger. If small in size, it has generally a round or oval form, and presents an appearance, in some cases, as if a portion of the tissues had been punched out. This kind of ulcer, especially, is apt to eat through the several coats of the stomach, and is sometimes distinguished as the perforating ulcer. The liability to perforation followed by fatal peritonitis, and to another accident, viz., erosion of a vessel of the stomach, giving rise to a hemorrhage which may prove fatal, the difficulty of cicatrization, if these accidents do not occur, and the interference with the functions of the stomach which the ulcer occasions, render the affection one of much gravity.

Gastric ulcer is not an extremely infrequent affection. Dr. Brinton's researches show that it is found after death in an average of 5 per cent. of persons dying from all causes.[1] In the greater proportion of cases a single ulcer exists, but in the proportion of 1 to every 5 cases, two or more ulcers are found after death. The situation, in the great majority of cases, is the posterior surface of the stomach toward the pyloric extremity. Dr. Brinton found the situation to be as just stated in the proportion of 86 in 100 cases. Adhesion of the stomach, at the site of the ulcer, to adjacent parts, the pancreas, left lobe of the liver, etc., is frequently found, due to circumscribed peritonitis excited by the proximity of the ulcer. This is conservative, rendering perforation less frequent than it would otherwise be.

The clinical history embraces, as the most prominent symptoms, pain, tenderness on pressure, vomiting, and hemorrhage from the stomach. These are the important symptoms in a diagnostic point of view. Pain is very rarely wanting. It is burning or gnawing in character, coming on directly, or soon after, the ingestion of food, and continuing until the contents of the stomach have either passed into the duodenum or been ejected by vomiting. It is situated at, or near, the epigastrium, and is generally confined to a small space. A similar gnawing pain in the back, between the shoulders, is not uncommon. Tenderness on pressure over the epigastrium, is almost invariably present, confined, like the pain, within a small area, varying considerably in degree in different cases. Vomiting is a very constant symptom, occurring after a period from the time of taking food, varying in different cases, the act of vomiting usually not violent but complete, and the ejection of the contents of the stomach followed by notable relief. As respects this symptom, much will depend on the quantity and kind of food ingested. Indigestible and stimulating articles are more likely to provoke it, and also to increase the pain, than aliments bland and easy of digestion. Hot substances are not as well borne as cold. Hemorrhage, as shown by the vomiting of blood in greater or less quantity, is a symptom of frequent occurrence. The vomiting of blood generally occurs after a meal. The hemorrhage is sometimes so abundant that life is lost from this cause. Cases have been reported in which life was lost from hemorrhage although no blood was vomited, the stomach being found after death filled with clots. The blood vomited is dark or grumous from the action of the gastric juice, provided the vomiting does not immediately follow the hemorrhage. In view of the diagnostic value of hemorrhage as a symptom, Dr. Brinton enforces the importance of an examination of the matters vomited with the microscope, although the gross appearance may not denote hemorrhage; and he states that blood-globules may be found in the sediment of a comparatively clear liquid. The stools also should be examined for the gross and microscopical appearances of blood, for hemorrhage may take place without vomiting, the blood passing into the intestinal canal. Profuse hemorrhage occurs especially in connection with the small perforating ulcer.

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[1] Dr. Brinton's work on diseases of the stomach contains elaborate statistical researches on this subject; see, also, a monograph on this subject by the same author.

The bowels, in cases of gastric ulcer, are generally constipated, a symptom easily understood in the cases in which vomiting is a prominent symptom. Amenorrhœa, in the female, is common, but, if there have been much hemorrhage, this symptom is a result of the loss of blood. There is no foundation for the idea that hemorrhage from the ulcer occurs vicariously in the place of menstruation, but the latter ceases, or is deficient, as in cases of chlorosis, or anæmia produced by hemorrhages elsewhere or from other causes.

The pathological character of gastric ulcer is not understood. Whether it be a result simply of a circumscribed inflammation, or whether it be due to a non-inflammatory sloughing process, as held by Rokitansky, is not settled. Nor is it certain whether it commences on the mucous surface, or has its point of departure within the tubules; the latter is perhaps probable in the minute perforating ulcer. It has been attributed to the action of the gastric juice.

The causation is also obscure. Exclusive of the form which is especially distinguished as perforating, it occurs chiefly in persons of middle and advancing life. The truly perforating ulcer, on the other hand, occurs in young girls, and particularly in young maid servants. Statistics show that females are more liable to ulcer, the proportion being as 2 to 1. Clinical observation fails to show any dependence on particular habits of diet, or other causes, nor has it any known relationship with other affections. It may be stated, however, that persons of feeble or impaired constitution are more liable to it than the robust.

The diagnosis of gastric ulcer may be made with great certainty, provided the diagnostic symptoms are present, viz., pain of a burning or gnawing character limited to a circumscribed space in the epigastrium, with tenderness also circumscribed, the pain especially felt after the ingestion of food, and especially after certain kinds of food, vomiting occurring during the process of stomach-digestion, and followed by relief, and, finally, gastrorrhagia or hæmatemesis. Analogous symptoms, it is true, may be present in cases of cancer of the stomach, but there are points of contrast involved in this differential diagnosis, which will be noticed presently in considering cancer. Moreover, the absence of a tumor appreciable through the ablominal walls, goes far toward the exclusion of cancer. Chronic gastritis nd ulcer have symptoms to some extent in common. But in gastritis ain is less prominent, vomiting does not occur so frequently, and hemorhage is wanting. In cases of gastralgia, the pain might suggest the idea f ulcer. But the pain in gastralgia is not aggravated, and, on the conrary, often relieved by the ingestion of food; tenderness over the epigasrium is not present, but the pain is often relieved by pressure; vomiting s an occasional symptom only, and hæmatemesis does not occur. In cases f merely functional disorder, pain, vomiting, and hæmatemesis are all wanting. Hæmatemesis, it is to be borne in mind, is not alone evidence of ulcer. It occurs irrespective of disease of the stomach in certain cases of irrhosis of the liver. It is the union of the several symptoms just named that renders the diagnosis complete. These diagnostic symptoms, however, are not united in all cases of gastric ulcer. Hemorrhage is not invariably present; vomiting is not always a prominent symptom and may be wanting; pain and tenderness are not in all cases marked—the affection, in short, is sometimes latent, more or less difficulty or disturbance of digestion only being manifested. Under these circumstances, a positive diagnosis cannot be made. A strong suspicion of the existence of the affection may, in some cases, be reasonably entertained, when the symptoms do not warrant a positive diagnosis.

Gastric ulcer proves fatal in different modes. One of these is by perforation, fatal peritonitis being induced by the escape of the contents of the stomach. This accident would take place oftener than it does, were it not for the adhesion of the stomach to the adjacent organs as a result of circumscribed peritonitis. Perforation is most apt to occur when the ulcer is situated on the anterior surface of the stomach. According to Brinton, it occurs in the proportion of 1 to 7 or 8 cases. It is most likely to occur in the ulcer distinguished as perforating, *i. e.*, the small round punched-out ulcer, although not limited to this kind of ulcer; hence, it occurs oftenest in females between 16 and 30 years of age. The perforation generally takes place after the ingestion of a meal, or in the act of straining or sneezing, or in some sudden and forcible movement of the body.

Another mode in which it proves fatal is by hemorrhage. Life may be slowly destroyed by the continued escape of blood, or repeated attacks of hemorrhage, or the loss of blood may be so rapid as to destroy life quickly. According to Brinton, death from hemorrhage occurs in the proportion of 1 to 20 cases. Fatal hemorrhage occurs much oftener in the male than female. As an example of fatal hemorrhage arising from an extremely minute perforating ulcer, the following case, kindly communicated to me by Dr. W. W. Reid, is of interest:—

A young woman, a chambermaid, æt. 25, for a year or more had had pain in the stomach; at times so severe as to disable her from her work for a few days. During the week previous to the 12th ult. she had more pain than for some months. There was marked tenderness over the epigastrium at all times. On the 12th ult., she went to bed more unwell than usual, and before falling asleep became sick at the stomach and vomited. On the morning of the 13th, she arose and dressed herself, but was faint and obliged to go to bed. At this time she discovered that what she had thrown up in the night was blood, and the quantity was reported to be about three pints. In the afternoon she again vomited a pint or more of blood. On the 14th and 15th she again vomited blood. From the 19th to the 22d, she was considered better and improving, but was unable to be raised up without fainting. On the 22d she had something like a convulsion, and became comatose. She continued in this condition until the morning of the 23d, when she had another convulsion, and died during the afternoon of this day. Shortly before death she threw up an inky liquid. On examination after death, the only morbid appearance in the stomach which was at first observed was a small patch three or four inches square, in which the mucous membrane was injected. This was situated about three inches from the cardiac orifice. On close inspection in the centre of this patch a small ulcer was discovered resembling the puncta lacrymalis when large. The blunt end of a common silver probe readily entered the opening and passed directly into a branch of the gastric artery. Dr. Reid, in his remarks on the case, says that the ulcer was detected almost by accident on account of its minuteness, and in view of the general healthy appearance of the gastric mucous membrane, and he suggests that in similar cases the existence of a minute ulcer may have been overlooked.[1]

Another mode in which it proves fatal, is by inanition. Death takes place by slow asthenia when the stomach is so intolerant of ingesta that aliment sufficient for the support of life is not retained. In other words, patients are gradually starved to death, provided life be not cut off by some other disease which the system may be rendered unable to resist in consequence of the debility incident to the stomach affection.

The duration of the affection is very variable. Death sometimes takes place from perforation or hemorrhage within a few weeks, or even a few days after the time when the symptoms first denoted gastric trouble. But if these accidents do not prove the immediate cause of death, life is usually prolonged for many months, and it may be for very many years. Brinton states that he has notes of one case in which probably a continuous open ulcer existed for 35 years, and of two cases in which the duration was 30 years, together with three or four of 20, four or five of 15, and several of 10, 7, 5 and 4 years' duration. It is not uncommon in the course of this affection for the symptoms, from time to time, to subside, or even disappear, and subsequently return. These remissions are probably due to healing of the ulcer which afterward again opens.

Gastric ulcer, although a serious affection, is by no means incurable. Brinton estimates that a cure takes place in about one-half of the cases which occur. This estimate is based on the number of instances of cicatrized ulcer found in autopsical examinations. The cicatrices are generally small or of moderate size, but in some instances they occupy considerable space; in the latter case, they may induce contraction and considerable deformity of the stomach. Situated on the pyloric orifice, they sometimes lead to stricture.

The treatment of gastric ulcer embraces the following objects: *First*, and most important, securing for the stomach as much rest as is compatible with a proper amount of nutrition; *second*, the arrest of hemorrhage and the palliation of suffering; and, *third*, the employment of remedies to promote cicatrization.

The first of these objects is to be secured mainly by regulation of the diet. The patient is to be nourished by those nutritious articles of food which will be best retained by the stomach, and give rise to the least inconvenience. Milk and farinaceous substances will be best borne. As remarked by Budd, the articles which, combined out of the body, would make a soothing poultice for an ulcer on the skin, are the most likely to be tolerated by the stomach in cases of this affection. Condiments, alcoholic stimulants, solid and indigestible food of any description, meat, and, according to Chambers, sugar, should enter as little as possible, or not at all, into the diet. The quantity of food taken at a time is a point of importance. The rule is, a mall quantity at a time, the intervals regulated according to circumstances. Experience in each case is, of course, to guide in this regard, and also in he choice of articles. Milk and other liquids should be taken cold—lime-water added to milk renders it less likely to occasion disturbance. Quietude of the body is to be enjoined, more especially during the process of diges-ion. It is desirable to limit, by habits of quietude, the waste of the tissues, n order that the demand for nutritious supplies may be proportionably imited.

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[1] This case is given more fully in the *Buffalo Medical Journal*, vol. ii. p. 641, 1846.

In some cases, the most judicious and careful regulation of the diet proves unsuccessful. Vomiting is constant, and the pain is severe so long as the tomach contains food. It is evident that the ulcer is not healing, and the patient may be in danger from inanition. Under these circumstances an ttempt may be made to secure for the stomach complete rest, as regards the ngestion of food, by the introduction of nourishment exclusively by the ectum. Brinton advises this procedure for a few days, from time to time, in evere cases. It may sometimes be continued for weeks, and even months. In a case of supposed ulcer at Bellevue Hospital, I pursued this course for three weeks—enemas of the essence of beef and milk being given every four hours hrough the day, and nothing taken into the stomach but small pieces of ice. The pain and vomiting were greatly diminished during this period, and the patient lost but little ground as regards strength. She did not suffer from hunger, but thirst was a source of some inconvenience. The course would have been longer continued, but for the irritability of the rectum, in consequence of which, at length, the nutritious enemas were immediately returned. On returning to alimentation by the stomach, she bore food better than before, and after some months she improved sufficiently to leave the hospital. I saw her several months after she had left the hospital, and she reported herself quite well. My friend and former colleague, Prof. Rogers, of Louisville, has related to me a case in which a child was supported by enemas for a month, the case being one of poisoning with caustic potash, death taking place at the end of the month. In the *American Journal of Medical Sciences*, in 1852, Dr. D. L. Pierce, of Pennsylvania, has reported a case of supposed gastric ulcer, the patient being sustained wholly by enemas for three consecutive months. The following statements, taken from the report, contain the material points in this remarkable case :—

The patient was a female, aged 26. She appeared to vomit everything ingested a few moments after eating. Circumscribed tenderness existed over the epigastrium. She was emaciated, feeble, and had been confined to the bed for three months. Purulent matter was ejected from the stomach with the food, and sometimes by itself. Severe pains were referred to the epigastrium. Remedies as well as food being quickly vomited, Dr. Pierce proposed to her to submit for a month to entire abstinence as regards the ingestion of food by the stomach, and to try the plan of taking nourishment by enemas, to which she assented. A half-pint of good lamb or mutton broth was injected every three hours. For the first week she took by the mouth several times a day a teaspoonful of gum-arabic or pure water, but after the first week this was discontinued. Dr. Pierce states that he has no doubt of the strict compliance on her part with the plan of treatment adopted. The epigastric region was vesicated, and the surface sprinkled with morphia. During the first week vomiting of purulent matter occurred several times daily, but during the three following weeks it had diminished, and she was in all respects more comfortable. It was resolved to continue the plan for another month. The vomiting of purulent matter during this month occurred only occasionally, and the improvement continued. During this month Dr. P. believes not a morsel or drop of anything passed her lips. It was agreed to continue the plan for still another month. The improvement progressed rapidly, and by the middle of the month all evidence of gastric disease had disappeared. She began before the month ended to take a little water and mucilage in small quantity. She had gained in flesh and strength during this plan of treatment. On returning to the introduction of food by the stomach, the symptoms did not return, and two years afterward the patient was in the enjoyment of excellent health.

Hemorrhage is to be arrested by small pieces of ice swallowed, and by the application of cold to the epigastrium, if the loss of blood be considerable. Astringent remedies may be given, if the stomach will retain them. Pain will require the use of opiates, the form being selected which is found on trial to be least objectionable. It may be administered per enema, epidermically or hypodermically, if not tolerated by the stomach. Moderate counter-irritation over the epigastrium by liniments or by cupping, is useful. Opiates may also serve, in some cases, to alleviate the vomiting. The subcarbonate of bismuth is a very useful remedy in some cases, given in scruple doses three or four times daily.

It is doubtful whether any remedies exert a direct effect to promote cicatrization. The nitrate of silver and other remedies have been given with the expectation that they will exert a topical effect upon the ulcer. Clinical observation appears not to furnish evidence of their utility in this way. Cicatrization is promoted indirectly by remedies which arrest the peristaltic movements of the stomach and quiet the irritability of the organ, in other words, remedies which have reference to the first object of treatment, viz., securing as much rest as possible; and for this end opium in some form is the most effective remedy. Cicatrization is also promoted indirectly by tonic remedies if these are borne. Local bloodletting is injurious by lowering the vital forces. Mercurialization is objectionable on the same ground. Cathartics are hurtful on account of the direct action. Constipation, if it exist, is to be relieved by enemas.

When an improvement in the symptoms renders it probable that the ulcer is healing, great care in diet is important to prevent a relapse, and it is to be borne in mind that remissions are apt to take place, followed by a renewal of all the symptoms. Care is necessary for some time after the healing appears to have been completed. The patient is not to be considered as safe for some time after apparent recovery.

CARCINOMA OF STOMACH.

Cancer of the stomach is far more infrequent than gastric ulcer. According to Brinton's researches, primary cancer of the stomach was found in only 81 of 8468 autopsies, or in the proportion of about one per cent. Yet, cancer in this situation appears to be as frequent as elsewhere Brinton deduces from his own researches and those of others, that, of all primary cancers, one-third are seated in the stomach. The same author estimates the liability to ulcer as four times greater than the liability to cancer. The pylorus is the part most frequently affected, viz., in the proportion of 3—5. The cardiac orifice is the seat in the proportion of ten per cent. As exceptions to the rule, cancer may be seated at a point between the two orifices, oftener in the line of the small than the great curvature. The point of departure for the morbid deposit or growth is usually the submucous areolar tissue. As a rule, to which there are very few exceptions, cancer of the pylorus is limited to the stomach, not extending to the duodenum, but cancer of the cardiac orifice extends more or less into the œsophagus. The cancer in the great majority of cases is of the scirrhous variety. Brinton's statistics show the proportion to be seventy-two per cent., while the proportion in which the cancer is medullary is eighteen per cent., and the proportion of colloid cancers about ten per cent. In the progress of the cancerous affection, ulceration of the mucous coat is apt to take place, so that symptoms of ulcer and cancer are combined. Sloughing away of portions of the cancerous mass is not uncommon. Perforation of the stomach sometimes occurs. It occurred in 21 of 507 cases analyzed by Brinton. The cancerous affection leads to adhesion of the stomach to adjacent organs. Stenosis or stricture at the pyloric or cardiac orifice is another effect, playing an important part in the production of symptoms. The opening of vessels is still another effect, giving rise to hemorrhage. The carcinomatous growth, especially when seated at the pyloric orifice, forms a tumor of greater or less size. Obstruction at this orifice induces dilatation of the stomach and hypertrophy of its muscular tunic. Commonly, obstruction at the cardiac orifice leads to contraction of the organ.

The symptoms which make up the clinical history of this affection are as follows: Impaired appetite, or anorexia, is generally more or less marked, but in some cases the desire for food is maintained. Pain is usually more or less prominent, and the character of the pain is frequently lancinating. The pain is sometimes gnawing, as in ulcer, and, in these cases, ulcer may have occurred as secondary to the cancer. Tenderness over the epigastrium may or may not exist. Vomiting is a frequent symptom, but it occurs less frequently than in cases of simple ulcer, and at a late period after taking food, provided the affection be not seated at the cardiac orifice. The vomiting, if the cancer be at the pylorus, may be chiefly due to obstruction at this orifice, and consequent accumulation. The cryptogamous plants, sarcinæ and torulæ, may be found in the vomited matters when these have undergone fermentation within the stomach. Blood is not infrequently found in the vomited matters, generally in small quantity, and having the coffee-grounds appearance. Purulent and sanious matter is frequently vomited. With these symptoms referable to the stomach are associated progressive loss of weight and strength, anæmia, not infrequently febrile movement, usually constipation but occasionally diarrhœa, and in some cases jaundice. The latter symptom points to the probable occurrence of secondary cancer affecting the liver.

With respect to the pathology and causation, nothing is to be added here to what has been stated already in the first part of this work. Cancer in the stomach, as elsewhere, involves a constitutional predisposition or diathesis, and a morbid change preceding the local affection, or a cachexia. Statistical researches do not appear to show that the development of the affection is favored by particular habits of life or any appreciable causes. The causation has reference to age. The liability to the affection prior to the age of forty is small. In the great majority of cases it occurs between fifty and sixty. The liability to it diminishes after sixty, and is small after seventy. Males are affected more frequently than females, the proportion being as 2 to 1. The occurrence of cancer of the uterus in the female compensates for this difference.

Cancer of the stomach is to be discriminated from merely functional disorder, or dyspepsia, and chronic gastritis. In merely functional disorder, pain and vomiting are symptoms rarely as prominent as they are generally in cancer. The ailments in dyspepsia are seldom so protracted; they do not lead to the same amount of emaciation, feebleness, and pallor; hæmatemesis and the vomiting of purulent matter are wanting. The same is true of chronic gastritis. Persisting disturbance of digestion, especially if accompanied by pain and vomiting, leading to considerable loss in weight, diminution of strength, and anæmia, in a person between forty and sixty, should always excite strong suspicion of cancer, although blood and pus have not been vomited. Cases of gastralgia lack all the diagnostic features of cancer except pain. Gastric ulcer is liable to be confounded with cancer, and in view of the great difference as regards prognosis, it is desirable to discriminate between these affections. They present certain points in contrast as regards the symptoms. In cancer the appetite is more impaired than in ulcer. Vomiting is more uniformly present in ulcer, and occurs earlier after the ingestion of food, and is evidently due to the irritation caused by the presence of food. In cancer it is present in only a certain proportion of cases, it does not follow so soon after taking food, if the cardiac orifice be not obstructed, and is frequently due to the mechanical distension of the stomach owing to pyloric obstruction. Hemorrhage is more constant, and is apt to be more profuse in ulcer. If the patient be a young girl, the chances are much in favor of ulcer: and, at any age, if the patient be a female, ulcer is more probable than cancer, and *vice versa*. The pain in cancer is apt to be lancinating, in ulcer burning or gnawing.

Considerable importance has been attached to a peculiarity of complexion which has been supposed to denote the cancerous cachexia, consisting of pallor with a faint tint of yellow or green, the conjunctiva remaining unaffected. It has been called a waxy complexion. This is sometimes well marked in cases of cancer, but it is by no means always present, nor is it pathognomonic when marked. If members of the family have had cancer, this fact is entitled to some weight in the diagnosis. So, also, is the coexistence of cancer in some other situation.

In some cases of cancer there are few or no symptoms denoting any serious affection up to a short time before death. Like gastric ulcer, it is sometimes remarkably latent, the patient appearing to suffer only from moderate or slight dyspeptic ailments, the appetite remaining unimpaired, the strength not failing, and the aspect indicating health. Watson cites several examples of this kind. Some time ago I was accustomed to meet frequently a gentleman supposed to be simply delicate and a dyspeptic, who, at length, was seized with severe gastric symptoms and died after a short illness. At the post-mortem examination, the pylorus was found to be the seat of a large cancerous tumor which involved a large portion of the stomach. Quite recently I visited in consultation an aged gentleman who died a few days afterward with unmistakable cancer of the stomach, and in this case it was only within a few days that the patient had had a suspicion of anything more than a trivial disorder.

In the latent cases just referred to, and also when the differential diagnosis relates to ulcer and chronic gastritis, much importance belongs to the discovery, or otherwise, of an abdominal tumor in the site of the pylorus or stomach. Exclusive of the cases in which the cardiac orifice is the seat of the cancer, a tumor is discoverable by physical examination in the majority of cases. According to Brinton, it exists in 80 per cent. of all cases of cancer. The tumor is situated generally between the false ribs and the umbilicus, a little to the right of the median line. It may be movable or fixed. If movable, Valleix attaches considerable importance to its change of position, according as the stomach is distended or empty. The tumor varies in size from a pigeon's egg to the size of the closed hand. It is usually resisting, and the surface irregular or nodulated.

The presence of a tumor, if ascertained to be seated in the stomach, renders the diagnosis quite positive. But it may not be always easy to decide positively that the tumor is seated in the stomach. A cancerous tumor may imulate aneurism of the abdominal aorta. The characters of an aneurismal umor are expansile pulsation, thrill, and murmur. A cancerous tumor may resent, more or less marked, the same characters. How are the two to be istinguished from each other? An aneurismal tumor is rarely movable; it as usually a smooth outline, and may be diminished by pressure; the pulsation s felt laterally as well as on its anterior surface; by a change of position of he patient, as placing him on his hands and knees, the pulsation is not materially affected, whereas if the tumor be not aneurismal, its pressure on the rtery is taken off and the pulsation may be found to cease. But aneurismal umors do not always pulsate, and both thrill and murmur may be wanting. Under these circumstances, in this differential diagnosis, reliance must be ad upon the diagnostic points relating to the history and symptoms. These re, of course, always to be carefully considered. Other tumors, from their ituation, are liable to be confounded with cancer of the stomach, viz., tumors onnected with the left lobe of the liver and pancreas, fecal tumors, etc. The istinctive characters of these will be considered in other connections.

Cancerous affection of the cardiac orifice, leading to stenosis or stricture, ives rise to symptoms quite different from those which accompany cancer of he stomach otherwise situated. Food accumulates in the lower part of the œsophagus, and is regurgitated directly after deglutition. The patient is unable to take solid food, and is compelled to take liquids slowly and in mall mouthfuls. If the stricture be great, death takes place gradually by nanition. A patient was admitted into Blackwell's Island Hospital, æt. 45, n a state of great exhaustion, and evidently very near death. He stated hat for a long time he had been unable to take anything but liquids. The owels were constipated, no dejection, according to the patient's statement, aving taken place for a month. Death occurred twenty-four hours after dmission. On post-mortem examination, the cardiac orifice was found to e the seat of cancerous disease, which extended somewhat up the œsophagus. The cardiac orifice was so completely occluded, that a fine silver probe was passed with difficulty through it, and water poured into the œsophagus emained there.[1] I have met with a similar case, the inanition not so far dvanced, at my clinic at the Long Island Hospital.

In these cases, a tumor is not discoverable. The symptoms are the same s in cases of stricture at the lower portion of the œsophagus from other han cancerous disease, and the differential diagnosis cannot be made with ositiveness.

I have not referred to microscopical examination of the matters vomited, n cases of suspected cancer, with a view to the discovery of the cancer cells. This test is only available at an advanced period of the disease, and then nly in a very small proportion of cases, owing to the action of the gastric uice and the admixture of the exfoliated cancerous material with the ingesta.

The prognosis in cases of cancer of the stomach is as unfavorable as possible. If a cure be within the range of possibility, the probabilities are so astly against it that we are not warranted in entertaining the least expectation of such a result in any individual case. A fatal termination is merely a question of time. Statistics show the average duration to be about a year. The maximum duration is about three years, and the shortest period is a month. Death occurs by slow asthenia. Perforation was the immediate cause of death in 21 of 507 cases analyzed by Brinton.

The treatment has reference only to the prolongation of life and the palliation of symptoms. A diet, bland and nutritious, consisting of the articles of food which experimental trials, in each case, show to be best borne, taken in quantities and at intervals to be determined also by trial; remedies to relieve pain and quiet the irritability of the stomach; avoidance of cathartics and any measures which impair the vital powers—these are the points to be kept in view in the management of this distressing and hopeless affection.

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[1] The specimen was exhibited and the case reported to the New York Pathological Society, *vide* Transactions, April 23, 1862.

DILATATION OF STOMACH.

Dilatation of the stomach is, in general, a lesion dependent on obstruction at the pyloric orifice. It enters into the anatomical characters of certain cases of cancer, it is incidental to cicatrization of ulcers seated at the pylorus, and it occurs in connection with pyloric thickening from fibroid deposit or growth. It takes place irrespective of obstruction at the pyloric orifice, but the instances are extremely rare. I have notes of two cases which have fallen under my observation, in which the dilatation was sufficient to form a notable projection of the epigastrium and upper part of the abdomen, there being no evidence of obstruction at the pylorus, save the existence of the dilatation. Both these cases were under observation for a short time only. But cases have been observed in which the dilatation was so great that the boundaries of the stomach embraced the greater part of the abdominal surface, and causing enlargement of the abdomen as great as in hydroperitoneum or an advanced period of pregnancy. The capacity of the organ has been known to be increased so that it would contain several gallons of liquid. The coats of the stomach, in these cases, are atrophied, especially the muscular coat, and the walls are sometimes as thin as paper.

In these cases of excessive dilatation, vomiting occurs after intervals of a few days, an enormous amount of matter being expelled, the matter consisting, in a great measure, of imperfectly digested aliment, which accumulates in consequence of the inability of the stomach to propel its contents into the duodenum. The vomited matter emits a putrescent odor, and frequently contains *sarcinæ* and *torulæ cerevisiæ*. The appetite is good or even voracious, but, owing to the accumulation of food in the stomach and its ejection by vomiting, the assimilation is not proportionate to the ingestion, and the body wastes.

The production of this lesion is attributed to atrophy of the muscular fibres, to paralysis of the stomach, and to habits of immoderate eating. Chambers is of opinion that in most cases of dilatation not the effect of mechanical obstruction at the pylorus, it is due to a congenital deformity. This author cites examples of its existence in persons who were accustomed to eat sparingly. The number of cases which are to be collected, is, as yet, too few for analysis with reference to the causation and other points of investigation.

Dilatation of the stomach occasions an abnormal prominence of the abdomen especially marked at the epigastrium, and extending more or less below the umbilicus, according to the augmented size of the organ. The projecting tumor yields, at the upper part, a tympanitic resonance on percussion, having a characteristic gastric quality of sound. At the lower portion, if the stomach contain ingesta, there is flatness on percussion, and the relative situation of the flatness and tympanitic resonance changes as the position of the patient is changed from the vertical to the recumbent. On succussion, a splashing sound may be produced, analogous to that in pneumo-hydrothorax. This was marked in one of the cases under my observation. In the same ase when the patient swallowed liquid, metallic tinkling was heard with ammann's stethoscope placed over the stomach, above the level of its quid contents. If the abdominal walls be thin, the form of the stomach ay be apparent, and its peristaltic movements may be seen. The enlarge-ent varies at different times according to the variation in the contents of e stomach; it diminishes greatly, or disappears after the complete expul-on of the contents by vomiting. A sense of fluctuation may be felt when e stomach contains considerable liquid. This is noted in the history of ne of my cases.

Valleix states that paracentesis has been practised in a case of enormously ilated stomach, under the belief that the affection was hydro-peritoneum. hysical examination of the abdomen should enable the practitioner to avoid is error. In hydro-peritoneum the enlargement, if not uniform, is greatest the lower part of the abdomen, the reverse being true of dilatation of the omach. In hydro-peritoneum the enlargement is proportionate anteriorly nd laterally, in dilatation of the stomach the anterior projection is greater an the lateral. In hydro-peritoneum flatness on percussion exists at the wer part of the abdomen; in dilatation of the stomach intestinal tympanitic sonance will be likely to be found below the space which yields flatness, in e hypogastric and iliac regions. The variation in the enlargement, and s disappearance after complete vomiting, suffice for the diagnosis.

In the cases which I have observed, the affection was not attended by otable inconvenience. Vomiting did not occur in these cases. In cases of cessive dilatation, nutrition suffers from the accumulation of aliment in e stomach and its ejection by vomiting. Yet it is stated by Valleix that ere is no well-attested instance of death produced by simple dilatation.

Regulation of the ingesta as regards quantity, and tonic remedies, consti-ute the appropriate treatment.

DEGENERATION OF THE GASTRIC TUBULES.

The degenerations of structure in different organs have been, within late ears, much elucidated by microscopical researches. Of this fact, the affec-ons of the liver, of the kidney, of the arteries, of the muscular tissue, etc., fur-ish abundant examples. By the aid of the microscope the intimate normal tructure of different parts has been unfolded, as a point of departure for the tudy of abnormal alterations. Our knowledge of the gastric tubules has een in this way recently acquired. The stomach has been shown to contain n immense secreting surface furnishing an enormous amount of secretion aily. The glandular arrangement is essentially the same as in the other lands, for example, the kidneys, the difference being that the secreting sur-ce is disposed in innumerable short tubules instead of convoluted tubes. ow, analogy would lead to the supposition that the tubules of the stomach ay be the seat of disease and degeneration, as well as the tubes of the kid-eys, or the secretory structure of other glandular organs. As yet, however, ery little attention has been given to the study of the morbid conditions of he gastric glands. The subject has been referred to by two German writers, ngel and Wedl.[1] But to Handfield Jones is due the credit of having broken round in this new field of research. In a paper entitled "Observations of orbid Changes in the Mucous Membrane of the Stomach," Dr. Jones has abulated the appearances of the gastric tubules in 100 stomachs, the sub-ects not selected, but taken consecutively and dead with a variety of diseases.[1] The results go to show that here is a field, the further cultivation of which may lead to highly important additions to our pathological knowledge.

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[1] Chambers on Digestion and its Derangement.

Of the 100 examinations, in 72 the appearances denoted more or less degenerative change. Of these 72 cases, in 47 the degeneration was limited to a portion of the stomach, usually the pyloric portion, the tubules in the remainder of the organ being healthy. In 11 cases the extent of the affection was greater, but still moderate. In 14 cases the appearances denoted destructive changes extending over the greater part of the stomach. The appearances denoting degeneration within the tubules consisted of the deposit of black pigment and fatty granules, the presence of granular matter in the place of the normal epithelium, supposed to be the debris of the latter, and atrophy or loss of the epithelium. These changes are analogous to those observed in the degenerative changes which take place within the convoluted tubes of the kidney in cases of the chronic affections of these organs embraced under the name of Bright's disease.

In the 14 cases in which the gastric tubules were extensively degenerated, the patients died with a variety of diseases, and it is not easy in so limited a number of cases to determine what symptoms were attributable to the affections of the stomach. It is not improbable that further researches will show these glands to be the seat of morbid conditions of great importance, as occurring alone or in association with other affections. There is room for the conjecture that the impairment of digestive power, the anæmia, debility, etc., which sometimes occur without being connected with any obvious disease, as in the so-called idiopathic anæmia described by Addison, and which are sometimes superadded to various diseases, may be due to morbid conditions seated in the gastric tubules. Further explorations in this new field of research may lead to developments of as much pathological importance as those which have resulted within the past few years, from the study of the morbid conditions of the kidney.

The study of the secretory apparatus of the small intestine, or the follicles of Lieberkuhn, may afford a similar field for fruitful research, which, as yet, appears to have hardly been begun.

The points which it is desirable to settle by a sufficient number of observations are: *First*, the variations in appearances which occur within the limits of health, and the appearances which denote disease, and not cadaveric changes. *Second*, the different kinds of morbid change, together with their pathological character and import. *Third*, the gross appearances corresponding to the changes ascertained by the microscope. *Fourth*, the symptoms associated with different anatomical changes.

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[1] Medico-Chirurgical Transactions, vol. xxxvii. London, 1854.

CHAPTER IV.

Structural Affections of the Intestinal Canal involving Obstruction—Invagination—Strangulated Hernia within the Abdomen—Rotation or Twisting of Intestine—Compression and Stricture of Intestine—Obstruction from Impaction of Feces, Enterolithes, and Foreign Bodies—Functional Obstruction.

STRUCTURAL affections of the intestines are important, measurably or chiefly, as giving rise to obstipation due to mechanical obstruction to the passage of the intestinal contents. Hence, we may consider these affections under the head of obstruction of the bowels. And, having considered the important structural affections involving obstruction, it will be convenient to consider, in this chapter, obstipation (meaning by this term obstruction as distinguished from constipation) dependent on causes other than lesions of structure, viz., on the impaction of feces, the formation of concretions called enterolithes, the introduction of foreign bodies, and on merely functional disorder. The term ileus or iliac passion, and other names, have been applied to cases of obstipation with the ejection from the mouth of the intestinal contents, or so-called stercoraceous vomiting. As the latter symptom occurs in connection with obstruction from various causes, the names based upon it have no special pathological significance, and tend to produce confusion.

Obstruction from structural affections is happily not of frequent occurrence. According to the statistical researches of Benjamin Phillips, it is met with in a proportion of one per cent. in post-mortem examinations.[1] The lesions involving obstruction are the following: Intussusception, invagination or volvulus; strangulation from hernia within the abdomen; rotation of a portion of intestine upon its own axis, or upon the mesentery, and, according to Rokitansky, twisting of a portion of intestine around another coil of intestine; compression of one portion of intestine by another portion, or by a tumor situated exterior to the canal, and stricture produced by morbid growth within the canal or by the contraction following the cicatrization of ulcers. The symptoms attending these several affections are not, in all respects, the same, although obstipation is a common feature. They will therefore claim separate consideration. But it will be seen that it is not always easy to determine, by means of the symptoms in individual cases, the particular lesion which occasions the obstruction.

INVAGINATION.

Invagination, intussusception, or volvulus, is the reception of a portion of the intestines into another portion. Generally the invagination is from above downward, but sometimes the lower portion is received into the upper. It is certain that it may occur as a temporary condition, giving rise to no symptoms. In post-mortem examinations, especially in children, innocuous invaginations of the small intestine are not infrequently found; the invaginated portion is restored without difficulty, and, aside from the displacement, there are no morbid appearances. In such instances, they have probably occurred in the last moments of life. I counted as many as fifteen of such invaginations in the body of a child dead with the typhoid fever. It is not unlikely that they occur frequently in connection with various diseases and even in health. It is only when the invagination becomes fixed, giving rise to congestion, inflammation, etc., that it occasions obstruction and other symptoms. It is then a lesion of very great gravity, in the great majority of cases ending fatally. This is the most frequent of the lesions causing fatal obstruction. Of 169 cases of obstruction from various lesions collected by Phillips, 63 were of this class.

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[1] Trans. Royal Med. and Surg. Society of London, vol. xiii. 1848.

Invagination brings into apposition three layers of intestine, viz., an entering, a returning, and a receiving layer. In the relation of the entering and receiving layer, mucous surfaces are in contact, and these do not become adherent. But serous surfaces are in contact in the relation of the entering and returning layer, and inflammation, excited at the point of entrance, leads to adhesion of these surfaces, extending more or less beyond the point of entrance. In this way the invagination becomes fixed. The vessels of the portion of the mesentery connected with the invaginated intestine are obstructed by tension. Congestion and swelling of the invaginated intestine ensue, and, at length, it becomes gangrenous, as if strangulated, and sloughs away, if life be sufficiently prolonged. The obstruction is due to the swelling from congestion and the exudation of lymph. Usually the obstruction is complete, but exceptional cases have been reported, in which the intestinal passage remained pervious, but much contracted. Peritonitis is apt to extend more or less around the seat of the invagination, leading to morbid attachment to the adjacent parts.

The invagination may occur at any point in the intestinal tract. Its most frequent seat, by far, is at the junction of the ileum and cæcum. This is shown, in cases of children, by the valuable statistical researches of Dr. J. Lewis Smith.[1] Dr. Smith's account of the mode in which it generally occurs is as follows: "The intussusception not infrequently begins in the prolapse of the ileum through the ileo-cæcal valve, in the same way that prolapse of the rectum occurs through the sphincter ani. If death take place early, only a small portion of the ileum may have passed the valve. If the case be protracted, the tenesmus brings down more and more of the ileum with its accompanying mesentery. The constriction of the valve, which acts as a ligature, prevents the further descent of the ileum, and the tenesmus continuing, the next step is the inversion of the caput coli, which is drawn into the colon by the descending mass; and unless the case terminate by sloughing or death, the ascending and transverse portions of the colon are successively invaginated. Not infrequently, the cæcum is the part primarily inverted and invaginated, and descending along the colon, it draws after it the ileum which sustains its natural relation to the ileo-cæcal valve. These two forms of invagination—that in which the ileum, passing through the ileo-cæcal valve, successively inverts and draws after it the caput coli and the divisions of the colon, and that in which the caput coli is primarily invaginated, and descending along the large intestine, inverts the latter, and draws after it the ileum—constitute the vast majority of cases of this disease in childhood." It is however, to be borne in mind that the invagination may occur at any point in either the large or small intestine. The invaginated portion may descend so low as to be felt and seen at the anus, and it may even protrude from the body.

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[1] Statistical Researches Relative to the Seat, Symptoms, Pathological Anatomy, etc., of Intussusception in Children. Am. Jour. of Med. Sciences, Jan. 1862.

Invagination causing obstruction, as already stated, proves fatal in the great majority of cases; yet cases are by no means absolutely hopeless. The manner in which recovery usually takes place is of importance in its bearing on the treatment. The invaginated portion of intestine sloughs away and is evacuated, the entering and receiving portion at the point of entrance remaining adherent, and the perviousness of the canal being restored. Cases have been reported in which a large portion of invaginated intestine was thrown off, and recovery followed. Prof. Van Buren reported a case to the New York Pathological Society, in 1855, in which five feet of intestine were passed *per anum*, the patient recovering. Prof. Peaslee exhibited at a meeting of the New York Academy of Medicine, 1865, five feet of intestine which had been passed *per anum* four months before the death of the patient. He also exhibited the intestines removed from the body of this patient after death. The small intestine was only 16 feet in length, the length of the large intestine being 5 feet and 10 inches. The invagination and sloughing had taken place in the small intestine at a distance of six feet from the duodenum. A stricture existed at this point; the intestine above was much dilated, and that below greatly reduced in size. The patient died from inanition dependent on the stricture of the intestine.[1] Dr. William Thomson, of Edinburgh, collected 43 cases ending in recovery.[2] This is the mode of recovery, it is to be borne in mind, which is to be hoped for after permanent incarceration of the invaginated intestine has taken place.

The prominent local symptoms which enter into the clinical history of invagination are as follows: Pain is more or less prominent, at first paroxysmal as in colic, and after a time becoming constant, with frequent exacerbations. The pain, if the patient be old enough to describe it, appears to emanate from a certain fixed point. Tenderness at first may not be marked, but becomes developed, being either limited to or greatest at the point whence the pain emanates. The tenderness and constant pain denote the occurrence of peritonitis at the seat of the invagination. Vomiting soon becomes a prominent and persisting symptom, with a very few exceptions. The vomited matter, after a time, may have the odor of feces, and is then said to be stercoraceous. A truly stercoraceous vomiting, however, very rarely, if ever, takes place—that is, the contents of the large intestine are not ejected. This could, of course, only happen when the obstruction commences below the cæcum, which is extremely rare; but, even if the cæcum be above the seat of the invagination, the ileo-cæcal valve certainly, in the great majority of cases, effectually prevents regurgitation of the contents of the large into the small intestine. Experiments and clinical observation show that the ileo-cæcal valve will sustain an amount of pressure sufficient to cause rupture of the intestinal walls. It is not, however, improbable, as has been conjectured, that regurgitation may sometimes take place to some extent, provided the ileum as well as the cæcum at the point of junction be distended. The accumulation of ingesta and gas above the obstruction occasions more or less abdominal distension, provided the invagination be not situated in the upper portion of the small intestine. Frequently the accumulation of intestinal contents at the seat of the invagination gives rise to a tumor appreciable by the eye and touch, and dulness on percussion. After the contents of the intestinal canal below the point of obstruction have been evacuated, there is persisting obstipation, save in a very few exceptional cases. If the invaginated portion of intestine descend to the rectum, tenesmus is felt, and the patient is led to make straining efforts. Under these circumstances bloody mucus is expelled, as in dysentery.

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[1] *Vide* Bulletin of the New York Academy of Medicine, vol. 11, Nos. 25–29.

[2] *Vide* article on Internal Strangulated Intestine, by Elisha Harris, M. D., in New York Journal of Medicine, 1853.

The general symptoms at first may not be marked, but soon they denote a grave affection. The pulse becomes accelerated, the frequency progressively increases, and it becomes proportionately feeble or compressible. Progressive prostration, hiccough, coolness or coldness of the surface, an anxious or haggard expression, denote the progress toward a fatal termination. The mode of dying is by asthenia, the pain and tenderness frequently diminishing or ceasing for some time before death.

A favorable progress is denoted by the occurrence of free evacuations from the bowels, the discharge of the invaginated portion of intestine, together with improvement in all the local and in the general symptoms.

Invagination is to be discriminated from functional colic, acute peritonitis, and, obstruction from other causes. The symptoms at first may denote nothing more than colic. The persistency of pain, the development of tenderness, the acceleration of the pulse, the vomiting, etc., however, soon point to an affection of greater gravity than colic. Acute peritonitis is to be excluded by the gradual development of the local and general symptoms, by the absence of diffused tenderness over the abdomen, of rigidity of the abdominal muscles, by the localization of pain and tenderness within a circumscribed space, and by the signs of a tumor in some cases. Acute peritonitis sometimes supervenes in cases of invagination from rupture of the intestine above the obstruction. From obstruction caused by hernia within the abdomen, and rotation or twisting of the intestine, the discrimination is more difficult, and, indeed, cannot always be made with positiveness. The age of the patient has a bearing on the diagnosis. Invagination occurs most frequently in infancy. According to Dr. Smith's statistics, it is most apt to occur between the second and third month of infantile life. Of forty-seven cases, only eighteen occurred between the ages of one year and twelve years. Male children, more than female, are liable to it, the relative proportion, in Dr. Smith's cases, being thirty-two to twenty-two. On the other hand, hernial obstruction occurs oftener after infancy and childhood, and cases occur oftener in females than in males. The discharge of blood and mucus is distinctive of invagination involving the large intestine.

A point in diagnosis is to determine the probable seat of the invagination. The chances are that it is seated at the junction of the large and small intestine. The probability of this being the seat is increased, if the pain, tenderness, and swelling are situated in the neighborhood of the right iliac fossa. Tenesmus, with the discharge of blood and mucus, shows that the large intestine is involved. The invaginated portion may sometimes be felt and seen within the rectum. If seated in the small intestine, the constitutional disturbance is greater, and, if the point of obstruction be toward the upper portion of the small intestine, there will be little or no abdominal distension. Barlow considers the quantity of urine as furnishing a guide to the situation of the obstruction. If the small intestine be unobstructed, liquids ingested are abundantly absorbed, and the urine is proportionately abundant, but if the obstruction be situated high up in the small intestine, the diminished absorbing surface involves a scanty secretion of urine.[1] It is doubtful if much reliance is to be placed on this test.

The prognosis is extremely unfavorable. The usual mode of recovery in the exceptional cases in which the affection does not end fatally, has been stated, viz., by sloughing away of the invaginated portion of intestine, the adhesions at the point of entrance being permanent. It is possible that the

[1] Practice of Medicine.

invaginated portion may be restored, in some cases, after symptoms denoting the affection are developed, but such instances must be exceedingly rare. And it must be equally rare for the invaginated portion of intestine to remain, the canal becoming or continuing pervious. Of the 50 cases analyzed by Dr. Smith, in 7 recovery took place, and in each case by sloughing. In all these 7 cases the ages were between 5 and 12 years, Dr. Smith's researches being limited to cases occurring in childhood. The constitutional powers in infancy do not seem to be adequate to support the affection for a sufficient period for the sloughing process to be completed. The separation of the invaginated portion of intestine takes place between the sixth and twelfth day. In fatal cases, the duration rarely extends beyond eight days. Death may take place within twenty-four hours. In the majority of cases, life is not prolonged beyond the third day. Dr. Smith cites a case in which the symptoms of invagination had existed for six weeks, and in another case, for three months before death, the obstruction, in both cases, not being complete, and the invaginated portion of intestine not completely strangulated. Death sometimes is hastened by peritonitis caused by rupture of the intestine above the seat of the obstruction. In young children the duration is sometimes shortened by the occurrence of convulsions. Generally the mode of dying is by slow asthenia.

If the existence of invagination could be ascertained prior to the development of symptoms denoting incarceration, it is probable that measures for restoration might be successfully employed. But generally a day or two elapses before the character of the affection is even suspected. In the meantime, cathartics will be likely to increase the invagination and diminish the practicability of restoration. The liability to the existence of this affection, especially in children, should be borne in mind in cases of apparent colic, and should dictate reserve in the employment of cathartics. So soon as the character of the affection is rendered probable by the symptoms, measures to effect restoration may be tried. These measures are the injection of water or of air in considerable quantity into the rectum. If practicable, the injection should be made through a long flexible tube carried into the intestine as far as it can be made to pass without undue force. The object is to effect the restoration by the upward pressure of the air or water, the invagination being, in the great majority of cases, in a downward direction. The injections are not to be pushed beyond the point at which they are borne without great suffering. These measures, if they do not succeed after a fair trial, are not to be persisted in. They will very rarely succeed after the invaginated portion of intestine has become swollen by congestion and the peritoneal surfaces in contact have become adherent. If pushed too far, rupture of the intestine below the seat of the obstruction may be produced. I have known rupture to result from the injection successively of an acid and alkaline liquid, giving rise to the evolution of gas by combination within the intestine. This method of employing pressure is highly objectionable, because the amount of pressure cannot be regulated. Cases have been repeatedly reported in which the injection of air or water has apparently effected restoration in cases of supposed invagination, even after obstruction had existed for several days. But it is probable that in a certain proportion of these cases, invagination did not really exist. These measures for reduction are, of course, of no avail if the seat of the invagination be above the ileo-cæcal valve.

Exclusive of measures for reduction, the objects of treatment are to secure as much quietude of the intestinal canal as possible, to palliate suffering, and support the powers of life, under the hope that sloughing and recovery may take place. The avoidance of cathartics is essential. The practitioner is not to be tempted to employ them with the hope of overcoming the obstruction. They interfere with the objects just named, and are destructive. Not only the active cathartics, but even mild purgatives and laxatives are contra-indicated. To quiet the peristaltic movements, opium is to be given in sufficient doses to secure relief of pain without inducing narcotism. Fomentations over the abdomen are useful. The strength of the patient is to be supported by concentrated and purely nutritious food given in small quantities at a time, together with alcoholic stimulants. It is to be borne in mind that the recovery will depend on life being sufficiently prolonged for the sloughing away of the invaginated portion of intestine. Bloodletting, counter-irritation, or any measures which tend to impair the vital forces are never indicated, and cannot fail to do harm. After sloughing has taken place and the obstruction is removed, purgatives are not to be employed, lest, by exciting unduly peristaltic movements, the adhesions at the point of the invagination may be broken up and peritonitis ensue from the escape of the contents of the intestine into the peritoneal sac.

Gastrotomy has been resorted to as a last resource in cases of invagination. Phillips collected 27 cases in which this operation was performed, and in 2 of these cases it proved successful. One was the case of a negro reported by Dr. Wilson, in the *American Journal of Medicine*, vol. x. The first object of the operation is to restore the parts if practicable, and a second object to perform enterotomy and establish an artificial anus. Life may be prolonged if the latter object be accomplished, although recovery does not take place. The chances for restoration would be greater in proportion as the operation was resorted to early, but few surgeons would be willing to make so formidable an operation at a period when the diagnosis might hardly be considered as settled. After strangulation has existed for some time, it would not be advisable to restore the parts even were it practicable. In short, at the time when the operation, if employed at all, would be advisable, the chances of recovery after it would be less than if reliance were placed on a spontaneous cure. Even with a view to artificial anus, the operation would be likely to lessen the chances of spontaneous cure. The propriety of surgical interference has therefore justly not many advocates.

STRANGULATED HERNIA WITHIN THE ABDOMEN. ROTATION OR TWISTING OF INTESTINE.

Several abnormal conditions lead to hernia within the abdomen. Fissures sometimes exist in the mesentery, omentum, and diaphragm, into which a portion of intestine passes, and is liable to become incarcerated and strangulated. The vermiform appendix of the cæcum sometimes becomes adherent to an adjacent part, leaving a loop through which intestine may pass and become ligated. The same may happen in the case of the diverticula of the intestinal tube, which are not very infrequent. Bands of adventitious membrane, resulting from peritonitis, may leave spaces for hernial protrusions. Whatever be the mode in which the strangulation is produced, the symptoms are the same. They are, in fact, identical with the symptoms of ordinary strangulated hernia occurring at the femoral or inguinal outlet, and they are, for the most part, the same as in cases of invagination. The existence of tenesmus with bloody and mucous evacuations, in certain cases of the latter, constitute the chief point of distinction. Irrespective of the symptoms just named, the differential diagnosis can hardly be made with positiveness, but the chances are that in the young child invagination exists, whereas, in after life, obstruction from other causes is more liable to occur. The small intestine is far more likely to be the seat of hernia within the abdomen, than the large intestine. Sloughing of the strangulated portion of the intestine is destructive, whereas in cases of invagination it is the mode of cure. The only hope of recovery is in the spontaneous reduction of the hernia, before gangrene takes place. The practitioner can do nothing directly toward reduction. Distending the large intestine with air or water will be useless, if the seat of the hernia be in the small intestine. Cathartics in these cases are more likely to do harm than good. Opiates to palliate pain, fomentations to the abdomen, and supporting measures constitute the appropriate treatment. The prognosis is as unfavorable as possible.

Rotation or twisting of a portion of intestine, so as to induce strangulation, is most apt to occur at the sigmoid flexure of the colon. Rotation of the sigmoid flexure twice upon itself, causing fatal obstruction, occurred in the person of a distinguished member of the cabinet of the United States many years ago.[1] Habershon gives a case in which the rotation occurred at the cæcum, this portion of the large intestine being unusually mobile. Twisting of a portion of intestine round an axis formed of mesentery, or around another coil of intestine, occurs in the small intestine. These accidents are happily to be reckoned among the rare curiosities of clinical experience. Their symptoms are those of strangulation, and it is impossible to discriminate them from invagination or hernia within the abdomen.

A highly important injunction is to be added to the consideration of obstruction dependent on the foregoing structural affections. It is for the practitioner, in all cases which present the symptoms of these affections, to examine carefully for inguinal or femoral hernia. The hernial tumor may be so small as not to excite the attention of the patient, and, in females, motives of delicacy may prevent the patient from suggesting an examination even when the presence of a tumor is known to her. Instances have repeatedly occurred of patients dying with strangulated femoral or inguinal hernia, which was overlooked, the symptoms being attributed to some inaccessible lesion, or even to functional disorder.

COMPRESSION AND STRICTURE OF INTESTINE.

Obstruction due to closure or diminished calibre of the intestinal tube by morbid growths within the tube, pressure of tumors situated exterior to the tube, or constriction following the cicatrization of ulcers, differs from obstruction caused by the structural affections already noticed, in not involving strangulation. The obstruction, under these circumstances, is developed gradually, being preceded by progressively increasing constipation. The obstruction is rarely complete. The local and constitutional symptoms incident to sphacelation and sloughing of the intestine are wanting. The symptoms are those arising from the gradual accumulation of the contents of the intestine above the point of obstruction. The affection progresses more slowly toward a fatal termination, after the obstruction becomes nearly or quite complete.

Cases of obstruction falling under this head form a considerable proportion of the cases of obstruction from all causes. In an analysis of 127 cases, including cases of obstruction from fecal accumulation and functional disorder as well as structural lesions, by George Pollock, 77 were of this class.[2]

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[1] Hugh S. Legaré. Case reported by Prof. Jacob Bigelow, Am. Jour. of Med. Sciences (new series), vol. vii., 1843.

[2] *Vide* Medico-Chirurg. Review, 1853, vol. xii. p. 243.

And in the great majority of the cases of this class, the seat of the obstruction is in the lower part of the large intestine. Of the 77 cases just referred to, in 60 the seat was either at the sigmoid flexure of the colon or in the rectum. In about one-half of these 77 cases the obstruction was due to cancer.

The discrimination of the cases of obstruction under present consideration from the cases involving strangulation can generally be made, clinically, by means of the differential points which have just been stated.

The fact of the obstruction being seated in the lower part of the large intestine can generally be ascertained. If seated in the rectum, it is accessible to direct exploration. If seated at the sigmoid flexure, the fact is shown by the evidence, afforded by manual exploration, of distension of the transverse and ascending colon, and by the inability to inject liquid beyond the rectum. *Per contra*, the situation at the upper part of the large intestine or in the small intestine is shown by the absence of distension of the large intestine with the intestinal contents, and by the ability to fill the colon with injected liquid. The obstruction may be complete, but, in general, a certain quantity of liquefied fecal matter passes the point of obstruction and is evacuated.

The distension from accumulation of the intestinal contents may lead to rupture of the intestine. And the distension may gradually go on and lead to this accident without sufficient pain or other symptoms to direct attention to the existence of any serious obstruction. This fact was illustrated by a case under my observation at Bellevue Hospital, in which nothing more than ordinary constipation had been suspected, when peritonitis suddenly became developed, ending fatally in a short time. Obstruction was produced in this case by a cancerous tumor at the sigmoid flexure; the colon and cæcum were enormously distended with feces, and the peritonitis was due to rupture of the cæcum. This case illustrates the ability of the ileo-cæcal valve to resist an amount of pressure sufficient to lead to rupture of the cæcal walls.

In the treatment of obstruction from compression or stricture, active purgatives are to be avoided, but the trial of saline laxatives in small doses, in order to liquefy the intestinal contents, is admissible. Colic pains are to be relieved by opiates. The diet should be nutritious and concentrated, in order to leave as little fecal residue as possible. If the obstruction be situated at the lower part of the large intestine, careful efforts to pass a flexible tube beyond the constricted portion may be employed, and, if successful, liquid may be injected above the obstruction.

In cases of obstruction from compression or stricture at the lower part of the large intestine, enterotomy with a view to the establishment of an artificial anus is warrantable, provided other measures to free the intestine from an amount of accumulation likely to lead to rupture be not successful. Cases have been reported in which life has been prolonged and comfortable health obtained by means of surgical interference.[1] Cæsar Hawkins has reported the results of the operation for artificial anus in 44 cases.[2] In 10 of these cases death took place within 48 hours, in 21 within five weeks, and in 13 the operation was successful. Of these 13 cases, 6 died in six months, and 7 survived more than a year.

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[1] For a striking case, see Medico-Chirurg. Trans. of Royal Med. and Surg. Society of London, vol. x. 2d series, 1845.

[2] See *ibid.*, vol. xxxv., quoted in Habershon's work.

OBSTRUCTION FROM IMPACTION OF FECES, ENTEROLITHES, AND FOREIGN BODIES.

Obstipation may be produced by the causes named in the above heading, but in general they induce only more or less constipation, and, in treating of the latter affection, they will be again referred to. An accumulation of a mass or masses of hardened feces, sufficient to produce obstruction, may take place in different parts of the large intestine. The rectum in aged persons not infrequently is the seat of such an accumulation. It is to be suspected when enemas cannot be given, and perhaps the pipe of the syringe is found to penetrate a fecal mass. Examination shows the seat and the character of the obstruction. It may be necessary to break down and remove the accumulation by a scoop or the handle of a spoon. The accumulation may be at the sigmoid flexure, and then resistance to the passage of liquid injected and to the introduction of a flexible tube is found to be at that point. The accumulation may be at any point above the sigmoid flexure, but oftenest in the cæcum or ascending colon.

Masses of feces above the sigmoid flexure may give rise to a tumor or tumors appreciable by manual exploration through the abdominal walls. These fecal tumors are liable to be mistaken for others of a different character. A female in the country presented an abdominal tumor of the character of which her attending physician was not satisfied, and an eminent professor of anatomy, now deceased, was requested to see the case. He was led to regard the tumor as malignant, and, of course, to form a very unfavorable prognosis. Shortly after the consultation a profuse diarrhœa set in, and, much to the astonishment of the patient and her physician, the tumor suddenly disappeared. It was a fecal tumor. In view of the liability to error of diagnosis, and in order that appropriate measures of treatment may be pursued, the distinctive features of these tumors are to be borne in mind. One point in the diagnosis is their situation in the tract of the colon. They are not tender on pressure, but may be handled freely without giving pain. By firm and continued pressure, perhaps, they may be moved backward or forward in the direction of the colon. By firm and continued pressure, also, the form of the tumor may be altered.

The absence of pain, tenderness, vomiting, and the constitutional symptoms accompanying invagination, internal hernia, and twisting of the intestine, suffices to exclude these affections; but it cannot be at once determined that the obstruction is not due to compression or stricture. The effect of measures of treatment will be likely to settle the diagnosis. The measures to be employed are purgatives, especially salines, and stimulating enemas. The latter will be more effective if administered through a long flexible tube introduced into the bowels. These measures, judiciously employed, will generally prove successful, without much delay, in relieving the obstipation and causing the fecal tumors to disappear. Mild purgatives may be required for some time after the obstruction is removed; the treatment, then, will resolve itself into that adapted to habitual constipation.

Obstruction may be due to the presence of intestinal concretions, or enterolithes. These are composed of different substances, such as magnesia or the sesquioxide of iron taken as a remedy, the husk in oatmeal in countries in which this article of food is largely used, cholesterine, etc. The seeds or stones of fruit and other indigestible constituents of food may form a conglomerate mass of sufficient size to give rise to obstipation. I have known a smooth oval body, as large as a hen's egg, to be passed from the bowels, which appeared to be composed of pure cholesterine. A gall-stone, or some solid body contained in the aliment, may serve as a nucleus on which earthy matter in the intestinal contents is deposited, forming a concretion of greater or less size. These obstructing bodies may be situated within the cæcum, at the sigmoid flexure, or in the rectum. They may sometimes be felt through the abdominal walls. The nature of the obstruction in these cases can be determined only after the concretions have been evacuated, or by means of a post-mortem examination. They may lead to ulceration and perforation of the intestine, or, if not discharged and the obstruction be complete, vomiting of the so-called stercoraceous matter ensues, and death may take place from exhaustion.

Finally, foreign bodies, that is, by way of distinction, bodies not contained in the aliment nor derived from the body, may pass into the intestinal canal from the stomach, or be introduced into the rectum. In the latter case their presence is readily ascertained by exploration, and they are removed by appropriate surgical appliances. When derived from the stomach, they have been swallowed either deliberately, as is done by jugglers, or inadvertently. Prof. Gross, in his comprehensive work on Surgery, cites the case of a man in Iowa, who swallowed a bar of lead weighing a pound, which was removed from the stomach by an opening made through the abdominal walls, and the patient recovered. The same author refers to another case in which a large teaspoon was swallowed in a fit of delirium, and this was extracted from the ileum by the operation of enterotomy.

FUNCTIONAL OBSTRUCTION.

Persisting obstipation accompanied with vomiting of so-called stercoraceous matter, colic pains, etc., may occur, there is reason to believe, as a purely functional disorder, constituting an affection which has been called *idiopathic ileus*. A person is seized with abdominal pain, increased paroxysmally; vomiting soon takes place, and, after a time, the matter vomited has the odor of feces; measures to procure evacuations from the bowels are ineffectual, the pulse becomes frequent, and there is more or less prostration. After the lapse of a week or more, these symptoms subside, free evacuations from the bowels ensue, and the patient recovers. These are the prominent features of a case which I reported some years ago.[1] The patient was a female, aged twenty-five; hysterical symptoms were associated; the treatment consisted of the free use of opiates and enemas administered through the long flexible tube. In this case, the patient declared that she tasted castor oil which was given exclusively per enema, and it was said that oil was observed to float on the matters vomited. Cases have been reported in which diverse substances injected into the rectum were supposed to be ejected from the stomach. In most of such instances, the accuracy of the observation may fairly be questioned, and I do not suppose that in the case reported by me the oil passed above the ileo-cæcal valve. The taste of oil may have been real, and may be explained on the supposition that enough was absorbed from the large intestine to be appreciated by the gustatory nerve.

Dr. S. B. Hunt subsequently reported a case in which obstipation existed for fifteen days, and during this period the patient vomited matter described as "horribly fetid and stercoraceous." This case was treated for the first five days by giving active cathartics. At the end of this time, the condition was so unpromising that the cathartics were discontinued, and a soothing eatment adopted with a view to euthanasia. Under the latter treatment, e symptoms denoted gradual improvement, evacuations from the bowels curred spontaneously, and recovery took place. This patient was a female ged thirty-five, and a sufferer from symptoms connected with spinal irri- tion.[1]

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[1] Buffalo Med. Journal, vi. p. 530, 1851.

Such cases simulate those of obstruction from the structural affections hich have been considered, and there is ground for the belief that in a cer- in proportion of the reported cases of the successful treatment of invagi- ation or strangulated hernia within the abdomen, the affection was purely nctional. The regurgitation of the contents of the small intestine, which ave a stercoraceous odor from the diffusion of the gases contained in the rge intestine, in these as in other cases of obstruction, is generally attri- uted to an inversion of the peristaltic movements. Brinton explains it by pposing that in the centre of the intestinal tube a retrograde current is roduced by the normal peristaltic movements, if there be an obstruction. he obstruction, when functional, may be caused by spasmodic contraction f the tube, or it may be due to paralysis of a portion of the tube, and con- quent failure of this portion to propel its contents. The latter explanation, ffered by Abercrombie, is accepted by Bennett and others.[2]

The clinical discrimination of functional obstipation from obstruction used by structural affections, cannot always be made at once with confi- ence. The absence of tumor and of pain and tenderness localized at a par- icular point, tends to the exclusion of the latter. The functional character f the affection may be surmised if the patient be a female subject to hysteria, nd suffering from the nervous symptoms associated with so-called spinal ritation. The probability of the affection being functional is increased in roportion as the obstipation, with vomiting, etc., continues, without the su- ervention of the symptoms which occur after sphacelation of intestine has aken place, viz., frequency and feebleness of the pulse, coldness of the surface, xtreme prostration, great tympanites, in short, the symptoms denoting im- ending death by asthenia.

In the treatment of functional obstipation, opium and other measures to elieve pain and allay spasmodic action are indicated. Cathartics may be autiously tried, but if ineffectual should not be persisted in. Enemas dministered by means of a long flexible tube are to be employed.

The importance of examining for the evidence of femoral and inguinal ernia is to be enforced in connection with the subject of functional obsti- ation.

CHAPTER V.

unctional Affections of the Stomach and Intestines—Dyspepsia—Polyphagia, Malacia or Pica, Polydipsia, Dipsomania—Gastrorrhagia.

Of the functional disorders of the stomach and intestines, a large proportion relate to digestion, that is, to the processes involved in the changes which the ingesta undergo prior to the function of absorption. The processes of digestion take place chiefly within the stomach and small intestine.

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[1] Buffalo Med. Journal, vol. vii. p. 383, 1852.

[2] *Vide* Clinical Lectures on Medicine, by Prof. Bennett, 2d ed., p. 491. New York.

Clinical observation shows, it is true, that, under certain circumstances, aliment, introduced into the large intestine, is digested. But it would appear that digestion, in the large intestine, is performed vicariously, and, hence, disorders of this function are hardly applicable to this portion of the alimentary canal. The greater part of the functional disorders of digestion are commonly embraced under the name *dyspepsia.* This name signifies simply difficulty of digestion, but, conventionally, it is applied to cases in which the digestive processes are disturbed in various ways, as well as to the cases in which their performance appears only to be difficult. Generally dyspepsia denotes ailments which are sufficiently persisting to be considered as chronic. The term *acute dyspepsia*, however, is applied to disorder of the stomach, attended with comparatively violent symptoms, and having a short duration. The disorder so called claims a brief notice.

The term acute dyspepsia denotes an affection called by French writers *embarras gastrique*, and popularly known with us as *bilious attack.* When accompanied with more or less febrile movement, it is sometimes called *gastric fever.* The latter term is objectionable, because it implies that the affection is essentially a fever, whereas the febrile movement is symptomatic. The term bilious attack is also objectionable, because it is by no means clear that the pathology of the affection involves any special disturbance of the liver. In the absence of precise knowledge of the pathological character of the affection, the term acute dyspepsia is to be preferred, inasmuch as, pathologically, it expresses no more than a functional disorder pertaining to digestion. The term, in fact, is applied to cases embracing, probably, different morbid conditions.

In certain cases of acute dyspepsia, the difficulty is expressed by calling it a fit of indigestion. Gastric disorder is occasioned by over-repletion of the stomach, the ingestion of indigestible articles of food, or an arrest of digestion by strong emotions, fatigue, or other causes. The disorder is manifested by a sense of weight, fulness, or pain in the epigastrium; nausea and perhaps vomiting may occur, or, after a time, looseness of the bowels ensues; some febrile movement may be induced, with pain in the head and general malaise. Succeeding these symptoms are loss of appetite, coating of the tongue, an unpleasant taste, with more or less uneasiness referable to the digestive organs for several days. Such cases are sufficiently common. In the way of treatment, they claim only a mild evacuant remedy, and regulated diet for a few days, with, perhaps, some tonic remedy.

The practitioner meets often with cases which differ from the preceding in the disorder not being distinctly referable to a fit of indigestion. There is impairment or total loss of appetite; nausea and slight vomiting may occur, but oftener a liquid containing bile is regurgitated; uneasiness or undefined distress is felt in the neighborhood of the stomach; the bowels are sometimes constipated and sometimes loose; the patient complains of a bitter taste, and the breath is frequently offensive; the tongue becomes furred or coated; pain in the frontal region of the head is a frequent symptom, which, if accompanied by nausea, goes by the name of *sick headache;* the urine deposits in abundance the lithates; in some cases there is moderate febrile movement; the countenance frequently presents a sallow appearance. These are the symptoms which belong to an affection which may be called acute dyspepsia. Patients imagine that their malady is very clearly defined when they declare that they are bilious. It is frequently, if not generally, difficult to trace the affection to any cause. It occurs undoubtedly oftener in the spring than in other seasons of the year. It continues for a few days, and gradually the normal condition of the stomach and system is regained.

Patients with acute dyspepsia are apt to desire active treatment. They fancy they need cleansing remedies, and in this light they regard emetics and cathartics; or they solicit medicines to act upon the liver. Readjustment of digestion, etc., takes place without medication, but a mercurial cathartic often appears to afford prompt relief. A few grains of calomel or blue mass, followed by a saline purgative, and, afterwards, a mild tonic such as a grain or two of quinia two or three times daily, with regulated diet, are appropriate measures of treatment.

The term *dyspepsia*, without the prefix *acute*, is applied to a more persisting affection than that just considered. As the name of a functional affection, it is not correctly used when applied to disorders of digestion connected with inflammation or structural lesions of the digestive organs, nor to disorders incident to fever and other general diseases. The term is much less frequently used now than formerly. One reason for this is, formerly the term had a wider latitude than now, embracing affections which progress in pathological knowledge has placed nosologically elsewhere. But the affection is undoubtedly less prevalent than it was a quarter of a century ago in this country. Of course, as a functional affection, it has no anatomical characters or morbid anatomy.

The symptoms of dyspepsia are, in the first place, local, that is, referable directly to the stomach or intestines, and, in the second place, manifested elsewhere, in other words, sympathetic or consecutive. The local symptoms, which will be first noticed, are varied in character, and might serve as a basis for the subdivision of dyspepsia into several varieties. These symptoms are conveniently classed as follows: *First*, symptoms denoting labored or difficult digestion; and, *second*, symptoms proceeding from imperfect or disturbed digestion.

In certain cases of dyspepsia, the processes of digestion appear to be fully accomplished, but they are accompanied with uncomfortable sensations. In healthy persons, as is well known, a good digestion is productive of a sense of comfort. It is quite the reverse in some dyspeptics. They are often uneasy or miserable while the digestive processes are going on; they complain of uneasiness in the stomach or intestines, of a sense of distension, and of a general sense of discomfort. And these symptoms may afford the only evidence of disorder. The food appears to be digested, and the body may be well nourished, whereas, in other cases these symptoms are associated with those denoting imperfection or disturbance of the digestive processes. A morbid sensitiveness of the digestive organs, and morbid sympathetic influences, appear to be the sources of the suffering in the cases referred to. On the other hand, when digestion is incomplete or disturbed, various symptoms arise in different cases, and with these there is sometimes comparatively little suffering. It is a curious apparent inconsistency that some persons manifest habitually more or less derangement of digestion without much annoyance, while other persons habitually digest perfectly, but pass a wretched existence. The more prominent of the local symptoms in cases of dyspepsia may be arranged under the following heads: Regurgitations including pyrosis, cardialgia, tympanites, and vomiting.

Certain cases are characterized by regurgitations from the stomach. The liquid regurgitated is sometimes intensely sour from the presence of either the lactic, hydrochloric, or acetic acid. If the regurgitations occur, as is usual, during the progress of stomach-digestion, the acidity is probably due to chemical changes in the ingesta, but occurring, as is sometimes the case, after long fasting, when the stomach contains no food, it must come from the gastric glands. The regurgitated liquid is sometimes acrid, appearing to scald the throat. It may be greasy, nauseous, having the odor and taste of rotten eggs, the latter denoting putrefactive changes. Some persons possess or acquire the faculty of voluntary regurgitation, and are able to expel, at will, the contents of the stomach—a faculty analogous to that of rumination in herbivorous animals.

The regurgitation of a considerable quantity of a liquid which is either insipid, or saltish or brackish, and sometimes acid, when the stomach is empty of food, and usually in the morning, is called pyrosis or water-brash. Chambers supposes that the liquid is derived chiefly from the salivary glands, and that the collection is not within the stomach but at the lower part of the œsophagus.

Cardialgia signifies pain at the cardiac orifice of the stomach, of a burning character, shooting into the chest, and up the œsophagus into the throat. It is vulgarly called heart-burn. Every one has occasionally experienced this symptom. It characterizes certain cases of dyspepsia, and is evidently dependent on the presence of an acid in the stomach, as it is quickly and completely relieved by an alkaline remedy.

A painful sense of fulness after eating in dyspepsia is common, without any abnormal distension, but more or less distension from air or gas is a prominent symptom in certain cases, constituting tympanites. The tympanites may be situated in the stomach or small intestine. In most cases the gas is derived from putrefactive or fermentative changes in the ingesta. The accumulation of gas from this source within the stomach, if considerable, occasions painful distension, embarrasses respiration by interference with the descent of the diaphragm, disturbs the action of the heart, and interferes with the gastric peristaltic movements. The formation of gas resulting from over-repletion of the stomach, may distend the stomach to such an extent as to cause sudden death. Two instances of this kind have fallen under my observation.[1]

Another source of flatulent distension is from gas secreted or evolved in some way independently of chemical changes in the ingesta. The accumulation is especially in the small intestine. Some persons suffer from an habitual tympanites. Females are more liable to it than males. Cases are occasionally met with in which the rapid development of tympañites occasions great suffering—the abdomen becoming enormously distended, the respiration embarrassed by interference with the descent of the diaphragm, and, in females, the suffering being increased by pressure upon the uterus and bladder. A case has recently been under my observation in which paroxysms of intestinal tympanites occasioning intense distress, occurred daily for several successive months, an inodorous gas sometimes passing off by the rectum, and sometimes the tympanites disappearing without any escape of gas. A host of remedies were employed in this case unsuccessfully, and at length, improvement has slowly taken place, under simple palliative treatment. In a case of this description which I saw with my friend and colleague, Prof. Isaac E. Taylor, the appearance of the abdomen during an attack of tympanites, was extraordinary. The convolutions of the small intestine and their peristaltic movements were distinctly visible through the distended abdominal walls. So far as my observations goes, such cases occur only among females, and the tympanites is associated with more or less neuropathic disorder. Hysterical phenomena are sometimes associated with it.

There is still another source of flatulent distension, the seat of the tympanites being the stomach, viz., the ingestion of air. More or less air is habitually commingled with food and drink, but the quantity received in this way is never sufficient to distend the stomach. A habit of swallowing air sometimes acquired, resembling the trick which, in horses, is known as rib-biting or wind-sucking. Some writers refer to this habit as not uncom-ıon, but the effort required in the deglutition of air is such that the act ould not escape detection, and as I have met with only a single example, I ıust think that, in this country, cases are by no means frequent. The case ust referred to I saw with my friend and colleague, Prof. Sayre. The atient was about fifty years of age, and had suffered from a disorder of the igestive organs for twenty-five years. In order to direct my attention to he difficulty, Prof. Sayre requested him to drink a tumbler of water. He rank it precipitately and appeared to make violent efforts to force it down-rard. During these efforts the face became flushed and the eyes watery. Shortly the efforts were discontinued, and at the same moment a loud gur-gling sound was heard in the region of the stomach. I supposed, at first, hat there was obstruction at or near the cardiac orifice of the stomach, but, o show that the passage was free, Prof. Sayre passed readily a probang nto the stomach. I was then at a loss what to think of the case, but Prof. Sayre had already arrived at the conclusion that the patient had the habit of wallowing air. The patient stated that the habit had existed for twenty-five years. He was led to it gradually in order to prevent regurgitation, which he stated always occurred if he failed to ingest air in conjunction with his food and drink. He was accustomed to belch air frequently. Percussion over the stomach showed considerable gastric tympanites. He declared that he could not overcome the habit, but promised to make the attempt. Nothing was heard of the case afterward.

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[1] Reported in Boston Med. and Surg. Journal, March 10, 1841.

An habitual tympanites of the stomach occasions in some persons, after the ingestion of liquid, a succussion sound in walking, resembling the sound frequently heard in horses. This is a source of much annoyance and mortification, especially in females. It may be avoided by taking into the stomach only very small quantities of liquid at a time.

Vomiting is not common in cases of habitual dyspepsia. It is more frequent in occasional fits of indigestion or in acute dyspepsia. It is, however, characteristic of a form of chronic dyspepsia occasionally met with, occurring generally in young females. In this variety of disorder, vomiting almost constantly follows the ingestion of food or drink; the stomach seems to be intolerant of all forms of nourishment taken in small quantities. The vomiting occurs directly or soon after food is taken, and, in some cases, it is surprising that there is not more evidence of inanition, since everything taken into the stomach appears to be ejected; yet, although the disorder may continue for a long time, the patient does not become greatly emaciated or notably enfeebled. The disorder is apt to resist all the usual remedies to relieve irritability of the stomach, such as bismuth, creasote, opiates, hydrocyanic acid, etc. It is usually accompanied with mental depression, hyperæsthesia of the surface, and marked tenderness over the spinal column. In determining that the affection is purely functional, gastritis, gastric ulcer, subacute meningitis (especially in children), pregnancy and disease of the kidneys are to be excluded. The treatment adopted in a case of this description by William Hunter (which has been often quoted) will sometimes prove effectual, viz., restricting the patient to a very small quantity of some bland nourishment, such as milk or animal essence taken at short intervals. But the plan of treatment which, in my experience, has proved most successful, consists in change of scene, and living as much as possible out of doors. I have known a sea-voyage to prove efficacious.

The local symptoms just noticed are not peculiar to dyspepsia. They may occur in connection with subacute gastritis and structural lesions of the stomach. In arriving at the diagnosis of dyspepsia, that is, determining that a functional affection only exists, inflammation and the lesions which have been considered are to be excluded. They are to be excluded by the absence of their diagnostic symptoms, and for these the reader is referred to the preceding chapters.

Of symptoms other than those referable directly to the stomach and small intestine, mental disorder is one of the most noticeable. During the processes of digestion, dyspeptics are apt to experience an uncomfortable heaviness or dulness, rendering it difficult to concentrate the attention upon any subject. The following extract from Chambers' work gives a truthful representation of the condition in many cases: "There is great languor and incapacity for exertion, coming on generally about an hour after food, and accompanied in some cases by an almost irresistible drowsiness, which lasts for several hours. This symptom is particularly marked in the afternoon, if the patients dine in the middle of the day and endeavor to continue their employment afterward. Yielding to the drowsiness and taking a siesta seem to make matters worse, for there is usually felt after such an indulgence an intense headache or giddiness, which continues longer than the symptoms would have done had the inclination to sleep been resisted. The depression of spirits is not so remarkable as the feeling of utter helplessness both of mind and body, accompanied in persons naturally active with a sense of shame at their unwonted apathy."[1] This condition may be connected with the process of digestion in the small intestine, and may be unaccompanied by symptoms denoting disorder of stomach-digestion.

In most cases of dyspepsia, patients suffer more or less from mental depression. They are devoid of buoyancy, gloomy, and disposed to look always on the dark side. Frequently this depression is increased by anxiety respecting health. They are apprehensive of the existence of some grave disease, such as consumption or an affection of the heart. Impotency is sometimes fancied. Their attention becomes concentrated upon themselves. They are constantly watching the sensations connected with digestion, and fall into the habit of counting the pulse, feeling the heart's beat, examining the abdomen, urine, etc. This mental disorder, carried beyond a certain point, eventuates in the forms of mental aberration known as melancholia and hypochondriasis.

In addition to these symptoms of mental disorder, various symptomatic phenomena belong to the clinical history of dyspepsia. Irregular action of the heart, or palpitation, is not uncommon. Constipation generally exists, sometimes alternating with diarrhœa. The skin is apt to be dry and rough; the extremities are often cold, showing deficient activity of the circulation; the tongue is usually furred or more or less coated. The urine deposits the lateritious sediment, and, on microscopic examination, crystals of oxalate of lime may be found in abundance—the latter being incidental to various morbid conditions, and not uncommon in connection with trivial disorders, are incorrectly considered as denoting a special affection called *oxaluria*. Vigilance is a frequent source of complaint, and the sleep obtained is often incomplete and disturbed by dreams, the patient arising in the morning unrefreshed and miserable.[2] The appetite in the morning is often poor, becoming perhaps, during the day, morbidly craving. A dry, hacking cough is reckoned among the sympathetic phenomena, but, in my experience, this is rare. The existence of cough should always excite suspicion of pulmonary disease or of chronic pharyngitis; the latter is quite common.

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[1] Digestion and its Derangements. American edition, page 367.

[2] The poet Cowper, who appears to have suffered from intense mental depression connected with dyspepsia, describes his feelings in the morning in the following forcible language: "I awake like a toad out of Acheron, covered with the ooze and slime of melancholy."

With reference to the pathology of dyspepsia, it is to be considered that digestion is not a simple process. Including under this term all the changes which take place in the ingesta prior to absorption, there are certain changes in the stomach from admixture with the salivary fluids and the gastric juice, others in the duodenum from the addition of the bile and pancreatic secretion, and others in the small intestine, below the duodenum, from the action of the intestinal juice. For the proper functional activity of the organs and to supply the secreted liquids, these being vastly greater than was formerly supposed, a large quantity of blood is required. The movements due to the muscular coat of the stomach and intestine are important. A certain influence derived from the nervous system, called innervation, is requisite for the secretion of the liquids and the peristaltic movements. An analysis of the symptomatic phenomena in different cases of dyspepsia shows that the different elements which enter into the function of digestion may be affected either separately or with different degrees of predominance. Thus, vomiting and regurgitation show irritation and spasmodic action; pain or distress, morbid sensibility; prolonged digestion with chemical changes, deficiency in the digestive liquids, etc. It is of importance to take cognizance of these several elements in the management. The period which elapses after eating before inconvenience is felt, and the absence of symptoms of disorder referable to the stomach, go to show intestinal rather than gastric dyspepsia.

The causation of dyspepsia involves agencies affecting the digestive processes either directly or indirectly. Excesses in eating and drinking act as direct causes. The digestive powers may be overtasked by the quantity, or over-excited by the quality, of food; hence arise debility and irritation. Under these circumstances, dyspepsia has been humorously called "the remorse of a guilty stomach." The habit of spirit-drinking engenders dyspepsia; drunkards after a time become dyspeptics. Dyspepsia may follow subacute gastritis or enteritis produced by dietetic errors or other causes; inflammation leaves the organs in a weakened state. These direct causes, however, are not so largely operative as is generally supposed.

The indirect more than the direct agencies are involved in the causation. These are various. Anæmia is one of the indirect causes. It gives rise to dyspepsia by diminishing the vital activity of the organs, and by lessening the quantity of the digestive liquids. Clinical observation shows that, in cases of anæmia, the digestive processes are generally more or less disordered. On the other hand, disordered digestion may stand in a causative relation to anæmia. A notable change in habits as regards physical exercise not infrequently gives rise to dyspepsia. The vigor of the digestive organs is in a measure commensurate with the demand for nutritive material, and the latter is dependent on the waste of the tissues. Now, certain dietetic habits are formed in accordance with occupations involving physical activity and a proportionate amount of disassimilation. Persistence in these dietetic habits after a change from an active to a sedentary life is apt to induce disorder. This is, in part at least, an explanation of the occurrence of dyspepsia among those who exchange the farm or workshop for the desk or study, and among those who retire from business to become men of leisure.

In a large proportion of cases, dyspepsia originates and is perpetuated by mental causes. It is induced and kept up by anxiety and depression. Disorder is often, in the first place, produced by mental causes, and then the dyspepsia reacts upon the mind, increasing its morbid condition. An examination into the previous history of cases of dyspepsia will frequently show the affection to have been preceded by mental inquietude of some sort. Persons of a certain mental constitution are especially prone to dyspepsia, viz., those so constituted as to be constantly anxious about something, such as acquiring success in life, getting out of debt, securing an independent position, or about imaginary troubles. The period of life when persons are most prone to dyspepsia is that in which anxieties are apt to be greatest, viz., between adult age and middle life. After the latter period, the events of life are taken more calmly and there are fewer sources of intense anxiety. Persons who have been dyspeptics for many years are often free from this affection after having entered upon middle life. It may be doubted if the affection is often produced by overtasking of the intellect. When it occurs in those who are excessively devoted to intellectual pursuits, it arises generally from the sedentary habits connected with these pursuits or from mental anxiety; on the other hand, deficient exercise of the intellectual and moral faculties is apt to lead to it. Conditions in life involving ennui and dissatisfaction predispose to it. Under these circumstances the attention is apt to become concentrated on the functions of the body, which go on best without close surveillance. These views are sustained by observing the classes of persons who suffer from dyspepsia. Epicures and gormandizers by no means of necessity become dyspeptics; they often escape this affection when their indulgencies lead to other consequences, such as gout, etc. The laboring classes are not prone to dyspepsia, notwithstanding the use, frequently, of the coarsest and most indigestible kinds of food, prepared without any regard to the science of cookery. But cases of dyspepsia are met with especially among retired rich persons, without occupation or mental resources, among those who have no useful or proper aims in life, and among those who are debarred from the interests of domestic life; and in these classes it may be developed irrespective of any dietetic errors.[1]

In the management of dyspepsia, as of other affections, the first point is to remove or obviate causes, in so far as this is practicable. The practitioner may be able to control causes relating to dietetic errors, but he may not be able to reach those connected with the mind, and hence a difficulty in effecting a cure. Measures of treatment may be arranged in three divisions, viz., 1st, those relating to diet and regimen; 2d, measures addressed to the mind; and, 3d, medicinal remedies.

1. If the affection have been induced by dietetic excesses, it is sometimes useful to give the digestive organs a short period of rest, and, with this view, to reduce the diet, for a time, below the wants of the system. This, however, should be but temporary. A cure is not to be effected by persisting in this course. Not only the system is reduced, but the digestive functions are impaired by carrying abstemiousness in diet too long or too far. Dyspepsia is, in fact, perpetuated, if, indeed, it be not sometimes produced by attempts to live on as little and as coarse food as possible. Persons who think it vulgar, unrefined, or worldly-minded to eat well are apt to be the subjects of dyspepsia, as well as of other affections. The object of treatment is to bring the digestive powers up to such a point of improvement that particular care in diet is not requisite.

As regards the diet for dyspeptics, there are no rules suited to all cases. Individual experience, in each case, is to be a guide, but there is a liability to error in regard of this experience. Unusual difficulty or disturbance of digestion after a meal is often imputed by the patient to certain articles of food, when it was due to some other incidental circumstance. Idiosyncrasies n relation to particular articles of food are far less common than the statements of patients would lead one to suppose. In general, articles which are wholesome to most persons are not unwholesome to any. It is rarely true that "what is one man's meat is another's poison." As a rule, when a patient says that he cannot take such and such articles, which general experience shows to be digestible and nutritious, it is fair to presume that he is deceived, and of this the patient may generally be convinced if he be persuaded to persist in their use. At first, the expectation that an article will prove hurtful contributes to render it so; but, after a time, the idea is overcome. It is often an object in the treatment of dyspepsia to do away with these fallacious ideas respecting various kinds of food. Some persons seem to be fond of encouraging the notion that their digestive organs are endowed with peculiar susceptibilities which prevent them from conforming to general rules of diet. In most cases of dyspepsia, animal food is best digested, especially old and tender meats plainly but well cooked; but, in some cases, a milk and farinaceous diet is found to agree best. An obvious reason why so many persons imagine they do not digest milk well is, it is generally taken as a beverage after or with solid food, the fact that it is, in effect, a solid article of food not being appreciated. Bread, to be readily digestible, should not be new, nor is it desirable that it should be stale. Well-boiled rice and corn-meal mush are easy of digestion. Crude vegetables are apt to be digested with difficulty in cases of dyspepsia, but not invariably. Some dyspeptics find even the much abused cucumber grateful to the stomach as well as to the palate. Pastries, rich puddings, and sweetmeats are generally to be eaten sparingly or discarded. Ripe fruits in moderation are useful. It is generally not advisable for the patient to limit himself to a restricted range, or to adopt any particular system of diet. On the contrary, he should persevere in attempting to digest all the varied forms of wholesome food, not confining himself to meat or a vegetable diet, but aiming to eat like persons in health, without the need of particular care in the selection of food.

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[1] For a fuller exposition of these views of the causation of dyspepsia, *vide* article by the author in the American Journal of Med. Sciences, April, 1842.

Regularity in meals is a point of importance. Frequently more than three meals a day are advisable. If a patient have no appetite for breakfast, an early lunch should be taken. If he dine near the middle of the day, and have an early tea, some light food in the evening is advisable. Long intervals between the periods of taking food tend to weaken the powers of digestion. The quantity of food taken at a meal is to be graduated to the diminished digestive powers. The appetite is not always to be relied upon in dyspepsia. The appetite is often craving; the system calls for nutritive supplies beyond the ability of the digestive organs to prepare food for assimilation. Food should be eaten slowly. Deliberate mastication prepares the food for the action of the gastric juice. Moreover, slowness of eating gives the stomach a chance to express satiety, and is, therefore, a protection against over-eating. A moderate quantity of liquid only should be taken at meals, in order not to dilute too much the gastric juice, but drink may be taken freely between the acts of digestion. Under erroneous notions, abstinence from liquid is sometimes carried to an extreme.

With regard to the use of wine or spirits, the danger of intemperance is always to be considered, especially as dyspepsia not infrequently leads to a morbid desire for stimulants, and in view of the fact that the mental state is favorable for the formation of intemperate habits. Yet, an alcoholic stimulant taken with meals is often useful until the normal powers of the digestive organs are restored. If spirits are taken, they should be as little diluted as possible, the object being to stimulate the stomach. Stimulants should never be taken when the stomach is empty.

Tea and coffee are sometimes hurtful, the latter especially. Tobacco is often injurious, from the waste of saliva and the depressing effect on the nervous system. If used at all, the quantity used should be quite small, and, in general, total abstinence is easier than moderate indulgence.

Finally, with regard to diet, it may be well to remind the practitioner that it is unphilosophical to judge concerning his patients from his own personal experience. The physician who has his notions of what kinds of food agree with himself best, is apt to apply these notions indiscriminately to his patients.[1]

As regards regimen, the clothing of dyspeptics should be such as will secure uniformity of temperature and maintain the functions of the skin, without an over-accumulation of heat or exciting perspiration. Exercise is of great importance; but to be as useful as possible, it must be taken with a motive and end, aside from the sanitary object. Exercise, taken simply as exercise, tends to keep the mind of the patient on his disorder, and will not be likely to be persisted in. There is a risk of resorting at once to over-exercise, a too violent change of habits in this regard proving hurtful and discouraging the patient. The exercise should be in the open air. A change of business from one requiring sedentary habits to one involving out-door occupation is often advisable. Travelling, especially in foreign countries, where the attention is diverted with a succession of novel scenes, is highly useful. Sir James Johnson said that no case of purely functional dyspepsia could resist a pedestrian tour over the Alps.

2. The moral treatment consists first in establishing confidence by attention and sympathy. Inattention to the details into which dyspeptic patients are fond of entering, and ridicule of hypochondriacal fears prevent the physician from being of service to this unhappy class of patients, and lead them to seek for aid from quack remedies and quacks. If the confidence of the patient be secured, the assurances of the physician will often remove needless apprehensions, and afford an encouragement which, in itself, will contribute not a little toward improvement. If the patient be convinced that his mental state is in a measure due to a disordered condition of the body, he derives consolation and encouragement from this belief. The treatment relating to the mind will embrace, so far as possible, measures having reference to the removal of mental causes which may have produced or which perpetuate the affection. It is important to incite to occupations which divert the attention from the bodily functions, especially during the processes of digestion. It is desirable that the mind should be pleasantly occupied. It is often observed by dyspeptics that if they dine alone, and are left by themselves to watch the sensations connected with digestion, they are sure to suffer, whereas, they experience no inconvenience from a greater amount of indulgence in eating if they are in agreeable company during and after dinner. Popular works on indigestion do harm by directing to the subject the attention of those prone to dyspepsia. The benefit of travel is, in a great measure, moral, involving recreation as well as exercise, and keeping the mind occupied with extrinsic objects.

3. The division of the treatment which relates to medicinal remedies is, relatively, least important, but by no means unimportant. If the symptoms denote morbid sensibility of the stomach, counter-irritation on the epigastrium is often useful. Small blisters, the strong aqua ammoniæ, or the croton oil, may be used for this purpose. The benefit is, probably, in part, due to a moral effect. The nitrate of silver may be tried in these cases, care being

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[1] It is perhaps hardly necessary to state that these few remarks on diet in cases of dyspepsia are designed only as hints for the practitioner. To consider the subject of dietetics fully would be incompatible with the scope of this work.

taken not to continue it too long. If anæmia be associated, the chalybeate tonics are indicated, of which, in cases of dyspepsia, the tincture of the chloride of iron is one of the best. The citrate of iron and quinia is an excellent form of tonic in dyspepsia associated with anæmia. The powder of iron reduced by hydrogen is another eligible form. If there be constipation, the bowels are to be regulated by appropriate measures, but purgation is to be avoided. Constipation will be considered as a distinct functional affection. There are no special indications for mercurial remedies except as an occasional cathartic or laxative. The success of the Abernethean plan of giving frequently blue mass followed by the infusion of senna, was doubtless due to a moral effect, in conjunction with advice as regards diet and regimen. In general, the various vegetable tonics are useful, the form of tonic being varied from time to time. A grain or two of quinia twice or thrice daily, continued steadily for several weeks, appears to be often useful. A few drops of hydrochloric acid just before or after eating, may frequently be prescribed with advantage. The benefit of the tincture of the chloride of iron is, probably, in part, due to the hydrochloric acid. Of late, pepsin has been somewhat in vogue as a remedy in dyspepsia. Experience does not appear to offer much testimony to its value. The principle on which it is employed, viz., to supply a deficient element in the gastric juice, entitles it to be considered only a palliative, not a curative, remedy.

Symptoms characterizing certain cases of dyspepsia claim particular remedies. Pyrosis is generally relieved by bismuth in full doses, in conjunction with measures relating to diet, regimen, etc., and followed by tonic remedies. Cardialgia calls for alkaline remedies as palliatives, viz, lime-water, liquor potassæ, subcarb. of soda, magnesia, the two latter especially if there be constipation. Flatulency and tympanites are to be relieved by carminative stimulants, the tincture of the essential oils, the aromatic powder, and charcoal powder, the latter being useful on account of its faculty of absorbing gases. Tympanites occurring in paroxysms, from the secretion of gas, is apt to be an extremely obstinate form of disorder. Purgatives are not useful. Opiates to relieve present suffering are required. Carminative and alcoholic stimulants will sometimes afford relief. Assafœtida given by the mouth or rectum is highly useful, especially when hysterical symptoms are associated. In the intervals between the paroxysms, measures, medicinal and hygienic, to invigorate the system are indicated, together with the use of antispasmodic remedies, such as belladonna, valerianate of zinc, etc. My friend, Prof. Isaac E. Taylor, has found small doses of strychnia useful in these cases. This remedy, or the nux vomica in the form of tincture or extract, is highly recommended by many in other forms of dyspepsia. The doses should be sufficiently small to avoid any possibility of inducing poisonous effects.

The management in certain cases of dyspepsia characterized by persisting vomiting after taking food, has been already alluded to. Change of scene and out-door life are the most efficient measures. A sea-voyage will be likely to prove effectual. But various remedies may be employed in succession, each of which will sometimes be found useful, if not successful. The salts of morphia or codeia may succeed if the patient be not unpleasantly affected by opiates of any kind. If immediately rejected from the stomach, these remedies may be given by means of hypodermic injections. The hydrocyanic acid, in some cases, is an efficient remedy. Creasote sometimes acts efficiently, given in doses of one or two minims repeated after each act of vomiting. In young children this remedy frequently acts like a charm, in arresting vomiting. Bismuth in large doses is a valuable remedy in some cases. Strychnia or the nux vomica has been found useful. Counter-irritation on the epigastrium, by means of blisters or dry cupping, is frequently followed by relief. Milk with lime-water added is sometimes retained when other articles of food are rejected.

Vomiting is symptomatic of a great variety of affections, exclusive of inflammation or structural lesion of the stomach. Occurring as a form of functional disorder of the stomach, it is sometimes considered as an individual affection; but it may with propriety be included under the head of dyspepsia. There is a variety of vomiting which claims a brief separate notice. Reference is had to cases in which a liquid is thrown from the stomach in greater or less abundance, emitting an odor of fermenting wort, and, after standing a few hours, becoming covered with a mass of brownish froth resembling yeast. Goodsir, in 1842, on subjecting this liquid to microscopical examination, discovered in great abundance a vegetable fungus, which is now commonly known as the *sarcina ventriculi*, called by Robin *merismopœdia ventriculi*. The sarcinæ are distinguished by their oblong or square form, and by their being divided by lines into four equal squares, so that they resemble a package tied with a cord, as the name sarcina denotes. The vomited liquid containing sarcinæ, may also contain the yeast fungus in abundance. The liquid is sour, due, according to Budd, to acetic acid, and the vegetable productions are incidental to a process of fermentation, attended with the formation of this acid together with the evolution of carbonic acid.

There does not appear to be ground for the belief that the presence of the vegetable productions is the source of disorder. They are effects, rather than the cause of disorder. The sarcinæ are not produced exclusively within the stomach; they have been found in the urine, in the purulent discharge from a gangrenous abscess, and in the humors of the eye. Their production within the stomach appears to be owing to an undue retention of its contents from pyloric obstruction or other causes. The treatment, therefore, relates, not alone to the circumstances immediately involved in their production, but to the morbid conditions giving rise to these circumstances. Remedies, however, designed to arrest the fermentative process are indicated. And, of these, the most efficient is the bisulphite of soda, first suggested as a remedy in this form of disorder by Dr. Jenner. From fifteen grains to a drachm may be given, dissolved in water, two or three times a day. Budd's method of employing this remedy, is to prescribe a solution of the strength of two drachms of the salt in an ounce of water, and to direct a teaspoonful to be taken in a wineglass of water soon after meals, or when the fermentative process in the stomach is about to commence. According to the author just named, the remedy owes its efficacy to the fact that it is easily decomposed, and its decomposition liberates sulphurous acid, which prevents alcoholic and acetous fermentation.

Dyspeptics frequently derive advantage from the use of mineral spring waters, especially if connected with a sojourn, under agreeable circumstances, at a pleasant watering-place. Much of the advantage, doubtless, is due to the change of habits, relief from care, together with the moral influence of the expectation of improvement. Of the various mineral waters, those from the gaseous and chalybeate springs are best suited to cases of dyspepsia. Cold sea bathing and the invigorating influence of a bracing sea air, are frequently useful. The hygienic discipline of the hydropathic system is undoubtedly useful in some cases, the benefit being due, probably, in part, to a physical, but more to a moral effect. There is, perhaps, no affection in which the anticipation of improvement from the employment of certain measures contributes to their efficacy more than in dyspepsia.

POLYPHAGIA, MALACIA OR PICA, POLYDIPSIA, AND DIPSOMANIA.

These names express morbid conditions which relate to the ingestion of solids or liquids; conditions which, severally, do not constitute individual affections, but which may be the most prominent, or, perhaps, the chief ailment, and, therefore, claim a passing notice.

Polyphagia, or, as it is more commonly called, *bulimia*, denotes a craving for food beyond the wants of the system. As thus defined, these terms are not correctly applied to the greatly augmented appetite felt frequently during convalescence from fevers and other acute diseases, or when, from any cause, the system for a time has been deprived of alimentary supplies adequate to its wants. The inordinate desire for food, under these circumstances, is an expression of the requirements of the system, and the ability to digest food may be proportionately augmented—a fact which illustrates, in a striking manner, the connection existing between nutrition and the function of digestion. True bulimia does not exemplify this physiological connection; the amount of food craved far exceeds the requirements for nutrition. Bulimia may be but another name for gluttony. The love of eating may be cultivated to such an extent that little else is thought of, and persons who fall into this habit may be said to live to eat, rather than eat to live. The observation of every one will furnish examples of this kind. Habits of gluttony may lead to dyspepsia, which, by interrupting further indulgence, proves conservative, or, if the digestive function continue active, they may lead to obesity, fatty degeneration of the heart and other organs, and other affections. Voracious eating characterizes certain cases of mental derangement. It may be a symptom of diseases attended with progressive waste, for example, diabetes. In a more marked and rare form, the craving for food greatly exceeds that under the circumstances just named. Curious instances have been reported, in which the morbid appetite appeared to be insatiable, all kinds of food, raw meats, candles, etc., being eaten, in some cases, with avidity, and in enormous quantity. It is difficult to explain the morbid appetite in these instances. Recovery from this condition may be expected. The indications are to regulate the diet as far as possible, to establish the general health by hygienic measures, to correct any disorder of digestion which may exist, and to palliate the excessive craving for food by opium or, sometimes, by nauseant remedies. Swallowing pieces of ice has been found effective as a palliate measure.

Malacia and *pica* are terms applied to perversions of appetite, that is, to a morbid craving for particular substances. The terms are commonly used as synonyms, but, strictly, they denote different kinds of perversion. Malacia denotes a morbid craving for certain articles of food, or articles which are not devoid of nutrition, whereas, pica denotes a desire for innutritious substances. The craving for strange kinds of food, sometimes attending pregnancy, and commonly known as *longings*, is sufficiently familiar. Similar eccentricities of the appetite are sometimes observed in connection with hysteria, and they may be due, in some cases, to that desire to become objects of wonder or interest which weak-minded hysterical women sometimes evince. Unnatural and disgusting perversions of the appetite are among the symptoms occasionally met with in cases of insanity. Perversions falling under the head of pica are sufficiently common. Innutritious substances frequently craved are charcoal, chalk, slate, and certain kinds of earth. The habit of eating these substances is sometimes carried to a great extent. In the case of a young lady seized, shortly after marriage, with epidemic dysentery which proved fatal, the dejections contained an enormous amount of a black substance which, on investigation, was found to be from a species of slate stone which she was accustomed to eat daily in excessive quantity. In some cases of pica, the articles are at first taken with the idea of improving the complexion, and in this way the habit is formed. But, in other cases, a morbid uneasiness in the stomach leads to their use. The appetite is mostly confined to females, and is generally associated with spontaneous anæmia or chlorosis. The measures of treatment are to be addressed to the associated disorders, the continued indulgence of the perverted appetite being interdicted.

Dirt-eating, as vulgarly called, or *chthonophagia*, is a morbid habit which prevails, to a considerable extent, among the plantation negroes of the Southern States. It was described by John Hunter as prevailing among the negroes of the West Indies. The kind of earth selected is a loam or clay. Dr. James B. Duncan, of Louisiana, in a paper contained in *Fenner's Southern Reports*, vol. i., 1850, gives the following account of this form of pica: "A very common disease among negroes on plantations in this part of the country, is a *state of anæmia* very often attributed, and perhaps justly, to the pernicious habit of *dirt-eating*. On examining negroes on a plantation, a medical man is surprised to meet with so many of these cases. Almost every large plantation has three or four, and sometimes more of them. Until the vital powers of the system are beginning to be undermined, no marked symptoms of disease being visible to the eye of the planter, they are generally suspected of laziness or malingering. After this condition has existed for some time, the skin presents a paler hue than natural; or if the subject is a mulatto, an ashy white; the lips, tongue, lining membrane of the mouth, and palms of the hands, white, lacking the reddish tinge of health; the legs œdematous, abdomen distended, pulse full, soft, and frequent; action of the heart violent; if blood is drawn, it is pale and watery; respiration on the slightest exertion hurried; in fine, all the symptoms which characterize *chlorosis* in females. We find this condition of things in subjects of both sexes. Many of these cases are, doubtless, produced and aggravated by the deleterious habit of dirt-eating. But I never heard a negro admit that he was addicted to the habit. Some admit that formerly, years ago, they ate dirt, but not now; and others, trusty, truth-telling negroes on other subjects, on this will lie most pertinaciously to the last, unless detected in the act. With many, no doubt, dirt-eating is a symptom only of a diseased condition of the digestive organs, and of the system generally. With them dirt-eating proceeds from the same propensity which leads white females to resort to chalk, magnesia, etc., in order to relieve a disordered acid condition of the stomach. This condition of system is often, in my opinion, produced by a deficiency of suitable nutriment. The diet of negroes on most plantations being salt pork, corn bread, and molasses—rarely fresh meat and vegetables—a condition of the system is thus produced closely allied to scurvy. In addition to the symptoms above described, I have occasionally seen a spongy state of the gums.

"The restoration of these cases to health, whether addicted to dirt-eating or not, is troublesome and tedious. The *moral* has to be prescribed for, as well as the *physical*, symptoms. To restore the healthy condition of the body, nutritious food, fresh meats, vegetables and greens, porter, or wine are necessary; and, as to medicinal agents, preparations of iron in any or all forms, combined with stimulating stomachics and bitter tonics, laxatives when indicated, and out-door exercise. Confinement within doors aggravates the disease. To cure the habit of dirt-eating many resort to cruel methods of preventing the indulgence of it, by tin masks for the face, iron gags, chaining on plank floors, etc. By using these means, it is true, the habit cannot be indulged in, but the cause that produced the propensity still exists, and the disease cannot be cured so long as these depressing agents are used. Restore the healthy tone of the system, invigorate the subject, put rich blood into his veins, clothe him well, feed him well, and do not overtask him; arouse his feelings of pride, teach him to feel that he is a reasonable and rational being, and, in a majority of cases, success will attend our efforts, and we shall have the satisfaction of rescuing a valuable servant from the grave."

Polydipsia is a term applied to denote a condition characterized by an excessive craving for liquids. Water is drank in a very large or enormous quantity, amounting sometimes to several gallons in the twenty-four hours. In some cases the patient experiences constant or frequently recurring thirst, associated with dryness of the tongue and fauces. He is unable to sleep except for short periods in consequence of the urgency of the desire for drink. The quantity of urine is proportionately great, so that this condition is also denoted by a term expressing the latter fact, viz., *diabetes insipidus*. The urine voided has but little specific gravity, presenting a clear, limpid appearance like pure water, and contains neither sugar nor any abnormal constituent. In other respects the health may not be notably disordered. The appetite and digestion may be unimpaired, the functions generally are well performed, and the body does not waste. This condition at first suggests to the physician the probable existence of diabetes mellitus, but an examination of the urine leads to the exclusion of the latter disease. The condition may occur in early life or become developed at any age. It has been observed to occur as an intermittent malady, but, in general, it continues for an indefinite period or during life. It does not appear to lead to any disease, and is serious, in itself, only on account of the annoyance and debility which it occasions. Its pathological character, with our present knowledge, cannot be satisfactorily explained. Existing to the extent just described, it is so rare as to belong among the curiosities of clinical experience. In our ignorance of the pathology, there are no rational indications for treatment, and experience has not furnished any reliable means of cure. Opium, valerian, camphor, and other antispasmodics have been found to diminish the thirst temporarily, and some benefit has been derived from the use of various tonic remedies.

Dipsomania is a term sometimes used to denote the peculiar delirium arising from the abuse of alcohol, but it is commonly applied to an insatiable desire for alcoholic drinks, and, used in this sense, it expresses a morbid condition which may be noticed in the present connection. A craving for this class of stimulants is sometimes developed in cases of dyspepsia, and may be the source of intemperate habits. This fact has been already referred to. It is not to be lost sight of in judging of the propriety of prescribing or sanctioning the use of alcoholic stimulants in dyspeptic cases. A morbid craving for alcohol in some form is an element of intemperate habits, whatever may have been their source. The habitual drunkard feels a desire for continued indulgence, which, with an impaired power of self-control and lessened self-respect, resulting from intemperance, he is, after a time, wholly unable to resist. It is useless, under these circumstances, to attempt to reason him into temperance; he may appreciate the force of all the arguments which may be presented, but he lacks moral strength enough to govern an acquired appetite which represents a morbid condition as much as the delusions of insanity. Reason and persuasion, however, may be effective before this condition of dipsomania is reached; that is, they may prevent this condition by leading to abstinence from alcoholic stimulants. Dipsomania is to be treated as a disease of body and mind. The cure is to be effected by withdrawing the patient from the use of alcohol in any form, and the employment of medicinal and hygienic measures to invigorate the physical and mental faculties. The treatment must be continued long enough for the cessation of the morbid craving for stimulants, and for the development of moral strength sufficient to enable the patient to adhere to a course of total abstinence, in which consists his only safety. It is evident that successful management is rarely practicable except by means of institutions in which the patient is under the same restrictions as in insane asylums. In fact, dipsomania is to be treated as a form of mental derangement.

There is a species of dipsomania which is constitutional and congenital. The desire for stimulants is paroxysmal, and an irresistible craving is developed by ever so small an indulgence. Persons with this unfortunate idiosyncrasy lose their power of self-control as soon as they feel the influence of alcohol. The only protection against inebriation, in such cases, is rigid abstinence.

Connected with the subject of dipsomania are questions pertaining to the causes of intemperance, and the means of its prevention, which are of the utmost importance to the welfare of mankind, but which do not properly fall within the scope of this work. The morbid effects of alcohol upon the system, aside from the development of dipsomania, will be referred to in connection with different individual diseases, and especially those affecting the nervous system.

GASTRORRHAGIA.

Hemorrhage into the stomach, and vomiting of blood, are denoted by the term *Hæmatemesis*. The term *Gastrorrhagia* is in uniformity with the rule of nomenclature by which a hemorrhage and its situation are expressed, and is, therefore, to be preferred. Moreover, the term gastrorrhagia applies to all cases of gastric hemorrhage, whether vomiting take place or not, the blood sometimes not being expelled by the mouth, but passing into the intestinal canal and being evacuated in this direction. In the great majority of the cases, however, in which hemorrhage takes place into the stomach, blood is vomited.

When blood is expelled from the mouth, the first point is to ascertain the source of the hemorrhage. It may be from the mouth or posterior nares. Coming directly from either of these sources, it is traced without difficulty; but if blood be swallowed and vomiting occur, it may sometimes be a question whether gastric hemorrhage exists or not. In cases of bronchorrhagia, blood may be swallowed and vomited. In a child too young to expectorate, bronchial hemorrhage might thus be supposed to be gastric. Examples have occurred, but bronchorrhagia and gastrorrhagia in young children, are both extremely rare. The rupture of an aneurism into the pharynx or œsopahgus, is another source of hemorrhage which may appear to be gastric. But, in general, the question is, whether the blood come directly from the stomach or air-passages. The points involved in this differential diagnosis have been already presented, in treating of bronchorrhagia, and need not be here repeated.[1] Blood which has been vomited, in most cases presents a dark grumous appearance. Exceptionally, it is florid, like arterial blood. It then comes from an artery, and has been vomited directly it accumulates within the stomach.

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[1] *Vide* page 205.

Gastric hemorrhage, in the vast majority of cases, has no claim to be regarded as an individual affection. It may be a symptom of carcinoma of the stomach, or of gastric ulcer, and, as such, has been already considered. It is an occasional effect of portal congestion in cases of cirrhosis of the liver. It coexists with hemorrhage in other situations in cases of purpura hemorrhagica and scorbutus. It occurs in cases of acute gastritis. It is a prominent event in the natural history of yellow fever, the so-called black vomit, in this disease denoting neither more nor less than gastrorrhagia. Exclusive of these pathological associations, it may occur in place of the menses in cases of amenorrhœa. Instances in which gastrorrhagia is to be regarded as vicarious menstruation, are by no means common. In the majority of the cases in which it follows suppression of the menses, it proceeds from disease of the stomach. Yet, that it may take the place of the menses, must be admitted. Of 27 cases of gastrorrhagia analyzed by Valleix, in 5 the hemorrhage could not otherwise be accounted for; and in all these cases recovery took place. The cessation of habitual hemorrhage in some other situation, the arrest of purulent discharges of long standing, and the healing of old ulcers, have been supposed to stand, occasionally, in a causative relation to gastrorrhagia, but this supposition does not rest on adequate clinical proof. Hemorrhage sometimes occurs from the stomach, as from the bronchial tubes, the Schneiderian membrane, and in other situations, without any apparent pathological connections, neither following nor preceding any appreciable morbid conditions. It is then to be considered as idiopathic, or as constituting an individual affection. Such cases are much more infrequent than cases of idiopathic bronchorrhagia. Hemorrhage from the stomach is an occasional event in pregnancy. Two of the 27 cases analyzed by Valleix exemplified this fact. It may be caused by a contusion received on the epigastrium.

The prognosis, in cases of gastrorrhagia, will depend upon its pathological import. The prognosis is, of course, unfavorable if it be associated with carcinoma, ulcer, or cirrhosis of the liver. If, however, the hemorrhage be vicarious, or not connected with any appreciable morbid conditions, the prognosis, as a rule, is favorable. The loss of blood in proportion as it is considerable or large, induces debility, anæmia, and it may prove the direct cause of death. In a case which came under my observation in consultation with my colleague, Prof. McCready, the patient, a young married female, was seized with gastric hemorrhage when apparently in good health, and the fatal result, which took place in two or three days, seemed to be attributable to the loss of blood. The amount and rapidity of the hemorrhage may be such as to induce sudden death from syncope. On the other hand, a supplementary hemorrhage, if moderate, is not only without danger, but may conduce to the welfare of the system, so long as the menstrual discharge remains suppressed. In determining the amount of hemorrhage, it is to be borne in mind that the quantity of blood vomited is not always a criterion. The blood may accumulate and coagulate within the stomach without being vomited. The hemorrhage may be sufficient to destroy life, although the quantity vomited be not large. Death may take place in such cases as in cases of concealed uterine hemorrhage. The evidence of hemorrhage out of proportion to the amount of blood vomited, is afforded by dulness or percussion over the distended stomach, and symptoms denoting loss of blood, viz., feebleness of the pulse, coldness of the surface, pallor, faintness, etc. The blood thus accumulating within the stomach, if not vomited, passes into the intestines and is discharged by stool. Hemorrhage into the stomach has been known to occur, and death take place from the loss of blood, without any vomiting. Grisolle cites three examples, one of which was under his own observation.[1] The stomach in this case was distended with an enormous clot. The diagnosis, when vomiting does not occur, must rest exclusively on the physical evidence of distension of the stomach by a liquid or solid, conjoined with the general symptoms denoting internal hemorrhage.

The treatment of gastrorrhagia has been already referred to in connection with gastric ulcer. The general principles of treatment having reference to the arrest of the hemorrhage, or the prevention of its recurrence, are the same, under whatever circumstances it occurs. With reference to these objects, quietude of body and mind is important. Repose of the stomach should be secured by the introduction of no more aliment than the wants of the system require, and the food taken should be bland and easy of digestion. In cases in which there is danger from the amount of hemorrhage, entire rest of the stomach is essential, the system being supported by nutriment and stimulants administered *per enema*. Opium is useful by quieting the peristaltic movements of the stomach. The direct refrigerant effect of iced water taken in small quantities at a time, or of swallowing small pieces of ice, will be likely to be useful. In urgent cases, as a temporary means of arresting the hemorrhage, ice may be applied to the epigastrium. In less urgent cases, revulsive measures may be relied upon, viz., sinapisms and dry cups, applied in different situations over the abdomen. Hot, stimulating foot-baths are useful by way of revulsion. Hæmostatic remedies are to be given, taking care not to provoke vomiting by their use. The acetate of lead, tannic or gallic acid, and the astringent preparations of iron (the persulphate or pernitrate) are the most efficient of the remedies of this class. The ergot has been supposed to be useful as a styptic in cases of gastric hemorrhage. Emetics are certainly not rationally indicated, except in cases in which percussion furnishes evidence of the stomach being filled with a coagulum, and their propriety may fairly be doubted, even under these circumstances. Purgatives are contraindicated so long as measures to arrest or prevent the hemorrhage are required.

These measures are to be graduated, in individual cases, by the urgency with which the arrest or prevention of hemorrhage is indicated. Mild, simple measures are sufficient if the loss of blood be small or moderate. If there be grounds for regarding the hemorrhage as vicarious, interference will be required only to keep it within proper limits. This statement will also apply to hemorrhage occuring in pregnancy.

The treatment in most cases of gastrorrhagia, of course, embraces other measures than those having reference to the arrest and prevention of the hemorrhage, viz., measures addressed to the morbid conditions with which the hemorrhage is associated. The latter are considered under other heads. So, also, measures called for after the occurrence of gastric hemorrhage, having reference to debility and anæmia, dependent on the loss of blood, need not be here considered. After a considerable hemorrhage, the stomach, assuming the non-existence of cancer or ulcer, is enfeebled, and the liability to a recurrence of the hemorrhage is to be kept in view. Careful regulation of the diet, quietude of the body, and the avoidance of all disturbing agencies, are important during convalescence.

Gastric hemorrhage is sometimes simulated by hysterical females, and by malingerers among soldiers and prisoners. Blood obtained from animals, and even human blood, may be taken into the stomach, and vomiting excited by various means. This deception may be suspected in the case of a young female who manifests a morbid disposition to impose on the credulity of those around her, as regards her ailments, when the symptoms do not denote loss of blood, when there are no grounds, aside from hemorrhage, to suspect gastric ulcer, and when the menses are not suppressed. Among soldiers and prisoners, it is to be suspected when the usual effects of hemorrhage are not apparent, and when the morbid conditions with which gastric hemorrhage is usually associated, are wanting. The microscope may be of use in the detection of this kind of deception. Bennett cites a case in which a specimen of blood pretended to have been vomited, was found to present the characteristic red corpuscles of the blood of a bird.

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[1] Pathologie Interne, tom. ii.

CHAPTER VI.

Functional Affections of the Stomach and Intestines, continued—Inanition—Gastralgia—Passage of Gall-Stones—Diarrhœa—Enterorrhagia.

In addition to the ailments embraced under the head of dyspepsia, are various functional affections of the stomach and intestines. These will be considered in the following order: Gastralgia, including gastric spasm, and, in this connection, the passage of gall-stones, or hepatic colic, may be most conveniently considered; diarrhœa, and hemorrhage from the bowels, or enterorrhagia; enteralgia and the affection known as saturnine or lead colic; sporadic and epidemic cholera.

Before entering upon the consideration of the affections just enumerated, I will offer a few remarks on a pathological condition which is not, perhaps, entitled to rank in the nosological catalogue as an individual disease, but which is an element of all diseases compromising alimentation and digestion. The pathological condition referred to is *inanition*. The importance of a due appreciation of this condition in medical practice, renders it desirable to devote to it some attention, and it may with propriety be noticed in connection with the functional affections of the alimentary canal.

INANITION.

Health requires the assimilation of nutriment adequate, in quantity and kind, to the wants of nutrition. Every one is familiar with the mental and physical exhaustion felt when abstinence is protracted for a few hours only after the sense of hunger indicates the need of food. Every one knows that the deprivation of aliment, for a period varying according to circumstances, proves fatal. During the progress of starvation, the body loses rapidly in weight, the fat disappears, the muscles diminish in size, exhaustion progressively increases, the heat of the body is notably lowered, vomiting and diarrhœa not infrequently occur, the mental powers are weakened, listlessness and hebetude are sometimes followed by delirium and coma, and, according to Chossat, if the deprivation of aliment be complete, death takes place when one-fourth of the weight of the body at the time aliment was withheld has been lost. The mode of dying is a type of slow asthenia. It is worthy of note that, during the progress of starvation, hunger is not usually a prominent symptom. If felt for a time, it is apt to disappear, and may be followed by a loathing of food. Our knowledge of the natural history of inanition in man is derived chiefly from cases in which starvation is unavoidable, as in times of famine, in shipwreck, or when it is resorted to for self-destruction. Under these circumstances, however, the phenomena due to the want of nutriment are apt to be more or less modified by extrinsic circumstances. Experiments made on inferior animals are unsatisfactory because the symptoms can be but imperfectly appreciated. The best source of information is voluntary abstinence for the purpose of scientific observation. As a near approach to experiments of this kind, those made by Hammond to test the nutritive value of albumen, starch, and gum, may be cited.[1] Submitting himself to the trial of restricting his diet to these alimentary principles singly, Hammond found that each is incapable alone of supplying the wants of the system, and that the two latter are absolutely innutritious. Now, the morbid phenomena produced during these experiments are to be considered as resulting from the absence of aliment; in other words, they are due to starvation. So far as they go, therefore, these experiments seem to exemplify the symptomatology of inanition. Referring the reader to the work by Hammond for fuller details, I will simply enumerate here the more important of the symptoms which he experienced.

1. Under a diet consisting of pure albumen for ten days: Febrile movement, heat and dryness of skin, headache, loss of appetite, nausea, abdominal pains, progressively increasing debility, serous diarrhœa, vigilance.
2. Under a diet of pure starch for ten days: Debility, disturbed sleep, sense of oppression of chest, palpitation, headache, slight scratches of the skin showing tendency to inflammation and suppuration, febrile movement, abdominal pains.
3. Under a diet of gum, which he was able to continue only for four days: Abdominal pains, disturbed sleep, headache, febrile movement, diarrhœa, exhaustion.

Inanition is a pathological condition entering into all diseases which interfere with the ingestion or assimilation of aliment. The phenomena of inanition in cases of these diseases are combined with the symptoms belonging to the particular disease which exists. Febrile movement, headache, anorexia, vigilance, debility, etc., occurring in the progress of a disease arise, not exclusively from the disease *per se*, but are more or less due to inanition. The inability of the system to support, resist, and overcome disease proceeds, in a greater or less degree, from this element. The immediate cause of death in many cases of disease proving fatal by slow asthenia is inanition. These are facts of very great practical importance, and they are not sufficiently appreciated by many practitioners of medicine.

An important practical bearing of these facts relates to alimentation in the management of diseases. Until recently, for many years past, not only has the importance of alimentation not been fully recognized in practice, but in most diseases the dietetic treatment has contributed to inanition. The writings of Graves led to the employment of alimentation in fevers. It is not less important in all other diseases which tend to destroy life by asthenia. Patients may be starved to death in other diseases as well as in fevers. As a practical rule, it is an object in any disease in which the danger lies in the direction of asthenia to meet, as far as practicable, by alimentary supplies, the wants of nutrition. Harm may arise from the ingestion of food beyond the powers of digestion, but, in these diseases, no harm can arise from an undue assimilation of food; on the contrary, the greater the assimilation the less the danger from inanition superadded to the disease. Let it be borne in mind that, in all diseases tending to destroy life by asthenia, there is langer from inanition, but never from hyper-nutrition. In the language of hossat, "inanition is a cause of death which marches silently in front with very disease in which alimentation falls below the normal standard. It eaches its natural termination sometimes sooner and sometimes later than he disease which it covertly accompanies, and it may supersede the disease f which at first it was merely an incidental element.[1]

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[1] *Vide* Physiological Memoirs, by Wm. A. Hammond, M. D., Surgeon-General U. S. Army, etc., 1863.

Alimentation is important in diseases not attended with immediate danger. n proportion as the assimilation of food can be made to approximate to the ormal standard, the phenomena of inanition are forestalled, the vital powers re better enabled to tolerate and overcome the disease, the duration of the isease may be shortened, convalescence is hastened, and the recovery is more pt to be complete. As regards the selection of food and the modes of its reparation in different diseases, in addition to dietetic rules based on general experience, our knowledge of alimentary principles, etc., much reliance ay generally be placed upon the desires and tastes of the patient; but the bsence of appetite is not to be a guide as regards alimentation. Loss of ppetite is one of the symptoms of inanition. The wants of the system are not in disease, as in health, always expressed by hunger. The state of the mind dependent on the morbid condition of the nervous system, the coatings on the tongue, etc., interfere with the desire for food and the sense of taste. The practitioner is to exercise his judgment and tact in securing, as far as practicable, the assimilation of an adequate amount of nutriment either with or without the co-operation of desire and taste on the part of the patient, and it is often better to incur risk of exceeding rather than falling below the amount of food which the wants of the system require. It may be laid down as a principle applicable to the management of most acute diseases, that the assimilation of food is important to the fullest practicable extent; and it is a maxim of conservative medicine that, under all circumstances, a chronic affection is less likely to be prolonged, serious lesions of structure are less likely to take place, and a fatal termination is postponed, in proportion as the vital powers are maintained by a nutritious diet conjoined with other hygienic measures.[2]

Innutrition is not infrequently involved in the causation of diseases. The connection between scarcity of food and the prevalence of typhus has been repeatedly observed in epidemics in Ireland. The same connection in individual cases and families is observed frequently everywhere. Scorbutus is caused by a deficiency of certain alimentary principles, or the want of a sufficient variety in food. Insufficient nourishment, which is sometimes involuntary and sometimes voluntary, favors the development of tuberculosis in persons having the tuberculous diathesis. This cause may co-operate with other causes in giving rise to various diseases, whether epidemic or sporadic; and the ability of the system to bear up under disease is impaired in proportion as the powers of life are enfeebled by previous defective alimentation.

Want of success in the treatment of diseases in hospitals and often in private practice, especially among the poorer classes of society, is attributable, in no small measure, to the want of effective alimentation.

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[1] Recherches Expérimentales sur l'Inanition, Mém. de l'Acad. des Sciences, 1843.

[2] *Vide* essays on *Conservative Medicine*, by the Author, American Journal of Medical Sciences, January and October, 1863.

GASTRALGIA.

Gastralgia, called frequently gastrodynia, is a neuralgic affection characterized by pain, more or less intense, referred to the region of the stomach. Pain is a symptom of gastritis, carcinoma of the stomach, and gastric ulcer; it also enters into the clinical history of dyspepsia, especially the variety called acute dyspepsia, and a peculiar character of pain constitutes the dyspeptic symptom called cardialgia, or heartburn. But considered as characterizing a distinct functional affection, the pain is not incidental to inflammation or any appreciable lesion, nor is it always, although frequently, associated with dyspeptic disorder; in short, gastralgia exists when pain and other circumstances denote an affection of the same pathological character as neuralgia in other situations.

Gastralgia is presented in practice in two forms: in one form a severe attack of pain occurs, and, if not relieved by remedies, continues usually for several hours. The pain is often excruciating, subduing the strongest resolution; the patient writhes and groans with intense suffering. A sense of constriction frequently accompanies the pain; vomiting may, or may not, occur. Generally, tenderness over the epigastrium is wanting, and some relief may be afforded by pressure. The paroxysm is not attended with febrile movement, and the skin may be bathed in perspiration from the intensity of pain. These attacks are generally attributed to spasm or cramp, and the affection has been called colic of the stomach. It is difficult to say how much of the suffering is due to spasmodic contraction, and how much to neuralgic pain. Practically, it is not important to make this discrimination.

Such attacks in some persons are produced by certain ingesta. Strawberries, for example, have been known to prove in this way poisonous, and I have met with a patient who had always an attack after eating honey; he came under my observation when suffering from an attack thus produced. These, like other idiosyncrasies, are inexplicable. Attacks appear to be sometimes attributable to exposure to cold, and fatigue from over-exertion.

This form of gastralgia is readily discriminated from acute gastritis. The pain may be much more intense than in cases of the latter disease. As a rule, the tenderness over the epigastrium which belongs to the history of gastritis, is wanting. Vomiting may be wanting, and, if present, is not as prominent a symptom as in gastritis. The absence of febrile movement is an important point in the exclusion of gastritis. The passage of gall-stones, or hepatic colic, offers many symptoms in common, and this discrimination is not at once readily made. The points involved in the differential diagnosis, will be considered, presently, in treating of the passage of gall-stones.

This form of gastralgia is to be treated by opiates carried to the extent of procuring relief. A half grain of a salt of morphia may be sprinkled on the tongue, and this dose repeated, if necessary, after the lapse of from half an hour to an hour, until the pain is relieved; or the same course may be pursued with other forms of opiate. If the opiate be rejected from the stomach, it may be given *per enema*. The hypodermic mode of administration is well suited to this, as also to other affections in which it is desired to produce quickly and efficiently an anodyne effect. This plan of treatment is not to be deferred for the operation of a cathartic, or an emetic, even when the attack is attributable to a dietetic cause. A sinapism, and fomentations to the epigastrium are useful as auxiliary measures. An alcoholic stimulant may be added with advantage, if not contraindicated by vomiting, especially if the pulse be feeble and the surface cold. Rest, regulated diet, and a mild cathartic or laxative, provided the bowels do not act spontaneously, will constitute the subsequent treatment.

Although the suffering is as great as in any other affection, there is little or no danger. It may be doubted whether this affection, alone, ever proves fatal; and the practitioner may count with confidence on procuring speedy relief by means of the plan of treatment just stated. The affection, therefore, is one of those which exemplify, in a striking manner, the resources of medicine.

The foregoing form of gastralgia may be distinguished as *acute*. In the other form, the affection becomes *chronic*. The pain, in the latter, is either limited to paroxysms which recur more or less frequently, or it is habitual, with exacerbations at variable intervals. The pain varies much in different cases, as regards intensity, and also in different paroxysms or exacerbations in the same case. It may have so little intensity as to occasion only annoyance, or it may be so severe as to give rise to extreme suffering. The character of the pain is described by patients as burning, lancinating, or gnawing. Frequently the pain extends from the epigastrium in different directions, viz., to the back, into the chest, and, laterally, into the right and left hypochondrium.

With the affection, in some cases, are associated dyspeptic ailments, and, in other cases, digestion is not disturbed. Paroxysms or exacerbations sometimes appear to be provoked by the ingestion of food, but, as a rule, relief of pain is felt after eating. The desire for food is oftener increased than diminished. Generally, tenderness over the epigastrium is wanting, and pressure frequently affords relief. The decubitus during suffering from pain is sometimes upon the belly. Constipation exists much oftener than looseness of the bowels. Flatulent distension of the stomach or intestines is sometimes associated. The pulse preserves its normal frequency, and the temperature of the body is not increased. Patients who have suffered from the malady for some time, are apt to become melancholy and hypochondriacal.

Gastralgia rarely, if ever, occurs under the age of puberty, or in old age. The average age, according to Barras and Valleix, is about thirty-two. It is generally considered that females, much more than males, are liable to it, but of 39 cases analyzed by Valleix, only 20 were females. It affects those of good constitution and robust, as well as the feeble and delicate. Persons of sedentary habits appear to be more likely to be affected than those engaged in active pursuits. Prolonged mental depression has been supposed to favor its occurrence. Finally, causes which induce anæmia or lead to debility, may be more or less involved in its production.

The diagnosis of the chronic form of gastralgia is to be based on certain distinctive characters, viz., the occurrence of pain either in paroxysms or marked exacerbations; the relief frequently afforded by pressure and the ingestion of food; the persistence of appetite in many cases, and, not infrequently, the absence of disorder of digestion; and the absence of febrile movement. These points in the history are involved especially in the discrimination of gastralgia from subacute or chronic gastritis. The diagnosis involves the exclusion of gastric ulcer and cancer. These affections are to be excluded by the absence of their diagnostic symptoms, irrespective of pain. In some cases of intercostal neuralgia, pain is referred to the epigastrium. This affection is excluded by the absence of its diagnostic criterion, viz., tenderness on pressure over three points—posteriorly, laterally, and anteriorly.[1]

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[1] *Vide* page 173.

Chronic gastralgia is apt to be persisting. Its duration, in different cases, is extremely variable. In this respect it resembles other neuralgic affections. Of thirty-nine cases analyzed by Valleix, in one case the affection lasted for twenty-six years, and the patient, at the end of this period, was carried off by another disease. In the remainder of the cases, the duration varied from two months to twelve years. As regards prognosis, the worst to be apprehended is the indefinite protractedness of the affection. It does not tend to destroy life either directly or by eventuating in some other more serious disease. It is not prudent for the practitioner to predict that the affection will end speedily, or within any definite period; yet, not infrequently, it does not continue. In certain cases it is one of the affections most rebellious to therapeutical measures, but in other cases it is readily amenable to treatment.

In the treatment of gastralgia, clinical experience has abundantly shown certain measures formerly in vogue to be, not only ineffectual, but prejudicial. This remark has reference to general and local bloodletting, emetics, mercurials, purgative remedies, and perhaps also vesication or other modes of active counter-irritation. Anodyne remedies are frequently called for to relieve pain. If the pain be severe, opium can hardly be dispensed with; but in this, as in other painful affections which are apt to be persisting, the liability to the formation of a habit of using opium is to be considered. Moreover, the use of opium, aside from the palliation of pain, is objectionable on account of its interference with the appetite and digestion, and, in this way, it may contribute to perpetuate the affection. Opium is, therefore, to be used with circumspection, and, when practicable, other palliative measures are to be substituted, such as belladonna, hyoscyamus, etc. Fomentations and embrocations containing opium, chloroform, aconite, etc., will sometimes succeed in affording relief. Cold water applied to the epigastrium has been found effectual. Certain remedies appear, in some cases, to exert a curative influence. Bismuth is one of these. I have known large doses of this remedy to be promptly curative. Monneret advises this remedy to be given to the extent of one, two, or three ounces daily. These enormous doses are not required. Whatever curative power the remedy has will be exerted in doses of from a scruple to a drachm three or four times daily. Alumen has been recommended by Dr. Griffin in doses of from ten to twenty grains three or four times daily.[1] Strychnia and the nux vomica have been found useful, especially if the affection be associated with the formation of gas. A quarter of a grain of the watery extract of nux vomica may be given three or four times daily. Other remedies which may be employed with a view to a curative effect are the nitrate of silver, quinia in full doses, the subcarbonate of iron (precipitated carbonate or sesqui-oxide) given in drachm doses, the iodide of potassium, and arsenic, as in other neuralgic affections.

Measures of treatment, other than the employment of direct curative remedies, are of greater importance than these. Change of habits from those of sedentary to active life is of the first importance in certain cases. The moral influence of recreation, change of scene, etc., is often of more value than medicines. The diet should be nutritious. Alcoholic stimulants in moderation with meals may be advised for a time, exercising that reserve dictated by the danger of becoming addicted to their habitual use. Tonic remedies, in most cases, continued steadily for a long period, and varied from time to time, are advisable. The valerianate of zinc may be mentioned as a tonic remedy likely to prove useful. Preparations of iron are especially indicated if anæmia be present. Dyspeptic ailments, which may be associated, are to receive appropriate treatment. In short, the object, aside from the employment of palliative and curative remedies, is to endeavor to place the digestive organs and the system in the best possible condition, and, for this end, hygienic and medicinal measures are to be adapted to the circumstances peculiar to individual cases.

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[1] Stillé's Therapeutics, vol. i. p. 191.

PASSAGE OF GALL-STONES.

The passage of biliary calculi along the cystic and common duct, may give rise to symptoms resembling those of acute gastralgia. The discrimination, at once, is not always easy. Moreover, a paroxysm of pain from the passage of a gall-stone, or hepatic colic, as it has been called, is to be discriminated from affections other than gastralgia, viz., peritonitis, ordinary colic, colic with intestinal obstruction, acute gastritis, and the passage of calculi from the kidney to the bladder. Biliary calculi usually form in the gall-bladder, but cases have been reported in which they have been found in the hepatic duct and its branches within the liver. They are frequently found in the gall-bladder after death, and sometimes in great number. A collection of several hundred is not uncommon, and Bennett relates a case in which the number amounted to two thousand. Remaining within the gall-bladder, they may occasion no inconvenience; but, if very numerous or large, they may give trouble by distending the gall-bladder, and they may lead to ulceration and perforation. If the perforation be into the peritoneal sac, peritonitis follows, and will be likely to prove fatal. If the distended gall-bladder become adherent to the abdominal walls, the perforation may lead to a circumscribed abscess, which opens externally, and numerous calculi may be discharged through the opening. Prof. James P. White has recently reported an interesting case of this kind.[1] They are also sometimes discharged, by an ulcerated opening, into the intestinal canal. The presence of gall-stones within the gall-bladder has been determined by means of a characteristic sound, resembling the collision of nuts or marbles in a bag when shaken, produced by forcible pressure or strong percussion over the distended bladder. But, in general, their existence is not suspected until, having entered the cystic or common duct, they occasion, by their passage toward the intestine, paroxysms of so-called hepatic colic. It is evident that the time occupied in the passage of a gall-stone, and the suffering, will depend, other things being equal, on its size and the irregularity of its shape.

The pain occasioned by the passage of a gall-stone, is frequently abruptly developed without any obvious cause, but in some cases it is preceded by a sense of uneasiness referred to the right hypochondrium. The attack is often violent. The suffering is extreme, causing the patient to writhe, and try a variety of positions with the hope of obtaining relief. The pain is referred to the epigastrium or the right hypochondrium. Usually there is more or less tenderness over the seat of the pain, but in some cases pressure affords a certain measure of relief. Vomiting speedily occurs in the majority of cases, and is repeated more or less frequently during the continuance of the pain. The bowels are constipated. The pulse, as a rule, is not accelerated. The duration of the paroxysm is variable; it may last for a few moments only, or for many hours, depending, of course, on the period occupied by the passage of the stone into the intestine. At length, the pain and other symptoms suddenly cease, and nothing remains but more or less soreness and the fatigue occasioned by the suffering. If the paroxysm have been of considerable duration, the urine may show the presence of bile, and jaundice is frequently produced. These symptoms disappear after the paroxysm is ended. If dejections occur, they may show deficiency or absence of bile. The resorption of bile, and its absence in the stools, show that the gall-stone is impacted in the common duct, and that its form and size are sufficient to cause obstruction more or less complete. Finally, after the paroxysm is ended, one or more gall-stones may be discovered in the dejections if these are carefully examined.

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[1] Buffalo Medical and Surgical Journal, June, 1864.

When one attack has been experienced, recurrences are to be expected, but, as regards the intervals, cases differ greatly. Successive attacks may occur after days, weeks, months, or years. Not infrequently numerous attacks are experienced in quick succession, several, perhaps, occurring in the same day, and for several days in succession. This is probably owing to the temporary dilatation of the cystic and common duct produced by the passage of calculi of considerable size, in consequence of which the stones within the gall-bladder more readily escape. The patient, under these circumstances, may be consoled by the reflection that the more frequent the passage of calculi the less are the number remaining to give rise to subsequent attacks. The frequent repetition of attacks, if severe, may occasion considerable disturbance of the digestive system, and general prostration.

The differential diagnosis of the passage of gall-stones, from acute gastralgia, is to be based on the following points: The occurrence of pain, not excited by any obvious dietetic or other cause; the prominence of vomiting as a symptom; the presence, generally, of more or less tenderness; the existence of bile in the urine, and of icterus or an icterode hue of the conjunctiva and skin; the persistence of pain notwithstanding opiates are given in full doses; the sudden relief occurring irrespective of remedies, and, after the attack, the discovery of biliary calculi in the evacuations.

The examination of the evacuations for gall-stones not only serves to establish the diagnosis, but on the appearance of the stone, or stones, may be predicated an opinion that the gall-bladder does, or does not, contain calculi which have not escaped. If a single round or oval stone only be discovered, it is probable that this was a solitary calculus in the gall-bladder, and other attacks need not be expected; but if several stones are discovered irregular in form, with smooth or polished faces, it is highly probable that the gall-bladder contains others, and the patient cannot count on being exempt from repetitions of the paroxysms produced by their passage. The most effectual mode of examining for the presence of stones is to dilute the feces and strain through a sieve.

Acute peritonitis may be accompanied by pain, resembling in intensity that of hepatic colic. But, in determining the existence of the latter, peritonitis is to be excluded by the absence of tenderness diffused over the abdomen, of rigidity of the abdominal walls, of tympanitic enlargement, of the notable acceleration of the pulse, together with the general prostration which belongs to the clinical history of peritoneal inflammation. Peritonitis, however, may proceed from perforation of the biliary canal, caused by persisting impaction of a gall-stone. In cases of ordinary colic, the pain is more paroxysmal, with intervals of freedom from pain. Invagination and internal strangulation of the intestine are to be excluded by the difference in the seat of the pain and tenderness, by the absence of a tumor caused by the accumulation of the intestinal contents at the point of obstruction, by the fact of obstruction, by the acceleration of the pulse and the greater gravity of the general symptoms. In acute gastritis, vomiting is a more prominent symptom than in hepatic colic, and the greater gravity of the affection is shown by the pulse and other general symptoms. In some cases of hepatic colic, the pain extends downward in the direction of the right ureter, so that the passage of a calculus along this duct may be suspected. The absence of certain symptoms belonging to the history of so-called nephritic colic, retraction of the testicle, deficiency of the urine, hæmaturia, etc., will serve to exclude this affection. Knowledge of the occurrence of one or more prior attacks which have been ascertained to be due to the passage of gall-stones, will aid in determining the diagnosis. The age of the patient is of some account in the diagnosis. Gall-stones may form at any age, but they are most apt to form in middle or advanced life, and in females oftener than in males.

In the great majority of cases, gall-stones, escaping from the gall-bladder, find their way into the intestine, giving rise to no evil results beyond the pain, etc., which their passage occasions. But occasionally a stone becomes permanently impacted in the biliary canal, and, if situated in the common or hepatic duct, retention of bile ensues, giving rise to persisting cholæmia, and softening of the liver from the distension of the bile-ducts. Under these circumstances, ulceration and perforation of the duct are liable to take place, leading to peritonitis; or, adhesive circumscribed peritonitis may have preceded the perforation, and, the latter extending through the intestinal coats, the stone may be discharged into the intestine. Obliteration of the canal of the common duct, as a result of inflammation and ulceration excited by the presence of the stone, sometimes occurs.

The treatment of a paroxysm of hepatic colic consists of palliative measures. Opiates are called for in doses proportionate to the intensity of the pain, either administered by the mouth or rectum, or hypodermically. The degree of suffering, in some cases, is such that the inhalation of chloroform is warrantable as a palliative measure. Warm anodyne fomentations may be applied to the seat of pain. The hot bath may aid in procuring relief. The local application of cold by means of a bladder filled with pounded ice, has been found to be useful as a palliative measure. Remedies to palliate vomiting are frequently called for. Effervescing draughts and the hydrocyanic acid may be employed for this purpose. An alkaline remedy may be found useful, if, as is frequently the case, the matters vomited show notable acidity of the stomach. The foregoing palliative measures will alleviate the suffering, but it is not to be expected that they will procure complete relief.

Emetics and cathartics have been advocated under the notion that they aid in the passage of the stone. It is irrational to suppose that they have this effect, and clinical observation does not furnish evidence of their value. The passage of the stone is mainly due to the accumulation of bile behind it after it enters the common duct. Exciting the movements of the stomach and intestines by emetics and cathartics, if any effect be exerted, is as likely to retard as to favor the onward passage of the stone. Nothing, in fact, can be done by means of these or other remedies to expedite its passage. All that the physician can do is to palliate suffering until the stone is propelled into the intestinal canal, supporting the strength, if need be, by alcoholic stimulants.

It would be desirable, if possible, to effect the solution of gall-stones within the gall-bladder. The alkaline carbonates have been given for this purpose; and the treatment for this end, known in France as Durande's method, consisting of the administration of sulphuric ether and the spirits of turpentine (3 parts of the former to 2 parts of the latter), was for some time in vogue. It is, however, absurd to suppose that these or other remedies can be introduced into the system, so as to enter into the composition of the bile largely enough to dissolve the cholesterine of which mainly biliary calculi are composed. And it is evident that clinical proof of the success of remedies given for this end cannot be obtained, since, in general, the existence of calculi within the gall-bladder is not ascertained prior to their passage into the intestine.

The occurrence of gall-stones cannot be anticipated, but, being known, it is, of course, desirable to prevent the formation of others. The circumstances, however, immediately concerned in their production, are not known; hence, there is no special course of treatment rationally indicated, and clinical experience is not to be relied upon, since the success of preventive measures cannot be proven. It would seem that sedentary habits predispose to them. A change, in this respect, is therefore advisable. Beyond this, a simple, wholesome diet, and measures having reference to the general health, constitute all that can be done, with our present knowledge, in the way of prophylaxis.

Gall-stones of sufficient size to occasion intestinal obstruction are sometimes found in the alimentary canal. These escape from the gall-bladder, not through the biliary passages, but by ulceration, the walls of the gall-bladder becoming adherent to the duodenum, or some other portion of the intestine.

A patient who recently consulted me, having suffered much from the passage of gall-stones, at one time took, for a number of days, a pint, or more, of olive oil daily, at the suggestion of some one who assured him that, in this way, he had gotten rid of a large number of stones without pain. The patient stated that, under the use of this remedy, he discharged from the bowels an immense number of small hard bodies, which were supposed to be biliary calculi. My colleague, Prof. Isaac E. Taylor, informs me that he has known this treatment to be adopted in several cases, and that it gives rise to the discharge of a great number of small round bodies, not unlike those which are characteristic of the evacuations of the sheep or goat. He has not submitted these bodies to examination sufficiently to decide whether they are scybalæ, that is, masses of fecal matter, or composed of a concrete form of fatty matter like the bodies passed in some of the cases of fatty diarrhœa which have been reported. The latter is probable. A case is quoted by Dunglison, in which olive oil, taken abundantly for the relief of pains attributed to gall-stones, was followed by the discharge of fatty matter of a globular form, varying in size from that of a small pea to that of a moderate grape, of sufficient consistence to bear being cut with a knife like soft wax.[1]

DIARRHŒA.

The term diarrhœa is used to denote morbid frequency of the dejections which are, also, liquid or morbidly soft, and often otherwise altered in character. Diarrhœa is a symptom of inflammation of the large and small intestine, and of certain structural lesions such as those incident to tuberculosis of the intestine and to typhoid fever. It is a functional affection when it occurs independently of inflammation or any appreciable lesion of structure. It is an element of other functional affections, viz., sporadic cholera, dyspepsia, and certain cases of colic. As a functional affection, it may be either transient or chronic.

Writers have made numerous varieties of diarrhœa, based on diversities as regards the character of the dejections. It is sufficient to enumerate the more important of these diversities, without considering each, under a distinct head, as constituting a separate variety of the affection. The following division answers all practical purposes :—

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[1] Dunglison's Practice of Medicine, vol. i. 135, 1842.

A diarrhœa is said to be *fecal*, *feculent*, *stercoraceous*, or *simple*, when the dejections consist of the feces not much changed in character, but simply morbidly soft or liquid. This form of diarrhœa is represented by the operation of cathartics which increase the peristaltic movements and give rise to a certain amount of transudation. The dejections are called *bilious* when, from their yellow or green color, bile is supposed to be present in larger quantity than usual. Diarrhœa of this kind is represented by the operation of calomel in cathartic doses. Diarrhœa is *serous* or *watery*, when there is an abundant discharge of liquid, that is, when there is copious transudation or enterorrhœa. This is represented by the operation of hydragogue cathartics, such as elaterium, jalap, and the bi-tartrate of potassa. The dejections are called *lienteric* when they contain undigested aliment. This form of diarrhœa is met with more especially in children. A diarrhœa is *catarrhal* or *dysenteric* when mucus is apparent in the dejections. An abnormal amount of mucus may be secreted from irritation alone, without inflammation, but if the mucus be abundant, it denotes dysentery. This form of diarrhœa is represented by the operation of drastic cathartics such as croton oil. Finally, in a curious and extremely rare form, called *adipose or fatty diarrhœa*, free fat or oil, in more or less abundance, is found in the evacuations. This last form claims some distinct consideration.

In cases of adipose or fatty diarrhœa, the fat is generally liquid when passed, resembling melted butter or grease, having, when cold, the consistence of butter, beef tallow, or wax. In some cases it is passed in the form of globular concretions, of a waxy consistence, varying in size, which melt with heat and burn like tallow. The fat is often passed by itself, and is apt to be passed involuntarily in small quantity at a time. When passed with the feces, it separates and collects on the surface. It has usually an extremely offensive odor. The quantity passed *per diem*, in cases which have been reported, varies from two or three ounces to half a pound or more.

Assuming all the fat passed from the bowels to have been ingested as fat, the rationale involves simply the non-digestion of this alimentary constituent. But in some of the reported cases, it is stated that the quantity of fat passed was not affected by the amount of fatty food. In a case reported by Dr. W. L. Wells, the patient abstained for several weeks from fatty food, and, as far as convenient, from articles convertible into fat, without any diminution in the quantity of fat passed, nor was the latter affected by indulging freely in fatty food.[1] In two cases reported by Bright, no change was produced by excluding, as far as possible, from the diet fatty articles. Further and more precise observations with respect to this point are desirable. That the non-digestion of fat is, in a great measure, if not exclusively, involved in the pathological explanation is not to be doubted. Late physiological researches have shown that the pancreatic secretion, together with the bile and intestinal juice, effect the digestion of fat, and hence we are to look to the sources of these fluids in tracing the causation of fatty diarrhœa. It is an interesting fact that Richard Bright, long before the late discovery of the particular function of the pancreas by Bernard, was led, by an analysis of three cases which came under his observation, to consider fatty diarrhœa as a symptom of disease of the pancreas. In these three cases, the only lesions found after death which were common to all were of the pancreas, duodenum, and liver.

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[1] New York Medical Times, February, 1854.

He excluded the lesions in the two latter situations because they occur in these organs so often without fatty diarrhœa, but he admits that disease of the pancreas is not always accompanied by this symptom.[1] The pancreas has been found diseased in a large majority of the reported fatal cases in which this organ was examined after death. Of twenty-five cases tabulated by Dr. John H. Griscom,[2] in ten the bodies were examined after death; of these ten cases, in eight the pancreas was diseased, and in the remaining two cases the absence of disease of the pancreas is not stated. Yet, fatty diarrhœa occurs in only a small proportion of the cases of disease of the pancreas. Thus, it was observed in only three of thirty-seven cases of cancer affecting this organ tabulated by Dr. Da Costa.[3] Hence, it is to be inferred that, in connection with disease of the pancreas, lesions or morbid conditions affecting the liquids, other than the pancreatic secretion, concerned in the digestion of fat, are generally involved. Of the fatal cases among those tabulated by Griscom in which the morbid appearances were observed, the liver in several was either diseased or its ducts engorged; but in some of the cases this organ appeared to be healthy. The fact of complete recovery taking place in a certain proportion of cases goes to show that the non-digestion of fat may occur as a functional disorder.

A larger number of cases than are as yet available are required in order to establish the clinical history, as well as the causation and pathological relations, of this form of diarrhœa. Jaundice was noted in several (six) of Griscom's cases. Diabetes mellitus coexisted in two cases. Hemorrhage from the bowels, vomiting, pains in the abdomen sometimes resembling those caused by the passage of gall-stones, are among the symptoms noted in these cases. The duration of the affection varies much in different cases. In one case it had existed at frequent intervals for six years; in another case for two years; and in one case it disappeared after a few weeks. It is evident that the prognosis is to be based on circumstances other than the discharge of fat, viz., enlargement of the pancreas and liver, persisting jaundice, progressive emaciation, etc.; in other words, the danger depends on the lesions or morbid conditions on which the discharge of fat may be dependent, or with which it is associated. Of the twenty-five cases collected by Griscom, fourteen died, eight recovered, and in three the termination was not noted.

The treatment must have reference more to the circumstances connected with the fatty diarrhœa than to the latter. With our present knowledge, palliative measures according to the symptoms in individual cases, together with measures to improve digestion and invigorate the general health, will comprise the treatment. In one of Griscom's cases recovery took place under the use of olive oil in large quantity; and Watson states that a case was successfully treated by Elliotson in the same way. In a case observed by Griscom at the New York Hospital, the discharge of fat invariably ceased whenever the patient took from six to eight ounces of whiskey *per diem*. In the case reported by Dr. Wells, to which reference has been made, the patient having had a daily discharge of three gills of fat for two years or more, recovered in a few weeks after giving up the occupation of a carpenter and adopting the life of a farmer.

Exclusive of the form just considered, diarrhœa involves different pathological elements, viz., increased peristaltic movements, increased transudation or flux, increased secretion from the mucous follicles, and, perhaps, increased flow of bile. The predominance of these elements, generally, gives to the discharges the diversities which are observed in different cases. If the diarrhœa be purely functional, of course there is no inflammation of the mucous membrane. It is customary to express the morbid condition of the membrane by the term *irritation*. Practically, however, it must be confessed, it is not always easy to determine whether diarrhœa be purely functional or dependent on subacute inflammation. But with reference to the treatment, to determine this point is not of great importance. It is not improbable that of the cases considered as functional, in a certain proportion there is a slight grade of inflammation, such as exists in coryza or a mild bronchitis. In making the diagnosis, acute inflammation is to be excluded by the absence of diagnostic symptoms, viz., pain, tenderness, febrile movement, anorexia. So, also, lesions of the mucous membrane are to be excluded. In cases of chronic diarrhœa this is not always easy. Lesions are to be suspected if the diarrhœa follow an attack of dysentery or enteritis; if it persist in spite of judicious management; if blood be sometimes present in the dejections, and if tubercles exist in the lungs. In the latter case, tuberculosis of the intestine is to be suspected; and, on the other hand, persistent, or frequently recurring diarrhœa, conjoined with cough, be the latter ever so slight, should excite suspicion of pulmonary tuberculosis.

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[1] Cases and Observations Connected with the Disease of the Pancreas and Duodenum, by Richard Bright, M. D., Medico-Chirurg. Transactions, vol. xviii. *Vide* review in British and Foreign Medico-Chirurgical Review, No. for July, 1853.

[2] Transactions of the American Medical Association for 1863.

[3] On the Morbid Anatomy and Symptoms of Cancer of the Pancreas, by J. Da Costa, M.D. Extracted from the proceedings of the Pathological Society of Philadelphia, 1858.

Transient diarrhœa, due to arrested or defective intestinal digestion, is of frequent occurrence. With the diarrhœa which follows over-indulgence at the table, or the ingestion of certain articles of food, every one is practically familiar. This is the *diarrhœa crapulosa* of the old writers. It may proceed from excess in quantity, or from particular kinds of food, the indigestibility of the latter, perhaps, showing an idiosyncrasy of the person affected; thus, ices, salads, shell-fish, etc., in some persons always, and occasionally in all, give rise to transient diarrhœa. The undigested aliment, passing into the large intestine, produces irritation, and acts like a cathartic remedy. Frequently the diarrhœa is preceded and accompanied by griping pains, and, it may be, under these circumstances, an element of another functional affection, viz., colic. These attacks of diarrhœa cease spontaneously, as a rule, after the expulsion of the undigested matter, and they are rarely considered of sufficient importance to require medical advice.

An arrest of intestinal digestion may take place from causes other than errors of diet, and give rise to diarrhœa. A strong mental emotion may have this effect. I was present at an operation for hernia, when the surgeon, from the mental anxiety incident to his sense of responsibility, was obliged to relinquish the scalpel, and precipitately retire to evacuate the bowels. A gentleman in business receiving, suddenly, unexpected information which led him to know that he was a bankrupt, was immediately seized with diarrhœa. In like manner, diarrhœa may arise from an arrest of digestion from exposure to cold, or over-exertion. In these cases the mechanism is the same as when the diarrhœa depends on dietetic errors, the undigested aliment in the large intestine acting like a cathartic.

Diarrhœa, not transient, but continuing more or less, perhaps becoming chronic or recurring at short intervals, also proceeds, in a large proportion of cases, from indigestion. Habitual or frequent indigestion, especially intestinal indigestion, leads to diarrhœa in the same way as when it is transient, viz., the undigested aliment producing irritation of the large intestine. The digestion, as in transient diarrhœa, may be feculent, bilious, mucous, lienteric, or, more rarely, serous. The diarrhœa, in these cases, is, in fact, an element or symptom of dyspepsia, but, not infrequently, the disorder of digestion being confined mainly to the small intestine, the dyspeptic ailments, aside from the diarrhœa, are not marked. The frequent or habitual passage of undigested aliment into the large intestine, leads to a persisting state of irritation in the latter, or, perhaps, in some cases, to a low grade of inflammation. The indigestion thus giving rise to diarrhœa, may be produced and kept up by various causes, independent of excesses or errors of diet; in fact, the causes are those of dyspepsia, mental anxiety often playing an important part in the causation.

It has been customary to attribute diarrhœa, in certain cases, to an excess or a vitiated quality of bile. This causation is inferred when the dejections are notably bilious. This view is not improbable, although not based on positive knowledge. The bile may not be reabsorbed from the alimentary canal, as in health, and, hence, accumulates in excess, without a morbid increase of the secretion; it may be secreted in undue quantity, or it may have a morbidly irritating property.

Diarrhœa is most apt to occur during the summer season. This may be, in part, explained by the larger proportion of fruit and vegetables in the ingesta during this season, and by the effect of heat in weakening digestion. It may also in part be due to a more abundant secretion, or to a lessened absorption of bile. It is a much more frequent affection in tropical than in cold or temperate climates. It is apt to occur in travelling, especially in the summer season. Its occurrence is generally attributed to the water drank, but a more rational explanation is to refer it to indigestion caused by dietetic errors, over-exertion, and disturbance of the regular habits of life. Children are far more subject to diarrhœa than adults, especially during dentition, and, in children, the dejections are often manifestly lienteric, showing its dependence on indigestion. It is the most prominent element of the affection known as *Cholera Infantum*, or popularly, in this country, as *Summer complaint.* Among soldiers, especially in campaigns during the summer season, or in warm climates, diarrhœa is extremely common, attributable to irregular habits as regards diet, conjoined with the exposure and fatigue incident to active service. Diarrhœa occurs in persons exhausted from the want of food or other deprivations, and in females enfeebled and anæmic from protracted lactation, due, in these cases, to intestinal indigestion. The same explanation, probably, applies to the diarrhœa which occurs at a late period in cases of pulmonary tuberculosis, and other chronic affections, when not dependent on intestinal lesions. Under these circumstances it has been called *colliquative diarrhœa.*

The accumulation of urea in the blood, as a consequence of renal disease, occasions diarrhœa. The diarrhœa and vomiting which occur under these circumstances, appear to be for the purpose of eliminating, vicariously, urea, and are, therefore, conservative. They occur when the kidneys are removed in inferior animals, and, as shown by the experiments of Bernard and Barriswil, the liquid transudation into the alimentary canal contains either urea or the carbonate of ammonia. The dejections in uræmic diarrhœa are serous or watery.

Another pathological condition occasionally giving rise to diarrhœa, is the congestion of the portal vessels when the circulation in this portion of the vascular system is obstructed by hepatic disease. It thus is a symptom in some cases of cirrhosis of the liver, and sometimes appears to limit the dropsical effusion into the peritoneal sac, which belongs to the history of that disease. The diarrhœa, under these circumstances, is serous, transudation taking place from the pressure of the blood within the congested veins.

Crapulous diarrhœa, or transient diarrhœa due to indigestion, in general calls for little or no treatment. If the contents of the large intestine be not spontaneously expelled, an evacuant remedy may be given. A saline purgative is best adapted to this end. The propriety of this measure is to be determined by ascertaining the quantity and character of the dejections which have occurred. If these have been abundant and feculent, a cathartic is not required. If, after the bowels have been freely evacuated, diarrhœa, pain, or uneasiness continue, the irritation may be quieted by a mild anodyne, for example, a drachm or two of the camphorated tincture of opium, for an adult, in chalk mixture, a grain of opium, a sixth or a quarter of a grain of a salt of morphia in mint water, or five grains of Dover's powder combined with two or three grains of aromatic powder. The remedy chosen is to be repeated after six or eight hours, if required. The diet for a day or two should be simple and somewhat restricted. Subsequently a laxative may be required if the bowels do not act spontaneously. The treatment of cases of diarrhœa tending to continuance, or frequently recurring and dependent on indigestion, embraces, in the first place, remedies to relieve the irritation of the large intestine. Opium in some form may be used for this purpose, but only temporarily, because its continued use tends to impair still more digestion. A mild purgative may often be premised with advantage, for frequent and loose dejections are not incompatible with retention of hardened feces, in fact, with constipation. The subcarbonate or subnitrate of bismuth is an excellent remedy to relieve intestinal irritation. It is often effective, and is not open to the objections of opium. It should be given in doses of from a scruple to half a drachm to adult patients. If not alone effective, a small quantity of a salt of morphia may be added to it. Of a variety of remedies tried in cases of chronic diarrhœa among soldiers returning from the campaigns in Virginia in the summers of 1862 and 1863, bismuth, in my hands, proved the most effective, and this, I believe, has been the result of the experience of others. Opiates are sometimes most effective, and least objectionable, when given *per enema.*

This part of the treatment, however, is merely palliative. The curative treatment embraces regulation of diet and measures to render digestion complete. The diet, in quantity and quality, should be adapted to the digestive powers. Chickens, eggs, and tender meats plainly cooked, are most likely to be digested, but in some cases a milk and farinaceous diet is found to be preferable. Experience in individual cases is to be the guide. Crude vegetables are to be interdicted, but ripe fruits, in moderation, may frequently be taken without inconvenience and with advantage. A moderate quantity of food, taken at short intervals, is generally advisable, rather than a full meal once or twice daily. In short, the treatment, as regards diet, is essentially that of dyspepsia. This statement will apply alike to hygienic measures relating to exercise, clothing, and mental recreation. A sea-voyage, a visit or removal from the city to the country, or the change of a warm, variable, humid, relaxing climate for an atmosphere cool, uniform, dry, and bracing, will be likely to prove highly beneficial, if not curative, in cases which resist dietetic and medicinal treatment. The efficacy of these measures is strikingly illustrated in cases of the so-called summer complaint of children.

The remedies, other than those merely palliative, which are useful in the cases of diarrhœa under consideration belong among the tonics and astringents; the latter may be both palliative and curative. Of the various vegetable astringents, krameria, hæmatoxylon, kino, catechu, and rubus villosus are eligible articles. The tannic acid, if well borne by the stomach, is sometimes efficient. As purely tonic remedies, quinia or the non-officinal preparations of Calisaya bark, of late in vogue, and other bitter infusions, are often useful. Preparations of iron are especially useful when the patient is anæmic, as in cases of diarrhœa occurring in females during lactation. As a purely tonic remedy, the tincture of the chloride of iron is one of the best of the chalybeates. The persulphate or pernitrate of iron is sometimes highly efficacious as an astringent as well as a tonic remedy. Of mineral tonics and astringents, the acetate of lead, nitrate of silver, and the sulphate of copper have been found useful. The mineral acids are efficacious in some cases. The preparation known as Hope's mixture has been much in use. This mixture is composed of four drops of nitric acid and from forty to sixty drops of laudanum in four ounces of camphor water, a tablespoonful to be taken every two, three, or four hours. In rebellious cases of chronic diarrhœa, the numerous remedies which have been named are to be given in succession, and in various combinations. The curative and palliative remedies are to be combined to meet the indications in individual cases.

Diarrhœa dependent on uræmia, and on cirrhosis of the liver, does not admit of curative treatment, and, being conservative, is only to be kept within certain limits by palliative remedies.

ENTERORRHAGIA.

Hemorrhage into the intestinal canal is properly called Enterorrhagia. The term *melæna* has been used to denote dark-colored or black dejections consisting of blood which has passed from the stomach into the intestinal canal. Partial digestion of the blood, or the action upon it of the gastric and intestinal secretions, renders it tarry or pitch-like in appearance, and generally very offensive to the smell. Dejections of this character are apt to follow gastrorrhagia. The term melæna has been also applied to cases of gastrorrhagia in which the blood vomited presents a similar appearance. Moreover, the term has been loosely applied to denote dark-colored or black evacuations, not consisting of blood. The term is one of those which it is desirable should become obsolete. Cases in which blood evacuated from the bowels comes from the stomach, or from any of the abdominal viscera other than the intestinal canal, are not cases of enterorrhagia. Nor are cases of hemorrhoidal or other hemorrhages occurring near the anus, properly embraced under this head. The source of the hemorrhage must be the mucous membrane between the stomach and rectum. The tarry or pitch-like appearance of blood in the stools is evidence of its gastric source. But this appearance is not positive proof that the matter evacuated is blood. It is probably blood if the stools were preceded by the vomiting of blood, but, in some cases of gastrorrhagia, vomiting does not take place, all the blood passing into the intestinal canal. In doubtful cases, dilution in water of some of the matter evacuated, renders the appearance of blood more evident, or recourse may be had to the microscope. When the source of hemorrhage is the rectum, the blood is fresh in appearance, and is passed alone, in greater or less abundance, either after a fecal evacuation, or with straining efforts to procure a stool. Examination with the eye or touch, will show the existence generally of hæmorrhoids, but, in some cases, other local affections, such as ulcers, carcinoma, a polypus, or invagination.

In cases of enterorrhagia, the hemorrhage takes place in different situations along the tract of the small and large intestine. The blood is less changed in appearance the nearer the rectum its source, and the more quickly it is evacuated. If the hemorrhage be at the upper part of the intestinal tube, and the blood pass slowly along the tube, it becomes dark or blackish, its appearance approximating to that of the melænic stools in cases of gastrorrhagia, and there may be a similar difficulty in determining whether the appearance be due to the presence of blood. The quantity of blood passed in different cases of enterorrhagia varies. It is frequently large, amounting, in some cases, to several pints and even quarts. Evacuations may consist wholly of blood, or the blood is mixed with fecal matter. The blood may be entirely liquid, or the evacuations contain clots in more or less abundance.

Intestinal, like gastric hemorrhage, has rarely any claim to be regarded as an individual affection. Like gastric hemorrhage, it is incidental to a variety of morbid conditions. It is an important occasional event in typhoid fever, and will be referred to in treating of that disease. It enters into the characteristic dejections of acute dysentery. It is an effect of ulceration of the bowels in chronic dysentery. It occurs in cases of carcinoma of the bowels. It is a rare occurrence in tuberculous ulceration of the small or large intestine. It may be a symptom in simple enteritis. It belongs to the natural history of scorbutus, purpura hemorrhagica, and yellow fever. Like gastric hemorrhage, it may be vicarious of menstruation. It is not an uncommon effect of the portal congestion occasioned by cirrhosis of the liver. It occurs, however, when not connected with these or any other discoverable morbid conditions. Some months ago I met with an example in the case of an unmarried female aged about 40, who was attacked, when apparently in perfect health, with griping pains in the abdomen followed by loose evacuations containing blood in large quantity. These evacuations recurred for several days. There was no affection of the rectum, the menses were not suppressed, and the hemorrhage could not be traced to any of the affections of which it is usually a symptom. The enterorrhagia ceased after several days, and the patient recovered her usual health. The discharge of blood in cases like the foregoing is generally preceded and accompanied by abdominal pains, probably in part due to the congestion which it is to be presumed precedes the hemorrhage, but partly referable to the presence of the blood within the intestinal canal. Other symptoms are attributable to the loss of blood, and are marked in proportion to the amount of hemorrhage, such as debility, pallor, feebleness of the pulse, perspirations, sense of faintness, etc. The loss of blood may be sufficiently great and rapid to occasion sudden death, but this is rare. The continuance or repetitions of the hemorrhage may lead to a degree of exhaustion and anæmia, from which recovery is difficult, and a fatal result may take place by slow asthenia. In general, however, if the hemorrhage be not connected with affections or morbid conditions which involve danger, the prognosis is favorable. In cases of enterorrhagia, as in cases of gastrorrhagia, the amount of hemorrhage is not always represented by the quantity of blood contained in the evacuations. The general symptoms denoting loss of blood are to be taken into account. Hemorrhage sufficient to occasion fatal syncope may take place and no blood be discharged by stool. In such a case, the diagnosis of enterorrhagia is impracticable.

The treatment of the different affections or morbid conditions with which intestinal hemorrhage is usually connected need not be here repeated. It will suffice to refer to measures having reference to the hemorrhage. These are essentially the same as in cases of gastric hemorrhage. Rest in the recumbent position and quietude of mind are important. The peristaltic movements are to be quieted by opium. Cold applications to the abdomen should be made if the arrest of the hemorrhage be urgently indicated. The most effective mode of applying cold is by means of a bladder or India-rubber bag containing pounded ice. In cases in which this indication is less urgent, dry cupping, sinapisms, and warm stimulating pediluvia will suffice without the application of cold. Food and drinks should be taken cold. The diet should be restricted and bland. Purging is of doubtful propriety. The mineral acids are generally thought to be useful in cases of intestinal, and also in gastric, hemorrhage. The sulphuric acid lemonade has the advantage of being a grateful beverage. The various hemostatic remedies given in cases of gastrorrhagia, viz., gallic acid, acetate of lead, the astringent preparations of iron, etc., are to be resorted to in proportion to the importance of arresting the hemorrhage.

CHAPTER VII.

FUNCTIONAL AFFECTIONS OF THE STOMACH AND INTESTINES.—Continued.

Constipation—Intestinal Colic—Enteralgia—Lead Colic.

Continuing to consider the functional affections of the alimentary canal, this chapter will be devoted to constipation, intestinal colic, enteralgia, and the so-called colic from lead.

CONSTIPATION.

The terms *constipation* and *costiveness* are commonly used as synonyms, denoting insufficiency of evacuations from the bowels. The latter term is sometimes used to denote a less degree of insufficiency than the former, the number of dejections being normal, but the quantity deficient. The term *obstipation* has been already defined to denote a greater amount of difficulty than constipation, that is, obstruction of the bowels, either as a functional disorder or dependent on various lesions which have been considered in a preceding chapter. Constipation exists as a functional disorder, and it is incidental to various affections. We are here to consider it as a functional disorder. As such, it is extremely frequent, and, although not a serious affection, it claims attention on account of the inconvenience which it occasions, its importance as leading to other ailments, and the difficulty of its removal unless it be correctly understood and managed.

The affection is seated in the large intestine. The anatomical arrangements of this portion of the alimentary canal show it to be intended to serve as a temporary depot for fecal matter, providing against the need of frequent acts of defecation. The contents of the alimentary canal are propelled more slowly along the large, than in the small intestine, *first*, because the circumference of the former is larger in proportion to its muscular power; *second*, in the ascending colon the contents are propelled for a considerable space in opposition to gravitation, and, also, for a smaller space, at the sigmoid flexure; and, *third*, the liquid portion of the contents is absorbed in their passage through the small intestine. Experience shows that one free evacuation from the bowels is the rule in health. But this rule is not without exceptions. Some persons have habitually two or three evacuations daily, and, on the other hand, some have an evacuation regularly every second or third day without any of the inconveniences of constipation; in fact, persons of the latter habit are apt to experience discomfort if, temporarily, evacuations take place daily. In determining, then, the existence of this affection, the habit in health is, of course, to be taken into account. In some cases, the act of defecation is delayed for one, two, or three days after the period when it should have taken place, but the evacuation, when it does occur, is ample. In other cases, the act occurs daily, but it is incomplete, and in these cases, the act is usually labored and painful, the feces being dry, compact, and hard. The affection may be occasional and transient, or it may be habitual.

Constipation gives rise to various local morbid effects, such as a feeling of pressure or weight in the perineum, a sense of abdominal distension or uneasiness, flatulency, diarrhœa, and colic pains. Hæmorrhoids are often attributable to this affection. It gives rise, also, to pain in the head, dulness of the mind, flushing of the face, palpitation, and general malaise. If the act of defecation require violent straining efforts, these occasion, sometimes, hemorrhage into the brain, and hernial protrusions. The contractility of the muscular tunic of the large intestine may be permanently impaired by long-continued distension, so that the affection is necessarily permanent.

Occasional constipation is not generally considered of sufficient importance to require medical advice; persons resort, of their own accord, to a purgative or an enema. It is when the affection has become habitual or chronic, that cases come under the cognizance of the physician. And, in order to understand the pathological character of the affection in these cases, and its causation, certain points pertaining to the function of defecation in health are to be borne in mind. In its normal condition, the rectum is, for the most part, empty, as shown by the researches of O'Beirne. This portion of the large intestine is endowed with an animal sensibility which, in health, gives notice of the presence of feces, and occasions the desire to defecate. The ability to perform the act involves a certain contractile power in the large intestine, and also in the abdominal and other muscles which co-operate in the performance of the act. In habitual constipation, the contractile power of the intestine is impaired by distension. The muscular tunic is more or less paralyzed from the accumulation of the intestinal contents, in the same way as the bladder becomes paralyzed from over-distension. The accumulation giving rise to the distension may be owing to the large quantity of excrement, but it is generally a result of habitual neglect of the calls of nature. The desire to defecate is resisted, or, the mind being pre-occupied, the call is unheeded, and the act is postponed, until, at length, the sensibility no longer gives notice of fecal accumulation; hence, the accumulation goes on, the rectum and other portions of the large intestine become distended, and paralysis follows. This is the manner in which constipation, as a chronic affection, is produced in a large majority of cases.

Various circumstances may contribute to this affection. The abdominal muscles play an important part in the act of defecation. These muscles become weakened by obesity, and, in females, as a result of pregnancy. The muscular tunic of the intestine, and the auxiliary voluntary muscles concerned in defecation, lose more or less of their contractile power, in common with the whole muscular system, in anæmia, and other enfeebling conditions. Deficiency of bile and the intestinal secretions may enter into the causation in some cases, but, probably, the importance of this source of constipation has been over-estimated; constipation is not always present when no bile enters the alimentary canal in certain cases of jaundice. The ingestion of purely nutritious food, leaving but little excrementitious residue, contributes to constipation. Sedentary habits are supposed to favor the affection, but it is probable that other causes are generally more operative, and especially inattention to the calls of nature. On the other hand, active exercise induces constipation by rendering assimilation more active, the liquid contents of the small intestine being more entirely absorbed. Loss of fluids by abundant perspiration or by diuresis is another cause. The change of habits with, generally, an increased assimilation, incident to a sea-voyage, as is well known, induces, in most cases, constipation.

Occasional constipation, if slight, is relieved by a laxative pill repeated, if necessary, or by a small quantity of Epsom or Rochelle salts dissolved in a tumbler of simple or carbonated water, and taken upon an empty stomach. The Congress or Kissingen water may be taken in lieu of the salts just named. But a preferable method, which will generally suffice, is to excite the action of the large intestine by a simple enema of cold water. By means of Davidson's syringe, the patient may resort to this measure without any difficulty. If the constipation be more than slight, a few grains of blue mass or a purgative pill may be taken at bedtime, and followed, if necessary, by a saline draught or an enema in the morning. Persons are apt to resort to purgatives without consulting physicians, under an impression that they are always harmless, and generally useful aside from the relief of constipation. Hence, they are apt to take active purgatives for slight constipation, and, often, when nothing is required. If the constipation give rise to little or no inconvenience, it is better to wait for spontaneous relief, and a little delay will often show that medicinal interference was unnecessary.

The management of habitual constipation often requires much care and perseverance on the part of physician and patient. The object is to secure regularity and sufficiency in the evacuations. The means which may be employed are various. They may be arranged into dietetical, medicinal, and mechanical. The dietetical means consist in using freely articles which leave after digestion, a bulky residuum, viz., cabbage, lettuce, and the various vegetables known in this country as greens ; or articles having a laxative property, such as molasses, prunes, figs, etc. ; or articles with indigestible constituents which stimulate or irritate the alimentary canal, viz., bran bread, corn meal, groats, or cracked wheat. A diet consisting, in part, of the foregoing articles, will sometimes succeed in obviating habitual constipation. But with regard to the choice of this class of means, the following practical rule is to be adopted : they are not to be preferred if they disorder digestion or occasion more disturbance than medicines. More harm sometimes results from overloading the digestive organs with articles of diet difficult of digestion, or subjecting the canal to the irritation of unbolted flour, than the continuance of constipation would occasion.

The medicinal means are laxative remedies. With regard to these, a general rule is, the remedy chosen should be mild, and the quantity as small as will suffice for the object. Purgation is to be avoided. Some patients fall into the custom of allowing the constipation to continue for several days, and then resorting to a free purgative. The constipation is, of course, relieved for the time, but the constipated habit becomes more and more fixed by this course. Another general rule may be stated : If more than one *small* dose of laxative be required, the remedy is to be given in small doses repeated twice or thrice daily, rather than given in a single dose. In this way the object is effected with a less amount of medicinal impression, and there is less risk of purgation.

As regards the particular remedy, aloes is especially suited to the desired object. It may generally with advantage be combined in a pill with a tonic, either the sulphate of quinia or a preparation of iron, and a small quantity of hyoscyamus or belladonna may be added. A very small proportion of aloes, often a small fraction of a grain in each pill, will suffice. The old preparation known as the elixir proprietatis (tincture of aloes and myrrh) is well suited to this object, a drachm given at bedtime, and repeated, if necessary, once or twice during the day. This preparation loses, with age, its disagreeable bitterness, and is not generally repulsive given with a little water and an abundance of sugar. A small piece of rhubarb taken repeatedly during the day, effects sometimes the object satisfactorily, and this remedy to many persons is not disagreeable. I have known a few drops of the tincture of colchicum, repeated shortly after each meal, to answer admirably. There are various modes of rendering the daily use of a laxative remedy not unpleasant to the taste. Prunes stewed in an infusion of senna, answer well, and are not unpalatable. The confection of senna and medicated figs are also suited to persons who take a pill or potion with repugnance. Trousseau claims for his favorite medicine, belladonna, that it acts as an efficient laxative in cases of habitual constipation. It has failed to have this action in my experience, and I have frequently made trial of it. Here, as in other instances, experience in individual cases is to be the guide. In the majority of cases in which medicinal means are relied upon, some form of the so-called dinner-pills, or, as they have been aptly termed, "peristaltic persuaders," will be found most convenient and satisfactory; and, for the fastidious, they may be silvered or sugar-coated. The white mustard-seed was formerly a popular remedy much in vogue, but this is objectionable on account of a liability to accumulate and become impacted within the intestine. Laxative remedies are not to be continued for a longer period than is required to secure an habitual action of the bowels. A minute dose of strychnia or nux vomica, added to a laxative, is thought by many to render the operation of the latter more successful.

The mechanical means consist in the use of enemas and suppositories. The regular use of an enema of cold water, at the same hour daily, is a simple, and sometimes an effective measure. This measure, however, is better suited to occasional than to habitual constipation. Habitually resorted to, it is apt to fail after a time; the rectum becoming accustomed, as it were, to the stimulus of distension, it ceases to excite the peristaltic movements. In some cases a suppository of soap answers the purpose of provoking a regular and sufficient evacuation. The cocoa-nut butter may be used for this purpose. Common molasses candy answers equally well, an oval mass of the size of a pigeon's egg being introduced within the rectum. This, however, is only a temporary expedient, ceasing usually to be effective after a time.

The most important part of the management in cases of habitual constipation is not embraced in the foregoing measures. It is the adoption of a rule to solicit an evacuation at the same hour daily. The importance of this rule is to be enforced, but, of course, its success will depend on the perseverance of the patient. The time of the day most convenient for the act of defecation is to be selected, and, in general, the most favorable time is in the morning after breakfast. At the time fixed upon, the patient should devote a reasonable period to the function of defecation, but without persisting in violent, fruitless efforts. This should be considered in the light of a duty, not to be omitted a single day, except from necessity. It may be long before the desired object is accomplished, but, sooner or later, with the aid of some of the means which have been indicated, the desire will be felt at the appointed hour, and the ability to defecate at that time will be acquired in the great majority of cases. It is impossible to secure regularity and sufficiency of the evacuations without perseverance in this part of the management.

If this plan were early inculcated and carried out in health, habitual constipation would be as rare as it is now frequent. The prevention is not less sure than simple. The function may be brought fully under the control of habit. This fact should be generally understood, more especially in the training of girls, most of whom become affected with habitual constipation, and suffer from it all their lives. Unfortunately the existence of the function of defecation is too often ignored from notions of false delicacy, and the affection becomes established because parents and teachers are either themselves ignorant of this simple method of prevention or consider the subject as belonging exclusively to the physician.

INTESTINAL COLIC.

The term colic, in its etymology, relates to the colon, but it is often applied to paroxysmal, spasmodic pain in other parts. Thus, the phrase hepatic colic is used to denote the pain caused by the passage of gall-stones, and nephritic colic the pain caused by the passage of renal calculi along the ureter. A painful affection of the uterus is sometimes called uterine colic. In the present nomenclature of diseases, there is no suffix or prefix which, joined to the name of a part, expresses a painful spasmodic affection of that part. The affection of the alimentary canal known as colic may not be seated exclusively in the colon. It is probable that the small, as well as the large, intestine is affected in certain cases of intestinal colic. As applied to the intestines, colic denotes pain occurring in paroxysms or in marked exacerbations, the pain of a character supposed to indicate spasm, that is, twisting, constricting, or griping. Colic pains are symptomatic of different inflammatory affections, viz., dysentery, enteritis, peritonitis, and of the various lesions which give rise to intestinal obstruction. They enter, also, into the functional affection known as cholera. As constituting an individual malady, colic, of course, is independent of inflammation or structural lesions, and is disconnected from any other functional affection.

An attack of colic is characterized by paroxysms or exacerbations of pain, varying much in severity in different cases, usually situated around the umbilicus. The pain is frequently extremely severe; the patient bends the body forward with the thighs flexed, writhes, and tries a variety of positions, groaning or crying aloud from the intensity of suffering. The severe pain continues for a few moments, and then either ceases completely or abates, to return again with the same severity after an interval usually of brief duration. If left to continue without measures for relief, an attack may embrace a few paroxysms only, or it may last for several hours. An attack lasting for a short time, and ending in one or more free evacuations from the bowels, is so common as to be familiar to every one.

The abdomen, in attacks of colic, is frequently retracted, but, in some cases, more or less tympanitic. Generally there is absence of tenderness, and firm pressure with the hands, or by lying upon the belly, affords relief; but in some cases there is more or less soreness and tenderness on pressure, especially over the site of the cæcum. During the paroxysms of pain, the abdominal muscles are sometimes spasmodically affected, especially the rectus muscle, the sections of which are felt as hard bunches. Usually there is constipation. Nausea is sometimes present, and occasionally vomiting. The pulse is but little, or not at all, accelerated. The skin is cool, and, during the severity of pain, frequently bathed in perspiration.

In a case presenting the characters just described, it is important to determine, as soon as practicable, the existence simply of a functional affection, that is, to differentiate colic from affections in which pains like those of colic occur. The diagnosis is to be made by excluding these affections. Dysentery is readily excluded by the absence of the dejections characteristic of that disease. Enteritis is excluded by the absence of the symptoms denoting inflammation. The pain, in these two affections, is rarely as violent as in most cases of colic; but in cases of acute peritonitis, the exacerbations of pain may equal in violence those of a severe attack of colic, and the error of confounding these two affections has been committed in not a few instances. The exclusion of peritonitis is to be based on the absence of notable tenderness over the abdomen, rigidity of the abdominal walls, frequency of the pulse, and other general symptoms denoting a graver affection than colic. Invagination, internal hernia, and other obstructive lesions cannot always be at once excluded. As a rule, the paroxysmal pain occurring in connection with these lesions at the outset, and, indeed, all along, is less violent than in colic, and, after a time, the existence of something more than colic is shown by persisting pain, tenderness, vomiting of so-called stercoraceous matter, sometimes tenesmus, frequency of the pulse, prostration, etc. The absence of these symptoms, after a time, warrants the exclusion of obstructive lesions. The possibility that some obstructive lesion may exist is not to be lost sight of, in cases which at first have the appearance of simple colic. The possibility of inguinal or femoral hernia is also to be borne in mind, and a careful examination with reference to this point is not to be omitted. The resemblance of labor-pains to those of colic is to be recollected. Pregnancy is sometimes concealed, and it has happened that the physician, supposing his patient to be suffering from colic, has been taken by surprise at the cry of a newly-born infant under the bedclothes.

The several varieties of colic, which writers have generally recognized, do not require separate consideration. Some of these varieties rest on an insufficient basis. The colic has been called crapulous when it proceeds from indigestion. Every one is familiar with the attacks which are apt to follow over-indulgence at the table, ending frequently in crapulous diarrhœa. A colic is called flatulent when accompanied with tympanites, or the expulsion of gas with relief. This variety is most apt to occur in infancy. The term bilious colic has been used when the affection is supposed to depend on hepatic derangement. This dependence is merely conjectural, and there is no more reason for continuing to append the word bilious to this affection, than to various others in which the coexistence of disorder of the liver is equally hypothetical. Colic has been called stercoraceous when attributable to the retention of feces; but the latter is perhaps oftener an effect than a cause of colic. In another variety called verminous, the colic is supposed to depend on the presence of worms, but it may fairly be doubted whether colic ever proceeds from this source. The variety called saturnine or lead colic, is properly a distinct affection, and will be considered as such.

The morbid condition in colic is supposed to be spasm. Its seat is, therefore, the muscular tunic of the small or large intestine. That this is the pathological character of the affection, is shown by the kind of pain, the constipation, together with the other local symptoms, and the therapeutical measures which are found to be successful. It is not improbable, as supposed by Abercrombie, that, in certain cases, the spasm may be preceded by paralysis of a section of the intestinal tube, and consequent obstruction to the passage of its contents. Like other spasmodic affections, it may be produced by causes which act either directly upon the part affected, or indirectly through its nervous communications. The late Prof. Charles Hooker, of Yale College, in an interesting paper on intestinal auscultation, published in 1849, states that, during an attack of colic, borborygmal sounds indicating the peristaltic movements of the intestinal tube are suspended, and that the termination of the attack is preceded by a return of these sounds for some time before the complete relief of pain.

Attacks of colic are frequently, if not generally, attributable to the local action of the ingesta. They may arise from indigestion caused either by excess in quantity, or the indigestible quality of food. They not infrequently follow exposure to cold or fatiguing exertions, but these causes probably act by occasioning indigestion. Certain articles of diet, for example shell-fish, in some persons, give rise to attacks of colic, in consequence of an idiosyncrasy which is inexplicable. The muscular tunic of the intestine is especially susceptible to spasm in infancy, and colic occurs much oftener in early than in middle and advanced life. A susceptibility to intestinal spasm belongs to some persons, constituting a predisposition to this affection. In the practice of every physician there are those who are subject to attacks of colic more or less frequently. This predisposition may continue for a certain number of years, and then disappear. Persons with this predisposition often have an uncomfortable sensation of weight, coldness, or numbness in the abdomen, with general languor and irritability, preceding the development of colic, and by means of these premonitions they are able to predict an impending attack.

Although attended with great, and, if not efficiently treated, often protracted suffering, colic is not a dangerous affection. It may be doubted if, alone, it ever prove fatal. It is one of those violent functional affections from which recovery takes place rapidly. It has no tendency to eventuate in inflammation or any other disease, but, in proportion to its duration, it is followed by fatigue or weakness, and more or less abdominal soreness may remain for some time.

The object of treatment is the relief of spasm as indicated by the cessation of pain. Measures are to be directed to this object without reference to the cause of the attack, or the existence of constipation. If, as is generally the case, an attack have been induced by the presence of irritating ingesta, measures directed to the spasm should take precedence of evacuants; and if, as is frequently the case, the bowels were constipated at the time of the attack, the removal of this condition is a secondary object. So long as spasm continues, there is a resistance to the action of cathartics, and to defer measures for the relief of pain until the bowels have been evacuated, is to prolong needlessly the sufferings of the patient.

In mild attacks, warmth to the abdomen and extremities, a little spirit not largely diluted with hot water, some aromatic stimulant such as anise, ginger, cloves, mint, etc., or a few drops of chloroform, will suffice to procure relief. Twenty drops of chloroform, repeated, if necessary, at short intervals, will sometimes afford prompt relief in severe cases. If not, opium in some form is to be given to the extent of procuring freedom from pain. Administration *per enema* is to be preferred. A drachm of laudanum and the same quantity of the tincture of assafœtida, in a small quantity of mucilage or starch, may be injected, with injunctions to the patient to resist the desire to expel it, and, usually, in a short time, this desire passes off. If complete relief do not follow in the space of an hour, the enema may be repeated. If the suffering be extremely intense, double this quantity of laudanum, in the case of an adult, may be given in the first or second enema. If necessary the enema may be repeated a second or third time. A similar plan is to be pursued as regards the doses and repetitions, if the opiate be given by the mouth. Hot fomentations or dry heat should be applied to the abdomen. Speedy success may be counted upon by pursuing this plan of treatment.

The subsequent treatment is to be determined by circumstances relating to the abdomen. If no inconvenience be felt, measures to effect a movement of the bowels need not be employed for twenty-four or even forty-eight hours. Not infrequently, if the physician be not in haste to give a cathartic, a sufficient evacuation occurs spontaneously. If measures to effect a movement be required, a large simple enema may suffice; if not, a mild saline purgative may be given in divided doses, or castor oil if this remedy be not offensive to the patient. The diet for a day or two should be simple and restricted.

The certainty with which colic yields to an efficient opiate treatment renders it one of the affections which exemplify very palpably the resources of medicine. Some patients, however, suffer considerably from the after-effects of the opium given, and this, in some measure, compromises the mutual satisfaction of the physician and patient in the success of the treatment. Persons who are unfortunately affected unpleasantly by most forms of opium are sometimes able to take certain preparations with less inconvenience than others. The experience of the patient on this point should be consulted.

ENTERALGIA.

The term enteralgia denotes a neuralgic affection referable to the intestines. It has, to the latter, the same relation as gastralgia to the stomach. Gastralgia and enteralgia may be associated. Enteralgia and colic are not infrequently confounded, nor is it always easy to distinguish, clinically, the one from the other. Enteralgia is characterized by pain within the abdomen, with intermissions or remissions, the pain having more or less intensity, but lacking the twisting or griping character of the pain in colic. It may be so severe as to lead to contortions and oral expressions of suffering. In females, enteralgia is an element of attacks of tympanites due to the secretion of gas, and it is apt to be associated with hysterical phenomena.

The diagnosis involves the exclusion of the various affections from which colic is to be discriminated, and the exclusion of the latter affection. Rheumatism of the abdominal walls is also to be excluded. According to Valleix, lumbo-abdominal neuralgia bears a close resemblance, as regards the seat, etc., of pain, to enteralgia, but it is to be discriminated by the existence of tenderness in front at the umbilical or hypogastric region, and also at points in the lumbar and lateral portions of the body, whereas, in enteralgia, tenderness on pressure is generally wanting.

The treatment involves the same principles as the treatment of gastralgia and other neuralgic affections.

LEAD COLIC.

The affection now commonly known as saturnine or lead colic, has been described by writers, at different times and places, under a variety of names. Painter's colic, plumber's colic, colic of Poitou or colica pictonum, Devonshire colic, colic of Madrid, vegetable colic, rachialgia, dry bellyache, and other names which might be added, all relate to the same affection, which is one of the varied forms under which lead poisoning is manifested. For the evidences of the correctness of this statement, the reader is referred to treatises entering into the consideration of the affection more largely than is consistent with the scope of this work.[1] The affection differs from ordinary colic, as regards not only its causation and clinical history, but its pathological character; it is not a spasmodic, but a neuralgic affection, that is, a variety of enteralgia.

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[1] Tanquerel's Treatise on Lead Diseases, translated by Samuel L. Dana, M.D., LL.D., 1848, gives a concise but comprehensive exposition of the knowledge acquired by modern researches, of the various manifestations of poisoning by lead. For a *résumé* of facts bearing on the statement contained in the sentence to which this note is appended, the reader may consult the *Guide du Médecin Practicien*, by Valleix, edition of 1860, under head of *Colique nerveuse*.

The affection is developed usually in a gradual manner, and is preceded by prodromic phenomena, which are the general effects of lead poisoning, viz., pallor, due to anæmia, and frequently an icterode hue of the skin, a peculiar fetor of the breath and a metallic taste in the mouth, loss of appetite, constipation, pain in the limbs, more or less emaciation, and muscular debility. Pain in the abdomen is at first comparatively slight and progressively increases, becoming, at length, the chief ailment. The pain is oftenest referred to the region of the umbilicus, but sometimes to the epigastrium or hypogastrium, and it may be limited to other situations, or it may extend over the whole abdomen, but is usually confined within a small space. The pain frequently shoots into the back, the genital organs, and in other directions. The pain is sometimes dull or aching, and, at other times, acute and lancinating. It varies, in different cases, within wide limits, as regards intensity. In a mild form it merely occasions annoyance, like the pain in certain cases of gastralgia, but in a severe form the suffering is extreme, causing the patient to assume a variety of unnatural and fantastic positions, and to utter loud groans or cries, as in severe cases of gastralgia and ordinary colic. The abdomen may be more or less meteorized or tympanitic, but it is oftener depressed, and resisting to pressure. Pressure on the abdomen, if made gradually and over a considerable space, is generally well borne and often affords relief; patients are apt to lie upon the belly, with a folded pillow or some other substance, and sometimes the closed hand, placed under them over the seat of the pain. Pressure, however, with the ends of the fingers or percussion of the abdomen may not be well borne. The bowels are constipated, the exceptions to this rule being infrequent, and the dejections frequently consist of small hard lumps, or scybala. More or less nausea occurs in a majority of cases, and not infrequently vomiting. Hiccough and eructations of gas are not uncommon. The appetite is lost. The urine is scanty, and micturition is sometimes difficult and painful. Circumscribed projections or tumors, changing their situation, and due, evidently, to an accumulation of gas in a portion of the intestinal tube, have been observed. The pain may be exclusively in paroxysms, the patient, in the intermissions, being entirely free from it, but much oftener more or less constant pain is experienced with exacerbations. The paroxysms or exacerbations vary much in different cases in duration, as well as severity. They may last for a few moments only, or continue for several hours. The intermissions or remissions also vary in duration from a few moments to hours and even days.

In conjunction with the foregoing local symptoms, there is no febrile movement unless there be some accidental complication. The pulse is abnormally slow, and frequently irregular. It is generally fuller and harder than in health. The skin is cool. The mind is anxious and depressed. The strength fails in proportion to the severity of the pain and the duration of the affection. The affection may be complicated with other manifestations of lead-poisoning, viz., paralysis affecting certain of the voluntary muscles, and especially the extensors of the forearm, amaurosis, neuralgia in different situations, occasionally epileptiform convulsions, delirium, and coma. The latter have been embraced by Tanquerel and other writers under the name lead encephalopathy.

The affection has no definite duration, in this respect resembling neuralgic affections in general. When left to itself, it may end in a few days, or after the lapse of weeks, and, if the patient continue to be exposed to the cause, it may persist for an indefinite period. In itself, it involves little or no danger to life, nor is there ground to believe that it leads to any serious abdominal disease. But other effects of lead poisoning, which may complicate or follow this affection, especially the effects embraced under the name of lead encephalopathy, are liable to end fatally. The affection frequently pursues an irregular course, varying in severity much at different periods; and relapses, after all the symptoms have ceased for days or weeks, without any fresh introduction of lead, are not uncommon.

The introduction of lead into the system in sufficient quantity to give rise to its morbid effects, may take place through the lungs, the stomach, the mucous membrane in other parts, and the skin. Certain occupations involve the inhalation of lead. Persons employed in the manufacture of lead-paints are most exposed, and, of those who suffer from lead poisoning, the largest proportion are of this occupation. Next to this class, painters are most exposed. More or less exposure, by inhalation, belongs to a great number of occupations, such as paper staining, grinding of colors, glazing cards, manufacturing earthen pottery, plumbing, shot making, etc. Lead poisoning has repeatedly occurred from sleeping in newly-painted rooms. Lead may be introduced through the stomach in various articles of food and drink. The colic of Poitou was due to wine, and that of Devonshire to cider adulterated with lead in order to give it sweetness. This kind of adulteration has been practised since the occurrence of the affection in the places just named, and it is perhaps still sometimes resorted to. Liquid and solid articles of diet, especially if they contain a free acid, become impregnated with lead by being in leaden vessels or earthen vessels glazed with lead. Some years ago a large number of persons within a limited district in Ohio were affected with a disease which, for some time, was regarded as a novel epidemic, and received the name of dry cholera. It was found to have the diagnostic characters of lead colic, and was traced to the common use of a cheap kind of earthenware made in that vicinity, into the glazing of which lead entered.[1] Prof. Fenner, in the *Southern Medical Reports*, vol. i., describes an epidemic colic which he observed in New Orleans, and which he traced to lead contained in soda-water, and my colleague, Prof. Doremus, some years ago, demonstrated the presence of lead in considerable quantity in the soda-water drawn from fountains in this city (New York). Water distributed in lead pipes is not infrequently the vehicle of its introduction into the system.[2] Lead sometimes enters into the substances used to color confectionery, condiments, and other articles, in sufficient quantity to give rise to poisonous effects. Articles inclosed in lead foil may become contaminated. The habit of chewing shot and pieces of the lining of tea boxes has been known to give rise to various manifestations of lead poisoning lasting for four years before the cause of disease was discovered.[3] These are only a few of the diverse modes in which lead finds its way into the alimentary canal. Its use as a remedy has given rise to colic and other morbid effects. It may be introduced through the skin, although doubtless with difficulty. Prof. Lewis Rogers, of Louisville, has informed me that he has known the characteristic paralysis called wrist drop, fairly attributable to the long-continued application, to the hands and face, of a cosmetic containing lead. Finally, instances of lead poisoning by means of collyria and vaginal injections have been reported.

The diagnosis of lead colic, in most cases, is not difficult. If the occupation of the patient involve obvious exposure to lead, a suspicion of the nature of the affection is, of course, at once aroused; but this, and other manifestations of lead poisoning not infrequently occur in persons who are not aware of any such exposure, and it may require no small pains to discover the mode in which the poisoning has taken place, after the character of the affection has been ascertained. The diagnostic characters of lead colic as compared with those of ordinary colic, offer points of difference which enable the physician to discriminate it from the latter. The gradual development, the occurrence of remissions much more frequently than intermissions, the persistency of the affection, the concurrence of pain in the back, limbs, and sometimes in the chest, the occurrence of nausea and vomiting, the obstinacy of the constipation, and frequently dysuria, characterize this affection when contrasted with ordinary colic. Coexisting paralysis in some cases, especially if limited to the extensor muscles of the forearm, strengthens the diagnosis. Enteritis and peritonitis are excluded by the absence of symptoms denoting inflammation. Enteralgia, exclusive of its occurrence in connection with hysteria, is so rare, excepting when produced by lead, that its existence is strong presumptive evidence of this causation. A valuable sign was indicated by Tanquerel in his treatise on lead diseases, published in Paris, in 1838, and its diagnostic importance enforced by Dr. Henry Brinton in a paper read before the London Medical and Chirurgical Society in 1840. This sign consists in a blue or slate discoloration of the gums at their junction with the teeth. The blue line on the gums may be apparent on the upper or lower jaw or on both. It is wanting in sections where teeth have been lost. It is most marked in proportion as the teeth are incrusted with tartar, and in persons who neglect cleanliness in this situation. The discoloration is attributed to the formation of the sulphuret of lead, sulphuretted hydrogen being evolved from the decomposition of particles of food remaining between the teeth and beneath the margin of the gums. The presence of the lead to combine with the sulphuretted hydrogen may be readily accounted for, if it be introduced, as is usual, into the system through the mouth either with the inspired air or in food or drink; but there is ground for the belief that sufficient lead may be eliminated in this situation to account for the sign. The sign is not present in all cases. Its absence, therefore, is not proof that lead colic does not exist. Clinical observation, however, shows that the sign is present in a large majority of cases. It is found frequently to precede the development of colic and other affections dependent on lead poisoning. It is not a transient sign, but is apt to persist, not only during the continuance of the affection, but for some time afterward. In a diagnostic point of view it is highly important, and the gums should be examined with reference to it whenever lead poisoning is suspected.

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[1] Article by E. C. Bidwell, M. D., in the Ohio Medical Journal, 1851.

[2] *Vide* appendix to translation of Tanquerel's treatise, and Report of Horatio Adams, M. D., in Transactions of American Medical Association, vol. v.

[3] *Vide* case in Western Lancet, Cincinnati, communicated by Dr. Edward Murphy, of Indiana.

The treatment of lead colic embraces palliative and curative measures. The pain is to be palliated by anodynes given by the mouth or rectum, conjoined with soothing applications to the abdomen, as in cases of ordinary colic. Chloroform given by the mouth and applied over the abdomen is stated by Aran to act promptly and efficiently in relieving the pain. If this prove ineffectual, opium in some form will be required, the doses and their repetitions to be graduated by the intensity and persistence of the pain. Relief is afforded by free purgation, and, for this end, saline, or such other cathartics as the stomach will best support, may be given, and their operation aided by large purgative enemata. The obstinacy of the constipation often renders it difficult to procure free evacuations from the bowels, and active cathartics may be required. Tanquerel advocates the efficacy of croton oil, a drop to be given twice daily. He regards active purgation as curative, and this is the view generally held. Drastic purgatives entered largely into the complicated treatment instituted by Monks in the hospital *La Charité*, in Paris, in the beginning of the 17th century, and, with various modifications, continued ever since in that hospital. The employment of cathartics may be useful in removing lead contained in the contents of the alimentary canal. The warm bath is useful as a palliative, soothing measure.

Several remedies have been supposed to have a curative efficacy in this affection. Alumen is one of these. Its efficacy is advocated especially by Brachet, in a prize essay on the subject of lead colic, who states that he treated 150 patients with this remedy more successfully than by opium and purgatives. From one to two drachms of alumen were administered during the day, in a ptisan to which 40 or 50 drops of laudanum were added, a mild aperient given on the third day, and the alumen continued for two or three days after the symptoms of the affection have disappeared. Other observers, Briquet, Tanquerel, and Grisolle, have not met with a similar success from the alum treatment. Sulphuric acid has been advocated especially by Gendrin, on the basis of remarkable success in a large number of cases. A drachm of dilute sulphuric acid in a quart of sweetened water forms a pleasant drink resembling lemonade, and this may be taken in the twenty-four hours. Tanquerel denies the efficacy of this remedy, giving, as the basis of his denial, the results of its trial in 53 cases. The success of Gendrin's method, however, is attested by Dr. Bennett, who was a pupil and house physician of Gendrin for three years.[1] The prophylactic efficacy of the sulphuric acid lemonade appears to have been satisfactorily proven in the lead works at Birmingham, England.[2] Strychnia or nux vomica has been recommended as a curative remedy by Huss, Neligan, and, in this country, by Dr. Bulkley, and the late Dr. Swett.[3]

The remedy regarded in this country, at the present moment, as possessing most curative power, is the iodide of potassium. The use of this remedy as a curative agent, in the treatment of lead diseases, and also those due to the presence of mercury in the system, dates from the publication in the *Annales de Chimie et de Physique*, in 1849, of a paper by Melsens.[4] Assuming, as is generally believed, and as facts appear to prove, that the local manifestations of lead poisoning are due to the presence of an insoluble compound of lead in the tissues of the affected parts, Melsens claims for the iodide of potassium the power of effecting the liberation of the lead and its elimination from the system. The iodine is supposed to combine with the lead in the tissues forming a soluble compound which passes out of the body in the urine. Chemical examination of the intestines, the paralyzed voluntary muscles and other organs, in cases of lead poisoning, has shown the presence of lead in larger quantity than is to be accounted for on the supposition that it may exist in the body in health. The examination of the urine in cases of lead poisoning under treatment with the ioidide of potassium, has shown the presence of lead, its absence in this liquid having been ascertained prior to the treatment.[5] Finally, clinical observation appears to afford proof of the curative efficacy of this treatment. Further evidence of the latter consisting in the results of the treatment in a large number of recorded cases, is a desideratum. With reference to the therapeutics of this, as of other affections, knowledge of its natural history as regards termination when left to its own course, is important. Tanquerel, in his valuable treatise, gives the results in 31 cases in which no treatment was pursued for 12 days after admission into hospital, the affection having existed for one or more days before admission. Of 8 of these cases in which the colic was violent, in 3 a spontaneous cure took place within the 12 days, viz., on the 3d, 8th, and 11th day. Of 13 cases in which the colic was of moderate severity, in 5 a spontaneous cure took place on the 4th, 7th, 8th, 9th, 11th day, and in 1 on the 13th day. Of 10 cases in which the colic was light, in 6 a spontaneous cure took place within the 12 days.

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[1] Appendix to Tanquerel's Treatise, by Dana.

[2] Op. cit.

[3] Stillé's Therapeutics, vol. ii. p. 247.

[4] For a translation of this paper by William Budd, M. D., the reader is referred to the British and Foreign Medico-Chirurgical Review, Jan. 1853.

[5] For facts verifying this statement, see a report of the results of the treatment with the iodide of potassium in 23 cases, in the New York Hospital, by H. S. Swift, M. D., New York Medical Times, February, 1854.

In the treatment of lead poisoning by the iodide of potassium, Melsens enjoins to commence with moderate doses, and to increase the doses gradually. He supposes that disturbance may arise from dissolving the lead out of the tissues rapidly. Five grains may be given three times daily at first, and the quantity increased to a drachm *per diem*, if the remedy occasion no inconvenience.

The utility of the warm bath as a palliative measure has been already referred to. It may perhaps be useful in promoting the elimination of lead through the skin. It is useful by removing from the skin lead which comes into contact with and adheres to the surface in persons engaged in certain occupations. The sulphurated or sulphurous bath may be employed for the latter object. This is made by adding four ounces of the sulphuret of potassium to thirty gallons of water in a wooden bathing vessel. The use of this bath renders the presence of lead on the skin apparent by the production of a dark discoloration which is readily removed by a brush. The blackness is marked in various parts of the body in painters and workmen employed in the manufacture of the preparations of lead used as paints, especially if they have neglected cleanliness; but it may be due to the presence of lead eliminated from the body and remaining adherent to the surface. The bath renders the lead which may be in contact with the skin inert, and it is useful as affording evidence that the surface of the body is entirely free from lead, whether derived from without or eliminated.

Prevention of the continued introduction of lead into the system is an essential part of the management. The occupation is to be suspended if it involve exposure, and if the affection be renewed, or there are other manifestations of poisoning, on resuming the occupation, it should be exchanged for some other. If the source of the poisoning be not apparent, it is to be sought for until found. This poison is one which gives no notice of its entrance into the body, and no manifestations of its presence until a certain amount of accumulation has taken place. The affection under consideration is but one, although the most frequent, of the forms of disease to which it gives rise. There is reason to think that obscure and indefinite ailments are not infrequently produced by it in cases in which suspicion of the cause is not awakened, and the liability to these, as well as the more marked effects, from the use of water conducted in lead-pipes and various other sources, some of which have been enumerated, is one of the important subjects pertaining to public health.

The protection of those necessarily exposed to an atmosphere more or less charged with lead, or to contact with it, is also an important subject. Much may be done to prevent its introduction by attention to ventilation, clothing, baths, washing the mouth, and the occasional use of purgatives. Special means of protection, such as the application of moist sponges to the mouth and nostrils, or the use of masks, under certain circumstances, may be important.

After recovery from the colic, an anæmic condition, with general debility, will often claim appropriate medicinal and hygienic measures of treatment.

COLIC FROM COPPER.

Writers have described a form of colic supposed to be produced by the introduction and accumulation of copper in the system, and the term *metallic colic* has been used to embrace, not only the colic due to lead, but abdominal pains, with other symptoms, attributed to copper, mercury, and arsenic. The diagnostic features of so-called copper colic, as contrasted with lead colic, have been considered to be as follows: Limitation of pain to the abdomen, increase of pain by pressure, enlargement more frequently than retraction of the abdomen, diarrhœa with greenish stools, and infrequency of nausea or vomiting. An extended and careful examination of numerous establishments in which the workmen were exposed to emanations from, and contact with, copper in various modes, conducted by Chevallier and Boys de Loury, in Paris, led to the conclusion that such an affection as colic from copper does not exist.[1] This conclusion, however, is by no means inconsistent with the fact that copper within the system exerts a deleterious effect. Arsenic and preparations of mercury, taken in quantities sufficient to produce the phenomena of a local acrid or irritant poison, give rise to pains which may resemble those of colic. Accumulating within the system, these minerals occasion certain toxical effects, but they do not, under these circumstances, lead to abdominal symptoms which may with propriety be considered as an individual affection under the name of colic.

CHAPTER VIII.

Sporadic Cholera—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Cholera Infantum—Epidemic Cholera—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Prevention—Treatment.

Of the functional affections of the stomach and intestines, enumerated in a preceding chapter, two remain to be considered, viz., sporadic and epidemic cholera. Cholera infantum, belonging among the diseases of children, does not come within the scope of this work. I shall, however, notice it briefly, referring the reader, for a fuller consideration of it, to works devoted to the diseases of children.

SPORADIC CHOLERA.

The affection called cholera, in its ordinary form, is commonly known as *cholera morbus.* Aside from the incongruity of associating these two words, the one Latin and the other of Greek derivation, there is no good reason for appending the word morbus, which expresses no more than is implied in the name of any affection, viz., the existence of disease. The etymology of the term cholera is somewhat doubtful, but it is supposed to signify a flow of bile. The term is of ancient date, and was introduced when various liquids were embraced under the head of bile. Not only is the term sanctioned by long usage, but it would be difficult, with our present knowledge, to substitute a better name for the affection under consideration. The term sporadic serves to distinguish this from another affection, known as cholera, which prevails as an epidemic. To distinguish it from the latter, which emanates from India, it is sometimes called by French writers, *European*, and by British writers, *English cholera*. Writers on this side of the Atlantic might with equal propriety call it American cholera, since it is sufficiently common, as an indigenous affection, in America.

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[1] *Vide* Nysten's Dictionnaire de Médecine, etc., 1858. Also, Valleix, op. cit., tom. v.

Clinical History.—An attack of sporadic cholera is often abrupt, but, in some cases, is preceded, for a period usually brief, rarely longer than a few hours, by a sense of weight or uneasiness referred to the epigastrium, or extending more or less over the abdomen, with nausea, occasional colic pains, etc. The attack occurs much oftener in the night than in the daytime. It is ushered in by vomiting, which is speedily followed by purging. Vomiting and purging, occurring in quick succession, and recurring either simultaneously or in close alternation, constitute the prominent, distinctive symptomatic features of this affection.

The evacuations from the stomach and bowels are generally abundant, and, at first, consist of the alimentary and fecal contents. Afterwards, liquid is vomited, sometimes in large quantity, often having the appearance and taste of bile, sometimes acid and sometimes acrid, so as to occasion a scalding sensation in the throat. In like manner, the dejections become liquid, and occasion frequently a burning sensation at the anus. The acts of vomiting and purging occur suddenly with but little premonition. They are often violent, the contents of the stomach and bowels being ejected with force. The acts of purging are preceded and accompanied by colic pains, often extremely severe, which are temporarily relieved by a free evacuation. Severe pains, like those of spasm or cramp, often attend the acts of vomiting. In the intervals between the acts of vomiting, the patient usually suffers from dryness of the mouth and fauces with urgent thirst. The abdomen may be at first voluminous, but, after repeated acts of vomiting and purging, it becomes contracted. Tenderness over the abdomen is either wanting or slight. Spasm of the abdominal muscles sometimes occurs, causing hard bunches or knots as in some cases of colic. Hiccough is an occasional symptom.

With the foregoing local symptoms are associated anxiety, restlessness, and a sense of exhaustion proportionate to the violence and duration of the attack. The pulse is more or less accelerated, small, and feeble. The skin is cool or even cold, and is frequently bathed in clammy sweat. The voice is feeble, sometimes altered in quality, and occasionally there is aphonia. In some severe cases cramps occur in the feet, the calves of the legs, and in other situations. These add greatly to the suffering of the patient.

The affection runs a rapid course. After continuing for several hours, the acts of purging and vomiting become less severe and occur at longer intervals, the pains, etc., progressively diminish, until, at length, all the symptoms disappear, leaving an amount of fatigue proportionate to the violence and duration of the attack. The patient usually rapidly recovers. It is remarkable that an affection involving so much disorder should leave the affected organs in a condition to resume so speedily the exercise of their functions. This is the rule as regards the progress and termination of the affection, even if its course be not arrested by remedial interference. Exceptionably, the vomiting and purging continue, the evacuations from the bowels occur involuntarily, the pulse becomes more and more feeble, coldness of the surface is more and more marked, contraction of the features takes place; in short, the patient falls into the state of collapse, and dies within a few hours from the date of the attack. This unfavorable course is extremely rare. I cannot recall an example that has fallen under my observation, exclusive of cases occurring in infancy.

PATHOLOGICAL CHARACTER.—Sporadic cholera appears to combine morbid conditions belonging to other functional affections of the alimentary canal. In a certain proportion of the cases considered as cases of cholera, the symptoms are attributable simply to indigestion. Vomiting and purging denote, in these cases, the coincidence of acute dyspepsia and crapulous diarrhœa. These cases are usually comparatively mild, and the vomiting and purging cease as soon as the offending contents of the stomach and bowels are expelled. In other cases, something more than indigestion is involved in the pathology. The evacuation of liquid, often in great abundance, shows hyper-secretion or morbid transudation into the stomach and intestines. The affection then combines gastrorrhœa and enterorrhœa. In some cases the secretion of bile would seem to be increased, but it is difficult to estimate, from the color and the bitter taste of the vomited liquid, the relative proportion of bile. It has been common to suppose that in this, as in various other affections, disorder of the liver is in some way involved. There is no solid foundation for such a supposition; it rests on conjecture alone. It is only in a certain proportion of cases that the bile appears to be secreted in morbid quantity. The limits of our present knowledge of the pathological character of the affection is reached when the different morbid conditions into which it is resolvable are enumerated. These morbid conditions, or elements of the affection, are indigestion, irritation, spasm of the muscular coat of the stomach and intestines, enteralgia, morbid gastric and intestinal transudation, and, perhaps, in some cases, hyper-secretion of bile.

CAUSATION.—Sporadic cholera is not peculiar to any country, but is of more frequent occurrence in warm than cold climates. In cold and temperate latitudes it occurs very rarely except during the summer and autumnal months. An elevated temperature is thus involved in its causation, either by contributing to the development of causes, or by rendering the system more prone to be affected by them. The affection occurs oftener in childhood, youth, and middle age than in advanced life, and oftener in males than females. Frequently an attack seems to be attributable to the ingestion of particular articles of food or drink. Uncooked vegetables, fruits, ices, etc., are often supposed to stand in a causative relation to it. An attack may follow the arrest of digestion from various causes. In some cases, as already stated, the affection is apparently due to indigestion alone. It is probable that, exclusive of these cases, the affection involves a special cause, the nature and source of which are unknown.

DIAGNOSIS.—The diagnostic features of an attack of sporadic cholera are so strongly marked that little need be said under this head. Yet, there is some liability to errors of diagnosis. I have known a case of acute peritonitis accompanied by vomiting and purging, to be considered as a case of cholera, the nature of the disease not being discovered until the autopsy was made. It is extremely rare for vomiting and purging to have sufficient prominence early in peritonitis, to lead to this error. The diagnostic marks of peritonitis, however, which will be considered in the next chapter, should always be sought after in cases of apparent cholera. The chief liability to error in diagnosis, relates to cases of poisoning from the ingestion of acrid or corrosive substances. It is important to discriminate these cases from cholera, with a view to antidotal treatment, prognosis and medico-legal considerations. The following are the differential points: The acrid or corrosive poisons occasion vomiting which continues for some time before diarrhœa occurs, whereas, in cholera, the purging is simultaneous with, or follows quickly the vomiting. Moreover, the vomiting in cases of poisoning is out of proportion to the diarrhœa. The symptoms in cases of poisoning denote a condition of greater gravity. The pulse is more frequent and smaller, the expression is more haggard, etc., than in the majority of the cases of cholera. Redness, or charring of the mouth and throat distinguishes certain cases of poisoning. There is marked tenderness over the stomach in cases of poisoning, and more constant, excruciating pain in this situation, in the intervals between the acts of vomiting—in short, the symptoms of gastritis are present. The matter vomited is more apt to be bloody. Finally, in cases of poisoning the symptoms are developed directly after a meal, or the ingestion of something containing the poison.

PROGNOSIS.—As already stated, under the head of the clinical history, this affection, in the vast majority of cases, intrinsically tends to recovery. A fatal termination is a rare exception to the rule; yet, the fact that the termination is sometimes fatal is to be borne in mind, and should enforce prompt and effective measures of treatment. Occurring in persons already affected with some important disease, the prognosis is, of course, not so favorable as when healthy subjects are attacked. Racle has collected a series of cases showing that when this affection becomes developed in the course of other diseases, it possesses considerable gravity.[1]

TREATMENT.—In the treatment of sporadic cholera, the first point is to ascertain whether the matters vomited have contained ingesta in more or less abundance. If not, and there be reason to suppose that the stomach contains indigested aliment, a mild emetic may be given. Almost invariably, however, the contents of the stomach are expelled with the first acts of vomiting, and, as an emetic is indicated for no other object, it is very rarely called for. In my own experience I have not prescribed an emetic in this affection for the last twenty or more years. The next object is to arrest the vomiting and purging, together with the pain, etc., by the employment of some form of opiate in doses sufficient to effect this object. In the vast majority of cases, this object may be speedily effected. The form of opiate should be chosen with reference to promptness of action and its being retained. Laudanum, the black drop, and an aqueous solution of opium are well suited to the management of this affection, but Majendie's solution, or a salt of morphia placed dry upon the tongue, is, in general, the best form. A full dose—half a grain of a salt of morphia, or an equivalent dose of any other preparation, to an adult—should be given directly after an act of vomiting. The first dose will perhaps be immediately rejected; if so, a second should be at once given. If a second and third dose be instantly or quickly rejected, the administration by the mouth should be abandoned, and from one to two drachms of laudanum, or an equivalent dose of some other preparation, may be given in a little thin starch or mucilage *per enema.* The enema should be given directly after an evacuation, and the patient should be instructed to resist as long as possible the inclination to expel it. If the first enema be quickly rejected, a second and a third may be given. If the attempt to administer the opiate by the mouth and rectum fail, the hypodermic injection may be resorted to. In whatever way the remedy be introduced, it is to be repeated after an interval of from half an hour to an hour until the vomiting and purging are arrested, the effects of each dose being carefully watched, and the intervals being sufficiently long to avoid any risk of inducing narcotism.

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[1] *Vide* Valleix, op. cit.

An important part of the treatment is withholding from the patient liquids. His intense thirst leads him to drink largely between the acts of vomiting, and this tends to prolong the attack. He should be restricted to a tablespoonful of ice water at short intervals, or, what is better, to small pieces of ice which may be taken frequently and allowed to dissolve in the mouth. Strict compliance with injunctions on the score of drink is essential to the prompt success of the treatment. If there be great prostration, a little spirit and water may be taken, if retained, at short intervals.

In my experience this method of treating sporadic cholera has proved uniformly successful, and complete relief may generally be expected within an hour. No apprehension need be entertained with respect to the sudden cessation of the vomiting and purging; the more quickly the arrest is made, the better, after a free evacuation of the stomach and bowels. Mercury is, to say the least, superfluous. The success of treatment without it is all that could be desired.

Care, as regards diet, is alone required, in most cases, after the affection is arrested.

I do not deem it necessary to consider other methods of treatment, since the success of the plan just stated is, so far as my experience goes, uniform and immediate. The only objection to the plan is, that some persons are unpleasantly affected by opium, and, after the affection is arrested, the effects of the remedy may be more or less annoying for a time. This objection has not much weight, since the after-effects of opiates, however distressing, occasion far less suffering than the continuance of cholera. But they who frequently experience annoyance after the use of opium, under certain circumstances take it without inconvenience, and I have been led to observe that the after-effects are apt to be slight or wanting when opium is given, in this affection, to patients who usually suffer from these effects.

CHOLERA INFANTUM.

The name cholera infantum, or the more popular phrase, *summer complaint*, is supposed, by some, to denote an affection peculiar to this country. The morbid phenomena, however, considered by American writers as belonging to this affection, are described in European works under other names. Cruveilhier enumerates many of the symptoms as occurring in cases in which gelatiniform softening of the stomach is found after death, a form of softening already referred to, which is probably due to the action of the gastric juice post-mortem.[1] British writers on diseases of children generally describe the symptomatic phenomena under the head of diarrhœa. Weaning brash, watery gripes, and choleric fever of children, are names under which these phenomena have been described by Cheyne, Armstrong, and Copland. By some French writers they are described as belonging to colo-enteritis, follicular enteritis, choleriform diarrhœa of children, and gastro-intestinal catarrh. Trousseau, in his recently published clinical lectures, and some other French writers, adopt the term infantile cholera.

As commonly used in this country, the term cholera infantum, or summer complaint, embraces different pathological conditions, in fact, distinct affections, occurring in children under two years of age. These different conditions, however, may be developed at different periods in the same case. In certain cases, the symptoms closely resemble those of the sporadic cholera of adults. A child is seized with vomiting and purging, the latter usually occurring first; the acts of vomiting and purging are violent and frequently repeated; after the contents of the stomach and bowels are expelled, the evacuations consist of secreted or transuded liquid in more or less abundance. The attack may cease or be arrested and recovery speedily ensue, as in cases of the sporadic cholera of adults; but this favorable course does not obtain so generally in children as in adults. If the course be unfavorable, the vomiting and purging continue; the child is tormented with thirst, but everything is rejected from the stomach; great prostration ensues; collapse follows, and death takes place in one, two, or three days. The fatal result may be preceded by convulsions and coma. In some cases the violent symptoms of cholera cease, and the attack eventuates in a chronic affection, accompanied by diarrhœa and occasional vomiting.

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[1] *Vide* page 340.

In other cases, the affection is gastro-intestinal indigestion. These cases are characterized by diarrhœa, the dejections being lienteric and watery. Vomiting occurs only occasionally, and is an accidental symptom. It may even not occur at all. The diarrhœa is more or less persisting; the appetite is impaired or lost; colic pains are apt to be troublesome; the child progressively wastes, and death may take place from inanition. In another class of cases, the affection is either enteritis or entero-colitis. The dejections in these cases contain gelatinous or stringy mucus, which is not infrequently tinged or streaked with blood. Febrile movement, with remissions, occurs in these cases. There is more or less abdominal tenderness and pain. Vomiting may be prominent, as a symptom, or occur only occasionally. Progressive emaciation and debility mark the unfavorable progress of this affection. Head symptoms are often developed in its course. The child becomes dull and somnolent, lies with the eyelids partially closed, and frequently rolling the head from side to side. Convulsions and coma may occur before death. After death an examination reveals the evidences of inflammation of the mucous membrane of the small, and, perhaps, also, of the large intestine, the follicles being especially involved. Enteritis or entero-colitis is liable to become developed in the cases which, at first, appear to be cases of diarrhœa dependent merely on indigestion. In still another class of cases the symptoms and the appearances after death denote the existence and limitation of inflammation to the large intestine.

Under the head of cholera infantum, then, are commonly embraced cases of sporadic cholera, diarrhœa from indigestion, enteritis, colo-enteritis, and dysentery. The head symptoms which are apt to be developed in unfavorable cases of each of these affections in the young child, were formerly attributed to inflammation of the meninges of the brain. They were supposed to denote a metastasis to the head. The attention of the profession was called to the incorrectness of these pathological views by the writings of Gooch and Marshall Hall. It is not easy to say precisely what the morbid condition is, but it is not inflammation, and it is dependent upon the exhaustion produced by the abdominal affection. It is sometimes distinguished as the hydrencephaloid condition. Softening and injection of the cerebral tissue were found by Dr. Hallowell in cases in which coma and convulsions preceded death, but there was no evidence that these changes were due to inflammation.[1]

The affections embraced under the name cholera infantum, are not, as already stated, peculiar to America, but they doubtless prevail to a much greater extent in certain parts of this country than in Europe, owing, probably, in a great measure, to the heat, in the summer months, being greater here than abroad. The causation has relation to elevation of temperature; the affections prevail almost exclusively during the months of July, August, and September. Something more than temperature is concerned in their production, for they are almost limited to cities and large towns, and are more prevalent in the Northern and Middle than in the Southern States. Children of the poorer classes, in insalubrious situations, living in crowded dwellings, are more liable to be affected, but the children of those in easy circumstances, and of the wealthy, by no means escape. The irritation of dentition and the change of diet after weaning, doubtless, render the system more liable to be affected. Infants brought up by hand are especially subject to these affections. The diet of the child, after weaning, has much to do, if not with the causation of these affections, at least with the ability of the system to resist and overcome them. Restriction to insufficient articles of nourishment, such as arrowroot and gelatin, is one source of innutrition in infancy, but there is reason to believe that infant mortality in cities is attributable in no small measure to the use of diluted, sophisticated, and artificial milk. The importance of undiluted milk from a pure source, to the welfare of children, is far from being generally appreciated. The quality of milk is comparatively of little consequence after childhood, because it then usually enters but little into the diet, but as the chief reliance is upon milk in infancy, its purity is of the utmost importance.[1]

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[1] *Vide* paper in American Journal of Medical Sciences, July, 1847.

The general principles which should govern the management of the same affections after the period of early childhood, are applicable to the different forms of disease embraced under the head of cholera infantum, with certain modifications which will be here referred to very briefly. The treatment, in the first place, will have reference to the form of cholera infantum which is presented. In the acute form, resembling the cholera of adults, in which there is a liability to a rapidly fatal termination by exhaustion from loss of fluids, the patient falling into a state of collapse, the indications are to arrest the vomiting and purging, to restore warmth to the surface by the application of dry heat, mustard-water, and the warm bath, and to sustain the powers of the system by stimulants and nourishment. Exclusive of this form, the affections do not occur with a sudden and violent attack, but, as a rule, are developed gradually and tend to become chronic. They occur when the system is reduced by dentition together with the change of diet incident to weaning. The use of opium cannot be resorted to in any of the affections as efficiently as when they occur after childhood. It is a maxim applicable to all the diseases of infants, that opiates are to be given with great circumspection. Keeping in view these considerations, the treatment will relate, in the first place, to the relief of vomiting and diarrhœa. Measures for the relief of vomiting are: a sinapism to the epigastrium; creasote, which, in doses of a drop in mucilage, repeated after each act of vomiting, sometimes acts like a charm; the subcarbonate of bismuth in doses of from 10 to 30 grains; small doses of calomel with chalk, chloroform, and hydrocyanic acid. With reference to this symptom, a careful regulation of the ingesta is requisite, and milk with lime-water given in a small quantity at a time, will often be retained when other articles of nutriment are rejected.

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[1] It is almost impossible to impress on the public mind certain important facts as a basis of sanitary reforms. The following quotation from the appendix to Pereira on Diet, written by the American Editor, Prof. Charles A. Lee, twenty years ago, is as pertinent now as then: "We have inspectors of flour, of leather, of tobacco, of meat, fresh, and salted, of fish and almost every article of merchandise, but for milk, which is the chief source of sustenance to the young, no inspection is provided; and to judge from the apathy hitherto displayed in relation to it, we have no good reason to expect such a salutary regulation."

With reference to the diarrhœa, occasionally a laxative is useful, and a few grains of calomel or blue mass followed by the syrup of rhubarb, are well adapted for this purpose. There are no indications for mercury except as a remedy for vomiting, and an occasional laxative remedy, the convenience of its administration being perhaps its chief recommendation in cases of young children. Opium, in some form, with due circumspection, is to be employed. It is most efficient when given by enema, provided it be administered with proper care and retained. If given by the mouth, the Dover's powder is an eligible preparation. If the dejections denote acidity, chalk, in powder or mixture, or lime-water, is indicated. The mineral and vegetable astringents are highly important. Of the mineral astringents, the most efficient are, bismuth, lead, and the persulphate or pernitrate of iron. The nitrate of silver is highly recommended by Rilliet and Trousseau. Of the vegetable astringents, krameria, tannic acid, kino, catechu, hæmatoxylon, geranium, and rubus villosus, are articles from which a selection may be made, or which may be tried in succession.

Attention to diet and regimen is of prime importance. Many children, there is reason to believe, die with these affections from an insufficiency of nutriment. Pure milk is the most appropriate article of food. It may be rendered more nutritious by the addition of boiled flour, powdered biscuit, or other farinaceous preparations. Gelatin and arrowroot or other amylaceous substances, are inadequately nutritious. The essence of meat and strong broths are often taken with avidity by very young children, and the desire for them should be indulged and encouraged. This remark is also applicable to broiled tender meats taken in a solid form. Within the past few years, the use of raw meat, introduced by a Russian physician, Weisse, has been highly recommended by Trousseau and others, as a form of diet adapted to the affections under consideration, and observation shows that it is frequently taken with relish. My colleague, Prof. Elliot, advocates strongly this form of diet in these affections. Tender beef is to be preferred, but mutton and chicken are sometimes more acceptable to the patient. The meat is to be finely hashed, and may be given in this way, or it may be made into a kind of *purée* by being reduced to a pulp in a mortar and pressed through a fine sieve, so as to separate the vessels and areolar tissue. If the child manifest an aversion to it as thus prepared, the hashed meat, or pulp, may be rendered palatable by the addition of salt, sugar, or some kind of preserve, or it may be added to a broth made with sago or tapioca.[1] My own experience, as regards the use of raw meat, is too limited to serve as the basis of an opinion, but I have had considerable opportunity of observing the value of cooked solid animal food, and I cannot avoid the suspicion that the latter is generally more acceptable, equally digestible, and not less nutritious. The liability to tænia, as a result of eating uncooked meat, is not to be overlooked. Trousseau states that this occurred twice in a case under his observation. Weisse, who introduced this mode of alimentation, states that the production of tænia has been repeatedly observed in St. Petersburg.[2]

As regards the administration of different kinds of food, the quantity given at a time is to be graduated by the ability of the stomach to retain and digest it; and this is the only rule of limitation. Trousseau states that for some days after commencing the use of raw meat, it may be found undigested in the stools, but, at length, the digestion of it becomes complete. It is of vast importance for the physician not to deem it too trivial to enter into full and minute directions with respect to the details of nourishment. He should bear in mind that children often die from innutrition through the apprehensions and ignorance of nurses and mothers.

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[1] *Vide* Trousseau: Clinique Médicale, tome second.

[2] Traité des Entozoaires, par Davaine, Paris, 1860, page 91.

In conjunction with diet, alcoholic stimulants are highly useful. A few drops of brandy, or some kind of spirit, may be given, at short intervals, with advantage. The preparation known as Calisaya cordial or elixir is well suited to children, combining a tonic and stimulant in a form agreeable to the taste. The need of a stimulant is shown frequently by the avidity with which children take it in these affections.

Finally, removal from the city, either to a situation on the seaboard or to a salubrious point inland, is the most efficient of all curative means. This measure, if not deferred too long, rarely fails. If other measures are not speedily successful, this, whenever practicable, should be resorted to without delay. If it be not practicable, the child should be in the open air as much as possible, and should be carried daily as far from home as convenient, in order, in this way, to secure a change of air.

The head symptoms referred to in the brief notice of the clinical history, claim sustaining measures—stimulants and nourishment—conjoined with mild revulsives.

In these affections, hope of recovery need not be relinquished under an assemblage of symptoms which may seem to render the prognosis as unfavorable as possible. Patients sometimes recover after lingering for a long time on the verge of the grave. The reason is, the affections, when they prove fatal, do not necessarily involve incurable lesions of structure, but a fatal result is due to protracted irritation, exhaustion, and innutrition.

EPIDEMIC CHOLERA.

The term epidemic cholera is selected as the one most frequently used and the most convenient, to designate a disease which has received a great variety of names, such as, Indian, Oriental, and Asiatic cholera, cholera asphyxia, spasmodic cholera, malignant, pestilential cholera, etc. etc. The etymology of the word cholera, it is true, is singularly inappropriate, accepting the derivation which signifies a flow of bile; but our present knowledge does not warrant a name expressive of the pathological character of the disease. Moreover, it is to be presumed that the disease is not essentially the same as sporadic cholera; the two are not merely different varieties of one disease, but they are distinct individual affections, having certain prominent symptoms in common, but differing in essential points relating to clinical history, pathological character, causation, and prognosis.

For an account of the prevalence of this remarkable epidemic in different countries at different epochs, the reader is referred to other works. Suffice it to say that the disease appears to be indigenous in India, and to have existed there, both as a sporadic and epidemic affection, for a long period. In other parts of the world, it has made brief visitations solely as an epidemic. In 1817 it commenced its march from Bengal, and, during the following 15 years, it traversed nearly the whole of the known world. It prevailed in different parts of the American Continent for the first time in 1832, and again in 1834. It began its march a second time from India in 1847, and again traversed the greater portion of the globe, prevailing in the United States in 1849, '50, '51, and '52. For some years past it has not existed in this country. At the present time, while this work is passing through the press (November, 1865), there is much ground for expecting a speedy reappearance of the epidemic here. Commencing again its march over the globe since the first part of the work was written, it is now travelling over the countries of Europe, and its advent on this side of the Atlantic may be looked for at any moment. In view of the probability of the physicians for whom this work is written being soon called upon to encounter the disease, it may be proper to add that my opportunities for observing it in 1849 and 1852, were ample. During these years I treated, in hospital and private practice, about 200 cases, recording, at the bedside, the histories in about 90 cases.

ANATOMICAL CHARACTERS.—Epidemic cholera has no constant appreciable anatomical characters which are commensurate with the gravity of the disease. The morbid appearances after death do not afford an adequate explanation of the symptomatic phenomena, nor do they elucidate the pathology of the disease.

The mucous membrane of the stomach and intestines present, generally, more or less alteration in color, due to submucous congestion. The color is a rose or livid red. But in some cases it presents a white, blanched appearance. Ecchymoses are occasionally observed. The mucous surface is covered with a viscid albuminous layer containing disintegrated epithelium. The mucous membrane of the stomach, especially the large cul-de-sac, is frequently softened. Microscopical examination shows the membrane of the stomach and intestines to be more or less denuded of epithelium. The isolated glands or follicles are often abnormally large, and, in a certain proportion of cases, also the Peyerian patches. Small vesicles containing a serous-like liquid have been observed in the small intestine, by Horner and others. They are not constant, and hence have no claim to be considered an anatomical characteristic. They resemble sudamina or the miliary eruption on the skin. The contents of the stomach and intestines, existing in greater or less quantity, correspond to the discharges during life. The mesenteric glands and pancreas present nothing abnormal. The liver is sometimes congested; otherwise not altered. The gall-bladder usually contains bile, but sometimes a matter resembling glairy mucus. The spleen is contracted and sometimes softened. The kidneys are more or less congested. The urinary bladder is empty, and contracted to a small size resembling the virgin uterus. The ganglions and nerves of the sympathetic system present nothing abnormal.

The cavities of the heart contain a small or moderate quantity of dark blood, mostly liquid, with some soft black coagula, and sometimes small fibrinous clots. Analysis shows notable deficiency of albumen, fibrin, and all the constituents of the serum, while the coloring matter is augmented. The blood is less readily oxygenated on exposure to the atmosphere, than after death from other diseases. The lungs, in some cases, contain but little blood, and in other cases more or less hypostatic congestion is observed. Œdema, hepatization, and splenization of portions of the pulmonary organs are occasionally observed. The pleura is covered with a viscid substance like glue, and this is true of other serous membranes.

The membranes of the brain, and the brain itself, are more or less congested. There are usually considerable subarachnoid infiltration and effusion into the ventricles. The spinal cord offers nothing abnormal.

Cadaveric rigidity is marked, and continues for a long period. In some cases, shortly after death, visible twitchings of the muscles occur, and occasionally considerable movements of the limbs. I have, in several instances, been called, under these circumstances, to determine whether life was actually extinct. Extensive movements, in these cases, may be produced by blows upon the muscles. The heat of the body becomes developed, in some cases, a few hours after death in a remarkable manner, so that the temperature of the surface is notably greater than before death. The temperature has been known to rise to 104° Fahr. The muscles of the body are notably dry.

There is much variation, in different cases, as regards the morbid appearances just enumerated. Certain of the lesions, viz., enlargement of the intestinal follicles, pulmonary œdema, and hypostatic pneumonia, are very rarely found if the career of the disease have been short; and, when life is very quickly destroyed, the tissues sometimes show little or no morbid alterations. That the disease does not necessarily involve any important lesions of the solid parts, is shown by the rapidity with which recovery takes place in some cases in which the disease is promptly arrested.

CLINICAL HISTORY.—In the great majority of cases, the development of the disease is preceded by simple diarrhœa, the dejections being more or less numerous and copious, and unattended with pain. The duration of this preliminary diarrhœa varies in different cases from a few hours to several days. With this diarrhœa in some cases occasional vomiting occurs. Aside from these symptoms, nothing denotes the tendency to the disease. The system otherwise is but little, or not at all, disturbed, and it is difficult to persuade the patient, often, that the intestinal disorder is of any special importance. Of 45 cases in which the existence, or otherwise, of premonitory diarrhœa was noted in the histories, it existed in 34 and was wanting in 11. By some the period during which the premonitory diarrhœa exists is reckoned as a stage of the disease. This is obviously improper, as there is nothing then distinctive of epidemic cholera, and during the prevalence of the epidemic very many have the same kind of diarrhœa without the development of cholera. The simple diarrhœa which prevails extensively during the prevalence of cholera, is called, in France, *cholérine*, a term adopted, to a considerable extent, in other countries. In a practical view the importance of taking cognizance of the premonitory diarrhœa is very great, as will presently appear.

The development of cholera is generally first denoted by characters relating to the intestinal evacuations. If diarrhœa have existed, the discharges are suddenly increased in quantity, or sudden and copious liquid discharges, without previous diarrhœa, mark the onset of the disease. This constitutes the attack, which, in the majority of cases, occurs during the night. The characteristic stools, which follow the expulsion of the fecal contents of the large intestine, consist of a thin liquid resembling whey or rice-water, generally known as the rice-water or cholernic discharges. The appearance of the stools in different cases varies, but, in general, their positive and negative characters render them highly distinctive of the disease. The liquid may be clear, like water, semi-translucent, milky, muddy-looking like ditch-water, and occasionally resembling gruel. It contains, in more or less abundance, small, white, solid particles like grains of rice in rice-water or flakes of curd in whey. It is devoid of bile, and has little or no fecal smell, but emits a nauseous spermatic odor, compared by Bouillaud to that of the alkaline chlorides. It usually contains no feces. The quantity expelled at each act, or in the aggregate, is very variable. A large quantity, enough to nearly fill an ordinary chamber-pot, sometimes escapes at a single dejection, or the quantity with each act may be small. The quantity is not always in proportion to other symptoms denoting gravity. It may exist in large quantity within the intestinal canal, when a small quantity only is discharged. The dejections are not accompanied by pain, but by a sensation of relief. There is no smarting at the anus. The patient is suddenly impelled, by a sense of distension, to evacuate the bowels, and, when the quantity of liquid is large, it escapes very rapidly. In some cases the evacuations, after several have occurred, cease; in other cases, after a time, the liquid flows away constantly, the patient being unable to prevent it. Occasionally the dejections are slight, and they may even be wanting. Probably in most of these cases effused liquid is retained within the intestinal canal. Borborygmus and gurgling are more or less marked.

Vomiting usually occurs. In a diagnostic and pathological view it is less important, as a symptom, than the characteristic diarrhœa. In some cases it is a prominent and persistent symptom, everything taken into the stomach being rejected; in other cases it occurs occasionally, and sometimes it occurs at the onset and ceases. The matter vomited is a watery liquid, frequently consisting chiefly of water which has been drank, but sometimes evidently an effused liquid. The vomiting is not preceded nor accompanied by much nausea. The act of vomiting occurs suddenly, and appears to arise simply from distension of the stomach.

These symptoms mark the invasion of the disease. And these symptoms, conjoined with a sense of prostration, more or less feebleness, and, generally frequency of the pulse, coolness of the skin or perspiration, with, in some cases, cramps of the muscles of the limbs, may constitute the clinical history of the disease. In other words, the disease may either end spontaneously or be arrested, without advancing beyond the stage which may be distinguished as the stage of invasion. The vomiting and purging cease, improvement as regards other symptoms follows, convalescence is at once declared, and recovery is rapid. The duration, in these cases, of the disease is brief—a few hours only. But, in a large proportion of cases, the disease does not pursue such a favorable course. A group of striking symptoms becomes developed, and the disease passes into what has been called the algid or cyanosed stage, or, more commonly, the stage of collapse. It remains to sketch the clinical history when the disease does not end with the stage of invasion.

Important symptoms pertain to the circulation. The pulse is usually frequent and proportionately feeble, beating 120, 130, or 140 per minute; but in some cases it becomes more and more feeble without acceleration. I have observed it to fall below the normal frequency. When the state of collapse is fully developed, the pulse at the wrist is extinct. Feebleness or absence of the apex-beat of the heart and of the heart-sounds also show greatly diminished power of the central organ of the circulation. The blood stagnates in the veins, giving rise to lividity at the roots of the nails, and a dusky hue of the prolabia, face, and surface of the body generally. Hence, the significance of *cholera cyanosis* and *cholera asphyxia* as names of the disease. If venesection be practised, the blood trickles from the aperture, not flowing in a projected or continuous stream. Leech-bites do not bleed as usual. The blood is manifestly thicker than in health.

The respiratory system presents some striking phenomena. The number of respirations is usually increased, but sometimes diminished. Dyspnœa is occasionally complained of, sometimes existing in a distressing degree. The respiration is frequently suspirious or sighing, and irregular in rhythm. The expired atmosphere, when the collapse is complete, is low in temperature as compared with health (76° or 80° Fahr.), giving to the hand a sensation of coolness. It contains more oxygen and less carbonic acid than in health, showing a notable deficiency of the changes incident to the function of respiration. The voice undergoes a marked change, becoming feeble, raised in pitch, husky, and, not infrequently, extinct, attributable in part to muscular debility, but chiefly to dryness and stiffness of the vocal cords.

Very little pain is experienced except from muscular contractions or cramps. As regards the nervous system, the disease is characterized by mental indifference or apathy. The patient has no apprehensions, although prior to the attack there may have been intense dread of the disease. In some cases there is great restlessness and jactitation, and in other cases the patient lies quietly save when disturbed by evacuations and cramps. The latter give rise to most of the suffering. Cramps are usually, but not invariably, present. They are seated especially in the feet, calves, and abdominal walls, the muscles of the upper extremities and even the face being sometimes affected. The prominence of this symptom renders the name *spasmodic cholera* significant. The muscular strength, in some cases, is retained in an extraordinary degree. Patients, if not prevented, will sometimes get up and walk about even a few moments before death.

The function of most of the secretory organs is nearly or quite suspended. No bile is contained in the matter vomited or in the dejections; the urine diminishes and is at length suppressed. Patients do not weep. The skin, in addition to its cyanosed appearance, is cold and often covered with a copious, viscid perspiration; in other cases it is cold and dry. The coldness of the surface is like that of a cadaver. Of this, however, the patient is not conscious; on the contrary, he generally complains of a sense of heat, and often insists on being uncovered. The temperature of the body is diminished to 90° or even 80° Fahr. The skin is frequently shrivelled, and wrinkled like the arms of washerwomen. Its elasticity is diminished, as shown by its subsiding very slowly after being pinched up. The tongue gives to the touch a sensation of coldness.

Thirst is a prominent symptom; the patient craves constantly cold drinks, and iced water or ice is taken with great avidity.

The general aspect in the collapsed stage is highly characteristic. The features are contracted, the eyes sunken, the whole body is diminished in bulk, the patient appears to have suddenly grown old, and the countenance is often so much changed that the person is scarcely recognizable by familiar friends.

Of the foregoing symptoms, most are present in all cases in which the disease is not speedily arrested. The differences in different cases relate chiefly to the degree of the severity of the disease. In stating the condition of patients, it is customary to say *before* or *after* collapse, and to express different degrees of the collapsed state by saying *semi-collapsed* or *completely collapsed*. The collapse is complete when the pulse at the wrist is extinct, the surface cold, etc. The collapse may ensue with more or less rapidity—from an hour to six or eight hours. It occurs almost invariably in fatal cases, the mode of dying being, of course, by asthenia; but I have known cases to end fatally without the stage of collapse, the patient becoming comatose and dying by apnœa.

If the patient emerge from the state of collapse, he does not, in general, pass at once into convalescence, but there follows a period of the disease commonly called the *stage of reaction*. In this stage there is more or less febrile movement. Diarrhœa not infrequently continues, the dejections becoming green and gelatinous. Dysentery is sometimes a sequel. In other cases, constipation, more or less obstinate, follows. Vomiting, in some cases, is a troublesome symptom in this stage, the vomited matter being either green or yellow. Capillary congestion of the surface, especially of the face, is frequently marked, as in cases of typhus. The secretion of urine shortly returns, and the urine is apt to be albuminous. This stage is not devoid of considerable danger. The patient may be worn out with continued vomiting or diarrhœa; somnolency and coma become developed in a certain proportion of cases; delirium, of a passive kind, is not uncommon, together with subsultus, sordes, and other symptoms of the typhoid state. Pneumonia is sometimes developed. A fatal termination occurs in a pretty large proportion of the cases in which the stage of reaction takes place; and, in the cases which recover, the powers of the system are generally impaired for a long period. Exceptionally, patients emerge from the collapsed state, and pass, either gradually or quickly, into convalescence without febrile movement and other symptoms belonging to the stage of reaction.

PATHOLOGICAL CHARACTER.—The first appreciable important event in the clinical history of this disease is transudation into the alimentary canal. The characteristic dejections, and the contents of the intestines found after death, consist of water in great abundance holding in solution a little albumen, and, according to Mialhe, albuminose, several saline constituents, the most abundant being the chloride of sodium, and desquamated epithelium. The white solid particles or flakes contained in the dejections are masses of epithelium, which causes the opacity when it exists. The blood, of course, loses what is transuded into the alimentary canal. From the loss of water the blood becomes dense and viscid. The blood-globules are relatively in excess, owing to the loss of water. The serum of the blood is deficient in the saline elements which have escaped with the transuded water. The salts of potassa and the phosphates, however, remain. The fibrin is not diminished. The albumen is relatively greater in proportion than in health, but actually diminished. The serum of the blood contains more or less urea.[1]

Most of the striking phenomena of the disease are plainly attributable to the blood-lesions resulting from the loss of the constituents found in the choleraic dejections. The blood circulates with difficulty, and the changes incident to respiration take place imperfectly; hence, the feebleness and extinction of the pulse, the cyanosis, loss of temperature, thirst, mental apathy, spasm, unchanged expired air, defective secretion, etc. etc. The retention in the blood of excrementitious principles, doubtless, plays an important part in the production of morbid phenomena. The coma which occurs in some cases may be due to uræmia. Cholesteræmia probably exists, since the function of the liver is suspended.

The transudation, however, which is first in the catenation of appreciable events, involves an underlying, and, at present, inappreciable pathological condition. The latter must be understood in order to know fully the pathological character of the disease. It is probable that the primary, essential change is in the blood; that, in consequence of this change, the water of the blood, holding in solution saline constituents, transudes into the alimentary canal. It is fair to infer that the primary, essential change is not in the solid structures of the alimentary canal, from the rapidity with which recovery takes place when the disease is promptly arrested. This fact shows that the primary essential blood-change is transient and admits of speedy readjustment, provided the immediate effect of this change, viz., the transudation, be prevented. With regard to the nature of the change in which consists the pathology of the disease, it would be useless with our present knowledge to speculate.

CAUSATION.—A special cause is undoubtedly essential to the production of epidemic cholera; ordinary causes of disease, alone, are incapable of producing it. This is a logical inference from the epidemic character of the disease, its remarkably distinctive features, and its great uniformity, as regards symptomatic phenomena, in all places and periods, although the nature and source of the special cause are unknown. Is the special cause a contagious or infectious material, using the former of these terms as denoting a palpable, and the latter an impalpable, morbid product derived from the bodies of those affected with the disease? To account for the diffusion of the disease on the supposition of its communicability, was the easiest mode, and certain facts favor this supposition. The epidemic, in its migrations, follows routes most travelled; it prevails in thoroughfares and cities; frequently the first case in a new place is an imported case; different members of a household are successively attacked, etc. It is easy to gather isolated facts to support the doctrine of communicability. But the great majority of those who have surveyed the facts on all sides, and weighed the evidence for and against contagion or infection, have arrived at the conclusion that the spread of the disease is not due to its being communicated from those affected to others. Without entering into a discussion of this important question, it will suffice to state, briefly, the considerations on which this conclusion rests.

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[1] *Vide* Lehmann's Physiological Chemistry.

1. It does not appear that, of those who are brought into contact with, or close proximity to, cholera patients, a larger proportion become affected than of those who are not thus exposed. This is true as a general statement. In the Report on Cholera in Paris, in 1831, published by order of the French government, it is stated that of over fifty-five thousand persons affected and over eighteen thousand deaths, only one hundred and sixty-four were persons whose duties or profession called them to nurse or prescribe for the sick. These 164 cases were from over two thousand persons employed in the *hospices* or civil hospitals either constantly or temporarily.[1] Hospitals are not foci of infection. At St. Petersburg, of 58 persons employed in hospital, only one had the disease. At Moscow, of 123 persons attached to one hospital, 2 only; and of 253 persons connected with another hospital, only 4 were attacked. Facts like these could be multiplied to any extent. Contrast with these the facts with respect to the diffusion of typhus in hospitals!

2. Imported cases in situations where the disease had not previously existed do not lead to its diffusion. Some striking instances which appear to be exceptions to this statement might be cited, but in general it is true that the disease does not spread from isolated cases.

3. The epidemic breaks out in a place almost simultaneously in different situations, without any communication of the cases with each other.

4. It is diffused too rapidly to be propagated by contagion or infection. If contagious or infectious, it must be most highly so to account for the rapidity with which it extends, and the latter is not consistent with other facts.

5. It runs its career in places too soon, and leaves too suddenly and completely for a contagious or infectious disease. Compare its course as an epidemic, in this respect, with typhus, smallpox, or scarlet fever!

6. Efforts to produce the disease, experimentally, by the greatest amount of exposure, by inoculation, tasting the excretions, etc., have failed.

It is not improbable that the special cause may be transported in clothing and other substances after the manner of fomites. Facts might be cited in support of this opinion; in other words, the disease may be *portable*, without being contagious or infectious.

Of the nature and source of the causative miasm or poison, we are utterly ignorant. For an account of the ingenious theories which attribute this and other epidemics to animal and vegetable existences in the atmosphere, the reader is referred elsewhere.[1] It is evidence of our ignorance that these fanciful theories are as satisfactory as any which have been proposed.

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[1] *Vide* Tardieu, op. cit.

Auxiliary causes appear to be essential to the efficiency of the special cause. Epidemics are chiefly confined to large towns, rarely extending into rural districts. It is not probable that the special cause is limited to cities. The prevalence of mild diarrhœa or *cholerine* throughout the country shows the wide diffusion of an epidemic influence; but the various local causes of disease peculiar to cities give rise to cholera by acting in conjunction with the special miasm, the latter of itself being insufficient. This view of the causation has an important practical bearing. If the special cause of cholera cannot be destroyed, it may be rendered to a great extent inoperative by means of sanitary regulations which remove auxiliary causes. The epidemic prevails most in districts in which the hygienic conditions are most unfavorable, in filthy streets, among the poorer classes, in over-crowded dwellings. Statistical researches by the Registrar-General of Great Britain show the mortality in London from this disease to be in an inverse ratio to the elevation.[2] Deprivations, intemperance, depressing emotions, over-exertion, fear of the disease, etc., are auxiliary causes in certain cases, aside from the causes which affect the inhabitants of a place or district in mass. The disease has prevailed in all climates and seasons. Feeble persons are more apt to be attacked than the robust. As regards age, no period of life is exempt, but the largest proportion of fatal cases is among persons advanced in life. Excluding old persons, the mortality is largest after adult age, next in early infancy, and last in childhood and youth. This statement is based on an analysis of 18,400 cases.[3]

DIAGNOSIS.—During the prevalence of cholera, there is no difficulty in recognizing it when fully developed, that is, when symptoms denoting existing or impending collapse are present. There is scarcely any other disease in which the diagnostic features are so strongly marked. But it is vastly important to recognize it before it has advanced sufficiently to manifest its most obvious, striking characters. The diagnosis is then to be based mainly on the characteristic intestinal evacuations. As soon as the so-called rice-water or choleraic stools are apparent, the patient is to be considered as attacked with cholera. In a very small proportion of cases, these evacuations do not occur at all, or not until other symptoms characteristic of the disease become developed. The diagnosis in these cases must be based upon the latter.

Cholera is to be discriminated from simple diarrhœa, or cholerine, which generally precedes it, and which, during the continuance of the epidemic, affects a vast number of persons without eventuating in cholera. It is probable that this premonitory and wide-spread diarrhœa proceeds from the epidemic influence, but cases are not to be considered as cases of cholera when the choleraic discharges and other characteristic symptoms do not occur. This discrimination is important with reference to determining the rate of mortality, and the value of therapeutical measures. The apparent success attending the practice of some physicians or the employment of certain methods of treatment may depend on cases of simple diarrhœa or cholerine being reckoned as cases of cholera.

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[1] Holland's Medical Notes and Reflections, and a treatise on the Cryptogamous Origin of Diseases by the late Prof. J. K. Mitchell.

[2] British and Foreign Med.-Chirurg. Review, July, 1852.

[3] Valleix, op. cit., tome i.

This disease is one of the most insidious in its approaches. Aside from a mild diarrhœa, it gives no warning of the attack. So little are patients conscious of danger, that they often apologize for giving the physician the trouble of visiting them, when a glance suffices to show that they are on the verge of collapse. It behooves the physician, in all cases of simple diarrhœa during an epidemic of cholera, to watch carefully the evacuations with reference to the diagnosis. On the other hand, during an epidemic, physicians are not infrequently called to see persons who, under intense nervous excitement, imagine they are about to be attacked, when no symptoms whatever of the disease are present. These have been aptly called cases of *cholera-phobia.*

PROGNOSIS.—Of those attacked with cholera, a large proportion die. The average mortality in hospitals varies from one-half to one-third. In private practice, especially among the better classes of society, the mortality is considerably less. In individual cases the prognosis is widely different, according to the period of the disease at which the patient is first seen. If seen immediately after the attack, before serious blood-lesions have occurred, the prospect of an arrest of the disease is good. But if the disease have advanced to the stage of collapse, the prognosis is always exceedingly unfavorable. After reaction from the collapsed state occurs, the danger is still considerable, but the cases in which recovery takes place preponderate. The statistical researches of Duchesne show the rate of mortality at different periods of life in the epidemic at Paris, in 1849.[1] The proportion in 1000, in subjects under 5 years, was 148; from 5 to 15 years, 50; from 15 to 30 years, 177; from 30 to 45 years, 254; from 45 to 60 years, 206; and from 60 to 85 years, 162.

PREVENTION OF CHOLERA.

The prophylaxis of cholera claims consideration under a distinct heading, and I give it precedence over the therapeutical management, in view of its greater relative importance. In addition to the removal, as far as possible, of all the auxiliary causes of disease which contribute to render the special cause of cholera efficient, the prevention involves prompt attention to the diarrhœa, which, in the great majority of cases, precedes the attack. This premonitory diarrhœa is amenable to simple measures of treatment, and if effectually treated there is reason to believe the supervention of cholera is prevented. All physicians who have had much practical acquaintance with this disease will bear testimony, *first*, to the fact that an attack of cholera is generally preceded by diarrhœa, and, *second*, to the fact that an attack very rarely occurs when this diarrhœa receives appropriate attention. Giving the results of my own experience with respect to the facts just stated, in 1849, for the space of three months, I prescribed for as many private patients with the premonitory diarrhœa, or cholerine, as my physical endurance would permit, my practice being chiefly among the prudent classes, and I had, during this epidemic, but 10 cases of cholera in private practice. In only one of these 10 cases did I prescribe for any premonitions, and, in the single case, the prescription was for a slight nausea only. In each of the 10 cases, either the premonitory diarrhœa did not exist, or it was neglected. During another epidemic in 1852, I had about the same number of cases of cholera in private practice; in not a single case had I been called upon to prescribe for premonitory diarrhœa, and I prescribed for hundreds of persons with simple diarrhœa, not one of whom had an attack of cholera. The experience of others would doubtless furnish, in like manner, evidence of the above stated facts, and from these facts the following conclusion may be drawn: Excepting the very small proportion of cases in which cholera is not preceded by diarrhœa, it may with almost absolute certainty be prevented. It needs but a little reflection to see the immense practical importance of this conclusion.

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[1] Valleix, op. cit.

The treatment of diarrhœa during a cholera epidemic is very simple. An anodyne astringent remedy, with regulated diet, rest, and recumbency, suffice. A few drops of laudanum with camphor, or the camphorated tincture of opium in conjunction with the tincture of kino, catechu, or krameria, a salt of morphia or opium in pill or powder with tannic acid, the acetate of lead, or bismuth and capsicum, may be given in doses sufficient to arrest at once, and repeated often enough to prevent recurrence of, the diarrhœa. Cathartics are on no account to be given. If there be sufficient constipation to occasion inconvenience, the bowels should be relieved by simple enemas.

The great difficulty, as regards the prevention of cholera, is in the prompt application of simple but effectual treatment in all cases of diarrhœa during the epidemic. Very many pay no attention to the premonitory diarrhœa, through ignorance, and not a few of those better informed neglect it, either from recklessness or because they cannot appreciate the fact that a disorder so slight and ordinary can be a precursor of a malady of such gravity as cholera. Public announcements by handbills, articles in newspapers, etc., of the importance of promptly resorting to treatment for diarrhœa, fail in accomplishing the object. The only effectual plan is to organize a sanitary benevolent police, and provide for one or two domiciliary visits daily at every house within the limits of the epidemic; the purpose of the visits being to inquire if any one be affected with diarrhœa, to impress the importance of immediate attention to it, and, when circumstances render it necessary, to supply at once appropriate remedies. This plan, faithfully carried out, would, I believe, demonstrate that cholera is in a great measure preventable. The prevention is effected by arresting at once diarrhœa, as often as it occurs and as soon as it occurs.

Another mode of escaping the disease is to remove without the range of its prevalence. Persons not compelled to remain by necessity, or by a sense of duty, should go beyond the limits of the epidemic; and the removal of persons in districts where, owing to the activity of auxiliary causes, the disease is especially rife, should be enforced, as a sanitary measure, by municipal authority.

TREATMENT.—To consider the host of remedies and therapeutical measures which have been advocated as more or less efficacious in the treatment of this disease would require not a little space. There are but few articles in the materia medica which have not been tried, even including antimony and drastic purgatives. Much injury has doubtless been done by over-medication under the idea that the treatment, as regards activity, must be proportionate to the amount of danger from a disease. On the other hand, many of the remedies which have been employed exert little or no effect either for good or harm. During the epidemic of 1849, a writer in one of our medical journals gravely announced as a remedy, hogs' bristles or the hair from a cow's tail burned to a cinder! It would be unprofitable to devote space to the consideration of the great variety of practice which the literature of cholera affords. There is no known remedy which is to be considered as a specific, yet there is reason to believe that the disease is frequently controlled by efficient treatment, and, when not arrested, the recovery may depend on the judicious employment of measures for that end. I shall limit myself to a brief statement of the principles of treatment which my own experience

d reflections have led me to regard as most consistent with our present
owledge.

The treatment is to be considered as applicable to the different stages, viz.,
fore collapse, during the collapsed stage, and after reaction. Prior to
llapse, the paramount object is the arrest of the intestinal effusion. This
fusion is the first appreciable link in the chain of morbid sequences, and, if
omptly arrested before it has proceeded so far as to affect seriously the
ood and circulation, the patient is usually safe. The remedy on which
ost dependence is to be placed in effecting this object is opium. Some
rm of opiate is to be given promptly in doses sufficient to effect the object.
he form of opiate is to be chosen with reference to promptness of action
d the probability of its being retained. Opium in substance is unsuitable
om the comparative slowness with which it is absorbed. Laudanum, the
etated tincture, or an aqueous preparation, are to be preferred. But the
ticle which I have been led to regard as the most eligible is a salt of
orphia, administered by placing it dry upon the tongue. In the endeavor
effect the object of treatment in this stage, moments are precious, for there
always danger that, if the object be not promptly effected, the patient will
ll into the collapsed state. The opiate should, therefore, be given at once
a full dose. A grain of a salt of morphia is rarely, if ever, too large a dose
r an adult. A physician should, if possible, remain with the patient. If the
rst dose be quickly rejected, a second should be instantly given. The doses
re to be repeated at intervals of from half to three-fourths of an hour, until
e dejections and borborygmi cease. If, owing to the occurrence of vomit-
g, the administration by the mouth be ineffectual, it should be given by the
ectum; and in cases in which the symptoms are urgent, both modes of
dministration should be resorted to. The system, even in this stage of the
isease, is not readily affected by opiates. In view of the importance of the
bject, if it be necessary in order to effect it, some risk of inducing narcotism
justifiable; but if the administration be in the hands of the physician, and
he effects of the doses watched with care, danger from this source may
enerally be avoided. The practical point is to employ the remedy freely
nd promptly so as to effect the object, bearing in mind the fact that the
elay of half an hour or an hour is often fatal. Relying upon the opiate, it
s best not to add other remedies, lest by increasing the bulk of the doses
hey will be more likely to be rejected. A full dose is preferable to small
oses frequently repeated, because the effect within a short space of time is
reater, and the remedy is more likely to be retained. Aside from the rejec-
ion of the remedy, vomiting is, if possible, to be prevented in view of its
erturbatory effects. The patient, in this stage, should be restricted to a
ery small quantity of water, or spirit and water given at short intervals, or
o small pieces of ice. Perfect quietude is important. He should not be
ermitted to get up to go to stool, and he should be urged to resist, as much
s possible, the desire to evacuate the bowels. Frictions, the warm bath,
inapisms, etc., in this stage, are of doubtful expediency.

I have repeatedly succeeded in arresting the disease by this plan of treat-
nent, and when arrested before proceeding to the stage of collapse, the
ecovery is usually speedy. Regulated diet, rest, with, perhaps, a tonic
emedy, suffice for the cure. The bowels should be allowed to remain con-
tipated for several days, and then, if movements do not spontaneously occur,
imple enemas will probably be sufficient; if not, a little rhubarb or some
ther mild laxative may be given. I believe no other plan of treatment
promises more than this, but it is not to be expected that it will always
prove successful. It will fail, or rather it is not available, when, owing to
persistent vomiting and frequent purging, the remedy is not retained suffi-

ciently long to exert its effect; and it is not available when, owing to the great rapidity of the transudation, the state of collapse occurs so quickly that there is not time enough to obtain a remedial effect. These difficulties are equally in the way of success from any remedies.

In the stage of collapse, the plan of treatment indicated prior to this stage may prove not only ineffectual, but hurtful. It is still an object to arrest intestinal transudation, if it continue, but, to employ opiates very largely for this object, may not be judicious with reference to the recuperative efforts of the system. The symptoms in this stage are due, mainly, to the damage which the blood has sustained in the loss of its constituents from the transudation which has already taken place. Opiates should be given, and, owing to the remarkable degree of tolerance under these circumstances, they may be given in considerable doses, but much care should be observed not to induce narcotism. Astringent remedies, if the stomach will retain them, may be added, such as tannic acid, the acetate of lead, bismuth, etc. If, however, these or other remedies provoke vomiting, they will be likely to do more harm than good. Remedies to allay vomiting may be tried, viz., the hydrocyanic acid, creasote, and chloroform.

In a large proportion of cases, after collapse has taken place, little can be done with much hope of success. Even if the vomiting and purging cease, recovery may not follow. The blood may have been damaged irremediably. Under these circumstances it is plain that active treatment can effect nothing. Recovery, however, in a certain proportion of cases, takes place, and under a great variety of treatment. It may take place when no treatment is pursued. My first case of cholera illustrated the fact just stated. The patient was brought into hospital completely collapsed. I remained with him several hours, and resorted to various therapeutical measures. At length all measures were discontinued. He was allowed to drink abundantly of cold water, under the impression that the case was utterly hopeless, and, therefore, the indulgence could do no harm. Much to my surprise, after an absence of several hours, I found the vomiting and purging had ceased and reaction was coming on. He recovered rapidly. I have been led to doubt whether, in general, active treatment effects much for the advantage of the patient in the collapsed stage of cholera, and I cannot doubt that it is often prejudicial. The object of treatment in this stage, aside from the arrest of vomiting and purging, is to excite and aid the efforts of nature in restoring the circulation together with the functions dependent thereon. The measures to be employed for this object are external heat, stimulating applications to the surface, diffusible and other stimulants, and alimentation.

The application of heat may be made by means of warm blankets or bottles of hot water placed near the body. The more active modes of applying heat are of doubtful propriety. I have never seen benefit from the warm bath, or the application of steam or hot air. It is not desirable to excite perspiration, and if perspiration occur, it should be wiped away with warm dry cloths. Violent friction does more harm than good. The surface may be gently stimulated with sinapisms or the tincture of capsicum. Diffusible stimulants, in the form of spirits and water, should be given as freely as the stomach will bear, always recollecting the risk and the evils of inducing vomiting. It will be most apt to be retained, if given in small quantities at a time, and often repeated. If vomiting be provoked by either drinks, remedies, or aliment, more or less injury is done. The ethers, stimulants such as capsicum, the essential oils, cardamom, ginger, etc., are appropriate if they are grateful to the stomach and retained. Concentrated nourishment —essence of meat, chicken broth, and milk—is to be given in small quantities at a time, provided the stomach will retain it. It is doubtless desirable to introduce liquid into the system as far as possible. The only objection to the free ingestion of water is the risk of provoking vomiting. Small lumps of ice should be freely allowed.

If the patient emerge from the collapsed state, the indications are to support the system by the moderate use of stimulants and by alimentation; to restore the function of the kidneys by diuretic remedies and mucilaginous drinks, bearing in mind that uræmia belongs among the dangers of this stage; to restrain diarrhœa, if it occur, by anodynes and astringents; to strengthen by tonics, and to palliate, by appropriate remedies, the various symptoms which may arise.

CHAPTER IX.

INTESTINAL WORMS.

Ascaris Lumbricoides—Ascaris or Oxyuris Vermicularis—Tricocephalus Dispar—Anchylostoma Duodenale—Ascaris Alata—Tæniæ—Trichina Spiralis.

OF the various *entozoa*, helminthi, or parasitic animals which dwell within the human body, several are developed in the intestines. They give rise to more or less disturbance, and are properly enough considered in connection with the functional disorders of the alimentary canal. I shall treat of intestinal worms only in so far as concerns the practical duties of the physician. The study of these and other parasites, as belonging to comparative anatomy and physiology, and as a branch of zoology, is highly interesting, and has led to valuable practical results, but other points than those which relate directly to them as morbid conditions would be here out of place.

The intestinal worms of frequent occurrence, are the *ascaris lumbricoides*, lumbricoid or round worm, and the *ascaris vermicularis*, thread or seat worm. The worm known as *tricocephalus dispar* is probably sufficiently common, but of little or no practical importance. The different species of *tænia*, or tapeworm, are of rare occurrence in this country, but constitute an important affection. These different worms will be noticed under distinct heads. And, as appropriately classed among the intestinal worms, because they are received and developed within the alimentary canal, the *trichina spiralis*, concerning which highly important facts have very recently been developed, will be considered in this connection.

ASCARIS LUMBRICOIDES.

With this worm every physician soon becomes familiar. It resembles the common earth worm. It is the most common of all the intestinal worms. It varies in length from six to sixteen inches. It is of a whitish or yellowish color; the body is round, tapering toward each extremity, and the mouth is surrounded by three tubercles. The sexes are distinct.

The common lumbricoid worm inhabits the small intestine. It rarely exists in early infancy, and is most common between the ages of 3 and 10. It is not very uncommon in adults, but is extremely rare in old age. This species of worm is not usually solitary. In different cases the number of lumbrici varies greatly. Sometimes the number is very great, and in autopsical examinations they are occasionally coiled together so as to form balls or masses of considerable size. Cruveilhier cites a case in which over a thousand were found after death. They are not infrequently brought into the stomach by acts of vomiting and ejected from the mouth. They may find their way into the nares, and they have been known to pass into the Eustachian tube, frontal sinus, and larynx. They may migrate from the intestine into the biliary ducts and gall-bladder. In a subject dead with lumbar abscess connected with caries of the vertebræ, I found a great number within the hepatic ducts, some extended along the ducts, and others coiled up. They may possibly give rise to hepatic abscess. They may penetrate into the pancreatic duct. They have been found in the peritoneal cavity and in abscesses within the abdominal walls. In these cases, they doubtless escape through perforations caused by ulceration or sloughing incidental to other morbid conditions; it is not probable that the worms ever perforate the intestines, as was formerly supposed. They have been observed to escape from the body through fistulas communicating with the intestinal canal.

The symptoms denoting the presence of these, or other worms, within the intestinal canal, are obscure. A host of symptoms having little or no significance, have been enumerated by writers. Nothing is more common than the passage of lumbrici from the stomach or bowels, when there had been no symptoms of disorder. The morbid effects have heretofore been greatly exaggerated. These worms, it is probable, very rarely give rise to serious results, except when they migrate into the biliary or pancreatic ducts, the Eustachian tube or larynx, and these migrations are exceedingly infrequent. There is no foundation for the belief that they give rise to a form of fever, as implied by the term *worm fever*. They are not infrequently, in cases of fever, passed from the bowels, and found in the intestines after death; but their presence is merely a coincidence. That they may give rise to convulsions, epileptic paroxysms, chorea, and other affections of the nervous system, as is generally supposed, must be considered as by no means established.

Symptoms generally regarded as denoting these worms, are, colic pains, tumefaction of the abdomen, impaired appetite, excessive flow of saliva, diarrhœa, itching of the nose, swelling of the face, offensive odor of the breath, disturbed dreamy sleep, and grinding of the teeth during sleep. It is never prudent for the physician to declare positively that a child between 3 and 10 years of age has not worms, for he is liable to be convicted of error by the operation of a vermifuge given without his sanction; but the only readily available diagnostic proof is the presence of one or more in the stools. When more or less of the above named symptoms are present, a brisk purgative may be given, and the stools examined, with reference to diagnosis. If one or more worms are passed, it is proper to act as if there were others remaining. According to Davaine,[1] a microscopical examination of the feces will show the characteristic ova, if lumbrici are present. He states that their ova are readily recognized, and hence, the diagnosis may be made positive in this way. Practitioners in general, however, will be satisfied to base the diagnosis upon other facts.

The lumbricoid worm is propagated by ova. The body of a female lumbricus contains a vast number of eggs, estimated by Eschricht to be sixty-four millions. These ova are discharged with the feces. The observations of Davaine and others show that their vitality is retained for many months

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[1] Traité des entozoaires et des maladies vermineuses de l'homme et des animaux domestiques, 1860. The reader is referred to this work as treating of entozoa minutely and comprehensively.

Their ingress into the alimentary canal is probably by means of water containing them; and, finding in the small intestines favorable conditions, the production of the worms takes place. That special conditions are required, may be inferred from the fact that these worms are so common in certain periods of life, and so infrequent at other periods. As regards the nature of the conditions, we have no positive knowledge; mucus in abundance is supposed to be the nidus for their production.

The expulsion of lumbricoid worms is generally effected without difficulty. Premising a brisk purgative, which is sometimes alone sufficient, an anthelmintic remedy is to be given for several successive days. Of the various anthelmintics, those best suited for the destruction of these worms are chenopodium or wormseed, santonin, and spigelia or pinkroot. Santonin is most easily administered, and perhaps as effective as the other articles. The dose is from 3 to 6 grains, repeated three or four times daily, given either mixed with sugar, or made into *dragées* or troches. The oil of wormseed is the most convenient form of this remedy. From 5 to 10 drops may be given three times daily mixed with sugar or in an emulsion. The pinkroot has long been relied upon as an efficacious remedy. The infusion may be used, but the fluid extract of spigelia and senna is the most eligible form, the dose being from 1 to 4 drachms three times daily. Tanacetum or tansy, and absinthium or wormwood, are doubtless efficacious remedies. All these remedies act toxically, that is, by poisoning the worms. After two or three days, a brisk purgative should be given. If with this treatment no worms are discharged, their non-existence may be inferred. If worms are brought away by this treatment, it need not be continued or repeated, unless, from the continuance or recurrence of symptoms denoting disorder, it be inferred that their expulsion is not complete. The absence of the ova in the stools, according to Davaine, may be relied upon as proof positive of the absence of the worms.

With a view to preventing the ingestion of the ova of lumbrici, attention should be directed to the purity of the water used as drink. Water from shallow wells in the neighborhood of dwellings, and small rivulets should be avoided. Filtration would probably prove effectual in the way of prophylaxis. Davaine states that it is not common in Paris for children and others to be affected with this worm, a fact which he attributes to the custom of using filtered water.

ASCARIS VERMICULARIS.

This worm, called, also, *oxyuris vermicularis*, and commonly known as the thread, pin, seat or maw-worm, inhabits the large intestine, and chiefly the rectum. It very rarely migrates into the small intestine. The size is very small as indicated by certain of the names in common use; the length varies from two to five lines. The vermicular ascarides frequently exist in immense numbers, and they are sometimes voided in large masses or balls agglomerated by mucus. They occur chiefly in young children, but they are not extremely uncommon at all periods of life. I have met with several examples of their occurrence in aged persons.

These worms occasion pain in the rectum, tenesmus, and, more especially, pruritus at the anus. The latter symptom, which is often due to an herpetic eruption in this situation, should always excite suspicion of the presence of these parasites. The itching is apt to occur in paroxysms, and is particularly troublesome at night. Excitation of the sexual organs is apt to occur with seminal emissions, and it is stated that the habit of masturbation, in either sex, may originate from this source. In females the worms sometimes migrate into the vagina, and occasion pruritus with leucorrhœa. The diagnosis is made without difficulty. On examination of the stools, the worms are seen in greater or less numbers, adhering to the feces; and on an ocular inspection of the anus they may generally be discovered. It is doubtful if they ever lead to any serious disorders, but, owing to the irritation which they occasion, and loss of sleep, the general health may become more or less impaired.

The treatment is simple and efficacious, but it may require a certain amount of perseverance. The same anthelmintics may be employed as for the destruction of the lumbricoid worms, and given in the same way. Purgative remedies are to be given from time to time. In addition, enemas of cold water, or salt and water, are to be administered once or twice daily. These are to be continued for a fortnight, or longer, until all the local symptoms disappear. The treatment by enemas will frequently alone prove effectual. Various remedies in enemas have been advised, such as wormwood, vinegar, empyreumatic oil, assafœtida, camphor, sulphuret of potassa, etc., but it is very rarely the case that simple water or salt and water, in conjunction with the other measures, will not suffice. Valleix recommends a daily injection of the decoction of soot (*fuligo*). The decoction is made by boiling two handfuls of soot in a quart of water for two hours, the liquid to be strained through cloth. The irritation or slight inflammation about the anus, which is sometimes caused by the presence of these worms, may be relieved by the application of a soothing unguent, or the daily injection of a little almond or olive oil.

TRICOCEPHALUS DISPAR.

This worm, as the name tricocephalus denotes, is characterized by the hair-like appearance of the cephalic extremity. It is from an inch and a half to two inches in length. The capillary portion forms about two-thirds of its length. As in the lumbricoid and vermicular species, the two sexes are distinct. It inhabits the cæcum especially, but is sometimes found in the colon, and, very rarely, in the small intestine. The propagation is by ova, which, according to Davaine, are readily recognized by means of the microscope in the dejections. This parasite is found frequently, when sought after, in the bodies of subjects of all ages dead with different diseases. Some years ago, when engaged in examining bodies dead with typhoid fever, I was led to examine the cæcum for it, and I rarely failed to find one or more. It is not positively known that its presence ever gives rise to disorder. Barth, of Paris, has reported a case in which death took place with the symptoms of meningitis, and, after death, no lesions were found within the head, but the intestines contained an enormous quantity of worms of this species.[1]

The foregoing species of intestinal worms belong in the class styled by helminthologists, *helminthes nematoides*, or cylindrical worms. Belonging to this class is a worm called *anchylostoma*, or *sclerostoma duodenale*, which has been observed in Milan and Egypt. Existing in the duodenum in great numbers, it has been supposed to give rise to the affection known as Egyptian chlorosis, by piercing the walls of the intestine and occasioning hemorrhage from the great number of minute punctures, sufficient to produce anæmia. With our present knowledge, this parasite has no practical importance in this country.[2] Another worm belonging to this class was described by Bellingham under the name of *ascaris alata*, called also *ascaris mystax*, and said to infest the domestic cat.[1] This, as regards its practical importance, is in the category with the tricocephalus dispar.

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[1] Valleix, op. cit.

[2] *Vide* Davaine, op. cit.

TÆNIÆ OR TAPEWORMS.

On the natural history of tæniæ, constituting the class *cestoidea*, in helminthology, and commonly known as tapeworms, much light has recently been shed by the researches of Kuchenmeister, Von Siebold, and others. The source of these parasites seems to be ascertained. Referring the reader to other works for a full account of these researches, suffice it to say, that different varieties of tænia have been shown to be the cystic entozoa known as *cysticerci* and *echinococci*, in a state of maturity or complete development. A cysticercus is an immature or undeveloped tapeworm. Different varieties of cysticerci are found in the solid parts of different animals, and each variety received into the alimentary canal of another animal, and finding there favorable conditions, becomes a perfect worm or tænia, each kind of cysticercus becoming a particular kind of tænia. A cysticercus, on the other hand, is the product of the ovum of a tænia. The eggs of the tænia passing out of the body, finding their way into the bodies of men and other animals, and probably entering into the circulation, are transported to, and fixed in, solid parts, where they become cysticerci. The latter, so long as they remain in the solid parts, reach only a certain stage of development. If, however, the parts containing the cysticerci are eaten by another animal, they attain to their complete development in the alimentary canal of the latter. Thus, a particular cysticercus found within the liver of the rat, if eaten by the cat, is developed into the kind of tapeworm frequently found in the intestine of the latter; and the ova from this tapeworm received into the body of the rat gives rise to the kind of cysticercus found in the liver of this animal. The ova from the tænia of the dog, received into the body of the sheep, becomes the cystic entozoon, called *cœnurus cerebralis*, found in the brain of the latter, which, if eaten by the dog, becomes the tænia found in the intestine of this animal. These highly interesting, and, in a practical view, important facts appear to have been fully substantiated by accurate observation and experiments.[2]

The tænia or tapeworm is distinguished, as these names import, by its ribbon-like form. It is composed of numerous segments or joints, each one of which is provided with male and female generative organs. Several varieties have been found in man, but, as regards medical practice, the discrimination is not of much importance, the same measures of treatment being alike applicable to all. In the vast majority of cases, the tænia developed in the human intestine is one of two kinds; it will suffice to notice these. In this country, and in most countries, the one of the two kinds of tænia which is found is almost universally the same. The kind referred to is commonly known as the *tænia solium*, or solitary tænia, so called because it is supposed always to exist singly. This is true as a rule, with some exceptions; two or more tæniæ have been observed together, but instances are exceedingly rare. The tænia solium varies in length from four or five to thirty-five feet, the number of segments or joints varying from 800 to 1000. Toward the head it becomes attenuated, forming a thread-like neck of considerable length, and in this portion there are transverse markings or rugæ, but no visible joints. The joints succeeding the neck are about as long as they are broad, but lower; the length is twice or thrice the breadth. From the resemblance of these joints to the seeds of a gourd, the worm has been called *vermis cucurbitinus* or gourd-worm. The generative foramina are placed near the middle of one of the margins of each joint, and are generally alternate. The head is very small, hemispherical or triangular in form, and, under the microscope with a low power, it is found to present four projections or suckers, and a double row of hooklets, numbering 12 or 15 in each row; the latter are sometimes wanting.[1] The joints of the inferior part are being constantly thrown off, and are passed almost daily by stool. These exfoliated joints contain an immense number of ova. Bennett quotes an estimate of the number of ova in the tapeworm of a cat to be 12,500,000. It is fortunate that worms are not developed from the ova within the alimentary canal!

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[1] Aitken's Science and Practice of Medicine.

[2] For a summary of these, the reader may consult Aitken, op. cit., 1864.

The other kind of tænia is commonly known as the *tænia lata*, or broad tapeworm, reckoned by some late helminthologists as a species distinct from the true tænia, and named *Bothriocephalus latus*. The former terms will probably continue in common use as more easily recollected and pronounced than the latter name. This worm is distinguished from the common or solitary tapeworm by the breadth of the joints, which are broader than long, by the situation of the genital orifices, which are in the middle of the joints, and by the different conformation of the head. The head is unprovided with hooklets, and hence it is sometimes distinguished as the unarmed tænia, while the tænia solium is said to be armed. The form of the head is elongated, and, instead of suckers, it has two lateral longitudinal depressions or fossæ; hence the name *bothriocephalus*, from *βοθρίον*, a small pit.' This worm may attain to even a greater length than the tænia solium. Like the latter, it is usually solitary.

Of these two kinds of tapeworm, the first is the kind commonly met with in this country and in most countries. It prevails almost exclusively in England, France, Spain, Austria, Prussia, Greece, and Italy, the broad worm being almost unknown in these countries. Both kinds occur in Holland, Finland, Norway, Poland, and Sweden. The broad worm is the kind chiefly observed in Russia and Switzerland. It is observed that the latter worm is apt to affect inhabitants living on the coasts of seas, lakes, and rivers, whence it has been inferred that it proceeds from a cystic entozoon existing in fish. The opinion, however, is entertained that the embryos of this worm may be taken into the system in drinking water and developed in the intestines without the intermediate stage of cystic development in the solid parts. The tænia solium is attributed to the ingestion of the *cysticercus cellulosæ*, which is common especially in swine and sheep. It is the presence of this entozoon in large numbers which renders pork "measly." Animal food eaten raw or partially cooked is probably the source of the common tapeworm. Thorough cooking destroys the cysticercus, and the development into the tapeworm does not then take place. It is a matter of observation that pork-butchers and cooks are prone to tapeworm, and it is stated that in Abyssinia, where the custom of eating uncooked meat prevails, nearly all persons, of different ages, become affected with tænia. The production of tænia in children by the use of raw meat as food, in cases of so-called cholera infantum, has been already adverted to. It is proper to add all do not admit that the tænia solium originates exclusively in this way. It is stated that the cysticercus cellulosæ does not exist in the ox, and, since observation appears to show abundantly that tænia may be produced by eating raw beef, Davaine concludes that there must be some other mode of propagation.

The habitat of a tapeworm is the small intestine. When it attains to a great length it extends into the large intestine, and has been found to reach nearly to the anus. No age is exempt from the liability to its occurrence, but, in the majority of cases, the ages are between twenty and forty years. It occurs oftener in females than in males. The frequency of its occurrence varies much in different countries and in different sections of the same country. The reports of the military surgeons of the French army from 1840 to 1848 showed only seven cases among 250,000 soldiers. During a practice of about thirty years I have probably not met with more than from twenty to thirty cases.

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[1] For fuller description, *vide* Owen, in Cyclopædia of Anatomy and Physiology, or Aitken, op. cit., 1865.

The existence of a tapeworm is not denoted by well-marked diagnostic symptoms. The symptoms attributed to it are vertigo, tinnitus aurium, disturbance of vision sometimes amounting to temporary amaurosis, pruritus at the nose and anus, salivation, disordered appetite and digestion, colic or neuralgic pains in the abdomen, and emaciation. These are symptoms which may be due to other morbid conditions, nor are these symptoms uniformly, if generally, marked in cases of tapeworm. The existence of the worm is often discovered accidentally, and in persons who, prior to the discovery, considered themselves perfectly well. In the case of a young female affected with sciatic neuralgia, I was led to prescribe a full dose of turpentine, and the result was the expulsion of a large quantity of tapeworm, the existence of which had not been suspected. After the existence of the worm is known, disorders of all kinds are apt to be referred to it, and often the imagination creates various morbid sensations. Convulsions, epilepsy, and chorea are supposed to be occasional effects, but clinical observation supplies but little data for this supposition. The pathological effects of the presence of this worm have doubtless been greatly exaggerated. Tapeworms are almost invariably found in the intestines of dogs destroyed for experimental purposes apparently in perfect health.

The diagnosis must rest on the discovery of exfoliated joints or pieces of the worm in the evacuations. This mode of diagnosis is always available. Fragments of the worm are generally passed either daily or at short intervals, and hence it is usually not long before its existence is ascertained. If there be reason to suspect its existence before fragments have been seen, a brisk purgative may be given, and this will be likely to be followed by the expulsion of a greater or less quantity. If an examination of the stools for some time, and especially after the administration of purgatives, fail to discover any portions of the worm, the physician may be satisfied of its non-existence. Persons not infrequently fancy they have a tapeworm. This is one of the notions likely to be seized upon by hypochondriacs, and in some cases the notion becomes a fixed belief of which the mind cannot be dispossessed, becoming, in fact, an insane delusion. Several instances of this kind have fallen under my observation. A few instances are on record in which portions of the worm have been vomited.

With reference to treatment, a point of importance is the natural duration of the life of this parasite. It is undoubtedly long-lived. It is not uncommon for fragments to be passed at short intervals for many years. Cases have been reported in which this was observed for twelve, twenty-five, and even thirty-five years. If an interval of several months elapse without any fragments being discharged, and subsequently they make their appearance, it is probable that a second worm has become developed. Sooner or later, the worm dies a natural death, and a cure takes place spontaneously. If successive remedies are used in such a case, the last one, of course, gets the credit of having effected a cure. For a cure to be effected with certainty, the head must be expelled. The frequent exfoliation of joints is natural, and if, as an effect of a remedy, or from any cause, a large portion, or even all the body be expelled, reproduction by growth may take place so long as the head remains; it is, however, a matter of observation that the parasite is apt to die when the separation takes place near the head. As positive evidence of a cure, the head is to be sought for, but it is not found in the larger proportion of the cases in which a cure is effected.

Of the remedies to be employed for the destruction of the tapeworm, one of the oldest, and, certainly, in many cases an effective remedy, is the oil of turpentine. It is most likely to be effective if given in large doses. A half ounce may be given in emulsion, with the addition of some aromatic tincture to prevent nausea, and this dose repeated every half hour until two or three ounces are taken, or, sometimes, the whole amount taken at once is well borne. Strangury is an occasional result, but is less likely to occur than when the remedy is given in small doses. After a large dose, the patient feels as if slightly inebriated. This remedy, thus given, may be repeated, if necessary, after intervals of several days. Given in the quantity just stated, it generally acts as a purgative. *Chabert's empyreumatic oil*, which has been much in vogue as a remedy for tænia, is probably efficacious chiefly from the turpentine which enters into its composition, and is much more disagreeable than the turpentine alone. It is stated by Bellingham and others, that turpentine is frequently successful given in moderate doses and repeated for several successive days.

The male fern (*filix mas*) is a tænifuge, the efficacy of which rests upon the testimony of many competent and trustworthy observers of large experience. It may be administered in powder, from half a drachm to a drachm being given in divided doses in the course of a few hours; but the oil and ethereal extract are more eligible preparations. The oil may be given in doses of a drachm or two in mucilage, or in gelatine capsules; the dose of the extract is from 20 to 30 grains.

Another effective tænifuge is the kousso (*brayera anthelmintica*), the dried flowers of a tree in Abyssinia, where tapeworm is exceedingly common. This remedy is said to be relied upon in that country. Within the past few years it has been used with much success in Europe and this country. Half an ounce of the powdered flowers mixed with water may be given in a dose, both the liquid and sediment being taken.

A remedy recently introduced as a tænifuge into this country is an emulsion of pumpkin-seeds (*cucurbita pepo*). The emulsion is prepared by pounding a couple of ounces of the seeds in a mortar with half a pint of water, and straining through cloth. This quantity will constitute a dose, which may be repeated for several days. This remedy has proved successful in the hands of a number of physicians in this country. It has the advantage of producing no unpleasant effects, being, aside from its action as a vermifuge, innocuous.

The bark of the pomegranate root (*granatum*) is another anthelmintic remedy which has been found destructive to the tapeworm. A decoction made by boiling two and a half ounces of fresh bark in a pint and a half of water until this quantity is reduced one-half, is the form in which this remedy is to be administered. The whole of the quantity just named may be given in the course of a few hours. It generally produces purging, and not infrequently vomiting.

These are the most valuable of the anthelmintics which experience has shown to be capable of destroying the tapeworm toxically. The powder of tin (*pulvis stanni*) given in doses of a scruple or more, mixed with honey, has, in some cases, proved efficacious, destroying, probably, the worm by its mechanical action. It is far less reliable than the toxical remedies. Active cathartics, such as calomel and jalap, scammony, gamboge, and croton oil, occasionally succeed, their action, probably, being mechanical. They will generally bring away greater or less portions of the worm, but, alone, they are not to be relied upon for effecting a cure, that is, for destroying the worm. In conjunction with the toxical anthelmintics, they are generally useful.

The success of the treatment will depend much upon accessory measures. The worm is probably nourished, not by nutriment sucked from the intestinal walls, but from the alimentary contents of the intestine, which enter the body of the parasite by endosmosis.[1] An important part of the treatment, therefore, is to weaken the parasite by starvation. The patient, by way of preparation for the administration of the tænifuge, should abstain from those articles of food which are digested in the small intestine, for at least a day or two. Beef-tea or chicken soup may be allowed freely. The treatment should commence with a mild purgative, and the administration of the anthelmintic remedy should be followed, after a few hours, by a pretty active purgative. If the treatment prove unsuccessful, the strength of the patient should be restored by a return to a full diet and tonic remedies, and the same plan again repeated, employing the same remedy or selecting another. The treatment is to be repeated, allowing sufficient intervals for recruiting the strength, until a cure is effected. It is to be borne in mind that, if the greater part of the worm be expelled, although the head may not be found, the death of the worm is apt to follow, and the treatment, therefore, need not be repeated until the discharge of fragments is again observed.

The prophylaxis involves care never to eat meat not thoroughly cooked. In meat much underdone, the cysticerci which may be contained in it are, perhaps, not destroyed. Purity of the water used as a drink may be an important measure of prevention. The use of filtered water is to be recommended. The meat contained in the Bologna sausages is liable to contain living cysticerci.

TRICHINA SPIRALIS.

From the discovery of the *trichina spiralis*, by Owen, in 1835, up to a recent date, this parasite had been observed occasionally in the muscles of subjects in the dissecting-room, but, in a pathological view, it was not considered to have any importance. Facts, however, accumulated within the past few years, have shown that the introduction and multiplication of *trichinæ* within the body of man may give rise to morbid effects of great gravity, which often prove fatal. At the present moment, the *trichinal* or *trichinatous disease*, or *trichiniasis*, is exciting great interest in different countries. Much information has been already obtained respecting the natural history of the parasite, the circumstances under which the human body becomes infested by it, and the morbid phenomena which characterize the disease. This information has added to the nosological catalogue a new and highly important affection, on which, doubtless, continued researches will shed much additional light.

Prof. Zenker, of Dresden, was the first to ascertain the nature and source of the trichinal disease. In a young girl who died after an illness of several weeks' duration, characterized by debility, fever, sleeplessness, abdominal tenderness, great pain in the muscles, and œdema of the lower extremities, numerous trichinæ were found in the voluntary muscles, and in mucus from the small intestines. He traced the origin of the disease to the eating of ham and sausages, which, on microscopic examination, were found to contain an abundance of trichinæ. This was in January, 1860. Numerous examples of the newly-discovered disease have since been observed, especially in Germany. A large collection of cases occurred on a single occasion in Heltstädt, Prussia, in 1863. Of one hundred and three persons who participated in a hotel dinner, on a festive celebration, nearly all were attacked with the disease, and a large number died. The disease in these cases was traced to a kind of sausage called "Röstewurst," of which most, if not all of the guests had partaken. On microscopic examination, the remnants of these sausages, and the pork of which they were made, were found to be swarming with trichinæ, and these parasites were found in abundance in the muscles of the persons affected. Several examples have fallen under observation in this country. In February, 1864, several members of a family in the city of New York became seriously ill after eating of raw smoked ham, and one of the children died. Dr. Joseph Schnetter examined the ham, and found it filled with trichinæ. Prof. Dalton also made an examination, and counted in a piece of muscle $\frac{1}{12}$ inch square, and $\frac{1}{50}$ inch thick twelve trichinæ, which would give, in round numbers, over 85,000 to the cubic inch. A short time afterward, a case of suspected disease from trichinæ came under the observation of Dr. Voss. In order to settle the diagnosis, Dr. V. cut down upon the deltoid muscle of the patient, and removed a portion of the tissue. It was examined microscopically by Dr. Voss and Prof. Dalton, and trichinæ were found in abundance, numbering over 7000 to the cubic inch.[1] A case has also been reported by Dr. J. R. Lothrop, of Buffalo.

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[1] Robin. *Vide* Dictionnaire de Médecine, par Nysten. Art. Tænia.

Repeated experiments have been made of giving to animals pieces of flesh containing trichinæ, from other animals, and the human subject. After the death of animals thus fed, trichinæ have been found in great numbers within the small intestines, and in the muscles. These experiments have elucidated important points pertaining to the multiplication of these parasitic animals within the alimentary canal, and their migration to the muscles throughout the body. In short, the existence of a disease of great gravity, involving much danger to life, produced by the introduction into the system of trichinæ contained in food, may be considered as sufficiently established.

The trichina spiralis belongs in the class *nematoidea*. As found in the muscles, it is coiled up in a cyst containing a granular substance at first, and, afterward, calcareous matter. When expelled from the cyst, the parasites are seen to be round worms, $\frac{1}{25}$ of an inch long, and $\frac{1}{620}$ of an inch in thickness. So long as they remain in the muscular tissue, the worms are quiescent and sexless. When, however, they are taken into the stomach, and set free by the action of the gastric liquids upon the muscular tissue and the cysts, they pass from the stomach into the intestinal canal, and immediately begin to grow rapidly, attaining to three or four times their former size, acquire fully developed generative organs, and, in the course of a week to ten days, the female parasites contain living young in great abundance. The young trichinæ shortly after birth penetrate the mucous membrane, and find their way rapidly to the different muscles throughout the body.

Trichinæ are found especially in the muscles of swine. But they have been found in the muscles of various other animals, viz., eels, cats, dogs, badgers, hedgehogs, and moles. They find their way into the alimentary canal of man chiefly from eating trichinous pork not subjected to processes of cooking sufficient to destroy the parasites. They are not destroyed by smoking, and they may retain their vitality in roasted or broiled meat much underdone. The custom which prevails among Germans of eating sausages and smoked hams uncooked involves a liability to the disease. Meat abounding in trichinæ may present no evidence of the fact as regards the gross appearance, especially if a calcareous deposit have not taken place in the cysts which contain them ; hence, trichinous meat may be sold and bought without any suspicion of its being unwholesome.

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[1] *Vide* Observations on Trichina Spiralis, by John C. Dalton, M. D., Trans. New York Acad. of Med., vol. iii., 1864. The description of the trichina spiralis, which follows, is after Dalton.

The clinical history of the disease caused by trichinæ is highly important with reference to an early diagnosis. The primary symptoms relate to the alimentary canal, and are due chiefly to the perforation of the mucous membrane by the newly produced worms. Abdominal pains and diarrhœa characterize the first stage of the disease. These symptoms occur within a few days after the ingestion of trichinous meat; that is, as soon as the young worms have been produced and become developed sufficiently to begin to migrate toward the muscles. It is not difficult to understand that the aggregated punctures of the mucous membrane by these parasites should occasion notable disturbance, when it is considered that the trichinæ which have been found to be contained in half a pound of meat may be sufficient to give birth, in a few days, to a brood numbering 30,000,000. It is stated that peritonitis may be produced by the passage of worms into the peritoneal cavity. The secondary symptoms relate to the muscles. Pains resembling those of muscular rheumatism are occasioned by the entrance of the trichinæ in the muscles. Certain of the muscles become contracted, in some cases, and their extension occasions great suffering. Constitutional disturbance, more or less marked, accompanies both the primary and secondary symptoms. The general symptoms are not unlike those of typhoid fever, for which the disease is liable to be mistaken. Œdema of the face or lower extremities is apt to occur, and sometimes anasarca. Sweating is generally prominent as a symptom. Death takes place in a certain proportion of cases, after a protracted period of suffering and exhaustion, being often preceded by coma. The danger, *ceteris paribus*, is proportionate to the abundance of trichinæ generated within the alimentary canal. If the number be not sufficient to cause death from the amount of local and constitutional disturbance which they occasion, recovery takes place very slowly, the illness lasting for several weeks or even months. The trichinæ become encapsulated in the muscles, thereafter remaining quiescent, leaving the muscles more or less impaired. An accumulation of a larger number of cases than is at present practicable, is necessary to furnish data for a complete clinical history of the disease, and for determining the relative proportion of deaths and recoveries.

Diarrhœa and abdominal pains, followed by muscular pains, together with more or less constitutional disturbance, should excite suspicion of this disease. Inquiries respecting food should be instituted, and if any portion of the suspected meat remains, it should be examined microscopically. The diagnosis may be made still more complete by harpooning some one or more of the painful muscles and obtaining sufficient portions for examination with the microscope. Davaine suggests that the presence of trichinæ in the stools may be ascertained, and the diagnosis in this way rendered positive. If clinical observation should establish the availability of the latter method of arriving at a diagnosis, it would have this advantage, viz., the existence of the disease may be positively ascertained before the trichinæ migrate from the alimentary canal. The practical importance of making the diagnosis thus early, is sufficiently obvious.

It is evident that the treatment of this disease, to be effective, must be employed while the worms are in the alimentary canal. Hence, the importance of an early diagnosis. It remains to be ascertained whether treatment can be effectively employed in this stage, and to determine the measures most likely to prove effective. The object is either the destruction of the worms or their expulsion from the intestines. Cathartics are indicated for the latter object, but clinical experience has yet to ascertain what toxical anthelminthics are best suited to destroy this parasite. After the trichinæ have left the intestines, the opportunity for destroying or expelling them has passed. Recovery now depends on the ability of the system to endure them until they become encysted. Measures to palliate pain, to restore disordered functions, and to support the powers of life, are indicated, and the success of the treatment will depend on the judicious employment of measures for these ends.

The prevention of this disease is the great practical benefit to be derived from its discovery. The mode of prevention is sufficiently simple, viz., abstaining from meat, more especially the flesh of swine, not thoroughly cooked.

Animals not entozootic, such as snakes, slugs, and lizards, are not infrequently exhibited to physicians as having passed from the alimentary canal. It is a popular notion that they may live and grow indefinitely within the stomach and intestines, and give rise to a variety of morbid symptoms. In the great majority of cases, the statements with respect to the passage of these animals are simply falsehoods, proceeding generally from a morbid exaggeration of that craving to become objects of curiosity and interest which enters largely into the mental constitution of many persons. In some cases, however, the statements are honestly made, persons being deceived. Prof. Dalton has recently performed a series of experiments to ascertain the duration of life of the common garden slug (*Limax agrestis*) and the water-lizard (*Triton millepunctatus*) after having been introduced within the stomach of the dog. The former were found completely dead at the end of nine and a half minutes, and no traces of them were discoverable when the dog was killed an hour after their introduction. The lizards were found perfectly dead, and about to undergo the digestive process, at the end of fifteen minutes.[1] It is safe to set down all the cases referred to as cases of either self-deception or imposition.

CHAPTER X.

Acute General Peritonitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Partial Peritonitis—Chronic Peritonitis—Hydro-Peritoneum.

THE peritoneum, in structure and functions, does not differ materially from other serous membranes. This, like other serous membranes, may be the seat of inflammation. Inflammation here, as elsewhere, may be acute, subacute, or chronic. The whole or greater part of the membrane may be inflamed, and the inflammation is then said to be general; or the inflammation may be more or less circumscribed, and is then distinguished as partial. Inflammation of this membrane, agreeably to the nomenclature of inflammatory affections, is termed *peritonitis*, and this name is in common use. In treating of peritonitis, it will be convenient to consider separately acute, general peritonitis, partial peritonitis, and chronic peritonitis. Some writers divide the disease into several varieties, according to its different causes or the circumstances under which it is developed. It will suffice to notice these diversities under the head of causation. Occurring as an epidemic in childbed, however, it claims separate consideration. But it does not fall within the scope of this work to consider *puerperal peritonitis* fully or separately. It is treated of at length in works on obstetrics and the diseases of women, and to these the reader is referred.

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[1] American Journal of Medical Sciences, April, 1865.

ACUTE, GENERAL PERITONITIS.

Anatomical Characters.—The appearances after death, in different periods of the disease, are essentially the same as in other serous inflammations; for example, in pleuritis or pericarditis. Redness, arborescent and punctiform, chiefly from hyperæmia in the subserous areolar tissue, exists, especially if death take place early. The degree of hyperæmia varies much in different cases, and is not to be taken as any criterion of the intensity, or otherwise, of the inflammation. Nor is redness from hyperæmia, be it ever so marked, alone adequate proof that inflammation existed. More or less of the inflammatory product, lymph, is always present. The quantity varies much in different cases. It is sometimes abundant, forming a coating more or less thick, extending over the solid and hollow viscera and the parietal portion of the membrane; in other cases, the quantity is moderate or small, adhering to the membrane in patches. It is apt to be most abundant at, and may be limited to, the portions of the intestines which are in contact with each other, frequently agglutinating them together and to the abdominal walls. The quantity is sometimes slight and spread over the surface in a thin layer so as to escape observation without close attention and scraping the serous surfaces. It is soft and gelatinous if recently exuded, and dense according to its age. The peritoneal sac usually contains effused liquid, the quantity varying much in different cases. The liquid is turbid from lymph, and contains flakes of lymph in more or less abundance. Occasionally it is reddened by the admixture of blood. The serous membrane is more or less opaque and softened. The subserous areolar tissue is morbidly brittle, so that the membrane is more easily detached than in health. In certain cases, and especially if the duration of the disease have been considerable, the peritoneal sac contains pus in more or less quantity. If the peritonitis be connected with perforation of the stomach or intestines, on opening the sac, fetid gas escapes, and the contents of these hollow viscera may be found within the serous cavity. Sphacelation of the membrane rarely if ever occurs, unless the peritonitis be connected with strangulation or invagination of the intestine. Ulceration from without is extremely rare. Lesions situated in other structures than the peritoneum, and involved in the causation of the peritonitis, are found in a large majority of cases—such as intestinal perforation, invagination, rupture of the urinary or gall-bladder, abscess of the liver or in other situations, etc. etc. Associated lesions are always to be sought for, if not at once apparent. Finally, if life be sufficiently prolonged, morbid adhesions of the intestines to each other, to the solid viscera, and of the opposing parietal and visceral portions of the membrane, are observed. These adhesions are due to the formation of adventitious tissue, as in inflammation of other serous membranes. The adhesions may be more or less extensive. They may consist of bands or bridles of newly-formed membrane, leaving spaces, or loops, in which portions of intestine are liable to become strangulated, thus giving rise to fatal obstruction. The adventitious membranes resulting from inflammation here, as in other serous membranes, are firm and resisting in proportion to their age.

CLINICAL HISTORY.—Acute peritonitis is sometimes developed gradually. Abdominal pain and soreness progressively increasing, may be felt one, two, or three days before the local and general symptoms are sufficient to show the existence of the disease. But in most cases the attack is abrupt, and the disease quickly declared. Pain is usually a marked symptom. Commencing at a particular point, it extends over the whole abdomen. It is burning or lancinating in character. It is increased at times sufficiently to constitute marked exacerbations, and, not infrequently, in these exacerbations, the character of the pain is that of spasm or colic. Acute pain is produced by a deep inspiration. The respirations are usually shortened, and, by way of compensation, increased in frequency. The movements of the diaphragm are restrained, and those of the ribs proportionately increased; the breathing, in other words, is costal. Acts of coughing and sneezing occasion intense pain. Movements of the body are painful. The degree of suffering from pain varies in different cases. It is generally great, often extreme, occasionally moderate or slight, and this symptom may be wanting. Tenderness on pressure over the abdomen is usually marked. This symptom is very rarely wanting. The tenderness is often such that the slightest pressure is painful, but the degree of tenderness varies considerably in different cases. The pain and tenderness are frequently most marked in a particular circumscribed portion of the abdomen. These symptoms continue during the course of the disease. Owing to these symptoms the patient is apt to lie upon the back with the knees and thighs raised, in order to lessen the tension of the abdominal muscles and relieve the abdomen of the weight of the bedclothes. This decubitus, however, is by no means constant. The patient may lie on the side with the knees and thighs flexed, or even on the back with the lower limbs extended. More or less tympanites is generally present. The abdomen is often greatly distended and tense, and this condition persists during the course of the disease. If the tympanites be not great, the abdominal muscles, especially the rectus muscle on either side, is usually notably rigid and resisting. The bowels, as a rule, are constipated, but the exceptions to this rule are not very infrequent. Constipation may exist at first, and subsequently diarrhœa occurs, and occasionally diarrhœa exists at the outset. Vomiting is a frequent and in some cases a prominent symptom. The acts of vomiting occasion great pain. In the latter part of the course of the disease, the contents of the stomach are apt to be ejected by regurgitation rather than by vomiting. Thirst is usually a prominent symptom.

The pulse is more or less accelerated. It is apt to become quite frequent, numbering 120 or 130 per minute; but in some cases the acceleration is moderate. It is generally small and sometimes hard or wiry. The sense of prostration is considerable or great. Perspiration is apt to occur. The countenance denotes gravity of disease; the expression is haggard and anxious. In some cases the upper lip is elevated and drawn tightly over the teeth. This appearance is characteristic, and, when present, points to the disease, but it is by no means uniformly present.

Difficulty in micturition is a frequent symptom, due probably in part to paralysis of the muscular tunic of the bladder, and partly to loss of power over the abdominal muscles in consequence of the abdominal distension. Moreover, the pain occasioned by the effort to micturate leads the patient to postpone it as much as possible. Retention of urine, requiring the use of the catheter, is not uncommon. Prof. Rogers, of the University of Louislle, has called attention to the occurrence of severe pain in the penis, in rtain cases of peritonitis.[1] This pain is sometimes extremely intense. I ve observed this symptom in two cases, since the publication of Professor ogers's paper, and I have met with several physicians who have observed . In some of the cases reported by Prof. Rogers, priapism and intense nereal desire existed. It remains to be ascertained how frequently these mptoms are present. I have ascertained their existence in two cases, since eir occurrence was pointed out by Prof. Rogers.

The intellect, in cases of acute peritonitis, is generally not disordered. light delirium sometimes occurs, especially in fatal cases, toward the close f the disease.

Pathological Character.—Acute peritonitis, as regards pathological aracter, does not differ essentially from other acute serous inflammations.

Causation.—Acute inflammation of the peritoneum, exclusive of puerperal peritonitis, is rare. As a spontaneous or idiopathic affection, it is one f the rarest. The liability of the peritoneum to become inflamed is vastly ss than of the pleura or the pericardium, a fact not easily explained, but hich exemplifies a principle of conservatism, inasmuch as peritonitis is a uch more serious disease than either pleuritis or pericarditis. In the great ajority of cases, peritonitis is incidental to some other affection of the abominal viscera. The most frequent cause, exclusive of its occurrence in hildbed, is perforation of the alimentary canal. Perforation of the ileum incidental to the intestinal lesions of typhoid fever, and peritonitis thus roduced is one of the occasional events pertaining to the clinical history of hat form of fever. The intestinal ulcerations which occur in certain cases f tuberculosis, sometimes, although very rarely, lead to perforation, and, lso, other ulcers situated in either the small or large intestine. Perforation rom ulceration or sphacelation of the extremity of the appendix vermiformis f the cæcum is of not very rare occurrence; several examples have fallen nder my observation. Perforation of the stomach is an occasional event in ases of gastric ulcer. Whatever be the seat of the perforation, the gaseous nd other contents of the alimentary canal escaping into the peritoneal sac, eritonitis becomes at once developed. The escape of bile from rupture of he gall-bladder, or the cystic, hepatic, or common duct, gives rise to peri-onitis. Other causes are the discharge of pus into the peritoneal cavity rom hepatic or other abscesses, rupture of the urinary bladder or ureter, and he evacuation of hydatid cysts. Inflammation, at first local, may become eneral, as in certain cases of invagination and strangulation of intestine. njections into the cavity of the uterus have been known to give rise to the isease, the liquid injected passing into the peritoneal cavity through the Fallopian tubes. In certain cases of puerperal peritonitis, the inflammation ommences in the uterus and is propagated to the peritoneum. The disease nay be produced traumatically by wounds of the abdominal walls, and vio-ent contusions.

Excluding cases of acute peritonitis produced by these various causes, ogether with all cases of puerperal peritonitis, the remaining cases which ccur are exceedingly few. Of the few which remain, probably in most the isease is developed in connection with renal disease. Acute peritonitis is one of the local affections incidental to the morbid conditions of the kidneys collectively called Bright's disease. Exposure to cold may give rise to it.

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[1] Western Journal of Medicine and Surgery, Louisville, August, 1855, vol. iv. Number 2.

I have known its occurrence to be fairly attributable to this cause. Prof. Palmer, of Louisville, informed me that in the neighborhood of Woodstock, Vermont, where he formerly resided, cases of acute peritonitis were not very uncommon among persons employed in the winter and spring to repair water-wheels damaged by ice, this occupation requiring them to work standing in water.

Occurring as an epidemic affection, in childbed, it doubtless proceeds from a special cause. During the prevalence of puerperal peritonitis, epidemic erysipelas has been observed to prevail, showing some pathological relationship between the two affections.

In autopsical examinations, the various local causes of peritonitis are to be sought for. Without care they may be overlooked. A small intestinal perforation will be likely to escape detection unless careful search be made, and is probably not infrequently overlooked.

DIAGNOSIS.—The diagnosis of acute peritonitis is not difficult in cases in which its diagnostic features are well marked, as they are in the majority of cases. These features are sometimes obscure or wanting, and it is then liable to be overlooked or confounded with other affections. From acute enteritis it is distinguished, generally, by a greater degree of pain, greater frequency of the pulse, more tenderness on pressure over the abdomen, more tympanites, rigidity of the abdominal muscles, absence of diarrhœa, and the evidence, on all sides, of a graver malady. Rare as is acute peritonitis, acute enteritis, at least in the adult, is still more infrequent.

It is sometimes mistaken for functional colic. The pains, in some cases of peritonitis, are like those of colic. But colic lacks the continuous pain, the abdominal tenderness, the muscular rigidity, the tympanites, the frequency of the pulse, prostration, etc., of acute peritonitis. These symptoms, however, may not be immediately developed in peritonitis, and a little delay may, therefore, sometimes be necessary in arriving at a positive diagnosis.

Rheumatism, affecting the abdominal muscles, may give rise to certain of the local symptoms of acute peritonitis. Instances, however, of rheumatism limited to these muscles must be extremely rare. The diagnostic points, indicated by Genest, are as follows:[1] In peritonitis, movements of the body occasion pain over the whole abdomen, whereas, in rheumatism, the pain is apt to be limited to certain muscles, and, perhaps, confined to one side of the abdomen. The same is true of tenderness on pressure. Moreover, in peritonitis the pain from pressure is proportionable to its amount, but in rheumatism, deep, firm pressure may be made without augmenting the pain.

Lumbo-abdominal neuralgia, with hyperæsthesia of the abdominal walls or tegument, sometimes simulates closely peritonitis as regards certain local symptoms. The pain may be severe, the tenderness great, the decubitus on the back with the thighs and knees flexed, and, not infrequently, there is more or less tympanites. Cases presenting these symptoms are not uncommon. The patients are generally females, and manifest more or less hysterical phenomena. The general symptoms of acute peritonitis, frequency of pulse, prostration, etc., are wanting in these cases; but attention to certain points connected with the local symptoms will suffice for the differential diagnosis. The tenderness in the neuropathic affection is more superficial, the patient shrinks from the slightest touch, but firm, prolonged pressure with the open palm is often well borne, and may even afford relief, whereas, in peritonitis, the pain is always proportionate to the amount of pressure. The muscular rigidity of peritonitis is wanting. It is stated by Valleix that tenderness in these cases exists by the side of the vertebral column, and that the tenderness in front is especially marked at a point situated at or a little above the middle of the crest of the ileum.

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[1] Valleix, op. cit.

I have known acute peritonitis to be mistaken for sporadic cholera in a case in which vomiting and purging occurred early, and were prominent symptoms. In the exceptional cases in which these symptoms are sufficiently prominent to suggest that affection, the error of diagnosis is to be avoided by finding, associated with the vomiting and purging, the local symptoms of peritonitis, viz., pain, tenderness, tympanites, and muscular rigidity, together with general symptoms denoting an inflammatory affection, symptoms not belonging to the history of sporadic cholera.

Acute peritonitis is sometimes remarkably latent, the local symptoms, usually so strongly marked, being obscure or wanting. Pain and tenderness may be slight or even absent; tympanites is not always present. Muscular rigidity in such cases may be a very valuable diagnostic symptom. As regards occasional latency, this disease resembles other serous inflammations, viz., pleuritis and peritonitis. Pain and tenderness may be obscure in consequence of the coexistence of other affections, which occasion delirium or blunt the perceptions of the patient, and from the absence of these symptoms, peritonitis may be overlooked. In some cases of peritonitis produced by perforation in the course of typhoid fever, for example, the manifestations of pain and tenderness may not be sufficient to direct attention to the abdomen. In such cases, other local, in conjunction with general, symptoms must be relied upon in the diagnosis.

It is desirable, in cases of peritonitis, to determine whether the disease be idiopathic or dependent on some one of the various local circumstances which stand in a causative relation to it in the majority of cases. In consequence of the relative infrequency of idiopathic peritonitis, the probabilities, in any case, are in favor of the existence of some one of these causative circumstances. Developed in the course of typhoid fever, it generally, but not invariably, proceeds from perforation of the ileum. If developed in a case of pulmonary tuberculosis accompanied by diarrhœa, chronic peritonitis not preceding its development, perforation, connected with intestinal ulceration, is the probable cause. Perforation of the stomach is probable if the peritonitis occur suddenly in a case presenting the symptoms of gastric ulcer. Perforation of intestine, connected with latent ulceration, is to be very strongly suspected whenever the affection is developed suddenly, without any appreciable cause, in a person apparently in health; and if the pain and tenderness first occur in the neighborhood of the cæcum, and continue most marked in this region, the seat of the perforation is probably the appendix vermiformis. The points just stated, however, do not positively denote perforation of intestine. For example, they were present in a case recently under my observation, in which the peritonitis was due to perforation, from ulceration, of the gall-bladder. Perforation of the ureter may be strongly suspected if the sudden development of the disease have been preceded by symptoms denoting obstruction from calculus or some other cause. In like manner, perforation of the ductus communis choledochus is the probable cause if symptoms denoting the impaction of a gall-stone in this duct have preceded. The disease is attributable to invagination or internal strangulation of intestine when preceded and accompanied by symptoms denoting these causes of obstruction of the bowels. Its connection with renal disease is to be determined by an examination of the urine for albumen and casts from the uriniferous tubes. Finally, if evidence of the existence of any of the causative circumstances referred to be wanting, and the disease be fairly attributable to exposure to cold, it may be considered as idiopathic.

PROGNOSIS.—Acute, general peritonitis is always a grave disease, involving more or less danger to life. In the majority of cases, the danger is greatly enhanced, either by the circumstances on which the development of the disease depends, for example, intestinal perforation, or by coexisting affections, for example, renal disease. We have no data for determining the amount of intrinsic tendency to death belonging to simple, idiopathic peritonitis. There is reason to believe that the rate of fatality in all cases depends very much on the mode of management. Judiciously treated, in uncomplicated cases, the prospect of recovery is good. In complicated cases, including under this head cases in which the disease is connected with gastric or intestinal ulceration, Bright's disease, etc., the prognosis must always be very unfavorable. Under certain circumstances, the disease runs rapidly to a fatal issue. It may destroy life within a few hours, developed as a result of perforation. Recovery, however, is not impossible in cases of perforation, provided the opening be not large and closure be quickly effected by adhesions around it. The average duration in fatal cases is from five to six days.

The mode of dying is by either rapid or slow asthenia. An unfavorable progress of the disease is denoted by a progressive increase of the feebleness and frequency of the pulse, progressively increasing prostration, coldness of the extremities, hiccough, regurgitation, etc. On the other hand, a favorable progress may be predicated upon improvement as regards the general symptoms just referred to, together with diminution of the tympanites and muscular rigidity of the abdomen. Convalescence is apt to be slow, more or less tenderness and colic pains persisting during the progress toward recovery.

TREATMENT.—Within a few years, an important change of practice, as regards the treatment of acute peritonitis, has taken place in this city (New York), and, to a considerable extent, throughout the country. There are grounds for the belief that, by means of the method of treatment which will be here recommended, this disease is managed much more successfully than heretofore. The change consists, *first*, in the disuse of bloodletting and cathartics; and, *second*, in relying mainly on the use of opium. Governed by the general principles which should regulate the employment of bloodletting in acute inflammations, the indications for this measure are very rarely, if ever, present in peritonitis, a disease which tends to destroy life, and sometimes very quickly, by asthenia. Having considered these general principles, I do not deem it necessary to enter into a consideration of the reasons for the opinion that, as a rule to which there are few, if any, exceptions, bloodletting, either general or local, is contraindicated in the treatment of acute peritonitis. Bloodletting has been much employed in the treatment of this disease, and, certainly, clinical observation has abundantly shown that it is not, to say the least, a curative measure. It is a measure which in this, as in other diseases, must do either good or harm; and in a disease, like this, involving always not a little danger to life, if it do harm instead of good, the amount of harm, even if not large, may bear heavily on the result. Cathartics, also, have been much employed in the treatment of this disease. Not only are they devoid of curative efficacy, but they are highly pernicious. An important point in the treatment of an acute inflammation of any part, is to secure for the part as much rest as possible. The friction incident to the peristaltic movements tends to perpetuate and intensify the inflammation in peritonitis. It is an object of treatment to arrest these movements, and thus secure rest for the inflamed membrane. Cathartics not only conflict with the means for effecting this object, but they aggravate the inflammation by increasing the peristaltic movements. Moreover, they are objectionable on the same score as bloodletting and other depletory and depressing measures. Clinical observation certainly furnishes no evidence of the usefulness of cathartics in the treatment of acute peritonitis. On the other hand, it has occurred to me, as to others, to see the intensity of the inflammation reproduced by the too early administration of a cathartic, when the disease appeared to be progressing favorably, and the patient's life apparently lost in consequence. Cathartics, then, should not enter into the treatment of this disease. The bowels should be allowed to remain constipated, if evacuations do not spontaneously occur, during the career of the disease, even if this period be a week or more. In pursuing this course, the physician must expect, in some cases, to encounter the importunities of the patient or friends for medicine to open the bowels. If the patient suffer from an accumulation of feces within the rectum, its contents may be cautiously removed by repeated simple injections.

The use of opiates in the treatment of acute peritonitis is not of very recent date. Armstrong, more than a quarter of a century ago, advocated full doses of opium in conjunction with bleeding and mercury, attaching the greater relative importance to the opium. Watson, in his admirable *Lectures on the Principles and Practice of Physic*, the first edition published twenty years ago, considers opium as of great value, and points out the evils of cathartics. This author refers to cases reported by a British physician, Bates, in which opium and rest were relied upon mainly in the treatment. More especially Graves, and afterward Stokes, of Dublin, called the attention of the profession to the subject, by reporting cases in which the disease was successfully treated with the free use of opium. They advocated the importance of this mode of treatment more particularly in cases of peritonitis due to perforation. But the credit of inaugurating the treatment of acute peritonitis by opiates exclusively is, in a great measure, due to Prof. Alonzo Clark. Moreover, to Prof. Clark is due the credit of ascertaining that, in certain cases of peritonitis, there is a remarkable tolerance of opiates, and that, to secure their curative power, it is sometimes necessary to employ them in enormous doses. The attention of the profession of this country was first called to the efficacy of this plan of treatment, by the publication of cases of puerperal peritonitis treated by Prof. Clark, in the lying-in wards of Bellevue hospital, in 1851–52. Prof. C., however, was led to apply this method of treatment to these cases from his previous experience of its efficacy in simple peritonitis.[1]

An important object effected by opiates is the arrest or retardation of the peristaltic movements; this is a special object in this disease, but opiates are useful in this, as in other inflammations, by rendering the system more tolerant of the local affection. The latter is also an object to be effected. With reference to both these objects, opiates are to be given in doses sufficient to produce certain effects. Relief of abdominal pain is generally evidence that the first object is effected. The doses, therefore, should be sufficient to produce this effect. The pain is to be relieved as quickly as possible, and the return of pain prevented by repeating the required doses at short intervals. Diminished frequency of the pulse is the best criterion of the desired effect upon the system. The success of the treatment will depend much on its being commenced early in the disease. Time should not be wasted by delay for any preliminary measures. A full dose should commence the treatment, the amount being regulated by the intensity of the pain. For an adult, from half a grain to a grain of a salt of morphia, or an equivalent dose of some other form of opiate, may be given at once. In two or three hours the effects of the first dose can be appreciated. If the patient be not then free from pain, another dose is to be given, the amount of this dose being determined by the degree of pain. And, during the course of the disease, the opiate is to be repeated, if required, at intervals of from two to three hours, in doses sufficient to prevent return of pain. Undue narcotism is, of course, to be avoided. In order to avoid this, the physician is to observe the effects as regards somnolency, contraction of the pupil, and diminished number of respirations. It is never necessary to produce a degree of narcotism involving any danger. Judgment and careful watching, however, are important lest an unnecessary degree of narcotism be produced. The somnolency from the opiates should never become so great that the patient cannot be easily aroused. The respirations should not remain below ten or twelve per minute. If, as not infrequently happens, they are found below this number, or irregular, the intervals between the doses are to be lengthened or the doses diminished. In carrying out this method of treatment, it is desirable that the physician should see the patient frequently. If this be impracticable, as it often will be in country practice, the administration of the doses must be intrusted, with minute instructions, to an intelligent and faithful assistant or nurse. The doses are to be gradually diminished in proportion as the local and general symptoms denote improvement, and, at length, discontinued.

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[1] For an account of the cases of puerperal peritonitis in 1851-52, and remarks on the treatment, from the pen of Prof. Clark, *vide* Ramsbotham's *System of Obstetrics*, Am. edition, edited by Keating, 1855, p. 533. In answer to an inquiry relative to his experience prior to his treatment of the puerperal form of the disease by opium, Prof. Clark has kindly furnished the following note:—

Dear Doctor: I began to treat simple peritonitis by opium alone in 1842 or '3, not knowing, at that time, that Graves had depended on it for peritonitis arising from perforation. It was suggested by observing the results of bleeding and opium together, as advised by Armstrong. Nine cases were treated by opium alone, and eight of them recovered, in the next three or four years. This was a result so much better than I had before witnessed that I followed that plan in all the cases I met afterwards, till the time to which you refer, when I undertook to cure puerperal peritonitis with opium. Yours truly, A. CLARK.

The extent to which opiates are to be given in order to secure the objects of the treatment will vary much in different cases. Other things being equal, the doses required will depend on the degree of pain. But the susceptibility of different persons to opium varies greatly, and in this as in some other diseases there is sometimes an extraordinary tolerance of this remedy. Thus, in one of the cases treated successfully by Prof. Clark, the patient took within the first 26 hours, of opium and the sulphate of morphia, a quantity equivalent to 106 grains of opium; in the second 24 hours, she took 472 grains; on the third day, 236 grains; on the fourth day, 120 grains; on the fifth day, 54 grains; on the sixth day, 22 grains; on the seventh day, 8 grains, after which the treatment was suspended. This patient Prof. C. had reason to believe was not accustomed to the use of opium in health, and was not intemperate. As regards the amount of opium required, this case is exceptional. Generally, according to Prof. C., in private practice, not more than half or two-thirds of a grain of a salt of morphia every two hours is needed. This accords with my experience. Often the requisite effects are produced with doses much less than those just named. The manner of conducting the opiate treatment may be illustrated by a tabular statement of the doses and symptoms at intervals of from two to three hours, in a case in my service at Bellevue Hospital, the treatment being carried out by the senior assistant.[1] In this case, death took place on the tenth day, from the development of dysentery, the symptoms, as regards the peritonitis, denoting convalescence at the time the dysenteric affection became developed. The autopsy showed that the peritonitis was due to perforation of the gall-bladder from an abscess between its coats. The parts were agglutinated with recent lymph at the perforation, and the appearances of the peritoneum were consistent with convalescence from the peritonitis. Although fatal from an intercurrent disease, this case exemplified the utility of the opiate treatment, and the autopsy leaves no room for distrust of the diagnosis.

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[1] Dr. George Engs. This case was reported by Dr. Engs in the American Medical Times, Jan. 9, 1864.

The patient, a tailor, aged 30, was suddenly attacked with sharp abdominal pain the day but one before his admission, and had had no treatment prior to entering the hospital. He was placed at once on the opiate treatment, and the following table, prepared by Dr. Engs, gives the doses, pulse, and respirations, with remarks, at intervals of from two to three hours:—

Time.	Pulse.	Resp.	Magendie's Solution Morph.	Remarks.
Nov. 27th, 1¾ P.M.	120	36	gtt. xv.	
" 5 "	128	36	" xv.	Complains of nausea.
" 7¾ "	108	28	" x.	No pain except on motion.
" 12 M.	108	20	" xx.	Restless.
Nov. 28th, 2 A.M.	108	17	" xv.	Has vomited.
" 6 "	100	11	" x.	Dozing.
" 9 "	102	10	" x.	
" 11¼ "	106	12	" v.	No pain.
" 1¼ P.M.	102	12	" v.	
" 4½ "	104	10	" 0	No pain.
" 6 "	100	11	" 0	Vomiting repeated.
" 9 "	92	9	" 0	Asleep.
" 11½ "	108	18	" v.	Restless.
Nov. 29th, 3½ A.M.	108	25	" xv.	Restless; thin yellowish stool.
" 8 "	100	13	" v.	
" 10 "	88	9	" 0	Rigidity of abdomen much diminished.
" 1 P.M.	90	13	" iv.	
" 4 "	90	13	" v.	
" 7¾ "	106	14	" vi.	Bowels again moved.

Dysenteric dejections occurred on the 30th instant, and death took place in six days afterward, the abdominal tenderness, rigidity, and tympanites having mostly disappeared.

In the treatment of this disease, the main reliance is upon opiates. But other measures are important. Quietude of the body is to be enjoined; the bladder is to be relieved by the timely use of the catheter if there be retention of urine. Rubefacients, sinapisms, or turpentine stupes may be applied over the abdomen; blisters are contraindicated. All the good to be done in the way of revulsion will be effected by rubefacients, and counter-irritation beyond this does harm by increasing constitutional disturbance and contributing to depress the powers of life. Warm fomentations to the abdomen, if grateful to the patient, are useful; poultices are uncomfortable from their weight; the water-dressing or the spongio-piline is to be preferred. Cold applications are recommended, after trial, by Grisolle and Alison. I cannot speak of their utility from observation, but I should be willing to trust to the feelings of the patient in deciding between cold or warm applications. Sustaining measures are indicated in proportion as the symptoms denote failure of the vital powers. Tonics, alcoholic stimulants, and concentrated nourishment constitute the supporting measures, not less appropriate to this than to other diseases which tend to destroy life by asthenia. I have seen the life of a patient apparently saved by the free and persevering use of alcoholic stimulants, in conjunction with the use of opiates. The employment of cathartics in convalescence calls for great circumspection; they may not be required, the bowels acting spontaneously. The free use of opiates continued throughout the disease does not appear to conduce to constipation, and does not prevent the occurrence of diarrhœa in a certain proportion of cases.

The employment of mercury claims a few remarks. Mercurialization has been deemed highly important in this disease by most practitioners heretofore, and it is still deemed important by many. It is supposed to be useful in this, as in other serous inflammations, by limiting exudation and promoting its absorption. The opinion has already been expressed that the so-called antiplastic and sorbefacient action of mercury have been much exaggerated, but that we are not authorized with our present knowledge to deny to this remedy any curative power. And it is perhaps questionable whether, in so grave an affection as acute peritonitis, we are fully warranted in omitting this remedy. I must confess, however, that for some years past it has not entered into the treatment of the cases of which I have had charge. The employment of mercury should not diminish the reliance on opiates; and it should be so employed as not to interfere with the objects of the opiate plan of treatment. If given internally, it should be in fractional doses so as to avoid a cathartic effect, but a preferable mode is its employment by inunction.

In endeavoring to determine clinically the relative value of different methods of treatment, cases should be grouped according to the different circumstances giving rise to the peritonitis. As regards the prospect of success from any treatment, cases of perforation, evacuation of pus into the peritoneal cavity, rupture of the gall-bladder, etc., are not to be classed with cases of simple peritonitis. Moreover, the disease, more especially in its simple form, is too rare for a clinical observer, however large his field of practice, to accumulate many cases. I have preserved notes of twenty cases which have fallen under my own observation. Of these cases, nine proved fatal from the peritonitis. Of the remaining eleven cases, in one the patient was carried off by dysentery when apparently about to convalesce, and in one case the patient died, after recovering from the peritonitis sufficiently to be up and about, with some affection the nature of which was not ascertained. Excluding these two cases, nine remain in which the recovery was complete. In this list I do not include cases of peritonitis occurring in typhoid fever or pulmonary tuberculosis, nor puerperal cases. Of the nine fatal cases, in one the autopsy showed sphacelation and rupture of the vermiform appendix of the cæcum; in one there was fracture of the liver from injury; in three the autopsy revealed no local cause of the peritonitis; and in four no autopsy was made. Of the three cases of simple peritonitis, as determined by the autopsy, among those proving fatal, the opiate treatment was commenced in one case on the third day, in one case a cathartic was given on the third day and the patient was not kept quiet, and in the remaining case the opiate treatment was imperfectly carried out. Of the four fatal cases in which no autopsy was made, two were treated with cathartics and bleeding. In one case the opiate plan was moderately carried out, and in this case the patient was considered as convalescent and allowed to sit up, when a renewal of the symptoms took place followed by speedy death. In the remaining case the opiate treatment was efficiently carried out until the patient appeared to be nearly convalescing, when, yielding to the importunities of friends, a cathartic was given, after which the intensity of the disease was reproduced, and the case speedily ended fatally. Of the eleven cases in which the patients did not die of the peritonitis, in nine the treatment was exclusively by opium. In one case the opiate treatment was not entered upon until the ninth day, active cathartics having been previously given, and the patient's condition, when the opiate treatment was commenced, appeared to be desperate. This was the case in which the patient died of an unknown disease after recovering from the peritonitis sufficiently to be up and about the house. In one case mercurialization was employed in conjunction with the moderate use of opium.

These analytical results are submitted as affording evidence of the efficacy of the method of treatment by opium after the plan pursued by Prof. Clark.

PARTIAL PERITONITIS.

Inflammation limited to a circumscribed portion of the peritoneum is almost invariably a complication of a prior affection of the parts invested by the inflamed portion of the membrane. In this respect the same law holds good with reference to the pleura and peritoneum. Ulceration of the stomach, for example, leads to peritonitis limited to the site of the ulcer, and the contiguous parts become adherent at that point—a conservative provision against perforation. Inflammation of the uterus extends to the portion of this membrane covering that organ. Affections of the liver sometimes lead to inflammation of the peritoneal investment of this viscus (*peri-hepatitis*). . In consequence of this partial peritonitis, the liver sometimes becomes covered with lymph, and closely adherent to the adjacent parts; hence, one source of atrophy with diminished volume of the liver, and consequent dropsy of the peritoneum. In like manner, partial peritonitis may be limited respectively to portions of membrane in relation with the spleen, the pancreas, the ovaries, etc. A small perforation of the intestinal canal may give rise to only partial peritonitis, the orifice becoming closed by exudation of lymph and adhesions.

The diagnosis of partial peritonitis is to be based upon circumscribed pain and tenderness, with perhaps more or less febrile movement. These symptoms are marked in proportion to the acuteness of the inflammation; but partial peritonitis is oftener subacute than acute. Physical exploration, in some cases, furnishes diagnostic evidence. The presence of lymph may occasion a friction sound or a tactile sensation of rubbing, due to the attrition of opposed surfaces with the diaphragmatic respiratory movements. This evidence has been obtained by several clinical observers, viz., Bright, Corrigan, Barth and Roger, and others. It is most apt to be obtained when the peritonitis is situated over the liver and spleen. It is obtained in cases of partial oftener than of general peritonitis, and is of comparatively less importance in the latter, because the symptoms generally suffice for the diagnosis of general peritonitis.

It must be difficult, if not impossible, to determine the existence of partial peritonitis not connected with an affection of the parts covered by the inflamed portion of peritoneum. Cases, however, are so rare that the existence of partial peritonitis being ascertained, a complicating affection of the parts covered by the inflamed portion is to be inferred.

The prognosis in cases of partial peritonitis will depend on the nature and extent of the affection of which the peritonitis is a complication. The adhesions resulting from the inflammation, as has been seen, may be either conservative or deleterious.

So far as the peritonitis is concerned, palliative treatment is alone called for.

CHRONIC PERITONITIS.

Exclusive of partial peritonitis, inflammation of the peritoneum is oftener acute than chronic. Cases of idiopathic, chronic, general peritonitis certainly belong among the curiosities of medical experience. In cases of chronic peritonitis, the inflammation is generally either consecutive to a prior affection of the abdominal viscera, or it is secondary to an affection situated elsewhere. Occasionally, acute peritonitis eventuates in the chronic form of the disease. This is rare. In cases of acute peritonitis, if life be not destroyed by the acute disease, recovery, as a rule, takes place. The patient is liable to suffer for some time from weakness or disorder of the intestinal canal, and adventitious membranes resulting from the disease may occasion inconvenience; but the inflammation does not persist, save in exceptional cases.

Of cases of chronic, not succeeding acute peritonitis, in the great majority the affection is developed in connection with the tuberculous cachexia. The affection is then commonly known as *tuberculous peritonitis*. Post-mortem examination, in these cases, generally reveals, in addition to appearances denoting peritoneal inflammation, either the ordinary tuberculous deposit, associated frequently with tuberculosis of the mesenteric and intestinal mucous glands, or the gray semi-transparent granulations. The latter, according to Robin, are produced consecutively to the peritonitis. A deposit of tubercle within the abdomen, however, is not invariably present in cases of peritonitis developed in connection with the tuberculous cachexia. The observations of Louis show that tuberculous patients are liable to chronic peritonitis irrespective of a deposit beneath or upon the peritoneum, and irrespective of a tuberculous or other affection of any of the abdominal viscera, the peritonitis, in these cases, being attributable to the tuberculous cachexia.[1] So generally is chronic peritonitis associated with the tuberculous cachexia, that the existence of the former being ascertained, the latter may be inferred, provided the peritonitis be general, not traumatic, and acute peritonitis have not preceded. Moreover, since, after childhood, the local manifestations of the tuberculous cachexia almost invariably first take place in the lungs, pulmonary tuberculosis may be inferred with much positiveness from the existence of chronic peritonitis, with the qualifications just stated. For our knowledge of these relations of chronic peritonitis, we are mainly indebted to the clinical researches of Louis.[2]

In a certain proportion of cases, chronic peritonitis occurs in connection with carcinoma either seated in the peritoneum, or originating in other structures and extending to this membrane. The inflammation, in these cases, is excited by the presence of the deposit. The affection, in these cases, may be called *cancerous peritonitis*.

After death, in cases of chronic peritonitis, more or less liquid effusion is frequently found in the peritoneal sac. The quantity, as a rule, is not large; not infrequently it is small, and in some cases there is no accumulation. An effusion frequently takes place in considerable quantity which either diminishes or disappears before death. Exceptionally, the amount of effusion is so great that paracentesis is required. I have known this to occur in two cases of cancerous peritonitis. The effused liquid contains lymph in more or less abundance. Merely serous effusion, here as elsewhere, is no evidence of inflammation. The peritoneal cavity may contain pus in greater or less

[1] Valleix, op. cit.

[2] Recherches sur la phthisie.

quantity. A purulent collection here sometimes leads to ulceration and perforation of the intestine or of the abdominal walls, as in empyema the pus makes its way into the bronchial tubes or through the parietes of the chest. The intestines are agglutinated to each other, the solid viscera and the abdominal walls by means of lymph, and adherent by adventitious tissue. The latter, alone, is evidence not of existing, but of past inflammation. If the disease have been of considerable or long duration, the intestinal convolutions are sometimes bound together, or connected with the solid viscera, so as to form masses of considerable size, which are appreciable, by palpation, through the abdominal walls.

As regards the clinical history and diagnosis, chronic peritonitis is frequently obscure, belonging among the affections called insidious, and its existence is not always readily determined. If it follow acute peritonitis, it is less likely to escape detection than when it is chronic from the beginning. Under these circumstances, the persistence of pain and tenderness, the presence of liquid effusion in greater or less quantity, continued rigidity of the abdominal muscles, together with general debility, emaciation, in some cases febrile movement, etc., render the diagnosis sufficiently clear.

Tuberculous peritonitis is, from the first, subacute. The researches of Louis show the symptoms to be as follows: Augmentation of the size of the abdomen from tympanites and liquid effusion, the latter denoted by fluctuation; abdominal pains, often not marked, with tenderness on pressure; diminution of the enlargement from liquid effusion and perhaps disappearance of the sense of fluctuation after a time; the tympanites in some cases diminishing after a time, and followed by tension of the abdominal walls; the intestinal convolutions sometimes, after the tympanites has disappeared, apparent through the walls of the abdomen. Pains and tenderness are sometimes wanting, the patient making no complaint of the abdomen, and rough pressure being well borne. In some cases the abdomen has to the touch a doughy or boggy feel. Peritoneal friction is sometimes heard or felt. With these local symptoms are associated more or less acceleration of pulse, perspiration during sleep, hectic paroxysms, progressive emaciation, anæmia, general debility, etc. After childhood, pulmonary tuberculosis will be found to exist in the vast majority of cases. With the foregoing local symptoms, especially if tuberculous enteritis be excluded by the absence of diarrhœa, the existence of pulmonary tuberculosis tends to strengthen the diagnosis of chronic peritonitis. The tuberculous affection of the lungs in some cases is quite latent as regards pulmonary symptoms, and its existence is to be determined by means of physical signs.

In cancerous peritonitis, the local symptoms do not differ materially from those in tuberculous peritonitis. Febrile movement is less constant and marked in the former; perspiration is not so apt to occur. The age of patients is greater than in the majority of cases of the latter. The cancerous affection within the abdomen may be secondary to cancer in other situations open to examination. Pulmonary tuberculosis does not coexist.

The prognosis in all cases is unfavorable. A fatal termination sooner or later, even if the peritonitis be not connected with either tubercle or cancer, is the rule. The duration of the disease in these cases may be long. I have met with a case in which the history appeared to show that the affection had existed for a great number of years before death. Tuberculous and cancerous peritonitis are always fatal, the duration varying from one or two months to a year or more. The fatal termination is hastened by coexisting pulmonary disease, in cases of tuberculous peritonitis, and frequently by tuberculous enteritis and other local affections.

From what has just been stated with reference to the prognosis, it follows that chronic peritonitis is not to be treated with an expectation of recovery. If the peritonitis be simple, the indications are to palliate the local symptoms, and, by the use of tonic remedies, nutritious diet, and other hygienic measures, to strengthen the system and enable it to endure the local affection as long as possible.

Considerable may be done in this way to prolong life, and this conservative plan of treatment will be most likely to effect a cure if recovery be possible. Cathartics, mercurialization, local depletion, and all depressing remedies are contraindicated. In cases of tuberculous peritonitis, the treatment embraces the measures, in addition to those just named, which have reference to the tuberculous cachexia, viz., cod-liver oil and alcoholic stimulants, provided these are well borne. Cancerous peritonitis claims essentially the same treatment. The local palliative treatment embraces opium, according to the degree of pain, soothing and moderately stimulating liniments applied to the abdomen, protection of the abdomen against cold by the application of plasters and flannel, and mechanical support with moderate compression of the abdomen.

Occasionally in cases of chronic peritonitis the accumulation of liquid in the peritoneal sac is sufficient to occasion inconvenience and even danger by compressing the abdominal viscera and interfering with the play of the diaphragm. Under these circumstances are indicated measures to effect the diminution or removal of the liquid. These measures, including paracentesis, will be considered in treating of dropsy of the peritoneum.

Peritonitis is sometimes developed in newly born children, and during intra-uterine life.[1]

HYDRO-PERITONEUM.

The term hydro-peritoneum denotes peritoneal dropsy. The term *ascites* is commonly applied to cases of dropsy of the peritoneum, and also to cases in which liquid effusion is a result of peritonitis. In a pathological view, a dropsical differs essentially from an inflammatory effusion, and the distinction is of practical importance. The accumulation of liquid from inflammation has been noticed in treating of peritonitis. Under the present head, reference is had exclusively to cases of dropsical effusion, the effused liquid being purely a transudation, *i. e.*, not containing lymph, and the peritoneum free from inflammation. Like other dropsies, hydro-peritoneum is a symptom or an effect of disease, not strictly a disease *per se*. But the accumulation of liquid may be the first and chief manifestation of disease; it occasions inconvenience and danger, and it is to this that therapeutical measures are especially directed. Moreover, it is not practicable in all cases, to trace the dropsy to its causative morbid condition. Hence the convenience and propriety of considering it as an individual disease. Peritoneal dropsy occurs in conjunction with dropsical effusion into the pleural sac, and the areolar tissue throughout the body, or anasarca. Hydro-peritoneum is, however, to be considered as an individual affection only when it occurs as a local dropsy, *i. e.*, not as an element of general dropsy.

In the great majority of cases, hydro-peritoneum, occurring as a local dropsy, proceeds from morbid conditions seated in the liver. And, of these, the structural affection known as *cirrhosis*, especially gives rise to peritoneal dropsy. This affection will be considered in connection with the diseases of the liver. Atrophy of the liver from compression by lymph upon its surface and morbid adhesions to surrounding parts, leads to this form of dropsy.

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[1] *Vide* West on Diseases of Children.

The dropsy in these cases is due to obstruction to the passage of blood through the liver, the transudation into the peritoneal sac being an effect of the hydraulic pressure upon the coats of the portal veins caused by the hepatic obstruction. In so large a proportion of cases is hydro-peritoneum dependent on disease of the liver, that the latter is always presumable, assuming that general dropsy does not exist. It is generally considered that enlargement of the spleen may give rise to hydro-peritoneum. There is little or no foundation for this opinion. Enlargement of the spleen occurs in a small proportion of cases of dropsy dependent on cirrhosis of the liver, and, occurring without the latter affection, as, for example, a sequel of intermittent fever, it is not accompanied by peritoneal dropsy. Obstruction of the *vena portæ* by the pressure of a tumor, by the presence of a thrombus, or as a result of adhesive phlebitis, gives rise to peritoneal dropsy in the same way as obstruction due to hepatic lesions, viz., transudation taking place from hydraulic pressure. According to Frerichs, coagula in the portal vein take place, without inflammation, in consequence of weakened force of the circulation, from compression exterior to the liver by swellings or tumors, and in connection with various hepatic affections.[1] Cardiac and renal disease do not give rise to peritoneal, save as an element of general dropsy. Clinical observation shows, in a small proportion only of cases of hydro-peritoneum, occurring as a local affection, evidence of disease either of the heart or kidneys.[2] In the vast majority of cases, the dropsy is dependent on structural lesions of some kind; that is, it occurs very rarely as a functional affection. Of forty-six cases coming under my observation, which I have analyzed, in one case only was the history consistent with the supposition that the affection was purely functional.

Various causes may co-operate with the morbid conditions upon which peritoneal dropsy is dependent. Disease of the heart, renal disease, anæmia resulting from intermittent fever, lactation, etc., may be mentioned as co-operating causes. It may be doubted, however, if these causes alone ever give rise to the affection. Indirectly they favor its occurrence and determine the epoch when the dropsical effusion takes place.

The effusion of liquid and its accumulation take place usually without pain, tenderness, or any local subjective symptoms. The enlargement first directs attention to the abdomen. In the majority of cases, when this begins it goes on with rapidity, and the abdomen soon becomes considerably or greatly distended. The symptoms referable directly to the dropsy, proceed from the mechanical pressure of the liquid, and, other things being equal, are in proportion to the quantity of effusion. The distension of the abdominal walls by the liquid, and its weight, occasion more or less inconvenience. The functions of the abdominal organs—stomach, liver, kidneys—are impaired by compression. Pressure on the veins within the abdomen gives rise to or increases œdema in the lower extremities. The movements of the diaphragm are restrained or arrested, breathing being carried on by the costal muscles, and, if the accumulation be very large, the capacity of the chest is diminished by the upward pressure, and the embarrassment of respiration may be sufficient to destroy life. The appetite is usually more or less impaired. A sense of fulness is frequently felt after taking food in moderate quantity. Vomiting and diarrhœa are occasional symptoms. Hæmatemesis occurs in a certain proportion of cases.

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[1] Clinical Treatise on Diseases of the Liver. Sydenham edition, vol. ii. p. 384.

[2] For clinical facts on which these and other statements are based, *vide* paper by the author entitled *Clinical Report on Hydro-Peritoneum, based on an Analysis of forty-six Cases*, American Journal of Medical Sciences, April, 1863.

Œdema of the lower extremities is a pretty constant symptom, the amount of œdema varying much in different cases. The limbs, scrotum, and penis sometimes become enormously swollen. Some œdema of the lower limbs preceded the enlargement of the abdomen in one-half of the cases (21), among those analyzed by me, the histories of which contained information on this point. An examination of these cases disproved a statement which has been made with respect to the significance of œdema of the lower extremities preceding the abdominal dropsy, viz., that it denotes disease of either the heart or kidneys.[1] Œdema of the face and upper extremities does not belong to the clinical history of hydro-peritoneum. If present, it denotes coexisting renal or cardiac disease. In the progress of the affection, emaciation and pallor become marked. The attenuation of the upper part of the body, the distended abdomen and œdematous lower extremities, combine to render the appearance highly characteristic of the affection. Cholæmia or icterus is occasionally present; it occurred in 7 of the 46 cases which I have analyzed.

Febrile movement does not attend the progress of this affection. The pulse may be more or less increased in frequency and proportionately feeble, or it is more or less enfeebled without acceleration. The urine is frequently scanty. Purpurine may be present in the urine, giving rise to an appearance of hæmaturia. The mind is usually intact, but, in a certain proportion of cases, toward the close of life, delirium, convulsions, and coma occur. These symptoms may be due to uræmia or to retention in the blood of the excrementitious principles of the bile (cholesteræmia).

The mode of dying, in the great majority of cases, is by slow asthenia. A rapid and large accumulation of liquid may destroy life by interference with respiration; and apnœa and asthenia are combined when coma precedes death.

The prognosis in most cases is extremely unfavorable. The cases in which a permanent recovery takes place are very few. The morbid conditions on which the affection is dependent are generally incurable, and lead to its return, sooner or later, in most of the cases in which the dropsy disappears or is removed. The duration of the affection is variable. In the fatal cases of those which I have analyzed, the duration varied from six weeks to seventeen months, the average duration being about five months.

The diagnosis of hydro-peritoneum is generally made without difficulty, yet there is a liability to errors which may lead to serious results. A distended bladder has been punctured, the case being supposed to be one of peritoneal dropsy. It is said that John Hunter committed this unfortunate mistake. On careful examination, the tumor formed by the distended bladder may generally be felt through the abdominal walls; but the introduction of the catheter is the diagnostic test. My colleague, Prof. Sayre, was called upon to puncture the abdomen in a case supposed to be one of dropsy. He was struck at once with the unusual appearance of the abdomen, which projected notably in front and was contracted at the sides. A little milky liquid was withdrawn by introducing the catheter and employing suction by means of an India-rubber bag. Death taking place, with the symptoms of uræmia, it was found, after death, that the case was one of sacculated bladder, the saccular appendage being situated above and measuring twenty-eight inches in circumference. Pregnancy, the liquor amnii being unusually abundant, has been mistaken for dropsy and the uterus punctured. Careful examination through the abdominal walls and *per vaginam*, together with the auscultation of the abdomen, should prevent this error. Great corpulency has led error and the operation of paracentesis, as in the famous case of "dry apping" related in the lectures of Sir Astley Cooper. Finally, tympanites, arge abdominal tumors, and ovarian cysts are to be discriminated from eritoneal dropsy.

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[1] *Vide* Report, op. cit.

The enlargement of the abdomen from dropsy commences at the lower art, and, if the abdomen be not largely distended, it is more marked below han above when the patient stands or sits. The enlargement on both sides equal; the abdomen is symmetrical. If the patient lie upon either side, he weight of the liquid causes the depending side to sag. Percussion on ne side, the open palm being placed on the opposite side, frequently causes characteristic shock, called the sense of fluctuation. Sometimes this sensa-ion is more appreciable when the palm is placed near the point at which he percussion is made. The former method of percussion gives rise to hat is called diametrical and the latter to peripheral fluctuation. But a ore satisfactory application of percussion is to compare the results when he patient is placed in different positions. Percussing first in the sitting r standing posture, tympanitic resonance, from intestinal gas contained in he intestines floating upon the liquid, is usually found at the upper part of he abdomen, extending below for a greater or less distance, and flatness rom this point to the pubis. Placing now the patient on the back, the hange in the relative situation of the liquid and intestines is shown by the reater extension of the tympanitic resonance toward the pubis. Similar roof of the presence of liquid is obtained by percussing upon one side of he abdomen successively when the body is inclined to that and the opposite ide. The exceptional cases in which this test afforded by percussion is not vailable are those in which the intestines are fixed by morbid adhesions. This is rare in cases of a purely dropsical affection. The several affections imulating dropsy which have been named may generally be excluded by the pplication of percussion as just described. Ovarian cysts of sufficient size o distend the whole abdomen are the most likely to be confounded with hydro-peritoneum. These are generally, however, distinguishable by the appreciation of the cyst through the abdominal walls, the existence of a tumor on one side before it extended to the whole of the abdomen, the absence of symmetry in the enlargement of the two sides, together with the want of evidence of the presence of liquid in the peritoneal sac afforded by percussion when the body is placed in different positions.

The treatment of hydro-peritoneum relates, *first*, to the dropsical effusion, and, *second*, to the morbid conditions on which the effusion depends. As regards the dropsical effusion, the object is to effect its removal or diminution. For this object, medicinal and surgical measures may be employed. The medicinal means consist of remedies to eliminate water from the blood, and thereby induce absorption of the effused liquid. The elimination of water from the blood is to be accomplished by diuretics and hydragogue cathartics. Diuretics, in most cases, effect but little. It is difficult generally to obtain much diuretic effect from any of the remedies of this class, the difficulty arising from the slowness with which the remedies enter the general circulation, owing to the fact that the morbid conditions giving rise to the dropsy usually involve obstruction to the portal circulation. Of 13 cases treated with diuretic remedies, in 8 no effect upon the dropsy was produced; in 5 more or less diminution of the dropsy followed, but in only 2 cases was the improvement marked and progressive. Little dependence, therefore, is to be placed on diuretics, but inasmuch as, if properly prescribed, they do not cause much disorder or prostration, they should be fairly tried. The saline and vegetable diuretics may be given in succession, and a diuretic effect is more apt to be produced if several are employed at the same time.

Hydragogue cathartics act more efficiently than diuretics; but clinical observation does not furnish much evidence of success from their use. Of the different hydragogues, elaterium is the most reliable. I am accustomed to prescribe this remedy in doses of a quarter of a grain repeated at short intervals until abundant liquid evacuations are produced. Afterward the doses may be repeated according to circumstances. Of 17 cases in which this remedy was employed, in 9 no appreciable benefit followed; of the remaining 8 cases, in one case only was the dropsy removed, in the other cases more or less diminution taking place. In all the effect was only temporary. Owing to the disturbance and prostration caused by the prolonged use of hydragogues, they are liable to do harm, and should not enter largely into the treatment.

The *apocynum cannabinum*, or Indian hemp indigenous in this country, is considered by some an efficient hydragogue in this form of dropsy. From some trial of this remedy in Bellevue Hospital, I have been led to think it is less reliable than the elaterium. The decoction of the root may be employed, or the extract. This remedy is not adapted to cases of cardiac dropsy in consequence of its sedative action upon the heart.[1]

It is important to bear in mind that, in order to secure the desired effect of diuretics or hydragogue cathartics upon the dropsy, the ingestion of liquids is to be restricted, the patient drinking no more than the wants of the body require.

The surgical method of effecting the removal of the liquid, is tapping. With respect to this operation, the views generally held are, that it is to be resorted to only when the abdominal distension occasions great distress or danger, and not until the indirect means have been thoroughly tried; that the dropsy generally increases more rapidly after the operation, and that the operation involves danger if the system be much prostrated. I have been led to think that these views are erroneous. Tapping effects promptly, without perturbation and without impairing the vital powers, the object for which diuretics and cathartics are employed, measures generally ineffectual, disturbing the digestive functions, and enfeebling the powers of life. The operation is a trivial one, involving little risk of accidents or of peritoneal inflammation. There is no danger from increased rapidity of effusion directly after the operation. The patient is spared not only the inconvenience and distress, but the permanent injury caused by the prolonged pressure of the liquid upon the abdominal and thoracic viscera, and he is in a condition more favorable for other remedies than those which have special reference to the removal or diminution of the dropsy. Clinical experience shows that, in some cases, even when the dropsy is dependent on cirrhosis, the liquid does not accumulate for weeks or months after the operation. In one case which has come under my notice, after two tappings, there was no reaccumulation for six years. It seems to me judicious to resort to tapping so soon as the accumulation of liquid is sufficient to occasion much inconvenience, adopting this direct method in lieu of the indirect means, provided the latter do not prove immediately efficacious, and repeating the operation whenever the abdomen becomes again distended. These views are based on the results of tapping in 20 cases under my observation, the operation in these cases being performed but once in 11 cases, and in the remaining 9 cases being repeated from three to thirty times.[2] The conclusions drawn from the facts contained in the histories of these cases, are as follows: 1. Tapping may be resorted to as a palliative measure, when the condition of the patient is such that only temporary relief is to be expected. 2. In a certain proportion of cases the dropsy returns more or less quickly, and it may be necessary to repeat the operation many times. The repetitions, however, are innocuous. This was illustrated in one case in which it was performed thirty times in 18 months. 3. In some cases the dropsy does not return for a considerable and even a long period. That it will prove a curative measure is not to be expected in the vast majority of cases.

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[1] Remarks by Dr. Lockwood in Buffalo Medical Journal, Sept. 1864.

[2] For details of these cases *vide* Clinical Report, *op. cit.*, from which the remarks on tapping are borrowed.

The treatment relating to the morbid conditions on which the dropsy depends embraces, in the first place, measures to prevent an increase of the incurable lesion which exists in the great majority of cases, viz., cirrhosis of the liver. It will be seen, when we come to consider this lesion, that it is generally caused by spirit-drinking. Change of habits, as regards the use of spirits, is, therefore, the most important of the measures coming under this head. In the second place, certain accessory or co-operating causative conditions may be removed, causes which act by impoverishing the blood and impairing the forces which carry on the circulation. This part of the treatment embraces tonic medication with nutritious diet, and other measures to strengthen and invigorate the system. Well-directed treatment for this end, although rarely curative, will often do much to prolong life, and to secure as much improvement of health as is compatible with existing structural lesions.

Scarification of the genital organs, when these become greatly œdematous, is apt to lead to gangrene and sloughing. This has occurred in three cases under my observation.

Mechanical compression of the abdomen, after tapping, by means of a swathe or a laced supporter, is a measure of importance as not only affording comfort, but tending to prevent a renewal of the dropsical effusion.

CHAPTER XI.

DISEASES AFFECTING THE COLLATITIOUS OR SOLID VISCERA OF THE ABDOMEN.

Acute, Diffuse Hepatitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Circumscribed, Suppurative Hepatitis—Suppurative, Portal Phlebitis—Cirrhosis of the Liver.

Of the affections of the solid or collatitious abdominal viscera, the greater number by far, and the more important, are seated in the liver. These will be considered, and afterward the affections of the spleen and pancreas. I shall first consider the hepatic diseases which are undoubtedly inflammatory; next, structural lesions of the liver; and, lastly, functional affections of this organ. Acute inflammation of the liver, or hepatitis, is presented in two forms, viz., *diffuse hepatitis*, that is, the inflammation extending over the whole or a greater part of the organ, and *circumscribed, suppurative hepatitis*, or *hepatic abscess*. These two forms claim separate consideration. Suppurative inflammation of the portal vein, *portal phlebitis*, will be considered in this connection. *Subacute* or *chronic hepatitis* is generally supposed to be the essential pathological condition in the affection known as *cirrhosis of* *the liver.* Aside from this affection, we have no precise clinical knowledge of subacute or chronic hepatitis. The first disease to be considered is acute, diffuse hepatitis. In view of the extreme infrequency of this disease, save in tropical climates, and the deficiency of exact information respecting it in the present state of knowledge, a brief space only will be devoted to its consideration.

ACUTE, DIFFUSE HEPATITIS.

Of the rare affections, in the cold and temperate zones, this is one of the rarest. It is said to be not infrequent in tropical climates, but, in the latter, inflammation of the liver is oftener circumscribed than diffuse. The inflammation in this affection is seated in the parenchyma of the liver. Inflammation of the portion of serous membrane which invests the liver, called *perihepatitis*, has been noticed under the head of partial peritonitis.

ANATOMICAL CHARACTERS.—Pathologists are not agreed respecting the morbid changes, apparent after death, which denote this disease. Mere hyperæmia or congestion is not adequate evidence that inflammation has existed. The same statement is to be made concerning simple softening of the hepatic parenchyma. Both, doubtless, are effects of inflammation, but both may be non-inflammatory. An inflammatory exudation is an effect of inflammation here as in other parenchymatous structures. This exudation takes place at the peripheral portions of the hepatic lobules. The organ is also infiltrated with a sero-albuminous liquid which escapes freely from cut surfaces. The presence of exudation and serous infiltration occasions, at first, more or less enlargement of the organ, but the atrophy induced by the pressure of the morbid deposit may lead to subsequent diminution of volume. The peritoneal covering participates in the inflammation, like the pleura in pneumonitis, and the surface becomes opaque and roughened. The parenchyma is more friable than in its healthy condition. Microscopical examination shows destruction of the liver cells. Subsequently, pus may be formed, and the structure of the organ may be more or less broken down and destroyed. The pus may be collected in abscesses varying in number and size, and in some cases the appearance of the purulent collections shows that several abscesses, at first distinct, have coalesced. The abscesses are generally lined with a pyogenic membrane, but sometimes this is wanting. The pus is generally of the kind called laudable, but is sometimes sanious and offensive. Gangrene has been observed, but is exceedingly rare. In favorable cases, the exudation and effused serum are absorbed without leading to the formation of pus and destruction of the parenchymatous structure. Death may take place, on the other hand, before the latter results take place. In a fatal case which has fallen under my observation, the gross characters consisted of a considerable increase of the size of the organ from exudation and effusion, the enlargement having taken place, as shown by physical examinations, after the date of the attack.

The changes belonging to the condition called *acute* or *yellow atrophy of the liver* are attributed by Bright, Frerichs, and others, to acute diffuse inflammation. The correctness of this view, however, is questionable. This condition will be noticed in connection with the structural affections of the liver.

CLINICAL HISTORY.—In describing this disease, writers have not been careful to distinguish diffuse from circumscribed inflammation; moreover, the existence of the disease has frequently been based on morbid appearances after death, which are of a doubtful character. Hence, it is difficult to determine its symptomatology with as much precision as is desirable. Its clinical history is not, as yet, satisfactorily established.

The disease may be ushered in by a chill more or less marked, and a succession of chills sometimes occurs. Febrile movement follows. Pain in the region of the liver is usually felt, but not invariably. The pain is sometimes dull or obtuse, and sometimes sharp or lancinating. If the latter characters be marked, it is fair to infer that the peritoneal covering is implicated. Shooting of the pain into the right shoulder was formerly considered a pretty constant symptom, but later observations appear to show that this is the exception rather than the rule. More or less tenderness on pressure exists over the site of the liver. As regards the degree of pain and tenderness, there is much variation in different cases. A sense of tension and weight is frequently felt in the right hypochondrium. Icterus, or jaundice, occurs in the majority of cases, but is not a constant symptom. The appetite is lost; thirst is usually marked; nausea and vomiting take place in a certain proportion of cases. Looseness of the bowels occurs in some cases, in other cases the bowels are constipated, and the two conditions may alternate. Respiration is not embarrassed, as a rule, provided the hepatitis be not associated with some pulmonary complication. Considerable importance has been attached to a decubitus on the right side, with the head raised, together with a disinclination to change the position of the body, and especially to lie on the left side. These points relating to decubitus, however, are not observed in all cases. The urine, if icterus be present, contains bile. Albuminuria is a frequent symptom. The pulse at first may be quite frequent, and afterward its frequency diminish, and irregularity be marked. Cephalalgia is generally a symptom having more or less prominence. Somnolency and delirium are apt to precede a fatal termination, but, in some cases, the mental faculties remain intact to the close of life.[1]

PATHOLOGICAL CHARACTER.—The character of this disease is essentially the same as that of acute inflammation affecting other glandular organs, for example, the kidneys; and, according to Frerichs, the disease is accompanied frequently with inflammation of the kidneys. To compare it with a disease less rare than acute nephritis, the local events are analogous to those in pneumonitis. Engorgement and exudation are the primary events, as in inflammation of the pulmonary parenchyma; if resolution take place, the exudation is absorbed, and the hepatic structure remains intact, but, if the disease do not pursue this favorable course, purulent infiltration or the formation of abscesses ensues, involving more or less destruction of tissue, as in the third stage of pneumonitis.

CAUSATION.—Acute hepatitis is almost peculiar to tropical climates. Its causation, therefore, is in some way connected with climate; but the rationale of the climatic influence is not understood. The disease rarely occurs under the age of 20. Various causes have been assigned by different writers, such as, the abuse of alcoholic stimulants, the excessive use of purgatives, depressing emotions or great mental excitement. The supposed agency of these and other causes is by no means established. Hepatitis is apt to accompany or follow dysentery in tropical climates, but the inflammation, under these circumstances, is generally circumscribed, not diffuse. Acute, diffuse hepatitis may be associated with other affections, such as pneumonitis, pleuritis, intermittent fever, etc. Contrary to the doctrine formerly held, viz., that the inflammation is generally propagated from the gastro-duodenal mucous membrane to the liver, this membrane is rarely inflamed in conjunction with acute hepatitis. The etiology of the disease requires further elucidation.

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[1] In this brief sketch of the symptomatology, I have followed mainly Valleix, op. cit.

DIAGNOSIS.—The diagnosis is sufficiently easy, provided all or most of the diagnostic symptoms be present. Pain in the right hypochondrium, and tenderness, with febrile movement, chills, anorexia, and the occurrence of jaundice render the existence of the disease highly probable; and if, in addition to these symptoms, the liver be found to undergo an enlargement not attributable to congestion from disease of the heart, the diagnosis is quite positive. Enlargement of the liver is an important point in the diagnosis, if it be certain that it has occurred after the date of the attack. But the enlargement may not, in all cases, be sufficient to be appreciated by physical examination, and at a late period of the disease the organ may become diminished in volume. Pain, tenderness, and icterus are not always present. Icterus, in the great majority of cases, occurs independently of hepatitis, and is, therefore, in itself no evidence of the existence of the latter disease. If the three symptoms just mentioned be wanting, the disease is latent and may readily be overlooked. Pain and tenderness in the region of the liver may be due to other affections, viz., pleuritis, pneumonitis, intercostal neuralgia, and muscular rheumatism. The two former of these affections were formerly, doubtless, not infrequently confounded with hepatitis; but, with our present knowledge of physical signs, they are readily excluded. It is, however, to be borne in mind that they may coexist with hepatitis. Intercostal neuralgia has its diagnostic criterion, which has been considered, and this affection, therefore, is easily excluded. Muscular rheumatism is not likely to be limited to the site of the liver. Careful examination will suffice to show that the pain and tenderness are in the walls of the abdomen, and this, with the chance of icterus and enlargement of the liver, renders the discrimination not difficult.

In our climate, the great infrequency of acute hepatitis is to be taken into account in the diagnosis. In view of its infrequency, evidence of the existence of the disease, which, in a tropical climate, should be deemed sufficient, may seem insufficient for a positive diagnosis. Hence, in a tropical climate, the liability to error in diagnosis is perhaps in deciding that the disease exists on insufficient grounds; whereas, in a cold or temperate climate, the error most likely to occur is failure to recognize it when present.

PROGNOSIS.—Acute, diffuse hepatitis is a disease attended with much danger. Data for determining the death-rate in this disease are wanting; but a fatal termination is undoubtedly the rule if the disease proceed to the stage of suppuration. The fatality is increased by the frequent association of other diseases. The course of the disease is usually rapid. Its duration generally is not beyond three weeks. Life, however, in some cases, is prolonged for a much longer period; and if recovery take place after the formation of abscesses, the convalescence is apt to be tedious. If abscesses form, and life be sufficiently prolonged, the pus is liable to be discharged in different directions, viz., through the abdominal or chest walls, into the colon, stomach, peritoneal cavity, etc. As regards the prospect of recovery, much will depend on the direction in which the pus is discharged. This topic will be considered under the head of circumscribed hepatitis or hepatic abscess.

TREATMENT.—This disease is to be treated on the general principles applicable to the treatment of other inflammations. Bloodletting, local or general, is to be employed, or not, according to the circumstances which ither indicate or contraindicate this remedy in inflammatory affections generally. Revulsive applications over the affected organ, such as sinapisms, dry cups, and stimulating liniments, are, to a certain extent, useful; but ounter-irritation by means of blisters, or other severe applications, is of doubtful propriety. Opium is indicated in proportion to the amount of pain and constitutional irritation. Mercury has been supposed to be specially adapted to the treatment of all hepatic diseases. There are no reasons, however, for its application to this more than to other acute inflammations. Whatever usefulness it may have, here as in other inflammatory affections, onsists in a so-called antiplastic and a sorbefacient influence. In so far as t may tend to increase the secretory action of the liver, its action is probably unfavorable. Of doubtful propriety in all cases if carried to the extent of inducing mercurialization, it cannot fail to be injurious in patients anæmic or with enfeebled, broken-down constitutions. Inasmuch as the danger lies especially in suppuration, tonic remedies and a nutritious diet are indicated early in the disease; and when suppuration has taken place, the reliance must be on the constitution of the patient, aided by efficient supporting measures.

CIRCUMSCRIBED, SUPPURATIVE HEPATITIS, OR ABSCESS OF THE LIVER.

In this variety of hepatitis the inflammation is limited to a circumscribed portion of the parenchyma of the liver or to several distinct portions. Clinically, the existence of this variety of the disease is generally not known until suppuration has taken place, and an abscess is ascertained, either by manual exploration or by the escape of the pus from some outlet into which it is discharged. Practically, therefore, it suffices to consider circumscribed hepatitis under the head of hepatic abscess. The formation of pus within the liver, as a consequence of suppurative phlebitis, differs, in certain respects, from suppuration in cases of ordinary, circumscribed hepatitis, and will be considered under the head of *portal phlebitis.*

In the majority of cases a single abscess only is formed, but in some cases there are two or three, rarely more than three. The size of the abscess varies much in different cases. It is usually of considerable, and not infrequently of large size. In a case now under my observation, five and a half quarts were at once evacuated by an opening made through the thoracic walls. The abscess may be situated at any part of the gland. It is much oftener seated in the right than in the left lobe, and oftenest at the posterior portion of the right lobe. It may be superficially or deeply seated. The purulent matter from a hepatic abscess may not differ in its characters from ordinary pus, but frequently it contains more or less of the detritus of the hepatic tissue, and it sometimes contains bile. The walls of the abscess at first consist of the exposed hepatic tissue, but, after a time, a cyst is formed which increases in thickness and firmness with age. The walls of the abscess occasionally become gangrenous.

It is doubtful whether a considerable collection of pus within the liver be ever completely absorbed. It may remain in an indolent, latent condition for an indefinite period, but, sooner or later, if life continue, the pus makes its way, as in other abscesses, in the direction in which the pressure is least, and is at length discharged into some cavity, canal, or outlet.

In the larger proportion of cases, the evacuation is through the thoracic or abdominal parietes. When it takes this direction, a fluctuating tumor, after a time, makes its appearance upon the surface, caused by the accumulation of the pus beneath the integument. The tumor, if left to itself, increases, becomes pointed, the skin becomes reddened, and finally the discharge is effected by ulceration. The most frequent situation of the tumor is below the ensiform cartilage, but it may appear at any point over the site of the liver. Sometimes the pus burrows beneath the integument, and the tumor presents at a greater or less distance from the liver. It has been observed as high as the axilla, and below on the inner side of the thigh; in the latter case it is liable to be mistaken for lumbar abscess. Of course, partial peritonitis and adhesion over the circumscribed space occupied by the abscess are essential in order that the pus may be discharged externally. This conservative provision does not always precede the opening of the abscess, and then the contents are discharged into the peritoneal cavity. Peritonitis is at once developed, and, under these circumstances, death speedily follows. The direction, next in frequency, which the pus takes is through the diaphragm into the chest. Partial peritonitis precedes the perforation of the diaphragm, and partial pleuritis ensues, frequently limited to a small space, preventing evacuation into the pleural cavity. Occasionally, however, the latter conservative provision does not take place, and the pus, discharged into the pleural cavity, at once causes general pleuritis. If this be prevented by adhesion around the opening through the diaphragm, the lung becomes perforated, and the evacuation is into the bronchial tubes, the pus being discharged by expectoration. The abscess is sometimes evacuated into the pleural cavity, and afterward perforation of the lung takes place, and the pus is expectorated. Other less frequent directions in which the pus is discharged are the following: Into the colon, stomach, or duodenum, the pus being then discharged by vomiting or stool; into the pericardium, followed, of course, by instant death; into the pelvis of the right kidney, the pus discharged with the urine; into a hepatic vein, or the vena cava, giving rise to purulent infection of the blood; into the gall-bladder or biliary ducts, and thus, if there be no obstruction, the pus finding its way into the duodenum.[1]

The clinical history of hepatic abscess is obscure. The symptoms rarely point distinctly to this affection. Pain exists if the hepatitis be near the surface of the liver, and whenever partial peritonitis ensues, but, even then, pain is not always a prominent symptom, and, if the inflammation be deep seated, there may be no pain. Pain is felt in the right shoulder in a small proportion of cases. Rigidity of the abdominal walls over the liver, or of the right rectus muscle, is a sign to which much importance is attached by several observers. Febrile movement is rarely marked, and may be wanting. Chills usually occur during the suppurative process. These sometimes occur regularly, simulating intermittent fever, but generally they are irregular. Jaundice is rare. The appetite and digestion may be more or less disturbed, or they may be unaffected. The nutrition may be but little, or not at all, affected. Reference is now had to symptoms prior to the discharge of the pus or its appearance beneath the integument. The affection is not infrequently completely latent. It is not uncommon, in tropical climates, to find an abscess in the liver in bodies dead with various diseases, when hepatic disease had not been suspected during life; and the first intimation of the existence of this affection during life, in certain cases, may be the discharge of pus from the stomach, bowels, or air-passages.

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[1] For statistics showing the relative frequency of the evacuation of hepatic abscesses in these different directions, and other details, the reader is referred to *A Clinical Treatise on Diseases of the Liver*, by Dr. Fried. Theod. Frerichs. Published by the New Sydenham Society, London, 1861.

The clinical history, after the discharge takes place, will, of course, depend upon the direction in which the abscess is evacuated. In certain cases, the phenomena of the affections developed by the presence of pus are superadded, viz., of peritonitis, pleuritis, pyæmia, etc. If the evacuation take place either externally, into the alimentary canal, or through the bronchial tubes, symptoms are produced analogous to those connected with purulent discharges in other situations, viz., anæmia, debility, emaciation, and, in cases which pursue an unfavorable course, hectic fever, colliquative diarrhœa, exhaustion, the death taking place by asthenia.

Hepatic abscess is extremely rare in cold or temperate climates. It is an affection belonging *par excellence* to warm climates, although not very common in the latter. In warm climates it is apt to be associated with dysentery, and a causative relation has been supposed to exist between the two affections. Budd, and others, suppose that the abscess is consecutive to, and dependent upon, the dysenteric affection, and that suppuration takes place in the liver in consequence either of phlebitis induced by intestinal ulcerations or by the absorption of septic matter which, carried to the liver in the portal blood, occasions inflammation there.[1] This view is conjectural. In the cases of hepatic abscess observed in cold or temperate climates, dysentery is very rarely associated, and of a large number of cases of intestinal ulceration from tuberculosis, typhoid fever, as well as dysentery together with cases of gastric ulcer (324 cases) analyzed by Bristowe, the cases occurring in St. Thomas's hospital, London, abscess of the liver existed in only 4. In each of these 4 cases it was associated with dysentery, but in 3 of the cases the dysentery was secondary. Of 31 cases of hepatic abscess analyzed by the same writer, in only 6 were intestinal ulcerations found; in 2 of these 6 cases the ulcerations followed the evacuation of the abscess into the bowel, leaving 4 cases in which dysenteric ulcerations preceded the hepatic abscess.[2] When associated with dysentery in warm climates, the hepatic affection does not always follow, but, in a certain proportion of cases, precedes the intestinal affection. Annesley, and some other writers on diseases in the East Indies, are of the opinion that the hepatic affection generally precedes the dysentery, and that the latter is dependent on the former. The coexistence of dysentery and hepatic abscess in the East Indies does not occur as often as appears to be generally supposed. Of 300 cases analyzed by Waring, dysentery existed in 82. On the whole, it is perhaps questionable whether there be any special causative relation between the two affections. Dysentery is a very frequent disease in warm climates, and hepatic abscess vastly less infrequent than in cold or temperate climates; hence in the former, mere coincidence is sufficient to explain their association in a certain number of cases. Dysentery although not so frequent a disease in cold or temperate, as in warm, climates, is yet not infrequent in the former, and were it capable of giving rise to hepatic abscess this affection should be less rare.

Ulceration of the gall-bladder or ducts, and the irritation caused by the presence of gall-stones, have been supposed to be adequate causes, but they have been found in only a very small number of cases, and they occur not infrequently without leading to hepatic abscess. Lumbricoid worms migrating into the hepatic ducts, is another supposed cause, but this is an occurrence of extreme infrequency. Contusions or other traumatic causes very rarely give rise to abscess. Of 318 cases analyzed by Morehead only 4 were referable to mechanical violence. In the majority of cases, the causes of circumscribed hepatitis, resulting in abscess, are, at present, unknown, and the affection is, therefore, to be considered as spontaneous. This, however, is equally true of most other local inflammations.

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[1] On Diseases of the Liver. By George Budd, M. D., etc. Am. ed., 1853.

[2] *Vide* Frerichs, op. cit.

The diagnosis of hepatic abscess can hardly be made with any degree of positiveness prior to its discovery by manual exploration, or the discharge of pus into the alimentary canal or bronchial tubes. The symptoms which have been named as belonging to its clinical history should suggest its existence as possible or perhaps probable, especially in a warm climate, but they are not sufficiently distinctive to render the diagnosis positive. Not infrequently grounds of even a suspicion of its existence are wanting. When a fluctuating enlargement or tumor is perceived over the site or in the neighborhood of the liver, it is to be discriminated from a subcutaneous phlegmonous inflammation, carcinoma of the liver, a hydatid formation, and a distended gall-bladder. The first of these is distinguished by pain, hardness and redness of the integument, preceding the sense of fluctuation. Carcinoma offers a resemblance only when the medullary variety exists. The duration of the tumor and the nodulated condition of the liver, as felt through the abdominal walls, will serve for the recognition of this affection. A hydatid cyst is of slower development, and is not attended with the pain, tenderness, chills, and febrile movement which usually accompany an abscess. A hydatid cyst, however, may be the seat of suppuration, becoming converted into an abscess, and then the discrimination is difficult or impossible. A distended gall-bladder, which is the most likely to be confounded with an abscess, is to be distinguished by its situation, the pear-shaped form, and by the fact that, in consequence of peritoneal adhesions rarely taking place, it has a mobility which an hepatic abscess has not. The antecedent history is, of course, always to be taken into account. Enlargement of the liver frequently, but not invariably, exists in cases of hepatic abscess, and the enlargement may be found to be limited to a particular direction, not affecting the whole organ, a point of some importance in the diagnosis.

If the abscess discharge through the bronchial tubes, the diagnosis is generally made without difficulty. The sudden expectoration of pus in large quantity, without the evidence of antecedent and coexisting empyema or pulmonary abscess, and the expectoration coming from the bronchial tubes of the right lung, render the diagnosis altogether probable; but the presence of bile or disintegrated hepatic tissue affords demonstrative proof of the source of the purulent expectoration. If the abscess discharge into the pleural cavity, the diagnosis cannot be positive, but is rendered probable by symptoms of hepatitis and suppuration having preceded the sudden development of general pleuritis with effusion.

The discharge of the abscess into the stomach, duodenum, or colon is followed by the vomiting of pus or its appearance in the stools. The diagnosis is to be based on these events, together with antecedent symptoms pointing to the existence of suppurative hepatitis. The discharge into the peritoneal cavity, pericardium, and vena cava gives rise to no phenomena distinctive of hepatic abscess. Its existence may have been suspected from the symptoms preceding the discharge, but the proof can only be afforded by an autopsical examination. The discharge into the pelvis of the kidney gives rise to *pyuria*, but it may be difficult or impossible to determine that the pus comes from the liver and not from the kidney or some other source.

The prognosis, even in the cases in which the abscess is evacuated in the most favorable directions, is unfavorable. When it discharges into the peritoneum, pericardium, and vena cava, death speedily follows. If it discharges into the pleural cavity, the termination is usually fatal. The cases which offer a fair prospect of recovery are those in which the discharge takes place through the integument, the bronchial tubes, or into the alimentary canal. Of 203 cases collected by Rouis, 162 terminated fatally, in 39 there was a complete, and in 2 an imperfect, cure. This collection embraced cases in which the discharge was into the peritoneal cavity and in other directions, as well as in those most favorable.[1] If complicated with dysentery, the prospect of recovery is diminished. The same writer gives the following statistics, showing the relative proportion of recoveries when the discharge took place in the most favorable directions with and without the dysenteric complication: Of 19 cases uncomplicated with dysentery, in 14 recovery took place, viz., 4 of 5 cases in which the evacuation was through the abdominal or thoracic walls, 6 of 8 cases in which the discharge was through the bronchial tubes, and 4 of 6 cases in which the abscess opened into the alimentary canal. Of 59 cases complicated with dysentery, in 25 recovery took place, viz., 13 of 29 cases in which the evacuation was through the abdominal or thoracic walls, 9 of 22 cases in which the discharge was through the bronchial tubes, and 3 of 8 cases in which the abscess opened into the alimentary canal. Thus, of the uncomplicated cases 60 per cent. recovered, whereas of the complicated cases only 29 per cent. recovered.

The prospect of recovery is, of course, less when two or three abscesses exist than when there is but one.

Statistics show the duration, in fatal cases, to be longest when the discharge takes place through the bronchial tubes. The average duration, in fatal cases, is between 3 and 4 months. In cases which recover, statistics show the longest duration to be when the discharge is through the integument. The average duration in cases which recover is between 4 and 5 months.

From what has been said respecting the clinical history and diagnosis, it follows that there is seldom an opportunity to employ therapeutical measures with a view to prevent suppuration. Even if the existence of circumscribed hepatitis were early ascertained, it is doubtful if the formation of an abscess could be prevented. Cases in which the abscess is appreciable by manual exploration, and those in which the contents are discharged into the bronchial tubes and alimentary canal, alone admit of treatment with a positive knowledge of the existence of the affection. In the cases in which the abscess is ascertained to be making its way through the abdominal or thoracic parietes, an early opening should be made into it and the pus evacuated. Budd and others advise to allow the abscess to open spontaneously for fear of the entrance of air; but the air does little or no harm if the opening be free, and air is not excluded when the opening is spontaneous. If the opening be made before the pus has made its way beneath the integument exterior to the abdominal or thoracic walls, there is some danger of the pus escaping into the peritoneal cavity in consequence of the absence of peritoneal adhesions over the abscess. Under these circumstances, to avoid this danger, an incision may be made through the skin, muscles, and peritoneum without opening the abscess, and the wound filled with lint. This procedure induces firm adhesions around the wound, and in three days the abscess may be opened with safety, if a spontaneous opening do not in the mean time occur. If, however, the walls of the abdomen or chest have been perforated by ulceration, a free opening may be made at once without hesitation. After the abscess is opened, the treatment consists of tonic and supporting measures. Good diet and out-door life, in so far as the patient's strength will permit, are far more important than medication.

In cases in which the abscess evacuates through the bronchial tubes and alimentary canal, palliative remedies are called for, to relieve undue irritation of the bowels and air-passages. In addition to these, measures, hygienic and medicinal, which tend to support, strengthen, and invigorate the system, are indicated, as in the cases in which the discharge is through the integument.

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[1] *Vide* Frerichs, op. cit.

SUPPURATIVE, PORTAL PHLEBITIS.

Inflammation of the portal vein may lead to the formation of coagula and consequent obstruction of this vein, without suppuration, although, as already stated, in the opinion of Frerichs, coagula or thrombi take place oftener without, than with, phlebitis. Inflammation, commencing in some part of the portal system, extending more or less over the veins which compose this system, and leading to the production of pus, constitutes a variety of phlebitis distinguished as *suppurative, portal phlebitis.* Happily it is a very rare affection. In whatever part of the portal system the inflammation may commence, it generally extends to the branches of the portal vein contained within the liver. This affection is apt to give rise to the formation of pus within the liver, exterior to the hepatic vessels, in other words, to hepatic abscesses, in the same way as phlebitis in a portion of the systemic venous system occasions purulent collections in the lungs, also in the liver, and in various other situations. Collections of pus occurring in connection with phlebitis, have been called *metastatic* or *pyæmic* abscesses. They have been considered, in treating of pyæmia, in the first part of this work.[1] The abscesses dependent on suppurative inflammation of the portal vein differ from ordinary hepatic abscesses in being numerous, whereas the latter very rarely exceed two or three, and in the great majority of cases there is only a single abscess. They differ also in size, being generally small, varying in size from a pea to a hen's egg. They are found especially near the periphery of the liver. The veins within the liver and in other parts of the portal system, are found to contain purulent matter. Death sometimes takes places without the formation of pus within the hepatic parenchyma.

Suppurative inflammation of the portal vein may proceed from injury of some of its branches, as in surgical operations within the rectum. It has followed violent efforts to replace a prolapsed rectum. It is referable, in some cases, to ulcerations in the stomach or intestines, to abscesses of the spleen, to suppuration in the mesentery and mesenteric glands, to ordinary abscesses of the liver, and to diseases of the bile ducts.[2] But, in a certain proportion of cases, the source of the phlebitis is not discoverable.

The clinical history is obscure. More or less pain is present, referable either to the epigastrium or right hypochondrium, but the character of the pain is not distinctive. Jaundice, more or less in degree, is usually a symptom. Diarrhœa occurs in the majority of cases. Chills with rigors occur, sometimes regularly, but oftener in an irregular manner, frequently recurring several times during the day. The pulse is more or less accelerated. The flesh and strength are rapidly lost. Hectic paroxysms and delirium take place during the latter part of the affection. The liver is generally found to be enlarged, and this is true also of the spleen.

The diagnosis cannot be made out with positiveness. The practitioner cannot do more than entertain a strong suspicion of the existence of the affection. From the symptoms, the patient may for a time be supposed to have an irregular intermitting or a remitting fever.

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[1] *Vide* page 83.

[2] For examples of portal phlebitis from these several causes, *vide* Frerichs, op. cit.

The prognosis is as unfavorable as possible. The affection is uniformly fatal if the inflammation extend over a considerable portion of the portal system, and give rise to hepatic abscesses. The fatal termination occurs after a duration varying from a week to six weeks.

Palliative and supporting measures of treatment are indicated.

Hepatic abscesses of the kind distinguished as pyæmic or metastatic (the latter term being incorrect) take place as a result, not only of portal phlebitis, but of pyæmia induced by inflammation of a vein belonging to the systemic venous system. In the latter case, abscesses always coexist in the lungs, and are frequently found in other situations. In cases of portal phlebitis, abscesses, as a rule, are confined to the liver. There are, however, some exceptions to this rule, collections of pus taking place consecutively in the lungs and in other situations. Pyæmic collections existed in other organs than the liver in only four of twenty-five cases analyzed by Frerichs.

CIRRHOSIS OF THE LIVER.

Cirrhosis, a name introduced by Laennec, signifying a tawny or orange color, is in common use to denote an affection of the liver generally supposed to involve chronic inflammation, and hence called *chronic, diffuse* or *adhesive hepatitis*. As there is room for doubt respecting the correctness of this view of its pathological character, it might perhaps have been placed among the structural more appropriately than the inflammatory affections of the liver.

A small or moderate amount of cirrhotic change gives to the organ an abnormal consistence; its size is unaffected, or it may be somewhat enlarged; the capsule is apt to be more or less opaque and thickened; the surface is frequently studded with small prominences resembling granulations, varying from a pin's head to a pea in size, and a similar granulated appearance is observed in the interior. At a more advanced stage, the organ undergoes notable alterations as regards volume, form, and other appearances. Its size and weight are more or less diminished. Its size, in some cases, is notably reduced, and the weight may fall as low as, and even under, two pounds. It sometimes becomes much changed in shape, occasionally lobulated, and, in extreme cases, is so deformed as hardly to be recognized by its external aspect. The left lobe not infrequently is greatly reduced in size, and may entirely disappear. The surface of the organ, in a certain proportion of cases, presents numerous projections, sometimes pretty uniform, but, in other cases, varying in size and form. This nodulated aspect has given rise to the term *hob-nailed*, as applied to some examples of cirrhosed liver. The same nodulated appearance is apparent internally. This appearance does not belong to all cases of cirrhosis. In a certain proportion of cases, the surface of the organ is smooth. Morbid adhesions of the opposed peritoneal surfaces are not uncommon, and in some cases the whole organ becomes firmly united to the surrounding parts. The coloration of the organ, especially of the nodules, gave rise to the name cirrhosis. Laennec supposed the orange-yellow nodules to be adventitious products, but more recent investigations have shown that they consist of the hepatic parenchyma, and that the yellowness depends on the accumulation of bile pigment from congestion of the minute biliary ducts. This yellowness, however, does not characterize all cases.

Microscopical examination shows an abnormal amount of fibrous tissue between the hepatic lobules, *i. e.*, in the interlobular spaces which contain the terminal branches of the portal vein and the roots of the bile-ducts. There is also an abnormal accumulation of amorphous granular matter. The presence of this newly-formed tissue is often manifest, in the form of white lines, to the naked eye. The pressure of this tissue upon the lobules induces atrophy; hence the contraction of the organ. Its shrinking causes the granular and nodulated appearance. Compressing the terminal branches of the vena portæ, it occasions obstruction to the passage of blood through the liver, and consequently portal congestion ensues, giving rise to dropsy and sometimes hemorrhage from the mucous membrane of the stomach and intestines. Pressure upon the bile ducts causes biliary congestion and a jaundiced condition of the organ. The hepatic cells are diminished in size and number, and contain minute, greenish-colored oil drops. These differ notably in appearance from the cells in cases of ordinary fatty liver. The fatty liver and cirrhosis, however, may be combined, and the organ may then be not diminished but increased in size.

The point of departure for the morbid changes just stated is supposed to be an inflammatory exudation within the interlobular spaces; and cirrhosis is, therefore, regarded as a diffused, subacute inflammation of the areolar or connective tissue existing between the lobules, forming an extension of Glisson's capsule. This is the pathological view generally held at the present time. All pathologists, however, do not accept it. According to Beale, the change commences in the hepatic cells, those near the circumference of the lobules being first affected, and the affection extending gradually to the centre. As a consequence of the altered condition of the cells, he thinks the attractive force inherent in the organ, which determines the flow of portal blood, is lessened; consequently the interlobular veins shrink and there is an impediment to the portal circulation through the liver. He bases this opinion respecting the primary essential change on the number of interlobular vessels which remain permeable as shown by injections; and he supposes that the appearance of an abnormal abundance of fibrous tissue may be due to the remains of the wasted and shrunken vessels and ducts rather than to the presence of an adventitious tissue. Agreeably to this doctrine, the pathological process in cirrhosis is not inflammatory, but a degenerative change having its point of departure in the secreting cells of the liver.[1]

Enlargement of the spleen is found after death, and is determinable during life, in a certain proportion of cases. The enlargement is sometimes very great. Notable enlargement, however, in my experience, is the exception rather than the rule.

Coexisting cardiac disease has been supposed to be common. This has not been true in my experience. Of ten fatal cases, in seven the heart was free from disease; of the remaining three cases, in two old pericardial adhesions existed, the heart being moderately enlarged in one and below the normal volume in the other case. In the third case, there was moderate enlargement (weight, 11 oz.) with rigidity of the aortic valves. Of 22 cases in which autopsies were not made, in 15 there were no physical signs of disease of the heart, and of the remaining 7 cases, in 4 the only evidence was a systolic murmur at the base; in the other three cases, mitral lesions were denoted by the signs together with enlargement of the heart. Thus, of 32 cases in which the condition of the heart was noted, as determined by either autopsical examination or physical signs, in only 5 were there lesions involving enlargement of this organ. These facts go to show that cardiac disease and cirrhosis of the liver are not associated sufficiently often to denote the existence of any pathological connection between them. When they coexist, the association is probably merely a coincidence.[2]

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[1] *Vide* Beale's Archives of Medicine, No. 2, 1858.

[2] Clinical Report on Hydro-peritoneum, by author.

Disease of the kidneys coexists oftener than cardiac disease. In 11 fatal cases under my observation, autopsical examination showed more or less renal disease in 6. The concurrence would seem to be sufficient to denote either some pathological connection between disease of the kidneys and cirrhosis, or that both are effects of the same causative conditions. As will be presently seen, evidence of renal disease is rarely afforded by albuminuria in cases of cirrhosis.

Cirrhosis, as a rule, gives rise to few or no symptoms which point to the liver as the seat of disease prior to the occurrence of hydro-peritoneum. Preceding this event, and afterward, pain in the region of the liver exists in only a small proportion of cases. Dropsical effusion is usually the first symptom to suggest the existence of the affection. And the dropsy may occur when the patient supposes himself to be in his habitual state of health, or it may be preceded and accompanied by indefinite ailments. The dropsical accumulation increases, and, usually, with considerable or great rapidity. It is rare for the quantity of liquid to remain at a moderate amount for a considerable period. Œdema of the lower limbs, in a moderate degree, precedes the hydro-peritoneum in a large proportion of cases (11 of 21 cases). It has been stated that the coexistence of either cardiac or renal disease is to be inferred from the pre-existence of œdema of the lower limbs; but the facts developed by the analysis of cases which I have recorded are opposed to this statement. Of the 11 cases in which the œdema preceded, 5 were fatal. Of these 5 cases, in three the heart and kidneys were found, on examination after death, to be free from disease; in one case there were old pericardial adhesions with moderate enlargement, and in the other case there was granular degeneration of the kidneys. In not one of the 6 cases which did not end fatally under my observation was the urine albuminous, or were there present physical signs of cardiac disease. After the occurrence of hydro-peritoneum, œdema of the lower limbs is apt to occur, if not already existing, and it sometimes becomes great under these circumstances, being due, probably, to pressure upon the iliac veins. The genital organs may become more or less œdematous. Œdema of the face and upper extremities does not occur, save in cases in which cardiac or renal disease coexists. Œdema of the lower limbs does not occur in all cases.

Jaundice occurs in a small proportion of cases (7 of 46 cases); it is rarely great. Pallor of the prolabia and skin exists in the majority of cases. In general, the anæmic aspect is marked in proportion as other symptoms show the condition of the patient to be unfavorable.

Febrile movement does not accompany the disease in its progress. The pulse may be not increased in frequency, or it may be more or less accelerated; it is generally soft and feeble. When frequent, the other characters denote diminution of the vital forces or asthenia. The obstruction of the portal circulation is compensated for, in a measure, by new channels of communication between the portal and hepatic veins. The most important of these, as shown by Sappey,[1] are anastomosing branches which pass to the liver between the folds of the falciform ligament and in the ligamentum teres, communicating with the veins of the abdominal parietes. The course of the blood in these anastomosing branches, in cases of cirrhosis, is the reverse of that in health, being in the latter in a direction from, and in the former toward, the liver. Owing to this, the abdominal veins become dilated, and those superficially situated in some cases are seen to be more or less enlarged.

Hemorrhage from the stomach and bowels is an occasional event. Gastrorrhagia occurred in 6 of about 40 cases which I have analyzed, the history of all the cases not being complete. It preceded the hydro-peritoneum in 3 cases. Enterorrhagia coexisted in 2 cases, and occurred alone in 2 cases. Vomiting is occasionally a prominent symptom, and diarrhœa is prominent in a small proportion of cases.

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[1] Bulletin de l'Académie de Médecine, tom. xxiv., Paris, 1859.

The appetite is usually impaired. A sense of fulness after taking food is generally complained of, if the dropsy be sufficient to distend the abdomen. Progressive emaciation attends the progress of the disease, and, in an advanced stage, the attenuation of the upper portion of the body, the distended abdomen, and the lower limbs enlarged by œdema, render the general aspect highly characteristic.

Albuminuria is rare in cases of cirrhosis. Of 28 cases in which the condition of the urine in this respect was noted, in only one case was albumen present. The urine is generally scanty, but in some cases abundant. In one case under my observation, the urine was habitually of a bright vermilion color, as if it contained blood. The microscope, however, showed absence of the blood-globules, and no albumen was present. The urates were very abundant in this case, the deposit being of the same color as the liquid. The appearances corresponded with those described by Bird as belonging to purpurine.

In the great majority of cases there are no important symptoms pertaining to the nervous system. The mode of dying is usually by slow asthenia. If, however, the abdomen be greatly distended, or if the dropsical accumulation take place very rapidly, death may be due to the extent to which the respiratory function is compromised. The mental faculties are generally preserved up to the last moments of life. To this rule there are exceptions. In 3 cases I have noted the occurrence of delirium several days before death. In one case the delirium was hilarious; in one case the patient appeared bewildered, and in one case the patient lapsed from childishness into imbecility. These cases ended in coma. In three other cases the patients died comatose. In one case convulsions occurred followed by coma.[1]

Cirrhosis, in the vast majority of cases, is due to spirit-drinking. Of 20 fatal cases in which the habits of the patients were ascertained, in 17 intemperance was admitted, and in one of the three remaining cases habits of drinking were admitted, but not to excess. Of all the cases, fatal and non-fatal, in which the form of alcoholic stimulant used is noted (24), in all save one the patients were accustomed to drink spirits. In the excepted case the patient stated that he drank only beer. Hence the significance of the term *gin* or *whiskey liver*, applied by British writers to this affection. In all the cases in which information as to the mode of drinking was noted (15), the custom was to take raw spirits at different periods of the day, before breakfast and at other times on an empty stomach, a little water being generally drank after the spirits. This accords with the observations of others as to the mode of spirit-drinking which gives rise to cirrhosis. As to the action of alcohol in producing this affection, the explanation now commonly received is, that, passing readily into the portal blood from the stomach, and carried at once to the liver, it excites, by contact, inflammation of a low grade in the interlobular spaces, and hence exudation and the production of adventitious tissue. The facts, however, are perhaps not less consistent with the hypothesis of cirrhosis being a degeneration taking its point of departure from the cells of the lobules. So far as my observations go, they furnish no evidence of the agency of disease of the heart in the causation of this affection.

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[1] This account of the symptomatology is based on an analysis of 46 cases of hydro-peritoneum, cirrhosis existing in nearly all the cases. *Vide* Clinical Report, already referred to.

Cirrhosis very rarely occurs under thirty years of age, and, in the majority of cases the age exceeds fifty years. The affection is generally a result of the habitual abuse of alcohol continued for a long period. Males are affected much oftener than females, a fact readily explained by the dependence of the affection on the use of spirits in the manner stated.

The diagnosis in most cases of cirrhosis, after dropsy has occurred, is made without difficulty. Hydro-peritoneum, occurring as a local dropsy, that is, rrespective of general dropsy, in a person addicted to spirit-drinking, warrants an inference that this affection exists. Additional proof is afforded by he diminished size of the liver. This is ascertained by percussion. The upper margin of the liver is accurately determined by finding the line of hepatic flatness; the lower border is determined, not so accurately, but approximatively, by the line of demarcation between hepatic flatness and the ympanitic resonance due to gas in the transverse colon. The latter is not exact, because tympanitic resonance is conducted for a certain distance above the lower margin of the liver. The vertical diameter of the liver in health, on the *linea mammalis*, is about four inches. Directly after the operation of apping, while the abdominal walls are relaxed, the lower border of the liver may frequently be grasped by the fingers pressed upward beneath the false ribs, and its indurated, nodulated condition appreciated by palpation.

The physician is rarely called upon to make the diagnosis prior to the occurrence of dropsy. It may perhaps be practicable, in some cases, to determine, by palpation, induration and a nodulated condition of the lower part of the organ before dropsy has taken place, and, this information obtained, the diagnosis is highly probable if the patient be addicted to spirit-drinking. Hemorrhage from the stomach sometimes precedes the occurrence of dropsy, and, in a spirit-drinker, renders the existence of cirrhosis probable.

Cirrhosis is to be regarded as an incurable lesion. After it has led to dropsy, in the majority of cases, its course is progressively onward toward a fatal termination. The duration in sixteen fatal cases, dating from the occurrence of dropsy, varied from six weeks to seventeen months, the average duration being about five months. But doubtless in all cases the disease has existed for a considerable period before dropsy occurs. In a certain proportion of cases, the dropsy being removed, the patient may apparently regain comfortable or even good health, and remain free from any manifestations of the disease for months and years, but sooner or later, as a rule, to which there are very few exceptions, the dropsy returns, and, unless life be destroyed by some intercurrent affection, the disease ends fatally. Circumstances which preclude much expectation of improvement are, the coexistence of cardiac, renal, or any other important disease, considerable emaciation, sufficient debility to keep the patient in bed, greatly impaired appetite and digestion, speedy reaccumulation of liquid after tapping, and the occurrence of jaundice.

As regards treatment, in cases of cirrhosis and in the great majority of the cases of hydro-peritoneum, the indications are the same. The reader is, therefore, referred to the treatment of hydro-peritoneum considered in the preceding chapter.

CHAPTER XII.

DISEASES AFFECTING THE SOLID OR COLLATITIOUS VISCERA OF THE ABDOMEN.—CONTINUED.

Fatty Liver—Waxy or Lardaceous Liver—Cancer of the Liver—Tuberculosis of the Liver—Acute Atrophy of the Liver—Hydatid Tumors of the Liver—Pigmentary Deposit within the Liver—Hypertrophy of the Liver.

HAVING considered the inflammatory affections of the liver, including cirrhosis, which is generally regarded as inflammatory, structural affections are next to be considered. The more important of these are incident to the abnormal deposit of fat, to the waxy or lardaceous degeneration, to the carcinomatous and the tuberculous deposit, to acute atrophy, and to the existence of hydatid tumors. They will be considered briefly in this chapter.

FATTY LIVER.

The secreting cells of the liver, in their healthy condition, contain oil drops, and these are abundant, normally, in certain inferior animals, especially invertebrate animals and fishes. Experimental observations show that in dogs and other animals, the quantity of fat which the liver contains varies considerably with diet, and it is fair to infer that this is true in man. It is a reasonable supposition that the fat which the cells contain in health, is, in some way, useful. An increase of the fat, beyond a certain amount, undoubtedly constitutes a morbid condition ; but it is difficult to determine, with our present knowledge, the amount compatible with the state of health. A considerable quantity of fat has been repeatedly found after death in cases in which persons apparently in perfect health, have been accidentally killed. It is probable that the quantity of fat in the same person, in health, varies considerably at different times, according to variations in diet and other circumstances. The liver is to be considered as morbidly fatty, when the accumulation of fat is sufficient to increase the size of the organ. An extremely fatty liver is usually enlarged, but not in all cases; the hepatic cells are sometimes filled with oil, the size of the organ not exceeding, and even falling under, that of health.

The gross characters of a fatty liver are as follows: Usually, as just stated, the organ is more or less enlarged, the margins are apt to lose their natural sharpness, and become blunted or more rounded than in health. The enlargement is pretty uniform, and the inferior border may extend more or less below the false ribs, so as to be appreciable by palpation in persons with thin and relaxed abdominal walls. The exterior is smooth. The capsule is tense, and when divided the edges of the wound separate. The consistence is less than in health, and pressure with the finger leaves an indentation as in œdematous parts. The specific gravity is light, so that the organ sometimes floats in water. Frerichs found the average weight in 34 cases to be 3 pounds, 8½ ounces, avoirdupois. The weight, however, in some cases, is considerably greater than in health. The color is pale or whitish, compared by Rokitansky to that of autumn foliage ; the organ is anæmic.

The presence of an abnormal amount of fat is shown by burning a piece of the organ. When a piece is held in flame, after the water is driven off, it burns readily, throwing off blue sparks. A thin slice placed on a piece of white paper and exposed to heat exudes oil in abundance, greasing the paper. The cut surfaces give to the finger passed over them an unctuous sensation. Fat adheres to the scalpel used in making an incision. The fat may be dissolved out of the parenchyma by means of ether, and the quantity thus ascertained. Frerichs has found the proportion of fat to be four times greater than the remainder of the substance after the water was driven off. But the readiest and most reliable test is the appearance of the hepatic cells under the microscope. Oil drops are found, larger and more numerous than in health, and cells may be filled and even distended by single globules of oil formed by coalescence of the drops. It is probable that before the microscopic test was employed, other conditions were not infrequently confounded with fatty liver. The microscope shows a great accumulation of fat in the cells, in some livers not increased but even diminished in size. The accumulation of fat is chiefly or exclusively within the hepatic cells. This situation of the fatty deposit was ascertained by Bowman in 1841.

Fatty liver occurs in connection with different affections. Frerichs gives the results of the microscopical examinations in 466 bodies dead with various diseases. An extreme amount of fat existed in 28, and a large amount in 164. The liver is oftener fatty in females than in males. It is abnormally fatty in a pretty large proportion of cases of pulmonary tuberculosis. Of 117 cases, analyzed by Frerichs, in 17 the organ was extremely fatty, and in 62 the amount was large. Louis found the liver notably fatty in 40 of 120 bodies dead with phthisis. Persons addicted to intemperance are apt to have this affection. Of 13 fatal cases of delirium tremens analyzed by Frerichs, the liver was very fatty in 6. It occurs in a comparatively small proportion of cases, in connection with pneumonia, pleurisy, emphysema, disease of heart, disease of kidneys, the continued and eruptive fevers, chronic dysentery, etc. Prof. Clark has found the liver notably fatty in yellow fever. In newly-born infants and young children this has been observed; also in pregnant and puerperal females.

The pathological relations of fatty liver to the divers affections with which it is liable to be associated, are not understood. In many cases, doubtless, the association is merely accidental. Undoubtedly the coexistence of fatty liver and pulmonary tuberculosis is not due to coincidence. A pathological relation exists between these two affections, but the conjectures which have been offered respecting the nature of the relation, are not satisfactory. It is probable that in drunkards the liver becomes fatty as a direct result of the ingestion of alcohol, not as secondary to other affections to which intemperance gives rise. Fatty articles of food entering largely into the diet, conjoined with indolent habits, conduce to the accumulation of fat in the liver, the mechanism being the same as in the production of the *foie gras* of geese.

Our present knowledge is not sufficient to enable us to determine the pathological importance of fatty liver. The pressure of the fat appears to be sufficient to render the organ anæmic, but not to occasion obstruction enough to give rise to peritoneal dropsy. If the latter coexist with fatty liver, cirrhosis is also combined, or there exists some other cause for the hydro-peritoneum. The spleen does not become enlarged. Some obstruction to the passage of bile in the minute hepatic ducts is produced, and, in extreme cases, this is sufficient to occasion moderate jaundice. The function of the secreting cells must be more or less impaired, especially when these are filled with fat; and in certain cases atrophy of the organ is apparently a consequence of the accumulation of fat.

The clinical history of this affection remains to be ascertained. The affection has, as yet, not been studied, as regards its symptomatology, in cases in which it is not associated with other hepatic lesions, or with important affections situated elsewhere. With the imperfect knowledge which we possess, the affection existing in a great degree, appears to give rise to impairment of digestion, defective nutrition, progressive loss of strength, and to prove fatal by slow asthenia. I have remarked in several cases in which the affection existed in a notable degree, slight or moderate, persisting jaundice, and mild, cheerful delirium preceding death.

The diagnosis of fatty liver can only be made when the organ is enlarged. There are no subjective local symptoms, other than those dependent on the increase of size. The enlargement may be determined by percussion, and, in certain cases, by manual exploration below the false ribs. The blunt or rounded lower margin may sometimes be ascertained. The smoothness of the surface is appreciable, and sometimes, also, the diminished consistence, or, at all events, the absence of induration may be ascertained. An enlarged liver presenting these characters, occurring in a patient affected with pulmonary tuberculosis, an intemperate person, or a person of luxurious, indolent habits, may be considered as in all probability fatty. The probability is greater in females than in males.

Fatty liver occurring in cases of pulmonary tuberculosis, does not claim treatment. In fact, the treatment which is highly useful in certain cases of pulmonary tuberculosis, viz., with cod-liver oil and alcoholic stimulants, may be supposed to favor the deposit of fat in the liver. Nor, as a general remark, with our present knowledge, does it claim treatment when associated with other important affections. Occurring in persons addicted to the use of alcohol, and to over-feeding, especially as regards fatty articles of diet, it is to be treated by a reformation of the habits of living, viz., by temperance, or total abstinence, in respect of the use of alcoholic beverages, by restricting the diet, in a great measure, to articles not abounding in fat, and, if the strength will permit, by more muscular exercise. The remedies indicated are those which will tend to strengthen and invigorate the system.

The *nutmeg* or *myristicated* liver, as it is called, in a clinical point of view hardly claims distinct consideration. The name is applied to a condition of the organ in which the cut surfaces resemble a nutmeg in appearance. Lines of white, red, and yellow, are blended together. The appearance is due to congestion of the hepatic, as distinguished from the portal, venous system, rendering the *intra*-lobular veins prominent, together with congestion of the bile-ducts, and a certain amount of fatty deposit at the periphery of the lobules. The venous congestion proceeds from an obstruction at the centre of the systemic venous system, and the nutmeg liver is generally observed in association with disease of the heart, more especially with mitral obstructive lesions. The condition cannot be recognized during life, and is probably of no pathological importance beyond the hepatic congestion which enters into it.

WAXY OR LARDACEOUS LIVER.

The different views entertained by pathologists respecting the degenerative change commonly called *waxy* or *lardaceous*, have been noticed in the first part of this work.[1] The change is also called *amyloid* and *albuminoid*.

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[1] *Vide* page 49.

Budd considers it under the head of *scrofulous enlargement of the liver.* The term *colloid liver* has also been used to designate it. The affection consists in the deposit of a morbid material, the nature of which is not yet satisfactorily ascertained. According to Frerichs and Virchow, the deposit takes place within the hepatic cells, and also in the vessels of the liver. Budd is of the opinion that it is infiltrated exterior to the cells.

A liver which has undergone, to much extent, this degenerative change, is more or less enlarged. The enlargement is in some cases enormous. The weight is also much increased. Wilks refers to a case in which the weight was 14 pounds. The form of the organ is not altered. The margins are not as blunted or rounded as in fatty liver, unless the latter condition coexists. The organ is dense and resisting. The surface is smooth. The substance of the organ is notably stiff, so that thin slices are easily taken off, and do not readily collapse. In making incisions, the knife meets with a certain resistance as in cutting bacon. The interior of the organ is dry and anæmic. When thin sections are held to the light, they present a translucent appearance, compared by Wilks to that of a tissue placed in glycerine, and by Frerichs to thin slices of smoked salmon. The microscope shows the presence of a white, structureless, translucent deposit, supposed by some to be a form of albumen, by others a kind of fat, by others cholesterine, and by others a substance resembling vegetable starch. This change is sometimes associated with ordinary fatty liver, and sometimes with cirrhosis. The same degenerative change is apt to affect other organs, together with the liver, more especially the kidneys and spleen.

This affection occurs in young subjects oftener than in the middle period of life. It is rare in childhood and in old age. Of 68 cases analyzed by Frerichs, 19 occurred between 10 and 20 years; 19 between 20 and 30 years; 18 between 30 and 50 years; 9 after the age of 50, and 3 prior to 10 years. It is met with in cachectic persons who have suffered from caries or necrosis of bones arising from scrofula; hence, the name *scrofulous enlargement* applied to it by Budd. It occurs in persons affected with syphilis, and is supposed, by Graves and Budd, to be produced by the injudicious use of mercury in conjunction with the syphilitic virus. It has been observed to follow intermittent fever. It occasionally accompanies tuberculosis of the lungs and intestines. In all these instances, it is supposed to be developed as a secondary affection, but, in a certain proportion of cases, it is not preceded by any other disease. It occurs in males oftener than in females.

The pathological importance of waxy liver and its clinical history are to be based on the study of cases in which the affection is not associated with other serious affections. Such cases are not easily collected, for, if the affection be not secondary, the kidneys, spleen, and other parts are apt to be similarly affected. Moreover, under all circumstances, the affection is rare. It is undoubtedly an important affection. The functions of the liver must be compromised in proportion to the amount of the deposit. It may impede the portal circulation through the liver sufficiently to give rise to peritoneal dropsy, but the dropsical effusion is not large, and is wanting in the majority of cases. Jaundice very rarely occurs. Pain referable to the liver is wanting. If the kidneys be affected, general dropsy is likely to occur, and the patient is liable to uræmia.

The diagnosis of this affection is to be based on the existence of enlargement and the exclusion of other affections of the liver involving increase of size. From fatty liver it is to be distinguished by the greater resistance on palpation and the margins being in a less degree blunt or rounded. The existence of peritoneal dropsy in some cases aids in the exclusion of fatty liver. From cancer of the liver it is distinguished by the absence of tumor and the smoothness of the surface. The absence of subjective local symptoms, especially pain, aids in the exclusion of cancer. Cirrhosis leads to contraction of the organ generally; but this affection is excluded by the smoothness of the surface, when it can be felt, and by either the absence of peritoneal dropsy or the existence of only a small amount of effusion. The coexistence of enlarged spleen, and the evidence of disease of the kidneys afforded by albuminuria, general dropsy, and perhaps uræmic symptoms, strengthen the diagnosis. The diagnosis is also strengthened by the coexistence of affections to which, as clinical observation shows, this affection is apt to be secondary, viz., scrofulous affections of the bones and syphilis.

The prognosis is unfavorable. It is doubtful whether the deposit is ever removed by absorption. The lesion must be regarded in most cases as incurable. Frerichs, Graves, and Budd, however, have observed diminution of the size of the liver in cases in which this affection was supposed to exist. Data are insufficient for determining the duration when the affection is disconnected from other diseases. Generally, the fatal termination is, to a greater or less extent, due to the diseases with which the affection is associated.

The treatment must have reference to the morbid conditions under which the affection is developed. The iodide of potassium and the iodide of iron are considered by Frerichs as sometimes successful in cases in which syphilis is involved. In scrofulous or tuberculous patients the therapeutic measures should be directed especially to the cachexia which is to be considered as standing in a causative relation to the affection. Budd recommends the muriate of ammonia, from five to ten grains three times daily. Frerichs attaches importance to mild alkaline remedies and the use of the sulphurous mineral waters. Dietetic and other hygienic measures are of the first importance. The body should be well nourished, the surface properly protected against vicissitudes, and as much out-door life as the strength will permit is advisable. Disorders of any of the functions are to receive appropriate attention. Diarrhœa occurs not infrequently, and this will claim astringent remedies and perhaps opium in small doses. Albuminuria and general dropsy furnish indications the same as when these symptoms occur in connection with any of the degenerative changes which, collectively, are called Bright's disease.

CANCER OF THE LIVER.

The liver is not infrequently the seat of the carcinomatous deposit. In point of relative liability to cancer, the liver ranks after the uterus, female breast, stomach, rectum, and lymphatic glands. In the great majority of cases, cancer of the liver is secondary to the deposit in other situations. Of 91 cases analyzed, with reference to this point, by Frerichs, in only 22 was the cancer of the liver primary. Of the three varieties of cancer, the medullary is the variety in the larger proportion of cases. Scirrhous, or hard cancer, is, however, not very infrequent, but the colloid or alveolar variety is exceedingly rare. In most cases the cancerous deposit and growth are circumscribed, but occasionally more or less of the organ is infiltrated. When circumscribed, the affection is presented in the form of nodules or tumors varying in size from that of a pea to a child's head. There may be but a single nodule or tumor. This is rarely the case unless the cancer be primary. Usually, there are numerous nodules or tumors, differing in size, and some of more recent date than others. The whole organ is sometimes studded with them. They are, as a rule, few in number in proportion as they are of large size. They are sometimes, but very rarely, melanotic. Here, as in cancerous affections elsewhere, blood is frequently extravasated. The cancerous deposit and growth generally give rise to more or less enlargement of the organ. The increase in size and weight is sometimes enormous. The weight has been known to exceed twenty pounds. There are exceptions to the rule as regards enlargement. Of 76 cases analyzed by Frerichs, in 10 the size was normal, and in 6 the organ was smaller than in health. The affection, in some cases, does not extend to the periphery, but in most cases the nodules or tumors give rise to prominences or projections on the surface of the organ. These vary much in size and number in different cases. They are flattened at their summits and depressed in the centre, so as to present an umbilicated appearance. If the cancer be of the hard variety, the bulging tumors are resisting to the touch, but, if medullary, they may communicate to the finger a sense of fluctuation, and are liable to be mistaken for abscess of the liver. Partial peritonitis is generally developed when the tumors project beyond the surface, and, in some cases, the peritonitis becomes general.

Here, as in other situations, cancer involves in its causation a special diathesis. Cases rarely occur in early life. Of 83 cases analyzed by Frerichs, only 7 were in persons under 30 years of age; the age in 14 cases was between 30 and 40 years; in 41, between 40 and 60 years; in 19, between 60 and 70 years; and in 2, the age exceeded 70 years. The two sexes are about equally liable to this affection.

Cancer of the liver being generally secondary, the symptoms, in most cases, are combined with those referable to other affected organs. It is oftener secondary to an affection of other abdominal viscera than to a primary cancer of a part not connected with the portal circulation. When developed secondarily, under these circumstances, the hepatic affection is liable to be overlooked.

The general manifestations of the cancerous cachexia, viz., waxy pallor, progressive emaciation, and debility, are usually present, sooner or later, but in this, as in other situations, the affection sometimes makes considerable progress before cachectic phenomena are apparent. The affection in some cases remains for a greater or less period quite latent. The general symptoms may be manifest without local phenomena pointing to the seat of the affection; but, in the majority of cases, the affection speedily gives rise to both general and local symptoms. Pain is usually more or less prominent, referable to the liver, and shooting in different directions. Tenderness on pressure is a frequent symptom. Jaundice occurs in the minority of cases, viz., 39 of 91 cases analyzed by Frerichs. In the cases in which it occurs the jaundice persists until death. Peritoneal effusion occurs in the majority of cases, viz., 48 of 80. This is generally due to peritonitis excited by the cancerous tumors, but sometimes by pressure upon the portal vein. In the latter case, the effused liquid is serum without lymph; in the former, more or less lymph is exuded. Occasionally blood, extravasated into the cancer, escapes into the peritoneal cavity. The accumulation of liquid may be so great as to require the operation of tapping. The appetite and digestion are early impaired, and, at a late period, diarrhœa not infrequently occurs. Œdema of the lower extremities is apt to occur in the latter part of life. Emaciation and loss in weight are progressive, and death takes place by slow asthenia, if the patient be not carried off by some intercurrent disease. A fatal termination may be hastened by peritonitis induced by the local affection, by abundant hemorrhage, by coexisting cancerous affections elsewhere, and by various accidental complications. Aside from these circumstances, the progress of the affection is sometimes rapid and sometimes slow. The duration in different cases varies from a few weeks to several years; sooner or later the termination is inevitably fatal.

In most cases, the diagnosis is made without difficulty. The enlargement of the organ, the presence of one or more nodules or tumors appreciable by the touch, with pain and tenderness, and frequently the knowledge of the existence of cancer in some other situation render the nature of the affection sufficiently clear. A large indolent tumor in the left lobe, however, may occasion considerable embarrassment, and I have met with a case in which different opinions were held by different persons of large experience in diagnosis. Such a tumor may be mistaken for an aneurism, a fecal accumulation in the transverse colon, cancer of the stomach, or an enlarged pancreas. A medullary tumor, as already stated, may be supposed to be an hepatic abscess. The antecedent and coexisting symptoms are mainly to be relied upon in these cases.

The diagnosis is difficult when no evidence is obtained by palpation. If the cancerous growth be confined within the organ, and the latter be simply enlarged, still more, if the size be normal or below that of health, the existence of the affection can only be conjectured in view of more or less pain and tenderness over the liver, conjoined with a cachectic condition and the existence of cancer elsewhere. The diagnosis is impossible in the few cases in which there are no physical signs, and the affection is latent as regards local symptoms.

The age of the patient, peritoneal effusion, persisting jaundice, and hereditary predisposition are to be taken into account in the diagnosis.

The treatment has reference only to the palliation of symptoms and the prolongation of life. Pain will often require the habitual use of opium. An advantage of an early diagnosis consists in the avoidance of injurious medication. Every debilitating measure will tend to shorten life. The system is to be supported, as far as practicable, by tonic remedies, nutritious diet, and other hygienic measures. The object in this, as in other chronic incurable affections, is to endeavor to aid the system in resisting, as long as possible, the fatal termination.

TUBERCULOSIS OF THE LIVER.

Tuberculous deposits are occasionally found in the liver. Embracing, under the name of tubercles, the small, hard, semi-transparent granulations which have been described in the first part of this work, these are found, in some cases of so-called acute phthisis, here, as in numerous other organs, especially in children. In some cases of advanced ordinary tuberculosis, small deposits of yellow, cheesy tubercle are found in the liver. These deposits may undergo softening, but very rarely, if ever, are large collections of crude or softened tubercle found in this organ. The existence of tuberculous deposits in this situation can only be ascertained by the scalpel after death; and as they are always secondary to deposits in other organs, tuberculosis of the liver does not claim consideration as an individual affection.

ACUTE ATROPHY OF THE LIVER.

Under the name *acute yellow atrophy of the liver*, Rokitansky has described a structural affection offering striking anatomical characters, and apparently involving a peculiar morbid process which is not fully understood. The affection has been studied clinically by Frerichs, and examples are to be found among cases reported by Bright, Alison, Graves, Budd, and Wilks in

Great Britain.[1] American medical literature contains very little relating to it. A well-marked case, however, was communicated some years since by Prof. Charles A. Lee, with a description of the morbid appearances of the liver by Prof. John C. Dalton.[2] The affection has heretofore been known as *malignant* or *fatal jaundice.*

The liver in this affection undergoes a rapid and notable reduction in size; hence the significance of the term acute atrophy. The size is diminished in all directions; but more especially as regards thickness, so that the organ is flattened. In extreme cases the size is reduced one-half and even two-thirds. The weight is proportionately lessened. Frerichs has met with an example in which the weight was only 1 pound 13 ounces avoirdupois. The organ is notably flaccid, and folds up, or collapses, from its own weight. The surface presents a puckered appearance. The consistence of the organ is much diminished, so that it is easily broken down with the finger, and sometimes almost pulpy. The cut surfaces present a yellow color which has been compared to ochre or rhubarb. The small vessels connected with the portal and hepatic vein appear to be destroyed, so that an injection thrown into either fails to reach the capillaries, and is extravasated into the glandular tissue. The hepatic cells are not discoverable on microscopical examination. In an advanced stage, the disorganization appears to be complete. The gall-bladder and bile-ducts are empty.

Enlargement of the spleen coexists in the majority of cases. The affection has, as yet, been insufficiently studied as regards its association with morbid conditions of other organs.

The clinical history, as determined by an analysis of thirty-one cases by Frerichs, is as follows: The affection, in about an equal proportion of cases, is either developed abruptly or preceded by a prodromic stage. The premonitions are symptoms denoting disorder of the digestive system, and are not significant of the affection. Without or with premonitions, lasting from three to five days usually, but sometimes much longer, jaundice occurs. It is usually not intense, and does not differ, as regards the coloration of the skin, from ordinary jaundice. Intense cephalalgia and delirium, either simultaneously with the jaundice or after a period varying from two to twenty-one days, become prominent symptoms. The delirium is usually active, patients crying out, and sometimes requiring restraint; but in some cases the delirium manifests itself only in quiet wanderings. In a third of the cases, convulsions occur. These in some cases are epileptiform; in some cases they consist of general tremors or rigors, and in some cases they are limited to a few muscles. Trismus has occasionally been observed. To the delirium and convulsions, stupor succeeds, eventuating rapidly in profound coma. The pupils are sometimes contracted, sometimes dilated, and in some cases unaffected, responding readily to light. When the jaundice first appears, the pulse is slow, but when delirium occurs, the pulse is more or less frequent. During the progress of the disease, the pulse fluctuates remarkably as regards frequency. At one time it may rise to 120, at another time falling to 80 or 90. The pulse varies also as regards other characters than frequency. In the latter part of the disease it becomes persistingly frequent, increasing progressively in frequency and becoming more and more attenuated and feeble. Hemorrhages take place in various situations, generally into the stomach and intestines, in females, from the uterus, and occasionally hematuria occurs. Extravasations are not uncommon, giving rise to petechiæ and to ecchymoses found after death in various situations. Pains in the epigastrium are common, extending to the right hypochondrium. Tenderness on pressure exists in these regions. The bowels are generally constipated. The breathing is apt to be early accompanied by sighing, and, after coma occurs, the respirations are irregular and stertorous. The urine is not suppressed nor notably diminished. It contains bile elements, and there is a gradual disappearance of urea and the phosphate of lime. Leucine and tyrosine are found in large quantities. The urine is sometimes slightly albuminous. Coolness and dryness of the surface exist, except under the excitement of delirium and convulsions, when the temperature is sometimes observed to rise.

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[1] *Vide* Budd, *op. cit.*, under head of "Fatal Jaundice."

[2] Buffalo Medical Journal, March, 1853.

The duration of the affection is usually short. Of 28 cases, a fatal termination took place in 13 within a week, in 6 during the second week, in 5 during the third week, and in 4 during the fourth week.

The termination, in the vast majority of cases, is fatal.

The pathological character of the affection is not settled. Rokitansky attributes the morbid changes in the liver to an excessive production of bile, which, as he supposes, destroys the parenchyma by a process of liquefaction. Bright, Frerichs, and others consider the morbid process as inflammatory, and, according to this view, the affection is neither more nor less than acute hepatitis. Of these two explanations, neither is satisfactory. With our present knowledge, we must confess ignorance of the process or processes by which such remarkable anatomical changes are brought about. The symptomatic phenomena are doubtless in a measure due to the suspension of the hepatic functions. The convulsions and coma, however, may fairly be attributed to uræmia.

The causation is not less obscure than the pathology. The affection is most apt to occur between 20 and 30 years of age. Of 31 cases, 20 were between these ages, 6 were between 10 and 20, and only 5 were over 30. Various causes have been conjectured, but we are without any positive knowledge of its etiology. Females are more predisposed to it than males. Of 31 cases, 22 were females, and, of these 22 cases, one-half were attacked during pregnancy. The latter is a striking fact, yet, 33,000 cases of pregnancy, analyzed by Spaeth, afforded only two examples of acute atrophy of the liver.

Since the foregoing was written, a typical case has fallen under my observation in Bellevue Hospital. A condensed history of this case is as follows: A female, aged 21 years, was admitted February 18, 1865. When admitted, she was intensely jaundiced, and so lethargic as not to be able to communicate anything of the previous history. With much effort she could be aroused sufficiently to reply to some questions, but immediately relapsed into deep somnolency. She resisted attempts to administer remedies. The pulse was 65, the surface cool, the pupils were natural, and there was sordes about the teeth. There was considerable tenderness over the liver, and, by percussion, the organ appeared to be diminished in size. At times she evinced a certain degree of consciousness by calling for food and facilities for attending to other wants of nature. There were no convulsions. The somnolency eventuated in coma, and death took place February 25.

On examination after death, the liver was found to be much reduced in volume, more especially in thickness; its weight was 1 pound 13 ounces. It had a mottled appearance, and was quite flaccid. On section, it presented a homogeneous, structureless appearance; the color was deep ochre, and its consistence was almost pulpy. On microscopical examination, the liver cells had lost their characteristic appearance, and appeared to be mere conglomerations of coarse brown granular matter, without nuclei, but with considerable oil. The field also contained free oil drops and granular matter. The convoluted tubes of the kidneys had lost their epithelium, and were filled with granular matter. There was no disease of the duodenum, nor obstruction of the biliary ducts. The organs within the chest were healthy. The head was not opened.

The diagnosis, after the affection is developed, is to be made by attention to the striking features which belong to its clinical history, and by excluding other grave affections which are liable to be accompanied by jaundice Typhus fever, remitting fever, pyæmia, and certain local inflammations, if jaundice occur, may present some of the symptoms of this affection, but, in general, they are, severally, to be recognized by diagnostic phenomena which do not belong to the symptomatology of acute atrophy of the liver, or their exclusion is to be based on the absence of these phenomena. Progressive diminution of the size of the liver may generally be ascertained by physical exploration, and this is a capital point in the diagnosis. Frerichs attaches much importance to the presence of crystals of leucine and tyrocine in the sediment of the urine.

A few words will embrace all that is to be said with reference to treatment. With our present knowledge, little is to be expected, beyond palliation, from remedies. Drastic purgatives and emetics have been advised, but the propriety of these or other perturbatory measures, is very doubtful. Symptoms which furnish indications for palliative remedies are vomiting and hemorrhages. For the vomiting and gastrorrhagia ice in small pieces, bismuth, and anodynes may be prescribed. The mineral acids are appropriate. The symptoms referable to the circulation, viz., the frequency and feebleness of the pulse, with coolness of the surface, indicate tonics and stimulants. Inasmuch as the convulsions and coma are probably due to uræmia, it would be desirable, if possible, to excite the action of the kidneys; and, if this be not practicable, the hot air bath, and perhaps hydragogues, suggest themselves as means of effecting the vicarious elimination of urea. Hemorrhage from the bowels calls for astringent remedies. Revulsive applications over the site of the liver, by means of fomentations and stimulating embrocations or rubefacients, may be of some service.

HYDATID TUMORS OF THE LIVER.

A hydatid tumor consists of a sac, more or less thick and resisting according to its age, which contains a membranous bladder filled with a clear liquid, resembling water. This bladder is not adherent to the surrounding sac; it may contain nothing but liquid, but generally it contains a greater or less number of floating globular or ovoid cysts, varying in size from that of a pea to a hen's egg. The number of these cysts contained within the membranous bladder, or the so-called mother cyst, varies greatly in different cases. They may be few or the number may amount to hundreds and even thousands. The mother cyst, and the cysts which it contains (which Frerichs calls the daughter vesicles), are now commonly known as *hydatids*. They were formerly called, after Laennec, *acephalocysts*. Within the hydatid cysts are found, in more or less abundance, adherent to the inner surface, minute white particles which Budd compares to diminutive fish spawn. Examined with the microscope, these minute bodies are found to be immature tæniæ, and they are called *echinococci hominis*. The echinococcus, so long as it is contained within the hydatid cyst, remains undeveloped, but, finding its way into the alimentary canal of certain animals, it is developed into a tapeworm. The hydatid cysts may contain only the remains of echinococci, viz., shreds of membrane, and the characteristic hooklets which encircle the head of the animal in its immature, as well as its fully developed state.

For a fuller description of hydatids and echinococci the reader is referred to treatises on morbid anatomy, or to works treating especially of entozoa—a subject which has acquired great interest and importance from recent researches.[1]

The liver is the most frequent habitat of hydatid tumors; they occur here oftener than in all other parts collectively. Usually there exists but a single tumor, but sometimes there are two, three, or more. Similar tumors sometimes coexist in other organs, more especially in the lungs and spleen. They vary in size, in different cases, both in the liver and elsewhere, from a minute cyst to a tumor as large as a child's head. They may exist in any part of the liver, being situated sometimes deep within the gland and sometimes near the surface.

The pathological history of hydatid tumors offers important differences in different cases. The growth of the tumor in a certain proportion of cases is arrested by the thickness and density of the sac, which sometimes becomes calcareous. Under these circumstances, the contained hydatids shrivel up and are destroyed; the echinococci die, and an examination after death shows the debris of the former and the hooklets of the latter, with cholesterine, hematoidin, and inspissated bile. This is a mode of spontaneous cure occurring in a large proportion of cases. It is supposed that the destruction of the hydatids and the echinococci is sometimes due to the passage of bile into the mother cyst.

In other cases the hydatid tumor continues to grow until it attains to a considerable or large size, projecting from the periphery of the liver and making pressure on the surrounding parts. The most frequent direction of the tumor is against the diaphragm, pushing it upward more or less within the thoracic space. The diaphragm has been observed to be pushed upward as high as the first rib, and even to the clavicle. Situated in the left lobe of the liver, it may push the parts before it into the left thoracic space, displacing the heart. Situated at the lower part of the liver, it presses against the colon and small intestines, and may extend nearly or quite to the brim of the pelvis. Situated near the anterior surface of the liver, it extends in an outward direction, and may appear as a fluctuating tumor at any point over the site of the organ.

Bursting of the tumor is an important event in its pathological history. Extending into the thoracic space, it may open and discharge its contents into the pleural sac, giving rise to acute pleuritis which is apt to prove fatal. A far more favorable occurrence is an opening into the bronchial tubes, escape into the pleural sac being prevented by partial pleuritis followed by adhesions at the point of perforation of the diaphragm. The hydatids are then expectorated, and such cases offer a fair prospect of recovery. The opening may take place into the peritoneal cavity, and fatal peritonitis is then induced; or, the opening having been preceded by partial peritonitis and adhesions, it takes place into the stomach or colon. The hydatids are then discharged by vomiting or stool, and recovery may take place. It may burst into the pericardium, and a fatal result is immediate. Another fatal direction is into the vena cava. The hydatids then, getting into the venous circulation, are carried to the right side of the heart, and destroy life by plugging the branches of the pulmonary artery. It may open into the gall-bladder or biliary passages, and the hydatids may pass through the common duct, or, becoming impacted within it, give rise to obstruction to the flow of bile into the duodenum.

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[1] The medical student or practitioner desirous of knowing all that is known respecting these and other entozoa should consult the work by Davaine, entitled Traité des Entozoaires, etc., Paris, 1860.

And, lastly, the tumor may open externally through the abdominal walls, or in an intercostal space, under these circumstances, recovery taking place in a majority of cases.

The bursting of the tumor inwardly may be the result of a blow or fall. This has repeatedly proved a cause of sudden death in cases in which the existence of an hydatid tumor had not been suspected. In some cases suppuration takes place within the tumor, converting it into an hepatic abscess.

The clinical history offers nothing which points to this or any affection of the liver until the tumor attains to a sufficient size to occasion inconvenience by pressing on the adjacent parts. So long as the tumor is contained within the gland, it is usually completely latent. It gives rise to no pain nor tenderness, and the hepatic functions are not appreciably disturbed. Tumors of considerable size are not infrequently discovered unexpectedly in autopsical examinations. If, however, a tumor be situated near the periphery, and project considerably beyond the organ, it is apt to give rise to local symptoms directing the attention to the part. Usually, under these circumstances, pain is slight or wanting, but a sense of fulness and uneasiness is felt in the neighborhood of the liver. When pain is present, it is due mainly to inflammation developed by the pressure of the tumor. The pressure upon adjacent parts gives rise to symptoms which differ according to the direction in which the tumor extends. Extending into the thoracic space, it gives rise to dyspnœa on exertion, cough, and palpitation. Pressure on the stomach and intestines is liable to produce vomiting and constipation. If the vena cava be compressed, œdema of the lower extremities follows. The growth of the tumor is slow and attended with little or no constitutional disturbance. There is no febrile movement, and the nutrition of the body may be unimpaired.

Important local and general symptoms, however, are incident to the bursting of the tumor, or the discharge of its contents by ulceration. These symptoms will depend on the direction in which the opening occurs. As already stated, pleuritis, pericarditis, and peritonitis, are results of the opening, respectively, into the pleural, pericardial, and peritoneal cavities, and the two latter affections, thus induced, are uniformly fatal. The first of these three affections is very apt to prove fatal. Opening into the vena cava, it gives rise to the symptoms of obstruction of the pulmonary circulation from thrombosis. If the lung be perforated without general pleuritis, pneumonitis is apt to follow; cough and expectoration are prominent symptoms, and in the latter are contained, from time to time, hydatids, together with bile in some cases. If perforation of the lung ensue after the evacuation into the pleural sac, the phenomena of pneumo-hydrothorax are developed. Perforation of the stomach or colon is usually attended with severe pain, and is followed by the discharge, either by vomiting or stool, of hydatids. The discharge of the hydatids into the biliary passages gives rise to jaundice. Jaundice, irrespective of this cause, is rare in cases of hydatid tumor. Dropsy of the peritoneum does not belong to the clinical history of the affection. Both jaundice and hydro-peritoneum, however, are occasionally effects of the pressure of the tumor on the biliary passages without the liver, and on the vena portæ.

A diagnosis is impracticable so long as the growth does not extend beyond the gland. The affection can only be recognized when either the tumor is discoverable by physical examination, or hydatids are discharged through some outlet. A tumor extending from the anterior surface, or from the inner or lower margin of the liver, after it has attained to a certain size, is apparent to the touch. The diagnosis now involves its discrimination from other tumors. When situated over the liver, it is to be discriminated from cancer and hepatic abscess. This discrimination may generally be made without much difficulty. From cancer it is distinguished by its smooth and globular form, its elasticity and the sense of fluctuation, freedom from pain, and absence of the cancerous cachexia. From hepatic abscess it is distinguished by the slowness of its growth, absence of pain and tenderness, and by its being unattended by the constitutional symptoms to which suppuration generally gives rise, viz., chills, febrile movement, etc. Extending from the inner border, it is to be discriminated from cancer of the stomach or pancreas, and from an aneurismal tumor. The connection of the hydatid tumor with the liver, and the disconnection of other tumors, may generally be ascertained by palpation and percussion. Cancer of the stomach or pancreas is usually accompanied by pain, and, in the former situation, by notable gastric symptoms, and the cancerous cachexia may be apparent. The cancerous tumor is generally irregular or lobulated. An aneurismal tumor is distinguished by its anterior and lateral pulsation, the frequent occurrence of murmur, and generally by persisting gnawing pain referable to the back.

A physical sign, sometimes obtained by percussion, is highly distinctive of a hydatid tumor. If percussion be made upon the tumor, the fingers of the left hand or the whole hand being placed over the tumor, the collision of the floating hydatids with each other causes a characteristic tactile vibration known as the hydatid fremitus. The sensation is compared to that felt when percussion is made upon the hand resting on a mass of jelly. M. Briancon has shown, by filling an ordinary bladder with liquid, and introducing a greater or less number of hydatids, that this sign is due to the latter, and that, other things being equal, the fremitus is marked in proportion to the number of hydatids introduced.[1] By placing the stethoscope over the tumor, and practising percussion, a peculiar sound is elicited, which, in some cases, has a musical intonation like the sound from a violoncello. These signs are obtained in only a certain number of cases, the proportion being about one-half, according to Frerichs.

An hydatid tumor, encroaching more or less upon the thoracic space, gives rise to flatness on percussion, and absence of respiratory murmur from the base of the chest upward in proportion to the height to which the tumor extends, with, perhaps, more or less displacement of the heart. The signs are those of pleuritis with effusion. Attention to the following point will suffice for the discrimination in many if not most cases. In pleuritis, the level of the liquid effusion, when the patient is sitting or standing, is denoted by flatness extending upward on each aspect of the affected side of the chest, to about the same distance; in other words, the upper limit of the flatness is indicated by a line passing horizontally, or nearly so, around the affected side. But the flatness due to a tumor extending into the thoracic space generally has an irregular limit—that is, the flatness extends higher at some than at other points. Moreover, the test of the presence of liquid effusion, afforded by the results of percussion when the position of the body is changed from the vertical to the recumbent, is not available in the case of a tumor.

The diagnosis in cases in which the tumor opens externally, or its contents are discharged by expectoration, vomiting, or stool, is established by the discovery of hydatids either entire, or the remains left after their destruction. If entire, they are easily recognized with the naked eye. If not entire, the microscope is to be employed to discover shreds of the characteristic membrane, and hooklets of echinococci.

There is still another means of arriving at a positive diagnosis, viz., by introducing into the tumor an exploring canula, and withdrawing a little of the liquid. If a clear liquid, like water, escapes, which does not coagulate by the addition of an acid, and, on evaporation, leaves crystals of the chloride of sodium, there can scarcely be room for doubt as to the character of the tumor. If the hydatids are destroyed, the liquid may be turbid. In this case, microscopical examination may show booklets of echinococci. An exploring puncture, made with a very small instrument, is attended with little or no danger.

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[1] *Vide* Davaine, op. cit.

A tumor caused by distension of the gall-bladder offers, in its general physical characters, a close resemblance to an hydatid tumor. But as a large accumulation of bile in the gall-bladder involves obstruction of the common duct, jaundice necessarily exists, and in an intense degree. This goes far in the differential diagnosis. Other points are, the form of the tumor resembling that of the gall-bladder, viz., egg-shaped, and its situation at the inferior border of the liver.

Age is of some account in the diagnosis. Hydatids occur mostly in middle life, rarely in childhood or old age. They occur most frequently among the lower classes of society. It may be stated, in this connection, that they occur more frequently in some countries than in others. They are certainly extremely rare in this country.

Hydatid tumors are not in themselves serious except from their size. They do harm by pressure upon adjacent parts. They prove serious, also, by opening into situations in which grave or fatal diseases are induced. The prognosis in these cases has been already stated. If the opening occur in a situation whence the contents are discharged from the body, viz., through the integument, into the bronchi, or the alimentary canal, recovery may be hoped for, or expected, according to the circumstances in individual cases. If recovery do not take place, the fatal termination is preceded by protracted irritation and progressive exhaustion due, generally, to suppuration within the sac.

The growth of the tumors is generally extremely slow, and, hence, the duration of the affection is long. After the existence of a tumor is ascertained, many months, and in some cases, many years, elapse before it attains to a size sufficient to cause serious results or great inconvenience. Of 24 cases analyzed by Barrier (cited by Frerichs), in 3 the affection lasted for 2 years; in 8, for periods between 2 and 4 years; in 4, from 4 to 6 years, and single cases exemplified its duration for 15, 18, 20, and 30 years.

In the treatment of hydatid tumors of the liver, there are two objects to which measures may be directed. One object is the evacuation of the tumor; the other object is to arrest its growth and promote absorption of its contents. Medicinal means are applicable to the last-named object only; the first object is, of course, to be effected exclusively by surgical interference.

Several internal remedies have been proposed as capable of destroying the hydatids. When this takes place, the tumor ceases to grow, and, gradually diminishing in size, may finally disappear. This is the mode in which a spontaneous cure not infrequently takes place. Calomel, common salt, and the iodide of potassium, have been thought to have the power of effecting the destruction of the hydatids, these remedies acting by being absorbed and exerting a poisonous effect upon the entozoa. Their efficacy, however, does not appear to have been established by clinical observation. There is no well-authenticated case in which either of these remedies, or any other, has proved successful. With our present knowledge, a cure is not to be effected in this way, and the curative treatment, therefore, relates exclusively to surgical measures.

The most effective surgical measure, in certain cases, is to make an incision into the tumor, sufficiently large to remove both the liquid and the hydatids which it may contain. This operation is warrantable, if not advisable, whenever the tumor extends in an outward direction, provided adhesions have taken place around a space in which the opening is made, so that there is no danger of the escape of the contents into the peritoneal sac. A method of determining whether adhesions exist or not, is to ascertain whether the tumor, or the liver, be depressed by a forced inspiration, or remain fixed in the same position. This point is readily ascertained by marking on the chest or abdomen the situation of the tumor, or the lower margin of the liver, or its upper margin, successively at the end of an expiratory and an inspiratory act. After evacuating the tumor, cicatrization may be expected to follow, but this result may be preceded by suppuration within the sac, which may be continued so as to involve danger from constitutional irritation and exhaustion. If there be doubt as to the existence of adhesions, an incision may be made down to the tumor, and the wound kept open with lint for several days before opening the tumor, as in cases of hepatic abscess. Opening the tumor by means of caustic applications, after the method of Récamier, is more tedious and painful, without affording more security than the former method.

Another method of surgical treatment is to withdraw more or less of the liquid by means of a small exploring canula, employing a certain amount of suction force if necessary. A portion of the liquid may be withdrawn at one operation, and the operation repeated from time to time. The effect of this procedure is to diminish the size of the tumor, and to destroy the hydatids, a cure taking place somewhat as it does spontaneously when the liquid is absorbed after the destruction of the hydatids. And if the hydatids be not destroyed by withdrawing the liquid, a médicated liquid may be injected into the sac with a view of effecting their destruction. Iodine, alcohol, and bile have been employed for this purpose. These measures have been successfully employed in several cases.[1]

Evacuation by means of a small canula in cases in which the tumor extends within the thoracic space, or projects from the margin of the liver into the abdomen, may involve a certain amount of danger from the escape of the liquid into the pleural or peritoneal cavity. A precaution to be observed with reference to this accident, is enforced by Boinet, viz., to make firm pressure over the tumor for some time after the canula is withdrawn; afterward a firm bandage with a compress should be applied. As a set-off against some risk from the operation, the liability of rupture taking place and the discharge of the contents of the tumor into these cavities, is to be borne in mind.

Jobert recommends leaving the canula in the sac for twenty-four hours in order to excite a certain amount of inflammation, and to prevent an escape of the liquid into the serous cavity.[2]

An Iceland physician, Dr. Thorarensen, has reported a case in which repeated shocks of electricity, conveyed within the tumor by means of steel needles, destroyed the entozoa and effected a cure. This method of treatment merits further trial.

Aside from surgical interference, the treatment of hydatid tumors of the liver embraces only such palliative measures as may be indicated by the circumstances pertaining to individual cases. The treatment of pleuritis, pneumonitis, and peritonitis induced by the discharge of the contents of the tumor, does not claim distinct consideration.

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[1] *Vide* Davaine, op. cit.

[2] I have been led to consider briefly the surgical treatment of hydatids of the liver, from the fact that I do not find it considered in several comprehensive works on surgery which I have consulted.

PIGMENTARY DEPOSIT WITHIN THE LIVER.

A deposit of dark-colored granules in the liver, giving to the organ a steel-gray, chocolate, or bronzed appearance, is observed not infrequently after death from the so-called malarious fevers. A similar deposit generally coexists in the spleen, and may be found in other organs. It is found in the blood, especially within the portal vessels. The source of the pigmentary matter, together with its pathological relations and effects, cannot be considered as settled. With our present knowledge, the pigment liver is hardly entitled to be reckoned in the list of hepatic affections. It will be referred to hereafter as entering into the anatomical characters of the periodical fevers.

HYPERTROPHY OF THE LIVER.

Hypertrophy of the liver was supposed to be not infrequent, before the several degenerative affections to which this organ is liable were as well understood as now. The volume of the liver is often increased, but it may be doubted whether this ever proceeds from hypertrophy. The existence of true hypertrophy, as a morbid lesion of the liver, is questionable. At all events, the physician is never called upon to recognize and treat hypertrophy of this organ. The meaning of true hypertrophy is, of course, to be borne in mind, viz., abnormal growth of a part, with no abnormal change in composition or structure.

CHAPTER XIII.

DISEASES AFFECTING THE SOLID OR COLLATITIOUS VISCERA OF THE ABDOMEN.—CONCLUDED.

Diseases Affecting the Biliary Passages—Jaundice or Icterus—Functional Affections of the Liver—Affections of the Spleen—Affections of the Pancreas.

DISEASES AFFECTING THE BILIARY PASSAGES.

THE diseases affecting the liver which have been considered relate, for the most part, to the parenchyma or substance of the organ. The biliary passages within and without the liver, inclusive of the gall-bladder, are liable to disease. Inflammation of the mucous membrane lining the excretory ducts is probably an affection of not infrequent occurrence. Ordinary inflammation, that is, analogous to inflammation of other mucous membranes, constitutes, as there is reason to believe, the pathological condition giving rise to the affection called icterus or jaundice, in the majority of the cases in which this affection is not incident to structural lesions of the liver or surrounding parts. The opportunity of obtaining autopsical proof of this is rarely offered, because ordinary inflammation in this situation does not prove fatal. The swelling of the membrane and the accumulation of mucus within the ducts occasion more or less obstruction to the passage of the bile; hence its reabsorption, constituting jaundice. The clinical history of cases of jaundice referable to this pathological condition generally shows the inflammation to have had its point of departure in the duodenum, extending thence into the common duct, and perhaps to a greater or less extent into the hepatic duct and its branches within the liver.

In some cases of inflammation of the mucous membrane of the ducts an exudation of lymph takes place, and occlusion of the ducts may follow. Complete closure of the common duct, in addition to jaundice, leads to an accumulation of bile within the gall-bladder. The gall-bladder, under these circumstances, may become enormously distended. In a case related by Van Swieten it contained eight pounds of thick bile. In a case recorded by Benson the space occupied by the distended gall-bladder was so great that dropsy of the peritoneum was supposed to exist, and paracentesis was resorted to. Frerichs, who cites these cases, has observed a case in which there was an accumulation of eighteen ounces. The accumulation of bile within the gall-bladder may also occur from the impaction of a biliary calculus in the common duct, or from obstruction of this duct due to other mechanical causes. Obstruction of the cystic duct, preventing the passage of bile into the gall-bladder, but not into the common duct and intestine, does not give rise to jaundice, but, under these circumstances, in some cases, the gall-bladder becomes greatly distended with a purulent liquid due to inflammation of the lining membrane of the gall-bladder. A case has been reported by Prof. Pepper in which the gall-bladder contained after death two quarts of purulent liquid mixed with bile, the cystic duct being completely closed by false membrane.[1] In some cases of obstruction of the cystic duct the gall-bladder becomes distended with a serous liquid. In these cases the affection is considered as dropsical, and has been called *hydrops cystidis felleæ*. The liquid, however, is not purely a transudation, but contains more or less of inflammatory products.

The gall-bladder distended by liquid forms a tumor which is to be discriminated from a hydatid tumor and hepatic abscess. The situation of the tumor, its form before dilatation takes place sufficiently to distort it, and, exclusive of the cases in which the obstruction is in the cystic duct, coexisting jaundice are to be relied upon in making the discrimination. The antecedent history and the accompanying symptoms are also to be taken into account. The distending liquid may be presumed to be bile when coexisting jaundice and absence of bile in the stools show the common duct to be obstructed; and the liquid is either purulent or sero-purulent if the absence of jaundice shows the obstruction to be in the cystic duct. An exploration of the tumor by means of a very small trocar or needle may be warrantable, in cases of doubt, as a means of diagnosis.

The treatment must have reference to the circumstances in individual cases. Puncturing the gall-bladder, in order to discharge its contents, is to be resorted to when, from the degree of dilatation, there is danger of rupture taking place into the peritoneal cavity. The latter accident is followed by fatal peritonitis. If punctured, the same precautions are to be taken, with reference to peritoneal adhesions, as in opening an hepatic abscess.

Ulceration of the gall-bladder and of the excretory ducts, as an occasional effect of the presence of calculi, has been already referred to in treating of the passage of gall-stones or hepatic colic. Ulceration of the gall-bladder is sometimes a result of inflammation, irrespective of biliary calculi or distension from obstruction. The symptoms of *cholecystitis*, as it has been called, however, do not point to its existence, nor, perhaps, to the existence of any affection. I have met with a case of ulceration and perforation resulting, apparently, from an abscess between the coats of the gall-bladder, nd, in this case, there were no symptoms of any disease prior to the sudden levelopment of peritonitis due to the perforation. There were no calculi in his case.

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[1] American Journal of Medical Sciences, Jan. 1857.

The gall-bladder is sometimes the seat of cancer. In most cases, however, rhen seated here, it is secondary to cancer of the liver.

The *ascaris lumbricoides*, or round worm, occasionally migrates from the ntestine into the excretory ducts of the liver, and may pass into the branches f the hepatic duct within the liver. Dilatation of these ducts is a lesion rising from persisting obstruction of the hepatic or common duct from any ause.

The entozoa known as the *Distoma Hepaticum* and *Distoma Lanceolatum*, r *liver-flukes*, which are common in the biliary passages of ruminant animals, ave been occasionally found in man. They give rise to no symptoms by rhich their existence could be suspected. With our present knowledge, they ave no interest or importance, in a pathological view, as occurring in the uman species.

JAUNDICE, OR ICTERUS.

The presence of bile-pigment in the blood, in sufficient quantity to give to he conjunctival membrane of the eye and to the skin a yellow color, greater r less in degree, constitutes the morbid condition known as *Icterus*, or *aundice*. The term *cholæmia* denotes the presence of bile in the blood, nd, under this head, in treating of the morbid conditions of the blood in *Part First*, has been considered the general pathology of the affection to be now riefly noticed. Of the two terms, icterus and jaundice, the latter is more ommonly used. Both terms, as regards their significance, relate to yellowess of the surface.

Jaundice is strictly never an individual disease. It is merely an effect or ymptom of disease. But as it is an obvious and striking morbid condition, lependent not on one affection, but on various affections, and occurring when ts causation is not evident, for convenience it is regarded, in certain cases, s an individual disease. Not a few morbid conditions, nosologically classed s individual diseases, are in like manner, in reality, only symptoms or effects f disease. In recognizing jaundice as an individual disease, cases are to be xcluded in which it is incidental to an affection, the existence of which is learly made out. Thus, jaundice occurs in certain cases of all the hepatic ffections which have been considered, viz., acute hepatitis, cirrhosis, portal hlebitis, cancer, etc. etc. Under these circumstances, it is to be regarded s merely a symptom. It is to be deemed an individual disease only when he rationale of its occurrence, although perhaps probable, is not positive.

The presence of bile-pigment in the blood, or cholæmia, is due to the eabsorption of bile, within the liver, after its secretion. The biliverdin and he biliary salts (the glyco-cholate and tauro-cholate of soda) are formed within the liver, that is, they do not pre-exist in the blood. The bile, however, does contain at least one excrementitious principle, viz., cholesterin. The latter constituent of bile will accumulate in the blood if the secretion of the liver be from any cause suspended. The other constituents just named are never present in the blood in consequence of suspension of the secretory function of the liver, but only from reabsorption after having been secreted. These, at least, are the views most consistent with our present knowledge. That the hematin of the blood may undergo a transformation into a substance analogous to or identical with biliverdin, irrespective of the action of the liver, must be regarded as conjectural.

The reabsorption of bile within the liver, in the great majority of cases, is due to obstruction to its passage into the intestine. And, as already stated, in the majority of the cases in which jaundice is to be regarded as an individual disease, it probably depends on obstruction incident to inflammation of the biliary ducts. Obstruction, however, may proceed from other causes, such as the presence of a calculus in the common or hepatic duct, lumbricoid worms in these ducts, or pressure of a tumor upon them. Is jaundice, in all instances, attributable to obstruction? Cases have occurred in which jaundice having been developed in connection with some other serious disease, and the opportunity of examination after death being afforded, no appreciable obstruction was discoverable. Moreover, the occurrence of jaundice suddenly, after a violent mental emotion, has been considered as inconsistent with mechanical obstruction. Spasm of the ducts is hardly adequate to explain these cases, and it is perhaps reasonable to conclude that, under particular conditions of the circulation within the liver, the bile or certain of its elements may enter the hepatic veins.[1]

Yellowness of the conjunctiva and skin takes place after a certain amount of bile has been reabsorbed. Prior to the appearance of jaundice, the bile-pigment may be found in the urine and in the liquid of serous cavities. The coloration of the surface depends mainly on the presence of bile-pigment in the transuded liquid which infiltrates the tissues. Other things being equal, the intensity of the yellow color is proportionate to the degree of the cholæmia. The biliverdin is readily found in the blood-serum, but, according to Frerichs, not the acids which exist in bile in combination with soda. The presence of the bile-pigment in the serum of the blood is shown by the yellow color of the liquid beneath the epidermis if a blister be applied.

The urine, in cases of jaundice, contains the coloring principle of bile in abundance. Its presence is apparent to the eye, and it gives to linen a yellow stain. The perspiration contains it, and the body-linen may also be stained yellow, especially from the abundant cutaneous secretion in the axilla. It is rarely, if ever, contained in the saliva, nor, as a rule, is it found in mucus, but it may be found in the sputa of pneumonitis developed in a person affected with jaundice. A beautiful example of conservatism is afforded by the fact that the milk of nursing women very rarely contains it, although its presence in this secretion has been observed. The humors of the eye do not contain it, except in some cases in which the jaundice is unusually intense. The "jaundiced eye" is so rare an event, that it is to be regarded as a poetical license.

The tissues in the interior of the body are more or less colored. The coloration is seen especially in the areolar tissue, the serous membranes, and the muscles. The substance of the brain escapes, except in cases in which it is unusually infiltrated with serum—that is, œdematous.

Bile in the blood acts as a sedative on the circulation and nervous system. The heart's action is usually diminished in frequency. The pulse frequently falls to 50, 40, or even much lower, in cases in which the jaundice is not associated with acute inflammation or fever, and, if thus associated, the frequency of the pulse is less than if jaundice did not coexist. The respirations diminish in frequency in proportion to the effect on the circulation. The mental faculties are dull, and there is a disposition to somnolency. Pruritus of the surface, especially in the axilla and inguinal region, troublesome more particularly at night, is an occasional symptom.

The symptoms referable to the digestive system are frequently due to coexisting duodenitis or gastro-duodenitis. Anorexia, nausea, and sometimes vomiting, thirst, more or less pain referable to the neighborhood of the epigastrium, and tenderness in that situation, are symptoms denoting subacute inflammation of the gastro-duodenal membrane. In cases of jaundice disconnected from this affection, the appetite may be but little or not at all impaired, and certain articles of food are apparently digested without difficulty. Fatty food is imperfectly digested, and chemical examination of the evacuations from the bowels shows fat in more or less abundance. Patients have an antipathy to fatty articles of diet. The nutrition for a time may be but little affected, but sooner or later loss in weight takes place, and is progressive if the jaundice continue.

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[1] The discussion of mooted pathological points relating to the transformation of the coloring matter of the blood, and of the biliary acids into bile pigment, within the vascular system, is inconsistent with the scope of this work. The treatise by Frerichs may be consulted on these as on other points relating to affections of the liver.

The appearance of the dejections is important, as affording evidence of the completeness, or otherwise, of the obstruction to the passage of bile into the intestine. If complete occlusion exist, the stools are ash or clay-colored. On the other hand, they have more or less of the yellowish or brownish color of health if the obstruction be only partial. The feces, when the intestines are devoid of bile, emit a fetid odor, due to putrefactive decomposition, and the formation of gas is frequently troublesome. Generally, the bowels are constipated, but this is by no means always the case even when complete occlusion exists.

Jaundice may exist for a greater or less period without giving rise to notable disturbance. The system sometimes tolerates the accumulation of bile for a long time. Not infrequently patients are able to be up and about as in health, experiencing but little inconvenience. The symptoms and the gravity will depend, in a great measure, on the pathological conditions with which the jaundice is associated. If the jaundice depend on inflammation of the biliary ducts in connection with subacute gastro-duodenitis, the prognosis is always favorable. The affection usually continues from one to two or three weeks. If it depend on the impaction of a gall-stone in the common or hepatic duct, the recovery will depend on the passage of the stone into the intestine, or, backward, into the gall-bladder. Permanent obstruction from a gall-stone, deposit of lymph in the ducts, or the pressure of a tumor involves, of course, persistence of the jaundice. Under these circumstances serious results may not take place for a considerable or even a long period. Cases have been observed by Graves and Stokes, Budd and others, in which the nutrition of the body was not greatly impaired for one, two, and even four years. Life has continued under these circumstances for a much longer period. Sooner or later, however, the body wastes, the patient becomes anæmic and cachectic, the vital powers gradually fail, and the termination is fatal, irrespective of the morbid condition giving rise to the jaundice, or an intercurrent affection of any other organ than the liver. In a case which I saw with Dr. J. O. Stone, of this city, the patient apparently suffering exclusively from obstruction, the cause of which was not ascertained either before or after death, the duration was about eight months. In the majority of the cases of jaundice from permanent obstruction, the duration of life does not extend beyond a few weeks or months.

When life is destroyed purely by the retention of bile, the liver is the seat of important lesions. The bile-ducts within the liver become dilated; the gall-bladder may, or may not, become distended with bile; the liver is at first increased in volume from the accumulation of bile, but subsequently its volume is diminished, and it becomes flabby and wrinkled. The persisting distension of the hepatic bile-ducts, at length leads to an arrest of the secretion of bile. According to Dr. Thomas Williams and Budd,[1] the secreting cells of the liver undergo disintegration. The correctness of this statement is denied by Frerichs. In proportion as the secretion of bile is arrested, the jaundice will diminish, and the patient may suffer from the retention in the blood of the excrementitious portion of the bile, viz., cholesterin. In some cases death is preceded by convulsions and coma. In some of these cases *cholesteræmia* may be supposed to exist. But these phenomena, in a certain proportion of cases, are due to *uræmia.* Post-mortem examinations show an accumulation of granules of bile-pigment in the uriniferous tubes, when jaundice has existed for a considerable or long period, and the uræmia proceeds from the morbid condition of kidneys. Hydroperitoneum may occur in the latter period of the affection; and general dropsy is sometimes a result of the superinduced renal affection.

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[1] Guy's Hospital Reports, Oct. 1843. *Vide* Budd, op. cit.

The diagnosis of jaundice is readily made if the examination of the patient be in the daytime. The yellowness may not be apparent by artificial light. The yellow tint of the surface seen in some cases of cancer, intermitting fever, and chlorosis, is readily discriminated from slight jaundice, by the absence of yellowness of the conjunctiva, the latter being always present in jaundice. But to determine the causative pathological conditions in individual cases, is not always easy, nor, in all cases, practicable. The dependence on inflammation of the biliary ducts connected with duodenitis or gastro-duodenitis, is to be inferred from the symptoms of the latter preceding and accompanying the jaundice, viz., anorexia, nausea, vomiting, and tenderness over, or in the neighborhood of, the epigastrium. The presence of a gall-stone may be inferred from the pre-existence and coexistence of the symptoms of hepatic colic. A tumor which presses upon the common duct may be discoverable by manual exploration. From the character of the tumor, and the coexisting symptoms, its cancerous nature may sometimes be inferred. Occlusion as a result of inflammation of the ducts exclusive of duodenitis, from lumbricoid worms in the common duct, and other causes, cannot be determined during life; the existence only of obstruction is determinable in such cases.

In the treatment of jaundice, it has been much the custom to prescribe active cathartics and emetics under an idea of removing the biliary obstruction by their operation. If, however, the jaundice be connected with duodenitis or gastro-duodenitis, not only are these measures ineffectual, but they can hardly fail to do harm. If the obstruction be caused by a gall-stone, its passage will not be hastened by these measures; and they will weaken the patient, without doing good, if the jaundice depend on a tumor pressing on the common or hepatic duct. As remedies, then, addressed to the obstruction giving rise to the jaundice, cathartics and emetics are contra-indicated.

The treatment of jaundice, in the majority of cases, is to be addressed to a subacute inflammation of the stomach and duodenum. Laxatives or cathartics are only required for the relief of constipation. And, when required, the mildest forms are to be preferred. There is no ground for the supposition that mercury exerts any special efficacy, but a few grains of calomel or blue mass frequently prove as mild and effective as any form of cathartic or laxative, followed, if necessary, by a saline draught. The latter alone will often suffice. The saline mineral waters, such as the Congress or Kissingen water, will frequently secure an adequate laxative effect. Remedies to soothe the inflamed mucous membrane are useful, such as small doses of morphia or some of the succedanea of opium, viz , belladonna, hyoscyamus, conium, etc. Conium has been considered as a remedy having a special efficacy in jaundice. Its apparent efficacy may be accounted for, in part, by its usefulness as a soothing remedy, and, partly, by its supplanting active cathartics and emetics which are injurious. The diet should be bland and digestible. Fatty articles of food should be excluded, and to these the patient generally has an antipathy. A blister over the epigastrium has seemed to me to be useful. Accidental symptoms will, of course, claim appropriate palliative measures.

In cases of jaundice connected with the passage of gall-stones, the palliation of pain is the chief object of treatment. The occurrence of jaundice does not add indications to those which have been already considered as pertaining to the passage of gall-stones, or hepatic colic.

Jaundice dependent on irremediable causes, such as permanent occlusion of the biliary ducts or the pressure of a tumor, does not admit of cure. And the existence of an irremediable cause is to be inferred when the jaundice persists for several weeks or months. A fecal tumor in the transverse colon has been known to give rise to jaundice by pressing on the common duct. Such a tumor may be removed, but, in general, tumors so situated as to produce obstruction are persisting. The several objects of treatment, as regards the jaundice, are, the elimination of bile by the renal and cutaneous emunctories and the support of the powers of life in order to postpone, as long as possible, the fatal termination. With a view to the elimination of bile, the action of the kidneys may be excited by the vegetable diuretic remedies, and the functions of the skin maintained by the use of the warm bath and guarding against vicissitudes of temperature. The powers of life are to be supported by a nutritious diet, together with all the hygienic means, moral and physical, of invigorating the system.

In cases of jaundice ending in recovery, it is to be borne in mind that the yellowness of the skin continues for some time after the reabsorption of bile has ceased. The coloring matter, being without the vessels, remains when the cholæmia no longer exists. Of the continuance of the cholæmia, or of the conditions which occasioned the jaundice, the urine affords the most reliable evidence. The affection is to be considered as having ended when the coloring matter ceases to be apparent in the urine. According to Frerichs, the bile acids are not to be found in the urine in cases of jaundice. Harley, however, states that they are present as long as bile is reabsorbed, and that when the secretory function becomes much impaired in cases of persisting jaundice, these acids are replaced by leucine and tyrosine.[1]

FUNCTIONAL AFFECTIONS OF THE LIVER.

The functional affections of the liver relate to the circulation of blood within the organ, and to its secretory functions. The consideration of these affections will be brief. They have heretofore held a prominent place in pathological speculations, and they are still often mentioned by physicians in conversing with each other and with their patients. But the amount of our actual knowledge of hepatic disorders, exclusive of the affections already considered, is extremely limited. In a clinical point of view, with our present knowledge, the importance of the functional affections of the liver is in striking contrast with the frequency with which the organ is referred to as the source of morbid phenomena.

Congestion of the liver is incident to lesions of the heart involving impediment to the venous circulation. This impediment arises especially from contraction of the tricuspid orifice, which is a rare lesion. It follows contraction at the pulmonic orifice, and this is not a frequent lesion. Mitral lesions lead to it by inducing dilatation of the right side of the heart. It also arises from over-distension and dilatation of the right side of the heart as a result of emphysema of the lungs. The accumulation of blood within the liver, in certain cases of cardiac disease, occasions enlargement of the organ as determined by physical examination, and the size of the organ is sometimes observed to vary considerably at different times, owing to differences in the degree of congestion. The organ is found to be congested after death, the *intra*-lobular veins being especially conspicuous, and contributing not infrequently to the appearance characteristic of the so-called nutmeg liver.

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[1] Jaundice, its Pathology and Treatment, London, 1863. Aitken, *op. cit.*

It is difficult to say how far the hepatic congestion in these cases is important as interfering with the secretory functions of the liver. The obstruction to the flow of blood in the hepatic veins induces portal congestion, and the latter is supposed to give rise to indigestion, loss of appetite, and other symptoms referable to the digestive system. Saline laxatives are considered as useful by relieving temporarily the portal congestion. The congestion due to cardiac lesions is chronic, and admits of only palliative treatment.

Congestion, transient or less persisting, and not produced mechanically, as in diseases of the heart, is attributed to over-ingestion of food, especially of a stimulating quality, alcoholic drinks, and the use of condiments which excite the stomach, such as pepper and mustard. The heat in tropical climates, and the special cause of periodical fever, are supposed to give rise to hepatic congestion. A sense of weight in the right hypochondrium, impaired appetite and digestion, sometimes nausea and vomiting, a bitter taste in the mouth, pain in the head, and a sallow complexion, are symptoms often attributed to hepatic congestion. It is by no means certain that this pathological condition is represented by the foregoing symptoms. Hepatic congestion from other than mechanical causes doubtless occurs, but the agencies producing it and its morbid effects are not understood. The diagnosis, with our present knowledge, is not practicable, and the physician, therefore, in treating it acts upon the suspicion of its existence.

Hemorrhage into the liver is an event extremely infrequent, which may be due to hepatic congestion. In most cases, however, this event occurs in connection with hemorrhages in other situations, as in purpura and yellow fever. It has been observed in some cases of pernicious intermittent fever. It may be a result of an injury over the liver. There are no means of determining its occurrence during life.

Functional disorders of the biliary secretion are, a morbid excess, a morbid deficiency, and a vitiation of the bile. A morbid excess of bile is supposed to enter into the ætiology of diarrhœa, colic, and sporadic cholera in certain cases. Deficiency of bile is often treated as a functional affection under the name of *torpor of the liver*, remedies being given to increase the biliary secretion. A whitish or ashy color of the stools is probably evidence of deficient secretion, although this appearance may arise from undue absorption of bile from the intestinal canal. Every practitioner is familiar with this appearance of the stools in young children, and after the administration of opium The production of so-called *bilious stools* by the use of mercury is well known. Torpor of the liver is a phrase often applied to cases in which the morbid condition is obscure. It affords an acceptable explanation to patients, owing to the popular notion that the liver plays an important part in the ailments referable to digestion and the nervous system. And, whatever may be the rationale, a mercurial cathartic or laxative often affords relief of the symptoms which are vaguely called *bilious*. A deficiency of precise knowledge respecting excess and deficiency of the secretion of bile, as functional disorders, must be confessed, but, as regards vitiation of bile, the deficiency of knowledge is still greater. Acrid bile is supposed to e sometimes secreted, and the greenish color of the stools, sometimes oberved, especially in children, has been considered to denote a morbid quality f bile. It is not improbable that a vitiated bile may be secreted, but it is npossible to determine whether morbid changes are due to a faulty secretion r to causes acting within the alimentary canal; and nothing can be more ague than to regard a vitiated secretion of bile as a functional disorder furishing therapeutical indications.

The great discovery by Bernard of the production of sugar within the ver, suggests the inquiry whether important disorders may not relate to his function. A deficient production of sugar may be among the proximate morbid effects of disorganizing hepatic lesions, and of functional inactivity of the organ due to anæmia and defective innervation. But of this we have, as yet, no positive knowledge. The question whether an excessive production of sugar be not involved in the affection known as *diabetes mellitus* will come up in treating of the pathological character of that affection.

AFFECTIONS OF THE SPLEEN.

The spleen may be the seat of inflammation, acute and chronic, and of various structural affections; it is liable to vascular engorgement and to xtravasation of blood. Irrespective of engorgement, we have no knowledge of purely functional affections referable to this organ.

Acute inflammation of the spleen, or *splenitis*, must be an extremely rare affection in this country: I have no practical knowledge of it. Cases, howver, have been repeatedly observed, in which the appearances after death have afforded ample proof of its existence. Simply enlargement, softening, and congestion of the organ are not sufficient to establish the existence of nflammation. The post-mortem proof requires the presence of an inflammatory product, viz., lymph or pus.

When suppuration takes place, the pus may be infiltrated or an abscess may be formed, or the pus may be in small disseminated collections; in the atter case, pyæmia is generally associated, and purulent collections are found n other situations. In addition to the presence of inflammatory products, he organ is more or less enlarged, softened, and congested. Inflammation of the peritoneal investment of the organ is generally involved. A splenic abscess may be evacuated in different directions, like an hepatic abscess, viz., nto the chest, stomach, peritoneum, or externally through the integument. The quantity of pus in some cases of splenic abscess is enormous.

The symptoms which have been observed are, pain in the left hypochondrium and in the epigastrium, tenderness on pressure over the organ, more or less febrile movement, with anorexia, thirst, nausea, and vomiting.

The diagnosis is to be based upon these symptoms, together with the evidence of enlargement afforded by palpation and percussion, and, in some cases, the appearance of an abscess under the integument, or the discharge of pus by vomiting, stool, or expectoration, the source of the pus being traced to the spleen. Exclusive of the cases in which the existence of splenic abscess is ascertained, the diagnosis is confessedly difficult, and hence there is ground for distrusting the accuracy of the diagnosis in cases of supposed splenitis ending in recovery. The discrimination of splenic abscess from suppuration in the neighborhood of the spleen is not easy.

Owing to the uncertainty of the diagnosis, it would be difficult to collect trustworthy data for determining the proportion of cases in which the termination is fatal. If suppuration take place, the prognosis is unfavorable.

The general principles of treatment are the same as in acute inflammation affecting other parenchymatous structures, for example, the liver. In the management of splenic abscess tending to open through the integument, the same precautions are to be observed as in cases of hepatic abscess.

Chronic splenitis is supposed to exist in certain cases of enlargement of the spleen. The existence, however, of inflammation in a chronic form, is doubtful, if, after death, inflammatory products are wanting; and it is not easy to distinguish, during life, between inflammatory and non-inflammatory enlargement of this organ. More or less enlargement occurs as a concomitant or sequel of intermitting fever, and will be noticed in treating of the latter. This enlargement is commonly known, in districts in which intermitting fever prevails, as the *ague cake.* Enlargement has been already noticed as occurring in a small proportion of cases of cirrhosis of the liver. The increase of size in some of these cases is very great, and the spleen may become considerably larger than the contracted liver. Notable enlargement belongs to the history of leucocythemia. More or less enlargement and softening occur in typhoid fever and other affections. The organ sometimes is found greatly enlarged without any apparent connection with other affections. The enlargement may be of short duration, and it is then probably due mainly, or exclusively, to an accumulation of blood or engorgement. In general, when the enlargement is more or less persisting, an examination after death shows no material structural change, and, hence, the organ is to be considered as hypertrophied.

Chronic enlargement of the spleen is rarely attended with much pain or tenderness on pressure. If not greatly enlarged, there may be no local symptoms directing attention to an affection of the organ. If much enlarged, its weight occasions a sense of uneasiness and tension in the left hypochondrium. As already stated, in treating of hydro-peritoneum, there is no ground for supposing that enlargement of the spleen alone ever gives rise to peritoneal dropsy. Disconnected from the pathological associations under which it is generally presented, it may exist without any notable general symptoms.

Splenic enlargement is generally ascertained without difficulty by palpation and percussion. In some cases the enlarged organ extends upward, pushing up the diaphragm, and causing an evident projection of the false ribs of the left side of the chest. Its upper border is accurately indicated by the line of demarcation between pulmonary resonance and flatness on percussion, and the lower border is determined, approximatively, by finding the upper limit of tympanitic resonance. In other cases the organ is dragged downward by its weight, and it may descend as low as the brim of the pelvis. Under these circumstances, if the abdominal walls are thin and relaxed, the organ may be grasped by the hand, and restored to its normal position. The form will serve to distinguish it from other abdominal tumors. The hilus may sometimes be felt through the abdominal walls.

The treatment of enlargement due to either engorgement or hypertrophy, in the vast majority of cases, has reference to associated affections, viz., intermitting fever, leucocythemia, cirrhosis. In the cases met with in practice, the most frequent association by far is with intermitting fever, and the therapeutical measures indicated will be considered in treating of the latter disease. The treatment in the rare cases in which the enlargement has no apparent pathological relations, must have reference to the symptoms and general condition in individual cases. There is no special course of medication to be pursued.

Extravasation sometimes occurs in connection with vascular engorgement of the spleen, and the hemorrhage may lead to rupture of the capsule and the escape of blood into the peritoneal cavity. This has been observed in cases of intermitting fever, of typhoid fever, and during an epileptic paroxysm. Death may take place immediately, from the loss of blood, and in most of the cases which have been observed, the duration of life, after the rupture, has not exceeded twenty-four hours. The symptoms resemble those which follow intestinal perforation, and the differential diagnosis cannot be made with positiveness. Were it practicable to recognize the accident by the symptoms, the treatment would be the same as in cases of perforation, viz., opium in full doses, with perfect quietude of body. It would be proper to apply cold over the abdomen. Nothing is to be expected from treatment beyond palliation.

Most of the structural changes which have been considered in treating of the affections of the liver are occasionally found in the spleen. It is sometimes indurated, resembling, in resistance, the kidney, and microscopical examination shows a fibrinous deposit. This deposit, limited to portions of the organ at its surface, is not uncommon. The waxy or lardaceous deposit takes place in this organ connected with a similar change in the liver, or with pulmonary tuberculosis. The whole of the spleen is rarely affected, the deposit being limited to portions of the organ, and hence the organ is not much enlarged. In cases of acute tuberculosis, miliary granulations are frequently found in greater or less abundance in this organ, more especially in children. Ordinary yellow tubercle is sometimes deposited here. Cancer of the spleen is exceeding rare, and is always secondary. Hydatids have been observed in this organ, but their occurrence here is very infrequent. The organ may be simply atrophied, and is sometimes extremely wasted. These structural changes do not claim consideration as individual affections.

Our present knowledge does not enable us to understand fully the consequences of the impairment or loss of the functions of the spleen. It is well known that this organ may be removed from inferior animals without the destruction of life or serious injury to health. This fact goes to show that whatever may be its functions they are adequately performed by other organs in its absence. There is reason to believe that this statement is applicable to man as well as to inferior animals. A case of much interest, as bearing on this point, has been communicated to me by a former pupil, Dr. John L. Alston, of Texas, who, during the present civil war, has served in the army of the rebellion. The following account of the case is quoted from a letter written at Cairo, Illinois, where he was detained as a prisoner of war: "I will give you the history of a very interesting case which came under my treatment aftér the battle of Perrysville. Wm. H. Worden, aged about eighteen years, in fine health, was wounded on the 8th Oct. 1861. The ball entered the integument one inch to the left of the spinous process of the fourth lumbar vertebra, and pursued a diagonal course upward, coming out between the ninth and tenth rib half way between the sternum and spine. The ball must have entered the cavity of the abdomen, for at the orifice where it made its exit nearly the whole of the spleen protruded. The organ was not wounded, and it had a fresh and florid appearance as if it were not much strangulated. The protruding portion measured three and a half inches in length and two and a half inches in width. He came under my observation on the third day after the wound was received. My friend Surgeon Rice, of Gen. Cheatham's staff, agreed with me that the protruding substance was the spleen. I immediately threw a strong ligature around it, and each day tightened the ligature. It dropped off on the fourth day. The stump which remained plugged up the bullet-hole. No suppuration ensued, and he got well without a bad symptom. On the day after the ligature came off he was sitting up, and was walking about in five or six days afterward. He said that he lost a great deal of blood when he received the wound. When he left the hospital he was entirely well, not seeming to suffer at all from the loss of his spleen.[1] I shall look after his case when the war is over and see how he gets on."

It would be interesting to know whether the effects followed in this case which are sometimes observed after the removal of the spleen from the dog or cat, viz., a ravenous appetite and ferocity of disposition.

AFFECTIONS OF THE PANCREAS.

Owing to their infrequency, and their obscurity as regards diagnosis, affections of the pancreas require, in this work, but a passing notice. This gland may be the seat of inflammation, acute or chronic. Of all the glandular organs—liver, ovaries, testes, kidneys, etc.—the pancreas is perhaps the least liable to become inflamed. Acute *pancreatitis* has been found, on examination after death, to occur in cases of continued fever, of puerperal fever, of pyæmia, and apparently as a result of the employment of mercury. The morbid appearances denoting acute inflammation are engorgement, softening, enlargement, and suppuration. Gangrene has been observed. The symptoms which have been observed are pain referable to the epigastrium, vomiting, diarrhœa, chills, and more or less febrile movement. The data for determining the clinical history of the affection are insufficient. A discharge, by vomiting and stool, of a liquid resembling saliva, supposed to be the pancreatic secretion, has been thought to be a diagnostic symptom, but there is no reliable evidence of the correctness of this opinion. It remains to be ascertained whether the presence of fat in the stools is a diagnostic symptom. The diagnosis, with our present knowledge, is impracticable. Were it practicable to ascertain the existence of the affection before death, the indications for treatment would be the same as in other parenchymatous inflammations. An abscess of the pancreas has been known to open into the stomach. Chronic pancreatitis is, if possible, even more obscure, as regards diagnostic symptoms, than the acute form of the disease. In a case observed by Wilks, death followed extreme emaciation without any symptoms pointing to the seat of the disease.[2] From what has been stated with regard to the diagnosis, it follows that it is impossible to form an opinion as to the proportion of cases in which either acute or chronic pancreatitis ends in recovery.

The pancreas is sometimes the seat of cancer, which is generally secondary to cancerous deposits in adjacent parts. According to Wilks, in a certain proportion of the cases regarded as cases of scirrhus, the affection is chronic inflammation of the areolar tissue which enters into the composition of this organ, constituting an affection analogous to cirrhosis of the liver, and the two affections are apt to be associated. Enlargement of the head of the pancreas from chronic inflammation, cancerous disease, or the formation of cysts, may constitute a tumor discoverable by manual exploration. The diagnosis involves its discrimination from other tumors in the same situation. It is most likely to be confounded with aneurism of the aorta and cancer of the pylorus. A pulsation may be communicated to the tumor from the aorta, and this will suggest the idea of aneurism. The diagnostic symptoms and signs of aneurism of the abdominal aorta are to be sought for, and this affection excluded by their absence.[3] Cancer of the pylorus is to be excluded by the absence of the gastric symptoms which usually accompany this affection.[1] The connection of structural disease of the pancreas and fatty diarrhœa has been considered in treating of the latter. The presence of free fat in the alvine dejections, taken in connection with a tumor supposed to be an enlarged pancreas, is undoubtedly a point of much weight in the diagnosis. The absence of fatty dejections, under these circumstances, is not proof against, but their existence is strong evidence for, the supposition that the tumor is pancreatic.

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[1] It would appear from Dr. Alston's account that about two-thirds of the organ was removed.

[2] Pathological Anatomy.

[3] *Vide* page 488.

Enlargement of the head of the pancreas may give rise to serious results from pressure upon adjacent parts. The duct leading from the pancreas is sometimes compressed, and dilatation of its branches within the organ ensues. Pressure upon the *ductus communis*, involving obstruction to the flow of bile, is followed by the retention of this secretion, causing persistent jaundice, dilatation of the bile-ducts, and, at length, disorganization of the liver. Wilks states that in the cases of jaundice associated with enlargement of the head of the pancreas, which have come under his observation, the obstruction and retention of bile have been due, not to the pressure of the pancreatic tumor on the common duct, but to associated disease of Glisson's capsule or cirrhosis of the liver. An enlarged pancreas may cause obstruction of the pylorus or duodenum, and this renders it difficult to differentiate the affection from cancer of the pylorus. Pressure upon the portal vein may exist to an extent to give rise to hydro-peritoneum.

Finally, calculi sometimes form within the pancreatic ducts, varying in size from that of a pea to an almond. These have been found in considerable number. In their journey along the excretory passage to the duodenum, they may occasion severe pain, resembling that caused by biliary calculi. Paroxysms of pain due to the passage of pancreatic calculi, or attacks of pancreatic colic, are doubtless sometimes attributed to gall-stones, nor is it practicable, with our present knowledge, to make the differential diagnosis. The differential diagnosis is not, practically, very important, since the indications for treatment are the same in either case. Clinical observation with reference to the presence of free fat in the dejections, may show this symptom to be present in cases in which, without special attention, it is overlooked, and it may be found that this symptom is of much value in the diagnosis of affections of the pancreas.

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[1] *Vide* page 437.

SECTION FOURTH.

DISEASES AFFECTING THE NERVOUS SYSTEM.

CHAPTER I.

Preliminary Remarks—Congestion of the Brain, Active and Passive—Apoplexy—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Insolation or Sun-stroke.

The parts composing the nervous system, are, *first*, the brain and spinal cord, which, with the nerves therewith directly connected, form the *cerebro-spinal axis;* and, *second*, a series of ganglia situated within the skull, and on each side of the spinal column, which, together with nerves distributed to the viscera and bloodvessels, and indirectly connected with the cerebro-spinal axis, constitute the division commonly called the *sympathetic system.* The latter division of the nervous system, although doubtless largely involved in pathological phenomena, is not known to be the seat of any of the diseases which are to be considered in this section. Of the morbid conditions which relate specially to the sympathetic system, we have, as yet, very little positive knowledge. The diseases affecting the nervous system, therefore, will be found to relate chiefly to the cerebro-spinal division.

Of the diseases affecting the nervous system, the greater part relate to the nervous centres—the brain and spinal cord. I shall consider, first, the diseases affecting the brain, or, more properly, the encephalon; for the relations of the membranes within the skull to the brain are such, that their affections are to be treated of in this connection. Indeed, some of the most important encephalic diseases have their point of departure in the membranes. This statement applies equally to affections within the spinal canal. The brain and its membranes are subject to morbid conditions essentially the same as in diseases of other parts of the body, viz , congestion, inflammation, hemorrhage, and various structural lesions. But there are affections of the nervous system which are peculiar to this system, and distinguished as the *neuroses.* These will be considered after having treated of the affections which, as regards pathological character, are common to this and other of the anatomical systems. Morbid conditions pertaining to the circulation are of special importance in relation to the nervous centres. Cerebral congestion is to be reckoned among the affections of the brain, and its consideration will prepare the way for treating of other affections.

CONGESTION OF THE BRAIN.

Certain peculiarities pertaining to the circulation within the cranium are of importance, as favoring the occurrence of congestion. A large proportion of blood goes to the head: it has been estimated that one-sixth of the whole mass is contained in this portion of the organism. The greater part of the intra-cranial blood is within the vessels of the membranes, including the reservoirs for venous blood which are peculiar to this situation, called the sinuses. The brain is subject to intense functional activity in emotional and intellectual acts, which increase the determination of blood to the head in conformity with the general law, that the demand for blood in parts is proportionate to the intensity of the exercise of their functions. The blood within the skull is removed from direct atmospheric pressure. Hence, it has been inferred, a suction-force must keep the intra-cranial vessels full of blood. This application of physics was pointed out by Alexander Monroe, of Edinburgh,[1] and more fully by Abercrombie and Kellie, the latter having made numerous experiments on inferior animals to show that the quantity of liquid within the skull remained the same after death from hemorrhage and from strangulation. Subsequently Dr. Burrows, of London, performed a series of experiments which appeared to disprove the results of those made by Kellie.[2] Burrows showed that the blood within the skull was apparently diminished when animals were suspended by the ears after death, and congestion was induced by suspension with the head downwards. His observations appeared to show that the suction-force was not sufficient to overcome the force of gravitation. Bennett dissents from the conclusions which Burrows deduces from his experiments, and states that, although the quantity of blood appears to differ according to the position after death, the difference is only in appearance; the blood-globules gravitate, but the amount of liquid is unaffected, for the plumpness of the brain is not lessened as it is when a hole is made in the skull, and the animal then suspended by the ears.

An inference drawn from the operation of the suction-force is, that if blood be deficient in one class of vessels, it accumulates proportionately in another class. If the amount of blood sent to the brain by the arteries be diminished, enough is detained in the veins and sinuses to make up the deficiency. Venous congestion, therefore, is necessarily incident to a defective supply of arterial blood.

Another physical point which has been assumed is, that the substance of the brain is incompressible by any amount of force which the heart can exert through the arteries, and, hence, that the blood within the skull can never exceed a certain amount. Taking this in connection with the absence of atmospheric pressure on the suction principle, and the conclusion is, that the amount of blood within the cranium can neither be increased nor diminished.

That the blood may be morbidly increased I believe to be abundantly shown by direct observation. In some cases in which death is attributable to cerebral congestion, the quantity of blood contained within the cranium is notably greater than is ever found under other circumstances. Assuming the brain-substance to be incompressible by any force which can be exerted by the heart, there is a force pertaining to the circulation which, in this connection, seems to have been overlooked, viz., the attractive force acting directly upon the blood in the capillaries, that force which is increased in active congestion and inflammation. It is difficult to estimate the extent to which this force may be morbidly increased, but, in conjunction with the force of the heart's action, it is sufficient to overcome the resistance of the brain to compression.

Congestion of the brain, as of other parts, may be active or passive. In active congestion there is an undue determination of blood; that is, more blood enters the part through the distributing arteries than can be readily returned from the part by the veins. Physiological types of this pathological condition are blushing and the erection of the penis. In passive congestion, on the other hand, the blood accumulates in a part purely in consequence of some obstacle to its return by the veins, and the quantity of blood sent to the part may not be greater, but even less, than in health.

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[1] Observations on Nervous System, 1783.

[2] Disorders of the Cerebral Circulation, etc., American edition, 1848.

Active congestion of the brain, in a degree to constitute an affection more or less grave, sometimes giving rise to apoplexy and sudden death, may be connected with simple hypertrophy of the left ventricle of the heart. A striking case of sudden death, the only pathological conditions found being intense cerebral congestion and simple hypertrophy of the heart, has been given in another section.[1] Cases of this kind are extremely infrequent, for simple hypertrophy of the heart in a marked degree is a very rare affection. The occurrence of congestion sufficient to produce sudden death (congestive apoplexy), under these circumstances, may be determined by co-operating causes which increase the action of the heart, such as exercise or mental excitement, together with causes which, at the same time, impede the return of blood to the heart, such as over-distension of the stomach. In the case just referred to, the sudden attack took place during exercise directly after a meal. In most cases of hypertrophy of the left ventricle, there exists either mitral regurgitation or aortic insufficiency, which are conservative as regards a liability to active cerebral congestion.

Insolation is another cause of active congestion. In certain cases of sun-stroke, an excessive accumulation of blood within the head is found after death. Insolation, or sun-stroke, will be hereafter considered as an individual affection.

Excessive mental or emotional activity, as in a fit of anger, is a cause of active congestion. Another cause is alcoholic stimulation. Active congestion is a pathological element in the maniacal delirium which is sometimes a direct effect of excessive indulgence in wine or spirits (*delirium ebriosum*), whereas the affection known as delirium tremens is an indirect effect, occuring usually when, from any cause, the accustomed stimulation is withdrawn or diminished.

Of the causes of active congestion of the brain, the foregoing are the more obvious. But congestion sufficient to produce speedy death may occur without any obvious cause. Of this fact I shall cite an example under the head of congestive apoplexy. Sudden coma from congestion, ending fatally or otherwise, will be considered as coming under the head of apoplexy.

The symptoms denoting active congestion of the brain of considerable intensity, but falling short of a degree sufficient to produce apoplexy or sudden coma, are as follows: Pain in the head, varying in degree, sometimes intense, with a sense of fulness, bursting, or weight. The pain is not limited to one side, nor to any particular part of the head. Delirium sometimes occurs, and, if present, is active. This symptom occurs chiefly in cases in which the congestion is due to excessive alcoholic stimulation. The countenance is flushed, the eyes are suffused or injected, with intolerance of light and sometimes scintillations. The head is hot. The carotids and temporal arteries pulsate strongly, and the patient is conscious of a throbbing sensation in the head. Inability to control mental operations, mental confusion, and momentary loss of consciousness are occasional symptoms; also vertigo, tinnitus aurium, and some embarrassment in speech. It may be doubted whether paralysis (hemiplegia) be ever due exclusively to congestion. It has been supposed that transient hemiplegia, sometimes, but very rarely, observed in cases of active congestion, may be produced solely by the accumulation of blood in the vessels; but it is perhaps more reasonable to think that there exists some additional cause for the paralysis.

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[1] *Vide* page 292.

The symptoms just enumerated point very distinctly to the existence of active congestion of the brain. The symptoms are those of the first stage of acute inflammation of the meninges of the brain, and the pathological condition is, in fact, the same. This discrimination cannot at once be made with positiveness, but the differential diagnosis is soon settled by the course of events. Practically, the discrimination is not of great importance. Reference is now had to congestion existing in considerable intensity. It may exist in a moderate or slight degree. The symptoms will be more or less marked in proportion as the congestion is greater or less in degree.

Simple congestion is merely a functional affection. It involves no lesion; if the congestion be removed the structures are left intact. In a slight or moderate degree, it involves no immediate danger. As already stated, however, it may be developed rapidly in a sufficient degree to produce apoplexy and sudden death. In a lesser degree of intensity, it may prove serious by eventuating in other pathological conditions, viz., extravasation of blood, serous effusion, and perhaps in inflammation.

Intense congestion calls for bloodletting. Relief is obtained most promptly by this measure, and promptness of relief may be of vast importance in preventing apoplexy or the pathological conditions just named. Bloodletting affords relief by weakening the force of the heart's action and diminishing the quantity of blood sent to the head. If the symptoms do not denote a degree of congestion sufficient to call for so prompt and efficient a measure as bloodletting, relief may be obtained by ice to the head, stimulating hot pediluvia, and an active purgative.

These measures are for the removal or diminution of the existing congestion. The treatment, in addition, should embrace, if possible, the removal of the causes; and, if the patient be of a full habit or plethoric, regulation of diet and occasional saline laxatives are advisable.

Passive congestion of the brain differs materially from the form just considered. Mechanical pressure from over-distended vessels exists alike in both; but there is superadded, in active congestion, the excitation of an overplus of arterial blood, and in passive congestion, the sedation of an excess of venous blood. This difference accounts for a marked disparity in the symptoms. In passive congestion there is no increased determination of blood to the head, but the blood accumulates from detention. Of this form of congestion strangulation is the type.

In a degree to constitute a morbid condition, passive congestion may be produced by any mechanical impediment to the return of blood from the head. It is incident to certain diseases of the heart, especially to obstruction at the right side of the heart from valvular lesions on that side, but more frequently from dilatation of the right ventricle and auricle as a result of mitral lesions. Abolition of the sinuses by coagula, due to inflammation, induces passive congestion in the communicating veins. Diminished arterial circulation is another cause. The latter involves the suction-force peculiar to the circulation within the cranium. If this force tend to keep the encephalon filled with blood when the arterial supply is lessened, the venous blood is proportionately increased, and, hence, venous congestion. Passive congestion from this cause is supposed to exist in cases of various affections in which, in connection with feebleness of the circulation, head-symptoms become developed, more especially in diseases of children accompanied with exhaustion, as in certain cases of so-called cholera infantum. The occurrence of passive congestion, under these circumstances, in children especially, may be owing to the fact that the brain in early life has less functional activity, and the attraction for arterial blood is consequently less than in after years.

The symptoms denoting passive congestion are, drowsiness, dulness of mind, blunted perceptions, and, in children, sometimes convulsions. Throbbing of the carotids and temporal arteries, active delirium, increased heat, and other symptoms denoting active congestion, are wanting. These symptoms are due, in part, to the pressure of the distended veins, and, in part, to the excess of venous, or the deficiency of arterial blood. Passive, as well as active congestion may lead to extravasation of blood or to serous effusion.

Passive congestion of the brain is to be considered as, not an individual affection, but a morbid element entering into various affections. When dependent on a mechanical impediment to the return of blood from the head, caused by cardiac lesions, tumor of the neck, etc., the object of treatment is, if possible, to diminish the obstruction. It can do no good to diminish the mass of blood by bloodletting. It is doubtful if aught is to be effected by revulsive measures. Anything which weakens the force of the circulation, tends to increase the congestion. If dependent on feebleness of the circulation, the therapeutical indications are, to remove, if possible, the causes of exhaustion, and to increase the force of the circulation by tonics, stimulants, and nutritious diet.

In connection with the subject of congestion of the brain, allusion may be made to the difficulty of determining, after death, an amount of fulness of the vessels to be considered as morbid. The variation in this respect within normal limits, is considerable, the differences being due to circumstances incident to the act of dying, and perhaps occurring after death. On this point, Rokitansky remarks as follows: "There is perhaps no respect in which moderation in estimating appearances needs so much to be impressed on the unpractised observer, as in regard to the quantity of blood contained in the vessels of the pia mater. As a general rule, a very moderate injection is erroneously looked upon as congestion."[1] The statement in the last sentence of this quotation is applicable to this part of the world as well as to Vienna.

APOPLEXY.

The term apoplexy signifies a stroke or shock, and the latter terms are often tautologically added. It is common to say, an apoplectic stroke or shock. It would be an improvement to discontinue the use of the term apoplexy as the name of an individual affection. As commonly used, it is applied to the sudden abolition, or notable impairment of consciousness, or sudden coma, dependent on different pathological conditions. The latter constitute different affections, and it would be better to consider the apoplectic phenomena as belonging to the clinical history of these affections. In conformity with long usage, however, apoplexy will doubtless continue to hold its place in the nosology, and I shall therefore treat of it as a distinct disease, pointing out the different pathological conditions with which it is connected, under the head of anatomical characters.

ANATOMICAL CHARACTERS.—In fatal cases of apoplexy, the most frequent pathological condition by far is hemorrhage within the cranium. This pathological condition, which might with propriety be regarded as constituting an individual affection, will be considered in connection with apoplexy, and hereafter with paralysis. Apoplexy, dependent on extravasation of blood, has been distinguished as *apoplexia sanguinea vel gravis.* The French writers especially employ the term apoplexy to denote extravasations in different organs, as apoplexy of the liver, kidneys, etc. With us the term is usually restricted to an encephalic affection, with the exception of pulmonary apoplexy. Hemorrhage within the cranium, as elsewhere, involves, of course, laceration of the coats of vessels. The hemorrhage may take place in different situations within the skull. It may take place into the substance of the brain, and between the meningeal membranes. In the latter situation it is comparatively infrequent. The amount of extravasation differs much in different cases, varying from a few drops to several ounces and even pounds. Other things being equal, the gravity of the affection is proportionate to the quantity of blood extravasated. Occasionally blood is extravasated in isolated small points more or less numerous. This form of extravasation has been called, after Cruveilhier, capillary apoplexy.

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[1] Morbid Anatomy, American ed., 1855, vol. ii. p. 339.

All parts of the brain-substance are not equally liable to be the seat of hemorrhage. It occurs oftenest by far within or in the neighborhood of the *corpora striata* and *thalami optici;* next in frequency in the gray matter of the convolutions, especially in the middle lobe; rarely in the *cerebellum;* still more rarely in the *pons Varolii;* and other parts, viz., *corpus callosum, fornix, hippocampi,* etc., together with the *medulla oblongata,* are almost exempt from the liability to its occurrence. The hemorrhage occurs, in the vast majority of cases, in one of the hemispheres, and facts do not appear to show a greater liability to its occurrence in either the right or left hemisphere. It may occur simultaneously in both hemispheres, but instances are exceedingly rare. Its occurrence successively, after an interval of greater or less duration, in the two sides is not extremely infrequent. If the extravasation take place in the vicinity of the lateral ventricle, not infrequently the blood finds its way into the latter, and, rupturing the *septum lucidum* in some cases, it collects in both ventricles.

An examination, when death has followed within a few hours after the extravasation, shows a clot with bloody serum contained in a cavity produced by laceration of the substance of the brain. The clot is dark and friable, resembling a recent coagulum in other situations, or without the body. If life be prolonged for several days, the clot is still darker and more dense. After a still longer period, the clot is less deeply colored and crystallized hematin or hematoidin are found on microscopical examination. The clot at length loses its color and resembles a mass of fibrin. In the mean time, the serous portion of the extravasated blood is absorbed. The fibrin becomes surrounded by a cyst and is gradually absorbed. The cyst contracts as absorption of the clot goes on, and its surfaces adhere when the clot is completely absorbed, leaving a cicatrix, the substance of the brain having, of course, been permanently damaged by the laceration in proportion to the amount of the hemorrhage. The brain-substance surrounding the clot, if death take place within a short period, is usually more or less softened, and reddened by the imbibition of the serum colored with hematin. In some cases, this softening may have preceded the extravasation, but it is probably due, in most cases, chiefly to inflammation excited by the presence of the clot, which is, in effect, a foreign substance. The occurrence of circumscribed inflammation around the clot accounts for certain symptoms during life. The period required for the processes of recovery varies according to the quantity of extravasated blood, the degree and extent of softening from the inflammation which the clot excites, and other circumstances. Many months must be required, under favorable circumstances, even when the extravasation is small. It is to be noted that, if the hemorrhage be sufficient to occasion laceration of the substance of the brain, a permanent lesion is left, although cicatrization takes place. Certain effects of the injury which the brain has received are inevitable. It sometimes happens that, after a clot has become encysted and while absorption is going on, a fresh extravasation takes place in the same situation. More frequently a subsequent hemorrhage takes place at a new point, and perhaps in the opposite hemisphere. Patients sometimes experience a series of extravasations at intervals more or less remote, and the appearances after death then exemplify the different stages in the processes of recovery. In some cases, after an apoplectic extravasation of ancient date, cysts are found which contain a bloody serum. These may remain indefinitely. In other cases, the absorption of the clot ceases at a certain point, and the clot thereafter remains permanently, presenting the appearance, after death, of a cancerous or tuberculous deposit, with which, on a superficial examination, it is liable to be confounded.

The foregoing characters relate to hemorrhage taking place into the substance of the brain. In meningeal hemorrhage, the extravasation takes place beneath the arachnoid in the meshes of the pia mater. The blood may diffuse itself under the arachnoid, but, if the hemorrhage be abundant, rupture of this membrane takes place and the blood escapes into the arachnoid cavity. In this situation the hemorrhage does not occasion laceration of the brain-substance, but produces compression in proportion to the amount of extravasation. The subsequent changes which occur are similar to those in cases in which the extravasation is into the substance of the brain. It is probable that absorption of the effused blood may take place in this situation if the quantity be small. *Meningeal*, or, as it is also called, *peripheral apoplexy*, occurs especially in infancy. After infantile life, it chiefly occurs in old persons, but it may occur at any period of life. Hemorrhage taking place between the dura mater and skull is always either traumatic or a result of caries of the bone, and therefore falls within the domain of surgery.

Extravasation of blood, although the most frequent pathological condition in fatal cases of apoplexy, does not exist in all cases. An apoplectic attack is sometimes due to suddenly developed congestion of the brain. Apoplexy dependent on this condition is distinguished as *simple, congestive*, or *vascular*. The anatomical characters in these cases consist of great fulness of the vessels of the surface of the brain, together with abundant red points when the brain-substance is divided with the scalpel. I have already referred to a case of fatal apoplexy from congestion occurring in connection with simple hypertrophy of the heart. The following case will exemplify the rapidity with which, in this form of apoplexy, life may be destroyed :—

Mr. B., aged 79, farmer, having always had robust health, retired to bed after spending the evening with his family, apparently as well as usual. He slept in a room adjoining to that in which his family were sitting, and, shortly after he had retired, his noisy respiration attracted attention. He was found to be unconscious, and breathing at lengthened intervals. Death occurred before any physician reached the house. On examination after death, nothing was discovered save excessive fulness of the intra-cranial vessels. The heart was moderately enlarged; the aortic valves were somewhat rigid, with a small calcareous deposit at the junction of the valvular segments. The heart cavities contained but little blood and no decolorized fibrin.

The sudden occurrence of serous effusion into the ventricles, arachnoid cavity, or subarachnoid space has been supposed to be a pathological condition sometimes giving rise to apoplexy. Apoplexy attributed to this condition has been distinguished as *serous apoplexy*. It is doubtful whether serous effusion alone ever gives rise to apoplexy. At all events, examples are so rare that this pathological condition need not be taken into account in diagnosis. Finally, cases of so-called apoplexy have been reported by Andral, Abercrombie, Lobstein, Louis, and Alison, in which no appreciable pathological condition was discovered after death. The affection in these cases has been distinguished as *nervous apoplexy*. These cases were observed when an occasional cause of sudden coma, resembling apoplexy, was comparatively but little known, viz., uræmia. It may fairly be presumed that certain of the cases of serous apoplexy and apoplexy without appreciable changes within the cranium after death were cases of uræmic coma.

A pathological condition which, there is reason to believe, may give rise to a transient apoplectic seizure is the sudden interruption of the circulation in a portion of the brain, by plugging up one of the cerebral arteries with an embolus derived from the left ventricle of the heart. When we come to consider the pathological character of apoplexy, it will be seen that the production of apoplectic phenomena by this cause is not inconsistent with their occurrence from a superabundance of blood in the vessels.

Clinical History.—The abruptness of the attack in apoplexy is implied in the name. In the great majority of cases the attack is without premonition. It is sometimes preceded by certain cerebral symptoms, such as a sense of weight or fulness, vertigo, tinnitus aurium, flushing of the face—symptoms denoting congestion of the brain. These symptoms, however, are not sufficiently significant to warrant the prediction of an impending attack; at least in cases in which one or more attacks have not already occurred. Of 63 cases analyzed with reference to prodromes by Rocheaux, they were wanting in all save 9. It is not uncommon for an attack to occur at a moment when the person attacked feels unusually well.

The symptoms denoting the attack are, the sudden loss of consciousness, usually accompanied with slow stertorous breathing. The patient, if standing or walking, may fall to the ground, as if felled by a blow; but, in general, the development of the coma is not absolutely instantaneous, and a sitting or recumbent position is voluntarily assumed. The full development of the apoplectic state may occupy a period varying from a few seconds to half an hour or perhaps even longer. The attack is not infrequently during the night or when the person is alone, and the physician has the opportunity of observing it only by an accident which must happen very rarely. Such an opportunity has happened to me, and the following is the history of the case as noted at the time of its occurrence:—

Mr. L., aged about 35, came in the evening to consult me, accompanied by my colleague, Prof. Childs. His health for some time had been impaired. The urine had intermittingly contained albumen and casts, and he had difficulty of vision, which Dr. Noyes had ascertained to be due to fatty deposit in the retina. He had never had dropsy. When he entered my study there was nothing in his appearance to denote disease. On sitting down, the conversation for a few moments was on general topics, and he remarked that he had felt on that day unusually well. I had just begun my inquiries respecting the previous history of the case, when I noticed a change in his appearance and manner as if he were mentally agitated. He said, "I feel nervous, but it will pass off in a moment." Immediately I observed a change in his expression and that he winked with his left eye only. He attempted to bring his right hand before his face, as if to look at it; at the same time he reeled a little in his chair. Dr. Childs, who sat by his side, proposed to him to lie down on the sofa, and took his arm to assist him. He made an effort to rise, and fell from the chair. It was evident that the right side was paralyzed.

We placed him on the sofa. He did not at once become unconscious, but was irrational, attempting to speak, but unable to articulate, and frequently making efforts to get up. The respirations soon became heavy, with slight stertor and puffing of the lips. The pulse was moderately full, and neither accelerated nor retarded. In about half an hour he was placed in a carriage and taken to a hotel in the immediate neighborhood. While being carried to the hotel, he vomited freely and became profoundly comatose. He remained in the comatose state and died on the following day.

An autopsy could not be obtained in this case, but it can hardly be doubted that the apoplexy was due to extravasation of blood, the order of events being mental confusion, paralysis of the face, paralysis of the upper and lower extremity, stertor, delirium, vomiting, profound coma, the latter being developed in about half an hour, the hemorrhage up to this point being probably progressive.

The coma, in different cases of apoplexy, is more or less profound. When complete, the patient cannot be roused, in any degree, by efforts to awaken consciousness; but, in some cases properly falling under the head of apoplexy, there is not this total loss of the mental faculties. Volitional movements, in some cases, are entirely wanting; excepting the movements of respiration, the body is as motionless as a cadaver. But in the majority of cases, the patient exerts the will, although all manifestations of intelligence may be wanting. In this way the existence of paralysis becomes apparent. The movements are limited to the upper and lower extremity of one side, and it is evident that hemiplegia is added to the apoplexy. Hemiplegia occurs in the majority of cases. The paralysis is at first complete. The paralyzed limbs are motionless, and there is complete loss of sensibility in most cases. Reflex movements in the paralyzed limbs can generally be excited. The respirations are slow, the rhythm sometimes irregular, and the inspirations stertorous or snoring. If the coma be profound, the buccinator muscles and lips are flaccid, and are puffed out in expiration. The pulse is usually slow, full, and hard, the artery striking against the finger like a metal rod. Exceptionally it is small and feeble. The face is frequently flushed or injected, and, if respiration be much embarrassed, more or less livid; but it is sometimes pallid. The surface in most cases is warm, but sometimes cool. The iris may be contracted or dilated; or, without either contraction or dilatation, immovable, and a disparity between the two pupils is not uncommon. The muscles are generally flaccid, but in some cases rigidity is observed. Convulsive movements are infrequent, but they sometimes occur. They are usually limited to one side, and to the side not paralyzed. To this rule there are exceptions. The paralyzed limbs are sometimes rigid, or the rigidity may be on the opposite side. Vomiting is usual at, or shortly after, the commencement of the attack.

These are the prominent symptoms which characterize the apoplectic state. Its duration varies. It may last for a few moments only, the patient gradually emerging from it; or, consciousness slowly returns after the lapse of a few hours; or, the state may continue for days and then pass off. As a rule, if the coma persist without any improvement for eight or ten hours, and, more especially, if, during this period, the coma become more and more profound, improvement is not to be expected, and the attack will prove fatal. On the other hand, the attack may prove fatal in a few moments, the mode of dying being by apnœa; or, death takes place after several hours; or, again, the apoplectic state continues, and proves fatal after the lapse of several days, in the latter case the dying being by asthenia and apnœa combined.

Pathological Character.—The symptoms in apoplexy are essentially the same as when coma from compression of the brain follows an injury to the head. An extravasation of blood has the same effect as compression by a depressed portion of the skull, owing to the peculiar situation of the brain, viz, its being inclosed in an unyielding bony case. Under these circumstances, pressure on any part affects the circulation in the whole mass of brain. The pressure interrupts the circulation in the substance of the brain, and the apoplectic phenomena are, in fact, due to the want of a proper supply of blood within the nervous mass. The mechanism is probably the same when the apoplexy depends on congestion. The pressure of the blood in the larger vessels interrupts the circulation in the brain-substance; hence, the suspension of the cerebral functions. It is an apparent paradox that an over-accumulation of blood within the cranium should destroy life by depriving the mass of brain of a due supply of arterial blood, yet the fact is sufficiently intelligible. If this be the correct explanation, it is not inconsistent that apoplexy should be produced by the sudden withdrawal of blood in consequence of plugging of an artery, as well as by congestion. As regards the circulation in the brain-substance, the effect in either case is the same. The pathological condition standing in immediate relation to the apoplectic phenomena, is the same as in syncope. The production of apoplexy depends on the suddenness of extravasation, congestion, or the arrest of the circulation in a vessel of considerable size. If these events take place gradually, apoplexy is not induced, and with regard to extravasation and congestion, if they be not sufficient to destroy life within a brief period, the circulation may become restored sufficiently for the restoration of consciousness. This restoration probably always takes place when the apoplectic seizure is due to an embolus.

Causation.—The liability to apoplexy has a manifest relation to age. The liability progressively increases from the age of 20 years upward, and in the majority of cases the age is over sixty. It has been supposed that after 70 the liability diminishes, but it is probable that the fewness of cases after this period of life is sufficiently accounted for by the comparatively small number of persons living beyond the age of 70 years. Cases under 20 years are excessively rare, yet they are occasionally observed. Apoplexy from meningeal hemorrhage sometimes occurs in young children, and shortly after birth. Males are more subject to the affection than females.

Microscopical researches have appeared to show that hemorrhage into the substance of the brain is generally a result of fatty or calcareous degeneration of the coats of the smaller cerebral arteries. Owing to their weakness or brittleness, rupture or fracture is liable to occur. The suddenness of the attack, its occurrence frequently without any obvious causes, and the absence of premonitions, are consistent with this explanation. In a certain proportion of cases, probably, softening of the cerebral substance precedes the hemorrhage, the softening being due to degeneration of the arterial coats, or, perhaps, to interruption of the circulation by an embolus. The existence of softening prior to hemorrhage affords an explanation of the cerebral symptoms which sometimes precede the apoplexy. The dependence of extravasation on the condition of the minute arteries of the brain explains the fact that apoplexy is most likely to occur in advanced life, the degenerative changes just named occurring especially in old age.

Disease of the heart has been supposed frequently to stand in a causative relation to apoplexy; facts, however, do not sustain this opinion. From an examination of a large number of cases, Walshe arrives at the conclusion that hypertrophy of the left ventricle exerts no agency in producing apoplexy. Generally hypertrophy of the left ventricle is associated with mitral or aortic lesions, which are conservative as regards the effects of the augmented power of this ventricle upon the cerebral circulation. Of over 70 cases of valvular lesions which I have analyzed, in only 7 did apoplexy occur, and in most of these other circumstances were involved in the causation.[1] Simple hypertrophy of the left ventricle, that is, disconnected from aortic or mitral lesions, there is reason to believe, may, in conjunction with other causes, give rise to apoplexy. But simple hypertrophy is exceedingly rare. A striking example of the coexistence of congestive apoplexy with this form of cardiac disease has been referred to.[2] Other lesions of the heart may act as auxiliary causes by inducing passive congestion of the brain, and the lesions which exert in this way a causative effect are those involving obstruction or weakness of the right side of the heart.

Various causes may co-operate with existing morbid conditions within the cranium to determine the occurrence of the apoplectic seizure, causes which act by inducing an undue accumulation of blood in the vessels of the brain. Mental excitement may, in this way, prove an exciting cause. Persons have been attacked while engaged in public speaking, or in a fit of anger. Straining at stool, violent muscular exercise, sexual intercourse, the throes of labor, drunkenness, have in some cases appeared to act as exciting causes. Fulness of the stomach is another auxiliary cause; not infrequently an attack occurs shortly after indulgence at the table. But, in the larger proportion of cases, the affection is not induced by any obvious exciting or auxiliary cause. Of 176 cases analyzed by Gendrin, in 97 the attack occurred during sleep.

Formerly much importance was attributed to a so-called *apoplectic constitution*, consisting of shortness of the neck, with considerable *embonpoint*, and what is known as a full habit. An analysis of a considerable number of cases shows that no reliance is to be placed on these or any other external characters, as denoting a predisposition to apoplexy. The larger number of persons attacked are either spare or of an ordinary habit of body.

The occurrence of an attack involves considerable liability to a recurrence. Of those who recover, a considerable proportion are again attacked at periods more or less removed from the first seizure. This fact is intelligible in view of the dependence of the affection, in the great majority of cases, on extravasation arising from irremediable lesions of the cerebral vessels.

DIAGNOSIS.—The symptoms of apoplexy are striking and distinctive, but errors of diagnosis may be committed. It may be confounded with several morbid conditions other than those belonging to apoplexy, which involve coma more or less complete. Syncope is one of these. There is, however, little or no danger of confounding apoplexy and syncope except for a short time, for syncope is of brief duration. Syncope is characterized by deathlike pallor, coldness, catching of the breath, and great feebleness or extinction of the pulse—symptoms which do not belong to the clinical history of apoplexy.

The coma which sometimes follows an epileptic paroxysm bears a resemblance to apoplexy. Knowledge of the fact that the comatose state has been preceded by violent convulsions, with difficult and noisy respiration from laryngeal spasm, will at once settle the character of the attack. Without this knowledge, the foam or blood on the lips and the wounded tongue show that epileptic convulsions have occurred. The doubt can only arise when the patient is a stranger found in an unconscious state. The physician generally is aware, or is able to ascertain, that the patient is subject to epileptic fits. A paroxysm of epilepsy may act as an exciting cause of apoplexy.

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[1] Practical Treatise on Diseases of the Heart, by the Author.

[2] *Vide* page 292.

Hysterical coma is another condition which may suggest the existence of apoplexy. This is to be discriminated by characteristic phenomena of hysteria having preceded the comatose state; by convulsive movements in some cases, into which volition enters more or less; by the absence of stertor, the mobility of the iris, and the restoration of consciousness on resorting to the cold douche.

Profound alcoholic intoxication is the condition most likely to lead to error of diagnosis. The following are the differential points: The odor of spirits or of wine in matters vomited and in the breath of the patient; the respiration not stertorous; the pulse usually feeble or soft, and increased in frequency—not diminished in frequency and hard, as it is usually in apoplexy; the pupils dilated. The patient can generally be roused sufficiently to exhibit some of the manifestations of drunkenness in the manner of speaking. It is important to make this discrimination. To call apoplexy drunkenness would be an unfortunate error, and the reverse would be sufficiently annoying to the practitioner.

In deep narcotism, the patient, by vigorous efforts, can generally be roused for a moment. The respirations are diminished in frequency, but there is no stertor. The pupils are contracted.

The existence of hemiplegia, which it is known did not exist prior to the occurrence of the comatose state, is a capital point in the diagnosis, to be referred to immediately in considering an object of diagnosis other than the recognition of the apoplexy.

Of the three pathological conditions giving rise to apoplexy, viz., extravasation, congestion, and an embolus, can the condition existing in individual cases be ascertained by the symptoms? Hemorrhage into the brain-substance is declared by the occurrence of hemiplegia caused by the laceration of nervous structure. The existence of hemiplegia may generally be ascertained during the apoplectic state. The patient is observed to move the extremities of one side, while those of the other side remain motionless. He may manifest sensibility only when the integument of one side is pinched or pricked. The face may be drawn to one side, especially if manifestations of pain can be produced. The paralyzed members, when raised and allowed to drop, fall inanimate. If, by attention to these points, the existence of hemiplegia be ascertained, it is altogether probable that the apoplectic attack is due to hemorrhage into the brain-substance. On the other hand, meningeal hemorrhage and congestion do not, as a rule, give rise to hemiplegia. The existence, or otherwise, of hemiplegia is, of course, ascertained after the patient emerges from the apoplectic state. An embolus will be likely to give rise to hemiplegia with the apoplectic seizure. This condition may be suspected if the apoplexy be transient, and the hemiplegia completely disappear shortly after the patient emerges from the apoplexy; and it is rendered probable, under the circumstances just stated, by the coexistence of the signs of aortic or mitral lesions.

In cases of apoplexy with extravasation of blood, can the situation and amount of the latter be ascertained by the symptoms? The extravasation is situated in the hemisphere on the side opposite to that which is paralyzed. There are probably no exceptions to this rule; or if there are, they are so rare that, practically, they may be disregarded. The situation of the clot may be such as to occasion paralysis of both sides. Bilateral paralysis has been observed in cases of extravasation into the cerebellum on or near the median line, and it may occur when the blood breaks through the septum lucidum and is contained in both lateral ventricles. Paralysis of the face on one side, and of the members on the other side, has been observed, and this eccentricity is attributed by Gubler to the clot being in the cerebellum, and so situated as to affect the facial nerve after its decussation and the motor nerves of the extremities before they decussate.[1] If death take place speedily without hemiplegia, the extravasation is probably meningeal. A small extravasation in the pons so situated as to press upon the medulla oblongata may produce great difficulty of deglutition and respiration, although the coma be not complete. A case illustrative of this fact has fallen under my observation. If the coma be profound, without a disproportionate disturbance of respiration or deglutition, it may be predicted with much confidence that the seat of the hemorrhage is the corpus striatum or thalamus of the hemisphere opposite to the side paralyzed, on the ground that it is far more likely to occur in these than in other situations. If death take place after the lapse of a few hours, profound coma having existed without notable disturbance of respiration or deglutition except toward the close of life, hemiplegia existing, it may be inferred that the amount of hemorrhage into the cerebrum is very large.

An attack of apoplexy is sometimes simulated by sudden coma occurring in connection with circumscribed cerebritis or inflammatory softening of the brain. In a variety of the latter affection, distinguished as apoplectic, the phenomena of apoplexy may be associated with hemiplegia, and it may be difficult or impossible to discriminate between this affection and apoplexy with extravasation. This differential diagnosis will be noticed under the head of cerebritis.

PROGNOSIS.—An attack of apoplexy may prove fatal within a very short period, sometimes within a few moments. When it proves suddenly fatal, the coma is at once profound and accompanied by great disturbance of respiration, with loss of deglutition, death taking place by apnœa. A fatal termination frequently takes place after the lapse of from twelve to twenty-four hours. The coma, in these cases, continues and becomes more profound, the respiration is more and more embarrassed, tracheal rales occur, deglutition is gradually lost, the urine is retained or flows away involuntarily, involuntary dejections occur, and the mode of dying is chiefly by apnœa. If no improvement take place within ten or twelve hours, the coma remaining or becoming complete, disturbance of the respiration and deglutition being more marked, there is little room for the expectation of amendment, and the case will probably end fatally within a short period. In other cases, life is prolonged for several days, the patient not emerging from the apoplectic state, but more or less improvement as regards consciousness in some cases taking place. The mode of dying, in these cases, is by apnœa and asthenia combined.

On the other hand, the apoplectic attack may pass off in a few moments or a few hours, and complete recovery take place. A patient whom I treated in an attack of apoplexy twenty-five years ago is now living and has never had a recurrence of the disease. The pathological condition in these cases is simply congestion. But of the cases in which the apoplectic attack does not prove fatal, in by far the greater number paralysis remains; the patient is left with hemiplegia. The paralysis at first is generally complete, and the sensibility on the affected side, as well as the power of motion, is often lost. The latter usually returns more or less speedily, and more gradually, in a large proportion of cases, there is improvement as regards the power of motion. In most cases this improvement goes on progressively until a certain point is reached, and at this point, which varies much in different cases, the improvement stops. More or less of the paralysis remains permanently, as the rule. It is impossible to judge beforehand of the degree of improvement, as regards the paralysis, which may be expected. The completeness of the paralysis at first is probably due to the shock or contusion of the parts of the brain in proximity to the extravasated blood. After recovery from this, the amount of permanent paralysis will depend on the extent of the laceration which the brain-substance has received. To the rule of persistence of more or less paralysis there are occasional exceptions; the hemiplegia sometimes gradually or rapidly diminishes, and, at length, completely disappears. In these cases, unhappily very rare, it is probable that the apoplectic attack is due to an embolus, or possibly to congestion.

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[1] *Vide* Traité de Diagnostic par Racle, Paris, 1864. Also Valleix, *op. cit.*

Patients emerging from the apoplectic state appear as if awakened from sleep, and it is remarkable that they rarely evince surprise or ask what has happened to them. Pain in the head, when consciousness first returns, is not usually a prominent symptom. After a few days, however, it sometimes becomes more or less prominent, is associated with febrile movement, and delirium may occur. These symptoms denote inflammation of the cerebral substance surrounding the clot. This inflammation may lead to softening and suppuration, and thus the extent of injury to the brain may be increased. A fatal termination sometimes occurs apparently from the local effects of the presence of the clot.

Apoplexy with hemiplegia is followed by more or less impairment of mind. As regards this sequel, different cases differ much, but it is probably true that the strength of mind which existed prior to the attack is never fully regained. Mental weakness is shown by undue emotional manifestations. Weeping and mirthfulness are excited by trivial causes. Frequently the disposition undergoes a change. Irritability of temper and impatience are apt to be developed. The mind is more easily influenced by others. This fact is of importance in its medico-legal bearings.

A remarkable sequel in some cases is the loss of speech, not from difficulty of articulation, but from an inability to use words. Four examples of dumbness after an attack of apoplexy with hemiplegia have fallen under my observation at Bellevue Hospital within the last three years. In two of these cases the patients were completely dumb; they made no effort to speak. In the other two cases the only word spoken was *yes*, and this word was uttered in answer to every question. In two of the cases the recovery from the hemiplegia was nearly complete, and the other two patients were able to walk about freely. In three of the cases the intelligence was good, and in the remaining case it was not greatly impaired. One patient, a female, was employed as a ward-helper, discharging her duties as intelligently as any one employed in the hospital in the same capacity. The three other patients were males. One of them was remarkably bright as regards intelligence, appearing to understand readily everything said to him. When asked why he did not speak he shook his head and pointed to his mouth. The dumbness proceeded in all, not from paralysis of the muscles involved in speech, but from a mental condition. This mental condition did not consist in want of appreciation of words; all understood words spoken, and two passed much of the time in reading. The difficulty is the loss of the power of oral language. In one of the cases the patient was requested to write an answer to a question. He attempted to do so, but made a jumble of marks from which nothing could be deciphered. One of the cases remained in hospital for over a year, and the other for a longer period. There was no improvement in any of the cases.

The term *aphasia* has recently been employed to denote loss of the power of speech, the vocal organs remaining intact, and the intelligence being preserved. Clinical observation shows that in the great majority of the cases in which the aphasia is connected with hemiplegia, the right side of the body is paralyzed; hence, it is inferred that lesions of the left hemisphere of the brain involve especially the liability to the loss of speech. In a case which has come under my observation since the preceding paragraph was written, an autopsical examination revealed circumscribed softening situated in the anterior lobe of the left hemisphere.

TREATMENT.—In the treatment of cases of apoplexy, an important question is, whether bloodletting shall be employed. If the apoplexy be dependent on active congestion, and the heart act with abnormal power, bloodletting is indicated, and the life of the patient may depend on the prompt abstraction of blood. Notable congestion of the face, a resisting pulse, and absence of hemiplegia, point to congestion as the pathological condition probably existing. If the patient be young or below middle age, the probability of this condition, rather than extravasation, is strengthened. On the other hand, if the apoplexy be dependent on extravasation, the propriety of bloodletting is always doubtful. It is contraindicated by feebleness of constitution, advanced age, and if the completeness of the coma denote a large extravasation, or if its situation at the base of the brain be denoted by notable disturbance of respiration and deglutition. It will tend to destroy life if the face be pallid, the surface cold, and the pulse feeble. With the symptoms last named, stimulants are indicated. A large extravasation involves loss of blood, and the substance of the brain is anæmic from the pressure of the extravasated blood. Bloodletting will neither remove nor diminish the clot. If the extravasation be not sufficiently large nor so situated as to occasion a fatal attack of apoplexy, the abstraction of blood may stand in the way of recovery from the shock, and the prolongation of life until the clot is absorbed. There is no reason to believe that bloodletting tends to prevent or diminish the cerebral hemorrhage. Cruveilhier, Rostan, and Aussaguel have each reported a case in which hemiplegia ensued directly after bloodletting. I have met with a case in which an attack of apoplexy with hemiplegia immediately followed a profuse hemorrhage from the rectum. Here, as in other instances, bloodletting is neither to be interdicted nor enjoined in all cases. It will be useful or pernicious according to the discrimination with which it is employed. In view, however, of the fact that apoplexy generally involves extravasation, this measure is clearly indicated in only a small proportion of cases.

An emetic is sometimes indicated when the stomach is overloaded and spontaneous vomiting does not occur. Under these circumstances I employed this measure, many years ago, in a case in which the attack followed a hearty meal, with immediate relief, recovery taking place without hemiplegia, and the patient, a female considerably advanced in life, living several years afterward. The mechanical effect of the acts of vomiting upon the cerebral circulation, is, of course, not desirable, but much greater injury may arise from the gastric distension. If an emetic be indicated, the article selected should be one which will act promptly and efficiently without producing depression. Antimony is unsuitable. The sulphate of zinc or of copper is to be preferred. A mustard emetic is perhaps as eligible as any, and has the advantage of being instantly available.

Generally, it is advisable to administer an active cathartic. Croton oil, from the facility with which it is administered, its efficiency and quickness of operation, is to be preferred to any other cathartic. Three or four drops may be given at once and repeated in three or four hours if free purgation be not produced. Its operation may be promoted by large stimulating enemas. An active cathartic should not be given if the pulse be notably small or feeble.

The patient should be placed in a cool, airy apartment; the head should be moderately raised; cold or evaporating lotions should be applied to the head, or, if the head be extremely hot and flushed, the ice cap; stimulating pediluvia may be employed if the extremities are cool, and everything constricting the neck and chest should be removed.

These are the measures to be pursued until it is decided whether the patient is to emerge from the apoplectic state. If, after the lapse of several hours, the symptoms denote a hopeless condition, the physician must content himself with measures which appear to contribute to the comfort of the patient, for he is, in fact, unconscious of suffering. Purgatives and other perturbating remedies, under these circumstances, will only tend to hasten the fatal termination. If, on the other hand, the attack pass off without paralysis, the after-treatment is that appropriate to prevent a recurrence of the attack. If the patient emerge and hemiplegia remain, the presence of a clot is generally to be inferred. Local inflammation excited by the clot is to be treated by cooling lotions to the head, laxatives, mild revulsives, and an unstimulating diet. The vital powers, under these circumstances, should not be impaired by active measures of treatment. The recovery is to be effected by removal of the clot. The case is now one of paralysis, which will be considered in a chapter devoted to that topic.

The liability to a recurrence of apoplexy after recovery from an attack renders it important to observe all possible precautions by way of prophylaxis. Placing the system in the best possible condition by means of a well-regulated diet and regimen, and avoiding exciting causes, will afford all the security which can be obtained. It is not probable that any protection is afforded by reducing the powers of the system, and other evils may thereby be induced. It is injudicious to adopt a diet which is insufficient for the wants of the system, or to resort to repeated bloodlettings, cathartics, or other lowering measures. In striving to avoid excesses and imprudences of all kinds, care must be taken not to err in the opposite extreme. Mental occupation within certain limits is advisable.

The liability to apoplexy, if an attack have never occurred, cannot be estimated with any degree of certainty. This is one of the affections which persons are apt to apprehend, and, if certain cerebral symptoms are experienced, especially vertigo, the fear of apoplexy is often a source of much unhappiness. The suggestion by the physician that there is danger of this affection, is an indiscretion which I have known to prove most calamitous. When apprehension is felt, the physician is warranted in giving assurances that vertigo and other cerebral symptoms are sufficiently common without being followed by apoplexy, and that an apoplectic attack is rarely preceded by obvious premonitions. Needless uneasiness may oftentimes be removed by these assurances.

INSOLATION. SUNSTROKE.

The terms *insolation* and *sunstroke* are applied to an affection, or, more properly, different affections occasioned, not exclusively by exposure to the sun's rays, as the terms signify, but by the action of great heat combined generally with other causative circumstances. The terms denote a sudden attack, in extremely hot weather, after exposure to the direct rays of the sun or to great heat, the attack characterized by loss of consciousness, followed frequently by stertor and convulsions, death taking place, in a large proportion of cases, within the space of a few minutes or a few hours. Now, in a certain proportion of these cases the morbid condition is expressed by the term exhaustion; the vital powers are prostrated, the forces carrying on the circulation give way, and death takes place by syncope. In another class of cases the affection is essentially congestive apoplexy. In still another class of cases the symptoms show a combination of apoplexy and exhaustion. The cases last referred to probably constitute the majority of the cases of so-called insolation or sunstroke. Other names than insolation and sunstroke have been proposed, viz., solar-asphyxia, heat-apoplexy, etc.

As a rule, the vessels of the pia mater are found to be notably congested, the appearances being those of congestive apoplexy. Exceptionally, the vessels within the cranium are not unduly injected.[1] In all of the few autopsies which have come under my observation at Bellevue Hospital, marked cerebral congestion existed. Notable congestion of the lungs is found generally, if not invariably. Pepper found the heart in four cases notably flaccid and the structure softened. The heart-cavities are free from coagula. It is stated that the blood does not coagulate after death in this affection. In several cases reported by Dr. Horatio C. Mead, the blood had an acid reaction.[2] Appearances denoting inflammation within the cranium or elsewhere, are wanting.

The premonitions of the attack are slight or wanting. Dr. Swift, in a report based on the observation of 60 cases in the New York Hospital, gives the following account of the attack: "The patients are suddenly seized, while in the performance of their labors, with pain in the head, and a sense of fulness and oppression in the epigastrium, occasionally nausea and vomiting, general feeling of weakness, especially of the lower extremities, vertigo, dimness of vision, and insensibility. Surrounding objects appear of uniform color. In a great majority of cases, this was, so far as could be ascertained, blue or purple. In one instance everything appeared red; in another green, and in another white."[3] It is stated by Longmore, that irritability of the bladder precedes the attack.[4]

The attack may consist of only a transient insensibility. But in severe cases the patient usually passes quickly into a comatose state. It is in this state that cases generally come under medical observation. The pupils are in some cases dilated, in some contracted, and sometimes the size is normal, but the respondency to light is lessened or lost. There may be contraction and dilatation at different periods in the same case. The pulse may be at first infrequent and full, as in cases of apoplexy, but it often becomes frequent and feeble toward the fatal termination. I have observed death to take place purely by apnœa, the pulse having considerable force until after the cessation of breathing. The respirations in some cases are stertorous, in other cases suspirious and accompanied by moaning; they are increased in frequency in the majority of cases. In most cases the temperature of the body is notably raised. Dr. Dowler, of New Orleans, observed it to rise as high as 112° Fahr. In some cases, however, the temperature remains unaffected, and sometimes the surface is cool. Convulsions are of frequent occurrence. They occurred in 24 of 60 cases observed by Swift. Vomiting frequently occurs, and, toward the close of life, there are involuntary evacuations from the bowels. The duration varies from a few minutes to several hours. The average duration in the fatal cases observed by Swift, was four hours. If the patient emerge from the comatose state, convalescence is usually speedy. Of 20 cases observed by Pepper, in 3 insanity followed. This sequel did not occur in over 100 cases received at the New York Hospital. Temporary delirium succeeding the attack is occasionally observed. Paralysis is neither a concomitant nor a sequel.

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[1] *Vide* four cases reported by Dr. Pepper, Trans. Philadelphia College of Physicians, vol. iii.

[2] American Journal of Medical Sciences, October, 1863.

[3] Observations on Exhaustion from the Effects of Heat. By H. S. Swift, Resident Physician of the New York Hospital, N. Y. Journal of Medicine, July, 1854.

[4] London Lancet, March, 1859.

As already stated, the pathological character of the affection, in all cases of insolation, is not uniform. Cases of sudden death from exhaustion or syncope, produced by heat and over-exertion, are reckoned among cases in which the morbid condition is quite different. A certain proportion of cases are truly apoplectic; the appearances after death, the character of the attack, and all the symptoms denote apoplexy. In other cases, which, probably, constitute the majority, the pathological character is mixed; an apoplectic condition is combined with exhaustion. It is highly important to take cognizance of these differences as regards pathological character, in treating the different cases which are grouped together under the name insolation.

Excessive heat is the important causative agency, but other circumstances co-operate in the causation. Muscular exertion, unduly great or prolonged, is a powerful auxiliary cause. Persons are generally attacked when engaged in labor, but there are exceptions to this rule. Dr. Swift states that, of the cases which he observed, a large proportion were attacked shortly after dinner. The concentration of innervation upon the processes of digestion, the distension of the stomach with food and liquids, the latter being frequently taken in large quantity, and perhaps, in some cases, the disengagement of gas from chemical changes in the ingesta arising from indigestion, will account for the fact stated by Swift. In most cases, persons are attacked when exposed to the direct rays of the sun, but there are exceptions to this rule. Swift states that eleven patients were attacked on the same morning in the laundry of one of the large hotels in this city, and several cases were brought to the hospital from a sugar refinery. Soldiers are not infrequently attacked after they have retired to their tents.

Cases are more frequent by far in tropical than in cold or temperate latitudes, and, in the latter, they occur during the heated term of summer when the weather is unusually and continuously hot. Atmospheric influences other than heat have been supposed to be involved in the causation, viz., an unusual accumulation of electricity, dryness and rarefaction of the air; but facts showing the importance of these influences are wanting. The number of cases in the same place in different years varies greatly. Prof. Dickson states that in Charleston, S. C., more persons died from sunstroke in 1824 than in any twelve other years; and in the city of New York in the summer of 1853 there were 260 cases reported, whereas in no previous year had there been more than 36 cases.[1]

The attack generally takes place at periods when the heat of the day is at its maximum. Of the 60 cases observed by Swift, 40 occurred between 11 A. M. and 4 P. M., 17 between 4 and 9 P. M., and 3 between 8 and 11 A. M.

Feebleness from disease or other causes renders persons more liable to an attack.

The diagnosis is, in general, made without difficulty. The circumstances connected with the attack and the symptomatic phenomena are sufficiently distinctive. Apoplexy with extravasation of blood is to be distinguished by the existence of hemiplegia. Persons deeply intoxicated are not infrequently brought into hospitals as cases of sunstroke, but the characters of alcoholic coma suffice for its discrimination.

Exclusive of mild cases in which there is transient stupor or insensibility, the danger in cases of insolation is always very great. The death-rate ranges from forty to fifty per cent. If, with deep coma, the breathing be stertorous, sighing, or moaning, the prognosis is extremely unfavorable. Great frequency and feebleness of the pulse, relaxation of the sphincters, tracheal rales, and complete immobility are forerunners of a fatal termination. Convulsions are extremely unfavorable. Of the cases observed by Swift, none recovered in which the pupils were contracted. In accordance with the difference in pathological character in different cases, the mode of dying is sometimes by rapid asthenia or syncope. This mode of dying is exemplified among the cases in which the death is notably sudden, taking place in the space of a few moments after the attack. The mode of dying in other cases is by apnœa, but, in the larger proportion of cases, by apnœa and asthenia combined.

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[1] Elements of Medicine, 2d edition, 1859.

The treatment is to be adapted to the pathological character of the affection, as represented by the symptoms, in individual cases. Pursuing this course, therapeutical measures, so far from being the same, will be diametrically opposite in different cases. In cases of nervous exhaustion, the danger being of death by rapid asthenia or syncope, complete rest is of the first importance. The removal of patients to their homes or to hospitals, in this condition, may contribute in no small measure to a fatal result. Stimulants are to be administered by the mouth very cautiously in order to avoid exciting vomiting. They may be given with less risk by the rectum. Alcoholic stimulants may be administered by enema. The spirits of turpentine given in this way are recommended. All restraints of dress are to be removed. The patient should be kept in as cool and pure an atmosphere as possible. If the surface be hot and dry, sponging the body with spirit and water should be employed. These should constitute all the measures employed during the attack. Cathartics, emetics, bloodletting, and all depressing agencies are pernicious. The symptoms representing the condition which calls for the treatment as just stated are frequency and feebleness of the pulse, weakness of the heart-sounds, with absence of stertor and the embarrassment of breathing indicative of cerebral compression.

In well-marked apoplectic cases I believe bloodletting to be the measure especially indicated. The treatment called for is the same as in congestive apoplexy, which, in fact, in these cases, the affection is. The life of the patient may depend on the prompt employment of bloodletting. The bowels should be freely opened with croton oil. Cold should be applied to the head, either by means of the ice-cap or the douche. The head should be elevated, and everything constricting the chest or neck removed. Revulsive applications should be made to the extremities. The symptoms representing the condition calling for these measures are fulness or hardness of the pulse, slowness of the respiration, and perhaps stertor, heat of the surface, congestion of the face, throbbing of the carotids and temporal arteries.

The question as to the propriety of bloodletting in cases of insolation has given rise to much discussion and difference of opinion. The doctrine which I would inculcate is, that to abstract blood is vastly important in some and destructive in other cases. Never to employ bloodletting, and to employ it in all cases, would be alike injudicious. It is, of course, for the judgment of the practitioner to discriminate between the cases in which bloodletting is called for and the cases in which it will do harm. I have noted several cases which apparently exemplify the importance of bloodletting; and I am led to introduce a brief notice of these cases in view of the fact that, at the present time, some and perhaps most practitioners consider this measure improper in all cases of insolation.

On the 9th of August, 1862, eight cases of coma from sunstroke were admitted into Bellevue Hospital. Of these cases, 7 proved fatal. Bloodletting was employed in only one case, and in this case the patient recovered. This was the last case admitted on that day, and bloodletting was resorted to in that case by the house-physician, Dr. Martin, mainly in view of the fatal termination of the seven cases under other measures of treatment. In the case which recovered the coma was as profound and the symptoms, in general, apparently as unfavorable as in the other cases. The breathing was stertorous, the pupils contracted, the skin hot and dry, and the pulse frequent, but full. Sixteen ounces of blood were taken from the arm, and the temples freely leeched. The patient came under my observation on the following day. He was then quite comfortable, and complained only of debility. He recovered his strength rapidly, and was discharged in a few days, well. He gave the following account of his attack: He was at work in the sun at Central Park. The night previous to the day of the attack he had suffered from headache, which continued up to the time of the attack. For some time before the attack, he felt so extremely weak as scarcely to be able to work. He suffered from the heat, and the headache was severe. He did not perspire. At length he felt unable to work longer, and started to go home. He walked a certain distance, and, from a sense of weakness, sat down. From that time to midnight in the hospital he recollected nothing. He was found in a state of insensibility and brought to the hospital, distant about two miles from the Park.

On the 3d of August, 1863, the hottest day of the season up to that date, several cases of sunstroke were received into Bellevue Hospital. I have not noted the number. Of these, one case recovered under free wet-cupping, ice to the head and spine, and purging with croton oil. In this case convulsions occurred whenever the body was moved. The skin was hot, and the pulse frequent and vibratory. The treatment in the other cases is not noted.

On the 13th of August, 1864, a patient was admitted into one of my wards at Bellevue Hospital, who had been found in a state of insensibility in the street. The pulse was 100 per minute, and had considerable force; the breathing was stertorous, the skin hot, the pupils neither contracted nor dilated, but not responding to light. Eighteen ounces of blood were taken from the arm, and the cold douche applied to the head. These measures constituted the treatment. He recovered his consciousness in an hour and a half after the bleeding. On the following day he reported himself to be quite comfortable, and was discharged in the afternoon of that day.

In the majority of the cases of insolation, symptoms denoting congestive apoplexy are combined, in variable proportions, with those denoting exhaustion. The importance of bloodletting in these cases is to be measured by the predominance of the apoplectic phenomena, and it is contraindicated if the predominance of exhaustion be denoted by great frequency or feebleness of the pulse. The success of the treatment will depend on the judgment of the practitioner in deciding whether bloodletting be called for, or otherwise, and, if indicated, in determining the amount of blood to be taken. Discrimination is also important in prescribing the croton oil. If the danger be from exhaustion, an active purgative is not indicated. Cold to the head is important in proportion as the symptoms of cerebral congestion predominate. On the other hand, in the cases in which the circulation is notably feeble, stimulant remedies by the mouth or rectum are called for. In all cases quietude is important. In the cases in which convulsions occur, these may be excited by movements of the body.

There is reason to believe that, under judicious management, many cases of insolation which terminate fatally would have ended in recovery, were it not for the necessity of transporting the patients to their homes or to hospitals, and delay in obtaining medical aid.

CHAPTER II.

Acute, Cerebral Meningitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Chronic Meningitis—Tuberculous Meningitis—Spinal Meningitis—Cerebro-Spinal Meningitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Hydrocephalus—Hydrorachis.

INFLAMMATION within the cranium may be seated, primarily, either in the membranes investing the brain or in the cerebral substance As regards the membranes, the dura mater is rarely, if ever, the primary seat of an inflammation. When this membrane becomes inflamed, the inflammation follows either an injury of the skull, disease of the bones, or a morbid growth springing from the membrane, and the inflammation is circumscribed. Inflammation of the meninges is generally seated in the arachnoid and pia mater, and the term *meningitis* is applied to inflammation of these membranes. The relations of the arachnoid and pia mater are such, that one can hardly be inflamed to the exclusion of the other; and pathologists have differed as to which one of the two membranes is primarily or chiefly affected. It is not practically important to settle this question. The terms *arachnitis* and *pieitis* would be appropriate to denote an inflammation of the arachnoid and pia mater separately, but in view of the difficulty of determining in which the inflammation has its point of departure, the term meningitis is to be preferred. Inflammation of the meninges of the brain should be called *cerebral meningitis*, in order to distinguish it from inflammation of the meninges of the spinal cord, or of the brain and cord. Inflammation of the meninges of the cord is *spinal meningitis*, and of both the brain and cord, *cerebro-spinal meningitis*. Inflammation originating in the substance of the brain may be distinguished as *cerebritis*. Cerebral meningitis may be acute, or it may exist as a subacute and chronic affection. These two forms will claim separate consideration. A form of inflammation known as tuberculous meningitis will also be considered under a distinct head. In this chapter, the three forms of cerebral meningitis just named will be first considered; afterward spinal meningitis and cerebro-spinal meningitis, with a brief notice of hydrocephalus and hydrorachis.

ACUTE, CEREBRAL MENINGITIS.

Were the importance of a disease to be measured solely by its frequency, this would deserve but little attention. It is extremely rare, especially after adult age. But its gravity commends it to the consideration of the student and practitioner.

ANATOMICAL CHARACTERS.—The appreciable local results of acute inflammation in this situation are those of serous inflammations, viz., more or less redness from vascular injection and the presence of serum, lymph, and pus. These inflammatory products, however, are, for the most part, beneath, not upon, the arachnoid membrane, that is, in the meshes of the pia mater. The redness proceeds from the injection of the vessels of the pia mater, not from the presence of red globules in the arachnoid. Lymph, in more or less abundance, is spread over the surface of the brain under the arachnoid. It is observed especially in the sulci between the convolutions, at the superior and lateral portions of the cerebrum, being less abundant or absent at the base of the brain. The presence of pus is denoted by a greenish color. A small quantity of exudation may be scraped from the outer surface of the visceral arachnoid, and, exceptionably, it is more or less abundant here, as well as beneath this membrane. The outer surface of this membrane is sometimes abnormally dry. There is more or less effusion of turbid serum in the arachnoid space, rendering the arachnoid membrane opaque. The membrane is more easily detached than in a healthy condition. The ventricles generally contain a small or moderate quantity of turbid serum.

It is to be borne in mind, in examinations after death, that the presence of serum in considerably larger quantity than is usually found beneath the arachnoid membrane is not adequate proof of meningitis. This occurs from atrophy, or wasting of the brain, incident to chronic disease in any part of the body. The criterion of inflammation is lymph in quantity to be appreciable by the naked eye, or pus. Nor is mere opacity of the arachnoid membrane enough. As remarked by Rokitansky, "opacity and thickening of the arachnoid are very common post-mortem appearances; after middle life, a moderate degree of them is almost constantly found, and their absence is the exception."[1] In autopsical examinations, meningitis is apt to be considered as having existed on insufficient grounds.

CLINICAL HISTORY.—Simple acute meningitis may be abrupt or gradual in its development. The premonitions are the symptoms of determination of blood or active congestion, and this, in fact, is the morbid condition. After the development of inflammation, there is a marked variation in symptoms at different periods of the disease, viz., prior to and after the effusion of lymph and serum. The career of the disease is divisible into two stages, the division being based on the occurrence of the products of exudation. The first stage extends to the period when, owing to the pressure of lymph and serum, a marked change in the symptoms occurs.

The first stage has been distinguished as the "stage of excitement." It is characterized by pain, usually very intense, referred to the entire head, sometimes greatest in the anterior and sometimes in the posterior portion. The pain is the same as in cases of active cerebral congestion. Delirium frequently occurs; and the delirium, in this stage, is generally active or maniacal, but in some cases hilarious. Owing to the prominence of the delirium, patients are sometimes carried to insane institutions, the affection being mistaken for functional mania. Convulsions may occur, especially in young subjects. The special senses of sight and hearing are morbidly acute; light and sounds occasion distress and increase the cerebral excitement. The eyebrows are corrugated to shield the eyes from light. The face is flushed. The carotids and temporal arteries pulsate strongly. The head is hot. Vomiting generally occurs in this stage, and is often prominent as a symptom. The bowels are usually constipated. The abdominal walls are depressed. Febrile movement is more or less marked; the pulse is accelerated, strong, and full, and the temperature of the body is raised. Exacerbations occur in which the delirium and cephalalgia are notably increased. The symptoms, in general, are those of active congestion, differing only in being more intense and persisting. The duration of this stage short. It may continue but a few hours, and rarely beyond two or three ys.

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[1] Pathological Anatomy.

The second stage has been called the "stage of oppression." The symp- ms distinctive of this stage are those denoting pressure from the exudation d serous effusion. The pain in the head is diminished. The morbid sen- tiveness to light and sounds is lessened. The pupils may be dilated or ntracted, and their respondency to light is diminished or lost. Strabismus d loss of vision may occur. Drowsiness succeeds the state of mental citation. The pulse becomes slow and perhaps irregular. The respira- ons are disordered in rhythm and suspirious. Paralysis may occur, limited the face, or extending over one side of the body. If the progress of the sease be unfavorable, coma is at length induced and continues until death. onvulsions may occur in the second as well as in the first stage.

PATHOLOGICAL CHARACTER.—The disease is essentially the same as acute flammation affecting serous membranes in other situations. During the st stage, the distinctive symptomatic phenomena proceed from excessive d disordered activity of the cerebral functions. In the second stage the ain suffers from compression. This mechanical effect of the inflammatory oducts is not peculiar to inflammation in this situation, but, owing to the yielding bony case which contains the brain, a small amount of effusion d exudation is vastly more serious than a much larger amount in other uations.

CAUSATION.—Aside from traumatic cases and those in which the disease attributable to insolation, it is difficult to specify causes of this disease. arious causes are named by different writers, but a difficulty arises from the t that other affections have been confounded with acute meningitis. It y arise from injuries of the head, and it appears to be sometimes produced exposure to the direct rays of the sun. An analysis of a considerable mber of cases, the diagnosis of which is not open to doubt, is a deside- tum. It is probable that excessive indulgence in alcoholic drinks may re rise to it. Of the cases which occur, very few are in early infancy. cording to Barthez and Rilliet, examples in children are found between e ages of five and eleven. And according to Guersant, after the age of ildhood, it occurs chiefly between adolescence and forty-five. The larger oportion of cases are among males.

Cases have been reported by various clinical observers of acute meningitis veloped in connection with acute articular rheumatism, and the meningitis curring in this connection has been described as a variety of the disease der the title of *rheumatic meningitis.*[1] The anatomical characters are ted to be the same as in other cases of meningitis, but vomiting and phalalgia are said to be less prominent as symptoms, or wanting, in the eumatic variety, and the progress of the disease from the first to the cond stage is notably rapid. Meningitis, however, occurs in so small a oportion of cases of rheumatism that the coexistence of the two affections probably accidental. There is no practical advantage in considering it, en thus associated, a distinct variety of the disease.

DIAGNOSIS.—Acute meningitis may be confounded with active cerebral ngestion. The pathological condition prior to exudation in meningitis fers from active congestion only in degree and persistency. If the inflam- tion go off by delitescence, that is, without passing into the second stage, it may be impossible to say, after recovery, whether the affection was meningitis or merely active congestion. In other words, more or less of the symptoms belonging to the second stage are required for a positive diagnosis. Practically, it is not highly important to distinguish between active congestion and the first stage of meningitis, inasmuch as the same measures of treatment are indicated in either case.

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[1] *Vide* note by Racle and Lorain in Valleix, *op. cit.*, 1860.

Cases of typhoid fever characterized by early and active delirium, have, heretofore, not infrequently been considered as cases of acute meningitis. The points involved in this differential diagnosis are: The access or slow development of the fever; the distinctive events belonging to it, viz., diarrhœa, meteorism or tympanites, tenderness in the iliac regions, together with absence of morbid acuteness of the senses, and continuance of the delirium without the supervention of the phenomena of the second stage of meningitis. These points show the disease to be fever, and not meningitis.

Functional mania may be considered as denoting acute meningitis. The discrimination is to be based on the absence of morbid acuteness of the senses, together with the absence of febrile movement, and the continuance of the mania without the symptoms of compression.

Other affections are more likely to be considered acute meningitis than this to be mistaken for other affections. The ability of a practitioner to discriminate this from other affections may fairly be suspected, if he believe that he has met with many cases of it.

Prognosis.—Acute meningitis involves much danger. It may destroy life quickly. Cases have terminated fatally in 36 hours. As a rule, the duration, in fatal cases, does not extend beyond eight or nine days. The symptoms denoting an unfavorable prognosis are, profound coma, notable disorder of respiration, difficulty of deglutition, general immobility and anæsthesia, feebleness of the pulse, etc. Strabismus, hemiplegia, and convulsions may be present in cases which recover. In two cases received into Bellevue Hospital in 1862, reported by the late Dr. F. H. Lyman, one of the cases being in my service, and the other in the service of Prof. Thomas, a semi-comatose condition existed; in one case there was hemiplegia, in the other case strabismus and convulsions. Both cases recovered.[1] Marked strabismus existed in a case, ending in recovery, which I saw, in 1862, with Dr. Purcell, of this city, the patient being a child 11 years of age. Data are wanting for determining the ratio of cases which end fatally, but it is certain that the fatal cases greatly preponderate.

In cases which prove rapidly fatal, the death may be due chiefly to apnœa, but, if life be prolonged for several days, the mode of dying is by apnœa and asthenia combined.

Treatment.—The treatment must have reference to the stage of the disease. The objects in the first stage are to lessen the determination of blood to the head and limit the amount of exudation. If the heart act with abnormal power, bloodletting, in this stage, is to be employed. As a measure of depletion, and perhaps revulsion, active purgation is indicated. Cold is to be applied to the head, either by means of the ice-cap, the cold douche, or constant ablution. Cutting the hair close to the head renders these applications more efficient.

Bloodletting, in this disease, is indicated in view of the promptness of its operation and the short duration, frequently, of the first stage. Bearing in mind that the chief source of danger is from the products of inflammation, it is more important that the measures employed with the hope of limiting these, should be resorted to promptly and vigorously than in other acute inflammations, for example pneumonitis, in which the products of inflammation generally do not give rise to serious results. Moreover, there is not the same necessity for guarding the vital forces as in other acute inflammations; for, in this disease, there is danger that life may be quickly destroyed by apnœa caused by the pressure of effused serum and lymph, whereas, in most other acute inflammations, the danger is, that they will destroy life by asthenia. It is not, however, to be forgotten that asthenia enters into the mode of dying in cases of meningitis which do not pursue a rapid career, and, hence, bloodletting and other measures of depletion may be pushed too far. These measures are only indicated in the first stage of the disease. Perfect quietness, exclusion of light, elevation of the head, and the avoidance of everything which may tend to increase the cerebral excitement by acting on the senses or mind, form an important part of the treatment in this stage. The existence of intense cerebral excitation suggests the inquiry whether it may not be advisable, in the first stage, to endeavor to allay the excitement by anodyne remedies. It remains to be ascertained by experience whether opium and the inhalation of chloroform may not be useful. Vomiting calls for palliative measures. The diet, in this stage, should be restricted to the blandest articles, taken cold. Compression of the carotids with the fingers, continued for a minute or so, at a time, and repeated more or less frequently, has been advised by Blaud, Parent-Du-Châtelet, and Martinet. The effect is to reduce notably the frequency and force of the pulse.

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[1] American Medical Times, vol. iv., 1862.

In the second stage, the great object of treatment is to promote absorption of the morbid products, serum and lymph. Depletion is no longer admissible. Mercurialization is generally advised for this object, and although the efficiency of mercury as a sorbefacient has doubtless been much exaggerated, we are not warranted in saying that it has no effect in that way. If it exert ever so small an effect, it is indicated in a disease like this, in which the object to be effected is of so much importance. Iodine is another remedy supposed to be useful as a sorbefacient. I have witnessed, as I think, the good effect of the iodide of potassium in several cases. In the case in my service at Bellevue Hospital, reported by Dr. Lyman, and the case seen with Dr. Purcell, to which reference has been made, the patients recovered under the use of this remedy, mercury not being employed in either case. This remedy may be given in doses of five grains three or four times daily, increasing to ten grains or more if well borne. A blister may be applied over the nucha. The propriety of blistering the scalp is questionable.

Another object of treatment in the second stage, if death do not take place by apnœa, is to support the powers of the system. Measures for this object are indicated in proportion as the tendency to death is by asthenia.

Attention to the bladder is important in the second stage.

CHRONIC MENINGITIS.

Simple chronic meningitis, that is, meningitis not incident to a tuberculous or any prior cerebral affection, is extremely infrequent, although less rare than the acute form of the disease. This statement has reference to periods of life after infancy, but it holds good also with respect to the latter period. In the great majority of cases, it is a subacute affection *ab initio.*

The anatomical characters are essentially the same as in simple acute meningitis, consisting of the presence of more or less serum and lymph, or pus, beneath the arachnoid, this membrane being thickened and opaque, together with more or less turbid liquid within the ventricles.

This affection may be ranked among the "insidious diseases." The symptoms may not point to any cerebral affection, or they are not distinctive of this form of disease. The diagnosis is difficult. Pain in the head is usually more or less prominent as a symptom, but this is a symptom common to many affections. There may be little or no febrile movement. Vomiting may be a prominent symptom, but this, too, occurs in numerous pathological connections. Mental apathy, amounting sometimes to stupidity, indisposition to either mental or physical exertion, and a notable change in disposition, characterize certain cases. Paralysis of the face, or hemiplegia, sometimes occurs, but this is an effect of other forms of disease. This statement also applies to epileptiform convulsions.

I have known a case of chronic meningitis to be considered a case of chronic gastritis, vomiting being a prominent and persistent symptom. The patient fell into coma before death, but this was attributed to exhaustion. Meningitis was not suspected prior to the autopsy. In another case in which an ante-mortem diagnosis was not made, the patient dying suddenly with apoplexy from extravasation, the case had been considered one of latent or irregular intermittent fever, chills occurring from time to time. Quite recently a patient was admitted into my division at Bellevue Hospital, who had no symptoms referable to the head excepting mental inertia bordering on imbecility. He gradually fell into coma, and, after death, the case was ascertained to be one of chronic meningitis.

As regards diagnosis, close observation ought to lead to the conclusion that there exists some chronic cerebral affection, but the practitioner is hardly censurable for not being able to decide whether there be simply meningeal inflammation or some other chronic affection. Paralysis is less likely to occur than in cases of softening or of tumors within the skull. The absence of paralysis is, therefore, of some account in the diagnosis. This statement will measurably apply to convulsions. If cephalalgia, impairment of the mental faculties, and gradually developed coma follow an injury of the head, chronic meningitis is to be suspected rather than cerebral softening or tumors. A traumatic cause is more likely to give rise to inflammation than to the lesions just named, Chronic meningitis is developed in a small proportion of cases of the affections of the kidneys embraced under the name, Bright's disease. The existence of renal disease is, therefore, of some account in the diagnosis. But, in cases of renal disease, cerebral symptoms referable to uræmia, viz., epileptiform convulsions and coma, are not to be considered as evidence of meningitis.

Simple chronic meningitis, especially as occurring after infancy, is one of the numerous affections which remain to be studied, by means of the analysis of a considerable number of cases, with reference to its clinical history, pathological associations, causation, and diagnosis.

The treatment consists of moderate counter-irritation, the iodide of potassium, and perhaps mercurialization, quietude of mind and body, and the hygienic regulations appropriate to chronic affections generally.

TUBERCULOUS MENINGITIS.

The researches of Guersant in 1823, and of Gerhard and Rufz in 1833 and 1834, led to the recognition of a variety of meningitis differing from the simple acute and chronic forms which have just been considered. The characteristic pathological feature of this variety is generally considered to be the deposit of either miliary granulations or yellow tubercle, in connection with meningeal inflammation. Hence the name *tuberculous*, or *tubercular meningitis*. It has also been called *granular meningitis*, a name denoting the connection of the meningeal inflammation with the semi-transparent, grayish bodies, known as miliary granulations. This variety of meningitis affects chiefly children, and is treated of fully in works devoted to infantile diseases. It is not, however, exclusively confined to childhood, and I shall therefore briefly consider it. Of 28 cases analyzed by Barclay, all fatal, and the diagnosis based on morbid appearances found after death, in 9 the age was under 15 years; in 5 the ages were between 15 and 20, in 7 between 20 and 25, in 4 between 25 and 30, in 2 between 30 and 40, in 1 between 40 and 50, and in one the age was over 50 years.[1]

A distinctive feature of so-called tuberculous meningitis is its situation in the majority of cases at the base of the brain; in this respect differing from simple acute or chronic meningitis, the latter affecting especially the superior and lateral portions of the cerebral hemispheres. In the tuberculous variety, lymph is found beneath the arachnoid covering the pons Varolii, optic commissures, cerebellum, etc., and notably in the fissure of Sylvius. The inflammation, however, may extend to the convex surface of the cerebrum. The amount of lymph varies much in different cases. It is sometimes extremely small. It is stated that yellow tubercle is found, in certain cases, mixed with lymph, beneath the arachnoid, being either infiltrated in this situation or collected in masses varying in size from a pin's head to a pea. In the cases which I have seen, the gross appearances of yellow tubercle have not been present, and Prof. A. Clark informs me that, in his experience, he has failed to discover, with the microscope, the characteristics of tubercle. Small granulations are generally found more or less numerous, which are regarded by Prof. Clark as simply lymph, having assumed, as he conjectures, this form in consequence of the slight movements of the brain incident to respiration. Robin considers these granulations as not tuberculous, but composed of fibro-plastic elements, and analogous to the gray semi-transparent granulations found in the lungs and other situations, these being reckoned generally, but, according to Robin, incorrectly, as a variety of tubercle.

Other morbid appearances are, congestion of the vessels of the pia mater and cerebral substance, more or less serous effusion beneath the arachnoid and into the ventricles, the effused liquid generally turbid, flattening of the convolutions in proportion to the amount of ventricular effusion, and softening of the brain at different points due to pressure, to œdematous infiltration of the effused liquid, and also, in some cases, to an extension of inflammation to the cerebral substance. Minute extravasations, as in capillary apoplexy, have been observed.

In the majority of cases, semi-transparent granulations, with or without a deposit of yellow tubercle, are found in the lungs, and, frequently, in other organs, viz., the spleen, liver, etc. A case may present during life all the symptomatic phenomena of tuberculous meningitis, and after death the brain present neither yellow tubercle, miliary granulations, nor coagulable lymph recognizable with the naked eye; the morbid appearances consisting of effusion into the ventricles, and softening in the neighborhood of the ventricles, from pressure and imbibition of liquid. Such a case has recently fallen under my observation; and, in this case, the pathological character of the disease was shown by the presence of the so-called miliary tubercles, or semi-transparent granulations in the lungs and spleen.

In the progress of this, as in the simple form of meningitis, the symptoms undergo a marked change due to the pressure of lymph and effused liquid, and this change will serve to divide the career of the affection into two stages. The development of the meningitis may be preceded by the symptoms and signs of pulmonary tuberculosis. Probably the latter always exists as an antecedent affection, after infancy and childhood. The meningeal affection, when it does not distinctly supervene upon tuberculous disease of the lungs, is usually preceded by pallor, loss of weight, impaired appetite, irritability of temper, indisposition to exertion, and other general symptoms, for a variable period. But, in a certain proportion of cases, the symptoms denoting the head-affection appear suddenly, the previous health having been apparently good.

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[1] Article by Dr. A. W. Barclay in Dublin Medical Press, 1853.

The development of meningitis, as a rule, is denoted by pain in the head, referred generally to the forehead. Convulsions are less likely to occur at the onset than in simple acute meningitis. Vomiting, in most cases, is an early, and sometimes a prominent symptom. More or less febrile movement occurs. These symptoms continue for several days. The cephalalgia is frequently severe. Lancinating pains occur from time to time, causing infants to give a sudden, sharp, and short cry, which has been known as the *cephalic cry* In children able to speak, a common exclamation is, "Oh! my head." The hands are often carried to the head. There is increased sensibility to light and sounds. The expression is frequently frowning. In infants, raising the lids and exposing the eyes to light occasion crying. The conjunctiva is often suffused. The face may be flushed, and, in some cases, paroxysmal flushing of the face is a notable symptom. I have observed this to precede convulsions.

Drowsiness and somnolency mark the supervention of the second stage. There is now less suffering from cephalalgia, but occasional lancinating pains may still occur. The pulse now may fall below the average frequency of health. It is not infrequently faltering; it fluctuates in frequency, and may be irregular in rhythm. The respirations which, in the first stage, may have been accompanied by sighing, are now often irregular in rhythm. In young children, masticatory movements are common, and, after dentition, grinding of the teeth. Rolling the head, or boring the pillow, is a symptom in infants. The somnolency increases. The patients are reluctant to be aroused. If able to speak, they reply to questions slowly or in monosyllables, like a person half awakened from profound sleep. When aroused, they have an expression of stupidity. Incoherency is common, and occasionally drowsiness alternates with paroxysms of delirium. The pupils become dilated, and not infrequently present an irregularity as regards size. They respond sluggishly to light. As the somnolency deepens, the movements of the eyeballs are not in unison, strabismus frequently occurs, and oscillations of the balls are occasionally observed. The eyelids are partially closed, and, in some cases, the patients lie with the lids widely opened. Vision is gradually impaired, and frequently lost. Subsultus, carphologia, and fumbling with the bed-clothes are frequent symptoms. Convulsions are apt to occur, especially in children. They are either limited or general, and may be either severe or slight. Paralysis of one side of the face, and incomplete hemiplegia, are occasionally observed. Occasional vomiting is a symptom of the second stage. As a rule, there is complete anorexia, but in some cases which I have observed, food has been taken with apparent relish. The teeth and lips often become covered with sordes. Constipation is the rule. In young children the dejections are sometimes greenish, and resemble spinach in appearance. The abdomen is retracted. Retention of urine is not uncommon.

Sooner or later the patient becomes comatose. But, in some cases, before the occurrence of coma, remissions occur, in which the improvement, as regards intelligence and in other respects, is such as to appear to the friends to afford ground for much encouragement in hoping for recovery. The occurrence of profound coma is followed by impairment and loss of deglutition, with more or less embarrassment of respiration. The pulse becomes frequent and feeble, and the mode of dying is by apnœa and asthenia combined.

The duration is variable. It rarely falls short of a week. In the majority of cases it does not exceed two weeks. It rarely extends beyond three weeks, but, exceptionably, it may be prolonged considerably beyond this period. The termination is almost invariably, if not invariably, fatal. In the few cases of supposed recovery which have been observed, it is probable that the affection was simple meningitis.

The diagnosis involves the discrimination from infantile fever. With the latter it is not infrequently confounded. In making this differential diagnosis, meningitis is to be excluded by the absence of sensibility to light and the characteristic lancinating pains which belong to the first stage, and of the strabismus, affection of pupils, and other symptoms belonging to the second stage. In fever, drowsiness and delirium are not preceded and accompanied by the symptoms just referred to. Moreover, in fever, diarrhœa, abdominal tympanites, and iliac tenderness are likely to be present, symptoms not belonging to the clinical history of tuberculous meningitis.

It is to be discriminated from the so-called *hydrencephaloid affection* incident, in children, to exhaustion from diarrhœa. With this affection it was formerly confounded. In this affection the symptoms denoting inflammation are wanting, and the drowsiness or stupor is not accompanied by strabismus, inequality of the pupils, embarrassment of respiration, irregularity of the pulse, and other symptoms, exclusive of the somnolence, which belong to the second stage of tuberculous meningitis.

To discriminate tuberculous from simple meningitis is by no means always easy. The gradual development of the former, the antecedent cachectic symptoms, the longer duration of the first stage, and the coexistence of pulmonary tuberculosis, must serve as the basis of this differential diagnosis. The meningitis is probably simple if it can be distinctly traced to a traumatic origin.

If the diagnosis be positive, the encouragement for successful treatment is almost infinitely small. It is difficult, of course, to decide upon measures which will be likely to be useful in a disease tending intrinsically, like this, to a fatal issue, and when, in cases of apparent recovery, we are obliged to distrust the correctness of the diagnosis. The chief source of encouragement for successful treatment, in fact, is the possibility that the diagnosis may be incorrect, the affection being simple meningitis. With reference to this liability to error in diagnosis, the measures indicated in simple meningitis are admissible. If, however, the practitioner be thoroughly convinced of the correctness of the diagnosis, he is hardly justified in resorting to blood-letting, or measures which occasion suffering, such as blisters and frequent cathartics. Under these circumstances, measures to palliate distress and prolong life are alone indicated.

SPINAL MENINGITIS.

Inflammation of the spinal membranes which correspond to those affected in cerebral meningitis, viz., the arachnoid and pia mater of the cord, claims a brief notice by way of preparation for considering inflammation of the meninges of both the brain and cord, or *cerebro-spinal meningitis*. Inflammation limited to the meninges of the cord, that is, the cerebral membranes not involved, and exclusive of cases of circumscribed spinal meningitis incident to injuries or diseases of the spine, and structural affections within the spinal canal, is exceedingly rare. This statement is applicable both to acute and chronic inflammation. Rare as is cerebral meningitis, spinal meningitis is still more infrequent. The anatomical characters are essentially the same as in cerebral meningitis, the inflammatory products being situated within the inner sac, that is, between the spinal arachnoid and pia mater.

The diagnostic symptoms of acute spinal meningitis, as noted in the few cases which have been reported, are the following: Pain referred generally to the entire length of the vertebral column, and shooting thence to the extremities, increased by movements of the body more than by pressure over the spine; hyperæsthesia of the surface of the body; tonic contraction of the muscles of the back, giving rise to opisthotonos; in some cases trismus and clonic convulsions; paralysis due to pressure of the inflammatory products or an extension of the inflammation to the cord. The pulse may be at first but little affected, but, after a time, it becomes frequent and feeble. Abundant perspirations are frequent.

Acute spinal meningitis runs a rapid course, its duration rarely extending beyond a week. Its termination is almost invariably fatal. The general principles of treatment are the same essentially as in acute cerebral meningitis.

The symptoms in cases of chronic spinal meningitis are not characteristic of the affection. It will be referred to in another chapter in connection with paralysis.

CEREBRO-SPINAL MENINGITIS.

With acute inflammation of the meninges of the cord is almost always associated cerebral meningitis. The affection is then known as *cerebro-spinal meningitis*. As a sporadic affection, it is extremely rare. I have notes of but a single case, which came under my observation several years ago, the diagnosis being based on the symptoms only, recovery taking place. It occurs chiefly as an epidemic. Within the last quarter of a century, epidemic, cerebro-spinal meningitis has prevailed, at different epochs, in various parts of this country. Within and prior to the period just named, epidemics have occurred repeatedly in Great Britain and on the continent of Europe. Quite recently this affection has excited attention anew in this country, in consequence of its reappearance in certain districts of Pennsylvania, New York, and other parts of the United States. It has been lately proposed to call the affection by another name, to wit, *spotted fever*. This name is applied by some writers at the present time to an epidemic affection which appears to be identical with that generally known as epidemic, cerebro-spinal meningitis. For reasons which will be stated under the head of the pathological character of the affection, it seems to me preferable to continue to use the latter name. The name spotted fever derives its significance from the occurrence of petechial spots in a certain proportion of cases. It was applied, in this country, to an epidemic affection which prevailed in New England between the years 1807 and 1816; and it has been revived under the belief that the epidemic disease just referred to was the same as that prevailing at the present time. It is proper to state that the brief account which I shall give of epidemic, cerebro-spinal meningitis will be based exclusively on the observations of others. I have not, as yet, had an opportunity of observing the affection. My account will be based on reports of American physicians in 1848, and especially a paper by Dr. S. Ames, of Montgomery, Alabama,[1] together with recent papers by Dr. Gerhard, Dr. W. H. Draper, and others in this country, and the article on this subject contained in the treatise on Practical Medicine by Valleix. The latter embodies the facts communicated by clinical observers in Europe.[2]

ANATOMICAL CHARACTERS.—As the name imports, the affection is characterized by meningeal inflammation within the skull and spinal canal. In the majority of cases, ample evidence of cerebro-spinal meningitis is afforded by the appearances after death. This evidence is the presence of the inflammatory products, lymph or pus. The exudation in some cases is abundant and extensive; the greater part of the surface of the brain and cord has been found covered with a thick layer of lymph, situated chiefly beneath the arachnoid membrane, and extending into the sulci between the convolutions. In other cases, the exudation is more or less limited as regards amount and extent. When limited, it is oftener found at the base of the brain than upon its superior and lateral aspects. It is found especially in the tract of the vessels; the lower surface of the cerebellum is apt to be affected. Covering the medulla oblongata, the lymph or purulent matter may extend over the whole length of the cord, or a section only of the cord, more or less in extent, may present evidence of inflammation. When only a section of the cord is affected, it is oftener at the lower than the upper part, but the reverse is true of a certain proportion of cases. The vessels of the pia mater and the substance of the brain and cord are congested. Ames noted in his autopsies a change of the vesicular neurine to a pink hue. Softening of the brain and cord at certain points is observed. A puruloid liquid is sometimes found in the ventricles and within the arachnoid cavity.

These appearances, essentially the same as in simple acute meningitis, differ much in different cases. The inflammatory products, lymph or pus, are sometimes wanting. This was true of one out of eleven cases examined after death by Ames. In a single autopsy witnessed by Gerhard, there were no products of inflammation within the skull or spinal canal. The absence of lymph and pus in a certain proportion of cases is attested, according to Valleix, by all European observers. In these cases, the morbid appearances relating to the nervous centres consist of more or less congestion and serous effusion. The explanation of the absence of exudation, in at least a part of the cases in which it is wanting, is to be found in the short duration of the disease, death sometimes occurring within a few hours. In some cases, during the prevalence of an epidemic, the morbid appearances denote cerebral meningitis only, the meninges of the cord presenting no evidences of inflammation.

Morbid changes frequently exist in other parts of the body. Serous effusion and sometimes purulent liquid are found in the pleural and pericardial cavities, in the joints, and in the tunica vaginalis. Spots of ecchymosis are observed upon the pericardium, beneath the peritoneum, and in other situations. Peyer's glands and the follicles of Brunner are abnormally distinct, but not enlarged from a morbid deposit, or ulcerated, as in typhoid fever. A microscopical examination of the liver and kidneys by Draper, in four cases, revealed fatty degeneration in these organs. In none of these cases had there been any antecedent evidence of renal disease. Two of the cases were children, and two healthy adults.[3] It remains to be ascertained by further examinations whether these morbid changes are accidental, or whether they sustain important pathological relations to the disease.

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[1] New Orleans Medical and Surgical Journal, 1848.

[2] For reference to the various epidemics which have prevailed in Europe, as described by different observers, *vide* Valleix, op. cit.

[3] Report on Cerebro-Spinal Meningitis or Spotted Fever, by W. H. Draper, M. D., Bulletin of the New York Academy of Medicine, April, 1864.

An analysis of the blood in four cases, by Ames, showed an increase of fibrin from 3.64 to 6.40 in a thousand parts. In three cases the red corpuscles were diminished. The coagulation of the blood drawn in venesection was rapid, the color was unusually bright, and of 37 cases the buffy coat was observed in only 4.

Clinical History.—The single case of supposed sporadic cerebro-spinal meningitis which I have observed was characterized by intense cephalalgia, pain and acute tenderness over the spine, boisterous delirium, muscular tremor resembling the rigor of an intermittent, difficulty of co-ordinating movements in standing or walking, and febrile movement. This case occurred in the practice of Prof. James P. White.

The characteristic features of epidemic cerebro-spinal meningitis, in its visitations at different times and places, are remarkably distinctive. Frequently the disease commences with a sudden attack, the patient being at once stricken down with grave symptoms, but, in the majority of cases, the access is more or less gradual, the development occupying from one to eleven days. Cephalalgia is the most frequent precursor. Chills without rigors preceded in 28 of 64 cases analyzed by Ames. Other prodromes are nausea and vomiting, pain in the spine (rachialgia), pain in the limbs, vertigo, and diarrhœa. These are enumerated in the order of their relative frequency. Cephalalgia is usually the most prominent symptom when the disease is developed. It was wanting in only one of 64 cases analyzed by Ames. The pain is intense, lancinating, accompanied with a sense of tension; it is referred either to the frontal region, the occiput, or the whole head. The pain persists without intermissions. It is increased by light, sounds, and movements of the body. Pain referable to the spine, or rachialgia, is generally added to the cephalalgia. The pain may extend over the whole of the spine, or it is referred to either the lumbar, dorsal, or cervical portion. The extent and situation of the spinal pain probably corresponds with the extent and situation of the spinal meningitis. The rachialgia is wanting if the disease prove fatal without the inflammation extending to the spinal membranes. The spinal pain is not always increased by pressure over the vertebral column, but notably by movements of the body. In some of the cases observed by Ames, pressure on the cervical vertebræ increased the pain in the head, and pressing on the dorsal vertebræ caused pain in the epigastrium, sternum, and umbilical region. Pain is frequently felt, irrespective of pressure over the spine, in different parts of the body, and especially in the lower extremities. The pain in other situations than the head and spine is often intense. Hyperæsthesia of the surface of the body is, in certain cases, a marked symptom, rendering the slightest contact a source of suffering.

Delirium in some cases quickly supervenes, but in other cases after a variable period. Sooner or later it occurs in a large proportion of the cases which are not quickly fatal. It was noted by Ames in 24 of 64 cases, and by Levy in 42 of 60 cases. It varies much in character and intensity. At first the patient simply manifests difficulty in collecting his ideas, but, after a time, he either remains taciturn, making no response to questions or replying incoherently, or he becomes actively delirious, shouting and struggling against restraint. The latter form of delirium occurs in paroxysms, the patient being calm at intervals. The paroxysms of delirium occur especially at night. They are accompanied by hallucinations, in some cases, and insane delusions. Occasionally the delirium is hilarious. The mind is usually desponding and apprehensive, if the intelligence be preserved. In a certain proportion of cases, the patient becomes quickly somnolent and falls into coma, which may be of temporary duration, or continue until the disease ends fatally. More or less stupor, frequently amounting to coma, occurred on the first day in 18 of the 64 cases analyzed by Ames. The vision is rarely lost; double vision sometimes occurs; the pupils are frequently dilated but sometimes contracted; the conjunctiva is often injected; temporary deafness is an occasional symptom.

Important symptoms relate to the muscles. Tonic contraction of the muscles of the neck and back is of frequent occurrence, giving rise to retraction of the head and opisthotonos in a greater or less degree. This was observed by Levy in 18 of 60 cases Trismus occurred in 17 of these cases, and pleurosthotonos in 2 cases. Contraction of more or less of the muscles of the extremities was noted in 16 cases. Rigidity of the recti muscles was observed by Ames in several cases. Tremor of the muscles is an occasional symptom. Strabismus occurred in 9 of the 64 cases analyzed by Ames. In the cases in which the disease is protracted, subsultus and carphologia are frequent. Convulsions are not of frequent occurrence. Of the cases analyzed by Ames, they were observed toward the close of the disease in 3 cases, and at the beginning in 1 case. Paralysis is also infrequent. It occurred in only 3 of 99 cases observed by Tourdes. Incomplete ptosis on one side occurred in 1 of the cases analyzed by Ames, and incomplete hemiplegia in another case.

Nausea and vomiting are more or less prominent in a minority of cases. Vomiting was noted by Ames in 15 cases, and nausea without vomiting in 3 cases. Constipation is the rule. Diarrhœa was observed by Ames in only 1 case, and in this case it was probably due to the employment of tartar emetic given for a pneumonic complication. The appetite is generally lost; however, a desire for food was expressed in 8 cases observed by Ames, convalescence not being near at hand. The tongue presents a variety of morbid appearances. It is frequently large and flabby, showing indentations made by the pressure of the teeth. It becomes coated, and, in the progress of the disease, dry and dark. The teeth and lips frequently present sordes.

The respirations are sometimes suspirious. They are usually increased in frequency even when no pulmonary complication exists. Stertor is rare. The pulse at the commencement of the disease is generally not more frequent, and often slower, than in health. In the progress of the disease it becomes moderately accelerated, rarely exceeding 100 per minute, until toward a fatal termination, when it is frequent and small. Softness of the pulse is stated by Ames to be a constant feature. Fluctuations in frequency at different periods of the day is stated to be a striking feature by Tourdes and Ames. Palpitations are occasionally observed. The quantity of urine is greater than in health, and the urates are deposited in abundance.

The temperature of the skin varies in different cases and at different periods in the progress of the disease. At the beginning the temperature rarely exceeds, and often falls below, that of health. Notable heat of the surface is very rarely observed. As regards dryness and moisture, cases vary on different days and at different periods of the same day. Sweating appears to be a rare event, except in some cases shortly before death.

Petechial spots, which have of late especially excited attention, are frequently observed, but they are by no means constant. They appear to be of more frequent occurrence in some epidemics than in others. They vary in size from that of a pin's head to spaçes a quarter of an inch in breadth or even larger. They are evidently due to an extravasation of hematin, in other words, they are ecchymoses such as occur in scorbutus, purpura, in some cases of continued fever, and occasionally in various affections. They are hardly entitled to be called an eruption. According to Tourdes, a rose-colored papular eruption, resembling that of typhoid fever, is occasionally observed. The same observer has noticed herpes labialis in one-third of his cases. Ames observed this eruption in only 3 cases.

A survey of the clinical history of this affection, exclusive of the cases in which death quickly ensues in apoplectic coma, as remarked by Valleix, shows a correspondence with the symptoms of acute cerebral meningitis, with the addition of the phenomena due to an extension of the inflammation to the meninges of the spinal cord. The duration of the disease is very variable. Of fatal cases, the minimum duration is stated by Tourdes to be twenty hours. Ames states the minimum to be fifteen hours The maximum duration in fatal cases is stated by Tourdes to be 100 days, and by Ames over forty days. Of the cases analyzed by Ames, 16 terminated fatally on the second or third, and 19 on the fourth day. Thus, in the great majority of fatal cases, the disease runs a rapid course, ending prior to the fifth day. In cases which end in recovery, the convalescence is generally tedious, and the patient is apt to remain for a long period in feeble health. Relapses have not been observed.

It is not easy to divide the career of the disease into well-marked stages. And the arrangement of cases into different classes, such as inflammatory, congestive, malignant, etc., does not seem to me to be attended with any practical advantage. Remissions are stated to occur by different observers, especially by Ames. They vary as regards the time of their occurrence, their duration, and the degree of amelioration of the symptoms. Not infrequently the improvement for a few hours, and sometimes for a day or so, is so marked as to give encouragement to hope that convalescence is about to take place. These remissions are most apt to occur on the second or third day. Unhappily they are in most cases delusive.

PATHOLOGICAL CHARACTER.—The name of this disease implies the occurrence of inflammation of the cerebral and spinal meninges; but it is not to be inferred that the disease is purely local. Inflammation of the parts just named is doubtless a local manifestation, or an effect, of an underlying, general morbid condition This statement will apply to all epidemic diseases characterized by local affections, and, also, to not a few sporadic diseases which are nosologically considered as local. Moreover, the existence of an underlying, general morbid condition, is declared by the occurrence, in a certain proportion of cases, of local inflammation in other situations than within the head and spinal canal. It is in vain to inquire, in what consists this general morbid condition; but we are not more ignorant of the essential pathological character of this than of most other diseases which belong in the same category. A morbid condition of the blood is probable, and, in view of the disease being an epidemic, it is reasonable to conclude that the morbid condition of the blood is of a toxical character.

Some writers are of opinion that the disease belongs more properly in the class of fevers, than among the affections of the nervous system. Boudin, in 1849, proposed to call the disease *cerebro-spinal typhus*. Dr. W. H. Draper, in an article already referred to, has ingeniously advocated its identity with typhus. This view of its pathological character does not seem to be tenable. The anatomical characters of cerebro-spinal meningitis are exceedingly rare in cases of typhus; as regards clinical history, the points of contrast with typhus are more numerous and striking than those of resemblance; and facts are opposed to the supposition of community as regards causation. The distinctive features of the disease relate to the nervous system, and, in a large proportion of cases, the symptomatic phenomena are due to inflammation of the meninges of the brain and spinal cord; hence, in the existing state of our knowledge, it has seemed to me most convenient and appropriate to continue to use the name cerebro-spinal meningitis, and to consider it in the section of this work devoted to diseases affecting the nervous system.

Causation.—The prevalence of the disease as an epidemic implies the existence of a special cause. With respect to the source of the special cause, and the circumstances concerned in its production, we have no positive knowledge. Nearly all who have observed the disease, concur in the belief that it is not propagated by contagion or infection. This suffices to establish its non-identity with typhus, for the latter is undoubtedly communicable from one person to another. Moreover, epidemic, cerebro-spinal meningitis is developed in rural districts where typhus is never generated. Nor is the cause identical with that which gives rise to periodical fevers, for the disease has prevailed where intermitting and remitting fevers are never produced. It may be, however, that, in so-called miasmatic districts, the special cause may be combined with that giving rise to periodical fevers, and, hence, the phenomena of the latter may be associated with those belonging to cerebro-spinal meningitis.

In France the disease has been observed to prevail especially among soldiers, and more particularly among new recruits. Recently, in this country, it has prevailed among troops stationed at several different points. It attacks persons in all conditions, and at all periods of life. Infants are not exempt, but the liability is increased after seven years of age. In a series of cases the larger number are between the ages of 20 and 30 years. Epidemics have been observed in all climates, and in all seasons of the year. Of the persons attacked the larger proportion are males.

The causes which may give rise to the disease by co-operating with the special cause remain to be ascertained.

Diagnosis.—Difficulty in making the diagnosis of cerebro-spinal meningitis relates chiefly to sporadic cases, to cases of an unusually mild character, or to the cases which occur at the commencement of an epidemic. Exclusive of mild cases, the diagnostic features are striking and distinctive.

The disease should never be confounded with typhoid fever. The suddenness of the attack in many cases, the absence of febrile movement at the commencement, the pulse being often at first less frequent than in health, the increase, instead of diminution, of the cephalalgia as the disease progresses, and the occurrence of symptoms denoting inflammation of the meninges of the brain and cord, distinguish it alike from typhoid and typhus fever. On the other hand, the characteristic abdominal symptoms of typhoid fever are wanting, viz., diarrhœa, meteorism, and iliac tenderness. Absence of the latter symptoms does not exclude typhus; but other diagnostic points belonging to the latter disease are wanting. The characteristic eruption of typhus, often copious and appearing on the third or fourth day after taking to the bed, does not occur in cerebro-spinal meningitis. The spots of ecchymosis on which the name spotted fever is based, cannot be confounded with the eruption of typhus. The dusky hue of the surface, and the characteristic physiognomy of typhus, are wanting. Tonic contraction of the muscles of the neck and back, rachialgia, convulsions, and furious delirium, which occur not infrequently in cases of cerebro-spinal meningitis, are very rare in cases of either typhoid or typhus fever.

In the cases in which the patient falls quickly into coma and dies after the lapse of a few hours, the affection resembles, in this fact, a paroxysm of pernicious intermittent fever. In general, however, the latter does not destroy life in the first paroxysm, and the occurrence of a paroxysm from which the patient has emerged, suffices to establish the diagnosis. It is of course only in districts in which periodical fevers exist, that the practitioner is called upon to make this differential diagnosis.

The occurrence of trismus and opisthotonos may suggest tetanus. But in tetanus the cerebral symptoms which belong to cerebro-spinal meningitis are wanting. Moreover, tetanus, in other than tropical climates, is exceedingly rare save as a traumatic affection, and never prevails anywhere as an epidemic.

PROGNOSIS.—There are few epidemic diseases so destructive to life as cerebro-spinal meningitis. In the epidemic observed by Tourdes, the proportion of deaths was 60 per cent. Ames gives the same proportion of fatal cases in the epidemic which prevailed in Alabama in 1848. In an epidemic observed by Lefèvre, four-fifths died at the commencement, and two-thirds toward the end of the epidemic. All observers agree as respects a large death-rate in cases of this disease. The prognosis in all cases in which severe symptoms occur—such as notable delirium, coma, convulsions, and muscular contractions—is exceedingly grave. The disease is most apt to prove fatal in infants, and in persons in middle and advanced life. It is stated that the proportion of fatal cases is greater among females than males.

The mode of dying in the cases in which coma and death take place speedily, may be by apnœa, but, in the majority of cases, it is chiefly by asthenia.

TREATMENT.—In a disease of so severe and fatal a character, it might be anticipated that various potent therapeutical measures have been abundantly employed. Bloodletting has been largely practised without favorable results. Indications for bloodletting, derived from the circulation, as a rule, are not present; the pulse is usually deficient in force. Still, there may be cases in which this measure is of great utility. At an early period, if there be considerable febrile movement and a pulse denoting augmented power of the heart's action, it is admissible, if not demanded.

Quinia, in large doses, has been frequently employed. Experience has not furnished satisfactory evidence that this remedy possesses curative power over the disease. In some cases of reported success from its use, there may be reason to suspect that pernicious intermittent fever has been mistaken for the disease. In miasmatic districts, the possibility of this error in diagnosis, or of the association of the malarious poison with the special cause of the disease, may render the employment of quinia advisable, without placing reliance on it as a curative remedy for the cerebro-spinal meningitis.

With respect to opium in large doses, testimony is discrepant. Chauffard, Boudin, and others affirm that this remedy exerts a favorable influence upon the disease, and reduces the rate of mortality. Its safety and usefulness by way of palliation is stated by Ames and others who do not attach to it a curative power.

Mercury, tartar-emetic, active purgatives, extensive vesication over the nucha and back, ice applied to the head and spine, are among the measures which have been more or less largely employed; but it is difficult to determine, from the literature of the subject, their agency, respectively, for good or harm. In the recent epidemic visitations in this country, practitioners have resorted to the use of alcoholic stimulants freely, but sufficient facts have not, as yet, been communicated to warrant a judgment concerning their value.

In the present unsettled state of opinions and practice respecting the treatment of this disease, the most judicious course for the practitioner is not to adopt any plan to be followed indiscriminately, but to employ different therapeutical measures with reference to the indications in individual cases. Bloodletting may be employed under the circumstances which should govern the use of this measure in the first stage of simple acute meningitis, and in congestive apoplexy. Opium may be tried, and continued or not, according to its apparent effects. Mercury is advisable on the same grounds as in simple acute meningitis, but it is not to be relied upon sufficiently to take the place of other measures. Cold is to be applied to the head and back when grateful to the patient, and not followed by an aggravation of symptoms. Vesication of the neck or spine by means of a blister, or the strong aqua ammoniæ (the latter, from its quickness of operation, is to be preferred), may be employed, except in young children, and it may be repeated if it appear to afford relief. Revulsive applications to the extremities, by means of sinapisms or stimulating pediluvia, are always admissible. Active purgation is of questionable propriety after the bowels have been freely evacuated. Finally, stimulants are indicated whenever the symptoms denote failure of the vital forces; and they are urgently indicated in proportion as the tendency is to death by asthenia.

Without any definite knowledge of the special cause of epidemic, cerebrospinal meningitis, or of the accessory causes, the prophylaxis will embrace attention to all sanitary measures relating to individuals and to public health. Prudence dictates, whenever practicable, removal beyond the sphere of the epidemic influence.

HYDROCEPHALUS—HYDRORACHIS.

The term hydrocephalus has been loosely applied to all accumulations of liquid, in different situations, within the cranium. Meningitis, with abundant effusion, has been called acute hydrocephalus. The term should be applied exclusively to a non-inflammatory or dropsical effusion. This may take place within the arachnoid cavity, in the subarachnoid space, and in the ventricles. It occurs most frequently in the latter situation. The morbid conditions giving rise to hydrocephalus are local. There is little or no tendency to dropsical effusion within the cranium in cases of general dropsy. It occurs as a congenital affection, or in early infancy, and leads, in some cases, to an enormous enlargement of the cranium, giving rise to a characteristic deformity of the head. The reader is referred to works on morbid anatomy, or on the diseases of children, for an account of this affection.

Exclusive of the affection just referred to, an effusion of serum takes place as a result of wasting or atrophy of the brain-substance, called by Rokitansky, effusion "ex vacuo." Under these circumstances, as the effused serum simply fills an unoccupied space, the brain does not suffer from compression. The supposition that serous effusion sometimes occurs suddenly in sufficient quantity to occasion apoplexy (serous apoplexy) has been already referred to, with an expression of doubt as to its correctness. An abundant serous effusion is an important element in certain cases of meningitis in children, and sometimes in adults. The exudation of lymph in some cases is very small, and the amount of effused serum large; but these are not, properly, cases of hydrocephalus. Dropsical effusion may occur as an element of various structural lesions within the skull, and in these cases it is probably due to obstruction of some of the intra-cranial vessels.

A dropsical accumulation within the spinal canal is called *Hydrorachis*. In cases of hydrocephalus in which the effused liquid is contained within the arachnoid cavity, the dropsical accumulation is also, of course, in the spinal canal. Exclusive of these cases, under the head of hydrorachis are embraced cases of congenital deficiency of portions of the vertebral column, constituting the affection commonly known as *spina bifida*. This affection belongs among the diseases of children. It is also treated of in works on surgery.[1]

Congestion of the spinal cord would appropriately be included among the affections considered in this chapter. It will suffice, however, to refer to this condition, and to the opposite condition, viz., anæmia of the cord, in connection with paralysis.

CHAPTER III.

Cerebritis, or Inflammatory Softening, and Abscess of the Brain—Structural Lesions within the Cranium—Non-Inflammatory Softening of the Brain—Morbid Growths or Tumors within the Cranium—Hypertrophy and Atrophy of the Brain—Myelitis—Hemorrhage within the Spinal Canal—Structural Lesions within the Spinal Canal.

INFLAMMATION seated in the substance of the brain, or cerebritis, and various structural affections situated within the cranium, are the topics which will occupy the first part of this chapter. Afterward, inflammation of the substance of the spinal cord, or myelitis, and structural affections within the spinal canal, will be noticed. For full details respecting these topics, works on morbid anatomy must be consulted. In the present state of our knowledge, it is hardly practicable to treat of the different cerebral and spinal lesions as individual affections. In a clinical point of view, we are situated with respect to these as formerly, before the introduction of physical exploration, physicians were situated with respect to pulmonary and cardiac lesions. The diagnostic characters which belong to them separately are imperfectly ascertained. Their differential diagnosis can rarely be made out with positiveness. In medical practice, the different lesions affecting the brain and spinal cord are of importance as leading to impairment and disorder of the mental faculties, and to paralysis. The latter are effects, or symptomatic phenomena, but, with our existing knowledge, it is convenient to consider them as individual affections. My plan, therefore, will be to devote a limited space to cerebritis and myelitis, and to notice very briefly the structural affections of the brain and spinal cord, referring to them under the head of paralysis, and devoting to the latter a more extended consideration.

CEREBRITIS—INFLAMMATORY SOFTENING—ABSCESS OF BRAIN.

The term cerebritis denotes inflammation of the substance of the brain. In cerebral meningitis the inflammation frequently, if not generally, extends more or less from the pia mater to the brain-substance. In this respect meningitis differs from other serous inflammations, for example, pleuritis, in which the inflammation is limited to the membrane, not involving the pulmonary parenchyma. The cerebritis thus induced secondarily to meningitis is more or less diffused. Cerebritis is also incidental to tumors which encroach upon the brain, and to extravasations of blood. In these cases, the inflammation is limited to the portion of cerebral substance surrounding the tumor or clot. Irrespective of these examples of cerebritis, it is occasionally presented as a primary affection, that is, the inflammation originates in the substance of the brain, and is not connected with any appreciable antecedent lesion of the part affected.

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[1] *Vide* System of Surgery, by Gross.

Directing attention to primary cerebritis, as just defined, the inflammation is circumscribed, and is either limited to a single space greater or less in extent, or it may exist in different situations. The most frequent seat is in the convolutions of the cerebrum, but there is no portion of the brain in which it may not be seated. Next to the part just stated, it is most apt to occur in the corpora striata, the thalami optici, the pons Varolii, and the cerebellum.

It is stated that the first physical change in the inflamed part is induration, from the presence of recent exudation-matter. An ulterior effect is softening, and from the constancy of this effect cerebritis is often considered under the head of inflammatory softening of the brain. The softening varies in degree, from a slight diminution of consistency to pulpiness or complete diffluence. The best test of a slight or moderate degree of softening, is the effect of allowing a small stream of water to fall upon the part. According to Bennett and others, inflammatory softening is distinguished from the softening which occurs irrespective of inflammation, by the presence of granular corpuscles apparent on microscopical examination.[1] The specific gravity of the brain-substance is increased by the addition of exudation-matter. The color is usually more or less reddened by congestion or the infiltration of hematin. Hence, inflammatory softening has been also called red softening. The softened portion sometimes becomes yellowish, probably from a change of color in the hematin, such as occurs after a bruise attended with extravasation of blood. Swelling of the inflamed part is another feature. If the cerebritis be seated near the surface of the brain, circumscribed meningitis may occur, leading to adhesion of the membranes, as in other situations circumscribed inflammation of the serous investment takes place over an inflammation originating in the parenchyma of organs. Finally, pus may be a product of cerebritis, and a collection of purulent matter mixed with liquefied cerebral tissue constitutes abscess of the brain. Surrounding the abscess in certain cases is a pseudo-membranous cyst, but in other cases the walls are formed by the cerebral tissue.

In a certain proportion of cases of cerebritis or inflammatory softening, coma occurs suddenly, not having been preceded by symptoms pointing to any serious cerebral affection. In these cases, the affection has been distinguished as apoplectic. It is sometimes difficult or impossible to discriminate between these cases and cases of apoplexy from extravasation, hemiplegia frequently accompanying the attack, and remaining if the patient emerge from the coma. The attack is probably never without some premonitions, but they may be so slight and indefinite as not to have attracted much attention. In some cases, however, the premonitions of coma are more marked. A pretty constant premonition is persisting cephalalgia, referred to a particular spot or limited to one side of the head, that is, unilateral. The mental faculties are impaired, as shown by defective memory and confusion of ideas. The temper becomes irritable, slight causes provoking anger. Prickling sensations, formication, or a sense of weight, are felt in one of the limbs or over one-half of the body. Rigidity and contraction of more or less of the muscles of a limb sometimes occur, and sometimes clonic spasms or convulsive movements. The articulation may be impaired; more or less impairment of vision, usually limited to one eye, occasionally occurs. The sensibility of the surface of the body, instead of being lessened, is often increased.

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[1] According to Wilks, the presence of these corpuscular bodies is not proof of inflammation.

These symptoms proceed from cerebritis leading to softening, and they continue for a variable period, until at length coma suddenly takes place. The patient is stricken down as with apoplexy; hemiplegia frequently occurs, and the symptoms are those of an apoplectic attack. The coma may persist and death take place after the lapse of a few hours or days, or, the patient may emerge from the coma more or less completely, the hemiplegia remaining, with impairment of the mental faculties, and life be prolonged for an indefinite period. Sooner or later a second apoplectiform attack may occur and in some cases a series of such attacks or coma gradually induced precedes the fatal termination. Muteness, from the loss of memory of words (aphasia), may follow an attack of coma connected with inflammatory softening.

The occurrence of sudden coma characterizes the variety of the affection distinguished as *apoplectic*. In another variety, called by Durand Fardel *ataxic*, cephalalgia, impairment of the mental faculties, and other symptoms which precede, in certain cases, the sudden coma in the apoplectic variety, exist for a variable period, and at length, toward the fatal termination, coma is gradually developed, preceded sometimes by delirium and sometimes by epileptiform convulsions. Hemiplegia in this variety is of less frequent occurrence.

The foregoing symptoms relate especially to the nervous system. As regards general symptoms, acceleration of the pulse, with increased heat of skin—in other words, febrile movement, moderate in degree—attends the development and progress of the disease in a certain proportion of cases. Vomiting is an occasional symptom. The appetite and digestion are more or less impaired. The bowels are usually constipated. These symptoms have nothing particularly distinctive of this affection.

The coma, in cases of cerebritis, is generally attributed to the congestion which is an element of inflammation. It may be due in part to the pressure of the exudation which takes place into the cerebral substance. Pain is marked in proportion as the portion of brain affected is near the superficies, and especially if the meninges be secondarily involved. The rigidity of muscles, contractions, spasms, and delirium, are referable to the excitation caused by the inflammation. The paralysis and impairment of the mental faculties result from the injury of cerebral tissue, incident to great softening or liquefaction, and the formation of pus. The latter effects, other things being equal, are proportionate to the extent of brain-substance affected and the degree of injury.

The inflammation, in cases of cerebritis, may be acute or chronic. I shall not consider chronic cerebritis under a distinct head. These two forms of inflammation are not infrequently presented successively in the same case. When the symptoms denoting cerebritis are rapidly developed, and a fatal termination occurs within a short period, coma being developed either suddenly or gradually, the affection is to be considered as acute. When, on the other hand, the symptoms denoting cerebritis exist for a considerable period, that is, for weeks or even months, before ending in coma, the affection is to be considered as chronic. But not very infrequently the symptoms at first denote an acute affection, and, life not being speedily destroyed, the affection becomes chronic. *Per contra*, the symptoms denoting an acute attack may supervene in cases in which the previous symptoms denoted a chronic affection.

The causation of circumscribed cerebritis, or inflammatory softening of the brain, exclusive of the cases in which it is connected with tumors or

esence of a clot, and the cases in which it proceeds from injuries of the
ad, or affections of the bones of the cranium, is generally obscure. It
curs oftener in persons of middle or advanced age than in young subjects,
this respect affording a contrast to meningitis. It is observed oftener
en the constitution is impaired by antecedent affections than in healthy
rsons, but clinical observation has not established relations with any par-
ular affections. The suppression of a chronic purulent discharge from the
s has, in some cases, been followed by circumscribed inflammation and
cess of the brain.

The diagnosis can rarely be made with much positiveness. The so-called
plectic variety is to be discriminated from veritable apoplexy, and this is
etimes difficult or impossible. The existence, or otherwise, of prodromes,
the main point in this differential diagnosis. Coma from cerebritis is
erally preceded by the prodromic symptoms which have been stated.
oplexy from extravasation generally occurs without premonitions. Other
nts which have been stated, viz., the more frequent occurrence of muscular
traction and hyperæsthesia of the surface, in cerebritis, are of doubtful
ability. In some cases which may be included in the category of apo-
tic cerebritis, the coma is incomplete; the patient lies in a semi-somnolent
e, not replying to questions, but protruding the tongue when requested,
giving other evidence of a certain amount of intelligence. This condition
ctly after the attack is rare in cases of apoplexy from extravasation. The
tinuance of this condition for hours or days, and the gradual occurrence
rofound coma, favor the supposition of the existence of cerebritis. It is
e borne in mind that cerebritis and extravasation of blood may be com-
d. There is ground for the belief that softening from circumscribed
britis, in some cases, leads to hemorrhage and consequent apoplexy.

cases in which the cerebritis does not give rise to sudden coma, either
plete or incomplete (the so-called ataxic variety), the existence of cir-
scribed inflammation or softening may be based on certain symptoms,
pain, rigidity of muscles, contraction, spasm, and paralysis; but
ther the cerebritis be primary or incident to a tumor, is a problem in
nosis difficult or impossible to resolve.

cute meningitis differs from cerebritis in the greater intensity of the
mmatory symptoms, viz., pain, febrile movement, etc. The limitation of
ular rigidity, contraction, spasm, or paralysis, to a single member, is
frequent in the latter than in the former affection. Another differential
t relates to age. Meningitis occurs oftener in young subjects; cerebritis,
iddle or advanced life.

e occurrence of an abscess or abscesses, as a result of circumscribed
ritis, is a pathological event which distinguishes certain cases; but
is no practical utility in considering these cases separately. Whether
aralysis and other symptoms are due to destruction of brain-tissue by
ning alone, or by softening with the production of pus, can hardly be
mined clinically. Traumatic cerebritis is more likely to end in suppu-
n than when the inflammation is spontaneous. The occurrence of cere-
under circumstances pointing to pyæmia would suggest the probability
rebral abscess or abscesses. It is stated that suppuration is apt to
when the inflammation is developed in connection with internal otitis.

rebritis leading to softening, with or without suppuration, ends fatally,
r or later, in the vast majority of cases. Recovery, under these cir-
tances, is possible. Cases have been reported in which the symptoms
progress seemed to denote inflammatory softening, and the patients
ered, save that more or less paralysis remained. But in these cases
is always room for doubt as to the correctness of the diagnosis. De-

chambre has reported some cases in which post-mortem examinations showed that cicatrization had taken place.[1] But it may be a question whether, in these cases, there may not have been an extravasation of blood. It is by no means improbable that circumscribed cerebritis may occur and end in recovery without having eventuated in notable softening or suppuration; but, in such cases, the symptoms cannot be relied upon for the diagnosis.

The duration in fatal cases varies greatly. Of 109 cases of softening, 3 died within twenty-four hours from the time when the symptoms denoted an attack, and, in the majority of cases, death occurred before the twelfth day. In only 16 cases the duration was longer than a month. This list, however, may have included cases of softening without inflammation.[2] These facts suffice to show that, as a rule, inflammatory softening runs a rapid course.

A few words will embrace all that is to be said with reference to treatment. At a period when a probable diagnosis may be made, that is, after the inflammation has eventuated in softening or suppuration, the possibility of recovery involves a sufficient prolongation of life for the absorption of the destroyed cerebral tissue with the inflammatory products and for cicatrization. The great object, then, of the management is the prolongation of life. Keeping in view this object, depletory and debilitating measures are likely to do harm. Mild revulsives, tonic remedies, a nutritious diet, repose of the mental faculties, and stimulants, if the patient be in danger from depression of the vital powers, should constitute the treatment.

The following case will serve to illustrate the latency of circumscribed cerebritis, and the simulation of apoplexy with hemiplegia from extravasation:—

G. W., aged fifty years, German, roofer, was admitted into Bellevue Hospital October 2d, 1863. The patient having lost his speech, the following account of the previous history was obtained from his wife, an intelligent woman: He had complained, from time to time during two years, of pain in the head, but, with this exception, appeared to have good health prior to January, 1863. He was then suddenly attacked with hemiplegia while sitting at table. The paralysis was not at first complete, but became so on the following day. The paralytic attack was unaccompanied by coma. After a short time, he began to improve, and, in the course of several weeks, recovered sufficiently to return to his business. In February, he was seized with sudden coma, and the hemiplegia returned on the same side as before. He did not recover his consciousness fully for the space of a week. The hemiplegia was at first complete, but, after a short time, he began to regain power over the paralyzed lower extremity. At the time of his admission, the right lower extremity was incompletely paralyzed. He was able to walk, but with a halting, unsteady gait. The right upper extremity was completely paralyzed. The fingers were flexed, the wrist somewhat bent on the forearm, and the forearm flexed. The contraction of these parts was firm. The face was not distorted, and the tongue was protruded in a right line. He was able to speak only the word *yes*. He invariably uttered this word whenever he attempted to reply to questions. He was evidently not wanting in intelligence. He appeared to understand fully everything said to him. He occupied himself at times in reading. He was easily moved to mirthfulness or weeping. His general condition was good. There were no signs of cardiac disease.

The patient remained without any material change in his condition until December 2, 1863, when he appeared to be dull, and indicated by signs that he had pain in the head. The following day he became profoundly comatose, the respirations being regular in rhythm and without stertor. The muscles of the extremities were extremely rigid. Deglutition was somewhat difficult. The pupils were neither contracted nor dilated, and responded slightly to light. Death occurred December 11th. In the mean time he partially emerged from the state of coma, and the existence of pneumonitis affecting the lower lobe of the right lung was ascertained. The mode of dying was chiefly by asthenia.

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[1] *Vide* Valleix, *op. cit.*

[2] Aitken, *op. cit.*

On examination after death, the anterior superior surface of the left hemisphere of the brain presented two depressions situated near each other, each occupying an area of about the size of a half-dollar. Within these spaces the brain-substance was of a pulpy consistence. The softening extended to the left corpus striatum. There was no appearance of extravasated blood here or elsewhere. The exterior of the brain was moderately congested. There was no appearance of meningitis. The vessels near the softened portions, examined microscopically, were found to be healthy.

The lower lobe of the right lung was in the resolving stage of pneumonitis. The heart was free from lesions. Considerable atheromatous deposit existed within the aorta.

STRUCTURAL LESIONS WITHIN THE CRANIUM.

Under this heading I shall content myself with little more than an enumeration of the different lesions which are liable to occur within the cranium, in addition to those incident to the cerebral affections which have been considered.

NON-INFLAMMATORY SOFTENING OF THE BRAIN.

It has been, and still is, a mooted question, whether softening of the brain-substance occurs independently of inflammation. The affirmative is held by most pathologists of the present day. The opinion generally entertained is, that non-inflammatory softening is a result of defective nutrition due to an insufficient supply of blood in consequence of degenerative change in the cerebral arteries, or obstruction from emboli. It is stated that softening thus induced is not so circumscribed as when it is a result of cerebritis; it may be more or less diffused, and it may exist in different situations. Absence of red or yellow coloration is considered as distinguishing non-inflammatory softening, and, hence, it has been called white softening. It has also been called atrophic softening. Another negative point of difference is, the specific gravity is not increased, as in inflammatory softening. According to Bennett, the absence of the granules referred to in connection with inflammatory softening, is another distinctive point. Bennett attributes softening to fatty degeneration of the nerve-cells.

It is important to bear in mind that softening of portions of the brain may be a result of putrefactive change after death. It may also be a result of the imbibition of serum contained in the cavities, and this is probably a post-mortem change. Softening of a part after death may also be produced by repeated pressure with the fingers, in order to determine whether softening exists or not.

MORBID GROWTHS OR TUMORS WITHIN THE CRANIUM.

Tubercle, in a single mass or in masses more or less numerous, situated within the cerebral substance, is not very infrequent in children, but extremely rare in adults. If in a single mass, it varies in size from a filbert to a hen's egg. As a rule, the size of tuberculous nodules is small in proportion to their number. They may be situated in the cerebrum or cerebellum, oftener in the latter. The tuberculous matter may be of a cheesy consistence, or it may have undergone softening. Collections of liquefied tubercle are sometimes confounded with abscesses of the brain. The tuberculous masses become encysted.

Carcinomatous tumors within the brain are less infrequent than the tuberculous. In the majority of cases, cancer in this situation is primary. The tumors are oftener situated in the cerebrum than in the cerebellum. They may attain to a greater or less size. The three varieties of cancer, viz. scirrhous, medullary, and colloid, are represented in different cases.

Fibroid or fibro-plastic tumors are not extremely rare. They may be single or multiple, and they may attain to a considerable size. In general they spring from the dura mater, but occasionally from the arachnoid.

A rare species of tumor consists of an accumulation of cholesterin. A tumor composed of this substance may attain to the size of a hen's egg. It is called *cholesteatoma*. Hydatids form another rare species of tumor. These are generally either connected with the arachnoid membrane or situated within the ventricles. Osseous growths, and those called *gummata*, the latter due to the syphilitic poison, are to be included among the rare intracranial tumors.

The different tumors produce morbid effects by pressure on the brain, and the effects, thus produced, other things being equal, are proportionate to the size of the tumor and the rapidity of its growth. Special morbid effects depend on the situation of the tumor. But they cause additional injury to the brain by exciting circumscribed cerebritis and thereby inducing softening of the brain-substance surrounding them; and, as a result of the softening, hemorrhagic extravasation is not uncommon. Tumors within the cranium occasion, in some cases, epilepsy, or epileptiform convulsions; but they stand more frequently in a causative relation to paralysis.

HYPERTROPHY AND ATROPHY OF THE BRAIN.

True hypertrophy of the brain, if its existence be not doubtful, is so rare a lesion, and so obscure as regards diagnosis, that, in a clinical point of view, it can hardly be said to have any importance.

Atrophy is a more definite lesion. It affects the cerebrum, the cerebellum being very rarely affected. It is incident to old age, and occurs in persons bedridden with various chronic diseases. It may be due to a deficient supply of blood from disease of the vessels, and, thus produced, may be limited to one hemisphere. It may proceed from an arrest of development in fœtal life. Serous effusion sufficient to make up for the diminished volume of the brain is found in cases of atrophy. The effusion is usually within the subarachnoid space, but sometimes in the ventricles. The effused liquid, under these circumstances, does not do harm by pressure. Congenital hemiplegia may depend on atrophy of the hemisphere opposite to the paralysed side. Atrophy, however, is connected especially with deficiency of the mental powers, or imbecility.

MYELITIS.

Inflammation of the substance of the spinal cord is called *myelitis*. The affection stands in the same relation to spinal meningitis as cerebritis to cerebral meningitis. As in the latter affection, the inflammation frequently not generally, extends more or less from the meninges to the substance of the brain, so spinal meningitis involves, to a greater or less extent, myelitis. Spinal meningitis is an extremely rare affection, save as connected with injuries of the spine, caries of the vertebræ, or morbid growths within the spinal canal. A spontaneous inflammation originating in the substance of the cord is by no means frequent, but there is reason to believe that myelitis is less infrequent than spontaneous spinal meningitis.

The anatomical characters of myelitis are essentially the same as in cerebritis, the most marked and important change being softening, which, in different cases, varies in degree, and presents either a reddish or yellowish color. Irrespective of the coloration just stated, which is due to infiltrated hematin, the softening is shown to be inflammatory by the microscopical appearances, the same granular corpuscles being apparent as in inflammatory softening of the brain. This evidence of inflammation may be afforded when the softening is not distinctly apparent to the touch. The inflammation may affect the greater part of the cord, or it may be limited to one or more segments. It may be limited to an anterior or a posterior portion of the affected segment, or to the central gray portion.

The importance of myelitis, as regards its morbid effects and gravity, is proportionable, other things being equal, to the degree of softening and the extent of the affected portion or portions; but the situation of the affected portion or portions is of much importance. The morbid effects are more extensive the higher the situation. The most important and most constant of the morbid effects is paralysis. The paralytic affections to which myelitis gives rise are paraplegia and general paralysis. I defer the consideration of the symptoms of myelitis until I come to the consideration of these forms of paralysis.

Myelitis occurs as an acute and chronic affection. Suppuration may be a result of inflammation of the cord, as of the brain, but examples appear to be more infrequent.

Hemorrhage taking place into the inner sac, that is, between the arachnoid and pia mater, and into the substance of the cord, may be noticed in this connection. Hemorrhage in either of these situations, constituting what has been called *spinal apoplexy*, is extremely rare, affording, in point of frequency, a striking contrast to intra-cranial hemorrhage. Cases, however, occur, and this is to be included among the different morbid conditions giving rise to paraplegia and general paralysis.

Hemorrhage exterior to the dura mater may be a result of wounds or injuries of the spinal column.

STRUCTURAL LESIONS WITHIN THE SPINAL CANAL.

Softening of a portion or portions of the spinal cord may be a result of defective nutrition, resembling non-inflammatory softening of the brain. A tuberculous deposit either in the meninges or the substance of the cord is one of the rarest of rare events in morbid anatomy. Carcinomatous disease is less infrequent, but rare. It oftener extends into the spinal canal from without than originates within the canal. Fibroid and hydatid tumors are occasionally found in this situation. Bony plates formed upon the visceral portion of the arachnoid are not uncommon. Morbid deposits and growths give rise to paraplegia or general paralysis, by pressure upon the cord and by exciting circumscribed myelitis leading to softening.

In a large proportion of cases, lesions of the spinal cord are due to caries of the vertebræ, extension of disease from without the spinal canal, or to injuries by concussion, wounds, or blows received directly over the affected portion, or by violent straining or twisting of the column.

CHAPTER IV.

Paralysis, General Remarks on—Paralysis of the Third Cranial Nerve—Paralysis of the Fourth Cranial Nerve—Paralysis of the Fifth Cranial Nerve—Paralysis of the Sixth Cranial Nerve—Paralysis of the Seventh Cranial Nerve—Paralysis of the Eighth Cranial Nerve—Paralysis of the Ninth Cranial Nerve—Local Paralysis of other than Cranial Nerves—Paralysis from Lead.

THE term paralysis, in general, denotes loss or impairment of the power of muscular action. The term, however, embraces absence or diminution of general or special sensibility. In the former application, it is distinguished as paralysis of motion, in the latter, as paralysis of sensation. The latter, however, is expressed by other names, viz., *anæsthesia* and *analgesia*.

Motor paralysis relates to either the voluntary or involuntary muscles. The stomach, intestines, bladder, and heart may be paralyzed. A paralyzed condition of these organs respectively has been considered incidentally in treating of their diseases. In the present connection, the forms of motor paralysis to be considered will relate chiefly to voluntary power over muscles. Motion and sensation are affected conjointly in certain cases of paralysis. Such cases are far less frequent than cases in which motion is alone affected, but they are more frequent than the cases in which the paralysis affects sensation without motion. Cases in which sensation is alone paralyzed, exclusive of the special senses, are extremely rare.

Paralysis may be complete or incomplete. It is complete when there is total loss, and incomplete when there is more or less diminution of motion or sensation. The paralysis may be general, partial, or local. It is general, as applied to motion, when the power of volition over the greater part of the voluntary muscles is lost or impaired. Loss of power over both the upper and lower extremities constitutes general paralysis. The paralysis, however, may be still more general. A medical friend, Prof. Coventry, has related to me a case which came under his observation, in which power was lost over all the voluntary muscles, with the exception of the *orbicularis palpebrarum*. Such a case exemplifies, in a striking manner, the excito-motory or reflex action of the nervous system, disconnected from volition; respiration, deglutition, digestion, and all the functions necessary to existence, going on, but, so far as voluntary manifestations are concerned, the patient being in a state of living death. A popular novelist of the present day has introduced into one of his works of fiction a case of this kind.[1]

In partial paralysis, a limited division of the voluntary muscles is affected. The majority of the cases of paralysis belong in this category. The most frequent forms of partial paralysis are hemiplegia and paraplegia. In hemiplegia, the paralysis affects the power over the muscles of a lateral half of the body. In paraplegia, the paralysis affects the power over the two upper or lower extremities, generally the latter.

A paralysis is local when it is still more limited as regards the number of muscles affected. Examples are, loss or impairment of power over the upper eyelid, or ptosis; of more or less of the muscles of the face on one side, or facial paralysis; of the muscles of the forearm, as in lead paralysis. A paralysis of any of the organs supplied with muscular structure not under the control of volition is an example of local paralysis, and also a paralysis limited to any one of the special senses.

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[1] Monte Cristo, by Dumas.

Paralysis of sensation may embrace the two kinds of sensibility, viz., tactile sensation and the sense of pain, or it may be limited to the latter. The skin and the mucous membrane of the mouth and other outlets are endowed in health with both kinds of sensibility. Now, the capacity in these structures to receive painful impressions may be more or less impaired or lost, the sensibility as regards tact remaining. It has been proposed to call paralysis of the sense of tact *anæsthesia*, and paralysis of the sense of pain *analgesia.*[1] Analgesia may exist without anæsthesia, but, whenever the sense of tact is lost, the sense of pain is wanting. The loss or diminution of the sense of pain is readily determined by pinching or pricking the part or parts affected. Loss of the sense of tact is ascertained by finding that touching or bringing any substance into contact with the affected part or parts causes no sensation. To determine diminution of the sense of tact, the method introduced by Weber is to be employed. This consists in measuring the shortest distance at which two points of contact are felt. An instrument devised for this purpose by Sieveking, called the *æsthesiometer*, may be used; but the common compasses used by the draughtsman answer perfectly well. The further removed the two points of contact in order that each may be separately felt, the more the sensibility to tact is diminished; or, *per contra*, the sense of tact is shown to be unaffected if the patient be able to appreciate two points of contact approximated as closely as they are appreciable in health. The degree of tact, as thus measured, differs in different parts of the cutaneous surface in healthy persons. The deviation from health, therefore, is to be determined, whenever practicable, by a comparison of corresponding situations on the two sides of the body.

Our knowledge of the pathology of paralysis cannot be complete until the normal functions of the brain and nerves are more fully understood. But the rationale of the production of paralysis is, in most cases, intelligible. Generally it depends on a mechanical obstruction in the course of either the nerves or the nervous filaments entering into the composition of the brain or spinal cord, interfering with the transmission of volitions or the passage of sensitive impressions. In the production of motor paralysis, motor nerves or nervous filaments are obstructed; and obstruction of sensory nerves or filaments occasions paralysis of sensation. To render the pathological explanation more comprehensive, in paralysis of either motion or sensation, or both, the nervous ganglia standing in immediate relation to the mental perceptions and volition fail to receive, as in a healthy state, sensitive impressions or transmit the dictates of the will. This statement will include morbid conditions seated in the ganglia themselves, as well as obstruction in the nerves and nervous filaments. This statement, however, does not embrace cases in which involuntary movements are paralyzed. The conditions giving rise to the latter relate to the excito-motory or reflex portion of the nervous system.

Limiting attention to the cerebro-spinal portion of the nervous system, if a ligature be applied to a particular nerve, *e. g*, the sciatic, paralysis is produced, affecting the power over the muscles supplied by the motor filaments, together with the sensibility communicated by the sensitive filaments composing this nerve. The same effects follow a division of the nerve, obstruction from the pressure of a tumor, or disorganization from disease of the nerve. So, complete obstruction at any part of the spinal cord cuts off sensation and voluntary motion in parts supplied by the nerves connected with the cord below the point at which the obstruction is seated. So, likewise, an obstruction from any cause within the skull will affect parts in proportion to the number and situation of the nervous filaments obstructed. The existence of paralysis does not involve any inability to exert acts of volition or to perceive sensations. These mental powers are not dependent on the entire integrity of the nervous system or even of the cerebral organs. Wherever there are any manifestations of mind, there exist the power of willing and the capability of feeling; in other words, the morbid conditions giving rise to paralysis of voluntary motion or sensation pertain to the channels of communication between the mind and muscular organs or sensitive parts.

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[1] Proposed by Beau. *Vide* Traité de Diagnostic Médical, par Racle.

The morbid conditions giving rise to obstruction in cases of paralysis are generally apparent after death; but, in some cases, they are not appreciable; and this is the ground of a division into, *first*, paralysis dependent on organic lesions, and, *second*, functional paralysis. In cases of so-called functional paralysis, it is probable that something more than a purely dynamic change is involved. Lesions probably exist, but they are not determinable with our present means of examination. The application of the microscope enables the observer now to discover lesions which were formerly inappreciable. Alteration in the specific gravity of portions of nervous substance is a less palpable change to which attention has been recently directed. The term functional, in this as in other applications, means simply that adequate sensible changes are not as yet discovered.

The term *reflex paralysis* has been of late applied to cases in which a paralyzed condition of certain parts is attributed to a wound or shock received upon other and more or less remote parts, or to a local disease situated elsewhere than in the paralyzed parts. Drs. Mitchell, Morehouse, and Keen have quite recently reported some striking examples of paralysis of one or more members, following gunshot wounds in situations having no direct connections with the members paralyzed, and hence a reflected influence is assumed. A case has fallen under my observation in which paralysis of both lower extremities, the right upper extremity, and nervous aphonia, followed the shock produced by a cannon-ball passing so close to the body as to away the clothing, but without touching the body. The soldier gradually recovered from the paralysis after several months.

It is difficult to account for the paralysis in certain cases, save by supposing a reflex influence. It has been conjectured that this influence is exerted through the vaso-motor nerves, and that the paralysis is due to contraction of the blood-vessels of the nervous centres, in consequence of which an anæmic state of the latter is induced and nutrition impaired. This is the explanation suggested by Brown-Séquard. Drs. Mitchell, Morehouse, and Keen suggest, as a more probable conjecture, paralysis of the bloodvessels of the nervous centres as an effect of the reflex influence on the vaso-motor nerves. Certain cases of paraplegia are supposed to exemplify the occurrence of reflex paralysis from disease, and I shall notice the grounds of this supposition together with the pathological explanations in treating of paraplegia. In cases of so-called reflex paralysis, the morbid condition, whatever it may be, is to be considered, in the present state of our knowledge, as functional.

As so far considered, paralysis proceeds exclusively from morbid

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[1] Reflex Paralysis, Circular, No. 6, Surgeon-General's Office, March, 1864. Wounds and other Injuries of Nerves, by S. Weir Mitchell, M. D., George Morehouse, M. D., and Wm. W. Keen, M. D., in charge of United States Army Diseases of the Nervous System, Turner's Lane Hospital, Philadelphia, 1864.

tions pertaining to the nervous system. This is true of the majority of cases of paralysis. The voluntary muscles, over which the power of the will is in abeyance, may not have lost their capability of motion. They may contract quickly and vigorously under the stimulus of electricity. They would contract equally under the stimulus of volition, were this stimulus to reach them. But, in some cases, the morbid condition giving rise to the paralysis is seated in the muscles. This appears to be, in part at least, the explanation of paralysis from lead. In cases of lead paralysis, the affected muscles are found not to be so readily excited to contraction by the electrical current as in their healthy condition. As a means of measuring the capability of contraction in the muscles, and testing the conducting power of nerves, electricity affords important information in cases of paralysis. The ability to excite reflex movements, that is, movements taking place without volition, is also important in certain cases, as showing that muscles have not lost the capability of contraction.

A highly-important fact relates to an effect of long-continued paralysis upon the nutrition of the affected muscles and nerves. Diminished bulk or wasting is an obvious result of long disuse, with which clinical observers have always been familiar. But recent microscopical researches have shown that fatty degeneration of the muscular and nervous fibres takes place when paralysis has been of long continuance. This degenerative change, when considerable, is a permanent structural lesion, rendering recovery impossible. The practical bearing of our knowledge of the remote local effects is obvious. It enforces the importance of effecting improvement, if practicable, before this change takes place, and of endeavoring to keep up the functional activity of the parts in order to prevent atrophy and disorganization.

Certain immediate local effects of paralysis are apparent. The temperature of a portion of the body affected by paralysis is habitually lowered, and the temperature is more easily affected by the surrounding medium than in health. The quantity of blood which the paralyzed portion receives is lessened, and the circulation within it is sluggish. The activity of the cutaneous glands is diminished.

In the great majority of cases, paralysis has no intrinsic claims to be considered as an individual disease *per se*. It is a symptom or an effect of various morbid conditions, and the latter are, in reality, the diseases. But, in the existing state of our knowledge, it is convenient to consider paralysis as giving rise to a number of affections which I shall now proceed to notice. I shall first notice certain paralytic affections; next, the two forms of partial paralysis known as hemiplegia and paraplegia; and, lastly, different forms of general paralysis.

Paralysis of either of the nerves of special sense, viz., the olfactory, optic, or auditory nerves, is frequently dependent on abnormal conditions relating to the complicated apparatus provided for the exercise of smell, sight, and hearing. This remark applies more especially to the eye and ear. Affections of the eye and ear, involving loss or impairment of sight and hearing, belong in the province of surgery, and treatises are devoted specially to them. It is important, however, for the physician to take cognizance of paralysis affecting these senses, as denoting intra-cranial disease. Paralysis of these senses has been already noticed in connection with some of the affections of the brain which have been considered. It may proceed from the various intra-cranial lesions enumerated in the preceding chapter, these lesions affecting either the brain at the points at which the optic and auditory nerves emanate, or the nerves in their course from their points of origin to the organs of sight and hearing. In most cases, paralysis of these nerves of special sense, if due to intra-cranial disease, is associated with paralysis of other parts. Paralysis of the other cranial nerves severally claim brief consideration. It is more correct to say paralysis of the parts to which the branches of a nerve are distributed than to apply the term to the nerve, but the latter is a convenient mode of expression, and is sanctioned by usage.

PARALYSIS OF THE THIRD CRANIAL NERVE.

Paralysis of this nerve, the *motor oculi communis*, gives rise to dropping of the upper eyelid or ptosis, diverging strabismus, protrusion of the eyeball, and dilatation of the pupil. These effects correspond with the distribution of the several branches of the third pair of nerves. The effects are so obvious and characteristic, as at once to be referable to paralysis of this nerve. Paralysis of this nerve, existing alone, may be produced by an injury in the neighborhood of the eye, by the action of cold, and by over-exertion in occupations which require especially the use of the eyes. If produced by cold or over-use, it is probably functional, and will not be likely to be permanent. Double vision frequently accompanies paralysis of this nerve It very rarely, if ever, exists alone, if it proceed from intra-cranial lesions; it is associated with paralysis affecting other parts, or with other marked effects of cerebral disease. It is a rare event in cases of hemiplegia. Occasionally it is the first event pointing to grave cerebral lesions. This fact is to be borne in mind. It may be a forerunner of hemiplegia, convulsions, or coma.

PARALYSIS OF THE FOURTH CRANIAL NERVE.

Paralysis of this nerve, the *patheticus*, produces effects less marked than those of the third nerve. The power of rotating the eye in the orbit is lost, and there is double vision. Paralysis of this nerve is rarely an isolated affection, at least, when symptomatic of intra-cranial disease.

PARALYSIS OF THE FIFTH CRANIAL NERVE.

The effects of complete paralysis of this nerve are shown by its division within the skull in inferior animals. Loss of sensibility on one side of the face, on the mucous membrane within the mouth, and the conjunctival membrane on that side, together with loss of taste on one-half of the anterior portion of the tongue, and paralysis of the masticatory muscles on the same side, immediately follow. If the division be made anterior to the Casserian ganglion, remote effects are inflammation of the conjunctiva, leading to ulceration of the cornea, with discharge of the humors of the eye, and loss of the sense of smell on the paralyzed side. These remote effects do not follow if the division be made posterior to the Casserian ganglion, a fact which may serve to explain their non-occurrence when paralysis is due to lesions affecting the nerve at its point of origin, or between this point and the ganglion just named. The immediate and remote effects of paralysis of this nerve are now made familiar to medical students by the experiment of dividing the nerve in connection with physiological teaching.

Complete paralysis of this nerve from disease is extremely rare. The loss of power over the buccinator muscle, which frequently occurs in cases of hemiplegia, is considered by Todd as due to paralysis of the motor portion of the fifth nerve. The motor portion may be affected alone, and, *per contra*, the sensitive may be affected without the motor portion. The different divisions of the sensitive portion may be affected separately, viz., the supra-orbital, the superior, and the inferior maxillary. The loss or impairment of sensibility will then be limited to the portions of skin and mucous membrane supplied by the branches of the paralyzed division.

Considered in itself, paralysis of this nerve is important in proportion to its completeness and its extent, that is, whether the paralysis extend to the entire nerve or affect only a single portion, or only one or two of the divisions of the sensitive portion. It would seem also that its importance, as regards remote effects, depends on whether lesions giving rise to the paralysis are so situated as to obstruct the nervous filaments derived from the Casserian ganglion, that is, whether they are situated behind or before this ganglion. As significant of cerebral disease of some kind, paralysis of this, as of other cranial nerves, is of much importance. Paralysis of the motor portion of this nerve is not only a frequent concomitant, but sometimes a forerunner of hemiplegia, if it be true, as affirmed by Todd, that paralysis of the fifth, and not the seventh nerve, occasions the affection of one side of the face, which so often accompanies and occasionally precedes a hemiplegic attack. It is not improbable that diminished sensibility of the paralyzed side of the face occurs in some of these cases, and is overlooked.

PARALYSIS OF THE SIXTH CRANIAL NERVE.

Paralysis of this nerve, the *motor externus*, leads to converging strabismus, the eyeball being turned inward by the action of the internal rectus or adductor muscle, from the loss of the antagonism of the external rectus or abductor muscle. The patient is unable to turn the eyeball outward, whereas, in ordinary cases of strabismus, this can be done if the other eye be closed. Paralysis of this nerve sometimes occurs in cases of cerebral meningitis, and in connection with lesions giving rise to hemiplegia. This nerve, however, escapes in the majority of the cases in which paralysis of other parts occurs from intra-cranial affections. When the nerve is paralyzed, paralysis of the third cranial nerve is frequently associated. The effect of paralysis of both these nerves is immobility of the eyeball, as regards lateral movements; it can neither be turned inward nor outward. Double vision is likely to exist if the paralysis be limited to the sixth nerve.

PARALYSIS OF THE MOTOR PORTION OF THE SEVENTH CRANIAL NERVE.

Paralysis of this nerve, the *portio dura*, or the motor facial nerve *par excellence*, is less infrequent than paralysis of the sensitive portion of the fifth nerve. Complete paralysis of this nerve produces characteristic appearances, by means of which the affection is at once recognized. The expression of the physiognomy peculiar to the person is abolished on the affected side. In speaking or smiling, the mouth, and sometimes the extremity of the nose, are drawn to the opposite side. This appearance is so striking and distinctive, that the existence of the paralysis is immediately apparent. The power over the *orbicularis oculi* being lost, the patient is unable to wink or to close the eye; when the attempt to close the eye is made, the eyeball is turned upward so that the cornea is concealed by the upper lid, the upper lid is abnormally elevated and the corner lid depressed, so that the eye appears to project more than in health. Owing to the loss of power over the orbicular muscle, the tears are not diffused over the conjunctiva as in health, and hence results epiphora. From the constant exposure of the conjunctiva in sleep as well as in waking hours, it becomes inflamed, and opacity of the cornea may be a result of the conjunctivitis. The eyebrow is lowered. The patient is unable to frown or to wrinkle the forehead on the affected side, from loss of power over the *corrugator supercilii* and the anterior portion of the *occipito-frontalis* muscle. The *ala nasi* ceases to dilate, but may contract in inspiration, and dilatation, if it occur, is in expiration. Loss of power over the *orbicularis oris* on the affected side, renders the patient unable to whistle; expiration is imperfect, the saliva dribbles from the angle of the mouth, and the pronunciation of certain letters, viz., o, b, p, is difficult. Loss of power over the *buccinator* renders the cheek flaccid; it is liable to be wounded in mastication, and the patient is annoyed by the accumulation between the cheek and gums of food, which he is obliged to remove with the finger. The cheek and lips on the affected side are sometimes puffed outward by the expired breath, as in the act of expelling tobacco smoke from the mouth. These obvious appearances are readily understood by reference to the anatomical distribution of the branches of this nerve. They are, of course, less marked in proportion as the paralysis is incomplete. The *velum pendulum palati* on the paralyzed side is sometimes abnormally flaccid, and the *uvula* deflected to the opposite side.

Paralysis of this nerve is not very infrequently an isolated affection, that is, it exists independently of intra-cranial disease. It may be due to the pressure of a tumor on the nerve after it emerges from the stylo-mastoid foramen. Before the discovery of the motor character of this nerve, by Charles Bell, surgeons sometimes divided it for the cure of *tic douloureux*, thus producing facial paralysis. The nerve may be affected within the petrous portion of the temporal bone, in connection with caries of this bone, and internal otitis. Facial paralysis occurs, as a functional affection, from the action of cold upon the face. I have known two instances of its occurrence in connection with anæmia, in one case at the end of gestation, and in the other case during lactation. In both cases the recovery after a few weeks was complete. It is sometimes produced in newly-born children by the employment of the forceps in labor.

Facial paralysis may proceed from the various intra-cranial affections which have been considered. In these cases, it is frequently associated with paralysis affecting other parts. It is sometimes a forerunner of a grave cerebral affection. This fact was exemplified in the following case which I saw with Prof. Fenner, of New Orleans, in 1861. The patient, a young married female, three months advanced in pregnancy, came to New Orleans on a visit of pleasure. Her health appeared to be excellent, and she entered largely into the amusements of the city. After a comfortable night's rest, having been at the opera in the evening, she noticed, on getting up, that her face was distorted. She had facial paralysis, and the tongue pointed to the opposite side. Aside from the paralysis she complained of nothing, and no other symptoms were present except disinclination for food and a disposition to sleep. She remained in this condition without change for three days, when suddenly she was attacked with convulsions and became comatose. Death took place thirty hours after this attack, the coma continuing and the convulsions recurring after intervals of a few moments. There was no examination after death.

It is desirable to determine, in individual cases, whether the paralysis be symptomatic of an intra-cranial affection, or due to some cause acting on the nerve after it leaves the cranial cavity. If the cause be intra-cranial, the paralysis is generally preceded or accompanied by symptoms denoting a cerebral affection; or, as in the case just cited, there may be paralysis of the hypoglossal nerve as shown by the deviation of the tongue. A point bearing on this question relates to the sense of taste. If the nerve be affected at its origin, or behind the situation at which the *chorda tympani* is given off, the sense of taste on the lateral half of the tongue corresponding to the paralyzed side, is notably diminished, as shown by comparing the sensations produced by placing successively on the two sides of the anterior extremity of the tongue some bitter substance in powder, for example aloes. This diminution of taste is due to the *corda tympani* being involved in the paralysis. The taste is not affected if the cause producing the paralysis act upon the nerve anterior to the situation at which the corda tympani is given off. According to Duchenne, and others, if the facial muscles respond readily to electricity the paralysis is dependent on an intra-cranial affection, whereas, the paralysis is due to an affection of the nerve when the muscles do not readily contract under the electrical stimulus.

According to Todd, the *portio dura* generally escapes in cases of hemiplegia. He attributes the facial paralysis which occurs in the latter affection, to the motor portion of the fifth nerve. The power over the orbicular muscle, as a rule, is either intact or but slightly impaired in cases of hemiplegia.

In cases of functional facial paralysis, recovery may be expected after the lapse of several weeks. If the paralysis continue without improvement for two or three months, it is probably not functional, but, if not dependent on intra-cranial lesions, it proceeds from either disease of the nerve or something pressing upon it and occasioning obstruction. Under these circumstances, it will be likely to remain a permanent affection.

Paralysis of the seventh facial nerve on both sides has been repeatedly observed. This may result from injury or disease of the two nerves or from intra-cranial lesions. The expression is then abolished on both sides of the face. The face remains immovable, the only changes which are observed relating 'to the circulation. It is as if the face were covered by a mask. Relaxation of the soft palate may coexist, rendering the voice unnatural. Moreover, articulation is difficult from the immobility of the lips. Mastication is difficult from the same cause. The saliva dribbles from the mouth. The eyes are constantly open and staring. Aside from the great inconvenience which bilateral or double facial paralysis occasions, the prognosis is serious, or otherwise, according to the situation and nature of the morbid conditions on which the paralysis is dependent. Paralysis affecting the *alæ nasi* may lead to an amount of depression with inspiration sufficient to occasion notable obstruction. This is exemplified in a case under my observation at the present moment. The cartilaginous portions of the nostrils on both sides are sucked in with the inspired breath to such an extent as to constitute a serious obstacle to respiration.

PARALYSIS OF THE EIGHTH CRANIAL NERVE.

The paralysis affecting the pharynx which occurs as a sequel of diphtheria, in certain cases, and which is sometimes limited to this situation, is probably to be considered as a paralysis of that portion of the eighth nerve called the *glosso-pharyngeal*. This local paralysis will be referred to in treating of diphtheria. It is functional, and, as a rule, ends in recovery.

Paralysis of this nerve, together with the *par vagum*, occurs in various cerebral affections which produce deep coma, giving rise to impairment and loss of the power of deglutition and diminished frequency of the respirations. This paralysis precedes a fatal termination. It may occur from a small extravasation of blood into or near the medulla oblongata. I have met with an example, the apoplectic attack being characterized by notable disturbance of respiration and inability to swallow, without complete loss of consciousness.

Paralysis of the spinal accessory nerve, giving rise to aphonia, has been already referred to in treating of the affections of the larynx.[1] Incomplete aphonia may be a result of paralysis of this nerve from the pressure of an aneurismal or other tumor on the recurrent laryngeal nerve, and it is sometimes produced by the surgeon in operations on the neck.

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[1] *Vide* page 233.

PARALYSIS OF THE NINTH CRANIAL NERVE.

Paralysis of this nerve, the *hypoglossus*, involves loss of power over the genio-glossus muscle on one side. The effect is a deviation of the tongue from a right line when protruded, the apex pointing to the side of the paralysis. The direction in which the apex points is readily understood when the action of the muscles which protrude the tongue is considered. These muscles extend from the chin to the base of the tongue, and when, from paralysis, the protrusion is effected by the muscle on one side, the base is drawn toward that side, and, as a result of the base moving in one direction, the apex turns to the opposite direction, the latter being the paralyzed side. Paralysis of this nerve rarely, if ever, exists as an isolated affection, and it is generally symptomatic of intra-cranial disease. It exists frequently in cases of hemiplegia.

In determining the existence of this paralysis, it is to be borne in mind that the tongue may deviate from a right line in consequence of absence of teeth on the side to which the apex is turned, or of irregular inward projection of teeth on the other side. Dropping of the upper lip on one side produces an appearance as if the tongue deviated to the opposite side; and to obviate liability to error on this score, the upper lip should be raised with the finger while the tongue is protruded.

LOCAL PARALYSIS OF OTHER THAN CRANIAL NERVES.

Paralysis may be produced by injuries or diseases affecting nervous trunks in any part of the body. The loss or impairment of motion or sensation, or both, extends over the parts supplied with the nervous filaments given off by the nerve below the situation of the injury or disease. Traumatic local paralysis follows division or wounding of nerves and contusions. If a contusion give rise to paralysis by simple shock or stunning the nerve, recovery may be expected. But paralysis due to palpable injury of the structure of a nerve is apt to be permanent; although reunion, with restoration of function, may take place after division of a nerve of considerable size. Diseases giving rise to local paralysis by affecting nerves are tumors or morbid growths situated within and without the neurolemma and inflammation of the neurolemma, or of the nerve-substance. The latter occurs by extension of inflammation seated primarily in the structures adjacent to the nerve affected. Idiopathic neuritis, if it ever occur, is one of the rarest of rare affections. Paralysis due to the pressure of a tumor may be recovered from if the pressure be removed before disorganization or atrophy has resulted.

Pressure on a nervous trunk, continued steadily for several hours, may lead to temporary or permanent paralysis. Paralysis of an upper extremity has repeatedly occurred from remaining in profound sleep, or in a state of intoxication, with the arm hanging over the back of a chair, the paralysis being due to pressure on the brachial plexus. I have met with examples of paralysis of the forearm attributable to lying, intoxicated, with the weight of the body upon the arm.

The following interesting case of local paralysis from injury has fallen under my observation. The injury was received by falling from a considerable height upon the deck of a vessel, and striking upon the nates, in a sitting posture. Permanent paralysis of the sensibility of the rectum and anus followed the contusion. Excrescences, which at one time existed around the anus, were removed without any sensation of pain. The patient has no consciousness of the accumulation of feces in the rectum, and never experiences the desire for defecation. Hence, the bowels are habitually constipated. The contraction of the sphincter, due to reflex influence, is intact. Involuntary evacuations occur only when diarrhœa exists, and when voluntary power over the muscles is requisite to prevent their occurrence. There is no paraplegia, no difficulty in evacuating the bladder, and no sexual deficiency. The accident occurred more than twenty-five years ago, and in the mean time the person has had good health.

PARALYSIS FROM LEAD.

The accumulation of lead within the system may give rise to partial and even general paralysis, but, as a rule, the paralysis due to this cause is local. In the great majority of cases, the paralysis is limited to the extensor muscles of the lower or upper extremities, and the extensors of the upper are much more frequently affected than those of the lower extremities. The usual form of lead paralysis is that commonly known as *wrist-drop*. This name expresses the peculiar appearance of the upper extremities. The patient is unable to raise the hand on a line with the forearm. Frequently the first series of the phalangeal bones of the hand cannot be brought on a line with the back of the hand, but the second and third series can generally be extended. The dropping of the hands is characteristic of this affection. Whenever the peculiar appearance referred to is presented, the physician is justified in assuming that the paralysis is from lead. Paralysis of the extensors of the lower limbs is shown by inability to raise the feet with the heels resting on the floor, or of raising the toes; the feet drop when the patient walks, and he therefore steps high to avoid tripping. If the extensors of the legs are affected, the patient throws them forward with feebleness as compared with the force with which they may be flexed. Paralysis of the extensors of the lower limbs is not common. In a case now under my observation, the extensors of both the feet and hand are paralyzed; the patient is affected with dropping at the ankle as well as at the wrist.

The appearance is diagnostic, but other evidence of lead-poisoning may almost always be obtained. As a rule, paralysis succeeds other characteristic effects of lead, more especially the affection known as lead colic. The blue line on the gums, referred to in treating of lead colic, is always to be sought for. Generally the occupation of the patient suggests the source of the paralysis, but, in some cases, the mode in which the lead has been introduced into the system is ascertained only after careful investigation.

Lead-paralysis belongs among the symmetrical or bilateral affections. It is very rarely limited to one side, and corresponding muscles on the two sides are usually affected, but, in general, differently as regards the degree of paralysis. The paralysis may be complete or incomplete, and different cases differ much in respect of its degree. The power over the flexor muscles is frequently more or less impaired, but in some cases, with almost complete loss of power over the extensors, the flexors are but little, if at all, affected. This fact was illustrated in a striking manner in a case under my observation at Bellevue Hospital. Wishing to group several cases of paralysis for a clinical lecture in the hospital amphitheatre, which is situated at the top of the building, I desired to have a patient affected with complete paraplegia carried up from a ward on the ground-floor. Four flights of stairs were to be mounted. One of the patients, who was to make part of the group, was affected with lead paralysis, the extensors of the hand being nearly powerless.

He was a man of great strength, and he volunteered to carry his fellow-patient to the amphitheatre on his back. It was necessary to assist him in obtaining a firm grasp of the patient, and when this was obtained, he performed the feat with ease, and after the lecture, brought the patient down to the ward.

The paralysis is supposed to be caused by the presence of lead in the affected muscles. It is difficult to understand its limitation to the extensor muscles, and why the muscles of the upper should be affected much more frequently than those of the lower extremities. The fact of its being a bilateral affection is consistent with the fact of the cause being brought to the affected muscles in the blood. The affected muscles are found to be feebly or not at all excited to contraction by the electric current. There is deficiency or loss of not only electro-muscular contractility, but electro-muscular sensibility; that is, the sense of pain produced by passing a strong current through the affected muscles is slight compared with that felt in the unaffected muscles. If the paralysis be complete or considerable in degree, the affected muscles waste, and at length, if the paralysis continue, they become atrophied and degenerated, the affection, under these circumstances, being permanent.

It is to be borne in mind that other muscles than those involved in the common form of lead-paralysis, or the wrist-drop, may be paralyzed by this cause. The evidence of lead-poisoning is therefore to be sought after in cases of paralysis in which other adequate causes are not evident, that is, in cases in which the paralysis is not traumatic or connected with evident lesions. Amaurosis is one of the occasional effects of lead-poisoning. Anæsthesia and analgesia of the surface have also been observed, affecting limited portions of the integument of the body and extremities. The muscles of the larynx concerned in phonation have been known to become affected, leading to aphonia; also, the lips and lingual muscles, rendering articulation difficult.

The duration of lead-paralysis is very variable. It is sometimes of short duration, but much oftener continues for a considerable period, and improvement, if it take place, is very gradual. If no improvement take place for several weeks, the prognosis is unfavorable as regards recovery; the paralysis will be likely to be permanent. If the paralysis continue long enough to lead to notable atrophy and degeneration of the muscular structure, the condition, as regards recovery or improvement, is hopeless. The proportion of cases in which this result takes place is not small.

The treatment of paralysis from lead involves, in addition to the measures applicable in general to paralysis, remedies having reference to the elimination of lead from the system, and especially the iodide of potassium. These measures have been considered in connection with lead-colic.[1]

CHAPTER V.

Hemiplegia—Paraplegia.

The forms of partial paralysis of most frequent occurrence are *hemiplegia* and *paraplegia*. This chapter will be devoted to the consideration of these affections exclusive of their treatment, deferring the latter until general paralysis has been considered.

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[1] *Vide* page 405.

HEMIPLEGIA.

The term *hemiplegia* denotes paralysis of a lateral half of the body, or the upper and lower extremity on one side. Muscles of the face may, or may not, be involved. The paralysis may embrace both motion and sensation, or it may be limited to motion. In the great majority of cases the paralysis is limited to motion, or, if sensation be at first lost, it is shortly regained although the motor paralysis continue. The infrequency of persisting paralysis of sensation in cases of hemiplegia is an interesting fact, of which it is not easy to offer a satisfactory explanation. The paralysis may be complete or incomplete, and, if incomplete, it may be of every gradation, as regards degree, between the slightest appreciable diminution of motor-power or sensibility and the closest approximation to completeness. The paralysis may be complete in one, and incomplete in the other extremity. If incomplete in both extremities, the degree of paralysis is generally greater in one than in the other extremity, and in the great majority of cases the greater degree is in the upper extremity.

In cases of complete paralysis of the members, movements may frequently be produced by pricking the integument, tickling the sole of the foot, or applying a heated iron to the surface. These movements take place without volition, and much to the surprise of the patient, if his mental faculties be intact. They are purely reflex. They are produced in the lower, but rarely in the upper extremity. There is a notable difference in different cases as regards the condition of the muscles of the paralyzed limbs. They are, in some cases, soft and flaccid, offering no resistance to the movement of the limbs in different directions; but, in other cases, they are hard and rigid, resembling, sometimes, muscles in tetanic contraction, and offering much resistance to movement of the limbs. The latter condition of the muscles is supposed by Todd to denote irritation of a portion of the brain-substance, arising from the injury caused by an extravasation of blood, whereas flaccidity of the muscles denotes destruction of brain-substance by non-inflammatory softening, either followed or not by extravasation. Under the latter circumstances, if extravasation occur and occupy no more than the softened space, the presence of the clot does not occasion the local irritation which follows laceration by an extravasation occurring in healthy structure.

If the paralysis involve the face, the side affected, as a rule, corresponds to the paralyzed limbs. Exceptionally, the limbs on one side and the face on the opposite side are affected. On the paralyzed side of the face, the expression is abolished, and when the facial muscles are excited to action, as in speaking or smiling, the mouth is drawn to the opposite side. Voluntary power over the orbicular muscle of the eye is rarely lost, although the paralysis of the limbs may be complete; the patient is generally able to close the eye on the affected side. The power over the orbicular muscle, however, is frequently more or less impaired. Todd considers that in the paralysis of the face, in cases of hemiplegia, the buccinator muscle is mainly affected, and he attributes the paralysis to the motor division of the fifth, and not to the facial or *portio dura* nerve. The correctness of this opinion admits of doubt. It is doubtful if a paralysis limited to the buccinator will account for the distortion and loss of expression frequently presented in cases of hemiplegia, nor will it account for the fact that the orbicular muscle of the eye is often more or less involved in the facial paralysis. Moreover, the branch of the fifth nerve, which is distributed to the buccinator muscle, is considered by some as a sensory, not a motor, branch.[1] On the whole, it is probable that the facial paralysis, in cases of hemiplegia, is referable to the motor portion of the seventh nerve. If the patient protrude the tongue, the extremity frequently points to one side, the side of the paralysis. The reason of this has been already stated in connection with paralysis of the ninth nerve. Occasionally the third cranial nerve is involved, giving rise to ptosis, diverging strabismus, and dilatation of the pupil. When this nerve is involved, it is sometimes on the same side and sometimes on the side opposite to that of the paralyzed limbs. The other nerves distributed to the eye are very rarely involved. The sensory portion of the fifth nerve escapes. The eighth nerve is unaffected, save in certain cases of hemiplegia with coma about to terminate fatally.

Hemiplegia may be developed suddenly, or more or less gradually. In the great majority of cases, it is suddenly developed in connection with an attack of apoplexy. The patient is stricken down with apoplexy; the paralysis is apparent during the continuance of the apoplectic state, and remains after the patient has emerged from the apoplexy. But the paralysis may be equally sudden, without the occurrence of apoplexy. The patient is then said to have a *paralytic shock*, or a *stroke of palsy*, which the term hemiplegia derivatively signifies. The patient falls to the ground, but without losing consciousness. In some cases there is loss of consciousness for an instant, or for a few moments only. Frequently, if not generally, when sudden hemiplegia occurs without apoplexy, there is more or less disturbance of mind, denoted by confusion of ideas, or bewilderment.

The clinical history of hemiplegia, during its continuance, presents much diversity in different cases. It is impossible to judge at first of the prospect as regards the duration of the paralysis or the amount of improvement which will take place. If life be not speedily destroyed by the lesions giving rise to the paralysis, more or less improvement takes place in the majority of cases. The improvement is usually gradual. The sensibility, if this have been lost, is first restored, and it may become abnormally increased on the affected side. The paralyzed condition of the face may diminish or disappear in a short time. Improvement, as a rule, begins sooner and progresses more rapidly in the lower, than in the upper extremity. Frequently the patient is able to walk without much difficulty while the upper extremity remains almost completely paralyzed. The manner of walking varies in different cases. If the rotating muscles of the thigh be relatively but little affected, the limb is thrown forward so as to describe the arc of a circle; but frequently the body is inclined to the opposite side and the limb is dragged after its fellow. Sometimes it is brought forward with a jerking movement. Tremulousness of the limb in walking is sometimes observed. The patient often experiences difficulty in walking from a depression of the toes, which renders him liable to trip.

In some cases of hemiplegia, complete recovery takes place after a few days or weeks. These cases form a small minority. In the great majority of cases, complete recovery never takes place. The limit of improvement varies much in different cases. Persons with permanent hemiplegia not infrequently live many years. I have at this moment two cases under observation of ten years' standing. I have records of several cases in which persons of middle and advanced age had been attacked with hemiplegia in infancy or childhood, a certain amount of paralysis remaining.

Remote effects upon the paralyzed parts are deficiency of volume or wasting and degeneration of structure, these effects being proportionate to the degree of permanent paralysis. Other remote effects relate to the contraction of certain muscles. Permanent contraction of the flexor muscles, especially of the forearm, is frequently observed. This effect, occurring at a late period in cases of hemiplegia, is considered by Todd as an effect of cicatrization with the loss of a certain amount of cerebral substance. It appears in some cases to be due to a force of contraction sufficient to overcome antagonizing muscles, and, in other cases, to a greater degree of paralysis of the extensor muscles, the flexor contracting simply because they are not antagonized. In the latter cases, the flexed parts are restored with a little force, in the former, the contracted muscles offer notable resistance to efforts for extension.

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[1] *Vide* Dalton's Physiology.

The mental condition in different cases of chronic hemiplegia presents great variation. The faculties of the mind are generally, if not invariably, more or less impaired. Patients are moved to tears or laughter by trivial circumstances. A marked change in character is frequently observed. They are apt to become impatient and irritable They lose self-reliance, and are easily influenced by those around them. This fact sometimes has important medico-legal bearings. Exclusive of the cases in which hemiplegia has existed from early life, the tendency is to progressive impairment of the mental faculties, ending, at last, in imbecility. Cases differ much as regards the rapidity of progress toward this result. The mental deterioration doubtless often depends, in no small measure, on the deficiency of the exercise of the mental faculties after paralysis has occurred.

Loss of speech (aphasia) has been already noticed as an occasional sequel of apoplexy. It characterizes certain cases of hemiplegia not developed in connection with apoplexy. Difficult articulation may result from the persistence of a paralyzed condition of the tongue and lips, and I have observed imperfect phonation attributable to paralysis of the spinal accessory nerve; but the loss of speech now referred to depends on inability to recollect words, although their meaning is understood when used by others. In these cases, generally the patient uses the same word or words whenever he attempts to speak.[1]

If life be prolonged in cases of hemiplegia, two or more attacks may be experienced. In these repeated attacks, the same side of the body may be affected, or the two sides may be successively affected. Several cases of alternate or double hemiplegia have fallen under my observation. An anomalous form is the occurrence of motor paralysis on one side, and paralysis of sensation on the other side. This must be exceedingly rare. I have met with an example of motor paralysis affecting the lower extremity of one side, and the upper extremity of the other side. The patient was a child two years of age. Preceding the paralysis, an abscess formed behind the ear on one side. The paralysis was at first nearly complete. Six months afterward, the patient had nearly regained full power over the lower extremity, and the paralysis of the upper extremity was much diminished. At this time there were no symptoms pointing to cerebral disease, exclusive of the paralysis, and the general health was good.

The diagnosis of hemiplegia offers no difficulty. A very slight degree of paralysis may escape observation if the attention be not directed to it. The patient may not be aware of its existence. It is ascertained in such cases by causing the patient to grasp, with all his force, with each hand in succession, the hand of the physician, and to stand successively on each leg. The comparative sensibility to tact on the two sides is to be measured by compasses as already described, and the sensibility to pain contrasted by pinching or pricking the corresponding extremities. Paralysis is liable especially to be overlooked in young children, even when it is not very slight, the more because hemiplegia in the young child is extremely rare.

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[1] *Vide* page 518.

Having determined the existence of hemiplegia, the next point is to ascertain the morbid conditions on which it is dependent. This is an important point in its bearing on prognosis and treatment. It is not always easy to determine whether the hemiplegia be functional or not, and, if dependent on lesions, to arrive at a positive conclusion respecting their character. This form of paralysis is seldom purely functional. But, in a certain proportion of cases, its functional character may be inferred from its brief duration, the completeness of recovery, and the absence of symptoms, exclusive of the paralysis, denoting lesions.

The lesions which give rise to hemiplegia are various. With rare exceptions, they are intra-cranial. They must be situated either within the cranium or at the upper part of the spinal canal. A lesion of the spinal cord, in order to give rise to hemiplegic paralysis, must be limited to a lateral half of the cord, if the paralysis be of both motion and sensation; and if the paralysis be confined to motion, the lesion must be limited to an antero-lateral quarter of the cord. It is obvious that a lesion so limited is not likely to occur. Yet cases have been reported. An example is given by Todd.[1] In spinal hemiplegia, the lesion of the cord is on the same side as the paralysis. Of course, in this form of hemiplegia the cranial nerves are not involved; the face is unaffected. A point of distinction, according to Todd, relates to the intercostal and abdominal muscles. These are apt to be affected, whereas they are rarely affected in hemiplegia from intra-cranial lesions. The diaphragmatic movements also are apt to be affected in spinal hemiplegia.

Generally the lesions are intra-cranial and situated above the point of decussation of the pyramidal columns of the medulla oblongata. The paralysis is, therefore, on the side opposite to that of the lesions. Lesions found after death are laceration of brain-substance from extravasated blood, inflammatory exudation and softening from circumscribed cerebritis, non-inflammatory softening, pressure of exuded lymph in meningitis, and tumors either within the brain or connected with the meninges and pressing on the brain. To these are to be added compression of the brain from depression of bone and wounds of the brain, the consideration of which belongs to surgery.

Of the foregoing lesions, the most frequent is extravasation of blood into the substance of the brain. This is the lesion generally when hemiplegia accompanies and remains after apoplexy, and, in the majority of cases, hemiplegia and apoplexy are thus associated. Extravasation, however, is sometimes so small, or occurs so slowly, that hemiplegia is produced without apoplexy. In a large proportion, if not the majority, of the cases in which hemiplegia suddenly occurs without apoplexy it is due to extravasation. With or without apoplexy, if the paralysis occur suddenly, especially in a person of middle or advanced age, and without having been preceded by symptoms denoting cerebral disease, it is probably dependent on extravasation. The probability is almost converted into a certainty if, after the lapse of several weeks, the paralysis continue, more or less improvement having taken place.

Hemiplegia produced by a clot in the brain is generally at first complete. The completeness is due to a stunning or contusion of the brain in addition to the laceration of brain-tissue. The improvement which takes place is explained by the recovery from the stunning or contusion. The paralysis which remains is due to the laceration. The recovery in such cases is never complete. The approximation to completeness of recovery will be close, other things being equal, in proportion as the permanent damage which the brain sustains is small. Assuming that the clot is absorbed and cicatrization takes place, the amount of permanent damage to the brain differs much in different cases, according to the size of the clot and the extent of inflammation and softening which it is liable to occasion in the substance of the brain surrounding it. Rigidity of the muscles of the paralyzed limbs, coming on shortly after the paralysis, according to Todd, occurs in these cases.

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[1] Op. cit.

The dependence of hemiplegia on inflammatory softening is to be inferred from the paralysis having been preceded by symptoms of circumscribed cerebritis. It is doubtful if complete recovery ever takes place in these cases. The hemiplegia is not likely to be produced so suddenly as in the cases of extravasation. Extravasation, however, may occur in connection with inflammatory softening.

Non-inflammatory softening may be presumed to exist when the paralysis occurs in middle or advanced life, and is preceded by more or less impairment of the mental faculties, the symptoms of cerebritis being wanting. The hemiplegia, in such cases, may take place suddenly, although there be no hemorrhage. Todd supposes that when sudden hemiplegia is due to softening alone, the softened structure gives way at the moment when the paralysis occurs. It is like the simultaneous giving way of a rotten rope which, up to the instant of breaking, although weakened, had not yielded to the strain upon it. But, in a certain proportion of the cases of non-inflammatory softening, the occurrence of extravasation into the softened structure determines the hemiplegia. Much improvement in these cases does not take place, and recovery is impossible. According to Todd, flaccidity of the muscles of the paralyzed limbs characterizes these cases.

Hemiplegia is an occasional effect of the pressure of lymph in cases of meningitis. If it occur without extravasation or softening, the local conditions do not preclude complete recovery.

Tumors of the brain give rise to hemiplegia by pressure and by exciting circumscribed inflammatory softening. The hemiplegia in these cases is developed gradually, different parts being successively affected. The face is apt to be affected out of proportion to the paralysis of the limbs. Amaurosis, loss of hearing, and paralysis of the nerves distributed to the muscles of the eye occur oftener than in cases of hemiplegia dependent on other lesions. Epileptiform attacks are not infrequent. The paralysis is progressive, and there is no ground for an expectation of recovery.

Functional hemiplegia, as already stated, is rare. In some of the cases which are to be considered as functional, there is reason to believe that the paralysis is due to sudden interruption of the circulation in a portion of the brain by an embolus lodged in one of the cerebral arteries. This may be suspected when the hemiplegia is of brief duration, and associated with aortic or mitral cardiac murmur. It is doubtful if merely cerebral congestion be adequate to give rise to hemiplegia. Todd distinguishes certain cases as cases of *emotional hemiplegia*, the paralysis taking place during strong mental excitement, as in a violent fit of anger, recovery taking place, but sometimes slowly. Hemiplegia sometimes follows a fit of epilepsy, usually, in this connection being of transient duration. In a case which came under my observation in which epileptic paroxysms recurred at short intervals for several successive days, hemiplegia occurred before the paroxysms ceased, the face, as well as the limbs, on one side being paralyzed. The paralysis completely disappeared after a few days. Functional paralysis sometimes occurs in connection with hysteria. The form of hysterical paralysis is generally paraplegia, but hemiplegia has been observed. The face and tongue are not involved in this form of paralysis. Hemiplegia has also been observed to follow chorea, the limbs paralyzed being those on the side most affected with the choreic movements. The paralysis in these cases does not extend to the face or tongue. Finally, functional hemiplegia is sometimes a sequel of diphtheria.

The prognosis in functional hemiplegia is always favorable. The recovery is a question of time; it may take place quickly, or the paralysis may be more or less protracted. In view of the contrast, as regards prognosis, between functional cases and those dependent on lesions, it is desirable to discriminate between them in practice. This discrimination is by no means always easy. The degree of the paralysis is a point to be considered. Functional paralysis is rarely, if ever, complete, and it is frequently slight. Its connection with diphtheria, chorea, hysteria, or epilepsy, is a ground for the supposition that it is functional. Other things being equal, it is more likely to be functional if the patient be young. But cases of functional paralysis occur in persons advanced in life. This fact is exemplified in the following cases:—

Case 1. Mr. S., aged 75, merchant, formerly subject to attacks of rheumatism, a man of active habits, attending daily to business, left his home in the morning, to go to his place of business, in his usual health. He was observed to act strangely; he walked with difficulty, and had difficulty in moving his hands. He insisted that nothing was the matter, but was prevailed upon to return home in a carriage. He got up stairs with considerable difficulty, and immediately became somnolent, but was easily roused, giving incoherent replies to questions. I saw him an hour after he had been brought home. He was somnolent, but without stertor. The face when he spoke was drawn to the right side; enunciation was difficult; the left upper and lower limbs were incompletely paralyzed, and the tongue turned to the left side. Yawning was frequent. Pulse 70 and compressible. He swallowed with some difficulty. There had been no vomiting. When roused, he persisted in saying that nothing was the matter. He complained of no pain.

On the following day there was marked improvement. He had slept through the night and awoke perfectly rational. The distortion of the face and deviation of the tongue were much less, and the paralysis of the limbs was less. With assistance he walked to the water-closet. He ate a light breakfast. The heart-sounds were extremely feeble, and no cardiac murmur was discoverable.

The improvement continued, and, on the sixth day after the date of the attack, he insisted upon going out and attending to his business as usual. The paralysis had entirely disappeared. A little laurel-water and aconite were the only remedies employed. He was allowed at once a nutritious diet.

This case occurred four and a half years ago. The patient has had no return of the paralysis, and is still living and well. An embolus was suspected in this case.

Case 2. Mr. S., aged about 70, his general health good, and his mental faculties well preserved, took a long walk in the afternoon, returned at his usual hour, feeling as well as usual, and slept well during the night. On awakening in the morning, he complained of numbness in the right side of the body, and of deficient muscular power on that side. He was able to walk without difficulty, but the grasp with his right hand was considerably impaired. There was no distortion of the face, and the tongue was protruded in a right line. The most marked difficulty related to the speech. There was no trouble in enunciation, but the difficulty was in the recollection of words. On undertaking to speak, after a few words, he hesitated, and finally was unable to express what he desired to say, leaving a sentence so incomplete that it was not easy to comprehend him. He was greatly distressed by his inability to converse. Aside from the foregoing symptoms, he appeared to have no ailment. He had no pain, and had his usual appetite.

He remained in the condition just described for several days, and gradually recovered. This was in March, 1862. He has had no return of the paralysis, and is now (Nov. 1865) well. No remedies were given in this case.

In cases of hemiplegia dependent on intra-cranial lesions, the prognosis, as regards the duration of life, will depend on the nature and extent of the lesions, and other circumstances. The persistence of the hemiplegia does not preclude the continuance of life for an indefinite period. Hemiplegia which has lasted from early life to middle age may not interfere at all with the duration of life. But, occurring in middle or advanced life, the lesions which exist in the majority of cases, viz., extravasation of blood, or softening, or both, generally involve more or less immediate danger to life; and, if the attack do not prove fatal, other attacks are apt to recur, from a continuance of the morbid conditions giving rise to them.

PARAPLEGIA.

The term paraplegia is used to express paralysis affecting the two lower extremities, and, in some cases, involving the bladder and rectum. The paralysis may be motor, or sensory, or both motor and sensory. The paralysis is limited to motion in the larger proportion of cases, but both motion and sensation are lost or impaired much oftener than in cases of hemiplegia. There are cases in which the paralysis is limited to sensation, but they are exceedingly infrequent. A case has lately fallen under my observation of paraplegia limited to sensation. Paralysis of motion, however, had existed. The affection, in this case, followed a blow upon the back received by a fall. Of 35 cases which I have recorded, and which I have analyzed with respect to points pertaining to the clinical history of the affection, in none was the paralysis limited to sensation; in 11 cases, both sensation and motion were either impaired or lost, and, in the remainder of the cases, the paralysis was limited to motion. Sensibility as regards pain may be lost, and tactile sensibility preserved. This was noted in the histories of two cases. In several of the cases, the sensibility was morbidly increased, that is, hyperæsthesia existed. In the cases in which both motion and sensation were not lost, but more or less impaired, the paralysis of motion, in general, predominated. In one case sensation was more impaired than motion.

Paraplegia may occur suddenly, but, in the great majority of cases, it is developed more or less gradually. Of the 35 cases, in six it occurred suddenly; in all but one case the patients fell to the ground with a paralytic stroke, complete paralysis, in the excepted case, being found to exist on awakening from sleep in the morning. In the cases in which the development was gradual, the period during which the paralysis attained to its maximum, varied from a few days to several months. In several cases a sense of weakness on any unusual exertion, as in ascending stairs or in running, was noticed for some time before paralysis was suspected. Laborers continued to work for weeks and even months when, it was evident, paralysis existed. A liability to trip and fall in walking was sometimes observed before paralysis was recognized. In one case sudden and complete paralysis occurred in one limb, and paralysis was gradually developed in the other limb, the paralysis becoming complete in the latter in three months.

In the majority of cases the paralysis was incomplete. In only 6 cases did it become complete, that is, so long as the cases were under observation. The cases varied greatly as regards the degree of the paralysis. If the paralysis be slight, or moderate, it occasions only a certain amount of difficulty and insecurity in walking. In walking over uneven ground, or whenever a misstep is made, the patient is unable to exert quickly enough a sufficient degree of muscular effort to recover himself, and he is therefore liable to fall. This gives him a sense of insecurity. It is difficult for him to walk in the dark. With a greater amount of paralysis, locomotion is impracticable without the aid of a cane, and, with a still greater amount, crutches are necessary. If the paralysis approximate to completeness, the patient is confined to the bed and to the chair. If the paralysis affect sensation as well as motion, a difficulty in walking, in addition to the impairment of muscular power, arises from the inability to feel the contact of the feet with the ground. The patient is guided in his movements by the sight, and is unable to walk without the aid of the eyes. The sight is, in some cases, necessary for locomotion when sensation is intact, apparently owing to defective power of co-ordinating the action of the different muscles.

In some cases, even when the paralysis is slight or moderate, there is an inability to stand when the eyes are closed; the patient falls, if not supported. An intelligent patient who was able to walk without the aid of a cane, but who could not stand for a moment with his eyes closed, stated to me that the difficulty appeared to him to consist in his inability to perceive a loss of equilibrium until too late to recover himself. There would seem to be a deficiency of what has been called the muscular sense. The inability to stand with the eyes closed bears no constant relation to the degree of paralysis.

A marked point of difference in different cases relates to reflex movements. These may be sometimes excited to a great extent in cases of complete paralysis. I have seen the limbs flexed quickly so as to bring the thighs to a right angle with the trunk, in a case of complete paralysis, by irritating the inguinal region of the abdomen. In some cases reflex movements are slight, and, in some altogether wanting. Tremulousness of the paralyzed muscles in cases of incomplete paralysis falls under the head of reflex movements. This is a marked feature in some cases. Whenever the patient undertakes voluntary movements, tremor of the muscles is excited. Involuntary twitching of the affected muscles is a symptom in some cases. Cramps not infrequently occur, especially at night. In some cases there is rigidity of the muscles, and in other cases the muscles are flaccid. In one of my cases contraction of the flexors of the legs took place, so that the legs were flexed at a right angle with the thighs at the end of a year from the occurrence of the paralysis.

A marked difference in different cases relates to pain in the back and limbs. Pain in either the back or limbs, or in both situations, is a prominent symptom in some cases, and in other cases it is wanting. Pain sometimes precedes and accompanies the development of the paralysis, and afterward disappears. Patients sometimes complain of a sense of coldness, and sometimes of a burning sensation in the affected limbs. A sense of numbness, a feeling such as exists when the limbs are said to be asleep, and the sensation commonly known as of pins and needles, are other symptoms more or less marked in certain cases. The temperature of the paralyzed limbs is sometimes higher, but oftener lower, than that of health.

An important difference relates to the pelvic organs. In a minority of cases these organs remain unaffected. They are more or less implicated in the majority of cases. Constipation usually exists. The sense of the presense of the feces in the rectum is not infrequently lost, and after a purgative, or if diarrhœa occur, evacuations take place involuntarily. The mildest affection of the urinary system consists in the need of strong voluntary abdominal efforts to expel the urine. This sometimes precedes the paralysis of the limbs. Retention is not uncommon, requiring the use of the catheter. Incontinence of urine is common, the urine dribbling away, especially at night. In some cases of slight or moderate paraplegia, the patient, whenever the desire is felt, is obliged to urinate in haste to avoid involuntary micturition. The accumulation of urine in the bladder, in some cases, leads to the decomposition of urea, and the urine is ammoniacal when passed. In these cases the urine, rendered irritating by changes within the bladder, sometimes gives rise to cystitis. The urine is then found to contain mucus and pus in more or less abundance. Irrespective of cystitis, or retention, the urine is in some cases alkaline, and in some cases acid. If alkaline, it may deposit the phosphates more or less abundantly.

Priapism, that is, erection without venereal desire, is an occasional symptom. As regards venereal desire, different cases differ. Complete paraplegia, affecting both sensation and motion, is not incompatible with sexual passion and procreative power. Not infrequently there is loss of the desire and capacity for sexual intercourse. This I have noted in several of the cases which I have recorded. In one of my cases, in which recovery took place after five years, there was absence of venereal excitement for that period, and reappearance of sexual appetite shortly before complete recovery from the paralysis. A sensation of stricture across the abdomen, as if it were encircled with a tight girdle, is an occasional symptom.

Different cases present great variation as regards the course of the affection and its duration. Exclusive of the cases in which complete paralysis occurs suddenly, the affection increases sometimes rapidly, but oftener slowly, until it has attained to a certain degree, which may be slight or moderate or considerable. The paralysis remains at this point stationary for a variable period—weeks, months, or even years—and then, in a certain proportion of cases, improvement begins, which may progress to a greater or less extent, but without ending in recovery; or recovery may take place. In another class of cases, after the paralysis reaches its maximum, either becoming complete, or, if incomplete, greater or less in degree, it remains permanently at that point. And in this class of cases life may continue for an indefinite period, the functions of digestion and nutrition being well performed. The muscles waste, other things being equal, in proportion to the degree of paralysis and its duration. In cases in which complete paraplegia has existed for many years, the general health being good, the attenuation of the lower limbs is in striking contrast with the body and upper extremities. The continuance of paraplegia, although complete, does not lead to imbecility or notable mental deterioration. Persons, under these circumstances, preserve their mental powers unimpaired. In this respect, paraplegia is in striking contrast with hemiplegia.

Paralysis of the lower limbs, limited to sensation, may be due to a morbid condition of the nerves at their periphery. I have met with a case in which, apparently from the action of cold, there was loss of sensibility below the knees, motion being unimpaired. The patient was obliged to be guided by the visual sense in walking. The paralysis may be due to the condition of the muscles, as when it depends on the presence of lead. But, as a rule, paraplegic paralysis proceeds from an affection of the spinal cord. To attribute it to an intra-cranial affection is to suppose a morbid condition to exist in both hemispheres, sufficiently limited in each to obstruct the motor nervous filaments going to the lower extremity without interfering with the filaments going to the upper extremities. Such a coincidence is possible, but vastly improbable. Even when paralysis is limited to one lower extremity, the morbid condition is far more likely to be seated within the spinal canal than within the skull. Inflammation of the meninges of the cord (spinal meningitis), or of the substance of the cord (myelitis), and the intra-spinal lesions noticed in a preceding chapter, viz., non-inflammatory softening, hemorrhage, tumors, or morbid growths, may respectively stand in a causative relation to paraplegia. But paraplegia sometimes exists and proves fatal, and no appreciable changes are found after death. Careful microscopical examination has shown, in some cases, changes not apparent to the naked eye. Doubtless there are molecular changes even when the microscope, with our existing knowledge, fails to reveal them, but we must admit, for the present at least, the existence of functional paraplegia. Practically, it is highly desirable to determine, in individual cases, whether the paralysis be functional or not, and, if not functional, whether it depend on meningitis, myelitis, or on some one of the non-inflammatory lesions. To determine these points, however, with positiveness, will often be found difficult, and sometimes impossible, with our present means of differential diagnosis.

The sudden occurrence, without premonitions, of complete paralysis, involving sensation and motion, accompanied with more or less pain, traumatic causes being excluded, suggests, as a probable morbid condition, hemorrhage within the canal or cord. In the following case, among those which I have recorded, the probable diagnosis was hemorrhage:—

A girl, aged 14 years, after running a distance of a quarter of a mile and back, complained, on reaching home, of pain in one lower limb, and shortly fell upon the floor bereft of all power over both lower extremities. The pain in the limb recurred, at short intervals, for two hours after the paraplegic stroke. She came under my observation a fortnight afterward. There was complete loss of sensation and motion. She complained of heat and a sense of burning in the limbs. Ulceration of the nates had taken place. There was, sometimes, retention of urine, requiring the catheter. Oftener, the urine and feces passed involuntarily. Trismus and slight opisthotonos preceded the fatal termination. An autopsy was not practicable.

Brown-Séquard cites two cases, in which a hemorrhage limited to one lateral half of the gray matter of the cord produced loss of movement on the side of the hemorrhage, and loss of sensibility on the opposite side.[1]

Symptoms pointing to myelitis as the causative condition are, pain in the lumbar or dorsal portion of the spine, tenderness on pressure over a space corresponding to the situation of the inflammation, or a burning sensation when a sponge dipped in warm water or a piece of ice is passed over this situation, pains, cramps, twitchings, rigidity, and convulsive movements in the paralyzed limbs, and occasionally priapism. The paralysis in most cases involves sensation as well as motion. According to Brown-Séquard, a sensation of ligation across the abdomen and alkalinity of the urine belong to the history of cases of paraplegia dependent on myelitis.[2]

In cases dependent on circumscribed spinal meningitis, moving the body and sometimes the limbs produces, or increases in a notable degree, spinal pain. Spasmodic contraction or rigidity of the muscles of the back is another symptom. These symptoms are added to those which belong to myelitis, viz., spasms of the limbs, twitching, etc. It is rare that the paralysis involves sensation if the inflammation be limited to the meninges.

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[1] Lectures on the Central Nervous System, Philadelphia, 1860.

[2] Lectures on the Diagnosis and Treatment of the Principal Forms of Paralysis of the Lower Extremities, 1861. The reader is referred to these lectures for a fuller exposition of the differential diagnosis of paraplegia dependent on different affections of the cord. The points involved in the discrimination of cases of paraplegia dependent on myelitis, spinal meningitis, non-inflammatory softening, and tumors are, in the main, here adopted.

The development of paralysis dependent on inflammation of the meninges of the cord, or of the cord itself, is more or less gradual. The inflammation may be caused by a blow or fall upon the back. Caries of the spine gives rise to paralysis in some cases, by causing local meningitis or myelitis, or, if angular curvature follow, by pressure on the cord.

In cases of paraplegia due to non-inflammatory softening of the cord, the development of the paralysis is usually slow and unaccompanied by the pain in the back and limbs, spinal tenderness, cramps, convulsive movements of the paralyzed muscles, and rigidity of the muscles of the back, which characterize cases of local myelitis or meningitis.

Tumors, intra-spinal in their origin or extending into the canal from without, may give rise to paralysis by exciting inflammation of the meninges or of the cord, or of both, and the symptoms, then, will be those of local meningitis or myelitis; or tumors may give rise to paralysis by pressure on the cord, and the symptoms will then be analogous to those of non-inflammatory softening. To determine the existence of a tumor of which there is no external appearance is hardly practicable. A tumor injuring a lateral half of the cord may give rise to loss of motion in one limb and loss of sensation in the other limb. The existence of a syphilitic tumor may be suspected if the patient have had syphilis and nodes have appeared in other situations. This suspicion should suggest remedies having reference to syphilis.

Paraplegia may be considered as functional when the absence of inflammation and structural lesions is to be inferred from the symptoms and course of the affection. Pathological relations are to be taken into account in arriving at this opinion. Paraplegia occurring in connection with hysteria, called hysterical paraplegia, is generally devoid of the evidence of inflammation, and the completeness of recovery is proof that the lesions which have been noticed did not exist. In like manner, when paraplegia occurs as a sequel of diphtheria, it is generally to be considered as functional. Cases have been reported by Graves, Romberg, Rayer, Brown-Séquard, and others, within late years, of paraplegia apparently referable to various affections of different organs, viz., the kidneys, bladder, uterus, ovaries, intestines, etc. A causative connection between the paralysis and diseases seated in these organs is inferred from the fact that recovery from the former takes place after the latter are cured. It is supposed that the local diseases induce paralysis by a morbid influence transmitted through the reflex system of nerves, and hence the term *reflex paraplegia* has been used to distinguish the affection in these cases. In order to establish a pathological connection between different local diseases and the paralysis, it is necessary to show that the former precede the development of the latter in a proportion of cases too large to be explained by merely accidental coincidence. It is questionable whether facts sufficient to show this have been, as yet, accumulated. And when, on the other hand, it is considered that the various local diseases supposed to be adequate to the causation by a reflex influence are not accompanied by paralysis in the vast majority of cases, the existence of a causative relation may reasonably be doubted in the cases in which the association exists. It has been conjectured that diseases of organs more or less remote from the spine may give rise to paraplegia by inducing spasm of the arteries of the cord, in this way diminishing the supply of blood and impairing nutrition. This is the explanation of the so-called reflex paraplegia given by Brown-Séquard.[1]

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[1] *Vide* Lectures, op. cit.

That spasm may be produced by a reflex influence emanating from diseased organs is inferred from facts observed in experiments on inferior animals. This inference may fairly be questioned; but, admitting its correctness, the explanation of Brown-Séquard assumes that a degree of anæmia sufficient to occasion notable impairment of the functions of the cord without lesions may be due to spasm of the arteries, that the spasm may be a persisting morbid condition, and that it may be limited to a segment of the cord. These are conjectures which certainly admit of much doubt. On the other hand, it has been conjectured that the supposed reflex influence induces congestion of the cord, by paralyzing the vaso-motor nerves.

Congestion of the cord is generally enumerated among the morbid conditions giving rise to paraplegia. It may be doubted whether simple congestion of the cord is ever sufficient to produce paralysis, and, still more, whether simple congestion is ever so limited to a portion of the cord as to produce paraplegia. In view of the considerations just presented, it seems to me preferable to use the term functional, instead of reflex, paraplegia, without undertaking to explain, in the existing state of our knowledge, the morbid conditions on which the paralysis depends, when not dependent on inflammation or manifest lesions. The production of paraplegia by the use of flour made from the bean of the *lathyrus sativus*, in some parts of India, suggests the reflection that it may sometimes be produced by poisons not yet ascertained.

As further means of distinguishing, in practice, cases of functional paraplegia, in addition to the exclusion of inflammation and lesions, the following points are to be mentioned: The paralysis is generally incomplete, the bladder and rectum are rarely implicated, motion is alone impaired, and the nutrition of the muscles is but little affected. The favorable progress, under judicious treatment, goes far toward confirming the correctness of the diagnosis in cases considered as functional.

Functional paraplegia is attributable, in some cases, to excessive venereal indulgence or to masturbation. Among the cases which I have recorded, is one in which the patient, a male, aged 50 years, admitted an almost daily indulgence in the venereal act for twenty-five years. Males are more subject to paraplegia than females. Of 150 cases observed by Brown-Séquard, in 110 the patients were of the male sex.

The prognosis in cases of paraplegia must have reference to the different morbid conditions of the cord on which the paralysis depends. Cases in which the paralysis is due to hemorrhage or spinal apoplexy generally end fatally within a short period. Recovery from myelitis, without injury to the cord sufficient to render permanent a greater or less degree of paralysis, is rare. The prospect in cases of local meningitis of the cord is better. If the inflammation be limited to the meninges, and the paralysis be caused wholly by the pressure of lymph, with the cessation of the inflammation and absorption of the lymph the causative condition is removed, and complete recovery may take place. In cases of non-inflammatory softening, neither recovery from the paralysis nor improvement is to be looked for. The best that can be expected, in such cases, is that the paralysis will either remain stationary at a certain point or increase very slowly. In the cases in which the paralysis depends on the pressure of a tumor, or of the bone in displacement from caries, there may be improvement in so far as the paralysis may have been increased by local meningitis, but in proportion as the pressure of the tumor or bone produces obstruction, the paralysis will be permanent, because most tumors are persistent and are more likely to increase than to decrease. It is probable that syphilitic tumors form an exception to the rule just stated. These may diminish or disappear, and if they have not led to destruction of any portion of the cord, recovery may take place. In cases of functional paraplegia, that is, paraplegia not dependent on either inflammation or manifest lesions, the prognosis is favorable.

In cases of complete paraplegia, extensive sloughing of the integument on the nates is liable to occur if great pains are not taken to prevent it. In this way the paralysis may prove fatal. Exclusive of this incidental effect, the paraplegia does not tend to destroy life, irrespective of the morbid conditions which stand in a causative relation to it, or with which it may be associated. So far as concerns the paralysis, the prognosis has reference mainly to recovery or improvement, on the one hand, and, on the other hand, increase or a stationary condition. In general, if the paraplegia have existed for a series of months or years without improvement, and, still more, if it have progressively increased, the probability is that it will be permanent. But there are exceptions to this rule. Among the cases which I have recorded is one in which paraplegia became gradually developed six months after an injury from a fall which led to angular curvature of the spine. The paralysis continued for three and a half years. The patient then recovered perfectly, and was able to work as a laborer for five years. At the end of this period, almost complete paraplegia again occurred, involving sensation and motion. He again recovered after a year and a half, and worked without difficulty for four years. At the end of this period he had a second recurrence of the paralysis. After two months there was improvement, and the case was then lost sight of.

Another of the cases exemplifies recovery after a still longer duration of the paralysis. This patient, a German emigrant of considerable intelligence, became paraplegic shortly after his arrival in this country, and was sent to Ward's Island. He remained there five years. During three of these years he was confined mostly to the bed. During the last two years there had been gradual improvement. He came under my observation at Bellevue Hospital at the end of the five years, and after a few months was discharged, having perfectly recovered.

Such cases as these afford ground for encouragement, notwithstanding that the paralysis may have existed for a long time.

Almost every practitioner is acquainted with cases of paraplegia, either complete or incomplete, of many years' standing, in which digestion, nutrition, and all the bodily functions, together with the mental faculties, remain unaffected. The following case, reported by the late Prof. Childs, is the most remarkable which has fallen under my notice:—

"M. G., on the 6th of November, 1804, being then a stout and healthy man, 22 years of age, while painting the tower of a church, was precipitated, by the fall of a scaffolding, a distance of forty feet, striking the frozen ground upon his back and hips. Paralysis of the lower part of the body was found to be complete and loss of sensation entire. A careful examination showed depression corresponding to the twelfth dorsal vertebra. In short, the patient exhibited the usual symptoms of fracture and dislocation of the spine with compression of the medulla. Vigorous but unsuccessful attempts at reduction were made. The treatment consisted of local depletion, careful attention to the bladder and bowels, and afterwards baths, liniments, friction, electricity, etc. etc. The patient soon became comfortable, and lived from November, 1804, to August, 1857, when he died of double pneumonia. During this period, although completely paraplegic, he married, had six children, and by his energy and industry amassed a little fortune for his family. At the post-mortem examination, the entire spine was removed and carefully examined. The specimen is preserved in the museum of the Berkshire Medical College. The injury was found to consist of fracture with displacement of the twelfth dorsal vertebra, and below this point the cord was completely atrophied.

"I have now to describe the phenomena during the long period extending from the injury to the death of the patient—fifty-three years. These may be conveniently grouped under four heads: 1st. The effect of the injury upon sensation and voluntary motion. 2d. Upon nutrition and secretion. 3d. Upon the evacuations. 4th. Upon the generative function.

"I have said that the loss of sensation and motion was at first complete below the site of the injury. Within a year sensation gradually returned to the front of the abdomen, the front of the scrotum, and the front of the thighs down to within two and a half inches of the knee-joint, and extending about half way around the thighs. At the same time the power of the extensor muscles of the leg (*quadriceps extensor cruris*) was recovered. This corresponds exactly with the distribution of the anterior crural nerve. No further restoration of sensation or voluntary motion ever took place. In a narrative by the patient he says: 'I have frequently cut, burned, bruised, and injured my legs in various ways without knowing it till I discovered the wound by sight, and some ten or fifteen years ago I fell and broke both bones of the right leg, and knew nothing of it until I attempted to get up and found it swing about like a leather strap. I immediately took to my bed, sent for a surgeon, had it bandaged, splintered, and dressed in the usual manner, and after lying on the bed the usual time, I again got upon my crutches and walked about with it as usual, without having experienced, during the whole time, the least sensation in it more than in the crutch that I walked upon.'

"With respect to the effect upon nutrition, the lower extremities showed a moderate atrophy, while the head, trunk, and upper extremities were largely developed. In regard to the secretions and the excretions, the only peculiarity observed was that the alvine evacuations were uniformly in the form of very dry, small scybalæ. The catheter was used for four weeks after the accident, but afterward he was able, by a powerful contraction of the abdominal muscles, aided by a loop of rope tightly twisted with a stick over the hypogastric region, to nearly empty the bladder.

"As to the phenomena exhibited in the reproductive functions, the patient shall speak for himself; he says: 'At the age of 36 I married, and my wife in due time presented me with a son, and in 1823 with a daughter; in 1826 with another son; and in 1828 with twins (a son and daughter); and in 1831 (my age being 49 and the age of my wife 43) she presented me another daughter, which was the last. You will probably ask whence came all these children. I reply that for many reasons, perfectly satisfactory to myself, I have not the least doubt of their legitimacy.' The patient, in his narrative, goes on to detail irrefragible proofs of his virility. I have no doubt of the correctness of his conviction of the legitimacy of his children. They all resemble him closely. The mother, throughout her married life, sustained an excellent character; besides, there is no physiological reason why a paraplegic should not procreate, the reproductive, like the other organic functions, being independent of, though greatly influenced by, the cerebro-spinal system. This was well illustrated in this case. Though capable of coition and fruitful connection, he never experienced the venereal orgasm.

"He frequently experienced vague distress in his lower extremities, and it was only by experience he came to connect this with the action of cold. So when the rectum or bladder required evacuation, he did not experience the usual sensation pointing to these needs, and by accident only came to associate these feelings of discomfort with the conditions which they represented."

CHAPTER VI.

General Spinal Paralysis—Treatment of Paralysis—Progressive Locomotor Ataxia—Progressive Muscular Atrophy.

Of the different forms of paralysis, it remains to consider the form distinguished as *general*. After having briefly considered this form, the treatment of paralysis in its different forms will claim attention.

GENERAL PARALYSIS.

Paralysis is called *general* when the four extremities are affected. Not only the four extremities, but the face on one side or on both sides may be paralyzed in cases of double hemiplegia, to which reference has already been made. In these cases, the lateral halves of the body become paralyzed by successive attacks of hemiplegia. Such cases are rare. An extravasation of blood or circumscribed softening, occurring simultaneously in each of the hemispheres of the brain, may give rise at once to double hemiplegia or general paralysis, which would be likely to involve, to a greater or less extent, the muscles of the face. A case of this kind has never fallen under my observation. General paralysis, involving the cranial nerves, either proceeds from or is connected with intra-cranial morbid conditions. It is possible that such a paralysis may be functional. But by the term general paralysis is understood, more especially, a paralysis limited to the four extremities, and dependent on intra-spinal morbid conditions. This form may, therefore, be distinguished as general spinal paralysis. The term general paralysis, as here used, is not intended to embrace the affection called progressive general paralysis, the paralysis of the insane, or progressive locomotor ataxia. The affection to which these names are applied will be considered separately.

General spinal paralysis is by no means of frequent occurrence, yet it is not extremely rare. My clinical records furnish ten cases. In all these cases the brain was apparently unaffected, that is, the cranial nerves were not implicated and the intelligence was unimpaired. In this form of paralysis the intra-spinal morbid condition must either be seated within the upper portion of the canal, as high as the connection of the nerves which form the brachial plexus, or the whole of the cord below this point must be affected. Local spinal meningitis, circumscribed myelitis, non-inflammatory softening, and tumors pressing on the cord, if situated in the cervical portion, may give rise to general paralysis. But in the vast majority of cases they are situated in the dorsal or lumbar portion, and hence give rise to paraplegia. Judging from the cases which I have observed, general paralysis is usually functional, and the prognosis is, therefore, as a rule, far more favorable than in most cases of either paraplegia or hemiplegia. Of the 10 cases two ended fatally; in three cases the recovery was known to be complete; in four, the recovery was nearly complete at the last date of observation, and in one case the patient is, at the time of writing, nearly recovered.

Of the 2 fatal cases, in one no autopsy was made. In the other case, an examination of the brain and spinal cord showed no morbid appearances. A microscopical examination was not made. In this case, reduplication of the two heart-sounds was observed for several successive days, but this disappeared before death. The heart presented no morbid appearances. The patient died suddenly, probably from syncope. The autopsy revealed no explanation of the sudden death.

The development of the paralysis was gradual in 5 cases, and sudden in 2 cases, the histories not containing information on this point in 3 cases. In most of the cases the paralysis was developed without premonitions. Headache preceded for a single day in one case, and in another case pain in the head and back for a day. In one case the patient had suffered much from rheumatism. In two cases the paralysis was preceded by diarrhœa. In two cases the paralysis was attributable to exposure to cold and wet, in one of these cases the patient having been in the water for three days. In one case intermittent fever and pleurisy preceded the paralysis. In one case the patient, a female, attributed the disease to mental inquietude.

In some of the cases in which the development of the paralysis is gradual, the different limbs become affected not simultaneously, but successively. In one of my cases the paralysis was first apparent in the thumb of one hand. In another case, the right upper limb was first paralyzed, next, the left upper limb, and, afterward, both lower limbs became affected. In another case, the paralysis commenced in one lower limb, next, extended to the other lower limb, and, afterward, to the upper extremities. In several cases the different members were not equally affected. In most cases it is noted that the paralysis was greater in the lower than in the upper limbs. In one case the reverse is noted. In some cases, an upper and a lower limb on the same side were more paralyzed than the limbs on the other side, but in two cases an upper and a lower limb on opposite sides presented a greater degree of paralysis. The sensibility was in not one of the cases diminished, and hyperæsthesia of the surface is noted in one case. In but one of the cases was there difficulty in urination, and in this case the difficulty was of very brief duration. Pain in the back and spinal tenderness are noted in only two of the cases. In most of the cases the appetite and digestion were but little, or not at all, affected, and the body was well nourished.

The thoracic respiratory movements were not in any case diminished. In one case they were increased, and the diaphragmatic movements were wanting. The breathing, in this case, for several weeks, was costal, physical exploration showing the absence of any pulmonary or cardiac disease. The paralysis evidently involved the diaphragm. The patient was unable to sneeze. When snuff was put into the nostrils, he felt intensely the desire to sneeze, but the act did not take place. Afterward, when notable improvement had taken place, as regards the paralysis of the limbs, the power of sneezing returned, and the diaphragmatic movements in respiration were apparent. In three cases phonation was notably affected. In two of these cases there was complete aphonia, and in the other case the voice was impaired but not lost.

As regards the duration of the paralysis, of the two fatal cases, in one it existed for 17 months, and in the other case for only a week. Of the three cases in which the recovery was complete, it is a curious coincidence that in each case the duration was six months. The duration in the remaining five cases, respectively, at the date of the last record, the improvement in all having been so great as to render it probable that complete recovery would take place, is as follows: Five months, sixteen months, and, in three cases, two years.

TREATMENT OF PARALYSIS.

The treatment of the several forms of paralysis which have been considered will, in the first place, have reference to the morbid conditions on which the paralysis is dependent, to coexisting affections in any part of the body, and to the state of the system. The treatment, in this point of view, is addressed, not directly to the paralysis, but to causative and concomitant affections. Measures to be addressed to morbid conditions on which the paralysis depends, must, of course, vary according to the nature of these conditions; hence, it is important, if possible, to determine their nature in individual cases. The questions which the practitioner is to endeavor to settle, as preparatory to this part of the treatment, are: Does the paralysis depend on an inflammation, or a lesion of some kind, and, if so, where is the inflammation or lesion situated, in the tract of a nerve, within the cranium, or within the spinal canal? If the paralysis depend on a lesion, what is its character and its extent? Does the paralysis depend on poisoning by lead? Is there ground for the suspicion of some other toxical agent, such as arsenic, copper, or mercury? Do the history and symptoms render it probable that the paralysis is functional? Are there concomitant affections which may possibly stand in a causative relation, either directly or indirectly, to the paralysis? What is the state of the system as regards nutrition, debility, and, more especially, anæmia?

Measures of treatment, differing and quite opposite in character, will be indicated according to the conclusions at which the practitioner arrives, after propounding to himself the foregoing questions. It is not necessary to consider here the various measures which may be indicated in different cases. The success of the treatment will depend, in some cases, on the indications being correctly interpreted and judiciously fulfilled. But, in a certain proportion of cases, the paralysis depends on lesions which are irremediable, and complete success of treatment is not to be expected.

The treatment, in the second place, has reference directly to the paralysis, and consists of measures addressed to the paralyzed parts. The objects are to rouse or restore the function of the paralyzed parts, promote circulation in the parts, and secure, as far as practicable, healthy nutrition. The more important of the measures are, friction with stimulating embrocations, or shampooing, electricity, passive movements, strychnia, and, above all, active exercise under the influence of the will.

These measures cannot be effectual, and some of them may be hurtful, so long as the paralysis is sustained by the morbid conditions which have produced it. But, it is to be borne in mind, a portion of the immediate paralyzing effect of certain of these conditions is of transient duration. The paralysis, for example, which follows an extravasation of blood, or an inflammatory exudation, is measurably due to the shock or contusion, and, perhaps, to a temporary local congestion. These incidental causative conditions are temporary. Even functional paralysis is usually stationary for a certain period, before improvement begins. On the other hand, paralyzed parts will not, of themselves, resume at once their normal condition, even after all the causative conditions are removed. This is a highly important fact. Nerves and muscles may become permanently paralyzed from disuse. Having been for a considerable period paralyzed, they may remain so indefinitely if appropriate efforts be not made for their restoration.

In the treatment of paralysis the practitioner is liable to err, *first*, by resorting immediately, or too soon, to measures to rouse the paralyzed parts, while the paralysis is still sustained by the causative conditions, and restoration at that time is out of the question. A *second* error is, after the paralysis has existed for some time, to overlook the fact that the restoration may not take place spontaneously, but that persevering efforts may be required for recovery. A *third* error is, to expect success when the paralysis has existed so long that the muscles and nerves involved have undergone degenerative changes.

The researches of Duchenne and others, within late years, on the application of the induced electrical current (Faradization) in cases of muscular paralysis, have shown that, by means of this agency, important information may be obtained respecting the condition of the affected muscles. When the current from an electro-magnetic or electro-galvanic battery of sufficient power is passed through healthy muscles, contractions are excited. This susceptibility to the electrical current is called the *electro-muscular contractility*. The passage of the current through the muscle causes more or less pain, not due to the contraction excited by the current, and this muscular pain denotes what is called the *electro-muscular sensibility*. Now, the state of paralyzed muscles as regards electro-muscular contractility and electro-muscular sensibility is to be taken into account in the application of not only electricity, but other therapeutical measures addressed to the paralysis. In muscular paralysis from intra-cranial affections, as a rule, the paralyzed muscles respond to the electrical current not less, and in some cases even more, than in health, until they begin to suffer from prolonged inaction or defective nutrition. The electrical current in such cases is, to some extent, a test of the state of the muscles as regards their capacity for contracting under the influence of volition. The statement just made appears to be the rule, but there are exceptions. In some instances volitional contractility is regained while the electro-contractility is defective or lost. Again, it seems to be a rule that, when muscular paralysis is due to intra-spinal affections, to injury of nerves, or traumatic causes affecting the muscles themselves, the electro-functions are impaired or lost irrespective of changes arising from defective or disordered nutrition. Loss of electro-contractility and electro-sensibility has already been stated to characterize paralysis from lead. Finally, in proportion as muscles and nerves undergo degeneration of structure as an effect of long-continued paralysis, they respond but feebly, or not at all, to the electrical current. In certain cases, therefore, electricity gives information of the hopelessness of paralysis. The electro-contractility of paralyzed muscles is sometimes lost, and the electro-sensibility remains intact; under these circumstances, the prognosis is more unfavorable than when both are wanting.

The judicious employment of electricity, as a therapeutical agent in cases of paralysis, is undoubtedly of great importance. To consider, however, this part of the treatment fully would require details which do not properly fall within the scope of this work. For these the reader must consult treatises devoted specially to electricity, considered in its applications to pathology and therapeutics. A few practical points only can be here introduced.[1]

The ends to be attained by electricity, it is to be kept in mind, are the restoration of the ability of the paralyzed muscles to respond to the will, and the maintenance of the circulation, together with healthy nutrition within the affected organs. Electricity is, therefore, not required when the paralyzed muscles respond to the current as actively as the corresponding muscles which are not paralyzed, and still less is it required when the electro-muscular contractility and sensibility are greater than normal. Under these circumstances, electricity may do harm. In cases of paralysis from intra-cranial morbid conditions, the employment of this measure is to be deferred until the muscles begin to suffer from prolonged inaction, as denoted by diminished electro-contractility, electro-sensibility, and nutrition. Electricity is not to be employed when the paralyzed muscles are rigid from irritation or inflammation at the nervous centre.

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[1] The reader desirous of entering into a full consideration of medical electricity will consult foreign works, and especially the writings of Duchenne. The comprehensive work on *Electro-Physiology and Electro-Therapeutics*, by Dr. Alfred C. Garratt, of Boston, contains a digest of the views held by Duchenne and other modern writers in addition to the conclusions drawn from the author's experience. The monograph by Drs. Mitchell, Morehouse, and Keen, on the treatment of paralysis from wounds of the nerves, may be consulted with advantage.

In cases in which the paralyzed muscles fail to respond to the electrical current from defective innervation, as an immediate or speedy result of morbid conditions affecting the spinal cord or nerves, recovery is not to be expected so long as the paralysis is sustained by the persistence of these morbid conditions. Yet, under these circumstances, the judicious employment of electricity may promote circulation and nutrition, and thus tend to keep the muscles in a state of preparation for resuming their capacity to act in obedience to the will, when the conditions sustaining the paralysis are diminished or removed. A response to the electrical current, as regards contractility or sensibility, or both, is evidence of returning innervation; and then the persevering employment of electricity may prove of great service.

In cases in which the causative morbid conditions, such as non-inflammatory softening or the pressure of a tumor, preclude any expectation of improvement, or when, from the long duration of the paralysis, degeneration of structure in the paralyzed parts has ensued, it is useless to persist in the employment of electricity.

Much benefit, in cases of paralysis from lead, may be hoped for from electricity, and its employment may do much toward hastening recovery in cases of functional paralysis.

The foregoing remarks have had reference chiefly to paralysis of motion. The judicious application of electricity in cases of paralysis of sensation is often useful. The success of electrical treatment in paralytic affections, will depend on the exercise of judgment in determining the indications for it, and tact in its employment. The advantage of experience in the practical application, together with the time which it requires, renders it desirable that some members of the profession should give to it special attention. Unfortunately the employment of electro-therapeutics, in this country, is, for the most part, in the hands of uneducated practitioners, who know but little of the agent which they employ, and still less of the human organism.

Friction of the surface, and, in muscular paralysis, kneading with deep pressure, or shampooing, are important measures of treatment. Stimulating liniments facilitate the friction, or rubbing, and are, to a certain extent, in themselves, useful. These measures are serviceable by promoting the circulation and maintaining nutrition. They should be faithfully and perseveringly employed by persons properly instructed by the physician.

Passive movements in cases of complete paralysis are not less important; that is, movements of paralyzed limbs by the hands of others, and, when practicable, by the hand or hands of the patient. The effects of inaction on the circulation and nutrition are in this way diminished, and paralyzed muscles are kept in a state of preparation for volitional contraction. The importance of this measure will not, of course, be appreciated by the patient, and it is to be explained and enforced by the physician. Drs. Mitchell, Morehouse, and Keen, attribute much value to passive movements in the treatment of paralysis from gunshot wounds and other injuries of nerves.

They state that in cases in which motion of the paralyzed parts was very painful, they were accustomed to give ether. These authors attach importance to the douche, using alternately hot and cold water.

In cases in which the paralysis is not complete, the most effective measure for effecting either recovery or the utmost degree of improvement compatible with permanent lesions is voluntary exercise. A patient who has been for some time a paralytic is in a condition not unlike that of the infant who has not yet learned to use the muscles. Persistent exercise in the one case, as in the other, is the means by which development and power are to be acquired. There is reason to believe that, in not a few cases, paralysis continues until it becomes incurably fixed at a certain point, when persevering exercise, in conjunction with other measures, might have led to recovery, or to more or less improvement. Gymnastic or calisthenic exercises are to be recommended. It is often difficult to enforce this measure. It fails to secure confidence on account of its simplicity. Drs. Mitchell, Morehouse, and Keen state that, in treating soldiers affected with paralysis, they found it necessary to place patients in charge of intelligent orderlies trained for the purpose, and by this means an efficient system of exercise was carried out.[1]

Remedies addressed to the paralysis are of far less importance than the foregoing measures. From its power of exciting contractions in paralyzed muscles, strychnia has been much employed in cases of paralysis. The expectations which led to its employment have not been realized, and, at the present time, there appears to be a tendency to consider it as a remedy of little or no value. Clinical experience furnishes but little evidence of its possessing any special curative power, but, as a tonic remedy, it appears to be useful in certain cases. In a case of paraplegia, among those which I have collected, in which the patient was confined, for the most part, to the bed for three years, he took no remedy during this period. He began to improve after commencing the use of strychnia and quinia in small doses; and he continued to use these remedies steadily for two years, the improvement progressing and complete recovery taking place. Strychnia should not be given when the conditions sustaining the paralysis involve inflammation or irritation of the brain or spinal cord. As regards doses, it should be given within the limit of producing involuntary twitchings of the palsied muscles. In favorable cases, its use, in moderate or small doses, should be continued for a long period.

Other remedies are ergot and belladonna. These remedies are advocated by Brown-Séquard in cases of paraplegia dependent on myelitis. They are supposed by him to act by inducing contraction of the arteries of the cord. This explanation of their modus operandi is hypothetical, and clinical experience furnishes but little evidence of their possessing curative efficacy.

In cases of paralysis in which the morbid conditions are supposed to be due to syphilis, anti-syphilitic medication is indicated, especially the iodide of potassium. If syphilis have existed, a possible connection of the paralysis with syphilitic conditions should be suspected, and a trial of the remedy made on this ground. Small doses of mercury, continued for a considerable period, are sometimes useful in these cases.

PROGRESSIVE LOCOMOTOR ATAXIA.

An affection, considered as a form of paralysis, occurring in connection with mental aberration, characterized generally by exaltation of the imagination, has, for some years past, engaged the attention of those specially interested in studies connected with insanity. This affection has been known as the "paralysis of the insane" and "progressive general paralysis." An analogous affection, more recently studied by Duchenne, Trousseau, and others, has been called *progressive locomotor ataxia.*[1] This name was proposed by Duchenne, and is generally adopted. The distinctive character of the affection appears to have been first clearly indicated by Duchenne, and hence the affection is designated by Trousseau, *Duchenne's disease.* Romberg has described the affection under the name of *tabes dorsalis*—it has also been called *myelo-phthisis.*

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[1] In an interesting paper on the treatment of paralysis by systematic exercise, published some years since by J. P. Batchelder, M. D., of New York, the successful application of this method of treatment is illustrated by several cases.

This affection is not a form of paralysis, but it is liable to be associated with diminished sensibility and muscular power. The distinctive character of the affection consists in impairment or loss of the ability to combine and direct muscular movements. The patient may be able to exert as much muscular strength as in health, but he finds it difficult or he is unable to co-ordinate the action of the muscles for the execution of the acts of volition.

According to Duchenne and Trousseau, this affection is apt to have certain premonitions, viz., fugitive pains in different parts of the body, which are regarded as neuralgic or rheumatic, nocturnal incontinence of urine, spermatorrhœa, anaphrodisia, or, on the other hand, a morbid excitability of the sexual organs, transient paralysis of certain nerves, such as the sixth or the third pair, and sometimes impairment or loss of vision. These paralytic affections are in some cases permanent.

The ataxia is generally first manifested in the lower extremities. It may appear first in the upper extremities. This was true of one of the cases which I have observed. One lower limb is sometimes affected before the other, and the two lateral limbs may be first affected. The defect of co-ordination is apparent when any combined movements are undertaken. In proportion as the affection is marked, the patient's gait in walking is uncertain, irregular, and grotesque. The lower limbs are thrown forward by forcible jerks, without any definite direction. The body is swayed from side to side in the attempt to maintain an equilibrium, and the arms are thrown out like those of a person balancing on the tight rope. In an extremely marked case which was under observation for several years at Bellevue Hospital, whenever the patient attempted any volitional acts the violent contortions of the limbs and body were such that he appeared to be performing for the surprise and amusement of the spectators, and it was difficult at first for the medical class to repress manifestations of mirth. In cases less marked, the greatest difficulty is experienced in beginning to walk, and, after getting under way, the patient is unable to advance slowly, but walks with precipitation or falls into a running gait. Notwithstanding the violence of the exertions, the muscular strength being retained, patients are sometimes able to travel long distances. In an extreme degree of the affection, voluntary progression, even with the aid of a cane or assistants, is impossible, and the patient is confined to the chair or bed.

The defect of co-ordinating power over the upper extremities is shown by an inability to execute acts which require the combined movements of the fingers. The patient is unable to button or unbutton his clothes; yet he may grasp with not less force than in health. A patient whom I exhibited at a clinic at Bellevue Hospital tried in vain to unbutton his vest, but his grip was too strong to be borne. In extreme cases the patient is unable to bring his hand to his mouth, and it is necessary for others to feed him.

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[1] De l'Ataxie Locomotrice Progressive, par le Dr. Duchenne, Archives Générales de Médecine, 1858 and 1859, Clinique Médicale par A. Trousseau, tome second, 1862.

Sooner or later the speech becomes affected. The articulation is difficult and imperfect; the tongue, when protruded, is tremulous. The speech may become so impaired as to be unintelligible.

As the name implies, the affection extends over the voluntary muscular system, and generally increases more or less slowly. The defective co-ordinating power may be much more marked at some times than at others. A patient who was for some time under my observation, and who had had this affection for five years, habitually walked with a certain amount of uncertainty and irregularity, and enunciated with a sense of labor and slowly, but distinctly. This patient at times, for the space of an hour or so, walked with great difficulty, presenting, in a marked degree, the characteristic gait, and the embarrassment in speech was such that he was with difficulty understood. These paroxysms recurred on some days repeatedly, and he was sometimes exempt from them for several successive days. This patient had occasionally double vision and night-blindness.

Trousseau mentions, as a distinctive feature of this affection, even when it exists in a slight degree, inability to walk or stand with the eyes closed. This inability, however, exists not infrequently in cases of paraplegia. Although a feature of locomotor ataxia, it is not distinctive.

In a certain proportion of cases, the cutaneous sensibility is more or less impaired. When this is the case, there is an additional difficulty in walking, arising from the inability to feel the contact of the feet with the ground. The upper as well as the lower limbs may be deficient in tactile sensibility. The definition of the affection by Duchenne excludes motor paralysis. The affection is undoubtedly distinct from motor paralysis, but the latter may be associated with it. In certain cases of veritable paraplegia, the difficulty in walking depends measurably on defective power of co-ordination.

Incontinence of urine, and sometimes retention, occur in connection with the ataxic affection. Impotence in most cases occurs sooner or later, if it have not preceded the affection. There is inability to retain the contents of the rectum at an advanced period of the affection. The muscles, for a considerable period, do not show any defect of electro-contractility, but, after a time, this is impaired.

The affection is one of great gravity. The prognosis is as unfavorable as possible. The most to be hoped for is that it will remain stationary or advance very slowly. Its progress is usually very gradual. The duration varies much in different cases. Exceptionably, it rapidly increases, but, as a rule, it continues many years before leading to a fatal result. In the majority of cases, patients are cut off by some intercurrent or superadded disease.

It would appear to be rendered highly probable by the researches of Bourdon, Sappey, and others, that the anatomical characters of this affection consist of atrophy and degeneration of the posterior columns of the spinal cord, involving the gray substance of the cord and the posterior roots of the spinal nerves. The optic nerve, the motor oculi, and the tubercula quadrigemina have also been found in a degenerated condition. The changes are not fully apparent without the aid of the microscope. Trousseau regards the affection as primarily functional, and considers the changes just stated as secondary. He includes the affection among the functional disorders of the nervous system, or the *neuroses*. It seems more rational to attribute the disorder of function to the anatomical changes. The affection, as stated by Trousseau, bears a close resemblance to chorea. Cases of the affection have been heretofore considered as cases of incurable chorea. I can recall examples which came under my observation long before the character of this affection had been indicated.

The causation of locomotor ataxia remains to be ascertained. It has been attributed to venereal excesses, but conjecturally rather than as a conclusion drawn from clinical facts. Males are affected oftener than females. It does not occur prior to adult life. Duchenne and Trousseau cite cases which appear to show that it is most apt to occur in females who inherit a predisposition to nervous diseases.

The treatment will require but a few words. There is no special plan of medication as yet established. Some benefit may be derived from the judicious employment of electricity. A highly intelligent patient who had tried a great variety of measures, and consulted eminent physicians in different countries, assured me that he had found electricity useful. According to Trousseau, the persevering use of sulphur baths has proved useful. This author states that hydropathy has been faithfully tried without any advantage. Prof. Wunderlich advocates the use of the nitrate of silver as a curative remedy, and this remedy has been used by others to some extent. With reference to the cases on which the supposed curative efficacy of this remedy rests, a distinguished author in this country states that he has examined them with great care without being able to accept their conclusions as demonstrated [1]

In the absence of any special medication, measures to maintain the nutrition and tone of the muscular system, to invigorate the general health, to remove coexisting disorders, and to palliate incidental symptoms may doubtless do much toward retarding the progress of the affection and prolonging the life of the patient.

PROGRESSIVE MUSCULAR ATROPHY.

The distinctive characters of the affection now generally known by the above name were first pointed out in 1848 by Cruveilhier, and hence it is sometimes called *Cruveilhier's disease*. The name *progressive muscular atrophy* was given to it by Aran in 1850. Cruveilhier called it *gradual paralysis of motion with muscular atrophy*. It is the affection called by English writers *wasting or creeping palsy*. Like the affection last considered, it is not strictly a form of paralysis. The impairment or loss of motion is due to atrophy and degeneration of the affected muscles. In cases of paralysis, the paralyzed muscles gradually become atrophied and their structure degenerates; but the defective and perverted nutrition, in these cases, results from the paralysis, whereas, in the affection now under consideration, the structural changes in the muscles precede their functional incapacity.

The atrophied muscles are more or less diminished in volume. The muscular fibres become pale, like those of cold-blooded animals. Examined microscopically, the fibrillæ of the affected muscles are reduced to a third or a half of their normal size; the transverse striæ are diminished or lost; molecular granules are substituted for the proper muscular substance, or the myolemma is devoid of contents. According to most observers, fatty degeneration takes place. Duchenne applied to it the name, *muscular atrophy with fatty degeneration*. Robin, however, states that the specimens which he has examined have not shown an abnormal amount of fat.[2] The changes do not exist uniformly in all the fibres of the affected muscles. Intermingled with fibres which are atrophied and degenerated, are those which have undergone little or no change. The loss of functional capacity in the affected muscles is, of course, proportionate to the number of fibres involved and the amount of structural change.

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[1] Prof. Alfred Stillé; Review in *Am. Journ. of Med. Sciences*, January, 1864. The reader is referred to this review for a digest of the recent literature of the disease.

[2] *Vide* Trousseau, Clinique Médicale, tome 2d.

Progressive muscular atrophy generally commences in one of the upper extremities, oftener the right than the left. The affection is at first usually limited to a certain number of muscles. In the larger proportion of cases, some of the muscles of the hand are primarily affected. The muscles forming the ball of the thumb and the interosseus muscles, are atrophied. In other cases, the muscles of the shoulder, or the arm, or the forearm, are the first to become atrophied. Corresponding muscles of the other extremity are apt to become subsequently affected, the affection thus exemplifying the law of parallelism. More or less gradually the affection extends over the muscular system. Not only the muscles of the extremities, but those of the trunk are liable to become atrophied, and in some cases the latter are first affected. The intercostal muscles and the diaphragm may be involved, and death caused by apnœa. The muscles of deglutition may become involved, and the affection prove fatal by causing inanition.

A marked degree of atrophy of external muscles, renders the appearance striking and characteristic. In a case which I saw with my colleague, Prof. Taylor, the atrophy was limited to the muscles of the left shoulder, arm, and forearm. The right scapula was well covered by its muscles, but on the left side this bone was conspicuous, its boundaries distinct, and the spinous ridge projecting. The whole of the upper limb was attenuated, presenting a remarkable contrast with its fellow. In a case reported by Dr. Reade, the patient, a young man, when stripped to the waist "exhibited the neck, chest, and arms to the elbow-joints, reduced to the most abject degree of emaciation. The emaciation was perfectly symmetrical; the greater and lesser pectoral muscles were little more dense than the strongest brown wrapping paper; the muscles of the neck, anterior and posterior, proportionately attenuated; the muscles on the scapulæ, particularly the supra and infra-spinatus, were so much diminished as to show the spine of the bone with distinctness only less than the dry bone; all prominences from the deltoids were gone, and the muscles of the humeri were reduced to the cellular membrane, the mere elementary outline of the muscles, the biceps and triceps especially. From the elbows, the muscles of the forearms and hands displayed the full development of a robust and vigorous man of his stature, with all the concomitant power, sensibility, and aptitude for use. All the muscles outside the pelvis, and those of the inferior extremities were full, strong, and well-formed."[1] Cases have been reported in which the affection extended over the greater part of the voluntary muscular system. The tongue and muscles of mastication, the facial muscles, and the muscles of the larynx may be included in the general atrophy. In a case cited by Thouvenel, the power of moving the limbs and body was lost, and the patient was only able to move the head feebly. The tongue was involved in this case, and deglutition difficult.[2] Trousseau refers to a case treated by Bretonneau, in which the power of speech, and all voluntary movements except of the head and of the forefinger of the right hand were lost. This patient, a female, held communications with her family by indicating letters, in this way forming words and sentences. She dictated in this manner her last will and testament. When the atrophy is limited to a few muscles, the loss of substance is rendered striking by the normal size of the adjacent muscles. Atrophy of one class of muscles, for example the flexors or extensors of the limbs, causes distortion by the contraction of the muscles which are not affected, the contraction arising from the loss of antagonism. Distortions of the head, trunk, and extremities may be produced by the limitation of the atrophy to certain muscles, or by the progress of the atrophy being much greater in some muscles than in others. The characteristic appearances belonging to the affection give to it a physiognomy by which it is readily recognized in well-marked cases. In the early part of its progress it may escape recognition if a close examination be not made.

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[1] Dublin Quarterly Journal.

[2] Valleix, op. cit.

In general, the first evidence of trouble is weakness of the affected muscles, arising from the atrophy. Pain precedes and accompanies the affection in a certain proportion of cases. Generally the pain is not severe. It is referred to the affected muscles, and is of a neuralgic character. The affected parts are notably sensitive to cold. Defective capillary circulation is sometimes shown by congestion of the surface. Quivering movements of the fibres of the affected muscles are often observed, and sometimes subsultus of the tendons and slight twitchings of the parts to which the tendons are attached. These movements occur irrespective of the will, occasion no pain, and the patient may not be conscious of them. The sensibility of the surface is unaffected. The mental faculties remain intact, and there are no symptoms pointing to intra-cranial disease. The appetite, digestion, and nutrition may continue unaffected. There is no loss of power over the bladder or rectum, even when the affection is far advanced. Constipation may be produced by atrophy of the abdominal muscles. Duchenne states that the affected muscles lose their electro-contractility only in proportion as they become atrophied and degenerated; the fibres which are unaffected respond fully to the electrical current. This serves to distinguish the affection from the wasting of muscles due to paralysis from lead and some other forms of paralysis.

The progress of the affection is slow. More or less slowly it is, as a rule, progressive, as the name implies. This rule, however, is not without exceptions. Sometimes it remains stationary after having progressed to a certain extent. In a few cases recovery may be said to take place; that is, the affection ceases without leaving any permanent deformity or notable debility. It may continue, slowly progressing, a great number of years before leading to a fatal result. The prognosis is extremely unfavorable. The most to be hoped for is that it will cease to progress, or that its progress will be very gradual. Retrogression is not to be expected after much change in the muscles has taken place. Life may be destroyed by apnœa if the respiratory muscles become affected, or by inanition from atrophy of the muscles concerned in deglutition. In other cases, death takes place after a long and tedious confinement to the bed, if the patient be not carried off by some intercurrent disease.

As regards duration, the following are the results of the analysis of one hundred and five cases by Roberts: Mean duration of cases ending in recovery, one year and two months; of cases ending in permanent arrest, two years and three months; of cases ending fatally, five years and two months. Of the cases which recovered, the longest duration was seven years, and the shortest four months. Of the cases proving fatal, the longest duration was twenty-three years, and the shortest twelve months.[1]

Cruveilhier's researches appeared to show that this affection is connected with atrophy of the anterior nerves of the spinal cord. He regarded the affection of the muscles as secondary to, and dependent on, atrophy of these nerves. The latter, however, although found repeatedly, is not a constant lesion, and it is questionable whether it be not an effect, rather than a cause of the muscular atrophy.

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[1] An Essay on Wasting Palsy, Cruveilhier's Atrophy. By William Roberts, B. A., M. D., etc., London, 1858.

The causation is obscure. The affection rarely occurs under adult age. Males are much oftener affected than females. There is no connection with social condition or particular occupations. Several members of the same family, in repeated instances, have been affected. It has been supposed, in some cases, to proceed from undue muscular exertion. Like most affections, it is sometimes attributed to the action of cold.

The great object of treatment is the arrest of the progress of the affection. The measures for this object have reference to the affected muscles and the general condition. Undue exertion of the affected muscles is to be avoided, but a certain amount of éxercise is important. The circulation and nutrition within the affected muscles are to be promoted by friction and shampooing, with the use of stimulating embrocations. Electricity, according to Duchenne, applied to the muscles affected, is of much value. Measures having reference to the general condition are those which invigorate the powers of the system. Here, as in cases of progressive locomotor ataxia, judicious management, although it may fail to effect recovery, may do much toward retarding the progress of the affection and prolonging the life of the patient. The point in the progress of the affection at which the arrest is effected is of vast importance to the patient; hence the desirableness of an early diagnosis.

CHAPTER VII.

THE NEUROSES. NEURALGIA.

Trifacial Neuralgia—Cervico-Occipital Neuralgia—Cervico-Brachial Neuralgia—Lumbo-Abdominal Neuralgia—Crural Neuralgia—Sciatic Neuralgia—Dermalgia—Myalgia—Cephalalgia—Vertigo.

CERTAIN affections of the nervous system are distinguished as *the neuroses*. The affections so called are peculiar to the nervous system, and occur without inflammation or any appreciable morbid changes in the nervous structure; in other words, the neuroses are purely functional affections. Some of the disorders of function, however, which nosologically rank as individual affections occur also as symptoms of diseases involving either inflammation or lesions of structure. For example, pain referable to nervous trunks, convulsions, and paralysis, are, severally, symptoms of diseases which have been considered Inflammation and lesions within the skull and spinal canal may give rise to these disorders of nervous functions. Now, pain in a nervous trunk, not occurring as a symptom of inflammation or any appreciable change, signalizes a functional affection or one of the neuroses, viz., neuralgia. Convulsions, of a certain character, taking place, in like manner, irrespective of any inflammatory or structural disease, denote a functional affection, another of the neuroses, viz., epilepsy. So, paralysis is sometimes functional, and then belongs among the neuroses Several of the neuroses have been already considered in treating of the affections manifested in connection with the respiratory, circulatory, and digestive systems, as well as the affections of the nervous system to which the preceding chapters of this section have been devoted. This has been done for the sake of convenience. It remains to consider the functional affections which it is most convenient to arrange in a separate class.

The different functional affections of the nervous system differ according to the functions disordered. The latter may be classified as follows: 1. The mental faculties. 2. Special and general sensibility. 3. Voluntary motion. 4. Involuntary or reflex movements; and, 5. Innervation.

Mental disorders do not usually enter into courses of instruction in the Principles and Practice of Medicine. They are, however, to be included within the range of the studies of the physician. Treatises are devoted to these disorders, and their management constitutes one of the specialties of medical practice; but all physicians are called upon, more or less, to treat affections of the mind falling short of well-marked, confirmed insanity. Melancholia and hypochondriasis in their lighter grades, *i. e.*, not amounting to insanity, come constantly under the notice of the practitioner. Want of energy, lack of buoyancy—mental apathy and inertia—often exist without any obvious disease. The physician should consider these as generally denoting corporeal ailment. And this should be impressed on the minds of patients, since they are thereby led to reformations and measures of management which will be likely to afford relief, and they are enabled to bear better and strive against mental disorder. A vast amount of unhappiness is due to causes which, under intelligent medical direction, may be removed, or to functional morbid conditions which judicious treatment may relieve. It is a grave error to attribute mental disorders exclusively to mental causes. These few remarks open up a subject of great importance. Insanity is to be prevented by the general practitioner. They who devote themselves to the treatment of insane patients have not the opportunity of preventing the development of insanity.

The study of mental disorders is important to the physician as involving questions of medical jurisprudence. The existence, or otherwise, of insanity sufficient to require or warrant confinement in institutions for the insane, the exemption of moral responsibility for criminal acts, incompetency to perform legal obligations, to take care or dispose of property, etc., are questions concerning which physicians are called upon to give testimony; but for information on these questions the student and practitioner are referred to works treating of medical jurisprudence.

Disorders manifested in the organs of voluntary motion are, paralysis, spasm, convulsions, and defective co-ordination. These have been already considered as symptoms of certain diseases, and they will also enter into some of the functional affections of the nervous system which remain to be considered, viz., epilepsy, chorea, and hysteria. Functional paralysis of motion has been already considered. Convulsions occurring in the puerperal state, or puerperal eclampsia, and in children, do not come within the scope of this work.

Disorders relating to the involuntary movements of the heart, stomach, intestines, etc., and to the tonic contractility of the voluntary muscles, involve the reflex, true spinal, or diastaltic portion of the nervous system. These are considered in connection with the affections treated of in other sections, together with the nervous affections exclusive of the neuroses. This statement will apply to disorders of the imperceptible influence communicated to the different organs of the body, known as innervation, which also involves the portion of the nervous system just named.

Disorders of the special senses do not come within the scope of this work except as symptoms of diseases. An important functional disorder of general sensibility, viz., neuralgia, gives rise to several individual affections, some of which have been considered. Under this head, I shall proceed to present certain general considerations, and notice briefly neuralgic affections not embraced in other sections.

NEURALGIA.

Under the head of *neuralgia*, a term of modern date, are embraced a group of local affections characterized by pain occurring without inflammation or any appreciable changes in the parts affected. All that can be said of the pathological character of these affections is, they consist in a perversion of sensibility. The neuralgic affections are of frequent occurrence. Apparently they are much more frequent at the present time than heretofore, but many of the affections now called neuralgic were formerly considered as inflammatory, spasmodic, or rheumatic. Any organ or part of the body endowed with sensitive nerves may be the seat of neuralgia. Other things being equal, the organs most abundantly supplied with this class of nerves are most liable to be affected. Neuralgic affections seated in organs belonging respectively to the respiratory, circulatory, and digestive systems have been already considered. The affections which are here to be considered are seated in nervous trunks not involved in the organs composing the foregoing anatomical systems. As regards clinical history, diagnosis, causation, prognosis, and the general principles of treatment, what is true of one of these affections is mainly true of all. To avoid repetitions, therefore, I shall consider, first, these neuralgic affections collectively, or neuralgia in general, under the several aspects just named, and, afterward, notice briefly the more important of these affections individually.

Neuralgia may be abruptly developed, but in the great majority of cases there are premonitions. The development was sudden in one-seventh, and more or less gradual in the remaining six-sevenths of the cases analyzed by Valleix.[1] The premonitions consisted of a feeling of weight, a dull pain, a sense of heat or some uncomfortable sensation in the seat of the affection. The chief characteristic symptom of developed neuralgia is pain. The pain is either chiefly or exclusively in paroxysms, or there may be more or less continued pain with exacerbations in which the pain is much increased. The continued pain may be dull or contusive, but during the paroxysms or exacerbations the pain is described as darting, tearing, lancinating, and is often excruciating. The paroxysms or exacerbations are of variable duration, lasting in some cases for a few seconds only, and in other cases for several hours or even days. The intermissions or remissions are not less variable in different cases—their duration may only be a few seconds or moments, and they may extend to days. The lancinating pain shoots in the direction of a nervous trunk and its branches; patients sometimes delineate the tract and distribution of the nerve affected, in defining the directions in which the pain extends. Pain is also generally referred to isolated circumscribed spaces, which are also tender on pressure.

Tenderness on pressure, generally limited to two or more circumscribed points, is an important diagnostic feature of neuralgia. Valleix has shown that, as regards their relations to the nerves, the tender points are situated as follows: 1st. Where nervous trunks or branches emerge from the skull or spinal canal; 2d. Over branches which penetrate muscles on their way to the integument; 3d. At the termination of branches which are lost on the surface; and 4th. In places over trunks near the surface. The situation of the tender points in intercostal neuralgia has been stated in treating of that affection. The diagnostic evidence to be derived from this source in other neuralgic affections will be stated when these are severally noticed. Pain may not be produced by pressure made with the open palm; indeed, firm pressure thus made often relieves the pain. The tenderness is shown by pressure made with the ends of the fingers or by percussion. The pain thus produced is often acute, causing the patient to cry out or to try to escape from the exploration. If, however, the pressure be continued, the tenderness is often found to diminish or temporarily disappear. The tender points are frequently quite limited, the end of the finger being often sufficient to cover them. The tender points, as stated above, are those in which spontaneous pain is either localized or most intense. As a rule, the pain produced by pressure is acute in proportion to the acuteness of the spontaneous pain. The tenderness is most marked during paroxysms or exacerbations of pain. In the intervals between paroxysms, the patient being entirely free from pain, the tenderness on pressure may disappear.

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[1] Op. cit.; also, Traité des Névralgies.

Paroxysms or exacerbations of pain are excited or increased by sudden or violent movements of parts in which the affected nerves are situated. A concussion of the whole body, as in coughing or sneezing, excites or increases the pain. The application of cold or hot substances to the surface over the seat of pain, in some cases, is insupportable.

Febrile movement or any notable constitutional disturbance does not belong to the clinical history of neuralgia. The functions of parts to which the affected nerves are distributed may not be notably disturbed. A neuralgic attack, however, sometimes induces congestion in the site of the pain, as shown by temporary redness of the conjunctiva in cases of neuralgia affecting the ophthalmic division of the fifth pair. Involuntary contractions of muscles and cramps sometimes occur. An increased secretion of tears, saliva, and mucus may accompany paroxysms of neuralgia affecting the several divisions of the fifth pair; and glandular organs within the body are probably in like manner excited in the visceral neuralgias.

Neuralgic affections have no fixed duration. They may end spontaneously or under the influence of treatment in a few hours or days, and they may continue for years or during life in spite of all methods of treatment. The prognosis is always favorable as regards a fatal termination. Persons who suffer attacks at variable intervals for a lifetime are at length carried off by other maladies not developed in consequence of the continuance of the neuralgia. Of the cases analyzed, with reference to termination, by Valleix, in seven-ninths a permanent cure took place; in one-ninth there was improvement without recovery, and in the same proportion there was neither cure nor improvement.

Neuralgic pains sometimes proceed from a palpable lesion, such as a tumor pressing on the affected nerve. In such cases, the neuralgia does not properly belong among the neuroses. In the great majority of cases, it is a functional malady. As such, its causation differs in different cases. It appears to proceed, in certain cases, from the action of the special cause of periodical fever, commonly known as malaria or marsh miasmata. This is always to be suspected in cases occurring in so-called malarious districts. When due to this cause the paroxysms sometimes recur with the same regularity as the paroxysms of intermitting fever. But there is reason to believe that it may proceed from this cause when the paroxysms do not exemplify a law of periodicity. It is one of the effects of lead-poisoning. Next to lead colic (and this is, in fact, a neuralgic affection), neuralgia is the most frequent form in which the poisonous effect of lead is manifested. Anæmia, by whatever cause induced, favors the occurrence of neuralgia. A large proportion of those who suffer from neuralgic affections are anæmic.[1] In a pretty large proportion of cases, the causation, with our present knowledge, is indeterminable. Persons are most apt to suffer from neuralgia betwen the age of twenty and of fifty. Prior to ten years of age it is extremely rare. The proportion of cases among the two sexes is not far from equal, but of the different species of neuralgic affections, some occur most frequently in the male and some in the female sex. Females, for example, are more subject to intercostal neuralgia, and males to sciatic neuralgia. A neuralgic attack is sometimes referable to exposure to cold. Cases occur more frequently in cold than in warm seasons.

The situation of the pain is not evidence of the seat of the morbid condition giving rise to neuralgia. The mind may refer the pain to the terminal branches, or the parts to which they are distributed, when the morbid condition is seated at any point in the course of a nervous trunk or at the point of connection of a nerve with the spinal cord. This is illustrated by the fact that, after an amputation, the condition of the extremities of the divided nerves gives rise to pain which the patient refers to the amputated limb.

The diagnosis of neuralgia is to be based on the character of the pain, its situation in the course of a nervous trunk or its branches, and the limitation of tenderness to the tract of a nerve or to circumscribed isolated spaces on the surface. Other diagnostic points are the occurrence of pain in paroxysms or marked exacerbations, shifting of the situation of the pain and tenderness, and the difference, as regards pain, between pressure with the ends of the fingers and with the open palm. These are the positive diagnostic points. Negative points are those by which inflammation and structural lesions are excluded, such as the absence of febrile movement, etc.

The treatment of neuralgia is rational and empirical. The rational treatment consists, in the first place, in fulfilling indications which relate to morbid conditions suspected of standing in a causative relation to the neuralgia. The physician, in individual cases, is to seek for evidence of malaria, lead poisoning, and anæmia, conditions having diagnostic criteria irrespective of the neuralgic affection. Appropriate measures of treatment are to be addressed to these or any other associated morbid conditions, under the supposition that they may have more or less to do with the existence of the neuralgia. Diathetic conditions, especially the rheumatic and gouty, are to be considered as probably contributing to the neuralgic affection, and, with reference to the cure of the latter, these conditions claim appropriate measures of treatment.

The relief of pain enters into the rational treatment. In severe paroxysms or exacerbations, opiates are called for. Large doses are sometimes indicated by the intensity of pain. The most prompt and effective method of affording relief, is the hypodermic injection of a solution of morphia. This method is far preferable to either sprinkling morphia upon a blistered surface, or what has been called inoculation with morphia. In the use of opiates for the relief of neuralgic pain, the risk of the formation of the habit of opium-eating is always to be borne in mind, yet, in severe cases which resist therapeutical measures, this risk must sometimes be incurred. If the pain be not intense, relief may be obtained by belladonna, hyoscyamus, stramonium, conium, the preparation known as chlorodyne, and the tincture of aconite. Local applications will often do much toward the relief of pain. Of these, the most efficient are liniments of the tincture of aconite,

[1] With regard to the dependence of neuralgia on anæmia, Romberg says: "It seems as if pain were the prayer of the nerve for healthy blood."

chloroform, and opium. Belladonna, stramonium, veratria and aconitia, applied in the form of ointment, are sometimes efficacious.

An arrest of the paroxysms of pain by opiates, is sometimes curative, that is, the paroxsyms or exacerbations do not recur If the development of the affection have been recent, it is not easy to decide whether a cure be effected by the remedy or whether the affection has no intrinsic tendency to continue; but the paroxysms sometimes cease to recur, after having been once or repeatedly arrested, when the affection has existed for a greater or less period, and in these cases it is fair to attribute a curative efficacy to the arrest. To produce an arrest of a paroxysm, a full opiate should be given as soon as the paroxysm begins, or, if practicable, the occurrence of the paroxysm may be anticipated by a full opiate. Before abandoning this plan of treatment, it should be employed in several recurring paroxysms. The continued employment of some form of opiate, or of some one of the narcotic extracts, especially belladonna, during the intermissions or remissions, in some cases effects a cure.

The empirical treatment consists in the use of remedies which experience has shown to be sometimes curative, and which are to be tried without following any particular rational indications. These remedies are in some cases efficacious and in other cases devoid of any curative effect, and often there are no means of determining beforehand which one of the remedies will be most likely to prove successful. In rebellious cases, the different remedies are to be tried in succession. Methodic counter-irritation is undoubtedly efficacious in a large proportion of cases. Of the different modes of counter-irritation, Valleix prefers the actual cautery, the hot iron being passed along the course of the affected nerve, taking care that the cauterization shall be superficial so as not to lead to deep eschars and suppuration. To avoid the pain occasioned by the cautery, he advises etherization. He states that he has resorted to the actual cautery in more than 150 cases, and always with success, if the neuralgia be functional. This method is advisable in cases which resist milder means of counter-irritation, together with other empirical remedies. Milder means should first be tried. Of the latter, a succession of small blisters, applied over the painful and tender points, will frequently prove successful. Prof Alfred Stillé advises blisters of only half an inch in diameter, the period of application to be from one to two hours only, the vesicated surfaces to be healed as rapidly as possible, and the blisters to be repeated in a few days if the neuralgia continue. This writer states, as a result of the employment of this method of treatment in almost every case which has come under his observation in public and private practice for many years, that "in no single instance has it failed to mitigate the symptoms, and in very many it has alone achieved a cure."[1]

During the process of vesication the neuralgic pain is frequently increased. When quickness of vesication is desirable, it may be effected in a few moments by the strong aqua ammoniæ, and still more quickly by means of a hammer heated by hot water. By the latter means, or by an instrument devised for the operation known as *firing*, a rubefacient effect may be quickly and conveniently produced, and in mild cases this may suffice without vesication. Dry cupping is another effective method of mild counter-irritation. Sinapisms are proverbially useful, and, in certain cases, will suffice, in conjunction with internal remedies.

Electricity has been found often useful and sometimes efficacious by those who have given special attention to electro-therapeutics. I have met with a case of intense paroxysms of pain in the course of the sciatic nerve, arising from intra-pelvic malignant disease, in which, for a time, more relief was afforded by the electro-magnetic current than by all other palliative measures. Electricity applied in conjunction with acupuncture has been successfully resorted to in some rebellious cases.

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[1] Therapeutics and Materia Medica.

Of the internal remedies which experience has shown to be efficacious, the more important are quinia, arsenic, the precipitated carbonate of iron, the preparations of zinc, strychnia, the essential oil of turpentine, and the iodide of potassium.

Quinia, as already stated, is rationally indicated when the neuralgia is attributable to malaria, and it will be most likely to prove successful when paroxysms occur periodically. But it is efficacious in cases in which there is no ground for suspecting a malarious causation, and in which there is no observance of the law of periodicity. To be fairly tried, this remedy should be given in full doses—from 15 to 30 grains daily to an adult—and continued for a week or ten days. Of the foregoing list of remedies, this is entitled to the first rank. Arsenic may be tried in cases in which there is an intolerance of quinia. It will not be likely to be efficacious in the cases in which full doses of quinia are well borne, but without benefit. This remedy, to be fairly tried, should be carried to the extent of producing some of its characteristic toxic effects.

The precipitated carbonate of iron, advocated some years ago by Hutchinson, is sometimes efficacious. It is to be given in large doses, viz., from one to two drachms twice or thrice daily. Ferruginous remedies are rationally indicated by coexisting anæmia, and this condition is present in a very large proportion of the cases of neuralgia. The efficacy of the preparation named is doubtless, in a measure at least, attributable to the coexistence of anæmia.

Of the preparations of zinc, the valerianate is best suited to cases of neuralgia. Strychnia may be given internally, or applied locally upon a blistered surface. In the latter mode of administration, the benefit may in some cases be measurably, and perhaps chiefly, due to the counter-irritation. The oil of turpentine is but little used in neuralgic affections, but I have known it to prove apparently curative. The iodide of potassium has been advocated by Graves, Watson, and especially by Neucort.[1] The writer last named advises its use in large doses. The coexistence of the rheumatic diathesis is regarded as indicating specially this remedy. Recent observations on the effects of the bromide of potassium in affections of the nervous system suggest the inquiry whether this preparation may not be found to be efficacious in certain cases of neuralgia.

In conclusion, a permanent cure in cases of neuralgia will often depend on the correct appreciation and judicious management of associated morbid conditions, together with hygienic measures to invigorate the general health.

In noticing briefly the different neuralgic affections to which, collectively, the foregoing remarks have had reference, I shall adopt the classification of Valleix. This author divides these affections into species, after the different nerves of the body in which the pain is seated, and the localization of pain chiefly or exclusively in the different branches of these nerves be considered as giving rise to varieties of the several species. Thus arranged, the more important species are as follows: 1. Neuralgia affecting the fifth nerve, or trifacial neuralgia. 2. Cervico-occipital neuralgia. 3. Brachial neuralgia. 4. Dorso-intercostal neuralgia. 5. Lumbo-abdominal neuralgia. 6. Crural neuralgia. 7. Femoro-popliteal or sciatic neuralgia.

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[1] De la Névralgie lombaire, etc., Archives Générales de Médecine, 1855.

TRIFACIAL NEURALGIA.

In this species of neuralgia the pain is seated in the fifth or trifacial nerve. Pain and tenderness on pressure are either limited to, or most marked in, certain circumscribed spaces, situated as follows: The point of exit of the frontal branch above the orbit, the upper eyelid, the upper and lateral portion of the nose, the point of exit of the infra-orbitar branch, the lower margin of the malar bone, over the temporal bone, the point of exit of the inferior maxillary branch, and over the parietal bone. It is rare that pain and tenderness are seated in all these spaces, but generally in at least one of the spaces within the range of the three branches of this nerve whence it receives its name, trifacial. In the different varieties of this species, the pain is either limited to, or especially marked in, the different branches respectively of the nerve, viz., the supra-orbital, infra-orbital, infra-maxillary, etc. It is rare for the affection to be limited to a single branch, with the exception of that portion of the inferior maxillary which is contained within the inferior maxillary bone.

In some cases, during the paroxysms of pain there is intolerance of light, with redness of the eye on the affected side, and more or less abundant secretion of tears. Increased heat of the nostril and an abundant secretion of mucus are sometimes observed as effects of the neuralgic affection. Spasmodic contraction of the muscles of the face on the affected side is an occasional effect; hence the affection was formerly called *tic douloureux*, or painful spasm. The affection in the vast majority of cases is limited to the nerve on one side, that is, it is unilateral. The right and the left side are affected in about an equal proportion of cases.

Trifacial neuralgia in point of relative frequency ranks next to intercostal and sciatic neuralgia. An occasional cause peculiar to this species is caries of the teeth. It is by no means frequently referable to this cause, but that it is so occasionally cannot be doubted. Teeth, however, are often needlessly sacrificed from a supposed causative connection. It is not sufficient to show such a connection that there is tenderness on striking one or more of the teeth. If the neuralgia proceed from this cause, touching the offending tooth or teeth will excite a paroxysm of pain extending into more or less of the branches of the nerve.

Trifacial neuralgia is to be discriminated from inflammation of the membrane lining the supra-orbital and the maxillary antrum, and from syphilitic periostitis. The two former of these affections are distinguished by the different character of the pain, its fixed situation, and the occurrence of a discharge into the anterior nares. The latter affection is recognized by the fixed tenderness on pressure, the existence of swellings or nodes, the aggravation of pain in the night time, and other signs distinctive of the syphilitic cachexia.

This neuralgic affection is curable in the vast majority of cases. Exceptionally it resists all the therapeutical measures which have been considered as applicable to neuralgic affections in general. The branches which are generally affected, in these rebellious cases, are the frontal and the inferior maxillary. As a last alternative, division or excision of a portion of the affected branch is sometimes resorted to. The long-continued and extreme suffering from frequently recurring paroxysms, in some cases, warrants this procedure after other measures have been faithfully tried. Mere section of a nervous branch usually affords only temporary relief. The affection returns after the divided extremities have united. A portion of the nervous branch must be removed to prevent or delay reunion. The removal of a portion of the inferior maxillary nerve within the inferior maxillary bone has sometimes proved successful after the failure of all other measures; but in a considerable proportion of cases the affection returns sooner or later. In a case which came under my observation, in which the patient had suffered from paroxysms of intense pain recurring at intervals of a few moments for the greater part of ten years, the removal of a portion of the nerve by trephining the inferior maxilla, the operation being performed by my colleague, Prof. Hamilton, procured relief for several months, but the pain subsequently returned. Prof. Carnochan, of this city, has reported several cases in which, by a bold and difficult operation, he removed a portion of the second branch of the fifth nerve beyond the ganglion of Meckel.[1]

Facial neuralgia, resisting medication, and characterized by spasmodic movements of the muscles of the face during the paroxysms of pain, is distinguished by Trousseau as *epileptiform neuralgia.* There are few forms of disease more distressing than this, or more hopeless as regards the prospect of effecting a cure. A case which recently came under my observation exemplified the persistency of this form of neuralgia, and exemption from suffering for an unusually long period, procured by simple division of the nerve. The patient, a man aged about 60, had suffered intensely from neuralgia affecting the supra-orbital branch of the fifth pair on the left side for more than two years. The paroxysms of pain recurred at intervals of a few minutes, and were often excruciating beyond description. After trying a great variety of remedies and different systems of practice, the nerve was divided by the late Valentine Mott, and the patient was comparatively free from suffering for the space of three years. At the end of this period, while under treatment for enlargement of the heart and general dropsy, the neuralgia suddenly returned with the same violence as before the operation. Paroxysms were produced by mastication, by movements of the lips in pronouncing words containing labial letters, by touching the face, and they occurred without any exciting cause. The nerve was divided a second time, by my colleague, Prof. J. R. Wood, with immediate and almost complete relief, which continued until the patient's death, several weeks after the operation.

CERVICO-OCCIPITAL NEURALGIA.

In this species the neuralgia affects the posterior branches of the first four of the cervical nerves, and especially the branch of the second cervical nerve, called, from its size and distribution, the *occipitalis major.*

Painful and tender points denoting this species of neuralgia are situated as follows: Between the mastoid process and the cervical vertebræ, over the posterior cervical plexus, on the parietal portion of the head, on the mastoid process, and in the *concha auris.* Shooting pains start from the cervical vertebræ just below the occiput, and extend thence over the posterior and superior portion of the cranium. Darting pains are sometimes referred to the external *meatus auditorius.* In cases of neuralgia affecting primarily the cervico-occipital nerves, the pain is apt to extend to the branches of the trifacial distributed to the frontal portion of the head, and, in like manner, in cases of neuralgia affecting primarily the superior division of the trifacial, the pain is apt to extend to the branches of the cervico-occipital nerves.

Cervico-occipital neuralgia is to be discriminated from rheumatism affecting the muscles of the neck, or *torticollis.* In the latter affection, the pain is limited to the affected muscles, the tenderness on pressure is more diffuse and not confined to circumscribed disseminated points; the pain is excited exclusively by movements of the affected muscles, and, so long as the head remains immovable, there are no painful paroxysms.

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[1] *Vide* American Journal of the Medical Sciences, January, 1858.

CERVICO-BRACHIAL NEURALGIA.

In this species of neuralgia, pain is frequently referred to the shoulder, and it may extend to the neck. The pain shoots downward along the arm, to the forearm and hand, following the course of one or more of the nervous trunks of the upper extremity. The affection may be limited to either the ulnar, radial, median or musculo-cutaneous nerve, giving rise to different varieties of the species. Of these varieties the most frequent is neuralgia affecting the ulnar nerve. Painful and tender points in this species of neuralgia are situated as follows: Near the last cervical vertebræ, near the acromial end of the clavicle, over the upper part of the deltoid muscle, in the axilla, at the inner condyle of the humerus, near the lower end of the ulna, and of the radius.

Neuralgia affecting the cervico-brachial nerves is sometimes an effect of injury of the upper extremity by a wound, a burn, or a contusion. It is to be discriminated from the pain incident to neuroma, by the failure to discover a tumor in the course of the nerves. Rheumatism affecting the muscles of the upper extremity is to be discriminated by the larger extent of surface which is tender on pressure, by the absence of paroxysms of pain except when provoked by movements of the affected muscles, and the limitation of the pain to the affected muscles.

DORSO-INTERCOSTAL NEURALGIA.

This species of neuralgia has been considered in the section devoted to diseases affecting the respiratory system, to which the reader is referred.[1]

LUMBO-ABDOMINAL NEURALGIA.

This species of neuralgia is of not infrequent occurrence. It occurs much oftener in females than in males. Pains in this species are apt to be referred to the hypogastrium, and may resemble those of colic. Uterine pains are incident to this species. In males the affection is sometimes characterized by pains extending into the scrotum, accompanied by notable tenderness of the testicle.

Painful and tender points are situated near the upper lumbar vertebræ, a little above the middle of the crest of the ileum, in the neighborhood of the inguinal ring, in the scrotum, and, in the female, on the *labia majora*. Pains are excited by muscular efforts, the acts of coughing or sneezing, straining at stool, and sometimes by micturition.

Rheumatism affecting the lumbar muscles, or lumbago, is to be discriminated by the existence of pain and tenderness on both sides, whereas in neuralgia they are generally confined to one side; by the tenderness being diffused over the affected muscles and not limited to certain isolated points, and by the absence of paroxysmal pain except when produced by movements of the affected muscles.

In the cases in which pains extend to the uterus, inflammation of this organ, metritis, and carcinoma are to be excluded. In uterine neuralgia the *os uteri* is tender on pressure, and the tenderness is either limited to, or [illegible] marked on, one side. The pains in this species of neu[illegible] those caused by the passage of a calculus along the ureter or nephritic colic. The pains in the latter are more intense and persisting; they are suddenly developed, whereas the development of a neuralgic affection is generally gradual, and the signs of gravel afforded by an examination of the urine are wanting in cases of neuralgia.

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[1] *Vid*[illegible]

CRURAL NEURALGIA.

This species of neuralgia is rare. It is characterized by shooting pains in the direction of the trunk of the crural nerve and its branches, and by painful and tender points in the groin, the inner aspect of the thigh, knee, and ankle.

SCIATIC NEURALGIA.

Sciatic neuralgia, or, as it is commonly called, sciatica, in frequency ranks next to intercostal and facial neuralgia. It occurs in males oftener than in females, the relative proportion of cases being as three to two. It very rarely occurs before the age of twenty. It is sometimes symptomatic of pregnancy and intra-pelvic tumors, but, in the great majority of cases, is a functional affection.

As in the foregoing neuralgic affections, lancinating pains, in paroxysms or exacerbations, extend along the trunk and branches of the affected nerve. In indicating the course of the pains, the patient often delineates with accuracy the anatomical distribution of the sciatic nerve. The character of the pain is sometimes described as burning, and sometimes as a sensation of cold; the patient feels as if a current of hot or cold liquid were flowing in the course of the affected nerve. A continued contusive pain, more or less intense, exists in the larger proportion of cases. The latter, as in the other species of neuralgia, is referred especially to the circumscribed spaces which are also tender on pressure.

Painful and tender points in this neuralgic affection are found in more or less of the following situations: On the sacrum, over the sacro-iliac junction, about the middle of the crest of the ilium, at the sciatic notch, behind the trochanter major, on the thigh along the tract of the nerve, in the popliteal space, on the external border of the patella, over the articulation of the fibula with the tibia, where the nerve passes around the fibula, over the lower and posterior part of the external malleolus, on the dorsum and outer portion of the sole of the foot. The points situated at the sacro-iliac junction, the trochanter major, the head of the fibula, and the external malleolus are those most frequently painful and tender. Pressure with the finger upon some of the foregoing points may not only be more or less painful, but excite a paroxysm or exacerbation of pain extending to other parts in the course of the affected nerve.

The intensity of the pain in this, as in the other species of neuralgia, varies much in different cases. The movements of the affected limb, in some cases, occasion such an amount of suffering that the patient remains in bed keeping the limb as nearly immovable as possible. In other cases, the patient is able to walk, but with more or less difficulty; he experiences pain, especially when the weight of the body falls upon the affected limb, and he finds relief in the use of a cane. Sometimes difficulty in walking is only felt in beginning to walk, and after a short time the patient walks with ease; the suffering is occasionally relieved by exercise. In severe cases muscular twitchings and cially accompany the paroxysms or exacerbations of pain.

algia rarely, as compared with the other species, more espe-
exemplifies, in the recurrence of paroxysms, the law

of periodicity. Like other neuralgic affections, its duration is very variable. In the vast majority of cases, sooner or later it ends in recovery, but, in some cases, it continues indefinitely in spite of all remedial measures. If it continue for a considerable period so severely as to lead the patient to avoid, as much as possible, movements of the affected limb, the repose of the muscles may render them, for a time, incompletely paralyzed. The muscles, under these circumstances, become flaccid and diminished in volume.

The diagnosis of sciatic neuralgia involves its discrimination from muscular rheumatism and from the affection of the hip-joint commonly known as morbus coxarius. Muscular rheumatism here, as in other situations, differs from neuralgia in the limitation of pain to the affected muscles, in the diffusion of tenderness over a considerable space, viz., a space corresponding to the number of muscles affected, and in the fact that paroxysms of pain are excited exclusively by movements of the affected muscles.

Morbus coxarius is distinguished by the pain in the hip-joint produced by pressure upon the great trochanter and by flexion and extension of the thigh. Moreover, febrile movement, general debility, emaciation, etc., in conjunction with the local symptoms, point to the existence of chronic inflammation within the joint.

The coexistence of two or more of the foregoing different species of neuralgia, or their successive occurrence, is frequently observed. Proximate or inosculating nerves are apt to be simultaneously or successively affected. Thus, trifacial and cervico-occipital neuralgia are not infrequently associated, and this is true of sciatic and crural neuralgia. A cure or spontaneous cessation of neuralgia in one situation is apt to be followed by the development of the affection in another situation. These facts go to show the dependence of neuralgia on constitutional or general morbid conditions.

DERMALGIA.

Neuralgia sometimes appears to be limited to the skin. Cases are occasionally observed in which pain is felt within a circumscribed space, or within circumscribed spaces, on the surface of the head, trunk, or extremities, with notable tenderness on pressure, the nervous trunks being free from pain or tenderness. This form of neuralgia has been called *dermalgia*. The hyperæsthesia of the abdomen occurring in females and simulating peritonitis appears in some cases to be a neuralgic affection of the periphery of the sensory nerves in that situation. Beau, of Paris, has described the affection distinguished as dermalgia.[1]

MYALGIA.

Neuralgia may affect especially or exclusively sensory nerves in muscular organs. The affection thus situated is distinguished as *myalgia*. The muscles of the back are especially apt to be the seat of the affection. The local symptoms in cases of myalgia are analogous to, or identical with, those of muscular rheumatism; in fact, myalgia and muscular rheumatism are generally confounded, and there is reason to believe that, in most of the cases of so-called muscular rheumatism, the affection is essentially neuralgic. I shall consider muscular rheumatism in the section devoted to general or constitutional affections, and in that connection shall again refer to myalgia.

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[1] Archives Générales de Médecine, 1841.

CEPHALALGIA—HEADACHE.

Pain in the head is a symptom occurring in many affections, such as, active cerebral congestion, cerebral meningitis, cerebritis, all the essential fevers, acute dyspepsia, syphilitic periostitis of the head, intra-cranial tumors, etc. etc. When not symptomatic of some affection, that is, occurring idiopathically, it is frequently due to neuralgia affecting either the cervico-occipital nerves or the supra-orbital division of the fifth pair. Pain limited to one side of the head, or hemicrania, is generally due to neuralgia affecting the nerves just named. According to Valleix, idiopathic cephalalgia or headache is in all cases resolvable into hemicrania. This opinion does not seem to me to be correct. In certain cases the pain does not follow the direction of these nerves, it is not limited to one side of the head, disseminated tender points may not be found, and in its behavior the affection differs from neuralgia affecting these or other of the nervous trunks and branches. Hence, cephalalgia or headache denotes a functional neuropathic affection distinct from hemicrania.

This affection is extremely common. It occurs in paroxysms, lasting usually from 12 to 24 hours, in some cases being of shorter duration, and occasionally continuing for two or three days. There are few persons who do not occasionally experience an attack after childhood or adult age, and there are very many who are subject to attacks recurring sometimes at regular, but usually at irregular, intervals for many years, or during lifetime. A host of persons suffer from it who either do not consider it of sufficient importance to resort to medical treatment, or, having found medical treatment ineffectual, resign themselves to it as an irremediable malady.

The pain in different cases, or in different attacks in the same case, differs much in degree. An attack is often not severe enough to prevent habitual occupations, but in some instances the intensity of the pain is such that the patient is unable to be about, and perhaps is obliged to take to the bed. The pain is sometimes referred to the forehead, sometimes to the occiput, and sometimes to the whole head. The character of the pain, as described by patients, differs. It is sometimes sharp or lancinating, like the pain in neuralgic paroxysms; in other cases it is a dull, heavy pain. Patients sometimes say that they feel as if the head would burst. Firm pressure upon the head, especially over the temples, often affords momentary relief. Frequently rubbing or shampooing the scalp with considerable force diminishes the pain. There is frequently an abnormal sensitiveness to light and sounds, and in severe attacks the patient seeks perfect quietude in a dark room away from all noise. The appetite during the attack is either impaired or lost. The odor of food is often disagreeable. Nausea and vomiting occur in a certain proportion of cases, and then it is common to call the affection *sick-headache*. Without nausea or vomiting, the affection is commonly known as *nervous headache*. The face is in some cases flushed, the eyes suffused, and the temperature of the head raised; in other cases, especially if nausea and vomiting occur, the face is pallid and the head may be cool. Free vomiting, although the stomach may not contain any aliment, is sometimes followed by relief.

Accompanying the foregoing local symptoms, is more or less general debility or prostration. There is rarely any febrile movement; the pulse is generally small and feeble, and the surface of the body cool. Occasional shiverings are not uncommon. Disturbed action of the heart, or palpitation, is not uncommon during the attack.

The attack gradually passes off, sometimes with the occurrence of free evacuations from the bowels, or an abundant secretion of urine, or a slight perspiration. The attack is apt to be developed in the morning, pain being experienced on awakening from sleep, and it is apt to continue until after sleep is obtained on the following night. Persons subject to the affection, are able sometimes to predict its advent by a feeling of lassitude, depression of spirits, or sense of indefinite discomfort. After the attack has passed off, there is frequently, for some time, a sense of soreness in the head with more or less general debility. Often, however, the mental faculties are unusually clear and the spirits buoyant, after recovery from an attack.

The affection involves a constitutional predisposition. Persons are subject to periodical attacks of headache, as to asthma or epilepsy. The predisposition existing, various exciting causes may determine an attack, such as mental excitement, deprivation of sleep, bodily fatigue, exposure to the sun's rays, and dietetic imprudences. Not infrequently attacks occur without any obvious exciting causes. Females are more subject to the affection than males, and it is apt to occur at the menstrual period. The predisposition varies in degree in different cases, as shown by the frequency or rareness of the attacks. The predisposition frequently ceases after the age of 50 or 60; persons who have experienced attacks, more or less frequently, from adult age up to the periods of life just named, thereafter are exempt from their recurrence. This may be stated as a rule, but, unhappily, there are not a few exceptions.

The affection is neuralgic in its character, but it is difficult to determine its precise seat. It is a reasonable supposition that it involves a toxical agent in the blood. Cephalalgia, it is well known, is produced by different toxical agents, viz., opium, alcohol, strychnia, quinia, and the accumulation of urea. Assuming the correctness of this supposition, the nature and source of the toxical agent, or agencies, are unknown.

Periodical headache, as regards successful treatment, belongs among the opprobria of medical art; yet, in not a few cases, much benefit may be derived from treatment. The treatment embraces measures to be employed at the time of an attack, and during the intervals.

If persons are not affected unpleasantly by opiates, an attack may be sometimes warded off, or abridged, or its severity lessened, by a full dose of opium in some of its forms or of its alkaloids, morphia or conia. The carbonate of ammonia is sometimes successful in affording relief. A saline purgative, taken at the commencement of the attack, is in some cases an effectual remedy.

Various palliative measures may be resorted to with advantage. The inhalation of a little of the vapor of chloroform is sometimes an efficient palliative. Evaporating lotions to the head—alcohol, spirits, vinegar, ether—in some cases afford marked relief. In some cases a towel or napkin wrung out in water as hot as can be borne, and wound around the head, is more efficient than cold applications. Warm stimulating pediluvia are useful. Strong coffee or tea affords marked relief in some cases. It is stated that the application of the galvanic or the electro-galvanic current will often succeed in breaking up an attack of headache.

During the intervals, remedies which are sometimes useful, by way of prophylaxis, are, nux vomica or strychnia in small doses, arsenic, small doses of quinia, belladonna, and the preparations of zinc, more especially the valerianate. These remedies may be tried in succession. Hygienic measures are important. In general terms, the liability to attacks is less, the more the laws of health are observed. Avoidance as far as possible, of everything which experience shows, in individual cases, to act as exciting causes, is an important part of the management.

VERTIGO.

Vertigo, occurring under certain circumstances, may be appropriately considered as a neuropathic affection. A person apparently in good health, or, at all events, without any definite malady, suddenly becomes giddy, surrounding objects appear to be turning round, or the person seems himself to be performing a movement of gyration. The sensation is like that produced by a long-continued series of rapid rotatory movements of the body. If the vertigo be moderate or slight, it simply renders the person unable to walk steadily; he reels like a drunken man. In a greater degree, walking is impossible, and there is inability to stand without support. It is accompanied by a sense of prostration, which is frequently due, in part, to a feeling of apprehension occasioned by the attack. Generally nausea and sometimes vomiting occur. An attack varies much in duration. It may last for a few moments, or it may continue for hours and days. After the attack passes off, there may follow more or less pain in the head, or there may be freedom from any ailment.

Successive attacks occur at variable intervals. In some cases days, weeks, or months may intervene. In other cases, for a certain period, attacks are liable to occur frequently from slight exciting causes, such as any intellectual effort, sudden muscular exertion, looking upward, a bright light, etc. The patient may be comparatively free from vertigo while in the recumbent posture, but experiences it whenever he attempts to sit up or stand.

These attacks generally give rise to great apprehension. The patient fears that apoplexy, paralysis, or a fit of some kind is impending. If his fears be not removed by positive assurances from the physician, he is apt to become despondent; he is afraid to walk or to be left alone; he avoids all public assemblages lest something may happen to him to excite disturbance, and he may pass months or years in a state of anxiety, the more to be regretted because it is quite gratuitous.

It has occurred to me, as doubtless to most physicians, to meet with numerous examples of the affection thus briefly sketched. I have made notes of a number of cases which came under my observation many years ago. I have never known it to prove a premonition of apoplexy, paralysis, epilepsy, or any grave affection. The affections just named are not, as a rule, preceded by attacks of vertigo. The physician is fully warranted in giving positive assurances that the attacks are of no importance beyond the inconvenience which they occasion. These assurances will do much good, not only by removing needless apprehensions, but in the way of effecting a cure, for the mental anxiety occasioned by the attacks increases the liability to their recurrence.

It is important, with reference to proper management, for the physician to appreciate the pathological character of this affection. It is not an effect or symptom of cerebral congestion. The measures of treatment based on such a supposition will prove not only ineffectual, but injurious. It is not an effect or symptom of disease of the heart. Coexisting disorder of the heart's action, which is not uncommon, might lead to the suspicion of such a pathological connection. It proceeds from a functional morbid condition of the brain, and, like the other affections included among the neuroses, this, with our present knowledge, is all that is to be said respecting its pathological character.

In a certain proportion of cases, the attacks appear to be incident to dyspepsia. This causation, however, is certainly not as constant as it is regarded by Trousseau, who calls the affection *stomachal vertigo* (*vertigo a* *tomacho laeso*). Long-continued overtasking of the mental faculties appears o give rise to it in some cases. Among the cases which I have noted are wo in which it was referable to the cause just stated. In these two cases, he persons affected were distinguished members of the medical profession.)ne of the persons referred to was the late lamented John Ware. Some ten ears before his death, for several months, any intellectual effort, even reading book, occasioned an attack of vertigo. Absence from professional duties, voyage to Europe, and life in the country, effected a cure. Of the cases hich I have noted, in this one only did either apoplexy or paralysis occur fterward; but, in the case of Dr. Ware, the apoplectic seizure occurred ten ears after recovery from the affection under consideration. In most of the ises the patients are still living and well. The other person referred to as the late Dr. Amariah Brigham. Many years before his death he was, in ke manner, for several months subject to attacks of vertigo, which were pecially excited by any intellectual effort. He died of dysentery.

I have been led to attribute the affection, in some cases, to excessive nery. The immoderate use of tobacco appears to be the cause in some ises. It is sometimes incident to the debility which remains after conlescence from a severe disease, for example, typhoid fever. Cases are served in hospital and dispensary practice, and in some of these cases the fection is attributable to deprivations, hardships of various kinds, and ental anxiety.

The treatment involves, as the first and most important measure, the moval of the cause or causes. As already stated, measures addressed to rebral congestion, viz., bloodletting, counter-irritation, purgation, and duced diet are hurtful. On the contrary, tonic remedies, a nutritious diet, d other hygienic means of invigorating the general health are indicated. ie practitioner should bear in mind the importance of assuring the patient sitively of the absence of all danger.

CHAPTER VIII.

Chorea—Anomalous Muscular Movements—Epilepsy.

CERTAIN of the neuroses are characterized by disordered muscular movents. Of the affections embraced in this group, the more important are orea, epilepsy, hysteria, tetanus, and rabies, or hydrophobia. The first of se (chorea) may be reckoned among the affections occurring especially in ly life, and is treated of fully in works devoted to the diseases of children. steria very rarely affects males, and belongs, therefore, among the diseases culiar to females. Tetanus, in the great majority of cases, is a traumatic ction, and, as such, falls within the province of surgery. A brief space ly will be accorded to these three affections in this work. As regards the ier affections named, directing attention chiefly to points which are of ictical importance, they will not claim very extended consideration.

CHOREA.

The affection called *chorea*, *chorea sancti Viti*, or *St. Vitus's dance*, is chaterized by irregular contractions of more or less of the voluntary muscles, ing rise to movements which are either involuntary or not under the direction of the will. The manifestations of the affection are usually at first limited to a portion of the body, to one of the upper extremities oftener than elsewhere, and sometimes they are confined, for a time, to the fingers of one hand. The movements increase and progressively extend to both upper extremities, the muscles of the face, and frequently to the lower extremities and to the trunk. The appearances consist of frequently recurring or unceasing movements of the parts affected, producing in the face varied and ludicrous grimaces, and in the extremities and trunk grotesque contortions and fantastic gesticulations. The spectacle afforded by the manifestations of this affection is comical, and it is difficult to realize that it is not a performance for the amusement of observers. The condition, however, if the affection be severe, is truly distressing. The incessant activity of the muscles induces fatigue. The patient may be unable to perform the voluntary acts which the wants of the body require. He is completely dependent upon others. Speech may be impaired or lost. Locomotion may be impossible. The isolation is sometimes more complete than in cases in which a considerable portion of the body is paralyzed or several senses abolished. Want of ability to direct and harmonize voluntary movements is a feature of this affection. The condition, in this respect, is analogous to that in *progressive locomotor ataxia*. Acts of volition give rise to the irregular movements; but movements, to a greater or less extent, take place without the stimulus of volition, that is, they are involuntary. The movements are usually suspended during sleep, but they sometimes continue, although always more or less diminished. The movements are frequently more marked on one side of the body, and this is generally the left side. They are sometimes confined to this side. In the latter case the affection has been called *hemi-chorea*.

The affection is not accompanied by febrile movement. If this exist, it is due to an intercurrent or coexisting affection. The appetite is usually more or less impaired and the bowels constipated. Anæmia often coexists. Irritability of temper is a notable feature. The mental faculties are weakened. The grimaces give to the physiognomy an appearance of idiocy, and, if the affection become chronic, patients fall into a condition of apparent imbecility. The mind fails, in these cases, from the deficiency of exercise of the mental faculties. If the speech be lost, it is difficult to estimate the amount of intelligence which is preserved. The power of the affected muscles is more or less diminished, and this impairment of power, or incomplete paralysis, is most marked on the side most affected with the chorea. Anæsthesia of the surface, on one or both sides of the body, is sometimes observed.

Endocardial murmurs are not infrequently found in cases of chorea. If these are aortic or pulmonic, and accompany the first sound of the heart, they are to be regarded as inorganic or anæmic murmurs. They do not constitute evidence of endocarditis. Nor is a mitral murmur, in this affection, evidence of endocarditis. I have observed a mitral systolic murmur during the continuance of chorea, and the disappearance of the murmur after recovery from the chorea. This murmur may perhaps, as has been conjectured, depend on temporary insufficiency at the mitral orifice caused by irregular contractions of the papillary muscles.

As one of the neuroses, this affection, of course, has no anatomical characters. The various lesions found in a certain proportion of fatal cases are due to antecedent or intercurrent diseases.

The causation of this affection is obscure. It is common to suspect the presence of worms in the alimentary canal, but there is very little evidence showing that the affection ever depends on worms. In some cases the exciting cause appears to be a fright. It has been observed to follow a violent fit of anger. Numerous observers have noticed an apparent connection with rheumatism, and a French writer, M. Sée, has been led, by extended researches, to the conclusion that the affection is to be considered as essentially rheumatic.[1] Facts, however, do not warrant this conclusion. The most to be said of the connection with rheumatism is that children who have had this disease are apt to become affected with chorea. There is abundant reason to believe that the development of the affection is favored by anæmia.

Chorea occurs especially between 10 and 15 years of age. It rarely occurs under 6 years of age. It may occur at any period of life. Henri Roger has reported a case occurring in a female aged 84 years. Graves observed a well-marked case in a male aged 72 years. Girls are more liable to it than boys, the ratio being as three to one.

The duration of the affection varies from a few weeks to several months. The average duration is from two to three months. In the vast majority of cases the termination is in recovery. After a variable duration, the affection tends intrinsically to this termination. In a very small proportion of cases it becomes chronic and is incurable. Life may be destroyed by intercurrent affections, which, in general, do not suspend the choreic phenomena. A fatal result may take place without any superadded disease, the patient being worn out by prolonged irritation, loss of sleep, and inanition. The incessant movements sometimes give rise to contusions and excoriations which may lead to erysipelas and abscesses, and these may contribute to a fatal result.

Relapses are apt to occur. Of 158 cases analyzed by Sée, they occurred in 37. In 13 of these cases the affection recurred twice, and in 6 cases there were four attacks. The relapses occur after intervals varying from a few months to two or three years. As a rule, the relapsing are shorter than the primary attacks.

A diversity of remedies have been advocated by different authors as effecting a cure of this disease. In general, when different methods of treatment of any disease are found to be successful, it is a fair inference that the disease ends favorably from an intrinsic tendency. This is undoubtedly true of chorea Of the diverse remedies advocated, none can be relied upon for promptly arresting the course of the disease, and it is doubtful if any exert a special curative agency. It by no means follows, however, that much benefit may not be derived from judicious treatment. The greater part of the remedies are doubtless more or less useful, and the physician is to exercise judgment in adapting them, severally, to individual cases, and in employing them successively in the same case.

Rational indications, in the first place, are to be sought for in coexisting disorders or morbid conditions. If there be symptoms, aside from the chorea, pointing to rheumatism, remedies addressed to this condition are called for. Anæmia, in a large proportion of cases, calls for appropriate treatment. Constipation, if present, claims attention. Purgative remedies are among those advocated as efficacious in curing the disease.

Of remedies, other than purgatives, which experience has shown to be useful, the more important are, arsenic, the carbonate and prussiate of iron, zinc, strychnia, opium, cannabis Indica, and various anti-spasmodics. Of the efficacy of arsenic, there is abundant and strong testimony. Fowler's solution is the most eligible preparation. Commencing with three or four drops of this preparation, three times daily, the doses should be gradually increased until the characteristic effects are observed. Of the preparations of iron, the carbonate and prussiate have been supposed to exert a curative effect aside from their usefulness with reference to coexisting anæmia. Of the preparations of zinc, the oxide has been especially advocated as curative in this affection. Strychnia is advocated especially by Trousseau, who prefers the sulphate dissolved in syrup. He commences the treatment with a very small dose, viz., one twenty-fifth of a grain once daily, and increases the dose very gradually, Opium is also especially advocated by Trousseau as a curative remedy. He gives it in a full dose, producing slight narcotism, which is to be maintained for several days. He affirms that this method of treatment is often extraordinarily successful.[1] To the efficacy of cannabis Indica, testimony is borne by Corrigan, Walshe, and Storer of Boston. Cimicifuga, in some parts of this country, has been a popular remedy for chorea, and, its value is attested by numerous eminent physicians. Of antispasmodic remedies, those which have been found especially useful are valerian, assafœtida, and camphor. Keeping the patient daily under the influence of chloroform for half an hour or more, has been found serviceable. This measure is hardly to be advised save in cases in which the movements are unusually violent and constant. Electricity directed to the spine, and mild counter-irritation over the spine, are among the measures which experience shows to be useful.

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[1] De la Chorée, etc., Mém. de l'Acad. de Méd., 1850, and Medico-Chir. Review, Jan. 1852.

Hygienic measures are certainly not less important than remedies. Alimentation as nutritious as possible is desirable. Daily exposure, and, if practicable, exercise in the open air, are highly important. The cold sponge bath is useful, provided it be not dreaded by the patient and it be followed by brisk reaction. The shower bath, with the same provisions, is admissible. On the other hand, the tepid bath, as a palliative measure, is sometimes highly useful. In the Children's Hospital in Paris for the last 20 years much reliance has been placed on gymnastic exercises for the cure of chorea. Of course, these are practicable only in the cases in which the ability to co-ordinate movements by the will is more or less impaired, but not lost. The exercises consist of systematic movements performed under the direction of assistants and enlivened by music.[2]

ANOMALOUS MUSCULAR MOVEMENTS.

Certain abnormal muscular movements are considered, incorrectly, as denoting varieties of chorea. Persons sometimes, without motive or purpose, impelled apparently by an irresistible impulse, perform extraordinary acts. One of these is leaping suddenly and violently, and sometimes jumping upon chairs or tables. Such movements have been considered as denoting a variety called *chorea saltatoria*. A patient subject to epilepsy was brought to me for examination, a young man aged about 20, who, at variable intervals, had paroxysms of jumping vigorously for a few seconds. He declared he was unable to avoid these movements. In other cases, there is a propensity to run, and the patient, unexpectedly, when walking, rushes forward with a rapid pace for several minutes. These movements have been considered as denoting another variety, called *chorea festinans vel procursiva*. Rotating and vibrating movements are performed in other cases. Moving the head and body alternately backward and forward, constituting what has been called *Salaam convulsions*, belongs in the same category.

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[1] *Vide* Traité de Thérapeutique, etc., par Trousseau et Pidoux, Paris, 1854.

[2] For details concerning gymnastic exercises, *vide* papers by M. Sée, and by M. Blache in Mémoires de l'Acad. de Médecine, Paris, 1855. For a summary of these details, *vide* Meigs on Diseases of Children.

These movements, although abnormal, are systematic and regular, and proceed altogether from the action of the will. They denote a species of mental aberration. They are manifestations of a delirious volition, resembling in this respect certain of the convulsive movements in hysteria. They are sometimes connected with cerebral disease, but in most cases they are purely functional. In some cases it is undoubtedly true that the patients are unable to resist the impulse which impels to the abnormal acts, but a morbid propensity to excite wonder and interest doubtless enters into the rationale in some cases.

The treatment embraces remedies and hygienic measures to invigorate the nervous system, together with efforts to overcome by the will the propensity which gives rise to the abnormal movements.

Sudden, brief movements, directed by a delirious volition, belong among the multiform epileptoid attacks, and will presently be referred to in that connection.

Allied to the cases just referred to are those in which twitching of certain parts becomes habitual. Thus, some persons acquire the habit of jerking the head, raising the shoulders, or making other motions, especially under mental excitement. In many, if not most, of these cases the habit may be overcome by persevering efforts before it becomes confirmed. Twitching movements of certain of the muscles of the face, producing sometimes notable grimaces, are closely allied to chorea. These are apt to become confirmed and irremediable.

A spasmodic affection of the muscles engaged in the act of writing has been called *chorea scriptorum*, or *writers' cramp*. Whenever the act of writing is attempted by one laboring under this affection, the flexor muscles especially, but sometimes the extensors of the thumb and fingers, either become rigidly contracted or contract irregularly, and guidance of the pen is impossible. The affection proceeds from undue exercise of the affected muscles in writing. When it becomes confirmed, it continues permanently and is irremediable. Mechanical appliances sometimes succeed in measurably overcoming this difficulty. It is a curious fact that all other acts may be performed by the fingers and hand without any abnormal movements being excited.

Persons who employ certain muscles constantly in other acts than writing are sometimes similarly affected. Thus, tailors and seamstresses lose the power of guiding the needle, and turners are unable to move the lathe with the foot, other movements, calling into exercise the same muscles, being performed without difficulty.

Painful contraction of muscles, irrespective of affections of which this is a symptom, such as tetanus, epidemic cholera, etc., and not produced by any obvious cause, is known as *ordinary cramp*. The muscles of the lower extremities are generally the seat of this affection. I have known the muscles of the abdomen to become cramped in connection with paroxysms of cough. Some persons are liable to suffer much from cramp of the muscles of the legs or feet, occurring especially at night. A method of treatment proposed by Dr. Bardsley, of Manchester, England, is said to be generally successful. This consists in sleeping on an inclined plane—the bed being twelve inches higher at the head than at the feet.

Tremulousness of certain parts, caused by alternate contraction and relaxation of muscles in rapid succession, is not infrequently incident to advanced age. It is observed especially in the upper extremities, but in some cases constant lateral motions of the head take place during waking hours, and they do not always cease during sleep. This *senile trembling*, as it is called, is irremediable. Tremulousness, especially of the hands, occurs in early and middle life, as a result of the abuse of alcohol, the habitual use of opium, sexual excesses, and other causes which tend to depress or disorder the nervous system. The trembling sometimes extends to the lower extremities and to the trunk. *Paralysis agitans*, or *shaking palsy*, is a name used to denote this affection. The affection, however, does not necessarily involve more diminution of muscular power than is incident to the general debility which may exist. In the case of a soldier, aged 27, who was injured by the concussion of a shell which exploded near him, but without inflicting any wound or contusion, tremulousness of the upper and lower extremities had existed for several months to such an extent that he was unable to walk, and found considerable difficulty in using his hands. The muscles were permanently rigid; the movements ceased during sleep. Aside from the tremulousness and rigidity of the muscles, there were no symptoms denoting disease of the nervous centres. The patient at the time of writing is at the military hospital in this city under charge of my colleague, Prof. Alexander B. Mott. He is progressively, but slowly, improving.

I have recently met with a case of marked tremulousness, confined to the upper and lower extremity of one side, developed gradually, the patient being 45 years of age. The muscular power of the limbs affected was but little diminished, and the general health was good. The affection had existed for three years.

The treatment of muscular tremulousness consists in removing, if practicable, the cause or causes, and employing tonic remedies in conjunction with invigorating hygienic measures.

Mercurial tremor denotes trembling movements of the limbs, the muscles of the face, the tongue, and sometimes the trunk, due to poisoning by mercury. The tremor occurs especially when the patient makes voluntary movements; in this respect it is analogous to chorea. This affection, formerly not infrequent, of late years is rarely seen, in consequence of improvements in mechanical processes involving the use of mercury and the better observance of precautionary measures. The inhalation of vaporized mercury is most apt to give rise to it, but it has been produced by the use of mercury as a medicine and by mercurial inunctions. In the only case which has fallen under my observation, the gums were swollen, reddened, and spongy, and the teeth had been loosened. These appearances, together with other symptoms of the mercurial cachexia, and, generally, knowledge of the fact of exposure to mercurial poisoning as incident to the occupation of the patient, will lead to the diagnosis.

Recovery may be expected, provided the continued introduction of mercury into the system be prevented, under the use of tonic remedies with an invigorating regimen. The iodide of potassium is supposed to effect the elimination of mercury from the body.

EPILEPSY.

The affection now to be considered, which has heretofore received various names, is universally known, at the present time, as epilepsy, a term signifying a sudden seizure. As it ordinarily occurs, it is a paroxysmal affection, the paroxysms being characterized by complete loss of consciousness, with convulsive movements, the latter being both tonic and clonic, and affecting more or less of the voluntary muscular system. Convulsions analogous to those of epilepsy are symptomatic of certain affections, especially those involving uræmia, and they are sometimes incident to injuries of the head. These are called epileptiform convulsions. Epilepsy, as one of the neuroses, is a functional affection, that is, not necessarily connected with either inflammation or any appreciable lesions. Related to the affection, sometimes preceding its development, and sometimes occurring in persons affected with the ordinary form of epilepsy, are attacks, in which the convulsive movements are slight and limited, or altogether wanting. This mild form of seizure, important especially from its relationship to fully developed epilepsy, is called, by French writers, *epileptic vertigo*, a name which hardly expresses its character. I know of no better designation than to call these attacks, *epileptoid*. The symptoms which belong to ordinary epileptic paroxysms first claim consideration.

In the majority of cases, a paroxysm occurs without any premonition. The loss of consciousness is as sudden as if produced by a stunning blow upon the head. The person falls, and, hence, the affection has been popularly known as the "falling sickness." In a minority of cases, there is a brief warning of the approaching fit. Generally the premonition consists in a sensation which the patient is unable to describe. The sense of a "cold vapor" emanating from some part of the body and mounting to the head, has been called the *aura epileptica*. This sensation was first described by Galen, and, as remarked by Herpin, "the commentators of Galen and those who copied from them handed down the phrase, until the existence of an aura seemed to be accepted as an ascertained fact." It is a traditional error to consider such a sensation as a frequent warning of an epileptic paroxysm, and it is certainly extremely rare for the patient to experience any sensation emanating from a particular part of the body. The onset of the paroxysm is generally marked by a loud, short, and piercing shriek or cry, which, from its intensity and unnatural character, is sometimes truly terrific. The face, at the time of the seizure, becomes notably pale. The direction in which the fall takes place is almost always forward on the face. The face is not infrequently wounded or bruised by the force of the fall, and severe burns are sometimes caused by falling upon heated stoves or into the fire. The convulsive movements at once begin. These are at first tonic, that is, the muscles are forcibly contracted, and the contraction persists for several seconds. The muscles of the face, neck, arms, forearms, the lower extremities, the abdomen and chest, are frequently involved, and present a tetanic rigidity. In most cases the muscles of one side of the body are more affected than those of the other side, and sometimes, although very rarely, the convulsions are limited to one side. The tonic convulsions last for a period varying from a few seconds to half a minute or somewhat more. The convulsions then become clonic, that is, the muscles present forcible contractions and relaxations in rapid succession. The face is hideously distorted, the head is moved upon the trunk, the upper and lower limbs and the body jerk with violence. The tongue is sometimes caught between the teeth and wounded by the tonic contraction of the muscles of the lower jaw. This more frequently happens during the clonic convulsions. Respiration is nearly suspended by the tonic, and is irregular and difficult during the clonic convulsions. A quackling noise accompanies the respiratory acts. The face during the convulsions becomes deeply congested and livid. Convulsive masticatory movements are accompanied by the ejection of foamy saliva, frequently commingled with blood from the wounded tongue or from a portion of the cheek being caught between the teeth. The violent clonic convulsions continue for a period varying from half a minute to three minutes. The period to the observer seems to be much longer, but, if observed by the watch, it is rarely found to exceed three minutes. The convulsive movements now become less rapid and violent, the embarrassment of respiration diminishes, the patient fetches a deep sigh, and the paroxysm, so far as the convulsions are concerned, is ended. The paroxysms, in different cases and different paroxysms in the same case, differ much as regards the violence of the convulsive movements, and the extent of the muscular system involved. The convulsions are sometimes especially marked in the face and upper extremities, and they may be limited to these parts. Paroxysms differ also as regards duration. The violence of the convulsive movements of the muscles of the shoulder is sometimes sufficient to produce luxation of the humerus. A case in which this repeatedly occurred has fallen under my observation. During the convulsions the urine and feces are sometimes expelled, and an emission of semen may take place.

After the convulsions have ceased, consciousness may be speedily regained, and the patient only experiences a sense of fatigue, with, usually, a disposition to sleep. But in most cases the state of coma continues for a variable period. Frequently the respiration for some time is stertorous, and the lips are puffed out with expiration. The patient remains in this state for a few minutes, or for half an hour. The pupils are dilated and do not contract on exposure to light. He cannot be roused from the comatose state. Gradually he emerges from this state, opens his eyes, appears confused, and some time elapses before he is able to appreciate his situation and reply to questions. If he attempt at once to walk, he reels like a person intoxicated. Occasionally the patient passes from the apoplectiform state into one of delirium. He talks incoherently, manifests hallucinations, and sometimes the delirium assumes the form of mania during which he may be dangerous to himself or others. After recovery of the mental faculties, there is complete inability to recall anything which has transpired during the paroxysm.

The paroxysms recur after intervals which are extremely variable in different cases. The intervals may extend over many months or years. On the other hand, they recur, in some cases, daily and even many times daily. When a paroxysm once occurs other paroxysms are almost sure to follow sooner or later. In most cases the paroxysms at first are more widely separated than after they have repeatedly recurred; they become, as a rule, more and more frequent until the affection is confirmed. In some cases the recurrence is periodical. In females sometimes paroxysms occur regularly at the menstrual period. Periodicity, however, is not the rule, the intervals generally varying considerably in the same case. But in certain cases of confirmed epilepsy, about the same number of paroxysms take place in successive periods of a quarter, a half, or the whole of a year. Exceptionably, the recurrence of the paroxysms becomes less frequent after a time, and a patient who, for several years has been subject to paroxysms after short intervals, may afterward have long intermissions. Occasionally, having recurred more or less frequently for months or years, they cease altogether for a considerable period, and then return with not less, and perhaps greater, frequency than before.

In some cases a series of paroxysms occurs in rapid succession during a day or during several successive days. As many as one hundred and even a larger number of paroxysms have been known to occur during twenty-four hours. In a case which came under my observation at Blackwell's Island hospital, paroxysms took place at intervals of a few moments for fourteen consecutive days. The patient recovered, and the paroxysms did not again recur for several months. When a series of paroxysms thus occur, the mind is notably impaired for a time; the patient is childish and perhaps idiotic for several days, but gradually recovers the habitual state of the mental faculties. Hemiplegia occasionally follows a series a paroxysms. This occurred in the case just referred to. The paralysis, in such cases, is usually of brief duration.

Epileptic paroxysms occur at all hours of the day or night. They are apt to occur during the night. In some cases, for a greater or less period, they occur only at night. In these cases the affection may have existed long before its existence is ascertained. I have known a case in which, the paroxysms never occurring in the daytime, the existence of the affection was for a long period concealed from the patient. It is a curious fact that the paroxysms are usually suspended during the course of an acute disease. A patient, for example, subject to daily paroxysms became affected with typhoid fever. During the career of the fever no paroxysms occurred, and among the events denoting convalescence was the return of the epilepsy.

Of the essential pathological condition in epilepsy we have no positive knowledge. This affection is not to be excepted in the statement that our present knowledge of the functions of the nervous system warrants only conjectures with respect to the nature of the morbid perversions which constitute the neuroses. Paroxysms, in all respects like those of epilepsy, are, in some cases, connected with, and doubtless in some way dependent upon, certain intra-cranial lesions, such as tumors of various kinds, inflammatory softening of the brain, meningitis, and they sometimes follow fracture with depression of the skull. It is fair to infer that, in these cases, the various lesions simply stand in a causative relation to the unknown pathological condition giving rise to the paroxysms. The researches of Van der Kolk show the existence, after death, of induration of the medulla oblongata from exudation in some cases, and softening from fatty degeneration in other cases, with enlargement of the capillary vessels. These changes, however, are to be considered as effects of the disturbance of the circulation incident to the paroxysms, and it is difficult to say how much pathological importance belongs to them. An interesting fact with respect to the enlargement of the vessels is pointed out by the author just named. In epileptics who bite their tongues in the paroxysms, the capillary vessels are enlarged in the course of the hypoglossus nerve, and in those who never or very rarely bite their tongues, the enlargement of the vessels is in the course of the vagus.[1]

The functional condition which constitutes epilepsy strictly can only be said to exist when the paroxysms occur. It may be presumed that this condition is essentially the same when similar paroxysms are symptomatic of cerebral lesions, or when they occur in the course of other affections, for example, uræmia, as when epilepsy is an idiopathic affection. The agencies producing this condition are supposed to be, in some cases, seated at the centre of the cerebro-spinal nervous system, and the affection has then been distinguished as "centric;" in other cases the condition is supposed to be due to morbid influences transmitted to the centre of this system from some part of the body, and the affection has then been called "excentric" or "centripetal." With regard to these points, however, we have no positive knowledge. Without entering into any discussion of the pathology of the affection, the author will simply state that the humoral doctrine, as enunciated by Todd and some others, seems to him to be rendered probable by analogical reasoning. Todd attributes the affection to an abnormal development of nervous force which manifests itself in the epileptic paroxysm, as a Leyden jar, when charged with electricity to a certain state of tension, gets rid of the disturbance by the disruptive discharge. This undue nervous force he attributes to the accumulation of some material in the blood which, acting on the brain as a poison, excites the "disruptive discharge," leaving the nervous system free from disturbance until a fresh accumulation excites a new paroxysm. The following facts are cited by Todd as supporting this humoral doctrine of epilepsy: 1. The influence of certain toxic agents in producing artificial epilepsy. 2. The frequent connection between epileptic convulsions and imperfect eliminatory action of the kidneys. 3. The correspondence between the paroxysmal character of epilepsy and that of other diseases confessedly humoral, such as ague and gout. 4. The fact that the introduction of certain animal poisons (as those of the exanthemata or of typhus) into the system may produce epileptic convulsions.

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[1] On the Minute Structure and Functions of the Spinal Cord and Medulla Oblongata. Publications of the New Sydenham Society, London, vol. iv., 1859.

The causes of epilepsy are not equally operative at all periods of life. Of 995 cases analyzed with reference to the age when the affection was developed, by Moreau, in 87 it existed at birth, it was developed in infancy in 25 cases, from 2 to 10 years in 281 cases, from 10 to 20 years in 364 cases, from 20 to 30 years in 111 cases, from 30 to 40 years in 59 cases, from 40 to 50 years in 51 cases, from 50 to 60 years in 13 cases, and from 60 to 70 years in 4 cases.[1] The period, according to these statistics, most favorable for the development of the affection is from 10 to 20 years, and next to this period it occurs most frequently from 2 to 10 years, and next from 20 to 30 years. As regards sex, statistics show that, prior to 14 years of age, each sex is about equally represented, but after 14 years the number of cases in females predominates. Hereditary predisposition, if the question be limited to epilepsy, is not established by statistical data, but facts go to show that the progenitors of epileptics in a large number of cases have been subject to affections of the nervous system.

Of particular causes, when the affection is idiopathic, little is positively known. It is certain that intemperance, as regards the use of alcohol, may give rise to it. Epileptic paroxysms occur not infrequently in drunkards, and cease to recur in cases in which reformation of intemperate habits is effected. It is one of the occasional effects of lead poisoning. Venereal excesses, and especially habits of masturbation, have been supposed to be not infrequent causes. The supposition is highly probable, but an accumulation of facts establishing this causative connection is desirable. A female patient, 23 years of age, unmarried, who had been subject to paroxysms occurring almost nightly for two years, stated to me, voluntarily, that she was taught to masturbate at six years of age, and continued the practice almost daily until she was fourteen. At this age she became religious, and realizing the sinfulness of the habit discontinued it. She was afterward tormented with sexual desires, and experienced the venereal orgasm almost nightly during sleep. She was led to disclose this private history by a conviction at which she had arrived of her own accord, that it was important with reference to the source of the epilepsy. To what extent the antecedent history in cases of epilepsy would furnish corresponding facts can only be conjectured. Epilepsy has been known to occur in persons affected with tænia, and to cease after the expulsion of the worm.

In persons subject to epilepsy, the paroxysms, in the great majority of cases, occur without any obvious adequate exciting cause. The causes determining the attack, as a rule, are intrinsic. Persons not infrequently are able to judge, by experience, from certain indefinite sensations, that they will ere long have a paroxysm. These sensations disappear after the paroxysm has occurred, and it is not uncommon for persons to feel better after recovery from the immediate effects of a paroxysm than for some time prior to its occurrence. It has been supposed that the aura which sometimes precedes the paroxysm denotes the existence of an exciting cause, emanating from the part to which the aura is referred. This supposition rests only on conjecture. A case has fallen under my observation, in which the patient, a female, experienced the first paroxysm during the first act of sexual congress after marriage. Subsequently, a paroxysm occurred at each marital connection, but after a time paroxysms took place without this exciting cause, and the patient became a confirmed epileptic. It is a remarkable fact that an attack may occur from imitation. An instance has fallen under my observation: A female was employed as an attendant on a lady who was subject to epilepsy. This lady, on one occasion, had a series of paroxysms in quick succession. Her attendant, while these paroxysms were in progress, first manifested hysterical phenomena, and finally experienced a distinct epileptic paroxysm. She had never before had an attack of epilepsy, nor did another paroxysm take place, the person remaining within my observation for several years afterward. It is well known that dogs, cats, and other domestic animals are liable to epilepsy. Prof. Dalton has related to me the following interesting illustration of the effect of imitation in the canine race: A dog, not previously affected with epilepsy, was in company with another dog who was subject to this affection; the latter being seized with an epileptic paroxysm, the former immediately afterward had a similar attack. This occurred under Prof. Dalton's observation.

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[1] Mém. de l'Acad. de Méd., Paris, 1853, *vide* Valleix, op. cit.

The diagnosis of epilepsy, in its ordinary form, rarely offers much difficulty. The disease is, in general, readily ascertained, when it has become confirmed. In cases in which the practitioner has not an opportunity of witnessing any of the paroxysms, he may generally obtain sufficient information respecting the distinctive features to feel sure of the diagnosis. The prominent points of inquiry are, the sudden seizure, the cry at the beginning of the paroxysm, the loss of consciousness, the tonic and clonic convulsions, embarrassed respiration, ejection from the mouth of frothy saliva often mixed with blood, and the short duration of the fits. An examination of the tongue, if repeated paroxysms have occurred, in some cases shows cicatrices resulting from the wounds of this organ, which are quite diagnostic.

The affection is to be discriminated from hysterical convulsions; the latter present points of difference which are usually sufficiently marked. The convulsive movements are not purely automatic, as in epilepsy, but proceed from a delirious volition. They are of longer duration than the convulsive movements in a paroxysm of epilepsy; they are developed gradually. Foaming at the mouth does not accompany hysterical convulsions; the pupils are not dilated. Epilepsy may be developed in persons subject to hysteria, and the two affections may be associated.

If called to a patient, not known to be an epileptic, in the comatose state which succeeds the convulsions, apoplexy might at first be suspected; but if the convulsions which precede this state have been observed by any one, information respecting their occurrence suffices for the diagnosis. If the convulsions have not been observed, the appearance of foam and blood upon the lips is diagnostic. The age of the patient is to be considered, and the absence of hemiplegia which so often occurs in cases of apoplexy and very rarely in cases of epilepsy.

Epileptiform convulsions, or eclampsia, occurring in children, in pregnant women, or in connection with the affections grouped under the name of Bright's disease, are to be discriminated by means of the antecedent and coexisting symptoms. A paroxysm of convulsions in an infant or child often, with good reason, occasions anxiety lest it may prove the beginning of epilepsy. It is not always practicable to determine this point at once. There is more reason to apprehend epilepsy in proportion as the convulsions are not otherwise to be accounted for. Their non-recurrence, after recovery from the attack, affords the only positive proof that they are not epileptic.

It is desirable to determine whether epileptic paroxysms are connected with lesions affecting the cerebro-spinal system, or whether they are idiopathic. With reference to this point, symptoms denoting lesions are to be sought for in the intervals between the paroxysms. Persisting pain in the head, paralysis, and disturbance of the intellect greater than the epileptic paroxysms will account for, are symptoms pointing to cerebral lesions. Lesions are to be suspected if the epileptic paroxysms succeed an injury of the head.

Epilepsy is one of the affections which are sometimes simulated by malingerers. More or less of the appearances which are presented in epileptic paroxysms may be voluntarily produced, but a malingerer must be very well acquainted with the disease to represent accurately the phenomena in the order in which they succeed each other, and certain of the phenomena are beyond the power of the will. To determine a case of deception, let it be observed if the face become at first pale and afterward deeply congested and livid, if a cry be uttered, if the fall be forward on the face, if the convulsions are at first tonic and afterward clonic, if foamy saliva be ejected from the mouth, and the tongue or cheek wounded by the teeth. Let the pupils be examined; these cannot be voluntarily dilated, nor their mobility on the approach of light prevented. Let the duration of the fit be noted; the convulsions will be likely to be unduly prolonged. Let it be ascertained if accompanying and succeeding the convulsions is coma, with insensibility to pricking, burning, or pinching the skin. Let the attention be directed to the time and place in which the paroxysms take place. Malingerers will not select the night, nor a situation in which they will not be observed. They are not likely to fall in a way or in a position to receive injury. The aspect of confusion and shame which is manifested on recovering consciousness after an attack of epilepsy is not easily feigned.

Epilepsy may exist for a long time before its existence is ascertained if the paroxysms occur only at night. The disease is to be suspected when patients complain of awakening from time to time with headache, lassitude, and a wounded tongue. Under these circumstances, the diagnosis is to be settled by causing the patient to be watched during the night.

Owing to the terrible nature of the malady, and the apprehensions felt by those in company with an epileptic lest a paroxysm may occur, persons are naturally sensitive with respect to themselves or their relatives being said to have epilepsy. For this reason there is sometimes a disposition to conceal the nature of the paroxysms even from the physician. To avoid the depressing effect upon the mind of the patient which a knowledge of the disease is likely to produce, it is sometimes judicious to refrain from calling it epilepsy. In the case of a lady who was under my observation for many years, the nature of the disease was never communicated to her. The paroxysms, which were often frequent and severe, were always called nervous attacks, and she finally died of an intercurrent affection, without knowing that she had been an epileptic. In this case, ignorance of her disease enabled her to participate in many of the enjoyments of life from which, owing to her sensitive nature, she would have shrunk had she been aware that she was afflicted with epilepsy.

The prognosis, in cases of epilepsy, as regards immediate danger from the paroxysms, is always favorable. It is exceedingly rare for a paroxysm to prove fatal. When it does prove fatal, death is caused by apnœa arising from prolonged tonic spasm of the muscles of respiration and the laryngeal muscles. The liability to any serious result is small, but intra-cranial hemorrhage sometimes occurs. Nor does epilepsy tend to give rise to any particular disease or diseases of a dangerous character. Epileptics, as a rule, are not short-lived, and, in the majority of cases, death arises from other diseases, to the development of which the epileptic paroxysms have not contributed. In another point of view, however, the prognosis is most unfavorable, viz., as regards the persistence of the malady. In the vast majority of cases, the disease tends to become confirmed, and, as a rule, the intrinsic tendency is to increasing frequency of the paroxysms.

In another point of view, the prognosis is unfavorable, viz., as regards the mental condition. To a certain extent, the disease tends intrinsically to impairment or disorder of the faculties of the mind. Epileptics, especially if the paroxysms recur at short intervals, sooner or later fall into imbecility. To a greater or less extent this is due to causes other than the intrinsic tendency of the disease. If epilepsy occur in early life, the mental faculties are not developed by education and those occupations which involve their exercise; and, in the cases in which the disease occurs at a later period, the mental faculties progressively fail from disuse. The unhappy sufferer from this terrible disease is apt to lose his interest in those objects or pursuits in life which incite to the exercise of the mental faculties. This explanation, in part, of the apparent effect of epilepsy on the mind has an important practical bearing.

Reference has been already made to mild attacks having an evident relationship to ordinary epilepsy, which may be called *epileptoid attacks*. It is important for the practitioner to recognize and appreciate the significance of these attacks. They are considered by French writers as belonging to a variety of epilepsy which they call the *petit mal*, in contradistinction from the ordinary form which they call the *grand* or *haut mal*. These attacks sometimes precede the development of ordinary epilepsy, and they sometimes occur, intercurrently, in persons who are confirmed epileptics.

The epileptoid attacks are multiform. A sudden loss of consciousness for a few seconds occurs in some cases, during which the body may remain fixed, the person apparently being lost in deep abstraction, the mental faculties resuming their operation, as if nothing had taken place, directly the attack passes off. In a case of confirmed epilepsy under my observation, the patient, at one time, in the intervals between the paroxysms, was subject to frequent attacks of the kind just described. During the attacks she remained fixed in the position in which she happened to be when they occurred. For example, if standing and arranging her hair, the hands were fixed precisely as they were at the instant of the seizure. On some days these attacks took place a great number of times, and the patient did not appear to be conscious of their occurrence. In the fixation of the body and limbs these attacks resemble catalepsy. In the case just referred to, the only convulsive movements were of the muscles of mastication. Similar attacks are sometimes accompanied by convulsive movements of other of the facial muscles, of the muscles of the neck, and slight laryngeal spasm. In some cases the patient falls, but recovers and rises in a few seconds. Loss of consciousness and falling, in some cases, are unattended by any convulsive movements. Trousseau relates examples of this kind. Of course, in such cases, epileptoid attacks are to be discriminated from syncope.

In other epileptoid attacks, sudden delirium occurs, continues for a few seconds, and passes off, leaving the mind in the condition in which it was at the instant of the seizure. The delirium is manifested in different ways. Trousseau cites a case in which the patient uttered a burst of laughter, and when asked why he laughed, he looked surprised, having no knowledge of what he had done. The same author cites examples of persons engaged in conversation, debate, or other occupations, abruptly, as if struck by a sudden thought, going into the street bareheaded, and walking until they recovered themselves, when they were able to return and proceed with the matter in which they were engaged, as if nothing had happened.[1] The following example came under my observation in one of the wards of Bellevue Hospital: A female patient quietly standing in the ward, suddenly uttered a cry, and ran from one end of the ward to the other. The urine was at the same time expelled, leaving on the floor traces of her course. Having reached the end of the ward, she stopped, looked a little confused and quietly returned. The following is another example: Some years ago, a young man who had been subject to ordinary epilepsy for twelve years, came to see me accompanied by his attending physician. On the previous evening, from time to time, he had paroxysms of jumping up and down with violence for a few seconds. In walking to my residence, now and then he stopped and performed his jumping movements in the street. After sitting down and replying quietly to my questions, he began to jump violently in the chair for a few seconds, and continued to do so at short intervals. He was desired to go into an adjoining room during the consultation, and while there we could hear him jumping from time to time with much noise. This case has been already referred to under another head.

The following example of an epileptoid attack is interesting from its presenting very distinctly the *aura epileptica*. A young man, aged 30, had been for ten months in disordered health, suffering from palpitation and mental depression. He described paroxysms of frequent occurrence during the time just stated, in which he felt a flash, as he termed it, originating sometimes in the chest, sometimes in the abdomen, and sometimes in one of the lower extremities, rising upward, giving rise to a sense of suffocation, and, on reaching the head, followed by momentary confusion of mind. He had never fallen. In some of these attacks he had felt stiffness of the muscle of the jaws and of the forehead. The attacks were irregular, but had recurred more or less frequently every week for the preceding ten months. On being questioned he said that the "flash" gave the sensation of a stream of air or gas. He had never heard or read aught of the epileptic aura. Nine months afterward, this patient had recovered his former health, and no longer had the paroxysms above described.

Other attacks consist of convulsive movements of certain muscles without loss of consciousness or delirium. In a case under my observation, the patient, a young man apparently in perfect health, first consulted me for the occasional occurrence of convulsive movements of the upper extremities. From time to time, the hands were violently jerked, and whatever he might happen to hold at the time was thrown with great force. It was unsafe for him to hold fragile articles. A careful examination in this case revealed nothing abnormal save these convulsive movements. They became more and more frequent, and, shortly, they extended to the lower limbs, so that he was repeatedly thrown down for an instant, still without loss of consciousness. At length, after the lapse of several weeks, he had a severe paroxysm of epilepsy, and the malady is now established. In a case now under observation, paroxysms occur daily, more or less frequently, in which the head is forcibly drawn toward the right shoulder, and retained there for a few seconds. This affection has existed now for five years, without eventuating in epilepsy. The paroxysms, however, have increased in frequency and severity, and he appears to have loss of consciousness for a few seconds, although he does not fall. In other respects the patient is apparently well. He is a young physician and suffers from the anxiety incident to a knowledge of the fact that these attacks may be premonitory of the truly epileptic paroxysms.

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[1] *Vide* Clinique Médicale, tome ii.

Epileptoid attacks, occurring in persons who have never had epileptic paroxysms, are to be considered as denoting a pathological condition which, fully developed, constitutes epilepsy. Hence, the obvious importance of not overlooking their significance, in order to prevent, if possible, the development of the malady which is foreshadowed. Facts showing how frequently epileptoid attacks occur without being followed by epilepsy, are wanting, but it is certain that the latter by no means invariably follows. The physician, therefore, should not excite unduly the fears of the patient or friends, by predicting the development into epilepsy.

The treatment of epilepsy relates to the management of the paroxysms and to measures for effecting a cure. The latter are to be employed in the intervals. Curative treatment, as in other of the neuroses, may be conveniently considered as rational and empirical.

The rational treatment consists in deriving, as far as possible, indications from an investigation of each case with regard to the state of the system, coexisting disorders, and circumstances which may be suspected of standing in a causative relation to the malady. If the patient be of a full habit or plethoric, dietetic, and other measures addressed to this state, are rationally indicated. If, on the other hand, the patient be anæmic, measures of an opposite character are indicated. Disorders of the digestive system, uterine affections, and, in short, morbid disturbances anywhere in the economy, should receive appropriate treatment; they may, possibly, be in some way concerned in the development or perpetuation of the malady. The presence or otherwise, of tænia is to be ascertained. Inquiries with respect to syphilis are not to be forgotten. Habits of life, with respect to the probable or possible causation, are to be scrutinized. Over-tasking of mind or body, undue exposure, on the one hand, and sedentary habits on the other hand, the facts with regard to mental and moral influences, the abuse of alcoholic stimulants, the immoderate use of tobacco, and especially over-indulgence in venery or the practice of masturbation, are to be inquired into. In brief, an important part of the rational treatment consists in enforcing observance, in all respects, of the laws of health. It is unnecessary to consider the numerous and varied details which this part of the treatment involves.

The empirical treatment consists in the employment of remedies or therapeutical measures which experience has shown to be sometimes curative. These are exceedingly numerous. It would require many pages simply to enumerate the medicines, the curative efficacy of which, in certain cases, has been attested by honest and competent observers. The list is so extensive, the testimony with respect to particular remedies is so conflicting, and the instances of incurable epilepsy are so numerous, that practitioners are apt to enter upon the treatment of a case without much expectation of success. For the reasons just stated, the disease is not infrequently allowed to continue without persevering efforts to effect a cure, and this fact may, in a measure, account for the number of cases in which patients remain hopelessly epileptics. Of the host of remedies which have been employed, many have doubtless proved successful in a certain proportion of cases. But without any disposition to deceive either themselves or others, practitioners have often been led to over-estimate the success of different remedies by not making allowance for the following facts: Any active remedy will frequently prevent recurrence of the paroxysms for a considerable period. Under the use of a certain remedy, a patient passes weeks or months without a paroxysm; he is ready to believe himself cured, and the physician is happy to participate in this belief. Now, sooner or later, the paroxysms, in most cases, return; the patient despairs of benefit from treatment, or consults another physician. The return of the malady may not be known to the physician who had supposed that a cure was effected, and, in the meantime, he may have reported the case as one cured by the remedy employed. Again, the paroxysms cease, in some cases, to recur for weeks or months or years, without any treatment. I have notes of a case in which paroxysms more or less in number every month, and sometimes fifteen or twenty in the twenty-four hours, had occurred for sixteen years, a great variety of remedies having been tried without avail; at length, after all treatment had been discontinued, the paroxysms ceased to recur for ten or twelve years, when they again returned, but at long intervals. Making, however, due allowance for the temporary interruption of the malady either by the treatment or spontaneously, there remain a certain number of undoubted cures effected by different remedies. In view of this fact, cases should not be abandoned without the faithful trial of many remedies. Of the various remedies which have been considered as curative, those, within late years and at the present time, in most repute, are the following: The nitrate and other preparations of silver, preparations of zinc, digitalis, opium, and the narcotic extracts, more especially belladonna, and the bromide of potassium.

The nitrate of silver has long been a remedy for epilepsy, and its occasional efficacy rests on abundant testimony. That it will not effect a cure in the majority of cases, is not a sufficient reason for failing to make trial of it in cases which resist other remedies. Commencing with a fraction of a grain three times daily, the dose may be gradually increased to three or four grains. An effect of the prolonged use of this remedy, in some cases, is to be borne in mind, viz., permanent blueness of the skin. To avoid this effect, the remedy should be suspended for a time, after having been continued for two or three months. The oxide of silver is less likely to produce discoloration of the skin, but is less powerful as a remedy. The chloride of silver is preferred by Dr. Perry, of Philadelphia.

Of the preparations of zinc, the oxide has been found curative by different observers, and is advocated especially by Herpin,[1] who claims that, in his hands, a cure was effected by this remedy in 26 of 42 cases. The mode of administration advised by Herpin, is to give at first from six to eight grains daily in divided doses an hour after each meal. The quantity given daily is to be increased by two grains each week, until it reaches forty-five grains, this quantity to be continued for three months. The remedy is not to be discontinued after the cessation of the fits.

The prospect of effecting a cure, according to Herpin, by this or any remedy, other things being equal, is proportionate to the small number of fits which have occurred. If there have been more than 500 fits the probability of a cure is extremely small. In a few cases, under my observation, in which the treatment as laid down by Herpin was faithfully carried out, the remedy proved unsuccessful. The cases reported by this author, however, afford indubitable evidence of a certain amount of curative power. And with reference to any remedy for this disease, there is no known means of determining beforehand whether it will be likely to prove successful in any particular case. In the cases in which I have tried this remedy, it has been difficult to continue it long after the maximum of quantity is reached, on account of the strong antipathy to it which the patient acquires. In a paper published after the prize essay by Herpin, he advises the lactate, in preference to the oxide of zinc. Babington prefers the sulphate of zinc, and has carried the quantity given *per diem* for several weeks in succession to 36 grains without producing nausea.[1] The phosphate of zinc is recommended by Dr. Barnes.[2] The valerianate of zinc is an eligible preparation.

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[1] Op. cit. *Vide* Analytical Review in British and Foreign Medico-Chir. Review, London, 1853.

The ammoniated copper has been found curative. Of 12 cases treated exclusively with this remedy, by Herpin, four were cured. The dose is half a grain increased gradually to four or five grains. The sulphate of copper has also been employed successfully.

Digitalis is said to have been long a remedy of much repute in Ireland for epilepsy, and its efficacy is attested by Sharkey, Crampton, Cormack, and Corrigan. The infusion is the preparation to be preferred. The quantity given daily is to be increased to the amount which is tolerated, and continued steadily for several months.

Opium is among the remedies recommended as sometimes curative, and, perhaps, it deserves a trial more extended than appears as yet to have been given to it. The evils of the habitual use of opium are to be considered, but with a fair probability of effecting a cure of the epilepsy the physician would be warranted in exposing his patient to this danger.

Of the different narcotic extracts, belladonna has the strongest claims, based on the testimony of different observers. Trousseau is an ardent advocate of this remedy, as capable of effecting a cure in a certain proportion of cases, and frequently ameliorating the condition of epileptics when it fails to prove curative. Trousseau insists that a fair test of this remedy requires its continuance for a period not limited to months, but embracing several years. His mode of administration is to begin with a small dose of the extract (gr. 1—5) once daily, which is to be continued for a month without increase. At the end of each month the dose is to be doubled, until as large a dose as can be conveniently borne is reached. The tolerance of the remedy differs in different cases. After the disease is perceptibly modified, the doses are diminished in the same manner as they were increased. Atropine may be employed in lieu of belladonna, the mode of administration being similar. With the use of belladonna or atropine, Trousseau frequently combines the employment of the nitrate of silver, copper, and the lactate of zinc.[3]

The bromide of potassium has recently come into vogue as a remedy in epilepsy. It has appeared to be curative in isolated cases reported in medical journals. Dr. S. W. D. Williams has given the results of 37 cases treated with this remedy for five months, the patients being lunatics in the Northampton General Lunatic Asylum (England). The number of fits was registered during these five months, and compared with the number of fits in the same cases for the five months preceding those during which the remedy was given, all other circumstances being the same in both series of five months. The number of fits among the males was decreased by 306, and among the females by 157. All the patients but 5 males and 6 females were more or less benefited, but no patient was cured. All the patients were more or less insane. Such a collection of cases offers the smallest probability of cure by any treatment.[4]

It will suffice to mention some other remedies which are worthy of trial, as follows: Strychnia, or nux vomica, recommended in small doses, especially by Marshall Hall; cotyledon umbilicus, an ounce of the fresh juice or half a drachm of the inspissated juice to be given twice daily; indigo, commencing with moderate doses and increasing to the amount which the stomach will bear; valerian, in large doses, continued for a long period; musk, camphor, cimicifuga, and oil of turpentine.

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[1] Braithwaite's Retrospect, Part iii. p. 21.

[2] London Lancet, January, 1858.

[3] Clinique Médicale.

[4] London Medical Times and Gazette, *vide* Boston Medical and Surgical Journal, Dec. 22, 1864.

Van der Kolk asserts that counter-irritation over the nucha, by means of wet cupping, setons, and issues, has proved in his hands successful. Others have claimed for these measures success.

Under the supposition that the paroxysm depends upon a morbid agency springing from some part more or less remote from the nervous centres, and that the *aura* indicates the point of departure of this agency, it has been proposed to interrupt the nervous communications with the part by means of ligatures, section of nerves, the actual cautery, and even amputation of an extremity. But in the great majority of cases paroxysms are not preceded by an *aura*, and when this exists there is no ground for the conjecture that it denotes a causative agency. Moreover, it does not appear that treatment based upon this supposition has proved successful.

Surgical measures for the cure of epilepsy, in addition to those just alluded to, are, ligation of the carotids, tracheotomy, and, after injuries of the head, trephining. Ligation of one or both of the carotids has been repeatedly tried, but the results do not warrant its being recommended. The same is true of tracheotomy, which was warmly advocated by Marshall Hall. Trephining, when there is reason to believe that the epilepsy may depend on depression, fracture of the internal table of the skull, spicula of bone, or a collection of blood or pus, is a warrantable operation. In 35 cases collected and analyzed by my colleague, Prof. Stephen Smith, the results of this operation were as follows: "Relieved but not cured, 3. Immediate relief after operation and no farther note of result, 2. Relieved for one month or under, when last seen, 3; between one and six months, 3; between six months and one year, 6; between one and five years, 3. Set down *cured*, but lapse of time from date of operation to time last seen not given, 7."[1]

It remains to consider the treatment called for during the paroxysms. These are rarely witnessed by the physician, save when a series of paroxysms occur in quick succession. The duration of a single paroxysm is so short that, if the physician do not happen to be present, it ends before he reaches the patient. The instructions to friends or attendants should be, to place the patient on a bed, if practicable, and not to attempt to restrain by force the convulsive movements. All articles of dress which constringe the neck or chest should be removed or loosened. To prevent wounding of the tongue, a roll of linen or a piece of soft wood may be introduced between the teeth. A congregation of spectators around the patient should be prevented, and free ventilation provided for. The patient should be kept quiet after the paroxysm has ceased, and soothed by cooling lotions to the head.

When a series of paroxysms occur, measures may be employed to prevent their recurrence. Ether, valerian, belladonna, and opium may be given for this object. The inhalation of chloroform may be tried. Compression of the carotids may prove successful, if other measures fail. The method of employing this measure is as follows: Compression is to be made upon one of the primitive carotids at a time, and if the convulsive movements are most marked on one side of the body, the carotid on the opposite side should be first compressed. The compression with the finger, pressing the artery against the vertebral column, may be continued steadily for fifteen or twenty minutes, then the artery on the opposite side may be compressed for the same period, and thus, alternately, the compression made on either side. If the convulsions are severe, both arteries may be compressed simultaneously.

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[1] *Vide* Article on the Surgical Treatment of Epilepsy, etc., New York Journal of Medicine, March, 1852. Prof. Smith, in this article, gives a summary of facts with respect to setons, issues, cauterizations, and moxas, operations on the scalp, tracheotomy, amputation, operations on the nerves, operations on the arteries, and trephining.

It is a comfort to patients to be provided with a remedy to ward off an impending paroxysm. Chloric ether, Hoffmann's anodyne, the compound spirits of lavender, or the extract of valerian may be prescribed for this purpose. A paroxysm may perhaps be postponed, but it is doubtful if it be preventable by any measures resorted to when premonitions are experienced. In a case under my observation, a friend sat by the side of the patient the whole of an afternoon, and, when the premonition was felt, dashed a little water into the face. The paroxysm was apparently prevented for the time, but it occurred directly the effort to prevent it was discontinued.

A highly important point connected with the management of epileptics relates to measures to prevent deterioration of the mental faculties. In so far as impairment of mind proceeds from disuse of the mental faculties, it may be obviated or retarded by taking pains to secure as much exercise of these faculties as practicable. It conduces greatly to an alleviation of the unhappy condition of epileptics for them to participate, as far as practicable, in the interests and social enjoyments of life; and, if practicable, it is sometimes desirable to conceal from them the nature or the extent of the malady with which they are afflicted. I have known marriage to be advised by the physician in the case of a young lady. Such advice cannot be too strongly censured. There is no ground to expect that the malady will be favorably affected by marriage. With reference to this step, it is the duty of the physician to explain fully to the family of the patient, if not to the patient, the nature of the malady.

The existence of epilepsy is an important fact in certain medico-legal cases. In the transient delirium which sometimes succeeds epileptic paroxysms, and which may be incident to epileptoid attacks, violence to others, and even murder, may be committed. The occasional occurrence of delirium, lasting for hours or days, in connection with the disease, is to be borne in mind in giving medical testimony.

CHAPTER IX.

Hysteria—Catalepsy—Ecstasy—Somnambulism—Tetanus.

HYSTERIA.

HYSTERIA belongs among the diseases peculiar to females. The phenomena embraced under this name are observed in males, but examples are extremely rare. Referring the reader to treatises on the diseases of females, or to monographs, for a full consideration of the affection, I shall consider it briefly.

The name hysteria, as commonly used, embraces a multiplicity of morbid phenomena. It is used to denote an abnormal condition of the nervous system and the mind which enters largely, as a morbid element, into a great variety of affections. The hysterical condition, as regards the mind, involves a morbid susceptibility to emotions and a defective power of the will to restrain their manifestations. A person, whether male or female, is said to be hysterical who weeps or laughs irrepressibly on inadequate occasions and when these emotional acts are incongruous. Frequently these manifestations of opposite emotions occur in alternation, and with an abrupt transition. Weeping and laughter are physiological acts when they represent emotions which are natural, that is, excited by adequate causes, and not exceeding the bounds which observation shows to be consistent with health. These acts are pathological when they do not represent corresponding emotions, or when they proceed from emotions which are unnatural in view of the circumstances under which they occur. The emotions may be real, but morbidly excited or in morbid excess. On the other hand, the hysterical manifestations, in some cases, simulate emotions which do not exist. Patients sometimes weep violently without experiencing mental anguish, and laugh immoderately without enjoyment. An intelligent and estimable lady, in advanced life, who was under my observation for many years, was subject to spells of uttering loud explosive sounds resembling those of laughter, from which she declared she was unable to refrain. They were called, in the family, her laughing or screaming fits. These were the only hysterical phenomena in the case, and it was frequently necessary to administer an opiate to arrest them.

A tendency to exaggerate subjective symptoms of disease often enters into the hysterical condition, proceeding sometimes from an exaggerated sense of existing symptoms, and sometimes from a morbid desire to excite interest or sympathy. It is an important part of the knowledge and tact of the practitioner to make due allowance for this tendency in his investigation of symptoms. In some cases a morbid perversion of the mind leads patients to undertake to practise gross frauds as regards their ailments. They pretend to have extraordinary disorders, and resort to ingenious and persevering efforts of deception. Here, too, the knowledge and tact of the physician are called into requisition. He meets not infrequently with hysterical malingering as well as hysterical self-deception. Owing to the facts just stated, hysteria is associated in the minds of many with either imaginary complaints or imposition; hence, many are loath to consider themselves as affected with hysteria, and the physician learns reserve in the use of the term, in his intercourse with his patients.

Other symptoms of the hysterical condition are, a painful sense of constriction in the epigastrium, and the sensation of a foreign body in the throat, known as the *globus hystericus*. To these a great number and variety of morbid sensations might be added, such as cephalalgia, *tinnitus aurium*, eructations, abdominal tympanites, irregular chills with yawning and stretching, diuresis, twitching of muscles, cramps, etc. etc. Now, the nervous and mental disorder which constitutes what is commonly called the hysterical condition, may be associated with a host of affections. This condition may enter more or less as an element into almost any disease. There are certain affections with which it is frequently associated, viz., neuralgia, especially supra-orbital, cervico-occipital, and dorso-intercostal, functional disturbance of the heart, hyperæsthesia of the abdominal walls and of the surface of the body elsewhere, functional paraplegia, diminished sensibility in parts in portions of the cutaneous surface (analgesia), loss of voice from paralysis, or nervous aphonia, a peculiar nervous cough, etc. Associated with the hysterical condition, these affections are often considered as varied forms of hysteria; the name hysterical is applied to them. Properly considered, they simply coexist with the hysterical condition. The circumstances under which these affections are developed are often favorable for hysterical manifestations, but the occurrence of the latter is not sufficient ground for calling the affections hysterical. Practically, however, it is important, always, to take into account the coexistence of the hysterical condition.

What I have called the hysterical condition embraces the milder and stations of hysteria. Severer forms of the affection are hysterical par-xysms characterized by convulsive movements, by coma more or less com-lete, and by delirium. In some cases the convulsions constitute the most rominent feature of the paroxysms, coma, in these cases, usually coexisting; ı other cases coma occurs without convulsions, but the coma may precede r follow convulsions, and in some cases delirium is the prominent feature. 'he severer forms of hysteria, therefore, may be considered as threefold, iz., hysterical convulsions, hysterical coma, and hysterical delirium.

Hysterical convulsions occur in persons subject to the milder manifesta-ons of hysteria, and the latter are frequently premonitions of the former. 'he development of the paroxysm is generally gradual; the convulsions re preceded by notable distress referred to the epigastrium, by a sense of ɔoking or suffocation, and sometimes by a feeling as if a solid body, or all, ascended from the abdomen to the throat (*globus hystericus*). The ɔnvulsive movements are often first manifested in the muscles of the eyelids nd eyeballs. Other of the muscles of the face are rarely affected, and, ence, movements more or less rapid of the eyes, and constant nictation, re highly distinctive of an hysterical paroxysm, if the movements are limited) these facial muscles. These muscles may be alone affected, but frequently ıe convulsive movements extend to the extremities and trunk.

A distinctive feature of the convulsive movements of the body and limbs ·, they are not purely automatic. Patients throw their limbs in various irections; they tumble about the bed with violence, rolling from the bed) the floor, and striking with force against solid substances, if not prevented; ıey struggle with those who attempt to restrain them, and sometimes show prodigious degree of strength. After continuing active movements for ›veral minutes, they remain comparatively quiet for a time, and the convul-ons are then renewed. At times they grasp the throat as if to remove an bstruction, strike the breast, or tear the hair. These movements are in reat measure voluntary; they are directed by a delirious volition, in this ›spect differing essentially from the convulsions of epilepsy, or eclampsia, hich are purely automatic or involuntary. Automatic movements, however, ı certain cases, enter, more or less, into hysterical convulsions. The jaws 'e sometimes firmly closed, as in trismus. In the intervals between the :tive movements the muscles are often rigid.

Consciousness during the active motions, and in the intervals, appears to ȝ lost, but generally the patient has more or less cognizance of what is said ıd done, a fact which the practitioner may often turn to good account in ıe management. The face is sometimes flushed and sometimes pale. Re-›iration is often notably disturbed, in some cases being extremely rapid and regular, in other cases, slow and suspirious. It is extremely rare for foamy ıliva to be ejected from the mouth, or for the tongue to be bitten. The ›asm of the larynx and muscles of respiration, which characterizes epi-psy is wanting, the nostrils are usually dilated, nictation and movements ' the eyes generally continue. The pulse is frequently but little, or not at l, affected. The heart, however, sometimes acts with violence and irregu-rity. The tranquillity of the circulation, in some cases, is a striking feature. he duration of the paroxysm varies much in different cases. It very rarely, ever, is limited to a few moments; it may continue for a period varying om half an hour to several hours. The convulsive movements gradually ɔ off, and the disappearance of the paroxysm is frequently accompanied by ·ies, groans, sighs, loud weeping, or spasmodic laughter. Copious diuresis apt to occur at the termination of the paroxysm.

It is important to discriminate hysterical convulsions from epileptic parox-›ms and epileptiform [illegible] eclampsia. The foregoing sketch presents certain points which, in general, suffice for the differential diagnosis, viz., the evidence of volition in the character of the movements, the gradual development of the attack, absence of convulsive movements of the muscles of the face, excepting those of the eyes, absence of foamy saliva and blood upon the lips, the respiration disordered, but not suspended by spasm of the larynx and respiratory muscles, the long duration of the paroxysm, the incomplete loss of consciousness, and the occurrence of symptoms denoting the hysterical condition prior to, and following, the paroxysm. It is a fact, however, not to be lost sight of, that epilepsy or eclampsia may be conjoined with hysterical convulsions.

Hysterical coma enters, more or less, into the paroxysms just described. It may precede and follow them. It is sometimes accompanied with convulsive movements limited to the eyelids or eyes, but it occurs without any convulsions. In a case of simple, ordinary, hysterical coma, the patient lies apparently in a state of profound, tranquil sleep. The countenance presents a natural appearance; the respiration is quiet, with perhaps occasional sighs. The pulse is regular, and is neither accelerated nor retarded; there is frequently more or less rigidity of the muscles. Attempts to rouse the patient from this state are either ineffectual, or answers to questions are obtained with much difficulty in feeble whispers. The muscles offer resistance to efforts to separate the jaws. This *quasi* comatose state continues for a variable period, often for hours and sometimes for days, if not successfully treated. Patients in this state are not completely unconscious; they are cognizant of what is said and done. Sensibility to pain is blunted, but not abolished; pinching or pricking the skin may be borne without flinching, but stronger impressions, such as are produced by the application of a heated hammer or the prolonged cold douche, occasion suffering.

Attacks of this kind occasion great alarm, and the physician will naturally participate in the apprehensions of friends if he fail to determine the nature of the affection. It is to be discriminated from apoplexy—the diagnostic points are as follows: The attacks do not present the stertor of apoplexy, and hemiplegia is wanting; the pupils respond readily to light; the patient is perhaps known to be subject to hysteria. The symptoms of the hysterical condition precede the coma. The age of the patient will be likely to be under the period when apoplexy is most apt to occur; and in ordinary hysterical coma the nature of the affection is generally speedily declared by the efficacy of certain measures of treatment to be presently mentioned.

Uræmic coma is to be excluded Antecedent and coexisting symptoms relating to the urine, general dropsy in some cases, and the absence of hysterical premonitions will suffice for this differential diagnosis. Abercrombie relates cases of fatal coma, occurring in females, which are liable to be mistaken for hysteria, nothing being found after death to account for the coma except cerebral congestion. Williams describes these cases in the following terms: "A young female becomes anæmic, and after exhibiting various symptoms of feeble general circulation, with headache, drowsiness, and impaired sensorial functions, suddenly becomes worse, passes into a state of stupor, with dilated pupils, sometimes varied by slight manifestations of delirium, throbbing of the carotids and partial heat of the head, and dies comatose. On opening the head, a small quantity of serum is found under the arachnoid and in the ventricles, sometimes with a little lymph (in one case there was none). The vascularity of the membranes is remarkable, but the vessels most distended are the veins, and in the larger of these and in the longitudinal sinus there is a firm coagulum."[1] I had met with two cases answering to this description many years ago, before uræmia was as much understood as now. The existence of uræmia is probable in such cases.

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[1] Principles of Medicine.

Under the head of hysterical coma may be embraced certain extraordinary cases, in which the mental faculties, the senses, and sensibility are suspended more completely and for a longer period than in ordinary cases. In view of the infrequency of such cases, and the embarrassment to the young practitioner which they are likely to occasion, I shall subjoin an account of two cases which have fallen under my observation, the patient in one of the cases being of the male sex:—

Case 1.—Jacob Humble, German, aged 25, mechanic, was admitted into hospital in a state of apparent unconsciousness, and the previous history was not ascertained. On the morning after his admission he seemed to be in quiet sleep; he could not be roused to any manifestation of consciousness. On raising the eyelids, they remained open for some time, but he appeared to take no notice. Flies creeping on the face and even over the conjunctiva did not disturb him. The pupils were not dilated nor contracted, and responded fully to light. The respiration was perfectly normal, pulse 76 and regular, skin natural, no distension nor tenderness of abdomen. Drinks introduced into the mouth were retained there for some time, and mostly escaped, a small portion being swallowed. He lay motionless, not changing his position, and giving no manifestation of suffering. There were no physical signs of disease of the heart. An enema of spirits of turpentine and assafœtida was directed. The cold douche was applied for some time to the head with no effect.

On the second day he was in the same state, and had so remained. Deglutition was not impaired; he swallowed when liquid was introduced into the mouth, but did not call the act into exercise by any voluntary effort. The vapor of ammonia applied to the nostrils occasioned contraction of the orbicular muscle of the mouth and flushing of the face, but no manifestation of consciousness nor efforts to escape from the inhalation. No remedy was presented, but efforts to introduce nourishment directed.

On the third day there was no material alteration. He remained apparently unconscious and nearly motionless. The eyes were now, for the most part, open, but he seemed to take no notice. The eyes were fixed in one direction. He seldom winked. Drink and nourishment, introduced into the mouth, were mostly lost. There had been no evacuation from the bowels or bladder since his admission. The catheter was introduced without difficulty and with no voluntary resistance, and a quart of urine withdrawn. The iris was mobile. The finger could be brought quite into contact with the conjunctiva without causing him to wink. During my visit, while engaged in examining other cases, he changed his position in bed, which he had not been observed to do before. No treatment directed, except the administration of a little brandy and nourishment. On the fourth day there was marked improvement. The eyes were open and denoted more intelligence, but he did not speak nor appear to give heed to questions. He made slight and ineffectual efforts to protrude the tongue when requested. He took nourishment freely and with apparent relish. On the previous evening he asked for tea after some had been forcibly administered. He had, on this evening, a paroxysm of violent weeping.

On the fifth day the aspect and symptoms were not so good. He resisted the introduction of nourishment. He lay with the eyes open, but appeared to take no notice. Urinated in bed. No dejection since his admission. Croton oil, gtt. j, every two hours until operation, was directed.

On the sixth day there was no material change. The croton oil, together with brandy and nourishment, were forcibly administered, the patient resisting, holding the articles in the mouth, but finally swallowing them. Four drops of croton oil had been given without effect. On making preparation to introduce the catheter, he urinated, discharging a pint of urine.

On the seventh day there was no material change. He had had a free evacuation from the bowels, which he did not pass in bed, but disposed his body so as to pass it on the floor. "Firing" was resorted to on this day by means of a hammer heated by dipping it into boiling water. He bore the heated iron for some time without manifesting pain, but, on continuing the application, and stating that it was intended to carry the firing over the whole body, he began to make vigorous resistance, and at length protruded the tongue when requested, and took brandy and water freely. The firing was then discontinued, with the promise of repeating it, and resorting to the red-hot iron, if marked improvement did not ensue.

On the eighth day the improvement was marked. He took notice, drank without difficulty, had a free evacuation from the bowels, and manifested by signs his wish for that purpose. On the ninth and tenth day the improvement continued. He took, however, but little notice, and replied to questions slowly in a feeble whisper.

On the eleventh day he was made to sit up. Without any effort on his part, he was dressed and placed in a chair. He remained sitting in the same position, the eyes fixed in one direction, the lips somewhat separated. He protruded the tongue partially and slowly when requested, but did not reply to questions. Nourishment was administered with difficulty. The expression of countenance was that of the deepest dejection. On the twelfth day he remained the same, and was carried out of the ward to the balcony.

On the thirteenth day there was a marked change. He took notice, greeted me with a smile, and offered his hand. Walked of his own accord. But on the fourteenth day he again became indifferent, the eyes fixed in the same direction, and he resisted nourishment. He was in this state on the fifteenth day. He took no notice. Flies creeping over the face, lips, and conjunctiva seemed to occasion no annoyance. At times there is constant nictation. He continued to resist the introduction of nourishment. Firing was again employed. The operation caused writhings and exclamations of pain, and on discontinuing it, he took nourishment as directed. There was no material change on the sixteenth day. The patient was made to sit up, and presented an air of intense abstraction. Firing was resorted to from time to time as a means of making him take nourishment.

On the seventeenth day the patient took food without difficulty, but remained in the same state as regards silence, motionless position, and an expression of abstraction. He was led about the ward, walking slowly with his eyes fixed upon the ground. Firing was continued, and it was apparently by the moral effect of this remedy that he was made to eat and walk about. The experiment was tried of leaving him unsupported in the centre of the ward. After remaining perfectly motionless for several minutes, he dropped down, but in a way not to receive any injury.

On the eighteenth day there was improvement. He talked and walked about of his own accord. On the nineteenth day he again relapsed into silence, with an expression of abstraction, and reluctance to take food. Firing was resumed, and, by means of this remedy, he was made to walk in the open air. On the twentieth day he walked about, ate, and talked freely. After this date he progressively improved, and was discharged well at the end of three weeks.

Nothing could be ascertained respecting the causes of this attack. The patient stated, after his recovery, that he recollected what had occurred during his illness. I did not discover that the mind was exclusively occupied by any dominant idea, as in ecstasy. Consciousness was not lost, but the exercise of the faculties dependent on the cerebro-spinal system were, in a great measure, suspended. A morbid moral perverseness appeared to be an element in the case, as in most cases of hysteria, but it is certain that the patient was not a malingerer.

CASE 2.—This case came under observation in the practice of the late Prof. Peniston, of New Orleans. The patient was a married lady, aged 27. She had had seven children, and, within the preceding eighteen months, two miscarriages. Three years before she had had an attack of hysteria, followed by mental aberration for a few weeks. I saw the patient but once. She passed immediately from the care of Prof. P. into other hands, and I did not learn the subsequent history. She was in a state of apparent mental abstraction. During my visit she sat in the same position, remaining motionless, with the eyes closed. She made no reply to questions, and gave no indication of taking the least notice of persons or things around her. She could not be made to open the eyes or mouth. When the eyelids were raised the eyeballs were rolled upward so as to conceal the greater part of the cornea. She resisted efforts to depress the lower jaw. The pulse was regular and not accelerated. At times she opened her eyes, and replied briefly to questions. She signified her desire for food and drink, and for conveniences to urinate and evacuate the bowels. She took nearly as much food as in health.

My notes do not contain information respecting the condition as regards sensibility of the surface in this case. There appeared to be a suspension of the exercise of the faculties of the mind, save as connected with the instinctive wants. The condition had existed, with temporary periods of improvement, for several weeks.

Hysterical delirium occurs generally subsequent to, or in alternation with, the paroxysms of convulsions or coma which have been described; but it also occurs alone. It is preceded and followed by symptoms characteristic of the hysterical condition. The delirium is active, and is manifested, in some cases, by wild, excited talking, the mind passing rapidly from one topic to another. The mind may run on either gay or grave topics, or there may be an incongruous union of both. Patients are sometimes violent. Occasionally they use vulgar and obscene language. In some cases the mind acts under the influence of insane delusions, and these sometimes involve spectral illusions. A girl ten years of age, during convalescence from dysentery, after complaining for some hours of pain in the abdomen, presented symptoms which greatly alarmed her friends. She declared that she was dying; desired to kiss the members of the family for the last time; said she was going to her heavenly home, and exclaiming "I see my mother, I am coming," she fell into a state of unconsciousness. Being summoned in urgent haste, I found her in hysterical coma, from which she emerged in a short time, and recovered without any relapse. The mother of the patient had died two years before.

Of the pathology of hysteria in the severer forms just described, all that can be said, with our present knowledge, is, it involves a functional morbid condition affecting the nervous system, especially in its relations with the mental faculties. An important element of the affection is disorder and weakness of the will; the affection, however, is by no means purely mental, but proceeds from a pathological state of the cerebral organs with which the perceptive and emotional faculties, together with the will, are connected. The three forms of hysteria which have been described differ considerably as regards the kind of morbid manifestations, but that they are different forms of one affection is shown by their coexistence or occurrence in alternation, by certain symptoms, characteristic of the hysterical condition, which occur alike in connection with each form, and by the fact that what we know of the causation applies equally to the three forms.

Hysteria may occur at any period of life, but, in the great majority of cases, patients are between fifteen and twenty years of age. I have referred to a case in which it was well marked in a girl ten years old. It is an affection peculiar to females, but it occurs in males. I have notes of three cases, in addition to the case of hysterical coma which has been detailed, in which men were affected with well-marked hysteria in its severer forms. The symptoms which characterize the hysterical condition are not very uncommon in males. The name hysteria, therefore, which, in its etymology, signifies the uterus, is a misnomer.

The causation appears to require a peculiarity of constitution. There are some persons who are constitutionally prone to hysteria, and there are many who are incapable of having it. The hysterical diathesis is apt to exist in members of the same family. A great variety of causes may contribute to the development of the affection, among the more frequent being anæmia, overtasking of mind and body, mental anxiety or grief, and the prostration incident to various diseases. The influence of causes pertaining to the sexual system has doubtless been much exaggerated; but the agency of excessive venereal indulgence or masturbation, on the one hand, and of continence on the other hand, in certain cases, is not to be doubted. Sudden disappointment, affliction from loss of friends, violent anger, jealousy, and other kinds of strong mental excitement, often act as exciting causes of an hysterical paroxysm. A desire to excite in the minds of friends or others anxiety or alarm, and to furnish occasions for interest or sympathy, contributes to the abandonment or perversion of the power of the will, which enters into the paroxysms.

As regards prognosis, hysterical attacks are proverbially devoid of danger. The practitioner, however, is not to lose sight of the fact that hysteria may be associated with affections which are serious. He should not be too ready to set down morbid phenomena to the account of hysteria. It behooves him to be careful not to confound hysteria with other affections.

The treatment of hysteria is to be considered with reference, *first*, to the hysterical condition, and, *second*, to the paroxysms which have been described.

The hysterical condition calls for remedies to soothe the nervous system, but opiates are to be avoided. Valerian, assafœtida, lactucarium, ether, belladonna, hyoscyamus, are the appropriate remedies. Of these, the two first are the most efficient. Alcoholic stimulants should be recommended, if at all, with great reserve, lest the patient take advantage of the sanction of the physician, and resort to them more frequently and freely than prudence warrants. The most important part of the treatment is hygienic. The object is to invigorate both body and mind. With regard to bodily vigor, good diet, abundant exercise in the open air, and regular habits as regards sleep, are important. With regard to mental vigor, healthful occupation of mind and avoidance, as far as possible, of everything calculated to produce undue development of the sentiments and passions, or excite the imagination, are to be enjoined. The causes which may be suspected, in individual cases, are to be removed as far as practicable. The patient should be encouraged to endeavor to increase the power of the will to resist a tendency to give way to emotional disturbance. For this purpose, the discreditable character of the affection may sometimes be referred to with advantage. The moral management will involve details suited to individual cases which must be left to the discretion, delicacy, and tact of the practitioner.

In treating cases of hysterical convulsions, it is to be borne in mind that, if left to pursue their course, simply preventing the patient from the self-infliction of wounds or bruises, they would end of their own accord, and it would perhaps be as well for the patient if the paroxysm were allowed to exhaust itself. But the anxiety and alarm of friends generally require a resort to measures to arrest the convulsive movements. The prolonged application of the cold douche to the head is generally successful. The head of the patient is to be held over a tub, and cold water poured upon it continuously until the convulsions cease and the patient admits being relieved, and begs that the measure may be discontinued. Recollecting that consciousness is not usually abolished, and that the convulsions depend upon a delirious volition, the physician should take care to state repeatedly that the douche is to be persisted in until the patient is able to express relief, and is to be repeated if the relief be not permanent. It is unquestionable that the efficiency of this measure depends, in a measure, if not chiefly, on its moral effect. The physician should also make to the friends, within the hearing of the patient, positive assurances that there is no danger, and that the paroxysm will certainly be arrested. After the convulsions cease, if the patient be much distressed, an opiate may be given, but if valerian, assafœtida or ether will suffice, they are to be preferred.

In an ordinary paroxysm of hysterical coma, the douche, as just described, will almost invariably succeed in restoring consciousness. The same course is to be pursued, with respect to moral management, as in paroxysms of hysterical convulsions. The treatment, after consciousness is restored, is the same as in cases of convulsions after these have ceased. In cases of prolonged hysterical coma, "firing," repeated from time to time, is the most effective measure. Nourishment should be given forcibly, if necessary, and as sensibility and consciousness return, the exercise of the will in taking food, sitting up, and performing other voluntary acts, should be enforced.

In hysterical delirium, if mild, the remedies which have been mentioned, valerian, assafœtida, etc., with soothing management, may suffice. If the delirium be violent, the tartrate of antimony carried to the point of nausea, will be likely to tranquillize the patient.

After the paroxysms have ceased, in each of the three forms, the treatment resolves itself into that called for by the hysterical condition.

CATALEPSY.

The affection called catalepsy, as this term is now commonly used, is evidently allied to one of the forms of hysteria, viz., hysterical coma. In the cataleptic state, the sensory functions, volition, and consciousness are mostly or entirely suspended. So far, the state is essentially the same as in some cases of hysterical coma; but superadded is a peculiar rigidity of the voluntary muscles, retaining the limbs and trunk in a fixed position, the different parts of the body preserving the positions in which they may be placed by the hands of another. This superadded feature is characteristic of catalepsy.

The cataleptic state is generally preceded by symptoms of the hysterical condition, but it is sometimes developed suddenly, that is, without premonitions. The patient, while in this state, remains immovable, preserving the position in which the body happened to be at the time of the attack. In some cases the rigidity of the muscles is such, that they offer considerable resistance when efforts are made to alter the position of any part, but, in other cases, the different parts are easily moved. The trunk or limbs are retained in positions which, in health, would require a strong exertion of the will, and for a longer period than would be possible in health. Thus, the limbs are sometimes kept for a long time extended, or, the patient lying on the back, the lower limbs may be raised and the trunk elevated, so that the body rests only on the sacrum, and this position, which, voluntarily assumed, would soon become insupportable, is preserved for a considerable period. This remarkable feature is more or less marked in different cases—in other words, the catalepsy may be complete or incomplete.

As in cases of hysterical coma, the vital functions may be but little or not at all disturbed. The circulation may be regular, respiration natural, the temperature maintained, and, if food be ingested, the processes involved in nutrition may be well performed.

The affection is paroxysmal, but different cases differ widely as regards the frequency and duration of the paroxysms. They are sometimes short, lasting but a few moments; not infrequently they continue for several days, and they may extend to weeks and even months. In the majority of cases the duration is three or four hours. A single paroxysm only may occur, and, on the other hand, paroxysms have been known to be repeated daily for a long period. A case is cited by Puel, in which 1200 paroxysms occurred within twenty-eight months.

Catalepsy in this country, exclusive of cases of so-called Mesmerism or animal magnetism, must be extremely rare. With pretty large opportunities for clinical observation for more than twenty-five years, I have never met with a well-marked case. The statistical researches of Puel, embracing results of an analysis of 148 cases, show that it is not peculiar to females. Of these 148 cases, 80 were in females and 68 in males.[1] A large majority of cases were between 10 and 30 years of age. The affection, however, may occur under 10 years, and at an advanced period of life. It appears to be induced especially by mental causes. Melancholy, over-taxing of the intellect, and violent excitement of the passions favor its development, and causes frequently determining an attack are, hatred, jealousy, fright, domestic afflictions, reverses of fortune, etc.

The prognosis is always favorable, as regards danger to life. It has, however, been observed to precede the occurrence of insanity, paralysis, and epilepsy.

The principles of treatment are essentially the same as in cases of hysterical coma. The condition of the muscles calls for the use of friction with stimulating liniments. Forcible alimentation may be required if the cataleptic paroxysm be prolonged.

An abnormal state, analogous to that of catalepsy, is among the curious phenomena which, within late years, have excited much attention, and are commonly known as the phenomena of Mesmerism or animal magnetism. The consideration of these phenomena does not come within the scope of this work.

I shall content myself with a bare allusion to certain abnormal conditions which properly belong to the domain of psychology. One of these is the condition known as *ecstasy*. In this condition, the mind, absorbed in a dominant idea, becomes insensible to surrounding objects. In some cases during the ecstatic state, the body remains immovably fixed, as in catalepsy. Extraordinary visual hallucinations occur in some cases. The mental condition differs from that of catalepsy in this, the mind is active and thoughts or visions which occur are recollected afterward, whereas, in catalepsy, the action of the mind is suspended, and the period passed in the paroxysm is a blank in the patient's memory, and the name for the ecstatic state is trance. As in some cases of catalepsy, the respiration and circulation may become so feeble that, without close examination, life may be supposed to be extinct.

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[1] Mém. de l'Acad. de Méd., Paris, 1856, *vide* Valleix, op. cit.

If the breathing be not readily ascertained and the pulse be inappreciable, auscultation with Cammann's stethoscope can hardly fail to reveal the heart-sounds in such cases.

Another condition is that called *somnambulism*. This condition is incident to sleep. It embraces the mental and physical performances, sometimes very extraordinary, which are observed in sleep-walkers. Similar phenomena are observed in the condition known as the *Mesmeric* or *magnetic sleep*.

TETANUS.

The term tetanus is applied to a functional affection characterized by persisting rigidity of the muscles of the jaw, and frequently of the greater part of the voluntary muscular system, with paroxysms of tonic spasms, the intelligence being preserved. In the great majority of cases, this affection follows a wound or local injury of some kind. It is then distinguished as *traumatic tetanus*, and when not traumatic, it is distinguished as *idiopathic tetanus*. Its symptomatic characters are essentially the same whether traumatic or idiopathic. From the large preponderance of traumatic cases, it belongs among the surgical affections, and is treated of at length in comprehensive works on surgery.[1] I shall briefly consider it as an idiopathic affection.

Idiopathic tetanus is everywhere rare, and in cold or temperate climates is one of the rarest of affections. I have notes of only one case, and I do not recollect having met with any case but this, occurring after infancy. It is less rare in tropical climates. It is one of the affections to which newly-born children are subject, especially in tropical climates, but occasionally everywhere.

In most cases idiopathic tetanus is developed abruptly, without premonitions. But in a certain proportion of cases, it is preceded by indefinite ailments, such as chilly sensations, sense of fatigue, etc. The muscles first affected are those of the neck and lower jaw. The affection is sometimes limited to these muscles, and it is then distinguished as *trismus*. The jaws are firmly shut by the rigid contraction of the muscles, and hence the affection is known as *lock-jaw*. The mouth, in some cases, cannot be opened by any force which it would be prudent to employ; and drink, nourishment, or remedies can only be taken through the spaces between the teeth. The muscles of the face are frequently involved, giving rise to distortions of the features which are sometimes terrific. The tongue is sometimes severely bitten by being caught between the teeth. The pharyngeal muscles are not infrequently involved, preventing deglutition.

If the affection extend to the muscles of the trunk, the abdomen becomes retracted and rigid, and the respiratory movements of the chest are restrained. The limbs become rigidly extended. The entire body is sometimes immovable and stiff, so that it may be raised by the head or feet as if it were a statue.

Rigidity of the muscles is persistent. But, at intervals, spasm is added to the persisting contraction. In the paroxysms of spasm or convulsions, the body is frequently bent backward by the predominant force of the posterior muscles of the trunk; and, in extreme cases, the body forms the arc of a circle, resting on the head and sacrum, and sometimes on the head and heels. This is called *opisthotonos*. A much less frequent form of curvature is produced by the predominant contraction of the muscles on the anterior portion of the trunk. This is called *emprosthotonos*. A lateral curvature, still more rare, is called *pleurosthotonos*. The paroxysms vary in duration, and occur at intervals which vary much in different cases. They are attended with severe pain. The paroxysms are apt to be excited by any mental emotion, and by movements of the body. In this respect, as also in the character of the convulsions, they resemble those which take place in cases of poisoning by strychnia.

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[1] *Vide* Gross' System of Surgery; also Hamilton's Military Surgery.

As already stated in the enumeration of the characters distinctive of tetanus, the intelligence is preserved; delirium and coma are wanting. In general, the paroxysms are more frequent during the day than during the night. If deglutition be prevented by pharyngeal spasm, the patient suffers from thirst and hunger. Foamy saliva, under these circumstances, collects and escapes from the mouth. The bowels are usually constipated, but in some cases, involuntary dejections occur. Retention of urine may occur, or, on the other hand, it may be passed involuntarily. The circulation may be but little, or not at all disturbed, save as an effect of disturbance of the respiration. Respiration is embarrassed in proportion as the respiratory muscles are affected. The embarrassment is usually great during the paroxysms, and fatal apnœa may be induced. The temperature of the body is sometimes notably raised, and in some cases, the surface is covered with a cold, clammy perspiration. Todd has observed contraction of the pupils to a pin's point during the paroxysms, the contraction going off when the spasm ceased.

In a large proportion of cases the affection ends fatally, after a duration varying from twenty-four hours to twenty days, the average duration being not far from ten days. The fatality is somewhat less from idiopathic than from traumatic tetanus. The mode of dying may be by apnœa or asthenia. The danger of apnœa is in proportion to the amount of embarrassment of respiration. Death by asthenia is caused by the exhaustion incident to long continuance of the rigidity and spasms, together with the difficulty, in some cases, of alimentation.

The distinctive characters of the affection render the diagnosis sufficiently easy. It is to be distinguished from spinal meningitis and cerebro-spinal meningitis, by the absence of symptoms denoting inflammation, and from the latter of these affections by the absence of cephalalgia, delirium and coma. Absence of coma distinguishes it from epilepsy. Moreover, the latter is purely paroxysmal, the muscles not being contracted in the intervals. Absence of characters distinctive of hysteria sufficiently distinguish it from that affection. The phenomena produced by strychnia in poisonous doses, bear the closest resemblance to those of tetanus, and to discriminate between them is of great importance in a medico-legal point of view. Within late years strychnia has been repeatedly employed for homicidal and suicidal purposes. The following differential symptoms are quoted from Todd:—[1]

"*As regards the tetanoid state from strychnine.*—*a.* The *rapid* supervention of tetanoid convulsions affecting chiefly, and with most intensity, the muscles of the trunk and spine, causing an active and violent opisthotonos rarely met with in tetanus. *b.* A rigid and tetanoid state of the muscles of the lower extremities, with somewhat less intensity than those of the trunk; the limbs extended and the feet drawn powerfully inward by the action of the tibiales postici muscles. The upper extremities affected also, but in a less degree, and the hands generally semiflexed. *c.* The trismus existing only imperfectly, and the *facies tetanica* very slightly or not at all; swallowing perfect, but the mode of deglutition peculiar, the patient snapping at the liquid offered, and gulping it down with an effort, in a manner very similar to that in which hydrophobic patients swallow. *d.* The attacks of opisthotonos very frequent, seemingly exquisitely painful, and ushered in by a cry more or less loud.

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[1] Clinical Lectures on the Nervous System.

"*As regards tetanus.*—*a.* The symptoms coming on *gradually*, and the trismus the earliest, the most prominent, and most important one. *b.* The *facies tetanica* a very characteristic symptom. *c.* The attacks of opisthotonos less frequent, less extensive, and less severe than in poisoning by strychnine. *d.* The extremities the last parts affected and suffering much less from the tonic spasms than other parts. *e.* Deglutition slow and difficult, and sometimes impossible, owing to the spasmodic closure of the mouth."

With respect to the pathological condition in tetanus, the analogy of the phenomena of the disease to those produced by strychnia is a strong point in favor of the doctrine which refers most of the neuroses to a morbid material in the blood. The symptomatic phenomena point to the medulla oblongata as the seat of the affection.

The treatment of tetanus, by different methods, has proved unsuccessful in a large proportion of cases. Among the measures which have seemed to be sometimes successful are, opium, given in large doses, alcoholic stimulants, carried to the extent of producing intoxication, and the inhalation of chloroform. Data are at present insufficient for determining the relative value of these or other measures. Other remedies, which have been advocated as sometimes successful, are, belladonna, cannabis Indica, and quinia in large doses. Bloodletting and counter-irritation over the spine have been largely tried, and are not to be recommended. Ice applied to the spine has been found useful by Todd and others.

A highly important part of the treatment relates to the quietude of the patient. The body should be moved as little as possible, and all excitement of the mind should, as far as practicable, be avoided. Light, currents of air, and noise should be excluded. A former colleague, Prof. Brickell, of New Orleans, assured me that he treated a case of idiopathic tetanus successfully in a negro man, by simple support and the utmost care to exclude all sources of excitation. Nutritious alimentation is an important part of the treatment. If deglutition be impossible, food should be introduced by means of a stomach-tube, which may be passed through the nostril.

The single case of idiopathic tetanus of which I have notes, is interesting and instructive in regard of the recovery after all treatment had been abandoned. I shall subjoin an account of this case.

The patient was a boy, aged 7 years, the son of a washerwoman. The affection had existed for nearly a fortnight at the time of my visit. I saw the case with my friend and colleague, Prof. White, of Buffalo. At short intervals he was seized with opisthotonotic spasms, during which the limbs were rigid with the thumbs pronated. Rigidity of the muscles of the abdomen was marked, the penis was erected, and the jaws firmly closed. The embarrassment of respiration during the paroxysms was great. The paroxysms passed off gradually after lasting two or three minutes. They recurred spontaneously every few minutes, and oftener during the night than during the day. They were always brought on whenever the body was moved. During the paroxysms the body could be lifted, like a statue, by raising one leg. The angles of the mouth were depressed, and the features presented an expression of great distress. A certain amount of trismus was constant; the mouth could not be opened sufficiently for the patient to take food freely or protrude the tongue. The pain was severe during the paroxysms. The mind was clear. He obtained but little sleep. The pulse was not accelerated. The disease could not be referred to any cause; he had not received any wound or injury.

Prof. White had treated the case with morphia, quinia, and the valerianate of zinc. It was resolved to try the effect of chloroform. The patient was brought under the influence of chloroform, and kept under it for two or three hours. The effect was to relax the muscles of the jaw, and to render the paroxysms less frequent. After this trial of the chloroform, the patient was left with directions for a report of the condition to be sent the following day. Nothing was heard of the case, and, from a misapprehension as to who was to take charge of it, the patient was not seen again for about ten days. At the end of that time he was found to be greatly improved The improvement continued, and recovery took place. After the trial of the chloroform, no treatment was employed; the mother did nothing but give nutritious food. The improvement was very gradual, slight spasms occurring from time to time after he had convalesced sufficiently to be up and about.

CHAPTER X.

Rabies—Delirium Tremens—Alcoholism—Nervous Asthenia.

The affections known as *rabies canina*, or *hydrophobia*, and *delirium tremens* are to be included among the neuroses. The consideration of these, and of a morbid condition which I shall designate *nervous asthenia*, will conclude the section of this work devoted to diseases affecting the nervous system.

RABIES.

The affection called *rabies canina*, and more commonly known as *hydrophobia*, is due to the action of a special poison, a virus generally derived from the mouth of some animal of the canine or feline race, viz., the dog, cat, fox, or wolf. The virus is communicated by inoculation, that is, by the bite of an animal affected with the disease. An animal affected with the disease in this way communicates it to other animals, herbivorous as well as carnivorous. The former rarely communicate it, because they rarely bite other animals or man. That it may be communicated by herbivorous to carnivorous animals appears to be proven. The virus is contained exclusively in the fluids of the mouth; there is no proof that other fluids of the body are capable of communicating the disease. It would appear, also, that the virus enters the body only by inoculation; it is not absorbed from the healthy cutaneous or mucous surface. The disease in man is much oftener derived from the dog than from any other animal; hence the name, *rabies canina*. Owing to the pains taken to confine or destroy animals suspected of having the disease, it is rarely seen in man. Only two cases have come under my observation. Of these cases I made copious notes at the time of their occurrence.

The disease does not make its appearance for some time after the bite. The usual period of incubation is stated to be from thirty to forty days. There is considerable variation in this period in different cases. In one of the cases which I have observed, the patient was bitten seven weeks, and in the other case eight weeks, before the disease appeared. There is ground for distrusting the accuracy of statements in cases in which the disease is said to follow very quickly after the bite, and, also, when several years have been supposed to elapse. The utmost possible duration of the period of incubation cannot be stated, and this is a point in the natural history of the disease of no little consequence with reference to the anxiety of persons after having been bitten by an animal known to be, or suspected of being rabid. It is probable that the period is very rarely, if ever, under fifteen days, and that it very rarely, if ever, exceeds nine months or, at furthest, a year.

The development of the disease is rather gradual. It is stated that certain morbid sensations emanating from the cicatrized wound precede other symptoms; but, if this be true of some, it is certainly not of all cases. There were no such premonitions in the cases which I have observed. The premonitions are, restlessness, mental agitation, vigilance, cephalalgia, chilly sensations, loss of appetite, and sometimes nausea and vomiting. Two or three days elapse before the distinctive characters of the disease are fully declared.

When the disease is developed, the most prominent feature is laryngeal spasm, excited by the effort to swallow water. The patient has a dread of water because efforts to swallow it occasion violent paroxysms of suffocation and are generally unsuccessful. It is the association with these paroxysms which give rise to the fear of water, or hydrophobia. After they have repeatedly been thus produced, the mere sight of water may be sufficient to provoke them; but this is not always the case. In neither of the cases which I observed did the patients suffer any inconvenience from seeing or hearing the sound of water. Patients are sometimes able to swallow other liquids than water; in one of the cases which I have noted, spirit was taken without much inconvenience, and in the other case, at times, water was taken from a teaspoon without exciting spasm. Pieces of ice were taken without any inconvenience. The paroxysms excited by attempting to swallow water are extremely violent. The patient, with a nervous determination, drinks precipitantly, and instantly respiration is arrested, the whole frame is agitated, terror and distress are depicted on the countenance, and the water is forcibly ejected from the mouth and nostrils. In some cases paroxysms of laryngismus occur spontaneously; in one of the cases which I have noted, they were repeated 40 or 50 times per minute, the patient suddenly and quickly raising himself in bed, the spasm lasting a few seconds, and in the intervals the respiration was hurried and panting. In other cases the patient is free from paroxysms if he do not attempt to swallow liquids. A current of air is apt to excite laryngeal spasm; the patient complains that it takes away his breath. A bright light, the reflection from a mirror or any polished surface, and any mental excitement has the same effect. The countenance expresses excitement, anxiety, and terror.

An abundant secretion of tenacious mucus from the fauces, together with an increased flow of saliva, leading to frequent and sometimes almost constant expuition, is a distinctive feature. An examination of the throat shows the fauces to be more or less reddened. At first, the mind is simply excited, but, in the course of the disease, delirium becomes developed. The patient talks wildly and incoherently. Sometimes the delirium assumes the form of mania; the mind acts under the influence of hallucinations, and forcible restraint in some cases becomes necessary. There is no foundation for the vulgar notion that patients assume the character of the animal from which the virus was received, and attempt to bite persons around them. In some cases, delirium is manifested by excessive tenderness and affection. *Satyriasis* has been observed in males, and *nymphomania* in females.

Convulsions occur in a large proportion of cases. These are sometimes clonic, extending more or less over the voluntary muscular system, and they are sometimes tonic, as in tetanus. The pulse becomes frequent and small. The surface presents capillary congestion and is sometimes covered with clammy perspiration. The vital forces progressively fail; the patient is worn out with continued vigilance, the paroxysms of laryngismus, the convulsions and innutrition, the mode of dying being by asthenia.

Of all the diseases in the nosology, there is no one in which the intrinsic tendency to death is greater than in this. It may, perhaps, be doubted if any well-authenticated case has ended in recovery. The disease runs a brief career, death usually taking place on the second or third day, and always within five days after it has become fully developed. The disease has no anatomical characters. It does not appear to exert a special tendency to the production of any secondary, local affections.

The diagnostic features of rabies are highly distinctive. It is distinguished from tetanus by the absence of trismus, and the occurrence of delirium. In some cases of tetanus, the deglutition of liquids is impossible; but the difficulty arises from spasm of the pharyngeal, not involving the laryngeal, muscles, the latter being affected in rabies. Moreover, convulsions occur at a late period in rabies, and the convulsions are tetanoid only in a certain proportion of cases. The only difficulty of diagnosis relates to the discrimination of cases of true rabies from those in which, to a greater or less extent, hydrophobic phenomena are simulated. Notable repugnance to the deglutition of liquids, susceptibility to currents of air and to light reflected from a mirror, or some polished surface, frequent sputation, together with delirium and convulsions, are occasionally incident to various acute diseases. But the hydrophobic phenomena are especially simulated under intense apprehension of rabies after a bite has been inflicted by an animal suspected of being rabid. Excessive fear leads to the belief, in the mind of the patient, that the disease exists, and this belief leads to the production of certain of the phenomena, especially horror of liquids, delirium, and sometimes a fancied disposition to bite others. Among the points to be considered in this discrimination is the time which has elapsed after the bite. If the morbid phenomena occur immediately or quickly afterward, or, on the other hand, after a very long period, the reality of the disease is very doubtful. If it be evident that the horror of liquids is purely mental, or dependent entirely on spasm of the pharynx, as in some cases of hysteria; in other words, if laryngeal spasm be excluded, the affection is not true rabies. The continuance of the hydrophobic phenomena is another point. If they continue for many days or weeks, the affection is not true rabies, for the latter affection ends fatally within five days. The opinion, which some have entertained, that rabies may be developed in man spontaneously, probably has no foundation other than the cases in which hydrophobic phenomena have been incidental to other diseases. The disease, however, is spontaneously developed in the dog and other animals.

Of the various measures which have been resorted to in the treatment of rabies, none have proved successful. This disease has, as yet, baffled all the resources of therapeutics. In one of the cases which I have observed, the trial of chloroform was commenced, but the inhalation appeared to increase the laryngeal spasm, and it was therefore abandoned. In the other case tracheotomy was performed early in the disease, as suggested by Marshall Hall, but without success. With our present knowledge, I should be disposed to be content with fulfilling rational indications; viz., palliating the symptoms as far as possible, excluding all controllable causes of mental or physical disturbance, and supporting the powers of the system by alcoholic stimulants and alimentation.

There is no prophylactic treatment to be relied upon, save excision or effectual cauterization of the wound as quickly as possible after it has been inflicted. Amputation of fingers or toes, and even of larger members, advisable, if the extent or character of the wound be such that excision and cauterization cannot be effectually employed.

It is desirable, of course, to know whether an animal which has inflicted a wound, be really rabid. Dogs and cats are often supposed to be rabid, when they are affected with epilepsy or some disease other than rabies. When rabies is suspected, the animal should be confined and not killed until the character of the disease is fully declared. Rabies in the dog is to be suspected when the animal manifests a notable change of habits, becoming shy and irritable, eating straws, bits of paper, etc., and refusing food. When the disease becomes developed, the appearance is much changed; the look is depressed and haggard, the ears and tail droop, the quality of the bark is altered, the eyes are watery, the fauces are reddened, saliva flows from the mouth, and there is febrile movement. Dread of water is no test of the malady in the dog and other animals. They frequently lap water without difficulty. Delirium supervenes, and then the dog snaps at his master as well as others, and at any animal which comes in his way. He seldom becomes ferocious, but bites and runs away. He appears sometimes to have hallucinations, and snaps at invisible objects. Convulsions may or may not occur. Death takes place usually within five days.

Persons bitten by an animal known to be rabid are by no means invariably affected with rabies, even if no preventive measures are resorted to. The chances of escape are as three to one. The exemption from the disease may proceed from an insusceptibility to the poisonous action of the virus, but, probably, in those who escape, the inoculation does not take place. If the bite be inflicted through clothing, the virus will be likely to be wiped away from the teeth before they penetrate the skin.

DELIRIUM TREMENS. ALCOHOLISM.

This affection, like that last considered, has a special causation. It proceeds from the abuse of alcohol. The various pathological effects of alcohol are considered as incident to a toxical condition, called *alcoholismus* or *alcoholism*. These effects enter directly into the causation of many affections, such as cirrhosis of the liver and hydro-peritoneum, fatty liver, epilepsy, muscular tremor, gastritis, pyrosis, various dyspeptic disorders, and the lesions of the kidney embraced under the name, Bright's disease. Indirectly alcoholism favors the production of nearly all diseases, by lessening the power of resisting their causes; and contributes to their fatality by impairing the ability to tolerate and overcome them. Taken in sufficiently large quantity, alcohol produces certain immediate effects which belong to the state commonly known as intoxication or drunkenness. The opportunities of observing these effects are, unhappily, but too common. The coma which exists when a person is profoundly intoxicated, or, in common parlance, dead drunk, is liable to be mistaken for apoplexy. The differential points have been presented in treating of the latter. Intoxication falling short of coma sometimes comes under the cognizance of the physician under circumstances in which the nature of the difficulty is not suspected by friends, as in females and children. Knowledge of the characteristic phenomena is then brought into exercise. And the physician, in these cases, is sometimes bound by delicacy and prudential considerations to withhold an enunciation of the diagnosis.

The habitual use of alcohol, beyond certain limits, produces a deleterious influence on the whole economy. In cases of chronic alcoholism, the digestive powers are weakened, the appetite is impaired; the muscular system is enfeebled, the generative function decays. The blood is impoverished, nutrition is imperfect and disordered, as shown by flabbiness of the skin and muscles, emaciation or an abnormal accumulation of fat. The breath and emanations from the skin have a characteristic odor. The deleterious influence on the mental, is not less marked than on the physical powers. The perceptions are blunted, the intellectual and moral faculties progressively deteriorate, until, at length, the confirmed inebriate, miserably cachectic in body and imbruted in mind, has but one object in life, viz., to gratify the morbid craving for alcohol. He exemplifies a variety of the form of mental derangement called dipsomania, from which recovery is extremely rare.

Delirium tremens, called, also, *mania à potu*, is an affection incidental to alcoholism. A mooted question is, whether the affection, ordinarily known by these names, be due to the sudden withdrawal of an habitual amount of alcoholic stimulation, or whether it be a direct consequence of the long-continued action of alcohol on the brain. Both explanations are correct. In a large proportion of cases, its development is evidently owing to the use of alcohol being suspended or much diminished. Thus, it occurs in persons who voluntarily undertake to abandon intemperate habits, or who are unable to obtain liquor, or who are prevented from drinking by the occurrence of some disease or accident. It is notoriously common among inebriates who are thrown into prison, and among those admitted into hospitals. It is apt to follow paroxysms of intemperance, in periodical drinkers, when the stomach refuses further alcoholic libations. On the other hand, it is sometimes developed notwithstanding the continued use of the habitual amount of alcohol.

The symptoms attending the access are anorexia, insomnia, muscular tremor, more especially tremulousness of the tongue, and notable dejection. This state is known among drunkards as "the horrors." The mental depression is so great as not infrequently to lead to suicide. There is no pain in the head nor febrile movement; the pulse is generally feeble, and the surface cool. This stage continues for one, two, or three days.

The development of the disease is characterized by mental aberration of a peculiar character. The derangement is characteristic, although presenting considerable diversity in different cases. The expression becomes wild, the eyes either vacant or staring. The movements are quick. The patient is constantly in motion. He talks incoherently. His mind wanders from one subject to another. He fancies that he has important business to attend to, wishes to go out, and requires to be constantly watched. To these manifestations of mental disorder are added illusions of the senses, phantasms and hallucinations of various kinds. He sees imaginary objects, such as mice, dogs, cats, lice, snakes, and ferocious animals. He hears noises of animals or men, answers imaginary questions, and is apt to fancy the proximity of persons who are bent on insulting or ridiculing him, or from whom he apprehends personal violence. Uncouth and unnatural representations appear to him to be going on. At first, he may be able to appreciate the unreality of what he sees, hears, and imagines; but, after a time, his morbid perceptions become delusions, and, however extraordinary and absurd, they are real to the sufferer. They are sometimes of a character to inspire the greatest possible terror. Thus, patients not infrequently leap from windows and are dashed in pieces, believing that they are pursued by wild beasts or by men who seek their lives. A patient who escaped in his night-clothes, under a sense of personal danger, ran barefooted over frozen ground for fifteen miles before he was overtaken by men on horses who followed in pursuit. The degree of terror must be fearful to lead to such an amount of physical effort and endurance. In some cases the delusions are ludicrous. Thus, a patient declared that he should be able to sleep, but whenever he fell into a doze there were persons under his bed who tickled his fundament with straws. Under the apprehensions which the delusions excite, patients are sometimes violent and dangerous, but they are usually controlled without much difficulty.

The insomnia continues. The patient gets no sleep for two, three, four days, and sometimes for a still longer period after the development of the affection. The delirium is always much worse during the night. Tremulousness of the muscles continues, but this is not always a marked symptom, although it enters into the name. Vigilance being a more constant symptom, it has been proposed to call the affection *delirium vigilans*, instead of *delirium tremens*. Anorexia continues, the bowels are usually constipated, the skin is cool, the pulse is feeble, and, except under mental excitement, may be but little, or not at all, accelerated; the patient makes no complaint of pain in the head or elsewhere, and generally declares that he is well.

If the affection end favorably, sleep at length occurs. If the patient once become soundly asleep, he will be likely to remain so for many hours, or, if he awake, the speedy return of sleep may be counted upon. After a protracted sleep, generally the delirium is found to have disappeared; occasionally it continues, but is diminished, and disappears after renewal of sleep. Sleep appears to be, not merely a criterion, but a means of convalescence. After sleeping much of the time for one or two days, convalescence is established, and the patient recovers more or less slowly or rapidly according to the duration of the affection and his physical condition at the time of the attack. If the affection pursue an unfavorable course, the insomnia persists, notable prostration ensues; the condition is not unlike that in an advanced stage of typhus; the delirium continues, with efforts to get out of bed, subsultus tendinum occurs, the pulse becomes more and more frequent and feeble, the skin is sometimes bathed in perspiration, and death takes place by asthenia, although the fatal termination is usually preceded by coma.

The prognosis is generally favorable. When not associated with other affections, a fatal termination is rare. The affection destroys life *per se*, chiefly in cases in which repeated attacks have occurred, and the constitution is broken with a long existing alcoholic cachexia. Occurring after wounds, surgical operations, or accidents, and associated with other affections, as, for example, with pneumonitis, it adds much to the gravity of the prognosis.

The symptomatic phenomena show the affection to be cerebral, but the nature of the morbid condition, as in the other neuroses, is unknown. It is important to bear in mind that inflammation is not involved, nor is there ground to believe that congestion is an essential element. All that can be said of the pathological character with our present knowledge is, that the prolonged toxical action of alcohol on the brain induces a peculiar morbid condition, giving rise to those manifestations of disorder which are characteristic of this affection, especially when the use of alcohol is from any cause suspended. According to Dr. Bence Jones, deficiency of the phosphatic constituents of the urine is distinctive of this affection, as compared with meningitis, in which the phosphates are increased. There is reason to believe that the morbid phenomena relating to the mind, as well as the progressive impairment of the vital forces, are to a considerable extent due to the insomnia. This is to be inferred from the fact that the delirium generally ceases after sleep has continued for several hours. Inability to sleep is an essential feature of the affection, and the chief obstacle in the way of a favorable termination.

In general, the diagnosis is not attended with difficulty. The characteristics of the delirium render the affection easily recognizable when fully developed; moreover, the known habits of patients generally lead the practitioner to expect it. Tremulousness of the tongue and limbs, with vigilance, if the patient be a drunkard, denote an impending attack. If now the patient complain of having remarkable visions or manifest illusions of the senses, the development is progressing. The cases in which the practitioner hesitates in coming to a diagnosis are those in which the habits are unknown. The affection may be developed in secret drinkers, and in persons who are supposed to be perfectly temperate. I have known a person to be attacked who was supposed by his friends never to taste any alcoholic beverage. As the diagnosis implies intemperate habits, caution in forming an opinion in some cases is advisable, and prudence in expressing the opinion when formed. Of course, it is a breach of medical ethics to reveal the character of the affection save to the patient, and, under certain circumstances, to his friends.

Excesses in drinking sometimes occasion a form of delirium, differing, pathologically, from delirium tremens, but apt to be confounded with it. The delirium now referred to is an active delirium, characterized sometimes by violence or fury, and sometimes by hilarity. It is a form of acute mania due to active cerebral congestion, conjoined with the immediate effect of alcohol on the brain. It is occasioned by a protracted paroxysm of drinking rather than by the habitual use of alcohol. This form of delirium has been distinguished as *delirium ebriosum*. It is accompanied by pain in the head, increased heat, throbbing of the carotids, febrile movement; in short, by the symptoms of active cerebral congestion. It is of brief duration, ceasing when alcoholic stimulants are discontinued; it thus ceases under the circumstances which are apt to occasion delirium tremens. It may be followed by delirium tremens. Aside from the discontinuance of stimulants, it claims the treatment indicated by active congestion of the brain, viz., bloodletting, purgatives, etc., measures not suited to the treatment of delirium tremens.

Finally, with respect to the diagnosis of delirium tremens, meningitis is excluded by the absence of cephalalgia, intolerance of light and sounds, throbbing of the carotids, febrile movement, etc. Acute gastritis, which may present some of the phenomena of impending delirium tremens, is to be excluded by the absence of vomiting, gastric pain, tenderness over the stomach, etc. Typhoid and typhus fever are excluded by the absence of the diagnostic symptoms, other than delirium, of these diseases.

Delirium tremens was formerly treated by bloodletting and other of the so-called antiphlogistic measures, under the belief that it involved either inflammation or cerebral congestion. These measures are now abandoned as not only uncalled for, but injurious. Within late years, various curative methods of treatment have been advocated on the grounds of success; and, in endeavoring to judge of their respective merits, it is to be borne in mind that, under favorable circumstances, the intrinsic tendency of this affection is to recovery. It may be said of this affection, as of others tending in like manner to recovery, that a large proportion of recoveries cannot be cited in evidence of the curative efficacy of any particular method of treatment, but a large proportion of fatal cases favor the presumption that the treatment was injurious. Excluding cases in which the affection occurs in connection with wounds, surgical operations, and accidents, or with other affections, and the cases in which it occurs in persons whose constitutions are shattered by intemperance, judicious management without therapeutical measures would, in the great majority of cases, prove successful. It does not follow, from this statement, that remedial measures are not often useful.

The great object of treatment is to procure sleep. Opium has been employed largely for this object. The statistical researches of the late lamented John Ware showed that the fatality was greater under the opiate plan of treatment than when an expectant or eclectic plan was adopted, and that the fatality is proportionate to the excessive use of opium. Opium used indiscriminately and largely is undoubtedly injurious, but that it is useful in certain cases, moderately used, is not to be doubted. The use of opium as advised by Prof. Stillé may be safely adopted. This author says: "The best mode of exhibiting the medicine (opium) is undoubtedly to begin with a quarter of a grain, or its equivalent, and progressively to augment the dose by small and hourly additions until sleep is produced, or a sufficient degree of tranquillity obtained." I have not infrequently found a full dose, repeated, if required, after intervals of several hours, to act very favorably. The remedy should never be pushed to the extent of inducing narcotism, and if, on a fair trial, it be not found to tranquillize, it should be discontinued.

Cases have been treated by Gerhard and others satisfactorily by simply continuing the use of alcoholic stimulants in moderate quantity. In general, it is injudicious to discontinue entirely the use of stimulants so long as the affection continues. The time for breaking off the habitual use is after sleep has taken place and the patient is convalescent. Stimulants are to be given freely in cases in which the symptoms denote failure of the vital powers.

Tartar emetic, in nauseating doses, is useful in certain cases. This remedy, if not pushed too far, exerts a sedative influence, diminishes delirium, and disposes to sleep. It is suited to cases in which there is considerable constitutional vigor, and it should be very cautiously given to patients much enfeebled, or in cases in which there is a tendency to prostration. Emetics have been advocated as curative, but the evidence of this is unsatisfactory, and they are now very rarely employed. They are objectionable on the score of perturbation. Cathartics are objectionable on the same score. These evacuant remedies have been employed under the idea that they eliminate the alcohol from the system. But the affection is due to the toxical effects of alcohol, not to its actual presence in the system; indeed, the attack often appears to proceed from a diminution of the amount of alcohol habitually present.

Cold affusion, the cold douche to the head, and the shower-bath are useful in some cases. They are of doubtful expediency if employed against the will of the patient; he should be induced to concur in the propriety of making trial of them. They may do harm to feeble subjects, or if the powers of life be much depressed. My colleague, Prof. Sayre, has found immersion in cold water until the sedative effect of cold is apparent an effective method of treatment in certain cases. This measure should be resorted to only in cases in which there is considerable vigor of constitution; and its employment requires much care and judgment.

Recently digitalis has been advocated as a curative remedy. It was introduced by Dr. G. M. Jones, of Jersey, England, who was led to ascertain its efficacy by a patient affected with delirium tremens having taken an ounce of the tincture by mistake. Subsequently he employed it in seventy cases with the loss of only one case. No practitioner would have ventured to give this remedy in the doses which experience has abundantly shown may be given without any unpleasant consequences in this disease. The dose advised by Dr. Jones is half an ounce, which may be repeated, if required, after an interval of four hours. Numerous cases in which this plan of treatment has apparently proved efficacious have been reported. I have tried it in a few cases, in one of which it appeared to act like a charm, but in the others no curative effect was apparent.

The inhalation of chloroform, in some cases, tranquillizes the patient and induces sleep. This is a remedy to be employed with great circumspection. Its effect has been happy in several instances under my observation. In one case the effort to employ it excited such a degree of mania that I was led to desist.

As regards the measures which have been referred to and others, they are to be employed according to circumstances proper to individual cases. Each of the measures is suited to some cases and not to other cases. They are to be employed tentatively, the practitioner being guided by the effect in deciding whether to continue or discontinue them. Not infrequently they may be tried successively in the same case. In short, the appropriate treatment, as regards these measures, is expectant and eclectic, and they will be employed judiciously or otherwise according to the judgment of the practitioner.

The management in other respects is important. Quietude is to be enforced. Visitors, who are often actuated by curiosity, are to be excluded. The circumstances surrounding the patient should, as far as possible, be regulated with a view of promoting sleep. Much may be done by the exercise of tact in soothing the patient, combing the hair, bathing the face, resorting to warm pediluvia, etc. I have known muscular exercise, carried to the point of fatigue, useful. Alimentation is highly important. The patient should be encouraged, as much as possible, to take nutritious and easily-digested food.

It is the duty of the physician, after recovery from this disease, to inform the patient of its character, and to point out the inevitable consequences of the habits which have induced it. And the patient will be aided in an effort to emancipate himself from the slavery of intemperance by remedies and hygienic measures which tend to invigorate the body, thereby strengthening the mental powers.

NERVOUS ASTHENIA.

The term *nervous asthenia* may be used to denote a morbid condition sufficiently common, in this country, especially in the larger cities. The propriety of considering the condition as a functional affection, and the name, have been suggested by my colleague, Prof. Fordyce Barker. As the name signifies, debility or prostration affecting especially the nervous system, constitutes the affection. It occurs without anæmia or any notable disorder of the vital functions. It proceeds from undue functional activity of the nervous system as connected with the exercise of the intellectual and emotional faculties.

Physicians are often consulted by patients who, although far from being well, have no well-defined malady. They complain of languor, lassitude, want of buoyancy, aching of the limbs, and mental depression. They are wakeful during the night, and enter upon their daily pursuits with a sense of fatigue. Under the pressure of mental excitement, they may be able to exert themselves with their usual energy, but, when the excitement subsides, they are jaded and worn out. They become apprehensive that their powers are giving way, and are apt to fancy the existence of some serious malady. An investigation of the different organs of the body, reveals no evidence of disease; the lungs, heart, kidneys, etc., are sound. None of the affections embraced in the nosological catalogue may be discovered; yet, the morbid condition is real. This brief sketch represents a class of cases with which every physician is familiar.

An inquiry into the habits and circumstances connected with the daily life, in the cases now referred to, will show that the mind has been for a long period unduly taxed, by the cares and responsibilities of business, over-exertion in the pursuit of wealth or other objects of ambition, long-continued anxiety or inquietude—in short, the patient is suffering from wear and tear of the nervous system. The action of mental causes is increased by other causes which tend to diminish the vigor of the body, such as irregular habits with respect to diet, the hours devoted to sleep and rest, etc. The causes which act directly through the mind are especially operative in this country, owing to the early age at which persons engage in the active pursuits of life, the great inducements to excessive exertions, and the emulation excited by the activity of others. It is not uncommon to meet with persons who have overtaxed the nervous system, without any rest or recreation, for many consecutive years.

The condition of nervous asthenia is, in itself, not a small evil, causing much discomfort and unhappiness to the patient, and rendering him uncomfortable to others by inducing depression, irritability, or moroseness. That this condition favors the development of diseases to which there may be a predisposition, or co-operates with the various causes of disease, is highly probable. It is apt to engender a desire for stimulants, and thus lead to intemperance. It may eventuate in confirmed melancholia, hypochondriasis, or other forms of mental derangement.

An essential part of the treatment relates to the causation. Frequently it is desirable to endeavor to procure, temporarily, complete relief from exertion and care. It is, however, extremely injudicious to advise permanent relinquishment of active occupations. After rest and recreation for a season sufficient for recuperation of the nervous system, a return to accustomed pursuits is advisable, with injunctions to observe proper moderation, and to comply with the laws of health as regards a fair apportionment of time to recreation, and a proportionate exercise of all the faculties of the mind. It is, of course, desirable that causes of mental uneasiness and anxiety should be removed, but this part of the treatment often is not within the range of medical control. Habits tending to impair bodily vigor are to be corrected, such as dietetic imprudences, late hours, sexual errors or vices, the immoderate use of tobacco, etc. Hygienic measures to invigorate the body are important, such as nutritious alimentation, out-door life, sea-bathing or the sponge-bath, etc. Tonic remedies, varied from time to time, and long-continued, are serviceable both morally and medicinally.

A full consideration of nervous asthenia would require much more space than can be accorded to it in this work. The topic belongs properly to mental hygiene, a subject of vast importance in its pathological, social, and moral bearings. I must content myself with having offered a few hints for the reflections of the medical reader.

SECTION FIFTH.

DISEASES AFFECTING THE GENITO-URINARY SYSTEM.

CHAPTER I.

Nephritis and Pyelitis—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Paroxysms of Pain caused by the Passage of Calculi along the Ureter, or Nephritic Colic, and Lithiasis or Gravel—Acute Desquamative Nephritis, Acute Albuminuria, Acute Bright's Disease, or Acute Inflammatory Dropsy—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment.

A LARGE proportion of the affections of the genito-urinary system do not fall within the scope of this work. Excluding affections peculiar to females, the diseases affecting the male generative organs, and the bladder in either sex, are to be excluded, as belonging to surgical rather than medical practice. The diseases which remain are chiefly those affecting the kidneys. Abnormal changes in the urine are highly important, as denoting morbid conditions relating to the kidneys and the blood. These changes constitute important symptoms in various diseases; they are not to be considered as individual affections, and in general it suffices to notice them in connection with other symptomatic events which make up the clinical history of different diseases. There is, however, one disease which, in the present state of our knowledge respecting its pathological character and seat, it is convenient to consider as a urinary affection, although it is certain that the abnormal change in the urine expressed by the name of the disease is merely a symptom. The disease referred to is *glucosuria*, or *diabetes mellitus*. It is common also to apply the term *albuminuria* to certain affections of the kidneys, characterized by the frequent presence of albumen in the urine.

Proceeding to treat of diseases affecting the kidneys, I shall consider, first, ordinary or simple inflammation of the pelvis and calices, and of the parenchyma of these organs. Inflammation of the renal parenchyma is called *nephritis*; inflammation of the pelvis and calices is called *pyelitis*. These are distinct affections, although the former rarely exists without the latter. It will suffice to consider both affections under the one heading.

NEPHRITIS.—PYELITIS.

Acute inflammation of the substance of the kidneys, exclusive of the cases in which it is produced by external wounds or injuries, and of the cases in which the inflammation extends from the pelvis and calices to the parenchyma, is one of the rarest of diseases. Chomel expresses doubt whether a truly spontaneous primary nephritis ever occurs. In respect of its infrequency, it belongs in the category of other acute inflammations seated in the glandular organs, viz., hepatitis, pancreatitis, and gastritis. Pyelitis is also a rare disease, but it is less infrequent than acute nephritis. The latter occurs without the former, but nephritis is generally consecutive to pyelitis. Both affections, in the majority of cases, arise from the presence of renal calculi, and the terms *calculous nephritis* and *calculous pyelitis* have been used to denote the affections as thus produced; in these cases the inflammation is, in fact, traumatic. Next to the local action of calculi, distension of the pelvis and calices from obstruction of the ureter is the most frequent cause of pyelitis and nephritis. It is necessary to premise this statement in order that the morbid anatomy may be understood.

ANATOMICAL CHARACTERS.—Inflammation of the renal parenchyma induces enlargement of the organ, with redness, softening, and suppuration. The pus is sometimes in numerous minute disseminated points, sometimes in distinct abscesses of greater or less size, and sometimes in the form of purulent infiltration. Gangrene of the kidney has been observed. It is to be borne in mind that purulent formations in the kidneys occur, as in other organs, in connection with the morbid condition known as pyæmia. It is rare for a single large abscess to be found in the substance of the kidney, and the inflammation rarely extends to the peritoneum over the kidney—when the latter event occurs it is called *perinephritis*.

Inflammation of the pelvis and calices causes redness, thickening, and softening of the lining membrane. If obstruction exist, the cavities contain more or less liquid, which consists of muco-purulent matter and urine. In cases of considerable and long-continued obstruction, the pelvis and calices become greatly dilated, the parenchyma is progressively atrophied by pressure, and at length the whole of the organ may be converted into a sac. Not infrequently the pelvis contains one or more calculi. Perforation may take place in different directions, viz., behind the peritoneum, leading to an abscess which may make its way externally through the integument; into the peritoneal cavity, giving rise to fatal peritonitis; into the colon, stomach, or through the diaphragm. The simple retention of urine, without pyelitis, within the pelvis and calices, from obstruction of the ureter, is called, after Rayer, *hydro-nephrosis*.

CLINICAL HISTORY.—The symptoms of inflammation of the renal parenchyma and those of pyelitis have, heretofore, been confounded, both affections having been embraced under the name nephritis. Cases of the former affection, disconnected from the latter, are so rare that its symptomatic characters have been imperfectly studied. Moreover, the term nephritis has been sometimes applied to an inflammation of the membrane lining the *tubuli uriniferi*, which will be considered as a separate affection, now commonly known as *acute albuminuria*, *acute Bright's disease*, or *acute desquamative nephritis*. The local symptoms of simple, acute nephritis, according to Rayer and others, are as follows: Dull pain and a sense of tension in the region of the kidneys, or on one side only if but one kidney be inflamed; tenderness on deep pressure; blood in the urine, or hæmaturia, if the nephritis be due to a wound or injury, and also sometimes when the inflammation is spontaneous; albumen in the urine, or albuminuria, in some of the cases in which hæmaturia is wanting; diminution and even suppression of urine if both kidneys be affected; absence of pus in the urine if pyelitis do not coexist. With these local symptoms are associated more or less febrile movement and general disturbance. The pain and other symptoms are stated to be sometimes intermittent.

In acute pyelitis, with or without an extension of the inflammation to the renal parenchyma, the local symptoms are better known and more distinctive. There is more or less pain in the lumbar region, but the pain is not usually severe, and may be but slight. The pain produced by the presence of calculi, and especially by their passage along the ureter, is to be distinguished from the pain incident to inflammation. Distension of the pelvis and calices, if the ureter be obstructed, occasions an obscure, dull pain in addition to the pain due to the inflammation. The urine, in cases of pyelitis, contains muco-pus or pus in more or less abundance, provided there be not complete occlusion of the ureter. In determining that the muco-purulent or purulent matter comes from the kidney, inflammation of the bladder, or cystitis, is to be excluded. With these local symptoms are associated more or less febrile movement and other symptoms denoting constitutional disturbance. The pyelitis may succeed an attack of pain caused by the passage of a calculus along the ureter, called nephritic colic, or the latter may occur during the continuance of the pyelitis.

Pyelitis may be acute, and, running its course, end in recovery, or the inflammation may continue and become chronic. In chronic pyelitis, the local symptoms persist, leading to progressive emaciation and debility with hectic fever.

In cases of nephritic abscess, the primary affection is generally pyelitis; pus and urine accumulate within the pelvis and calices, leading, in some cases, to destruction of the kidney from extension of the inflammation to the parenchyma and from pressure. The accumulation of pus and urine gives rise to a tumor which may be felt through the abdominal walls. This accumulation involves either occlusion or great obstruction of the ureter. If the obstruction be removed, a sudden and copious discharge of purulent matter with the urine takes place. If the obstruction continue, the contents of the abscess may be discharged in various directions, as already stated. The symptoms may show the pyelitis to be single or double.

Pathological Character.—The inflammation, in nephritis and pyelitis, is seated in different structures. In nephritis, the parenchyma, or substance of the kidney, especially the cortical portion, is the seat of the affection. In pyelitis, the mucous membrane lining the pelvis and calices is the structure affected. As already stated, they are different affections, and either may exist without the other; but, almost invariably, nephritis is secondary to, and dependent upon, pyelitis, excluding cases in which nephritis follows an external wound or injury.

Causation.—The causation of nephritis, in the great majority of cases, has just been stated; it is dependent on pyelitis. The affection, therefore, may be produced, secondarily, by the causes which give rise to pyelitis. As a primary affection, it may be caused by wounds and contusions. Possibly it may arise from excessive doses of certain remedies which act directly upon the kidneys, such as the nitrate of potassa, turpentine, and cantharides.

Pyelitis may be produced by wounds penetrating the pelvis of the kidney, but rarely, if ever, by contusions. The most frequent cause of this affection is the local action of calculi. In may arise from the presence of the entozoon of the kidneys, the *strongylus gigas*, and from a hydatid production. Next to renal calculi, the most frequent cause is obstruction, leading to distension of the pelvis and calices from an accumulation of urine. The obstruction may be due to the impaction of a calculus in the ureter, a morbid growth within the canal, a tumor pressing upon it, or to retention of urine within the bladder from stricture of the urethra, enlarged prostate, or paralysis of the bladder in cases of paraplegia. In a case which came under my observation at Bellevue Hospital, the patient passed a very large quantity of limpid urine of a very low specific gravity, and the case was supposed to be one of *polyuria*, or *diabetes insipidus*. Uræmic coma and convulsions became developed, and the case terminated fatally. On examination after death, the bladder was found to be contracted and the muscular coat enormously hypertrophied; both ureters were greatly dilated; the pelvis and calices of the kidneys were much enlarged, and the parenchyma nearly destroyed by atrophy. In some cases of cystitis the inflammation extends along the ureters to the pelvis of the kidneys. Rayer has observed this to follow suppression of gonorrheal urethritis.

DIAGNOSIS.—Lumbar pain, more or less constitutional disturbance, and bloody urine, after a wound or injury has been received in the region of one of the kidneys, render the diagnosis of nephritis quite positive. Except in traumatic cases, it is probable that primary nephritis affects usually both kidneys. And the diagnosis is to be based on the existence of lumbar pain and general symptoms, together with notable diminution or suppression of urine. The urine in these cases may be bloody and albuminous. An examination of the sediment of the urine with the microscope may show bloody casts moulded in the uriniferous tubes. This will be proof that the hemorrhage is from the kidneys. If coma and convulsions supervene, they are to be attributed to uræmia.

The diagnosis of pyelitis is to be based on the presence of pus or muco-pus in the urine, in conjunction with more or less pain and constitutional disturbance, cystitis being excluded. The occurrence of paroxysms of pain characteristic of the passage of a calculus along the ureter, and the expulsion of calculi or gravel from the bladder, are important diagnostic events. If the pyelitis be due to calculi, the urine may be bloody, but casts of the uriniferous tubes will not be found in the sediment of the urine. The sudden discharge of pus, in more or less abundance, with the urine, shows that an accumulation in the pelvis of the kidney has escaped through the ureter into the bladder.

Pyelitis caused by calculi will be likely to be limited to one kidney, but if it follow cystitis, or retention of urine from an obstruction beyond the ureter, both kidneys will be likely to be affected. Complete or very great obstruction, causing an accumulation of urine within the pelvis of both kidneys, would lead speedily to uræmia. Complete obstruction, however, limited to one kidney, may exist for an indefinite period, without leading to uræmia, the other kidney being sufficient for the elimination of urea. The accumulation in the pelvis of one kidney may be sufficient to occasion a tumor which may be felt through the abdominal walls. The tumor may be caused simply by retention of urine, without pyelitis, constituting the condition called *hydro-nephrosis*. Such a tumor is to be distinguished from that caused by an accumulation of urine and pus, that is, with pyelitis, by the absence of pain, tenderness on pressure, and the constitutional disturbance due to inflammation.

An accumulation of purulent matter within the pelvis and calices, forming an abscess, if the ureter remains permanently obstructed, eventuates in perforation and the discharge of the pus in some direction, if the life of the patient be sufficiently prolonged. The source of the pus is to be determined by the antecedent and coexisting symptoms which point to the seat of the affection. I shall subjoin a condensed account of a case of suppurative pyelitis, in which the pus made its way outwardly, forming a subcutaneous abscess which was opened, perforation subsequently taking place into the peritoneal cavity. The history of the case was noted at the time it came under observation in 1857.

CASE.—The patient was a mechanic aged 23 years. About a year before his admission into hospital, he began to pass bloody urine. There was little or no pain in the region of the kidneys, but a sense of weakness and general debility. The blood in the urine disappeared after a few days, but recurred from time to time. About six months after the hæmaturia first occurred, the urine became cloudy, and a white creamy deposit was observed. The latter condition of the urine existed on his admission, and the creamy deposit was found to be pus. Shortly after his admission, a fulness and sense of fluctuation were found in the left lumbar region. In a few days, the fulness and fluctuation becoming more marked, the abscess was opened by my colleague, Prof. Hamilton, and a quart of pus was at once discharged. The left lower limb was considerably œdematous. This nearly disappeared after the abscess was opened. His condition, in all respects, was improved, and he appeared to be progressing favorably, the discharge of pus externally and also with the urine continuing, until nineteen days after the opening was made he was seized suddenly with all the symptoms of acute peritonitis, and death took place in forty-eight hours afterward. An examination after death showed a membranous sac in place of the left kidney, the substance of the organ being completely destroyed. The right kidney was not enlarged, and was healthy in appearance. A perforation of the sac into the peritoneal cavity existed, and the appearances denoted recent peritonitis.

PROGNOSIS.—The infrequency of nephritis, not connected with pyelitis, and exclusive of the affection which will be considered under the name *acute, desquamative nephritis*, the fact that nephritis and pyelitis have been heretofore confounded, together with the uncertainty as regards the diagnosis in cases which end in recovery, render it difficult to determine the amount of danger which the affection involves. If both kidneys be affected, the danger is from suppression of urine and consequent uræmia. If suppuration take place, a fatal termination is to be expected. The occurrence of suppuration, however, cannot be determined before death, as the pus, in cases of simple nephritis, very rarely collects in the form of a large abscess. The fatal termination is due to the destruction of the renal parenchyma which suppuration induces.

The gravity of pyelitis depends on the causes which give rise to the affection. If produced by an extension of inflammation in cystitis, and there be no permanent obstruction to the flow of urine and pus into the bladder, a favorable termination may be looked for. If due to the presence of calculi, and these make their way into the bladder before destruction of the kidney ensues, recovery will be likely to take place. If from the size of the calculi their escape be impossible, the inflammation will be apt to continue, and the prognosis is unfavorable. Cases have been observed of pyelitis, caused by a large calculus, in which, after having led to complete destruction of the kidney, the inflammation has ceased, and the calculus has remained encysted by the renal capsule, giving rise to little or no inconvenience, the remaining kidney doing all the work of renal elimination. Permanent obstruction to the flow of urine from the pelvis and calices of both kidneys, dependent on cystitis or retention of urine in the bladder from whatever cause, leads to destruction of the renal parenchyma and death from uræmia. An accumulation of urine and pus in the pelvis and calices of one kidney, may prove fatal by perforation into the peritoneal cavity, as in the case of which I have given a condensed account. If the discharge take place into the intestinal canal or externally, the patient is likely to be worn out by the prolonged drain and constitutional disturbance.

Treatment.—Acute nephritis claims the measures of treatment appropriate in other parenchymatous inflammations, viz., local depletion in some cases, counter-irritation, fomentations, rest, restricted diet, etc. The danger of uræmia is to be considered. This will be proportionate to the diminution of the secretion of urine. If the urine be suppressed or greatly diminished, measures to effect the vicarious elimination of urea are indicated. The most efficient measures for this end are hydragogue cathartics and the hot air bath. Diuretics cannot be relied upon, and the propriety of making trial of them is questionable.

The treatment in cases of pyelitis must have reference to the causation. If dependent on retention of urine from stricture of the urethra, enlarged prostate, or paralysis, measures to relieve the bladder are of prime importance. If consecutive to cystitis, the latter claims appropriate treatment. Quietude is to be enjoined especially in cases in which the affection depends on calculi. Soothing applications to the loins, and anodyne remedies are indicated in proportion to the amount of pain. If the accumulation of pus and urine form a tumor which presents itself in an accessible situation, it should be opened. Tonic and supporting measures are required after the opening of the abscess either externally, or into the alimentary canal.

PAROXYSMS OF PAIN CAUSED BY THE PASSAGE OF CALCULI ALONG THE URETER, OR NEPHRITIC COLIC, AND LITHIASIS OR GRAVEL.

Urinary concretions, or calculi, are generally formed within the renal cavities. Calculi of small size may pass from the kidneys to the bladder, giving rise to little or no inconvenience, and, having reached the bladder, they are either discharged with the urine, or, remaining in the bladder, they increase in size and require for their removal surgical interference. In some cases calculi within the renal cavities, increasing in size, become too large to pass along the ureter, and are consequently retained. As has been seen, retention of urine within the pelvis and calices of the kidney, pyelitis, renal abscess, and destruction of the renal parenchyma, are sometimes attributable to the presence of calculi or a calculus. Calculi not too large to pass through the ureter, and not small enough to pass with facility, occasion during their passage more or less pain and constitutional disturbance. The amount and duration of the pain caused by the passage of a calculus is in proportion to its size and the roughness of its surfaces. The pain begins when the calculus enters the duct and ends when it reaches the bladder. The paroxysm is analogous to that occasioned by the passage of a gall-stone from the gall-bladder to the duodenum. The latter is commonly known as hepatic colic, and the paroxysm of pain occasioned by the passage of a renal calculus is called *nephritic colic*.

A paroxysm of nephritic colic is usually developed suddenly. The attack, however, may be preceded by more or less pain or a sense of uneasiness, due to irritation or perhaps inflammation caused by the presence of calculi in the pelvis of the kidney. The paroxysm quickly attains to its maximum of intensity. The pain, in some cases, becomes exceedingly severe. It is referred to the situation of the kidney, usually on one side, that is, by the side of the last dorsal and the first lumbar vertebra. The pain radiates from this point in different directions, but especially along the course of the ureter, extending frequently to the groin and thigh. In the male, pain is generally felt in the testicle, which is drawn upward by the contraction of the cremaster muscle. Frequently the pain is described as lancinating or tearing. It is sometimes so excessive as to force the patient to groan and cry aloud; he tries a variety of positions to obtain relief, walks about the chamber, and compresses the abdomen with his hands as in intestinal colic. The pain continues without intermission, but there occur exacerbations and remissions. The urine in most cases is notably diminished. The patient experiences a frequent or constant desire to micturate, passing only a few drops at a time. The sensation is well expressed by the term *tenesmus of the bladder.* Not infrequently the urine is bloody. If it contain pus or muco-pus, either pyelitis or cystitis coexists.

With these local symptoms are associated those denoting more or less constitutional disturbance, viz., anorexia, thirst, nausea and vomiting, coldness of the surface with sweating, and feebleness of the circulation. The countenance is pallid and expressive of anguish. The bowels are usually constipated. Suddenly, after a duration varying considerably in different cases, the paroxysm ends. The pain abruptly ceases. An abundant discharge of urine takes place, which may contain more or less purulent or muco-purulent matter. The calculus has reached the bladder, and, if care be taken to examine the urine, it may be found at the bottom of the vessel. The general symptoms rapidly disappear, and in one or two days the recovery may be complete. In some cases, however, one or more additional paroxysms follow, other calculi contained within the pelvis of the kidneys getting into the ureter in consequence of the dilatation caused by the passage of the calculus which has just passed. A person who has experienced one paroxysm is liable to recurrences at periods more or less remote. The paroxysm is commonly known as a "fit of the gravel."

The duration of an attack of nephritic colic varies in different cases, but is usually short. In the majority of cases it lasts but a few hours, but in some cases it continues for one, two, or three days. Although the suffering is often extreme, it very rarely, if ever, proves fatal. The recovery is complete, unless calculi remain, which may occasion pyelitis, obstruction of the ureter, and destruction of the kidney.

The diagnostic characters of nephritic colic are the suddenness of the attack and termination, the situation of the pain and its extension to the groin, thigh, and testicle, the retraction of the testicle, the diminution of urine, the tenesmus of the bladder, the hæmaturia, and the discovery of the calculus. The fact of antecedent attacks having occurred will assist in the diagnosis. The affections to be excluded are the form of muscular rheumatism called lumbago, lumbo-abdominal neuralgia, enteralgia, and hepatic colic. In lumbago the pain is less severe, is provoked especially by movements of the body, and is felt on both sides. Lumbo-abdominal neuralgia is characterized by tenderness at certain points.[1] In enteralgia the seat of the pain is within the abdomen. This statement also applies to hepatic colic. In all these affections the characteristic features of nephritic colic are wanting.

The treatment of an attack of nephritic colic consists of palliative measures. Complete relief depends on the escape of the calculus into the bladder, and there are no means of aiding directly in effecting its passage. The propelling force is derived from the accumulation of urine behind the calculus. The copious ingestion of liquids may perhaps, by increasing the urinary secretion, hasten its progress. Fomentations to the loins, opium given in full doses, and, if the suffering be excessive, the inhalation of chloroform, constitute the measures for palliation.

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[1] *Vide* page 595.

The discharge from the body of urinary concretions, either with or without the symptoms of nephritic colic, constitutes *lithiasis* or *gravel*. The term gravel is properly applied only to concretions formed within the body, not to those which form in the urine after its emission. Not infrequently concretions, varying in size from that of a pin's head to a small pea, pass without giving rise to sufficient pain to constitute an attack of nephritic colic. The composition of the concretions varies in different cases. The most frequent form of gravel is that in which the concretions consist of uric acid. The concretions being usually of a red color, this variety is sometimes distinguished as *red gravel*. The urine in these cases always gives an acid reaction. The concretions may consist of the earthy salts, viz., the ammonio-phosphate of magnesia, phosphate of lime, and the carbonate of lime. The color of these is usually either grayish or white. The urine in these cases is frequently alkaline. In another variety the concretions consist of the oxalate of lime. These are of a yellow, brownish, or dark color. In cases of nephritic colic, the composition of the calculi which occasion the paroxysms may be inferred from the knowledge of concretions which have been already passed, and from an examination of the sediment which the urine deposits. If the urine contain uric acid crystals or abound in the urates, the calculus is probably composed of uric acid. So, the urine will be likely to contain the phosphates in more or less abundance when the calculi consist of the earthy salts; and oxalate of lime calculi will be likely to be preceded or accompanied by oxaluria. It may happen, however, that the calculi giving rise to nephritic colic are not of recent formation, and the condition of the urine giving rise to their formation may not exist at the time when the attack of colic occurs.

The treatment of gravel, irrespective of attacks of nephritic colic, will depend on the nature of the concretions or the character of the urine. In cases of uric acid gravel, alkaline remedies are indicated. The liquor potassæ, in half drachm doses thrice daily, may be given, but the bicarbonate of potassa, from a scruple to half a drachm thrice daily, is preferable. The latter may be given during effervescence with a vegetable acid. The Vichy water is well suited to this variety of gravel, and its efficacy is due to the presence of the carbonate of soda. The artificial is probably as efficacious as the natural water. The phosphate of soda and ammonia, introduced by Dr. Buckler, of Baltimore, is considered as having the power of keeping uric acid in solution in the urine, given in doses of ten grains thrice daily. The benzoic acid is another remedy, given in doses of eight or ten grains thrice daily. The carbonate of lithia, recently introduced by Garrod, is a remedy which promises to be especially valuable from its forming with uric acid a highly soluble compound. It may be given in doses of five grains three times daily. All these remedies act as solvents, and preventing uric acid concretions. In addition to these remedies, attention to the digestive organs, the skin, and the functions generally, constitutes an important part of the treatment.

In cases in which the concretions are composed of the earthy salts, the mineral acids are indicated, either the sulphuric or hydrochloric. The nitro-hydrochloric acid is especially indicated in cases of oxalate of lime gravel. Diuretic remedies and the ingestion of water abundantly form an important part of the treatment in all cases of gravel. The phosphatic and oxalate of lime concretions are apt to occur in persons suffering from *nervous asthenia*, and the latter condition claims appropriate management. Abstinence from articles of diet containing oxalic acid is to be enjoined if the concretions consist of the oxalate of lime.

As already stated, the sedimentary deposits which occur in urine after its emission are not properly called gravel. It is important, however, to take cognizance of these as constituting evidence of disorder, and as involving a liability to the formation of concretions within the kidney or bladder. The conditions of the urine known as *lithiuria*, *oxaluria*, and *phosphuria*, standing respectively in relation to the different varieties of gravel just noticed, claim appropriate treatment, although concretions within the body have not taken place. For further details respecting these and other disordered conditions of the urine, the reader is referred to works devoted to urinary affections.[1]

ACUTE, DESQUAMATIVE NEPHRITIS. ACUTE ALBUMINURIA. ACUTE BRIGHT'S DISEASE. ACUTE, INFLAMMATORY DROPSY.

These several names denote an affection characterized by the presence of albumen in the urine in more or less abundance, and general dropsy. These characteristic features belong alike to the clinical history of certain chronic affections of the kidneys, our knowledge of which dates from the published researches of Richard Bright in 1827. The latter affections will be considered in the next chapter. From these the affection now to be considered differs in being acute, and not involving degenerative structural changes. The acute affection, although involving a certain amount of danger, in a large proportion of cases ends in complete recovery. The chronic affections, involving irremediable structural lesions, sooner or later end fatally. The former has long been familiar to practitioners as the dropsical affection which is apt to occur as a sequel of scarlatina. The character of the affection, however, was not understood prior to the writings of Bright. Much additional light upon its character has been shed by the recent researches of George Johnson.

ANATOMICAL CHARACTERS.—The kidneys are usually increased in volume and weight. The weight of one of the kidneys sometimes amounts to, or exceeds eight ounces, the normal weight being from three to five ounces. The renal substance is in some cases everywhere engorged with blood, but in some cases the cortical portion presents everywhere an anæmic appearance; generally the cortical portion presents engorged and exsanguine patches, in varying proportions in different cases. Red points, more or less in number, are observed upon the surface, and within the cortical portion. These are due to minute ecchymoses. The medullary cones are deeply congested, and the tubes separated at their bases by the swollen cortical substance present an appearance which has been compared to a sheaf of wheat. The surface is smooth, and the capsule is readily removed. The organs offer considerable resistance on pressure.

Microscopical examination, following Johnson, shows an accumulation of epithelial cells within the convoluted tubes, especially marked in the parts which present an anæmic appearance. Some of the tubes contained exuded fibrin. The contents of the tubes, when squeezed out, resemble the epithelial casts found in the sediment of the urine. The microscope shows the red points, apparent to the naked eye, to depend on extravasated blood, and not on congestion of the Malpighian bodies, as formerly supposed. The extravasation takes place into the tubes and also in the intertubular spaces. The epithelium in some of the tubes contains oil in minute quantities. As regards the gross and microscopical appearances, both kidneys are affected in a similar manner and in about an equal degree.

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[1] Bird, on Urinary Deposits, and Thudicum, on the Urine, may be especially mentioned.

Clinical History.—Subcutaneous œdema is a pretty constant symptom, and is usually the first symptom pointing to the existence of this affection. The œdema is generally first observed on the face, particularly below the eyes, but it is speedily observed in the lower extremities, and sometimes occurs first in the latter situation. Coincident with the appearance of the dropsy is more or less febrile movement, frequently preceded by chills or shiverings, together with thirst, anorexia, and pain in the loins. The skin is dry, and the countenance becomes pallid. The dropsy increases and becomes general, varying considerably in amount in different cases. In some cases the anasarca is great, the limbs, scrotum, and penis, or external labia, becoming enormously swollen. In other cases it does not exceed a moderate amount. More or less dropsical effusion usually takes place into the peritoneal and the pleural cavity. Hydrothorax sometimes occurs to such an extent as to occasion great suffering from dyspnœa, and endanger life.

The urine furnishes important symptoms. The quantity is usually scanty. It may be quite small, and suppression sometimes occurs. The specific gravity rarely, if ever, exceeds that of health, viz., about 1.020, and, not infrequently, it is more or less diminished. The diminution denotes deficiency of urea. Tested with heat or nitric acid, the urine is found to contain albumen usually in considerable, and frequently in great, abundance. Not infrequently the urine contains blood. A small quantity of hematin gives to it a smoky or sooty appearance, which is somewhat characteristic of this renal affection. Rayer compares this appearance to that of *bouillon de bœuf.*

Microscopical examination of the sediment of the urine shows frequently blood-globules, together with renal epithelium and crystals of uric acid. But the most characteristic objects are cylindrical bodies which are evidently moulds of the convoluted tubes, and are commonly known as *casts*. These casts are of different kind. Those regarded as especially characteristic of this affection are composed chiefly of desquamated epithelium from the convoluted tubes. Johnson distinguishes them as *epithelial casts*. Their average diameter is about $\frac{1}{700}$ inch. Other casts appear to consist of coagulated fibrin. These are diaphanous or wax-like, and are known as *hyaline* or *waxy* casts. To these casts, epithelial cells, in more or less abundance, are frequently adherent. The waxy casts are of large or small size. If large, the diameter is about $\frac{1}{500}$ inch. If small, the diameter is about $\frac{1}{1000}$ inch. Large waxy casts are comparatively few in number in this affection. Occasionally the casts appear to consist of coagulated blood, that is, of fibrin with adherent blood-globules. These are called *blood-casts*. The renal epithelial cells in the sediment sometimes contain a few oil globules.

Coma and convulsions occur in a certain proportion of cases. These are symptoms of uræmia. Owing to an insufficient elimination of urea by the kidneys, it may accumulate in the blood to an extent sufficient for the manifestations of its toxical effects upon the brain. Vomiting and purging may precede, or occur without the cerebral symptoms of uræmia, being probably due to an effort to eliminate urea through the gastro-intestinal mucous membrane. Impaired vision and amaurosis are among the effects of uræmia occasionally observed.

Complications considered as occurring sufficiently often to show, not merely coincidence, but a pathological connection with the affection, are, bronchitis, pneumonitis, and serous inflammations, especially pleuritis and pericarditis. Pulmonary œdema is an occasional complication.

In the course of the affection, the symptoms are apt to present considerable variation on different days. The quantity of urine, the amount of albumen, etc., vary, and so with respect to the œdema, the effusion into the cavities, and the febrile movement. If uræmic effects and important complications do not occur, the affection continues for a period varying between a few days and a couple of months, the average duration being about four weeks. The approach of convalescence is denoted by notable diminution or disappearance of the dropsy, cessation of febrile movement, return of appetite, and an abundant secretion of urine. Albuminuria usually continues, but in a lessened degree, after the dropsy has disappeared. At length the urine becomes normal and the casts disappear from the sediment. The latter sometimes continue to be found for some time after the albumen has disappeared. The affection may end in complete recovery, or it may eventuate in a chronic affection. The latter is rare. As a rule, if the patient be not cut off by uræmic poisoning or the complications which are liable to occur, the recovery is complete and permanent.

Pathological Character.—The pathological explanation given by Johnson appears to be consistent with our present knowledge. He regards the affection as an acute inflammation of the membrane lining the convoluted tubes; and, as a prominent feature is the desquamation of the renal epithelium, he has suggested, as an appropriate name, *acute, desquamative nephritis*. In this affection, as in the chronic affections which involve structural changes, he regards the secreting cells of the kidneys as the primary seat of the local morbid manifestations, these depending on "an effort made by the cells to eliminate from the blood some abnormal product." According to this pathological view, morbid blood-changes underlie the local affection. The obstruction of the tubes and the loss of secreting cells lead to the transudation of blood-serum, causing the albuminuria, and to the deficient elimination of urea, causing in some cases uræmic poisoning. Exudation of fibrin takes place into more or less of these tubes; hence, the hyaline or waxy casts. The diminished density of the blood-serum from the loss of albumen, together with the embarrassment of the capillary circulation from the retention of urinary principles, occasions the dropsy. An examination of the blood in cases of acute albuminuria shows a lessened proportion of albumen, a low specific gravity, paucity of red corpuscles, and an augmented amount of urea. According to Picard, assuming the normal proportion of urea in the blood to be 0.0177 in 1000 parts, the morbid increase varies between 0.0846 and 0.0215.[1] The bronchitis and serous inflammations which are apt to occur as complications are supposed to be due to the action of urea accumulating in the blood. Vomiting and purging are attributable to an effort on the part of the gastro-intestinal mucous membrane to eliminate the urea vicariously.

Both kidneys being alike affected, the affection is bilateral, a fact which goes to sustain the doctrine of dependence on a morbid condition of the blood. As exemplifying the pathological law of parallelism, and in other respects, the affection is analogous to bronchitis, and, although involving an obvious solecism, the name *renal bronchitis* has been applied to it. The epithelial and other casts contained in the sediment of the urine may be compared to the matter of expectoration in cases of bronchitis.

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[1] Traité des Maladies à Urines Albumineuses, etc., par J. Abeille, Paris, 1863.

CAUSATION.—This affection may occur at any period of life; young infants are not exempt from it. It occurs oftener in males than in females. As already stated, in the majority of cases it is a sequel of scarlatina. It may occur during the progress of scarlatina, or follow directly the stage of desquamation, but it is most apt to occur in the second or third week after the date of convalescence. It is an important question whether this sequel proceed exclusively or chiefly from an agency pertaining intrinsically to scarlatina, or whether it depends on extrinsic causes, such as the action of cold. It occurs in cases in which the utmost care is taken to place the patient beyond the agency of extrinsic causes, but it is probable that the latter are frequently involved.

Exclusive of the cases in which it is a sequel of scarlatina, it occurs in various pathological connections; it is an occasional sequel of diphtheria. It sometimes occurs during the development of pulmonary tuberculosis, in the course of articular rheumatism, in cases of typhoid and typhus fever, erysipelas, measles, and epidemic cholera. Albuminuria and general dropsy occurring in pregnancy depend, in a certain proportion of cases, on this affection. As a primary affection, it occurs especially in persons addicted to intemperance. In these cases it is sometimes difficult to say how much causative agency is to be attributed directly to the action of alcohol and how much to the exposure incidental to intemperance. It is observed not infrequently to become developed after lying on the ground in a state of intoxication. It appears in some cases to be caused by exposure to cold in persons who are temperate, and, finally, it sometimes has no obvious causation.

DIAGNOSIS.—The existence of albuminuria is not, in itself, adequate evidence of either the affection under consideration or of the chronic affections of the kidneys which remain to be considered. Clinical observation shows that albumen may be present in the urine, in a small or moderate quantity and for a brief period, in the course of a great number of diseases. In general, the diagnosis is easily made, being based on the occurrence of anasarca, developed rapidly and accompanied with febrile symptoms, and an examination of the urine showing albumen in abundance. Dropsy is an early symptom in the great majority of cases, but it is sometimes wanting. The diagnosis is then to be based on symptoms pertaining to the urine, in conjunction with general symptoms. In addition to the presence of albumen in the urine, the quantity is usually notably lessened; it frequently has a smoky or sooty appearance from the presence of hematin, and it is sometimes distinctly bloody. The sediment of the urine, examined microscopically, is found to contain, in greater or less abundance, the casts which have been described. The presence of these, in conjunction with other characters pertaining to the urine, and the general symptoms, render the diagnosis positive.

PROGNOSIS.—The danger, in cases of this affection, is from uræmia and the complications which are liable to occur. Coma and convulsions always denote imminent and great danger to life, but recovery sometimes takes place notwithstanding these effects of uræmia. Pleuritis, pericarditis, peritonitis, meningitis, and pneumonitis, developed in the course of the affection, are apt to prove fatal. Œdema of the lungs may prove a cause of death. Dropsical effusion into both pleural cavities may take place to such an extent as to destroy life. I have seen two cases within the last year in which alarming dyspnœa was due to this cause.

Exclusive of uræmia and serious complications, the prognosis is favorable. The affection does not tend to disorganize the kidneys. It is a self-limited affection, seldom continuing more than two months, and rarely assuming a chronic form. Cases of the chronic affections which remain to be considered, as a rule, do not originate in an acute attack.

Uræmic poisoning is to be apprehended when the urine is very scanty, and its specific gravity low; in other words, when the quantity of urea eliminated by the kidneys is small. Suppression of urine lasting twenty-four or forty-eight hours places the patient in imminent danger, and, if it continue, is a fatal symptom. Danger from uræmia is not passed, although the albumen may have disappeared from the urine, if the sediment still contain casts. I have known fatal uræmic convulsions to occur under these circumstances.

TREATMENT.—The treatment embraces the following leading objects: 1. Diminution of the intensity of the renal inflammation, promotion of resolution, and restoration of the secretory function of the kidneys. 2. Diminution or removal of dropsical effusion. 3. Elimination of urea through the skin and gastro-intestinal mucous membrane if uræmia exist or be threatened.

With reference to the first of these objects, rest and warmth of the surface are important. In general, the patient should keep the bed. The diet should be unstimulating. Water and other bland liquids should be allowed as freely as the thirst dictates. Opium should be given very circumspectly, and, as a rule, is inadmissible on account of its tendency to diminish the secretion of urine. Dry cupping over the loins is the best method of revulsion or counter-irritation, and, if the patient be not feeble or anæmic, the scarificator may be employed. General bloodletting is advisable only in cases in which the patients are plethoric and attacked when in good health. As a rule, after scarlatina, in intemperate persons, and whenever the system is enfeebled from any cause, this measure is inadmissible. Fomentations over the region of the kidneys, by means of moistened cloths covered with oiled muslin and several thicknesses of flannel, or the spongio-piline, are useful. Saline laxatives are useful by way of depletion.

With reference to the dropsy, either saline cathartics or more active hydragogues are indicated in proportion to the amount and situation of the dropsical effusion. In cases in which suffering and danger are incident to hydrothorax, the elaterium is the most prompt and reliable hydragogue. I have repeatedly obtained, by means of this remedy, effectual relief in a few hours when the pleuritic effusion was sufficient to occasion alarming dyspnœa. Gamboge is highly recommended by Abeille, given at first in small doses, progressively increased to fifteen or twenty grains. Jalap and the bitartrate of potassa form an efficient hydragogue. Diuretics are not to be relied upon for the relief of the dropsy; the kidneys will not be likely to respond to them. Moreover, they are generally considered as inadmissible, because their action on the kidneys may increase the inflammation. They are, however, recommended as safe and frequently useful by Christison, Bennett, Gairdner, and others. They may, at all events, be tried so soon as the inflammation abates.

Measures for the vicarious elimination of urea are indicated whenever the diminished quantity of urine and its low specific gravity show the elimination by the kidneys to be greatly deficient. By timely meeting this indication, uræmic poisoning may perhaps be forestalled. Of course, measures for this object are urgently indicated when uræmic poisoning has taken place. Hydragogue cathartics are the most efficient, and next to these the hot-air bath. Both are to be employed in alternation if uræmic coma or convulsions have occurred. If the indication be not urgent, salines and sudorific remedies may suffice. An eligible sudorific remedy is the liquor ammoniæ acetatis in half ounce doses thrice daily. The statement with respect to the use of diuretics, with reference to dropsy, of course, is equally applicable to their use for the elimination of urea. They may be cautiously given for both objects when the kidneys begin to act spontaneously. The bitartrate of potassa, digitalis, and the decoction of broom are eligible diuretics.

During convalescence, carefulness as regards diet, exercise, and exposure to cold, is important. Tonic remedies, and especially preparations of iron, are generally indicated.

My clinical records furnish illustrations of complete recovery from this affection when the dropsy was excessive, when life was threatened by hydrothorax and œdema of the lungs, and also after the occurrence of uræmic coma and convulsions.

CHAPTER II.

Degenerative Changes or Lesions of the Kidneys generally Characterized by persistent Albuminuria, collectively termed Chronic Bright's Disease or Chronic Albuminuria—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment.

THE researches of Bright form a memorable epoch in the history of pathology and practical medicine. Prior observers had been led to the discovery of albuminuria and its connection with general dropsy, and it had long been known that the suppression of urine was followed by coma, convulsions, and death. But Bright was the first to point out the existence of certain morbid conditions of the kidneys, generally characterized by the presence of albumen in the urine, and, leading to secondary affections, in addition to general dropsy, and to fatal toxical effects dependent immediately on the accumulation of urinary principles in the blood. The morbid conditions of the kidneys described by Bright have been considered as constituting an affection commonly known as *Bright's disease.* Subsequent observers have added much to our knowledge of these conditions, especially as regards the information obtained by means of the microscope. Our knowledge of the blood-changes induced by these conditions, and of ulterior morbid phenomena, has also been much increased by continued clinical observation. The vast importance of the researches of Bright is manifest when it is considered how largely, at the present time, the morbid conditions embraced under the name Bright's disease enter into medical practice.

Under the name Bright's disease, are commonly embraced the acute affection considered in the last chapter, and the chronic, renal lesions which are now to be considered. With respect to the morbid conditions in the acute and chronic form of Bright's disease, there are differences of opinion among pathologists, some regarding them as different stages or modifications of one disease, and others considering them as essentially different affections. The grounds for considering the acute disease as distinct from the chronic have already been referred to. It seems to me sufficiently clear that the term chronic Bright's disease embraces different affections; but, with our present knowledge, it is not always practicable to discriminate them at the bedside. I shall therefore consider them under one head, noticing incidentally ascertained points of difference relating to anatomical characters, clinical history, etc.

Chronic Bright's disease, considered as embracing degenerative changes or sions of the kidneys and characterized generally by albuminuria, is of rather equent occurrence; it is not, at all events, rare. It is important as stand- g in a causative relation to dropsy in a certain proportion of the cases et with in practice, as giving rise to uræmia, and as liable to be associated ith various affections.

Anatomical Characters.—The morbid appearances of the kidneys in fferent cases of chronic Bright's disease are far from uniform. The differ- ıces, as regards gross appearances, have led pathological observers to divide e disease into several forms. Bright described three forms, which he con- lered as "different modifications of diseased action." This arrangement followed by Christison and Frerichs, who regard the three forms as repre- nting different stages of the disease. In these divisions the morbid con- tions in the acute affection are included. Including these conditions, okitansky described eight, Martin Solon five, and Rayer six different rms. Johnson, basing his divisions in a great measure on microscopi- l appearances, considers that there exist five forms. Waiving, for the esent, the pathological relations of different forms to each other, it swers all practical purposes to reckon them as four in number, to wit, 1. ıe form called, after Bright, the large white kidney; 2. The hard con- ıcted kidney; 3. The fatty kidney; and, 4. The lardaceous, amyloid or ıxy kidney. These forms are undoubtedly not infrequently mixed, that is, o or more forms may be represented in the same kidney. I shall notice, iefly, the appearances, gross and microscopical, which belong to these ms severally, referring the reader for a fuller description to works on rbid anatomy or monographs treating of the disease under consideration.[1]

1. *Large white kidney.*—The organs are more or less enlarged and their ight is increased. The increased weight of each kidney may reach or ceed twelve ounces, the normal weight being from three to five ounces. e surface is usually smooth; the color, as the name imports, is white or itish. The color in some cases is uniform, but in other cases the surface sents a mottled or marbled aspect; the enlargement is in the cortical tion. The pyramidal cones sometimes preserve their compact appearance l well-defined outline, but in some cases they are more or less compressed, iterated, and the tubes separated from each other. The cortical portion, as ule, and sometimes the medullary portion are devoid of blood, or anæmic. e surface is frequently dotted with numerous white or grayish points, and, en the organ is bisected longitudinally, these are also observed on the ised surfaces; occasionally the exterior surface presents small granula- ns. The vessels upon the exterior surface present an arborescent or stel- arrangement; on the incised surfaces vessels are scarcely visible. The ans are rather flaccid, less resisting than the healthy structure, but not ably softened. A variable amount of turbid serum exudes on section.

Microscopical examination shows an accumulation within the uriniferous es of disintegrated epithelium and granular matter, with a small or mode- proportion of fatty granules or oil drops.

Small cysts are occasionally observed, but these belong more especially to ther form of disease.

For an elaborate account of the morbid anatomy, the reader is referred to a re- of the "Remarks on Albuminuria," made before the New York Academy of icine, by Prof. A. Clark, contained in the American Medical Times, 1862. The or would express his indebtedness to this Report, for details relating to the ana- ical characters and clinical history.

The large white kidney is the form of disease usually existing when the chronic has been preceded by the acute affection.

2. *Hard, contracted kidney.*—The kidneys, in this form, offer a striking contrast to the appearances in the form just noticed. The organs, in well-marked cases, are notably reduced in volume and weight. Both kidneys, in a case of extreme atrophy cited by Wilks, weighed only an ounce and a half. The cortical portion especially is diminished, and, in extremely marked cases, the medullary cones extend to the exterior surface, and their sides may be nearly in contact. The organs are abnormally dense and resisting. The capsule is with difficulty detached, and, when forcibly removed, brings away portions of the torn parenchyma; the exterior surface is sometimes smooth, and is sometimes roughened by irregular elevations, which may present a hob-nailed appearance.

The microscope shows absence of the epithelial structure within more or less of the uriniferous tubes, and an abundance of granules. The tubes are shrunken, and more or less of them are obliterated. Frequently, numerous cysts are seen with the microscope, and not infrequently they are visible to the naked eye. Fibrous tissue appears to be notably more abundant than in the normal kidney. According to Clark and others, this appearance is due to an actual increase of this tissue, as a morbid production. This is denied by some, who explain the apparent increase by the close juxtaposition of the fibres which compose the matrix of the kidney and by the destruction of the tubes.

This form of disease has an obvious resemblance to cirrhosis of the liver. The terms *atrophied* and *fibrous* kidney are applied to this form of disease, the latter term implying an abnormal production of fibrous tissue.

3. *Fatty kidney.*—Oil-drops or granules of fat are contained in the epithelium of the convoluted tubes of the large white kidney and in the kidneys after death from the acute affection. They are in excess in the so-called fatty kidney. The organs are more or less enlarged, rather soft and yielding to pressure, and of a yellowish or fawn color. The incised surfaces have a greasy feel. When the organs are bisected, if serum escape, oil-globules are sometimes seen in abundance, floating upon the liquid. The weight of a single kidney may reach fourteen ounces, or even more.

The microscope shows epithelial cells distended with oil, together with free oil and granules of fat within and between the tubes.

The propriety of considering this as a distinct form is denied by some, on the ground that the fatty matter is produced by a degeneration of other morbid products. It is, however, by no means certain that the fatty matter is thus produced. Clark regards the presence of fat as an accidental complication of other changes with which, in his experience, it is always associated.

The fatty kidney bears an obvious resemblance to the fatty liver, and the two are apt to be associated.

4. *Lardaceous, amyloid, or waxy kidney.*—This is a rare form of disease. The appearances have been described in a former part of this work.[1] It is generally associated with a similar condition of the liver and spleen. The organs may or may not be increased in size. They are dense and firm, the cut surfaces are smooth and present a translucent appearance like wax. "In extreme forms, the organs look as if they had been soaked in a substance like glycerine or balsam, which had subsequently hardened and enveloped all the tissues."

On microscopical examination, all the different structures entering into the composition of the kidney are found to be infiltrated with a peculiar product which has been elsewhere considered.

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[1] *Vide* page 49.

In examining bodies dead with various diseases, especially in hospitals, the kidneys are frequently found to present degenerative lesions which had not been suspected during life. It remains to be ascertained how far morbid changes in these organs may proceed without giving rise to serious morbid effects.

Of the four forms of disease just noticed, the point of departure for the local morbid process or processes, in the first three, is within the secreting tubes. It is also to be noted that both kidneys, in all the forms, are, as a rule, affected in the same manner, and in about an equal degree. These morbid conditions, therefore, are among those distinguished as symmetrical or bilateral.

The different forms of disease or morbid conditions of the kidneys agree as regards the immediate pathological effects which are liable to ensue. A brief consideration of these immediate effects will prepare the reader to understand the symptomatic phenomena which make up the clinical history of chronic Bright's disease. The same effects are involved in the clinical history of the acute affection. They are resolvable into two classes, viz., *first*, interference with the secretory function of the kidneys, especially as regards the elimination of urea; *second*, interference with the circulation in the kidneys.

The secretory function is interfered with in two modes. One mode is mechanical, viz., the obstruction or plugging of the convoluted tubes by disintegrated epithelium, granular matter, fat, and the deposit known as lardaceous, amyloid, or waxy. The other mode is the destruction, to a greater or less extent, of the secreting structure. In certain cases the epithelium of the convoluted tubes is injured or lost, the tubes being sometimes completely denuded of their epithelial lining. The circulation is also interfered with in two modes. One mode is the pressure of morbid products on the inter-tubular veins, sometimes called the portal veins of the kidney, the morbid products being detached epithelium, granules, and other deposits either within the tubes, in the inter-tubular spaces, or in both situations, and, as a consequence of this pressure, congestion of the veins, and especially of the Malpighian tufts. The other mode involves the dependence of the circulation on the functional activity of the kidneys. If the secretory function be impaired, congestion follows in accordance with a general law, viz., that whenever in any organ the function of that organ is interfered with, the interference extends to the circulation. Much importance is attached by Johnson and others to congestion produced in this way by pathological conditions of the kidneys interfering with their secretory function.

Tracing the consequences of the morbid conditions of the kidneys a step further onward, two classes of ulterior effects are liable to follow. *First*, uræmia. This ulterior effect is attributable to the non-elimination of urea. *Second*, albuminuria. This ulterior effect is attributable to interference with the circulation in the kidneys. Instead of the transudation of water holding in solution the solid constituents of the urine, the serum of the blood transudes, containing albumen.

The symptoms now to be considered are rendered, in a great measure, intelligible by connecting them with the immediate and ulterior effects just noticed.

CLINICAL HISTORY.—The morbid conditions embraced under the name chronic Bright's disease sometimes follow the acute affection. This statement applies especially to the large white kidney. But, as a rule, they are developed imperceptibly, constituting, from the first, a subacute affection. In a large proportion of cases, the event which first directs attention to the existence of renal disease is dropsy. Prior to this event, the patient for some time may have been sensible of impaired strength, and the appearance may have denoted anæmia; but not infrequently, up to the time when dropsy is noticed, the patient was not aware of any deterioration of health. The first appearance of dropsy is œdema around the eyes or of the lower extremities, or in both situations simultaneously. As regards the amount of dropsy and the rapidity with which it increases and is diffused, different cases differ. It may exist and remain in so slight a degree that its existence is only ascertained by close examination, and it may escape the attention of the patient. On the other hand, in certain cases, anasarca occurs either rapidly or slowly, the limbs, body, and especially the genitals, becoming enormously swollen, with more or less effusion into the serous cavities. A convenient place for determining, by palpation, a small amount of anasarca is over the sternum.

The different forms of disease do not equally give rise to general dropsy. It occurs most constantly, and is most marked, in connection with the large white kidney. It is wanting in a certain proportion of cases, and in these cases the most frequent form of disease is the contracted kidney. This form of disease is also rendered probable by a small amount of albumen in the urine. Of 430 cases collected from different authors and analyzed by Frerichs, general dropsy existed in 376 and was wanting in 34. The rationale of renal dropsy has been considered in another part of this work.[1] Suffice it to repeat here that this event has relation especially to the excretion of albumen with the urine. The loss of albumen diminishes the density of the blood-serum, which has been observed to fall from 1.030, the normal standard, to 1.010. Moreover, the loss of albumen impedes the capillary circulation, and this leads to congestion, the viscosity of the blood, due measurably to the presence of albumen, being necessary to its free passage through the capillary vessels. And, again, not infrequently the amount of water eliminated through the kidneys is much diminished. It is intelligible that the low density of the blood-serum, the venous congestion arising from capillary obstruction, and the accumulation of water in the blood, give rise to dropsical effusion. The almost invariable occurrence, and the great amount of dropsy in connection with the large white kidney, as well as in cases of the acute affection, are explained by the interference with the circulation in the renal organs. On the other hand, the lesser amount of dropsy and its occasional absence in connection with the contracted kidney are explained by the fact that the interference is not so much with the circulation as with the secretory function of the kidneys. *Cæteris paribus*, the dropsy is in proportion to the abundance of albumen in the urine.

General dropsy and albuminuria are symptomatic of the morbid conditions in Bright's disease in the great majority of cases. The presence of albumen in the urine, however, is by no means distinctive of these conditions. Albuminuria occurs in the course of many diseases. But, occurring independently of Bright's disease, it is transient, and the quantity of albumen in the urine is usually small. As a symptom of Bright's disease, the albuminuria is persistent. Frequently the quantity of albumen is large, but this by no means holds true of all cases; the quantity of albumen is sometimes quite small in cases of Bright's disease, and albuminuria does not invariably exist.

The appearance of dropsy, in the majority of cases, leads the practitioner to examine the urine for albumen. But the albuminuria, in these cases, doubtless had existed for a considerable and perhaps for a long period pr to the appearance of dropsy. In testing the urine for albumen by the usual methods, viz., by nitric acid and heat, certain sources of fallacy are to be kept in mind. Heating the urine, if it be alkaline, sometimes causes the phosphates to be thrown down, which present an appearance resembling that of coagulated albumen. This fallacy is detected by adding a few drops of nitric or any acid, which causes the re-solution of the phosphates. Again, if the urine be alkaline, heat carried to the boiling point will not always coagulate the albumen, unless the alkalinity be removed by a few drops of acid. Adding nitric acid to a fresh specimen of urine sometimes leads to the disengagement of uric acid in abundance, which may render the urine opaque as if albumen were present. To avoid error, specimens should be tested with both heat and nitric acid.

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[1] *Vide* page 45.

The albumen in the urine is especially abundant in connection with the large white kidney. It may be small in quantity in the other forms of disease, more especially in connection with the contracted kidney. Not very infrequently, in the latter form, the urine is not albuminous; and the evidence of renal disease, obtained by an examination of the urine, must rest, in these cases, on other points, particularly on the presence of casts in the sediment.

As a rule, general dropsy is marked in the cases in which the albumen in the urine is very abundant, and, *per contra*, general dropsy is slight or wanting in the cases in which the urine contains but little albumen or none whatever.

The quantity of urine varies much in different cases, and at different periods of the same case. The acts of micturition are frequently increased, but in the majority of cases the quantity is below the average of health, which is from 30 to 60 ounces. Not infrequently the quantity is much diminished. Occasionally it is increased. The latter occurs especially in connection with the contracted kidney. The color of the urine also varies, but, as a rule, it is limpid or devoid of color. The specific gravity is an important point as denoting deficiency, or otherwise, of the solids, more especially urea. As a rule, the specific gravity is more or less diminished. An increase of the specific gravity, which is sometimes found, is due to diminution of the water of the urine. Diminution of the specific gravity, the quantity of urine not being increased, denotes deficiency of urea. Of course, the deficiency of urea is greater in proportion as the quantity of urine is diminished, and the specific gravity reduced. By ascertaining the quantity of urine passed in the 24 hours, and determining the specific gravity with the urinometer, the condition, as regards the amount of urea, is determined roughly, but with sufficient precision for ordinary practice. The amount of urea may be determined with much greater accuracy, and without much inconvenience, by volumetric analysis. The method proposed by Dr. Edmund W. Davy[1] will be found readily available. The amount of urea excreted in 24 hours varies between four and six hundred grains. The range of variation within healthy limits is wide, and the fluctuations in different diseases are yet to be ascertained. In affections of the kidneys, to determine the amount of urea in the urine is important as showing to what extent the affections interfere with the excretory function of those organs. The liability to the phenomena and dangers of uræmia are proportionate to the deficiency of urea in the urine. As evidence of defective renal elimination, it is stated by a French author, De Beauvais, that the characteristic odor of violets after copaiba has been taken, and the peculiar offensive smell after eating asparagus, are wanting in certain cases of Bright's disease. The correctness of this statement has been verified by Clark. Urine deficient in urea decomposes slowly, and has not the strong ammoniacal odor of putrescent, healthy urine.

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[1] This method requires a strong glass tube, fourteen inches long, half an inch in diameter, and closed at one end. The tube is to be graduated, from the closed end, into cubic inches subdivided into 10th and 100th. To ascertain the amount of urea, the quantity of urine passed in 24 hours is to be preserved and carefully measured. Enough mercury to occupy a little more than one-third of the cavity is to be poured into the tube, and upon this half a drachm or a drachm of the urine carefully measured. The tube is then to be filled with a solution of the hypochlorite of soda, and the open end instantly covered with the thumb. The tube is now to be inverted once or twice, and opened under a saturated solution of common salt in water, contained in a strong cup or mortar. It is left in an upright position until the evolution of gas ceases, which is usually after three or four hours. The amount of gas formed is then read off on the tube. One grain of urea is represented by 1.549 cubic inch of gas. Having ascertained the amount of urea in the half drachm or drachm of urine contained in the tube, the amount contained in the whole quantity of urine is readily ascertained. The urea is decomposed by the hypochlorite of soda, and the gas evolved and measured is nitrogen.

Deficiency of urea bears no uniform relation to the albuminuria in cases of Bright's disease. The urea may be greatly deficient, when the urine contains but little albumen or none whatever. This occurs especially in connection with the contracted kidney.

A microscopical examination of the sediment of the urine may reveal important morbid appearances. In certain cases, in which albuminuria is wanting, morbid products derived from the secretory tubes, in the shape of casts, conjoined with a deficiency of urea, may be the chief evidence, afforded by the urine, of the existence of serious renal disease. And the casts are important to be considered in connection with the presence of albumen in the urine. Epithelial casts have been stated to be characteristic of the acute affection. Casts composed in part, or chiefly, of granular matter denote a chronic affection. They are distinguished as *granular casts*. Casts, in which epithelial cells are filled with oil, or to which oil globules are adherent, called *fatty casts*, are significant of the presence of an abnormal amount of fat within the secretory tubes. *Hyaline* or *waxy casts* are likely to be present. These have an important significance according to their size. If small in size, they are formed in tubes in which the epithelial structure is intact; but if large, they are formed in tubes in which the epithelium is lost. When only $\frac{1}{500}$ of an inch in diameter, they are nearly as large as the tubes themselves, and, hence, the latter must be denuded of their epithelial lining. Granular and large waxy casts in abundance are symptomatic of destruction of the secretory tissue, and they may be present when the urine is not albuminous. Waxy casts may be dissolved by urine which has become alkaline from the decomposition of urea.

In addition to casts, the sediment of the urine may be found to contain renal epithelial cells more or less deformed, or containing oil-drops and granular matter. Other microscopical appearances, such as uric-acid crystals, crystals of the oxalate of lime, spores of penicillium glaucum, etc., have no special pathological significance.

Passing to other symptoms, pallor of the countenance, due to anæmia, is generally more or less marked. The anæmia is, doubtless, measurably, if not chiefly, owing to the loss of albumen; it is most marked in cases in which albuminuria and general dropsy are marked. On the other hand, in certain of the cases of contracted kidney in which albuminuria and dropsy are slight and wanting, pallor is not always a marked symptom. Œdema and pallor combined give to the face an appearance highly characteristic of Bright's disease.

Symptoms referable to the digestive system are more or less prominent. Indigestion or dyspeptic disorder is common. Flatulency of the stomach is a frequent symptom. Vomiting and purging are prominent and persistent symptoms in certain cases. The probable explanation in these cases is, the urea, being insufficiently excreted by the kidneys, is vicariously eliminated by the gastro-intestinal mucous membrane. The experiments of Bernard and Barreswil, which have been often repeated—viz., removing the kidneys in inferior animals—show vomiting and purging to occur before death takes place from uræmia, and either urea or the carbonate of ammonia is found in the dejections and contents of the alimentary canal. The vomiting is often sudden and violent, called by Goodfellow "explosive vomiting." Occurring sometimes without dropsy, it may lead the practitioner to suppose that the stomach is the seat of the disease. Prof. Clark cites a case which came under his observation, in which, from the persistency of the vomiting and notable pallor, the patient was supposed to have cancer of the stomach. In view of the explanation just given, the vomiting and purging are to be regarded as conservative; yet, in the cases in which the vomiting is so constant that everything is rejected from the stomach, it may prove an immediate cause of death by interfering with alimentation. In the case cited by Clark, it became necessary to attempt to nourish the patient by injections. Vomiting and purging are likely to be prominent in the cases in which the secretory function of the kidneys is interfered with—in other words, when the quantity of urea in the urine is notably diminished. These symptoms, however, do not always precede or accompany uræmic poisoning.

Symptoms referable to the respiratory system may be produced by pleural dropsical effusion, or hydrothorax, by pulmonary œdema, and by œdema of the glottis. These might be embraced under the head of the complications of Bright's disease. Pleuritic effusion and œdema of the lungs, sufficient to occasion notable embarrassment of respiration, are apt to occur more especially when disease of the heart, involving mitral contraction or regurgitation, or both, coexists with the renal disease. Under these circumstances, the pleural cavities may become nearly filled with serum; œdema of the lungs, under these circumstances, is sometimes developed to such an extent as to prove the immediate cause of death. The occurrence of the œdema is sometimes very sudden, and it may prove quickly fatal. In some cases, however, the œdema disappears, even when life has been placed in imminent danger. In a case now under my observation, the patient several months ago had repeated attacks of pulmonary œdema, which nearly proved fatal, but he recovered from them and has not of late had a recurrence, although general dropsy still exists to a great extent. Œdema of the glottis is an accident liable to occur and prove rapidly fatal. It sometimes occurs in cases in which the general dropsy is moderate, or slight, or even wanting.

Symptoms referable to the nervous system are among the most important of those belonging to the clinical history of the disease. Pain in the back is rarely prominent and frequently wanting in chronic Bright's disease. Cephalalgia is a frequent symptom. It may precede as well as accompany the symptoms which point to the existence of renal disease. Neuralgic pains in other parts of the body are common; attacks of vertigo are not infrequent. Troubles relating to vision constitute, in certain cases, important symptoms. Diplopia or double vision, hemeralopia or night-blindness, myopia, and presbyopia are attributed, and perhaps fairly attributable, to the disease. Including these forms of disorder, it would appear that vision is more or less affected in a pretty large proportion of cases; but, exclusive of these, obscurity or loss of sight—that is, amaurosis, complete or incomplete—is not of extremely rare occurrence. I have met with six or eight examples in an experience embracing at least an hundred cases of chronic Bright's disease. Generally both eyes are affected, but the amaurosis is sometimes limited to one eye. The degree of amaurosis, when not complete, varies in different cases, and it is sometimes variable at different periods in the same case. It occurs in the acute affection, especially when developed in connection with scarlatina and pregnancy; and under these circumstances it may be temporary, sometimes disappearing and returning during the course of the affection. But, in chronic Bright's disease, so far as my observation goes, it is persistent—either progressively increasing, or remaining stationary when it has reached a certain amount. The amaurosis may precede other symptoms pointing to renal disease; it is generally due to morbid conditions seated in the retina, and examinations by means of the microscope after death, and by the ophthalmoscope during life, have shown hyperæmia or congestion, points of ecchymosis, and the deposit of fatty matter. These conditions obtain in the majority of cases, but in some cases no material change is discoverable. Deafness, hemiplegia, paraplegia, and paralysis limited to a single member have been observed to follow or accompany uræmic coma and convulsions.

The symptoms just named, viz., coma and convulsions, are the most important of those referable to the nervous system. They occur in a pretty large proportion of cases, and are generally forerunners of a fatal termination. In chronic Bright's disease, as in the acute affection, they proceed from uræmic poisoning; they are, therefore, among the ulterior effects of interference with the secretory function of the kidneys. They are consequently most apt to occur when the secretory structure of the organs is extensively destroyed, and, hence, especially in connection with the contracted kidney. In acute Bright's disease they always denote great danger, but in chronic Bright's disease the danger is vastly greater.

Coma may precede or follow convulsions, and it occurs in some cases and death takes place without the occurrence of convulsions Occasionally coma occurs suddenly, and it is probable that, before uræmia was understood, certain of the cases of so-called nervous apoplexy were cases of uræmic coma. Generally it is developed gradually, the patient being more or less somnolent, dull, or lethargic for several days before becoming profoundly comatose. The coma is sometimes quiet and in some cases accompanied by stertor. Marked dilatation of the pupils is sometimes observed. The face is congested, sometimes becoming livid, and death is preceded by tracheal rales.

Convulsions, in some cases, are preceded by coma, and, in other cases they precede coma. They are epileptiform in character, varying much in degree and extent in different cases. They occur in paroxysms, which may be repeated at short intervals, the patient, in the intervals, being completely comatose, the convulsions at length ceasing, and the coma continuing until death. This is the rule, but, exceptionally, after a paroxysm or paroxysms of convulsions, the patient recovers intelligence, and hours, days, or weeks elapse before a recurrence takes place. Convulsions not following coma are generally preceded by symptoms referable to the head, such as cephalalgia, vertigo, and mental excitation sometimes amounting to delirium. Contraction or rigidity of certain muscles has been observed to precede convulsions, but they sometimes occur suddenly without any premonitions.

Delirium, which has just been mentioned as sometimes preceding convulsions, is occasionally a prominent feature in cases of uræmic poisoning occurring in connection with both acute and chronic Bright's disease. It is characterized, in some cases, by remarkable hallucinations. Abeille cites a case in which the patient for several successive nights fancied he heard numerous voices singing a particular song. The delirium may be quiet or gay, or sad, and it is sometimes furious or maniacal.

Uræmic poisoning, as manifested by delirium, coma, and convulsions, occurs in cases of Bright's disease with abundant general dropsy; but it is more apt to occur in cases in which dropsy is slight or wanting. It may follow copious vomiting and purging, but it is observed to occur oftener ases in which these symptoms are slight or wanting. The symptoms of ræmic poisoning are sometimes the first to direct attention to the kidneys s the seat of disease. In illustration of this fact the following case is cited y Prof. Clark: "A merchant in rather delicate health, but still sufficiently trong to pursue his business, was suddenly and unexpectedly seized one vening with convulsions. He had not previously been sick enough to consult a physician. He had several of these attacks in the course of the night nd died in the course of the next day. The post-mortem examination evealed the existence of contracted kidney and no other disease which could ave caused his death. One of the kidneys weighed only an ounce and a alf."

The complications which arise in consequence of an intrinsic tendency of he disease form an important part of the clinical history. Several affections, ncluded among the symptomatic events, might be considered in the light of omplications, viz., œdema of the lungs, œdema of the glottis, muscular aralysis, and amaurosis. Other secondary affections are liable to be deveoped. Among the more important of these are pneumonitis, pericarditis, eritonitis, pleuritis, and meningitis, all, with the exception of the first, erous inflammations. With respect to the relative frequency of the occurence of these affections as complications, statistics from different sources are ot available, because cases of the acute affection are, in general, included. oreover, statistics based on the coexistence of other affections, as ascerained after death, do not show their development to be secondary; they may ave existed prior to the existence of the renal disease. Cirrhosis of the iver and fatty liver are not infrequently associated with Bright's disease, but hey are to be considered as concomitant, not secondary affections. This tatement will probably apply to pulmonary tuberculosis. Epistaxis and emorrhages in other situations may be here mentioned as of not infrequent ccurrence.

The coexistence of cardiac lesions in a certain proportion of cases has iven rise to discussion as to whether they sustain a relation of cause or ffect to the disease of the kidneys. Lesions of the valves, either without or ith an affection of the walls of the heart, and more especially enlargement ithout valvular lesions, are found to be associated with Bright's disease in pretty large proportion of cases. An analysis of the records of the fatal ases at St. George's Hospital, London, during ten years, by Dr. Thos. K. hambers, showed disease of the heart in 274 out of 454 cases of Bright's isease, that is, 60 per cent. On the other hand, an analysis of 1707 fatal ases in which Bright's disease did not exist showed 512 cases of diseased earts, that is, 30 per cent. It would seem to be an inference from these cts that the liability to disease of heart in a person affected with Bright's isease is much greater than the liability to Bright's disease in a person ffected with disease of the heart. Again, Dr. Chambers analyzed 1371 ases in which the heart was healthy, with reference to the existence of right's disease, and found the latter in 175 cases, or a fraction over 12 per ent.; whereas, in 785 cases in which the heart was diseased, Bright's disease xisted in 273 cases, or 34 per cent. From these data Dr. Chambers educes, as a probable conclusion, that "Bright's disease is a frequent cause f cardiac affections, but cardiac affections are not a frequent cause of right's disease." The cases analyzed were of the acute, as well as chronic rm of the disease.

In these statistics, doubtless, the heart was considered as diseased whenver lesions of any kind were noted. Now, valvular lesions often, and lesions f the walls of the heart to a certain extent, are either innocuous or give se to no serious results, and only the lesions which do occasion a certain amount of disturbance of the circulation can be supposed to stand in a causative rélation to disease of the kidneys. Eliminating cases in which lesions are not of a character to occasion notable disturbance of the circulation, the number of cases exemplifying the coexistence of disease of heart and disease of the kidneys would probably furnish but little, if any, ground for the conclusion that the former stands in a causative relation to the latter. Of the 100 fatal cases studied by Bright, cardiac disease coexisted in 49. But of these 49 cases only 8 had valvular lesions with enlargement. In the remainder the heart was considered as simply hypertrophied, or valvular lesions existed without enlargement. With reference to the suspicion of causation derived from pre-existing cardiac disease, all the cases, save 8, should be excluded. In 30 fatal cases, reported to the New York Academy of Medicine by Prof. Clark, cardiac disease existed in only 3. In one of these three cases the lesions were those of old pericarditis with enlargement, and in another of these cases there was simple hypertrophy. On the whole, if a relation of cause and effect exist between disease of the heart and Bright's disease, that is, if either the association be not merely a coincidence, or both are not effects of a common causation, the cardiac disease is to be considered as secondary. And if the renal disease tend to produce disease of the heart, in view of the fact that, in a pretty large proportion of the cases in which the two diseases are associated, the cardiac lesion is simple hypertrophy, the explanation given by Bright is still the best that can be offered. Bright, remarking the number of cases in which simple hypertrophy (a rare cardiac lesion) coexists with the disease which has received his name, and regarding the former as an effect of the latter, explains the causation by supposing that the "altered quantity of the blood so affects the minute and capillary circulation as to render greater action necessary to force the blood through the distant subdivisions of the vascular system." It may be added that Bright's disease has probably been supposed to become developed consecutively to disease of the heart, in not a few cases incorrectly, from the occurrence of albuminuria, which is not an infrequent symptom of cardiac disease.

Chronic rheumatism is sometimes associated with chronic Bright's disease. This association was observed by Christison. It may, however, be doubted whether it occur often enough to establish any pathological connection. Todd, and other British writers, have observed the frequent association of gout and the contracted kidney. This form of Bright's disease is called by Todd the *gouty kidney*. Gout in this country is, comparatively speaking, a rare disease, but the contracted kidney is by no means rare. The union of these diseases is an infrequent occurrence with us.

PATHOLOGICAL CHARACTER.—In respect of the pathological character of chronic Bright's disease, a point of inquiry, already adverted to, at once arises, viz., does the name denote one disease or does it embrace several distinct affections? Pathologists are not agreed on this point. Bright regarded the different conditions of the kidneys, in the acute and chronic affection, as representing different modifications or phases of disease. Christison regards these conditions as representing successive periods of one disease, viz., an incipient, middle, and advanced stage. Frerichs, adopting the doctrine previously advanced by Reinhardt, of Berlin, advocates the unity of the acute and chronic affection, and also recognizes three stages. The first stage, according to this author, is characterized by congestion or hyperæmia, and exudation; in the second stage the exuded matter undergoes fatty degeneration, and in the third stage the fatty matter is absorbed. The diversity of appearances, after this theory, are explained by various circumstances pertaining to the deposit, its transformation and removal by absorption. A summary of this doctrine, which appears to have been generally adopted in Germany, and, until lately, to a considerable extent in other countries, is concisely expressed in the following quotation from Johnson: "An engorgement of the renal bloodvessels, an effusion of inflammatory products, a more or less complete and general metamorphosis of these products into fat, and finally, atrophy and wasting of the kidneys. The small contracted kidneys have once been fatty; the large, pale kidneys are in constant progression towards atrophy and contraction." Prof. Clark regards the diversities in the morbid anatomy as proceeding from different modifications of morbid action, together with incidental or accidental changes arising from the state of the blood or the condition of the system. In contrast with these views, Johnson, Wilks, and probably the majority of pathologists at the present time, consider, in the first place, acute and chronic Bright's disease as denoting different affections, and, in the second place, that different affections are embraced under the name chronic Bright's disease. The propriety of considering the acute and chronic affection as distinct has already been considered. Without entering into discussions which would be inconsistent with the plan of this work, I shall simply offer some considerations in behalf of the opinion that the different morbid conditions enumerated under the head of the anatomical characters of chronic Bright's disease represent different affections.

The morbid conditions or forms of disease just referred to are, the large white kidney, the hard contracted kidney, the fatty kidney and the degenerative change known as lardaceous, amyloid, and waxy. Of these different affections, the first two are the most frequent, and the last is of rare occurrence. They are not infrequently combined, as already stated. In like manner, similar morbid conditions of the liver are not infrequently found in combination. Limiting attention to the large and contracted kidney, evidence that these two forms are not different stages of one affection is afforded by the fact that the previous clinical history in cases of the contracted kidney does not present the symptoms which pertain to the large kidney. As has been seen under the head of the clinical history, the symptoms of the large and contracted kidney are, to a considerable extent, distinctive; so much so that the differential diagnosis, as will presently be seen, may be made with much confidence. The immediate pathological effects in the kidney differ; in the contracted kidney the secretory function, and in the large kidney the circulation being especially interfered with. Cases of the following description are met with in practice: A patient is suddenly attacked with uræmia, there having been no manifestations of any affection of the kidneys prior to the attack, and the patient, perhaps, having been up to that time apparently in good health; death speedily follows, and a post-mortem examination reveals contracted kidneys. In such cases, it seems altogether improbable that the large kidney has existed without any of the symptoms belonging to that form of disease. Again, cases are not infrequent in which albuminuria exists for a long period, with general dropsy, and the large kidney is found after death. Now, when the disease is thus prolonged, if the views held by Christison and Frerichs be correct, the post-mortem examination should have revealed the contracted kidney. The opinion that the fatty kidney is intermediate between the large white and the contracted kidney is purely conjectural. There is as much ground for the opinion that cirrhosis of the liver is always preceded by a fatty liver. The condition, as regards fibrous tissue and the secretory structure, which exists in the contracted kidney, may be combined with the fatty condition, notwithstanding the two conditions are pathologically distinct, just as fatty liver and cirrhosis may be combined. Finally, the anatomical characters of the lardaceous, waxy or amyloid kidney, are sufficient to show this to be a distinct pathological condition.

The pathological character of the morbid conditions, severally, of the kidneys into which Bright's disease is resolvable is another point of inquiry. In the large white kidney the affection is probably inflammatory, the chronic inflammation being seated within the uriniferous tubes. This is a fair inference from the fact that this form of disease is found in cases in which the acute affection has preceded. In the hard contracted kidney, if newly-formed fibrous tissue exist, this would seem to imply inter-tubular or interstitial inflammation, as in cirrhosis of the liver. In the fatty kidney, fat is deposited, as in other organs, probably in consequence of its undue accumulation in the blood. The lardaceous deposit is probably a result of a prior blood-change. In all the morbid conditions the affection of the kidneys is to be regarded as the localization or local manifestation of a constitutional affection which probably involves blood-changes, the latter being dependent on perverted assimilation. That the pathology embraces blood-changes may be inferred from the law of parallelism which these affections exemplify. This law holds good certainly in the vast majority of cases. If one kidney be enlarged, the other is likewise enlarged, and so with respect to contraction; we rarely find one kidney increased in size and the other atrophied. If one kidney be fatty, so is the other, etc. Of the nature of the antecedent blood-changes we are ignorant, but we are not more in the dark here than with respect to other affections which, in like manner, are considered as constitutional.

Causation.—In a small proportion of cases, chronic Bright's disease follows the acute affection. The causes, in these cases, are those which give rise to the latter. Exclusive of these cases, the causation is obscure. The disease occurs very rarely in infancy and childhood, a fact showing that the acute affection in early life does not tend to become chronic. The disease is also infrequent in old age. In the vast majority of cases the patients are either young or in middle life. An analysis of 52 recorded cases occurring under my observation showed not a single case under ten or over seventy years of age. The ages in 3 cases were under twenty, in 21 cases below thirty and over twenty, in 14 cases under forty and over thirty, in 9 cases under fifty and over forty, in 3 cases under sixty and over fifty, and in 2 cases under seventy and over sixty years of age. Of 491 cases collected from different authors and analyzed by Frerichs (inclusive of the acute affection), the ages were under ten in 10 cases, under twenty and over ten in 44 cases, under forty and over twenty in 263 cases, under sixty and over forty in 146 cases, and over sixty in 28 cases. Men are much oftener affected than women. Of 57 cases, 44 were males and 13 females. As regards habits of intemperance, an analysis of my recorded cases some years since showed a notable discrepancy between cases in hospital and private practice. Of 27 hospital cases in the histories of which the habits were noted, in only 2 were the habits strictly temperate. Of the 25 intemperate patients, 7 were hard spirit-drinkers, 3 were beer-drinkers, and 5 drank moderately or only occasionally. It is, however, well known that in the public hospitals of this country a very large proportion of patients admitted with all diseases are more or less intemperate. Of ten cases in private practice in which the habits were noted, they were temperate in nine, that is, the patients were not habitual drinkers nor accustomed to occasional excesses. It is probable that the abuse of alcoholic beverages contributes to the production of the disease, but it is also probable that their direct agency has been much overestimated. The disease is much oftener observed in hospitals than in private practice among the better classes of society, a fact going to show that the exposures, hardships, and deprivations incident to the lives of those who seek for hospital relief in illness are involved in the causation. Clinical observation in this country certainly does not warrant the name *spirit-kidney*, as applied to the contracted kidney by Goodfellow. Persons whose occupations involve exposure to cold and wet are more liable to be affected than those who are protected against the vicissitudes of weather. Cases are more numerous in humid, marshy climates, and on the seacoast, than in dry, elevated, and inland situations.

It has been common to consider this disease as not infrequently dependent on cardiac disease, but, as has been seen, on insufficient grounds. The disease may be developed in the course of various other diseases. Prof. Clark has shown that it occurs not infrequently as a complication of chronic dysentery. It sometimes is developed during the progress of pulmonary tuberculosis. British writers attribute its production, in certain cases, to gout. The scrofulous and syphilitic cachexia are supposed to predispose to it.

DIAGNOSIS.—The diagnosis of chronic, as of acute Bright's disease is to be based chiefly on the evidence afforded by an examination of the urine. But it is always to be borne in mind that transient albuminuria is a symptom occurring in the course of many diseases. Albumen in the urine is found in cases of all the essential fevers, of pneumonia, diphtheria, erysipelas, etc. etc. Generally the amount of albumen is small, but it is sometimes considerable. On the other hand, it is to be borne in mind that albuminuria is not an invariable symptom in cases of chronic Bright's disease. In these cases, renal casts constitute the direct evidence of the disease. It is yet to be ascertained to what extent epithelial and waxy casts are liable to be found when Bright's disease does not exist. In general, the diagnosis is rendered sufficiently easy and positive by persistent albuminuria, and, frequently, casts of the different kinds which have been described, together with dropsy and other diagnostic symptoms. The occasional latency of the disease, exclusive of symptoms referable to the urine, is not to be lost sight of. Not very infrequently albuminuria and casts show the disease to exist when dropsy and other diagnostic symptoms are wanting. The disease is always to be suspected in cases of coma or convulsions, of cephalalgia, or neuralgia in other situations, of vertigo and other forms of cerebral disorder, of amaurosis and other forms of paralysis, of pneumonia and serous inflammations, of persistent vomiting or purging, of anæmia and impaired muscular strength when not otherwise intelligible. In short, it is a good rule in practice to examine the urine for albumen in all cases, whether symptoms point to disease of the kidneys, or not, and, if practicable, whenever there are any grounds for suspecting the kidneys to be at fault, the microscope should be employed. To determine the coexistence of Bright's disease, or to exclude this disease, in all affections, is of much importance. Of course the urine is to be examined repeatedly in order to ascertain the persistency of albumen or casts.

To determine with positiveness the particular form of chronic Bright's disease which exists, is not always, nor, indeed, generally practicable with our existing knowledge, and, hence, the propriety, for the present, of treating of the different forms collectively, although they are, in fact, different affections. The form called the contracted kidney, however, has several distinguishing symptomatic features which have been already referred to in connection with the clinical history, and these features sometimes warrant at least a probable diagnosis. This form of disease is most likely to exist in the cases in which the disease is latent, up to the development of the effects of uræmic poisoning. Persistent vomiting or purging, serous inflammations, coma and convulsions, with but little or no dropsy, point to this form of Bright's disease. Notable deficiency of urea in the urine, with but little or no albumen, granular and waxy casts, and especially the large waxy casts in abundance, are other diagnostics. Oily casts or renal epithelial cells containing oil in abundance, are significant of fatty kidney.

PROGNOSIS.—The different forms of chronic Bright's disease agree in being alike incurable. The prognosis is always unfavorable. They destroy life sooner or later, if the patient be not cut off by some intercurrent or superadded affection. The duration varies greatly in different cases. It is difficult to determine the actual duration in most cases, because the disease is usually developed imperceptibly, and has existed for a greater or less period before its manifestations are observed. Dating from the time when its existence is declared, the fatal termination may take place in a few hours on the one hand, and, on the other hand, the disease may continue many years. In the majority of cases, the duration is between six and eighteen months. Although recovery is not to be expected, not infrequently the progress of the disease appears to be stayed, or it progresses imperceptibly. The prominent symptoms disappear, and the patient may have comfortable health for an indefinite period. The kidneys, like other important organs, such as the heart, liver, lungs, etc., may be disorganized to a certain extent, and still be competent to fulfil their functions sufficiently for the continuance of life and tolerable health. This much the physician may hope for, even in cases in which the present symptoms do not warrant any confident expectations of improvement.

A fatal termination is frequently due to accidents or secondary affections, such as pneumonia, pericarditis, œdema of the glottis, etc. Coexisting disease of the heart, of the liver, or other important organs often hasten the fatal termination. The prospect of improvement will also depend more on the general condition of the system. As regards the mode of dying it is by apnœa in some cases, and in some cases purely by asthenia. In the former cases, uræmic coma, hydrothorax, pulmonary œdema or œdema of the glottis, are the immediate causes of death. In the latter cases, instead continued and excessive general dropsy, persistent vomiting, or complete loss of appetite and digestion precede death, symptoms of uræmic poisoning being absent.

Examinations of the urine furnish important prognostics. If the urine continue to be loaded with albumen, this, in conjunction with persistent dropsy and marked anæmia, denotes that the disease will probably not be of very long duration. The danger from uræmia is in proportion to the deficiency of urea in the urine. A scanty secretion of urine with a low specific gravity points to imminent danger in that direction. With reference to this point, the determination, by the process which has been described, of the amount of urea actually excreted is desirable.[1] Another mode of ascertaining the liability to uræmic poisoning, or the existence of uræmia, is to analyze the serum of the blood with reference to the quantity of urea which it contains. The perspiration sometimes has a distinct urinous odor.

An unfavorable prognosis as regards recovery will depend on the chronic character of the disease being settled. It is not always easy at once to determine this point. I have met with several examples of recovery in cases in which chronic Bright's disease was supposed to exist.

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[1] *Vide* page 661.

Treatment.—In cases of chronic, as well as of acute, Bright's disease, therapeutical indications relate to general dropsy and uræmia. General dropsy, when great or considerable, calls for the same measures as in cases of the acute disease. In general, hydragogue cathartics constitute the most efficient and reliable means of affording relief. If the dropsy be slight or moderate, the saline cathartics may suffice—viz., the sulphate of magnesia or soda, or the citrate of magnesia; but if the dropsical effusion be large, more active hydragogues are required, viz., elaterium, gamboge, or the bitartrate of potassa with jalap. The acrid or drastic cathartics are to be avoided. The hydragogue may be given in doses sufficient to produce free purging, and repeated after intervals of two or three days, or it may be continued in small doses daily, so as to keep up a moderate draining away of liquid. Elaterium is sometimes well borne in doses sufficient to produce a few watery evacuations daily for a considerable period. Care is to be observed not to push the use of cathartics so far as to exhaust the strength of the patient.

Diuretics are less reliable than hydragogue cathartics. Frequently the kidneys will not respond to them, but in some cases these remedies act efficiently. Experience shows that they may be tried without risk of doing harm. Their effect upon the kidneys is not injurious; indeed, there is reason to believe that when they produce diuresis they may do good by washing away accumulated epithelium and morbid products which obstruct the uriniferous tubes. The bitartrate of potassa in doses not large enough to purge, or the acetate of potassa, may be given in conjunction with digitalis, the infusion of broom, or other vegetable diuretics. If the state of the stomach and bowels preclude the internal use of diuretics, their external application may be tried after the plan proposed by Christison, viz., an infusion of digitalis ℥j in water ℥xx, applied to the abdomen by cloths soaked in it, or by the *spongio-piline*. I have known this application to be followed by copious diuresis and complete disappearance of general dropsy. A liniment of tincture of digitalis, iodine, and squill rubbed over the abdomen and limbs will, in some instances, increase notably the quantity of urine. If continued, however, it is apt soon to excite soreness of the skin.

Sudorifics must be relied upon, if hydragogue cathartics are not borne and the kidneys do not respond to diuretics. The hot-air bath—that is, heated air introduced under the bedclothes—is the most efficient mode of producing diaphoresis. This may be employed in alternation with cathartics or diuretics. Patients often express a sense of marked relief after perspiring freely under the use of the hot-air bath, but in some cases it occasions a disagreeable heating of the surface without free perspiration, and, if carried too far or repeated too often, it produces prostration. Experience in individual cases must be the guide as to its utility and the extent to which it should be carried.

In cases of excessive distension of the integument of the lower limbs and genitals, temporary relief may be obtained by making numerous minute punctures of the skin with a pin or needle, the punctures being so superficial as not to draw blood. The amount of water which drains away through these imperceptible punctures is surprising. This method is to be preferred to deep punctures or incisions, which are apt to lead to erysipelas and gangrene.

Hydragogue cathartics, diuretics, and sudorifics are the means, also, for the elimination of urea in the cases in which symptoms denoting uræmia are present. If uræmic poisoning be manifested by coma or convulsions, diuretics are too uncertain to be depended upon. Active hydragogues and the hot-air bath are indicated. Impending death is to be warded off only by the prompt and efficient action of these measures. We have no knowledge of remedies which will neutralize the toxical properties of urea accumulating in the blood. Elimination, so as to reduce the quantity below the amount requisite to produce poisonous effects, is the only resource. It is a therapeutical object to forestall the development of uræmia sufficient to give rise to poisonous effects in the cases in which an examination of the urine shows a notable deficiency of urea, or an examination of the blood-serum shows an excess of this excrementitious principle. A moderate hydragogue action may be maintained for this object, or the hot-air bath may be employed once or twice daily. Under these circumstances diuretics may be adequate, if the kidneys respond to them. It might be supposed that diuretics are objectionable on the score of their increasing the excretion of albumen in the urine. Experience shows that they do not produce this effect; although the quantity of urine is augmented, the amount of albumen is generally not greater than before, and it may even be diminished.

So far the treatment relates not to the disease itself but to its effects. There are no known therapeutical measures to be employed for the removal of the morbid conditions of the kidneys. Certain remedies have been supposed to have a special curative effect, viz., the tincture of cantharides, nitric acid, and preparations of mercury. Experience has failed to establish the efficacy of these or other remedies addressed directly to the kidneys. Much, however, may often be done by judicious management toward arresting the progress of the disease, prolonging life, and, in some cases, securing comfortable health for an indefinite period. Tonic remedies are indicated. The preparations of quinia and iron are the most efficient. Here, as in other affections in the treatment of which the long-continued use of tonics is important, a change of remedies from time to time is advisable.

Hygienic measures are of the first importance. Alimentation, as abundant and nutritious as the powers of digestion will admit of; clothing, to secure uniform warmth and activity of the functions of the skin; and such an amount of out-door life as the strength of the patient will bear, constitute the hygienic management. Abeille states that hydropathic measures have been found useful in France. Travelling, especially a long sea voyage, has been found highly useful. Some striking illustrations of the efficacy of the latter are cited in Johnson's treatise. It is hardly necessary to add that all causes of debility or disorder are, as far as possible, to be removed. Overtasking of body or mind, exposure to vicissitudes of weather, the use of alcoholic stimulants, save as a means of aiding appetite and digestion, and taken for these objects, if at all, very sparingly, venereal indulgences and dietetic imprudences, are to be interdicted.

Symptoms, other than those already referred to, in certain cases, call for treatment. Cephalalgia and neuralgic pains in different situations call for palliative measures. Opiates, however, are to be given with circumspection. Observation has shown that opium, in moderate doses, is liable to produce marked and even fatal narcotism if the blood be surcharged with urea. The fact that an unusual amount of narcotic effect may be produced by opium does not preclude its use, but enforces the importance of using it with caution.

Vomiting and purging, if excessive, claim interference, but it is to be recollected that generally these symptoms denote the vicarious elimination of urea through the alimentary canal. It would be injudicious to attempt to arrest the eliminatory process in this direction, but, as excessive vomiting and purging preclude adequate alimentation, palliative measures are sometimes to be employed. Relief may be procured indirectly by favoring elimination through the cutaneous surface by means of the hot-air bath. Direct palliation may be obtained by pieces of ice taken into the stomach, by rubefacients or dry cups applied to the abdomen, and by the internal use of hydrocyanic acid, creasote, the oxalate of cerium, and the preparations of bismuth. The latter are often highly useful.

Astringent remedies have been advised with a view to restrain the excretion of albumen in cases in which the urine is highly albuminous. Tannic or gallic acid, the acetate of lead, and the astringent preparations of iron have been used for this purpose. I have repeatedly made trial of remedies for the end just stated, but with little or no effect.

The treatment of complications, such as serous inflammations, or of affections which may be accidentally associated with chronic Bright's disease, is to be modified by the coexistence of the latter. Active measures, which, under other circumstances might be admissible, are contraindicated. General or local bloodletting, mercury, and other depressing measures, as a rule, are injudicious. If there be exceptions to this rule, they are of rare occurrence.

In conclusion, the management, as has been seen, does not embrace special medication, but, in addition to remedies for particular symptoms or effects, and the treatment of consecutive affections, it consists, in a great measure, in the removal of all morbific causes and in hygienic regulations. The object is not to effect recovery from the damage that has been done, but to prevent further injury of the diseased organs, recollecting that the existence of a certain amount of disease is not incompatible with the continuance of life and comfortable health for many years. The advantage of an early diagnosis is very great in this disease. The same consideration is applicable here as in cases of pulmonary tuberculosis, viz., inasmuch as everything is to be hoped for from arrest of the progress of the disease, the earlier its existence is ascertained the less will be the amount of damage before the disease is stayed.

CHAPTER III.

Simple Renal Cysts—Hydatids in the Kidney—Renal Tuberculosis—Carcinoma of the Kidneys—Movable Kidney—Diabetes Mellitus—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment.

THE kidneys are sometimes the seat of affections involving structural changes other than those already considered. Carcinoma and the tuberculous deposit occasionally occur in these organs. Hydatids and simple cysts are additional affections in this category. Their interest for the pathological anatomist is greater than their practical importance to the physician, inasmuch as it is often difficult or impossible to determine the fact of their existence clinically. On this account they claim, in this work, only a passing notice. Having noticed these affections, the remainder of this chapter will be devoted to the consideration of *diabetes mellitus.*

SIMPLE RENAL CYSTS.

Cysts discoverable with the aid of the microscope, or microscopical cysts, are frequently found in chronic Bright's disease, more especially in the contracted kidney. Cysts apparent to the naked eye are not infrequent, varying in size from that of a pin's head to an almond or even larger. The manner in which they are produced has, of late, excited considerable discussion. Johnson attributes them to dilatation of portions of the renal tubes. Simon and others consider them as "abnormal development of epithelial germs." Either with or without the morbid conditions which belong to Bright's disease, cysts are sometimes produced in sufficient number and size to involve considerable, and even total, destruction of the renal parenchyma. The volume of the kidneys is, in some cases, greatly increased. A cyst may project from the kidney and form a tumor considerably larger than the kidney. My colleague, Prof. Alexander B. Mott, has a specimen of this kind. There may be a single cyst of greater or less size, or numerous cysts. One kidney or both kidneys may be affected, oftener the latter. The cysts contain a liquid which may be limpid and colorless, of a citron color, or sometimes quite dark. Occasionally the contents are thick and sometimes nearly or quite solid. They sometimes contain crystals of cholesterine, and I have seen a tumor of the size of an English walnut projecting from the kidney, which contained a solid mass of pure cholesterine. The liquid contents of renal cysts rarely contain the constituents of the urine.

The symptoms may point to the existence of renal disease if the cysts are sufficiently numerous or large to occasion considerable interference with the circulation in the kidneys, or with their secretory function. The urine may be scanty or abundant; it will be likely to contain albumen, and will be more or less deficient in urea and the other solid constituents. General dropsy may occur and the effects of uræmia. Under these circumstances, the disease will be considered as Bright's disease prior to the autopsy.

Renal cysts are often discovered in the dead-house, when there had been no symptoms during life pointing to disease of the kidneys. If the cysts be not large nor numerous enough to involve considerable destruction of the renal parenchyma, and Bright's disease be not associated, they may not have occasioned any appreciable inconvenience.

Were their existence discoverable during life, the indications for treatment would relate to the symptoms and effects.

HYDATIDS IN THE KIDNEY.

Hydatids in the kidney are, in all respects, similar to those in other organs, for example the liver, and a description of them need not be here repeated. Their occurrence in the kidney is extremely rare. They occur in only one kidney, as a rule to which there are very few, if any, exceptions. They do not, therefore, interfere with the excretion of urine sufficiently to occasion uræmia. If they interfere with the secretory function of one kidney, the augmented functional activity of its fellow makes up for the deficiency. So long as the hydatids remain intact within the renal parenchyma they give rise to no well-marked symptoms, and they may remain for an indefinite period completely latent. They are found after death when no renal trouble had been manifested during life. They sometimes attain to a sufficient size to form a tumor perceptible by palpation. The symptoms to which they give rise depend on inflammation, ulceration, and the discharge of the hydatids in different directions.

If the hydatid cyst open into the pelvis of the kidney the hydatids pass through the ureter into the bladder, and are discharged with the urine. In their passage along the ureter they may give rise to the same train of symptoms as the passage of a renal calculus, in other words, to nephritic colic. Owing to their elasticity, hydatids of considerable size may pass into the bladder and through the urethra without great difficulty, and without much pain. Cases have been reported in which they were discharged in great numbers. Their passage may be accompanied with hematuria and pyuria. The latter is due to suppuration of the hydatid cyst.

The hydatid cyst sometimes develops in a direction toward the suface of the kidney, and opens into the post-renal areolar tissue. Suppuration takes place and an abscess forms in the lumbar region, which, when opened or allowed to open spontaneously, gives exit to hydatids together with pus in greater or less quantity. Hydatid cysts in the kidney have been known to open into the peritoneal cavity, the stomach, intestinal canal, and even into the lungs; the hydatids, in the latter case, being expectorated. And, again, hydatids in this as in other situations, sometimes die, the cyst contracts and becomes obliterated, or contains a certain amount of calcareous matter, a spontaneous cure in this way taking place.

The diagnosis of this affection cannot be made prior to the discharge of the hydatids in some one of the directions just stated. The prognosis, in cases in which the hydatids are discharged through the renal passages, or in the lumbar region, is not very unfavorable. The treatment does not embrace any special therapeutical measures, but is to be governed by the symptoms and circumstances proper to individual cases.

RENAL TUBERCULOSIS.

A tuberculous deposit in the kidneys is always secondary to pulmonary tuberculosis. It is rare for secondary tuberculosis to occur in this situation, but specimens of an abundant deposit are occasionally met with. I have seen both kidneys crammed with yellow tubercle, the deposit contained in abundance within the pelvic cavity as well as within the renal parenchyma. In this case the vesiculæ seminales were also filled with tuberculous matter.

The diagnosis can hardly be made with any degree of positiveness, and the therapeutical measures, were the existence of tubercle in these organs determinable, would be those indicated by the tuberculous affection of the lungs.

CARCINOMA OF THE KIDNEYS.

Cancer is very rarely seated in the kidneys, save when it extends to these organs from an adjoining situation. In the cases in which the affection is seated in these organs the form of cancer is usually the encephaloid. The cancerous deposit may be presented in one or more masses of variable size, situated in the cortical portion, without much enlargement of the organ, or the kidney may be greatly enlarged so as to form a tumor discoverable by the touch.

Hematuria, the source of the blood being evidently the kidney, with or without preceding and accompanying pains in the renal region, calculous pyelitis being excluded, and especially if an irregular painful tumor be felt, renders the diagnosis probable. The diagnosis, under these circumstances, is quite positive if cancer exists in some other situation.

Palliative measures of treatment only are indicated.

MOVABLE KIDNEY.

One of the kidneys is sometimes loosened so as to form a movable tumor which may be felt through the abdominal walls. This is to be recollected in determining the nature of obscure tumors within the abdomen. The right kidney oftener than the left is movable; it occurs in females oftener than in males; it is not common. An example in the dead body has never come under my observation.

A movable kidney occasions pain in the lumbar region, especially after muscular exertion, and a sense of uneasiness in the abdomen. The diagnosis must rest on the situation of the tumor, a correspondence with the kidney in size and form, and tympanitic resonance on percussion, showing the presence of intestine posteriorly in the site of the kidney.

Mechanical compression of the abdomen by means of a bandage, belt, or abdominal supporter, obviates, in a measure, the inconvenience attending this anomaly.

DIABETES MELLITUS, OR SACCHARINE DIABETES.
GLUCOSURIA. MELITURIA. GLUCOHÆMIA.

The term diabetes signifies simply increased flow of urine, or diuresis. This is generally a notable feature of the affection now to be considered. The presence of sugar in the urine, however, is the distinctive feature of this affection. Hence the significance of the term mellitus. An excessive flow of urine devoid of sugar, constitutes another form of diuresis, which has been also called diabetes, and distinguished as *diabetes insipidus*. A better name for the latter is *polyuria*. This has been already noticed in connection with morbid thirst or polydipsia.[1] *Glucosuria* and *melituria* are names applied to the affection characterized by diuresis and saccharine urine, and they are to be preferred to diabetes mellitus. The term *glucohæmia*, denoting a saccharine condition of the blood, is, however, to be preferred to either. The affection is far from being of frequent occurrence, yet it is not so rare but that cases occasionally come under the observation of every physician.

Sugar in the urine, like albuminuria, occurs not infrequently as a symptom in various pathological connections. The sugar, under these circumstances, is usually not abundant, and it is a transient symptom, that is, the urine contains it for a brief period only. As the distinctive feature of an individual affection, the sugar which the urine contains is in greater or less abundance, and it continues persistingly in the urine. Even when this affection exists, the saccharine urine is, in fact, merely a symptom. It does not constitute the affection. It is incidental to, or an effect of, the real disease. The sugar exists in the urine because it pre-exists in the blood. Existing everywhere in the vascular system, it is excreted by the kidneys. But, with our present knowledge, the true seat and nature of the disease are not clearly established, and, therefore, provisionally, it is named as if it were a disease of the urinary system, and included, for the sake of convenience, among the diseases affecting this system.

ANATOMICAL CHARACTERS.—Aside from lesions belonging to concomitant or consecutive affections, this disease has no constant anatomical characters. The kidneys are often enlarged, without structural changes, that is, hypertrophied. This is doubtless a result of their long-continued increased functional activity. But this condition of the kidneys is not invariable. Various lesions of the kidneys are occasionally found, but they have no essential pathological connection with the diabetes, and are merely coincident. Glucosuria and Bright's disease are sometimes associated, the association being accidental. In these cases, the latter is generally, if not invariably, developed after the former. Since the discovery by Bernard of the g genic or sugar-producing function of the liver, and the effect upon this function produced by irritating the floor of the fourth ventricle, attention has been directed to the part of the nervous centre just named to see if changes are not discoverable after death; and some cases have been reported in which the microscope has appeared to reveal morbid appearances in that situation.[1] Further researches with respect to this point of inquiry are desirable. An examination of the blood shows the presence of sugar. It has been found, also, in the saliva, in the liquid contained in serous cavities, in the humors of the eye, and even in the spermatic secretion. During life, sugar is found in the serum of blisters, and sometimes in the sweat.

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[1] *Vide* page 377.

CLINICAL HISTORY.—Notable increase of the urine, or diuresis, is usually the symptom which first awakens suspicion of the existence of the disease. Not only are the acts of micturition more frequent, but the quantity of urine passed in a given time is much greater than in health. The urine is deficient in color in proportion to the amount of sugar which it contains. The appearance is generally clear, as well as pale. It has frequently a sweetish odor like that of whey. The presence of sugar is perceptible to the taste. Flies and bees are attracted to it, if emitted on the ground. The density exceeds that of healthy urine, in proportion to the amount of sugar. The specific gravity varies between 1.030 and 1.074, the latter being an extreme of increased density. The reaction is in most cases feebly acid; it is sometimes neutral, and in rare cases alkaline. The water of the urine is more or less increased; hence, the increased quantity of urine. The increase in quantity of urine is generally very great, and sometimes enormous. It may amount to thirty pints, or even more, in the 24 hours. The frequent calls to micturate are a source of great discomfort, and especially during night they constitute a serious evil by interfering with sleep. The action of the sugar on the urethra is apt to occasion a sense of heat and stinging pains. In the female, eczema of the vulva is a frequent effect, giving rise to distressing pruritus. It has been stated that more liquid is contained in the urine, in some cases, than is ingested. This may be true for a limited period, but examinations extending over several days show, that, large as is the quantity of urine, it falls short of the amount of the fluid contained in food and drink. As regards the normal solid constituents of the urine, they are not, as a rule, either notably increased or diminished. The sugar in the urine does not displace these constituents, viz., urea, uric acid, etc. If albuminuria exist, it shows either the existence of coincident renal disease, or those conditions which, under other circumstances, give rise to the presence of albumen in the urine.

Different cases differ in respect of the quantity of urine and the amount of sugar Generally, at the commencement of the disease, the quantity of urine and the amount of sugar are not large, but the increase of both is progressive as the disease advances. Exceptionally the quantity of the urine is not increased although abounding in sugar. The quantity of both urine and sugar also varies at different periods of the day, being generally largest within a certain period after meals. According to Bouchardat, the average proportion of sugar to the quantity of urine is as 32 or 34 to 1000. In two cases, recently under observation, a quantitative analysis of the urine, with reference to the amount of sugar, made by Prof. Austin Flint, Jr., gave the following results: In one case, there were 39.82 grs. to an ounce of urine, and the amount of sugar contained in the urine passed in twenty-four hours, was 12 ounces, 413.07 grains. The quantity of urine in twenty-four hours was [illegible] ounces and 6 drachms; the sp. gr. 1035; the amount of urea was 343.6[illegible] [illegible] In the other case, the quantity of urine passed in twenty-four hours was [illegible] ounces; the sp. gr. 1027. The amount of sugar in an ounce was [illegible] grs.; the amount in the whole quantity, 6 ounces, 356.16 grains.

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[1] *Vide* cases reported by MM. Luys and Martineau, in Abeille, op. cit., and Clinique Médicale par Trousseau.

The urine, when preserved for several days, undergoes the acetic fermentation; it remains acid, and is devoid of the ammoniacal odor which is emitted by decomposed healthy urine.

Emaciation is usually marked after the disease has existed for some time. Different cases differ as regards the rapidity of the emaciation. In general it is in proportion to the abundance of sugar in the urine, and the duration of the disease; but it is affected in a great measure by the condition of the digestive organs. It is evident that alimentary principles, which in health contribute to nutrition, are converted into sugar, and thereby lost to nutrition in this disease. The development of other affections, especially pulmonary tuberculosis, increases the emaciation.

Exaggeration of the appetite is usually a prominent symptom. The patient ingests much more food than in health. This, coupled with progressive decrease of weight, should alone excite suspicion of the disease. Exceptionally the appetite is not increased, but, on the contrary, more or less impaired. Not infrequently, in the course of the disease, the appetite fluctuates, being sometimes greater and sometimes less than in health. It fails as the disease approaches a fatal termination.

Thirst is one of the first symptoms, occurring as soon as the quantity of urine is increased. It is urgent in proportion to the degree of diuresis. The quantity of drink taken is sometimes enormous. The necessity of drinking during the night contributes, with the calls to urinate, to prevent sleep. Dryness of the mouth is a source of considerable inconvenience. The tongue is sometimes moist and coated, and sometimes dry and reddened. The gums are generally altered; they are softened, and either pale or reddened, bleeding readily on pressure. The teeth are apt to become loosened. The saliva is usually acid.

Digestion, until the disease is far advanced, or until serious complications occur, generally appears to be well performed. Dyspeptic ailments, however, are not uncommon. If vomiting occur, the vomited matter is found to contain sugar. Sugar is also contained in the feces. Constipation is the rule, but, in some cases, diarrhœa alternates with constipation. The dejections show a deficiency of bile.

The respiratory function is not disordered, save by the pulmonary affections with which the disease is liable to become complicated, especially pulmonary tuberculosis. It is stated that the amount of carbonic acid in the expired air exceeds that of health. The breath has a mawkish, sweetish odor, which is quite characteristic. I have recognized a patient whom I had examined at a clinic months before, and whose features I had entirely forgotten, as soon as he came sufficiently near for the odor of his breath to be perceptible. The condition of the gums and teeth renders the breath in some cases fetid.

The circulation offers no symptom of importance. The pulse, if it is affected, is oftener retarded than accelerated, exclusive, of course, of the effect of complications. I have observed capillary congestion of the surface in a notable degree. The temperature of the body is sometimes lowered. The skin is usually dry and rough. It is extremely rare for perspirations to occur except when pulmonary tuberculosis becomes developed. Furfuraceous desquamation of the epidermis is not uncommon. Diabetics are subject to boils and to various cutaneous eruptions, viz., [illegible] lichen, eczema, and impetigo. Spontaneous gangrene of the lower [illegible] an occasional event. Ulcerations of the lower limbs, without gangrene, have been observed.

Muscular feebleness is more or less marked, and is progressive, in cases of diabetes. Aside from the effect of complications, the patient is enfeebled in proportion to the excessive secretion of urine, the amount of sugar which it contains, and the duration of the disease. Troubles of vision are not very infrequent. Amblyopia, or feebleness of vision, sometimes occurs early, and may eventuate, as the disease advances, in confirmed amaurosis, either complete or incomplete. The vision was more or less affected in 20 out of 162 cases of diabetes observed by M. Fauconneau Dufresne. In the majority of cases in which the vision is affected, the defect is slight or moderate. Complete amaurosis is extremely rare. The retina, as in cases of amaurosis complicating albuminuria, is the seat of fatty deposit, as determined by autopsical examination and the ophthalmoscope. The diabetic condition also appears to favor the development of cataract in some cases. The mental condition frequently undergoes a marked change; the patient becomes irritable, sad, and hypochondriacal, the intellectual faculties are enfeebled, and sometimes the mental weakness amounts nearly to imbecility. Diminution and, at length, extinction of venereal desire belong to the clinical history of the disease. In the female, the menstrual discharge gradually diminishes and is at length suppressed.

The march of the disease is generally slow. Its development is imperceptible, and, when discovered, it has probably, in most cases, existed for a considerable period. It is, therefore, difficult to fix the date of its commencement. But, dating from the time when its existence is known, in most cases it continues for many months and not infrequently for many years before ending fatally. Its duration is indefinite and variable. Exceptionably, it runs rapidly to a fatal issue. Generally in these cases the patient is cut off by some intercurrent affection. Any important disease supervening on this is very apt to destroy life; for example, pneumonitis in a diabetic patient is usually fatal. During the progress of an intercurrent disease, the sugar is frequently observed to disappear from the urine. Under these circumstances, this is not to be considered as favorable.

PATHOLOGICAL CHARACTER.—The pathological character of this disease has already been briefly considered in connection with the morbid conditions of the blood in Part I.[1] Notwithstanding the facts relating to digestion which science has acquired within late years, and the important discoveries by Bernard relating to the glucogenic function of the liver, the pathology of diabetes is still obscure. It is not certain that the disease does not consist, in a measure at least, in an abnormal production of sugar from the ingesta within the alimentary canal, as maintained by Bouchardat and others. The notable effect of excluding from the ingesta substances readily converted into sugar goes to support this pathological view. Bernard considers that the disease is due to hyper-secretion of sugar by the liver, dependent on morbid excitation received through the nervous system. The known essential pathological condition is the existence of sugar, in more or less abundance, everywhere in the blood. But it is not certain that this condition is due to the entrance into the circulation of an excessive quantity of sugar; it may be due to interruption of the processes by which the sugar existing in the blood in the right side of the heart is destroyed during the passage of the blood through the pulmonary organs. This is the view held by Mialhe and Raynoso, the former attributing the deficient destruction of the sugar to a want of sufficient alkalinity of the blood. The good effect of alkalies given as remedies, in some cases of diabetes, affords some support of this doctrine. It seems clear that the essential pathological condition is dependent either: 1. On an undue introduction of sugar into the blood, whether from hyper-production of sugar in the liver or in the alimentary canal, or both; or, 2. On deficient destruction of the sugar, the quantity not being increased; or, 3. On an increased introduction and deficient destruction combined. Our present knowledge does not enable us to say in which of these three explanations lies the true pathology of the disease. The great amount of sugar excreted in the urine in some cases of diabetes renders it probable that the quantity which enters the blood exceeds that in health.

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[1] *Vide* page 76.

CAUSATION.—Our knowledge of the cause of this disease is completely barren of well-ascertained facts beyond the influence of age. In the vast majority of cases, the age is between 30 and 50 years. The disease occurs in infancy, youth, and advanced life, but instances are extremely rare. As regards pathogenetic influences pertaining to climate, season, diet, temperament, habits of life, etc., we have only conjectures, without any precise information.

Several cases have been reported, in which injuries received on the posterior part of the head have been followed by saccharine urine. But it is doubtful if in these cases diabetes, considered as an individual affection, existed. The saccharine urine occurring under these circumstances denotes a transient condition which occurs in various other pathological connections.

DIAGNOSIS.—It is to be borne in mind that the fact of sugar existing in the urine is not alone sufficient evidence of the existence of the disease under consideration. Sugar, generally in small quantity, and for a transient period, is not infrequently found in the urine in the course of various maladies. In aged persons the urine sometimes temporarily contains a considerable amount of sugar. A distinguished member of the medical profession in this country, of advanced life, a year or more ago, was led to observe that the quantity of his urine was notably increased. On examination, it was found to contain a large amount of sugar. Without any medicinal treatment or change of diet, the diuresis ceased; there is now no evidence of diabetes, and the health is in all respects good. I have known much needless uneasiness to be occasioned by announcing to a patient the discovery of a trace of sugar after an analysis of the urine.

If diabetes exist, saccharine urine is persistent, the amount of sugar is unusually large, and the quantity of urine notably increased. These points relating to the urine render the diagnosis sufficiently easy and positive. The diagnosis is confirmed by other symptoms belonging to the clinical history of the disease. If the quantity of urine be considerably increased, and, on testing with the urinometer, the specific gravity be found high, sugar is probably present. In cases of diuresis, in which only the water in the urine is increased, that is, in cases of so-called diabetes insipidus, the specific gravity is extremely low, sometimes but little above that of spring water. Moreover, the fragrant odor of diabetic urine is characteristic, and it froths readily on agitation, the air bubbles remaining for some time. But the practitioner should not be satisfied without demonstrative proof of the presence of sugar. Of the numerous methods of testing urine for sugar, one readily available, and as reliable as any, is the fermentation test. A common test-tube or phial containing a little ordinary yeast is to be filled with the urine, inverted, and placed in a saucer containing the urine, care being taken to prevent the entrance of air. Kept at a temperature of 70° Fahr., fermentation ensues, and the gas formed rises in the tube and displaces the urine. The gas shown to be carbonic acid from its failure to support combustion. For other tests, the reader is referred to works on chemistry, or treatises devoted to urinary diseases.[1] Christison states that a cubic inch of the carbonic acid formed in the fermentation test, represents a grain of sugar. It may be desirable to ascertain more accurately the amount of sugar excreted in a given period. For this purpose, Fehling's method of analysis may be employed.[2] Examinations of the urine are to be repeated, in the first place, to settle the persistence of the saccharine condition, and, in the second place, with reference to improvement or otherwise. In general, it suffices for these objects to ascertain the quantity of urine passed in the twenty-four hours, and its specific gravity, the existence of sugar having been already ascertained.

PROGNOSIS.—Diabetes mellitus is a disease which offers very little encouragement as regards the prospect of permanent recovery. Of course, in this statement reference is had to cases in which the diagnosis is based on persistency of the diabetic condition. The prospect is more hopeless than in cases of pulmonary tuberculosis. Undoubtedly recoveries have taken place. Data are wanting for determining the proportion of radical cures, but they form a very small minority. In the great majority of cases, however, the diabetic condition may be notably ameliorated. Not infrequently the quantity of urine may be reduced nearly or quite within the normal limits, the sugar being proportionately lessened or completely disappearing, and the patient regaining to a greater or less extent weight and strength. But in the larger proportion of these cases, relapse occurs sooner or later, and the disease ultimately proves fatal.

Patients are often cut off by intercurrent affections. The existence of this disease impairs the ability to cope with affections which, under other circumstances, might not be serious. If the disease continue for a long time without complications or supervening affections, it induces an extreme degree of debility and marasmus. In the majority of cases in which the disease is of long duration, pulmonary tuberculosis becomes developed and thus hastens the fatal issue.

An early diagnosis diminishes somewhat the gravity of the prognosis, The chances of arresting the disease are greater if it be recognized before the general condition of the system has undergone much deterioration. This fact enforces the importance of examining the urine for sugar in all cases in which there are any grounds for suspecting its presence. And it is to be recollected that sugar is sometimes persistingly present when the quantity of urine is not much, nor even at all increased. Examination of the urine for sugar should not be omitted whenever failure of strength or emaciation occurs without apparent cause, and especially if the appetite be increased rather than diminished. Unusual thirst, dryness of the mouth or fauces, acidity of the saliva, dryness of the skin, impairment of vision, and diminution or extinction of venereal desire, should suggest the possibility of the existence of this disease. Notable increase in the quantity of urine, of course, should excite strong suspicion, but a certain amount of increase may take place without the attention of the patient being excited, or the patient may not deem it a symptom of importance, and it is therefore necessary for the physician to direct inquiries to this point.

TREATMENT.—Of the great number and variety of remedies which have been employed in the treatment of this disease, several are more or less useful. The disease may be favorably modified by medication, but experience has thus far failed to establish the curative efficacy of any known remedial agent. Certain therapeutical measures have been more or less employed which are not only devoid of usefulness but hurtful. Among these are general and local bloodletting, mercurial preparations, emetics and active purgatives. Other measures are of doubtful utility, and some exert no appreciable effect either for good or harm.

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[1] *Vide* Bird on Urinary Deposits, etc. Edited by Birkett. Am. Ed. 1859.

[2] *Vide* Lehmann's Physiological Chemistry.

Among the useful remedies are alkalies. Whether the theoretical views which led to their introduction as remedies in this disease, by Mialhe, be correct or not, to wit, that sugar fails to undergo adequate destruction in the blood on account of its deficient alkalinity, experience has abundantly shown that they sometimes produce in a notable degree a favorable modification of the disease. The bicarbonate of soda may be given, commencing with a drachm and increasing to two, three, or even four drachms daily. It may be continued for a long period, if, under its use, the quantity of urine and amount of sugar decrease, and improvement take place as regards these and other symptoms. But to avoid risk of harm from the too prolonged use of the alkali, it should be suspended for several days at short intervals. Trousseau advises that it should be given for ten consecutive days only in each month. I have known this plan of treatment signally beneficial. If the soda occasion diarrhœa, the quantity should be diminished or lime-water substituted. The Vichy water has long been considered useful in this disease. The natural or artificial water, if circumstances permit, may enter with advantage into the alkaline treatment. Other alkaline waters are also useful.

The carbonate of ammonia has proved a useful remedy in the hands of Barlow, Birch, Bouchardat, and others. This remedy has been observed to produce a favorable effect upon the functions of the skin. The citrate of ammonia in the effervescent form is highly recommended by Camplin.

Opium is a useful remedy in certain cases. Under its use the saccharine condition of the urine is sometimes lessened in a marked degree. Opium has been given in large quantities, even to the extent of narcotism, in the hope that it might prove curative. All the advantage to be derived from it, however, is obtained from moderate doses. Of course, patients who tolerate this remedy well, will be likely to receive most benefit from its use. Belladonna has also been found useful, and may be employed in cases in which opiates are not well borne.

Strychnia has been observed to exert a marked effect upon the amount of sugar contained in the urine. In a case under the observation of the [illegible] Dr. Frick, of Baltimore, for nine months, the relative effects of several remedies successively tried were tested by a careful analysis of the urine at the end of each week. The remedies tried, in addition to strychnia, were the tincture of the chloride of iron, ammonia, iodide of potassium, creasote, naphtha, cod-liver oil, ergot, and calomel and opium. Of these remedies strychnia effected by far the greatest diminution of the amount of sugar excreted.[1]

A simple enumeration of some other remedies will suffice. Rennet, introduced by Dr. Gray, of Glasgow, Scotland, given in doses of a teaspoonful after each meal, the supposed utility of this remedy being explained by its power of converting sugar into lactic acid. The article known as pepsin has also been used. Yeast has been suggested by Prof. George B. Wood. Cod-liver oil, recommended by Babington and others. Creasote, rhatania, and other vegetable astringents; camphor, assafœtida, valerian, and other of the so-called antispasmodics; iodine, quinia, and the various prepararon, are to be added to the list. Each and all these remedies are doubtless nore or less useful in certain cases. The vapor and the hot-air bath have een found useful. Abeille states that the use of water after the hydropathic ethod has been found, in France, to be useful in this disease, as well as in ffections attended with albuminuria.

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[1] American Journal of the Med. Sciences, July, 1852.

The remedies which experience has shown to be useful in diabetes are to e selected, combined and varied in adaptation to circumstances in individual ases. In addition, dietetic and regimenal measures are indicated, and these, deed, constitute the most important part of the treatment. Saccharine and mylaceous substances are, as far as practicable, to be excluded from the diet. Inder judicious dietetic restrictions in this respect, the quantity and density f the urine are generally notably diminished. Adequate alimentation is, of ourse, important, and the object is to nourish the body as well as possible ith as much exclusion of starch and sugar from the aliment as is compatible ith nutrition. Meat of all kinds should enter into the diet, with butter, ream, curd and cheese, eggs, and all vegetables deficient in starch and sugar, ach as lettuce, cabbage, chicory, the tops of beets, spinach, celery, waterresses, etc. Vegetables which abound in starch or sugar, such as rice, otatoes, beets, turnips, and beans are to be taken very sparingly or not at all. read or cakes made of wheat or rye flour, corn or oatmeal, belong in the me category. The force of the phrase "staff of life," as applied to bread, appreciated when the attempt is made to exclude it persistingly from the iet. The want of bread, in cases of this disease, becomes almost imperative; ence, various methods of preparing a substitute from flour or meal with the mylaceous part removed. Of the different kinds of diabetic bread, that ecommended by Camplin is to be preferred. This kind of bread, or cake, as devised by Camplin, a medical practitioner of London, for himself, being fected with diabetes, and to its use, in conjunction with other measures, iefly hygienic, he attributes his apparent recovery and exemption from a turn of the disease for ten or twelve years.[1] In regulating the diet of abetics, the articles not on the proscribed list should be varied from day to y in order to avoid the disgust occasioned by using too continuously the me kinds of food. Different modes of cooking should be resorted to with view to variety. From time to time the restrictions should be cautiously laxed in order to see how a change of diet is borne. Tea and coffee, witht sugar, but with milk or cream, are allowable. Claret and Burgundy ine, and dry, sound sherry wine, are not only allowable, but generally useful; or spirit, in small quantity, may be tried instead of these kinds of wine. The acid or subacid fruits may sometimes be moderately indulged in.

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[1] Mr. Camplin's little book may be consulted with much interest and profit. For e convenience of the practitioner, his formula for bran cakes to be used as a subtute for bread is subjoined: "Take a sufficient quantity (say a quart) of wheat an, boil it in two successive waters for a quarter of an hour, each time straining it rough a sieve, then wash it well with cold water (on the sieve) until the water runs perfectly clear; squeeze the bran in a cloth as dry as you can, then spread it thinly a dish and place it in a slow oven; if put in at night let it remain until the morn-g, when, if perfectly dry and crisp, it will be fit for grinding. The bran thus prered must be ground in a fine mill and sifted through a wire sieve of such fineness to require the use of a brush to pass it through. That which remains in the sieve ust be ground again until it becomes quite soft and fine. Take of this bran powder ree ounces (some patients use four ounces), three eggs, one and a half or two ounces butter, and about half a pint of milk; mix the eggs with a little of the milk, and rm the butter with the other portion; then stir the whole well together, adding a tle nutmeg and ginger, or any other agreeable spice. Bake in small tins, which ust be well buttered, in a rather quick oven for about half an hour. The cakes, en baked, should be a little thicker than a captain's biscuit. They may be eaten th meat or cheese for breakfast, dinner, and supper. At tea they require rather a e allowance of butter, or they may be eaten with curd or any of the soft cheeses."

The free use of sugar in cases of diabetes was tried many years ago in Guy's Hospital by Richard Bright, and more recently in France and other countries. Experience has shown that while sugar is tolerated in some cases much better than might have been anticipated, in many, if not most, cases it is evidently productive of harm.

Attention to the skin is important in cases of diabetes. The surface should be efficiently protected, in cold or variable climates, by flannel or silk, and, during the winter season, by the chamois leather or buckskin waistcoat. Sponging the body, followed by brisk friction, is useful. The occasional use of the warm bath is to be advised. A change from a cold and variable climate to one uniform and warm is often highly advantageous. A long sea voyage in a warm latitude has been found signally beneficial. Exercise in the open air is a highly important part of the regimenal treatment. Gymnastic exercises may sometimes be resorted to with profit. Last, but by no means least in importance, mental relaxation and recreation are to be enumerated in the list of measures of regimen.

The treatment of this disease, as regards diet and regimen, unfortunately, in many cases, is practicable only to a limited extent. The prospect of improvement and cure is vastly better when the circumstances of patients permit their having recourse to the measures which have been mentioned to the fullest extent. These measures are not fully available in hospital or dispensary practice and in cases among the poorer classes of society. If, happily, the affection be removed, as shown by the disappearance of sugar from the urine, and a corresponding improvement in all the symptoms, the liability to a return is to be borne in mind. The usual diet of health and the habits of life in other respects are to be cautiously resumed, and great care to avoid all the causes of disease, for months, years, and indeed during lifetime, is to be enjoined.

CHAPTER IV.

Disease of the Supra-Renal Capsules—Addison's Disease Involuntary Seminal Emissions—Spermatorrhœa—Impotence.

The supra-renal capsules have no known connection with the kidneys other than the proximity expressed by the name. As, however, the functions of these organs are not known, the diseases to which they are subject may with propriety be noticed in this section. A portion, therefore, of the chapter will be devoted to disease of the supra-renal capsules, as entering into the affection described by Addison. Diseases affecting the generative system are, for the most part, embraced among the diseases peculiar to women and the diseases which are properly surgical. But there are two affections of the male generative system which may be considered as belonging to medical practice rather than to surgery, viz., involuntary seminal emissions, spermatorrhœa, and impotence. A brief notice of the latter affections will conclude the section embracing the diseases of the genito-urinary system.

DISEASE OF THE SUPRA-RENAL CAPSULES—ADDISON'S DISEASE.

The late Dr. Thomas Addison, of Guy's Hospital, London, in 1855, described a form of anæmia characterized by a dingy or dark discoloration of the skin. This form of anæmia, which has been already referred to in connection with the morbid conditions of the blood, is described by Dr. Addison as follows: "For a long period I had, from time to time, met with a very remarkable form of general anæmia, occurring without any discoverable cause whatever—cases in which there had been no previous loss of blood, no exhausting diarrhœa, no chlorosis, no purpura, no renal, splenic, miasmatic, glandular, strumous, or malignant disease. Accordingly, in speaking of this form of anæmia in clinical lectures, I—perhaps with little propriety—applied to it the term 'idiopathic,' to distinguish it from cases in which there existed more or less evidence of some of the usual causes or concomitants of the anæmic state. The disease presented in every instance the same general character, pursued a similar course, and, with scarcely a single exception, was followed, after a variable period, by the same fatal result. It occurs in both sexes, generally, but not exclusively, beyond the middle period of life, and, so far as I at present know, chiefly in persons of a somewhat large and bulky frame, and with a strongly-marked tendency to the formation of fat. It makes its approach in so slow and insidious a manner, that the patient can hardly fix a date to his earliest feeling of that languor which is shortly to become so extreme. The countenance gets pale, the whites of the eyes become pearly, the general frame flabby rather than wasted; the pulse perhaps large, but remarkably soft and compressible, and occasionally with a slight jerk, especially under the slightest excitement; there is an increasing indisposition to exertion, with an uncomfortable feeling of faintness or breathlessness in attempting it; the heart is readily made to palpitate; the whole surface of the body presents a blanched, smooth, and waxy appearance; the lips, gums, and tongue seem bloodless; the flabbiness of the solids increases; the appetite fails; extreme languor and faintness supervene, breathlessness and palpitations being produced by the most trifling exertion or emotion; some slight œdema is probably perceived about the ankles; the debility becomes extreme, the patient can no longer rise from the bed, the mind occasionally wanders, he falls into a prostrate and half-torpid state, and at length expires; nevertheless, to the very last, and after a sickness of perhaps several months' duration, the bulkiness of the general frame and the amount of obesity often present a most striking contrast to the failure and exhaustion observable in every other respect."[1]

In connection with anæmia and symptoms denoting an extremely grave cachectic condition, Dr. Addison was led to observe a discoloration of the surface, which he describes as follows: "With a more or less manifestation of the symptoms already enumerated, we discover a most remarkable and, so far as I know, characteristic discoloration taking place in the skin—sufficiently marked, indeed, as generally to have attracted the attention of the patient himself or his friends. This discoloration pervades the whole surface of the body, but is commonly most strongly manifested on the face, neck, superior extremities, penis, and scrotum, and in the flexures of the axillæ and around the navel. It may be said to present a dingy or smoky appearance, or various tints or shades of deep amber or chestnut-brown; and in one instance the skin was so universally and so deeply darkened, that, but for the features, the patient might have been mistaken for a mulatto."[1]

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[1] On the Constitutional and Local Effects of Disease of the Supra-renal Capsules, by Thomas Addison, M. D., Senior Physician to Guy's Hospital, London, 1855.

An examination of the bodies after death failed to reveal lesions of important organs adequate to explain the symptoms and the fatal termination in the cases described. At length Dr. Addison was led to observe the coexistence of disease of the supra-renal capsules. In the monograph from which the foregoing extracts are taken, he gives an account of eleven cases, in all of which the supra-renal capsules were more or less diseased. In some of the cases the disease was limited to one of the capsules, and in other cases both organs were affected.

Since the publication of Addison's researches, the attention of clinical observers in different countries has been directed to the coexistence of disease of the supra-renal capsules, with the peculiar cachectic condition, accompanied by discoloration of the skin. And, regarding the condition as constituting a newly-discovered affection, it is commonly known as the *bronzed-skin disease;* it has also been called, in honor of the discoverer, *Addison's disease.* Numerous cases have been reported. The affection, although not of frequent occurrence, is not extremely rare. My colleague, Prof. Isaac E. Taylor, has reported seven cases, six of which were observed in Bellevue Hospital, in the course of a service of two months. A post-mortem examination was made in only two of these cases, in both of which the supra-renal capsules were diseased.

Of the reported cases in which the coloration of the skin, or melasma, together with the anæmia and other symptoms have corresponded with the cases observed by Addison, the supra-renal capsules have not been uniformly found diseased. Cases in which these organs were found to present nothing abnormal, have been observed by Simpson, Virchow, Hutchinson, and many others.[2] A case of this kind has been reported to the New York Pathological Society by Prof. A. Clark, and a case came under my observation at the New Orleans Charity Hospital. On the other hand, disease of the supra-renal capsules is by no means invariably accompanied by the bronzed skin and cachectic condition described by Addison. Rayer gives several examples of disease of these organs without the phenomena of Addison's disease in his work on diseases of the kidneys, published prior to Addison's discovery. Addison himself gives an example. Harley cites twelve examples.[3] Examples have been reported by numerous other observers. Sufficient data are not yet available for determining the proportion of cases in which, on the one hand, the bronzed-skin disease exists without coexisting disease of the capsules, and, on the other hand, disease of the capsules exists without the bronzed-skin disease, as compared with the number of cases in which the bronzed-skin disease and disease of the capsules are associated; but the latter cases are probably sufficient in number to show that the association is due not merely to coincidence, but to a pathological connection.

Of the nature of the pathological connection existing between the bronzed-skin disease and disease of the supra-renal capsules, facts at present ascertained do not warrant a conclusion. That the latter stands in a causal relation to the former, is by no means probable in view of the facts just stated. The pathological importance of the disease of the capsules can not be conjectured. The lack of positive knowledge on this point corresponds with our ignorance of the physiological importance of the capsules. Brown-Séquard, finding that speedy death followed the removal of these organs inferior animals, was led to conclude that they performed some function indispensable to life. The experiments of Harley and others, however, render this conclusion untenable. Animals have recovered and remained perfectly well after these organs had been removed. We are hardly warranted in calling the disease of the capsules, when associated with bronzed-skin disease, the *anatomical characteristic* of the latter, in the same sense as, for example, disease of the Peyerian glands is the anatomical characteristic of typhoid fever. The association is not sufficiently constant to establish the relation expressed by that term. The pathological connection would seem rather to resemble that existing between enlargement of the spleen and intermitting fever.

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[1] On the Constitutional and Local Effects of Disease of the Supra-renal Capsules. Thomas Addison, M. D., Senior Physician to Guy's Hospital, London, 1855.

[2] *Vide* article by Dr. Harley, in Brit. and Foreign Medico-Chirurg. Review, 185

[3] Ibid.

The disease of the supra-renal capsules in certain cases of the so-called Addison's or bronzed-skin disease, consists in the presence of a softish, gray, translucent matter, which sometimes becomes liquefied into a cream-like matter, and sometimes becomes solidified into a cretaceous mass. The deposit replaces the tissue of the organs, and if extensive, involves their disorganization.[1] These organs are also occasionally the seat of the tuberculous deposit, of cancer, and fatty degeneration. Aside from the connection with the bronzed-skin disease, there are no symptoms which point to disease seated in these organs.

Bronzing of the skin, or melasma, corresponding to the description by Addison, may exist without the anæmia and cachectic condition which are essential to the affection which he describes. This affection ends fatally after a duration varying from two months to three years. It is to be borne in mind that melasma, alone, is not evidence of Addison's disease, and, in itself, does not involve a grave condition. The melasma, which is a symptom of Addison's disease, is to be discriminated from the eruptive disease known as *pityriasis nigra*. The latter is accompanied by furfuraceous desquamation of the cuticle, and is attended by a troublesome pruritus. Discoloration of the skin caused by the prolonged administration of silver is, also, not to be confounded with the bronzed skin of Addison's disease. Microscopical examination of specimens of skin affected with the bronzed discoloration, made by Wilks, Robin, and Dalton, has shown that the morbid change in color is due to pigmentary granules in the rete mucosum, identical with those in the skin of the negro.

As regards the treatment of the bronzed-skin disease, the indications are derived from the anæmia and the cachectic condition. But, thus far, therapeutical measures have proved unavailing. Were the pathology of the affection understood, it might perhaps lead the way to successful treatment, but, in the existing state of our knowledge, it is to be reckoned among the incurable diseases.

INVOLUNTARY SEMINAL EMISSIONS. SPERMATORRHŒA. IMPOTENCE.

Involuntary seminal emissions, spermatorrhœa, and impotence, frequently depend on abnormal conditions which belong to surgery, but not infrequently they fall properly within the sphere of the practice of medicine. By involuntary seminal emissions is meant the ejaculation of semen and the venereal orgasm, without any voluntary effort, either natural or unnatural. Involuntary emissions occurring during sleep are common, taking place in connection with erotic dreams. Occurring after intervals of several weeks or days, in persons of continent habits, they are physiological rather than pathological. They denote simply a certain amount of functional activity of the generative organs. They do not imply a morbid condition, nor do they lead to any morbid effects. They are apt especially to occur when habitual sexual intercourse is, from any cause, interrupted. Under these circumstances, they are manifestations of health rather than disease. The physician is warranted in giving such assurances to patients, who often are rendered needlessly apprehensive and unhappy by popular works or lectures, the object of which is to excite fears for a mercenary purpose.

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[1] *Vide* Wilks' Pathological Anatomy.

Occurring more frequently than within the limits just stated, the emissions denote a morbid erethism and weakness of the organs of generation. They occur sometimes nightly, and sometimes even repeatedly during the same night. They then call for remedial measures, although, under these circumstances, their morbid effects have been much exaggerated. Occurring frequently in persons debilitated from any cause, they may take place without erection, and with little or no venereal excitement, the patient sometimes becoming aware of their occurrence only by the seminal stains. Persons who have been addicted to venereal excesses or to the unnatural abuse of the sexual function, are especially subject to this morbid frequency of involuntary emissions. The mind, in such cases, particularly if the affection be attributable to unnatural abuse, is apt to become greatly depressed; the patient is apprehensive of impotence, or fancies that he is already impotent; his attention is absorbed with the affection; he suffers from a sense of humiliation and degradation; he believes that his constitution is ruined, and there is danger of insanity. Patients in the condition just sketched form an unfortunate class with which every practitioner is more or less familiar. They are apt to go from one physician to another, and upon patients of this class quacks prey largely. The affection sometimes exists in a still greater degree. The emissions are diurnal, as well as nocturnal. They are produced by anything which provokes the sexual passion, and may take place with little or no excitement of the external organs.

Spermatorrhœa means, strictly, the discharge of semen without the occurrence of the orgasm. It is an affection superadded to morbid seminal emissions, the seminal secretion passing into the urethra, and sometimes into the bladder, without the consciousness of the patient. In cases of spermatorrhœa, the semen is expelled in the acts of micturition and defecation. Cases of true spermatorrhœa are far less frequent than has hitherto been supposed. Persons have been regarded as having this affection whenever a mucilaginous fluid bearing some resemblance to semen is discharged from the urethra. In most of these cases the fluid is either the *liquor prostaticus* or a secretion from the *vesiculæ seminalis*. The microscope affords the only reliable test of determining that the liquid is seminal. Were this mode of examination generally employed, cases of spermatorrhœa would probably be found to be extremely rare. In examining the sediment of the morning urine, it should be borne in mind that spermatozoids will be likely to be found if sexual intercourse or a seminal emission have taken place during the night. The presence of the spermatozoids, under these circumstances, is not evidence of spermatorrhœa. Veritable spermatorrhœa doubtless occurs, but probably always in persons who are affected with a morbid frequency of seminal emissions.

Involuntary seminal emissions and spermatorrhœa are frequently associated with symptoms denoting various kinds of functional disorder, and more especially disturbance of the nervous system. These symptoms have been considered as direct morbid effects of seminal losses. More or less general debility is undoubtedly a result of an abnormal discharge of semen, but the latter is often incidental to disorder of the system otherwise produced; and the disturbance of the nervous system, so frequently associated with semlosses, is measurably due to the mental depression and apprehensions which they are apt to occasion.

In the treatment of seminal emissions, the distinction which has been made between their physiological and pathological character is to be kept in view. Occurring infrequently in a person of full health, in addition to assurances of their innocuousness, it will generally suffice to advise moderation in the use of wine or spirits and stimulating articles of food, saline laxatives occasionally, cold ablution of the genital organs at night, avoidance of undue warmth from the bed or bedclothes, and the mind to be diverted as much as possible from provocatives of sexual desire. If these measures do not suffice, certain remedies which appear to exert an anaphrodisiac influence may be prescribed. Remedies which may be given for this purpose are camphor, lupulin, or the tincture of hops, conium, belladonna, and the bromide of potassium. The remedy last named has seemed to me to be distinctly efficacious. Marriage is always remedial in these cases.

Cases in which the emissions depend upon a morbid erethism and weakness of the generative organs, and cases of spermatorrhœa, are of more importance, and the treatment is more difficult. The anaphrodisiac remedies are indicated in these cases; but in these cases much benefit is derived from tonic remedies and an invigorating regimen. Quinia, small doses of strychnia or nux vomica, and the preparations of iron are useful; sea-bathing or the sponge-bath and out-door life or gymnastic exercises are useful regimenal measures. The diet should be nutritious, but not stimulating, and alcoholic stimulants are to be taken very moderately or interdicted. Everything calculated to provoke sexual desire should, as far as practicable, be avoided. Healthful mental occupation and chaste associations do very much toward effecting a cure. It is obvious that, to carry out the moral part of the treatment, requires on the part of the patient a determination and perseverance which are often wanting. Taking into view all the circumstances in individual cases, it is sometimes judicious to encourage or recommend marriage.

Attention is to be directed to the condition of the urethra in cases of seminal emissions and spermatorrhœa; they are apt to follow gonorrhœa, and are sometimes dependent more or less on urethral stricture. According to Lallemand, seminal losses often depend on an abnormal sensibility at or near the prostatic portion of the urethra, and the treatment in these cases requires the use of the bougie and cauterizing applications. The opinion of Lallemand is held by distinguished surgeons at the present time. For information on this point the reader is referred to surgical works. Trousseau advises in some cases a mechanical method of treatment, consisting in the introduction within the rectum of a kind of pessary of an elongated oval form, varying in size from that of a pigeon's to a hen's egg, connected by a stem with a metal plate applied to the perineum and coccyx, the object being to compress the urethra at the orifices of the ejaculatory ducts.[1]

Impotence means inability to perform the act of coition. The term does not mean want of the power of procreation; the latter may be wanting when there is no incapacity for sexual intercourse. Exclusive of malformations and other abnormal conditions of a surgical nature, impotence, in the first place, may involve absence of sexual desire. Different persons in health differ widely as regards the venereal propensity; in some persons the sexual desire is intense and importunate, in others it is feeble, and sometimes it is altogether wanting. The propensity may, on the one hand, be increased by indulgence, and by fostering in various ways ideas connected with it; and, on the other hand, it may be diminished and extinguished by an opposite course. In the marital relation, frigidity, as regards this propensity, may depend on personal antipathy, and, hence, a not infrequent source of domestic unhappiness. Absence of sexual desire may arise from general debility, and is incident to various diseases. If the diseases with which it is connected are not serious or permanent, a return of sexual desire may be expected on recovery of the accustomed health. Intense mental preoccupation, the depressing emotions, and exaltation of the higher sentiments, tend to repress sexual desire.

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[1] Clinique Médicale, tome ii.

As the loss of virility is generally dreaded, physicians are often consulted when a notable change as regards the venereal propensity is experienced. The circumstances which have led to the change, in individual cases, are to be investigated, and the conclusion with respect to the probability of impotence, together with the treatment, is to be based on these circumstances. In a large proportion of cases, the deficiency or absence of sexual desire is due to temporary causes. Premature decline or extinction may result, on the one hand, from early and excessive indulgence or abuse of the generative function, and, on the other hand, from prolonged continence. Under certain circumstances aphrodisiac remedies are desired. The remedies so-called are of doubtful efficacy. Phosphorus, cantharides, and nux vomica have been considered as special stimulants acting on the organs of generation. They should be given circumspectly. It is sometimes useful to secure the moral effect of remedies supposed to have this effect.

Impotence may exist without loss of sexual desire. Temporary incapacity sometimes proceeds from timidity or deficient self-confidence. The physician is not infrequently consulted by persons about to enter upon marriage, who are apprehensive of incompetency to accomplish coition. Assurances of capability, if it be evident that the apprehensions are imaginary, are all that these cases require. In other cases, impotence, with sexual desire, is a result of the erethism and weakness of the generative organs, associated with seminal emissions and spermatorrhœa. The ejaculation and orgasm take place at the beginning of, or prior to the act of coition. This kind of impotence is sometimes, temporarily, a result of prolonged continence. The measures of treatment in such cases are those indicated for seminal emissions and spermatorrhœa. Persistence in the employment of these measures, together with a proper degree of reserve, as regards the frequency of the attempts to consummate sexual intercourse, will generally prove successful.

Excessive indulgence in venery, when it does not lead to involuntary seminal emissions, spermatorrhœa, or impotence, is a not infrequent cause of ill-health. Dyspeptic ailments, attacks of vertigo, functional disorder of the heart, melancholia, and hypochondriasis, are among the morbid effects of this cause. It is the duty of the physician to inquire into the habits of patients in this regard. The evils of excessive indulgence, aside from moral consequences, are greater when it is illicit than when it is marital; moreover the former is far more apt to be excessive. The limits of healthful indulgence doubtless vary according to constitutional vigor, but it may be considered as excessive if the acts of coition are repeated several times a week.

The physician is sometimes appealed to by unmarried persons and married persons debarred, for various reasons, from marital intercourse, to sanction illicit indulgence on the score of health. It would be out of place to consider here this topic in its moral aspects, but they are by no means to be lost sight of by the physician. Irrespective of these, in view of the fact that inactivity of the generative organs can never be [illegible] cause [illegible] disease, and also of the fact that, as a rule, t[illegible] organs is not lost by being held in abeyance, he is not justified in giving his professional approval of fornication as a hygienic measure.

The unnatural abuse of the sexual function, or masturbation, as a cause of involuntary seminal emissions, spermatorrhœa, and sometimes impotence, has been already referred to. The effects on mind, as well as body, are pernicious. It is plainly the duty of the physician not only to endeavor to discover and arrest this practice in individual cases, but to enjoin upon parents, teachers, and associates the importance of watchfulness, in this respect, over those for whose welfare they are, to a greater or less extent, responsible. There is also another duty of the physician connected with this important topic. Many sensitive persons who have been addicted to self-abuse in early life suffer greatly from a belief that their mental and physical powers have been irreparably injured. The evils, great as they sometimes are, are greatly exaggerated by popular works and lectures designed to excite fears for a mercenary end. The physician may often do much good by removing undue apprehensions connected with the errors of youth.

SECTION SIXTH.

FEVERS AND OTHER GENERAL DISEASES.

CHAPTER I.

Classification of Fevers—The General Pathology of Fever—Febricula—Typhoid Fever—Anatomical Characters and Clinical History.

THIS concluding section will be devoted to fevers and other general diseases. The diseases to be considered in this section differ from those which have been considered in the preceding sections in this, viz.: They do not, so far as at present known, proceed from an affection of any particular part; hence they are distinguished as general diseases. The diseases known as *fevers* are plainly thus distinguished from diseases of which the primary manifestations are always seated in some organ or structure; hence the latter are called local diseases. Diseases other than fevers, which it is convenient to distinguish, nosologically, as general diseases, are those which have no fixed or uniform seat, as regards their local manifestations. Diphtheria, acute and chronic rheumatism, gout, scorbutus, and purpura belong in this category. These diseases will be considered in this section.

Of the general diseases, fevers will be first considered. At the present time, it is unnecessary to discuss the grounds for recognizing the claims of fevers to be regarded as idiopathic affections. Few, if any, pathologists now hold to the doctrine of Broussais and others, advocated a little more than a quarter of a century ago, that fevers are always symptomatic of some local inflammation. It is sufficient to state the distinction between an idiopathic fever and the morbid condition, also commonly called fever, which is dependent on a local affection. The latter is distinguished as symptomatic fever or febrile movement. It embraces the increased frequency of the heart's action and elevation of temperature, together with other morbid phenomena therewith connected which have been seen to enter into the clinical history of acute inflammations wherever seated. The fever, under these circumstances, is secondary to the local affection; it is symptomatic of the latter, whereas, fever, when idiopathic, is primary, local affections, if they coexist, being secondary. The term *essential* is also used to distinguish a fever which is not secondary or symptomatic, but primary or idiopathic. A primary, idiopathic, or essential fever is one of the elementary forms of disease.[1]

The number of fevers is sufficient to render a classification of them desirable. The arrangement generally adopted, although open to criticism, is sufficiently natural and convenient.

First. A form of fever characterized by its short duration and mildness, is called *febricula*.

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[1] *Vide* Part I. page 109.

Second. Certain fevers are distinguished by the unbroken continuity of the febrile phenomena, and, hence, they are called *continued fevers.* This class will embrace the fevers known as *typhus* and *typhoid. Relapsing fever* and *erysipelatous fever* may be included in this class.

Third. In contrast with those of the preceding class, certain fevers are distinguished by the occurrence of distinct paroxysms or exacerbations as regards the febrile phenomena, and, hence, they are known as *periodical fevers.* This class embraces *intermitting fever* and *remitting fever. Yellow fever* is usually included in this class. The fever called *dengue* may be here placed. In this connection will be noticed the form of fever recently described in this country under the name of *typho-malarial fever.*

Fourth. An eruption on the surface of the body is a prominent feature of certain fevers. These are distinguished as *eruptive fevers* or the *exanthemata.* This class embraces *variola* or *smallpox, scarlatina* or *scarlet fever, rubeola* or *measles*, and *roseola* or *roserash.*

The foregoing list of fevers does not comprehend all that exist. It comprehends, however, those which, from their prevalence and established individuality, it is desirable to consider in this work. Distinct species of fever, not now recognized as such, may be hereafter ascertained; and it is not improbable that new species may be developed.

It is somewhat necessary to refer to certain distinctions and names heretofore in vogue, in order that the meaning of terms, still more or less current, may be understood. Fevers have been distinguished and named according to the organ or system prominently affected. Hence the terms gastric fever, mucous fever, nervous fever, etc. These names were used when the distinction was not clearly made between essential, or idiopathic, and symptomatic fever. The general feature or complexion, so to speak, arising from the predominance of certain symptoms, has served as the basis of certain distinctions and names. Thus, fevers characterized by great prostration have been called *adynamic.* Fevers have been said to be *ataxic*, when symptoms referable to the nervous system, such as delirium, etc., are prominent. These names are still employed to denote the general character of different fevers. Fevers tending intrinsically to a fatal result, have been, and are still, called *malignant.* Fevers supposed to furnish evidence of morbid changes in the fluids have been called *putrid.* Fevers of unusually long duration have been called *slow;* if attended with unusual depression, they have been called *low*, this term having the same sense as adynamic; when the febrile phenomena are intense, the fever is said to be *high.* The term *congestive fever* has been much used to denote an accumulation of blood within the vessels of internal organs. This term is still often applied in this country, to certain cases of periodical fever. Again, names have been applied to fevers, expressive of their source, or the places in which they prevail. Thus, typhus has been known as jail, ship, or camp fever, and periodical fevers, in different localities, have been called Boa Vista fever, Walcheren fever, jungle or coast fever, swamp fever, Panama fever, etc.

Before treating of the different species of fever separately, it will be advisable to present some general considerations relating to fevers collectively, in other words, to consider, briefly, the general pathology of fever, regarded as one of the elementary forms of disease. As regards our present knowledge of the essential nature of the several fevers, what has been ascertained respecting one is alike appli[illegible] others; or, to vary the expression, we know no more of th[illegible]ne than of all [illegible] few preliminary considerations rela[illegible] pathology of fever which will now be presented, will [illegible] the pathological character of the indivi

The following questions at once arise: What morbid phenomena are necessary to establish the fact of the existence of an essential fever? What are the characteristic symptoms of this elementary form of disease? How is an essential fever to be defined? It is not easy to give a few striking characters which are at once distinctive of fever, and a short definition is not practicable. There is not, however, a corresponding difficulty in recognizing the existence of a fever at the bedside. Practically, the problem generally is to determine whether a fever be symptomatic or essential. An enumeration of the obvious phenomena belonging to an essential fever, that is, of features common to all essential fevers, embraces the following points: In most cases the invasion is not abrupt or sudden, but there is a period of access, or a forming stage. Different fevers differ as regards the time occupied in the development of the disease, and certain prodromic symptoms are peculiar to particular fevers. Generally, the development is attended by a chill or by chilliness, and frequently by rigors. The pulse becomes more or less accelerated, and usually there is a very perceptible increase of the heat of the surface. The thermometer shows as a rule, to which there are few, if any, exceptions, more or less increase of temperature; hence, the source and significance of the name fever. Anorexia and thirst are usually present; nausea is rarely wanting, and often vomiting occurs. Other symptoms are, frontal headache, pain in the loins and limbs, lassitude, restlessness, vigilance or imperfect sleep. The urine and most other secretions are diminished. The scantiness of urine, however, is due to deficiency of water. The urea and uric acid, as a rule, are increased—a fact showing augmented disassimilation. There is more or less rapid and notable loss of weight, the loss being greater than the reduction of alimentation. In most of the fevers the morbid phenomena continue for a limited period and then spontaneously end. The muscular debility is usually sufficient to cause the patient to take to the bed.

The combination of all these phenomena would not denote an essential, as distinguished from symptomatic, fever, without this negative condition, viz., the absence of any local disease adequate to account for them. We judge, then, that a patient has an essential fever of some kind, when he presents an *ensemble* of certain symptoms with the proviso just stated. But it will be seen hereafter that the different species of fever present, severally, certain symptoms which are characteristic of each species, that is, distinctive, on the one hand, of fever as contrasted with other dieases, and, on the other hand, of a particular species of fever as contrasted with other species.

The foregoing sketch of the phenomena of fever shows it to be a general disease; that is, it affects, in its manifestations, the entire organism. The language of Fordyce, with reference to this point, is not less pertinent now than when penned more than half a century ago: "A fever is a disease which affects the whole system. It affects the head, the trunk, and the extremities. It affects the circulation, the absorption, and nervous system. It affects the skin, muscular fibres, and the membranes. It affects the body, and it affects likewise the mind. It is, therefore, a disease of the whole system in every kind of sense."

The causes of fever will be considered in treating of individual fevers. There is reason to believe that each species of fever has its own special cause, that is, a cause which gives rise only to that particular form of disease; hence there are as many special causes as there are different species of fever. Concerning the essential nature of these special causes, their generation, the manner of their entrance into the system, and their primary action within the body, our present knowledge is very limited. Some of the causes are evidently of terrestrial origin, and some consist of either a virus or miasm produced within the body of another. The special causes appear to be ai in their morbific action by various auxiliary causes. The latter often se to be required to give efficiency to the special causes.

Of the nature of the pathological condition which constitutes an essen fever we have no positive knowledge. Can we not, however, go further th merely to say it is one of the elementary forms of disease? Here, as i respect of another elementary form of disease, viz., inflammation, we appro mate, in some measure, toward an explanation of the pathological condi if we are able to trace its primary seat in the organism; in other words, ascertain the portion of the body first acted upon by the special cause. T phenomena which constitute the manifestations of fever are evidently, to a great extent, independent of each other; they do not follow in a chain successive sequences, but are obviously alike effects of a pathological co dition which must be seated in a portion of the body having extensive re tions within the organism. There would seem to be, in fact, in the b only two anatomical systems having relations so extensive as to be able to rise to the train of morbid phenomena in fever, viz., the nervous system a the blood. Now, the phenomena of fever point to the existence of a mor condition of both these anatomical systems. The question then arises, w is primarily affected, or, in which is the essential pathological conditi fever seated? The answer to this question which would be given by pathologists at the present time is, the blood is the portion of the body affected, and the essential pathological condition in fever is here sea The correctness of this doctrine is not demonstrable. It has not been pr by direct observation that the special causes giving rise to the dif species of fever act primarily upon the blood. But the doctrine is consistent with our existing knowledge. The following are the grounds considering fever as primarily and essentially a blood-disease:—

1. The existence of a period of incubation renders the introductio blood-poison probable. According to the theory of late years held by pathologists, the special causes of fevers, as well as of certain other dise act in the blood as ferments, or on the principle of catalysis; hence significance of the term zymotic, as applied to these diseases by Fa This theory is consistent with the fact that an inappreciable amount o matter which constitutes the special causes or poisons giving rise to fever as well as other diseases, is adequate for their production.

2. One of the essential fevers, viz., variola, or smallpox, may be prod at will by the introduction into the system of a palpable material, or v and an immense quantity of this material, or virus, is reproduced. reasoning analogically, it is to be inferred that, in like manner, a pois matter is introduced whenever other species of fever are produced.

3. Fevers generally are self-limited. A duration, within certain lim among the laws by which they are governed. This fact is consistent the supposition of certain chemico-vital processes in the blood, which a time, cease. On the other hand, affections of the nervous syst irregular in their development and duration. They do not have a def self-limited career.

4. Fevers, as already stated, are, in general, gradually developed, hav forming stage, or prodromic period. They do not, as a rule, occur a as if from an impression on the nervous system. Their gradual develop suggests, as probable, chemico-vital processes in the blood.

5. Impressions made on the nervous system, however violent, ar known to occasion any of the fevers.

6. Of the different species of fever, each presents in its clinical hi definite and pretty uniform series of symptomatic events. Nervous aff

on the other hand, are characterized by the diversity and irregularity of the phenomena which accompany them.

7. It is difficult to understand how external causes giving rise to fevers can possibly come into contact with the nervous system so as to produce upon this system morbid impressions, except through the intervention of blood-changes.

8. There is reason to believe that most of the affections of the nervous system involve prior blood-changes.

Many of the phenomena of fever are referable to the nervous system; but it is most rational to consider the morbid condition of the nervous system giving rise to these phenomena as consecutive to a morbid condition of the blood, the latter inducing, secondarily, certain morbid effects on the nervous system.

FEBRICULA—EPHEMERAL FEVER—SIMPLE FEVER.

The term *febricula*, a diminutive of *febris*, is perhaps the best name to denote a mild, short fever which is everywhere of not infrequent occurrence. If very short, lasting only one or two days, it is appropriately called an *ephemeral fever*. When not ephemeral, the fever may continue for a period varying from three to eight, or even ten, days. It has been known by a variety of names; it is frequently called *simple continued*, or *simple fever*. Prof. Wood describes it, in his work on Practice, under the name, *irritative fever*. It is the *synocha* or *inflammatory fever* of Cullen and other nosologists.

This fever has no known anatomical characters; the opportunity of post-mortem examination is very seldom offered, for the disease very rarely, if ever, of itself ends fatally, at least in cold or temperate climates. No lesions belonging to the fever have been found in cases in which, owing to complications, death has taken place.

The invasion in cases of febricula is generally abrupt; but, in a certain proportion of cases, lassitude, loss of appetite, and general malaise exist for two or three days before the fever is developed. Irregular chilly sensations may accompany the attack, but there is seldom a well-pronounced chill. The febrile movement is more or less intense; not infrequently the acceleration of the pulse and heat of the surface are greater than at the commencement of typhus and typhoid fever. Pain in the head is a prominent symptom, the pain being generally frontal; there is more or less pain in the loins and limbs. Anorexia is usually complete. Constipation usually exists, and the abdominal symptoms which belong to typhoid fever are wanting. The urine is scanty and deep-colored; the intelligence remains unaffected; the hebetude which characterizes typhus and typhoid fever is not observed. There is no characteristic eruption; herpetic vesicles about the mouth sometimes occur, and bluish spots (*tâches bleuatres*), from three to eight lines in diameter, not elevated and not disappearing on pressure, have been observed by Davasse and Forget. These occur occasionally in typhoid fever.

The febrile career ends suddenly after one, two, three, or more days, the limit of the duration being ten days. Frequently with the cessation of fever there is a copious perspiration; epistaxis and occasionally hemorrhage from the uterus and rectum have been observed at the end of the fever. The convalescence is usually rapid, and there are no sequels.

This species of fever is supposed to occur irrespective of any special cause; that is, ordinary causes are supposed to be adequate to produce it. It is observed to follow over-exertion, dietetic excesses, and exposure to the sun's rays. This view of the causation is, however, conjectural. If a special cause be required, the processes by which the morbific material and its effects are gotten rid of are speedily completed. It is probable that certain cases which, from their short duration, are considered as cases of febricula, are in fact cases of typhoid or typhus fever, the disease ending without going through its usual career. Cases of ephemeral fever sometimes appear to be cases of abortive continued fever, the development presenting all the symptomatic features of the latter.

The diagnosis of febricula is of importance with reference to the success of measures employed to arrest or abridge the duration of typhoid and typhus fever. In cases in which measures employed for these ends appear to prove successful, the question is, was the disease typhoid or typhus fever, or was it a febricula? The following are considered as diagnostic points: 1. The abrupt development of the fever. 2. The attack succeeding obvious and ordinary causes. To these is to be added absence of diagnostic traits belonging to the clinical history of typhoid and typhus fever. Cases occur in which it is difficult or impossible to decide, during the progress of the fever, whether it be typhoid, or typhus, or a febricula; and, after the fever ends, whether it have been a febricula, or an abortive or arrested typhoid or typhus fever.

Febricula in cold and temperate climates is rarely, if ever, fatal, except from an accidental complication of a serious nature. It is stated to prove fatal not infrequently in tropical countries.

As regards the treatment of febricula in cold and temperate climates, hygienic and palliative measures only are called for. A saline laxative, refrigerants, and anodynes are the remedies indicated.

TYPHOID FEVER.

The name *typhoid* signifies *typhus-like*—the pertinency of this name as applied to the fever to be now considered, consists in the resemblance of the disease to typhus fever. It might therefore seem most appropriate to consider, first, typhus fever; but typhoid fever prevails very extensively in this country, and has been known with us as *common continued fever*, whereas the prevalence of typhus is comparatively limited, and the latter is very rarely with us an indigenous disease. For this reason, reversing the order which the name suggests, I shall consider, first, typhoid fever, with reference to its anatomical characters, clinical history, causation, diagnosis, and prognosis, afterward, typhus, under the several aspects just named, and in this connection the non-identity of these two fevers, and, lastly, the treatment of typhoid and typhus fever.

The name *typhoid* is open to objection. It is customary to apply this name to a condition or state which is incidental to many diseases, and hence has arisen not a little confusion. Of other names which have been proposed within late years, no one has been generally adopted, and probably the disease will continue to be called typhoid fever. This name was introduced by Louis, whose clinical researches were of great value not merely with reference to our knowledge of this disease, but as inaugurating the true method of the study of the clinical history of all diseases, viz., by means of the analysis of carefully recorded cases. The correspondence of the results of the researches of Louis, as regards typhoid fever, with the results of similar researches by others in different countries, furnishes the best possible proof of the value of the method of study, and, at the same time, shows the remarkable uniformity of the disease at different times and places. By the German writers, the disease is called *abdominal typhus*. Prof. Geo. B. Wood has suggested, as an appropriate name, *enteric fever*. Both these names relate to the intestinal lesions which are characteristic of the disease. As remarked by Murchison, these names are objectionable because they are apt to convey the impression that the fever is the result of these lesions. Murchison has proposed, as a substitute, *pythogenic fever*, a name which implies the supposed source of the disease to be putrescent matter. It is an objection to this name that the source of the special cause, which the name implies, has not been conclusively established.

ANATOMICAL CHARACTERS.—Typhoid fever has certain special lesions which are highly interesting and important. They are seated in the Peyerian or agminated and solitary glands of the small intestine, and in the mesenteric glands. The first ascertained step in a series of changes occurring in the patches of Peyer and solitary glands, is enlargement from the presence of a morbid deposit or product known as the typhous material, which probably takes place within the glandular sacs. It has been supposed that increased vascularity precedes the deposit, but this is not fully ascertained. The enlargement is considerable, causing an elevation of the patches one, two, three, and even four lines above the plane of the adjacent mucous surface. The mucous membrane over the affected patches is of a pinkish or purplish hue, and the corresponding portions of the peritoneum are much injected. Usually the patches are indurated to the touch; they are sometimes smooth, and sometimes present an irregular, granulated aspect. These appearances are presented early in the disease. They have been observed as early even as the second day. The deposit takes place first in the patches nearest the cæcum, and, successively, in the patches situated above. Sloughing away of the deposit, glandular bodies, and mucous membrane, is the next step. This probably occurs in the great majority of cases. When death takes place during the second week, the sloughing is in progress. Generally, at this stage of the disease, portions of the patches have separated, other portions are partially detached, and portions are still adherent. The sloughs are sometimes dark from the presence of blood, and sometimes yellow from the imbibition of bile. The rapidity of the sloughing varies in different cases. It is very rarely completed before the end of the first week. It takes place earliest in the patches nearest the cæcum, and usually, different degrees of progress are presented in the series of patches above the cæcum. It is sometimes nearly or quite completed in the lowest patches, while it has hardly commenced in those which are uppermost. Ulceration is a consequence of the sloughing. The Peyerian patches, after the sloughing is completed, are the seat of ulcers. The ulceration first occurs in the patches nearest the cæcum, and successively in the ascending series of patches. Ulceration in the lowest patches rarely takes place before the end of the second week of the disease, but, exceptionally, it may occur during the first week. Generally the uppermost patches do not become the seat of ulcers until the third week or even later. The occurrence, successively, of ulceration in the patches from below upward, is one of the distinctive features of the disease. The edges of the ulcers are not elevated and hardened as in tuberculous ulcers in the same situation. Another distinctive feature is an overlapping of the mucous membrane at the margins of the ulcers, presenting an appearance as if an undermining material had been dissolved from beneath the shelving border. Frequently at the bottom of the ulcers the muscular fibres are exposed; the muscular layers and the peritoneum then form the only support of the intestine at the ulcerated patches. Cicatrization is the last step in the series of processes. A thin, serous-like membrane is formed at the bottom of the ulcers. This membrane gradually becomes thicker and firmer, and at length the excavations produced by the sloughing away of the deposit and glands is filled up.

The cicatrization never leads to stricture of the intestine. It is not probable that the glands are ever reproduced. The process of cicatrization usually begins in the third week of the disease, and is going on during convalescence. The time occupied in the completion of this process varies in different cases. It is sometimes unusually slow, a fact which accounts for the persistence of the abdominal symptoms, in certain cases, for some time after the career of the fever is ended.

Perforation of the intestine is liable to occur in one or more of the ulcerated patches. It may be due to an extension of the ulceration to the muscular and peritoneal tunics, or to sloughing of these tunics, or to rupture. The opening is sometimes extremely small, if due to ulceration; it may be no larger than a pin's point. If caused by sloughing or rupture, the opening may be of considerable size. With intestinal perforation are associated appearances denoting acute peritonitis, the latter being occasioned by the escape of the gaseous and other contents of the intestine into the peritoneal sac.

The series of changes which have been described as occurring especially in the Peyerian patches, also occur in the solitary glands. The latter are the seat of these changes in a large proportion of cases, but not invariably. A few cases have been observed in which the lesions were seated exclusively in the solitary glands. The number of both the Peyerian patches and solitary glands which are affected in different cases, vary. It may be stated here that there is no constant relation between the extent of the intestinal lesions and the severity of the disease, as denoted by the abdominal and other symptoms.

More or less enlargement of the mesenteric glands is always associated with the intestinal lesions. The enlargement depends on the presence of the same deposit which takes place into the Peyerian and solitary glands. The mesenteric glands which are in immediate relation to these are especially affected. Their volume is often much increased; not infrequently they attain to the size of a pigeon's egg. They diminish in size as the sloughing process is going on within the intestine, and gradually the deposit is entirely absorbed. Exceptionally, sloughing takes place within the mesenteric glands, the slough separating and being discharged into the peritoneal sac. This is an occasional source of peritonitis, developed in the course of the disease.

The foregoing lesions are peculiar to typhoid fever. In a greater or less degree they are always present, and they occur in no other disease. They are characteristic of typhoid fever, as the eruption in smallpox is characteristic of that disease. They do not constitute the disease, more than the eruption constitutes smallpox; but they sustain to the disease a definite, fixed pathological relation, the nature of which is unknown. It has been conjectured that sloughing and ulceration within the intestine do not always take place, but that the deposit is sometimes absorbed here as it is within the mesenteric glands. With regard to this point we lack positive information. The solitary glands within the cæcum and colon are occasionally the seat of lesions like those which constantly occur in the small intestine. Perforation of the large intestine has been known to occur in several cases.

It has been supposed that certain of the symptoms and complications of typhoid fever are attributable to *septicæmia* from resorption of the typhoid material. This supposition is without any solid foundation. The symptoms and complications attributed to septicæmia thus induced occur in typhus as well as in typhoid fever, and in the former of these affections there is no deposit analogous to that which is characteristic of the latter.

The spleen is more or less enlarged and softened in the great majority of cases. The other abdominal viscera present only accidental lesions. Minute ulcerations in the pharynx and œsophagus are observed in a small proportion of cases, and inflammation of the gall-bladder sometimes occurs.

Important lesions situated elsewhere than in the digestive system are not of a special character, but either depend on complications or are accidentally connected with the disease. Ulcerations in the larynx and trachea are found in a very small proportion of cases. The bronchial mucous membrane is more or less congested. Hypostatic congestion of the depending portions of the lungs is sometimes observed. Pulmonary œdema occasionally occurs. Pneumonitis is a not infrequent complication. The bronchial glands are apt to be enlarged when pneumonitis occurs. There is no ground for attributing the enlargement of these glands to the presence of the typhous material.

As regards the nervous system, more or less cerebral congestion is not uncommon, together with serous effusion in the arachnoid cavity, lateral ventricles, and subarachnoid space. The effusion, however, is not turbid from lymph, and those appearances are not sufficient to show the existence of meningitis. Meningeal inflammation is a very rare complication. The morbid appearances within the cranium are not greater than are found after death from various other diseases, and they have no relation with the symptoms referable to the nervous system. Parts of the nervous system other than the brain present nothing abnormal.

In some cases the walls of the heart are notably flaccid, and the muscular structure is softened. The blood contained in the heart-cavities, when death has occurred purely from the fever, is often unusually dark and liquid. Fibrinous clots are found in cases in which life is destroyed by a complicating inflammation such as peritonitis or pneumonitis. The fibrin of the blood is diminished in this, as in other essential fevers, when not complicated with an acute inflammation. According to Virchow, the white corpuscles of the blood are increased.

The kidneys are in some cases notably congested and in other cases unusually pale. They are sometimes enlarged, and the uriniferous tubes filled with exfoliated epithelium. The latter may occur post-mortem.

Clinical History.—Typhoid fever, as a rule, is developed gradually. The time occupied in its development is considered by some as a precursory or prodromic period, and by others as a stage of the disease. The latter seems to me more correct. After the development of the disease, the most convenient division of stages is into septennary periods. The career of the disease will embrace the first, second, third, and sometimes a fourth week.

In a large proportion of cases, patients are unable to fix the precise date of their ailments, so imperceptible is the commencement of the disease. It is, therefore, often not easy to determine accurately the duration of the forming stage. This stage ends when the disease is fully developed. How is the latter to be determined? My rule is to consider the fever as established when the patient takes to the bed. This is an arbitrary criterion, and not always accurate, but the instances in which patients take to the bed before and after the full development of the disease will about compensate for each other. Judged by the rule just stated, the forming stage varies from one to ten days, and the mean duration is about five days. Exceptionally, the attack is abrupt, the patient taking at once to the bed.

The following are the symptoms belonging to the forming stage: Chills, more or less pronounced, or chilly sensations, recurring irregularly, sometimes followed by perspiration and sometimes not. Cephalalgia, the pain generally referred to the frontal region. Mental irritability, with difficulty of concentrating the attention or exerting the faculties of the mind. Loss of appetite, occasional nausea, and sometimes slight vomiting. Epistaxis, in a pretty large proportion of cases. Pain in the loins and limbs. Looseness of the bowels, or hypercatharsis if a mild purgative be given. Lassitude and progressive debility until, at length, the patient, who, up to this time, has kept up with more or less effort, feels compelled to take to the bed.

Of the symptoms in the foregoing list, those especially of diagnostic importance are looseness of the bowels and epistaxis. The duration of this stage is of importance in diagnosis.

Proceeding to notice the symptoms which make up the clinical history after the forming stage, it will be convenient to arrange them according to the different anatomical systems to which they are referable. They are distributed, after this plan, into those referable to the countenance or general aspect, the nervous system, the digestive system, the skin, the respiratory system, the circulation, and the urinary system.

Countenance and General Aspect.—There is no very marked alteration of the countenance for the first few days. The face in the early period of the disease is usually more or less flushed. Afterward, the countenance presents a dull or listless expression, and in severe cases there is lack of any expression, or an appearance of stupidity. The latter corresponds with the gravity of the disease, and is more and more marked as the disease continues. These alterations of the physiognomy are dependent on the mental condition.

The surface presents slight or moderate capillary congestion, such as is produced by the action of cold. This is most marked on the face, and especially on the cheeks. Distinctly circumscribed redness of the cheeks is rare save in the cases in which the disease is complicated with pneumonitis. The redness due to the congestion disappears on pressure, and returns more or less quickly. In some cases the hue of the surface is slightly dusky. The capillary congestion observable on the face is diffused over the body, but, next to the face, it is most marked on the hands and arms.

This symptom is much less marked than in typhus, but, in view of its constancy, in a lesser degree, in this disease, it must be considered as having a pathological significance. Probably it denotes a certain amount of obstruction to the capillary circulation, arising from the changed condition of the blood. Slight or moderate congestion of the conjunctiva is not infrequently observed.

Nervous System.—Pain in the head is more or less complained of during the first week. It is not always a prominent symptom, and never has the intensity of the pain which belongs to the first stage of acute meningitis. It gradually becomes less and less a subject of complaint, and usually ceases during the second week. The cephalalgia is not accompanied with notable intolerance of light and sounds. Pain in the back is also complained of in the early part of the disease, but is rarely a very prominent symptom.

Delirium is manifested in the majority of cases which I have observed. Of sixty-four cases analyzed with respect to the presence or absence of this symptom, it existed in 47.[1] As a rule, it is not manifested until the second week, and sometimes not until the third or fourth week. Exceptionally it is manifested in the first week, and even when the patient first takes to the bed. Different cases differ much as regards the degree of delirium—it may be slight or, on the other hand, a very prominent symptom. Generally the first evidence of mental aberration is temporary confusion on awakening from sleep, the patient being unable to recall where he is, and asking incoherent questions. Increasing, the patient talks incoherently, and mutters like a person talking in sleep. Efforts to get out of bed are common, and when sked where he would go, a frequent answer is, he wishes to go home. In most ases he is easily persuaded to lie down, but after a few moments the effort o get up is repeated. If not watched, patients sometimes get up and suc- eed in getting on their clothes. The delirium is always greater, and may e manifested only, during the night. In the great majority of cases, the elirium is of a quiet, passive kind. It apparently proceeds from weakness f mind; there is inability to carry on connected trains of thought. The icoherent talking or muttering usually relates to habitual pursuits. The atient is in a dreamy state, a succession of disjointed ideas passing through e mind.

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[1] Clinical Reports on Continued Fever, based on an analysis of 164 cases, etc. Austin Flint, M. D., 1852.

There are occasional exceptions to the rule regarding the kind of delirium. t is sometimes noisy and active; the patient shouts, and makes strong and ersistent efforts to get up. Constant forcible restraint is sometimes neces- ry. Fixed delusions, either of the senses or ideas, during the progress of e disease, are certainly rare; they may occur at the time of convalescence. n one of my cases the patient fancied that he had become immensely rich, nd this delusion continued for several days after convalescence. The deli- um is in general marked in proportion to the intensity of the disease. So r as my observations go, persisting, active or violent delirium, requiring straint, is an extremely unfavorable symptom.

Patients are sometimes perfectly coherent, but not rational. They reply o questions at hap-hazard, and no reliance is to be placed on their state- ents with respect to the events of their illness. In some cases there are o manifestations of delirium during the whole course of the disease, but, ter recovery, there is very little recollection of anything that transpired. he delirium sometimes has a hysterical character, consisting in emotional anifestations—weeping and sobbing—the emotions being very rarely irthful.

Delirium, however prominent as a symptom, is no evidence of encephalic flammation. The appearances of meningitis are not found after death in ses characterized by very active delirium, nor is there an abnormal amount congestion. The statistical researches of Louis have shown that delirium not constantly associated with any complications of the fever, and, hence, is to be considered as dependent on the morbid condition of the blood in hich consists the essential pathology of the disease.

Irrespective of delirium, the mental condition in the second, third, and urth weeks is characterized by hebetude, indifference, inanimation; and unted perception is shown by various circumstances. The patient asks for thing—not for drink, although the mouth may be dry and desiccated, nor r the position of the body to be changed; flies creeping over the face may casion little or no annoyance, etc. In grave cases the urine and feces may passed in bed, not from paralysis of the sphincters, but through indiffer- ice and a reluctance to make any effort. The special senses are impaired, pecially the sense of hearing; deafness in one or both ears is frequently arked. General and special sensibility are diminished, as a rule, in pro- rtion to the intensity of the disease. Jenner and Gairdner have noticed e frequent occurrence of dilatation of the pupil in this disease.

Wakefulness is complained of during the first few days; the patient expe- ences discomfort from the want of refreshing sleep. Afterward, the want sleep may not be appreciated, owing to the mental condition. The pa- ent, indeed, may seem to doze most of the time, but without obtaining any ne sleep. He is easily aroused, but directly relapses into a pseudo-somno- nt state. This state being one in which the patient may be said to be th sleeping and wakeful, is called *coma-vigil*, the significance of the name pending on the incongruity of the words which it combines. This name is also applied to a state occasionally observed, in which the patient is unconscious with the eyes open. In coma-vigil, or the pseudo-somnolent state, from which the patient is readily aroused, the mind is frequently occupied with a series of disconnected ideas or dreamy delusions, which give rise to the muttering delirium. This combination of stupor and delirium is expressed by the term *typho-mania.* The want of true sleep doubtless contributes not only to the exhaustion, but to delirium and other disordered nervous phenomena, as in delirium tremens.

Coma-vigil and typho-mania do not involve a tendency to true coma; but, in a certain proportion of cases, coma is gradually developed in the latter part of the career of the fever, and under these circumstances a fatal result is to be expected. In a certain proportion of cases coma is suddenly induced; it occurs unexpectedly, and in mild as well as in severe cases. These cases generally end fatally, the mode of dying being by apnœa, caused by the loss of the *besoin de respirer.* This apoplectic coma is often preceded by disturbance of the rhythm of respiration, the inspiratory act being shortened and quickened.

Other symptoms referable to the nervous system, or ataxic symptoms, denoting gravity of disease, are, grasping at invisible objects or carphologia, pulling-up of the bedclothes or fumbling with the body-linen, visible twitchings of the muscles of the face and of the extremities, and movements of the tendons of the wrist perceptible to the touch, the latter called *subsultus tendinum,* rigidity of the muscles of the neck or extremities, and convulsions. Muscular rigidity and convulsions are very rare, and betoken a fatal termination. There is reason to believe that the pathological condition giving rise to convulsions and coma is generally, if not always, uræmia. In most of these cases the urine will be found to be albuminous, but uræmia may occur without albuminuria.

Digestive System.—Anorexia is the rule, but to this rule there are exceptions; the appetite is sometimes preserved throughout the disease. Food is sometimes acceptable when, owing to the mental condition, it is not asked for. Thirst is usually a prominent symptom, until perception becomes blunted. Drink, although not asked for, is often taken with avidity when given. The condition of the mouth would involve a desire for drink, were the ability to perceive morbid sensations not impaired.

The tongue generally presents morbid appearances. It may be simply furred or frosted, but is oftener covered with a coating more or less thick, which, in different cases, is whitish, yellowish, brownish, or even black. Not infrequently the coatings are thrown off once or repeatedly, and the surface is then usually reddened. Exfoliation of the coating or its gradual thinning, the surface being moist and of a natural color, betokens convalescence. The varied appearances of the coatings have no special significance. The surface of the tongue is sometimes reddened and smooth or glazed. It sometimes becomes dry and hard. This occurs in coma-vigil; the patient breathing with the mouth open, the surface is desiccated. It sometimes becomes cracked and deeply fissured. Tremulousness of the tongue, as in cases of delirium tremens, is sometimes observed, usually preceding or accompanying grave ataxic symptoms. The tongue, in some cases, at an advanced period, is protruded with apparent hesitation and difficulty, and, when protruded, may not be withdrawn, apparently from forgetfulness. The delay in protruding and withdrawing the tongue represents the weakness and slowness of the mental acts.

Dark or black matter, called *sordes,* after the first week, is apt to collect upon the teeth and lips, especially in grave cases. Hemorrhage from the gums is an occasional symptom, occurring in mild, as well as severe, cases. Redness of the gums and bleeding on slight pressure are common.

A rare but somewhat characteristic complication is inflammation of one or both of the parotid glands. It leads to notable enlargement, and the appearance is like that of ordinary *parotiditis* or *mumps*. But, unlike the affection just named, in the great majority of cases suppuration takes place, and not infrequently more or less sloughing of the areolar tissue. This complication adds to the danger, and retards convalescence. It may occur at any period of the febrile career or during convalescence. It is not to be regarded as a critical event. The discharge of pus is sometimes into the *meatus auditorius*. This complication occurs in typhus, as well as in typhoid, fever. It occurred in 5 of 30 cases of typhus and typhoid fever which I recorded in the winter of 1849–50. Prior to that year I had never met with an example, and since that year I have met with a very few examples only, in a much larger field of observation.

Vomiting is an occasional symptom. Generally it is a result of over-ingestion. As regards the occurrence of this symptom, typhoid fever is in striking contrast with remitting fever.

Diarrhœa or looseness of the bowels exists in a large majority of cases, and belongs among the diagnostic symptoms of the disease. It was more or less marked in 48 of 74 cases of those which I have analyzed. In cases analyzed by Louis and others, it existed in a still larger proportion. It is a prominent symptom in proportion as the intestinal lesions are extensive. The dejections have a yellow, ochre color. They give an alkaline reaction. Exceptionally constipation exists, and I have known the dejections to have a natural appearance throughout the disease. The bowels are sometimes evacuated in bed from indifference, and sometimes from paralysis of the *sphincter ani*. The involuntary evacuations denote great gravity of disease.

Hemorrhage from the bowels occurs in a certain proportion of cases. It occurred in 3 of 73 cases which I have analyzed. Adding to these cases analyzed by Louis, Jenner, and Murchison, the number is 312. Of these cases, hemorrhage occurred in 32. As regards the rate of fatality among the cases in which hemorrhage occurs, facts collected by different observers differ. Of the three cases in the collection of cases which I have analyzed, two ended in recovery. Since that analysis I have recorded three cases in private practice, in two of which the hemorrhage was so profuse as to induce syncope and loss of pulse at the wrist for several hours. All these cases ended in recovery. So far as my experience goes, therefore, it is in accordance with that of Graves, Trousseau, and Kennedy, going to show that this event is not of unfavorable omen. The facts, however, upon which this conclusion is based are negative; and facts observed by Louis, Chomel, Jenner, and others, show that the loss of blood sometimes proves fatal. Of 303 cases analyzed by James Jackson, hemorrhage from the bowels occurred in 31, and of these cases 20 terminated favorably. Dr. Sutton, of Kentucky, states with respect to this event, "I have found hemorrhage in the last stage much less fatal than I was prepared to expect from reading or reflection. I remember but ten cases in which it occurred. In two only did death follow." He adds, in a note, "Since writing the above I have seen several other cases, but no death."[1] The hemorrhage occurs late in the disease, and, in most instances, is from the intestinal ulcers.

Other abdominal symptoms are, meteorism or tympanites, tenderness or pain on pressure, and gurgling. The abdomen is always resonant from the presence of gas in the colon; frequently there is more or less distension, and sometimes the tympanitic enlargement is great. Tenderness on pressure in the iliac region, especially on the right side, is very rarely, if ever, entirely absent. Sudden and forcible pressure may be required for the manifestation of pain, if perception be much blunted. The tenderness is often marked, and sometimes extends over the greater part of the abdomen. Gurgling on pressure in the iliac region, as a sound, and as a tactile sensation, is a frequent symptom. These three symptoms, viz., meteorism or tympanites, iliac tenderness, and gurgling, especially the two former, conjoined with diarrhœa or looseness, and ochre discharges, form a group of abdominal symptoms highly diagnostic of this form of fever. The tympanites, tenderness, and gurgling, as regards their prominence, are not proportionate to the amount of intestinal lesions.

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[1] On Typhoid Fever, Louisville, 1850.

Perforation of the small or, in rare instances, the large intestine occurs in a certain proportion of cases. Of my 73 cases, it took place in only ten. Of fatal cases collected by Louis, Murchison, Bristowe, together with the records of the London Fever Hospital, making in all 185, perforation occurred in 38, the proportion being a fraction under one-fifth. Of 231 cases (20 cases fatal) analyzed by Prof. Pfeufer, of Munich, perforation occurred in 5. It occurs late in the disease or during convalescence, and sometimes even after apparent recovery from the fever. It occurs in cases in which the fever appears to be mild as often as when the fever is severe, a fact which is consistent with a statement already made, viz., that the severity of the fever does not correspond with the amount of intestinal lesions.

Perforation gives rise to peritonitis, which is generally developed abruptly. The sudden occurrence of notable tenderness diffused over the abdomen, and abdominal pain, increased tympanitic distension, rigidity of abdominal walls, with marked frequency of pulse, prostration, haggard expression of countenance etc., point to peritonitis from perforation. In some cases, the perforation being quite small, the development of the peritonitis is gradual; it may be circumscribed under these circumstances. The existence of peritonitis and its sudden development do not invariably denote perforation. Peritonitis in typhoid fever may be caused by the evacuation into the peritoneal sac of the typhoid matter within a mesenteric gland. It may occur irrespective of either this cause or perforation. Probably in most of the reported cases of recovery after the occurrence of peritonitis, perforation was not involved. Peritonitis from perforation is almost certainly fatal.

Skin.—Of the symptoms referable to the skin, the most important is a characteristic eruption. The eruption consists of isolated papules, generally limited to the trunk, of a rose or pink color, called by Louis lenticular rose-colored spots. They are slightly elevated, and therefore are *papulæ* not *maculæ*. The elevation is distinctly felt if the finger be carried lightly over them. They are slightly oval in form, and are from one to two lines in diameter. The redness momentarily disappears on light pressure. The number of papules is generally small, in the majority of cases not exceeding fifteen or twenty, and sometimes only four or five can be discovered. Exceptionally they are abundant over the trunk, and the eruption sometimes extends to the extremities. Fresh papules appear from time to time during the course of the fever, taking the place of those of anterior date. They are to be sought for over the chest and abdomen in front, and over the back; they are sometimes found exclusively in the latter situation.

Reckoning from the beginning of the forming stage, the eruption appears between the seventh and fourteenth day. Dating from the time of taking to the bed, it is observed between the second and twelfth day, the average time of the appearance being about the seventh day. Papules continue to disappear and appear during the career of the disease, and sometimes the er-tion persists into the stage of convalescence. The papules are not apparent after death.

The eruption is not invariably present. In the 73 cases which I have analyzed, it existed in 49. The proportion of cases in which it occurs varies in different years, as my statistics show. It appears to be less frequent in the country than in the city. According to Jenner, it is less frequent in children than in adults. The copiousness of the eruption is no evidence of severity of the fever, and, on the other hand, it is as likely to be absent in mild as in severe cases. •A scarlet rash occasionally precedes the characteristic rose eruption.

Miliary vesicles or sudamina are not infrequently observed in the middle and latter part of the disease on the neck, chest, and abdomen. Louis attributed to this eruption considerable diagnostic value, but on insufficient ground. It is observed in various affections in which perspiration occurs. Petechiæ or minute ecchymoses are occasionally observed. These do not denote unusual gravity of the disease; they occur in mild as well as severe cases.

Bluish patches of irregular form, from three to eight lines in diameter, are occasionally observed on the abdomen, back, and thighs. They are not peculiar to this disease, and are more likely to occur in mild than severe cases.

Perspiration more or less abundant, and recurring more or less frequently, is observed in about one-half of cases, exclusive of its occurrence at the time of convalescence or just before death. It occurs in about an equal proportion of fatal cases and those ending in recovery. Observation does not show a connection between this symptom and any particular antecedent events; but, taking the frequency of the pulse as a criterion of the gravity of the disease, and comparing the pulse before and after the occurrence of perspiration, in the majority of cases improvement follows. While this symptom, therefore, has no bearing on the prognosis, it often betokens some amelioration. It is not certain whether the perspiration produce the amelioration or proceed from it. It is most apt to occur at night. As a rule, during the greater part of the career of the fever, the skin is dry. The temperature of the body will be noticed in connection with the circulation.

Gangrene has never occurred in my experience except in situations exposed to pressure. Spontaneous gangrene of the extremities and genitals has been observed. Gangrene, as well as troublesome ulcers, is liable to follow vesication. The liability to bed-sores on the nates, hips, and shoulders, is to be borne in mind. These may be prevented by changing from time to time the position of the body, the use of air-pillows, etc. Erysipelas is an occasional complication of typhoid fever.

Respiratory System.—Cough is not a prominent symptom, unless some unusual pulmonary complication exists; but slight or moderate cough is almost invariably present, proceeding from subacute bronchitis, or, perhaps, from congestion of the mucous membrane similar to that of the skin. A sibilant rale is frequently heard over the chest on auscultation.

Pneumonitis is a not infrequent complication. It occurred in 12 of 73 cases which I have analyzed. This complication is rendered probable by prominence of cough and accelerated breathing; but the proof of its existence is afforded by the physical signs. This complication is sometimes quite latent as regards diagnostic symptoms, and is determinable only by physical exploration. The existence of pneumonitis adds to the danger, but by no means precludes recovery. Irrespective of any pulmonary complication, except subacute bronchitis, the frequency of the respirations is increased, the average being about 21 per minute.

Frequent sighing in the early part of the disease is apt to be a forerunner of ataxic symptoms of grave omen. A spasmodic or jerking inspiration, when pneumonitis does not exist, is an important symptom as a precursor of coma. This statement holds good in other forms of fever than typhoid. Of the cases which I have analyzed, this symptom was noted in 16, and in one-half of these cases, death by coma followed within a period varying from twelve hours to four days. The importance of this symptom is enhanced by the fact that it may sometimes be observed when no other symptoms denote impending coma. This was true of several of the cases which I have observed.

Epistaxis has been mentioned as a symptom of diagnostic value in the forming stage. It occurs not infrequently afterward, especially in the early part of the febrile career; and in some cases it occurs repeatedly. Of the 73 cases which I have analyzed, it occurred once or repeatedly in 21. Generally the hemorrhage is small, but occasionally it is profuse, and it may even require to be arrested by mechanical means. When slight or moderate, it does not appear to exert any influence on the progress of the disease.

Laryngitis and œdema of the glottis are occasional complications of typhoid fever.

Circulation and Temperature.—More or less acceleration of the pulse belongs to the history of the disease. The acceleration varies considerably in different cases and at different periods of the disease in the same case. An analysis of my cases shows a greater average frequency in fatal cases than in those ending in recovery. As a rule, the gravity of the disease is in proportion to the acceleration of the pulse. The danger is usually considerable if the pulse exceed 120 per minute, and the danger is augmented in a geometrical ratio as the frequency rises higher than this. The mean frequency in the cases not proving fatal, of those which I have analyzed, was 98; in the fatal cases, 110. In some mild cases the average frequency during the whole of the disease is less than the average frequency of health. In one of my cases the average frequency was 69. But in these cases the pulse at times exceeds the healthy standard. Hence, the pulse may at times fall below the standard of health. This is not infrequently observed at or near the time of convalescence. I have noted it as low as 64, 60, and 40. Others have observed it to fall still lower. Oftener the pulse continues more or less accelerated after convalescence is declared. A sudden and considerable increase of the frequency of the pulse denotes the occurrence of some important event, such as pneumonitis or peritonitis. The frequency of the pulse may vary at different periods of the day. The increase is sometimes in the morning and sometimes in the evening. So far as my observations go, regular exacerbations of fever, as indicated by the pulse, or remissions, are rarely observed.

As regards characters of the pulse other than frequency, it is often quick and vibratory, but rarely hard or resisting. It denotes increased action, but not increased power of the ventricular systole. It becomes feeble or compressible in proportion as it is frequent. The force is always notably diminished if the frequency much exceed 120. An unfavorable progress of the disease toward asthenia is shown by progressive increase in frequency and diminution of force. Under these circumstances, the first sound of the heart, on auscultation over the apex, is notably lessened, and may be inappreciable.

More or less increase of the heat of the body is the rule. Perhaps the rule, that at some period in the disease the temperature is raised, is without any exceptions; but, at certain periods, the heat may not exceed, and even fall below, the standard of health. The researches of Wunderlich, embracing an examination of 700 cases by means of the thermometer in the axilla, show a progressive increase of temperature for the first three days to be the rule. At the end of this period, the temperature usually rises to 103°.5 Fahr. If, in the progress of the disease, the thermometer show a greater increase than this, the prognosis is unfavorable, whereas, a decline of the temperature in the morning to near the normal standard is evidence of convalescence. Wunderlich's researches show a regular oscillation of temperature between morning and evening, the difference being about one degree up to the time of convalescence, when the oscillations become much greater, the difference being four or five degrees, the temperature in the morning being at the normal standard 98° or lower. A high elevation of temperature in the morning, viz., 106° to 108°, indicates the approach of death. The laws of the disease, as regards temperature, are considered by Wunderlich and others as characteristic, so that the thermometer may be useful in diagnosis as well as prognosis.[1]

Urine.—The urine is usually scanty and of high specific gravity until the approach of convalescence, when it becomes abundant and of a low specific gravity. During the progress of the disease, as a rule, the urea and uric acid are absolutely increased. The coloring matter is also more abundant than in health. The presence of albumen during a portion of the febrile career is not very uncommon. Abeille found it in 12 of 95 cases. Of 282 cases observed by Murchison, Parkes, Solon, and others, albuminuria occurred in 93, being about 32 per cent. Abeille, who has studied with care the occurrence of transient albuminuria in this and other affections, states that it is a symptom denoting always gravity of the disease. Of the 12 cases noted by this observer, in 6 the disease was fatal. The abundance of albumen denotes a proportionate gravity. This symptom occurs in the middle or latter part of the disease, and may continue for a period varying from 24 hours to 12 days. In the fatal cases in which it occurs, it continues up to the time of death. In the cases studied by Abeille, the kidneys after death were simply congested, no deposit or structural change existing. He supposes that the albuminuria proceeds, partly from congestion of the kidney, and in part from a morbid change in the blood.

Renal casts in the urine are sometimes observed. These denote disease of the kidneys, either existing prior to the fever, or developed as a complication. If, with or without renal casts or albuminuria, the urine be notably deficient in urea, uræmia is to be apprehended. It is probable that coma and convulsions occurring in the progress of typhoid fever are due to uræmic poisoning.

The urine is sometimes retained in cases of typhoid fever, and owing to the blunted perception, the bladder may become greatly distended. The practitioner should not omit to ascertain the condition of the bladder, by manual examination of the abdomen, during the progress of the disease, and resort seasonably to the use of the catheter when required. On the other hand, the urine is often passed in bed, sometimes from indifference and sometimes from incontinence.

In order to determihe the duration of the disease, it is necessary to fix upon certain points which shall mark the beginning and the end of the febrile career. The time of taking to the bed is a convenient, and, in a collection of cases, a tolerably correct criterion of the full development of the fever. It is difficult to find any circumstance which will answer equally well to denote the date of convalescence. The career of the fever rarely ends abruptly ; the termination in convalescence, like the development, is gradual. The decision that a patient is to be considered convalescent is a matter of judgment, and is to be based on the *ensemble* of symptoms. Different practitioners would differ in individual cases as to the precise day of convalescence. This fact disposes at once of the doctrine of critical days. A believer in this doctrine would be likely to fix upon a critical day as the date on which the fever ends, whereas, a non-believer would be as likely to fix upon some other day; hence, it is clear that observations collected by believers in critical days would go to support the doctrine. Of 42 cases, ending in recovery, which I have analyzed with reference to the duration of the fever, dating from the time of taking to the bed to the time when the improvement in all the symptoms was sufficient for the patients to be considered convalescent, the average duration was 16 days. The maximum duration was 28 days; the minimum 5 days. The mean duration in 75 cases observed by Murchison, was a fraction over 24 days. This greater duration is probably owing to the commencement being fixed at an earlier period than the date of taking to the bed. Of 45 fatal cases in my collection, the mean duration was a fraction over 14 days, the maximum being 26, and the minimum 9 days. The mean duration in 12 fatal cases observed by Murchison, was a fraction over 22 days. The average duration of convalescence is from one to two weeks.

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[1] For further details, *vide* Aitken's Science and Practice of Medicine.

Relapses of typhoid fever are sometimes observed. Several examples have fallen under my observation. A return of the fever may take place after ten days or a fortnight from the date of convalescence, and the patient pass through a second career, the eruption and other characteristic symptoms being reproduced. The duration of the second career is usually shorter, and the severity greater than the first, but a fatal termination is rare.

In 231 cases occurring in six months, in Munich, in 1856–57, analyzed by Prof. Pfeufer, there were seven examples of relapse. Of these 7 cases 4 were fatal, the large rate of fatality being a deviation from the rule in relapsing cases. "After death two sets of ulcers were found in the intestines, corresponding to the two attacks of fever."[1]

The complications which are apt to arise in the course of typhoid fever have been noticed in connection with the symptoms referable to different anatomical symptoms. Typhoid fever may be associated with scarlatina, rubeola, diphtheria and perhaps with typhus. Occasional sequels are, pulmonary tuberculosis, and subcutaneous abscesses. Progressive emaciation and death from inanition have been known to follow; but in many instances, nutrition becomes extremely active after recovery, and the patient attains to a greater weight than ever before. The mental powers in some cases are enfeebled for a considerable period.

CHAPTER II.

Typhoid Fever Continued—Causation—Diagnosis—Prognosis—Typhus Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Non-identity of Typhus and Typhoid Fever.

The anatomical characters and clinical history of typhoid fever have been considered in the preceding chapter, and it remains to consider the causation, diagnosis, and prognosis of this disease before entering on the consideration of typhus fever.

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[1] Am. Jour. Med. Sciences, July, 1861.

Causation.—Typhoid fever is not restricted within any geographical limits; it is endemic in every quarter of the globe. In certain of the so-called malarious districts it is not observed, as distinct from remitting fever; but there is reason to believe that, in these districts, it is obscured by being blended with periodical fever. It is certain that in some situations in this country, well-marked cases of typhoid fever were hardly known so long as malarious fevers were rife, but the former became the common form of fever after intermitting and remitting fevers ceased to prevail. Of this fact I have been personally cognizant in two situations, viz., Buffalo and Louisville. As regards the seasons of the year, it shows a decided predilection for the autumn. Of 45 cases which I have analyzed with reference to this point, 16 were in October, 9 in November, and 12 in December. It is stated that a warm dry summer favors the occurrence of the disease in the following autumn.

A decided predisposing influence pertains to age. Young persons are chiefly liable to it. Murchison states the mean age in 1,772 cases admitted into the London Fever Hospital, to have been a fraction over 21 years. It occurs but rarely in infancy. It is not uncommon in childhood. A considerable proportion of the cases of so-called infantile remitting fever are cases of typhoid fever. It is extremely rare after 50 years of age; but well authenticated cases of its occurrence after that age, and even in old persons, have been reported by Lombard, Trousseau, Wilks, and others. It is stated that the glands of Peyer begin to disappear after adult life, and traces of their existence only are apparent after forty-five years. This will account for absence of the lesions of these glands after fifty years of age.

Both sexes appear to be about equally liable to the disease. It was observed by Louis to occur especially among persons who had resided for a short period only in Paris. It has been observed to prevail among recent residents in other cities. Generally patients are in good health when attacked; other diseases do not seem to predispose to it. No causative influences relating to social position, occupation, or habits of life, have been ascertained. There does not appear to be any solid ground for the notion which has been held by Carnot and some other French writers, that the diminished prevalence of smallpox, in consequence of vaccination, has rendered typhoid fever more prevalent.

With respect to the contagiousness of the disease, there is not unanimity of opinion. That it may be communicated under certain circumstances is certain, and that it frequently or generally originates spontaneously, that is, irrespective of contagion or infection, is perhaps equally certain. Assuming these statements to be correct, this is one of the diseases, the special cause of which may be generated without the body and reproduced within the body.

The contagiousness of typhoid fever is proven by instances in which persons, having contracted the disease in one locality, go to another in which the disease was not prevailing, and of the residents in the latter locality with whom they are brought into contact, a greater or less number become affected. Many instances of this kind have been reported,[1] but the most remarkable of any on record came under my observation, in 1843, in a little settlement called North Boston, situated eighteen miles from the city of Buffalo, consisting of nine families, all being within an area of an hundred rods in diameter; but the few houses in which the disease occurred were closely grouped together around a tavern, the house farthest removed from the tavern being only ten rods distant. A stranger from New England, travelling in a stage-coach which passed through this settlement, had been ill for several days, and on arriving at this stopping-place was unable to proceed further. He remained at the tavern, and, after a few days, died. He was seen by several physicians of the vicinity, and there can be no doubt that his disease was the same as that with which others were subsequently affected. Up to this time typhoid fever had never been known in that neighborhood. The sick stranger was seen by the members of all the families in immediate proximity to the tavern, with a single exception. One family named Stearns, having quarrelled with the tavern-keeper, had no intercourse with the family of the latter and very little with the other families, all of whom were tenants of the tavern-keeper. No member of the family of Stearns saw either the sick stranger or any of those who were taken ill after the stranger's death. Members of the family of the tavern-keeper were the first to become affected; the first case occurring 23 days after the arrival of the stranger. Other cases speedily occurred in the surrounding families. In a month, more than one-half the population, numbering 43, had been affected, and ten had died. Of the families immediately surrounding the tavern, that of Stearns alone escaped; no case occurred in this family.

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[1] *Vide* Murchison, on the Continued Fevers of Great Britain.

The occurrence of the disease produced great excitement in the neighborhood; poisoning was suspected, and Stearns was charged with having poisoned a well used in common by all the families except his own. A fact which encouraged this suspicion was, the common well being owned by the tavern-keeper, he had refused permission to use it to Stearns, who had in consequence been obliged to dig a well for his own use. An examination of the water from the common well showed it to be perfectly pure. The disease was undoubtedly typhoid fever. Visiting this settlement during the prevalence of the disease, and recording the symptoms of several cases then in progress, the clinical history furnished abundant evidence of the nature of the disease. Moreover, I made an examination of the body of one of those who had died with the disease, and found the Peyerian patches ulcerated and the mesenteric glands greatly enlarged.[1]

Now, were it proposed to devise an experiment to test the communicability of a disease, no better plan could be adopted than to introduce a case into a district where it was not at the time prevailing, and to procure free exposure on the part of some of those residing in the district. The experiment would be more satisfactory if the disease introduced had not been hitherto endemic in that locality. And to render the experiment as perfect as possible, by divesting it of any moral influence, it should be made without the knowledge of those who were to be the subjects. If, under all these circumstances, a large proportion of those of the inhabitants of the district who had been brought into contact with the disease were attacked simultaneously or in quick succession, and thus a new and hitherto unknown affection be suddenly developed, which spreads rapidly over a limited circuit, affecting those only who had been in habits of intercourse with the imported case or with the persons who were subsequently attacked, others residing in the same district, but not brought into contact with the disease, uniformly escaping—what is the logical deduction from the facts? In the absence of all evidence of epidemic or endemic agencies, contagion offers the only adequate explanation. The laws of probabilities would not authorize the supposition that the events depended on mere coincidence. To undertake such an experiment would be neither practicable nor justifiable: but it will be seen, on reviewing the facts connected with the development and diffusion of typhoid fever at North Boston, that they embrace all the conditions for a fair experiment to test the contagiousness of the disease. If every circumstance had been deliberately selected and arranged, they could hardly have been more complete.

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[1] For fuller details, *vide* Clinical Reports on Continued Fever, etc., 1852, and American Journal of Medical Sciences, July, 1845.

Although this disease may be undoubtedly communicated in some way from the sick to the well, under ordinary circumstances it is not diffused by contagion. As a rule, it is not communicated to those who come into contact with private patients, nor is it propagated among hospital patients, thus differing widely from typhus fever. There is ground for the conjecture that, when communicated, the special poison is derived from the intestinal discharges. Dr. William Budd and others entertain the belief that the disease invariably proceeds from a special poison contained in the excreta, and they account for the prevalence of the disease by the dissemination of the poison in emanations from water-closets, privies, and drains. That the alvine excreta are the media of communication in the rare instances in which the disease is evidently communicated is highly probable, but the doctrine that this is invariably the causation is inconsistent with facts which appear to show conclusively the spontaneous generation of the poison in the great majority of cases.

Murchison cites several striking outbreaks of typhoid fever in localities in which it appeared to be fairly attributable to emanations from obstructed drains and cesspools, or from drinking-water tainted with sewage. And, regarding the poison as frequently thus generated, he proposes, as a name for the disease, *pythogenic fever*. That putrescent substances, animal or vegetable, and excreta, exert a causative agency, is, to say the least, highly probable, but whether as giving rise to the special poison or acting as auxiliary causes, cannot be considered as settled; hence, the name is objectionable for the reason that it implies a doctrine which is hypothetical. The probable agency of noxious gases from drains, cesspools and privies, or of water polluted from these sources, and of emanations from the intestinal discharges of fever patients, enforces the importance of measures of prophylaxis, consisting of effective sewerage, providing against obstructions of house-drains, preventing leakages from these and cesspools, taking care that the trapping of sinks and water-closets is complete, and the speedy removal of the excreta of patients affected with the disease.

The interval from the introduction of the poison into the system and the first manifestation of disease, or the period of incubation, is supposed to be from one to two weeks. This disease is one of those which are very rarely experienced twice; a person who has had the disease as a rule is thereafter unaffected by the special cause.

DIAGNOSIS.—Typhoid fever is to be discriminated from other essential fevers, more especially typhus and remitting fever. The differential diagnosis cannot be fully considered without anticipating the diagnostic events which belong to the clinical history of other fevers which remain to be considered. The discrimination is to be made by ascertaining the presence of more or less of the events which are diagnostic of typhoid fever, and the absence of events diagnostic of other fevers. The points in the clinical history which are distinctive of typhoid fever are as follows: the gradual development, the absence of marked remissions, the abdominal symptoms, viz., diarrhœa with ochre-colored dejections, tympanites, tenderness in the iliac regions and gurgling, the occurrence of epistaxis and the characteristic eruption. Other points to be taken into account are, the autumnal season, and the youth of the patient. The foregoing points, taken in connection with the absence of features distinctive of other fevers, generally render the discrimination easy, after a certain duration of the disease. In the early part of the disease, the discrimination is not always easy, and some delay may be necessary in order to arrive at a positive diagnosis.

The diagnosis involves discrimination from several local affections. Certain local affections may be supposed to constitute the disease when they are actually present, not as idiopathic affections, but as complications, or when certain organs are functionally disturbed in a marked degree without any local affection more than is incident to the fever. In determining whether an existing disease be an essential fever or a local affection, the following general considerations are to be kept in view. They are applicable alike to typhoid fever and other essential fevers.

1. The presence of an access, or forming stage, of greater or less duration, is somewhat distinctive of an essential fever. Local affections, as a rule, are comparatively abrupt in their development. This consideration is especially applicable to typhoid fever.

2. The events which denote fever of some kind are to be sought after in the details of the early history prior to the occurrence of symptoms pointing to any local affection.

3. It is to be observed if the general symptoms, such as prostration, febrile movement, delirium, etc., be not greater than would be expected as symptomatic of the particular local affection which is suspected.

4. The events which are distinctive of particular fevers, and which do not belong to the history of local affections, are to be sought after; for example, the events proper to typhoid fever, such as the eruption, epistaxis, and abdominal symptoms.

5. It is to be observed whether symptoms are not absent which would probably be present if the suspected local affection existed, or, assuming its existence, if it were a primary or idiopathic affection.

Local affections with which typhoid fever is liable to be confounded are, meningitis, bronchitis, pneumonitis, acute tuberculosis, and enteritis.

Acute meningitis, as distinguished from typhoid fever, is characterized by more intense cephalalgia, by intolerance of light and sounds, early and active delirium, frequently by vomiting as a prominent symptom, and somnolency or coma succeeding the delirium. There is generally constipation; the abdomen is not tympanitic, but frequently depressed, and iliac tenderness is wanting. This differential diagnosis is required chiefly in children.

Subacute bronchitis is an element of typhoid fever. If the bronchitis be unusually prominent and the fever unusually mild, the latter may be overlooked and the disease considered a primary bronchitis. This error can only happen in the early part of the fever; the duration and progressive increase of the disease, together with the characteristic events of the fever, will lead to a correction of the diagnosis.

Typhoid fever may be confounded with pneumonitis, when the latter exists as a complication. The existence of pneumonitis is shown by its physical signs. The differential diagnosis is to be based on facts which show the existence of fever prior to the occurrence of the pneumonitis, and on the events characteristic of typhoid fever, viz., the abdominal symptoms and eruption. Cases of primary pneumonitis, in which the existence of typhoid fever may be suspected, are cases of so-called typhoid pneumonitis, that is, pneumonitis with phenomena denoting the typhoid state, viz., low delirium, prostration, subsultus tendinum, etc.

Acute tuberculosis has not infrequently been mistaken for typhoid fever. The former is to be discriminated by the notable frequency of respirations, the prominence of the cough, the occurrence of hæmoptysis in some cases, the abundance of subcrepitant rales, by marked lividity in some cases, and by the absence of the abdominal and other characteristic events of typhoid fever.

Typhoid fever may be considered as primary enteritis, when the abdominal symptoms are unusually prominent from the beginning. The liability to this error is chiefly in children. Events, other than the abdominal symptoms, belonging to the history of typhoid fever, are to be sought after. Some of these are not as readily appreciated in children as in adults, especially those relating to the mind, and the eruption is oftener wanting. Hence, typhoid fever in children is not infrequently called enteritis. With due care in tracing the development and progress of the disease, this error of diagnosis should generally be avoided.

It is evident that familiarity with the phenomena and laws of typhoid fever and of the diseases with which it is liable to be confounded, viz., other fevers and the local affections just referred to, is an essential qualification for accuracy in diagnosis. This remark is of general application to diagnosis.

PROGNOSIS.—Of 18,612 cases aggregated by Murchison, occurring at the London Fever Hospital in 14 years, Guy's Hospital, St. Thomas' Hospital, and King's Hospital, of London, at Strasbourg, Paris, and the provinces of France, and the Infirmary at Glasgow, the mortality was 18.52 per cent., or 1 in 5.4. The separate collections of cases which make up the above aggregate show a variation in mortality between 16 and 32 per cent. Excluding 190 cases at Strasbourg, in which the mortality was 23 per cent., and 147 cases at Paris, giving a mortality of 32 per cent., the variation in the remaining collections was between 16 and a fraction over 20 per cent. Of 303 cases received in the Massachusetts General Hospital, and analyzed by James Jackson, 42 were fatal, being 1 in a fraction over 7, or a fraction under 18 per cent. Of the 73 cases which I have analyzed, 18 were fatal, nearly 1 in 4, or about 24 per cent.

These facts show considerable variation in the death-rate in different collections of cases occurring at different places and periods. The variation is often considerable at different seasons in the same place, and under similar circumstances as regards surroundings and treatment. This fact is shown by the ratio of deaths in successive years in the Massachusetts General Hospital.[1] In 1828, of 22 cases, 2 died; in 1829, of 25 cases, 1 died; in 1830, of 14 cases, 4 died; in 1831, of 29 cases, 2 died; in 1832, of 23 cases, 4 died; in 1833, of 37 cases, 6 died; in 1834, of 34 cases, 6 died; and in 1835, of 35 cases, 6 died. To a certain extent, therefore, differences in the intrinsic tendency of the disease to a fatal issue at different periods and places must be admitted; a fact to be considered in estimating the influence of therapeutical measures.

As regards age, Murchison's statistics show the lowest rate of mortality to be from 10 to 15 years, and the next lowest from 5 to 10 years; the number of cases analyzed under 5 years being insignificant. The highest rate under 55 years is from 30 to 35 years. Jackson's statistics show the death-rate to be greater above than below 30 years. Jackson's statistics show a greater mortality in the cold than in the warm months. It is a matter of common observation, that vigorous persons are more likely to succumb than those of feeble constitution.

A fatal result is rarely due to the intensity of the disease. Death, generally, is attributable to complications or accidents, such as pneumonitis, peritonitis, and occasionally hemorrhage. Pre-existing disease may lead to a fatal result—for example, chronic disease of the kidneys. Unusual severity of the abdominal lesions is sometimes the cause of death. In the great majority of fatal cases the mode of dying is by asthenia. Apnœa is combined with asthenia in the cases in which sudden coma precedes death.

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[1] Report on Typhoid Fever, by James Jackson, M. D., Boston, 1838.

Coma, probably uræmic in most cases, and convulsions render the prognosis extremely unfavorable. Other marked ataxic symptoms, such as carphologia, subsultus, etc., are ominous. Cases characterized by active persistent delirium usually end fatally. The prognosis is unfavorable whenever the pulse becomes extremely frequent and feeble, and the first sound of the heart is notably weakened. Great prostration is evidence of great danger. In cases of pregnancy, abortion generally takes place, and death follows. The chances of recovery may be good, notwithstanding the occurrence of pneumonitis limited to one lobe. Intestinal hemorrhage is less serious than is supposed by some; recovery takes place in the majority of the cases in which this event occurs. Death may be caused by gangrene or bed-sores in parts exposed to continued pressure from the weight of the body.

A favorable prognosis may be entertained so long as ataxic symptoms are not marked, the adynamia not great, the pulse not very frequent or feeble, and there are no serious complications; but, under these circumstances, the prognosis should always be guarded, in view of the liability at any period of the disease to serious complications or accidents. And it is to be borne in mind that sudden coma and perforation of intestine are not less liable to occur in mild than in severe cases. The liability to perforation during convalescence is to be recollected. On the other hand, recovery may be hoped for in cases in which the symptoms denote the utmost gravity.

TYPHUS FEVER.

The fever called typhus, known from the earliest antiquity, has received a great variety of names. The name typhus, introduced by Sauvages in 1759, and now generally adopted by writers of all countries, has the negative merit of not involving any hypothesis concerning the nature and seat of the disease. Derived from τυφος, denoting stupor, it relates to a feature of the disease which is usually more or less prominent. In this country, from the fact that the disease is imported in vessels bringing emigrants from Ireland, it has been commonly known as *ship fever*.

This fever has many features in common with that just considered, viz., typhoid fever. The identity or non-identity of the two affections has been, within late years, a mooted question. They present points of contrast sufficient to show that they are distinct diseases. The grounds for concluding that they are not identical will be stated, after having considered the anatomical characters, clinical history, causation, diagnosis, and prognosis of typhus. In considering this species of fever under the aspects just enumerated, it will suffice to present the traits by which it is distinguished from typhoid fever.

Anatomical Characters.—In typhus, the abdominal lesions which are characteristic of typhoid fever are wanting. The Peyerian and solitary glands of the small intestine are either unaffected, or they are simply more conspicuous than usual, sometimes presenting numerous black points, giving rise to what has been called the *shaven-beard appearance*. The mesenteric glands do not contain the typhoid material, and are generally healthy. The disease has no known special anatomical characters; that is, there are no lesions peculiar to the disease and constantly present. Morbid appearances in different parts are frequently found after death, but they are due to pre-existing disease or to complications, or they occur in a proportion of cases sufficient only to show an accidental connection.

The spleen is frequently enlarged and softened; the heart is often flabby and softened. The blood in the heart and large vessels is unnaturally dark and fluid; coagula, if they exist at all, are dark and soft. Hypostatic congestion of the lungs and pulmonary œdema are more frequent than in typhoid fever. Slight extravasation of blood into the arachnoid cavity occurs in a small proportion of cases. Cerebral congestion and effusion of serum into the ventricles of the brain, the subarachnoid space, and the arachnoid cavity are not uncommon, but unattended with the exudation of lymph. In the epidemic, however, in New York, in 1847 and 1848, Prof. Alonzo Clark observed appearances denoting meningitis. The kidneys are apt to be congested; they are sometimes enlarged, and the convoluted tubes may be filled with desquamated epithelium. The latter, probably, not infrequently occur *post-mortem*. Prof. Alonzo Clark has observed very generally a highly vascular state of the bronchial mucous membrane, extending to the smaller tubes.

Clinical History.—The duration of the access or forming stage is shorter than in typhoid fever, and cases of an abrupt invasion are not as rare. Patients in the great majority of cases take to the bed on the second or third day after the first manifestation of illness. The symptoms during the development of the disease are essentially the same as in typhoid fever, with this important difference, viz., the abdominal symptoms of typhoid fever—diarrhœa, meteorism, iliac tenderness, and gurgling—are generally wanting.

Countenance, and General Aspect.—Capillary congestion of the face, extremities, and trunk is more marked in typhus than in typhoid fever. It gives to the surface, especially on the face, a dusky or dingy hue so distinctive of typhus as compared with typhoid fever, that even nurses and attendants, after becoming conversant with the two diseases, learn to discriminate them by the physiognomy. The conjunctiva is more frequently and deeply congested. A besotted or expressionless countenance is earlier and more strongly marked.

Nervous System.—The symptoms referable to the nervous system which belong to the clinical history of typhoid fever occur in typhus. Coma-vigil and typho-mania are observed in a larger proportion of cases of typhus, they are oftener present in a marked degree, and occur earlier in the career of the disease. Other ataxic symptoms, such as subsultus and carphologia, are of more frequent occurrence. Prostration is apt to be more marked and earlier manifested. Persistent active delirium, in my experience, has occurred oftener in typhoid than typhus fever. Contraction of the pupil often accompanies delirium or stupor, and is sometimes extremely marked, called by Graves the *pin-hole* pupil. Coma and convulsions occurring in typhus, as in typhoid, fever, are generally attributable to uræmia. Hyperæsthesia of the surface, even when the mental perception is notably blunted, is sometimes manifested.

Digestive System.—The tongue, more frequently than in typhoid fever, becomes covered with a thick, brown or black coating. It is less frequently reddened, glazed, and fissured. It is oftener with difficulty protruded. Sordes occurs more frequently, earlier, and in greater abundance. As regards the abdominal symptoms which are highly diagnostic of typhoid fever, the two diseases present striking points of contrast. Diarrhœa is oftener absent in typhus, and, when present, it is almost invariably slight. The stools have not the ochre color of those in typhoid fever. Tympanites is oftener wanting, and generally, when present, slight in typhus. This statement applies also to iliac tenderness. Intestinal perforation does not occur in typhus. Hemorrhage from the bowels is one of the rarest of events, exclusive of cases in which dysentery is a complication.

Parotiditis is liable to occur, and the remarks made with reference to this complication in typhoid fever are equally applicable to its occurrence in typhus.

Skin.—A characteristic eruption occurs in a larger proportion of cases of typhus than of typhoid fever. Murchison states that of 3,506 cases received at the London Fever Hospital, it was not observed in 403, or a fraction over 11 per cent. Of 65 cases which I have analyzed, it existed in 57. It is oftener wanting in children than in adults. The eruption appears earlier in typhus. The average period from the time of taking to the bed to the first appearance of the eruption is somewhat under three days. The eruption in typhus is much oftener abundant, frequently being copious over the extremities as well as on the trunk, and sometimes appearing on the face.

Other distinctive points relating to the eruption are as follows: It is a maculated, not a papular, eruption. The spots become of a dull dingy or dark red color, and, after the first two or three days, the redness cannot readily be made to disappear by pressure. In some cases, in the latter part of the disease, the spots become truly petechial. They are smaller than the papules of typhoid fever. They do not come and go like the rose papules of typhoid; they all appear in the course of three or four days, and remain during the greater part or whole of the disease, sometimes even continuing into convalescence. They are often apparent after death.

The copiousness of the typhus eruption represents generally a corresponding gravity of disease. This statement does not hold good with respect to the eruption in typhoid fever.

In a certain proportion of cases of typhus, intermingled with the characteristic *maculæ* are more or less of the rose papules which are characteristic of typhoid fever.

Petechiæ are observed in some cases of typhus, as in cases of typhoid fever, as well as in various other diseases. As already stated, the characteristic typhus-spots sometimes become petechial. The eruption of typhus has been called by some a petechial eruption. This is incorrect. *Petechiæ* are spots caused by minute extravasations of blood, that is, they are ecchymoses, and these are not distinctive of typhus. Vibices are occasionally observed in cases of typhus. Sudamina or miliary vesicles occur in cases of typhus as well as typhoid fever.

The statements with respect to sweating and moisture of the skin in typhoid are also applicable to typhus fever.

The odor from typhus patients is stated to be characteristic. I have met with persons who declared that they were able to discriminate cases of typhus from typhoid fever by the sense of smell. I can bear testimony to an offensive odor emanating from patients affected with either disease, but I have not been able to appreciate its value as a diagnostic symptom.

Erysipelas sometimes occurs in typhus as in typhoid fever. Bed-sores are less liable to occur in consequence of the shorter duration of typhus. Spontaneous gangrene, not produced by pressure, is an occasional event. I have seen a case in which gangrene of both feet took place. The nose, penis, and scrotum have been known to slough away. Ulceration or sloughing of the cornea has been observed. The affection known as *noma*, or *cancrum oris*, is another serious complication occurring sometimes, not only in children, but adults. These complications occur in hospitals among patients who, prior to the disease, were suffering from innutrition.

Respiratory System.—The account of symptoms referable to the respiratory system in typhoid fever are mainly applicable to typhus. The significance of a spasmodic inspiration, occurring without any pulmonary complication, is the same in the latter as in the former disease. Cough from bronchitis is apt to be more prominent than in typhoid fever. Pseudo-pneumonitis, that is, hypostatic congestion and œdema, are more frequent, whereas, true pneumonitis appears to be less frequent than in typhoid fever. Epistaxis occurs less frequently. It appears to be established that the expired breath contains more ammonia than in health.

Circulation and Temperature.—The average frequency of the pulse in cases of typhus is greater than in typhoid fever. The significance of frequency and other characters of the pulse, and of weakening or absence of the first sound of the heart over the apex, as representing the state of the vital forces, is not less in typhus than in typhoid fever.

The temperature of the body, as determined by the thermometer, is more or less raised, varying from 102° to 107° Fahr. The increase of temperature corresponds to the intensity of the disease. A rapid decline of temperature is coincident with the occurrence of convalescence.

Urine.—The urea and uric acid are generally increased, as in cases of typhoid fever. According to Murchison, the chlorides are greatly diminished or disappear entirely.

Albuminuria is of more frequent occurrence in typhus than in typhoid fever. Murchison found it in 20 of 28 cases, or a fraction over 71 per cent. In about one-half of the cases, the amount of albumen was considerable. In most of the latter cases, there was no evidence of pre-existing renal disease. In typhus, as in typhoid fever, the early appearance of albumen in the urine, its abundance and duration, denote gravity of disease. Epithelial and blood-casts are sometimes observed.

The duration of typhus is less than that of typhoid fever. Of 53 uncomplicated cases ending in recovery, analyzed by Murchison, the duration varied between 8 and 20 days, the mean duration being a fraction over 14 days. The mean duration in 10 fatal cases was 15 days. Of 45 cases ending in recovery which I have analyzed, the maximum duration was 26 and the minimum 9 days, the mean being 14 days. The mean duration in 9 fatal cases was 10 days. In my cases the commencement of the disease was reckoned from the time of taking to the bed.

Relapses of typhus are extremely rare. They were, however, observed repeatedly at Bellevue in 1847–48 by Prof. Alonzo Clark. Examples of this fever having been experienced more than once are also very infrequent. There are no special sequels, and, in the great majority of cases, the health is excellent after recovery. Temporary loss of the hair is a common consequence of both typhoid and typhus fever. Mental imbecility sometimes remains for a certain period after the general condition of the body denotes recovery. This has been observed especially by Prof. Alonzo Clark. Dr. Upham, of Boston, observed the frequent occurrence of a dysenteric affection, during convalescence, in cases occurring among Irish immigrants at the Boston Quarantine Hospital in 1847–48.[1]

Typhus fever is sometimes associated with dysentery. Typhus and variola have been known to be combined. Probably typhus and typhoid fever may coexist.

Causation.—A striking point of contrast between typhus and typhoid fever relates to contagion. Diffusion by contagion appears to be an exception to the rule in typhoid fever, whereas it is the rule in typhus fever. The contagiousness of typhus is shown by the successive occurrence of cases in particular houses and neighborhoods, by the number who are attacked of persons brought into contact with typhus patients, especially in hospitals, either as physicians, attendants, or fellow-patients, and by the importation of the disease in localities where it did not previously exist. Referring the reader to works on fever for the evidence establishing conclusively the contagiousness of typhus, I shall simply subjoin certain illustrative facts falling within my own knowledge.[1]

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[1] Records of Maculated Typhus, or Ship Fever, etc., with plates, by J. B. Upham, M. D., New York, 1852.

In 1850, '51, and '52 I was engaged in the clinical study of typhus and typhoid fever in the Buffalo Hospital of the Sisters of Charity. I recorded, during these years, sixty-five cases of typhus. Twelve Sisters of Charity were assigned to this hospital during the period just named. Of these twelve Sisters, five contracted typhus fever. These five Sisters alone had charge of the fever patients; the remaining seven Sisters, performing other duties, were not brought into contact with the fever patients. Thus, every Sister who nursed fever cases had an attack of the disease. During the last of these years, eleven patients, admitted for other affections, contracted the disease, the number of cases of typhus received during this year being considerably larger than during the two preceding years.

Typhus fever has prevailed in certain parts of the city of New York as an epidemic, from the summer of 1861 to the present date (1865). Dr. A. L. Loomis, one of the visiting physicians of Bellevue Hospital, in a paper on "The History of Typhus Fever, as it Occurred at Bellevue Hospital, etc." states that, for the two years prior to 1861, not a single case of typhus in the hospital had fallen under his observation. In June and July, 1861, there were 21 cases, and from this time forward the number of cases increased, so that from Jan. 1, 1861, to Nov. 1, 1864, 1,428 cases had been admitted, over 500 cases having been received during the six months preceding Nov. 1, 1864. As chairman of a committee appointed by the Hospital Medical Board to investigate the origin of the disease, Dr. Loomis ascertained that the first case known to have occurred was of a child who had come to this country from Ireland two weeks before being taken ill. From this case the disease extended over the tenement house in which the patient lived and the adjoining house, sixteen cases occurring in both houses within three weeks. During the following two years, the cases received at Bellevue were mostly from the immediate neighborhood of the locality where the disease first appeared; and during the whole period this neighborhood furnished the highest number of cases.

Of 22 members of the house staff during the time above stated, 15 contracted the fever; of these 15, 10 contracted the disease while on duty in fever wards, 2 while taking care of a fellow-member of the staff sick with fever, 1 while on duty in the quarantine fever ward, 1 from a single case occurring in a general medical ward of which he had charge, and 1 was accustomed to visit daily the fever wards. Of persons employed in the hospital as orderlies, watchers, etc., 16 were attacked with fever, and "in every case the duties of those attacked brought them in direct contact with patients or within the concentrated poison of the fever wards." From June, 1863, to June, 1864, 26 patients, admitted into the hospital for other affections, contracted the fever. Of these cases, "so far as the exact circumstances attending the development of the disease in each could be reached, none sickened unless brought into direct contact either with the person exhalations of a typhus patient or within the limits of the concentrated poison of the fever wards." "During this period, 175 cases were developed in the general fever wards within ten days after admission, and were transferred to the fever wards as soon as the nature of the disease was apparent." At length, "on the 17th of May, 1864, owing to the great increase in the number of typhus patients and the increasing mortality of those brought into contact with the disease, the Commissioners of Public Charities and Correction, upon the recommendation of the medical board through a special committee composed of Drs. Clark, Wood, Hamilton, and Flint, established tents on Blackwell's Island in which all the fever cases able to be removed from Bellevue were placed, and to which all fever cases thereafter admitted were sent."[1]

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[1] The reader will find abundant proof in Murchison's treatise on *Continued Fevers*; also in Bartlett on the *Fevers of the United States*, edited by Prof. Alonzo Clark.

The infectious miasm emanating from typhus patients rarely communicates the disease except to those who are in immediate proximity to patients. Concentration of the miasm is generally necessary. Hence, the disease is apt to be contracted by those who render personal attentions to patients, and especially by those who are exposed to the atmosphere of ill-ventilated fever-wards containing a large number of cases. A single patient in a spacious, well-ventilated apartment seldom communicates the disease. All persons at all times, moreover, are not equally susceptible, and, hence, some contract the disease after comparatively slight exposure, while others who are much exposed escape. There is no proof that the disease is diffused from one house to another, or from hospitals to adjoining houses, except by intercommunication. Facts show that the disease may be communicated by fomites; but a considerable impregnation of articles of clothing, etc., is necessary. Dr. Loomis states that of those in Bellevue Hospital who had charge of the clothing of the hundreds of typhus cases admitted into that institution, not one has contracted the disease. Exposure of infected clothing to a dry heat of 200° Fahr. probably destroys the miasm. Some facts appear to show that the disease may be contracted by dissecting bodies dead with typhus, but this is not certain. The period of the disease in which it is most apt to be communicated is after the first week. Facts appear to show that it is liable to be communicated during convalescence.

There is considerable variation in the estimation by different observers, of the period of incubation. Probably this period varies considerably in different cases. Murchison fixes the average period at about nine days, but he considers that it may vary from a few hours to twelve days. Persons have sometimes had an impression that they received the poison at a particular moment when they were conscious of a peculiarly sickening odor inhaled from the body of a typhus patient. Little or no reliance is to be placed on this impression as evidence of the reception of the poison. Probably physicians have very many times experienced this sickening odor, without having had typhus. Such has been repeatedly my experience.

As a rule, in this country, typhus fever is an imported disease and diffused by contagion, using this term in its broad, popular sense, as applied to a miasm as well as a virus. It is, however, difficult to trace all outbreaks of the disease to contagion, and, hence, the opinion is generally held that the special cause is sometimes of spontaneous origin. Facts appear to render it highly probable that the disease is sometimes developed as a consequence of over-crowding and deficient ventilation; in other words, that the concentrated emanations from the bodies of healthy persons may suffice for the generation of the typhus miasm.[2] The development of the disease in jails, hospitals, workhouses, ships, and unventilated tenement houses crammed with occupants, is thus accounted for, irrespective of contagion.

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[1] *Vide* Bulletin of the New York Academy of Medicine, vol. ii., Nos. 21–24, 1865.

[2] For facts bearing on this point, *vide* Murchison, op. cit.

In 1841 I reported four cases of typhus developed in the Erie County almshouse. They occurred during the winter months. The wards in this institution were quite small and crowded, and, for the sake of warmth, fire places, which had previously been used, had been bricked up and close stoves substituted. There was an abundant eruption in all these cases, and an examination after death, in the only case which proved fatal, showed the absence of the typhoid lesions. These cases seemed fairly attributable to overcrowding and want of ventilation.[1] No cases of typhus occurred out of the almshouse, and the disease was not imported.

Overcrowding, deficient ventilation, especially if conjoined with inanition, are powerful auxiliary causes acting in conjunction with contagion. The causative influence of destitution and starvation is strikingly shown by the prevalence of typhus in Ireland in periods of famine, and by the large proportion of cases, among those received into hospitals, in which the deprivations and hardships of poverty had been experienced prior to the attack of fever.

Typhus attacks the two sexes in about an equal proportion. Persons are more liable to be attacked after adult age, but children are not exempt, and this fever does not, like typhoid, spare those who are beyond the middle period of life. It is more likely to prevail in the winter and spring months than in autumn, in this respect differing from typhoid fever.

Diagnosis.—The remarks on the discrimination of typhoid fever from remitting fever and several local affections will apply to typhus fever. The discrimination of typhoid and typhus fever is to be here noticed. The following are the more important points in this differential diagnosis: The relatively long duration of the forming stage in typhoid, and its short duration in typhus. Absence of the characteristic abdominal symptoms of typhoid, in typhus, viz., diarrhœa, meteorism, iliac tenderness and gurgling; or their presence in comparatively a slight degree. The dusky or dingy hue of the surface in typhus. The appearance of the eruption earlier in typhus. The different characters of the eruption, viz., in typhoid, papular, rose-colored, the redness disappearing on pressure; in typhus, after two or three days, if not at first, maculated, the color dark red, and the redness not disappearing on pressure. Other distinctive points relate to the eruption, viz.: the sparseness in typhoid, and the copiousness in typhus; the frequent extension, in the latter, of the eruption over the extremities; the persistence of the spots in typhus, and the disappearance of papules with the production of fresh papules in typhoid. It is to be borne in mind that in some cases of typhus, rose papules are intermingled with the characteristic maculæ.

Corroborative diagnostic points are, the occurrence of peritonitis and hemorrhage from the bowels in some cases of typhoid, and the earlier occurrence of delirium, coma-vigil, and other ataxic symptoms in typhus.

If the eruption be present, typhus is generally recognized without difficulty. The eruption is not always present, and the diagnosis may then involve delay and difficulty. The prevalence of typhus and exposure to contagion are to be taken into account in doubtful cases.

Prognosis.—Of 18,592 cases aggregated by Murchison, occurring at the London Fever Hospital in 14 years, at King's College Hospital, the Edinburgh Infirmary, and at Glasgow, Scotland, the mortality was 18.78 per cent. or 1 in 5.27. This rate of mortality differs only by a small fraction from the rate in about the same number of cases of typhoid fever.[1] The death-rate is found to vary, at different times and places, between 9 and 25 per cent., the variations being due to differences as regards an intrinsic tendency of the disease to a fatal result. In epidemics of typhus, as of other diseases, it has been often observed that the fatality is greatest at first, and decreases as the number of cases diminish. The ratio of fatality is greater among males than females. The fatality is less in early life than subsequently. It is greater under 10 years of age than between 10 and 20 years. After 30 years the fatality progressively increases, and after 50 years the proportion of deaths is nearly one-half.

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[1] *Vide* Boston Med. and Surg. Journal, June, 1841.

Of the 63 cases which I have analyzed, 12 were fatal, that is, 1 in a fraction over 5, or a fraction over 18 per cent.

A fatal result is oftener due to the intensity of the disease, that is, occurring irrespective of complications, in typhus than in typhoid fever. Peritonitis, which destroys a certain proportion of patients with typhoid fever, does not occur in typhus. This is true, also, with respect to intestinal hemorrhage. Pneumonitis is less frequent in typhus, and there are no complications peculiar to the latter. Uræmic coma, and sometimes convulsions, both generally followed by death, are as liable to occur in typhus as in typhoid fever. A fatal result appears to be oftener attributable to feebleness of constitution, or to causes which impair the power of resisting the disease, in typhus than in typhoid fever. Of 38 cases which, within the past three years, have occurred among the members of the resident medical staff and persons employed in Bellevue Hospital, 17 have ended fatally, whereas, of 1,428 patients admitted with fever during the same period the number of deaths was 243, or 1 in 5.87. This difference in the mortality in the two classes of cases is the more remarkable because the resident physicians and persons employed in the hospital were treated for the disease under more favorable circumstances than the hospital patients. It is difficult to account for the greater fatality among the former class, except by supposing that living in the hospital involved exposure to nosocomial depressing influences which rendered the system less able to resist the disease.

In general, the symptoms pointing, on the one hand, to a favorable, and, on the other hand, to an unfavorable prognosis, are the same in both typhoid and typhus fever.

NON-IDENTITY OF TYPHUS AND TYPHOID FEVER.

Discussion of the reasons for considering typhus and typhoid fever as distinct diseases is less called for now than heretofore, because, at the present time, very few hold to the opinion that they are identical. It will suffice to state the more important of the facts on which the doctrine of their non-identity is based.

1. Typhoid fever is characterized by peculiar and remarkable abdominal lesions, which are not found in cases of typhus. The difference between a fever with and a fever without these lesions is hardly less striking than the difference between a fever with and a fever without the cutaneous lesions, that is, the eruption, characteristic of smallpox. The abdominal lesions of typhoid fever are of so special a character, as in themselves to constitute a valid claim for the individuality of the disease.

2. The events of the clinical history in the two diseases show points of contrast which denote the distinct individuality of each disease. The more

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[1] *Vide* page 715.

striking of these points of contrast relate to the abdominal symptoms and the eruption. The characters of the eruption, alone, suffice to show that the diseases are not identical. The eruption in each disease belongs to a different class, viz., in typhoid, to the *papulæ*, and, in typhus, to the *maculæ*. The difference is nearly as great as between the eruption of rubeola and that of scarlatina; and it is worthy of note that the two diseases just named have been considered as identical within the past century.

3. There is reason to believe that typhus and typhoid fever have each its own special cause or causes, that is, a cause or causes which will not produce the other disease. Jenner traced the origin of cases received into the London Fever Hospital during two successive years (1848 and 1849), in order to determine whether two or more cases coming from the same habitations afforded examples of the same kind of fever or of different fevers. Forty-four localities in 1848 furnished 101 cases of typhus, and one only of these houses furnished a case of typhoid fever. Eighteen localities in 1849 furnished 51 cases of typhus, and none of these houses furnished a case of typhoid fever. During these years nine localities furnished 19 cases of typhoid fever, and these houses furnished only one case of typhus. Similar investigations pursued by Murchison, Gairdner, Peacock, Wilks, and others have led to similar results, showing that the two fevers have no community of origin.

4. Neither typhus nor typhoid fever, as a rule, is experienced twice, but neither exempts from the other. Patients admitted with typhoid fever into hospital fever-wards containing cases of typhus are liable to contract the latter, and pass successively through both diseases. Several examples of this kind have come under my observation.

5. Certain laws with respect to causation go to show their non-identity. Typhus is chiefly diffused by contagion, typhoid is rarely communicated. Typhoid fever is indigenous in many regions where typhus is very rarely, if ever, generated. After 50 years of age the susceptibility to the typhoid poison is almost *nil*, whereas typhus is often contracted after this age. Typhus prevails as an epidemic, but typhoid is usually an endemic disease.

CHAPTER III.

Treatment of Typhus and Typhoid Fever—Relapsing Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Erysipelatous Fever—Epidemic Fever characterized by mild Erythematic Pharyngitis.

THE general principles of treatment in typhoid and typhus fever are essentially similar, and, indeed, are applicable to all the essential fevers. It will suffice to notice, incidentally, indications pertaining exclusively either to typhus or typhoid fever, without considering the treatment of each fever separately.

It must be admitted that the known resources of therapeutics do not afford reliable means for the arrest of these fevers, or even shortening the duration of the febrile career. Measures proposed for these ends within late years are, quinia in large doses, full doses of opium, and the use of the wet sheet after the hydropathic method. The first of these, viz., large doses of quinia has been abundantly tried, and found to be unsuccessful as an abortive plan of treatment. Statistics reported by Dr. M. B. Peacock, of London, show an increased rate of mortality, and a longer duration in hospital of the cases ending in recovery, as results of the employment of quinia in large doses.[1] The opiate plan I have tried in a few cases. These cases have not furnished evidence of success in arresting the fever, but in some of the cases the disease appeared to be favorably modified; this plan of treatment claims further trial. The wet sheet—after the mode practised by the hydropathists, commonly called packing—I have tried in a small number of cases, viz., in 5. A distinct amelioration of the symptoms followed immediately in every case, and in two of the five cases immediate cessation of the fever followed. In one of these two cases the patient became at once convalescent, but there is room for the supposition in this case that the disease was febricula. In the other of the two cases apoplectic coma occurred the following day, ending fatally. The coma may have been due to the fact that the patient was imprudently llowed by the attendant to be dressed and to sit up in the early part of the ay on which it occurred. As an effective measure for diminishing increased eat, reducing the frequency of the pulse, tranquillizing the nervous system, nd, perhaps, promoting elimination by means of copious perspiration, the wet sheet claims a fair trial at the hands of physicians in typhoid and typhus ever as well as in other affections. This measure has been found highly useul in the treatment of scarlet fever. Emetics are thought to be sometimes uccessful in arresting or affecting favorably the progress of typhoid fever by ames Jackson and T. K. Chambers.

The mineral acids are considered as highly useful by Huss, Chambers, Richardson, Murchison, and others. The dilute phosphoric acid is preferred y Huss, 10 or 15 minims given hourly, or every second hour. Chambers nd Richardson prefer the dilute hydrochloric acid, a fluidounce to be taken aily. Murchison combines the hydrochloric and the nitric acid, giving 20 inims of the former with 10 of the latter every three hours. The supposed urative efficacy of these mineral acids has been accounted for on the supposition that the blood is in a state of super-alkalinity. I have employed the ilute sulphuric acid largely in the treatment of typhus at the Blackwell's sland and Bellevue Hospitals, and to some extent in cases in private practice, and I can bear testimony to its apparent utility. With a view to deterine whether this acid exerted a curative influence, Dr. Irving W. Lyon, a ember of the resident medical staff, instituted a comparison of the rate of ortality in the male fever-ward at Bellevue Hospital during six months ithout, and nearly six months with, the use of the acid. Eliminating all e cases in which death took place within 48 hours after admission, from anuary 1 to July 1, 1863, 70 cases of fever were treated in this ward without acid, and with 14 deaths, the rate being 20 per cent., or 1 in a fraction ver 5, which is about the average fatality in both typhus and typhoid fever. rom July 1, 1863, to January 1, 1864, 78 cases of fever were treated in this ard with acid and with 8 deaths, the rate being 10.25 per cent., or 1 in a action over 9.[2] The treatment in these two collections of cases was essenally the same aside from the acid, consisting chiefly in the use of alcoholic imulants according to the indications in individual cases. There was no ason to believe that the disease was more severe during the first than during e second six months. The reduction of the fatality nearly one-half seemed irly attributable to the use of the acid. The mineral acids sufficiently diluted, with the addition of simple syrup or the syrup of orange-peel, are generally relished by fever patients.

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[1] *Vide* American Journal of Medical Sciences, July, 1856.

[2] *Vide* American Medical Times, February, 1864.

Prof. George B Wood attributes a curative influence to the oil of turpentine in typhoid fever. He supposes that this remedy exerts its curative influence upon the intestinal ulcerations. He recommends it in the strongest terms in the latter part of typhoid fever, and especially when the tongue is dry and the abdominal symptoms marked. It is to be given in doses varying from 5 to 20 drops, in mucilage, repeated every hour or two. It is to be gradually diminished during convalescence.

Aside from abortive and direct curative measures, indications are derived from particular symptoms or events and complications in individual cases. The more important of these indications are to be noticed.

In the early part of the disease the cephalalgia claims palliative measures. This symptom is relieved by ice-water, spirit and water, distilled vinegar, or cologne and water freely applied to the head, and, if more efficient measures are required, the cold douche or ice-cap may be employed. As soon as the existence of either typhus or typhoid fever is declared, the hair should be closely cut. This renders the patient more comfortable and facilitates local applications. Local bloodletting is very rarely, if ever, called for.

Vigilance is a symptom calling for treatment. To procure sleep is desirable, not only for immediate comfort, but as a means of averting ataxic symptoms. A full opiate will often prove beneficial. An opiate sometimes procures refreshing sleep in the place of pseudo-somnolence, or coma-vigil. The latter condition not denoting a tendency to true coma, does not contraindicate the trial of opium.

Delirium, if slight or moderate, does not call for remedies; but if prominent as a symptom, as shown by constant talking and attempts to get out of bed, it leads to exhaustion and ataxic symptoms. Opium, in some form, and other anodynes, are indicated. If these fail, the combination of antimony, in small doses, with opium, as recommended by Graves, will often prove efficacious. An eighth or a sixteenth of a grain of the tartrate of antimony and potassa may be given hourly or half-hourly until the patient become quiet, unless nausea or vomiting occur, when it is to be at once suspended. Treatment for delirium is generally called for during the night-time.

Nausea and vomiting seldom occur spontaneously in typhoid or typhus fever to an extent to call for more than regulation of the ingesta. Diarrhœa, in typhoid fever may require to be restrained, and, for this end, opiates and astringents, given by the mouth or rectum, may be employed. Mere looseness of the evacuations, without undue frequency, does not call for treatment. On the other hand, in typhus, and sometimes in typhoid fever, constipation may furnish an indication for treatment. As a rule, cathartics, or even laxative remedies are not required for constipation; simple enemata suffice, and are to be preferred. Evacuations may be delayed for two or three days, or even longer, without injury if there be no evidence of discomfort, and the abdomen be not distended. Tympanites, if great or considerable, occasions discomfort, and embarrasses respiration by interference with the descent of the diaphragm. Large enemata may suffice to relieve this symptom, depending, as it does, chiefly on accumulation of gas in the large intestine. Turpentine should enter into the enemata. If these fail, a saline laxative may be given. Turpentine, given by the mouth, is supposed to relieve this symptom. Turpentine stupes to the abdomen are useful. Mechanical compression, by means of a band applied over the abdomen, sometimes affords relief. Compresses applied over the abdomen and kept wet with cold water, in cases of typhoid fever, are highly recommended by Huss.

Two important events connected with the abdominal lesions are liable to occur in cases of typhoid fever, viz., perforation of intestine followed by peritonitis, and intestinal hemorrhage. The probability of the successful treatment of the former is almost *nil*. The small chance of success depends on the free use of opium and measures to support the powers of life. Local depletion and blisters are not admissible. Peritonitis not dependent on perforation claims the same treatment, and is not so hopeless. Intestinal hemorrhage, if profuse, involves a certain amount of danger. This event calls for astringent remedies, given in conjunction with opiates, by the mouth or rectum, such as tannic acid, the acetate of lead, and the persulphate or pernitrate of iron. Cold applications may be made to the abdomen. Rigid quietude is to be enforced.

Cough, although generally existing, is very rarely sufficiently troublesome to require palliation. Pneumonitis should not be treated with local or general depletion, blisters, or mercury, nor with nauseant sedatives given to the extent of producing vomiting or nausea. This, as well as other serious complications, contraindicates depressing measures. Epistaxis is sometimes so profuse or persisting as to indicate astringent remedies, or even plugging of the anterior and posterior nares.

The pulse, in the early part of the disease, is sometimes moderately accelerated and strong. These characters of the pulse, however, should not lead to the employment of bloodletting. They indicate the use of refrigerant drinks and sponging of the surface. The wet sheet, under these circumstances, may be employed, provided the surface be hot and dry. Notable frequency and feebleness of the pulse will be presently referred to as denoting the propriety of stimulants. The veratrum viride is of doubtful propriety under these circumstances. Diaphoretics are of doubtful utility. Clinical observation shows their operation to be uncertain, and, if diaphoresis be produced, it does not essentially modify the course of the disease. The importance of producing diaphoresis has relation chiefly to the elimination of urea.

Important indications may be derived from examinations of the urine, especially with reference to urea. If urea be notably deficient, uræmia is to be apprehended and, if possible, forestalled. If, with deficient elimination of urea, somnolency, coma, and other ataxic symptoms be present, they are to be attributed to uræmia. The existence of uræmia is confirmed by an abundance of ammonia in the expired breath. Deficiency of urea in the urine indicates the importance of diuretic remedies, and, under these circumstances, if the kidneys do not respond, it may be important to produce diaphoresis. Retention of urine is an event liable to occur, and is to be provided against.

Somnolency and coma, in addition to measures for the elimination of urea, call for sinapisms on various parts and vesication of the nucha. Strong coffee and tea, under these circumstances, are useful.

Hygienic and supporting measures form the most important part of the treatment of typhoid and typhus fever. Hygienic measures indicated are, complete ventilation, cleanliness, regulation of temperature, which should not be allowed to rise above 60° Fahr., changing frequently the position of the body, and the varied attentions embraced under the head of good nursing.

Foremost among the hygienic conditions for passing safely through the disease is an abundance of pure air. In private practice, the sick room should be large, and ventilated as completely as possible. In hospitals, the fever-wards, in addition to ample provisions for ventilation, should not be crowded; 1500 cubic feet should be allowed to each bed. The evacuations should always be instantly removed. When practicable, it is advisable that the bed and body linen should be changed daily.

The importance of air is shown by the reduced rate of mortality when patients are treated in sheds and tents, as compared with the death-rate in even well-ventilated hospital wards. Striking evidence of this has recently been afforded by the transfer of fever-cases (mostly typhus) from Bellevue Hospital to tents on Blackwell's Island. This course was adopted, in accordance with the recommendation of the Hospital Medical Board, in May, 1864, and a large number of fever cases were treated in tents during the following winter, as well as summer and autumnal, months. A comparison of the mortality in 520 cases treated in tents from May 17 to November 1, 1864, with the average mortality in the Bellevue Hospital wards, shows a marked difference. The average death-rate in the hospital wards was 1 in 5.97; in the tents, 1 in 16.77, excluding the cases in which death took place within 48 hours after admission. Nearly all the cases in the tents were treated without alcoholic stimulants, and mostly with little or no medication.[1] Making the fullest allowance for the conjecture that the cases in the tents were milder than those in the hospital wards, and for difference of treatment as regards the use of stimulants, it can hardly be doubted that the superior ventilation in the tents was the means of saving many lives.

In a paper communicated to the New York Academy of Medicine, in June, 1853, by Dr. John H. Griscom, an account is given of 82 cases of typhus transferred from an emigrant ship at Perth Amboy, N. J., to wooden shanties with sail "roofs." The facts were communicated to Dr. Griscom by Dr. Charles M. Smith. They occurred in 1837. The emigrant ship brought over between three and four hundred passengers, and a number had died on the passage. There being no hospital nor other accommodations in the town, two shanties were erected, "thirty feet long and twenty feet wide, boarded on three sides about four feet up, and over them old sails were stretched." Eighty-two fever patients were transferred to these shanties, of whom twelve were in a state of insensibility when removed. On the night after their removal, there was a violent thunder-gust accompanied by torrents of rain, and the following morning the clothes of all were saturated with water. The medical treatment consisted "of an occasional laxative or enema, vegetable acids and bitters were liberally administered, together with the free use of cold water, buttermilk, and animal broths." Four sailors who sickened after the arrival of the vessel were removed to an ordinary dwelling-house, and, of these cases, two proved fatal. Of the 82 cases treated in the shanties, not one proved fatal.[2]

Cold water, or iced water, or barley water acidulated with lemon or orange juice or some other vegetable acid, or carbonated water should be freely given, care being taken that the quantity taken at a time be not sufficient to incommode the stomach.

The importance of support is based on the plain fact that, typhus and typhoid fever being self-limited diseases, if the patient can be kept alive, after three or four weeks recovery must take place provided there be no serious complication. In a case of severe uncomplicated fever, the patient is in a situation not unlike that of a person in danger of drowning not far from, perhaps very near the shore; if he drown, it is because his strength gives way before the shore is reached. As a person in this situation requires only to be buoyed up by some support, so the fever patient, in a similar emergency, may only need supporting measures to live until the disease ends. Death may take place at a juncture when, could it have been averted a few days, or, perchance, even a single day, the period of danger might have passed.

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[1] *Vide* paper by Dr. A. L. Loomis, already referred to, page 721.

[2] Transactions of the New York Academy of Medicine, Vol. i. Part ii., 1853.

Supporting measures embrace tonic remedies, alcoholics, and alimentation, more especially the two latter. Of tonic remedies, the most efficient and convenient of administration is quinia, which may be given in doses of from one to three grains twice or thrice daily.

Alimentation ranks first in importance. It is desirable for the patient to take as much nutritious food as will be digested and assimilated. Innutrition in cases of fever, as of other affections, enhances and adds to the morbid phenomena belonging to the disease. In the early part of the disease there is generally a repugnance to food, and afterward, owing to the mental state and the condition of the mouth, taste and appetite are wanting. Under the latter circumstances food is to be given although not desired by the patient, and even when he is disinclined to take it. The indifference to food may proceed, measurably, from an unwillingness to be disturbed and a reluctance to make any exertion.

The supporting diet should be in a liquid form, as concentrated as possible, and embracing the necessary variety of alimentary principles. The animal essences, eggs and milk, with the addition of some farinaceous form of food, fulfil these requirements. Different articles should be given in alternation, and at regular intervals. The intervals should be from two to four hours. It is injudicious to give food every half hour or hour, or at even shorter intervals, as is not infrequently done. The amount of food given at a time must vary according to circumstances, the object being to give as much as can be given without risk of vomiting, discomfort from over-accumulation in the stomach, or indigestion. If the patient be in a condition to feel and express a desire or choice for particular kinds of food, the preference should, as far as practicable, be consulted. The physician should have an oversight of the preparation of the articles of food, lest, through ignorance or carelessness, they be unpalatable or innutritious. Beef-tea, for example, is often nothing but warm water flavored with the meat. Precise directions and attention to the details of dietetics form an important part of the physician's duty, not only in fevers, but in all cases of disease in which supporting treatment is indicated.

The importance of "feeding fevers" was enforced especially by Graves, whose writings had no small agency in leading practitioners of all countries to avoid the danger of innutrition. It is, however, but justice to say that there were practitioners in this country who appreciated, and exemplified in their practice, the dietetic management as advocated by Graves prior to his most valuable clinical teachings.

Alcoholic stimulants have entered largely into the treatment of fevers in this country during the last twenty-five years. That they have of late years been used too freely and indiscriminately can hardly be doubted. As a natural consequence, there is perhaps at the present moment a tendency to undervalue their importance. Observation shows that under the free ventilation afforded by tents, the rate of mortality from typhus in cases treated without alcoholic stimulants is small. In the valuable report of Dr. Loomis, already referred to, it is stated that, of 520 cases treated in tents on Blackwell's Island, alcoholic stimulants were given in only a few instances, and the mortality, deducting the deaths within forty-eight hours, was, as already stated, 1 in 16.77. It does not, however, follow that alcoholic stimulants are never useful because, under most favorable hygienic conditions, the rate of mortality is small in a series of cases in which alcoholic stimulants were not used. Observation of the immediate effects of alcoholic stimulants in certain cases shows their utility often in a very striking manner. Indiscriminately and excessively used, they are not useful, but used with proper application and moderation, they form an important part of the supporting treatment of fevers, as well as in cases of all other diseases which destroy life by asthenia.

The supporting effect of alcoholic stimulants is directed especially to the circulation. Hence the indications respecting their use are derived especially from symptoms relating to the circulation. Feebleness of the circulation, as denoted by the pulse and the heart-sounds, calls for the use of stimulants, and they are to be given, as regards quantity, in proportion to the degree of feebleness of the circulation, and according to their effect. The characters of the pulse denoting feebleness of the heart's action are smallness and compressibility, frequently conjoined with considerable or great frequency. A pulse, in the adult, exceeding 120 per minute rarely denotes strength, and when above this number, it is feeble in proportion to its frequency. Above 130, the pulse always denotes a degree of feebleness of the circulation rendering supporting measures highly important. The heart-sounds also frequently constitute a good criterion for estimating the degree of feebleness of the circulation. In proportion as the action of the heart is weakened, the intensity of the first sound, over the apex, is diminished; it is shortened and in quality resembles the second sound. If the heart be notably weakened, the first sound may be inappreciable over the apex. Stokes was the first to direct attention to these changes as criteria for the administration of alcoholic stimulants.

Alcoholic stimulants are rarely indicated in the early part of either typhus or typhoid fever. They are oftener and earlier indicated in typhus than in typhoid fever. Brandy, or some form of spirit, or wine, sherry or Madeira, may be employed. Commencing with a moderate quantity, half an ounce of spirit or an ounce of wine, the effect on the circulation and other symptoms should be watched. A good effect is shown by increased force, with perhaps diminished frequency, of the pulse, diminution of delirium, etc. The intervals should vary, according to the urgency with which this supporting measure is indicated, between six or eight hours and each successive hour. The quantity given at a time should rarely exceed that just stated. Guided by the true indications and by the effect, alcoholic stimulants will not do harm and will often do much good in the treatment of typhus and typhoid fever. I have repeatedly tried their suspension for a few hours in cases in which they appeared to be urgently indicated, in order to become fully satisfied of their utility, and have found the pulse become more frequent, with increase of delirium and other ataxic symptoms, until their use was resumed. While a certain proportion of cases do well without them, and they are, therefore, not always indicated, I cannot doubt that I have seen cases in which life was saved by their employment. Wine or spirit may often be combined with nourishment with advantage, for example, in the form of wine-whey, milk-punch, eggnog, etc.

In these fevers, as in some other diseases, the tolerance of alcohol is notably greater than in health. A patient may take from one to two pints of spirit per day who, in health, could not have taken one-fourth of the quantity without inebriation. The ordinary effects of alcohol in health should never be produced by their use in cases of fever. If these effects be produced, the indications for alcohol are not present or it is too largely given. In extreme cases an ounce, or even more, of spirit, given hourly, may be necessary, but in the majority of the cases in which alcoholic stimulants are indicated, not more than six or eight ounces in the twenty-four hours are needed.

During convalescence, alcoholic stimulants should always be given moderately. If they have been used freely during the career of the fever, when convalescence begins this excitant effect may be for the first time apparent

Frequently malt liquors or light wine are best suited to convalescence Solid food should be allowed as soon as convalescence is declared. The processes of digestion and assimilation are usually very active, and the appetite is apt to be voracious. The cautions to be observed relate to the kinds of food and the quantity taken at one time. The patient should be restricted to plain, wholesome, well-cooked articles of diet, and excess may be avoided by taking food at shorter intervals than in health. Convalescence from typhoid, more than from typhus fever, requires care as regards diet, in view of the probable existence of intestinal ulcerations. Gestation in the open air may be allowed early in the stage of convalescence, and as soon as their strength will permit, patients may walk out of doors. Care with respect to much muscular exertion is important in convalescence from typhoid fever, in consequence of a liability to perforation of the intestine.

The prevention of typhus fever, except among those who are necessarily exposed to contagion in rendering medical and other aid to patients in fever wards or hospitals, is attainable by proper hygienic reforms. If overcrowding be prevented, and free ventilation secured, the fever miasm is not generated, nor is the disease likely to be communicated. One of the great objects to be accomplished by improved sanitary regulations, especially in large towns, is the prevention of typhus. There is no evidence that the special cause of typhoid fever is generated by overcrowding or defective ventilation, but these may act as auxiliary causes, rendering the system more susceptible to the typhoid miasm, and they may contribute to the diffusion of the disease by contagion.

RELAPSING FEVER.

A form of continued fever, heretofore known by a variety of names, but now called by British writers *relapsing fever*, has received very little attention in this country. It is not certain that it is ever an indigenous fever in this country. So far as I know, the only cases observed are a few reported by Dr. A. Dubois, in 1848,[1] and fifteen cases which came under my observation in 1850–51, an account of which is contained in my "Clinical Reports on Continued Fever." The cases reported by Dr. Dubois and by me were among recent Irish immigrants. It is highly probable that other cases have occurred among immigrants which have not been reported, and which may have been confounded with cases of typhus and typhoid fever. In view of the liability to overlook relapsing fever, it is desirable that American practitioners should be acquainted with its distinctive features. In the brief notice of the disease which will follow, I shall limit myself to these, referring the reader for a fuller consideration of it to other works.[2]

It is but recently that the distinctive features of relapsing fever have been pointed out, and its claims to be considered as a distinct species of fever established. It is not, however, a new disease, and there is evidence of its having existed from a very early period in the history of medicine. In modern times it has prevailed, at different epochs, more especially in Ireland, Scotland, and England. On the continent of Europe it is rare. It prevailed as an epidemic in Upper Silesia, a province of Prussia, in 1847, and among the troops in the Crimea during the late war of France and England with Russia. Its claims to be considered as a distinct species of fever rest on the following facts: It does not present either the anatomical characters or the diagnostic events of typhoid fever, and, as regards its non-identity with typhus, the two diseases are separately communicable, but neither communicates the other, nor does the occurrence of either secure an immunity from the other; each disease appears to have its own special cause. Relapsing and typhus fever, however, are apt to prevail together.

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[1] *Vide* Transactions of American Medical Association, Vol. II.

[2] *Vide* Murchison's work on the Continued Fevers of Great Britain; also, article by Jenner, in the British and Foreign Medico-Chirurgical Review, No. for July, 1851; also, Clinical Reports on Fever, by the author.

ANATOMICAL CHARACTERS.—There are no distinctive morbid appearances found in the rare cases in which the disease proves fatal. Lesions which may exist are due either to pre-existing disease or to complications. The spleen is enlarged and softened, even to a greater extent than in cases of typhoid fever, but this is not a distinctive lesion. Ecchymoses within the stomach have been observed in cases characterized by hæmatemesis or black vomit.

CLINICAL HISTORY.—The attack is usually abrupt; in the great majority of cases there is no forming stage. The disease commences with a chill, generally accompanied with rigors, more marked than in typhus or typhoid fever; the febrile movement is higher than in the fevers just named. The pulse, as a rule, reaches 120, and often becomes much more frequent. The heat of the skin is also higher. Delirium is rare. The degree of prostration is not great, as compared with that in typhus and typhoid fever. The eruptions belonging to these fevers are wanting, nor is there any eruption characteristic of relapsing fever. Petechial and miliary vesicles occur in a certain proportion of cases; nausea and vomiting are often prominent symptoms. The vomited matter is often of a grass-green color. Matter having the appearance of coffee-grounds, resembling the black vomit of yellow fever, has been observed. The disease has been called "mild yellow fever." The abdominal symptoms of typhoid fever are wanting. As a rule, the bowels are constipated. Jaundice occurs in 1 of 4.84 cases; the jaundice is sometimes slight and sometimes intense. Here is another point of resemblance to yellow fever. The respiratory and urinary systems present nothing distinctive.

The most characteristic feature is denoted by the name of the disease, viz., the occurrence of relapses. The first career of the fever lasts usually from 5 to 7 days; exceptionally, the duration is, on the one hand, only 3 or 4 days, and, on the other hand, it may extend to 10 days. An intermission takes place. The patient is entirely free from fever, the pulse often falls below the standard of health; he appears to be convalescent, and may even recover sufficiently to be out of doors. Pains in the muscles and joints are often experienced in the intermission. The average duration of the intermission is 7 days; the minimum duration is 2 or 3, and the maximum is 12 days. Sometimes the intermission is not complete, that is, there is no positive apyrexia, but a notable remission of the fever. A second attack follows, attended, as before, by a chill with rigors, and another career of fever takes place, lasting generally from 3 to 5 days; exceptionally, it may last for 24 hours only, and it may continue for 7 or 8 days. A third attack sometimes occurs after a remission varying in duration, and four and even five relapses are occasionally observed. The febrile movement in the relapses is sometimes milder and sometimes more intense than in the primary paroxysm. The ending of the paroxysms is generally accompanied by an abundant perspiration, lasting for several hours. Diarrhœa in some cases occurs at this time, and in some cases hemorrhage from the bowels, uterus, or nostrils. Although the relapses constitute a highly distinctive feature, they are not invariable, that is, during the prevalence of relapsing fever some cases occur in which the disease ends with the primary paroxysm.

Occasional sequels are ophthalmia, dysentery, erysipelas, œdema of the lower extremities, swelling of the parotid, submaxillary, or inguinal glands, and effusion into the joints. If pregnant females are attacked, abortion is almost sure to be produced, and the child is still-born, however advanced the pregnancy. The mother usually recovers.

CAUSATION.—Most of the clinical observers of this disease regard it as contagious. Its contagiousness appears to be established by facts similar to those which prove that typhus is communicable; like typhus, also, its spontaneous generation is probable. The special cause appears to be produced by overcrowding and starvation. The latter is considered as a cause to such an extent that the disease has been called "famine fever." It has prevailed in Ireland especially in periods of famine. In cities, it prevails among the poorest classes in crowded localities.

The disease affects all ages and both sexes about alike; it occurs in all seasons of the year.

DIAGNOSIS.—The duration of the paroxysms, the occurrence of intermissions and their duration, are especially diagnostic. Other diagnostic points are, the frequent occurrence of jaundice, the gastric symptoms, and the muscular and arthritic pains in the intermission and also during the paroxysms. Taking these points into consideration, together with the absence of the abdominal symptoms of typhoid fever, and of the characteristic eruptions of typhoid and typhus, the diagnosis may generally be made without difficulty.

PROGNOSIS.—The fatality is small. Of 441 cases admitted into the London Fever Hospital, analyzed by Murchison, 11 only were fatal, being 1 in 50, or 2 *per cent.* Adding to these 7,378 cases occurring in Edinburgh, Glasgow, and other towns in Scotland, making in all 14,119 cases, there occurred 672 deaths, being 4.75 per cent., or 1 in 21. A fatal termination is sometimes due to syncope and sometimes to uræmia, but generally to some complication, such as dysentery or pneumonitis, or to abortion.

TREATMENT.—There are no known means of arresting the disease, or of preventing relapses after the primary paroxysm. The expectant method of treatment is to be pursued. The disease rarely claims more than palliative measures.

ERYSIPELATOUS FEVER.

Erysipelas, considered as a local affection, belongs to surgery rather than medicine; for an account of this form of inflammation the reader is referred to surgical works. It occurs as an occasional complication of the continued fevers which have been considered. A form of continued fever, distinct from the fevers which have been considered, is characterized by the frequent occurrence of erysipelas, and hence is called *erysipelatous fever*. As a distinct form or species of fever, this is to be distinguished from erysipelas occurring as a local affection, accompanied with more or less febrile movement The fever in the latter is symptomatic, whereas in erysipelatous fever it is primary or essential. On the other hand, erysipelatous fever is to be distinguished from typhus, typhoid, and relapsing fever, with erysipelas as a complication.

Erysipelatous fever occurs as a sporadic and an epidemic disease. As a sporadic disease it is rare, and has not been as yet sufficiently studied by means of the analysis of recorded cases. The invasion is either abrupt or there is a forming stage of variable duration. The erysipelas may be developed within a few hours from the attack, or after the lapse of one, two, or three days. The head is oftenest the seat of the erysipelas, but it may be developed in any part of the body. Different parts may be successively invaded; I have known it to travel over the whole surface of the body. The febrile movement is more or less intense. Passive delirium and other ataxic symptoms are not infrequently developed; in other words, the typhoid state exists. The abdominal symptoms of typhoid fever are wanting; the career of the disease is shorter than that of typhoid fever. The symptoms are modified, and the disease, as regards duration and danger, is affected materially by the degree of intensity, the extent, and the local results of the erysipelas. The general principles of treatment are the same as in other of the continued fevers. In the existing state of our knowledge of this fever, I shall pass it by with this brief notice. It is sometimes classed among the eruptive fevers, but the erysipelas is hardly to be considered as a cutaneous eruption.

Epidemic erysipelatous fever I shall also notice very briefly. It prevailed extensively in this country from 1841 to 1846. It was not confined to a particular section, but prevailed in certain districts in the New England, Middle, Western, and Southern States. In some localities great numbers were affected, and the mortality was large. It was commonly known in certain parts of the country as the "black tongue," from an appearance of the tongue occasionally observed. The medical journals of this country, during the years just named and afterward, contained many articles relating to the prevalence of this disease in different localities. Of these, an article by Drs. Hall and Dexter, giving an account of the disease as it prevailed in Vermont,[1] and a paper by Dr. H. N. Bennett, of Bridgeport, Conn., are especially deserving of notice. The latter gives an analysis of various articles contained in different medical journals.[2]

The epidemic prevailed in isolated sections. It did not appear to migrate or to be transported from place to place. Its course was "irregular and erratic." Dr. Bennett, however, states that it sometimes appeared to follow the direction of rivers, small streams, and lakes. The attack was sometimes sudden and sometimes preceded by premonitions; the latter rarely existing longer than 24 hours, and being the same as those belonging to the access of other fevers. A pronounced and frequently prolonged chill, with or without rigors, ushered in the disease, accompanied often by pains in the extremities, and in some cases by great prostration. Pharyngitis was at once or speedily developed; this local affection was constant. It varied much in different cases in intensity. Not infrequently it was attended with great swelling of the tonsils, and sometimes sloughing occurred. The inflammation sometimes involved the larynx, and in a certain proportion of cases death was due to either laryngitis or œdema of the glottis. The lymphatic glands of the neck became more or less swollen, the swelling in some cases being very great, and occasionally suppuration taking place.

Erysipelas was far from being constant. The frequency of its occurrence varied at different times and places. Dr. Bennett observed it in only one-sixth of 150 cases. In view of the fact that erysipelas occurs in only a certain proportion of cases, the propriety of calling the disease erysipelatous fever rests upon the absence of any other and better name. The erysipelas was seated in different parts. It was apt to lead to suppuration, gangrene and sloughing. The danger and protractedness of the disease depended on the degree, extent, and local results of the erysipelas.

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[1] *Vide* American Journal of Medical Sciences, January, 1844.

[2] *Vide* New York Journal of Medicine, July, 1853.

The febrile movement was more or less intense. Erratic pains, like those of neuralgia and muscular rheumatism, were common during the course of the disease. Typhoid delirium and other ataxic symptoms occurred in severe cases. Petechiæ were sometimes observed. Abscesses, without erysipelas, occurred in some cases. The disease was not infrequently complicated with inflammation of serous membranes—the pleura, peritoneum, and the cerebral meninges. Pneumonitis was an occasional complication.

Different cases differed much as regards the gravity of the disease. In many cases the disease was mild and ended in five or six days. The severity and danger were generally due to the complications. Of the cases complicated with laryngitis, or œdema of the glottis, extensive erysipelas, serous inflammations, and pneumonitis, a large proportion ended fatally, the duration being indefinitely prolonged.

Puerperal peritonitis prevailed in conjunction with this epidemic so uniformly as to show a pathological relationship between these two affections. The opinion was generally held that the former was caused by a virus or miasm carried by the obstetrician from patients affected with the latter. Assuming this to be true in certain cases, puerperal peritonitis was by no means uniformly to be accounted for in this way. A rational explanation in many, if not in all cases, is that labor acted as an exciting cause and determined the situation of the local affection in those predisposed to the disease from the action of the epidemic influence. Many, if not most, practitioners held that the disease was communicable. Its contagiousness, however, cannot be considered as established.

As regards treatment, there was a diversity of opinion. Some practitioners advocated bleeding and other of the measures called antiphlogistic. But the majority, before the epidemic ceased to prevail, were convinced of the impropriety of these measures. In view of the symptoms, the nature of the disease, the tendency to suppuration and gangrene in the cases in which erysipelas occurred, and the other complications which were liable to occur, there can hardly be a question as to the propriety of measures of an opposite character. Tonic remedies, alimentation, and alcoholic stimulants, in other words, supporting measures of treatment, were indicated. Mild cases required little or no treatment; but in grave cases, the principles which should govern the management of other essential fevers with serious local complications were applicable.

EPIDEMIC FEVER CHARACTERIZED BY MILD ERYTHEMATIC PHARYNGITIS.

In the winter and spring of 1857 an epidemic fever prevailed in the western part of the State of New York, in the adjacent parts of Pennsylvania, and in Canada, characterized by inflammation of the pharynx, of a mild grade of intensity, and unaccompanied by either diphtheritic exudation or much submucous infiltration. I reported the results of an analysis of 23 cases which I observed and recorded. A report of this epidemic, based upon notes of 37 cases, was at the same time made by Prof. Rochester to the Buffalo Medical Association.[1] The different cases presented great uniformity as regards the general and local symptoms. The fever commenced with a chill without rigors. The febrile movement, in all the cases, was considerable or marked. The severity of the disease was generally sufficient to keep the patients in bed for several days. The lymphatic glands of the neck were in most cases moderately enlarged, but without suppuration. Soreness of the throat was not a prominent symptom, even when the pharyngitis was marked. There was in no case an eruption. Vomiting did not occur, and generally the bowels were constipated. There were no symptoms of importance referable to the pulmonary and nervous system. The duration of the fever was from three to six days. It affected persons of either sex and of all ages. The epidemic continued about two months, reaching its acme gradually, and gradually declining. In no case under my observation did it prove fatal.

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[1] For both reports, *vide* Buffalo Med. Journal, 1857.

The disease was not scarlatina, as shown by its affecting persons who had had that disease, by the fact that scarlatina did not prevail at the time, by the absence of an eruption in all the cases, by the non-occurrence of dropsy as a sequel in any case, and the fact that middle-aged and aged persons were attacked as well as children and infants. There were no cases of epidemic pharyngitis with the exudation of lymph, or diphtheria in that part of the country. The fever resembled the mild cases of erysipelatous fever which occurred during the epidemic prevalence of that disease, but erysipelas was not developed in any case. The cases bore a close analogy to those of influenza, except that the local affection was seated in the pharynx, and not in the Schneiderian and bronchial mucous membrane.

Palliative measures of treatment only were indicated.

CHAPTER IV.

Periodical Fevers—Intermittent Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Pernicious Intermittent Fever.

THE periodical are distinguished from the continued fevers by the occurrence of febrile paroxysms or marked exacerbations in a regular order of succession, thereby exemplifying a law of periodicity. This distinction applies more especially to the fevers called intermittent and remittent. Yellow fever is generally included among the periodical fevers, and belongs perhaps more appropriately here than in any other nosological division. The intermittent and remittent fevers are often distinguished as *malarial fevers*. These fevers will be found to present many striking points of difference as contrasted with the fevers which have been considered in the preceding chapters. They differ not only in the events of the clinical history, but as regards the laws governing their causation, duration, complications, sequelæ, and the extent to which they are controllable by known remedies.

INTERMITTENT FEVER.

An intermittent fever is characterized by the occurrence of febrile paroxysms in regular succession, and absence of febrile movement between the paroxysms. The intermission is the distinctive feature of this form of fever, as its name implies. Popularly, the disease is known as "fever and ague," "chill fever," "the shakes," and, by names expressive of the locality in which it is produced, as, in Louisiana, "swamp fever," "Panama fever," etc. Although essentially the same disease, intermittent fever, as ordinarily presented in practice, is unattended with danger to life, but occasionally it is one of the most dangerous of maladies. Hence I shall consider first simple or ordinary intermittent fever, and afterward, the grave forms of the disease under the head of *pernicious intermittent fever.*

Anatomical Characters.—There are no known lesions which are characteristic of intermittent fever. In the cases in which it proves fatal, irrespective of pre-existing disease or of complications, the spleen is enlarged and softened, but these changes occur in other pathological connections. Aside from more or less congestion of internal organs, the lesions which may be found after death are due to çoncomitant affections.

Clinical History.—The clinical history will embrace an account, *first*, of the paroxysm, and, *second*, of the intermission.

In the majority of cases the attack is sudden. In a certain proportion of cases, however, there are premonitions for a variable period. The premonitions are not very distinctive of this disease, consisting of pain in the head, yawnings, indisposition to exertion, loss of appetite, and general malaise. Although not very definite, they sometimes suffice to lead patients who have been repeatedly affected with intermittent fever, to anticipate an impending attack.

A paroxysm, when complete, consists of three distinct periods or stages, viz., the cold, the hot, and the sweating stage.

Cold stage.—This stage commences with a feeling of chilliness, beginning in the loins and extending thence over the back and limbs. The chill is more or less intense, in some cases consisting of a slight creeping sensation of coldness with shiverings, and in other cases extremely severe. Muscular tremors commonly known as rigors may or may not accompany the chill. I have met with a single example of distinct rigors without a sensation of chilliness. During the chill, bristling of the hairs over the body, or horripilation, and the appearance familiar as "goose skin" are often observed. Notwithstanding the sensation of coldness which the patient experiences, and the feeling of coldness when the hand is placed on certain parts, it is stated that the thermometer placed in the axilla shows an increase of the temperature of the body. The increase of temperature begins prior to the paroxysm. The sensation of coldness is sometimes limited to a part of the body, as the back or the extremities. The rigors frequently cause the teeth to chatter, and the movements of the body and limbs are sometimes sufficient to shake with considerable violence the bed on which the patient lies.

During this stage the patient frequently sighs, the pulse, which is usually accelerated, is small and feeble, the countenance has an expression of anxiety, the prolabia and face are pale and frequently livid, and lividity is often marked at the roots of the nails. Other symptoms are, mental irritability, a sense of oppression referred to the præcordia, pain in the head and limbs, and palpitation.

The duration of this stage varies from a few moments to two hours or even longer. The average duration may be estimated at from a half to three-fourths of an hour. The transition to the next stage is sometimes abrupt, but generally gradual; flushings of heat are felt, the rigors cease, the coldness, as it were, melts away, febrile movement is developed and the cold stage is then ended.

The cold stage is not infrequently wanting, the paroxysm beginning with the hot stage. I have known a state of intense nervousness take the place of the cold stage. Gastralgia and gastric irritability, as denoted by incessant vomiting, are other morbid conditions which sometimes occur instead of this stage; also drowsiness or stupor and a condition resembling hysterical fits. Veritable coma is liable to occur, in this stage, in a form of the disease which will be noticed separately under the head of *pernicious intermittent fever.* In young children convulsions are apt to occur in the cold stage.

Congestion of internal organs must necessarily be involved in the cold stage, inasmuch as there is less blood in the vessels of the surface, and the whole mass of blood is not diminished. But the primary and essential morbid condition underlies the congestion. That the congestion incident to this stage does not stand in a causative relation to the other stages is shown by the fact that the cold stage is not infrequently wanting, and the other stages in these cases are not less marked than when the cold stage occurs.

Hot stage.—This stage is characterized by more or less intense febrile movement. The skin becomes hot, the pulse is accelerated and full and bounding, the face is flushed, the cephalalgia continues, but the pain in the limbs and præcordial oppression disappear. Thirst is usually a prominent symptom. The intensity of the febrile movement varies considerably in different cases. The duration of this stage is from three to eight hours.

Sweating stage.—Perspiration appears first on the face and afterward on the trunk and extremities. The febrile movement gradually abates, and at length disappears. The heat of the surface, cephalalgia, thirst, restlessness, etc., cease. The patient obtains refreshing sleep. With this stage the paroxysm ends. As regards the amount of sweating, different cases differ; it is sometimes profuse, and sometimes slight. The duration of the sweating stage is variable, the average duration being three or four hours. The sweating is evidence that the febrile movement is about to cease. That it is the means of bringing the paroxysm to a close is by no means certain; it is a sign of the approaching intermission, and it may be an effect, rather than a cause, of the decrease of the febrile movement. During and succeeding the paroxysm, urea, uric acid, and the chlorides in the urine are increased. The urine is not infrequently albuminous, and occasionally hæmaturia exists.

The intermission, called also the apyrexial period, is the space of time between two successive paroxysms. The period from the beginning of one to the beginning of the next paroxysm is called the interval, in distinction from the intermission. The duration of the latter period is the basis of a division into varieties commonly known as the different types of the disease. Each variety or type observes a law of periodicity in the succession of paroxysms—a wonderful fact belonging among the pathological mysteries of which our present knowledge affords no explanation. There are three simple types of intermittent fever, viz., the *quotidian*, *tertian*, and *quartan* type. In the *quotidian* type the interval is about twenty-four hours, or the paroxysm recurs daily, as the name imports. In the *tertian* type the interval is about forty-eight hours, or the paroxysm recurs on the third day, reckoning in the days on which two successive paroxysms take place. In the *quartan* type the interval is about seventy-two hours, or the paroxysm recurs on the fourth day. As a rule, the paroxysms are uniform in each individual case as regards the occurrence of the cold stage, the duration of the several stages respectively, the severity of each, etc.; but they present considerable diversity in different cases. Of the three simple types, the quotidian and tertian type are by far the most frequent. Examples of the quartan type are comparatively rare. Of 98,237 cases of intermittent fever in the United States army, only 1757 were of the quartan type.[1]

As regards the relative frequency of quotidian and tertian cases, either may predominate at particular seasons. In the same locality the may-of cases are, at one season, of the quotidian, and, at another season, of the tertian type. In an aggregate of cases occurring in a series of years the quotidian type predominates. Of 98,237 cases in the United States army, 51,623 cases were of quotidian and 44,857 cases of tertian type.[1] Cases have been observed in which the paroxysm has recurred on the fifth, sixth, seventh, and eighth day, and hence there may be a quintan, a sextan, a heptan, and an octan type of intermittent fever. Such cases, however, are among the rarest of the rare curiosities of clinical experience.

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[1] *Vide* Woodward, Camp Diseases of the United States Army.

Cases occasionally are presented in which one of the simple types is duplicated; that is, two sets of paroxysms of the same type coexist. Thus, one compound type is called a *double quotidian*, two paroxysms occurring daily. Another compound type is a *double tertian*. In a double tertian a paroxysm occurs daily, but the paroxysms on successive days take place at different hours, and may differ in various ways, whereas on alternate days they occur at the same hour, and correspond in other respects. Again, a tertian is doubled or duplicated when two paroxysms occur on alternate days. Another compound type is a *double quartan*. In this type a paroxysm occurs on two successive days, and on the third day there is no paroxysm. Finally, a *triple quartan* is a compound type in which a paroxysm occurs on three successive days, the paroxysm on each day presenting notable points of difference, but each paroxysm corresponding with that which recurs on the fourth day. These compound types, except the double tertian, are extremely rare, and merely interesting as curiosities of clinical experience. The double tertian is not very infrequently met with.

Paroxysms may occur at any hour of the day. They very rarely occur during the night. In a large majority of the cases of the quotidian and tertian type the paroxysm occurs before noon; quartans are as likely to occur after as before the middle of the day. In infants the type is almost uniformly quotidian As a rule, the successive paroxysms recur precisely or nearly at the same hour; but sometimes there is a variation from this rule, and the variation is sometimes in accordance with a law. In the cases referred to the paroxysms are said to be either anticipating or retarding. They are anticipating when each successive paroxysm recurs earlier, by the same period, than the last. Thus, they may regularly anticipate half an hour, an hour, an hour and a half, etc. The paroxysms are retarding when each successive paroxysm is, in like manner, delayed. This variation in the time of recurrence is generally evidence that the disease is about to end.

During the intermission there is much difference in different cases as regards freedom from ailments. In some cases the patient complains only of a certain amount of debility, the appetite and digestion are good, and there is no apparent disorder of any of the functions. In other cases marked prostration follows, the appetite and digestion are more or less impaired, and various disturbances exist.

Enlargement of the spleen is an occasional complication. The enlargement is often sufficient for the organ to be readily felt through the abdominal walls, constituting what is commonly known as the "ague cake" in districts where the disease prevails. The organ in some cases becomes enormously enlarged. This complication is not very frequent. It occurs in some cases when the disease has been of short duration, and it is by no means developed in the majority of the cases in which the disease has existed for a long period. Its pathological connection with the disease is not understood. It may continue for a considerable period after the paroxysms cease.

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The duration of the disease is indefinite. It not infrequently ends spontaneously after a few paroxysms, but in many cases it continues for weeks and even months, if not arrested by curative means. Its indefiniteness of duration is a striking point of difference as contrasted with the continued fevers. Its self-limitation is not, as in the latter, restricted within a certain period. Another not less striking point of difference relates to the liability to relapses. Subsequent attacks occur in the great majority of cases. The liability to relapse remains for many years. In some cases successive attacks occur regularly after a certain period, showing that in these cases the relapses take place in accordance with an intrinsic tendency, that is, irrespective of external causes. The notion was formerly entertained that the tendency to relapse was lessened if the disease be left to end of its own accord, or "wear itself out." So far from this being true, I believe the clinical experience shows a diminished tendency to relapse in proportion as the paroxysms are speedily interrupted by therapeutical interference.

Physicians in malarious districts become familiar with cases which may be called cases of *latent intermittent fever*. In these cases paroxysms are not fully developed, but the patient complains of indefinite ailments, to which the term *bilious* is frequently applied. The appetite is impaired or lost, there may be nausea and occasional vomiting, with pain in the head, indisposition to exertion, etc. The tongue is frequently covered with a thin and very white coating. A close examination will sometimes disclose evidence of periodicity in an increase of ailments at regular periods on successive days or on alternate days, and slight manifestations of the several stages of a paroxysm may be observed. The prompt relief afforded by treatment addressed to a suspected malarious condition shows the correctness of the suspicion, and this treatment may be resorted to tentatively in cases of doubt. The affection, in these cases, is sometimes called *dumb ague*. The term is also applied to paroxysms in which rigors are wanting.

Intermittent fever is said to be *masked* in certain cases in which it is associated with other affections. It may exist in combination with various affections, bronchitis, pneumonitis, dysentery, etc. The association may render the periodical disease irregular and interfere with the full development of the paroxysms. In these cases, it is not correct to apply to the associated affections the term malarial, meaning thereby that these affections are due to malaria. They are simply accompanied by phenomena proceeding from malarious disease existing in combination. In malarious districts the influence of malaria is apt to pervade all affections, and claims special measures of treatment. Of this fact practitioners in these districts become fully aware. Paroxysms of neuralgia sometimes appear to take the place of the paroxysms of intermittent fever, recurring with the same regularity, after intervals corresponding to those in the different types of intermittent fever, and the cure is effected by the remedies which are efficacious in the latter disease.

CAUSATION.—The causation involves a special morbific agent, commonly known as *malaria*. The existence of a special cause is logically inferred from the peculiar character of the disease, its limitation to certain localities called malarious, and the fact that it is controlled by remedies having a specific operation. The morbific agent has not been demonstrated; its nature and the mode of its production are unknown. It was attributed to vegetable decomposition in marshy localities, and called *marsh miasm*, in 1717, by Lancisci, an Italian writer. This doctrine, and the name, have since been very generally adopted. But that something more than ordinary vegetable decomposition is requisite for its production is sufficiently proved by the disease being indigenous in certain localities, whereas, in certain districts and countries in which vegetable decomposition must take place abundantly, the disease never occurs. If produced in connection with vegetable decomposition, it depends on incidental circumstances peculiar to certain localities. Observation shows that it is generated more especially in marshy situations, but its production is not confined to such situations, and, hence, the name marsh miasm is open to criticism. The following statements embody points relating to our existing knowledge of malaria, which are of practical importance:—

"1. It affects, by preference, low and moist localities."

"2. It is almost never developed at a lower temperature than 60° Fahr."

"3. Its evolution or active agency is checked by a temperature of 32°."

"4. It is most abundant and most virulent as we approach the equator and the sea-coast."

"5. It has an affinity for dense foliage, which has the power of accumulating it when lying in the course of winds blowing from malarious localities."

"6. Forests or even woods have the power of obstructing and preventing its transmission under these circumstances."

"7. By atmospheric currents it is capable of being transported to considerable distances, probably as far as five miles."

"8. It may be developed in previously healthy places by turning up of the soil, as in making excavations for the foundations of houses, tracks for railroads, and beds for canals."

"9. In certain cases it seems to be attracted and absorbed by bodies of water lying in the course of such winds as waft it from the miasmatic source."

"10. Experience alone can enable us to decide as to the presence or absence of malaria in any given locality."

"11. In proportion as countries, previously malarious, are cleared up and thickly settled, periodical fevers disappear, in many instances to be replaced by typhoid fever."[1]

The telluric source of malaria is proven by facts contained in the foregoing statements. The fact of its being endemic in certain localities is alone sufficient to establish this source; it is generated only during the summer season. Facts appear to show that its specific gravity keeps it near the surface of the earth. Persons sleeping in an upper story may escape, when those sleeping on a level with the ground become affected. It is more abundant in the night-air than during the day, and hence the disease may often be avoided by avoiding exposure in the evening, night, or early in the morning.[2]

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[1] Report on the Nature and Treatment of Miasmatic Fevers, by John T. Metcalfe, M. D., published by the United States Sanitary Commission, 1862.

[2] For an elaborate exposition of facts pertaining to malaria, the reader is referred to the able and learned work by La Roche, entitled, "Pneumonia; its Supposed Connection with Autumnal Fevers: including an Inquiry into the Existence and Morbid Agency of Malaria," Philadelphia, 1854.

The period of incubation is indefinite; it may be a few days only, or a few weeks, but it is not infrequently many months, and probably years may elapse after the reception of the malarious poison before its morbid effects are manifested. The latter is one of the most wonderful of the striking facts pertaining to this disease. The liability to subsequent relapses, without any fresh exposure to the special cause, has been already stated. As remarked by Trousseau, this liability to relapses is to be regarded as denoting an acquired malarious diathesis. Auxiliary causes appear to be often necessary to give efficiency to the special cause. An attack is apt to occur after exposure to cold, over-exertion, excesses in eating or drinking, etc. The activity of the special cause is also often awakened by the occurrence of some other affection. The disease occurs especially in the spring and autumn, probably in consequence of the action of auxiliary causes in these seasons. The vernal intermittents are in general milder than the autumnal.

The disease shows no preference for either sex, and it affects all ages.

Diagnosis.—In well-marked cases the diagnosis offers no difficulty. The type is to be determined only by the duration of the intervals and a comparison of the paroxysms. Latent and masked intermittents are not so easily recognized, and in arriving at a positive diagnosis the effect of treatment is sometimes to be considered. Febrile paroxysms resembling those of intermittent fever are sometimes observed in connection with pulmonary tuberculosis; they may present the three stages well marked, and recur at regular intervals.[*] They oftener occur in the afternoon than in the forenoon, whereas the reverse obtains in intermittent fever. The coexistence of tuberculous disease is to be taken into account in making this differential diagnosis, as the known exposure to malaria or otherwise. The treatment appropriate to intermittent fever will sometimes arrest the paroxysms connected with tuberculosis. Chills connected with suppuration in some of the internal organs may suggest, as probable, the action of malaria in malarious districts. The irregularity of their occurrence, the inefficacy of treatment specially directed to a malarious affection, and the discovery of the local affection will in time clear up the diagnosis. Happily, the remedies indicated in malarious cases are rarely hurtful in the cases in which intermittent fever is incorrectly supposed to exist. Operations on the urinary passages, such as catheterism and lithotrity, are apt to produce paroxysms resembling those of intermittent fever.

Prognosis.—Ordinary or simple intermittent fever, as regards immediate danger, is not a grave affection. Whenever the disease involves immediate danger, it is to be considered as pernicious, and not therefore belonging under the head of ordinary or simple intermittent fever. An important fact is, that an intermittent fever, at first devoid of immediate danger, may become pernicious. An ordinary or simple intermittent may prove really serious, if it continue long or recur frequently, by inducing anæmia, general dropsy, or the malarious cachexia. The remote effects of the disease, however, are very rarely in themselves fatal; death may result from the association of intermittent fever with other affections. It has been supposed that this disease exerts a protective influence against the development of pulmonary tuberculosis; so far from this being true, there is reason to believe that it promotes the development of the affection just named in those predisposed to it. It is not a small calamity to contract intermittent fever, on account of the liability to relapses, and to recurrence of the disease in connection with other affections.

Treatment.—For the cure of intermittent fever, medicine possesses specifics, if any remedies are entitled to this appellation. This statement applies especially to the salts of quinia, of which the sulphate is the one almost universally used. The sulphate of quinia will promptly interrupt the recurrence of the paroxysms of intermittent fever in the vast majority of cases. It is always desirable to arrest the disease as speedily as possible. Its morbid effects are less in proportion as it is quickly arrested, and the liability to relapses is diminished. There is no need of preparatory treatment. This position was taken by the author in an article published 25 years ago.[1] An experience embracing many hundred cases in different climates, since the date of that publication, has abundantly confirmed the correctness of this position. Aside from the delay in arresting the disease, the measures heretofore employed to prepare the system for the sulphate of quinia or other special remedies were injurious. The measures were, mercurial cathartics, emetics, and sometimes bleeding. These measures are not indicated in the treatment of intermittent fever. A consideration of no small importance, as enforcing an immediate employment of the abortive treatment, is the possibility of an intermittent fever, at first simple or ordinary, becoming, after several paroxysms, pernicious.

With respect to the time of giving the anti-periodic remedy, my experience has led me to the conclusion at which Bretonneau, Graves, Briquet, Trousseau, Murchison, and others have arrived, viz., that it proves most effective when given as near as possible to the paroxysm which has passed. It is probable that if it be given in the sweating stage, the chances of preventing the next paroxysm are greater than if the administration be delayed until after this stage. As regards doses, the most effective plan is to give the remedy so as to produce evidence of cinchonism as speedily as possible. This object may be accomplished by giving at a single dose the quantity supposed to be required. This quantity for an adult is from ten to twenty grains. A dose of from ten to twenty grains is generally tolerated by the stomach as well as smaller doses. An objection, however, to this method is, the quantity estimated as sufficient may not be large enough, or it may be larger than is required. A preferable method, therefore, is to give the remedy in smaller, but not in small doses, which are to be repeated at intervals of two or three hours until cinchonism is produced. The latter is indicated by *tinnitus aurium*, and this effect is, in general, evidence that a sufficient quantity has been administered. For an adult five grains may be given at a dose and repeated once, twice, or thrice, if necessary for the effect just stated. By this method of treatment, in a case of quotidian type, the chances that another paroxysm will or will not occur are about even. In a case of tertian type the chances that another will not occur preponderate. If another paroxysm occur, the same method of treatment is to be repeated.

As regards the form in which the sulphate of quinia may be administered, it is most effective when given in solution, its solvency being secured by the addition of a minim of the aromatic sulphuric acid for each grain of the salt. It may be given, however, in powder or in pills; if the latter be preferred, they should be recently prepared. If, owing to the irritability of the stomach, the remedy be not retained when given by the mouth, it may be given *per enema*. It is readily absorbed from the intestine, and the opinion has been held by some that it acts more efficiently when thus given. According to most observers, however, the quantity when given by the rectum should be larger than when given by the mouth.

The plan of treatment just described is almost invariably successful. If it fail, there is always reason to suspect that the preparation of quinia employed is spurious or adulterated. A difficulty, in some cases, relates to an intolerance of the remedy. Some persons are affected very unpleasantly by even small doses of the sulphate of quinia. This intolerance is not infrequently imaginary, but it is sometimes real. In such cases small doses may be given, or some one of the remedies to be presently mentioned substituted. The coexistence of any affection does not contraindicate the plan of treatment which has been described. In all cases in which intermittent fever is complicated with other affections, the primary object of treatment is to interrupt the paroxysms as speedily as possible. In children and infants the doses of the sulphate of quinia are to be less than in adults in proportion to the age. In young children, owing to the difficulty of administration by the mouth, the remedy may be given *per enema*. It may also be employed effectively by inunction, an ointment containing it being rubbed into the axilla, groins, and over the abdomen.

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[1] *Vide* American Journal of the Medical Sciences, October, 1841.

After the paroxysms are interrupted, the remedy should be continued in small doses, from two to four grains daily, for a considerable period. It is desirable to continue it for several weeks. If anæmia exist, a chalybeate should be conjoined. The citrate of iron and quinia is an eligible preparation. Relapses are prevented by this after-treatment. The diet should be nutritious, and a little wine with meals is advisable. Cathartics are to be avoided; given before the interruption of the paroxysms, they conflict with that object. If there be constipation, it should be remedied by mild laxatives or enemas.

Preparations of cinchona other than the sulphate of quinia, are more or less effective in arresting intermittent fever. The sulphate of cinchonia has been regarded by some observers as possessing an anti-periodic power scarcely less than that of the sulphate of quinia, given in doses one-third larger than the latter. Amorphous quinia, called quinoidia, chiniodine or the precipitated extract of bark, is also reliable in doses of double the dose of the sulphate of quinia. Crude or impure quinia may be used effectively in the same doses as the sulphate of quinia, and having, comparatively, little bitterness, is sometimes to be preferred for administration to children.

There are several succedanea of the preparations of cinchona, which are capable of arresting the disease. Salacin appears to be successful in a certain proportion of cases. From 30 to 40 grains are to be given in an intermission. The sulphate of bebeerine, an alkaloid of the bark of a tree of Guiana called bebeeru, is said to be frequently successful, and it has been claimed, in behalf of this remedy, that it does not produce the unpleasant effects which are sometimes caused by the preparations of cinchona. From 15 to 30 grains are to be given in the apyrexial period. The ferrocyanide of iron or Prussian blue I have found an efficient anti-periodic in doses from one to two drachms. Patients take it with reluctance, its appearance suggesting the idea of poison. Strychnia and nux vomica often succeed. Chloride of sodium given to the extent of from eight to twelve drachms in the apyrexia effects a cure in a certain proportion of cases.[1] Piperine sometimes proves curative. Many practitioners give this remedy in combination with the preparations of cinchona. Arsenic is, probably, next to the preparations of cinchona, the most reliable. Fowler's arsenical solution is the form generally employed, given in doses of 10 or 12 drops three times daily to an adult. The hydrochlorate of ammonia, in dose of a drachm in the intermission, appears to exert an anti-periodic power. Nitric acid doses of from 5 to 8 drops continued during the intermission and paroxysm, once in six hours, has been found to be efficacious by Dr. E. S. Bailey, of Indiana. Dr. Wm. A. Hammond has reported the result of this remedy in 32 cases, the dose being 10 drops three times daily. In all these cases the disease was arrested within three days.[1] This list might be extended. It is to be borne in mind, in judging of the effect of remedies in this disease, that it tends, intrinsically, to end after a few paroxysms, in a certain proportion of cases. All the known remedies which may be employed as succedanea of the preparations of cinchona are inferior to the latter. None are to be preferred except in some cases in which, from an idiosyncrasy, the preparations of cinchona are not tolerated. They may sometimes come in play where the preparations of cinchona cannot be procured, and they have the advantage of being less costly than the latter.

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[1] *Vide* cases reported by Prof. Joseph C. Hutchison, M. D., New York Journ. Medicine, March, 1854.

So far, only the curative measures of treatment have been considered. Palliative measures are indicated during the paroxysms. A full opiate at the beginning of the cold stage often appears to shorten and modify the severity of the paroxysm. It sometimes, indeed, acts as an abortive measure, and may even effect a cure of the disease. I have known a sinapism applied over the whole length of the spine, at the commencement of the cold stage, arrest the paroxysm and effect a cure. This result has been obtained by dry cups applied to the spine, and by friction with the spirits of turpentine. The method of Mackintosh, viz., bleeding in the cold stage, was sometimes effectual, but, for obvious reasons, it is not to be recommended. A paroxysm appears to be sometimes warded off by taking to the bed before the hour when it is expected, and keeping up warmth of the body by bottles of hot water or other means. External warmth is useful in the cold stage, and stimulants may be given internally, if tolerated by the stomach.

During the hot stage, relief is procured by sponging the body with cold or tepid water. Pieces of ice, ice-water, or carbonated water, may be taken freely. During the sweating stage, comfort is promoted by wiping the body with warm flannel, and changing the linen and bedclothes, taking proper care to avoid exposure to cold.

Anæmia and general dropsy, occurring as sequels, claim tonic remedies, into which the preparations of cinchona and iron should enter, with nutritious diet and other hygienic measures calculated to restore the strength and invigorate the body. Enlargement of the spleen is to be treated with the sulphate of quinia or other preparations of cinchona, and a belladonna plaster or anodyne embrocations applied over the enlarged organ. If these measures fail, the iodide of potassium may be tried.

The preparations of cinchona, and other anti-periodic remedies, are efficacious as prophylactics. Taken in small doses daily by persons exposed to malaria, they ward off attacks of intermittent fever, and they prevent relapses. There is no foundation for the popular notion that the prolonged use of the sulphate of quinia, in small or moderate doses, is prejudicial to health. I have known an instance in which two or three grains had been taken daily for twenty years, the person having found by experience that by this means he was exempt from relapses of intermittent fever.

PERNICIOUS INTERMITTENT FEVER.

Simple or ordinary intermittent fever, as regards immediate danger, is not a grave disease. But the disease is sometimes presented in forms attended with more or less immediate danger, and it may prove fatal within a few days or hours. These forms of the disease are to be considered apart from simple or ordinary intermittent fever, and, collectively, they constitute a variety of the disease called *pernicious*, *malignant*, and *congestive*. Of these names I adopt the first, because it is the one most commonly adopted by writers. The term congestive, although commonly used in the southern and western portions of this country, is objectionable, as implying that the primary or essential pathological state is congestion, a doctrine which is probably incorrect.

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[1] *Vide* Maryland and Virginia Med. Journal, Feb. 1861. For the experience of Dr. George Mendenhall, *vide* Western Lancet, August, 1854.

Pernicious intermittent fever occurs in isolated cases wherever the simple or ordinary variety of the disease prevails; happily, such cases are extremely rare. But it prevails at certain epochs in malarious regions. Of the cases of intermittent fever which occur at these epochs, the proportion in which the disease is pernicious is more or less large. In some seasons the fatality from the disease is very great, and it constitutes one of the most formidable of the maladies which the physician has to encounter. The pernicious variety of the disease prevails at particular seasons in all malarious regions. In this country it has chiefly prevailed in the Southern and Western States. Drake states that, of the interior valley of North America, the regions in which it has most frequently prevailed are, "the level portions of Alabama, Mississippi, and Louisiana, the southern shore of Lake Michigan, from Chicago around to St. Joseph River, and of Lake St. Clair and Lake Erie, from Lake Huron to Lake Ontario, near the estuaries of the creeks and rivers."[1] In view of the great danger attendant on pernicious intermittent fever, and of the fact that the success of prompt and efficient treatment is perhaps more conspicuous in this than in any other malady involving an equal amount of danger, the disease is one of great importance. It will, however, suffice to notice the symptomatic features by which it is distinguished from simple or ordinary intermittent fever, and the therapeutical indications.

Different observers agree that, in many, if not in most, cases a pernicious paroxysm is preceded by one or more paroxysms which are not characterized by any symptoms denoting gravity of disease; hence the vast importance, especially whenever cases of the pernicious variety are known to have occurred, of resorting in every case at once to prompt and efficient measures to interrupt the paroxysms. But, in a certain proportion of cases, the pernicious character of the disease is manifested in the first paroxysm, and death may take place in that paroxysm. Drake states that the pernicious character is sometimes foreshadowed by some slight anomaly in the first paroxysm, such as, "a partial numbness or coldness of the great toes, instead of a regular chill, or a disposition to sleep at the access of the paroxysm." According to this author, in the cases in which the pernicious character is gradually developed, the cold stage in the early paroxysms is not strongly marked, the hot stage is imperfectly developed, and in the intermissions the patient may be pursuing his usual avocations. Both patient and physician are liable to be thrown off their guard by the mildness of the paroxysms preceding the one which is pernicious.

The symptomatic features of pernicious paroxysms vary much in different cases, and from these diversities writers have considered this variety of the disease as embracing several forms. More or less complete coma characterizes some cases; these cases are distinguished as comatose, soporose, or apoplectic intermittents. Other cases are characterized by delirium preceding coma. The delirium is sometimes active, the patients requiring to be restrained. Two examples have fallen under my observation. Epileptic convulsions occur in some cases. A form called *algid* is characterized by notable reduction of temperature, the extremities becoming cold as marble, or the coldness being like that of a cadaver. Profuse sweating characterizes some cases; vomiting and purging are, not infrequently, prominent symptoms, leading to a state of collapse like that in cases of epidemic cholera. Hemorrhage from the stomach, bowels, and kidneys is a feature of some cases. Notable embarrassment of respiration and great restlessness are sometimes marked features. The regular succession of the different stages s often wanting in pernicious paroxysms. The pulse is small, feeble, irregular. The development of well-marked febrile movement, with a full, regular pulse and heat of skin, is evidence that the patient will struggle through the paroxysm. The danger to be apprehended from another paroxysm is proportionate to the severity of that from which the patient emerges with safety; f the latter has involved very great risk, the next will be likely to prove atal. The prostration in the intermission is in proportion to the severity of he paroxysm.

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[1] On the Principal Diseases of the Interior Valley of North America, second edition, 1854.

Of the pathology of pernicious as compared with simple or ordinary intermittent fever, all that can be said with our present knowledge is, the essen-ial morbid condition existing in the latter variety in a degree not involving mmediate danger exists in the former variety in such intensity as to prove ighly dangerous. Intermittent fever is not the only affection which, without any essential change in the nature of the disease, is in some cases ex-remely mild and in other cases extremely formidable. Scarlet fever may be ited as another striking example. The difference, as regards symptomatic henomena and gravity, between pernicious and simple or ordinary intermittent fever is not explained by lesions found after death.

Pernicious intermittent fever is often preventable, and many lives are saved y timely, efficient treatment. It is doubtless prevented by promptly inter-upting paroxysms before they assume a pernicious character. In seasons hen pernicious cases prevail, there is much risk of lives being sacrificed by he delay in arresting the disease, incident to the employment of the so-called reparatory measures of treatment. In these seasons, especially, the cura-ve treatment should be resorted to at once in all cases of intermittent fever, nd the disease arrested as speedily as possible. When the disease has be-ome pernicious, there are two great objects of treatment. One of these bjects is to carry the patient safely through an existing paroxysm, the other to prevent another paroxysm.

With reference to the first of these objects, the indications differ according the differences of form which pernicious paroxysms assume, and according the symptoms, whatever may be the form. Enfeebled action of the heart ways calls for stimulants, alcoholic, ethereal, and aromatic, severally or llectively. In many cases the danger of the disease is manifested chiefly the symptoms referable to the circulation. In these cases the all-imporn nt indication is to strengthen the heart's action. Coma, unaccompanied augmented force of the circulation and increased heat, does not call for oodletting. Bloodletting has been employed in the cold stage of perni-ous, as well as ordinary, paroxysms of intermittent fever. That patients ve recovered under this treatment, by no means proves that it is devoid danger. It is admissible only when the symptoms denote active cerebral ngestion. Coldness of the surface is an indication for the external appli-tion of heat by means of warm blankets, bottles of hot water, etc., and r internal stimulants. Vomiting and purging are to be restrained by iates given by the mouth or rectum. Opiates are also indicated by rest-sness, delirium, and convulsions. In connection with the latter, the kid-ys are to be interrogated with reference to the existence of uræmia.

Emetics given at the commencement of the paroxysm, although they have been much used, are of doubtful utility, and cathartics should never be given.

The second object, viz., to prevent another paroxysm, should enter into the treatment before the paroxysm, attended with more or less immediate danger, is ended. With reference to this object, nothing can take the place of the preparations of cinchona. The succedanea of these preparations are not to be relied upon, if the latter are to be obtained. If the sulphate of quinia be used, it should be given during the paroxysm. It should be given in larger doses than in cases of ordinary intermittent fever, in view of the vastly greater importance of arresting the disease, and because the tolerance of the remedy is often much greater. It is to be given during the paroxysm, not for its immediate effect, but to render more sure the prevention of another paroxysm. A scruple of the sulphate of quinia may be given at once, by the mouth, to an adult, and a larger quantity if given by the rectum. After three or four hours, if there be no evidence of cinchonism, the dose may be repeated. It is to be continued after the patient has emerged from the paroxysm, in doses of from ten to twenty grains, the intervals between the doses being sufficient to judge of the effect of each dose. Cinchonism should be produced and maintained during the intermission without reference to the quantity required; but to produce this effect the enormous doses which have sometimes been given are never necessary. Promptness and boldness are important for the successful management of this formidable disease, but excessive cinchonism is not advisable, and it is to be borne in mind that permanent blindness and deafness have resulted from the use of quinia in needless excess. By pursuing the plan just stated, the remedy may be employed as freely as may be necessary to obtain, to the fullest extent, its remedial effect, without incurring risk of injury from its toxic effect.

A pernicious paroxysm having been experienced, at the time when another paroxysm is to be expected, provided the type be known, and on the second and third day, if the type be not ascertained, the patient should be in bed at the hour when the recurrence is likely to take place, the body kept warm by artificial heat, and hot, stimulating drinks. An opiate will render more sure the prevention of the dreaded paroxysm.

After the interruption of the paroxysms, some one of the preparations of cinchona should be continued in tonic doses, with a nutritious diet and other restorative measures. After both the pernicious and ordinary varieties of intermittent fever, if the malarious cachexia remain in spite of appropriate measures of treatment, removal without the sphere of the malarious influence, during the season when this influence is rife, is to be advised.

CHAPTER V.

Periodical Fevers Concluded—Simple Remittent and Typho-Malarial Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Pernicious Remittent Fever—Yellow Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment.

A FORM of periodical fever is distinguished from that considered in the last chapter, viz., intermittent fever, by the occurrence of remissions instead of intermissions, and, hence, called *remittent fever.* It is also known as *remittent* or *bilious fever*. The term bilious is superfluous, and so far as it has any significance, tends to perpetuate a pathological idea, the correctness of which is, to say the least, problematical. It is desirable, therefore, that the term be dropped. Between simple remittent and intermittent fever there is a close relationship. These two forms of fever are mutually convertible into each other; they undoubtedly involve the same special cause, and they are controlled by the same specific remedies. The propriety of recognizing remittent as distinct from intermittent fever is denied by some writers. Bouilland calls it a "real nosological superfetation!" There is, however, a practical convenience in considering the two forms as separate affections, admitting that they are essentially identical.

Remittent fever and typhoid fever may be associated. Not only may the former present typhoid phenomena or the typhoid state, but the two affections occur not infrequently in combination. This statement embodies an opinion held for a long time by practitioners in malarious sections of this country and inculcated especially by Prof. Dickson. I have for many years advocated this opinion in medical teaching. Recently it has been proposed to employ a name denoting the union of the two affections, and the term *typho-malarial fever* has been introduced by Dr. Joseph J. Woodward.[1] I shall adopt this name, and consider remittent and typho-malarial fever conjointly. The facts which show the blending of remittent and typhoid fever will be noticed under the head of pathological character and causation.

SIMPLE REMITTENT AND TYPHO-MALARIAL FEVER.

By the term simple remittent fever is meant remittent, not associated with typhoid fever, and not accompanied by symptoms of gravity entitling it to be called pernicious. Pernicious remittent fever will claim a brief, separate notice. Typho-malarial fever will be considered in conjunction with simple remittent fever.

Anatomical Characters.—The lesions in simple remittent fever, which, from their constancy, may be considered as essential, are found in the liver and spleen. The liver is more or less softened, and presents a bronze or slate color. This change in color was pointed out as an anatomical characteristic of the disease by Dr. Thomas Stewardson.[2] Facts confirmatory of the correctness of the observation by Stewardson, have been communicated by Prof. Alfred Stillé and the late Dr. Swett.[3] Prof. Alonzo Clark has shown that the change consists in the deposit within the liver cells of the pigmentary matter known as *hematoidin*.[4] The condition is described by Frerichs under the name *pigment liver*, and it has been already referred to in treating of hepatic diseases. Its pathological significance is unknown. The spleen is more or less enlarged and softened. This lesion occurs also in typhoid fever. The appearances of the mucous membrane of the stomach in some cases denote subacute inflammation. Enlargement of the glands of Brunner, or the mucous follicles of the duodenum, were observed by Stewardson, and in twelve cases noted by Anderson and Frick, and analyzed by Stillé. Softening of the muscular walls of the heart has been frequently observed. Lesions denoting meningitis and pneumonitis are occasionally observed, but these and other affections are to be regarded as complications.

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[1] *Vide* Outlines of the Chief Camp Diseases of the United States Armies, etc. By Joseph Janvier Woodward, M. D., Assistant Surgeon, U. S. Army, etc., 1863.

[2] *Vide* Am. Journ. of Med. Sciences, 1841 and 1842.

[3] *Vide* Am. Journ. of Med. Sciences, 1846.

[4] *Vide* Note in Work on Yellow Fever, by Dr. La Roche, vol. i., and in Bartlett on Fevers, Fourth Edition, 1856.

In typho-malarial fever, abdominal lesions which are essentially those characteristic of typhoid fever are found after death.

CLINICAL HISTORY.—Under this head I shall present a brief sketch of simple remittent fever, as regards especially its distinctive features, and, afterward, of typho-malarial fever.

Simple remittent fever often commences abruptly, but, in a certain proportion of cases, has a brief forming stage, the prodromes being the same as those attending the development of other fevers. The febrile career commences with a chill, more or less pronounced, either with or without rigors. The attack is oftener before than after mid-day. Febrile movement follows, varying in intensity in different cases, accompanied with cephalalgia, pain in the loins, etc. The febrile movement continues unabated for 6, 12, 18, 24, and even 48 hours, and then notably subsides; the pulse falls in frequency, the skin becomes moist, the patient is comparatively comfortable, and, may obtain refreshing sleep. The febrile movement, however, does not disappear, there is not apyrexia; there is a remission, not an intermission. The remission is apt to occur during the night. The degree of abatement of febrile movement varies in different cases, sometimes approximating to apyrexia, and sometimes the remission being slight. The duration of the remission varies from two or three hours to one or two days. At the end of the remission, another chill may occur, but it is often wanting, and if present, is generally slight; the febrile movement is renewed with as much or more intensity than before the remission. A series of remissions may ensue, recurring in regular succession, and, as regards the intervals, corresponding to the quotidian, tertian, or frequently, the double tertian type of an intermittent fever. The remissions sometimes recur irregularly. Different cases differ as regards the number of remissions. There may be but a single remission, or, on the other hand, remissions may recur regularly through the whole course of the disease. The latter is rare; in general, the remissions cease to be distinct after a few days, and, sooner or later, the fever becomes continuous. The febrile career ends during the second or third week. It eventuates in intermittent fever in a certain proportion of cases. In some cases, the disease is preceded by intermittent fever, remissions taking the place of the intermissions.

Early in the fever, nausea and vomiting generally occur, and are frequently prominent symptoms, continuing more or less throughout the febrile career. The matter vomited is greenish or yellowish in color. Pain or uneasiness is usually referred to the region of the stomach, and there is tenderness on pressure over the epigastrium. Diarrhœa, tympanites, and iliac tenderness are wanting in the majority of cases. Sordes is rarely observed. Delirium is rarely a prominent feature, and, when present, is due to the intensity of febrile movement. The urine is scanty, its coloring matter is increased, and its specific gravity is high. It is rarely albuminous. Jaundice occurs in a certain proportion of cases.

If simple remittent fever be protracted, certain symptoms denoting the typhoid state may appear, viz., low delirium, sordes, subsultus tendinum, etc. These symptoms are not sufficient to show the union of typhoid fever and remittent fever. They are liable to occur in all fevers and in various other affections.

In typho-malarial fever, the symptoms distinctive of typhoid fever are intermingled with those of periodical fever. The symptoms referred to are those connected with the abdominal lesions of typhoid fever, viz., diarrhœa, tympanites, and iliac tenderness. These symptoms become more or less marked during the second week of the career of the disease. The characteristic eruption of typhoid fever is sometimes observed. The ataxic symptoms belonging to the typhoid state, viz., low delirium, deafness, subsultus tendinum, etc., occur more frequently, earlier, and are more marked than in connection with simple remittent fever. Enlargement and suppuration of one or both parotids are sometimes observed in cases of typho-malarial fever. This form of fever is preceded by a forming stage longer than in cases of simple remittent fever. The duration of the febrile career is apt to be longer, and the gravity of the disease is greater. Perforation of the intestine is liable to occur. Bronchitis is a common complication, and pneumonitis is developed oftener than in simple remittent fever. Convalescence is apt to be protracted in cases of typho-malarial fever. In different cases of the latter, the phenomena of typhoid fever and of periodical fever are intermingled in varying proportions; in some cases the periodical, and in other cases the typhoid, phenomena preponderate. According as the phenomena of the one or the other disease predominate, cases will approximate, on the one hand, to simple remittent, and, on the other hand, to typhoid fever.

PATHOLOGICAL CHARACTER AND CAUSATION.—Simple remittent fever, as regards its essential pathological character, does not differ from intermittent fever. Both are due to the special poison known as malaria. True remittent fever is never contracted elsewhere than in malarious situations. The distinction between the two diseases is nosological rather than pathological.

Typho-malarial fever is caused by the combined action of malaria and the special cause of typhoid fever. Practitioners in malarious situations have been accustomed to say that remittent becomes converted into typhoid fever. This mode of expression is not accurate; there is not a metamorphosis of the one disease into the other, but a combination of both diseases, the phenomena of the one or of the other disease predominating in different cases.[1]

Cases of typho-malarial fever occur in most, if not all, malarious regions. This fact shows that the special cause of typhoid fever is not held in abeyance by the prevalence of malaria, and generated only after the latter disappears. The extinction of malaria is followed by cases of unmixed typhoid fever, and hence it has appeared as if the latter follows in the wake of the periodical fevers. The typho-malarial fever prevailed largely among the United States troops in certain situations, during the recent civil war, especially in the Army of the Potomac, in the unfortunate Peninsular campaign of 1862, when it was known as the *Chickahominy fever*.

Simple remittent and typho-malarial fever prevail especially in the autumnal season. Persons of all ages are liable to be affected with simple remittent fever. There is no evidence that this fever is ever contagious, nor that the malarious poison producing it is portable. Having once experienced it affords no protection against its recurrence.

DIAGNOSIS.—Simple remittent fever is readily discriminated from simple intermittent fever by the occurrence of remissions, instead of intermissions, and by the fever generally becoming continuous. It differs from continued fever (typhus and typhoid) in the occurrence of remissions, but these are liable to be overlooked, and cases sometimes come under observation after the remissions have ceased to recur. Exclusive of remissions, the differential diagnosis involves the following points:—

The abdominal symptoms of typhoid fever are wanting in simple remittent fever, and in place of these are the gastric symptoms distinctive of the latter, viz., nausea and vomiting, with tenderness over the epigastrium. The ataxic symptoms of the typhoid state are oftener wanting in simple remittent fever, and, if present, occur at a later period. The typhoid eruption is wanting. The access is much oftener abrupt, and accompanied by a more pronounced chill. Paroxysms of intermittent fever are liable to occur at the close of a remittent fever. Finally, remittent fever is developed only in malarious districts, or in persons who have been exposed to malaria. There can be no question as to this differential diagnosis in cases of disease occurring in a situation where malaria is known not to exist, and when the patient is known not to have been within a malarious influence.

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[1] With reference to this point, the author would refer the reader to an interesting paper, "On the Blending and Conversion of Types in Fever," from the pen of Prof. Samuel Henry Dickson, *vide* Transactions of American Medical Association, Vol. V. 1852.

Typho-malarial fever is discriminated, on the one hand, from simple remittent fever by the characteristic events of typhoid fever, viz., the abdominal symptoms, the eruption in some cases, the earlier occurrence of ataxic phenomena, epistaxis, and occasionally intestinal perforation. It is discriminated, on the other hand, from unmixed typhoid fever by the characteristic events of periodical fever, viz., remissions, gastric symptoms, jaundice, and the eventuation in some cases in intermittent fever.

PROGNOSIS.—Simple remittent fever, as a rule, is attended with very little danger to life. In fatal cases, the termination is generally due to coexisting affections. Of course, it is to be understood that cases of pernicious remittent fever are not included under the head of simple remittent fever. An attack of remittent fever leaves behind it a liability to subsequent attacks of intermittent fever, and is liable to be followed by the sequels of the latter disease, viz , enlarged spleen, anæmia, and general dropsy. This disease differs much in severity at different times and places, and in different cases at the same time and place. As a rule, it is apt to be more severe in tropical than in temperate climates.

Typho-malarial fever is a much graver affection than simple remittent fever; it is certainly not less grave than typhoid, disconnected from malarial, fever. Like the latter, the rate of mortality differs at different times and places, owing to differences as regards the intrinsic tendency of the disease and a variety of circumstances. Data for determining the average death-rate are not available, inasmuch as it has not been customary to separate cases of this disease from cases, on the one hand, of simple remittent fever in which the typhoid state occurs, and, on the other hand, of typhoid fever without the combined action of malaria.

TREATMENT.—The first and leading object in the treatment of simple remittent fever is the arrest of the disease by anti-periodic remedies, of which the preparations of cinchona are by far the most reliable, the sulphate of quinia being the preparation to be preferred. As soon as the character of the disease is determined by the occurrence of a remission, the sulphate of quinia should be given in a full dose, viz., from ten to twenty grains for an adult. The remedy should be continued in doses of from five to ten grains after intervals of from two to four hours, until it produces slight deafness and ringing in the ears, suspending the remedy when these manifestations of cinchonism appear. When other preparations of cinchona are used, they are to be given, in equivalent doses, in the same manner. If the remedy be not tolerated by the stomach, it should be given *per enema*. If cinchonism be not produced during the remission, the remedy may be continued during the exacerbation of fever This is preferable to waiting for another remission. In a case in which the practitioner is satisfied that a remission has already occurred, in other words, whenever the diagnosis is clear, the remedy should be given at once, notwithstanding the intensity of febrile movement, without waiting for a remission. Time need not in any case be lost in order to resort to cathartics or other measures preparatory to the exhibition of an anti-periodic remedy. In short, the treatment is essentially the same as in cases of intermittent fever. And this plan of treatment will succeed, in a large proportion of cases, in promptly arresting the disease.

Aside from the abortive or curative treatment just stated, palliative measures are to be employed according to the indications in individual cases. The indications will relate to pain in the head, nausea and vomiting, vigilance and restlessness, heat and dryness of the skin, etc. The same measures are to be addressed to these symptoms as when they are present in other fevers. It is unnecessary to consider these measures in detail in this connection.

If the disease be not arrested and the febrile movement become continuous, the principles of treatment are essentially the same as in the continued fevers. Anti-periodic remedies should be continued in moderate doses. Supporting measures are indicated by symptoms denoting failure of the vital powers, precisely as in other fevers. If the disease eventuate in intermittent fever, the latter is to be treated as when it occurs under other circumstances. The treatment during convalescence offers nothing peculiar, except that a preparation of cinchona should be employed for some time, in conjunction with a chalybeate, as after an attack of intermittent fever.

The plan of treatment which has been sketched does not embrace measures heretofore considered important in this disease, viz., emetics, cathartics, bleeding, and the use of mercury. Emetics are contraindicated by the condition of the stomach. Cathartics are not indicated by the disease *per se*; they are required only to overcome constipation, and generally simple enemata or mild laxatives will suffice for this object. Bleeding is called for only by active cerebral congestion or intense febrile movement with augmented power of the heart's action, the patient being robust or plethoric. Under the latter circumstances, sedative remedies, saline laxatives, and cold to the surface will generally be sufficient without the abstraction of blood. The external use of cold water is highly useful when the skin is notably hot and dry. Prof. Dickson recommends in strong terms the cold douche. The wet sheet may be employed under these circumstances. Opium, given in pretty full doses early in the disease, appears sometimes to exert an effect beyond that of a palliative, by inducing a more marked remission. The pathological views which formerly led practitioners to employ mercury freely in this disease are not tenable, and it may fairly be doubted if clinical observation affords any ground for regarding this remedy as specially indicated.

In typho-malarial fever the periodic element claims the treatment indicated in simple remittent fever. The object is to eliminate this element by means of anti-periodic remedies. Aside from this object, the hygienic and medicinal measures indicated are the same as in cases of unmixed typhoid fever. To consider these measures here would be to repeat what has been presented in the chapter in which the treatment of typhoid fever is considered. The reader is, therefore, referred to that chapter.

PERNICIOUS REMITTENT FEVER.

A brief notice of pernicious remittent fever will suffice. This fever is distinguished as pernicious under circumstances similar to those which constitute ground for the application of the same name to intermittent fever, viz., circumstances giving to the disease unusual gravity and danger. This variety of the disease is also called malignant and congestive. Pernicious remittent fever presents the same diversities, as regards symptomatic phenomena, as pernicious intermittent fever. In cases in which death takes place quickly, it is impossible to determine whether the disease be intermittent or remittent; a fatal result may take place before either a remission or an intermission occurs. The occurrence of an intermission or a remission is the chief differential point. Pernicious remittent fever, however, is attended with more danger than pernicious intermittent fever. The two forms of disease, in a pathological view, are essentially the same, and they claim the same treatment. The importance of pernicious remittent fever is by no means to be measured by this brief notice of it; but inasmuch as all that is of practical importance in relation to this disease is embraced in the consideration of pernicious intermittent fever, the reader is referred to that portion of the preceding chapter which treats of the latter.

Remittent fever, especially the pernicious variety, has received, in different parts of the world, a variety of names denoting its geographical relations, such as Walcheren fever, African fever, Hungarian fever, jungle fever, and fever, etc.

YELLOW FEVER.

The fever to be now considered has received a great variety of names, but it is at this time everywhere known as yellow fever, a name, the significance of which is derived from the frequent occurrence of yellowness of the surface of the body. Although the name is open to criticism on the score that it relates to a symptom not constantly present, and occurring occasionally in other fevers, it has the merit of not involving any hypothesis concerning the nature or causation of the disease.

The question whether this be a distinct species of fever has been much mooted. It has been considered as identical, on the one hand, with typhus or typhoid, and, on the other hand, with remittent fever. Cullen applied it the name *typhus icterode*. Grisolle calls it *typhus d'Amérique*. Now that typhus and typhoid fever have been so thoroughly studied, it is evident that differences as regards the symptoms and laws show these fevers to be entirely distinct from yellow fever. Few, if any, at the present time, contend for the identity of yellow fever with either of these fevers. The doctrine that yellow fever and remittent fever are identical, in other words, that they originate from the special cause commonly known as malaria, has had a few tenacious adherents, and this doctrine is not, at the present time, entirely abandoned. That these two diseases may exist in combination is undoubtedly true. It is also true that remittent fever, at certain times and places, assumes more or less of the characters of yellow fever, so that the two affections are not always easily discriminated, and that much confusion has arisen from their having been not infrequently confounded. But that they are essentially different diseases, each being a distinct species of fever, is conclusively shown by the following facts:—

1. Yellow fever, as a rule, prevails in towns; whereas, remittent fever prevails especially in rural districts.
2. Yellow fever has been known to prevail in places where neither remittent nor intermittent fever was ever known to occur; and, *per contra*, remittent fever prevails to a great extent and in numerous places where yellow fever has never been known to occur.
3. There is abundant ground for the belief that the special cause producing yellow fever is portable, and that the disease is thus liable to be imported. There is no evidence of the importation in this way of remittent fever.
4. Remittent fever is characterized by the occurrence of remissions, which

is derived the name of this disease, and it is apt to eventuate in intermittent fever. Yellow fever is devoid of remissions, and does not end in intermittent paroxysms.

5. Yellow fever attacks chiefly unacclimated persons. Acclimation does not protect against remittent fever.

6. An attack of yellow fever exempts from a subsequent attack in the immense majority of cases. This is not true of remittent fever.

7. The remedy, or remedies, exerting a controlling influence over remittent fever, which may be called specific, viz., the preparations of cinchona and other anti-periodics, do not control yellow fever. This statement is not inconsistent with the belief that these remedies are more or less useful in yellow fever, as they doubtless are in many diseases which they do not control.

8. They who contend that yellow fever is a form of remittent fever, regard it as a severe or malignant form of the latter. But during the prevalence of yellow fever, a host of cases occur in which the disease is milder than even mild cases of remittent fever.

Other facts relating to differences as regards the symptomatology and laws of the two diseases might be adduced. The foregoing, however, it is believed, are quite sufficient to establish their non-identity. Assuming, therefore, yellow fever to be essentially distinct from all other diseases, I shall proceed to consider, succinctly, its anatomical characters, clinical history, causation, diagnosis, prognosis, and treatment.

ANATOMICAL CHARACTERS.—The morbid appearances after death which are most frequent are situated in the stomach, alimentary canal, and liver. Autopsical examinations made by Louis and Trousseau, at Gibraltar, Nott, of Mobile, Thomas Hewson Bache, of Philadelphia, and many others, show that morbid appearances in the stomach are frequent, consisting of redness, softening of the membrane, thickening, and the condition known as mamellonated. The morbid appearances are not uniform, and in a certain proportion of cases there are no morbid appearances in this organ. The appearances cannot be considered as always denoting gastritis. Some of the appearances are doubtless cadaveric. The stomach often contains more or less of the matter vomited, which is known as the black vomit. This will be noticed in connection with the gastric symptoms, under the head of the clinical history. The intestinal canal in some cases presents no morbid appearances. Redness in patches, ecchymoses and softening are occasional morbid appearances. Similar appearances are sometimes found in the œsophagus. The Peyerian and solitary glands of the small intestine, as a rule, present no morbid alteration. The intestines contain black matter similar to that found in the stomach.

The liver was found by Louis and Trousseau in the epidemic at Gibraltar, which they studied in 1828, to present a morbid appearance somewhat peculiar. The color was unnaturally yellow, compared to the color of butter, coffee and milk, or mustard. This being the only constant morbid appearance found by these observers, they were disposed to attach to it considerable importance, regarding it as the anatomical characteristic of the disease. Subsequent observation has shown that this coloration, although existing in a large proportion of cases, is not constant. Prof. Alonzo Clark, in 1858, was led to observe "a fatty state of all the secretory epithelial cells, and an abundance of free fat globules" in the liver of a subject dead with yellow fever, and he raises the inquiry, "Is not the change so constantly observed in the livers of those dying of yellow fever an acute fatty degeneration?"[1] Since this observation by Prof. Clark, an abundant fatty deposit in the liver has been found by Drs. T. H. Bache and Leidy in numerous cases in the Pennsylvania Hospital. Riddell, of New Orleans, has found this condition existing in a certain proportion of cases. The pathological significance and importance of the change in color and the abnormal amount of fat, cannot be explained with our existing knowledge. The spleen is sometimes enlarged and softened, and in some cases unaltered.

The brain and its membranes present nothing distinctive. The same variations, as regards the quantity of blood and serous effusion, are found in this as in other affections. This statement applies also to the spinal cord and its membranes. In the pulmonary organs black patches, and, in some instances, solid dark masses, have been found by different observers. These appearances by some of the older writers were described as gangrenous spots. They denote extravasation of blood, or pulmonary apoplexy, due to the hemorrhagic tendency manifested in the clinical history of this disease. The kidneys in a certain proportion of cases present nothing abnormal. They are sometimes congested, extravasations of blood have occasionally been observed and sometimes matter resembling pus. It does not appear that these organs have been fully studied, by means of microscopical examination, in this disease.

This disease has no known special anatomical characters. The lesions which occur are contingent or incidental. We cannot, therefore, with our present knowledge, look to morbid anatomy for a satisfactory explanation of the phenomena observed during life.

Clinical History.—An attack of yellow fever is usually abrupt. I minority of cases it is preceded, for one, two, or three days, by lang lassitude, loss of appetite, pain in the head, and chilly sensations. T attack is generally denoted by a chill, with or without rigors. The ch most cases, is of moderate intensity. Febrile movement succeeds. T febrile movement varies in intensity in different cases. It is sometimes q intense, oftener moderate, the heat of the surface rarely being much ra and the pulse seldom exceeding 100. The tongue is moist and more o coated. Vomiting occurs in a certain proportion of cases early, but it ra is a prominent symptom until a later period. It is less prominent early period than in most cases of remittent fever. Tenderness on pre over the epigastrium, is more or less marked. The bowels, as a rule, are stipated. Cephalalgia, the pain especially referred to the supra-orbital re is usually present, and is sometimes intense. Frequently pain in the and pain in the lower limbs, especially in the calves of the legs, are p nent symptoms. This fever bears an analogy to smallpox in the fre prominence of lumbar pain. The mind is usually clear, but occas delirium is manifested, rarely violent or active, and sometimes mirthf eyes are reddened, irritable, watery or tearful. This is quite consta so marked as to constitute a diagnostic feature. Otherwise, the org sense are not disturbed. In general, there are no pulmonary sympto

The febrile movement continues for a period varying from a few h three days. Then follows either a marked abatement, or, generally, entire cessation of fever. A remission is said to take place; but this term is not accurate, inasmuch as there is generally complete apyrexia, and, in a certain proportion of cases, there is no return of febrile movement. The condition following the febrile paroxysm has been called "the state of calm." This is to be reckoned as the second stage of the disease, the first stage embracing the period of the febrile movement, the latter called "the stage of reaction," the "febrile period," the "stage of excitement" or "the paroxysm." The duration of the first stage, in different cases, is very variable, and the average duration is found to vary in different epidemics. Dickson considers this stage as constituting the disease proper, and, whatever may follow, as sequels of the disease; he calls the disease a fever with a single paroxysm. In mild cases, convalescence takes place at the end of this stage.

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[1] *Vide* La Roche on Yellow Fever, 1855. The author would here acknowle constant indebtedness to the great work of La Roche, in treating of yello The reader is referred to this work as a masterly digest of the whole vast l of the subject. For Prof. Clark's views, see, also, his editorial additions lett's work on Fever. To save frequent references, the author would also here acknowledgment especially to the following authors: Bartlett and Clark, Fenner, Dowler, Simons, Reviewer in Brit. and For. Med.-Chir. Review, 18 Barton, and Wragg.

In grave cases the cessation of febrile movement is deceptive; the pains, etc., may cease, and the patient may feel as if convalescence had begun. But after a period, varying from a few hours to 24 hours, or longer, new symptoms become developed, more distinctive of the affection than thöse occurring during the febrile paroxysm. The pulse in this stage sometimes falls below the normal frequency; it has been observed to fall as low as 40, and even 30 per minute. It is sometimes small and weak, and sometimes vibratory. It is always notably compressible, and has been called a "gaseous pulse." The characters show, in a marked degree, deficient power of the circulation. The surface is usually cool, especially of the parts of the body which are exposed. In the few cases which I have noted, capillary congestion of the skin existed in a marked degree. Lividity of the back, attributable to hypostatic congestion, has been observed by Simons.

Of the symptoms referable to the digestive system, those most characteristic pertain to the stomach. Vomiting occurs, if not already present, and, if present, becomes more prominent. In a large proportion of fatal cases, and in a few of the cases ending in recovery, the black vomit occurs. This, taken in connection with other symptoms, is pathognomonic of the disease. Heretofore there has been much discussion respecting the nature of the vomited matter, but it has been abundantly settled, by chemical and microscopical examinations made by different observers, that the characteristic appearance is due to blood changed by the action of the gastric fluids. As regards the gross appearances, the matter vomited is a thin liquid of a reddish, brown, claret, or blackish color, with sediment resembling coffee-grounds. Occasionally the liquid is bright red, the blood having undergone but little change. It rarely, if ever, has a greenish or yellowish tinge from the presence of bile. The secretion is acid, and it has an acid taste without any bitterness. It is sometimes acrid, excoriating the throat, tongue, and lips. The microscope shows the sediment to contain mucus, epithelium, hematoidin, and deformed blood-disks. The black vomit may be produced artificially by adding an acid to blood out of the body. The bilious matter vomited in some cases of remittent fever presents very similar gross characters, but chemical and microscopical examination in these cases show the presence of bile and the absence of blood constituents. The black vomit in different cases of yellow fever is more or less abundant. It is sometimes ejected with force, and sometimes by an act of regurgitation rather than of vomiting. It generally ceases for a period of from 12 to 24 hours before death. Vegetable formations are sometimes found in the matter vomited. The black vomit rarely occurs until the first stage is passed; it occurs at variable periods during the second stage, but generally not until toward the close of the disease. Blair describes a matter vomited prior to the black vomit, limpid or slightly opalescent, which he terms the "white vomit." Tenderness over the epigastrium is more or less marked in the second stage, and the tenderness is sometimes extreme. The tongue is frequently reddened, dry, and cracked; in some cases, moist and covered with a creamy coating; and sometimes it preserves its natural appearance.

During the second stage, the evacuations from the bowels are frequently of a brownish, approaching to a black, appearance; they resemble sometimes tar or molasses. This appearance is due to the presence of blood, so altered, however, in its passage through the intestinal canal that its morphological characters are not demonstrable. The dark color is due to hematin or hematoidin, discoverable on microscopical examination. Certain constituents of the urine, viz., uric acid and the triple phosphates, are found in the evacuations from the bowels; sometimes blood but little altered is passed from the bowels. Diarrhœa in this, as in the first, stage is rare. The abdomen is soft and seldom meteorized. The melænic discharges generally precede the occurrence of black vomit; they have been called the black vomit stools.

Important symptoms referable to the urine have only of late enlisted much interest, for the reason that full knowledge of the significance of urinary changes is of recent date. The frequent occurrence of albuminuria in grave or fatal cases has been pointed out, particularly by Blair.[1] Blair's statement that almost invariably albuminuria exists when the disease ends fatally is based on examinations in more than five hundred fatal cases. Porcher found that this statement did not hold good in an epidemic at Charleston, South Carolina, but that albuminuria is of frequent occurrence in grave cases, and is to be regarded as evidence of the gravity of the disease, appears to be sufficiently established. Casts of the renal tubuli and disintegrated renal epithelium are sometimes found in the sediment of the urine. A scanty secretion of urine or suppression not infrequently precedes a fatal ending. Uræmia doubtless occurs in a certain proportion of cases. The urine in certain cases becomes of a yellow or orange color, and it is sometimes bloody. Further clinical study of the urine in this disease, by means of chemical and microscopical examination, is a desideratum.

Yellowness of the surface of the body, whence the disease derives its name, occurs in the second stage. The conjunctiva becomes yellow, and this with the redness gives to the eye a striking and peculiar appearance. The yellowness of the skin is especially marked on the chest and upper extremities. The yellowness is doubtless due to biliverdin. It exists in only a certain proportion of cases; it occurs in a much larger proportion of fatal than non-fatal cases—in fact, it occurs in a small proportion of the latter. This symptom, although by no means constant, is quite characteristic of the disease, occurring very rarely in the continued and malarial fevers. The yellowness continues after death and into convalescence.

Hemorrhage in various situations, other than the stomach, intestines and the kidneys or bladder, to which reference has been already made, is often a striking feature of the disease. It occurs from the nostrils, gums, [illegible] wounds or abrasions of the skin, and sometimes from the eyes, meatus auditorius, finger nails, holes bored in the ears for ear-rings, etc. Petechiæ and vibices are sometimes observed.

As regards symptoms referable to the nervous and muscular system, coma and convulsions are of occasional occurrence. They are probably dependent on uræmia. Delirium is observed, but frequently the mind, in the second stage, remains clear. Delirium may exist in the first, and disappear in second stage. As a rule, when it occurs after the first stage, it is toward the close of life. Generally there is notable muscular prostration, but to this rule there are remarkable exceptions. Patients sometimes do not take to the bed but keep about their usual avocations, not thinking themselves much ill, often a few hours before death. These have been called "walking cases." Rush relates a case in which the patient stood up before a glass and shaved himself on the day of his death. In a case cited by Bartlett, the patient, a soldier, continued to do duty until black vomit took place. In another case, the patient dictated and signed a letter a quarter of an hour before death. Cartwright gives an instance of a shoemaker who nearly finished a shoe the day before his death. Fenner has seen a patient in the New Orleans Charity Hospital quietly reading a book after the black vomit had occurred. These cases exemplify a kind of cheerful delirium, as it is called by La Roche, in which the patient fancies himself well or but little ill.

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[1] Report on the Yellow-Fever Epidemic of British Guiana, by Daniel Blair, M.D. British and Foreign Medico-Chirurgical Review, 1856, *vide* Bartlett's work, edited by Clark.

The physiognomy of patients affected with this disease is described by different writers with a good deal of metaphor, but nearly all state that it is characteristic. The face is flushed, or presents a red coloration. The appearance of the eyes is described by different writers as injected, brilliant, transparent, fiery, and glassy. To the facies is applied the following terms: suffering, dejection, anxiety, anguish, despair, terror, stupidity, vacancy, astonishment, sullenness, etc. The diversity of these terms raises a suspicion that the peculiarity of the physiognomy is less distinctive than observers have generally supposed; at all events, it appears to be difficult to convey a clear idea of the characteristic appearance by language.

The duration of the second stage is very variable; it varies from twelve hours to three or four days. In cases of great gravity, the duration is brief, the disease running rapidly to a fatal termination.

The third stage, in fatal cases, is sometimes called the stage of collapse, or the stage of exhaustion. The collapsed condition is denoted by prostration, feebleness and irregularity of the pulse, coldness of the extremities, low delirium in some cases, and the intellect remaining clear in other cases, mental indifference or apathy generally existing as in cases of epidemic cholera—these symptoms showing adynamia and tendency to death by asthenia. Coma and convulsions sometimes occur in this stage, attributable, probably, to uræmia. In some cases this stage is characterized by great restlessness, jactitation, and general distress; but, in other cases, the patient remains quiet and seems free from suffering.

If death do not take place, the third stage is the stage of convalescence. When the disease passes to the second stage, and presents the grave symptoms belonging to this stage, viz., black vomit, hemorrhages, etc., the recovery is always slow, and is frequently preceded by fever having more or less of the phenomena of the typhoid state. Relapses sometimes occur after convalescence appears to be declared.

The disease is divided by different writers into varieties according to differences as regards gravity and other circumstances. Some writers make numerous varieties. A division, arbitrary, but convenient from its simplicity, is into simple or mild, inflammatory, and malignant. In the simple or mild variety, the disease ends in convalescence directly after the paroxysm of fever. Whenever an epidemic prevails, there is a certain proportion of cases which are devoid of any gravity. In these cases a slight chill occurs, followed by mild febrile movement continuing for one or two days, and recovery quickly takes place. These cases would not be recognized as cases of yellow fever, except from the fact of their occurrence during the prevalence of an epidemic. When this mild form of the disease occurs sporadically it is not infrequently a matter of doubt whether patients have had the disease or not

The inflammatory variety is distinguished by the intensity of the febrile movement. The term inflammatory, however, as applied to these cases, is not correct, inasmuch as the intensity of the febrile movement is not due to inflammation, but to the fever *per se*. Malignant cases are those characterized by black vomit, or hemorrhage in other situations, followed by collapse or exhaustion, and also cases in which coma or convulsions occur.

The duration of the disease is variable. Shortness of its career is a distinguishing feature. In the shortest cases, death or convalescence takes place in from two to three days. According to La Roche, the duration varies from three to nine days. The average duration is less than a week.

CAUSATION.—The peculiar features of this disease, its limitation within certain geographical boundaries, and its occurrence as an epidemic, are grounds for the inference that it requires for its production a special cause. And the question at once arises, does the special cause emanate from the bodies of those affected with the disease; in other words, is the disease contagious? This question has given rise to much discussion. Volumes have been written by contagionists and non-contagionists in defence of the two opposing doctrines. It is evident that the question is one of great importance in its bearing on commerce and quarantine laws, as well as on precautionary measures respecting exposure in visiting or attending upon those affected with the disease. For a full consideration of this topic the reader is referred to works treating *in extenso* of yellow fever, and especially to the elaborate and admirable treatise by La Roche. I shall simply state the grounds which seem to me to substantiate the non-contagiousness of the disease.

1. The disease is confined within certain territorial limits. In this respect it differs from most, if not all diseases, the contagiousness of which is established. Even in localities in which it is prevailing as an epidemic, it is sometimes restricted to a circumscribed area.

2. The rise and progress of epidemics are not consistent with its diffusion by contagion. For example, my former colleague, Prof. Fenner, with great zeal and fidelity traced the first 30 or 40 cases in the epidemic at New Orleans, in 1853, and ascertained that the disease broke out in different places among persons who could have had no communication with each other. Prof. F. has investigated the origin and spread of the disease in New Orleans for twelve years, and states that he has never found the least proof of personal communicability. This is alike true of epidemics in other places.

3. In certain places, within the yellow fever zone, sporadic cases occur almost every year. Prof. Fenner states that a summer never passes in which there are not a greater or less number of sporadic cases in New Orleans, but the disease prevails as an epidemic only in certain years. Were the disease contagious, it should be diffused more or less whenever there are any cases of it.

4. When it prevails as an epidemic, it spreads too rapidly to be diffused by contagion. If diffused wholly, or chiefly, in that way, it must be highly contagious, and this is opposed by well-known facts.

5. Persons going from a district where it prevails into a district where it does not exist, and becoming attacked in the latter, do not communicate the disease. There is abundant evidence that this is the rule, and the apparent exceptions are so few, and of such a character, that it is most logical to explain them otherwise than by the supposition of contagion. It is true that real exceptions to the rule would have the force of positive facts, —

in view of the overwhelming mass of negative facts, it is fair to conclude that the apparent exceptions are not real.

6. Of persons brought into close contact with yellow fever patients—physicians, nurses, other hospital patients, etc., the proportion attacked is less than would be the case were the disease communicable.

7. Epidemics run a certain course, as respects duration, and abruptly end, in this respect resembling epidemics of cholera. The disease should prevail longer and disappear more slowly, if propagated by contagion. Like other epidemics, the disease, as a rule, becomes milder by continuance; it appears to absorb other diseases while it continues, in this respect resembling epidemic cholera, and its prevalence is arrested by cold. These facts, especially the two latter, are not consistent with the doctrine of contagion.

8. The great majority of those who have had an extensive practical acquaintance with the disease, believe the disease to be non-contagious. In connection with this fact, it is however to be stated that the doctrine of contagion is advocated by some distinguished teachers and writers who have had abundant opportunities for observing the disease. Among the latter is Prof. Dickson, of Philadelphia.

9. Numerous experiments to test the question of the communicability of the disease, by inoculation, by swallowing the black vomit, and by the utmost possible exposure, have led to negative results. To cite one among many experimental observations, Dowler gives the following account: In 1805, Don Cabanellos, a Spaniard, slept a night with his children in beds, in the Lazaretto, in which yellow fever victims had died. For submitting the question of contagion to this personal test he was made physician to the Royal Household, with an annuity of 1200 dollars. A number of galley slaves who accompanied him, had one year's imprisonment remitted. The whole party amounted to fifty, and no one suffered any harm.

10. Complete seclusion has proved ineffectual to prevent the disease.

In view of the foregoing considerations, to which others might be added, yellow fever is not communicable by means of a virus or miasm generated in the bodies of those affected with the disease. But another question arises in connection with that of contagion, viz., may not the special cause be carried from one place to others in clothing, merchandise, etc., and the disease be in this way imported? Facts appear to establish the affirmative to this question. The special cause is especially apt to be transported in connection with the cargoes of ships, and facts appear to show conclusively that the special cause is sometimes generated in ships at sea. In either case, clothing and articles of merchandise in infected vessels are to be regarded in the light of *fomites*. Among many instances may be cited the occurrence, in 1856, of over 500 cases in the neighborhood of the quarantine grounds of New York, the disease in the great majority of the cases being distinctly traceable to infected vessels.[1]

The fact of the disease being portable renders judicious quarantine restrictions of vital importance. But, in view of the non-contagiousness of the disease, the restrictions need not include the detention of persons arriving at ports in infected ships. With respect to the points just stated, the following resolution adopted by the National Quarantine and Sanitary Convention held in the city of New York, in 1859, may be considered as embodying the views held by the great majority of the medical profession of this country: "*Resolved*, that in the absence of any evidence establishing the conclusion that yellow fever has ever been conveyed by one person to another, it is the opinion of this Convention that the personal quarantine of cases of yellow fever may be safely abolished, provided that *fomites* of every kind be rigidly restricted."[1] Of the members of the convention, 85 voted for this resolution, twenty-three of this number not being members of the medical profession, and 6 voted in the negative, four of the latter not being medical men.

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[1] Annual Report of Elisha Harris, M. D., Physician-in-Chief of the Marine Hospital at Quarantine, presented to the Legislature, February 4, 1857.

Of the nature and source of the special cause of yellow fever we have no positive knowledge, beyond the fact that it originates without the body. Something, however, is known of the conditions under which it is produced. It is indigenous chiefly, if not exclusively, in warm climates. Yellow fever is rarely developed south of 20° (south) or north of 40° (north) latitude. It prevails more in the Eastern than in the Western Hemisphere, and in certain parts of Europe and America than in Africa. In the Western world it prevails especially in the commercial towns on the Atlantic coast south of Charleston, S. C., on the Gulf of Mexico, and in the West India Islands. It is not indigenous, and very rarely prevails as an exotic disease in rural situations. It prevails only in the summer season in other than tropical climates, and in the latter chiefly during the hottest months. A high temperature is essential to its causation, but in yellow-fever localities epidemics do not always occur in the years in which the temperature is highest. Humidity has been supposed to favor the development of the disease, but this is not conclusively established. There does not seem to be ground for connecting the causation with any known meteorological conditions other than a high temperature.

In localities where the disease prevails often, the conditions for its development do not uniformly exist during the hot seasons. Epidemics occur only in certain years. It would seem that the efficiency of this, as of other special causes of disease, depends on the co-operation of other causes. The latter may be controlled, and in this way the disease may be preventable. Acting in this way, sanitary measures—drainage, sewerage, removal of filth, avoidance of overcrowding, etc.—will be likely to prevent the occurrence of yellow-fever epidemics. This has been illustrated by the exemption of New Orleans from yellow fever under the military administration during the late civil war.

Unacclimation is a condition pertaining to individual susceptibility. Natives of yellow-fever localities are rarely attacked. Particular epidemics, however, have been characterized by a considerable number of cases among the native population. Not having experienced the disease is another personal condition. The disease having been once experienced, the susceptibility to the special cause, as a rule, is extinguished. The number of persons who have the disease more than once is probably not greater than the number of exceptions to the rule that smallpox and typhus render the system insusceptible ever afterward to the special cause of these diseases. Acclimation, as regards this disease, is complete only when the disease has been experienced.

It would appear that the negro race is singularly exempt from a liability to this disease. Statistics show the mortality among negroes to be insignificant. Fenner states that the insusceptibility is not nearly as great as mortuary statistics would seem to show, in consequence of the fact that the disease in the negro is almost invariably mild and not likely to prove fatal. The susceptibility is not affected by age; persons of different ages, inclusive of infancy, are liable to the disease. Statistics show a larger proportion of cases among males than females.

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[1] The word *fomites* in this resolution, of course, is considered as embracing the presence in merchandise, clothing, etc., of miasms other than those generated in the [illegible] The term has sometimes been restricted to the latter.

The special cause is destroyed by cold. It is a matter of common observation that an epidemic is arrested by one or two hard frosts. Epidemics, however, have a self-limited duration. Fenner states that, at New Orleans, repeatedly, the disease has disappeared before the occurrence of frost. An epidemic rarely continues longer than from 60 to 70 days. Barlow has calculated the average duration of yellow fever epidemics and finds it to be 58.83 days, being somewhat longer than the mean duration of epidemics of cholera.

To sum up the most important points relating to the causation, an unknown special cause—a poisonous miasm—is involved; the doctrine that this special cause is reproduced within the body, does not rest upon adequate proof; the special cause requires for its development or efficiency conditions peculiar to certain localities, and a high temperature is an essential condition; auxiliary causes which exist especially in cities or large towns exert a powerful agency in the production and perpetuation of the disease, and by the removal of auxiliary causes epidemics may be prevented or divested of much of their fatality; finally, the special cause may be transported by means of infected vessels or fomites, and, in conjunction with a high temperature and auxiliary causes, the disease may prevail in places where it is not indigenous.

The period of incubation is variable. It varies between two and fifteen days, and in the majority of cases it is nearer the first than the second of these numbers.

Diagnosis.—The access of the disease and the symptoms during the febrile or first stage, present nothing highly distinctive. All observers agree that it is often difficult to arrive at a positive diagnosis during this stage. In a considerable proportion of cases, the disease, at the end of this stage, terminates in convalescence. These cases would not be considered as cases of yellow fever except during an epidemic. The disease, in these cases, presents the characters of febricula. The symptoms which have diagnostic significance, in these cases, are, the abruptness of the attack, pains in the back and limbs and suffusion or redness of the eyes.

In cases progressing beyond the first stage, and presenting the grave characters of the disease, the diagnostic features are sufficiently distinctive. They are, yellowness of the conjunctiva and skin, black vomit, hemorrhages elsewhere than within the stomach, epigastric tenderness, slowness of the pulse in certain cases, coldness of the extremities, suppression or scanty secretion of urine, and the phenomena denoting collapse. All these events are not present in every case, but generally enough of them to render the diagnosis positive. The march of the disease to a fatal issue, from the end of the first stage, is, in well-marked cases, peculiar, and it can hardly be confounded with any other affection.

Yellow fever, although essentially distinct from intermittent and remittent fever, may be associated with the latter. The late Dr. Lewis, of Mobile, and others, have described cases in which the disease presented modifications due to this combination, differing from ordinary yellow fever chiefly in the occurrence of intermissions and remissions. The existence of this combination, in certain cases, has an obvious bearing on the treatment.

Prognosis.—The mortality from yellow fever varies much in different epidemics. The range of variation is from 10 to 75 *per centum*.[1] The average mortality, according to calculations by **La Roche**, is 1 in 2.32. The rate of mortality differs in different periods of the same epidemic, the rule being a decrease in the rate as the epidemic approaches its termination.

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[1] Da Costa, Medical Diagnosis.

Unfavorable prognostics are, yellowness of the surface, black vomit, great diminution or suppression of urine, abundant hemorrhage in any situation, coldness of the extremities, jactitation, hiccough, delirium, convulsions and coma. Of these symptoms, black vomit and suppression of urine are almost invariably forerunners of death. Coma and convulsions are fatal symptoms dependent on uræmia.

A favorable prognosis cannot be confidently entertained in any case of this disease. Unfavorable events are liable to occur when, up to the time of their occurrence, the symptoms appeared to be favorable. Black vomit, hemorrhage elsewhere, uræmic convulsions or coma, are liable to occur unexpectedly in cases which appear to be progressing favorably.

Exclusive of cases in which the immediate cause of death is uræmic coma, the mode of dying is by asthenia.

TREATMENT.—With reference to the treatment of yellow fever, it is to be premised that no specific remedy has been, as yet, discovered; there is no known plan of treatment on which reliance can be placed to cut short the disease. Within late years it has been claimed by some that quinia and opium are effectual as abortive remedies. Clinical experience has failed to substantiate this claim. These remedies may be in a greater or less degree useful. They may appear to render abortive cases in which the disease ends after a brief career by self-limitation. They may arrest remittent fever existing in combination with yellow fever. They will be likely to prove effectual in cases of remittent fever incorrectly considered to be cases of yellow fever. It is difficult to decide as to whether they have any remedial power over yellow fever from the facts which have been published.

Another consideration to be premised is, the disease, exclusive of malignant cases, tends to recovery. Mild yellow fever is a very mild disease, not tending to destructive lesions of either the solids or fluids; nor does it tend to continue indefinitely, if not arrested, like intermittent fever. Judicious observers agree that no active interference is required in mild cases.

A third preliminary consideration is that, in a considerable proportion of malignant cases, the disease is necessarily fatal. The blood changes and their consequences are too great to admit of recovery. Hence, a large proportion of fatal cases is by no means proof of injudicious treatment. And a fourth consideration is, that different epidemics differ as regards the relative proportion of mild and malignant cases. In some epidemics the majority of cases are mild, in others malignant. It follows that the ratio of recoveries under a certain plan of treatment may be no test of the superiority of that plan. Measures which appear to be eminently successful in one, may appear equally to fail in another epidemic, the difference being due to variations as respects the tendency of the disease to a fatal issue.

The indications for treatment may be considered as relating respectively to the three varieties of the disease, viz., mild, inflammatory, and malignant yellow fever.

1. *Mild Yellow Fever.*—As already stated, in this variety of the disease no active interference is required. Quietude, restricted diet, ventilation and other hygienic regulations, together with such palliative measures as particular symptoms in individual cases may indicate, suffice for the treatment. The palliative measures will embrace anodyne and refrigerant remedies, cold applications to the head, sponging of the body, laxatives in some cases. Dr. Stone, of New Orleans, says, the only treatment which in his hands

appeared to be useful, is that designed "to favor the efforts of nature in prolonged sweating, calm, and rest of the system" He recommends "foot baths under the bedclothes and sponging the body with tepid water."

Many cases of mild yellow fever in New Orleans are managed by creole nurses without medical aid. It is, however, to be borne in mind that the disease may become malignant in cases which are at first mild in appearance. It is impossible always to distinguish at the outset the cases which will prove to be mild; hence, it is of vast importance to take every precaution to prevent the development of grave symptoms. For this end, hygienic measures are especially or chiefly important. Patients should at once give up to the disease and take to the bed. As complete rest of body and mind as practicable is to be enforced. The services of a faithful and experienced nurse are of more importance than any medication. Free ventilation, cleanliness, and other sanitary measures are not less important in this than in other forms of fever.

2. *Inflammatory Yellow Fever.*—The propriety of bloodletting in yellow fever relates to this variety of the disease which is characterized, not as the name might imply by the existence of inflammation, but by an unusual intensity of the febrile movement in the febrile stage or paroxysm. Bloodletting has been advocated and largely employed as a curative measure in yellow fever. This view is now abandoned, and all that can be claimed for it is promptness and efficiency in abating the intensity of the febrile movement. The short career of the fever is a reason why it is less objectionable, on the score of ulterior injurious effects, than in some other forms of fever, but, in general, as in other fevers and acute inflammations, the salutary ends of bloodletting may be secured by other measures which are to be preferred. The measures which may take the place of bloodletting are those noticed in treating of other fevers, viz., saline laxatives, sedatives, cold ablutions, or the wet sheet. As a substitute for bloodletting, Dickson advocates in strong terms the cold affusion in this disease as well as in remittent fever. As regards other measures, they do not differ from those indicated in cases more or less severe, which are not cases of the so-called inflammatory variety of the disease.

3. *Malignant Yellow Fever.*—Under the head of malignant cases, are to be embraced all which are characterized by symptoms denoting severity and danger. In the absence of known remedies or any therapeutical measures which exert a specific influence over the disease, the treatment, in these cases must be expectant, in the sense in which the term has been hitherto used in this work.

Purgatives have been much employed in this as in most other diseases. Drastic or active purgatives will be likely to do harm by increasing the gastro-intestinal irritation and producing exhaustion. Even if well borne, it is difficult to see what indication they fulfil which may not be equally fulfilled by mild laxatives or simple enemas. The latter are indicated by constipation, and sometimes during the febrile stage, saline laxatives are useful as depletants. Purgation, therefore, except in the cases in which depletion is indicated, or, in some cases, for the purposes of eliminating urea, is to be avoided. Emetics, which have also been much used, are contraindicated by the gastric phenomena which belong to the history of yellow fever.

Mercury has been considered by many as highly important in this disease. Calomel in large doses has been much used, and it has been thought to be desirable to produce ptyalism. This practice has now but few advocates. Facts do not warrant the opinion that mercurialization is in any sense curative, and the testimony of most physicians who have had a practical acquaintance with this disease is adverse to the use of mercurial preparations, except as laxative remedies.

Measures to relieve gastric irritability are often indicated. For this end counter-irritation over the epigastrium may be employed by means of small blisters, dry-cupping, sinapisms, and stimulating liniments. Anodynes, given either *per orem* or by the endermic or hypodermic method, are indicated for this end. Other remedies are, chloroform in small doses, Prussic acid, and creasote. Ice, swallowed in small pieces, has been found useful in allaying irritability of the stomach. To prevent black vomit, and with a view to arrest gastric hemorrhage when it has occurred, the acetate of lead has been much extolled. The persulphate and pernitrate of iron may be useful as hæmostatics when hemorrhage takes place in the stomach and elsewhere.

Great restlessness and vigilance call for opium and other anodyne remedies. Opiates, however, are to be given with much reserve, if the secretion of urine be scanty and danger from uræmia is to be apprehended. Deficiency of the urinary secretion is an indication for diuretic remedies if they are tolerated by the stomach, and for measures to produce diaphoresis if diuretics are not borne or if they prove inoperative. If symptoms be present denoting uræmia, the hot-air bath should be employed. Under these circumstances elaterium or some other hydragogue may be advisable, if relief be not procured by diaphoresis.

In view of the tendency of blood to internal organs, and of the hemorrhages which in part perhaps result therefrom, measures to determine to the surface are indicated, such as stimulating and warm pediluvia, sinapisms, the hot-air bath, and liniments. These measures are indicated especially when internal congestion is denoted by coldness of the extremities and surface of the body.

Sustaining measures are indicated in proportion as a tendency to collapse or death by asthenia is denoted by the symptoms. In this, as in other fevers, it is desirable to forestall a notable depression of the vital forces by the timely use of stimulants and by alimentation. The irritability of the stomach may interfere with the sustaining treatment. The forms of stimulant and nourishment are to be selected which, on trial, are found to be best borne. Alcoholic stimulants may be given *per enema*, if not retained by the stomach. Two of my colleagues in the New Orleans School of Medicine, who had experienced this disease in its severe or malignant form, attributed their recovery to the free use of alcoholic stimulants. In one of these cases, when a fatal termination was regarded as imminent, a favorable change occurred immediately after champagne wine had been given freely.

It is proper to state that my opportunities for observing and treating cases of yellow fever have been quite limited. During the three years, however, of my connection with the New Orleans School of Medicine, I became acquainted with the practical views of my colleagues and others who had treated a large number of cases of the disease. These views were adverse to bleeding, purgatives, or other active remedies. Perfect rest, careful and efficient nursing, and sanitary conditions were considered as of prime importance. Measures to promote gentle diaphoresis were deemed highly useful. For this end the body was kept well covered, and a mild, stimulating diaphoretic given, the infusion of the orange-leaf being the remedy commonly used. These, together with sustaining measures and such palliatives as the particular circumstances in individual cases may indicate, constituted the treatment generally pursued at New Orleans. Prof. Fenner has been led to attach considerable value to the use of the chlorine mixture, as recommended by Watson in scarlatina.[1] He also regards the veratrum viride as useful when the pulse is frequent, given in doses sufficient to act as a cardiac sedative.

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[1] This mixture is prepared as follows: "Put eight grains of the chlorate of potash into a pint bottle, and pour upon them one drachm of strong hydrochloric acid. Keep the mouth of the bottle closed until the violent action has ceased, then add an

Yellow fever associated with remittent fever claims the employment of anti-periodic remedies, especially the preparations of cinchona. These may be useful as tonic remedies in cases of unmixed yellow fever.

The measures for the prevention of yellow-fever epidemics have been incidentally referred to in treating of the causation of the disease. The indigenous development of the disease is to be prevented by removing, as far as practicable, all auxiliary morbific causes relating to individuals and to the community at large; in other words, by measures of public and private hygiene. There is reason to believe that complete sanitary regulations render the disease preventable. The importation of the disease is to be prevented by excluding fomites by means of judicious quarantine regulations, which embrace efficient measures for the disinfection of vessels and merchandise. Free ventilation is important as a means of disinfection. Disinfecting agents may be employed. Clothing, bedding, etc., are disinfected by being subjected to a temperature of 210° to 250° Fahr. In view of the promptness and completeness with which cold destroys the special cause of the disease, it is probable that the disinfection of vessels would be effectually accomplished by reducing the temperature below the freezing point.

CHAPTER VI.

ERUPTIVE FEVERS.

Variola, or Smallpox—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Varioloid, or Modified Smallpox—Vaccinia, or Cowpox—Varicella, or Chicken-pox.

THE fevers which remain to be considered are characterized by an eruption, or exanthem, and hence they are called eruptive, or exanthematous fevers. The continued fevers, typhus and typhoid, have also an eruption, but the eruption is less constant and less prominent than in the eruptive fevers. The eruptive fevers are *variola*, or smallpox, including the modified form known as *varioloid; varicella*, commonly called chicken-pox; *rubeola*, or measles; *scarlatina*, or scarlet fever, and *roseola*, or rose-rash. The eruption in two of these fevers is moist, that is, vesicular or pustular. This is true of variola and varicella. In the remainder the eruption is dry, and is properly an efflorescence or rash. To the latter kind of eruption the term exanthem is, strictly speaking, restricted.

All the eruptive fevers were formerly considered as varieties of one disease, and the individuality of all of them was not fully settled much before the present century. Each is a distinct species of fever, having phenomena and laws which are distinctive, and its own special cause. All, with the single exception of roseola, are propagated by special causes reproduced within the body; that is, they are communicable diseases.

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of water and shake the bottle well, then add another ounce of water, and so on until the bottle is full. The chlorate should be pulverized, and in cold weather the bottle should first be warmed. A tablespoonful or two of this mixture, according to the age of the patient, may be given for a dose, frequently. An adult may take the whole pint in a day."—*Vide* Watson's Practice.

The division of the career of the disease into stages is the same in all the eruptive fevers. The first stage is the stage of invasion, or the access. This stage begins with the first manifestations of disease, and ends with the first appearance of the eruption. The second stage is called the stage of eruption, and extends from the time when the eruption first appears to its disappearance. This stage is subdivided in variola. The stage of desquamation, or desiccation, follows the eruptive stage, and either constitutes or is followed by the stage of convalescence. The consideration of these fevers will also embrace a period of incubation, and events liable to occur after the disease, or sequels.

VARIOLA. SMALLPOX.

The discovery of vaccination by the immortal Jenner, toward the close of the eighteenth century, has divested this disease of much of the importance which it had in the two previous centuries, when it ranked first among the acute affections destructive of human life. It is not, however, so rare, even in its unmodified form, at the present day, but that cases are liable to come under the observation of every practitioner. The gravity and loathsomeness of the disease, together with its contagiousness, render highly important an early diagnosis and judicious management. In treating of the disease, I shall confine myself mainly to matters which have direct relation to the practical duties of the physician, devoting very little space to questions of merely historical, controversial, or speculative interest. I shall consider first unmodified variola, and afterward, under a separate head, the modified form of the disease known as *varioloid*. The latter head will embrace the consideration of variola produced by inoculation.

ANATOMICAL CHARACTERS.—This disease has no known special anatomical characters other than those connected with the eruption on the skin and mucous membrane. These characters will enter into the clinical history. Aside from these, morbid appearances found after death are due to complications which are not peculiar to this disease.

CLINICAL HISTORY.—Differences pertaining to the eruption, and other events embraced in the clinical history, in different cases, are so great that writers have instituted several varieties of the disease. The division into *confluent* and *discreet* or *distinct variola* is generally adopted. In the latter variety, the vesicles and pustules are separate or distinct from each other. In the former variety, coalescence of the vesicles or pustules takes place. In cases in which coalescence exists to a greater or less extent, but not over the whole or the greater part of the surface of the body, the disease is said to be *semi-confluent*. Without considering these varieties under separate heads, I shall notice their distinctive features in proceeding to consider the symptomatology of the several stages of the disease.

Stage of invasion.—The disease is ushered in by a chill in the great majority of cases, and the chill is usually marked, more so than in the other eruptive fevers. In some cases a series of chills occurs, alternating with flushes of heat. Febrile movement follows, accompanied generally by more or less perspiration. The latter is apt to continue or recur more or less frequently up to the maturity of the eruption, a feature distinctive of this, as compared with the other eruptive fevers. The febrile movement is known as the fever of the eruption, or the primary fever. Nausea and vomiting are apt to be prominent symptoms in this stage. The tongue becomes coated. Pain is referred to the epigastrium, accompanied with tenderness on pressure, either with or without notable nausea and vomiting. Generally the bowels are constipated, but diarrhœa is sometimes present, especially in children. Cephalalgia, pain in the limbs, and general debility are more or less marked, as in the early part of other essential fevers; but in this fever pain in the loins is usually a marked symptom, and possesses diagnostic importance. Incomplete paraplegia is occasionally observed, generally disappearing with the development of the eruption. Paralysis of the bladder, giving rise to retention of urine, sometimes exists without paraplegia. Convulsions often attend the development of this disease in .children, and sometimes occur in adults. Delirium is an occasional symptom.

If the symptoms in this stage be mild, the eruption will probably be discrete, but if the chill be notably marked, the febrile movement intense, the lumbar pain very severe, etc., it may be expected that the disease will prove to be of the confluent variety.

The duration of this stage, as a rule, is two days. The eruption begins to appear on the third day after the attack. The exceptions to this rule, however, are numerous. In a considerable number of cases the eruption appears on the second or the fourth day. In a small proportion of cases it appears on the fifth day. The duration is sometimes extended to the sixth day, and occasionally even longer. The eruption, if it appear on the second day, may be expected to be confluent, and, on the other hand, in proportion as the appearance of the eruption is protracted beyond the third day, mildness of the disease is to be expected.

Stage of Eruption.—The eruption, as a rule, appears first on the face, especially about the lips and chin, and nearly at the same time on the neck and wrists; next on the chest and arms; then over the body, and last on the lower extremities. Its diffusion over the whole cutaneous surface occupies from one to three days. Exceptionally it is first observed on the genital organs, chiefly in young children, and on the loins or nates. It may appear first in the neighborhood of a blister or sore existing in any part of the body. Several successive changes take place in the physical characters of the eruption, which, in different stages of its progress, represents nearly all of the cutanei. At first it appears in the form of small red spots or specks, sometimes having a purplish or livid color. It is now a maculated eruption. The central part of the *maculæ* becomes hard, slightly elevated and pointed. A change has taken place from a maculated to a papular eruption. In this stage of its progress, the eruption is not unlike that of measles, and the disease is liable to be mistaken for the latter. The *papulæ* are smaller, rounder and harder, and lack the crescentic or curvilinear arrangement which characterizes the eruption of measles. They feel like small shot under the skin. Next, the cuticle becomes elevated at the apices of the papulæ by a drop of liquid. The *papulæ* now become *vesiculæ*. This change is observed 24 hours after the first appearance of the eruption. After 24 hours more, *i. e.*, 48 hours from the first appearance of the eruption, the vesicles have acquired considerable size. On the fifth day of the stage of the eruption, the vesicles have attained to nearly or quite their full development, measuring from $\frac{1}{4}$ to $\frac{1}{3}$ inch in diameter, and are raised from $\frac{2}{10}$ to $\frac{4}{10}$ inch above the level of the skin. More or less of the vesicles present a depression in the centre. They are said to be *umbilicated*. This appearance is highly characteristic, indeed, almost pathognomonic. It is observed in no eruption other than that of variola, excepting the vaccine vesicle, and sometimes ecthyma. This umbilicated appearance may be discovered in some of the vesicles, often as soon as the latter are discoverable. The vesicles are multilocular, consisting of five or six cells. They contain an opalescent serum. The interior is lined by a layer of lymph, forming a pouch or pock. The form of the vesicles is that of a truncated cone.

This is the history of the eruption, up to the period when the vesicles reach the maximum of their development, if the eruption be discrete. In the confluent variety, a diffused redness of the surface precedes the appearance of papules and vesicles. This diffused redness is apt to lead to the error of supposing the disease to be measles. The vesicles when they first appear have not the determinate form of those in discrete smallpox, but run together or coalesce to a greater or less extent. At the end of the period of the full development of the vesicles, the face and other parts are covered with patches of greater or less size, in which the cuticle is uniformly raised by opalescent serum, resembling a blister. The whole of the face and the greater part of the cutaneous surface may be covered with coalescent vesicles.

After the full development of the vesicles, is another important change in the eruption. The vesicles become pustules. In other words, suppuration takes place. With this change is a change in the external characters. The pocks are more distended The cells are broken up. The central depression is lost, and the pustules become pointed. This change from vesicles to pustules is accompanied by general symptoms which show it to be an important epoch in the clinical history of the disease. Hence, with this change begins another stage, viz., the *suppurative stage*, or the stage of *maturation*. This will claim consideration under a distinct head. It will be observed that of the different forms of cutaneous eruption, all except the *squamæ* and *tuberculæ* are represented in the successive changes in the eruption of smallpox, viz., enumerating them in the order of their sequence, *maculæ, papulæ, vesiculæ, pustulæ*, and, in the confluent eruption, *bullæ*.

The eruption is not limited to the skin. Simultaneously with its appearance on the cutaneous surface, it may be observed, to a greater or less extent on the mucous membrane of the mouth and throat. It appears here in the form of round, opaque spots caused by a deposit of lymph, the epithelium giving way from the accumulation of serum beneath it, so that vesicles are rarely seen on a mucous surface. The membrane surrounding the spots is inflamed, and ulceration sometimes follows. The spots are observed especially on the tongue and soft palate. They are liable to occur in the larynx, trachea, and bronchi; on the conjunctiva, leading sometimes to ulcers and destruction of the eye; within the nostrils, on the prepuce and vulva. According to Bérand and Trousseau, the eruption sometimes takes place, in the male, within the tunica vaginalis, giving rise to a complication which has been termed *variolous orchitis*, and in the female, upon the peritoneum surrounding the ovaries, giving rise to *variolous ovaritis*. In the larynx, the eruption may cause laryngitis which may prove fatal. An instance of this kind has fallen under my observation.

A striking feature of this eruptive fever is the cessation of febrile movement, or a notable remission, on the appearance of the eruption. The pulse falls to nearly or quite the normal frequency; the heat of the skin is little or not at all above that of health, and the thermometer in the axilla shows a reduction from 106° Fahr. to 100° Fahr. This is a highly diagnostic feature of smallpox, provided the eruption be not confluent. In the confluent variety this feature is either wanting or it is much less marked. As the eruption progresses the febrile movement is gradually developed or increased.

Stage of Suppuration.—With the change of the eruption to pustules there is a recurrence or notable increase of febrile movement, constituting what is known as the *suppurative fever*, or the *secondary fever*. The becomes more or less frequent, the heat of the skin is sensibly raised, and the thermometer denotes increase of temperature, especially in the evening as compared with the morning. The perspirations, which up to this epoch are apt to occur, now cease. In mild cases of discrete smallpox, the secondary fever continues only for three or four days; if it continue longer, it is kept up by some complication. But it continues longer in the confluent variety irrespective of any complication. The febrile movement is symptomatic of the affection of the skin, and its intensity, other things being equal, is proportionate to the degree of cutaneous inflammation incident to the suppurative process. More or less redness of the skin is apparent in the spaces between the pustules. Tumefaction of the face occurs, and is often considerable. The swelling of the eyelids is often sufficient to close the eyes, as in cases of erysipelas. Swelling of the hands and feet occurs in severe cases, especially if the eruption be confluent. The swelling of the face and extremities, and the appearance of inflammation around the pustules, belong to the natural history of the disease, and, if wanting, the disease will be likely to prove fatal. Trousseau states that recovery from confluent smallpox almost never takes place if swelling of the extremities does not occur. The redness and swelling are accompanied by a burning pain, as in erysipelas. Salivation is a frequent symptom, and in severe cases of the confluent variety it is often very profuse, and accompanied with more or less swelling of the salivary glands. It is measurably or chiefly dependent on the eruption in the mouth and fauces. It is rarely observed in children. In severe cases delirium is apt to occur in this stage. The delirium is generally passive like that in most cases of typhoid fever, but it is sometimes active or maniacal. Other ataxic symptoms, viz., subsultus, carphologia, and coma-vigil, may also occur, denoting always a condition of great gravity. Coma occurs in a certain proportion of fatal cases. Other symptoms are due either to complications or to anomalous occurrences which will presently be noticed. Diarrhœa is an occasional symptom, and is always an unfavorable omen. The duration of the stage of eruption is four or five days.

Stage of Desiccation.—This stage commences on the sixth, seventh, eighth, or ninth day of the disease. The exceptional cases in which it commences earlier or later are very few. The tumefaction and redness of the skin diminish. The pustules, for the most part, break, and the pus concretes into a thick scab. Patches in which the eruption is confluent become covered by a continuous scabby crust. The whole face, in severe cases, is covered as if by a mask, presenting a hideous appearance, and the greater portion of the surface of the body may present a similar aspect. The diminution of the inflammation and the formation of scabs are first observed on the face, afterward on the trunk and upper extremities, and last on the lower extremities. During this stage the skin exhales a sickening characteristic odor. In cases in which the eruption is confluent the stench is extremely offensive, and may be perceived at a considerable distance. The spectacle in this and the preceding stage and the fetor render smallpox the most repulsive and loathsome of diseases. In mild cases the stage of desiccation is the stage of convalescence. The scabs fall off, leaving the skin beneath unbroken, but presenting a discoloration which continues for a long time, and is especially apparent when the surface is exposed to cold. But in severe cases the skin beneath the scabs is excoriated or ulcerated, the scabs are liable to be renewed, and troublesome ulcerations sometimes follow. More or less febrile movement, in severe cases, is continued into the stage of desiccation. In mild cases there may remain no permanent traces of the eruption, but, in the great majority of cases, there are left cicatrices, either circular or linear, which are known as "pitting" or "pock marks." The amount of pitting will depend on the abundance of the eruption, the size of the pocks, and the depth of the ulcerations. Some of the pocks do not break, but harden, and their contents are absorbed. It is probable that in these suppuration does not take place, that is, the vesicles are not converted into pustules.

To recapitulate the relative duration of the several stages in the majority of cases: The duration of the stage of invasion is from 2 to 4 days, of the stage of the eruption about 5 days, of the stage of suppuration 4 or 5 days, and of the stage of desiccation 6 to 10 days, making the duration of the disease, in cases ending in recovery, from 17 to 24 days. In mild, uncomplicated cases, the recovery is usually rapid, but the convalescence may be indefinitely prolonged by ulcerations of the skin and complications.

Various complications and anomalous events are liable to occur in the several stages of the disease. Pharyngitis, dependent on the eruption within the pharynx, is sometimes sufficient to occasion pain and difficulty of deglutition. Laryngitis, dependent on the eruption within the larynx, is of not infrequent occurrence. It is denoted by huskiness of voice, or aphonia, with, in some cases, more or less difficulty of respiration. The laryngeal inflammation is sometimes diphtheritic. Œdema of the glottis is an occasional accident. Bronchitis, also from the eruption, occurs in a certain proportion of cases. Pneumonitis, pleuritis, and pericarditis are rare complications. Furunculi, or boils, and subcutaneous abscesses are not uncommon, both as concomitants and sequels. Erysipelas on the face, neck, limbs, or body was noted in 47 of 287 cases recorded and analyzed by Sargeant.[1] Gangrene may occur on parts exposed to pressure, and sometimes in other parts. Ophthalmitis is an important complication, sometimes leading to permanent blindness from opacity or perforation of the cornea. The inflammation in the throat sometimes extends through the Eustachian tube and gives rise to internal otitis which is liable to eventuate in deafness. Hemorrhage, in various situations, occurs in a certain proportion of cases. Epistaxis is an occasional early symptom, and does not betoken unusual gravity of the disease. Hæmaturia is sometimes an early and always a grave symptom. Hemorrhage occurring, at any period of the disease, from the mouth, throat, air-tubes, bowels, and accompanied by petechiæ or vibices, and sometimes an extravasation of blood into the pocks, it characterizes certain malignant cases. Hemorrhagic, scorbutic, and black variola are names applied to the disease as exhibited in these cases. In females menstruation is apt to occur, and if it be irregular or profuse it is not an untoward event. Metrorrhagia is apt to occur in hemorrhagic cases. Albuminuria is a symptom of not infrequent occurrence in severe cases. It is probable that the coma which occasionally occurs is sometimes due to uræmic poisoning. The occasional occurrence of symptoms denoting orchitis and ovaritis has already been referred to. These complications are supposed to be due to the occurrence of the eruption in the parts affected. It appears not to be clearly settled whether or not the eruption ever takes place within the stomach and intestinal canal.

Causation.—Smallpox is a highly contagious disease. It may be communicated by means of a virus, that is, by inoculation, and by means of a miasm emanating from the body. It is, therefore, propagated both by contagion and infection, as these terms have been defined in the first part of this work. The disease is readily transported by means of fomites, which may retain the virus or miasm in an effective condition for months and even years. A very transient and slight exposure often suffices for the production of the disease. Thus, it is not infrequently taken by passing in the street or meeting in public conveyances persons who either are or have recently been affected with it. In this city it is not infrequently contracted in hackney-coaches which have been used for carrying patients to hospitals. The disease is probably communicable in all its stages, but undoubtedly most highly so during the stages of suppuration and desiccation. The contents of the vesicles and pustules and the crusts and scabs formed by desiccation contain the virus; and the miasm, it is probable, not only emanates from the cutaneous surface but is contained in the expired breath, and perhaps in the intestinal excreta. The disease may be communicated from the dead body by means not only of the virus, but the miasm. Thus it has been contracted in the dissecting-room from subjects dead with the disease. The following instance, related by Dickson, is interesting as showing the communication of the disease from the dead body, death having taken place before the development of the eruption: "During the winter of 1848–49, a young man, a member of the medical class of the New York University, died suddenly and unexpectedly in the night under the care of a physician who had not thought him seriously ill. I was invited to the autopsy, and observed, when the corpse was uncovered, a few dark-red spots on the surface, which were supposed to be petechial; the principal symptoms of his attack having been gastric with great debility, as we were informed. The coffin was taken home to a New England village for burial, where, at the funeral, some of the relatives approached and opened it to see the face of the deceased before it was inhumed. Of this number, eight were attacked with smallpox, no other persons in the neighborhood being assailed."[1] Whether it be ever produced otherwise than by means of contagion or infection is, and must always remain, an open question; for, with respect to the many reported cases in which the disease has appeared to originate spontaneously, it can always be said that there may have been some unsuspected and untraceable exposure. And this explanation is perhaps more rational than the supposition that the special cause is generated *de novo.*

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[1] Report of the cases of smallpox received into the Philadelphia City Hospital, 1845–6. *Vide* Am. Journ. of Med. Sciences, 1849.

The susceptibility to the disease exists in all ages, but it is greatest in children. It is a curious fact that some persons are wholly insusceptible to it, exposing themselves as fully as possible, with impunity. Cases have been observed in which persons have become susceptible after having been insusceptible for many years. Unknown causes peculiar to certain times and places co-operate with infection in aiding the diffusion of the disease, so that it prevails as an epidemic. Reference, in these statements, is had to the production of the disease in the natural way, that is, exclusive of inoculation. The disease produced by the infectious miasm is distinguished as *natural smallpox.* The negro and Indian races appear to be particularly susceptible to the cause of the disease. As a rule, the occurrence of the disease once extinguishes the susceptibility ever afterward. Instances, however, are not extremely infrequent of the disease having been experienced twice, and it has been known to occur thrice.

Certain interesting facts relate to the susceptibility of the child *in utero.* A pregnant woman affected with the disease may, or may not, communicate it to the fœtus. The development of the disease before birth generally causes the death of the child, and cases have been reported of still-born children presenting the different stages of the eruption. The death of the child, however, does not always occur.

Healthy children have been born presenting the evidence of having passed safely through the disease in the uterus. In some instances the disease has been contracted before birth, but not developed until several days after birth. Recovery has taken place under these circumstances. The disease may be communicated to the unborn child by the mother after the fourth month of pregnancy and perhaps before. Finally, the special cause may be received into the system of the mother, and the fœtus become affected without the mother experiencing the disease. This fact has been observed in cases in which the susceptibility of the mother had been extinguished by her having had the disease already, or by vaccination.[1]

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[1] *Vide* Am. Journ. of Med. Sciences, July, 1862.

The special cause of this disease remains for a certain period latent, that is, there is a period of incubation. The duration of this period varies from one to nearly three weeks, the average duration probably being from twelve to fourteen days. Facts appear to show that the special cause of rubeola or of scarlatina may be in operation simultaneously with the operation of the special cause of variola; in other words, smallpox may be combined with either measles or scarlet fever. Cases, however, exemplifying these combinations are extremely rare.[2]

During the epidemic prevalence of smallpox, cases are sometimes observed in which all the symptoms of the stage of invasion occur without being followed by an eruption. The disease appears to abort spontaneously at the end of the stage of invasion. These attacks resemble febricula, but it has been observed that persons who have had these attacks during the prevalence of smallpox are thereafter insusceptible to the disease, although not protected by vaccination. Hence, it has been considered that the disease sometimes occurs without an eruption; and writers have been accustomed to recognize as a variety of the disease, *variola sine variolis.*

DIAGNOSIS.—The diagnosis of smallpox presents no difficulty after the characters of the eruption are fully manifested. It is not so easy at an early period of the stage of the eruption, before the vesicles are distinct. In seeking to determine the character of the eruption, vesicles should be looked for, and, next, their umbilicated appearance. This appearance, it is to be borne in mind, is almost pathognomonic. The distinctive characters of the papules, as determined by the touch, are also to be borne in mind, viz., they are granular, hard, and deep seated. The duration of the stage of invasion is to be considered, viz., from two to three days. The prominence of lumbar pain and vomiting, and especially the remissions or cessation of febrile movement at the time of the appearance of the eruption, are important diagnostic features. An examination of the throat and mouth should not be omitted. The round whitish, or ashy spots, which are characteristic of the eruption on a mucous surface, are generally apparent here as soon as, or even before, the eruption appears on the skin. The appearance of the cutaneous eruption successively on the face or neck, the trunk and upper extremities, and the lower extremities, is to be recollected.

The diagnosis cannot be made with positiveness prior to the stage of the eruption. Pain in the loins with febrile movement, taken in connection with the absence of the symptoms which attend the access of the other eruptive fevers, and of typhoid fever, should excite a strong suspicion of smallpox, especially if the patient be not protected by vaccination or by having once had the disease. The exclusion of rubeola and scarlatina by the absence of the symptoms characteristic of the stage of invasion in these diseases is an important step in the diagnosis prior to, and in the early part of the stage of eruption. When the eruption first appears, the differential diagnosis lies chiefly between these fevers. In rubeola the Schneiderian membrane and air-passages, and in scarlatina the fauces, are prominently and early affected, as will be seen in treating of these fevers. Moreover, in rubeola the stage of invasion is longer, and in scarlatina it is shorter, than in variola. In neither rubeola nor scarlatina does the febrile movement remit or cease when the eruption appears. Other affections liable to be confounded with smallpox, are lichen, accompanied with febrile movement, and a secondary syphilitic eruption.

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[1] For a collection of cases exemplifying these facts, *vide* appendix to Gregory on the Eruptive Fevers, by the American Editor, Dr. Bulkley.

[2] *Vide* appendix to Gregory's work, by Bulkley.

The diagnostic points of smallpox should be fixed in the memory, as, in view of the danger of diffusion of the disease by exposure before its character is ascertained, an early diagnosis is immensely important. As another inducement for being prepared to recognize the disease promptly, it may be added that the ability of the physician is thereby strikingly shown, while, on the other hand, delay or failure to recognize it brings upon him popular censure. Of the liability to error of diagnosis in considering cases of other affections as cases of smallpox, the following statistics, kindly obtained for me by Dr. Henry G. Piffard, of the resident medical staff at Bellevue Hospital, may be cited: Of 1494 patients admitted into the smallpox hospital on Blackwell's Island during the years 1860, '61, and '62, in 48 the disease proved not to be smallpox. Of these 48 cases, the disease in 10 was scarlatina, in 9 rubeola, and in 29 various other affections.

PROGNOSIS.—Unmodified or natural smallpox is attended with much danger to life, the ratio of fatal cases being as 1 to 3 or 4. The mortality is very great in cases of the confluent, and considerably less in the discrete variety, the ratio in the latter being as 1 to 10. The death-rate varies between wide limits in different epidemics. The disease is much more fatal to children than to adults, and is especially fatal in early infancy. It is also extremely fatal to aged persons. With respect to the period of the disease when death is most likely to take place, Gregory's analysis of 168 fatal cases gives results which are probably of general application. Of the 168 cases, death took place in 99 during the second week, in 32 during the first week, in 21 during the third week, in 9 during the fourth week, and in 7 during the fifth week.

Death is sometimes attributable to the intensity of the disease *per se*. Life is then destroyed before the eruption is matured, and without any important complication having taken place. Instances of this kind are rare. If death take place before the stage of suppuration, it is generally due to some important complication. Complications which are likely to prove fatal are, acute laryngitis, œdema glottidis, pneumonitis, and an affection of the kidneys involving uræmia. The latter is to be suspected in cases in which coma or convulsions occur.

Death not attributable to complications is generally due to inability of the powers of the system to support the cutaneous affection; hence, the danger, other things being equal, is proportionate to the amount of the eruption. Confluent smallpox involves a very extensive suppurative inflammation which is apt to lead to a fatal result by exhaustion. Unfavorable prognostics are, great prostration, frequency and feebleness of the pulse, typhoid delirium and other ataxic symptoms, absence or subsidence of redness and tumefaction of the face and extremities, cessation of salivation, diarrhœa, hemorrhage from the mucous membranes and extravasations on the cutaneous surface.

Death taking place during or after the stage of desiccation is attributable to ulcerations of the skin, boils, abscesses, erysipelatous inflammation, gangrene, continued diarrhœa, etc.

In pregnant women the disease in its severe form is apt to induce abortion or miscarriage, and, under these circumstances, the result is generally fatal.

TREATMENT.—The treatment of smallpox embraces measures having direct reference to the eruption, and those indicated by the phenomena of the disease irrespective of the eruption; in other words, the treatment is local and general.

The general treatment involves the same principles as the continued fevers. There is no special treatment. The disease will run its course, and, hence, the expectant plan is to be pursued. During the stage of invasion, the intensity of the febrile movement may be lessened by the use of cold drinks, ice-water, lemonade, carbonated water, allowed as freely as the condition of the stomach will permit, by refrigerant remedies, and sponging the surface of the body with cold or tepid water. The latter is not objectionable on the score of interfering with the appearance of the eruption. Bloodletting is very rarely, if ever, called for. Cathartics are not indicated, but constipation is to be removed by mild laxatives or simple enemata. Remedies to relieve nausea or vomiting and cephalalgia are frequently indicated in this stage.

During the stage of the eruption, prior to suppuration, palliative measures are indicated by continued nausea or vomiting, vigilance, restlessness, diarrhœa in some cases, etc. The various complications which are liable to occur will also furnish therapeutical indications. It is probable that the mineral acids are useful in this fever as well as in the continued fevers. Alimentation and supporting measures in some cases are important in this stage. These measures are important in the suppurative stage and the stage of desiccation in proportion as the eruption is copious and confluent, and the general symptoms are indicative of failure of the vital forces. The principles which should govern the use of alcoholic stimulants and tonic remedies in conjunction with concentrated nutriment are the same as in all the essential fevers and other diseases in which danger in the direction of asthenia is more or less imminent.

All the hygienic conditions which are so important in the treatment of typhus and typhoid fever are not less important in the treatment of smallpox; and, of these conditions, the freest possible ventilation is of especial importance.

The local treatment embraces measures to render the eruption abortive on the face, or to prevent the disfiguration caused by pitting. The treatment for this end is called *ectrotic*, this term signifying to miscarry. The ectrotic treatment extended more or less over the body has been supposed to be useful, by limiting the amount of cutaneous inflammation and thereby the degree of secondary fever and danger from exhaustion. Of the various ectrotic measures which have been tried, the following have been found measurably successful:—

1. The careful evacuation of the pustules by means of a fine needle. This plan is advocated by Rayer. It calls for much patience on the part of the operator. I cannot speak of its success from personal observation, but I have been assured by a medical friend, Dr. T. T. Lockwood, of Buffalo, that he has resorted to it in several cases with very satisfactory results.

2. Evacuation of the pustules and cauterization by means of a fine-pointed stick of the nitrate of silver. This, also, is a very tedious operation. It is highly recommended by Velpeau, Bretonneau, and others.

3. The application of the tincture of iodine, once or twice daily by means of a brush, while the eruption is papular. This plan was introduced by Dr.

Crawford, of Montreal, and Dr. Samuel Jackson, of Northumberland, Pa. The effect was observed by Sargeant in thirty cases, the treatment being limited to one side of the face. There was but little swelling on the side on which the iodine was applied; the vesicles were flattened, and the pitting, although not prevented, was evidently diminished.

4. The exclusion of light and air was recommended as an ectrotic measure by the late Dr. Picton, of New Orleans. This is effected by covering the face with a plaster of some kind. Covering the face with gold-leaf, as practised by the Egyptians, according to Larrey, must be useful chiefly by excluding light and air.

5. The application of a mild mercurial ointment, spread on cloth, has been highly recommended by Stewardson.[1] It is advocated strongly by several French observers. Sargeant found this plan useful, but less effective than the application of iodine. The risk of producing the constitutional effects of mercury is an objection of considerable moment to this plan. Mercurialization is certainly not desirable in smallpox. In view of this risk, Bennett was led to substitute, for the mercurial ointment, calamine saturated with olive oil, and this application he found to be equally effective.

6. The application of collodion, as an ectrotic application, was first suggested in a letter to me by Dr. S. B Brinkerhoff, of Sinesville, Pa.[2] It was subsequently employed by Aran, of Paris. The collodion is to be applied once or twice daily by means of a brush. Dr. Brinkerhoff found it, in two cases, remarkably successful. To be successful, the application must be made while the eruption is papular, or while the vesicles are quite small. Applied at a later period, it seemed to me in one case to increase the pitting. In the few cases in which I have seen this plan tried, the application was agreeable to the patient.

A solution of gutta-percha in chloroform has been used by Stokes, Graves, and Wallace. The *modus operandi* of the gutta-percha is similar to that of collodion, the effect being produced by means of the exclusion of air and, mechanically, by the compression caused by the applications.

Aside from ectrotic measures, the local treatment embraces evaporating lotions to abate undue heat, a weak solution of the chloride of lime as an antiseptic and to allay pruritus, soothing unguents in the suppurative stage, and absorbent powders. If ulcerations follow the falling off of the scabs, they require the same applications as ulcers occurring under other circumstances.

With a view to prevent diffusion of the disease, patients should not be discharged from hospital, or, if treated at home, allowed to go abroad, until the surface is completely free from scabs, and repeated, thorough ablutions have been employed. All articles of clothing worn during the disease should be left at the hospital, or, in cases in private practice, destroyed. Fumigations, as a means of destroying the virus or miasm, should not be relied upon. Physicians, after visiting patients affected with this disease, should not see other patients until after having been sufficiently in the open air for the miasm to be dissipated by free ventilation. The hands should be washed before leaving the hospital or house, and change of dress before visiting other patients, especially young children, is to be recommended, if not enjoined.

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[1] *Vide* American Journal of the Medical Sciences, January, 1843.

[2] *Vide* Buffalo Medical Journal, vol. vi., 1851.

MODIFIED SMALLPOX, OR VARIOLOID.

Thus far, smallpox has been considered in its ordinary form as produced by an infectious miasm, that is, natural smallpox, in persons unprotected by vaccination. Materially modified, as respects the events of its clinical history, and its severity notably diminished, the disease is commonly known as *varioloid*. This term is not to be understood as applied to a disease essentially distinct from, although resembling, smallpox. The name would imply this. But in all cases to which the term varioloid is correctly applied, the disease is neither more nor less than variola.

Smallpox is modified, as a rule, in a remarkable degree when produced by inoculation, or, as it is also called, variolation. As a means of rendering the disease so mild as to be measurably divested of danger, and of preventing pitting, inoculation had been practised from time immemorial in China and Persia. Imported into Turkey, the practice was introduced thence into Great Britain by the lady Mary Wortley Montague, in 1721. It was not adopted in France until 1764. In the same year of its introduction into Great Britain, a large number of persons in Boston and the vicinity were inoculated by Ward Nicholas Boylston. Boylston was the first to note this important fact relating to variola produced by inoculation, viz., the average period of incubation is shorter than in cases of natural smallpox. Hence, the production of natural smallpox may be anticipated and prevented by inoculation after known exposure to the miasm of the disease.

The eruption in cases of inoculated smallpox, or after variolation, is usually slight. The pocks rarely exceed 100. Many of them abort, that is, they do not proceed to suppuration. The secondary fever is slight or wanting. There is very little constitutional disturbance, and the disease leaves little or no pitting. These statements are true in the main. Exceptionally, when inoculation was largely practised the disease was severe. The rate of mortality was exceedingly small, varying, according to Shattuck, in 23,000 cases, in Boston, from 5 to 30 deaths in a thousand. Transferring the virus from persons successively inoculated, the disease becomes progressively more and more modified, until at length, as a rule, to which there are exceptions, the eruption consists only of the pustule formed at the point of inoculation, with a few pustules developed around this mother-pustule.[1]

As a rule, variolation affords complete protection, ever thereafter, against smallpox. For those who availed themselves of it, therefore, it was a great blessing prior to the discovery of vaccination. But it contributed to the diffusion of the disease by multiplying the foci of contagion and infection, and, since the discovery of vaccination it has ceased to be resorted to as a means of avoiding the danger and disfigurement of natural smallpox. In England the practice of inoculation is interdicted by law, with severe penalties. Under certain circumstances, however, the physician is not only justified, but it is his duty to practise inoculation. These circumstances are, the known exposure to the miasm of smallpox of persons who have never had the disease, and are unprotected by vaccination, and inability to obtain the vaccine virus. Inoculation should then be resorted to in order to secure the great advantages of modified smallpox. Prof. Dickson advocates a restoration of the practice of inoculation, in addition to vaccination, with a view to test the protective power of the latter, and destroy, as completely as possible, all susceptibility to the disease.[2]

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[1] *Vide* Trousseau, Clinique Médicale, tome premier.

[2] On Smallpox and the means of protection against it. By S. Henry Dickson, M. D., Professor of the Practice of Med. in Jefferson Medical College; Am. Jour. of Medical Sciences, July, 1862.

Inoculation has been successfully practised in cows, as a means of rendering less severe and dangerous the epizoötic disease, affecting these animals, which is undoubtedly the same disease as variola in man, viz., *vaccinia*, or cowpox. And this practice, with similar success, has been resorted to in a disease affecting sheep, which is probably the same disease.[1]

At the present day, in most cases of varioloid, the modification is due to vaccination. Vaccination, as will presently be seen, does not always afford complete protection against smallpox, but, in general, the disease is materially modified. The primary or eruptive fever, in the stage of invasion, is often as marked as in cases of natural smallpox. The duration of this stage is longer than the average duration in ordinary variola. The eruption is usually far less copious; a few pocks only may appear, and the eruption may even be limited to a single pock. The eruption passes more rapidly through the successive changes, the maturation being completed in five or six days. Frequently the eruption aborts to a greater or less extent. It may stop at the vesicular, and even at the papular, period. More or less of the vesicles dry up without breaking. The general symptoms, as a rule, are much milder than in most benign cases of natural smallpox. The secondary fever is slight or wanting, and the convalescence is speedy. Exceptionally cases are severe, and the disease proves fatal in a ratio varying from seven to ten *per cent.*

Smallpox is modified in a certain proportion of cases spontaneously, that is, irrespective of inoculation or vaccination. Cases presenting the characters of varioloid occurred prior to the practice of inoculation and the discovery of vaccination. They were, however, rare. Finally, modified smallpox or varioloid is apt to be the form of the disease when it occurs in those who have before experienced it. In all cases of varioloid, it is to be borne in mind that the disease is essentially variola or smallpox, and that the virus or miasm, however mild may be the cases, is capable of producing, in persons unprotected, a severe and fatal form of the disease.

The diagnosis, in cases of varioloid, offers difficulties which do not obtain in cases of unmodified smallpox. The disease most likely to be confounded with varioloid is rubeola. The different points will be stated in treating presently of the latter disease.

In cases of varioloid oftener than in ordinary variola, the eruption is liable to be preceded and accompanied by an efflorescence bearing considerable resemblance to scarlatina. Until the variolous eruption is developed, the disease may be supposed to be scarlatina. The occurrence of papules in the midst of the efflorescence, and the remission or cessation of febrile movement, are the differential points. Moreover, an examination of the mouth and throat may show the characteristic eruption here before its distinctive characters on the skin are apparent. The occurrence of a scarlatiniform eruption explains, in some cases, the supposed coexistence of variola or varioloid and scarlatina.

The treatment of varioloid does not claim separate consideration. The same principles are involved as in the treatment of ordinary smallpox, but the comparative mildness, in the great majority of cases, renders active treatment unnecessary. Usually little is required except hygienic measures.

VACCINIA OR COWPOX.

Vaccinia and cowpox are names of a disease of the cow, which, communicated to man, destroys, in the great majority of cases, the susceptibility to smallpox, and in the cases in which it does not offer complete protection against the latter disease, renders it, as a rule, mild and devoid of danger. Cowpox is transferred to man and from one person to another by the introduction of a virus, and never, at a distance, by infection. The operation for its communication is called *vaccination*. For the employment of vaccination as a means of preventing smallpox, the world is indebted to the immortal Jenner. The discovery was promulgated by Jenner in 1798, after a series of observations and experiments which had occupied his attention for twenty years. The fruits of this transcendantly important discovery have been the saving of an incalculable number of lives which would otherwise have been destroyed by one of the most loathsome of diseases, and the prevention, to an extent which cannot be computed, of the disfigurement and other distressing effects which smallpox is apt to produce when it does not prove fatal. Of all the benefactors who have ever lived, no one has conferred on mankind such immense, palpable, and time-lasting benefits. Yet, out of the ranks of the medical profession, how many are ignorant of the name of the discoverer of vaccination! The practice of vaccination met at the outset with much hostility, but Jenner lived to see it triumph over all opposition, and to witness the beginning of beneficent results which will accumulate from age to age until the end of the world. The practice was introduced into this country in 1799, notwithstanding a bitter popular prejudice, by Benjamin Waterhouse, of Boston, the first professor of medicine in Harvard University. Connected with vaccinia and vaccination are questions of great interest and importance, which have given rise to extended experimental and statistical researches, together with much discussion. They have occupied a considerable share of medical literature since the time of Jenner. Certain points are still unsettled and claim further investigation. The scope and character of this work allow of only a brief statement of facts and the opinions most consistent with existing knowledge, considered with direct reference to the practice of medicine.

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[1] *Vide* Aitken, *op. cit.*, and Trousseau, Clin. Médicale.

Directing attention first to the descriptive history of vaccinia in man, on the third day after vaccination (the operation being usually performed on the arm near the insertion of the deltoid muscle), red points, slightly elevated, that is, small papules, are apparent at the spots where the vaccine virus was inserted. On the fourth day the papules are more developed and reddened. On the fifth day vesicles are discoverable. The vesicles increase, presenting an umbilicated appearance, and on the eighth day they attain to their full development, being elevated from two to three lines, and measuring one-third of an inch in diameter. The vesicles, like those of smallpox, are multilocular, flattened at the summits, and contain a transparent, viscid liquid called the vaccine lymph. On the seventh or eighth day a red areola is apparent, extending from one to three inches around the pocks, increasing in redness until the ninth or tenth day, and the contents of the vesicles become more or less purulent. At this time there is usually slight febrile movement, with some local pain and pruritus. The lymphatics of the arm become swollen, and the glands in the axilla may become enlarged and tender. On the tenth or eleventh day the febrile movement subsides and the redness around the pocks diminishes. A dark spot soon appears on the centre and gradually extends over the whole of the pocks. The pustules desiccate, and by the fifteenth day they are converted into black hard scabs, which fall off usually by the twenty-fifth day from the date of the vaccination. During the progress of the vaccine affection, vesicles having the distinctive characters of vaccinia have sometimes been observed in other parts of the body. It is probable that these are caused by the patient scratching the vesicles on the arm and carrying thereto lymph containing the virus, on the finger nails, to parts where, owing to abrasions of the skin, self-vaccination is the result. Experiments show that between the fourth and the ninth or tenth day, the characteristic vesicles may be multiplied at will by revaccinating with lymph from the vesicles produced by the primary vaccination.[1] Lichenous or vesicular eruptions, the latter lacking the distinctive features of vaccinia, not infrequently accompany or follow vaccination. Finally, permanent cicatrices denote the situation of the vaccine pocks. The cicatrix, provided the vesicles have pursued a regular course, and subsequent ulceration have not occurred, is characteristic, presenting a series of depressions or pits, each of which represents the site of one of the multilocular cells composing a vaccine vesicle. The period of incubation in vaccinia is sometimes considerably protracted in consequence of the existence of some other affection, or from causes which are not apparent.

A most important practical point connected with vaccination is the discrimination of veritable and complete vaccination from an incomplete or a spurious affection. The development of vesicles of full size, the successive stages, and the duration of the affection, together with the characteristic appearance of the vesicles and the cicatrices, are the criteria for determining this point. Simple sores having no specific character may be the result of vaccination. Incomplete vaccinia, *vaccinoid*, as it is termed by Trousseau, is evidenced by the vesicles being developed more quickly and progressing to desiccation more rapidly, by their swollen size and conoidal form, and by the absence of cicatrices, or of the appearance distinctive of the true vaccine cicatrix. In view of the immense importance of a true and perfect vaccination to those who suppose themselves to be protected against smallpox, the responsibility of performing vaccination should never be undertaken by those not practically familiar with vaccinia. It is obviously far better that a person should not have been vaccinated, with a knowledge of the fact, than that he should incorrectly believe himself to have had veritable and complete cowpox, since this belief involves a false security leading to exposures which would otherwise be avoided.

Certain interesting questions relate to the nature and source of cowpox. Did it originate in the cow, or come from the human species? Does it affect other animals? What are its essential relations to smallpox? With respect to these questions, facts have shown conclusively that vaccinia in the cow may be produced by inoculation with the smallpox virus taken from man, and that the disease thus produced in the cow, transferred to man, gives rise to vaccinia in the latter. These experiments have been repeatedly performed in different countries. Vaccine virus obtained in this way has been extensively used in vaccination, and it has been found effectual in preventing smallpox. There appear to have been a few authentic cases reported in which vaccinia has been produced in the cow by the infectious miasm without inoculation. The opinions, therefore, held by Jenner, that vaccinia and variola are essentially identical, is proved to be true. But, transmitted to the cow, variola undergoes very marked and important modifications. Returned to man, it becomes a disease insignificant as regards severity; it loses the power of producing an infectious miasm, and is propagated only by inoculation, called vaccination; the eruption, with some rare and doubtful exceptions, is limited to situations in which the virus is introduced, but, wonderful to consider, it renders the system insusceptible to the virus and miasm of variola. Experiments have confirmed the correctness of the opinion held by Jenner that an affection sometimes seen in horses, known as *grease*, called by the French *des eaux aux jambes*, is identical with cowpox, and that vaccinia in man may be derived from this source. It is not, however, settled that, as supposed by Jenner, cowpox in the cow was derived from the horse. It has also been ascertained that sheep are affected with an epizootic disease, called by the French *clavelée*, which is analogous to, if not identical with, cowpox. As to the origin of the disease in these and perhaps other domestic animals, it is not certain that it was primarily a human disease, but this view is perhaps the most rational with our existing knowledge.

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[1] Trousseau, Clinique Médicale.

Other questions, the importance of which is obvious, are, what extent of protection against smallpox is afforded by cowpox, and what are the causes of the protection not being universal and complete? In a large majority of cases, vaccination affords, for a time at least, absolute protection against smallpox. In these cases the situation of persons vaccinated, as regards susceptibility to the latter disease, is precisely as if natural or inoculated smallpox had been experienced. But in a small minority of cases, the protection is only partial; the susceptibility to smallpox is not destroyed, but the disease is materially modified, constituting what is called *varioloid*. At certain times and places, the causes which give rise to the epidemic prevalence of smallpox being unusually efficient, a considerable number of vaccinated persons have been affected with varioloid. Owing, however, to the comparative mildness of varioloid, the rate of mortality is very small, and, therefore, fails to represent the relative number of vaccinated persons who become affected with modified smallpox.

The opinion is generally held, and appears to be well founded, that the extent of protection afforded by cowpox is less in the latter than in the former part of the period which has elapsed since the discovery of vaccination; that is, a larger proportion of vaccinated persons have had varioloid of late years than heretofore. This fact has led some to entertain the belief that the vaccine virus has deteriorated in consequence of its transmission from person to person. This belief has suggested, as important, obtaining, from time to time, virus direct from the cow. Vaccination with virus obtained from the cow produces greater local and general effects than belong to vaccinia as ordinarily produced from the human virus, but it cannot be considered as settled that the protective influence is greater. This is a point requiring further elucidation.

Another explanation of the increase of varioloid among those who have been vaccinated is, the protective influence of vaccination diminishes after the lapse of a certain number of years. This explanation appears to be well founded. Varioloid occurs much oftener among those more or less advanced in life than among the young. The length of time which has elapsed after a vaccination may fairly be considered as entering into the etiology of varioloid. The importance of revaccination rests upon this fact. Revaccination, after the lapse of a greater or less number of years, is completely successful, as regards the production of the vaccine disease in a considerable proportion of cases, and partial success, as shown by imperfect or vaccinoid vesicles, is still more common. The epidemic prevalence of smallpox, embracing numerous cases of varioloid among vaccinated persons, has been promptly and completely arrested by universal vaccination and revaccination.

The importance of revaccination being admitted, the inquiry at once arises, how often should it be resorted to? There is no known law governing the duration of the protective influence of a single vaccination. Probably the duration varies widely in different persons, and some persons are protected by one vaccination for life. Some have thought that revaccinations should be practised as often as every three years, and others that an interval of twenty years or more is allowable. It is evidently better that the period should be needlessly short than too long. With our present knowledge the propriety, if not importance, of revaccinating every five years, is to be advocated. In case of known exposure, or when smallpox prevails as an epidemic, it is proper to revaccinate without regard to previous vaccinations. Revaccination, in fact, is always proper as the readiest and safest test of insusceptibility to smallpox.

There is ground for the belief that the frequent occurrence of varioloid, and also unmodified smallpox, among those who suppose themselves to be protected by having had cowpox, is due, in no small measure, to imperfect or spurious vaccinations. In this country vaccinators are often unqualified persons. The operation is performed, not infrequently, by those who make no pretension to medical knowledge, and to a great extent by illegitimate practitioners. In many cases, persons vaccinated are never seen after the operation, they, or their friends, undertaking to judge for themselves of its success. Hence, a host of persons are either wholly unprotected, or but partially protected.

A cause of inadequate protection is an insufficient number of vaccine vesicles. Many have supposed that a single vesicle is all that is required, and that the only advantage of inserting the virus in more than one spot is to diminish the risk of failure to procure a single vesicle. In many parts of this country it is not customary to procure more than one or two vesicles. Facts appear to show that the number of true vaccine vesicles has a decided influence on the amount of protective influence of cowpox. The following results of the analysis, by Simon, of nearly 6000 cases of smallpox contracted after vaccination, with reference to the proportion of deaths to the number of cicatrices, is interesting as connected with the present topic: The ratio of deaths among those who stated that they had been vaccinated, but who presented *no* vaccine cicatrix, was 21¾ *per cent.*; among those who had *one* cicatrix, 7½ *per cent.*; among those who had *two* cicatrices, 4⅛ *per cent.*; among those who had *three* cicatrices, 1¾ *per cent.*, and among those who had *four or more* cicatrices, ¾ *per cent.*[1] In a primary vaccination at least four or five vesicles should be obtained. A still larger number is advisable both in primary vaccinations and revaccinations, in persons who have been exposed to smallpox, or when the disease prevails as an epidemic, provided it be extremely important to secure the utmost possible protection, as in cases of pregnant females. In view of the liability to abortion or miscarriage, and the danger incident thereto, my colleague, Professor Elliot, strongly inculcates the importance, in cases of pregnancy, of inserting the virus in numerous distinct points.

The foregoing causes are believed to be sufficient to account, in a great measure, for the apparent inadequateness of vaccination to afford complete protection against smallpox. The causes are removable, and were they to be entirely removed it is not improbable that the expectation which Jenner cherished of exterminating smallpox would be realized. Certain it is that were all the requisites for the most perfect vaccination to be invariably observed, and if all persons living were vaccinated and revaccinated, smallpox, if not exterminated, would be insignificant as regards its prevalence and severity. The difficulty of securing for all mankind a protection against the disease almost, if not altogether, complete, is not in the insufficiency of the means, but in enforcing their adoption to the fullest possible extent. Vaccination and revaccination, in order to be universal, must be compulsory, and authoritative measures to secure the proper and successful performance of the operation are essential. To consider the most efficient legal provisions to accomplish these desirable ends would be to open up a wide field for discussion, which would be inconsistent with the objects of this work.

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[1] Aitken, op. cit.

It remains to notice some practical points relating to the operation for vaccination. The situation for the introduction of the vaccine virus should always be that usually selected, viz., on the arm near the insertion of the deltoid muscle. Uniformity of practice in this respect enables physicians and others to ascertain without delay or doubt the fact of a previous vaccination, and to judge of its success by an examination of the cicatrices. Either the vaccine lymph or crust may be used. The lymph is the most active, and, when available, is to be preferred. It should be taken from large and perfect vaccine vesicles, from the fifth to the eighth day inclusive, reckoning from the date of the vaccination. The lymph or crust should be taken from healthy subjects. Without discussing the question, which is at the present moment under renewed discussion, as to the communication of syphilis or other diseases by vaccination, prudence dictates that no possible risk of this kind should be incurred. The vaccine crust is extensively used in this country, and its use is not objectionable. It has the advantage of being more easily preserved and of retaining the virus for a much longer time than dried lymph. The lymph is usually taken on ivory points or pointed quills, but the virus is preserved in this way only for a short period. A better mode, with a view to preservation, is to withdraw the lymph from the vesicles in glass capillary tubes, which are afterward sealed by means of a spirit-lamp. A crust inclosed in wax and covered with tin-foil retains its activity for a considerable period.

The best method of vaccinating is to transfer the lymph at once on the point of a lancet from arm to arm. This, however, is not always practicable. If dried lymph be used, or lymph contained in capillary tubes, it may be inserted by means of slight punctures, or by scraping away the epidermis, or by minute scarifications; the latter method is preferable. Having made, with a common lancet, numerous linear and transverse scratches, not deep enough to cause the escape of more than a drop or two of blood, the lymph is to be applied over the scarified spots, which should be five or six in number, and not larger than half a dime. If the incisions be sufficiently delicate, the operation gives no pain, and allowing the spots to dry before being covered by the clothing is all that is required. If the crust be used, a small portion should be dissolved, always at the time of the operation, in a drop or two of water, and applied by means of the lancet over the scarified spots. This is preferable to making punctures and introducing small pieces of the undissolved crust. The latter mode is apt to cause sores, which, aside from the annoyance they occasion, may interfere with the specific action of the virus.

The age for the performance of a primary vaccination is a point of importance. Between the second and third months of infancy is the period to be preferred. The liability to exposure to smallpox, however, renders the operation advisable at an earlier period. It is desirable that the child, when vaccinated, should be in good health, but the operation should not be delayed on this account if there be a liability to exposure to smallpox. If the operation prove unsuccessful, another trial should be made, and, if this fail, the virus may be introduced a third time. Some persons are insusceptible to cowpox; an insusceptibility is to be inferred from two or three successive failures. The attempt to vaccinate, however, should be repeated from time to time, for a susceptibility may afterward exist. So long as there is insusceptibility to cowpox, there is little danger of smallpox being contracted. Aside from want of susceptibility, and exclusive of inertness of the lymph or crust used; the common cause of failure is undue bleeding from the scarifications, the flow of blood preventing the absorption of the virus.

Troublesome ulcerations occasionally follow vaccination, arising from irritation of the pustules by the friction of clothing, or from an unhealthy condition of the system. These are to be treated like ordinary sores. Erysipelatous inflammation and abscesses may occur. These concomitants or sequels are not always evidence of any fault in the operation or impurity of the matter used. The eruptions sometimes developed in connection with the vaccine disease are generally transient, but in some cases they are more or less persistent. They claim the same treatment as similar eruptions occurring under other circumstances. Ignorant persons are sometimes prone to attribute to vaccination diseases of any kind which may occur within a few weeks or months afterward, and to charge the physician with having used impure vaccine matter. This impression may be so rooted as not to be removed, and, hence, a vaccination may very unjustly prove the occasion for a withdrawal of the confidence which the physician had previously possessed.

After a known exposure to smallpox, if the person exposed have not been recently vaccinated, or, if there be any reason to distrust a previous vaccination, revaccination should, of course, be promptly performed. It is proper to perform it without reference to previous vaccinations, with a view to test the susceptibility and render the security as complete as possible. It has occurred to me repeatedly to vaccinate, under circumstances involving the utmost possible exposure, persons who had never been vaccinated, and thereby prevent the occurrence of smallpox. In one instance an unvaccinated child lived in the same room and slept with a person who had contracted smallpox. The first operation proving unsuccessful, it was repeated three days afterward with success, and the child escaped. In another instance a patient with measles was supposed to have smallpox and sent to a smallpox hospital. He had never been vaccinated, and vaccination was at once performed; the vaccine disease was deferred until the measles had run its course, it then became developed, and smallpox did not occur. Owing to the relatively short duration of the period of incubation in cowpox, it anticipates the development of smallpox. I have not observed the coexistence of the two affections under these circumstances.

VARICELLA. CHICKEN-POX.

Varicella, or, as it is commonly called, *chicken-pox*, is an affection quite insignificant as regards danger or distressing symptoms. It is important with reference, *first*, to the question as to its having pathological relations with smallpox, and, *second*, to its discrimination from modified variola or varioloid.

It is an eruptive disease affecting, for the most part, children, but occasionally adults. Within the past year I have met with three cases in adults, and in one of these cases the patient was nearly forty years of age. The eruption is preceded generally by slight constitutional symptoms for about twenty-four hours. The eruption appears first on the body, and afterward on the head. It is usually more abundant on the neck, body, and scalp, than on the face. The eruption is frequently quite small, and very rarely abundant. It is almost invariably discrete. It is a vesicular eruption from the first. The vesicles contain, at first, a transparent liquid which afterward becomes opaline, but not purulent except when they are irritated by scratching. Desiccation occurs from the fifth to the seventh day. The crusts are granular, and are rarely followed by cicatrices or pitting. Sometimes bullæ of greater or less size form instead of vesicles. New vesicles frequently continue to appear during the first three days of the stage of the eruption, and even after the desiccation of those which first appeared has commenced. During the eruptive stage, constitutional symptoms are slight or wanting. The disease is contagious as regards children, very rarely as regards adults. Experiments made to determine its communicability by inoculation have frequently, if not invariably, failed. The period of incubation varies from twelve to seventeen days. Writers have instituted several varieties based upon differences as regards the size and shape of the vesicles. The ordinary variety, in which the vesicles are about the size of split peas and flattened at the top, has been distinguished as *varicella lentiformes, vel lenticularis*, or lenticular chicken-pox. The variety called *varicella coniformis, vel conoides*, or *swine-pox*, is characterized by the conoidal form of the vesicles. *Varicella globularis, vel globata*, is the name of a variety in which the vesicles are unusually large and globular in form. The latter variety has been called "the hives." The different vesicles in the same case not infrequently present the characters of these three varieties. The division into varieties is of not the least practical consequence.

The name varicella, which is a diminutive of variola, meaning *little smallpox*, implies that the disease is essentially variolous. It has been considered as a modified form of variola, and is so considered by some eminent teachers and writers at the present time. The non-identity of the two affections is established by the following facts: The miasm of varicella is never known to give rise to ordinary variola, whereas, the severest form of the latter disease may be derived from cases of varioloid. Varioloid prevails only during the prevalence of ordinary smallpox, but varicella not infrequently prevails when there are no cases of smallpox. Varicella is very rarely communicated to adults. This is not true of varioloid. Varicella affords no protection against variola, and, conversely, persons who have had smallpox contract varicella. Vaccination does not protect against varicella, and the latter does not interfere with the success of vaccination. It does not seem to be indubitably settled that varicella is ever communicable by inoculation. Other points of difference, showing the non-identity of varicella and variola, relate to the clinical history, and upon these points the differential diagnosis is to be based.

Although pathologically distinct, it must be confessed that the discrimination of varicella from varioloid is not always easy. The two affections are liable to be confounded. Cases of varioloid are not infrequently, at first, considered as cases of varicella, and *vice versa*. In view of the great importance of making this differential diagnosis promptly and positively, the following diagnostic points claim the careful attention of the student and practitioner:—

The stage of invasion in varioloid is as long, or longer, than in cases of ordinary smallpox, viz., from two to three days. The short duration of this stage in varicella is a distinctive feature. The constitutional symptoms, in this stage, are often as marked in varioloid as in cases of ordinary smallpox. The mildness of these symptoms in varicella is a diagnostic point. The vesicular character of the eruption from the start is characteristic of varicella. In varioloid the vesicles are preceded by papules. In varioloid, as in ordinary smallpox, the eruption appears at once, and especially on the face; in varicella, it appears first on the body, and is apt to be more abundant elsewhere than on the face. A capital diagnostic point relates to the central depression or the umbilicated appearance; this is generally discoverable in more or less of the vesicles in varioloid, and it is wanting in varicella. The duration of the eruptive stage is less in varicella than in the great majority of cases of varioloid. Finally, traces of vesicles in varicella are very rarely found on the mucous membrane of the mouth and fauces.

Varicella claims no treatment. It is important to recognize it only in order to relieve apprehensions by the assurance that the disease is not varioloid.

CHAPTER VII.

ERUPTIVE FEVERS.—Continued.

Scarlatina, or Scarlet Fever—Anatomical Characters—Clinical History—Causation—Diagnosis—Prognosis—Treatment.

The exanthematous fever called, from the color of the eruption, *scarlatina*, or *scarlet fever*, is remarkable for the wide diversity which it presents, in different cases, as regards symptoms and fatality. In its mildest form it is a trivial affection; in its severest form there are few diseases more appropriately styled malignant. The disease has been divided into several varieties based on differences in symptomatic characters and intensity. Three varieties are generally recognized by writers, viz., *scarlatina simplex*, *scarlatina anginosa*, and *scarlatina maligna*. Widely different as are these varieties in respect of gravity and distinctive characters, they are not distinct diseases; essentially they are identical. A simpler division is into mild and severe scarlatina, but it will suffice to consider incidentally the events which belong to the latter, without treating of it separately.

Anatomical Characters.—This disease has no special characters, exclusive of the eruption, and the affection of the throat. The lesions, in other situations, which may be found after death, are due to concomitant affections or complications.

Clinical History.—The symptomatic events of the several stages separately will be first noticed, and, afterward, anomalous events and complications liable to occur in either of the three stages.

Stage of Invasion.—The attack may commence with a chill, more or less pronounced, but not infrequently it is wanting. Vomiting is generally an early symptom, especially in children, with, in a certain proportion of cases, diarrhœa. The febrile movement, as a rule, is notably greater than in the other eruptive fevers. Epistaxis is not uncommon. Redness of the fauces, more or less vivid, may generally be observed in this stage, either with or without a sense of soreness, and pain in the act of swallowing. The affection of the throat is due to the efflorescence, which appears in this situation before making its appearance on the skin. As regards the intensity of febrile movement, the increased heat of skin, pain in the head, prostration, and general malaise, different cases differ widely, not including cases of unusual severity. In very mild cases, the symptoms are so slight that the patient does not take to the bed.

The average duration of this stage is about twenty-four hours; the eruption usually appears on the second day. Exceptionally it appears, on the one hand, a few hours after the attack, and, on the other hand, it may be delayed one, two, three, or more days after the time when it usually appears.

A considerable delay in the appearance of the eruption is generally attributable to some complication.

Stage of Eruption.—In its development and diffusion over the body, the eruption does not observe the same regularity as in smallpox and measles. It oftener appears on the body and limbs before making its appearance on the face and neck, but in a certain proportion of cases it appears first in the latter situations. It is rapidly diffused, extending more or less over the whole cutaneous surface in twenty-four hours. As regards the degree and extent of the efflorescence, different cases differ much. The first appearance is in the form of minute dots or specks. These coalesce, forming irregularly distributed patches, which vary much in size and shape, having irregular or serrated margins. Exceptionally, the eruption remains throughout the disease in the form of distinct maculæ or spots. The redness is most vivid and remains longest in situations where the skin is delicate, as the inner surface of the arms and thighs and the flexures of the joints. The redness is vermilion or scarlet; it is not uniform, like erysipelatous redness, but, on close inspection, the patches are seen to be studded with points, which are distinguished by a more deeply-red color. The redness momentarily disappears on pressure, and white lines are produced by drawing a pointed hard substance—for example, a pencil—over the reddened surface. In some cases the whole cutaneous surface is covered with the efflorescence, presenting an appearance which has been compared to that of a boiled lobster Generally, on passing the fingers over the reddened surface, it is felt to be smooth, but in some cases there is a sensation of minute elevations or papules; these are the papillæ abnormally developed, as in the condition commonly known as goose-skin. Occasionally miliary vesicles are scattered, more or less abundantly, over the surface. The integument is slightly swollen; this is evident on the face, and is apparent to the patient when the hands are closed. The feet are also evidently somewhat swollen. The eruption is sometimes accompanied with more or less burning and pruritus. The eruption attains to its maximum of intensity and diffusion on the third day after its first appearance.

There is much variation in different cases in the amount of cutaneous eruption. It is sometimes slight. This is apt to be the case when the throat affection is unusually severe; the eruption then seems to be concentrated within the throat. Occasionally the efflorescence on the skin disappears shortly after its appearance, and afterward returns. It fluctuates as regards vividness, being especially marked in febrile exacerbations, and it is generally more vivid toward evening than in the early part of the day. In anomalous cases, which will presently be referred to, the eruption is wanting.

The throat is more or less affected in the vast majority of cases; but in some very mild cases there is no throat affection. If the throat be but slightly affected, there is simply redness over the tonsils, the posterior part of the pharynx, and extending more or less over the soft palate, with little or no swelling. The affection is then only an efflorescence. In most cases, however, there is more or less swelling of the tonsils, together with a white or ash-colored exudation in greater or less abundance. This exudation is generally not like that which characterizes diphtheritic inflammation. It adheres less closely; it is pultaceous, and cannot be detached in strips. It may receive a dark color from matters vomited and from the oozing of blood. In proportion to the amount of throat affection there is pain in deglutition, and the voice becomes nasal. The submaxillary and lymphatic glands at the angle of the jaw are frequently swollen and tender. A still greater degree of throat affection belongs among the anomalous events of the disease, and characterizes the variety distinguished as scarlatina anginosa.

The tongue early in the disease is generally coated. While the coating remains, frequently the papillæ projecting through it have the appearance of numerous red points; the surface of the tongue looks as if cayenne pepper or red sand had been sprinkled over it. This is seen in other affections. Another appearance is quite distinctive of scarlet fever. In the progress of the disease, the coating exfoliates, leaving the surface of the tongue clean and reddened; and, the papillæ being enlarged, the appearance is strikingly like that of a ripe strawberry. The strawberry-like tongue is a pathognomonic symptom; it is peculiar to this disease. It is often but not uniformly present. It is due to a condition of the mucous membrane analogous to that of the skin in the cases of so-called *rough*, as distinctive from *smooth*, scarlatina.

The febrile movement is not diminished, but, as a rule, increased after the appearance of the eruption. The frequency of the pulse and increased heat of the skin are more marked in this than in any other of the essential fevers. The pulse varies in different cases which, although more or less severe, pursue a favorable course, from 100 to 130 or 140 per minute. In extremely severe cases, especially in children, it rises still higher. Aside from frequency, the pulse is quick, often vibratory or thrilling, but always compressible, these characters showing excited action without augmented power of the ventricular contractions. The skin is usually dry, and the heat, as felt by the hand, is often intense. The thermometer in the axilla shows an increase of temperature to 105° Fahr., and in some cases, according to some observers, a still greater increase.

During the stage of the eruption, anorexia continues, vomiting is not uncommon, constipation exists in some cases, and in some cases diarrhœa. Thirst is usually urgent. Delirium, manifested by incoherency, generally exists, save in very mild cases. I have known a patient, not considered ill enough to require a watcher during the night, get up and wander out of doors in a state of delirium. A melancholy instance, illustrative of the importance of watchfulness in the care of patients in the delirium of fever, occurred, many years ago, at the Louisville Marine Hospital during my term of service. A female adult patient affected with scarlatina, but not considered as seriously ill, had been removed to a room, by herself, in the uppermost story of the hospital building, with a view to isolation. During the absence of her attendant for a few moments, she precipitated herself from the window, and, falling upon the pavement, was instantly killed. Restlessness, jactitation, and insomnia are apt to be more or less marked. Albuminuria occurs in a certain proportion of cases during the eruptive stage. Of 21 cases in which the urine was found to be albuminous by Abeille (the whole number of cases analyzed being 53), in 8 cases the albuminuria was noted in the stage of the eruption. Transient, slight albuminuria occurs in scarlatina, as in various other affections, without denoting renal disease; but disease of the kidney forms an important complication in certain cases of scarlatina, and will presently be noticed.

The duration of the stage of eruption, in the majority of cases, is from 4 to 6 days. It is sometimes shorter, oftener it is prolonged to 8 or 10 days, and occasionally it continues for a longer period. Of 54 cases analyzed by Jenner, the eruption disappeared on the 5th day of the disease in 1 case, on the 6th day in 3 cases, on the 7th day in 5 cases, on the 8th day in 13 cases, on the 9th day in 12 cases, on the 10th day in 8 cases, on the 11th day in 4 cases, and on the 13th, 14th, and 16th days respectively in 2 cases.[1]

Stage of Desquamation.—The commencement of desquamation marks the beginning of this stage. Desquamation frequently commences with the decline of the eruption, and prior to its disappearance. The degree and extent of the desquamation is, in general, proportionate to the intensity and diffusion of the efflorescence. Desquamation is rarely wanting, save in the cases in which the efflorescence fails to appear. The cuticle is exfoliated either in the form of minute branny scales, called furfuraceous desquamation, or in pieces of epidermis of greater or less size. Occasionally the epidermis of the hands is detached entire, and may be slipped off like a glove. This is true also of the epidermis of the feet. Sometimes several successive exfoliations occur.

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[1] Gulstonian Lectures, 1855.

In cases which pursue a favorable course, the febrile movement diminishes with the commencement of exfoliation and gradually ceases, corresponding improvement taking place in other symptoms. If the disease be uncomplicated, and there be no untoward events, convalescence is declared during the stage of desquamation. The desquamative process is frequently accompanied with pruritus, which, in some cases, is excessive. Albuminuria occurs in this stage more frequently than in the stage of eruption; Abeille found it in 13 of the 21 cases (the whole number of cases being 53) in which this symptom was present at some period of the disease. As in the stage of eruption, so in the desquamative stage the presence of albumen in the urine may or may not be indicative of an important renal complication.

The duration of this stage is indefinite. It may end in five or six days. The desquamation is generally completed in from ten to twelve days, but exceptionally, it continues for several weeks.

The fóregoing sketch of the clinical history of scarlet fever applies to cases which are either mild or not extremely severe, and in which the course of the disease is regular, that is, without anomalous events or complications. Certain cases are characterized by extreme gravity of the symptoms at the outset of the disease. The pulse becomes very frequent, numbering 140, 150, 160, and more per minute. Great restlessness, delirium, coma, and, occasionally convulsions, are other symptoms denoting severity of the disease. The vital forces seem to be overwhelmed, and death may take place in one or two days, and sometimes even within a few hours from the attack. A fatal result may take place before the eruption appears. The disease, in such cases, is truly malignant. They are liable to occur in certain epidemics. The gravity in these cases is not due to any complication, but to an unusual intensity of the essential morbid conditions which constitute the disease. Ataxic or nervous symptoms, in like manner dependent on the intensity of the disease, are liable to be developed at a later period, viz., active delirium, typho-mania, carphologia, and subsultus tendinum. These symptoms characterizè certain cases of severe scarlet fever.

Convulsions, coma, and delirium may be developed as effects of uræmia. Disease of the kidneys is an important complication in a certain proportion of cases. Albuminuria occurs, either during the stage of eruption or desquamation, in nearly a proportion of 1 to 2. It may continue for two or three days only, or during the whole career of the disease, and afterward. Abeille found its average duration, in 21 cases, seven or eight days. This symptom may not indicate any important affection of the kidneys, and, on the other hand, grave disease of the kidneys may exist without albuminuria. Renal epithélium and cylindrical, waxy, epithelial or granular casts, are more or less abundant in the sediment of the urine, with or without albuminuria, in a pretty large proportion of cases. These are of more significance as denoting renal disease than the presence of albumen in the urine. The liability to uræmia, and the evidence of its existence, here, as under other circumstances, are denoted by the deficient elimination of urea. Examinations of the urine with reference to this point are of more consequence than with regard to albumen and casts. Here, as under other circumstances, the deficiency of urea is to be inferred from a scanty secretion and a low specific gravity; or, if the quantity passed in a given time can be ascertained, the amount of urea may be determined by volumetric analysis in the manner already described.[1] Clinical facts appear to show that scarlatina involves a special tendency to renal disease, not only as a sequel but as a concomitant. And it is a rational supposition that the lining membrane of the secretory tubes of the kidneys takes on a morbid condition analogous to that of the mucous membrane of the pharynx, giving rise to a complication which is serious in proportion as it interferes with the excretion of urea. General dropsy sometimes occurs during the progress of the disease, as well as afterward. Symptoms pointing to uræmia, in addition to the events already stated, viz., convulsions, coma, and delirium, are cephalalgia, disturbance of respiration occurring without either bronchitis, pneumonia, œdema of lungs or any appreciable pulmonary affection, defective vision, vomiting, and occasionally diarrhœa. These symptoms should direct attention to the urine as regards albuminuria, the presence of casts, and, more especially, the deficiency of urea. Uræmia, taking place either as a concomitant or sequel of scarlet fever, may occur without albuminuria, and without dropsy. Hence, the importance of examinations of the urine in all cases, with reference, not alone to the presence of albumen, but of casts and the quantity of urea.

Certain cases of severe scarlatina are characterized by a great amount of throat affection. The name *scarlatina anginosa* is applied to these cases. The tonsils are greatly swollen. The exudation is unusually abundant, and in some cases the pharynx offers all the characters of diphtheritic inflammation. Deglutition is difficult, and liquids taken into the mouth are returned through the nostrils. The inflammation may extend to the posterior and anterior nares, and acrid pus flows from the nose, excoriating the face. The breath emits an intolerable fetor in some cases. Sometimes, but rarely, the inflammation extends into the larynx and bronchial tubes. Œdema of the glottis is an occasional accident in adults. The structures of the eye may become involved, and destruction of both eyes has been known to follow. An extension of the inflammation through the Eustachian tube into the internal ear is liable to occur. I have met with a case in which the tympanum in each ear was perforated, and the ossicles were discharged through the external meatus. Permanent deafness, facial paralysis, and, in some cases, caries of the temporal bone followed by circumscribed meningitis and abscess of the brain, are effects of an extension of the local affection to the internal ear. The submaxillary and lymphatic glands of the neck become more or less enlarged, and sometimes suppuration takes place, constituting what have been called *scarlatinous buboes*. I have met with a case, in the practice of my friend, Dr. Dudley, of Brooklyn, of extensive sphacelation of the lips and cheeks, the patient being a child well nourished and healthy up to the date of the attack. Gangrene and ulceration within the throat are very rare events. The local events belonging to scarlatina anginosa, inclusive of inflammation and suppuration of the glands of the neck, may occur early in the disease, or, on the other hand, they may be developed during the stage of desquamation, the symptoms having previously denoted a mild form of the disease.

In cases of so-called *scarlatina anginosa*, the cutaneous eruption is apt to be slight and sometimes wanting. Albuminuria is more apt to exist in these cases. Uræmic phenomena are liable to occur, but, exclusive of these, and of laryngitis or œdema of the glottis, the severity of the throat affection may be sufficient to lead to a fatal result.

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[1] *Vide* page 661.

Hemorrhage from various situations, together with petechiæ and vibices on the skin, characterize certain cases. The name *hemorrhagic scarlatina* has been applied to these cases. These cases almost invariably prove fatal. Hematuria occurs in connection with renal disease, and, if not accompanied with hemorrhages elsewhere, is not necessarily of grave omen.

Complications other than those which have been noticed, and of rare occurrence, are articular rheumatism, usually confined to a few joints, vaginitis, pleuritis or pyo-thorax, pericarditis, and endocarditis, the two latter affections being associated with either rheumatism or renal disease.

In irregular cases of scarlatina the disease is generally, but not always, severe. The only local manifestation of the disease may be a slight soreness of the throat, no cutaneous eruption taking place. In these cases the disease has been distinguished as *scarlatina faucium* and *scarlatina sine eruptione.* Cases of the throat affection, more or less severe, without any eruption on the skin, not infrequently occur during the prevalence of epidemics of scarlatina. An attack of this kind appears, in some cases at least, to render the patient thereafter insusceptible to the disease, but it is not uncommon for persons who have once had scarlatina in its regular form to suffer from the throat affection when exposed to the infectious miasm. In cases of *scarlatina sine eruptione* the nature of the disease is not infrequently overlooked. Another irregularity in very mild cases consists in the absence of any affection of the throat, the cutaneous affection being more or less marked. In these cases, doubtless, the disease sometimes exists without being recognized, or it is confounded with roseola. It has been supposed that the disease may exist without either an affection of the throat, a cutaneous efflorescence, or febrile movement. The name *scarlatina latens* has been applied to such cases. The evidence of the existence of the disease in this latent form is the occurrence of characteristic sequels, viz., albuminuria and anasarca, in persons who had been exposed to the scarlatinous infection, without presenting any of the usual phenomena of scarlatina. The local manifestation of the disease, in these cases, is supposed to be exclusively in the kidneys. Assuming that such cases occur, and that this explanation be true, it is more correct to say that the scarlatinous infection may sometimes give rise to acute albuminuria without causing scarlet fever.

Scarlatina has various sequels. The one which occurs most frequently has just been alluded to, viz., albuminuria with general dropsy. This follows the disease in a considerable proportion of cases, the proportion being found to vary at different times and places. The time of its occurrence is from ten to twenty days after the date of desquamation. The symptoms are those of acute albuminuria, or, after Johnson, *acute desquamative nephritis*, an affection which has been considered in connection with the diseases of the urinary system.[1] Œdema of the face and lower extremities is first observed and anasarca frequently follows. Effusion takes place into the serous cavities if the anasarca be considerable. Hydrothorax sometimes exists to such an extent as to embarrass seriously respiration. The urine is scanty, and not infrequently contains blood. It is usually loaded with albumen, but cases have been reported by Rayer and others, of dropsy after scarlatina without albuminuria. Epithelial, granular, or waxy casts are generally found in the urinary sediment. There is usually notable anæmia, the appetite is deficient, the temper is irritable, and muscular debility is more or less marked. Febrile movement, varying in degree in different cases, accompanies these symptoms. Uræmic coma and convulsions, pulmonary œdema and œdema of the glottis are grave accidents incident to the renal affection. They occur happily in but a small proportion of cases, and, under judicious management, this sequel is rarely fatal. Acute albuminuria after scarlet fever rarely ends in chronic renal disease. It is more rational to consider the renal affection which follows scarlatina, as a special effect of the latter, than to attribute its production to cold or other causes acting after the scarlatinous poison has ceased to act.

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[1] *Vide* page 651.

The opinion has been held by Graves and others that the kidneys are oftener affected after mild than severe cases of scarlatina. This sequel certainly occurs after mild cases, and sometimes when, from the absence of either the throat affection or of the cutaneous eruption, scarlet fever had not been supposed to exist. A probable explanation, however, of its occurrence in a larger proportion of mild cases, is afforded by the fact that, of severe cases, a considerable number end fatally during the progress of the fever. It is to be borne in mind that coma and convulsions may occur as sequels of scarlatina, due to uræmia taking place without either albuminuria or dropsy.

Pleuritis, pericarditis, and acute articular rheumatism are occasional sequels as well as concomitants of scarlet fever. Chorea is also to be reckoned among the occasional sequels. External otitis is not uncommon. A purulent discharge takes place from the ears, and sometimes there is considerable deafness. If the inflammation be wholly without the tympanum, the deafness will be temporary, and, under judicious management, the affection may generally be removed. It is apt to return, from time to time, for a considerable period after recovery.

CAUSATION.—The communicability of scarlet fever is established by irrefragable proof, and, exclusive of inoculation, it is probable that its causation always involves infection. Of those who are known to be brought into contact with cases of the disease, a much larger proportion contract it than of those not exposed. The following facts, given by Rilliet and Barthez, afford a striking example of this kind of proof of communicability. "Out of 53 children who contracted scarlet fever in the Children's Hospital at Paris, 34 were in wards into which scarlet fever cases were admitted, 14 were in wards in close communication with the preceding, and only 5 were in wards having but slight communication with those first mentioned."[1] Equally strong proof is afforded by the importation of the disease into localities previously free from it. For the following example I am indebted to a former colleague, the late Prof. B. R. Palmer: A farmer living several miles from Woodstock, Vermont, on a by-road, which was not a thoroughfare, had but a single neighbor. He visited, with his family, some friends at a town about twelve miles distant. Scarlatina existed in the families with whom he visited. After his return home, all his children (the precise number is not noted) had, in succession, scarlatina. The children of his only neighbor contracted it. Five children in these two families died with it. The cases were under the care of a physician living at Woodstock, distant some six or seven miles. Scarlatina did not previously exist in Woodstock. Shortly two children in the physician's family were attacked and one died. A family in Woodstock was related to one of the families in which the disease first appeared, and the husband and wife watched one night with the children of their relative. Shortly afterward their children were attacked. Communication with this family and the family of the physician was suspended throughout the village, and the only additional person affected was a boy who was exposed by going to the physician's house during the time his children were ill. Proof of this kind might be multiplied. Finally, it appears to be certain that the disease has been communicated by inoculating with the serum contained in the vesicles which sometimes appear in conjunction with the cutaneous efflorescence.

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[1] Cited by Murchison, Braithwaite's Retrospect, London, 1865.

That the disease may be communicated by means of fomites is unquestionable. The infectious miasm may be carried in the clothes of physicians, nurses, and others. The disease is probably in this way often diffused. Facts show that the miasm adheres to material substances and preserves its morbific power for a long period. Persons have been attacked on returning to houses in which cases had occurred, for weeks or months afterward, and even when elaborate efforts had been made to remove the miasm. Benjamin W. Richardson gives some striking examples.[1] The following instance came under my own observation. A child in a family living in a private boarding-house in this city had scarlatina. The mother and child of another family, boarders in the same house, were on a visit in the country. They remained away for a month in order that the child might not be exposed There was but a single case of the disease in the house. At length, deeming it safe, they returned, and three days afterward the child was attacked with scarlatina.

The period of incubation is undoubtedly, as a rule, shorter in scarlatina than in the other eruptive fevers. Its duration, however, varies in different cases. In the instance just cited, it was three days. Trousseau cites a case in which the attack took place within twenty-four hours after exposure. In a case under my observation, the patient, an infant of nineteen months, was attacked twenty-four hours after the first symptoms of illness in a young girl who assisted in taking care of the infant. It is probable that the latent period rarely, if ever, exceeds six days.

Statistics show that the disease occurs most frequently in the third and fourth years of life; that the liability to it diminishes rapidly after the fifth year, and becomes very small after forty. Out of 2,402 cases admitted into the London Fever Hospital during twenty years, only four were above fifty, and one above sixty. Children under two years of age and infants at the breast are not, as has been incorrectly stated, insusceptible to it. Of 431 cases collected by Richardson, 15 were under two years of age. As bearing on this point, the following statistics, cited by the author just named, are interesting: Of 12,962 deaths from scarlet fever in children under five years of age, according to the mortality tables of the Registrar-General of Great Britain, the number of cases under one year amounted to 1,289, and the number between one and two years 2,874, making the total under two years 4,163. Cases have been reported in which the disease has been contracted *in utero*.

As a rule, this disease is experienced but once; but, making due allowance for cases in which roseola may have been confounded with scarlatina, the exceptions to this rule are not extremely rare. Richardson states that he has himself had the disease three times. My colleague, Prof. Elliot, has witnessed the occurrence of the disease three times in the same subject. It is stated that secondary or tertiary attacks are never fatal.

DIAGNOSIS.—Attention to the following diagnostic points renders the discrimination of the disease, in the great majority of cases, sufficiently easy: The short duration of the stage of invasion, the intensity of the febrile movement, the appearance of the efflorescence in the throat prior to the cutaneous eruption, the appearance of the efflorescence on the body and upper extremities often before or simultaneously with its appearance on the neck and face, the rapid extension of the efflorescence over the cutaneous surface, the scarlet color of the efflorescence, the irregular and serrated margins of patches of efflorescence, the persistence or increase of the febrile movement after the appearance of the efflorescence on the skin, and the exalted heat of the body. These are positive diagnostic features belonging to the clinical history of scarlet fever as contrasted with smallpox and measles. On the other hand, the two latter eruptive fevers are excluded by the longer period of invasion in both, pain in the loins not marked in this period, absence of the characteristic eruption of variola in the mouth and fauces, the non-occurrence of variolous papules and vesicles with depression in the centre, and of the remission of fever when the eruption appears; absence of coryza and bronchitis which belong to the history of rubeola, and of certain distinctive characters pertaining to the eruption of rubeola, which will be stated in treating of the latter.

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[1] Clinical Essays, 1862.

The difficulties in the way of diagnosis relate, in the first place, to extremely mild cases, with a slight eruption, and without any affection of the throat. In these cases the disease is liable to be confounded with roseola. The differential points will be noticed in treating of the latter in the next chapter; and, in the second place, the diagnosis may be difficult in cases in which the local manifestation is confined to the throat; that is, cases in which the cutaneous efflorescence is wanting. It must be confessed that the diagnosis in some of these cases must be, in a measure, based on their occurrence during the prevalence of scarlatina, and sometimes on the occurrence of well-marked cases in members of the same family. In some cases of doubt or error, the sequels of scarlatina, especially those pertaining to renal disease, serve to correct or establish the diagnosis.

A highly probable diagnosis, before the efflorescence appears on the skin, may be based on a sudden attack of vomiting, with high febrile movement, and redness of the fauces, in a subject between three and five years of age, especially during the prevalence of scarlatina.

PROGNOSIS.—There is, perhaps, no disease in the nosology which presents, in different cases, wider extremes as regards gravity than scarlatina. In malignant cases the disease is rapidly fatal. The proportion of these cases varies much at different times and places. Richardson has advanced the opinion that the relative proportion of severe and mild cases is always about the same, viz., as 1 to 5, there being a sufficiently large number of mild cases to equalize the ratio whenever the number of fatal cases is large. This opinion is opposed to common observation. The prevailing type of the disease, in some seasons, is mild, and in other seasons, severe. Whether this variation be due to a difference in the virulence of the miasm, or to adjunctive influences, we are unable to say. Aside from the intensity of the disease, the danger depends on complications liable to occur in cases which, as regards the general symptoms, may appear to be mild. The symptoms which denote imminent danger from the intensity of the disease, are, excessive frequency of the pulse, jactitation, active delirium and prostration, the mode of dying, in these cases, being by asthenia.

The prognosis is unfavorable in cases in which the throat affection is unusually severe. If laryngitis ensue, a fatal result is to be expected. Great enlargement and suppuration of the glands of the neck denote great danger. If gangrene of the throat or mouth occur, recovery is the exception rather than the rule. Cases characterized by hemorrhage from mucous membrane and petechiæ or vibices are generally fatal.

Uræmic coma and convulsions involve imminent danger. Uræmia may become developed in cases which, as regards the general symptoms, appear to be mild. In the following case, which I noted twenty years ago, sudden death occurred when, from the apparent mildness of the disease, there were no apprehensions of immediate danger. I was requested to see, in consultation with my friend, Dr. Pride, a girl aged eighteen, whom I found in deep coma, the respirations irregular, the pulse having considerable force. Death took place two hours afterwards. Dr. Pride stated the history as follows: She had been in delicate health for some time. On the day but one preceding her death, she was attacked with scarlatina. The eruption was copious and the throat affection slight. Dr. Pride saw her at ten o'clock on the evening of her death. She was then sitting up, seemed very comfortable, and shortly after retired to bed. At eleven o'clock her mother, who had not retired, while conversing with her daughter, observed a slight spasm, the eyes rolled upward, and found that she was unconscious. Dr. Pride was immediately sent for, and arrived in a few moments. On his arrival, the patient was fully conscious, declared she was quite comfortable, and wondered at the anxiety of those around her. She had aroused a few moments after her mother had become alarmed, and was not conscious that anything unusual had occurred. Dr. Pride remained to observe the patient for a time. After talking jocosely for a few moments, and laughing at her mother's fears, she appeared to drop asleep, and Dr. Pride observed that she breathed heavily and groaned. He was told that this was not unusual. She awoke repeatedly, and remarked upon her audible respiration. At length Dr. Pride observed a slight tremor and a rolling upward of the eyeballs. He immediately attempted to arouse her with partial success, but she speedily fell into complete coma, and death took place within three hours. The coma and convulsions, in this case, it is presumed, were due to uræmia, but the symptoms relating to the urine had not been ascertained at the time the case occurred.

Daily examinations of the urine, in cases of scarlatina, are highly important. The presence of albumen or casts should always excite apprehension, but the immediate danger is proportionate to the deficiency of urea. The patient is by no means safe after albumen has disappeared from the urine, if casts continue to be found in the sediment, more especially if the quantity of urine be small and the specific gravity low.

Richardson and others have reported cases of scarlet fever in which a fatal result was due to the formation of a heart-clot in the right cardiac cavities.

With regard to the fatality from scarlet fever, the author just named states that the mortuary tables of the Registrar-General of Great Britain show the disease to be more fatal in towns than in the rural districts, and that amongst the communicable diseases it ranks second on the list, the fatality being exceeded only by the returns of typhus and typhoid fever.

TREATMENT.—Cases of mild scarlatina do not call for active measures of treatment. The often-quoted saying of the English Hippocrates, that scarlatina is only dangerous through the officiousness of the physician, is, however, hardly true even of these cases, for, be the disease never so mild, there is a liability to grave complications and sequels. On the other hand, in certain cases of severe scarlatina the malignancy of the disease renders any treatment unavailing. With respect to this as well as the other eruptive fevers, it is to be premised that there are no known specific remedies by means of which it may be arrested or controlled; but the inference by no means follows that judicious measures of treatment may not do much toward affording relief and diminishing the fatality from the disease. It is to be added that a comparison of different collections of cases with reference to the rate of mortality under different methods of treatment is of little value, on account of the wide diversity as regards severity of the disease.

Certain measures which have heretofore been employed in the treatment of scarlatina are now regarded as, in general, opposed by sound reasoning and experience. This statement applies to bloodletting, active purgatives, mercurialization, blisters, and emetics. These are very rarely, if ever, indicated, and, if not indicated, must of necessity prove hurtful. From the fact that measures are not addressed to the disease *per se*, it follows that the expectant plan is to be pursued, and the indications are to be drawn from particular symptoms, events, and complications in individual cases.

In the majority of mild cases, hygienic treatment is alone required. In addition to free ventilation, cooling drinks, and light nourishment, the hygienic treatment should embrace measures to maintain the functions of the skin. In view of the fact that renal disease, as a complication or sequel, is a source of danger in these cases, attention to the skin is important, however mild may be the disease. The tepid bath once or twice daily is to be recommended. If the bath be not practicable, the application of a sheet wet with tepid water or repeated sponging of the body may be employed in its stead. There is reason to believe that the more the functions of the skin are maintained by these measures, the less is the liability to an affection of the kidneys either during or after the disease. Exposure to cold is to be avoided both while the disease is in progress and in convalescence, but care in this respect should not lead to error in the way of free ventilation, or of oppressing the patient with an overplus of clothing. Vigilance or restlessness, if not relieved by the use of the bath, the wet sheet, or sponging, may indicate anodyne remedies. Constipation is to be relieved by simple enemas; other symptoms may indicate appropriate palliative remedies. For the affection of the throat the chlorate of potassa may be prescribed, internally and as a gargle.

In some cases, frequently the leading indication is derived from the intensity of the febrile movement, as denoted by the increased heat of the body and the frequency of the pulse. Insomnia, restlessness, and delirium are measurably dependent on the febrile movement, and in general the latter is a criterion of the severity and danger of the disease. To diminish the heat, and the frequency of the heart's action is an important object of treatment. This object may be most effectually accomplished by the use of water. It was in this disease that Currie was led, more than half a century ago, to employ cold affusions with a happy effect. This mode of applying water is strongly advocated by Trousseau, who states that he has employed it with highly satisfactory results in a large number of cases in private and hospital practice. It is doubtless the most efficient measure to be employed for the relief of the active delirium which sometimes occurs in this disease. The apparent boldness of the practice renders it frequently objectionable on the score of popular prejudice. Frequent sponging of the body doubtless secures, to a considerable extent, the same results; but, probably, the use of the wet sheet is, in most cases, not less efficacious than the cold affusions as practised by Currie. In employing the wet sheet as a sedative and diaphoretic measure, water is to be used at about the temperature of 70° Fahr.; the patient, stripped of all clothing, is enveloped in the sheet and closely covered with several blankets. The procedure is that practised by the hydropathists under the name of the *wet pack*. Usually, after remaining in the pack for about an hour, free perspiration is induced. The pack is to be removed when this effect occurs, the body wiped dry, and the patient placed in bed.

There is abundant testimony to the value of this measure. In a conversation with the late John Ware many years before his death, he advocated it in strong terms, and I have repeatedly made trial of it with great apparent benefit. Quite recently it has been advocated by Dr. R. W. Mathewson, of Durham, Conn.[1] Directly after the application, the frequency of the pulse is notably lessened, the skin becomes comparatively cool, the patient is tranquillized and obtains refreshing sleep. The measure may be repeated once or twice daily. Its effect is so agreeable that patients generally desire its repetition. There is no occasion for fears of repelling the eruption. The conditions under which it is always appropriate are increased heat, with dryness of the skin and frequency of the pulse, that is, intensity of febrile movement.

In malignant cases in which the vital powers are overwhelmed, and whenever the intensity of the disease involves a tendency to death by asthenia, the chief reliance must be on sustaining measures. Alcoholic stimulants are indicated in proportion to the frequency and feebleness of the pulse, together with general prostration. I have witnessed the same striking benefit from the free use of wine or spirits in certain cases of scarlatina as of typhus or typhoid fever. Alcoholic stimulants, however, are not to be given without discrimination, and the physician is to be guided in their use by watching their immediate apparent effects, precisely as in other essential fevers. In children, wine-whey, milk-punch, and egg-nog are eligible forms for the administration of stimulants and nourishment.

Cases of so-called scarlatina anginosa, in addition to sustaining treatment, call for measures addressed to the affection of the throat. The chlorate of potassa is now generally considered, and probably with justice, an important remedy in these cases. From one to two drachms may be given daily. The chlorine mixture is highly recommended by Watson and others. The formula for this mixture has been already given.[2] Stimulating or caustic applications to the pharynx are of doubtful utility. The difficulty of making them in children, and the perturbation occasioned by making them forcibly, in spite of the resistance of patients, are not small objections; but, aside from these objections, it may be doubted if they produce a beneficial effect. They have been deemed important with a view of preventing the resorption of decomposed matter and the production of *septicæmia;* but it is by no means certain that a putrid infection of the blood thus induced is ever an element of the disease. It is proper, however, to state that local applications within the pharynx are deemed useful by many, if not most, physicians. Of cauterizing applications, the hydrochloric acid is generally preferred. Alumen, capsicum, tannin, and the borate of soda, applied in solution or in powder, have been much used. Antiseptic applications, by gargling, if the patient be not too young, or made by means of a sponge if the resistance be not too violent, contribute at least to comfort. The solution of chlorinated soda may be used for this purpose, diluted with eight or ten parts of water. The permanganate of potash may also be used in the proportion of half a grain of the salt to five ounces of water. The free use of iced drinks is useful as regards the condition of the throat. The patient may be allowed to take into the mouth small pieces of ice almost *ad libitum;* and for young children convenient plan is to confine pieces of ice in a gauze bag which may be eld in the mouth, as recommended by the late Dr. Samuel Jackson, of Northumberland, Pa. Externally compresses kept wet with cold water may e applied. It has been recommended to apply ice to the sides of the neck. have been accustomed for many years to advise the pretty free use of the incture of iodine to the neck, especially if there be much glandular swelling. f suppurative inflammation ensue, poultices or the water dressing should be pplied. Prof. W. T. Gairdner attaches more importance to the inhalation f the steam of hot water, continued from the beginning to the end of the ever, than to any other measure addressed to the throat affection. He states hat in his practice this supersedes all other local applications.[1]

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[1] Medical Communications and Proceedings of the Connecticut Medical Society, May, 1864. The communication by Dr. Mathewson may be consulted for the details of the operation of packing. See, also, Stillé's Materia Medica and Therapeutics, under head of *Water*, for the same details, and for the management of cold affusions.

[2] *Vide* page 766.

Extreme pruritus of the skin is, in some cases, a source of much annoyance, preventing sleep and increasing the constitutional disturbance. With reference especially to this symptom, some years ago a plan of treatment originated in Germany, consisting in the application of lard to the surface of the body, the rind of bacon being used for this purpose. This plan was adopted o some extent in this country. It relieves, in some cases at least, the pruritus, and diminishes the febrile excitement. Other applications, however, ess disagreeable are equally efficacious. Glycerine and the rose-water ointment, recommended by Dr. J. F. Meigs, may be substituted. But a still better substitute has been successfully employed by Dr. P. M. Hastings, of Hartford, Conn., viz., glycerine and cologne-water, in the proportion of one part of the former to four or five parts of the latter.

Convulsions are generally due to uræmia, but, occurring early in young children, they may be incident to the development of the disease without denoting a renal complication. They are less frequent in children in the early part of this disease than in variola. Whether uræmic or otherwise, if hey continue, the inhalation of chloroform is indicated. I have notes of wo cases in which this measure was employed with immediate relief, and ecovery followed. Trousseau extols compression of the carotids, in the manner already described, as highly efficacious in arresting convulsions in his disease.[2]

Uræmic phenomena, in addition to convulsions, viz., cephalalgia, disturbance of vision, or coma, render prompt measures of treatment vastly important. Saline purgatives or elaterium are to be employed at once to eliminate urea, and diaphoresis should, if possible, be procured by the use of the warm or hot air bath or the wet sheet. Vomiting or purging should always suggest the nquiry whether they be not due to uræmia, and, if so, they are not to be arrested. Albuminuria, and especially a deficiency of urea in the urine, hould lead to measures with a view of forestalling the effects of uræmia. Fomentations are to be applied over the loins, the bowels are to be kept oose with saline laxatives, and, with reference to this object, it is important o produce diaphoresis by means of the warm bath or the wet sheet.

Restlessness and vigilance, if not relieved by measures of treatment already noticed, may require anodyne remedies. The succedanea of opium are to be preferred, viz., belladonna, hyoscyamus, etc. If, however, they are not efficacious, opiates are to be given, but cautiously in young children, or if uræmia be threatened. With reference to the liability to heart-clot, Richardson advises the carbonate of ammonia, given in small doses frequently repeated. Several writers have strongly advocated this remedy as exerting a special curative influence in scarlatina.

The treatment of the sequels of scarlatina need not be here considered. The most frequent of the important sequels, viz., acute albuminuria, has been considered in a former part of this work, to which the reader is referred. In the treatment of pruritus, pericarditis, rheumatism, and chorea, are involved essentially the same principles as when these affections occur in other pathological connections. External otitis is often neglected, and is apt, therefore, to continue, and, in the end, lead to impairment of hearing. Daily cleansing the ear by the injection of tepid water and soap will usually prove sufficient to effect a cure; but, if the affection continue in spite of this simple measure, which from its very simplicity it is often difficult to enforce, mild astringent injections should be employed.

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[1] Clinical Medicine, Edinburgh, 1862.

[2] *Vide* page 618.

I will add a remark with reference to the prevention of renal disease as a sequel of scarlatina. The occurrence of this sequel being generally attributed to cold, it is common to confine patients within doors and sometimes even to the bed, for two or three weeks after convalescence. Regarding, however, the sequel as a remnant of scarlatina, this extreme care is unnecessary. It is sufficient to observe the same precautions with regard to exposure to cold or other morbid agencies as during convalescence from any acute affection. Gestation, out of doors, has seemed to me to be useful even when patients are suffering from albuminuria and general dropsy following scarlet fever.

It remains to notice the protective influence against scarlatina, which has been imputed to belladonna. For the conflicting statistical data bearing on the question whether minute doses of this remedy tend to render the system, for the time, insusceptible to the disease, the reader is referred to works treating of materia medica and therapeutics. In estimating the force of evidence for and against the assumed prophylactic nature of the remedy, it is to be considered that the failures to afford protection are the positive facts. A certain proportion of persons do not contract scarlet fever, however great the exposure. We have no data for determining the proportion of persons among those exposed at any particular time or place, who are thus naturally insusceptible. Of those who, under the use of belladonna, fail to contract the disease, it may be said that they might have been naturally insusceptible, whereas, all the instances in which the disease is contracted notwithstanding the use of belladonna militate against the protective power of this remedy. Giving due weight to this consideration, satisfactory proof of the prophylactic power of belladonna, requires that the number of failures shall not be large; and, judged by this rule of evidence, it is extremely doubtful if there be any ground for imputing to this remedy a prophylactic power. It is, however, to be considered that to prescribe belladonna as a prophylactic is always a harmless experiment, and is, therefore, only objectionable on the score of supererogation. Moreover, as the popular mind has been directed to this question, the wishes of friends are often better satisfied if the remedy be prescribed. These considerations may properly influence the physician. The following are the directions for the use of the remedy: "Dissolve from one to three grains of fresh and well-prepared extract of belladonna in an ounce of cinnamon water, adding a few drops of alcohol to prevent fermentation. Of this solution may be given, two or three times a day, one drop for each year of the child's age, to be so administered for two weeks, or longer, if the danger should continue."[1]

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[1] Stillé, op. cit.

CHAPTER VIII.

ERUPTIVE FEVERS.—CONCLUDED.

Rubeola, or Measles—Clinical History—Causation—Diagnosis—Prognosis—Treatment—Roseola—Summary of the more important of the Differential Characters of Variola, Scarlatina, Rubeola, and Roseola—Dengue.

RUBEOLA, so-called from the red color of the eruption, called also *morbilli*, and commonly known as the *measles*, is a disease of less importance than the eruptive fevers which have been considered. It is generally a mild and often a trivial disease; but it is desirable as early as possible to discriminate it from the other eruptive fevers; it is of frequent occurrence, it is sometimes accompanied by grave complications, it is occasionally followed by serious sequels, and, in a certain proportion of cases, the disease is intrinsically severe, or even malignant. Hence, rubeola is by no means an unimportant disease.

Rubeola, like scarlatina, has no special anatomical characters exclusive of the internal and external efflorescence which is most conveniently considered as belonging among the symptoms of the disease. I shall pass, therefore, at once to the clinical history.

CLINICAL HISTORY.—The career of this disease is subdivided, like the other eruptive fevers, into the stages of invasion, eruption, and desquamation, each stage claiming separate consideration.

Stage of Invasion.—The distinctive local symptoms in this stage resemble those of a common cold, or rather an attack of influenza. There is coryza, with frequent sneezing, and an acrid muco-serous discharge from the nostrils. The eyes are irritable, reddened, and watery. Epiphora is sometimes marked, the tears excoriating the face, and there is more or less intolerance of light. Subacute laryngitis, denoted by hoarseness, frequently occurs, and the symptoms of bronchitis are generally present, the cough being dry, sonorous, and painful. Occasionally the pharynx is the seat of subacute inflammation. The bronchitis, laryngitis, and coryza are due to the efflorescence which takes place on the mucous membrane of the air-passages prior to its appearance on the skin. With these local affections, which vary much in intensity in different cases, there is associated more or less febrile movement, accompanied by irregular chilly sensations and shivering, but rarely ushered in with a distinct chill; the appetite is impaired or lost, and in some cases nausea and vomiting occur; pain in the head and limbs, with debility and lassitude, are, in general, proportionate to the amount of febrile movement. The general are often out of proportion to the local symptoms, as in cases of influenza; they are less intense than in the stage of invasion in variola and scarlatina, and in some cases are slight. Constipation exists in some cases, and in other cases there is diarrhœa. Convulsions sometimes occur in this stage, chiefly in children. In general they are not indicative of danger. Epistaxis is, in some cases, a prominent symptom. Spasm of the glottis, or false croup, is an occasional symptom in young children.

The average duration of this stage is four days. The duration is, therefore, twenty-four hours longer than in variola, and forty-eight or more hours longer than in scarlatina. Cases are not very infrequent in which the duration is five, six, seven days, and even longer, and, on the other hand, it may be but three or two days, and even one day only.

Stage of Eruption.—The efflorescence first appears on the temples and forehead. In a few hours it extends over the head and neck. It is gradually diffused over the body and extremities, its full development occupying from thirty-six to forty-eight hours. In the slowness of the extension of the rash over the cutaneous surface, this fever differs from variola and scarlatina.

The eruption at first presents an appearance of minute red dots or specks, which soon enlarge, become slightly elevated, and tend to arrange themselves in circular or crescentic forms. The papules resemble those in small-pox, prior to the appearance of vesicles; but they are larger and softer. They bear a resemblance to flea-bites. The redness momentarily disappears on pressure. Increasing in number and size, they coalesce and form blotches of variable dimensions, with curvilinear or semilunar borders, contrasting in the latter respect with the irregular or serrated patches of efflorescence in scarlatina. The eruption in some cases is everywhere confluent, being uniformly diffused over the whole or greater part of the cutaneous surface. The color of the eruption is a dull or deep red, offering a contrast to the crimson or scarlet redness of the scarlatinous efflorescence. In proportion to the abundance of the eruption there is swelling, which is most marked on the face. The eruption is sometimes attended with considerable pruritus. Occasionally vesicles are intermingled with the rubeolous papules. On the fourth day of the eruption it begins to fade on the face, and successively on the trunk and extremities, and the stage of desquamation commences.

During the stage of the eruption the symptoms denoting coryza, laryngitis, and bronchitis continue. The latter, in this stage, gives rise to a more or less abundant expectoration, consisting of greenish or yellowish sputa, which are frequently nummular. Dry and moist bronchial rales are frequently heard on auscultating the chest. The irritability of the eyes continues, and not infrequently there is conjunctivitis. Pharyngitis, in some cases, continues, and sometimes the inflammation extends into the Eustachian tube, occasioning partial deafness. The febrile movement does not disappear nor diminish with the development of the eruption. On the first and second day of the stage of the eruption, the temperature in the axilla may rise to 10[illegible] and 109° Fahr. From this date, in the natural course of the disease, the temperature rapidly diminishes. Other symptoms denoting constitutional disturbance are proportionate to the amount of febrile movement. The latter, save in exceptional cases, is much less in degree than in scarlatina. The tongue is generally coated, and not infrequently the elongated papillæ, projecting through the coating, present the appearance of numerous red points.

Stage of Desquamation.—This stage may be considered as having commenced when the eruption begins to fade. The duration of the stage is from four to eight days. In uncomplicated cases pursuing a favorable course, this stage is the stage of convalescence. Desquamation, in fact, occurs in only a certain proportion of cases. It may be more or less marked. It is always furfuraceous, the epidermis being exfoliated in branny scales, not in patches or flakes. Coincident with the decline and disappearance of the eruption, the febrile movement diminishes and ceases. More or less cough and expectoration are apt to continue after the cutaneous eruption has disappeared, and persisting conjunctivitis is not uncommon. Occasionally the eruption on the skin reappears after having existed for the usual period and disappeared. Diarrhœa, usually mild, is apt to occur in this stage.

The career of the disease thus extends from twelve to sixteen days.

The foregoing sketch of the clinical history embraces cases in which the disease pursues its ordinary regular course. Anomalous cases occur, the disease in some being severe or malignant, and in others unusually mild. The affections of the Schneiderian membrane, larynx, and bronchial tubes are sometimes wanting. Writers have considered these cases as constituting a variety of the disease called *rubeola sine catarrho.* To a certain extent, doubtless, cases which have been considered as of this variety have been cases of roseola. On the other hand, it is supposed that cases occur in which the local manifestations are limited to the mucous membrane; hence, another variety called *rubeola sine eruptione.* It must be difficult to decide positively that rubeola exists when the cutaneous efflorescence is wanting. In the cases belonging to the two varieties just named, the disease is unusually mild. A severe form of the disease is characterized by the occurrence of petechiæ and hemorrhage in various situations. The phenomena of purpura are associated with measles in these cases. Of this rare form of the disease the following case is an example: The patient was an adult aged about 25 years. I saw him, in consultation, during the stage of the eruption. The rubeolous eruption was abundant, presenting the characteristic appearances, but was somewhat darker than usual. Scattered among the patches of efflorescence, over the whole surface of the body, were petechiæ varying from the size of a pin's head to a split pea. There was hemorrhage from the nose and mouth; blood also was discharged from the bowels and was contained in the urine. The tongue and gums were pallid except at certain points which were stained with exuding blood. Blood was effused beneath the conjunctiva, infiltrating the whole surface of the eyeball except the cornea. I saw the patient on two successive days. On the first day there was preternatural heat of skin, and the pulse had considerable force, although frequent. On the second day the surface of the body was cool, the pulse was very small and feeble, and there was great prostration. The case terminated fatally. This form of the disease is distinguished as *hemorrhagic rubeola.* It has been called also *rubeola nigra.*

Gangrene attacking the mouth and occasionally the anus, vulva, nose, lungs, and larynx, sometimes occurs in connection with rubeola. Other morbid conditions than those belonging to the latter, it is to be presumed, must concur in giving rise to this event. It has been observed chiefly in young children in eleemosynary institutions. Aside from any such local events, or important complications, this disease sometimes assumes a severe form, presenting the ataxic and adynamic symptoms of typhus or typhoid fever, and ending fatally from an intrinsic tendency to death. Such cases, however, are extremely rare.

In the great majority of the cases in which the disease is grave, the gravity is dependent on complications. The important complications most likely to occur are seated in the respiratory system. Diphtheritic laryngitis or true croup is sometimes developed. Valleix observed a considerable number of cases in which death was due to this complication, the cases occurring at a particular season among foundling children. Capillary bronchitis is another fatal complication liable to occur in children; and occurring in children under three years of age, it generally destroys life. Trousseau states that during an epidemic which prevailed in Neckar Hospital in 1845 and 1846, of twenty-four children attacked with rubeola, twenty-two were carried off by this complication. It is more liable to occur in hospital than in private practice. Pneumonitis, however, is the most frequent of serious complications. This, in young children, is likely to prove fatal, and it is by no means devoid of danger in adults. Pleuritis is an occasional complication, but is far more infrequent than pneumonitis. Croup, capillary bronchitis, and more especially pneumonitis, are not less likely to occur as sequels than as concomitants of rubeola.

A delay in the appearance of the eruption is generally an effect of some important complication. And the occurrence of an important complication during the stage of the eruption is apt to lead to a notable diminution, and sometimes retrocession of the eruption. Irregularity as regards the situation in which the eruption first appears is sometimes observed. A former colleague, the late Prof. B. R. Palmer, has related to me a case coming under his observation, in which the efflorescence first made its appearance on the lower extremities, and extended thence gradually over the body, upper extremities, and head.

After recovery from rubeola, pulmonary tuberculosis and the affection known as tuberculous meningitis are observed in a proportion of cases, not large, but sufficient to show that the system is left in a condition favorable for the development of these affections, provided the tuberculous diathesis exist. The practical importance of this fact is at once obvious.

Causation.—Rubeola, like scarlatina and variola, is a communicable disease. The infectious miasm is not only received by those brought into close proximity to persons affected with the disease, but it may be transported to a distance by means of fomites. Persons contract the disease from the miasm adherent to the clothes of those who have recently visited rubeolous patients. Physicians may in this way diffuse the disease.

It appears to be settled that the disease may be communicated by inoculation. Prof. John E. McGirr, some years ago, reported fourteen cases in which the disease appeared to be produced by inoculation; the cases were observed in the Catholic Male and Female Orphan Asylums at Chicago, Illinois. The inoculation was made with blood drawn from an exanthematous patch at the height of the eruption. The disease was developed after a period, from the date of the inoculation, varying from four to nine days. The disease was mild and in no case proved fatal, whereas of fifteen cases in the same institution in which the disease occurred without inoculation five proved fatal.[1]

The duration of the period of incubation varies, according to different authors, within widely separated limits, viz., between one day and thirty days. Probably in the majority of cases the attack occurs from six to ten days after exposure. The duration was within these limits in a dozen cases under my observation, in which the time of exposure could be definitely fixed, with a single exception, in which the duration was fourteen days.

The disease may occur at any period of life, but it is by far most frequent in young subjects after the period of dentition. It is rare before the epoch just named. After fifteen years of age the liability to it diminishes. It may prevail, however, very extensively among adults of different ages, who are closely thrown together, as among soldiers in military camps. Thus, during the first year of the late civil war in this country, 21,676 cases were contained in the official returns to the Surgeon-General.[2] Prevailing as an epidemic among bodies of troops in different sections of the country, it attacked nearly all who had never experienced the disease as well as, in not a few instances, those who had previously had it. As a rule, this disease, like scarlatina and variola, renders the system ever afterward insusceptible to it, but exceptions to this rule are not very rare. Well-authenticated cases in which the disease has occurred three and even four times have been reported. Prevailing in camps, schools, hospitals, and communities as an epidemic, this disease presents at different times a great diversity as regards mildness or severity, and the tendency to particular complications; in other words, the character of different epidemics of rubeola, as of other epidemics, is by no means uniform, but varies much in different seasons and localities.

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[1] Northwestern Medical Journal, 1851.

[2] Woodward, op. cit.

Dr. J. H. Salisbury, of Ohio, has communicated certain observations as showing that the inhalation of the fungi of wheat straw is capable of producing measles, that by inoculating with the spores and cells of the fungi of wheat and rye straw an affection may be produced resembling measles, and that persons in whom this affection is in this way produced are rendered insusceptible to measles.[1] Referring the reader to the communication of Dr. Salisbury, it will be found that the facts, although interesting and worthy of consideration, are hardly sufficient to warrant the conclusions just stated. Out of 100 cases occurring among soldiers, analyzed by Dr. Roberts Bartholow, 85 had not, and only 15 had, slept or lain on straw or hay since enlistment.[2] At the present time we have no positive knowledge of any cause capable of producing this disease, exclusive of contagion and infection.

DIAGNOSIS.—The diagnosis of rubeola, after the appearance of the efflorescence on the skin, is generally unattended with any difficulty. The diagnostic characters which have been embraced in the clinical history are sufficiently distinctive. The more important of these are, the long duration of the stage of invasion, the affection of the air passages, the appearance of the eruption almost invariably first on the face, and its gradual diffusion over the body; the color of the eruption, its papular character, the softness of the papules, and the tendency to assume a crescentic arrangement. So far as the eruption is concerned, early in the eruptive stage there is some resemblance to the papules of smallpox; but the differential points which have been presented in treating of the latter disease should enable the practitioner to make the discrimination. In a case of rubeola in which the cutaneous efflorescence is not abundant, and the air-passages are unaffected, the disease is liable to be confounded with roseola; but the eruption in these two affections differs, and, moreover, such cases are extremely rare. Cases in which the air-passages are alone affected, that is, in which there is no cutaneous efflorescence, hardly admit of a positive diagnosis, but such cases are also extremely rare. Their occurrence during the prevalence of rubeola in persons known to have been exposed is chiefly the ground on which the diagnosis is to be based.

The diagnosis cannot be made with positiveness prior to the appearance of the efflorescence on the skin. The occurrence, however, of coryza, irritability of the eyes, and bronchitis, with more or less febrile movement, in persons who have never had measles at a time when the disease is prevailing renders a diagnosis during the period of invasion highly probable. The diagnosis is sometimes delayed by the early occurrence of complications, which interfere with the regular course of the disease, especially as regards the eruption. The appearance of the latter, however, sooner or later, certainly in the great majority of cases, removes the difficulty which may previously have existed.

Of this, as the other eruptive fevers, the diagnosis in the negro must, of course, be based on other points than those relating to the color of the eruption. "In the pure negro, the eruption appears as yellowish spots slightly elevated, and giving a sensation of roughness; in the mulatto, as a dusky-brown, ill defined; and in the lighter shades, more distinct, reddish-brown spots, approaching the characteristics of the eruption in the white."

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[1] American Journal of the Medical Sciences, July, 1862.

[2] Synopsis of a Report upon Camp-Measles, based upon an analysis of 100 cases. American Medical Times, May, 1864.

PROGNOSIS.—In the great majority of cases, as this disease is ordinarily presented in practice, it is either mild or unattended with danger. But in a certain proportion of cases the disease is severe and dangerous. The severity and danger are due to the anomalous events and complications which have been noticed in connection with the clinical history. The number of cases fatal from the coexistence of capillary bronchitis, diphtheritic laryngitis, pneumonia, etc., is not inconsiderable. The rate of mortality differs greatly at different times and places, so that the statistics of any particular epidemic would not furnish results applicable generally to the disease. Woodward states that of the 21,676 cases contained in the official returns from the armies of the United States in the first year of the late civil war, there were 551 deaths.

TREATMENT.—In ordinary regular cases, the disease calls for nothing but palliative measures and attention to hygiene. The cough may be palliated by anodynes, and these may also be indicated by restlessness or vigilance; and for the febrile movement, if considerable, gentle diaphoretic and refrigerant remedies may be prescribed. The object of treatment in these cases is, simply, to render the patient as comfortable as possible; the disease pursues a favorable course without any therapeutical interference. Many cases are treated with domestic remedies without coming under the cognizance of the physician. It is a widely diffused popular notion that saffron (*crocus sativus*) is a valuable remedy in this, as well as the other eruptive fevers, given for the purpose of promoting the eruption. There is little ground for this notion, but the remedy is harmless. Cathartics in this, as in the other eruptive fevers, are not indicated, and are likely to do harm. Emetics are rarely, if ever, indicated.

In cases in which the disease is rendered severe by complications, the treatment will have reference to the latter. The general principles of treatment, in these cases, are the same as when the complicating affections occur in other pathological connections. It would, therefore, be a repetition to consider the indications derived from the different complications. A practical question relates to the retardation, diminution, or retrocession of the eruption in some complicated cases. Is it important to resort to active measures designed to promote the appearance of the eruption? The importance of this object of treatment has doubtless been much exaggerated. Certain measures employed for this object, such as emetics, active stimulants, the hot or vapor bath, and overloading the body with clothing, are not to be employed. This general rule may be adopted, viz., measures should not be employed for this object, if, aside from the object, the measures are likely to be hurtful. The tepid bath, stimulating pediluvia, and sinapisms, or other rubefacient applications to the skin, are not excluded by this rule. It is to be considered that the complications do not occur in consequence of the eruption being delayed or insufficient, or striking in, but the latter are rather effects of the former.

Cases presenting ataxic or adynamic symptoms, either with or without complications, claim the tranquillizing and supporting measures indicated in other diseases with the same symptoms.

It is important to bear in mind the liability to scrofulous or tuberculous affections after recovery from this disease. Patients should be placed under hygienic influences which will tend to invigorate the system, with a view to obviate a tendency to the development of these affections.

ROSEOLA.

The eruptive fever called *roseola*, or *rose rash*, sometimes called *false measles*, is an affection of very little importance, exclusive of the liability of confounding it with rubeola and scarlatina.

The eruption is preceded by symptoms of constitutional disturbance for one or two days. These symptoms are, cephalalgia, loss of appetite, with sometimes nausea and vomiting, and occasionally diarrhœa, chilly sensations, febrile movement, and general malaise. In young children convulsions may occur. The constitutional disturbance is more or less marked and frequently very slight. The affection of the throat and the affection of the air-passages, which belong to the history of scarlatina and rubeola in the stage of invasion, are wanting in roseola.

The eruption appears in the form of rose-colored spots or patches which are not elevated, the redness disappearing momentarily on pressure. It appears on different parts of the body, not commencing on the head and extending over the body as in rubeola. Frequently it appears on the body and extremities and not on the face. It continues for twenty-four or forty-eight hours only in the majority of cases. It disappears without desquamation, and is liable to return. It is sometimes accompanied with considerable pruritus. The affection has neither sequels nor complications. It may, however, occur in the course of other affections, especially in the stage of invasion in varioloid, in articular rheumatism, and in epidemic cholera after reaction. It has no gravity. One attack affords no protection against recurrences. It is oftener presented in females than in males. It prevails not infrequently as an epidemic, and chiefly during the summer season. Some authors consider it to be contagious.

Attention to the foregoing points will suffice for the discrimination of the affection from scarlatina and rubeola. It does not call for treatment.

The use of the balsam of copaiva by some persons induces an efflorescence analogous to that of roseola. A variety of the affection belongs to the history of syphilis.

SUMMARY OF THE MORE IMPORTANT DIFFERENTIAL CHARACTERS OF VARIOLA, SCARLATINA, RUBEOLA, AND ROSEOLA.

Period of Incubation.—The average period in variola from 10 to 14 days; in scarlatina from 1 to 6 days; in rubeola from 6 to 10 days.

Stage of Invasion.—Duration in variola from 2 to 3 days; in scarlatina from 1 to 2 days; in rubeola from 4 to 5 days; in roseola from 1 to 2 days. In variola, whitish or ash-colored spots in the mouth and fauces, and sometimes a cutaneous efflorescence; lumbar pain in a marked degree. In scarlatina, efflorescence and sometimes exudation in throat; febrile movement often notably intense. In rubeola, coryza, irritability of eyes, hoarseness, and loud barking cough.

Stage of Eruption.—In variola, eruption appearing first on face and wrists and gradually extending over cutaneous surface. The eruption at first maculated, next papular, next vesicular, more or less of the vesicles umbilicated, and finally the eruption pustular. The eruption aborting at different stages in cases of varioloid. The eruption in varicella differing in being vesicular at first, the vesicles not umbilicated, and not becoming pustular; also in the short duration of the stage of eruption. The febrile movement in variola remitting or ceasing with the appearance of the eruption. In scarlatina the eruption frequently appearing on the chest and upper extremities before, or simultaneously with, its appearance on the face and neck. The eruption rapidly diffused over the cutaneous surface. The eruption of a scarlet color, not elevated, assuming the form of patches with irregular or serrated borders, or existing continuously over the whole surface. The tongue resembling a ripe strawberry. In rubeola the eruption appearing first on the head and gradually extending over the cutaneous surface. The color a dull or deep red. The eruption elevated, and the coalescing papules grouped in crescentic forms. Febrile movement not diminished at the time the eruption appears. In roseola the eruption appearing irregularly on different parts of the cutaneous surface. The color rose-red. The eruption not elevated. The febrile movement slight. No affection of the throat or air-passages.

Stage of Desquamation.—In variola, concretion of pus and the formation of crusts or scabs. In scarlatina the epidermis exfoliated sometimes in branny scales and sometimes in large flakes or patches. In rubeola, desquamation frequently wanting, and, when it occurs, always furfuraceous. In roseola, no desquamation.

Complications and Sequels.—In variola, no special tendency to any particular complications or sequels, but erysipelas, furunculi, and subcutaneous abscesses not uncommon. In scarlatina, a special tendency to renal disease, leading frequently to general dropsy and involving danger from uræmia. In rubeola, tendency to pulmonary affections, viz., capillary bronchitis, diphtheritic laryngitis, and pneumonitis, more especially the latter. Liability to tuberculous affections after recovery. In roseola, no complications nor sequels.

DENGUE.

The following succinct account of the epidemic affection commonly called *dengue*, an unclassical name of uncertain derivation, is based chiefly on communications by Prof. Dickson, Dr. Wm. T. Wragg, Dr. Henry F. Campbell, and Prof. Fenner, describing the affection as it occurred in Charleston, S. C., Augusta, Ga., and New Orleans, in the year 1850. Prof. Dickson's name is especially identified with the affection from his having been the historian of its visitation in this country in 1828, and he has contributed more largely to what is known respecting it than any other writer. Collated abstracts from the communications just referred to are contained in a report of the Committee on Practical Medicine to the American Medical Association in 1851, of which committee the author of this work was chairman. For a fuller account of the affection than is consistent with the scope of this work, the reader is referred to that report, and to the writings of Dickson.[1]

The affection prevailed extensively in the West India Islands in 1827 and 1828, and about the same time in many parts of the Southern States of this country. An affection supposed to be the same prevailed in Philadelphia in 1780, and was described by Rush. It was then, as since, frequently known as the *breakbone fever*. Other epidemics supposed to be identical have occurred at various periods in other parts of the world. Cocke and Copland apply to an epidemic affection supposed to be the same the name *scarlatina rheumatica*.

The development of the affection is either abrupt or slow. The symptoms attending its development are anorexia, chilly sensations, but rarely a proounced chill, languor, lassitude, and general malaise. These symptoms xist in some cases for only twenty-four hours, but in other cases for several ays before the affection is fully developed.

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[1] Transactions Am. Med. Association, vol. iv., 1851.

After the access or forming period follows a febrile stage or a paroxysm f fever. The duration of the febrile movement varies from nine hours to hree or four days, the average duration being about thirty-six hours.)uring this stage, and sometimes during the access, acute, often excruciatig, pains in the head, eyes, muscles of the neck, loins, and extremities are rominent traits of the affection; hence the name *breakbone fever*. The ains diminish or disappear with the cessation of the fever, and the patient, 'ho had taken to the bed with the onset of fever, is now able to sit up, and omplains only of debility; perhaps he returns to his accustomed avocations. ut in four or five days the pains often return, with frequently a recurrence f the febrile movement, debility, and malaise, compelling a return to the ed.

In the great majority of cases, an eruption occurs at a variable period fter the febrile paroxysm. The eruption presents, in different cases, a iversity of characters. It resembles in some cases very closely the effloresence of scarlatina. In other cases it is not unlike the eruption of rubeola. t is sometimes papular, like either lichen or urticaria, and it is sometimes esicular, like either sudamina or varicella. Erysipelas and purpura are ccasionally observed. Hemorrhage from the nose, mouth, bowels, and terus occurs in some cases.

The convalescence is often tedious; the recovery of strength, appetite, etc., s apt to be slow. The average duration of the disease is about eight days. Relapses are not infrequent. As regards incidental events and sequels, onvulsions, in children, occasionally usher in the attack; delirium, like that f delirium tremens, has been observed succeeding protracted vigilance, and n pregnant women miscarriage is apt to take place. A rheumatic condition f the joints, abscesses, boils, and carbuncles are not infrequent sequels.

The extent of prevalence of this epidemic in Charleston and other places s remarkable. Dickson states that all the members of numerous large houseolds were attacked without a single exception, and of his own family, leven in number, he alone escaped. Wragg computes the number of cases at ne time in Charleston at 10,000, and during the epidemic seven or eight-tenths f the population were affected. All classes are attacked, persons of either ex, children and octogenarians. As an illustration of its universal prevaence, the editor of the *Southern Medical and Surgical Journal*, in his issue or December, 1849, apologized for typographical errors by saying that ' the editor, publisher, and printers were all suffering from *breakbone fever.*" n the village of New Iberia, Louisiana, the population in 1851 did not xceed 250. Dr. Duperier states that in six weeks 210 of the inhabitants f this village, and about 40 from the neighborhood, had gone through the isease.

The duration of epidemics is brief, ceasing usually in six or eight weeks.)f the circumstances giving rise to the special cause, nothing definite is nown. Dickson regards the affection as contagious. This opinion is opposed y the rapid and almost simultaneous diffusion of the affection, by the limiation of its prevalence to towns or within a circumscribed area, and the hort duration of epidemics. It is an affection chiefly occurring in warm limates, and prevails especially in cities and large towns. To the latter ule there are, however, striking exceptions.

This affection, although extremely distressing, and presenting not infreuently severe symptoms, is very rarely, if ever, fatal. Its apparent intenity is in striking contrast to the absence of danger.

The affection is self-limited, and there are no known means of arresting or abridging it. The treatment, therefore, consists of palliative measures. Opiates to relieve the pains, restlessness and vigilance, are indicated. The degree of suffering, in some cases, warrants the use of chloroform by inhalation. Rubefacients to the spine and in other situations are useful. Alcoholic stimulants, given pretty freely, have been found beneficial. During convalescence, tonic remedies and hygienic measures to promote appetite and the recovery of strength, are indicated.

CHAPTER IX.

Diphtheria—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment.

Of the constitutional affections, exclusive of the essential fevers, which remain to be considered, one of the most important is the affection now commonly known as *diphtheria*. This affection has prevailed at times as an epidemic, in various parts of the world, from a remote period. It has been described by writers in different countries and epochs, under a variety of names, such as, *ulcus Egyptiacum vel Syriacum*, *cynanche maligna*, *angina maligna*, *angina gangrænosa*, *morbus suffocans vel strangulatorius*, *Garrotillo*, *malignant sorethroat*, *epidemic croup*, etc. In this country, until within the last few years, it has occurred rarely, and to a limited extent, during the present century. It was described by Bard, in 1789, under the name, *angina suffocativa*. The distinctive characters of the affection were very clearly elucidated by Bretonneau, in 1821, 1825, and 1826, who applied to it the term *diphtherite*, whence originated the name *diphtheria*. This name, the significance of which relates to the most characteristic local event, viz., the formation of a false membrane, has, to say the least, the negative merit of not involving any hypothesis concerning the pathology of the affection.

Anatomical Characters.—The characteristic feature, as just stated, is the presence of a false membrane, that is, the local affection is an inflammation attended with the exudation of lymph. This feature is the rule in serous inflammations, but in diphtheria the mucous membrane especially is the seat of the local manifestation of the disease, and in mucous inflammations the formation of a false membrane is exceptional.

The faucial mucous membrane, in the vast majority of cases, is primarily affected, and, in a certain proportion of cases, the local affection is limited to this situation. The first appearance is redness of the fauces accompanied by more or less swelling of one or both of the tonsils. The exudation, at first thin and semi-transparent, becomes opaque and more or less thick. It is at first soft, like exuded lymph in other situations, but becomes more or less dense and firm. The lymph is deposited successively in layers, forming a stratified false membrane. This is white or ash colored, but it may become dark and even black from decomposition and the imbibition of blood. It may also be colored by remedies and by matters vomited. The patches of exudation present well-defined abrupt margins. When unusually thick, the false membrane resembles wet parchment or chamois leather. Examined microscopically, it shows fibres, granules, the epithelium proper to the mucous membrane, to which it adheres more or less closely, pus globules, blood globules, and occasionally cryptogamous vegetable productions. It is essentially identical, as regards gross and microscopical characters, with the false membrane in true or diphtheritic croup.

Different cases differ in the extent of the affection within the fauces. One or both of the tonsils may be alone affected. These bodies are sometimes greatly swollen so as almost to meet, and in other cases they are only moderately enlarged. The exudation may extend over the posterior part of the pharynx, the palatine arches, the uvula, and, forward, over the greater part, or the whole, of the soft palate. It may be uniformly diffused in these situations, but is oftener in distinct irregular patches. Redness extends beyond the margins of the exudation, and the parts affected, other than the tonsils, are somewhat swelled. With the forceps the false membrane may be detached in strips or patches, and the mucous membrane beneath is simply excoriated or deprived of its epithelium. Frequently bloody points are apparent on the surface from which the membrane has been detached. Ulcerations and gangrene are rare. The false membrane when thick, loose, and dark or black, however, presents an ulcerated or gangrenous appearance, which is implied in some of the names formerly given to the affection. Sooner or later, if life be sufficiently prolonged, the false membrane is thrown off. The exfoliation sometimes takes place in three or four days, and it is sometimes delayed even to twenty days. Not infrequently it is followed by a second, and sometimes a third, and even a fourth formation of false membrane.

The lymphatic glands of the neck, and especially those behind the angle of the lower jaw, are more or less enlarged, painful, and tender, in the great majority of cases. As a rule, the amount of enlargement corresponds with the affection within the throat. If the latter be limited to one side, the glands on the same side may be alone affected. The glandular affection rarely proceeds to suppuration.

The diphtheritic exudation within the throat is to be discriminated from the follicular secretion, which is sufficiently common, especially over the tonsils. The latter is a pultaceous deposit, not membraniform, not removable in strips or patches, and may be seen to dip into the follicles. Pharyngitis with follicular secretion is often called diphtheria. This term, however, is correctly applied only to cases in which a true diphtheritic exudation exists. During the epidemic prevalence of diphtheria, cases of simple pharyngitis, or of pharyngitis with follicular secretion are often rife. The affection in these cases may be due to the epidemic influence, but the disease is comparatively trivial, and, hence, the rate of fatality in different collections of cases of so-called diphtheria will vary according to the accuracy of diagnosis, or the strict observance of the proper application of the name.

In mild cases of diphtheria the disease manifests itself locally in the fauces alone, but in cases of more or less severity and danger the diphtheritic affection extends to other situations. The posterior and anterior nares, on one or both sides may be the seat of inflammation and exudation. The Eustachian tube is sometimes involved. The mucous membrane of the cheeks and gums may present patches of, or be completely coated with false membrane. The eye is sometimes invaded, and the diphtheritic conjunctivitis involves considerable danger of destruction or impairment of vision chiefly from opacity of the cornea. The diphtheritic inflammation sometimes invades the œsophagus, and may extend quite to the stomach. A more serious extension is into the larynx. The disease then involves the morbid conditions which exist in true or diphtheritic croup. As in croup, the inflammation and false membrane extend to the trachea, and may extend into the bronchial tubes, reaching, in some cases, the tubes of small size. As a rule, however, it does not extend beyond the trachea. In the cases in which the parts adjacent to the fauces become affected, the affection is not be considered as spreading to these parts, but they are consecutively invaded, that is, the affection of these parts, as of the fauces, is a local manifestation of the constitutional disease. This consideration has an important practical bearing.

The parts communicating with the fauces are not the only parts liable to be affected in cases of diphtheria. The meatus auditorius externus, the anus, the vulva, and prepuce, are sometimes affected. The exudation also appears in some cases on the skin in parts excoriated, as behind the ears, on vesicated surfaces, ulcers, leech-bites, in short, wherever the skin is deprived of the epidermis. Exceptionally the local affection may be seated in some one or more of the parts which have been named, exclusive of the fauces, the latter remaining unaffected. Different cases differ as regards the number of parts affected. Parts other than those primarily affected are liable to be invaded at any time during the career of the disease.

There are no ascertained anatomical characters of this disease in addition to those belonging to the diphtheritic inflammation of certain portions of the mucous membrane and skin. Morbid appearances of internal organs, which may be found after death, are due to coincident affections or complications.

Clinical History.—Diphtheria presents in different cases such differences as regards general and local symptoms, the latter incident especially to the localizations of the diphtheritic affection, that some writers have instituted several varieties of the disease. Without adopting formally any of these, it will suffice to indicate the important diversities in connection with the symptomatology.

A marked point of difference relates to the development of the disease. The attack is sometimes acute, commencing with a chill more or less pronounced, which is followed by high febrile movement. But not infrequently the development is gradual and insidious, the patient complaining of indefinite ailments, and the characteristic affection of the throat being discovered on inspection, when there were few or no local symptoms pointing to the existence of the disease. As stated by Prof. Clark, "the initiatory symptoms have no definite relation to the future severity of the disease, or to the parts which are to be the seat of the inflammatory exudation."[1] After the development of the disease, the symptoms are naturally divided into general and local, the latter being referable especially to the parts affected with diphtheritic inflammation.

The affection of the fauces is rarely accompanied with notable pain or soreness, hence a liability to overlook its existence. The sensibility of the parts appears, in some cases, to be diminished. Deglutition is sometimes painful, but in other cases, unattended with pain. Incomplete paralysis of the muscles concerned in deglutition, which will be noticed as a sequel, is sometimes a concomitant of the disease, giving rise to more or less difficulty of swallowing, especially liquids. These may regurgitate through the nose. If the exudation be abundant and loose, pharyngeal rales with respiration occur, especially during sleep. The breath in some cases is notably fetid, suggesting the idea of gangrene of the throat or lungs, events not frequent in the history of the disease. The extension of the false membrane over more or less of the buccal mucous surface occasions more or less pain in connection with the introduction into the mouth of food or drinks, together with ptyalism, stiffness of the parts, involving difficulty of articulation and absence of taste. The affection of the anterior nares is preceded and accompanied by a discharge which produces irritation and swelling of the upper lip, limited to one side of the lip if one nostril only be affected. In other situations accessible to view, on a mucous surface or on the skin, the diphtheritic inflammation gives rise to more or less pain and soreness, and is attended by a sero-purulent discharge, variable in quantity, frequently ichorous and sometimes fetid, gangrene and ulcerations occurring very rarely. As a rule, the gravity of the disease is commensurate with the extent of the local affection and the abundance of the exudation. It does not follow from this fact that the gravity depends on the local affection—the latter is a criterion, not the cause, of the former.

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[1] Lectures on Diphtheria. American Medical Times, vol. ii., 1861.

The symptoms denoting an invasion of the larynx are essentially those which belong to the history of diphtheritic laryngitis or true croup. These have been already considered.[1] Cough, having more or less of the characters known as croupous, feebleness of the voice with elevation of pitch, or aphonia, and labored, stridulous respiration, point to this most serious localization of the affection. The embarrassment of respiration is increased paroxysmally, as in simple laryngitis or in true croup, from the addition of spasm of the muscles of the glottis. Swelling of the tonsils and pharynx may be sufficient to occasion some obstruction to respiration without an invasion of the larynx. It is to be borne in mind that laryngitis may be excluded so long as the voice remains unaffected. I have all along referred to diphtheritic laryngitis or true croup as an affection distinct from the disease under present consideration. The reasons for this will be stated in connection with the pathological character of diphtheria. Diminished respiratory murmur and embarrassment of the respiratory function out of proportion to the amount of laryngeal obstruction, with the presence of moist bronchial rales, denote an extension of the affection to the bronchial tubes.

Passing to symptoms not directly referable to the parts affected with diphtheritic inflammation, different cases differ widely as respects the amount of constitutional disturbance. Irrespective of an affection of the larynx, which of necessity involves great danger, cases are either mild or more or less severe. In some mild cases the disease is almost trivial, patients not taking to the bed and even scarcely heeding the disease. But, however mild cases may be at the outset or during more or less of the career of the disease, there is always a liability to the occurrence of diphtheritic inflammation in new situations, to the development of grave symptoms, and to important sequels. In the cases in which the disease is mild throughout its career, the diphtheritic inflammation is confined to the fauces, or, exceptionally, to a limited space in some other situation.

In cases of greater or less severity, the clinical history embraces symptoms referable to the different anatomical systems, viz., the circulatory, cutaneous, respiratory, digestive, nervous, and urinary.

The pulse in some cases becomes very frequent; in other cases the acceleration is moderate, and it is sometimes slight. In the course of the disease the pulse is sometimes at first more or less rapid, and afterward suddenly falling below the average of health. Aside from frequency, the pulse is soft or compressible, not denoting augmented power of the heart's action. It is sometimes irregular—a symptom of unfavorable omen, if it be independent of pre-existing organic disease of the heart. Hemorrhage from the nostrils is not an infrequent symptom; it occurs occasionally from the throat and mouth. Epistaxis is sometimes so profuse as to require mechanical means for its arrest. Under these circumstances it denotes great gravity and danger, and hemorrhage in other situations is to be regarded as ominous.

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[1] *Vide* page 224.

The skin rarely presents much increase of heat. In some cases there is no increase, and not infrequently in the course of the disease the surface becomes cool or cold. Petechial spots or ecchymoses are sometimes observed, occurring generally in connection with hemorrhage from mucous surfaces. In grave cases the skin presents an anæmic aspect, even when hemorrhage has not occurred. In the cases in which the air-passages become affected, there is more or less lividity of the surface, especially marked on the face and prolabia. The disease has no characteristic eruption; rose-spots are sometimes observed and other forms of eruption, viz., erythema nodosum, urticaria, and sudamina, but these are accidental.

The symptoms referable to the respiratory system are due to diphtheritic inflammation of the larynx, trachea, and the bronchial tubes. These have been already referred to among the symptoms incident to the local affections characteristic of the disease. If life continue sufficiently, false membrane, in these cases, is expectorated, sometimes in the form of hollow tubes like maccaroni, but generally in patches of irregular size and shape.

The desire for food is generally either notably diminished or lost. Aside from pain and difficulty in deglutition, or the suffering caused by food and drinks when the mouth is affected, there is often an invincible repugnance to nourishment, so that, in children, aliment, if given at all, must be forcibly administered. Vomiting is a frequent, and, in some cases, a prominent symptom. This, as well as anorexia, is serious from its interference with alimentation. Diarrhœa is not uncommon, and is a symptom of bad omen. In the cases in which the diphtheritic affection extends into the œsophagus, false membrane is expelled by vomiting in the form of ribbons, provided death do not take place before the exfoliation is completed.

In the majority of cases the mind is unaffected. Slight passive delirium occasionally occurs, and sometimes the delirium is active. The latter denotes great gravity of the disease. Convulsions and coma are rare, but both are of occasional occurrence. Convulsions have been observed at all periods of the disease; coma is the forerunner of a fatal termination. It remains to be ascertained whether coma and convulsions, occurring in this disease, are generally due to uræmia.

Albuminuria is a frequent symptom. The proportion of cases in which it occurs is variable. Abeille found the proportion two-thirds in one year and one-third in another year. Of 48 cases studied by this author in different years, it existed in 19. Generally, the albumen contained in the urine is small, but it is sometimes abundant. In the cases in which it is likely to be abundant, the diphtheritic exudation is large and the swelling of the glands of the neck unusually great. It is only within a recent date that the attention of the profession has been called to the existence of this symptom in diphtheria. It was first observed by Wade, of Birmingham, England, in 1857. Further data are required to elucidate fully its pathological importance. General dropsy in connection with albuminuria is rare; it has, however, been observed in a small number of cases by Abeille and Sée. Fibrinous casts are rarely found in the sediment of the urine. Hæmaturia has been observed in cases presenting the symptoms of purpura. As regards other points connected with the urine, clinical observation has, as yet, furnished nothing worthy of note.

The duration of the disease is from one to two weeks. In fatal cases the duration may fall short of a week, death sometimes taking place within forty-eight hours. On the other hand, the illness may continue for an indefinite period beyond the maximum duration of the career of the disease, owing to consecutive affections or sequels. Aside from the characteristic diphtheritic affections which are properly components of the disease, complications are rare and accidental. Pneumonitis is occasionally developed; and the affection of the kidneys giving rise to an abundance of albumen in the urine and sometimes to general dropsy is perhaps to be regarded as a complication.

Diphtheria may be associated with other diseases. Its concurrence with scarlatina, measles, and smallpox has been repeatedly observed. Prof. Clark has reported an interesting case in which the diphtheria appeared to be held in abeyance during scarlatina and measles, these two affections following each other in quick succession, the diphtheritic disease afterward resuming its course and proving fatal.[1]

The sequels of this disease form an important part of the clinical history. Anæmia and general debility are apt to persist for a considerable period. Feebleness of the action of the heart sometimes exists to such a degree as to lead to sudden death from syncope. The feebleness appears, in some cases, to be due to a paralyzed condition of the heart.

Paralysis affecting more or less of the voluntary and sometimes the involuntary muscles is a characteristic sequel. The muscles of the soft palate and pharynx are oftenest affected, and paralysis here generally precedes its occurrence elsewhere. The palatine muscles are sometimes affected during the course of the disease, but generally after a period varying from a week to four weeks from the date of convalescence. In a slight or moderate degree, the paralysis in this situation is denoted by a certain amount of difficulty in deglutition and the regurgitation of liquids through the nostrils. In a greater degree, which is happily rare, there is very great difficulty in swallowing, and it may be even necessary to introduce aliment by means of the stomach-tube. Under these circumstances, sudden death has been caused by the passage of aliment into the larynx. On inspection, the soft palate is seen to be relaxed and immovable. The paralysis affects the sensibility of the parts, so that the palate remains motionless when irritated with a pointed instrument. The existence of paralysis in this situation is indicated by a nasal intonation of the voice, and sometimes by a snoring sound in respiration. A patient who was affected with moderate paralysis in this situation complained of the fatigue which deglutition occasioned, the labor of swallowing being so great as to render it difficult to eat sufficiently to satisfy the appetite. The paralysis in some cases affects the tongue and muscles of the face, so that articulation is difficult, and the patient may be unable to perform the acts of suction and whistling. The act of gargling is also difficult or impossible.

The paralysis is sometimes limited to the muscles of the palate, pharynx, and mouth, but not infrequently it extends to other muscles. Exceptionally, the paralysis is manifested primarily, or solely, elsewhere than in the throat and mouth. The lower limbs are most apt to be affected, and paralysis here generally takes precedence of its occurrence in the upper extremities. The paralysis of the limbs is developed gradually, and is preceded by tingling, numbness, and a sensation of coldness. The loss of power over the muscles may be complete, or the paralysis may have different degrees of incompleteness. The paralysis sometimes assumes the form of hemiplegia. One of the upper extremities may be paralyzed in connection with paraplegia. The upper limb on one side and the lower limb on the opposite side may be alone affected. Trousseau has observed the paralysis to affect successively and recurrently the different extremities. Finally, the paralysis is sometimes general, that is, all the extremities are paralyzed, and, in addition, the paralysis may involve the face, the muscles of the throat and mouth, of the neck and trunk, and certain of the involuntary muscles. Cases in which the paralysis is so extensive are happily extremely rare.

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[1] Lectures on Diphtheria.

In connection with the paralysis of motion, the sensibility in the affected parts is often notably diminished. The power of feeling pain is either lost or more or less impaired (anæsthesia), and also the tactile sense (analgesia. Exceptionally, the sensibility of the integument is morbidly increased (hyperæsthesia). The special senses are liable to be affected, more especially t sense of sight. Vision may be affected by paralysis of the external rectus muscle causing converging strabismus. Aside from this cause of disturbanc the most frequent form of disorder is presbyopia. The defect of sight i then obviated by the use of convex glasses. Occasionally the form of disorder is myopia. In these cases the disorder consists in defective power adjustment in the eye for distant or near objects. But in some cases th impairment of vision is amaurotic. Complete amaurosis occasionally occurs. There is reason to believe that the amaurosis is sometimes attributable, i part, at least, to uræmia. Disordered vision is in some cases the first of t paralytic sequels, and the paralysis is sometimes limited to the organs o sight. The other special senses, viz., taste, smell, and hearing, are sometimes affected, but rarely as compared with the sense of sight.

The paralysis sometimes affects the intercostal muscles and diaphrag giving rise to dyspnœa, and involving danger from inability to carry on t respiratory acts. The muscles concerned in defecation are sometimes paralyzed, causing retention of, or inability to retain the feces. In like mann the paralysis may affect the bladder causing retention of urine, or, on t other hand, the sphincter muscle may be affected, giving rise to incontinen Notable impairment or loss of virile power may be here mentioned as o of the sequels of diphtheria.

The paralysis in the different situations in which it occurs after diphther is functional, that is, it is not dependent on appreciable lesions. In fa cases lesions are not discoverable, and, if death do not take place, t paralysis is temporary; recovery may be confidently expected after the la of a few weeks or months. The pathological explanation of the para cannot be given. It is in some way connected with the special cond which exists in diphtheria, for functional paralysis is extremely rare a sequel of other diseases. It is not associated constantly with urinary chan which point to uræmia; on the other hand, uræmia occasions convul and coma oftener than paralysis, and these are not among the seque diphtheria. As regards the frequency of the paralytic sequels, more less impairment of deglutition is common, but paralysis elsewhere occur a minority of cases. These sequels take place in cases of mild as we severe diphtheria.

PATHOLOGICAL CHARACTER.—Diphtheria is manifestly a constitutiona ease. The diphtheritic affection is the local expression of a special m condition of the system. And in this, as in other constitutional diseases essential morbid condition is supposed to involve blood changes, the n of which remains to be ascertained. Symptoms denoting constitutional turbance precede the occurrence of diphtheritic inflammation. The la therefore, is not to be regarded as giving rise to the former. Moreover constitutional disturbance is often out of proportion to the local manif tions. It is true the diphtheritic exudation, as regards its extent and am bears a certain relation to the gravity of the disease, but this is cons with the fact that the exudation is the local expression of the disease.

By the French writers, under the name diphtheria is embraced the a tion of the larynx and trachea known as diphtheritic laryngitis or roup. The latter affection is identical with diphtheria in so far as the nflammation is characterized by the exudation of lymph or the formation of false membrane. Other circumstances, however, show the non-identity of he two diseases. Diphtheria occurs and may prove fatal without any affec-ion of the larynx. If the term true croup be applied to laryngitis whenever he inflammation leads to fibrinous exudation, it is proper to say that croup s liable to occur as an intercurrent affection in certain cases of diphtheria. hese cases differ materially from cases of croup occurring irrespective of iphtheria. In cases of diphtheria with croup, the exudation is more bundant and extensive in the fauces than in cases of croup without diphheria. In the latter, the exudation does not extend to the nares, into the sophagus, etc., nor does it occur in other situations. The enlargement of he cervical glands is greater in cases of diphtheria. Albuminuria is not f frequent occurrence in primary croup; the febrile movement and other eneral symptoms are more symptomatic of the local affection, and the ffection is not followed by paralysis. Moreover, primary croup is a sporadic ffection, whereas diphtheria prevails as an epidemic, and the latter does not, ke the former, affect almost exclusively children.

Diphtheria has been considered by some as identical with scarlatina. The on-identity of these two affections is shown by the absence, in the former, the efflorescence which is present in the great majority of the cases of e latter; by the recurrence of diphtheria in the same person once or fre-ently in numerous instances, and by the occurrence of diphtheria in those ho have had scarlatina. Moreover, the following important points of differ-ce relate to the clinical history: Scarlatina is developed rapidly, and phtheria often gradually. In diphtheria there is a tendency to an exten-on of inflammation within the larynx; this very rarely occurs in scarlatina. he characteristic sequels of scarlatina, viz., albuminuria and general dropsy ry rarely follow diphtheria, and, on the other hand, the characteristic quel of diphtheria, viz., paralysis, very rarely follows scarlatina.

A diphtheritic affection of the throat, however, occurs as an element of arlatina, and, as already stated, the two affections may exist in combina-n. The following facts which came under my observation in the practice Dr. Brady, of Brooklyn, seem, at first view, to point to the identity of ese affections, but probably exemplify their combination. I was requested Dr. Brady to see in consultation a boy aged 4 years, affected with com-te hemiplegia and general dropsy. The urine abounded in albumen. is boy had recently had diphtheria, the exudation in the fauces being undant. There had been no eruption. After his convalescence a sister was acked with scarlatina, the rash being abundant. The boy had the charac-istic sequels of both diphtheria and scarlatina, and there was ground for suspicion that he communicated the latter affection to his sister. He overed from the dropsy and the paralysis.

An important pathological question relates to the agency of the local ctions in inducing more or less of the constitutional disturbance in cases diphtheria. The view appears to be held by many that septicæmia is duced by resorption of the exudation. The practical bearing of this w is obvious. If the view be correct, it is immensely important to limit, ossible, the amount of exudation, and to effect as speedily as practicable separation of the false membrane. The view is, however, conjectural; l it is more rational to attribute all the constitutional symptoms to the mary and essential morbid condition which constitutes the disease, rather n to suppose a reinfection of the system by the morbid products on the amed parts.

CAUSATION.—Diphtheria rarely occurs sporadically. It is eminently an epidemic disease. Like other epidemic diseases, it has its special cause. Is the special cause a contagious virus or an infectious miasm; in other words, is the disease communicable? The affirmative is held by many distinguished clinical observers. Examples of persons becoming affected after having been brought into close contact with cases of the disease are numerous; but such cases, during the prevalence of an epidemic, do not prove communicability of the disease. Striking instances are reported, in which the disease appeared to be produced by the accidental introduction of some of the diphtheritic exudation into the mouth or nostrils; yet, repeated experiments made by Trousseau and Peter, to produce the disease by inoculation, proved invariably ineffectual. Peter even went so far as to apply freely to the throat [illegible] charged with diphtheritic matter. The strongest proof of contagiousness is afforded by instances which appear to show importation of the disease. Such instances are cited by Greenhow, Trousseau, and others. It is questionable whether the number of these instances precludes the supposition that they only show coincidences, or whether the special cause may not have been transported without having been produced within the bodies of those affected. Regarding the question of communicability as *sub judice*, it is certainly proper that precautions should be taken to avoid needless and excessive exposure.

Epidemics of diphtheria are irregular in their occurrence. It is a remarkable fact that they were scarcely known in America from the epidemic of 1771, described by Bard, up to about 1856, and since the latter date they have occurred in all parts of the continent. The disease is often limited in its prevalence in particular sections, to a circumscribed area. For example, it has been observed to be restricted to a narrow strip of land on the bank of a stream. The special cause seems to require auxiliary causes, at present unknown, which are peculiar to certain localities.

The susceptibility to the disease is not equal in all periods of life. In the great majority of cases, patients are between three and twelve years of age. Persons of any age are, however, liable to be attacked. The following analysis of 461 cases, by Daviot, will serve to show the relative liability to the disease at different periods of life: The number of cases under 5 years was 148; between 5 and 10 years, 112 cases; between 10 and 15 years, 86 cases; between 15 and 20 years, 46 cases; between 20 and 30 years, 32 cases; between 30 and 40 years, 28 cases; between 40 and 50 years, 8 cases; and between 50 and 60 years, one case.[1] The number of females in these cases exceeded somewhat the number of males. Circumstances pertaining to social position, occupation, etc., do not appear to be connected with the causation.

Different epidemics differ as regards certain features of the disease and the rate of fatality. In some epidemics there is an unusual tendency to the invasion of the larynx, and the amount of exudation in other situations is unusually large in the majority of cases; in other epidemics the local affection is confined to the fauces, as the rule, and the disease is generally mild. In respect of variations at different times and places, diphtheria resembles other epidemic diseases.

DIAGNOSIS.—Prior to the occurrence of inflammation and exudation, the disease presents no distinctive traits, and the characteristic local manifestations are preceded by general symptoms for a variable period. These sy toms are sometimes slight, but in some cases violent. For example—in a case which I attended with the late Prof. C. R. Gilman, the affection of the throat was preceded by high febrile movement and delirium, and, as the attack commenced shortly after confinement, the disease was at first supposed to be puerperal fever. In a case which came under the observation of Dr. Bogart, of this city, the patient, for twenty-four hours after the attack, presented such an alarming degree of prostration that death appeared to be averted only by the persistent and free use of stimulants. Pain and tenderness existed over the abdomen, and peritonitis was suspected. After twenty-four hours, however, the nature of the disease was declared by the occurrence of exudative pharyngitis. In both these cases recovery took place. It is not improbable that death is sometimes due to the overwhelming violence of the disease at its onset, before the diagnostic features are developed.

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[1] Lectures on Diphtheria, by Prof. Clark.

The diagnosis is sufficiently easy when the local manifestations have taken place. The only liability to error has been already referred to, viz., confounding with the true diphtheritic exudation the follicular secretion in some cases of pharyngitis. The distinctive points have been stated under the head of anatomical characters. It may be here repeated, that cases of simple pharyngitis occurring during the prevalence of diphtheria are not to be considered as cases of the latter disease; in other words, the exudation is an essential diagnostic criterion. Ordinary sore throat, with more or less constitutional disturbance, which is of frequent occurrence when diphtheria prevails, is doubtless due to the epidemic influence, just as ordinary diarrhœa during the prevalence of epidemic cholera arises from the choleraic influence, and the former should not be called diphtheria more than in cases of cholerine the disease should be called cholera.

PROGNOSIS.—Statistics, communicated by different observers, showing the rate of mortality from diphtheria, present a very wide range of variation. This is measurably due to the fact that, irrespective of treatment, the fatality in different epidemics actually varies within widely separated limits. The variations in statistics are also due in a measure to the error of confounding with diphtheria, pharyngitis with follicular secretion, and the error of applying the name diphtheria to all cases of sore throat occurring during an epidemic. Without attempting, therefore, to express the average death-rate in figures, it will suffice to say that it is sometimes very large and sometimes comparatively small.

The danger is, first, from an invasion of the larynx. Of the cases in which the air-passages become involved, the vast majority end fatally. The prognosis in these cases is always exceedingly unfavorable. Apnœa either causes or contributes to the fatal result whenever the larynx becomes involved. The patient cannot be considered as secure against diphtheritic laryngitis so long as the career of the disease continues, but the danger from this source progressively diminishes after the first week.

The danger is, second, from asthenia or exhaustion. The violence of the disease may destroy life within forty-eight hours from the date of the attack, or perhaps at an earlier period. In these cases, the disease is truly called malignant. Using the language of metaphor, for the want of precise knowledge of the general conditions on which the fatality in these cases depends, the vital powers are said to be overwhelmed with the force of the disease. But in the larger proportion of the cases in which the disease proves fatal by asthenia, the powers of life are gradually exhausted, and death takes place in the second week. In the cases in which the larynx is unaffected, the prognosis is always unfavorable if the diphtheritic exudation extend from the fauces into the posterior and anterior nares, if it pervade extensively the buccal membrane, or if it exist abundantly in other situations. Other unfavorable prognostics are, frequent vomiting, diarrhœa, copious epistaxis or hemorrhage in other situations, great frequency, irregularity, or feebleness of the pulse, coldness of the surface, abundance of albumen in the urine, convulsions, delirium, and coma.

A fact important to be borne in mind is the liability to sudden, fatal syncope in this disease. This has occurred unexpectedly in two cases under my observation. It may occur in cases which, as regards the general symptoms, do not present an appearance of great gravity. It generally occurs on some unusual exertion, as in getting out of bed; it has been known to occur even during convalescence.

The paralytic affections which are liable to supervene do not, in general, involve danger. The danger incident to these affections relates to inanition in the cases in which deglutition is extremely difficult or impossible, and to apnœa when the respiratory muscles are involved in the paralysis.

TREATMENT.—With reference to therapeutical indications, it is convenient to divide cases into those with and those without a diphtheritic affection of the larynx. And, *first*, of the treatment of cases in which the larynx does not become affected. The indications in these cases relate to the general condition and to the local affection.

Bretonneau, Trousseau, with many others, attach chief importance to the local treatment. Theoretically, one reason for this is the belief that the system becomes infected by absorption of the diphtheritic matter. Regarding this belief as unfounded, local treatment with a view to prevent reinfection of the system has no rational ground of support. Another object of local treatment is to arrest the progress of the exudation and prevent its extension. But, with reference to this object, it is to be considered that the local affection does not, properly speaking, spread, but the progressive extension and successive invasion of different parts are due to the agency of an internal determining influence. The restriction of the diphtheritic affection in one case to a small space, and its wide diffusion in another case, depend on the essential morbid condition which constitutes the disease, and if so, topical treatment will be likely to exert little or no effect in limiting the amount or extent of the local manifestations. Turning from theoretical views to clinical experience, a large proportion, if not the great majority of the practitioners of this country have been led to discontinue the cauterizing and irritating topical applications which have been heretofore in vogue, and to content themselves with soothing and antiseptic local measures. So far as my own opportunities for observation enable me to judge, this practice is to be preferred. In the place, therefore, of a strong solution or the solid stick of the nitrate of silver, hydrochloric acid, the sulphate of copper, alum, and the astringent preparations of iron, applied repeatedly in the twenty-four hours, a gargle of a solution of the chlorate or nitrate of potassa may be employed if the patient be not too young or the act of gargling does not occasion much annoyance; ice may be taken into the mouth in small pieces frequently if the effect be agreeable, and if there be fetor a weak solution of the chloride of soda may be applied, or a solution of the iodide of bromine, two drops to a fluidounce of mucilage, the application being made by means of a camel's hair brush, as recommended by Prof. Metcalfe. A weak solution of either creasote or carbolic acid is doubtless a useful antiseptic application. A mild astringent application may sometimes be employed with advantage, and probably the best preparation is tannin combined with glycerine.

With reference to general treatment, it is to be considered that the disea-

s not controllable by any known specific remedy. In view of this fact, and
lso of the danger being from asthenia, it follows that the great object of
reatment is to support the system, endeavoring to keep the patient alive
ntil the career of the disease is ended. The therapeutical measures indi-
ated, therefore, are tonics, stimulants, and alimentation. Of remedies, the
ulphate of quinia, the tincture of the chloride of iron, and the chlorate of
otassa are especially to be named as having been found useful. Their use-
ulness is not to be denied although they do not exert a specific influence
ver the disease, as some have supposed. There is reason to attach much
mportance to alcoholic stimulants employed with proper discrimination.
The principles which should govern their employment are the same as in the
ssential fevers and other diseases tending to destroy life by asthenia. These
rinciples need not here be repeated. In this disease, as in the essential
evers, there is sometimes a notably increased tolerance of alcoholics. Jenner
ites a case in which two drachms of brandy were given hourly, with advan-
age, to a child three years of age. In a case of great severity which I saw
ith my colleague, Prof. Enos, half an ounce of brandy was given hourly,
he patient being thirteen years of age, without any excitant effect, the case
nding in recovery. In the use of alcoholic stimulants the physician is to
e guided by the indications and by carefully watching the immediate effects.
Alimentation is an essential part of the treatment. The diet should be con-
entrated, highly nutritious, and embracing the necessary variety of aliment-
ry principles. Milk and the animal essences meet these requirements. A
erious difficulty in the treatment often arises from the invincible repugnance
o nutriment, and sometimes from the persistence of vomiting. Owing to
he difficulty of alimentation in some cases, and sometimes to a want of
ppreciation of its importance, death takes place from innutrition.

All the measures heretofore known as antiphlogistics, viz., bloodletting,
eneral or local, purgation, mercurialization, emetics, and nauseants, are
ationally contraindicated by the simple fact that the danger is not from
he inflammatory manifestations of the disease, but from the general condition
hich tends to destroy life by asthenia. Clinical experience has abundantly
hown these measures to be injurious. Blisters and other counter-irritant
neasures are not to be employed, occasioning, as they are apt to do, new
oci of diphtheritic inflammation.

Symptoms incidental to the disease claim palliative treatment. Vomiting
s to be relieved by bismuth, creasote, or hydrocyanic acid. Diarrhœa calls
or opium and astringents. Anodynes are often required by restlessness
nd vigilance. Hemorrhage indicates the use of hemostatics topically and
nternally.

The treatment of cases in which diphtheritic laryngitis becomes developed
nvolves the same general principles as cases without the laryngeal affection.
But, in addition, are indicated measures to hasten the separation of the false
nembrane within the larynx, precisely as in cases of laryngitis with false
nembrane disconnected from diphtheria, that is, in cases of true sporadic or
rimary croup. The most efficient of the measures for this end, is the inha-
ation of warm vapor or steam. With reference to this measure, and other
oints relating to the treatment directed to the laryngeal affection, the
eader is referred to the chaper of this work devoted to croup.[1]

The rules with respect to tracheotomy or laryngotomy, when the danger
rom laryngeal obstruction is imminent, are the same as in cases of primary
roup. There is undoubtedly less hope of success from surgical interference
han in the latter affection. With reference to the propriety or importance

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[1] *Vide* page 227.

of the operation, however, the simple question is, are lives ever saved by it? This question is undoubtedly to be answered in the affirmative. The question, how many lives are saved, is of less importance in its practical bearing. If lives are ever saved by tracheotomy or laryngotomy in diphtheria, a practitioner is reprehensible if he allow a patient to die from laryngeal obstruction without opening the larynx or trachea. The patient is entitled to the chance of being saved by an operation, however small that chance may be.

The propriety of precautions against contagion has been already referred to. When practicable, removal, especially of persons between three and twelve years of age, beyond the epidemic prevalence of the disease is to be enjoined.

CHAPTER X.

Acute, Articular Rheumatism—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Subacute and Chronic, Articular Rheumatism—Muscular Rheumatism.

The term *rheumatism* is used to denote a constitutional disease characterized by certain local manifestations seated in the articulations and the fibrous tissues in other parts; the term has also been applied to neuralgic and other affections supposed to arise from the constitutional morbid conditions existing in the ordinary form of the disease. I shall consider, *first*, the affection to which the term rheumatism is *par excellence* applied, viz., *acute, articular rheumatism; second*, the affection, or affections, called *subacute or chronic rheumatism;* and, *third*, the affection known as *muscular rheumatism*. The disease called *gout* is in certain respects analogous to rheumatism, although presenting essential points of difference. After having considered the several forms of rheumatism just named, I shall consider gout, and, finally, an affection in which phenomena of rheumatism and gout are combined, as denoted by the name, *rheumatic gout.*

ACUTE, ARTICULAR RHEUMATISM.

Acute, articular rheumatism, as the name imports, involves an affection of the articulations or joints. The affected joints present the phenomena of inflammation. The lining membrane of the joints is, in fact, inflamed, but rheumatic inflammation in this situation has certain peculiarities, viz., it rarely leads to the exudation of lymph, to suppuration or structural lesions, and the inflammatory condition not infrequently completely disappears in the course of a few hours. The disease *per se* very seldom if ever proves fatal; but in cases in which life is destroyed by concomitant affections of internal organs, the affected joints are found to present, as a rule, only more or less effusion, which is sometimes opalescent, within the articular cavity, with thickening of the synovial membrane, and infiltration of the surrounding parts. Aside from these appearances the disease has no ascertained, constant, anatomical characters, except that the quantity of fibrin in the blood is notably increased. In the course of the disease certain internal organs are liable to become inflamed. The inflammation is generally seated in the fibro-serous tissues, and especially in the endocardium and pericardium. The inflammation in these situations differs from that of the joints in this, viz., it is apt to give rise to the exudation of lymph, and sometimes to suppuration. In a pathological view, the endocarditis, pericarditis, and other internal inflammations which occur in cases of acute articular rheumatism, are local manifestations of the disease, like the arthritic affections, but it is most convenient to consider them in the light of complications.

CLINICAL HISTORY.—Acute, articular rheumatism, in the majority of cases, commences with a sudden attack. Of 16 recorded cases, under my observation, which I have analyzed with reference to this point, in 9 the attack was sudden, and in 4 it occurred in the night time. In a certain proportion of cases, febrile movement, more or less marked, precedes the local manifestations for a period varying from a few hours to one or two days. Hence, one reason for the name *rheumatic fever*, instead of acute rheumatism. In most cases, however, the fever and the local manifestations are simultaneous in their occurrence. Sometimes pain and soreness of the joints precede the development of the disease for a variable period.

The development of the disease is denoted by an affection of one or more of the articulations. The local phenomena are pain, tenderness, increased heat, swelling and redness of the skin. The pain differs in intensity in different cases, but, as a rule, it is not intense so long as the parts are perfectly quiet. Pain is especially excited by movements of the affected joints. In severe cases the slightest motion is insupportable; even jarring the bed or room occasions suffering. Pressure over the joints is painful. Owing to the pain occasioned by movements, the patient feels obliged to maintain, as long as possible, a fixed position; changes of the decubitus cause often extreme suffering. Swelling is most apparent in joints not covered with muscle, viz., the knee, wrist, elbow, ankle, and the smaller joints of the hands and feet. It is less apparent in the hip and shoulder. The swelling is due, in part, to a morbid increase of liquid within the synovial cavity, and in part to effusion into the surrounding structures. The redness is due to an erythema in the form of patches or zones, which do not present well-defined borders. The redness, like the swelling, is not apparent over the hip and shoulder, but only over joints comparatively superficial. The swelling and redness are, in general, proportionate to the acuteness of the rheumatism.

In some cases several joints are affected either simultaneously or in quick succession; in other cases the affection is limited to a single joint for a greater or less period. In the course of the disease, in most cases, various joints are successively affected, and frequently a greater or less number of joints are affected at the same time. It is a peculiarity of the rheumatic inflammation to leave one or more joints abruptly, the local phenomena sometimes disappearing within a few hours, and to attack as abruptly other joints. Different cases differ as regards the number of joints affected in the course of the disease; in some cases few or no joints escape, and in other cases the rheumatic inflammation is limited to a few joints or to a single joint. The fibrous tissues elsewhere than within and around the joints, and exclusive of the visceral organs, are liable to be attacked. Thus, those of the dorsum of the hand and of the instep, the ligaments of the neck and back, and the sclerotic tunic of the eye are sometimes involved.

The disease is extremely irregular as regards the number of joints affected, either simultaneously or successively, the order in which they are attacked, etc.; yet, the local manifestations are governed by an important pathological law, viz., the law of parallelism. Corresponding joints are often affected together, and when this is not the case, the different affected joints are either on one side of the body, or joints on the two sides which are analogous, viz., the knee and elbow, wrist and ankle, hip and shoulder are affected in combination. In an analysis of 21 cases with reference to this point, out of 88 instances in which either a joint was affected singly or more or less joints affected in combination, there was but a single violation of the law of parallelism.[1] This disease, therefore, is eminently one of the bilateral or symmetrical diseases. As respects the relative liability of the different joints to become affected, the analysis just referred to showed the order to be as follows: The knee, ankle, wrist, shoulder, hip, elbow, phalangeal joints of hands, do. of the feet, and the maxillary joint.

Acute, articular rheumatism is always accompanied with more or less febrile movement. As already stated, the disease is sometimes called rheumatic fever. In addition to the fact that the fever sometimes precedes the local manifestations, a reason for the propriety of this name is to be found in the fact that the intensity of the febrile movement is not always in proportion to the number of joints affected or the intensity of the rheumatic inflammation, as denoted by pain, soreness, heat, etc. The researches of Louis show the fever to be less intense, as a rule, than in typhoid fever, pneumonitis, the eruptive fevers, and erysipelas of the face. The pulse rarely exceeds 90 per minute. The temperature, as shown by the thermometer in the axilla, according to the observations of Dr. Sidney Ringer, of London, vacillates irregularly between 102° and 110° Fahr.[2] Sweating is generally a symptom more or less prominent, occurring especially at night. The sweat emits a notably sour odor. The appetite is either lost or greatly impaired. Thirst is more or less urgent. The tongue is frosted or coated. The saliva becomes acid. Generally the bowels are constipated, but exceptionally there is diarrhœa. The urine is diminished in quantity; its specific gravity is high, owing to increase of urea and decrease of water; the coloring matter is increased, and, on cooling, the urates are deposited in abundance. The chlorides are sometimes deficient, and occasionally the urine is slightly albuminous. Pain in the head is not common. The intellect, as a rule, is not disturbed unless a cerebral complication occur, which is rare; but mild delirium is sometimes observed. In general, the strength is well preserved. Vigilance is usually a source of discomfort and more or less prostration, sleep being prevented by pain on change of position, and copious perspirations.

An important feature of acute articular rheumatism is its tendency to invade certain of the structures of the heart. Endocarditis occurs in a considerable proportion of cases. It is, however, less frequent than has been supposed by some, as already explained in treating of this affection. The inflammation, as a rule, is limited to the membrane lining the left cavities of the heart, and it affects especially the portion of this membrane which enters into the composition of the mitral valve. In a large proportion of the cases of valvular lesions of the heart, more especially mitral lesions, the point of departure is rheumatic endocarditis. Pericarditis occurs less frequently, the proportion being about one-sixth. As a rule, when pericarditis becomes developed, endocarditis coexists. For a consideration of these affections, as developed in rheumatism, the reader is referred to the section devoted to diseases affecting the circulatory system.[3] It may be repeated here that pericarditis and probably endocarditis sometimes precede the local manifestations elsewhere, for, although it is convenient to speak of these affections as complications, they are, properly speaking, to be reckoned among the local manifestations of the disease; that is, they are dependent on the same internal, determining cause to which the affection of the joints is to be referred. The structures of the heart and other internal organs are not affected in consequence of a change of place from the joints, or a metastasis, as formerly supposed, but in consequence of an elective affinity in the disease for certain issues, among which the endocardium and pericardium are included. But t is to be noted that rheumatic endocarditis and pericarditis differ from heumatic arthritis in this, they present, as a rule, the ordinary results of nflammation, viz., exudation of lymph, formation of false membrane, and ometimes suppuration, results extremely rare in the articular manifestations. The structures of the heart are apt to become involved in proportion to the cuteness of the rheumatism. They may become involved at any period in he course of the disease, but the liability is greatest in the early and middle eriod.

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[1] Analysis of twenty-one cases of articular rheumatism, by the author. Buffalo Medical Journal, March, 1854.

[2] Aitken, *op. cit.*

[3] *Vide* page 273 and page 264.

Bronchitis, pleuritis, and pneumonitis are occasionally developed. They re, however, so rare that it may be a question whether they be not accilental complications. Of 21 cases which I analyzed several years ago, and 3 cases more recently analyzed, the disease in the latter cases being left to ursue its natural course, making in all 34 cases, pneumonitis occurred in nly one case; and these cases furnished not a single example of pleuritis, rrespective of pneumonitis, nor a single example of bronchitis.

The meninges of the brain are sometimes affected. Examples, however, re extremely infrequent. Active delirium, convulsions, and coma are events hich have been observed in a small number of cases. In some of these ases the appearances denoting meningitis have been found after death, but other cases the cerebral structures were devoid of the evidence of inflamation. The events just named are sometimes associated with pericarditis, nd are probably connected pathologically with the latter affection. It may e conjectured that rheumatic inflammation may attack the meninges of the rain, leaving no traces after death, as has been observed with respect to e joints. There is also room for the supposition that, in some cases, elirium, convulsions, and coma may be due to uræmia, disease of the kideys being accidentally associated with rheumatism. That the morbid ondition of the blood proper to rheumatism may determine these events xically, as conjectured by Fuller and others, is hardly probable in view of e infrequency of their occurrence.

The duration of acute, articular rheumatism varies greatly. The disease ds from self-limitation, but the minimum and maximum of duration are idely apart. In 1862, I observed at Bellevue Hospital 13 cases which ere allowed to pursue their course uninfluenced by therapeutical interference, lliative remedies being alone employed.[1] The duration in these cases, spectively, from the date of attack to convalescence, excluding the case in hich pericarditis and pneumonitis occurred, was as follows: In three cases der 15 days, in one case between 15 and 20 days, in three cases between and 25 days, in three cases between 25 and 30 days, and in the remaining o cases 45 and 56 days. The mean duration was a fraction under 26 days. f 18 cases, treated in different ways, analyzed with reference to duration 1854, not excluding cases in which the cardiac structures were affected, e minimum duration was 7 days, and the maximum duration 47 days. e mean duration in these cases was a fraction over 17 days.

The illness of patients affected with rheumatism may be indefinitely proged by pericarditis and pleuritis. But of the cases which I analyzed in 54, embracing five cases of endocarditis and one case of endo-pericarditis, the minimum duration was 7 days, the maximum 26 days, and the average duration was a little less than of all the cases, viz., a fraction over 16 days.

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[1] *Vide* A Contribution toward the Natural History of Articular Rheumatism, by Author. Am. Journ. of Med. Sciences, July, 1863.

A peculiarity of rheumatism is, it does not, like the essential fevers, for example, pursue a steady continuous march from the beginning to the end, but its course is often marked by notable fluctuations as regards the general and local symptoms, more especially the latter. Not infrequently, after a few days, the affected joints are nearly free from pain, soreness, etc., the febrile movement subsides, and convalescence appears to be near at hand, when, suddenly, the local manifestations and the fever are renewed with perhaps as much or even more intensity than before. This may occur repeatedly during the career of the disease.

PATHOLOGICAL CHARACTER.—In view of the number of parts in which the local manifestations are often seated, the apparent migration of the inflammation from part to part, and more especially the observance of the law of parallelism in the arthritic phenomena, it is a reasonable supposition that the pathology of the disease involves a morbid principle in the blood. The view now held by most pathologists is, that a *materies morbi* does exist in the blood. With respect to the nature of the morbid material all pathologists are not agreed. It has been supposed to be uric acid; but an analysis of the blood in forty typical cases of rheumatism, by Garrod, failed to show the presence of this principle in larger quantity than exists in health, whereas, in gout the presence of this principle in a morbid quantity is demonstrable.[1] Others have adopted the supposition of Prout, that the morbid principle is lactic acid. The majority of pathologists at the present moment appear to regard this supposition as probably correct, and it is generally accepted as a rational basis of treatment. The supposition is, however, in the existing state of our knowledge, hypothetical; that is, its correctness is yet to be established by demonstrative proof. Assuming the hypothesis to be true, it is evident that the presence of lactic acid in the blood is an effect of morbid conditions of which nothing positive is at present known. Lactic acid is supposed to be formed during the destruction of sugar in the lungs in health; it may be conjectured, therefore, that its presence in the general circulation depends on circumstances which either occasion its undue formation or which interfere with its entering into combinations leading to its disappearance. It has also been conjectured that the lactic acid is formed in the disassimilation of the gelatinous and albuminoid tissues. Discussion of these or other conjectures would be here out of place; suffice it to say that the morbid principle in the blood, whatever it may be, is doubtless an intrinsic production; that is, it is not received from without the body. The pathological essence of the disease underlies the production of this principle. So long as its production goes on, the career of the disease continues, and the disease ends when the principle is no longer produced. This principle, circulating with the blood, acts upon certain parts and gives rise to the local manifestations of the disease, and in its action upon parts it shows an election for the fibrous tissues and especially those entering into the composition of joints.

CAUSATION.—Rheumatism is one of the diseases supposed to be frequently, if not generally, caused by suppression of the functions of the skin, and attributed especially to the action of cold upon the surface of the body. This view of the causation has but little foundation. It is true that patients are apt to refer the disease to cold, but they are often led to fix upon some paricular exposure under the belief that this agency is of course involved, for t is a popular notion that rheumatism generally proceeds from cold. A areful interrogation will show in many, if not most, cases, that the statement has little to support it. And how often is exposure to cold not folowed by rheumatism! That the causation may involve the agency of cold s not to be denied *in toto*, but the considerations which are to follow render t probable that cold acts only as an exciting cause.

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[1] On Gout and Rheumatic Gout. London, Second Edition, 1863.

A special predisposition seems to be requisite for the causation; in other vords, the disease involves a rheumatic diathesis. This predisposition or liathesis may be congenital and inherited, or it may probably be acquired. There are persons constitutionally prone to the disease. This is shown by he occurrence of the disease in early life, and by its recurrence more or less requently in the majority of the persons who are once attacked by it. Staistics establish conclusively the hereditary transmission of the disease. Of 08 cases analyzed by Fuller (excluding cases in which information was unertain or not noted), in 71 there was evidence of hereditary predisposition, his evidence existing in a much larger proportion of the cases under, than ver, thirty-five years of age. It is a matter of common observation that he disease prevails among the different members of certain families. Age as a decided influence in the causation. It occurs rarely under the age of fteen years. In the great majority of cases, patients are between fifteen and hirty years of age. If a person have not experienced one or more attacks efore the age last named, the liability to the disease diminishes afterward, nd becomes quite small after fifty. The number of males attacked by this isease exceeds the number of females, but the difference is not great. Of 25 cases analyzed by Fuller, 226 were males and 199 were females. Exernal influences pertaining to season play a small part in the causation. uller analyzed 289 cases with reference to the months in which they respecvely occurred, and the variation in the different months was between 14 nd 28 cases. The disease prevails most in humid, changeable climates. It a disease of frequent occurrence in all climates within the temperate zone, ut rare in tropical and extremely cold climates.

These few statements express briefly the sum of what is actually known ith respect to the causation. In the existing state of knowledge we are ike ignorant of the special perversions in which consists the essential athology of the disease, and of the special agencies upon which these perersions depend.

DIAGNOSIS.—The diagnosis requires but a brief consideration. The disase is to be discriminated from gout and rheumatic gout. For the differenal points involved in this discrimination, the reader is referred to the apter treating of the latter diseases. In general, the diagnostic features acute, articular rheumatism are so obvious that the disease is at once recogzed. The chief difficulty in diagnosis, exclusive of the discrimination from out and rheumatic gout, relates to cases in which the rheumatic affection is onfined to a single joint. The problem, in these cases, is to distinguish rheuatism from a purely local affection of the joint, or what is commonly known *synovitis*, or *simple, acute arthritis*. The following are the points involved this differential diagnosis: The fixedness of the inflammation in a single int, from the first, in the latter, whereas in articular rheumatism it is rare at the mobility of the disease is not to some extent manifested. The exence of fever in some cases of articular rheumatism prior to the affection the joint. The want of correspondence between the febrile movement d the local phenomena in rheumatic cases. The longer duration of the cal affection in cases not rheumatic, and, in certain cases, the swelling and redness being greater than in rheumatic cases. The rapid disappearance of the local affection, often, in cases of rheumatism and the speedy recovery of the use of the affected joint, the disappearance and recovery being more slow in cases not rheumatic. The occurrence of endocarditis or pericarditis in a certain proportion of rheumatic cases. The age of the patient and the previous occurrence of rheumatism are points to be taken into account.

Cases of pyæmia in which a purulent effusion takes place into certain joints, are sometimes mistaken for cases of rheumatism. Attention to the antecedent and concomitant circumstances should prevent this error. Purulent collections within the joints in cases of puerperal fever are embraced in this category.

PROGNOSIS.—This disease is very rarely fatal; the immediate danger to life is exceedingly small. When death takes place during the career of the disease, it is due to complications, including under this head pericarditis. But the majority of cases in which pericarditis occurs do not end fatally. Active delirium, convulsions, and coma denote imminent danger, but it has been seen that these are extremely infrequent events. Pulmonary complications may prove serious.

The disease, aside from the complications just referred to and the suffering attending it, is serious in view of the liability to endocarditis, which may lay the foundation for incurable and grave lesions of the heart. The immediate danger from rheumatic endocarditis is slight; the lesions resulting from this affection rarely occasion inconvenience until after the lapse of several years. Grave cardiac lesions do not invariably follow rheumatic endocarditis, and in some cases there remains no evidence of any permanent injury from the disease. The liability to embolism is to be mentioned as incidental to endocarditis.

Acute, articular rheumatism seldom ends in the chronic form of the disease.

TREATMENT.—There is scarcely any other disease in the nosology the treatment of which, during the last quarter of a century, has undergone such mutations as that of acute, articular rheumatism. Among the measures which have been more or less in vogue during the period just named, are the following: Bleeding, general and local, mercurialization, colchicum carried to the extent of producing vomiting and purging, nitrate of potassa, an ounce or more given daily, opium in large doses, large doses of quinia, and the use of the veratrum viride. Cases in which reliance has been chiefly placed on each of these measures have pursued a favorable course, and the treatment has seemed to be successful. Want of knowledge of the natural history of the disease, that is, the history based on the observation of cases in which the disease has been allowed to pursue its course under favorable hygienic circumstances, uninfluenced by therapeutical interference, renders it difficult to judge of the effect of different methods of treatment. As a small contribution toward the knowledge just referred to, my report of thirteen cases at Bellevue Hospital (to which reference has been already made) possesses some value. In these cases palliative measures solely were employed. In one case only was the heart affected; pericarditis existing in this case when the patient was admitted. And exclusive of this case, as already stated, the mean duration of the disease was 26 days, the minimum being 12, and the maximum 56 days. These facts go to show an intrinsic tendency in the disease to end within a shorter period, and a less degree of liability to complications than has been hitherto generally supposed. And, in view of these facts, it may be reasonably concluded that the influence of different methods of treatment over the duration of the disease and the occurrence of complications has been often much over-estimated. Each of the measures above enumerated probably are, to a certain extent, useful in certain cases, but a special controlling influence over the disease is exerted by none, and clinical observation has shown the development of endocarditis, pericarditis, and other complications under all of them. It is not worth while, therefore, to discuss their merits and demerits severally, considered as constituting exclusively or chiefly the treatment of the disease. Moreover, at the present time few, if any, practitioners rely upon any one of the measures, exclusively or chiefly.

Of late years, the practitioners of this country have generally adopted the alkaline treatment, advocated especially by Fuller, whose valuable work has been already repeatedly referred to. The bicarbonate of potassa, the bicarbonate of soda, and the tartrate of potassa and soda, or the Rochelle salt, are the remedies usually employed. Fuller claims for the alkaline treatment efficiently pursued the power of lessening the febrile movement, relieving the arthritic inflammation, abridging the duration of the disease, and preventing endocarditis and pericarditis. With reference to the latter, which is manifestly the great object of treatment, he states, in a lecture delivered December, 1862, that his experience embraced, up to that time, one hundred and ninety-four cases, and that "in no single instance has any heart-affection occurred after the patient has been under treatment for twenty-four hours."[1] In view of this statement and of the general impression, based on clinical experience, as regards the apparently favorable influence in other respects than the prevention of cardiac disease, it can hardly be doubted that the alkaline treatment is to be considered as an important improvement in practical medicine. In addition to the evidence of its positive efficacy, it has the negative merit of not doing harm, if it fail to do good.

The alkaline treatment is consistent with the view which has been presented of the pathology of the disease. Rationally, according to this view, what is most to be desired in the treatment is the arrest of the production of the *materies morbi* contained in the blood. There are no known means of reaching this end. Next to this, to neutralize and eliminate the morbid principle from the blood, are the rational objects of treatment. It is claimed that the alkaline treatment accomplishes these objects. Assuming the principle to be lactic acid, it is neutralized by the introduction of alkalies, and an effect of the treatment is an increase of the secretion of urine. With reference to the latter object, a saline diuretic may be advantageously added.

The alkaline treatment is to be efficiently pursued. To secure as quickly as possible its protective agency against cardiac affections, the alkali selected should be given at once in large doses and repeated at short intervals until the urine gives an alkaline reaction. Fuller advises from one to two drachms of either the bicarbonate of potassa or of soda repeated every four hours. To render it more grateful to the palate and stomach, citric acid or lemon juice may be added to each dose, which is to be taken during effervescence. This quantity, thus given, is generally well borne, and the urine, as a rule, is rendered alkaline in twenty-four hours. I have given, without inconvenience to the patient, the dose just stated, every two hours and produced alkalinity of the urine in twelve hours. Fuller considers the patient safe from cardiac disease when the urine becomes alkaline, and he remains safe so long as this condition of the urine is maintained. The quantity of the alkaline remedy may be much diminished as soon as the urine is alkaline, the doses afterward being repeated once or twice only in the twenty-four hours. To secure more diuretic effect than is produced by the alkaline remedy alone, the acetate, nitrate, or bitartrate of potassa, the acetate of ammonia, or small doses of colchicum, may be added. The tartrate of potassa and soda, which is much used as an alkaline remedy in this disease, is inferior to the bicarbonate of potassa or soda, because it must be given for a longer period before alkalinity of the urine is produced. It is well adapted to maintain an alkaline condition of the urine, after this condition has been produced by the bicarbonate of potassa or soda.

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[1] *Vide* Medical News and Library, February, 1863.

The alkaline treatment does not preclude other therapeutical measures, which are to be employed with reference to the indications in individual cases. Bleeding is indicated only in cases in which the patient is plethoric, and the febrile movement notably intense. Continued purging is not indicated. It conflicts with the alkaline treatment, and the necessity for frequent dejections occasions much suffering. Opiates often afford much relief, and should be given according to the amount of suffering from pain, restlessness, and vigilance. They are especially indicated at night. Diluents should be given freely. Carbonated water and lemonade may be allowed *ad libitum* so long as the stomach is not incommoded. Lemon-juice given in large quantity is one of the remedies for this disease in vogue within late years. It is, in fact, an alkaline remedy, but taken in sufficient quantity to render the urine alkaline, the stomach often rebels against it, and the alkaline carbonates are to be preferred.

Tonics, and especially the preparations of cinchona, are useful. Nothing is gained by lowering the powers of the system. The diet should be nutritious. The appetite may be encouraged, and wholesome food allowed to the extent of the capacity for digestion. Remedies which compromise appetite and digestion are of doubtful utility. A moderate quantity of wine or spirit is sometimes advisable. In short, having brought the system under the effect of the alkaline treatment, and maintaining this effect, it is an object to preserve and restore the vital forces.

The affected joints claim local measures of treatment. The application of cloths saturated with an alkaline and opiate solution, as recommended by Fuller, is useful. Fuller's solution consists of from four to six drachms of the carbonate of soda or potassa, dissolved in a mixture of an ounce of Battley's solution (for which laudanum may be substituted), two ounces of glycerine and nine ounces of rose-water. The soap and opium liniment is a good local application. A liniment containing chloroform has been found useful. I have found the tincture of aconite applied to the parts to afford marked relief. Some practitioners prefer to envelop the joints with dry flannel or cotton wool. In the choice of local applications, the sensations of the patient may serve as a guide. Extension of the limbs by means of an apparatus for that purpose, or by simply a cord, pulley, and weight, in order to relieve the pressure of the articulated surfaces upon each other, has been tried to some extent at Bellevue Hospital, and found to afford in some cases marked relief.

Much relief is afforded, in some cases at least, by what may be termed methodic friction. Using some lubricating embrocation, the friction at first over the affected joints, if they are extremely tender, must be as light as possible to avoid giving pain. The force of the friction, however, may be gradually increased, until, at length, the patient is sometimes able to bear without suffering as much pressure as can conveniently be made. Methodic friction gradually increased up to as much pressure with the hands as can be borne without pain, leaves the affected joints more comfortable for several hours, and the operation may be repeated once or twice daily.

The treatment of rheumatic endocarditis and pericarditis has been already considered. Pleuritis and pneumonitis are to be treated according to the indications in individual cases, the same as when they occur in other pathological connections. The indications pertaining to active delirium, convulsions and coma, are derived from the pathological conditions with which these events may be associated, viz., either cerebral meningitis or uræmia.

SUBACUTE AND CHRONIC, ARTICULAR RHEUMATISM.

The term chronic rheumatism is used in a comprehensive, indefinite sense, embracing a variety of affections. It is commonly applied, not alone to cases which present the distinctive features of the disease just considered, save that acuteness of the symptoms is wanting, and there is a tendency to continue indefinitely, but to affections resembling articular rheumatism only in their situation, and to persisting pains in different parts of the body. There is a confusion as regards the affections grouped under this name, and under the name rheumatic gout, which I shall not undertake to clear up in treating of these affections, and I shall therefore devote but a brief space to their consideration, referring the reader, for a fuller exposition of our present knowledge respecting them, to other works.[1]

Articular rheumatism, in a subacute and chronic form, is frequently presented in medical practice. The local phenomena are, pain of less intensity than in the acute disease, and sometimes only felt during movements of the affected joints, tenderness on pressure comparatively slight, and more or less swelling of joints not imbedded in muscle. Increase of heat and erythematous redness are frequently wanting. More or less of the articulations may be affected. As in the acute form, different joints are liable to be attacked successively and irregularly. Not infrequently the disease, after a time, becomes concentrated, and remains fixed in a single joint. As in the acute form, the fibrous tissues entering into ligaments, tendons, bursæ, and aponeuroses are liable to be affected.

As regards the general symptoms, there is little or no febrile movement, and the different functions of the body may not appear to be much, if at all, disturbed. The appetite, digestion, and nutrition may be unaffected, and the local manifestations, in these cases, seem to be the only obstacle to the possession of health.

Different cases offer a great diversity in the grade of severity of the disease, in its march, and in its remote consequences. In mild cases, patients are able to pursue their usual avocations, complaining only of more or less soreness and stiffness in moving the affected parts. Sometimes inconvenience is experienced only when movements are first made after a period of rest. Some patients experience inconvenience only after irregular intervals, and they are apt to suffer more or less with changes of the weather. In other cases, movements of the affected parts occasion great pain, and in severe cases patients are confined to the bed. Cases of confirmed, long-standing chronic rheumatism are met with occasionally in private practice, and all large hospitals furnish examples in which the disease has led to anchylosis of various joints, with great distortion of the limbs and atrophy of muscles, the patients presenting a truly pitiable spectacle of helplessness; and yet, in some of these cases, the vital functions may be but little or not at all disturbed.

The constitutional affection is supposed to be the same in subacute and chronic articular rheumatism as in the acute form. A morbid principle in the blood is supposed to be involved in both forms. It is to be presumed that this principle is produced in less quantity when the disease is subacute and chronic, but it continues to be produced for a longer period, or it is reproduced after shorter intervals. In the cases in which anchylosis, distortions of the limbs, and atrophy of muscles have resulted from the long continuance of the disease, these results remain, although the rheumatic disease may not continue.

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[1] In addition to the treatises by Fuller and Garrod, may be consulted *A Treatise on Diseases of the Joints*, by Richard Barwell, London, republished by Blanchard & Lea, 1861. This treatise contains a minute account of the morbid changes which take place in joints affected with chronic rheumatism.

The chronic form of the disease sometimes follows the acute, but this is not the rule; in the majority of cases the disease is subacute from the first. The disease in the subacute or chronic, as well as the acute, form involves a diathesis which may be either congenital or acquired. Of the causes which give rise to the diathesis, when it is acquired, and those which, co-operating with the predisposition to the disease, determine its occurrence and render it persistent, we have no positive knowledge.

The diagnosis of subacute and chronic, articular rheumatism involves discrimination from chronic and rheumatic gout, the diagnostic characters of which will be considered in the next chapter. Subacute or chronic synovitis, not rheumatic, is to be excluded. The points to be considered in differentiating the latter from rheumatic arthritis are, for the most part, those which have been stated in connection with the diagnosis of acute articular rheumatism.

A variety of synovitis affecting the knee-joint, and sometimes other joints, occurs in connection with gonorrhœa, and has been called *gonorrhœal rheumatism*. This is one of the instances in which the term rheumatism is misapplied. Barwell and others consider this affection as belonging in the category of inflammation of joints dependent on purulent infection of the blood. The author just named applies to this pyæmic form of disease the name *pyarthrosis*. He attributes the pyæmia, in cases of so-called gonorrhœal rheumatism, to inflammation of the prostatic veins. A similar affection of the knee and other joints sometimes occurs after childbed, in consequence of uterine phlebitis.

Another misapplication of the term rheumatism is when syphilitic periostitis is called *syphilitic rheumatism*. For the consideration of this affection the reader is referred to works treating of syphilis. It may be stated that periostitis presenting all the characters of the affection as one of the tertiary effects of the syphilitic virus is occasionally observed in persons who have not been affected with syphilis.

Subacute, articular rheumatism is not necessarily chronic. It may disappear within the limits of the duration of the acute form of the disease. The liability to endocarditis and pericarditis is much less than when the disease is acute, but these and other complications occur in a certain proportion of cases. The sources of danger are in the liability to cardiac disease and the tendency to become chronic. Chronic, articular rheumatism is not dangerous as regards an immediate tendency to a fatal termination. But in view of its continuance for an indefinite period or during life, and the permanent deformities to which it leads in some cases, it is to be considered as a disease of no small importance. The condition of patients in the cases in which it has led to lesions involving anchylosis, with wasting of the muscles, is hopeless as regards recovery from these effects of the disease, although the condition is not incompatible with comfortable general health and a long duration of life.

The treatment of subacute and chronic, articular rheumatism embraces the employment of alkalies, but not to the same extent as in the acute form of the disease. They should not be continued steadily for a long period, but intermitted from time to time. The Vichy water is an agreeable alkaline remedy well suited to chronic cases. Alkalies are indicated only during the continuance of the arthritic inflammation; that is, they are not indicated by the effects remaining after the arthritic inflammation has ceased.

The preparations of guaiacum have long been considered useful in chronic rheumatism. Their value in certain cases is abundantly established by clinical experience. Either the simple tincture, the ammoniated tincture, the mixture, or the compound decoction of sarsaparilla, into which guaiacum enters, may be employed. The bichloride or the iodide of mercury is strongly advocated by Barwell, and in conjunction, inunction with the mercurial ointment over the affected joint or joints until the gums are slightly touched. Mercurial baths and fumigations are recommended by Récamier and Trousseau. The iodide of potassium is sometimes highly useful. Colchicum exerts a good effect in some cases, given in small or moderate doses. Fuller regards the hydrochlorate of ammonia as "a remedy of singular efficacy," given in doses of from fifteen to twenty grains, in combination with bark. The same author has found, in some cases, arsenic serviceable. The salts of quinia are not infrequently useful. Sulphur is another useful remedy. All these remedies are supposed to exert, in some way, a modifying, if not a curative, influence upon the disease. The opportunity is often offered of making trial of them in succession in the same case.

The relief of pain, in certain cases, calls for opiates. They should be employed with as much reserve as is consistent with due regard to the object to be obtained. Aconite will sometimes fulfil the object, and, if so, is to be preferred.

The local treatment is important. Benefit may sometimes be obtained from small flying blisters or the application of the tincture of iodine. Methodic friction or shampooing, as described in connection with the local treatment of the acute form of the disease, conjoined with the use of stimulating embrocations, is often of much utility. Counter-irritation by "firing" has been recommended. Palliation of pain may frequently be procured by the application of the tincture of aconite or the veratria ointment. The local as well as general measures of treatment have reference to two objects, viz., the removal of, *first*, the inflammatory condition, and, *second*, the effects of the inflammation. In order to prevent stiffness and anchylosis, passive motion is advisable as soon as the inflammatory condition subsides.

External measures acting upon the entire surface are, perhaps, in certain cases, not less useful than internal remedies. Reference is had to the simple tepid bath, the alkaline bath, the Turkish bath, the sulphur vapor bath, and hydropathic packing. The resources of treatment should not be considered as exhausted without a fair trial of these measures.

Measures having reference to improvement of the general health and the invigoration of the system form an essential part of the treatment, embracing tonic remedies, with attention to diet, clothing, exercise, etc. It is unnecessary to go into details which are essentially the same in the treatment of most chronic affections. Change from a cold, changeable, and humid climate to one mild, uniform, and dry often proves the most effective measure which can be adopted. The mineral springs are frequently resorted to with advantage by persons suffering from chronic rheumatism. Of the different waters, the alkaline, sulphurous, saline, and chalybeate are each useful in certain cases. Doubtless, however, much of the benefit derived from watering-places is due to the various incidental hygienic influences.

MUSCULAR RHEUMATISM.

The affection to be now noticed is one of the many to which the application of the term rheumatism is, to say the least, of doubtful correctness. There is very little ground for supposing that the essential pathological condition, or conditions, existing in the affections which have been considered in this chapter, obtain in so-called muscular rheumatism. This affection, so far as we can judge of its pathological character, is allied to neuralgia; it is probably a neuralgic affection, and, as such, may be properly called *myalgia*, and might with more intrinsic propriety have been considered under that head than in the present connection. I have placed it among the rheumatic affections, because it is, at the present time, and probably will continue to be, commonly known by the name muscular rheumatism. Being one of the neuroses, it has, of course, no anatomical characters. It is of frequent occurrence, both as an acute and chronic affection.

The symptomatic features of acute, muscular rheumatism are as follows: The development is usually gradual. A dull pain is at first felt in certain muscles, which increases, and, at length, becomes more or less severe. The pain is comparatively slight when the affected muscles are at rest. In certain positions the patient may be nearly or quite free from suffering, the constant pain which may be felt under these circumstances being of a contusive character, and spasmodic pains occurring from time to time; but in movements which involve contraction of the affected muscles, the pain is severe, cramp-like, and sometimes so excruciating that the patient can hardly repress loud groans or cries. Voluntary movements which occasion the severe pain are avoided as much as possible, but as it is impossible to maintain rigidly fixed positions of the body as a whole or of its different parts, the affected muscles are at times thrown into painful contraction, however much the patient may desire to avoid them. Movements occurring during sleep occasion the attacks of pain, and, hence, the patient is awakened at brief intervals. In some cases the affection changes its seat from certain muscles to others, but oftener it remains fixed in the muscles first affected.

The affected muscles are more or less tender on pressure, the tenderness being diffused over the whole of the space which the muscles occupy, not limited to certain points as in ordinary neuralgia. The tenderness is usually not great. Aside from the tenderness, there are no local characters, such as swelling, heat, or redness. The local phenomena are not those of inflammation, as in articular rheumatism. If the local symptoms denote inflammation of the muscles, the affection is not muscular rheumatism.

There is little or no constitutional disturbance beyond that occasioned by the suffering and loss of sleep. The appetite and digestion may not be impaired, and there is no febrile movement.

In the subacute or chronic form of the affection, pain similar to that which belongs to the acute form may be excited only when the affected muscles are contracted with unusual force; the patient experiences suffering when he makes certain violent movements. In other cases, pain is excited by particular movements when they are first made after a period of rest, and the pain shortly disappears if the movements be continued. The chronic, oftener than the acute affection is apt to shift its situation, affecting now certain muscles, and now those in another part. If the chronic affection remain fixed in particular muscles, they may become somewhat atrophied in consequence of their being kept as much as possible in a state of quietude.

The duration of acute muscular rheumatism varies from a few hours to a week. Exceptionally the affection continues for several weeks. The duration of the chronic form is indefinite. The course of the latter is usually marked by remissions or intermissions. In certain situations, viz., the loins, the walls of the chest, and muscles of the scapulæ, the chronic affection is apt to be long persisting.

The following are the principal situations of muscular rheumatism in the acute and chronic form as enumerated by Valleix:—[1]

1. *The Muscles of the Head.*—Situated in the occipito-frontal muscle, the affection is distinguished from neuralgia affecting the trifacial and occipital nerve, by the pain being referred to both sides of the head, by its being excited by movements of the muscle, and comparatively slight so long as the muscle is at rest, and by the absence of tenderness in disseminated points. The muscles of the eye are sometimes the seat. Movements of the eye then occasion more or less severe pain. The temporal and masseter muscle may be affected, causing pain in mastication.

2. *The Muscles of the Neck.*—In this situation the affection, as it commonly occurs, is known by the significant name *torticollis*. This name is applied to the affection when situated in the muscles of the antero-lateral aspect of the neck. The muscles on the posterior part of the neck are sometimes the seat of the affection. Valleix applies to the affection in the latter situation the name *cervicodynia*. In this situation the affection is to be distinguished from ordinary occipital neuralgia.

3. *The Muscles of the Back.*—Valleix calls the affection in this situation *dorsodynia*. Seated in these muscles, the pain is caused especially by movements which approximate the scapulæ.

4. *The Muscle of the Loins.*—In this situation the affection is commonly known as *lumbago*. Valleix designates it *lumbodynia*. This is a frequent seat of the affection in a chronic form. It is to be discriminated from lumbar abscess, lumbo-abdominal neuralgia, and the pains incident to aneurism of the descending aorta.

5. *The Thoracic Muscles.*—Here the affection goes by the name *pleurodynia*. In making the diagnosis, pleuritis and intercostal neuralgia are to be excluded. This may easily be done by ascertaining the absence of the diagnostic characters of the two latter affections. The pain excited by forced breathing, coughing, and sneezing is not unlike that in pleuritis and intercostal neuralgia. In this situation the pectoral and intercostal muscles are affected.

6 *Muscles of the Shoulder.*—Valleix entitles the affection here situated *scapulodynia*. It is seated especially in the deltoid muscle, and it is liable to be confounded with arthritis situated in the shoulder-joint.

7. *The Muscles of the Extremities.*—Seated in the extremities, the affection is to be discriminated from neuralgia affecting the nervous trunks, and from the affection commonly known as syphilitic rheumatism.

8. *The Abdominal Muscles.*—The pain and soreness caused by the affection in this situation may suggest as probable or possible the existence of peritonitis. This disease is to be excluded by the absence of the general symptoms, and by firm pressure with the palm of the hand being well borne, as in cases of dermalgia.

9. *The Visceral Muscular Structures.*—The tongue, muscles of the pharynx and œsophagus may be the seat of muscular rheumatism, giving rise to pain in speaking and in deglutition. Examples, however, are extremely rare. Seated in the stomach, intestines, and uterus, as it probably may be, to distinguish the affection from visceral neuralgias is impossible, and in fact to consider it as distinct from the latter is to make a distinction without any

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[1] Guide du Médecin Praticien. Tome i.

essential difference. There is reason to believe that the diaphragm may be the seat of muscular rheumatism. It is, perhaps, more reasonable to consider this as the affection, rather than diaphragmatic pleuritis, in certain cases characterized by the instinctive arrest of diaphragmatic movements in consequence of pain, and by the intense suffering caused by coughing and sneezing, febrile movement and pleuritic effusion being wanting. It may be doubted if the affection be ever seated in the muscular walls of the heart.

In all these situations the most marked diagnostic feature of muscular rheumatism is the connection of cramp-like pain more or less severe, with the movements which bring into play certain muscles in the parts to which the pain is referred, pain irrespective of contractions of the affected muscles being comparatively slight and sometimes wanting. This diagnostic feature distinguishes muscular rheumatism, or myalgia, from neuralgic affections seated in the different nervous trunks. Another diagnostic feature is the diffusion of soreness over the affected muscles, whereas, neuralgia, seated in nervous trunks, is characterized by tenderness in circumscribed points. Inflammation affecting muscles is distinguished from muscular rheumatism by the constancy of pain or the absence of the remissions or intermissions which belong to the latter affection, by the existence of swelling and sometimes redness, by the greater degree of tenderness on pressure, and by the presence of more or less symptomatic fever.

The treatment of the acute form of the affection consists of sinapisms, followed by soothing, emollient applications over the affected muscles, rest, in the position most favorable to avoid contractions of the affected muscles, and the employment of anodynes either internally or by hypodermic injection. In the chronic form, small blisters in succession are useful, but not to the same degree as in cases of ordinary neuralgia. Friction or shampooing, either dry or with stimulating and anodyne liniments, affords relief and promotes a cure. "Firing" is recommended. The hydropathic treatment is said to prove successful in some obstinate cases, water being employed locally and generally. The salts of quinia, in full doses, are sometimes efficacious, especially when the affection is intermittent. Measures to invigorate the general health are important in chronic cases.

Persons prone to this affection are apt to have an attack after exposure of a portion of the body to a current of air, especially during sleep, or when the body is perspiring. The susceptibility to this cause of disease is to be overcome by the daily use of the sponge bath, by avoiding an over-abundance of clothing, and by becoming habituated to out-door exercise in all kinds of weather.

CHAPTER XI.

Gout—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Treatment—Rheumatic Gout.

THE disease called gout is closely allied to articular rheumatism, and the two affections have been considered by some to be identical. As will be seen, however, they are shown to be essentially distinct forms of disease by points of contrast pertaining to morbid anatomy, clinical history, pathological character, and causation. They are kindred diseases in the same sense as the different eruptive fevers, or typhus and typhoid fever, are related to each other; gout and rheumatism may be said to belong to the same family, but each has a separate individuality. The name gout, or its synonym in different languages, is universally applied to the disease to be now considered. In its etymology the name relates to a characteristic feature of the disease, viz., a morbid deposit within and around the joints. Late researches have tended to enhance the significance of the term by showing that the morbid deposit to which it relates is more constant than has heretofore been supposed.

Gout occurs as an acute, a subacute, and a chronic affection. Writers have made other varieties, such as irregular and misplaced gout. As the subacute form is not always chronic, it is convenient to consider this form when of brief duration and the acute form under one head. The term *transient gout* will embrace the acute and subacute form, the latter ending too soon to be considered as chronic. *Persistent* or *chronic gout* will embrace all cases in which the disease is protracted. It will suffice to consider irregular and misplaced gout incidentally in treating of the clinical history of transient and persistent gout.

ANATOMICAL CHARACTERS.—The anatomical characters distinctive of this disease consist of the presence within and around certain joints, as well as sometimes in other situations, of a morbid deposit, called tophus or tophaceous matter. Other occasional morbid appearances appear to be incidental to the presence of this deposit, consisting of thickening, ulceration, and sometimes suppuration, being effects of inflammation excited by the presence of the tophaceous deposit. These effects are by no means constant; they occur in only a certain proportion of cases. Atrophy of structures from the pressure of masses of tophus is another effect.

The characteristic deposit is composed of the urate of soda in large proportion, combined with the urate of lime, chloride of sodium, phosphate of lime, carbonate of ammonia, and animal matter. When recent, the deposit is a semi-solid cream-colored substance, resembling mortar. Under the microscope needle-shaped crystals are seen in more or less abundance. After a time the deposit becomes hardened, and is then presented in masses which resemble chalk in appearance, and are commonly, although erroneously, called chalky concretions.

The occurrence of chalk-like concretions within and around joints in certain cases of chronic gout has long been known. The articular surfaces of joints opened after death have been found encrusted with the tophaceous matter; the surrounding ligaments are sometimes coated by it; it may extend to the tendons and their sheaths, and along the tendinous expansions of the muscles. Accumulating in these situations in greater or less abundance, it leads to anchylosis of joints, nodosities, and deformations. Masses of this substance, or chalk-stones, as they have been called, sometimes cause atrophy and ulceration, thus reaching the surface and becoming exposed. Garrod's researches have shown that the tissues are infiltrated by the morbid matter, and that when ulceration or erosion of parts occurs, it is secondary to the deposit. The interstitial deposit rarely extends to the osseous structure.[1] Suppuration is rare. Garrod's researches have also shown that, in cases of transient gout in which there is no persistent swelling or deformity of the affected joints, the characteristic deposit takes place to a greater or less extent. The inference to be drawn from his researches is, that the deposit invariably occurs in gout. This deposit within and around joints is peculiar to gout; that is, it does not occur in any other disease. The deposit in masses, varying in size from that of a pin's head to a split pea, not infrequently occurs in the helix of the ear. It is also observed in the straight uriniferous tubes of the kidneys, giving rise to white lines visible to the naked eye. Garrod is inclined to the opinion, that in the latter situation it occurs only in gouty subjects. It is, however, observed in certain cases of renal disease, in which during life the manifestations of gout were wanting. This statement I make from personal observation. I have repeatedly noted white lines in the direction of the straight tubes, and determined by means of the microscope the presence of urate of soda, or uric acid, in cases in which gout had not been manifested.

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[1] Gout and Rheumatic Gout, second edition, London, 1863.

A form of diseased kidney was considered by Todd as peculiar to gout, and called by him the gouty kidney. The characters belonging to the so-called gouty kidney are, diminution of size, the organ appearing to be shrivelled, the capsules thickened and opaque, and the surface granular. As already stated, these appearances are sufficiently common in this country, disconnected from the phenomena of gout. In the cases in which the characteristic gouty deposit has been supposed to exist in the meninges of the brain, the lungs, and within the vascular system, it is probable that the atheromatous and calcareous deposit has been mistaken for that peculiar to gout.

Morbid changes other than those incidental to the tophaceous or gouty deposit are to be regarded as accidental, and are not to be included under the head of the anatomical characters of the disease.

CLINICAL HISTORY.—Transient gout and persistent gout require separate consideration as regards their clinical history. Having considered these forms of the disease, I shall notice irregular and misplaced gout.

Transient Gout.—Under this head are to be embraced all cases in which the disease is of short duration, that is, the duration not sufficiently prolonged for the disease to be considered as chronic. In this form of the disease the patient is said to have an attack or fit of gout. The disease is generally acute, but sometimes subacute.

The seizure is generally sudden, occurring, as a rule, during the night, and, in the majority of cases, after midnight. In a certain proportion of cases the seizure occurs without premonitions; the patient may have retired to bed feeling as well as usual. But in some cases there are prodromic phenomena, consisting of cardialgia, gastric flatulency, eructations, and other dyspeptic ailments, together with inability to exert the mental faculties, irritability of mind, and depression of spirits. These phenomena are not sufficiently significant to lead to the expectation of an attack of gout if one or more attacks have not been already experienced; but in persons known to be subjects of the disease they may denote an impending seizure.

The seizure is marked by pain which, in the great majority of cases, is seated in the metatarso-phalangeal joint of one of the great toes. The pain soon becomes more or less intense; frequently it is excruciating, being compared by patients to pain caused by the gnawing of an animal, a dislocation of the bone, a nail driven into the joint, tearing of the parts with pinchers, etc. Such comparisons only express intensity of suffering, for the patients have probably never experienced the pain produced by the various causes mentioned. A sense of throbbing in the part accompanies the pain. More or less febrile movement is developed, preceded by shivering. These symptoms continue for several hours, and then the pain and febrile movement subside, the patient is comparatively comfortable, and obtains some sleep. The relief is usually accompanied by slight perspiration. In the mean time the affected joint becomes swelled, the skin is reddened and shining, the subcutaneous veins are distended, the heat is raised, and there is exquisite tenderness to the touch. These appearances are developed or continue after the severe pain has abated.

In some cases a single paroxysm of severe pain only is experienced, but much oftener the seizure is renewed on the following night, and on successive nights for a variable period. The local affection may remain in the joint affected at the first seizure, or the affection may be transferred from this joint to the corresponding joint of the opposite foot. In some cases the inner side of the foot, the instep, or heel become affected, and the affection may extend to the larger joints and to the small joints of the upper extremities. This extension of the local manifestations of the disease rarely occurs until after several attacks have been experienced, and it occurs more especially in cases of chronic gout.

During the continuance of transient gout the symptoms referable elsewhere than to the part or parts affected vary considerably in different cases. Febrile movement is more or less marked in proportion to the acuteness of the local manifestations. The fever appears to be symptomatic, and, as a rule, is less than in cases of acute, articular rheumatism. The appetite is frequently impaired or lost, but in some cases is preserved. Dyspeptic ailments are sometimes present and sometimes absent. The urine is generally scanty, high-colored, and deposits a lateritious sediment on cooling. The bowels are generally constipated.

Different cases also differ much as regards the local symptoms. The affection may be called acute when the pain is severe, and swelling, redness, etc., marked, these local symptoms being accompanied by a corresponding amount of febrile movement. On the other hand, the affection is subacute when the pain is notably less severe, the other local symptoms less marked, and febrile movement either slight or wanting. In respect of the seizures of pain, occurring usually in the night-time, they are in some cases paroxysmal, the pain passing off in the day, but in other cases more or less severity of pain continues during the day as well as night; in other words, remissions, rather than intermissions, occur The local symptoms gradually decline as the fit or attack passes off. Œdema of the part or parts is more or less marked at the decline of the local affection, with frequently pruritus, and, in the majority of cases, furfuraceous desquamation of the epidermis. The local symptoms just named are diagnostic of gout as contrasted with rheumatism. Cramp, affecting the muscles of the leg, the thigh, and in other parts of the body, is a symptom more or less marked in a considerable number of cases.

The duration of transient gout varies from a few days to several weeks. Generally the paroxysms or exacerbations are less and less severe in proportion to the duration. If the disease continue beyond three or four weeks, it is to be considered as persistent or chronic. An attack of acute or subacute gout, more especially the latter, may eventuate in the persistent or chronic form of the disease, or, having continued for a variable period, the disease for the time ceases, recurring at longer or shorter intervals in the vast majority of cases.

Persistent or Chronic Gout.—Gout commencing as either an acute or subacute affection, in a certain proportion of cases continues, as a subacute affection, for many weeks, months, and even years. Generally this persisting or chronic form of the disease is preceded by the occurrence of numerous transient attacks, recurring after intervals which become shorter and shorter, until, at length, as it were, they run together. Generally, when the disease is persisting, it has not continuously a uniform severity, but remissions occur from time to time, and, not infrequently, intercurrent, acute attacks take place.

In the persistent or chronic form, the local symptoms which characterize the acute affection, viz., intense pain, heat, and redness, are either slight or wanting. There is little or no febrile movement. Disorders of the digestive system are often present, and the general health is more or less impaired. In this form the joints are liable to become stiffened, anchylosed, and deformed, from the abundance of the gouty deposit. Chalk-like concretions are apt to occur within and around the small joints of the hands. In some cases collections of semi-solid matter are felt near the surface, and if they are opened, the matter may be pressed out. Sometimes collections of considérable size open of themselves. The solid concretions, or chalk-stones sometimes make their appearance through the skin. The gouty matter may be deposited in the bursæ-mucosæ in the neighborhood of joints. In a certain proportion of cases, the number happily not being large, the hands and feet become notably and permanently distorted and crippled, the fingers sometimes presenting an appearance compared by Sydenham to a bunch of parsnips. Nodules of the deposit are frequently seen on the helix of the ear, sometimes also on the eyelids, and occasionally on the face.

In chronic, as in acute gout, the predilection of the disease, as regards the seat of the local manifestations, is for the joints of the great toe. An affection of other joints primarily occurs in a small proportion of cases. After the great toes, the order in which parts are liable to become implicated, according to Garrod, is as follows: The heels and ankles, the knees, the smaller articulations of the hands, the elbows, and lastly the shoulders, and hips. There are, however, numerous exceptions to this order of sequence. A blow, sprain, or other injury may determine the seat of the local affection. A point of difference in different cases pertains to the number of joints which become affected. In some cases the local manifestations of the disease, however long it may persist or frequently recur, remain concentrated on a few joints; in other cases a large number of joints are implicated, and, again, in some cases different joints are affected in successive attacks. If the same and a few joints be always affected, and the disease be long persisting or recur frequently, permanent changes in the affected joints are more likely to occur. Another point of difference in different cases relates to the palpable changes in the affected joints. Some gouty patients escape anchylosis and nodosities, although they suffer from the disease more or less throughout their lives, whereas, in other cases, the hands and feet become deformed and crippled after a comparatively short duration of the disease.

Irregular and Misplaced Gout.—Medical writers have long held the opinion that the local manifestations of gout are liable to be seated in the different visceral organs, viz., the stomach, intestines, lungs, heart, and brain. Disorders referable to these viscera, preceding the ordinary manifestations of gout, are considered as gouty, and it is supposed that gouty disorders of viscera may occur without any affection of the joints either accompanying or ensuing. In such cases gout is said to be *irregular* and *misplaced*. *Anomalous* and *latent gout* are other terms applied to these cases. Sometimes during an attack of gout, the affection of the joint or joints suddenly disappears, and symptoms denoting an affection of some internal organ supervene. In these cases a transference or metastasis of the gouty manifestations is supposed to take place, and the name *retrocedent gout* is employed to express such an occurrence. These notions are to a certain extent, probably well founded, but it is difficult with our present knowledge to say how far they are to be accepted as correct. The difficulty consists in the inability to determine whether antecedent, coexistent, or consecutive affections in ertain cases of gout are not associated merely by coincidence. It has doubtess been too much the habit to consider all affections occurring in persons nown to have gout, as pathologically of a gouty character, and the gouty iathesis is often considered to exist on insufficient data. Making, however, ue allowance for error, it can scarcely be doubted that the constitutional orbid condition which constitutes the disease in cases of gout may deterine disorders, sometimes of a grave character, in organs more important o life than those in which the local manifestations are usually seated. Evience of a pathological connection of these disorders with gout is afforded y complete relief following the development of a gouty affection of the oints, by their occurrence directly after a gouty affection of the joints has een apparently suppressed, by the absence of any other appreciable causes xplaining their occurrence, and by the indefinite or anomalous character of he disorders.

Disorders of the stomach and intestines, attributed to gout, are, neuralgic ain or spasm and persistent vomiting, accompanied with more or less prosration, diarrhœa, and, in some cases, symptoms denoting enteritis. It is oubtful if inflammation of the stomach or intestinal canal be ever due exlusively to gout.

Disturbed action of the heart is not uncommon in gouty patients. It ometimes occurs in an alarming degree, but it may be doubted if a purely nctional disturbance occurring in this connection ever proves fatal. Valular lesions and enlargement of the heart may exist in persons affected with out, but clinical observation furnishes little or no evidence of the cardiac ffections in these cases being dependent on gout. The want of a tendency o endocarditis and pericarditis is one of the points distinguishing gout om rheumatism.

Cough, asthmatic dyspnœa, and bronchitis are attributed to gout. Spasodic affections of muscles, or cramp, in various situations, neuralgia affecting e branches of the fifth pair, the sciatic nerve and other nervous trunks, aroxysmal headache and hysteria are to be added to the list.

Delirium and fatal coma are among the disorders imputed to gout. These ymptoms may be due to uræmia, or to meningitis, which may or may not e dependent on gout.

The deposit of the urate of soda in the uriniferous tubes, in cases of gout, as been stated under the head of the morbid anatomy. It is not difficult o understand that this deposit may accumulate and form renal calculi. linical observation shows that gouty persons are prone to the formation of enal calculi and to paroxysms of pain caused by the passage of the stones long the ureter, or nephritic colic. The opinion of Todd and others that e hard contracted kidney may be due to gout has been referred to. Hower this may be, that renal disease is sometimes developed in persons subct to gout is undoubtedly true. The coexistence of renal disease, in certain ses, may account for the occurrence of certain events which have been eretofore considered as being specially connected with gout, viz., vomiting d purging, headache, neuralgia in different situations, delirium, convulons, and coma. The existence of renal disease is to be ascertained by eans of the urinary changes which have been already considered. A small ount of albumen in the urine is often observed when there are insufficient rounds for concluding that the kidneys are diseased; that is, slight albuinuria is incident to gout as well as to a host of other diseases. It is ore especially incident to chronic gout.

Cystitis and urethritis have been attributed to gout, but the existence of y special pathological connection may be doubted. This statement is also pplicable to certain affections of the skin and to various affections which occur in persons subject to gout. This is not saying that the existence of the gouty diathesis is not to be taken into account in the management of all associated affections. Graves has called attention to the habit of grinding the teeth as peculiar to cases of gout. The habit proceeds from an uneasy sensation in the teeth, which is in this way momentarily relieved. This habit was marked in a gouty patient under my observation.

PATHOLOGICAL CHARACTER.—The researches of Garrod have shed much light on the pathology of this disease. His researches appear to show that the pathology involves a particular morbid condition of the blood, viz., an accumulation of uric acid, or the condition which I have designated *uricæmia*.[1] The blood in health contains a trace of uric acid, as was first shown by Garrod. In 47 cases of gout, an analysis of the blood-serum by Garrod showed a notable increase of this constituent. Garrod has also shown that, during an attack of acute gout, the uric acid in the urine is not increased but often notably diminished. It is apparently increased, since the deposit of the urates in more or less abundance, when the urine cools, is a common event; but the increase is only apparent, not real, the deposit being due to the scanty amount of urine. In chronic gout the quantity of uric acid excreted by the kidneys is habitually below the average in health. Garrod has found the uric acid in excess in the blood in cases of lead-poisoning. Further researches are desirable with reference to the question whether it may not be found in excess in other affections.

From the facts just stated, taken in connection with the facts stated under the head of the morbid anatomy, viz., a deposit of the urate of soda taking place within or around the affected joints in all cases, it is rationally concluded that the local manifestations of gout are effects of the uricæmia. But it is evident that the uricæmia is itself an effect; the prime essential pathological perversions underlie the existence of the morbid excess of uric acid in the blood. Either this excrementitious principle is produced in too great abundance, or, without being unduly produced, it accumulates as a result of insufficient excretion by the kidneys. Probably both explanations are involved. Direct observation, at all events, shows deficient excretion, since it is often less in amount in the urine than in health. Garrod entertains the opinion that the deposit of uric acid in the form of the urates of soda and lime takes place within and around the joints in consequence of diminished alkalinity of the blood. This opinion, if correct, has an important bearing on the treatment.

In treating of rheumatism, it has been stated that an examination of the blood in that disease with reference to the amount of uric acid, shows the principle not to be in excess. Here is a capital point of difference between gout and rheumatism, as regards pathological character. The clinical history of gout has afforded several striking points of contrast between the two diseases; these points will be reproduced under the head of diagnosis. Other points of contrast will be presented under the head of causation. The individuality of each disease is, therefore, sufficiently established.

CAUSATION.—Gout is a diathetic disease; the diathesis in a certain proportion of cases is congenital and inherited. It is a matter of common observation that certain families are predisposed to this disease, and it is sometimes transmitted successively through a series of generations. Scudamore's statistics showed that of 523 patients affected with gout, in 309 the disease had existed in either parents or grandparents. Of 80 cases reported in a

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[1] *Vide* Part I., page 79.

Commission of the French Academy, in 34 the disease had been transmitted, and Garrod states that, in the cases which he has observed, a hereditary predisposition existed in 50 per cent. The diathesis, however, is by no means invariably inherited; in a certain proportion of cases it is acquired; nor, on the other hand, is the disease always transmitted to offspring. There are causes, then, which may produce it in those in whom there is no reason to suppose a congenital predisposition, and in those predisposed by inheritance other causes may be required for its production.

A causative influence relates to age; it occurs very rarely under puberty. Of 515 cases analyzed by Scudamore, with reference to age, in only 5 did the disease occur in persons under eighteen; in 142 cases, the ages at the time of the development or first occurrence of the disease were between 20 and 30 years; in 194 cases, between 30 and 40; in 118 cases, between 40 and 50; in 38, between 50 and 60; and in only 10 cases, between 60 and 66 years. The liability thus diminishes progressively after 50, and the disease is as rare, if not more so, after 70 as before puberty. In the cases in which it commences between 20 and 30, it is generally inherited. In the causative influence relating to age is a point of contrast to rheumatism, the latter disease affecting by preference young subjects.

A very marked difference exists between the two sexes in the liability to gout. Of 80 cases submitted to the French Academy, 78 were men and only 2 women. Here is another point of difference from rheumatism, the latter occurring not less frequently in females than in males.

Dietetic and regimenal habits lead to the acquirement of the diathesis, and co-operate with a congenital predisposition in producing the disease. To the habitual use of wine or malt liquors the disease is, in many cases, chiefly attributable; on the other hand, the use of distilled spirits seems to exert no influence in the production of the disease. Gout prevails in countries in which wine and malt liquors are largely used, whereas, in countries in which the use of spirits predominates the disease is comparatively rare. It is comparatively rare in Scotland, Russia, Poland, Denmark, and in this country, probably in a great measure for the reason just stated. It is proverbially prevalent among those of the opulent class of society who are addicted to luxurious habits. But doubtless the habitual indulgence in the pleasures of the table, exclusive of the use of fermented liquors, contributes largely in this class to the production of the disease. Physical indolence in this class also enters into the causation. The agency of malt liquors alone is strikingly shown by the frequent occurrence of the disease among a class of laborers in London, employed to raise ballast from the bottom of the Thames, who are accustomed to drink from two to three gallons of porter daily. According to Budd, gout is quite common among this class. The lighter wines are less likely to produce the disease than the stronger varieties, viz., sherry, madeira, port, and the same holds true of malt liquors. There is no reason to suppose that cider tends to produce it. It is evident from the facts just stated, that the causative agent in fermented liquors is not alcohol. According to the use of wine and malt liquors, to high living in other respects, and to indulgence in luxurious ease, a due causative influence, the disease is sometimes developed irrespective of these causes. Examples of the disease are occasionally met with among laborers accustomed to a plain diet, and neither wine nor beer drinkers. My clinical records contain notes of several such cases.

Various causes may determine the occurrence of an attack of gout, that is, they may act as exciting causes. Attacks are sometimes attributable to prolonged intellectual exertion, anxiety of mind, bodily fatigue, exposure to cold, acts of excessive indulgence in eating or drinking, etc. But in not a few instances the disease occurs without any appreciable exciting cause. The disease is rarer in tropical than in temperate climates. Attacks are more likely to occur in the spring and autumn than at other seasons of the year. Garrod adduces facts which appear to show that impregnation of the system with lead is among the causative agencies. Of 51 male hospital patients, 16 were either painters, plumbers, or workers in lead. The fact that in cases of lead-poisoning the uric acid is found in excess in the blood has already been stated.

Diagnosis.—The difficulties in the way of the diagnosis of gout relate to its discrimination from rheumatism and the affection called rheumatic gout. The distinctive features of the latter will be presented in treating of that affection, and the differential diagnosis of gout and rheumatism only will be here considered. The points involved in this differential diagnosis embrace facts relating to anatomical characters, clinical history, pathological character, and causation, which have been presented under these respective heads. In proceeding to give a summary of the distinctive features of gout, as contrasted with rheumatism, it will be convenient to arrange them under the same heads.

Distinctive Features relating to Anatomical Characters.—Under this head reference is had to the morbid changes within and around the affected joints. A distinctive anatomical change is the deposit of a morbid product abounding in the urate of soda, the gouty or tophaceous matter, either in collections of a semi-solid consistence, or in hard concretions commonly called chalk-stones. These are never present in rheumatism, and are pathognomonic of gout. The deposit, however, in a situation and in sufficient quantity to be ascertained during life, occurs in only a certain proportion of cases, and chiefly in chronic gout.

Distinctive Features relating to Clinical History.—In the great majority of cases, the primary local affection is seated in the metatarso-phalangeal joint of one of the great toes. The larger joints are affected subsequently, if at all. The local manifestations tend to the smaller joints of the toes and hands. In acute cases, the pain is more intense than in acute rheumatism, and the tenderness greater. Pain occurs in paroxysms or in marked exacerbations. Œdema, pruritus, desquamation of the cuticle, and enlargement of the veins, are distinctive of gout. Febrile movement is less marked than in acute rheumatism, and is apparently symptomatic, whereas, in rheumatism the fever is apparently essential. Endocarditis and pericarditis are very rarely, if ever, developed in the course of the disease. The deposit small collections of the urate of soda on the helix of the external ear is frequent occurrence in cases of gout, and will serve to establish the diagnosis. They should always be sought for.

Distinctive Features relating to Pathological Character.—The uric acid in the blood is morbidly increased. This may be ascertained by obtaining serum either from a small quantity of blood, or by means of a small blister, and resorting to what Garrod calls the "uric acid thread experiment." The mode of performing this experiment, as described by Garrod, is as follows: "Take from one to two fluidrachms of the serum of the blood, and put it into a flattened glass dish or capsule; to this add ordinary strong acetic acid in the proportion of six minims to each fluidrachm of serum, which causes the evolution of a few bubbles of gas. When the fluids are well mixed, introduce one or two ultimate fibres, about an inch in length, from a piece of unwashed linen fabric, which should be depressed by means of a small rod, as a probe or point of a pencil. The glass should then be set aside in a cool place, until the serum is quite set and almost dry. S ric acid be present in the serum above a small amount, it will crystallize, nd during its crystallization will be attracted to the thread, and assume orms not unlike those presented by sugar-candy upon a string. To observe his, the glass containing the dried serum should be placed under a linear agnifying power of about fifty or sixty, procured with an inch object glass nd low eye-piece, or a single lens of one-sixth of an inch focus answers erfectly. To insure perfect success, the glasses should be broad and flat; he acetic acid should be neither very strong nor too weak; the glass should ot be disturbed during the drying of the serum; the temperature should be hat of an ordinary sitting-room, and the glass should be protected from dust."[1]

The foregoing account is quoted for the convenience of reference by the ractitioner who may find it impracticable to subject the blood-serum to hemical quantitative analysis. For diagnosis the thread experiment, accord-g to Garrod, suffices. Crystals of uric acid do not form and adhere to he thread in the blood-serum of health. The uric acid of the blood is not orbidly increased in rheumatism.

Distinctive Features relating to Causation.—Gout occurs very rarely under uberty, and chiefly between thirty and fifty years of age. Rheumatism ffects especially young subjects. Gout is oftener hereditary than rheuma-ism. It rarely affects women. The use of fermented liquors, and habits f luxury as regards diet and exercise, exert an agency in producing gout, ot exerted to the same extent in the causation of rheumatism. The poorer lasses are as liable to rheumatism, if not more so, than the rich; the reverse true of gout.

To determine the existence of the diathesis prior to the arthritic manifes-ations of the disease, and to recognize the irregular or misplaced manifes-ations of gout, are objects of diagnosis involving not a little difficulty and oubt. Certain symptoms should excite strong suspicion of the constitutional outy condition, if occurring within the periods of life most favorable for he development of the disease, and in a person of a gouty family, and whose abits of life are calculated to co-operate with an innate predisposition. he symptoms referred to are those which belong to dyspepsia, with a scanty ecretion of urine which deposits the urates, and the liability to gravel or ttacks of nephritic colic. If, with these symptoms, an examination of the lood-serum shows a morbid excess of uric acid, the development of an ttack of gout may be predicted with considerable confidence. The diag-osis of disorders of internal organs, imputed to gout, or to use a term hich has been applied to these cases, of "visceral gout," must rest mainly n their occurrence in proximity to attacks of gout, either preceding, ac-ompanying, or following the sudden cessation of well-marked gouty mani-estations.

Prognosis.—The immediate danger to life from gout is slight. If it ever *er se* prove fatal, it is by its irregular or so-called misplaced manifestations; nd in many, if not most of the cases in which death is imputed to gouty ffections of vital organs, it is probable, as already intimated, that these ffections do not strictly belong to gout, but are to be regarded as coexisting r intercurrent affections. It is, however, an error to suppose that gout is alutary as regards the duration of life. Frequently recurring attacks of ransient gout, or the persistence of the disease in a chronic form, impairs he constitutional powers, diminishes the ability of the system to resist other iseases, and thus shortens life. It is a serious disease in certain chronic ases in which it leads to deformity and rigidity of the affected joints. It has been a favorite notion that the liability to gout lessens the liability to other diseases. There is little foundation for this notion, and, on the contrary, there is ground for the belief that, if it do not tend to produce other diseases, it favors their inroads upon the system.

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[1] This account from Garrod's work is somewhat condensed by the author.

A tendency to recurrence is a law of the disease. It is extremely rare that a single attack only occurs. If life be not cut off by some other disease, frequent attacks are almost invariably experienced, and the disease may become chronic. The diathesis is thus rarely if ever extinguished.

TREATMENT.—Various therapeutical measures heretofore considered as having a curative influence over gout are now rarely employed. Their disuse has resulted from the clinical study of their effects and improved pathological views. Among the measures referred to are embraced bloodletting, emetics, mercurialization, and continued or often-repeated purgation. It disposes of these measures to say that they are now generally regarded as contraindicated in both the transient and persistent form of gout. Other measures, long more or less in vogue, are still prized in the treatment of this disease. In the latter list are colchicum and alkaline remedies. The indications for treatment during attacks of transient gout, during the intervals between these attacks, and in cases of persistent or chronic gout, respectively claim separate consideration.

Treatment during attacks of Transient Gout.—The great Sydenham, himself for more than thirty years a sufferer from this disease, was led to conclude that an attack should not be interfered with. Regarding it as an effort of nature to get rid of a noxious material, he believed it to be undesirable to arrest or abridge it. The propriety of non-interference is advocated by Trousseau. Few physicians, however, would feel satisfied to fold their hands and await the cessation of the disease, and still fewer patients would be content to forego measures to alleviate their sufferings. Nor is this line of conduct consistent with either reason or experience. Transient gout is a self-limited affection. It is probably rarely, if ever, arrested, and it might not be advisable to arrest it were this practicable. Perhaps its duration is not often abridged by therapeutical interference; but its severity may be lessened, and the suffering connected with it may be materially mitigated by measures which, if judiciously employed, will not do harm. This is a very mild expression of the resources of medicine in cases of transient gout.

Colchicum is an ancient remedy for gout, assuming the *hermodactylus* of the Grecian and Arabian physicians to have been this drug. It has been not less prized by the majority of physicians in modern times. Its special power of controlling the inflammatory phenomena of the disease is undoubted. The objection of some to its use on the score of its rendering the system more prone to a recurrence of the disease rests on insufficient ground, provided the remedy be judiciously employed. Our knowledge of the value of this remedy is derived wholly from experience. Its special mode of operation cannot be explained. A rational object of treatment, deduced from the pathological character of gout, so far as at present known, is the elimination of uric acid; but the researches of Garrod go to show that this remedy does not increase the amount of uric acid excreted by the kidneys, nor does it in all cases increase the quantity of urine. It may be here added that other rational objects of treatment are prevention of an undue formation of uric acid or of its undue accumulation in the blood, and neutralization of the acid, or keeping it in a state of solution in the blood until it is eliminated through some of the natural emunctories.

In an acute attack of gout, colchicum may be given at first in a tolerably full dose, that is, from half a drachm to a drachm of the wine or an equivalent

lent dose of the tincture or acetic extract. It should afterward be continued in small doses. It is not judicious ever to carry its use to the extent of producing vomiting or purging. Carried to this extent, it is objectionable on account of its depressing influence, although relief of the gouty inflammation be procured. Its special influence is independent of its operation as an emetic or a cathartic. An emetic of any kind is not indicated, except the attack occur shortly after a full meal and there be reason to suppose that the stomach is overloaded with undigested food. If constipation exist, a free evacuation by means of a saline purgative is desirable. A saline purgative is also appropriate as a depletory measure if the patient be robust or of a full habit and the febrile movement be high. The objects of purgation should be effected by salines rather than by the colchicum.

Alkaline remedies are rationally indicated with a view of promoting the solubility of uric acid. For this end the salts of potassa are to be preferred to those of soda, the urate of potassa being more soluble than the urate of soda. Moreover, the salts of potassa have a diuretic action, and thus contribute to another rational object of treatment, viz., the elimination of uric acid by the kidneys. The bicarbonate of potassa may be selected, and the acetate and tartrate are appropriate. The alkaline remedy may be given in conjunction with the colchicum. The phosphate of ammonia was introduced as a remedy in gout some years since by Dr. Buckler, of Baltimore, its efficacy being supposed to consist in its forming a soluble salt readily eliminated, by the combination of uric acid and ammonia, the phosphoric acid combining with the soda and forming another soluble salt. Ten grains may be given three or four times daily. This remedy, however, is better suited to the chronic form of the disease, or to the intervals between attacks of transient gout. This remark will also apply to the benzoic acid, a remedy introduced by Ure, and supposed to be useful by converting the uric into hippuric acid.

The carbonate of lithia, introduced recently as a remedy in cases of gout and gravel by Garrod, promises much. The urate of lithia is highly soluble, and the remedy, in small doses, acts efficiently as a diuretic. It is a remedy which produces no unpleasant consequences, although continued for a long time. It may be given in five-grain doses three times daily. An efficient and agreeable mode of administration is to give it largely diluted in carbonated water. Thus prepared it has lately been introduced in this city under the name "lithia water." From a limited trial of this remedy, I have been led to form a favorable opinion of its utility in both the acute and chronic form of gout. This, as well as other of the remedies given to favor the solubility of uric acid in the blood and promote its elimination, is to be considered as an adjunct to colchicum.

During the paroxysms of pain, opiates may be given moderately, if well borne. If they occasion unpleasant effects, the succedanea of opium must be relied upon, viz., hyoscyamus, belladonna, and aconite. From its action upon the skin, the Dover's powder is an eligible form of opiate. I can see no objection to the hypodermic injection of a solution of morphia in the neighborhood of the affected joints, but I cannot speak of its efficacy from personal observation.

As regards local treatment, the affected joints may be covered with cotton-wool, over which oiled silk should be applied. In addition, relief is sometimes afforded by anodyne applications containing opium, belladonna, or aconite, singly or combined. Chloroform as a local application has been recommended. Trousseau recommends highly tobacco fumigations, not during the paroxysms, but in the intermission, with a view to diminish the suffering when the pain returns.

The diet for one or two days should be considerably restricted, animal food being excluded. Should the attack continue, however, it is important in this, as in other diseases, to provide against the evils of innutrition. A nutritious but unstimulating diet should be directed, embracing milk, farinaceous articles, eggs, fowl, and fish.

The treatment after the attack is to be considered under the head of the treatment in the intervals between the attacks.

Treatment in the intervals between attacks of Transient Gout.—The ends of treatment between the attacks are, the prevention of the recurrence of the disease, the prolongation of the intervals, and diminution of the severity of attacks. The immediate rational objects are, prevention of the undue production of uric acid, its elimination by the natural emunctories, and the promotion of its solubility in the blood. With reference to the two latter objects, it is to be borne in mind that the uric acid is probably accumulating in the blood for some time before gouty manifestations occur, and that probably the deposit of the urates within and around joints precedes, for a greater or less period, the inflammatory phenomena which belong to an attack or fit of the gout.

Removal of the known causes of gout is an essential part of the treatment. Wine and malt liquors, especially the stronger kinds, are to be interdicted. If the use of alcoholics be desirable or allowable, spirits should be substituted. Gin is to be preferred from its diuretic tendency. The diet should be plain, wholesome, and restricted to an amount required for nutrition. A certain amount of bodily exercise is an important part of the hygienic management. Travelling, a long sea voyage, and a sojourn in a tropical climate, are in some cases advisable. All exciting causes are, as far as practicable, to be avoided.

If dyspeptic or other symptoms render it probable that an attack is impending, remedies with a view to prophylaxis are indicated. Alkalies should be given in small doses, largely diluted. They should be continued for a short time, then intermitted, and afterward resumed if the indications continue or return. The salts of potassa are to be preferred to those of soda. The carbonate of lithia may also be given. If the near approach of an attack be strongly suspected, colchicum in small doses may be resorted to. There is reason to believe that this remedy sometimes wards off an impending attack.

These remarks have reference exclusively to the treatment directed specially to gout. Disorders of any kind, not of a gouty character, of course claim appropriate treatment.

Treatment of Persistent or Chronic Gout.—The removal of causes which produce or promote the gouty diathesis, and of exciting causes, ranks first in importance. This is a *sine qua non* in the treatment. In addition, in obstinate cases, when circumstances permit, travelling, a sea voyage, and residence in a tropical climate, may be recommended as likely to effect a salutary constitutional change. Hygienic, is doubtless vastly more important than medicinal treatment, but remedies are undoubtedly of much utility.

Alkalies, the carbonate of lithia, and other diuretics are indicated precisely as in the intervals between attacks of transient gout, when the symptoms denote an impending attack. It is important to bear in mind the injunction to give alkaline remedies in small doses, largely diluted, and intermit their use after they have been continued for a short time. The injunction is also applicable to the carbonate of lithia and other diuretic remedies. Exacerbations of the disease, which are liable to occur from time to time, may be treated with colchicum in small doses, its effects upon the alimentary canal and circulation being carefully watched. Other remeof the value of which, in certain cases, there is abundance of testimony, are the iodide of potassium, guaiacum, and the phosphate of ammonia. Perhaps the benzoic acid is to be added.

The diet should never be inadequate to nutrition, either as regards quantity, kind, or variety. A plain, substantial diet is indicated. The body should be well nourished, but, of course, highly seasoned dishes and indigestible articles are to be interdicted. Ripe fruits are not only generally allowable but useful.

To relieve stiffness and soreness of the joints, methodic friction or shampooing is highly useful, being careful that undue violence be not used. Small blisters, from time to time, are recommended. Collections of soft gouty matter, or "gouty abscesses," as they have been called, if near the surface, may be punctured and the creamy matter gently pressed out. Occasionally ulceration follows, which is troublesome, but leading to no evil results. Deformities, nodosities, and anchylosis due to chalk-stones and structural changes are effects of the disease, which do not admit of removal.

The different mineral waters have been much resorted to in the treatment of gout, particularly the Vichy water. Of the utility of the latter, and of other springs, there is much difference of opinion among those who have given more or less attention to an investigation of their effects. The Vichy water is alkaline, its alkalinity being due to the bicarbonate of soda. The imported and the artificial water are used to a considerable extent in this country. But springs which owe whatever therapeutic value they possess to other saline ingredients, such as the sulphate of soda or magnesia, the chloride of sodium or calcium, the chalybeate, and the sulphur springs, are severally advocated as useful in cases of gout. It is difficult to eliminate the beneficial influence of hygienic circumstances connected with a residence at watering places, and thus arrive at a fair judgment of the therapeutic value of the water. For the discussion of this matter the reader is referred to other works. I shall content myself with subjoining the rules which, according to Garrod, should guide the practitioner in advising or in proscribing the exhibition of mineral waters in gouty cases:—

"They should be altogether prohibited when there is considerable structural disease in any important organs, especially in the heart or kidneys; and even when the organic mischief is slight, the greatest caution is necessary in their use. They should be avoided when an acute attack is either present or threatening."

"The waters should be selected according to the nature of the case. When the patient is robust and of a full habit, the alkaline saline springs; when torpidity of the bowels predominates, the purgative waters; when there is a want of vascular action, the saline waters; when the skin is inactive, the sulphur springs; lastly, when debility prevails, then the more simple thermal waters should be chosen. In all cases the use of the waters should be cautiously commenced with, and care taken not to oppress the stomach by giving too much liquid, nor to induce debility or any other injurious effects by allowing a too long sojourn in the bath."[1]

The treatment of irregular and misplaced gout involves indications derived from the character and seat of the disorders, in other words, from the symptoms in individual cases. If gout have retroceded, local measures to solicit its return are indicated. For this end, warm and stimulating applications are to be made to the part or parts in which the regular manifestations were seated.

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[1] For a discussion of mineral waters in general, in gout, and the relative value of different European springs, *vide* Garrod's work.

RHEUMATIC GOUT.

The term *rheumatic gout* is much used by practitioners, but not uniformly in the same sense. It is not infrequently used to denote what the term itself might seem to imply, a combination of the two diseases, rheumatism and gout; this is an incorrect use of the term. Rheumatism and gout rarely, if ever, occur conjointly. Properly used, the term relates to an affection which is neither rheumatism nor gout, although presenting certain of the characters of either or both of these diseases. The term is also, for convenience, applied to cases of either rheumatism or gout, in which the differential diagnosis is not distinctly made; this, of course, is an incorrect use of the term. The affection to which the name rheumatic gout is correctly applied has been otherwise designated by different writers. It was described by Haygarth under the name *nodosity of the joints;* Adams, of Dublin, terms it *chronic rheumatic arthritis.* When seated in the hip, and occurring in the aged, it has been called *morbus coxæ senilis.* Garrod proposes to call it *rheumatoid arthritis.*

This affection is either acute or chronic; generally it is presented as a chronic affection, and is subacute from the first. The anatomical characters which distinguish it from rheumatism and gout are as follows: A larger accumulation within the affected joints of synovial liquid, which in the course of the disease is absorbed; absorption of the inter-articular cartilages, eburnation of the ends of the bones denuded of cartilage, and enlargement of the ends of the bones by the deposit of bony matter; the formation of cartilaginous bodies, which either remain attached to the synovial membrane or are found loose in the cavity of the joint. With these changes is associated more or less thickening of the synovial membrane and ligaments. The ligaments are not infrequently elongated by prolonged distension from the synovial liquid, and complete or incomplete dislocations are apt to follow. The so-called chalky deposit of gout is wanting; but rheumatic gout may occur in persons who have this deposit as an effect of attacks of gout which have previously occurred. A peculiar distortion of the fingers is characteristic of the affection under consideration, viz, an inclination to the ulnar or outer side of the hand. This peculiar distortion is in some cases marked, existing equally in both hands.

In its acute form, especially when the larger joints are affected, the affection bears a certain resemblance to acute articular-rheumatism. It differs from the latter disease in the febrile movement being less marked, the absence of perspirations, and the greater enlargement of the joints from synovial liquid. The arthritic affection is less migratory and more persisting. There is no liability to pericardial or endocardial inflammation.

In its chronic form the febrile movement is slight. There is little constitutional disturbance connected with the affection. The affected joints are painful, especially on motion. There is little or no redness. The enlargement from synovial liquid is at first and for some time great; afterward follow appearances and local symptoms corresponding to the anatomical changes which have been stated. When these changes have taken place, the use of the affected joints is more or less impaired or lost, and if numerous joints are affected the patient is permanently crippled. These cases are frequently included under the name chronic rheumatism.

As already stated, rheumatic gout, when the term is properly applied is considered as an affection pathologically distinct from both rheumatism and gout. From rheumatism it differs in presenting more of the symptoms and history of a local arthritic affection, and it differs from gout in the absence of uricæmia. It is doubtless a constitutional affection, but of its pathological character, aside from the local changes, we have no positive knowledge.

It occurs in persons of all ages, oftener in females than in males, and in all classes of society. Feeble persons are most likely to be attacked by it, but it is sometimes observed in those who had previously enjoyed health and vigor. According to Fuller, "it is remarkably prone to affect the children of consumptive parents; it attacks the offspring of gouty or rheumatic persons whose health is impaired, and whose nervous energy is exhausted by the labor and anxieties of business; it fixes upon the girl just arriving at puberty, in whom the uterine functions are ill-performed; it invades the stiffening articulations of the woman who has arrived at that time of life which is marked by the cessation of the monthly periods; it shows itself during the state of debility which follows a miscarriage or a difficult and protracted labor, more especially when accompanied by flooding; it is a frequent attendant upon renal disease, upon the cachexia produced by syphilis, gonorrhœa, or neglected mercurial action, and it is a common sequel of over-long suckling, of excessive venery, of severe and long-continued mental exercise, and of mental distress and bodily exhaustion." It is difficult to say what amount of causative influence belongs respectively to the several circumstances just named, but the development of the affection when the general health is suffering from some depressing or debilitating cause or causes is a point having an important practical bearing.

The affection is to be discriminated from rheumatism and gout. From chronic rheumatism the discrimination is not always easy. The diagnostic features are especially those relating to the inter-articular changes which have been stated, viz., the abundant effusion followed by nodosities, crepitus on motion from attrition of the bony surfaces denuded of cartilage, dislocations, loose or attached cartilaginous growth, and the peculiar distortion of the hands. From acute rheumatism it is discriminated by the absence of an essential rheumatic fever, of abundant perspirations, of cardiac complications; by the fixedness of the arthritic affection in the joints primarily attacked, and the tendency to become chronic. It is distinguished from gout by the larger joints being primarily affected in a certain proportion of cases; by the smaller joints of the hands being affected without a previous affection of the toes; by the absence of the paroxysms or exacerbations which are characteristic of gouty attacks, by the absence of the chalk-like deposit and of an excess of uric acid in the blood, and by young subjects and women being affected as often, or oftener, than males and middle-aged persons.

Although not involving immediate danger to life, rheumatic gout is a very serious affection from its tendency to continuance and the injury of the affected joints which it occasions. In joints affected for a considerable period, permanent, incurable injury is almost sure to follow. Confined to the finger joints, the hands are sometimes rendered nearly useless. Affecting numerous joints, patients are crippled or bedridden as in hopeless cases of chronic rheumatism and gout.

The first and great object of treatment is the improvement of the general health. Tonic remedies long-continued and varied from time to time, in conjunction with a nutritious diet and other hygienic measures calculated to invigorate the system, are to be employed for this object. Remedies which appear to exert a special influence in cases of rheumatism and gout, viz., alkalies and colchicum, are not indicated in this affection. All depressing remedies are contraindicated. Iodine in the form of either the iodide of iron or the iodide of potassium, guaiacum, and arsenic appear to be highly useful in certain cases. Cod-liver oil may be tried, in conjunction with tonics, if there be a tendency to waste. Chalybeates are especially indicated if the patient be anæmic. The alkaline mineral waters, and those which act powerfully upon the bowels or kidneys, are hurtful. On the other hand, chalybeate and tonic waters may prove beneficial.

Local measures of treatment are important. Leeching or cupping and severe counter-irritation are certainly not indicated in the great majority of cases. Small blisters and the application of iodine will be likely to be useful if there be much effusion within the joints. Rest is indicated while much effusion exists or when the symptoms denote inflammation; afterward, passive motion, friction, and shampooing constitute, perhaps, the most important part of the treatment.[1]

CHAPTER XII.

Scorbutus, or Scurvy—Anatomical Characters—Clinical History—Pathological Character—Causation—Diagnosis—Prognosis—Prevention—Treatment—Purpura Hemorrhagica.

THIS concluding chapter will be devoted to two affections which, as regards symptomatic events, are closely allied to each other, viz., *scorbutus*, or *scurvy*, and *purpura hemorrhagica*. The first of these affections is of interest and importance especially in view of the fact that our knowledge of its pathology and causation, although by no means complete, is sufficient to serve as a basis of effective treatment, and has rendered it preventable.

SCORBUTUS, OR SCURVY.

This disease appears to have been known to the ancients, but it began to prevail frequently and extensively when, with improvements in navigation, long voyages were undertaken, and hence it was known as *sea scurvy*. During the last five or six centuries, it has been pre-eminently the disease destructive to life in armies, navies, and exploring or emigrating expeditions by land and water. Notwithstanding it has been rendered preventable by our knowledge of its pathology and causation, it has prevailed largely and proved greatly destructive to life within the present century. Hammond states that at Council Bluffs, in 1820, nearly the entire garrison was attacked, and many died; and the efficiency of the United States forces in the Florida and the Mexican war was very materially lessened by its occurrence.[2] It prevailed enormously in the English and French armies in the Crimean campaign. It contributed not inconsiderably to the mortality of our armies in the late civil war. The inconsistency between these facts and the existing state of knowledge is in part to be explained by the inability always to secure the means of prevention in military operations; but it is in a greater measure to be accounted for by a censurable ignorance or neglect of these means.

ANATOMICAL CHARACTERS.—The primary and essential lesions are seated in the blood. The following are the changes which have been ascertained: Diminution of the solid constituents or a relative increase of water, involving, of course, diminished density of the blood; the proportion of red corpuscles notably diminished; the fibrin augmented, but with more difficulty isolated from the red corpuscles than in health; the albumen diminished, and requiring for its coagulation a greater amount of heat than in health; the inorganic constituents diminished, chiefly from the reduction in quantity of potassa, lime, and iron. These changes have been ascertained by the researches of Hammond, Becquerel and Rodier, and others. Most, if not all, of them occur in other pathological connections, and are not, therefore, peculiar to scurvy. Doubtless there exist other changes not yet ascertained.

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[1] For further details respecting rheumatic gout, the reader may consult the works of Garrod and Fuller.

[2] Report on Scurvy, United States Sanitary Commission, by William A. Hammond, M. D., 1862.

Extravasations of blood are found in the areolar tissue beneath the skin, where they are apparent before death, and also in other situations, viz., between the fibres of the muscles, on the periosteum, into the lungs and other organs, beneath the serous membranes, and sometimes within serous cavities. These extravasations are evidently secondary to, and dependent upon, the morbid blood-changes. The spleen is enlarged and softened.

CLINICAL HISTORY.—The symptomatic events which are characteristic of the disease are preceded by general weakness and lassitude. Patients are listless, apathetic, and indisposed to either mental or physical exertion. The appetite fails, and pallor of the surface is marked. These symptoms progressively increase. The more characteristic events are swelling and sponginess of the gums, which bleed either spontaneously or on slight pressure, hemorrhage from the mucous surface in other situations, and extravasation of blood within and beneath the skin. The fungous appearance of the gums is chiefly marked around the teeth; it is less marked in situations where the teeth are wanting. The teeth are apt to become loose and sometimes either fall out or may be easily removed. The surface of the lips is notably pale, presenting a striking contrast to the redness of the gums. Hemorrhages are frequent from the different outlets, viz., nostrils, bronchial tubes, and intestinal canal. The ecchymoses apparent on the cutaneous surface are either in the form of petechiæ, vibices, or patches of variable size; generally these several forms are conjoined. They are either limited to, or most abundant on, the trunk and lower extremities. The ecchymoses undergo the same successive alterations in color as when due to contusion. A slight bruise suffices to produce them in any part of the surface of the body. Fetor of the breath is usually a marked symptom.

The skin is dry and rough, compared by Larrey to that of a plucked fowl. The ankles are often œdematous, amd some œdema of the face is not infrequent. The patient complains of pain in the loins and in the extremities, more especially the lower limbs. The muscles of the lower limbs are swollen and hard. Palpitation and dyspnœa are excited by slight exertion. Pain referred to the chest is not uncommon. The bowels are in some cases constipated, and in other cases loose, or the latter may succeed the former in the progress of the disease in the same case. The urine is high-colored and speedily becomes fetid. There is absence of febrile movement. The pulse is sometimes slower than in health, but it may become rapid on any exertion. It is always soft and compressible. The temperature of the body is somewhat lowered. The spirits are depressed. The patient frequently longs for fresh vegetables and fruit.

These symptoms are more or less marked. In extreme cases, or in an advanced stage of the disease, the prostration is great. Slight exertion occasions syncope. The patient may fall into a state of collapse. This is apt to follow abundant hemorrhage. Old ulcers and cicatrices sometimes reopen, and bones which had been fractured and united may become separated. Ulcerations are liable to occur within the mouth and over the ecchymoses on the skin. Weakness of vision, day blindness, and night blindness are not uncommon. Inability to sleep is common, but generally the mental faculties, although weakened, remain intact. In cases which are comparatively mild, general debility, mental depression, pain in the back and lower limbs, together with the other symptoms, are more or less marked, but not excessive; and associated with these symptoms are spongy swelling of the gums and ecchymoses beneath the skin.

Scorbutus may exist as the sole affection, but it is frequently combined with other diseases. It is apt to be combined with dysentery, and the latter affection is then called *scorbutic dysentery*. It may coexist with typhus and typhoid fever. It may be accidentally associated with a variety of diseases which are liable to mask the scorbutic affection. The recognition of its coexistence with other diseases is of vast importance with reference to appropriate treatment.

PATHOLOGICAL CHARACTER.—The essential characteristic blood-change in this affection is not as yet satisfactorily determined. There is doubtless a deficiency as regards certain of the constituents of the blood, but the particular deficiency which belongs specially to the affection is a matter of question. Garrod considers that the special deficiency relates to the salts of potassa. That this deficiency enters into the pathological condition is certain, but that it constitutes the pathological condition exclusively or chiefly, in all cases, may be doubted, in view of the fact that supplying the salts of potassa, although highly useful, is not always the most effective method of treatment. With our present knowledge we must be content in saying that, owing to incomplete nutritive supplies, the constitution of the blood is impaired, giving rise to certain ascertained morbid changes common to this and other affections, and to other changes not yet definitively ascertained, which are peculiar to this affection.

CAUSATION.—Scurvy is a dietetic disease; it is the broadest expression of the causation to say that the disease is due to the want of certain alimentary supplies. A less comprehensive, but probably correct, statement is to say that the disease is caused by an insufficiency of nutritive principles contained in vegetable food. For a long time the disease was attributed to the free use of salted meat; it is, however, certain that the disease is not produced by this diet, except in so far as it displaces other articles of food containing principles necessary for the normal constitution of the blood. Scurvy has repeatedly been developed when the diet has been too much restricted to fresh meat. Garrod's theory of the pathological character of the disease involves the conclusion that it is attributable to a diet wanting the requisite quantity of the salts of potassa, these salts being abundant in vegetable food. Admitting a deficient supply of the salts of potassa to be an important element in the causation, other elements are probably involved. The dietetic principles, the deficiency of which causes this disease, are abundant in various articles of food distinguished as antiscorbutic, experience having shown that they prevent the development of the disease. The antiscorbutics will be presently referred to.

Although causes relating to diet are essential to the production of the disease, other causes act powerfully as auxiliaries. Among the auxiliary causes are, exposure to cold and wet, deficient ventilation, and depressing moral influences. The disease is oftener developed during the winter than during the summer. I have known an instance in which the disease appeared to be produced by great and prolonged mental depression, but probably in this instance, from an utter indifference to food, dietetic causes were involved. The disease is oftener developed in the aged than in young persons; the causes of the disease will act more speedily in persons in whom the constitution has been impaired by previous disease, by injurious medication, and by excesses of any kind. There is reason to believe that the morbid condition of the blood which exists in scurvy is not infrequently produced, to an extent falling short of that requisite to give rise to the striking manifestations of the disease, by an undue restriction of the diet to a few articles of food either from poverty or false notions of dietetics. It is important for the physician to recognize this fact in medical practice.

DIAGNOSIS.—In view of the striking symptomatic features of this disease, and of the fact that generally a greater or less number of persons become affected under circumstances which sufficiently account for its development, the diagnosis is easy provided the characters of the disease be marked. In isolated cases the diagnosis involves discrimination from *purpura hemorrhagica*. This differential diagnosis will be considered in treating of the affection just named.

But the morbid condition of the blood peculiar to scurvy may exist to a greater or less extent when the most striking symptomatic features of the disease are not present, viz., the subcutaneous ecchymoses and hemorrhages from mucous outlets. Under these circumstances the disease may be overlooked. Thus, Hammond, Woodward, and others state that in cases called in army sick-reports cases of *general debility*, the disease is, not infrequently, incipient or not fully developed scorbutus. The pain in the back and muscles of the lower limbs is apt to lead the practitioner for a time to consider the disease as muscular rheumatism or myalgia. When associated with other diseases, such as dysentery and the essential fevers, it is liable to be overlooked. The appearance of the gums is highly important with reference to the diagnosis, in the cases in which petechiæ or vibices are wanting; and when, from the appearance of the gums and other symptoms, the scorbutic condition is suspected, an investigation of the diet may lead to the knowledge of facts which will tend to settle the diagnosis. This investigation is important, not only in army or naval practice, and in public institutions, but in private cases in which the symptoms point to scurvy.

PROGNOSIS.—In cases of scurvy in which ecchymoses are numerous and large, or in which hemorrhage from the mucous outlets is profuse, the danger to life is great. Life may be destroyed by effusion of blood into the serous cavities or the parenchyma of vital organs. Sudden death sometimes occurs, irrespective of the circumstances just named, from syncope induced by muscular exertion. If the disease be not properly managed, and the causes which have produced it continue in operation, it proves fatal in a large proportion of cases. Before the pathology and causation were as well understood as now, the mortality from this disease among soldiers and seamen was often very large. According to the testimony of Hamilton,[1] and others, this disease contributed, directly and indirectly, to the loss of very many lives during the late Rebellion, especially in the Peninsular campaign under McClellan. Associated with other diseases, it contributes indirectly to their fatal termination, and it stands in the way of recovery from wounds and surgical operations which otherwise would not prove serious.

Promptly recognized and judiciously treated, the disease may be expected to end in recovery in a pretty large proportion of cases. It has no definite duration. It continues for a longer or shorter period, according to the extent to which it has advanced, the amount and situations of hemorrhagic extravasation, the previous condition of the patient, etc. The recovery is usually gradual, not infrequently tedious, and the system is apt to remain for a long time debilitated.

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[1] For an interesting and instructive account of scurvy as occurring in the armies of the United States in the late rebellion, the reader is referred to the Treatise on Military Surgery and Hygiene, by Frank Hastings Hamilton, M. D., late Lieutenant-Colonel, Medical Inspector U. S. A., Prof. of Military Surgery and Hygiene in the Bellevue Hospital Med. College, etc. New York, 1865.

PREVENTION.—The prevention of scurvy is to be considered under a distinct head. This disease may be prevented by a diet embracing the requisite variety of alimentary principles, and this is secured by a proper proportion of animal and vegetable food. With the knowledge of this fact and due attention to its practical application, scurvy should never occur except under circumstances which render the means of its prevention unavailable. Its occurrence is always an occasion for reproach when articles of food containing adequate supplies for the healthful constitution of the blood can be obtained. It is chiefly in military campaigns and long sea voyages that there are difficulties in the way of prevention. These difficulties, however, may generally be met by providing antiscorbutic articles of diet; and, with reference to these difficulties, the knowledge of the numerous articles which may furnish the needed alimentary principles, is of vast importance.

Lemon or lime juice has long been known as a most valuable antiscorbutic. Experience has abundantly shown that from one to two ounces *per diem* of the fresh juice will prove an effectual preventive against scurvy during very long voyages without fresh provisions. Orange juice is also an effectual antiscorbutic. Pure citric acid, although it appears to be useful, is not a substitute for the fresh juice of the fruit. One of the most efficient of antiscorbutic vegetables is the potato. It is most efficient when eaten raw. Pickles, onions, raw cabbage or *sour-crout*, the water-cress, and other of the *cruciferæ*, are to be reckoned among the valuable antiscorbutic vegetables. Green corn, green apples, and most of the esculent fruits are preventives. They are more so unripe than ripe. Numerous vegetables which do not enter much into ordinary diet may often be used as antiscorbutics in military campaigns when the articles which have been named are not to be obtained. Among the vegetables now referred to, which experience has shown to be effectual in the prevention of scurvy, are the *sorrel* (*rumex acetosella*), *lamb's-quarter* (*chenopodium album*), the bulb of the wild artichoke, a species of *cactus* known as the *agave Americana* or *maguey*, indigenous in Texas, California, and Mexico, the *prickly pear* (*cactus opuntia*), and the *dandelion* (*leontodon taraxacum*).[1]

That the antiscorbutic virtue of certain vegetables and fruits depends, to a greater or less extent, on the presence of the salts of potassa, is altogether probable. Evidence of this is afforded by the fact that the isolated potash salts are useful in preventing the disease. Hammond recommends the bitartrate of potassa in the following terms: "An ounce taken daily when men are so situated as to render them liable to scurvy, would, we are confident, entirely prevent it." It is also recommended by Hamilton in strong terms.

Finally, in addition to dietetic means, attention to ventilation, cleanliness, avoidance of unnecessary exposure and physical exertions, and to measures calculated to produce cheerfulness, constitute an important part of the prophylaxis.

TREATMENT.—The dietetic means of prevention constitute an essential part of the treatment. The juice of lemon, orange, and other fruits should be taken freely, but, of course, not to such an extent as to produce disorder of the stomach. The antiscorbutic vegetables and fruits should enter into the diet in so far as the digestive powers permit, in conjunction with meat, milk, and farinaceous food. Remedies to improve the appetite and strengthen digestion are indicated, viz., quinia, the bitter infusions or tinctures, and chalybeate preparations. The salts of potassa are useful. The bitartrate may be selected or the chlorate. The latter has been employed, apparently with advantage, in cases treated at the Blackwell's Island Hospital. Wine or spirit, in small quantities, if they produce an agreeable cordial effect, will be useful. In short, the chief objects of treatment are, the assimilation of alimentary principles needed for the healthy constitution of the blood and the invigoration of the system.

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[1] *Vide* Hamilton and Hammond, op. cit.

Particular symptoms or disorders claim appropriate measures in addition to those having reference to the objects just stated. Constipation is to be relieved by mild laxatives or simple enemas, and, on the other hand, diarrhœa, by anodyne and astringent remedies. The dryness of the skin indicates sponging with tepid water or the tepid bath. Pain in the back and limbs may be alleviated by friction with anodyne and mildly stimulating liniments. Stiffness of the joints, which sometimes occurs, is to be prevented or removed by passive movements. The condition of the mouth calls for astringent collutories. Ulcerations in the mouth or on the skin are to be treated locally on general principles. Hemorrhage from the different outlets is to be restrained by hemostatic remedies.

It is hardly necessary to add that the scorbutic condition, when associated with dysentery, typhus or typhoid fever, and any disease, claims the same dietetic and other measures of treatment as scorbutus existing alone.

PURPURA HEMORRHAGICA.

The term purpura, or the purples, denotes an affection characterized by a truly petechial eruption, or petechiæ. This affection is included among the cutaneous diseases, and is treated of in works devoted to these diseases. A truly petechial eruption consists of small spots, or maculæ, sometimes a mere point, and then called *stigmata*, the color either at first, or becoming purple or livid, and not disappearing under pressure. The spots are due to minute extravasations of blood; they are small ecchymoses, and are frequently associated with vibices and still larger extravasations beneath the skin. True petechiæ are to be distinguished from the characteristic eruption of typhus fever, which is often called petechial.

Petechiæ occur in the affection which has just been considered, viz., scorbutus, associated with vibices and ecchymoses of variable size and form. They occur not infrequently in other diseases, for example, epidemic cerebro-spinal meningitis, typhus, and typhoid fever. They may be accidentally present in the course of any disease. Disconnected from any other affection, and not accompanied by hemorrhage elsewhere than beneath or within the skin, they characterize the variety of purpura called *purpura simplex*. Accompanied with hemorrhage elsewhere than beneath or within the skin, and with graver symptoms than the variety just named, the affection is known as *purpura hemorrhagica*.

Purpura hemorrhagica presents hemorrhagic phenomena identical with those which belong to scorbutus. The petechiæ, vibices, and larger ecchymoses apparent on the surface of the body are the same. Extravasation in both affections is liable to occur beneath mucous and serous membranes into serous cavities and within the parenchyma of organs. Hemorrhage from the different outlets occurs in both affections. The two affections are by some considered as essentially identical. Our knowledge of their pathological character is not sufficient to base thereon a positive statement concerning their identity or non-identity, but there seems to be sufficient ground for considering them as nosologically distinct affections. With reference to clinical history, causation, and diagnosis, it will suffice to notice the points in which purpura hemorrhagica differs from scorbutus.

In purpura there is not that fungous-like swelling of the gums which is a characteristic feature of scorbutus. The gums are either unaffected or but slightly affected. Purpura is not, like scorbutus, distinctly traceable to an insufficient supply of alimentary principles contained in vegetable food. It is met with in isolated cases, whereas the causes of scorbutus generally affecting masses, the latter affection usually prevails as an endemic. Isolated cases of scorbutus, however, are sometimes observed. It is stated that cases of purpura are most apt to occur in the summer and autumn, while scorbutus prevails especially in the winter or spring months. There is less depression of the vital powers in purpura than in scorbutus. Swelling of the muscles and stiffness of the joints are less likely to occur in purpura. Finally, the dietetic treatment, which has a special efficacy in scorbutus, is not to the same extent curative in purpura. According full force to these points of difference, it must be admitted that they do not establish conclusively the non-identity of purpura and scorbutus, nor do they always suffice to enable the practitioner to make with positiveness the differential diagnosis. The elucidation of the pathological relations of purpura to scorbutus requires further study of the changes which the blood undergoes, together with the clinical history and causation.

Simple purpura, occurring alone or in connection with various diseases, does not indicate a grave condition. But purpura hemorrhagica involves danger from the same sources as scorbutus, viz., loss of blood from the different outlets of the body and extravasation into serous cavities, the brain, lungs, etc. Exclusive of these sources of danger, recovery, under judicious treatment, may be expected. Occurring in connection with some other important disease, it adds greatly to the danger from the latter.

The objects of treatment in cases of purpura hemorrhagica are the restoration of the normal constitution of the blood, increase of the vital powers, and arrest or restraint of hemorrhage. With reference to these objects, the diet should be nutritious and varied, the appetite and digestion are to be improved by tonic remedies, with wine or spirits in small quantity, if the immediate effect be good. Astringent remedies are to be given with reference to the hemorrhage. The gallic acid and the persulphate or pernitrate of iron have been employed successfully as hemostatics in this affection. In view of the difficulty of always discriminating purpura from scorbutus, and of there being ground for supposing that the same morbid condition of the blood exists in both affections, the treatment should embrace the dietetic and other measures indicated in cases of scorbutus. The mineral acids and the oil of turpentine have been recommended.

INDEX.

A.

Abscess, retro-pharyngeal, 334
  fecal, 323
Addison's disease, 685
Air, swallowing of, 366
Albumen, increase and diminution of, in blood, 72
Albuminuria, acute, 651
  after scarlatina, 792
  connected with degenerative disease of kidneys, 656
    (*Vide* Chronic Bright's Disease.)
Alcoholism, 635
Alston, Dr. J. L., case of removal of spleen, 501
Ames, Dr. S., on cerebro-spinal meningitis, 534
Anæmia, 57
Anæsthesia, 551
Analgesia, 551
Anatomy, morbid, 20
Aneurism, thoracic, 304
Angina pectoris, 302
Antidotes to corrosive and acrid poisons, 331
Aphasia, after apoplexy, 519
  in cases of hemiplegia, 563
Aphonia, nervous, 233
Apnœa, 63
  mode of dying by, 107
Apoplexy, 509
    anatomical characters, 509
    clinical history, 512
    pathological character, 514
    causation, 514
    diagnosis, 515
    prognosis, 517
    treatment, 519
  pulmonary, 208
  from thoracic aneurism, 305
Ascaris lumbricoides, 431
  vermicularis, 433
Ascites, 456
Asthenia, mode of dying by, 107
  nervous, 640
Asthma, 197
    clinical history, 197
    pathological character, 199
    causation, 199
    diagnosis, 201
Asthma—
    prognosis, 201
    treatment, 202
  thymic, 231
Ataxia, progressive locomotor, 580
Atelectasis, 180
Atheroma, 48
Atrophy, 28
  acute, of liver, 482
  progressive muscular, 583
Aura epileptica, 607, 614, 618
Auscultation, intestinal, 403

B.

Bantingism, 75
Bartholow on rubeola in camps, 805
Bennett, Dr. H. N., on erysipelatous fever, 734
Blastema, definition of, 35
Blood, morbid conditions of, 54
  coagulation of, 68
  morbid changes of saline constituents of, 82
  indeterminate changes of, 89
Bloodletting in acute inflammations, 129
Brady, Dr., case of diphtheria and scarlatina, 817
Brain, congestion of, 505
  inflammatory softening of and abscess, 542
  hypertrophy and atrophy of, 548
Breakbone-fever, 808
Bright's disease of kidneys, acute, 651
  chronic, 656
    anatomical characters, 657
    clinical history, 659
    pathological character, 666
    causation, 668
    diagnosis, 669
    prognosis, 670
    treatment, 671
Brinkerhoff, Dr., on smallpox, 777
Bronchitis, 175
  acute, ordinary, 176
    clinical history, 176
    pathological character, 177
    causation, 177
    diagnosis, 178
    prognosis, 179

Bronchitis—
    acute, treatment, 179
    subacute, 180
    acute in young children, 180
    capillary, 181
    epidemic, 184
    with exudation of fibrin, 185
    chronic, 186
    circumscribed, 186
Bronchorrhagia, 205
Buck's operation in œdema glottidis, 230
Bulimia, 375

C.

Cachexia, definition of, 96
    malarious, 740
Cæcum, inflammation of, 322
    painful tumor of, 323
Calculi, renal, passage along ureter, 648
Camplin on diabetes, 683
Carcinoma, 40
    of lung, 213
    within cranium, 548
    of kidney, 675
Cardialgia, 366
Carotids, compression of in epileptic convulsions, 618
Casts of renal tubes, 652, 662
Catalepsy, 627
Catalysis, 88
Catarrh, 176
Causes of disease, 92
Cells, cancer, 41
Cephalalgia, 598
Cerebritis, 542
Chicken-pox, 785
Chlorine mixture, 766
Chlorosis, 59
Cholæmia, 81, 493
Cholera, sporadic, 411
        clinical history, 412
        pathological character, 413
        causation, 413
        diagnosis, 413
        prognosis, 414
        treatment, 414
    infantum, 415
    epidemic, 419
        anatomical characters, 420
        clinical history, 421
        pathological character, 424
        causation, 424
        diagnosis, 426
        prognosis, 427
        prophylaxis, 427
        treatment, 428
Cholerine, 421
Cholesteatoma within cranium, 548
Cholesteræmia, 82, 458, 496
Chorea, 601
    saltatorea, 604
    scriptorum, 606
Chthonophagia, 376
Cirrhosis of liver, 456, 471
Cirrhosis—
    of lung, 170
Clark, Prof. A., on albuminuria in chronic dysentery, 320
    on meningitis in typhus fever, 717
    on fatty liver in yellow fever, 477
    on tuberculous meningitis, 531
    on the morbid anatomy of the kidney, 657
    on relapses in typhus, 719
    on opium in peritonitis, 449
    on diphtheria, 812, 815
Clergyman's sore throat, 336
Coagulation of blood after venesection, [illegible]
    in cavities of the heart, 70, 163
    in bloodvessels, 72
Collapse of pulmonary lobules, 161, [illegible], 190, 193
Colic, hepatic, 387
    intestinal, 402
    from lead, 405
    from copper, 411
    nephritic, 648
Coma, hysterical, 622
Constipation, 398
Consumption, pulmonary, 234
    galloping, 241
Convulsions, Salaam, 604
Corpuscles, tuberculous, 38
Cowpox, 779
Cranium, structural lesions within, 547
    morbid growths within, 547
Croup, 216
    inflammatory, 218
    catarrhal, 221
    diphtheritic, 224
    spasmodic, 232
    false, 217
Cruveilhier's disease, 583
Cytoblastema, definition of, 35

D.

Dalton, Prof. John C., on trichina spiralis, 440
    on duration of life of garden-slug and water-lizard in the stomach, [illegible]
Degeneration, fatty, 46
    calcareous, 49
    lardaceous or waxy, 49
Delirium tremens, 635
    ebriosum, 638
Dengue, 808
Dermalgia, 597
Diabetes mellitus, 676
    anatomical characters, 676
    clinical history, 677
    pathological character, 679
    causation, 680
    diagnosis, 680
    prognosis, 681
    treatment, 681
Diagnosis, definition of, 21
    consideration of, 100

Diarrhœa, 390
  fatty, 391
Diathesis, definition of, 96
Dickson, Prof. on cases of insolation, 522
  on blending of types of fever, 751
  on smallpox, 773
  on dengue, 808
Digestive system, diseases of, 309
Diphtheria, 810
  anatomical characters, 810
  clinical history, 812
  pathological character, 816
  causation, 818
  prognosis, 819
  treatment, 820
Dipsomania, 377
Dirt-eating, 376
Disease, definition of, 21
  elementary forms of, 109
  gross appearances of, 27
  microscopical characters of, 27
Diseases, classification of, 116
Doremus, Prof., on lead in soda water, 407
Dowler, Dr., on increase of temperature in insolation, 521
Draper, Dr. Wm. H., on cerebro-spinal meningitis, 535, 538
Dropsy, 43
  renal and cardiac, 45
  after scarlatina, 792
  cardiac, 282
  peritoneal, 456
Dubois, Dr. A., on relapsing fever, 731
Duchenne's disease, 581
Ductus communis choledochus, inflammation of, 491
Duncan, Dr. James B., on dirt-eating, 376
Duodenitis, 333
Duodenum, ulceration of, 333
Duperier, Dr., on dengue, 809
Dying, different modes of, 107
Dysentery, sporadic, 309
    anatomical characters, 310
    clinical history, 311
    pathological character, 312
    causation, 312
    diagnosis, 313.
    prognosis, 313
    treatment, 313
  epidemic, 315
  chronic, 319
Dyspepsia, acute, 364
  chronic, 365

E.

Ecstasy, 628
Electro-muscular sensibility and contractility, 578
Embolism, 71
Emphysema of lungs, 189
  anatomical characters, 190
  clinical history, 191
  pathological character, 192
Emphysema of lungs—
  causation, 193
  diagnosis, 194
  prognosis, 196
  treatment, 196
Emprosthotonos, 629
Empyema, 143
  diagnosis, 144
  prognosis, 144
  treatment, 145
Endemic diseases, 96
Endocarditis, 273
  anatomical characters, 274
  clinical history, 275
  pathological character, 275
  causation, 275
  diagnosis, 276
  prognosis, 277
  treatment, 278
Engs, Dr., report of case of peritonitis, 450
Enos, Prof., case of diphtheria, 821
Enteralgia, 405
Enteritis, acute, 324
    anatomical characters, 324
    clinical history, 325
    pathological character, 325
    causation, 325
    diagnosis, 225
    prognosis, 326
    treatment, 326
  subacute and chronic, 327
Enterolithes, 361
Enterorrhagia, 396
Entozoa, intestinal, 431
Epidemic diseases, 96
Epilepsy, 606
Epileptoid attacks, 613
Etiology, definition of, 21
  consideration of, 92
Exudation, definition of, 33
  fibrinous, 34
Eyeballs, prominence of, and enlargement of thyroid body associated with functional disorder of the heart, 300

F.

Fat, increase and diminution of in blood, 74
Febricula, 697
Fever, gastric, 364
  spotted, 534
  general pathology of, 696
  causes of, 695
  simple, 697
  typhoid, 698
    anatomical characters, 699
    clinical history, 717
    causation, 719
    diagnosis, 722
    prognosis, 722
  typhus, 716
    anatomical characters, 716
    clinical history, 717

Fever, typhus—
  causation, 719
  diagnosis, 722
  prognosis, 722
 pythogenic, 713
 typhus and typhoid, non-identity of, 723
  treatment of, 724
 relapsing, 731
 erysipelatous, 733
 epidemic characterized by pharyngitis, 735
Fever, intermittent, 736
  anatomical characters, 737
  clinical history, 737
  causation, 740
  diagnosis, 742
  prognosis, 742
  treatment, 743
 intermittent pernicious, 745
 remittent, 749
  anatomical characters, 749
  clinical history, 750
  pathological character, and causation, 751
  diagnosis, 751
  prognosis, 752
  treatment, 752
 typho-malarial, 749
 remittent pernicious, 753
 yellow, 754.
  anatomical characters, 755
  clinical history, 756
  causation, 760
  diagnosis, 763
  prognosis, 763
  treatment, 764
Fevers and other general diseases, 693
 classification of, 693
Fevers, eruptive, 767
Fevers, periodical, 736
Fenner, Prof., on lead colic from use of soda water, 407
Fibrin, morbid increase of, in blood, 65
  decrease of, 67
 qualitative changes in, 67
Fingers, bulbous or clubbed, 241
Fomites, definition of, 97
Formations, new, 50

G.

Gall-bladder, affections of, 492
Gall-stones, passage of, 387
Gangrene, pulmonary, 210
Gastralgia, gastrodynia, 384
Gastritis, acute, 327
  anatomical characters, 327
  clinical history, 328
  pathological character, 328
  causation, 329
  diagnosis, 329
  prognosis, 330
  treatment, 330
Gastritis—
 subacute and chronic, 331
Gastrorrhagia, 378
Genito-urinary system, diseases of, 643
Globules of blood, changes in conformation and composition of, 62
Globus hystericus, 620
Glosso-pharyngeal nerve, paralysis of, 557.
Glottis, œdema of, 229
  spasm of, 231
Glucohæmia, 76, 676
Glucosuria, 676
Goitre, exophthalmic, 300
Gout, 836
  anatomical characters, 836
  clinical history, 838
  pathological character, 842
  causation, 842
  diagnosis, 848
  prognosis, 849
  treatment, 846
  rheumatic, 850
  irregular and misplaced, 840
  transient, 838
  persistent or chronic, 839
Gravel, 650
Graves' disease, 300
Griscom, Dr. John H., on typhus fever, 728
Growths, morbid, 50
Gums, blue discoloration of in lead poisoning, 408

H.

Hall and Dexter, Drs., on erysipelatous fever, 734
Hamilton, Prof. F. H., on scorbutus or scurvy, 855
Hammond, Dr. W. H., dietetic experiments relating to albumen, starch, and gum, 382
 on treatment of intermittent fever, 745
 on scorbutus or scurvy, 852, 856
Harris, Dr. Elisha, on yellow fever, 761
Headache, 597
 sick, 364
Heat of body, variations of in typhoid fever, 708
Heart, valvular lesions of, with enlargement, 279
  anatomical characters, 279
  clinical history, 281
  pathological character, 284
  causation, 285
  diagnosis, 285
  prognosis, 289
  treatment, 290
 hypertrophy and dilatation of, 281, 292, 293
 enlargement of, without valvular lesions, 292
 atrophy of, 294
 fatty degeneration of, 294
 softening of, 297
 functional disorder of, 297

eart, functional disorders of—
        associated with enlargement of thyroid body and prominence of eyeballs, 300
elminthi, intestinal, 431
ematemesis, 378
emiplegia, 561
emoptysis, 204
emorrhage, pulmonary, 204
epatitis, acute, diffuse, 462
        anatomical characters, 462
        clinical history, 462
        pathological character, 463
        causation, 463
        diagnosis, 464
        prognosis, 464
        treatment, 464
    circumscribed, suppurative, 465
    chronic, diffuse, 471
ernia within abdomen, 358
eterologous or heteromorphous products, 40
istology, morbid, 20
omologous or homomorphous products, 40
ooker, Prof. Charles, on intestinal auscultation, 403
unt, Dr. S. B., case of functional intestinal obstruction, 362
utchison, Prof. Joseph C., on intermittent fever, 744
ydatids in the kidneys, 674
    lungs, 215
    liver, 485
ydrocephalus, 541
ydronephrosis, 644
ydrophobia, 632
ydrorachis, 541
ydrothorax, 151
ydro-peritoneum, 456
yperinosis, 66
ypertrophy, 28
ypinosis, 67
ypoglossus nerve, paralysis of, 558
ysteria, 619

I.

cterus, 493
leus, idiopathic, 362
mpotence, 689
nanition, 381
nduration, 30
nflammation, consideration of, 124
nfluenza, 184
nsolation, 520
ntestines, structural affections of, 353
ntestine, invagination of, 353
    twisting of, 358
    stricture and compression of, 359
    obstruction of from feces, enterolithes, etc., 361
    functional obstruction of, 362
        affections of, 363

J.

Jaundice, 493
Jones, Handfield, on degeneration of gastric tubules, 351

K.

Kidney, acute inflammation of, 643, 651
    degenerative lesions of, 657
    large white, 657
    hard contracted, 658
    fatty, 658
    lardaceous or waxy, 658
    cysts in, 673
    hydatids in, 674
    tuberculosis of, 675
    carcinoma of, 675
    movable, 675

L.

La Roche on yellow fever, 756
Laryngismus stridulus, 231
Laryngitis, acute ordinary, 217
        clinical history, 217
        pathological character, 218
        causation, 218
        diagnosis, 219
        prognosis, 219
        treatment, 219
    subacute, 221
    chronic, 222
    with exudation of lymph, 224
        clinical history, 225
        pathological character, 226
        causation, 226
        diagnosis, 226
        prognosis, 227
        treatment, 227
Laryngotomy, in cases of thoracic aneurism, 307
Larynx, diseases of, 215
    morbid growths within, 233
    fistulous orifice in, 234
Lead, poisoning by, 407
Lee, Prof. Charles A., on inspection of milk, 417
Lesions of quantity, consistence and composition, 27
Leucocytes, 34
Leucocythemia, 63
Lithiasis, 650
Liver, acute, diffuse inflammation of, 462
    abscess of, 465
    pyæmic abscesses of, 471
    cirrhosis of, 471
    fatty, 476
    nutmeg, 478
    waxy or lardaceous, 478
    cancer of, 480
    tuberculosis of, 482
    acute atrophy of, 482

Liver—
    hydatids in, 485
    pigmentary deposit in, 491
    hypertrophy of, 491
    functional affections of, 497
Lockwood, Dr. T. T., on smallpox, 776
Loomis, Dr. A. L., on typhus fever at Bellevue Hospital, 720
Lotura carnium, 311
Lyman, Dr. F. H., report of cases of meningitis, 528
Lymph, 34

M.

Malaria, 375, 740
Malformations, congenital, 27
Mania à potu, 636
Mathewson, Dr., on scarlatina, 798
McGirr, Dr., on inoculation of rubeola, 804
Mead, Dr. H., on acidity of the blood in insolation. 521
Medicine, definition of, 17
    different departments of, 17
    principles and practice of, 18
    conservative, 106
    practice of, definition of, 113
Melæna, 396
Melituria, 676
Meningitis, cerebral, acute, 525
        anatomical characters, 525
        clinical history, 526
        pathological character, 527
        causation, 527
        diagnosis, 527
        prognosis, 528
        treatment, 528
    rheumatic, 527
    chronic, 529
    tuberculous, 530
    spinal, 533
    cerebro-spinal, 534
        anatomical characters, 535
        clinical history, 536
        pathological character, 538
        causation, 539
        diagnosis, 539
        prognosis, 540
        treatment, 540
Merismopœdia ventriculi, 374
Mesmeric, or magnetic sleep, 629
Metcalfe, Prof., on malarial fever, 741
Mind, disorders of, 587
Mitchell, Morehouse, and Keen, on treatment of neuralgia, 579
Motor oculi communis, paralysis of, 554
Motor externus, paralysis of, 555
Movements, muscular abnormal, 604
Mumps, 337
Murmurs, cardiac mitral, 286
    aortic, 286
    tricuspid, 287
    pulmonic, 287
Myalgia, 597
Myelitis, 548
Myelo-phthisis, 581
Myo-carditis, 279

N.

Nephritis, acute desquamative, after scarlatina, 792
Nephritis, 643
        anatomical characters, 644
        clinical history, 644
        pathological character, 645
        causation, 645
        diagnosis, 646
        prognosis, 647
        treatment, 648
    acute desquamative, 651
        anatomical characters, 651
        clinical history, 652
        pathological character, 653
        causation, 654
        diagnosis, 654
        prognosis, 654
        treatment, 655
Nervous system, diseases of, 505
Neuralgia, 588
Neuralgia, intercostal, 173
    trifacial, 593
    cervico-occipital, 594
    cervico-brachial, 595
    lumbo-abdominal, 595
    crural, 596
    sciatic, 596
    of skin, 597
    muscular, 597
Neuroses, 586
Nomenclature of diseases, 19
Nosology, 115

O.

Œdema, 44
Œdema, pulmonary, 212
Opium in bronchitis and other acute inflammations, 212
Opisthotonos, 629

P.

Palsy, wasting or creeping. 583
Pancreas, affections of, 502
Paracentesis in pleuritis, 142
        empyema, 145
Paralysis, 550
    reflex, 552
    of third cranial nerve, 554
    of fourth cranial nerve, 554
    of fifth cranial nerve, 554
    of sixth cranial nerve, 555
    of motor portion of seventh cranial nerve, 555
    of eighth cranial nerve, 557

- Paralysis—
  - of ninth cranial nerve, 558
  - local, of other than cranial nerves, 558
  - from lead, 559
  - hemiplegic, 560, 561
  - paraplegic, 567
    - reflex, 571
  - paralysis, general, 571
  - agitans, 606
  - of pathetic nerve, 554
  - of portio dura, 555
  - treatment of, 577
- Parasites, animal and vegetable, 52
- Parotiditis, 337
  - in typhoid fever, 705
- Pathology, definition of, 18
  - general and special, 18
  - relationship to physiology, 22
- Peaslee, Prof., case of invagination of intestine, 355
- Pepper, Prof., on insanity after insolation, 522
- Pericarditis, acute, 264
  - anatomical character, 264
  - clinical history, 265
  - pathological character, 266
  - causation, 266
  - diagnosis, 267
  - prognosis, 269
  - treatment, 270
  - chronic, 272
- Perinephritis, 644
- Peritonitis, acute general, 442
    - anatomical characters, 443
    - clinical history, 444
    - pathological character, 445
    - causation, 445
    - diagnosis, 446
    - prognosis, 448
    - treatment, 448
  - chronic, 454
  - tuberculous and cancerous, 454
- Pharyngitis, 333
  - simple acute, 334
  - chronic, 336
  - epidemic, 335
- Phlebitis, portal, suppurative, 470
- Phthisis, laryngeal, 222
  - pulmonary (*Vide* Tuberculosis.)
  - acute, 259
- Physician, definition of, 17
- Pica, 375
- Pierce, Dr. D. L., case of gastric ulcer 345
- Plethora, 56
- Pleuritis, acute, 119
    - anatomical characters, 119
    - clinical history, 122
    - pathological character, 124
    - causation, 126
    - diagnosis, 126
    - prognosis, 126
    - treatment, 129
  - chronic, 136
- Pleuritis, chronic—
    - clinical history, 137
    - pathological character, 138
    - causation, 138
    - prognosis, 139
    - diagnosis, 140
    - treatment, 141
    - relations to tuberculosis, 139
- Pleuritis with pneumothorax, 146
    - anatomical characters, 146
    - clinical history, 147
    - diagnosis, 147
    - prognosis, 148
    - treatment, 149
  - circumscribed, 151
- Pleurodynia, 173
- Pleurosthotonos, 629
- Pleuro-pneumonitis, 154
- Pneumorrhagia, 208
- Pneumatoses, 51
- Pneumonitis, 152
  - acute lobar, 153
    - anatomical characters, 153
    - clinical history, 155
    - pathological character, 159
    - causation, 159
    - diagnosis, 161
    - prognosis, 162
    - treatment, 165
  - circumscribed, 169
  - chronic, 70
  - in young children, 171
  - lobular, 171
  - interstitial, 171
- Pneumothorax, 149
- Poisons, 88
- Polydipsia, 377
- Polyphagia, 375
- Prognosis, definition of, 21
- Prognosis, consideration of, 21
- Prophylaxis, definition of, 21
  - consideration of, 144
- Purpura hemorrhagica, 857
- Pyæmia, 83
- Pyarthrosis, 832
- Pyelitis, 643
- Pyrosis, 366

Q.

- Quinsy, 334

R.

- Rabies, 632
- Regurgitation, gastric, 365
- Reid, Dr. W. W., case of perforating ulcer of stomach, 343
- Rheumatism, acute articular, 822
    - clinical history, 823
    - pathological character, 826
    - causation, 826
    - diagnosis, 827

Rheumatism, acute articular—
    prognosis, 828
    treatment, 828
  articular, subacute, and chronic, 831
  gonorrhœal, 832
  syphilitic, 832
  muscular, 834
Rochester, Prof., on fever with pharyngitis, 735
Rogers, Prof. Lewis, on lead poisoning from cosmetics, 407
  on pain in penis and priapism in acute peritonitis, 445
Roseola, 807
Rubeola, 801
    clinical history, 801
    causation, 804
    diagnosis, 805
    prognosis, 806
    treatment, 806
  hemorrhagic, 803
  nigra, 803
  sine catarrho, 803
    eruptione, 803

S.

Salisbury, Dr. J. H., on production of rubeola, 805
Sarcina ventriculi, 350, 374
Sayre, Prof., case of swallowing of air, 367
  on treatment of croup, 228
  case of sacculated bladder, 458
Scarlatina, 787
    anatomical characters, 787
    clinical history, 787
    causation, 793
    diagnosis, 794
    prognosis, 795
    treatment, 796
  anginosa, 791
  hemorrhagic, 792
  sine eruptione, 792
Scorbutus or scurvy, 852
  anatomical characters, 852
  clinical history, 853
  pathological character, 854
  causation, 854
  diagnosis, 855
  prognosis, 855
  prevention, 856
  treatment, 856
Scrophulosis, 39
Scybala, 311
Semeiology, definition of, 21
  consideration of, 97
Seminal emissions, involuntary, 687
Septicæmia, 86
Smallpox, 768
  (*Vide* Variola.)
Smith, Prof. Stephen, on surgical operations in epilepsy, 618
  Dr. J. Lewis, on invagination of intestine, 354
Softening, 31
Somnambulism, 629
Speech, loss of after apoplexy, 518
Spermatorrhœa, 687
Spina bifida, 542
Spinal cord, structural lesions within, 549
Spleen, affections of, 499
Stomach, structural affections of, 338
    induration of, 339
    softening of, 340
    ulcer of, 341
    carcinoma of, 346
    dilatation of, 350
    degeneration of tubules of, 351
    inflammation of, 327
      (*Vide* Gastritis.)
    functional affections of, 363
Stone, Dr. Warren, on yellow fever, 764
Strychnia, effects of, contrasted with tetanus, 630
Sugar, abnormal accumulation of in blood, 76
Sunstroke, 520
Supra-renal capsules, disease of, 684
Sutton, Dr., on hemorrhage from bowels in typhoid fever, 705
Swift, Dr. H. S., cases of insolation, 521
System, circulatory diseases of, 263

T.

Tæniæ or tapeworms, 435
Taylor, Prof. Isaac E., case of abdominal tympanites, 366
    treatment of gall-stones, 390
    on diseases of supra-renal capsules, 686
Tenesmus, 311
Tetanus, 629
Therapeutical measures, classification of, 108
Therapeutics, general and special definition of, 21
    consideration of, 104
Thoracentesis in pleuritis, 142
    empyema, 145
Thrombi, 72
Tic douloureux, 593
Tonsillitis, 334
Tormina, 311
Toxicology, 88
Trachea, affections of, 215
Tracheotomy in acute ordinary laryngitis, 221
    diphtheritic laryngitis, 229
    œdema of glottis, 231
    in diphtheria, 821
Transudation, definition of, 34
Transudations, 43
Trembling, senile, 605
    mercurial, 606
Trichinæ spiralis, 439
Tricocephalus dispar, 434
Trifacial nerve, paralysis of, 554

Trifacial nerve—
    neuralgia of, 593
Trismus, 629
Tubercle, 37
    deposit of within cranium, 548
Tuberculosis, pulmonary, 234
        anatomical characters, 234
        clinical history, 236
        pathological character, 242
        causation, 242
        diagnosis, 246
        prognosis, 248
        treatment, 250
    pulmonary, acute, 259
Tympanites, 366
Typhlitis, 322
Typhlo-enteritis, 322
Typhoid deposit, 42

U.

Uræmia, 77
    in typhoid fever, 709
Urea, volumetric analysis of urine for, 661
Uricæmia, 79
Upham, Dr., on dysentery after typhus fever, 719

V.

Vaccination, 784
Vaccinia, 779
Van Buren, Prof., case of invagination of intestine, 355
Varicella, 785
Variola, 768
        anatomical characters, 768
        clinical history, 768
        causation, 772
        diagnosis, 774
        prognosis, 775
        treatment, 776
    differential diagnosis of, from scarlatina, rubeola, and roseola, 807
Varioloid, 778
Venom, 88
Vertigo, 600
Virus, 87
Volvulus, 353
Vomiting in dyspepsia, 367

W.

Water, increase and diminution of in blood, 73
Waterbrash, 366
White, Prof. James P., case of passage of gall-stones, 387
Wind-sucking, 366
Wood, Prof. Geo. B., on use of turpentine in typhoid fever, 721
Worms, intestinal, 431
    lumbricoid, 431
    thread or pin, 433
    tape, 435
    trichinal, 439

Z.

Zymosis, 88.

THE END

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